



MOHAWKS OF THE BAY OF QUINTE



KENHTEKE KANIENKEHA

ORI:WASE (NEWS)

ISSUE 4/14
ONERAHTOKHA (April)

We are on the web www.mbq-tmt.org

Save The
Date

SADIE'S WALK
FRIDAY, APRIL 18/14
8 A.M.

Elder's Lodge Common Room
301 Bayshore Road, TMT

Grab your friends & family and come out
for some laughs, snacks, activity & prizes.

FOR INFO CALL 613-967-3603

The Administration Office will be
CLOSED
Friday April 18—Monday April 21
For the Easter Holiday!



3RD ANNUAL ABORIGINAL BUSINESS DAY!

“One Step Ahead of the Competition”

FINANCIAL SUPPORT	TUESDAY, APRIL 29TH, 2014 MOHAWK COMMUNITY CENTRE - UPPER LEVEL 1807 York Road 9AM TO 2PM NO CHARGE TO ATTEND SNACKS & LUNCH PROVIDED	LEADERSHIP SKILLS
BRANDING		BEACON SCORES
SPEAKING SKILLS		FINANCING OPTIONS
SOCIAL MEDIA		TRAINING
CREDIT REPORTING		FIRST 10 TO REGISTER RECEIVE A FREE GIFT!

CREDIT REPORTING

**INTERNATIONAL
MOTIVATIONAL SPEAKER**

JOHN CAIRNS

**A motivational speaker
you will never forget!**

WIN GREAT PRIZES!

TO REGISTER PLEASE CONTACT:

EMAIL: reneeb@mbq-tmt.org

PHONE: 613.967.3616

FAX: 613.967.6251

DATE: _____

BUSINESS: _____

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____



Trustee Report for March 2014

I will highlight some of the topics that Hasting Prince Edward District School Board is currently dealing with. These include: Trustee Elections, which are held in conjunction with Municipal Elections on October 27, 2014. Nine Trustees will be elected and one will be appointed under subsection 188(5) of the Education Act to represent the interests of the Mohawks of the Bay of Quinte; preparation for the final year (year 5) of the rollout by the province for all Boards of Education to offer full time junior kindergarten; Board approval for the 2014 – 2015 School Year Calendar. There was a special presentation made at the Board Meeting on March 24th which included an update of how First Nations, Métis, Inuit – collaborative enquiry at Harry J. Clark Public School was integrating Aboriginal culture and perspectives into their subject areas with tremendous interest and success. Troy Maracle, Aboriginal Coordinator, pointed out that this is happening in other elementary schools of the board as well.

Tuition Agreement meetings continue to take place with AANDC, HPEDSB and MBQ involved. Further information will be reported as it becomes available.

For more detailed information on the above topics, please go to HPEDSB.on.ca >Board and Committee meetings.

Remember, if you have comments or concerns, please call me at (613) 962-3595 or email me at mbrant@hpedsb.on.ca.

Respectfully submitted

Mike Brant, HPEDSB, representing Tyendinaga First Nations

MOHAWKS OF THE BAY OF QUINTE HUMAN RESOURCES

CASUAL RESUMES

Casual resumes are kept on file for a period of six months. If you wish to be on the casual list for Mohawks of the Bay of Quinte, and you have not submitted your resume and Criminal Reference Check/Vulnerable Sector Check in the last six months, please forward up to date information to:
resume@mbq-tmt.org



Kelly Maracle
Human Resources Manager
613.396.3424 ext.112

“If you cannot do great things, so small things in a great way.” ~Napoleon Hill

Job Postings

All internal postings are posted on job boards located at the Administration Office, Community Wellbeing in Ontario Works and in the Employment Office. They are also shared by Facebook and Twitter through our communications department and can also be found on our website www.mbq-tmt.org

Laura's Closet



Red Cedars Prom/Grad Dress Program 2014 Reminder

*Do you need a dress??
We have a variety of sizes,
Call us to arrange a private fitting!*

*Do you have a dress to donate? Feel
free to drop it off anytime! We are
open 24/7
Or call, 613-967-2003*

*Coming together this year to help families enjoy this special oc-
casion and milestone—stress free!*

**Want to complete that beauty queen
look? Book a make-up and/or hair
appointment too!**



COMING SOON

Community Women's Support Circle!

Relaxed environment

Women coming together to build new relationships through: respect, kindness and support for each other. Building a stronger self, family, community and nation.

Sharing stories and reflecting.

Enjoy Laughter

Open to women 18 and over. Circles will take place at Red Cedars Shelter and on the land (weather permitting). **Dates and start times** will be based on community interest, So call and let us know if you are interested in coming out to our circle.

Special guest speakers, picture sharing, honouring a family member, movie night, sharing of cultural knowledge are just some of our ideas to do!!

Always Remember,
You are smarter than
You think,
Braver than you know,
And
Stronger than you seem.

Respecting Confidentiality !!

Red Cedars Shelter

613-967-2003

Aboriginal



Artfest

Call for Expression of Interest

Art Exhibition & Sale featuring the creative First Nation artists of the Tyendinaga Mohawk community of Aboriginal heritage, 18 years of age and older.

Deadline for Reply: Thursday, May 1st at 12:00 noon.

This will confirm your intention to participate in the event. No submissions will be accepted after this date.

Submissions: any two-dimensional media including; oils, acrylics, watercolours, designers' gouache, tempera, pastels, inks, pencils, sculpted or cut paper, fibre art and photography.

Date: The Exhibition and Sale will be held October 3-5, 2014. All exhibits must be delivered by 4:00 p.m. on Thursday, October 2nd, Location TBD. Artwork **MUST** be picked up at 4:00 pm on Sunday, October 5th.

Submission Fee: \$35.00 for 3 entries, \$5 for each additional entry.

All entries must be the original work of the entrant and must not infringe on the rights of any other party. Damage to any artwork is not the responsibility of the organizers. We care about your artwork, but cannot accept liability.

Entry forms may be submitted to the organizers at either:

Narda Julg

By Email: nardakj@bell.net

By Mail: 120 Huron Brant Drive N., Deseronto, ON K0K 1X0

Or

Debra Vincent

By Email: vindebra@gmail.com

By Mail: 36B Bayshore Rd, Tyendinaga Mohawk Territory, ON K0K 1X0

Whether you are a first time artist who has never exhibited or even thought of exhibiting your work, or one who has exhibited many times – *We want you!* We would like to display your artistic efforts and look forward to meeting you and sharing the gift of your talent. Please contact us if you have any questions.

GUIDELINES & POLICIES

APPLICATION & FEES

All applications must be received by May 1, 2014 in order for organizers to secure adequate exhibition space. Applications to include a non-refundable deposit of \$25, with remaining fees to be paid upon delivery of artwork on October 2, 2014.

ELGIBILITY

All Tyendinaga Mohawk Territory artists of Aboriginal heritage, 18 years and older, are invited to participate.

ARTISTS ON SITE

We require all artists to be on-site

- during the Friday evening reception, AND
- Saturday - 10 am to 1 pm OR 1 pm to 4 pm AND
- Sunday - 10 am to 1 pm OR 1 pm to 4 pm

STANDARDS

1. All work displayed must be the artist's original design and handcrafted by the exhibitor.
2. All submissions must be framed or mounted and ready to hang.
3. Artwork needs to have a wire as its primary mode of hanging, on the back (no saw tooth or other contraptions that take special nails and extra hammers). Ensure that the wire is in the upper quarter section of the frame for the best vertical hanging position.
4. Each submission must have the following information securely taped to the back of each piece:

Name:

Title of work: (Untitled is fine.)

