



MOHAWKS OF THE BAY OF QUINTE

KENHTEKE KANYEN'KEHÁ:KA

*TYENDINAGA MOHAWK COUNCIL,
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COMMUNITY COVID-19 OUTBREAK DECLARED

October 8th, 2021 – In partnership with Hastings Prince Edward Public Health (HPEPH), the Mohawks of the Bay of Quinte have declared a community outbreak of COVID-19 on Tyendinaga Mohawk Territory. In a three-day span, there were six reported cases of COVID-19 on the Territory. Potential exposure could have occurred as early as September 16. HPEPH and the Tyendinaga Community Wellbeing Centre are working together to contact identified high-risk contacts related to these cases. All high-risk contacts will be instructed to self-isolate immediately and to get tested.

Residents of Tyendinaga Mohawk Territory are advised to monitor closely for symptoms of COVID-19, and if symptoms develop, isolate immediately and only leave isolation to seek testing (even if symptoms are very mild and if you are fully vaccinated). When seeking testing, please reference investigation number 2238-2021-48005.

All residents are reminded that there continues to be a risk of COVID-19 spreading in the community. Please maintain vigilance to protect yourself and others:

- Monitor yourself diligently for symptoms. If you have any symptoms of COVID-19, or feel sick for any reason, keep your distance from household members, and stay home until your symptoms have been improving for at least 24 hours (even if you are not required to get tested for COVID-19).
- When you feel ill or have any symptoms of COVID-19 (even mild ones), complete the COVID-19 symptom screener. If testing is required, isolate from others until you receive negative test results or as otherwise advised by public health.
- Individuals who are not vaccinated are urged to seek vaccination right away.
- If you choose to gather with others, take steps to reduce your risk:
 - Continue to limit your close contacts, even when you feel well.
 - Gather outdoors whenever possible.
 - When gathering indoors, maintain physical distance and wear a face covering unless all individuals from other households are fully vaccinated.
 - Avoid sharing food, drinks, utensils, cigarettes, or any other objects that touch your face/mouth.
 - Wash your hands frequently and well.
 - Cover your cough.

Vaccination is available through the Community Wellbeing Centre by appointment only. To view clinic dates and book an appointment, visit mbq-tmt.org/health/covid-19-vaccines/. All HPEPH COVID-19 vaccine clinics are accepting walk-in appointments. Many pharmacies also continue to offer COVID-19 vaccines. For dates, locations, and vaccination options, visit hpePublicHealth.ca/vaccine-booking/.

Members of the Mohawks of the Bay of Quinte can book an appointment to get tested at the Community Wellbeing Centre by calling 613-967-3603. Additional testing information can be found at hpePublicHealth.ca.