



MOHAWKS OF THE BAY OF QUINTE



KENHTEKE KANIENKEHA

ORI:WASE (NEWS)

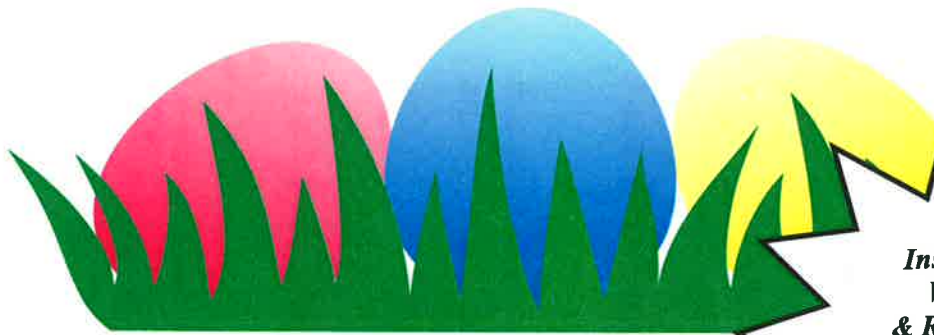
ISSUE 4/15
ONERAHTOKHA (April)

We are on the web www.mbq-tmt.org

NOTICE

The Transfer Depot will
NOT be open Monday, April 6, 2015

Happy Easter Everyone!



*See
Inside for
Waste
& Recycling
Calendar!*

REMINDER

Household Garbage is
NOT accepted at the Transfer Depot

The Administration Office
will be closed for the Easter Holiday
Friday April 3 - Monday April 6





TORONTO 2015 Pan Am Games Torch Relay Coming to Tyendinaga

The Pan American Games are the third largest international multi-sport competitions in the world. Athletes from Latin America, South America, the Caribbean and North America, come together to compete in 36 Pan Am sports, and 15 Parapan Am sports putting their training and commitment to the test. The Pan Am games are held every four years and the first Pan Am Games were held in 1951.

Tyendinaga has an exciting opportunity to be involved with the TORONTO 2015 Pan Am/Parapan Am Games. The Pan Am Games Torch Relay will light its way through our community on July 3rd, 2015 on route to Toronto. Tyendinaga is one of five First Nations communities taking part, including the host First Nation – the Mississaugas of New Credit.

The torch relay begins its 41-day journey when the Pan Am flame is lit during a traditional Aztec lighting ceremony at the Pyramid of the Sun in Teotihuacan, Mexico before landing in Canada on May 30, 2015. The Pan Am flame not only represents the history and spirit of the games, it symbolizes unity among the 41 Pan American Nations.

The torch relay has been identified as a unique opportunity to inspire and unite all Canadians. Two community youth who embody the characteristics of community, celebration, participation and pride will participate as torchbearers. A community Elder has also been invited to welcome the Pan Am flame to our community and bless the flame before it continues on its journey to Toronto.

All residents are invited to come celebrate and share the Pan Am spirit and support our Pan Am Games Torch Relay participants!

Further details will be provided in upcoming Newsletters, on our website and social media feeds. If you would like to find out more about the Pan Am Games, please visit: <http://www.toronto2015.org/>

EARTH DAY CELEBRATION
AKENISTEN'HA YOWENTSYA:KE
SATURDAY APRIL 25, 2015



CLEAN UP YOUR ROAD

8:00 a.m. REGISTRATION and Garbage bags available

At

MOHAWK COMMUNITY CENTER
1807 YORK ROAD TYENDINAGA MOHAWK TERRITORY

What will be the most unique item found??????

TREE SEEDLINGS AVAILABLE AFTER 9:00 a.m.

INFORMATION BOOTHS, CRAFT TABLES AND BBQ

MAKE IT A FAMILY EVENT



For more information please contact Tech Department@ Administration Office (613)396-3424



MOHAWKS OF THE BAY OF QUINTE

KENHTEKE KANIENKEHA

HUMAN RESOURCES

24 Meadow Drive, Tyendinaga Mohawk Territory, ON K0K 1X0

Phone 613-396-3424 Fax 613-396-3627

EMPLOYMENT OPPORTUNITY-INTERNAL POSTING

FIELD RESEARCHER-SEA LAMPREY PROJECT

Administration Office

Part-Time Term Position (2 positions-10 weeks)

The Field Researchers will work for 10 weeks, Monday to Friday to ensure the daily maintenance and data collection regarding Sea Lamprey and other non- target species; make repairs as necessary; record data collected; provide records weekly via telephone; and mail accumulated reports weekly.

Essential Qualifications:

- ◆ ability to properly obtain and record data
- ◆ ability to work outdoors in cold, damp/wet conditions
- ◆ ability to maintain data collection sheets
- ◆ own vehicle, driver's license and vehicle insurance
- ◆ ability to utilize a variety of measurement equipment such as: weigh scales, thermometers, measuring board, dissecting instruments, preservative, containers, and tags, nets, lamprey marking equipment, identification key for lamprey and fish, etc.
- ◆ satisfactory criminal reference check

Duties & Responsibilities: Work Procedures

1. Ensure daily maintenance of the Sea Lamprey trap
2. Collect data regarding the Sea Lamprey and other non-target species
3. Ensure collected information is provided to the Department of Fisheries & Oceans
4. Learn processes of conducting the research

DEADLINE FOR APPLICATIONS: April 7, 2015 at 4:30 p.m.

To request a detailed description or to apply please contact: Kelly Maracle

IN PERSON OR BY MAIL: R.R. #1, 24 Meadow Drive Tyendinaga Mohawk Territory K0K 1X0	BY PHONE OR FAX: Phone: 613-396-3424 Fax: 613-396-3627	BY EMAIL: resume@mbq-tmt.org
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NOTE: Internal postings are intended for all MBQ staff and the membership of the Mohawks of the Bay of Quinte
We thank all applicants for their interest in this position but only those selected for an interview will be contacted.

EMPLOYMENT OPPORTUNITY-INTERNAL POSTING

Food Resource Centre Coordinator Mohawks of the Bay of Quinte-Community Wellbeing Part Time Term Position (16 hours per week/ending March 2016)

JOB SUMMARY:

Position is responsible to budget, coordinate and provide services for the Tyendinaga Food Resource Centre.

DUTIES AND RESPONSIBILITIES:

- Dealing with clients in a respectful and compassionate manner
- Maintaining strict rules of confidentiality
- Ensuring that all statistics maintained and reporting is done in a timely fashion
- Maintaining inventory and ordering stock as needed
- Picking up donations and arranging weekly deliveries of fresh foods
- Following regulations and policies
- Maintaining the budget, donations, etc.
- Other duties

ESSENTIAL QUALIFICATIONS:

- Must have a valid Class G driver's license
- Previous experience working with clients in a social setting an asset
- Food Handling certification an asset

SKILLS & KNOWLEDGE

- Excellent and concise written communication, verbal and interpersonal skills
- Excellent organizational and computer based skills
- Excellent interpersonal skills
- Excellent understanding of confidentiality
- Excellent understanding of safe food handling, food storage rules, etc.
- Ability to work with difficult people
- Work well as a team

OTHER:

- Must be able to provide a clear vulnerable sector check
- Must be able to provide a clear driver's abstract
- CPR and First Aid an asset

DEADLINE FOR APPLICATIONS:

April 7, 2015 @ 4:30 pm

Application or requests for information can be sent to: Kelly Maracle, Human Resources

FOR MORE INFORMATION A COPY OF THE JOB DESCRIPTION PLEASE CONTACT: Kelly Maracle 613-396-3424 ext 112 Or by email: kellym@mbq-tmt.org	SUBMIT A RESUME IN PERSON OR BY MAIL: R.R. #1, 24 Meadow Drive Tyendinaga Mohawk Territory K0K 1X0	SUBMIT A RESUME BY EMAIL: resume@mbq-tmt.org OR FAX: 613-396-3627
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EMPLOYMENT OPPORTUNITY-EXTERNAL POSTING

Human Resources Officer Mohawks of the Bay of Quinte-Administration Full Time Position

JOB SUMMARY:

The HR Officer will coordinate the day-to-day operations of the staffing/training aspect of the HR function; reporting to the Human Resource Manager. By working closely with all program managers, the HR Officer will provide support to employees in a service environment.

DUTIES AND RESPONSIBILITIES:

- Working in conjunction with all MBQ staff and employees
- Assisting managers in staffing and training
- Coaching and promoting positivity with staff
- Adhering and advising staff on MBQ Personnel policies
- Other duties

ESSENTIAL QUALIFICATIONS:

- Graduation from a post-secondary school in Human Resources, Business Management or related field
 - Certificate of Human Resources Management preferred
 - Minimum 2 years' experience working in Human Resources and/or management
- Or
- A combination of education, training and experience which demonstrates the ability to complete the required duties of this position

SKILLS & KNOWLEDGE

- Excellent and concise written communication, verbal and interpersonal skills
- Excellent organizational and computer based skills
- Excellent interpersonal skills
- Excellent knowledge of Indian Act, Canada Labour Code, Health and Safety regulations
- Excellent knowledge of Canadian Charter of Human Rights
- Ability to deal with difficult people
- Ability to work independently and to work well as a team
- Sensitivity to Aboriginal issues

OTHER:

- Must be able to provide a satisfactory criminal record check
- Valid G licence with clean driver's abstract preferred

DEADLINE FOR APPLICATIONS:

April 7, 2015 @ 4:30 pm

Application or requests for information can be sent to: Kelly Maracle, Human Resources

FOR MORE INFORMATION A COPY OF THE JOB DESCRIPTION PLEASE CONTACT: Kelly Maracle 613-396-3424 ext 112 Or by email: kellym@mbq-tmt.org	SUBMIT A RESUME IN PERSON OR BY MAIL: R.R. #1, 24 Meadow Drive Tyendinaga Mohawk Territory K0K 1X0	SUBMIT A RESUME BY EMAIL: resume@mbq-tmt.org OR FAX: 613-396-3627
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Note: We thank all applicants for their interest in this position but only those selected for an interview will be contacted.

