



Emergency Management

72 Hour kit

Food and Water

- 3-5 Gallons of water (4L per adult, per day)
- Canned or freeze dried food
- One manual can opener
- Instant drink or juices
- Water purifying tablets

Warmth and Shelter

- Tent/trailer or other shelter
- Wool blend blanket or sleeping bags
- Emergency reflective blanket
- Lightweight stove and fuel/camp stove (to be used OUTDOORS ONLY)
- Hand and body warm packs
- Poncho (a large garbage bag can make a great rain poncho)

Tools and Equipment

- Pocket knife
- Flashlight, lantern or candles including windproof/waterproof matches
- Shovel, hatchet or axe
- Sewing kit
- Nylon rope and duct tape
- Cooking utensils
- Radio and batteries or crank radio
- First aid kit
- Pen/pencil and writing pad
- Whistle to make noise with
- Hand sanitizer
- Water resistant duffel bag or tote to store everything in

Special Items

Keep copies of important documents and family records in a waterproof, fireproof, portable container

Passports

Copies of Health card, Drivers Licences, birth certificates

Bank account and credit card info, a small amount of cash

Photos of family members in case you are separated in a an emergency

Games and toys for kids

Extra keys for house and car

Cell phone battery charger and car adapter – keep your cell phone charged!