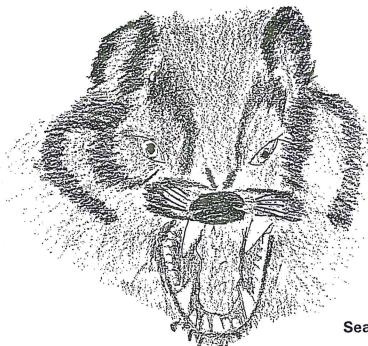


TYENDINAGA NEWSLETTER



Sean Walker Gr. 5

Onerahtokha (April) ISSUE 5/94

Our front Cover was made by Sean Walker Gr. 5 Quinte Mohawk School

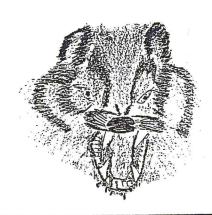
Thanks Sean!

Family Swim, Canadian Archery

Standings, & New Address for

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N.W.A.





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MOHAWKS OF THE BAY OF QUINTE TYENDINAGA MOHAWK TERRITORY

R.R. #1 DESERONTO, ONTARIO K0K 1X0 (613) 396-3424 Fax: 1-613-396-3627

* NOTICE *

DUE TO THE RETROFIT WORK COMPLETED IN THE HURON BRANT DRIVE SUBDIVISION, A NUMBER OF ELECTRIC HOT WATER TANKS AND FORCED AIR FURNACES HAVE BECOME AVAILABLE FOR SALE. THE FURNACES ARE 15 KILOWATT AND ARE MANUFACTURED BY:

- CHROMOLUX
- WESTCAN
- NORTON

PRICE:

\$200.00

THE 40 GALLON HOT WATER TANKS ARE MANUFACTURED BY:

- STATE
- RHEEM
- JOHN WOODS

PRICE:

\$100.00

PLEASE CONTACT TODD KRING OR CHRIS MARACLE AT THE MOHAWK ADMINISTRATION OFFICE (396-3424) FOR FURTHER INFORMATION.

* PLEASE NOTE *

LANDS AND ESTATES ADMINISTRATOR Ken Brant will be on holidays until April 14, 1994

NOTICE TO COMMUNITY MEMBERS

FINAL RESULTS OF THE WALLEYE (PICKEREL) PHONE - IN POLL

The Tyendinaga Administration Office and the Tyendinaga Aquaculture Program would like to thank all the people who called the office expressing their opinion on the Walleye Study in the Salmon River. By documenting comments from individuals through the phone - in poll we will be able to address the concerns of people interested in maintaining this resource.

Final results of the phone - in poll are as follows:

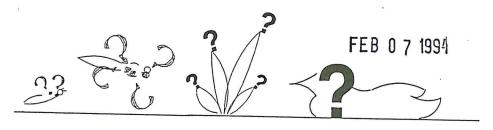
TOTAL CALLS REGISTERED	35
TOTAL CALLS IN FAVOR	23
TOTAL CALLS OPPOSED	12

Thank you for your expressed interest and cooperation. If anyone would like to discuss the Walleye (Pickerel) Study further please call the Aquaculture Resource Centre at 967-0748 or the Tyendinaga Administration Office at 396-3424.

Niawen.

PICKEREL FISHING PERMITS

are available at the Administration office



NATURALISTS' WORKSHOP, May 21-28, 1994

The Biology Department of Queen's University is offering its sixteenth annual residential workshop in May.

The primary purpose of the workshop is to increase the participants' skills in field identification and their knowledge of the ecology of plants and animals found in south-eastern Ontario. The workshop also provides a glimpse of some other branches of natural science, such as geology. An intensive series of field trips is preceded by seminars and displays on the taxonomy and ecology of the organisms, with emphasis on the use of field guides, recordings and other aids to field identification. Each field trip is led by several instructors. The workshop is limited to eighteen participants.

The instructors are familiar with the variety of habitats close to the Biology Station in the Rideau Lakes area: some are engaged in research at the station. The workshops are designed for amateurs and professionals and for both novices and experts. In past years, groups have included high school students and senior citizens, interpreters and naturalists with parks and conservation authorities, and teachers and professional biologists. We welcome a broad mixture of interests. An opportunity for participants to follow their particular interests in a stimulating atmosphere is provided.

LOCATION. The workshop will be held at the Queen's University Biological Station on Lake Opinicon, one of the Rideau Lakes, north of Kingston. The university's land includes about 1200 hectares of forest, wetland and open fields.

ACCOMMODATION Accommodation is in small dormitories or cabins; the Station has laboratories, a library, a dining hall, and a variety of boats. Accommodation is comfortable for a field station, but is not 'plushy'. During the summer, about forty-five research workers are in residence and large numbers of students attend courses run by the Ontario Universities Program in Field Biology.

<u>CREDIT</u> The workshop is not a credit course and will not include tests or reports. A certificate will be issued by the University to participants upon request.

ENROLLMENT Maximum 18. In order to achieve a balance of participants of different backgrounds, 1 of these slots will be allotted to a scholarship recipient and the remaining 17 will be divided equally between professional naturalists (park interpreters, conservation area personnel, etc.) and amateur naturalists. All registration forms received before 11 March 1994 will be examined on that date, assigned to one of these 3 categories, and accepted if there is sufficient space. If there are more applicants than slots for that category, a random draw will determine if an applicant is accepted immediately, or placed on a waiting list. Each applicant will be informed by mail of the status of her/his application as soon as possible after 11 March. A final review of applications and allocation to any remaining slots will be carried out on 15 April 1993, followed immediately by notification of any applicants whose status is changed by this.

