

Influenza (FLU) Bulletin

There has been laboratory-confirmed influenza A (H1N1) cases reported in Ontario First Nations communities

Most importantly, this year's influenza strain is affecting children, resulting in severe illness with many requiring hospitalization

Immunization remains the most effective way to prevent the spread of the infection

Everyone six months of age and older can get the flu shot at no cost in Ontario

The Community Health Team is encouraging all community members 6 months of age and older to get their Flu shot

Please call 613-967-3603 today to make an appointment

Thank you for protecting yourself, your family and your community!