EMPLOYMENT OPPORTUNITY-INTERNAL POSTING

Community Youth Worker Mohawks of the Bay of Quinte-Community Wellbeing Term Position (6 months)

JOB SUMMARY:

Contributes to Youth Program management and administration. Assists in providing recreation/social development programs and counselling services for youth. Provides program services to children and their families.

DUTIES AND RESPONSIBILITIES:

- Dealing with clients in a respectful and compassionate manner
- Maintaining strict rules of confidentiality
- Working with other programs to deliver activities and events for children, youth and their families that are consistent with the findings of regular focus groups
- Providing information about community services and resources available to youth
- Establishing traditional, culturally healthy recreational based activities for youth
- Counselling youth in a variety of settings
- Administrative duties, including reporting statistics, etc.
- Other duties

ESSENTIAL QUALIFICATIONS:

- Diploma in social field, Recreation & Leadership or other related field; and
- 2 years working with youth
- Or a combination of education, training and experience which demonstrates ability to perform duties

SKILLS & KNOWLEDGE

- Excellent and concise written communication, verbal and interpersonal skills
- Excellent organizational and computer based skills
- Excellent interpersonal skills
- Excellent understanding of confidentiality
- High degree of initiative, insight and self-direction
- Sensitivity to First Nations and social issues within a First nation
- Work well as a team

OTHER:

- Must be able to provide a clear vulnerable sector check
- Must be able to provide a clear driver's abstract
- CPR and First Aid an asset

DEADLINE FOR APPLICATIONS:

April 7, 2015 @ 4:30 pm

Application or requests for information can be sent to: Kelly Maracle, Human Resources

FOR MORE INFORMATION A COPY OF THE JOB DESCRIPTION PLEASE CONTACT: Kelly Maracle 613-396-3424 ext 112 Or by email: kellym@mbq-tmt.org	SUBMIT A RESUME IN PERSON OR BY MAIL: R.R. #1, 24 Meadow Drive Tyendinaga Mohawk Territory K0K 1X0	SUBMIT A RESUME BY EMAIL: resume@mbq-tmt.org OR FAX: 613-396-3627
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Phone 613-396-3424 Fax 613-396-3627

EMPLOYMENT OPPORTUNITY-INTERNAL POSTING

FITNESS STUDIO COORDINATOR Tyendinaga Fitness Resource Centre-Fitness Studio Full Time Term Position (ending March 2017)

The Fitness Studio Coordinator will be directly responsible and accountable to The Fitness Centre Manager and will be responsible for coordinating events at the Fitness Studio.

Essential Qualifications:

- ◆ Excellent knowledge of MS Office Suite (Word, Excel, Publisher, etc.)
- ◆ Must possess own transportation, valid class "G" driver's license and vehicle insurance
- ◆ Knowledge of community
- ◆ Ability to work independently, flexible hours and highly motivated
- ◆ Must possess excellent communication skills and interpersonal skills
- ◆ Knowledge of Personal Training, Fitness Instructor or other related skills is preferred
- ◆ Clear Criminal Reference Check and maintain a High level of Confidentiality

Duties and Responsibilities include:

- ◆ Coordinate and develop fitness plans & classes for members and staff
- ◆ Assist with field trips, outreach projects and health promotional events
- ◆ Developing and implementing a variety of physical activities for children and groups
- ◆ Demonstrate and teach members & staff proper workout techniques
- ◆ Assist with searching for funding for ideas for fitness equipment and promotional ideas
- ◆ Administrative duties
- ◆ Other duties as required

DEADLINE FOR RESUME SUBMISSION: April 7, 2015 @ 4:30 p.m.

FOR MORE INFORMATION A COPY OF THE JOB DESCRIPTION PLEASE CONTACT: Kelly Maracle 613-396-3424 ext 112 Or by email: kellym@mbq-tmt.org	SUBMIT A RESUME IN PERSON OR BY MAIL: R.R. #1, 24 Meadow Drive Tyendinaga Mohawk Territory K0K 1X0	SUBMIT A RESUME BY EMAIL: resume@mbq-tmt.org OR FAX: 613-396-3627
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EMPLOYMENT OPPORTUNITY-INTERNAL POSTING

OFFICE ADMINISTRATOR 7TH Gen Technologies-Administration Office Part Time Position (24 hours per week)

The 7th Gen Technologies Office Administrator is directly responsible and accountable to the IT Manager and works closely with the Fibre Installation Technicians to provide fibre services to the Community. In addition to scheduling customer connections, the Office Administrator will be responsible for customer acquisitions, as well as, processing monthly billing.

Duties and Responsibilities:

- Provide administrative and management support, while providing exceptional customer service to customers
- Dispatch tech team and facilitate community
- Facilitate communication with community, customers, team and internal MBQ departments
- Prepare, process and follow up on accounts for 7th Gen Tech. customer accounts
- Market 7th Gen Technologies

Education and Experience:

- Grade 12 or equivalent with one year customer service experience
- Accounting/Technical background (preferred)

Knowledge and Skills:

- High degree of organizational and time management skills
- Ability to multi-task and prioritize demands
- Ability to work with tact, discretion and confidentiality
- Ability to effectively communicate both verbally and in writing, with excellent interpersonal skills
- Basic knowledge of hardware/software trouble shooting
- Excellent computer based skills (including Ms Office suite, ACCPAC, email and internet)
- provide a clear vulnerable sector check
- have total compliance of confidentiality

DEADLINE FOR RESUME SUBMISSION: April 7, 2015 @ 4:30 p.m.

FOR MORE INFORMATION A COPY OF THE JOB DESCRIPTION PLEASE CONTACT: Kelly Maracle 613-396-3424 ext 112 Or by email: kellym@mbq-tmt.org	SUBMIT A RESUME IN PERSON OR BY MAIL: R.R. #1, 24 Meadow Drive Tyendinaga Mohawk Territory K0K 1X0	SUBMIT A RESUME BY EMAIL: resume@mbq-tmt.org OR FAX: 613-396-3627
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*24 Meadow Drive, Tyendinaga Mohawk Territory, ON K0K 1X0
Phone 613-396-3424 Fax 613-396-3627*

We are updating our casual list!

Casual resumes are being accepted for all positions, however, we are currently seeking:

- AZ/DZ and B drivers
- Custodians
- Child Care Workers

All positions will require a Criminal Record Check/Clear Vulnerable Sector Check and a clean Driver's Abstract.



NEWS from the Ohahase Education Centre

Semester II began with the implementation of our Co-operative Education Program, led by teacher Amanda McCambridge. Our senior students are happily engaged in a variety of learning environments, including at Sandy Pines Wildlife Centre, TFRC, Lewis Lacrosse, Entsitewayen'tho, Millside Ceramics, and FNTI. We are thankful for the support we have received to place our students in meaningful and educational work placements. nya:wen !

We welcomed two new junior students and four new senior students to our school this semester, as well as 12 adult learners, bringing the total number of registered Ohahase Education Centre students to 73 since the start of the school year. We currently have one official graduate, with at least 15 others within striking distance. We expect the next three months to be quite busy as students finish up their course work in time to graduate!

Our drama project with Young Imaginations is in the final stages of preparation, and the first presentation will be made on April 8th at Front of Yonge Elementary School in Mallorytown. There are five schools we are visiting in the Limestone District School Board, and we are certainly excited to share some of our stories, songs, and dances with students from another part of the province.

Happy Spring !



Check Out FNTI's
NEW PROGRAM

Mental Health and Addiction Worker

starting September 2015 in Tyendinaga

The Mental Health and Addiction Worker Diploma is a 2-year program, delivered by FNTI in partnership with Canadore College, which respects the histories and vulnerabilities of Indigenous peoples, while preparing students - culturally, intellectually, emotionally and experientially - for work and advancement in this challenging and in-demand field. Upon graduating, students receive a Health and Addiction Worker Diploma from Canadore College.

This program is offered in **Intensive Delivery Mode** - Students attend week-long sessions every 3-4 weeks.

For more information contact Jake at recruitment@fnti.net or call **800-267-0637** or visit www.fnti.net



Tyendinaga Justice Circle
Tontakaiê:rîne
(It has become right again)

Is sexual violence a matter for Restorative Justice?

"Our traditional Native laws supersede state, county and federal law. We have a lot of power". Antoinette Red Woman, Tsisistas Northern Cheyenne

-An editorial by Lindsay Mullin, TJC placement student

We live in a westernized world influenced by patriarchal ideologies that are reproduced within the family, state, and culture; *control* within any patriarchal society ultimately focuses on *force*. As a result of this, we are then exposed to an alarming number of crimes involving sexual violence. Sexual violence is defined differently by each person who experiences it. Sexual violence is defined by the United Nations as "[a]ny violence, physical or psychological, carried out through sexual means or by targeting sexuality." According to Stats Canada, over 80% of sex crime victims are women, 1 in 4 North American women will be sexually assaulted during their lifetime, and 57% of *Aboriginal women* have been sexually abused. It is important to note that these statistics are JUST the cases that have been reported.

These numbers are not decreasing at any rate and communities are continuing to feel the tragic effects. We must ask ourselves, what should we be doing to address this problem? How do we assist victims and their families to heal and find justice when the system they have to turn to is a patriarchal, adversarial justice system borrowed from a colonizing power? Is the Canadian justice system doing enough or could restorative justice be an alternative in dealing with these issues? Should the TJC run circles involving sexually violent crimes? At present, that is not the case on Tyendinaga.

Many believe restorative justice is a great alternative to the Canadian justice system. It's offered as a tool for closure, understanding and healing. The goal of restorative justice is to create a safe environment in which conflicting parties can share experiences, understand each other's perspective and ultimately repair damaged relationships (including the relationship with self and community etc.).

In this setting the victim and the offender both have very active roles, contrary to what is seen in court processes. The victim has the opportunity to voice concerns and discuss what can be done by offender and community to restore balance, which may attribute to a regained sense of empowerment. The offender has a chance to see how their actions have deeply affected their victim, both parties' support systems and also provide an opportunity to help that victim move forward. Everyone can have a chance to heal.