<u>REGISTRATION</u> - REGISTRATION FORMS ARE AVAILABLE AT THE ADMINISTRATION OFFICE.

COST AND PAYMENT \$450.00 + \$31.50 GST = \$481.50. This includes accommodation, food, local transport and tuition (includes a manual). Cost to students (university or high school) who are paying their own way is \$330.00 + \$23.10. GST = \$353.10. Participants should include full payment with registration.

SCHOLARSHIP
The Biological Station offers the McCorquodale scholarship to provide full fees for a selected workshop participant. Preference will be given to a student or a senior citizen. For details, contact Frank Phelan or Floyd Connor at QUBS.

TRANSPORT Free transport from and to Kingston or Elgin is provided on request. Please fill out the relevant part of the registration form as precisely as possible. If you request transport, you will be contacted to finalize arrangements as the starting date nears. If this fails, call Frank Phelan or Floyd Connor at QUBS.

If you are accepted into the programme for 1994, you will receive a road map to the Biological Station along with our letter accepting you. There is parking for cars or trucks at the station. Some boats at the Station are available for

use, but you might like to bring a canoe.

EQUIPMENT Please bring: sleeping bag or bedding, pillow, towels and personal toilet articles, flashlight, field glasses, hand lens, clipboard and/or field notebook, your favourite field guides, rubber boots, waterproof clothing, and insect repellent. Very old clothes and soakable sneakers will be useful for exploring wetlands. You may like to bring camera gear or snorkelling equipment and/or orienteering compass.

ADDRESSES

Queen's University Biological Station,

Post Office Box 31, Rural Route #1, Elgin, Ontario, KOG 1E0.

Telephone: (613) 359-5629 FAX: (613) 359-6558

Director: Dr. Raleigh J. Robertson (613) 545-6140

Manager/Senior Instructor: Mr. Frank Phelan (613) 359-6214

Assistant Manager: Mr. Floyd Connor (613) 359-6423

(If you desire phone contact, please try the manager or assistant manager first)

PERSONNEL FOR 1993

- Floyd Connor Queen's University Biological Station birds, herps, insects, stargazing
- Dr. Francis Cook former Curator of Herpetology, Canadian Museum of Nature, Ottawa - amphibians and reptiles
- Mr. Don Cuddy Ecologist, Science and Technology Transfer Unit, MNR - biology and politics of conservation
- Jennifer Harker M.M. Dillon Consultants, Toronto fish, aquatic invertebrates, environmental impact studies
- Mr. Jim Ives Superintendent, Murphy's Point Provincial Park - natural and cultural history of Murphy's
- Dr. Allen Keast* Queen's University, Department of Biology fish, bird communities, biogeography
- Cathy Keddy Biological Consultant forest history and old-growth forests in Ontario
- Dr. Sandra McBride Queen's University, Department of Geological Sciences - geology
- Dr. Grey Merriam Department of Biology, Carleton University - mammals, wildlife corridors and forest fragmentation

- Frank Phelan Queen's University Biological Station birds, herps, mammals, fish
- Dr. Jim Pringle Royal Botanical Gardens, Hamilton plants, birds
- Dr. Raleigh Robertson Queen's University, Department of Biology - avian ecology and behaviour
- Dr. Bruce Smith Ithaca College, New York Department of Biology - insects (especially dragonflies), 'arachnids (especially aquatic mites), parasitology
- Merebeth Switzer Head of Visitor Services, Murphy's Point natural and cultural history of Murphy's Point
- Shawn Thompson* MNR Kemptville Regional Ecologist in Training herps, natural history
- Gus Yaki* Nature Travel Service, P.O. Box 1334, Kingston, Ont. K7L 5C6 - birds, plants, geology broad range of natural history knowledge and skills, very widely travelled

N.B. This is a partial listing only.

* = Tentative



JAN 31 1994

Ans'd 2110-171

PRIME MINISTER · PREMIER MINISTRE

OTTAWA, K1A 0A2

January 27, 1994

Dear Chief Mercredi,

Thank you for your letter of January 4, regarding events in the State of Chiapas in Mexico, and the situation of indigenous peoples in that country.

I am glad to see from media reports of your trip that it was very useful. I know that the Minister for Foreign Affairs, the Honourable André Ouellet, has met with you to discuss the results of this important mission.

In the meantime, I would like to assure you that the North American Free Trade Agreement (NAFTA) will not have any negative effect on the rights, lands and resources of Canada's Aboriginal People. In this regard, Canada's NAFTA legislation clearly recognizes and protects Aboriginal interests.

Yours sincerely,

Jean Christier

National Chief Ovide Mercredi
Assembly of First Nations/National Indian Brotherhood
55 Murray Street
Ottawa, Ontario
K1N 5M3



National Indian Brotherhood

ASSEMBLY OF FIRST NATIONS

HEAD OFFICE:

TERRITORY OF AKWESASNE, HAMILTON'S ISLAND SUMMERSTOWN, ONTARIO KIIC 2E0 TEL: (613) 931-1012 FAX: (613) 931-2438

PRESS RELEASE

MARCH 10, 1994 (OTTAWA) Acting National Chief of the Assembly of First Nations, E. (Dutch) Lerat, believes that Minister Irwin's initiative to dismantle the Department of Indian and Northern Affairs in Manitoba, is on the cutting edge of the self-government process. Mr. Lerat states that, "We are encouraged and we would like the Minister to continue to keep an open mind and to keep a hand in the process".