Medium used:

Selling price:

COMMUNITY GIVING

All exhibitor fees will be donated to a charity within the Tyendinaga community.

ENTRY FORM

(submit in person, email or snail mail to either of the organizers)

1. EXHIBITOR

Please Print

FIRST NAME: _____ LAST NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

2. WORK DESCRIPTION

Estimated number of pieces _____

Estimated size of pieces _____

3. CATEGORY (please circle)

Oils Acrylic Watercolour Designers' gouache Tempera

Pastels Inks Pencil Sculpted or Cut Paper Fibre Art

Photography Stained Glass Print Making

Other (*must be 2 Dimensional*) please state medium: _____

Exhibitor Signature: _____ Date: _____

Deposit Included

I agree to have my name and email added to the list of artists that will be distributed at the exhibit.

Carole Elaine Scero

In loving memory of a wife, a mother and grandmother
who went to be with the Lord April 12/ 2013.

*One year has passed since that sad day.
When one we loved was called away.
God took her home it was His will,
But in our hearts she liveth still.*

Always loved & remembered by
Ham & Rosco, Jamie & Jason,
Mar, Zoe, Sam, Beca, Chole & Brodie

In Memory of Sheridan Gerald Maracle (Jerry)

Jer,

On April 13/04 God called you home. During the night before your funeral God brought to my memory an old poem that I hadn't heard in years. So Jer this is for you.

<i>Should You Go First</i>	<i>Should you go first and I remain</i>
<i>Should you go first and I remain to walk</i>	<i>To finish out the scroll,</i>
<i>this road alone,</i>	<i>No lengthening shadow shall creep in</i>
<i>I'll live in memory's garden dear,</i>	<i>To make this life seem droll.</i>
<i>With happy days we've known.</i>	<i>We've know so much happiness,</i>
<i>When fades the lilac blue,</i>	<i>We've had our cup of joy</i>
<i>In early fall when brown leaves fall,</i>	<i>And memory is one gift of god</i>
<i>I'll catch a glimpse of you.</i>	<i>That death cannot destroy.</i>
<i>Should you go first and I remain.</i>	<i>Should you go first and I remain,</i>
<i>For the battles to be fought</i>	<i>One thing I'd have you do:</i>
<i>Each thing you've touched along the way</i>	<i>Walk slowly down the path of death</i>
<i>Will be a hallowed spot!</i>	<i>For soon I'll follow you.</i>
<i>I'll hear your voice, I'll see your smile,</i>	<i>I'll want to know each step you take</i>
<i>Though blindly I may grope.</i>	<i>That I may walk the same</i>
<i>The memory or your helping hand</i>	<i>For some day down that lonely road,</i>
<i>Will buoy me with hope.</i>	<i>You'll hear me call your name.</i>

So, Jer, until we meet again at heaven's door

Bye for now

Love always

Betty

**Mohawk:
One**

NIA:WEN KOWA

The Angel Tree Committee would like to acknowledge a local business for their generosity and kindness this past Christmas season.

ONKWEHONWENEHA Enterprises

graciously donated:

- 165 Turkeys for the Christmas Food Hampers
- Confederacy Blankets & Flags for All Angel Tree Recipient's

The Angel Tree Program serviced 41 families which included 81 children. This program provides snowsuits, boots, hats, and mitts to children in our community.

Again, without the support from the community and local business's the Angel Tree would not be a success year after year.

The staff and students of Quinte Mohawk School have done an amazing job all year long by collecting Canadian Tire money, that is used to purchase toys at Canadian Tire by the Builder's Club. The class that raised the most money was awarded with a pizza party.



Thanks to the Baptiste Family for supporting the Angel Tree Program



Thank You

The Angel Tree Committee would like to send out our sincere thank you to all who have generously donated this past Christmas season.

41 families including 81 children were presented with warm winter clothing.

The Angel Tree Program operates on strictly donations, so we are extremely grateful for the support of the community. We are touched that the community has come together to ensure our Angels are warm this winter.

Businesses, Organizations and Community Members who donated are:

**Village Variety
Build All
Native Women's Association
Tyendinaga 59er's
Marlene Brant-Castello
Maracle Chiropractic
Millhaven Institution
Irma Cook
Glen and Jaqueline Brant
Jodi John
Jan Phillips
Lyndsay Scero
Margaret Sliwa
Debbie Maracle
Tracy Hill
Gerord Trinque
Veronica "Joy" Maracle
Lil Crow Native Arts
Community Wellbeing Staff
Jeff and Lisa Maracle
Brandi Hilderbrand
Patricia Green
Ainsley Leween**

**Jessi Hill
Betty Carr-Braint
TFRC Staff
Blue Knights ON
KC Builders
QMS Staff and Students
Quinte Mohawk Builders Club
Mohawk One
Allison Brant
Russel Brant
Mohawk One**

*Nia:wen
Angel Tree Committee*



Congratulations!!

Congrats to Destiny for becoming the valedictorian for her grade 8 class at Q.M.S. We are also so proud that she was accepted into the exclusive I.B. Foundations program at Moira Secondary School!! Mom, Dad & Baby Sis are so proud of you!

Keep up the great work!!



Trinity with Belleville Chief of Police and Mayor Neil Ellis

Congratulations!!

Congrats to Trinity for winning an award for the Violence Awareness and Random Acts of Kindness Week on March 3, 2014. Mom & Dad & Big Sis are so proud of you.

Excellent Job!!

Thank you!

I would like to thank my family for having an 80th Birthday celebration for me. Also to the family & friends who dropped in to wish me well I really appreciate it. Thanks for the cards, gifts, cake, etc., I had a fantastic day.

Bruce Loft

Happy Birthday!!



★ Happy Birthday
★ Donna Brant
★ From Chip & Allison

★ Happy Birthday
★ Bill Brant (Papa)
★ Love Chip & Allison

★ Happy Birthday
★ Linda – April 5th
★ Love Rick, Marilyn, Sam, Emmett,
★ Phill & Hayden

★ Happy Birthday
★ Mary – April 6th
★ Love Rick, Marilyn, Sam, Emmett,
★ Phill & Hayden

★ Happy Birthday
★ Kassy – April 14th
★ Love Aunt Marilyn, Uncle Rick, Sam,
★ Emmett, Phill & Hayden

★ Happy 9th Birthday to an awesome grandson
★ Wyatt – April 16th
★ Love Grandma & Papa

Happy 9th Birthday to a wonderful nephew & cousin
Wyatt – April 16th
Love Auntie Sam, Emmett,
Phill & Hayden

Happy Birthday
Bill – April 20th
Love Rick, Marilyn, Sam, Emmett,
Phill & Hayden

Happy Birthday
Dawn – April 29th
Marilyn



Happy 25th Anniversary
Tracey & John – April 29th
Love Marilyn, Rick, Sam, Emmett,
Phill & Hayden

ATTENTION MORTGAGE HOLDERS

It has come to our attention that many insurance companies will ONLY notify the MOHAWKS OF THE BAY OF QUINTE if your existing house insurance policy has been cancelled however will NOT when the policy has been renewed. This creates a problem when incentives, rewrites and renovations are requested. You will not qualify if your house insurance policy on file is not up to date. In order to ensure your policy is current, we ask that you mail, fax or deliver renewal form when received.