However, many critics believe that justice circles may serve as a "get out of jail free" card and soften sentences which may make the victim's harm feel unimportant or underestimated. In the case of sexual violence, there is some fear that women will not receive a fair result if the patriarchal power dynamic that has led to the harm in the first place is duplicated within the restorative justice process. Worse yet, that power dynamic could result in re-victimization. Lateral violence, as a direct result of oppression and colonization also makes the community suspicious of its own capabilities to deal with complex matters like sexual violence (i.e. capable facilitators, confidentiality issues). These elements combined may cause a greater risk for the victim of experiencing increased psychological, emotional or even physical harm.

That being said, there are communities who are working together to address the vast harm caused by sexual violence. We need only look at Hollow Water as an example.

Secrecy, ignoring the issue and non-communication in regards to these difficult discussions is not a solution when it comes to sexual violence. Is restorative justice an alternative?

Your thoughts and discussion would be greatly appreciated! Write in to the TJC to share.



For more information, contact:
Shannon Butcher, Program Coordinator
613-396-2122 ext. 166
Email: Shannonb@fnti.net

Mark Brinklow, Youth Justice Worker
613-396-2122 ext. 125
Email: Markb@fnti.net



TO REGISTER, CONTACT: Renee Brant

Phone: 613-396-3424

Email: reeneb@mbq-tmt.org

**TUESDAY
APRIL 14, 2015**

8:30am—12:00pm

Lunch Provided

Teresa Bell

**Get inspired by
our keynote
speaker!**

**4TH ANNUAL
ABORIGINAL
BUSINESS DAY**

**Financial
Support**

**Local Business
Owners Q & A**

**Presenting yourself
in Public**

**Traditional VS Digital
Marketing**

**Incorporating
your Business**



**1807 YORK ROAD
MOHAWK
COMMUNITY CENTRE**



MOHAWKS OF THE BAY OF QUINTE ECONOMIC DEVELOPMENT OFFICE

“Success in business requires training and discipline and hard work. But if you’re not frightened by these things, the opportunities are just as great today as they ever were.”

- David Rockefeller

Are you interested in starting your own business?
Or do you need new ideas for an existing one?
Then the
Self-Employment Training Course
is for you!

Starting May 2015
Contact Renee to register!

COME TO OUR MONTHLY BUSINESS NETWORKING MEETINGS!

Next Meeting:
Monday, April 20
10am
Location: TBA

For more information,
contact Renee:

Phone:

613-396-3424

Email:

renee@mbq-tmt.org

We are looking for
some new ideas!

If you are looking for
something specific,
please let us know!

SELF-EMPLOYMENT TRAINING COURSE

Starting May 5 & 6, 2015

Limited Spaces Available

Call Renee to Register

Phone: 613-396-3424

Email: reeneb@mbq-tmt.org



Coming Soon

Aboriginal Affairs and
Northern Development
Canada



Wills & Estates Workshops

> Two events for your convenience <

Watch the Newsletter, Facebook and Website for
details

Have specific Estates issues to discuss?

Do you have specific questions to ask?

Appointments can also be made

Contact: Lisa Maracle, Dir. Community Services

613-396-3424, ext. 118

lisam@mbq-tmt.org



MOHAWK FIRE DEPARTMENT

The Mohawk Firefighters in February
responded to 10 calls:

- 3 Medical Assist**
- 1 Vehicle Fire**
- 3 Vehicle Accidents**
- 1 Gas Spill**
- 1 Mutual Aid**
- 1 Chimney Fire**

This brings our total to 18 calls for the year 2015



CENTRE OF EXCELLENCE FOR MATRIMONIAL REAL PROPERTY

Hosted by the National Aboriginal Lands Managers Association

The National Aboriginal Lands Managers Association (NALMA) was selected by the Government of Canada to maintain the Centre of Excellence for Matrimonial Real Property. This resource centre is available to assist with the implementation of the *Family Homes on Reserves and Matrimonial Interests or Rights Act*.

Incorporated December 21, 2000, NALMA's extensive experience and connection to reserve land issues makes the organization the ideal host to support First Nations in implementing the matrimonial real property (MRP) legislation.

WHAT CAN THE CENTRE OF EXCELLENCE FOR MATRIMONIAL REAL PROPERTY DO FOR YOU AND YOUR COMMUNITY?

The Centre of Excellence can help First Nation individuals, communities and organizations in understanding and applying the new Act. The Centre can:

- Guide First Nations who are opting to develop their own MRP laws by providing templates, examples and answering questions, when applicable.
- Provide information on the protections and rights available to individuals and families living on reserve such as:
 - the right to occupy the family home;
 - safety for children and their caregivers in instances of family violence;
 - rights of survivors on the death of their spouse or common-law partner; and,
 - equitable distribution of MRP assets.
- Assist with implementing the provisional federal rules, which are interim rules that will apply until a First Nation community develops and enacts its own MRP law under the Act.
- Provide research on alternative dispute resolution mechanisms to help facilitate the creation of additional options for parties to resolve MRP issues.

Contact the centre today!

Centre of Excellence for Matrimonial Real Property
c/o National Aboriginal Lands Managers Association
1024 Mississauga Street, Curve Lake, ON K0L 1R0

P: (705) 657-9992 | Toll Free: 1-855-657-9992 | F: (705) 657-2999 | E: info@coemrp.ca

Matrimonial Real Property Rights on Your Reserve



Matrimonial Real Property – What is it?

Matrimonial real property can include land held by one or both spouses or common-law partners and used by the family, i.e. houses, sheds, mobile homes or other structures on that land. It does not include things such as cars, money, clothing or televisions.

In the event of death, divorce or separation, people living off reserve have provincial law rights and protections regarding their family home. These provincial law rights and protections do not apply to those living on reserve.

To give people living on reserves comparable protections and rights as those living off reserve, a law was put in place on December 16, 2013, called the Family Homes on Reserves and Matrimonial Interests or Rights Act (the Act).

What Does the Act Do?

The Act gives First Nation communities the opportunity to either develop their own community matrimonial real property law or follow provisional federal rules. These rules, although intended to temporarily apply until a First Nation develops their own matrimonial real property law, can be followed for an indefinite period of time.

As of December 16, 2013, First Nation communities can make their own matrimonial real property laws under the Act. If a First Nation makes its own laws within one year (before December 16, 2014), the provisional federal rules will not apply to that community.

A First Nation may enact its own law at any time. However, on December 16th, 2014, the provisional federal rules will apply until the First Nation law comes into force.

If a community develops its own laws, the content of the law has to be agreed upon by the First Nation and its members. All members of voting age, 18 years or older, regardless of whether or not they live on or off reserve, have the opportunity to vote on the proposed law. Community members have the right to learn about the law and to be made aware when a vote on the law is taking place.

Protections

As of December 16, 2014, once the provisional federal rules are in effect, the following are examples of the protections and rights that would apply, should a First Nation community not have enacted its own community law:

Emergency Protection Orders

- In cases of domestic violence, a victim can apply to the court to remove their abusive partner from the family home. This application can be made by a victim or by someone else, such as a nurse or a social worker on behalf of the victim, without the presence of the spouse or common-law partner.

Family Home

- Either spouse or common-law partner has the right to occupy the family home during the conjugal relationship.
- A family home cannot be mortgaged or sold without the consent of both people in the relationship.
- If a marriage or common-law relationship breaks down, a spouse or common-law partner can apply to the court to have time-limited exclusive occupation of the family home. That means that a court can order a spouse or common-law partner to leave the family home for a period of time.
- On the death of a partner who held the interest in the family home, the surviving partner may live in the family home for a period of 180 days.

Division of On-Reserve Matrimonial Interests or Rights

- In the event of separation, divorce or death, both partners are entitled to half the value of the family home.
- A court can enforce written agreements that set out the amounts that each spouse or common-law partner are entitled to receive in the event of separation or divorce.

Balancing Your Rights and the Rights Of Your First Nation Community

The provisional federal rules specify:

- First Nation councils are to be notified about applications for an order made under the Act such as an application made to the court for exclusive occupation of the family home.
- First Nation councils will not be notified in cases of emergency protection orders and confidentiality orders arising from domestic violence situations.
- Before issuing exclusive occupation orders, courts are to consider the collective interests of the First Nation members and any representations by the First Nation council with respect to that First Nation's cultural, social and legal context, etc.

What the Act Does Not Do

- Allow non-Indians or non-members to gain permanent possession of a family home;
- Give non-members of a First Nation the ability to sell reserve land; nor
- Allow the Minister of Aboriginal Affairs and Northern Development to have any role in reviewing, cancelling, rejecting or altering First Nation laws.

Support Available for You and Your Community

Centre of Excellence for Matrimonial Real Property

A Centre of Excellence for Matrimonial Real Property, hosted by the National Aboriginal Lands Managers Association (NALMA), is now available to assist First Nation Communities.

Contact the centre today!

Centre of Excellence for Matrimonial Real Property
c/o National Aboriginal Lands Managers Association
1024 Mississauga Street, Curve Lake, ON K0L 1R0
Phone: 1-855-657-9992 or 705-657-9992

Fax: 705-657-2999
E-mail: info@coemrp.ca
Website : www.coemrp.ca

For more information, visit www.aadnc.gc.ca/MRP
contact mrp-bim@aadnc-aandc.gc.ca about the Act.

In loving memory of Iva Brant, our Mom.

April 26 2013

Mom,

Another year has passed since you were called away, and yet it still seems like yesterday.

*When we walk in the door, we can still feel your love,
But all we see is an empty chair,
We close our eyes, hear your laughter,
And we know you are still sitting there.*

*We love and need you mom, more than you know,
You will forever be our living guide,
Everywhere we go, everything we do in our lives,
You are forever, by our side.*

*You taught us so very much,
Good values, love, and how to be true,
The size, beauty and attributes of our family,
We owe it all to you.*

*Not a day goes by where we don't miss or talk to you,
And we wish that you were still here,
We know that you are needed there by Gram, Dad, Barb & Todd,
Can you please tell them too, we love miss and hold them near?*

*But you can not be physically in your chair,
A warm smile to greet,
We will always keep you right here with us, our centerpiece,
Until the glorious day, when again we will meet.*

Ps: we love you more than you will ever know, and we miss you so very much. Our hearts ache everyday, but we know you are still here with each and every one of us.