The phasing out of the Department of Indian Affairs will have an impact not only on First Nation communities nationally, but on First Nations citizens who are employed in the Department of Indian & Northern Affairs. "The Department has a responsibility to see that First Nations are given every consideration in the devolution process," notes Mr. Lerat, "and we're pleased with this important step the Minister has taken."

"It is also expected," says Mr. Lerat, "that the Assembly of Manitoba Chiefs will keep other First Nations' regional organizations informed of their progress".

The initiative will likely be on the agenda for discussion at the next Special Assembly of First Nations.

- 30 -

For further information you may contact Elizabeth Sinclair, Media Relations, at 241-6789.

BRANCH OFFICE:

Globe + May March 10/94

NEWSBRIEFING

Natives to control federal funds

OTTAWA — Indian Affairs Minister Ron Irwin said yesterday that he is intent on dismantling his department and has asked native leaders in Man-

itoba to begin the process.

Mr. Irwin told the House of Commons that the Indian Affairs Department has begun negotiations with Manitoba chiefs on transferring federal responsibilities, including management of federal funds, to the bands. He said he hopes that Manitoba will serve as the model for the rest of the country.

The commitment to removal of the department's control over funds for aboriginal use represents a step beyond the promises of Mr. Irwin and his Progressive Conservative predecessor, Thomas Siddon, about abolishing the department. Mr. Irwin said he could not predict how long it would take to abolish it because the pace depends on negotiations with individual bands and on provincial co-operation.

He did not predict that the reduction of his department to a small group of federal representatives engaged in negotiations on land claims would produce a major saving, because the current multibillion-dollar budget would still have to be di-

rected to native community needs.

Federal spending on aboriginal people last year totalled \$5-billion, about 24 per cent of Ottawa's spending on social and economic programs. The total included \$2.8-billion spent by the Indian Affairs Department.

— Ross Howard

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Ministry of Transportation

news release

FOR IMMEDIATE RELEASE March 15, 1994

New one-piece plastic licence coming for Ontario drivers

TORONTO - A new machine-readable efficer's licence being introduced this year will add an extra level of security for the province's 6.5 million drivers, Transportation Minister Oilles Pouliot shadunced today.

"This licence will reduce fraud and make our records more accurate," said Pouliot.
"Since it will be compatible with our politic work stations and our court network, it will also be a step forward in enforcing our laws."

The new licence will look like a credit east, with the driver's photograph and signature electronically printed on its surface.

It will be phased in during a five-year period. As it is issued to drivers, the Ministry of Transportation will retain digitized photographs and signatures on file as part of driver records. The ministry is responsible for preventing improper use of the photographs and signatures, which are projected under Ontario's Freedom of Information and Protection of Privacy Acc.

The licence is one of the elements in the covernment's Integrated Safety Project announced in 1993. The inter-ministerial project introduces the use of state-of-the-art technology to improve road safety and less enforcement.

"The plastic card licence will make our loads safer by preventing the misuse of driver credentials," added Pouliot.

The selection of the Ottawa office of EDE Canada to develop and produce the cards follows a request for proposals that attracted submissions from 13 groups of companies. Criteria for the selection included technical ability, security, customer service, Canadian content and cost.

30 -

For further information, please contact:

Anne McLaughlin

Communications and Public Education

Tel: (416) 235-4102 Fax: (416) 235-4841 In case of transmission difficulties, Ph. # (416) 599-9900 Fax # (416) 599-9700

Made fruit recommend materials



FROM THE OFFICE OF THE EMPLOYMENT CO-ORDINATOR

CIBC ABORIGINAL INTERNSHIP PROGRAM SUMMER STUDENT POSITION

Each summer CIBC operates an Aboriginal Internship Program for students currently enroled in a post secondary institution. A number of CIBC branches across Ontario, including Deseronto, are directly involved in the program.

Selected students will be placed in branches to understand the basics of the financial industry. The work placement lasts throughout the summer, starting in May through to August. Students who complete the summer term will also be eligible for a scholarship worth up to \$1000.00 based on their overall performance.

All interested students are encouraged to forward their resumes to the address below as soon as possible. Please be sure to indicate that you are applying for the Aboriginal Internship Program.

Jewel Clark
CIBC Resourcing, Human Resources
750 Lawrence Avenue West
East Tower, 1st Floor
Commerce Court Postal Station
Toronto, Ontario
M5L 1A2

tel: 416-784-4530

fax: 416-784-6799

KIJA NATIVE COMMUNITY CENTRE ABORIGINAL SUMMER EMPLOYMENT

COMPUTER INSTRUCTOR

16 Week position starting May 23 until September 6. The weekly wage is \$500.00.

OUALIFICATIONS:

- Have word processing experience
- Have spread sheet experience
- Have Data Base experience
- Knowledge of desk top publishing
- Have a post secondary education

OUALIFICATIONS CONTINUED:

- Be of Aboriginal Ancestry
- Previous experience working with at risk youth an asset

PLEASE FORWARD RESUME BY APRIL 15, 1994

KIJA NATIVE COMMUNITY CENTRE P.O. BOX 152 SHARBOT LAKE, ONTARIO KOH 2PO ATTENTION: THE ADMINISTRATOR

APPLY DIRECTLY TO THE FOLLOWING JOBS:

- SALESPERSON Req'd to sell flowers & shrubs in Napanee. Job to last approx. 6 weeks. Must be able to work work week-ends as well as days during the week. Must have knowledge of annuals, perennials, trees & shrubs. Commission. If interested leave resume at CEC Napanee. 3537575
- SERVICE STATION ATTENDANTS Req'd to serve customers in a full service gas bar.