All programs held at the
Home Support Activity Centre
 1794 York Rd
 Unless otherwise stated



April 2014

All Home Support programs are for seniors 55+ or 18+ with physical challenges.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast Club—8:00 to 9:30 a.m. Diners Club—12:00 to 1:00 p.m. Handivan Departure—9:00 a.m. Meals on Wheels delivered between: 11:30 a.m. to 12:30 p.m. Bingo/Lunch—12:00 to 3:00 p.m. Scrapbooking—10:00 a.m. to 3:00 p.m.		1 Meals on Wheels Walking Program @ QS&WC Library	2 Euchre	3 Meals on Wheels Napanee Shopping	4 Meals on Wheels Handivan Des	5
6	7 Ceramics Wii Bowling	8 Meals on Wheels Walking Program @ QS&WC Library	9 Diners Club & Bingo HOME SUPPORT @ Community Centre	10 Meals on Wheels Birthday Tea Trip to Pats	11 Meals on Wheels Handivan Des Scrapbooking	12
13	14 Ceramics Breakfast Club	15 Meals on Wheels Walking Program @ QS&WC Library	16 Euchre Sugar Bush	17 Meals on Wheels Blvl Shopping	18 Office Closed	19
20 	21 Office Closed	22 Meals on Wheels Walking Program @ QS&WC Library	23 Diners Club & Bingo HOME SUPPORT @ Community Centre	24 Meals on Wheels	25 Meals on Wheels Handivan Des Scrapbooking	26
27	28 Ceramics	29 Meals on Wheels Walking Program @ QS&WC Library	30 Diners Club HOME SUPPORT @ Community Centre	Birthday Tea—2:00 to 4:00 p.m. Euchre —6:30 to 8:30 p.m. Wii Bowling—6:30 to 8:30 p.m. Walking Program—10:00 to 11:00 a.m. Ceramics—1:00 to 3:00 p.m. Library—2:00 to 4:00 p.m.		

4-H has come to Tyendinaga!

**LEARN TO DO
BY DOING** 

We are LOOKING FOR YOUTH, ages 9+ TO PARTICIPATE IN OUR
Beading Club STARTING IN MAY FOR 6 WEEKS!



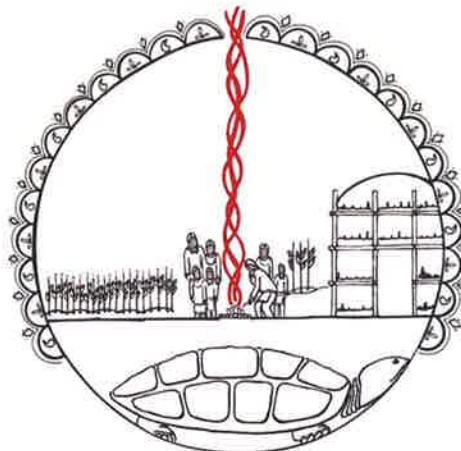
COST OF MEMBERSHIP: \$20
THIS COVERS SUPPLIES AND OTHER
CLUBS YOU WOULD LIKE TO DO
THROUGHOUT 2014!

SIGN-UP DEADLINE: 4:30PM, THURSDAY, MAY 1ST – LIMITED SPACES

FOR MORE INFORMATION OR TO SIGN-UP, PLEASE CONTACT:
CINDY LOFT (HOME SUPPORT) OR TRACY HILL (ENYONKWA'NIKONHRIOHAKÉ' PROGRAM)
@ 613-967-0122



4-H Ontario



Enyonkwa'nikonhriyohake' Program Presents:

Youth Group!

All activities are FREE
APRIL 2014



NOTES FOR APRIL:

- REMINDER: * Calendar of events mailed out for THURSDAY'S GROUP - *registered children must sign-up - limited spots available!*
- REMINDER: if school buses are cancelled or leave early due to weather, Youth Group will also be cancelled
- For more info, please call Tracy Hill at CWC @ 613-967-0122 x 146

Tuesdays

ages: 6-8
TIME: 6-8PM



ages: 13-18
TIME: 6-8PM

Wednesdays

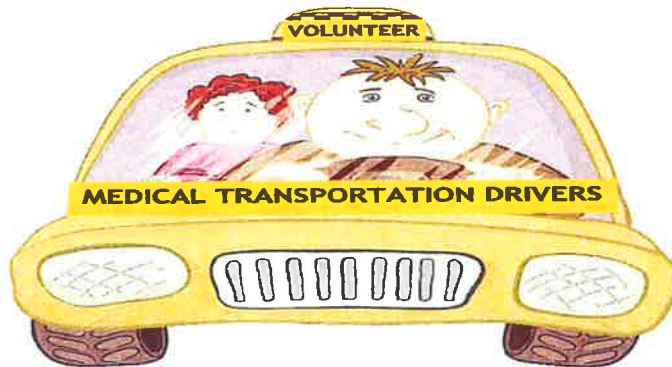
Thursdays

ages: 9-12*
TIME: 6-8PM



NEEDED!!!

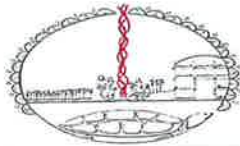
Volunteer Medical Transportation Drivers



Do you have
some free time
to Volunteer?

Are you looking to
Supplement your
Income?

If your interested in helping out,
please contact the
Community Wellbeing Centre
613-967-3603



Promote

Protect

Support Breastfeeding

Nursing mothers and babies, siblings, pregnant women, grandmothers,
interested women and young girls are all welcome

Nursing Mothers Support Group

Tuesdays 10:30-12:00 noon

Queen Anne Parish Centre

1295 Ridge Road TMT

Lactation Consultation available

For more information contact Community Wellbeing Centre 613-967-3603

FAMILY FUN NIGHT

Have you ever wondered how you get diabetes?
Would you like more information about diabetes?
Would you be willing to sit at your kitchen table and discuss diabetes?

If so, Community Health Programs offer you, in your home, an evening of information about diabetes but made fun for everyone.

You provide the home, family & friends and we will do the rest.

We bring the education, information and snacks and come to you!

To schedule your in home family fun night please call Denise @ 613-967-3603 ext 128



Moon Ceremony

Women / girls are invited to join us to honour and seek guidance from Grandmother Moon on April 15/2014 at Dusk (Approx. 8:00 pm. Facilitated by Betty Carr-Braint.

Women / girls are encouraged to bring:

Tobacco for offering (if they would like to use their own)

A bottle of water

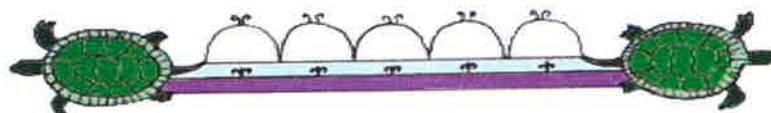
A lawn /camp chair

A small pot Luck Item

And to wear a skirt.

The Ceremony will be held behind the Community Wellbeing Centre and will be followed by a pot luck feast.

Questions can be directed to Diana at (613) 967-0122 Ext. 133 or Betty Ext. 102.



Moms - In - Waiting

Canadian Prenatal Nutrition Program (CPNP)

MONTHLY FOOD VOUCHERS are offered to women during their pregnancy. For more information please call Community Wellbeing at 613-967-3603 and speak with the Community Health Nurses who will outline the program

We want you to have a healthy pregnancy and a healthy baby

Mary McCauley R.N.
Community Health Nurse



Spring Session Traditional & Western Prenatal Classes - 6 Weeks starting

Wednesday April 16th, 2014

6:00 pm - 8:00 pm

at the Community Wellbeing Centre
50 Meadow Drive, Tyendinaga
Mohawk Territory

For more information and register
call 613-967-3603
and speak with a Community Health
Nurse or Aboriginal Midwife

Classes are free

We encourage partners/support
persons to participate
Lots of information and giveaways for
parents and babies

Why should I make my own Baby Food?