XOXO XOXO XOXO XO.

The family of the late
David W. Brant (wife Blythe & sister Gail)
Invite friends to a celebration of his life on
April 25th 2015.

Interment service at 11:00 at the
Mohawk Pentecostal Cemetery on the
Bayshore Rd. followed by
A luncheon at the
Community Centre downstairs

*The family of the late David W. Brant
wish to thank everyone who helped and
supported us
during our time of sorrow.*

In Loving Memory of a
Sister, Sister-in-Law and Aunt

Lauren Gray

March 18, 2014

Cannot believe it has been a year!

We thought of you today,
But that is nothing new.
We thought about you yesterday,
And days before that too.

We think of you in silence,
We often speak your name.
Now all we have are memories,
And your picture in this frame.

Your memory is our keepsake,
With which we'll never part.
God has you in his keeping,
We have you in our heart.

Forever In Our Hearts

Love

Todd, Janet, Kelsey and Derek

In Loving Memory



1944 - 2015

A Better Place

There's a place I've **never** seen
Beyond this world we know,
A place I've only heard of
But someday hope to go-
It's not on any map,
There are no roads to take me there,
But it's a place of perfect peace
Where hearts are free from care.
And though I understand
Some may be saddened when I leave,
One day, we all will meet again-
That's what I believe...
When it's time to travel there,
I think I'll wear a smile,
I'll say good-bye to those I love,
But only for a while,
Knowing there are others
Who have travelled there alone,
Who cannot wait to greet me
And to whisper 'welcome home'.

Mildred Alice Maracle

Mom's last days were on her terms. We followed through with her last wishes to be in the comfort of her own home. Surrounded with family and dear friends.

Special thanks and hugs go out to all the P.S.W.'s and nurses for the help they offered caring for our Mother over the last 3 years.

Millie's entire family would like to send a heartfelt thank you out to all those that came to help hold us up on our days of deep sorrow.

This Territory is full of so many Wonderful People that take the time to prepare food for us at home and for the funeral.

Those of you that plowed snow, shovelled snow off the roof, set up the Community Centre, sang us a song, had encouraging words, or even said nothing at all, but hugged us and comforted us.

To all of you, you will always be in our hearts for when we are at our lowest, we can count on you all.

In Peace & Friendship

The Family of Millie Maracle

❖ "Because of Two People In Love"..... ❖

- Millie & Reg -

Married Sept 6 1958

Mom & Dad to 9 Children

Nana & Papa to 29 Grandchildren

Great Nana & Great Papa
to 33 Great Grand Children

KNOWN AS.....THE MARACLE TRIBE

FAMILY

A family is a blessing -

It means so many things

Words could never really tell
the joy a family brings...

A family is mutual love.

The love of a dad and mother -

Showing children how to love
And care for one another...

A family is heartfelt pride,

The feeling deep and strong,

That makes us glad to play a part

And know that we belong...

A family is always home,

A place where we can share

Our joys and sorrows, hopes
and dreams,

For happiness lives there...

A family is a bond of faith

That even time can't sever,

A gift to last throughout our lives -

A family is forever!

TYENDINAGA THRASHERS

Congratulations to the Atom & PeeWee Teams who participated in the 44th Annual Little Native Hockey League (LNHL) March 16th to March 18th in Mississauga, Ontario. We had an amazing experience and both teams came home with trophies.



PeeWee "C" Division Champions—Julian Derrett, Val Jeffries, O Green, Blake Maracle, Jared Barberstock, Kendall Tobobandung, Jason Thomas (goalie) Kaya Maracle, Ross Maracle, Gunner Brant, Zach Maracle, Bradley Bonner, Ethan Brant—Heffernan and Owen Maracle. Assistant Coach, Gary Maracle, Coach Greg Barberstock, Trainer Stephen Green & Manager Cassie Thompson.



Atom "C" Division Finalists—Samuel Rickard (goalie), Wesley Bonner, Christopher Brant, Rhyder Brant, Daniel Chase, Bailey Cook-Martin, Ava Green, Ashlan Jeffries, Justin Lloyd, Colsen Maracle, Ezra Maracle, Marshall Maracle, Owen Maracle, Sewatis Maracle, Reese Nugent and Tyson Spence. Assistant Coach Darryl Rickard, Coach Jack Green, Trainer Con Maracle & Manager Cindy Loft



HUGE Thank you to all of our sponsors, fans, community support and especially to the parents.

We are all so proud of all of you!! Looking forward to next year!!

Amnesty International Book Club selection for

March *A Sunday at the Pool in Kigali*

by Gil Courtemanche


(for those with a print disability we have the victor reader and audio book version)

and for

April Sweetland

by Michael Crummey

(we have the hard cover version).



KANHIOTE LIBRARY
613-967-6264

Monday, Tuesday
and Wednesday Thursday 12 to 7
10:30 to 5:30

Discussion questions at the library. Share your views at www.goodreads.com.

With your library card borrow from Overdrive via www.kanhiote.com



Happy Birthday!



★ Happy Birthday to Nan!
★ (Elaine Hill) - April 10th
★ Love Dale, Brandi, Sadie,
★ William and Elijah. Xoxo

Happy 60th Birthday
Linda – April 5th
Love Rick, Marilyn, Sam, Emmett,
Phill & Hayden

Happy 10th Birthday to an
awesome nephew Wyatt – April 16th
Love Auntie Sam, Emmett,
Phill & Hayden

★ Happy Birthday
★ Donna Brant
★ Love Chip & Allison

Happy Birthday
Mary – April 6th
Love Rick, Marilyn, Sam, Emmett,
Phill & Hayden

Happy Birthday Bill – April 20th
Love Marilyn, Rick, Sam, Emmett,
Phill & Hayden

★ Happy Birthday
★ Papa (Bill) Brant
★ Love Chip, Allison,
★ Kody & Kamryn

Happy Birthday
Kassy – April 14th
Love Aunt Marilyn, Uncle Rick, Sam,
Emmett, Phill & Hayden

Happy Anniversary
Tracey & John – April 29th
Love Marilyn, Rick, Sam, Emmett,
Phill & Hayden

★ Happy Birthday
★ Amy Stinson
★ From Chip & Allison

Happy 10th Birthday to our
awesome grandson Wyatt – April
16th
Lots of Love, Grandma & Papa

Congratulations!

to **Russ and Dawn Loft**
on their marriage Sat.

March 7, 2015

You have your
"Ever After" and such
deserving to a special couple after all you
have been through.

We wish you many years of
happiness and may you always keep that
special bond!

You are each others strength.

Love your Friends and Family!



Tis The Season!

TheYard Sale is Happening



Saturday, May 30th

8 am - 2 pm

36-B Bayshore Road

Lots of great stuff - books,
clothing, furniture, art, etc,
etc, etc.

**Something for
Everyone!**



Moon Ceremony

Women / girls are invited to join us to honour and seek guidance
from Grandmother Moon on April 7 / 2015 at Dusk (Approx.
7:30 pm.

Women / girls are encouraged to bring:

Tobacco for offering (if they would like to use their own)

A bottle of water

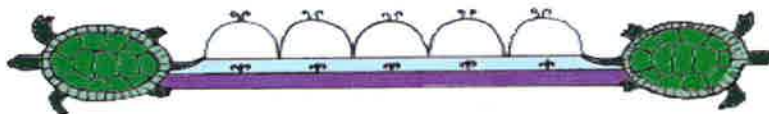
A lawn /camp chair

A small pot Luck Item

And to wear a skirt.

The Ceremony will be held behind the Community Wellbeing Centre
and will be followed by a pot luck feast.

Questions can be directed to Diana or Crystal at (613) 967-0122



**NATIONAL IMMUNIZATION
AWARENESS WEEK
APRIL 25-MAY 2, 2015**

Immunization has saved more lives in Canada than any other health intervention over the last 50 years.

Immunization is safe and is the most effective means of Preventing and Controlling Infectious Diseases.

During National Immunization Week, Canadians are called upon to protect themselves and everyone around them by staying up-to-date with their immunization.

Did You Know that it is your **RESPONSIBILITY** to report your child's updated immunization records to your local Community Wellness Centre for all children attending school between the ages of **4-17 years? The 4-6 year boosters are most often forgotten.** If an up-to-date immunization record is not on the Wellness Centre file your child may not be able to attend school.

Community Circle

Monday April 20th, 2015 from 6:00 pm - 9:00pm

Spring is in the air! The warm weather is finally on it's way and we are getting ready to get gardening. We thought that these little garden buddies would be a cute addition to either your gardens at home or to keep Inside to hold your potted plants! Come on out and get creative!!