 Must be willing to work rotating shifts. Exp. preferred. Call John between
 8am to 12 noon, 396-1083 at Marysville Gas Bar. \$6.70/hr. 3537079
- WELDER FITTER Full-time for 3 months. Must have min. 5 yrs. exp. as a welder fitter. Must be able to work from blueprints. Must have "mig' exp. \$10-12/hr. Apply to Dan Davis in person at Continental Conveyor, 100 Richmond Blvd. Napanee. 3537014
- GENERAL OFFICE CLERK DESERONTO Must have previous office exp. Must have exp. with computerized accounting. F/T. Wages neg. Er uses "T MAN-3 & simply accounting". Send resume to Mohawk Imperial Sales, R.R. 1 Deseronto, Ont. KOK 1XO, Chris Adams. 3535950
- BULLDOZER OPERATOR SELBY Must have 2 years exp. operating dozer and hoe. Must have "DZ" licence & clean driver abstract. Must be flexible to do occasional labourer work as well. Drop off resume at CEC Napanee. \$10-\$12/hr. 353954;

Canadä

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Employment and Immigration Canada

Emploi et Immigration Canada

CANADA EMPLOYMENT CENTRE, 2 DAIRY AVE. NAPANEE, ONTARIO K7R 3T1

ÓR

TELEPHONE: (613) 354-3367

ZENITH 23500

HOTLINE NO: 354-7119

- SHORT ORDER COOK P/T hours. 2 yrs exp. Prepare meals including soups, lasagna a chili. \$7/hr to start. Go in person & see Mark Daines at Paisley Tavern, 121 John St. Napanee. 3539419
- LANDSCAPE WORKER Must have DL. Must be physically fit. Must be neat & presentable. Req'd to do landscaping & lawn maintenance. Req'd to drive one ton truck. This is a non-smoking environment. \$6.35/hr. 3538705
- SALES REP MEAT PRODUCTS Must have valid D.L. Car & gas is supplied. Knowledge of meats preferred. Req'd to sell meat products to established accounts as well as opening new accounts. Will sell to restaurants, deli & meat shops, households. Commission. Harvest Hill Meats. Call Ed or Christine at 378-2550 Mon Fri. 3532521
- PAINTER Students req'd to do interior & exterior painting. \$7-\$8/hr. Applications available at CEC Napanee & Picton. 3526473
- BAKER DESERONTO Exp necessary. Must be able to prepare soup & light lunches. Wages DOE. Send resume to Mohawk Imperial Sales, R.R. 1 Deseronto, KOK 1X0 Att'n: Chris Adams. 3535966
- FINANCIAL OFFICER Commission only. Must be willing to obtain Insurance licence. No start up costs. Self employment. Req'd to market RRSP's & insurance. Apply by resume to Sherry Peters, R.R. 1 Centreville. Ont. KOK 1NO 3530543
- PLASTIC EXTRUDER Must have at least 2 yrs exp with PVC. Req'd to operate a PVC extruding machine, problem solve & do basic maint. Must have moulding or profiles exp. Phone: P.C.V. Plastic Extrusion Inc. John Larocque, 354-4830.
- INSURANCE CLERK Must have Insurance licence, computer exp. Perm F/T. \$9/hr
 plus commission. Apply by resume to CEC Napanee. 3513056
- DOOR-TO-DOOR SALESPERSON GANANOQUE-BELLEVILLE AREA Must have own transportation. Exp in doing presentations would be an asset. Req'd to market cable TV programming to rural families. Phone Calligaris Satellite & Electronics, Richard Leeson at 354-7151 or 542-1661. Salary + commission to start. 3504979
 - FARM WORKER POULTRY FLINTON No exp. necessary. Req'd to work 3 days/wk.
 3-4 hours/day. Req'd to work on an assembly line. Req'd to work with hands & sometimes with tools. Phone: Flintshire Pheasants, 336-9753 evenings and ask for Phyllis. \$6.70/hr + bonus system. 3459414

Canadä



Mohawk Family Services

If I can stop one heart from breaking,
 I shall not live in vain;

If I can ease one life the aching,
 Or cool one pain,

Or help one fainting robin
 Unto his nest again
 I shall not live in vain.

Emily Dickinson

We are organizing a support group for adult sexual assault survivors, which will begin in May.

If you are interested please contact Tammy at 967-0122.

NOTICE TO THE COMMUNITY:

Do you have a Husband, Wife, Brother, Sister, or any family member or friend with an Alcohol or Drug Addiction problem? Do you feel Angry, powerless, frightened, trapped, isolated because of your love ones addiction? Please Call 967-0122 and talk to Blaine or Linda for more information or just come out to the meeting. Your not alone!

FAMILY SUPPORT GROUP

MEETINGS SUNDAYS AT 8:00 P.M.

FAMILY & CHILDRENS SERVICE BUILDING

TO THE COMMUNITY From THE THREE FEATHERS YOUTH GROUP RE: VOLLEYBALL TOURNAMENT SAT. March 26, 1994

> Congratulations to Lynn Brant's Team " US" who defeated A team from Awkwesasne headed by Mike Mitchell to take first prize in the Adult Division in our recent Volleyball Tournament. Six Nations took first place in the Youth Division with a team from Shannonville taking second place. MVP's in the Adult Division were chosen by opposing teams they were for the men: Clifford Brant, from Tyendinaga and for the women: Judy Brant from Tyendinaga and a player from Awkwesasne whose first name is Pricilla but last name was not avaiable.