FOOD PREPARATION:

Providing home made baby food instead of store-bought alternatives offers tremendous advantages for you and your family.

Cost savings. Studies have shown that you can save 50% or more when making your own baby food, with resulting savings of \$500 to over \$1,300 a year depending on the brand, the age of your baby and the amount of food consumed.

Wholesome alternatives. Many store-bought baby food includes preservatives and additives that you want to avoid giving baby. By making food yourself, you know your little one is getting only the best, most nutritious and wholesome ingredients.

Environmentally safe. Not only will you avoid feeding your baby fillers and additives, but you will also be helping the environment by eliminating the need for excess packaging used for processed baby food.

Personal Pride. The satisfaction a mom, dad or caregiver gets from providing home-cooked meals for baby is priceless.

Make Your Own Baby Food!!

on

Wednesday, May 28, 2014

Teaching Lodge Kitchen
Community Wellbeing Centre

Please call 613-967-3603 to Register



GOOD BABY FOOD BOX

The Good Baby Box helps families residing in Mohawk Territory to stretch their food dollar, reduce cost, and meet nutritional cost food needs of their infants and toddlers. Please contact Vanessa @613-967-3603

Price List:

Infant:-\$6.00

- 20 pack of diapers
- 1 chosen speciality item

Over 6 Months-\$10.00

- 20 pack of diapers
- 6 small or 4 large jars of baby food
- 1 choice of cereal, cookies or juice

Toddlers:-\$6.50

- 20 pack of diapers
- 1 chosen specialty item

Speciality Items are:

- Wipes
- Shampoo
- Kleenex
- Vaseline
- Lotion
- Soap
- Other items as available

Formulas:

Good Start
Enfamil lower iron
Enfamil with iron
Parent's Choice with iron
Parent's Choice lower iron
Powder: \$16.00 per can
Concrete: \$2.25 per can or 8 cans for \$17.00

Good Food Box



Dates: Order By and Paid 4:30pm	Order Arrives
January 7, 2014	January 15, 2014
February 11, 2014	February 19, 2014
March 11, 2014	March 19, 2014
April 8, 2014	April 16, 2014
May 6, 2014	May 14, 2014
June 10, 2014	June 18, 2014
July 8, 2014	July 16, 2014
August 12, 2014	August 20, 2014
September 9, 2014	September 17, 2014
October 7, 2014	October 15, 2014
November 10, 2014	November 19, 2014
December 9, 2014	December 17, 2014



Calendar For
2014

Large Food Box \$15.00
Singles Box \$10.00
Fruit Bag \$5.00

COMMUNITY HEALTH

GOOD FOOD BOX

(Items in each)

Large Food Box

5 lb. Potatoes
2 lb. Carrots
2 lb. Onions
1 Broccoli
1 Celery
1 Romaine Lettuce
1 Cucumber
1 Green Pepper
1 Green Onion
3 Tomatoes
5 Mac Apples
2 lb. Bananas (6)
5 Seedless Oranges
4. Bartlett Pears

Small Food Box

2.5 lb. Potatoes
2 lb. Carrots
2 lb. Onions
1 Broccoli
1 Celery
1 Romaine Lettuce
1 Green Pepper
1 Green Onion
2 Tomatoes
2 Mac Apples
1 lb. Bananas (3)
2 Seedless Oranges
2 Bartlett Pears

Fruit Bag

5 Mac Apples
2 lb. Bananas (6)
5 Seedless Oranges
1 Lemon
5 Bartlett Pears

Please note date change.

Monday April

7/14

6 P.M.

Diabetes Social Circle

Topic– Vision Health & Diabetes
presented by Dr. Sally Brant

ALL WELCOME

Community Wellbeing Centre 50 Meadow Drive

Tyendinaga Mohawk Territory

For information please call 613-967-3603

FREE

Have the winter blues? Looking for fun activities for you or the whole family?

Community Health Program offering *free* swimming passes to be used at Quinte Sports & Wellness Centre at your convenience.

It's simple.

- 1. Stop in to Community Wellbeing Centre Health Side during regular business hours (8:30-4:30) Mon-Fri and pick up passes.**
- 2. Check out the Quinte Sports & Wellness Centre's swim schedule, pick a time, gather the family & go!**



Community Wellbeing Centre
50 Meadow Drive
Tyendinaga Mohawk Territory

For more information please call Denise Leafé @613-967-3603

COMMUNITY CIRCLE



The Community Circle is being held at the Community Wellbeing Centre

April 14th, 2014 6:00pm - 8:30pm

We have had lots of great ideas from our last community circle! We're excited to offer these awesome evenings of creating crafts and traditional teachings. Our focus for April is going to be Stepping Stones. We do require registration as the circle is becoming more popular and we want to ensure we will have enough supplies for everyone.

**** Just a reminder that the circle is only open to participants 18 years and older. We encourage our elders to participate as well! *****

To register please call: Julie Brant 613 967 0122 ext. 149

Or email julieannb@mbq-tmt.org



The circle is open to men and women 18 years and older.

"The Circle has healing power. In the Circle, we are all equal. When in the Circle, no one is in front of you. No one is behind you. No one is above you. No one is below you. The Sacred Circle is designed to create unity. The Hoop of Life is also a circle. On this hoop there is a place for every species, every race, every tree and every plant. It is this completeness of Life that must be respected in order to bring about health on this planet."

The Community Wellbeing Centre



Family Health and Child Development Program
Community Wellbeing Centre
50 Meadow Drive
613-967-0122

April 2014

Autism Awareness Month

Always

Unique

Totally

Interesting

SOMETIMES

MYSTERIOUS



Early Signs

Early Signs of Autism (12 to 24 Months) - child may demonstrate only a few of these symptoms

- Often begins to develop language then loses it, or doesn't acquire language at all
- May appear deaf, respond unevenly or not at all to sounds
- Difficulty consoling during transitions (tantrums)
- Difficulty sleeping / wakes at night
- Does not "point and look"
- Failure to bond (e.g. child is indifferent to parents' presence)
- Self restricted/selected diet
- Limited imaginative play
- Not interested in playing with other children
- Chronic gastrointestinal problems
- Repeated infections

Unfortunately many pediatricians and other physicians are not experienced in diagnosing Autism Spectrum Disorder (ASD). Many physicians fear making the diagnosis because they were trained to believe that ASD is incurable. Don't accept your doctor's advice if he/she proposes a "wait and see" approach or promises that your child will "catch up". If your child has normal development and then regresses you should seek help immediately. A developing child's brain is pliable and there is a window of opportunity for recovery at a young age that diminishes as the child gets older.

www.autismcanada.org has lots of wonderful information

Instrument Lending Library

**Want to try out a new instrument? Can't afford to
buy your own?**

Please Contact:
Lyndsay Scero,
Youth Mentor
Enyonkwa'nikonhriyohake' (Good Minds) Program
Community Wellbeing Centre
613-967-0122 Ext:148



SAVE THE DATE

Purse and Garden Auction

Saturday April 26th, 2014

We are happy to announce that it is almost time for our Spring Purse and Garden Auction. In support of the Food Resource Centre we would like to invite you to join us on April 26th, 2014 for a great day of laughs, good friends, and fundraising!

At this time we are asking for donations of gently used or new purses and garden accessories. These items may include plants, flowers, gnomes, statues, wind chimes, solar lights and really anything to do with outside décor. These items will then be auctioned off to the highest bidder. Last year at our Purse and Garden Décor Auction we raised almost \$1600.00. Our goal for this spring is \$2000.00. Every dollar raised will be used to replenish food in the Food Resource Centre.