Please register to hold your space and ensure there are enough supplies for everyone

To register please call Julie Brant @ 613 967 9762 or by email: julieannb@mbq-tmt.org



All programs held at the
Home Support Activity Centre
 1794 York Rd
 Unless otherwise stated

April 2015

All Home Support programs are for seniors 55+ or 18+ with physical challenges.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast Club—8:00 to 9:30 a.m. Diners Club—12:00 to 1:00 p.m. Handivan Departure—9:00 a.m. Meals on Wheels delivered between: 11:30 a.m. to 12:30 p.m. Scrapbooking—10:00 a.m. to 3:00 p.m. Friendly Visiting Lunch—12:00 to 3:30 p.m.			<i>1</i> Trip to Sugar Bush Euchre	<i>2</i> Meals on Wheels Napanee Shopping	<i>3</i> Office Closed	<i>4</i>
<i>5</i>	<i>6</i> Office Closed	<i>7</i> Meals on Wheels Walking Program	<i>8</i> Diners Club & Bingo HOME SUPPORT @ Community Centre	<i>9</i> Meals on Wheels Pat's Ceramics	<i>10</i> Meals on Wheels Handivan Des Scrapbooking	<i>11</i>
<i>12</i>	<i>13</i> Ceramics Wii Bowling	<i>14</i> Meals on Wheels Walking Program	<i>15</i> Euchre	<i>16</i> Meals on Wheels	<i>17</i> Meals on Wheels Handivan Des	<i>18</i>
<i>19</i>	<i>20</i> Breakfast Club Ceramics Wii Bowling	<i>21</i> Meals on Wheels Walking Program	<i>22</i> Diners Club & Bingo HOME SUPPORT @ Community Centre	<i>23</i> Meals on Wheels Belleville Shopping	<i>24</i> Meals on Wheels Handivan Des Scrapbooking	<i>25</i>
<i>26</i>	<i>27</i> Ceramics Wii Banquet 5:30 p.m.	<i>28</i> Meals on Wheels Walking Program	<i>29</i> Diners Club HOME SUPPORT @ Community Centre	<i>30</i> Meals on Wheels Friendly Visiting	Euchre—6:30 to 8:30 p.m. Wii Bowling—6:30 to 8:30 p.m. Ceramics—1:00 to 3:00 p.m. Walking—10:00 to 11:00 am	

Diabetes Myths & Facts

How much do you know about diabetes? Take our quick quiz to find out!

Choose myth or fact:

1. Eating too much sugar causes diabetes
2. If you don't have to take insulin, your diabetes isn't serious
3. Being overweight/obese is a risk factor for diabetes
4. Regular exercise can help control blood sugar levels
5. If your parents have diabetes you will get it too

Want to learn more about diabetes, how to prevent it and control it?

Call the Jodi at the Diabetes Education Program

613 967-3603

Community Wellbeing Centre

Answers:

1. Myth, 2. Myth, 3. Fact, 4. Fact. 5. Myth

APRIL BEARS & CUBS

Thursday April 23rd, 2015 6:00 - 8:00 PM

As we know spring is here and it's time to get those seeds started indoors. Our gardens await!!! We will be creating two of our very own indoor starter biodegradable gardens with your pick of your families favorite vegetables and another with traditional medicines (tobacco, sage, cedar & sweet grass) . Once your seeds begin to grown it will be a perfect time for you to plant them right in to your garden as the containers are biodegradable for the earth. We have a special gift for Bears and Cubs to take home for their gardens too!!

Supper and refreshments are always provided. If you should have any allergies please inform the staff of this when registering and we will do our best to ensure an alternative.

All Bears & Cubs must register to ensure enough supplies.

To Register please contact : Julie Brant at 613 967 0122 ext.149 or by email : julieannb@mbq-tmt.org

Community Wellbeing Centre
Mohawks of the Bay of Quinte
50 Meadow Drive
Tyendinaga Mohawk Territory



Looking for fun activities for the whole family?

**Community Health Programs are offering
FREE swim, skate & gym passes**

To be used at Quinte Sports & Wellness Centre at your convenience.

- 1. Stop in to Community Wellbeing Centre during regular business hours (8:30-4:30) Mon-Fri and pick up passes.**
- 2. Check out the Quinte Sports & Wellness Centre's schedule, pick a time, gather the family & go!**

NOTE— passes are one pass per person per activity and must be left with Quinte Sports & Wellness staff at the time of use.

Community Wellbeing
Centre
50 Meadow Dr.
Tyendinaga Mohawk
Territory
Health Reception



Need more info, please call 613-967-3603



Promote

Protect

Support Breastfeeding

Nursing mothers and babies, siblings, pregnant women, grandmothers,
interested women and young girls are all welcome

Nursing Mothers Support Group

Tuesdays 10:30-12:00 noon

G-Tech Training Centre

5701 Old HWY 2

Shannonville, On

K0K 3A0

Lactation Consultation available

For more information contact Community Wellbeing Centre 613-967-3603



Prenatal Classes

Spring Session

Starting

Wednesday April 15th, 2015

6:00 pm - 8:00 pm

Community Wellbeing Centre

Teaching Lodge

50 Meadow Drive

Tyendinaga Mohawk Territory

To register for class or for more information

call

613-967-3603

and speak with the Community Health Nurses

Moms - In - Waiting

Canadian Prenatal Nutrition Program (CPNP)

MONTHLY FOOD VOUCHERS are offered to women during their pregnancy. For more information please call Community Wellbeing at 613-967-3603 and speak with the Community Health Nurses who will outline the program

We want you to have a healthy pregnancy and a healthy baby

Mary McCauley R.N.
Community Health Nurse

GOOD FOOD BOX

(Items in each)

Large Food Box

5 lb. Potatoes
2 lb. Carrots
2 lb. Onions
1 Broccoli
1 Celery
1 Romaine Lettuce
1 Cucumber
1 Green Pepper
1 Green Onion
3 Tomatoes
5 Mac Apples
2 lb. Bananas (6)
5 Seedless Oranges
4. Bartlett Pears

Small Food Box

2.5 lb. Potatoes
2 lb. Carrots
2 lb. Onions
1 Broccoli
1 Celery
1 Romaine Lettuce
1 Green Pepper
1 Green Onion
2 Tomatoes
2 Mac Apples
1 lb. Bananas (3)
2 Seedless Oranges
2 Bartlett Pears

Fruit Bag

5 Mac Apples
2 lb. Bananas (6)
5 Seedless Oranges
1 Lemon
5 Bartlett Pears

Good Food Box



Dates: Order By and Paid 4:30pm	Order Arrives
March 10, 2015	March 18, 2015
April 7, 2015	April 15, 2015
May 12, 2015	May 20, 2015
June 09, 2015	June 17, 2015
July 7, 2015	July 15, 2015
August 11, 2015	August 19, 2015
September 8, 2015	September 16, 2015
October 13, 2015	October 21, 2015
November 10, 2015	November 18, 2015
December 8, 2015	December 16, 2015



For more info call
Vanessa, at CWC
613-967-3603

Calendar For
2015

Large Food Box \$15.00
Singles Box \$10.00
Fruit Bag \$5.00

COMMUNITY HEALTH



GOOD BABY FOOD BOX

The Good Baby Box helps families residing in Mohawk Territory to stretch their food dollar, reduce cost, and meet nutritional cost food needs of their infants and toddlers. Please contact Vanessa @613-967-3603

Price List:

Infant:-\$6.00

- 20 pack of diapers
- 1 chosen speciality item

Over 6 Months-\$10.00

- 20 pack of diapers
- 6 small or 4 large jars of baby food
- 1 choice of cereal, cookies or juice

Toddlers:-\$6.50

- 20 pack of diapers
- 1 chosen specialty item

Speciality Items are:

- Wipes
- Shampoo
- Kleenex
- Vaseline
- Lotion
- Soap
- Other items as available

Formulas:

Good Start
Enfamil lower iron
Enfamil with iron
Parent's Choice with iron
Parent's Choice lower iron
Powder: \$16.00 per can
Concrete: \$2.25 per can or 8 cans for \$17.00



**11AM-6PM
MAY 07**

SINGLE VISION R_X SPECIAL
**BUY ONE
PAIR
GET ONE
FREE**

COMMUNITY WELLBEING CENTRE
50 MEADOW DRIVE, DESERONTO
TOLL FREE 1-866-920-6480

TO BOOK AN EYE EXAM YOU MUST CALL MOBILEYEZ

RANDOLPH CELEBRITY SUNGLASSES

**STARTING @
\$199**



RE

RANDOLPH ENGINEERING



We do direct claims for NIHB and Band Employees.
Questions? Contact Mobileyez at 416-619-0064 (toll free 1-866-920-6480) info@mobileyez.com



Tyendinaga Fitness Resource Centre
(613) 962-2822 tyfitnessres@mbq-tmt.org

14 York Road, Unit #1 & 2B
 Shannonville, Ontario

April 2015 Discover the Balance We have Gift Certificates

Top 10 Anti-Aging Superfoods

Discovering the
 Balance
 By Working the
 Mind, Body,
 Heart and Spirit
Hours of Operation
 Monday - Thursday
 6:30am-8:00pm
 Friday
 6:30am-6:00pm
 Saturday
 8:00am-2:00pm

Fees
 Senior (55+) \$20.00
 Student \$25.00
 Adults \$30.00

**We Are Open to
 The Public**
TFRC Staff
 Darlene Loft /
 TFRC Manager
 Jayna Leland / P.T
 Carole Lasher / P.T
 Shanleigh Maracle
 Taylor-Rain
 Tabobandung
 Ben Brant
 Trey Bardy
 Luke Jeffries


1. Blueberries - are one of the healthiest fruits you can eat. Research has shown them to help memory & even slowing the onset of Alzheimer's!
2. Sweet Potatoes, Carrots & Pumpkin - these foods contain Beta-carotene which contribute to healthy skin & eyes, and help reduce the risk of diseases including cancer, heart disease & osteoporosis!
3. Tomatoes - are actually an anti-aging powerhouse! Lycopene, the anti-oxidant in tomatoes works to keep our hearts healthy & helps ward off diseases such as cancer. It protects against sun damage & prevents wrinkles.
4. Avocado - contain high levels of Vitamin E, giving you glowing skin & healthy hair. They also have alkalizing components which help balance your body creating an internal balance making you look younger.
5. Dark Leafy Greens - such as spinach & kale contain nutrients which help prevent eyesight deterioration as you age! (I know I promised you "10" so please tune in to the May newsletter to get the scoop on the next "5" !!)

New Staff - Please join us in welcoming Carole Lasher to our TFRC team. Carole is originally from Belleville but spent most of her adult life working and raising her son, Adam in the GTA. She has worked in Municipal Recreation, Fitness and was the Executive Director of the Ontario Senior Games Association
 Carole's credentials include: Recreation Leadership Diploma (Centennial College), Personal Training Diploma (National Personal Training Inst.), (National Association of Sports Medicine), Certified Yoga Instructor 200 (The Yoga Mat, Toronto)
 Carole is currently working on her Pilates Certification.