We would like also to take the opporunity to thank all those people who volunteered their time and energy in support of our fundraising efforts. To Lynn Brant, Will Maracle, Marie Loft, Bill Maracle, Jean Maracle, Leslie Maracle, Linda Lefort, Jan Hill and Dorthy Lazore Nia: Wen Kowa. To Chief Donald Maracle and Council your continued support is greatly appreciated, and to Shirley Green for your donation of juices towards our efforts, we say Thank you. It was through your combined efforts that we were able to raise \$785.00 towards our trip to Albugurque N.M.

TO THE COMMUNITY From Blaine Loft N.N.D.A.P.

On the weekend of March 11 thru to the 13, 1994, I held a gathering of Mohawk Elders and Youth from this community. I am happy to report that the gathering was greatly received by the

young people here.

The focus of the Workshops were on Mohawk Culture, Tradition and Language. These were brought out through stories lessons and games. There were 21 registered young people from ages 10 to 17 who took part along with many who just dropped in. The Social Dance held on Saturday evening was also well attended by the community and a fun time was had by all. The sleep over at the Community Centre also was a big hit with the young people. With the Talking Circle to end the Weekend, all who attended, came away with a positive experience.

This weekend was in part made possible, through the efforts of volunteers, people who gave of their time and energy to support the young people of this Community. It is to these people I would like to personally and publicly say NIA: WEN KOWA. They are: Marie Loft, Lynn Brant, Lori Maracle, Carol Green and Will Maracle. I would also like to acknowledge Chief Donald Maracle and the Tyendinaga Mohawk Council for their support. A special thank you to Pat and Roger Brant for your donation of food, and to the Ladies at Village Cafe in Shannonville for your help in pre-cooking some of our foods. Jan Hill and Carol Anne Maracle were part of our clean-up crew on Sunday, without your help we would have been there a lot longer than what we were. To all of you NIA: WEN KOWA, you made my job a whole lot easier.

1 7 .

I think I'm having STRESSIII

BUILDING LIFE SKILLS with Kate Anne Follwell Home Economist

Come and join us every Tuesday afternoon.

Enrollment is limited so please register or for information call Judalon at 967-0122

<u>TIME:</u> 12:30 - 3:30 p.m.

DATE: April 19 - June 21, 1994

PLACE: Mohawk Family Services

Mohawk Family Services-Tyendinaga presents

Active Parenting Today

We are proud to offer our community Active Parenting Today, a video based parenting program that has been used by over one million parents around the world. Being a parent is the most important job of our lives and the one in which we get the least amount of training! By offering Active Parenting Today we hope to help people learn better parenting skills.

This 7-week program uses video segments and group discussions to help parents learn how to raise responsible, cooperative and courageous children. You will learn how to avoid power struggles by using discipline methods and communication skills that really work.

Come and join us on Thursday evenings from 7:00-9:30pm from April 21 to June 2,1994 at Mohawk Family Services. To register or for information call 967-0122.

About the Leaders

Wendy and Bryan Pollard have been leading Active Parenting Programs for over 7 years and have been using Active Parenting principles in raising their four children over the past fourteen years. They are pleased to be returning to Tyendinaga Territory having led an Active Parenting of Teens program last fall.



AMNESTY GRANTED

For APRIL 1 TO MAY 31,1994.

SHE: KON

Mohawk Family Services has granted full AMNESTY for BOOKS that have been out on LOAN. To recieve the AMNESTY, BORROWED BOOKS

that have been signed out by the BORROWER and now listed on COMPUTOR WILL BE TAKEN OFF THE LONG LIST of long over due books.

It is imparitive that OVER DUE BOOKS are returned to the resourse library.

The Co - OPERATION of all concearned will be greatly appreaciated.

NIA:WEN

BOOKS OUT ON LOAN

Book No#

- #14 Everything You Need To Know About Family Violence
- #15 Coping With Family Violence
- #30 Coping With Verbal Abuse
- #42 Coping With Academic Anxiety
- #44 Feeling Yes, Feeling No. use with videos V. 1 4
- #45 Out Growing The Pain
- #46 Ending The Violence
- #49 Dance Of Anger
- #53 Let The Healing Begin / Nicola Valley Institute
- #56 Coping With A Dysfunctional Family
- #60 Responsibility (Intermediate)
- #70 Responsibility (Primary)
- #74 SARA Opening Pandora's Box
 - A Manual for Adolescent Survivors of Sexual Abuse
- #76 Voices of Aboriginal Women
 - Aboriginal Women Speak Out About Violence
- #81 Dancing With A Ghost / Exploring Indian Reality
- #84 Abuse / Guidance For Grades 1 8
- #103 1992 And Beyond An Idigenous Activists Resource Kit

NESTLÉ CANADA INC.



1185 EGLINTON AVENUE EAST DON MILLS, ONTARIO CANADA M3C 3C7 TEL (416) 429-4411 FAX (416) 467-2069

March 11, 1994

Dear Allergy/Asthma Information Association Member:

This letter is to alert you to a potential allergen in one of our products.

If you have an egg allergy, you will need to know that egg white has inadvertently been used in an ingredient in Stouffer's Lean Cuisine Chicken Chow Mein. This information is NOT included in the product's ingredient listing.