The Food Resource Centre is located at the Community Wellbeing Centre . The need for this program has been increasing monthly, we understand that monetary donations are not always easy to give so with your gently used purse donation or garden accessory you can do your part to ensure our community families do not go hungry.

**** With each purse or garden item donated you are entered into a draw for a Gift Card!!****

All purses will be accepted at the Community Wellbeing Centre (Social or Health reception) till Wednesday April 17th 2014. You will then be given a ballot for each purse or garden item donated to fill out and be entered in to the draw. The draw will take place at the end of the purse auction on April 26th,2014.

If you have any question in regards to the Purse and Garden Auction please call:

Julie Brant @ 613 967 0122 ext. 149

Nya:wen for your donations!



 **mobileyeZ** Eyecare. Everywhere.™

EVERYDAY LOW PRICES ON GLASSES

TYENDINAGA MOHAWK TERRITORY

MAY 15TH, 10AM - 5PM



\$0*

Sporty, lightweight men's design. Full frame or semi-rimless. Colors: Black, brown and navy.



\$29*

Elegant ladies frame with jewelled temples. Choose from assorted styles and colours.



\$69*

Selected RayBan frames only. Colours: Tortoise, black, and purple.



* Price includes frame and complete pair of single vision lenses or bifocal lenses, net of NIHB contributions. While quantities last.

OPTOMETRIST EYE EXAMS & GLASSES

**COMMUNITY WELLBEING CENTRE, 50 MEADOW DRIVE, DESERONTO, ON
MOBILE UNIT, WEST SIDE PARKING LOT**

TO BOOK YOUR EYE EXAM CALL TOLL FREE:

1-866-920-6480

WE DO DIRECT INSURANCE CLAIMS



ALL MAJOR CREDIT CARDS AND DEBIT ACCEPTED

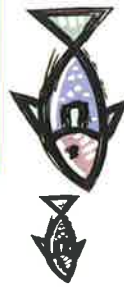
PLEASE HAVE YOUR BAND REGISTRY NUMBER WHEN YOU SCHEDULE YOUR APPOINTMENT

**BOOK EARLY
ONE DAY ONLY**

Tahatikonhsotontie Head Start: Drop In Program April 2014

Tuesday & Friday- 9:00am-11:00am

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 April Fools	2	3 	4 Native Singing with Kerri	5
6	7	8 Easter Egg Hunt 	9	10	11 Child & Youth Wellness Information 	12
13	14	15 Family Health & Child Development Information	16	17	18 Good Friday No Program	19
20 Easter Sunday 	21 Easter Monday	22 Earth Day Planting Seeds Wear Green Day 	23	24	25 Native Singing with Kerri 	26
27	28	29	30			



Kentsyon'shon:a—Fish





Tyendinaga Fitness Resource Centre
(613) 962 –2822 tyfitnessres@mbq-tmt.org

14 York Road, Unit #1 & 2B
Shannonville, Ontario

April 2014

Discover the Balance

We have Gift Certificates

Discovering the
Balance

By Working the
Mind, Body,
Heart and Spirit

Hours of Operation

Monday - Thursday

6:30am-8:00pm

Friday

6:30am-6:00pm

Saturday

8:00am- 2:00pm

Fees

Senior (55+) \$20.00

Student \$25.00

Adults \$30.00

**We Are Open to
The Public**

TFRC Staff

Darlene Loft /

TFRC Manager

Sonya Maracle /

Fitness Staff & P.T

Sonya Lueth

Mahaley Brant

Shanleigh Maracle

Kiowa Bernhardt

We Welcome Co-op

Reasons to Love Running

Running improves your health - strengthens the heart and ensure efficient blood and oxygen flow through the body

You can lose weight - great way to burn calories

You can run for a cause

You can train for a specific goal- 5k, 10k

Running improves your energy level –those who run in the morning have reported improved energy level throughout the day

Running will help you feel good about yourself— increase in confidence and self esteem

Running helps with stress relief—great for stress, emotional strain and even mild depression

Placement Student

Cole Leafe - Hey there, my name is Cole Leafe. I am Co-op student from Moira Secondary School. I am currently 17 years old and I have grown up in Tyendinaga my entire life. I try to live an active healthy lifestyle in any way I possibly can, I love playing all kinds of sport and working out. Some of the sports I play are hockey, soccer, and football. I am excited to get to know you all and upcoming members!

Looking for High School & College Students

To work after school drop off your resume

Thanks to everyone who purchased hearts for Heart and Stroke. The winner of the back pack was Jayna Leland

Tyendinaga Fitness Resource Centre

Couples Lose To Win Contest

Starting Monday April 28, 2014!

Please **weigh in** at the Tyendinaga Fitness Resource Centre on

Monday April 28 before 8:00pm

Cost to participate is **\$40.00** per couple

****You do not have to be a TFRC member to take part****

Winning couple receives half of the proceeds!

This is a Fundraiser for TFRC. Your support is appreciated



**Final Weigh-out Date:
Friday June 6, 2014**

For more information contact TFRC at

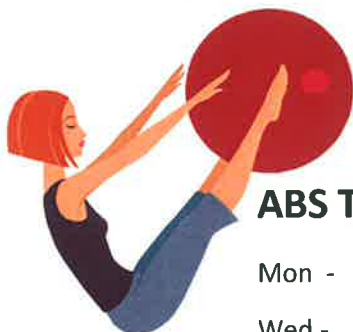
tyfitnessres@mbq-tmt.org

(613) 962-2822

TYENDINAGA FITNESS RESOURCE CENTRE

(613) 962-2822 tyfitnessres@mbq-tmt.org

AWESOME ABS



ABS Time:

Mon - 12:50 to 1:20

Wed - 12:15 to 12:45

Programs Starts

Mon. April 7/14

NEW

CHARGING CIRCUITS

Circuits Time:

Mon - 5 to 5:30

Tues - 12:15 to 12:45

LUNCH TIME

WORKOUT

No Experience Required &
If successful program will continue

No Cost

With
TFRC

Active membership

\$5.00

Without

TFRC
membership

Body Detail Workouts by our Certified Personal Trainer

Sonya Maracle

Limited Space for 10 Participant's Per Session

Deadline to Sign Up March 25/14

BW Time:

Tues - 5 to 5:30

Thurs - 12:15 to 12:45



Better Butts Time:

Mon - 12:15 to 12:45

Wed - 12:50 to 1:20

BODYWEIGHT

BETTER BUTTS



LOOKING FOR HOCKEY PLAYERS FOR THE LITTLE NHL MARCH BREAK 2015

****ATOM BORN IN 2004-2005**

****PEE WEE 2002-2003**

**For more information please contact Jack Green
@ 613-847-6285.**

**If your child would be interested, parents please join us at the next
meeting on April 30th at 6:00 p.m. 592 Norway's Side Road**

HOPE TO SEE YOU THERE!!

ORGANIZATION NUMBERS

ADMINISTRATION OFFICE	613-396-3424
BAND PROPERTY MAINTENANCE	613-396-5328
BUSING	613-396-2000
COMMUNITY SERVICES OFFICE	613-967-3616
COMMUNITY WELLBEING CENTRE	613-967-3603
EARLY CHILDHOOD/ MATERNAL HEALTH PROGRAM	613-967-3603
FIRST NATIONS TECHNICAL INSTITUTE	613-396-2122
FITNESS RESOURCE CENTRE	613-962-2822
GOOD MINDS PROGRAM	613-967-0122
HOME AND COMMUNITY CARE	613-967-3603
KAJITA MIKAM	613-962-3103
KANHIOTE PUBLIC LIBRARY	613-967-6264
MOHAWK FAMILY AND CHILDREN'S SERVICES	613-967-0122
MOHAWK FIRE HALL	613- 968-7985
MOHAWK POLICE STATION	613-967-3888
RED CEDARS SHELTER	613-967-2003
ROAD SHED	613-396-5864
TYENDINAGA DAYCARE	613-967-4401
TAHATIKONHSO:TONTIE HEAD START	613-396-6716

****Attention Novice Hockey Players****



I am canvassing the area for 2006-2007 native status hockey players (male and female) for the annual Little NHL hockey tournament in Mississauga for the 2015 March break. Summer practice and off ice development will occur once my roster is complete. I've coached my sons Kingston team for two seasons, and we've had great success. We just came back from LNHL and I coached a team from another First Nation which my son (goalie) played for as well. Because of logistics practices were impossible prior to the tournament.