Co-op Student - Hello, my name is Tyler Crawford. I am a student from Ohahase, I'm currently doing co-op at TFRC. I moved to Tyendinaga 2 months ago. I want to live a healthy lifestyle and become successful in the field of fitness. I'm looking forward to meeting new clients and working with new people. **Tyler also is a casual call in.**



Welcome to the Fitness Studio

Time	Sun-day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30							
7:00							
8:00						Open for video fitness	
9:00							
10:00			Seniors Functional Fitness 10:00-11:00		Seniors Functional Fitness 10:00-11:00		Yoga 10:30 – 11:30
11:00							
12:00		Better Butts 12:15 - 12:45	Total Body Circuit 12:15 – 12:45	Awesome Abs 12:15 – 12:45	Exercise Without Weights 12:15 – 12:45		
1:00		Awesome Abs 12:50 – 1:20		Better Butts 12:50 – 1:20			
2:00					Open for video fitness		
3:00		Open for video fitness	Rental Available				
4:00						Ontario Trillium Foundation	Fondation Trillium de l'Ontario
5:00							
6:00							

Special Memberships Funded by Ontario Trillium Foundations

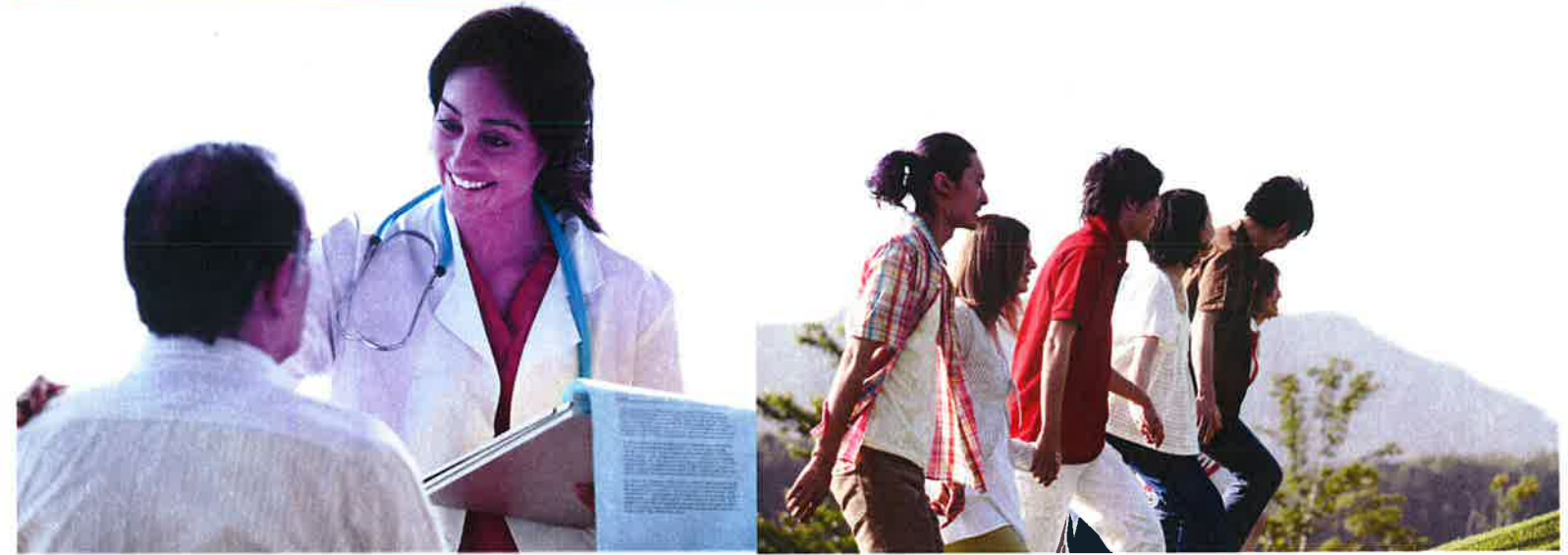
50 FREE 1 Month Health Enhancement memberships available. Each year that TFRC has our Fitness Studio Coordinator (2015 -2017) TFRC will be able to help 50 people get started with working out. These memberships are too help with life's challenging issues and have certain restrictions. Please come in and speak to our Fitness Studio Coordinator Jayna Leland to see if you meet the specific criteria.

**Notice – We are in the process of having after supper exercise programs
Tell us what you would be interested in, email us today.**

Thank You : To all TFRC members who stopped in for Sonya's baby shower, wonderful gifts for the new baby girl.



FIGHT BACK AGAINST CANCER



Live well. Be aware. Get involved.

Healthy living is key to fighting cancer. About half of all cancers can be prevented through healthy living and policies that protect the health of Canadians.

Join us to learn more about:

- How to reduce your cancer risk by making healthy choices every day
- How to detect cancer early by knowing your body and getting screened
- How to fight for change in your community to help reduce cancer risks

Tyendinaga Fitness Resource Centre

Held on Monday, April 20th

6:00 pm to 7:00 pm

In the Fitness Studio

613-962-2822

For more information, please contact
Karen White Canadian Cancer Society Volunteer
613 965 0423 whitesway506@sympatico.ca



Reduced
Fee's for
Band
Members

Bringing Health Services to You in Your Community

Family Chiropractic - Dr. Jason Young & Dr. Rebecca Huddleston

Who we see: Expecting moms, newborns and kids, dads and grandma and grandpa

Registered Massage Therapist / Doula - Morgan Young

Types of massage: Swedish, Deep Tissue, Sports, Relaxtion, Pregnancy and Infant,

Naturopathic Medicine - Dr. Alanna Kuhn

What we do: Natural medicine, Homeopathic medicine, Asian Medicine, Botanical Medicine, Acupuncture, Clinical Nutrition and Detox, Lifestyle Counseling

Certified Hypnosis / HypnoBirthing / Reiki Master - Michelle Breede

Allow yourself the time and the ability to focus on your goals, health and well-being. Hypnosis allows any individual to gain relaxation and intense focus on the their goals in a gentle and safe manner. Also, reiki allows for great relaxation and gentle energetic shifts in an individuals' mental, emotional, spiritual and physical levels of being. Finally, HypnoBirthing; The Mongan Method allows expectant Mom's and their partners to experience the beauty of birth in a calm, gentle and safe way through the unique 5-week prenatal course.

Book your appointment now.

Call, Text, Email or Book Online

613-876-5855

e: maraclechiropractic@gmail.com

www.maraclechiropractic.ca



Deseronto Royal Canadian Legion Branch 280

Are you aware of what a great local organization does for your community? The Royal Canadian Legion has a group of dedicated members who work hard to raise funds to give back to the community.

The total amount donated for 2014 was \$14,850.00!

FUNDS FROM BINGO SUPPORT:

Deseronto United Church	- \$1,200
Deseronto Fire Department	- \$1,200
Deseronto Public Library	- \$1,200
Napanee Sea Cadets	- \$1,200
Christmas Sharing Program	- \$250
Donation to local schools	- \$250

The BINGO committee would like to thank the Fire Department, Deseronto United Church, public Library and the Sea Cadets for coming out to help at the BINGO's.

FUNDS FROM NAVEDA SUPPORT:

Public Skating	- \$1,600
Christmas Sharing Program	- \$250
Deseronto Food Bank	- \$500
Deseronto Pentecostal Church	- \$300
Deseronto Public Library	- \$200
Town of Deseronto Golf Tournament	- \$200

FUNDS FROM ANNUAL POPPY CAMPAIGN SUPPORT:

Kingaton General Hospital	- \$1,500
Belleville General Hospital	- \$1,500
L & A County General Hospital	- \$1,500
Napanee Sea Cadets	- \$2,000

Also supports 5 local schools for the Poppy Poster contest and poems for Remembrance Day.

The Legion welcomes new members! If you want to join or learn more about this great organization come out to one of our many functions and see if this is for You.

ED MARACLE

Welcomes you to

THE CANADIAN FIREARMS SAFETY COURSE (CFSC)

And

THE HUNTER EDUCATION COURSE (OHEC)

DATES: CFSC May 22/23 and OHEC May 29/30

The courses will be held at 14 York Rd. Shannonville (next to the Tyendinaga Fitness Centre)

Cost is \$140/course or \$280 for both the CFSC and OHEC. The cost includes the manual(s), tests, instruction, and all the paperwork needed to obtain the PAL and Outdoors Card.

Each candidate must bring one (1) piece of Government issued Pictured Identification for the CFSC and two (2) pieces of I.D. for the OHEC (I.D. can be Health Card, Drivers Licence, Status Card, Birth Certificate, S.I.N. Card, Passport, etc)

The course schedule is Friday evening, 6-9pm AND Saturday 8:30am – 5:30pm. Facilities include washrooms, refrigerator, coffee maker, microwave, toaster etc.

We take a 30 minute lunch break on Saturday.

Please take some time to read the study manuals before the course begins. Please bring the balance owing for the course(s) upon arrival.

**If you have any questions please contact Ed Maracle at (613) 396-3077
or emaracle@xplornet.ca**

THANK YOU



Attention

Hunters & Shooters!

ONE STOP COURSE (PAL AND HUNTING COURSE COMBINED) 2 Separate weekends

Fri/Sat April 17/18 AND Fri/Sat April 24/25 (Fri 6 - 9 pm and Sat 8:30 am - 5:30 pm)

Cost is \$280 for ONE STOP which includes manual, tests, instruction and all the paperwork needed to obtain licences. OR Cost is \$140 for individual course.

The course will be run in Shannonville

Contact Ed Maracle for more info or to reserve a spot.

emaracle@xplornet.ca or (613) 396-3077

The Quinte Singers

Present:

"Decades of Song"

Featuring Juke Box Favourites from the 50's and 60's

Saturday, April 25, 2015

2:00 pm

Deseronto United Church Corner of Fourth and Thomas Sts.

Wheel chair access off of Thomas St.