Because this is such an extraordinary situation, we have taken the liberty of asking the Allergy/Asthma Information Association for mailing labels for all their members, so that we could notify you directly.

A routine audit by our quality assurance department discovered that egg white was present in this product, although egg-based ingredients are not specified in our recipe. Investigation proved that one of our suppliers had substituted an ingredient containing egg white without notifying us.

All stock of this product currently in our warehouses is being held until we are either able to repackage it with an accurate ingredient statement, or replace it with product that does not contain eggs.

In the meantime, any Stouffer's Lean Cuisine Chicken Chow Mein with batch code 4083 or higher (ie. 4084, 4085, etc.) is safe for you to eat. The batch code is crimped into the end of the box showing the Canadian Diabetes Association Food Choice Values.

If you have any questions about a package of Stouffer's Lean Cuisine Chicken Chow Mein in your freezer, please call us toll-free at 1-800-387-INFO (4636).

Sincerely,

Nestlé Canada Inc.

(Ms) M. D. O. King-Wilson

Director, Corporate and Consumer Affairs

/jmt

TYENDINAGA MINOR LACROSSE IS LOOKING FOR LACROSSE PLAYERS!!! FOR ALL AGES (3-20)

HOUSE LEAGUE PLAY will be stressed for ages 3-10. A League is being formed with Trenton, Stirling and Frankford. These Teams will compete with ours, therefore enabling us to cut down on Travel.

A REGISTRATION FORM is attached for your convenience. PLEASE RETURN TO: Debbie Smart, Wanda Fuller, Karen Jones or Dorothy Green.

COACHES FOR THE 1994 SEASON

PEANUTS (1988-1990) CHRIS MARACLE TYKE (1986-1987) ALFRED CLAUS NOVICE (1984-1985) -DARRYL BRINKLOW RICK BUXTON PEEWEE (1982-1983) -PAUL GREEN JAMIE HILL DAVE JONES **BANTAM** (1980-1981) HARVEY MARACLE MIDGET (1978-1979) JACK GREEN DON SMART

INTERMEDIATE (1974-1977)-JACK GREEN

BANTAM GIRLS (1980-1981) - PAUL GREEN MIDGET GIRLS (1978-1979)

SIGN TODAY, DON'T DELAY!!!!

CONTACT: JACK GREEN - 967-1580 DON SMART - 396-2637

TYENDINAGA MOHAWK MINOR LACROSSE ASSOCIATION

1994 PLAYER REGISTRATION

NAME:	NICKNAME:		
ADDRESS:		and the same of the same of the same of	
TELEPHONE:			
BIRTHDATE:	HEIGHT:	wei	GHT:
PARENT / GUARDIAN:			
FAMILY DOCTOR:			
PHONE #:	HEALTH CARD #		
PLEASE LIST ANY HEALTH PROBLEMS	S OR ALLERGIES THE A	SSOCIATION S	SHOULD BE AWARE OF:
		s 3. ·	
NOTICE OF WARNING:			
ANY SPORT. THE MINOR LACROS CONTROLLED ENVIRONMENT FOR SAF FOR PARTICIPATING AND CONDUCT OF FOLLOWED. SIGNATURE OF PARENT/LEGAL GUAF	E PARTICIPATION. TO	HE COACH HAS CTICE\GAME A	ESTABLISHED RULES
SIGNATURE OF PARENT/LEGAL GUAR	COLAN DATE CO	MPLETED	~ .
FOR ASSOCIATION USE ONLY:		κ.	
\$30.00 REGISTRATION FEE PAID B	BY CASH		
	CHEQUE		
RECEIVED BY:		and the second s	
BIRTH CERTIFICATE RECEIVED	TEAM		

RECEIPT FOR \$30 REGISTRATION FEE PAID TO TYENDINAGA MOHAWK MINOR LACROSSE

RECEIVED BY: DATE:

ASSOCIATION.



TO ALL TERRITORY RESIDENTS:

ONCE AGAIN SPRING IS UPON US. WITH THE SPRING COMES DEAD AND DRY GRASS. AND ALTHOUGH IT MAY SEEM WET THE GRASS ON TOP WILL STILL BURN. THE MOHAWK FIRE DEPT. IS ASKING FOR YOUR HELP IN PREVENTING GRASS FIRES.

PLEASE REMEMBER <u>DO NOT</u> THROW CIGARETTE BUTTS OUT YOUR VEHICLE WINDOW.

IF YOU MUST BURN DO NOT LEAVE FIRE UNATTENDED.

BURN ONLY ON A CALM DAY.

FIRE WILL CREATE ITS OWN WIND SO **DO NOT** ALLOW FIRE TO BECOME TO LARGE.

IF YOU HAVE ANY QUESTIONS PLEASE CONTACT SCOTT MARACLE AT 968-7985 OR ANY FIREFIGHTER.

THANK YOU FOR YOUR CO-OPERATION THE MOHAWK FIRE DEPT.

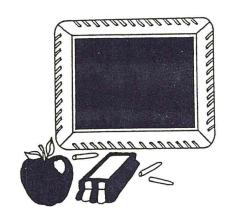
Kindergarten Registration

FOR CHILDREN BORN IN 1989 QUINTE MOHAWK SCHOOL

APRIL 18, 1984

PLEASE BRING:

- 1. Band card, or proof of Native Status
- 2. Immunization Record Card
- 3. Birth Certificate or Baptismal Certificate



For an appointment to register your child, please call Angie Hill at 966-6984.