This tournament has been happening for 43 years, and this year 166 teams represented Natives from all over Ontario.

Please call or text 613-583-4622 if you would like to be apart of this great experience,

Bunny Blast Craft Night



Come get arty for Easter.

Free Kids craft night

Ages 6 to 12

Wednesday April 16th

59'ers Club, 6 to 7:30

Contact Murray O'Coin for info 969.6034



TIPI MOZA (Iron Homes)
Urban Native Housing Program
www.tipimoza.com

HOUSES FOR RENT

Our housing is for First Nations, Metis or Inuit people. Documentation is needed indicating status and/or ancestry.

We have the following houses available for rent in the next 30 days. If you don't have an application with us please contact the office to complete one so that you can eligible for these units:

- ✚ 2 bedroom single family home
- ✚ 3 bedroom semi detached home
- ✚ 4 bedroom semi detached home



All the houses have large fenced yards - fridge, stove, heat and hydro are included. All the houses are located in the Kingston area.

For further details, please contact Carol at 613-547-1135 or by email cloft@kingston.net.

You aren't eligible for Tipi Moza (Iron Homes), until I have all the required documentation and completed forms

We reserve the right to request further income verification for the purposes of an accurate rent calculation based on gross household income.



993 Princess Street, # 205
Kingston, ON
K7L 1H3





**Napanee Area
Community Health Centre**



FOOT CARE CLINICS

NACHC is pleased to announce that we will be holding foot care clinics starting March 5, 2014.

Registered Foot Care Nurse Services will include:

Assessments

ABI

Diabetic Foot Risk Assessment

Referrals

Gait and Balance Assessment

Risk for foot Complications

Intermittent Claudication Assessment

Please inform your clients of this free service.

Appointments can be arranged by calling

613-354-8937 to speak with the Medical Secretary

2ND ANNUAL



ZUMBATHON®

Friday May 23rd, 2014

Doors open @ 6pm

Zumbathon 6:30pm-8:45pm

Intermission Show 7:30pm-7:45pm

Deseronto Community Recreation Centre (51 Mechanic St.)

DON'T WANT TO ZUMBA?

FREE ADMISSION FOR EVENT SPECTATORS

Admission is FREE for: LOONIE AUCTION; Health & Wellness Vendors, Canteen, CASH BAR, kids area & watching the Zumbathon of course!

Zumbathon Participant Fee:

\$15 in advance OR \$20 at the door

Zumba'ers aged 12 and under: \$5

Raise \$50 in pledges and your registration fee is refunded!

During Intermission members of the local Fire Departments will show us how they Zumba! Pledge for your favourite firefighter!

For advance registration, pledge forms, or more information please contact:

Julie Conger 613-403-0864 or julie_0708@sympatico.ca

Carrie Flood 613-396-2318 or carrieflood@hotmail.com

Deseronto Town Hall 613-396-2440

Proceeds benefit the Centennial Park Revitalization Project

Tyendinaga Food Resource Centre Charity Golf Fundraiser June 13th, 2014

"4 Person Scramble"

Shotgun Start 11:00am

PRIZES

\$15,000 Trailer
Hole-in-one prize
Carl Cox RV Sales and Service

GAMES



Briar Fox Golf Club

FUN

Please bring a non-perishable food item

\$80 per player - includes Par 3 Prizes

Limited to first 144 players (register team asap)

Contact: Cliff Brant - 396-3104

George Hill - 966-2950 (leave message)

A COMMUNITY FORUM with **WEB KINIEW**

Drumming to his own beat, Web Kinew is a multi-talented musician, professor, and respected speaker.

Host of the 2012 CBC documentary the "8" Fire, Web Kinew has demonstrated his dedication to educating others about First Nations Metis & Inuit people and reaches out to today's youth.

Join us for an evening with Web Kinew as he shares his insightful outlook and experience.

MAY 1, 2014 | 7:00 P.M.
ALUMNI HALL, LOYALIST COLLEGE

First Nations, Metis & Inuit Education

RAISING AWARENESS

ADMISSION: \$10
(\$5 FOR STUDENTS)

TICKETS NOW AVAILABLE FROM YOUR EDUCATION SERVICES REP. OR
FROM THE DISTRICT OFFICE: 613-968-3707 X223



Sponsored
together enrich



MULTI-FAMILY YARD SALE



SAT & SUN, MAY 31 & JUNE 1ST
8 AM – 2 PM

Too many great items to list! Come and check it out!

36B Bayshore Rd, TMT



Attention

Hunters & Shooters!

Interested in getting your PAL and/or Hunting Licences?

“ONE STOP” courses will be offered. Both Courses combined \$280.00

Individual Course \$140.00

The Firearms Safety Course (PAL) portion will be Fri/Sat April 25/26, 2014

The Hunter Education Course portion will be Fri/Sat May 2/3 (Outdoors card)

Both Courses will run Fri. 6 - 9 p.m. and Sat. 8:30 - 5:30 p.m.

Anyone interested in challenging the firearms tests should set up a time and date in advance. The cost for a challenge is \$45.00.

Courses include instruction, study manual, tests and paperwork required to apply for your PAL and Hunting licences. Courses will be offered in Shannonville at the corner of Hwy #2 and York Rd. (next to Tyendinaga Fitness Centre)

There is limited space.

For more information or to reserve your spot please call Ed Maracle at (613) 396-3077 or email at emaracle@xplornet.ca

GOOD FRIDAY BREAKFAST

TYENDINAGA SENIORS

59ER'S HALL

8011 OLD HIGHWAY 2

April 18, 2014

FULL BREAKFAST MENU

**PANCAKES - EGGS - SAUSAGES
BACON - HOME FRIES - TOAST
COFFEE - TEA - JUICE**

**SERVING
7:30 a.m.
to
1:00 p.m.**

**ADULTS
\$ 8.00**

**CHILDREN
10 & under
\$ 4.00**



DESERONTO LEGION

UPCOMING EVENTS FOR APRIL

April 5th- Texas Tuxedo will be playing from 4pm to 7pm

April 19th- Dan Stoness- Karaoke night- 4pm to 8pm

All welcome to both events



Tyendinaga Native Women's Association

Bake Sale

Thursday,

April 17, 2014

Bayview Mall Corridor

Hwy 2, Belleville

(Food Basics)

9:30 a.m. till everything is sold

Get your goods for Easter!!!





**imagine
NATIVE**
original. indigenous.

April 16th, Wednesday

3 pm

Mohawk Community Centre



March-May 2014

10th annual

imagineNATIVE Film + Video Tour

Youth Screening

Community Screening

Award-Winners Screening

Video-Making Workshop



The Workshop



Our Tour's incredibly popular two-day Video-Making Workshop for Aboriginal youth is offered to high schools, universities and community centres and is presented with the Youth Shorts Programme.