Admission \$10.00/person (children 12 and under free)

50/50 draw

Light Refreshments following performance

Proceeds to the Deseronto Public School Breakfast Program and Quinte Mohawk School Music Program



COMMUNITY VOLUNTEER INCOME TAX PROGRAM

**INCOME TAX RETURNS ARE DUE
APRIL 30/2015**

***Let us help you to complete and file your income tax returns
FOR FREE!!***

The Canada Revenue Agency has administered the “Community Volunteer Income Tax Program” for over forty years. WHAT IS IT? CVITP is a community-based program designed to help low-income individuals with simple tax situations complete their income tax and benefit returns, free of charge. Our volunteers completed 188 returns last years.

The “*Community Volunteer Income Tax Program*” will be offering tax preparation clinics on the following dates at First Nation Technical Institute located at 3 Old York Road, Tyendingaga Mohawk Territory:

Thursday April 9/15	5:30 – 7:30
Saturday April 18/15	9:30 – 3:00
Thursday April 23 /15	5:30 – 7:30

If you are a low-income earner and would like free assistance with the preparation of your individual income tax return, please plan to attend one of our above-mentioned clinics. Should you have any questions or would like to book an appointment, please call:

Wendy Anderson @ 613-391-2658



Tyendinaga Food Resource Centre Charity Golf Fundraiser June 5th, 2015

"4 Person Scramble"

Shotgun Start 11:00am

PRIZES

\$15,000 Trailer
Hole-in-one prize
Carl Cox RV Sales and Service

GAMES



Briar Fox Golf Club

FUN

Please bring a non-perishable food item

\$80 per player - includes Par 3 Prizes

Limited to first 144 players (register team asap)

Contact: Cliff Brant - 396-3104

George Hill - 966-2950 (leave message)

Aboriginal



Artfest

2015

Call for Expression of Interest

ART EXHIBITION & SALE featuring creative First Nation artists of the Tyendinaga Mohawk community of Aboriginal heritage, 18 years of age and older.

DEADLINE FOR REPLY: Monday, June 1st at 12:00 noon.

This will confirm your intention to participate in the event. Entry forms will not be accepted after this date.

SUBMISSIONS: Any two-dimensional media including; oils, acrylics, watercolours, designers' gouache, tempera, pastels, inks, pencils, sculpted or cut paper, fibre art, photography, etc.

DATE: The Exhibition and Sale will be held October 2 - 4, 2015. All exhibits must be delivered to the Mohawk Community Centre between 8:00 am & 10:00 am on Friday, October 2nd. Artwork **MUST** be picked up at 4:00 pm on Sunday, October 4th.

SUBMISSION FEE: \$35.00 for 3 entries, \$5 for each additional entry.

All entries must be the original work of the entrant and must not infringe on the rights of any other party. Damage to any artwork is not the responsibility of the organizers. We care about your artwork, but cannot accept liability.

Entry forms may be submitted to:

Debra Vincent

By Email: vindebra@gmail.com

By Mail: 36B Bayshore Rd, Tyendinaga Mohawk Territory, ON K0K 1X0

The Aboriginal ArtFest of 2014 was a huge success, receiving many positive remarks from the approximately 200 people that attended.

Please consider participating in this awesome opportunity!

GUIDELINES & POLICIES

APPLICATION & FEES

All applications must be received by June 1, 2015. Applications need to include a non-refundable deposit of \$25, with remaining fees to be paid upon delivery of artwork on October 2, 2015.

ELGIBILITY

All Tyendinaga Mohawk Territory artists of Aboriginal heritage, 18 years and older, are invited to participate.

ARTISTS ON SITE

We require all artists to be on-site

- during the Friday evening reception, AND
- Saturday - 10 am to 1 pm OR 1 pm to 4 pm AND
- Sunday - 10 am to 1 pm OR 1 pm to 4 pm

STANDARDS

1. All work displayed must be the artist's original design and handcrafted by the exhibitor.
2. All submissions must be framed or mounted and ready to hang.
3. Artwork needs to have a wire as its primary mode of hanging, on the back (**no saw tooth or other hardware that take special nails and extra hammers**). Ensure that the wire is in the upper quarter section of the frame for the best vertical hanging position.
4. Each submission must have the following information securely taped to the back of each piece:

Name:

Title of work: (Untitled is fine.)

Medium used:

Selling price:

COMMUNITY GIVING

All exhibitor fees will be donated to a Tyendinaga charity.

ENTRY FORM
(submit in person, email or snail mail)

1. EXHIBITOR

Please Print

FIRST NAME: _____ LAST NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

2. WORK DESCRIPTION

Estimated number of pieces _____

Estimated size of pieces _____

3. CATEGORY (please circle)

Oils Acrylic Watercolour Designers' gouache Tempera
Pastels Inks Pencil Sculpted or Cut Paper Fibre Art
Photography

Other (*must be 2 Dimensional*) please state medium: _____

Exhibitor Signature: _____ Date: _____

Deposit Included

I agree to have my name and email added to the list of artists that will be distributed at the exhibit.



THE ANGLICAN PARISH OF TYENDINAGA

*To be a Spirit-filled and life-giving place where
strangers become friends and friends become disciples.*

Parish Priest
The Venerable Brad Smith
962-2787

Our worship uses a mixture of traditional and contemporary language and music, including Mohawk. All people are welcome to worship and participate in fellowship and parish life. We don't think we have all the answers—if you have questions, please join us on a journey of discovering the sacred One.

SUNDAY CELEBRATIONS

All Saints' Church (Upper Church)
1295 Ridge Rd
9:30 a.m.

AN EASTER REFLECTION

In April this year, Christians celebrate the resurrection of Jesus. The story goes like this: Jesus travelled around telling people about the good news of the kingdom of God and healing them of their illnesses. His message was that God loves the world and wants to restore it to its original wholeness and health. God wants to eliminate injustice and evil. Unfortunately, the powers of the day, who benefitted from unjust and oppressive systems, did not want people to hear Jesus' message and, as we remember on Good Friday, Jesus was put to death. It is our belief that God raised Jesus from the dead, showing God's ultimate power over death and evil.

The Church has not always been good at reflecting the love, mercy, justice, and peace that are at the heart of the kingdom of God. This is a reflection of the fact that the Church, like any institution, is made up of human beings, and we all make mistakes.

Yet, we believe that God forgives our mistakes and, in spite of them, wishes to use us to work for peace and justice in the world. In this Easter season, as we celebrate the resurrection of Jesus and the promise of new life, we rejoice that God is a God of second chances, never giving up on us, never abandoning us, and we renew our commitment to better reflect the love that God has for us and for the whole Creation.

FOR THE MOST UP-TO-DATE INFORMATION,
VISIT WWW.PARISHOFTYENDINAGA.ORG
OR WWW.FACEBOOK.COM/TYENDINAGAANGLICAN

“AA OPEN MEETINGS”

8:00 p.m. every Monday
Queen Ann Parish Centre

For more information call:
Dale & Lorna Vos
613-968-8586 or 613-921-8015

WE ARE TOPS, ON#5258 T.M.T.

Losers Unite, Join Us!

WINTER HOURS

Thursdays

5 - 5:30 = Weigh in

5:30 - 6:30 = Meeting

Elders Lodge
(Bayshore Rd)

TOPS is a weigh loss meeting and support group established in 1948 as a nonprofit organization. Our goal is to help each other lose weight for better health and appearance. If you are struggling with a weight issue join us and together we can achieve our goals.

**You may be the one person I need to help
me lose these pounds.**

The first meeting is FREE. Its time to be a loser,
come see for yourself.

Contact: Joy Brant - 613-885-0506
Tree Good altree94@gmail.com

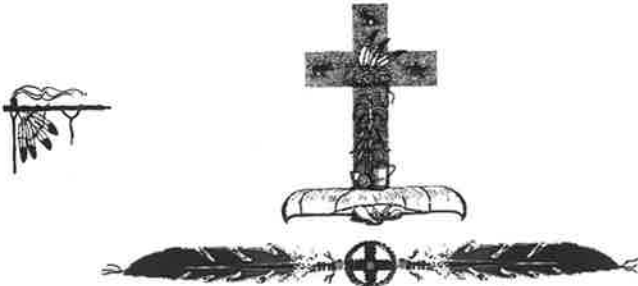
She:kan! Skennen:kowa! Greetings! Great Peace be with you!

KERISTOS NE KORAH:KOWA

THE MOHAWK PARISH OF CHRIST THE KING

Under the Patronage of Saint Kateri Tekakwitha

*A Catholic Community of the Ordinariate of the Chair of St. Peter
Tyendinaga, M. T.*



**Morning Prayer and
Holy Communion from the Reserved Sacrament**

10:00 AM → Most Sundays ↓

Divine Worship (Mass):

**11:00 AM → Month
(Please Call to Verify Time of Service) 4**

Services are held at: The Elders' Lodge Common Room

For additional parish information, please call:

Mr. Charles E. Maracle, Rector's Warden, at 613-396-3089
OR

Ms. Lorna J. Moses, People's Warden, at 613-396-2538
OR

Minister: Gérard Trinqué at ☎ 1-613-885-2499

✉ ChristTheKingParish@startmail.com



The Cross represents our *Christ-Centred Faith* adorned with the colours of the "*Four Sacred Directions*" which indicate the redeeming power and truth of the Gospel of Jesus Christ for all places, times, and nations. The four eagle feathers represent the four Gospels of Saints Matthew, Mark, Luke, and John. They remind us of the *good news* of salvation in Christ given for the whole world. The wolf, turtle, and bear explicitly represent our Mohawk clans, blessed by the light of the Gospel and called to faith in Jesus Christ. The eagle, which flies the closest to Heaven, symbolises the grace and power of God in receiving and answering our prayers.

***"For the word of the cross, to them indeed that perish, is foolishness; but to them that are saved, that is, to us, it is the power of God."* (1 Corinthians 1:18)**



MOHAWK PENTECOSTAL CHURCH

WHEN WE MEET

Sunday	10:30 am Worship Service 11:30 am Sunday School 6:30 am Worship Service
Wednesday	7:00 pm Bible Study
Saturday	7:00 pm Prayer service

1984 York Road
Tyendinaga Mohawk Territory
Ontario Canada
K0K1X0

Church - 613.396.5329
Parsonage 613.396.5325

COMING EVENTS

Apr 3, 2015	Good Friday held at MPC hosting Deseronto Pentecostal Church
Apr 3, 2015	Walk of the Cross held at the Temple of Prayer and Praise, Napanee. 5:30pm
Apr 5, 2015	Easter Sunday Service am only
Apr 10, 2015	Revival Service, Roblin Wesleyan Church 7pm
Apr 26, 2015	Church Luncheon after morning service
May 10, 2015	Mothers Day Service

Be thankful for the bad things in life for they opened up your eyes to the good things you weren't paying attention to before!