** Due to a large expected enrollment, children born after 1989 will not be considered for admission at this time. **



THANK YOU

I would like to express my deep appreciation for the thoughtfulness, prayers and sympathy extended to myself and my family during the loss of a beloved husband, step/father, grandfather and son-in-law, Charlie (Skip) Dracup.

The family were extremely grateful for the many floral tributes, memorial donations, sandwiches, corn soup and casseroles delivered to my home. There were many acts of kindness and caring words from family and friends.

Thank you to Larry and Gail McGlade of White and Morris, along with Father Sid Horne and the choir of All Saints Church. Also, the family wish to thank the Mohawks of the Bay of Quinte, Native Women's Association for organizing and preparing the luncheon.

Compassion and kindness shown has touched the family deeply and it will not be forgotten.

WOMEN

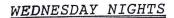
NEED SOME T.L.C.?

THEN

COME TO THE

TYENDINAGA LIBRARY CIRCLE

AT KA: NHIOTE



<u> 7pm - 9pm</u>

share, listen, learn, nurture

REFRESHMENTS WILL BE SERVED

ARE YOU INTERESTED IN FAMILY HISTORIES AND TYENDINAGA HISTORY?

THEN

DROP IN FOR A VISIT AT

KA:NHIOTE OPEN HOUSE COMMUNITY HISTORY DAY

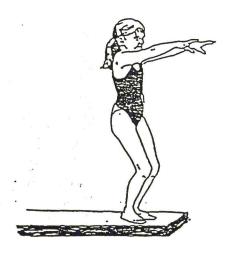
APRIL 20/94

SPECIAL GUEST - TRISH RAE

10am - 4pm & 7pm - 9pm

REFRESHMENTS WILL BE SERVED





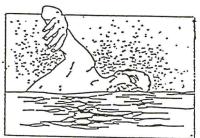
FAMILY SWIM

Thursdays from 6:30-7:30pm Harch 31 - Hay 19 at the Picton Rec-Plex

\$ 2.00 per swim
(payable at the Rec-Plex)
or
\$ 50.00/Family for 8 wks.

Bus leaves the Community Centre at 6:00pm every Thursday

Anyone wishing to purchase
a Family Pass
Contact
Andrew Alkenbrack
at the
Administration Office
396 -3424



Canadian Archery Championships

Windsor Ontario

C.F.A. Free Style Limited

CON MARACLE placed 4th with a score of 587 JAMES MARACLE placed 5th with a score of 586

TOP SCORES WERE 592, 590, 589

* PLEASE NOTE *

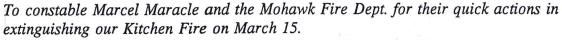
New Address of the Native Women's Association

Native Women's Association c/o Charlotte Brown R.R. 1 Box 280 Shannonville, Ontario K0K 3A0

Mail can be directed to Nora Cupit, President or Charlotte Brown, Secretary



Belated Heartfelt Thank You!



A \$50.00 Donation to the Food Bank will be made by on their behalf.

Rhonda & James Kunkel

Happy Birthday to You!

Happy Birthday to You!



Happy 3rd Birthday

COLE MARACLE APRIL 21

Love from Mom, Dad & Isaac

Happy Birthday

WILLARD HILL APRIL 5

Love Tina & Family Happy Birthday

DON BRANT APRIL 4

Love from the Family

Happy Birthday

RENEE APRIL 8

Love from the Family

Happy 75th Birthday

AUNT GLADYS APRIL 27

Love from the Family



Happy 11th Birthday

ASHLEY APRIL 2

Happy 7th Birthday

Kayla April 3

Love from Mom, Dad, Cortney & Janine

Happy Anniversary!

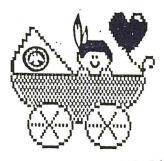
PAM & TIM

APRIL 27
Love the Family

Нарру

Belated Anniversary!

LARRY & HELEN MARCH 14 Love from the Family



It's a Girl!

Rick and Dawn Brant are proud to announce the arrival of their third child. A little sister for Tyler and Feather

AMBER DAKOTA DAWN

Born:

March 11, 1994

Weight:

6lbs. 3 1/2 oz.

Length:

18 7/8 inches

PROUD GRANDPARENTS ARE:

Mary Anne Sero of Tyendinaga Claire Sero of Tyendinaga Shirley Sitar of Tyendinaga Carl Brant of Tyendinaga

Great Grandmother - Vera Maracle



Spring Clean Up!!

It's almost that time of the year again, Spring Clean-Up. Please note that this week has been designated for clean-up of yards, etc. to help beautify our community. As in past years a truck will be available during this week for pick up of larger garbage, i.e. furniture. This is not a pick up of appliances or any other heavy metal materials.

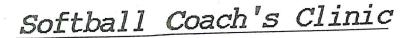
<u>PLEASE NOTE:</u> For safety reasons, household or other chemicals should <u>not</u> be in the garbage set out. One of the crew members suffered chemical burns several years ago.

PLEASE CALL: The Administration Office for pick-up and once a date have been agreed upon, you should set your garbage out BY THE ROAD for pick-up.

396-3424

Thank You Again for assisting us in cleaning up our Community!







The Mohawk Recreation Committee is hosting a Grass Roots Softball Coach's Clinic on April 30/94. Anyone interested in participating call Andrew Alkenbrack at the Administration Office 396-3424.



** NEEDED **

New Executive Committee for the Mens Slo Pitch League for '94

Anyone interested contact WES BARDY AT 396-3963

For all information, Schedules Rules, Etc. A.S.A.P.