Up to six Indigenous youth aged 13-29 learn to write, shoot and edit their own short video in two days (five hours per day) using equipment they already have, including smartphones, webcams and cameras! The workshop is facilitated by an Aboriginal filmmaker and all completed films made by local youth will be screened in their community. All participating artists who complete a film will receive an industry-standard screening fee of \$60 each!

When the Tour is complete, a selection of the best youth-made videos will be presented on our website and open to online public voting. The young director with the most votes will WIN an all expenses paid trip to Toronto and have their video screen at the 15th annual imagineNATIVE Film + Media Arts Festival in October 2014! (This is a separate contest for Aboriginal youth only who complete videos during the two-day workshop.)

Last year's video-making contest winner was Shania Tabobondung from Wasauksing First Nation. She travelled to Toronto in October 2013 to attend her screening, watch films, and took part in media interviews. Her film "My Story"— which is part of this year's Tour — also sent on to win Best Short Film at the Festival Ciné Alter-Natif in Nantes, France!

Youth Shorts Programme

Length: 40 minutes

Rating: G

Content appropriate for: 10 – 17 years, grade. 6 – 12, and community screenings

This collection of diverse stories, told by or about youth, offers personal, traditional, comedic and inspiring perspectives from Canadian Indigenous Artists.



Wave A Red Flag (2009), 3 min
Director: Adam Garnet Jones

A young girl's courage sparks a movement of reclamation. This short film was produced for the 2010 Vancouver Olympics by award-winning filmmaker Adam Garnet Jones.

My Story (2013), 10 min
Director: Shania Tabobondung

Using simple, yet clever whiteboard animation, a young woman's personal journey of struggles and courage through her early life are poignantly and artistically depicted in this impressive film debut.

Nuu (Octopus Story) (2013), 9 min
Producer: Jaalen Edenshaw

Told by one of the last West Coast Haida Xaad Kíl-speaking elders, this wonderfully rendered, engaging animated tale recounts the strange disappearance of two young Haida fishermen and the brave warriors determined to find answers to their demise.

Où Tu Vas Toi? Diane (2013), 4 min
Director: ITWE Collective

Through internal monologue, a young Indigenous woman reflects on living in an urban environment in this short and beautifully constructed experimental documentary.

Eagle vs. Sparrow (2011), 10 min
Director: Michelle Derosier

A cast of hybrid human-animals navigate this traditional legend- turned-high-school-drama about the time Eagle was forced to race an over-confident Sparrow.

Fusion (2013), 4 min
Director: Erik Papatie

A young Innu boy must retrace his steps to the waking life with the help of an unexpected guardian in this whimsical and playful short.

COME AND GET YOUR INCOME TAX RETURNS DONE

IT'S FREE!!

The “*Community Volunteer Income Tax Program*” will be offering tax preparation clinics on the following dates and locations in Tyendinaga:

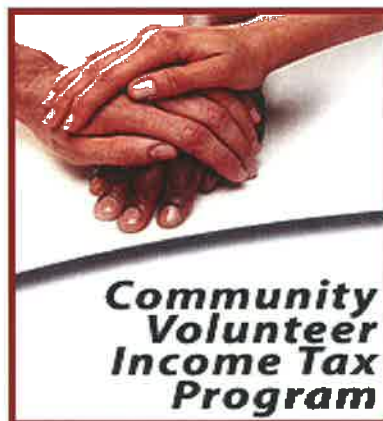
Wednesday April 9th from 5:30pm to 7:30pm at FNTI;
Saturday April 26th from 9:30am to 3:30pm at FNTI; and
Wednesday April 30th from 5:30pm to 7:30pm at FNTI.

If you are a low-income earner and would like free assistance with the preparation of your individual income tax return, please plan to attend one of our above-mentioned clinics.

The Canada Revenue Agency has administered the “*Community Volunteer Income Tax Program*” for over thirty years. What is it? It is a community-based program designed to help low-income individuals with simple tax situations complete their income tax and benefit returns, *free of charge*.

Appointments are appreciated

Please contact Wendy Anderson at (613) 391-2658





THE ANGLICAN PARISH OF TYENDINAGA

*To be a Spirit-filled and life-giving place where
strangers become friends and friends become disciples.*

Parish Priest

The Venerable Brad Smith
962-2787

Our worship uses a mixture of traditional and contemporary language and music, including Mohawk. All people are welcome to worship and participate in fellowship and parish life. We don't think we have all the answers—if you have questions, please join us on a journey of discovering the sacred One.

SUNDAY CELEBRATIONS

Christ Church (Lower Church)
52 South Church Lane
9:30 a.m.

*Worship Schedule - 9:30 a.m.
All Saints' - Jan-Mar and Jul-Sep
Christ Church - Apr-Jun and Oct-Dec*

HOLY WEEK & EASTER CELEBRATIONS

Maundy Thursday 17 April
All Saints' Church, 6:00 p.m.

We remember Jesus' commandment to love and serve one another through a potluck supper (please bring your own plates and utensils as well as a dish to share) and retelling the story of the Last Supper.

Good Friday 18 April
All Saints' Church, 10:00 a.m.
A traditional commemoration of the Crucifixion.

Easter Day, Sunday 20 April
Christ Church, 9:30 a.m.
The joyful celebration of the Resurrection of Jesus and fulfilment of God's promise of eternal life.

UPCOMING EVENTS

Men's Breakfast
Sat 26 Apr, 8:00 a.m., Small Town Café, Deseronto
A time of fellowship and food for Christian men.

FOR THE MOST UP-TO-DATE INFORMATION,
VISIT WWW.PARISHOFTYENDINAGA.ORG
OR WWW.FACEBOOK.COM/TYENDINAGAANGLICAN

“AA OPEN MEETINGS”

8:00 p.m. every Monday
Queen Ann Parish Centre

For more information call:
Bev 613-962-5183

WE ARE TOPS, ON#5258 T.M.T.

Losers Unite, Join Us!

WINTER HOURS

Thursdays

5 - 5:30 = Weigh in

5:30 - 6:30 = Meeting

Elders Lodge
(Bayshore Rd)

TOPS is a weigh loss meeting and support group established in 1948 as a nonprofit organization. Our goal is to help each other lose weight for better health and appearance. If you are struggling with a weight issue join us and together we can achieve our goals.

**You may be the one person I need to help
me lose these pounds.**

The first meeting is FREE. Its time to be a loser,
come see for yourself.

Contact: Joy Brant - 613-885-0506
Tree Good altree94@gmail.com



She:kan! Skennen-kowa! Great Peace be with you!

KERISTOS NE KORAH:KOWA

CHRIST THE KING

Under the Patronage of Blessed Kateri Tekakwitha

A Catholic Anglican-Use Parish

Tyendinaga, M. T.



Morning Prayer with

Communion from the Reserved Sacrament

10:00 AM → 1st, 3rd, 4th, 5th Sundays



Holy Eucharist (Complete Mass):

11:15 AM → 2nd Sunday of the Month

Services are held at: The Elders' Lodge Common Room

For additional parish information, please call:

Mr. Charles E. Maracle, Rector's Warden, at 613-396-3089
OR

Ms. Lorna J. Moses, People's Warden, at 613-396-2538
OR

Minister Gérard Trinque at ☎ 1-888-831-4145 ✉ gtplus@yahoo.com



The Cross represents our **Christ-Centred Faith** adorned with the colours of the "**Four Sacred Directions**" which indicate the redeeming power and truth of the Gospel of Jesus Christ for all places, times, and nations. The four eagle feathers represent the four Gospels of Saints Matthew, Mark, Luke, and John. They remind us of the *good news* of salvation in Christ given for the whole world. The wolf, turtle, and bear explicitly represent our Mohawk clans, blessed by the light of the Gospel and called to faith in Jesus Christ. The eagle, which flies the closest to Heaven, symbolises the grace and power of God in receiving and answering our prayers.