Kermit the Frog

CLASSIFIED

HOUSE FOR SALE

- 24 North St.
Deseronto

For more information
Please call:
613-354-3826

HOUSE FOR SALE

41 Upper Slash Road
\$185,000
New Roof July 2014
1 Acre Lot with Plenty
of Road Frontage
1640 Sq. Ft – Main Level
Propane Furnace and
Hot Water Heater
Hardwood and Ceramic
Floors Throughout
Large Eat-in Kitchen
Dining Room opens to
Multi-level Deck
Living Room with Large
Picture Window
Main Floor Laundry
3 Bedrooms Upstairs with Potential
for More Downstairs
Large Master Bedroom with
Private Deck and Soaker Tub
1 Full Bath and 2 – ½ Baths
(1 main floor and 1 on lower level)
Large Rec Room on Lower Level with
Walk-out and Corner Propane Fireplace
Craft/Extra Room on Lower Level
Outdoor Hot Tub and 27' Round Pool
Attached 2 Car Garage
Shed
Call to view (613)967-8230

HOUSE FOR SALE

Beach Road
1800 Sq. Ft. Side Split Home
3 Bedroom, 2 Bath
New Doors / New Windows /
New Flooring
Single Car Garage – poured
concrete floor
New Propane Furnace W / A/C
Partially Finished Basement
Accessible crawl space with
lots of storage
Large Decks Front and Back
Drilled Well 12.5 Gallons /
Minute with Culligan System
Lot 120 Ft W x 200 Ft Deep
Includes all major stainless
steel appliances
Asking \$125,000

Serious Inquiries Only
Inquire @ (613) 848-6878

COTTAGE FOR SALE

Charming 2 Bedroom, 3
Season cottage on the
beautiful Bay of Quinte
- tastefully decorated
boasting new Bathroom
and Kitchen
- appliances as some
furnishings included
(some finishing touches
required)
- water softener, u.v.
light, holding tank and
well,
- private dock, back and
front decks
- on leased land at
\$1000.00/year
- on a gorgeous mature
treed lot, with great
neighbours
- asking \$76,000.00
O.B.O.

Please call:
613-848-9929

LOT WANTED

- Looking for land with or
without a house
- 1-5 acres-non-farmland

Please call: 613-985-5308

CHILD CARE AVAILABLE

- Smoke Free home
- meals provided
- accommodating hours
- \$23.00 pd/per child

Call Amanda
- 613-243-7945

**Classified Ads
Are
"Free"
Please call
613-396-3424**

BABYSITTING AVAILABLE

- certified in First Aid, CPR
& AED, Social Worker
Diploma, Outside playtime
healthy snacks, lunch
Story time, songs, games &
crafts. Monday-Friday
reasonable rates.
- \$25.00 per child
In my home.

Call Fran - 613-396-2393

FOR SALE

3 BEDROOM HOME

- with 1 large bachelor apartment in lower part of home (which, can be converted back into a 4 bedroom house).
- house is located on Old Hwy #2, situated on approximately 1 acre of property and is serviced by the town of Deseronto municipal water
- New roof in 2008, natural gas heating, central air, - location on school bus route, Deseronto transit, is approximately 30 minutes to Belleville and 15 minutes to Napanee
- Large yard, perfect for children and pets. Deck has been re-painted with patio furniture, canopy included.
- a 12 x 12 fenced in garden area is an option for those who want to grow their own vegetables.
- Large heated attached garage.
- House includes, stainless steel fridge, stove, stackable front loading washer and dryer and all newly installed lighting

Serious inquiries only please.
Contact number:
613-813-9005

WATERFRONT LOTS FOR SALE

- Located on Snookies Rd
- with road frontage on Toms Rd.
 - lots 3C-6, lot 3C-7 and lot 3C-8 Con 2
 - 140 ft. of waterfront with total acreage of 7.23 acres

For further information please call: Scott Maracle
613-396-1327

HOUSE FOR SALE

4 BEDROOM

- 2 baths (3 piece each)
- approx. 1700 sq. ft. Bungalow
- 4 1/2 acres
- cathedral ceilings, open concept living, dining, and kitchen areas
- new basement apartment (temporarily rented) 1 bedroom, open kitchen and dining area, large living room with wood stove, mud room, laundry room & small office
- professionally landscaped front lot with circular paved driveway
- one 2 car garage and a 24 X 30 workshop off a paved driveway
- 2 decks out back with a gazebo and chicken coup pen
- asking ~~\$275,000.00~~
- asking \$250,000.00

By appointment only call:
Larry Norman 613-922-3066

HOUSE FOR SALE

4 BEDROOM

- 2 full baths, split level house on Beach Rd.
- 2 car garage, propane furnace /hot water tank / cook stove
- 2 yr old pellet stove secondary heat source in the basement
- partially completed basement which could host another bedroom
- large master bedroom, living room and full bath (Jacuzzi tub) above the garage
- main part of the house has a large dining room, kitchen and 3 bedrooms and a full bath
- all laminate flooring throughout
- large yard with a 27 ft. above ground pool
- \$160,000.00 negotiable

If interested serious "inquiries only" please call and leave a message with your name and number Call 1-780-224-7336 OR 1780-972-3641 and leave a message

HOUSE FOR SALE

4 BEDROOM AT 804 YORK RD

- with 1.16 acres or 26.22 acres
- 2400 sq. ft. with 3 bedrooms up & 1 down
- bathroom off the master bedroom has tub and shower plus extra stand up rain shower
- 2nd full bathroom has 2 sinks in vanity & corner Jacuzzi tub
- large dining room
- wood fireplace in living room
- airtight woodstove in freshly done recreation room with bar
- mature lot with paved driveway

House & 1.16 acres
\$299,000.00 or Best Offer
House & 26.22 acres
\$349,000.00 or Best Offer
Land only 25 acres with 453 ft. frontage
\$50,000.00 or Best Offer

Contact Neal -1-613-967-0778

LOT FOR SALE

8 plus acres of prime area on the York Rd
\$40,000.00 or Best Offer

Call John Maracle
1-716-826-4208

FOR RENT

ROOM IN MY HOUSE
- Looking for a clean, neat border to share my house
- complete access to the house
- located at 458 York Rd.
-\$500.00 complete

For more information call:
613-967-2345

FOR SALE

WINDOWS VARIOUS SIZES
Low-e Argon Gas
Call 780-224-7336

150.00 1- 36" right hand door
400.00. 1- 93.5 x 72 1/4-1/2-1/4
casements
175.00 1- 39x60.5 Lt case
175.00. 1- 58.5 x 36 Lt case
175.00 ea. 2- 48.5 x 36 Lt case
175.00. 1- 48 x 31 Rt case
175.00 ea. 2- 48 x 36 Lt & Rt case
175.00 1- 47 x 35 DBL slider
175.00 1- 46.5 x 36 Lt case
175.00 1- 48 x 34.5 Lt case
175.00 1- 24 x 48 Lt case
150.00 1- 34.5 x 30.5 Vert Single
slide tilt sash



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Active



**146 HIGHWAY 49
TYENDINAGA
TERRITORY**

- MLS® #: 15602472
- List.Date: 22-MAR-2015
- Price: \$189,900
- Foundation:
- Type: Office
- Sale Type:
- Occupancy: Vacant
- Old Area:
- Water Frontage: 0
- Access: Municipal Road
- Waterfront Features:
- District/.: 65 - Deseronto/Quinte -
- Flooring: Concrete
- Approx SqFt: 1800
- Lot Size:
- Property For: Sale
- Parking:
- Building Age: 11-25
- Taxes: 0
- Assessment:
- Tax Year: 2014
- Listed By:
RE/MAX FINEST REALTY INC.,BROKERAGE - K178 - KELLY
MCMURTER 613-929-7355

Commercial - Great opportunity for the business entrepreneur with this 36`x50` steel building. This building has manufacturing, retail and 4 office spaces. The manufacturing area is 28`x25` has a 8`x10` garage door and a man door; this property has back access to the manufacturing area. The retail area is 25`x20` and is a bright area with windows that let in natural light and has peg board on 3 of the 10` walls, the counter top area and 10` walls give plenty of display area for retail items. With 4 office spaces this building could also work for any type of professional business opportunities with lots of area for customer service. Property has 200 ft road frontage and is almost 3 Acres! This property is located on The Mohawks of the Bay of Quinte Territory, the Buyer(s) must be a Status Member of the Mohawks of the Bay of Quinte.

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rez_boyz-07@hotmail.com

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tbowden98@hotmail.com

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Bob Vrooman
CFP, CLU, CH.F.C.

Dianne Dowling
CHS

Tim Reynolds
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K7R 1R1

PHONE: 613-354-2726

FAX: 613-354-3585

EMAIL: service@lafc.ca



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May 2

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~ 613-966-7985 ~ www.thelazyg.ca ~ thelazyg2@gmail.com

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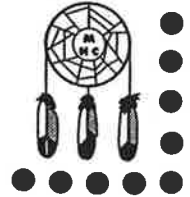
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Jim McMurter
Owner / Manager

E-mail: jmcmurter@mcmurterhome.com
BUS: (613) 396-1607 ~ FAX: (613) 396-6897



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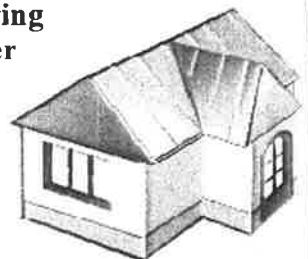
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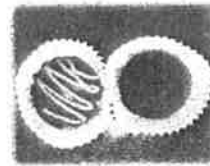


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