"For the word of the cross, to them indeed that perish, is foolishness; but to them that are saved, that is, to us, it is the power of God." (1 Corinthians 1:18)



MOHAWK PENTECOSTAL CHURCH

WHEN WE MEET

Sunday	10:30 am Worship Service 11:30 am Sunday School 6:30 am Worship Service
Wednesday	7:00 pm Bible Study
Saturday	7:00 pm Prayer service

1984 York Road
Tyendinaga Mohawk Territory
Ontario Canada
K0K1X0

Church - 613.396.5329
Parsonage 613.396.5325

COMING EVENTS

- Friday, April 4 Revival Service, Napanee Wesleyan Church at 7pm
- Friday, April 18 Good Friday 10am, Deseronto Pentecostal Church
Evening Mass 7pm, St Mary's Anglican Church in Napanee
- Sunday, April 20 Easter Sunday 10:30am, Mohawk Pentecostal Church

"In the End, we will remember not the words of our enemies, but the silence of our friends."

Martin Luther King Jr

CLASSIFIED

FOR RENT

2 BEDROOM APARTMENT

- located on the York Rd.
- Available Immediately

Call for an appointment
613-962-1546

HANDY MAN WANTED

- occasional hours as necessary

Please call 613-962-1546

FOR SALE

4 BEDROOM 1800 sq. Ft BUNGALOW

- on 1 full acre
- master bedroom is 15ft X 15ft, has a walk-in closet, drywall & pine, carpeted, 2 bedrooms are 12 ft X 11ft
- 1 bedroom is 15ft X 11ft
- living room is 25ft X 16ft, all pine walls & open concept with kitchen
- kitchen is 15ft X 16ft, oak cupboards, brick & drywall
- bathroom is 8ft X 10ft, completely renovated 2 yrs ago, ½ wood walls & drywall with crown molding, claw foot bathtub, all new fixtures
- central air, insulated full basement, electric furnace, 2000 gallon holding tank
- new windows last fall, new flooring throughout 3 yrs ago, metal roof
- double wide driveway, wheelchair ramp
- large shed
- includes fridge, stove, washer & dryer
- located at 554 Norways Rd
- \$135,000.00 (negotiable)

Please call for a viewing appointment. 613-962-3748
Or cell #613-242-7442

HOUSE FOR SALE

- 840 # 49 Hwy Tyendinaga Territory
- lot 150' X 200'
- House, Garage, Store front, Utility shed
- 1735 sq. ft. main floor
- full basement
- 4 bedroom, 2 bathroom on suite has jacuzzi tub
- above ground pool
- large deck
- 5 X 10 pool table included
- appliance included/and some home decor
- sunroom - leads from master bedroom to pool area

Details call: Rick 613-827-2988
Jackie 613-849-4559

WATERFRONT LOTS FOR SALE

- located on Snookies Rd
- with road frontage on Toms Rd.
- Lots 3C-6, Lot 3C-7, and Lot 3C-8 Con. 2
- 140 ft of waterfront with total acreage of 7.23 acres

For further information, please call: Scott Maracle 613-396-1327

LOOKING FOR LAND

- vacant land
- 1 - 10 acres

Please Call: 1-289-600-6891

LOT FOR SALE

HY 49 & BAYSHORE RD
Partial dwelling located there

Phone: 613-243-9079

FOR SALE

4 BEDROOM HOME

- large eat-in kitchen
- dishwasher, fridge, stove
- large bedrooms
- Updated 4 pc bathroom (ceramic floor)
- 3 pc bath w/shower
- large family room with updated woodstove (WETT certified)
- walkout basement
- lots of storage
- upgraded well with holding tank
- new roof and deck
- shed
- lot size 3/4 acre (approx)

PRICE RECENTLY REDUCED
(Serious offers will be considered)

Please contact:
tyendinaga11@yahoo.com OR
416-938-4157 or 613-396-2151

FOR SALE

2010 CHEVY SILVERADO

- 25000 kms, 4.3 L V6,
- automatic, 2 wheel drive, AC
- power rack and pinion steering
- factory warranty, on star, still smells new \$14,999.00
- She's a must see!

Call Teresa or text 613-391-1617



HOUSE FOR SALE

4 BEDROOM

- 2 full baths, split level house on Beach Rd.
- 2 car garage, propane furnace /hot water tank / cook stove
- 2 yr old pellet stove secondary heat source in the basement
- partially completed basement which could host another bedroom
- large master bedroom, living room and full bath (Jacuzzi tub) above the garage
- main part of the house has a large dinning room, kitchen and 3 bedrooms and a full bath
- all laminate flooring throughout
- large yard with a 27 ft. above ground pool
- \$160,000.00 negotiable

If interested serious "inquiries only" please call and leave a message with your name and number to Wendy & Bill 1-587-276-1092 and leave a message

FOR SALE

WATERFRONT COTTAGE

- with large 2 car garage & sun porch
- located on Ferry Lane
- hardwood floors & rugs
- large spacious 3 bedroom approx. 1200 sq. ft.
- renovated and winterized with electric heat source

For further information, please call 613-544-7019

HOUSE FOR SALE

41 Upper Slash Road
\$185,000

- 1 Acre Lot with Plenty of Road Frontage
- 1640 Sq. Ft – Main Level
- Propane Furnace and Hot Water Heater
- Hardwood and Ceramic Floors Throughout
- Large Eat-in Kitchen
- Dining Room opens to Multi-level Deck
- Living Room with Large Picture Window
- Main Floor Laundry
- 3 Bedrooms Upstairs with Potential for More Downstairs
- Large Master Bedroom with Private Deck and Soaker Tub
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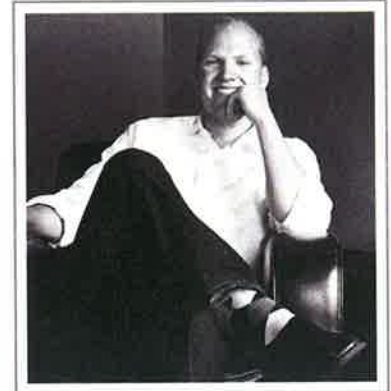
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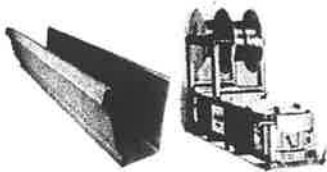
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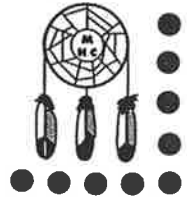
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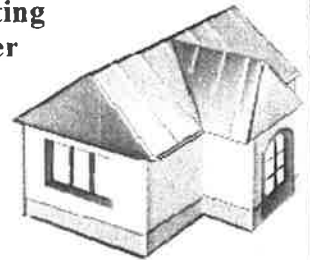
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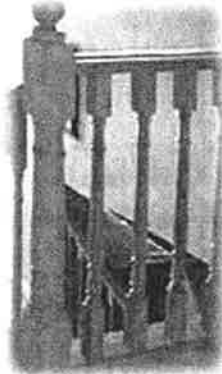
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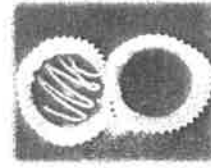
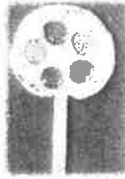
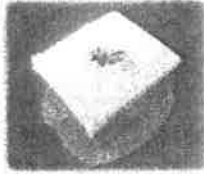


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