Coming Soon!





COME OUT & SHOW YOUR TALENT! (or just for fun)



SPONSORED BY: THE MOHAWK FIREMEN'S WIVES AUX.



jobsOntario • Training

"...opportunities, breaks, chances, openings, possibilities, prospects, likelihoods, probabilities, motivation, inspiration, direction, advice, encouragement..."

This is what jobsOntario*Training offers you.

Come register today!

We are located at:

Kagita Mikam Area
Management Board Offices
c/o Mohawks of the Bay of Quinte
Administration Building
R.R. #1, Deseronto, Ontario
or call
613-396-3424

"Remember, nothing ventured is nothing gained!"



Coming Soon!

to Your Community



Tyendinaga Pow Wow Committee

POW WOW MEETING

MONDAY APRIL 18, 1994 AT THE CHIEFS INN RESTAURANT 7:00 P.M.

New Members Welcome!

COME OUT AND SUPPORT YOUR POW WOW

FOR MORE INFORMATION CALL: BOB LAMBERT 396-5862 JEAN BRANT 396-3194



Inter Reserve Bowling Practices are being held at the Belleville Pro Bowl at the Belleville Plaza

Practice dates are: Sunday Afternoons at 1:00 p.m. Last Practice will be May 8

For more information Call: Laverne 396-3800 Harold 966-4116

The Winner of the March 50/50 Draw was: EILEEN HILL

There will be another Draw at the end of April so get your tickets from the players.

HIGHWAY HIGHLIGHT NIGHT A DELICIOUS ROAST, TOAST AND FEAST FOR "ORDER OF CANADA" AWARD RECIPIENT

TOMSON HIGHWAY

"Its Great to Know Your People are Behind You"

Thursday, April 14th, 1994

The Canadian Museum of Nature Metcalfe Street at Macleod 6:30 Cocktails for 7:30 Dinner

- Art Exhibit
- Entertainment
- Auction & Prizes
- Fabulous Food
- Famous VIP's and Funny Etc's

Tickets: Tables:

Individuals, \$40. Each

Reserved Seating for Eight

with VIP Location & ID - \$400.

All Proceeds to the S.O.N.G Campaign

Fax your reply to: (613) 789°9660

Name:_____

Company:_____

Tel. No._____Fax No.____

#___Tickets @ \$40. each = \$_____

#____VIP Tables @ \$400. each = \$_____

Information:

Rena Morrison (613) 992 9998 Madeline Dion-Stuart

(613) 788 • 4494

SAGAMOK SUPER MEGA BINGO

Saturday April 30, 1994 - Sagamok Community Centre Doors Open 11:00 a.m. - Starts - 2:00 p.m.

2 JACKPOTS + \$10,000,00 each + SI JACKPOT + \$25,000,00

SAGAMOK SPECIAL SAGAMOK SPECIAL SPECIA

SUPER NEVADAS! Win up to \$5,000.00



5 Share The Wealth

Early Bird - \$2,000.00

Regular Games 1 Line - \$500.00 2 Lines - \$1,000.00

2 Specials - \$1,200.00

Spin the Wheel Could Win up to \$5,000.00



OF SAGAMOK BINGO



Advance Tickets \$80.00 - At The Door \$100.00

**** SPECIAL DRAW ***

All Bingo Players who attend the Monthly Monster Bingo's now Through August 20, 1994 will be entered in a draw for \$10,000.00! So the more you attend the Monster Bingo's the more chances you'll have to be \$10,000.00 Richer!!

MAR 25 1994



Parish of Tyendinaga

R.R #1 Descronto • Ontario • KOK 1X0

Parish Priest
The Rev. Sidney G. Horne
Home - 392-0362

Parish Office The Queen Anne Parish Centre 962-2787

SUNDAY SCHEDULE OF SERVICES

ALL SAINTS' - 9:00 a.m.

1st & 3rd Sundays - Holy Eucharist 2nd & 4th Sundays - Morning Prayer

CHRIST CHURCH - 11:00 a.m.

1st & 3rd Sundays - Morning Prayer 2nd & 4th Sundays - Holy Eucharist

SACRAMENT OF HOLY BAPTISM

HOLY MATRIMONY

By Appointment' - 30 days' notice

By Appointment - 60 days' notice



The Church that cares about OUR community!!! *****

SERVICE TIMES

SUNDAY 10 AM - Sunday School. All are welcome! That's Everyone. SUNDAY 11 AM - Morning Worship. SUNDAY 630 PM - Evening Worship. Come & join in on the great music, & time of worship for our Great God. WEDNESDAY 7 PM - Bible Study. What should we call Him? Creator, God or Saviour? Come & study God's Wonderful Word with us! FRIDAY 7 PM - "Radical Youth" Youth, 12 & over, are welcome to join us in all the



APRIL SPECIAL EVENTS

activities we do. AND BESIDES, WE HAVE FUN!!!!



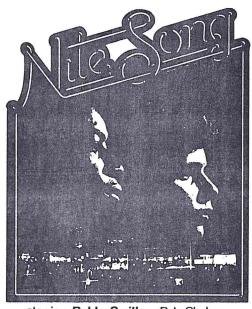
APRIL 15 - 7 PM - "GOSPEL SING" Join us at the Deseronto Pentecostal Church for a night of music! APRIL 29 - 7 PM - "NITE SONG" Great film presentation especially for our YOUTH. It will be shown in the Gym at Quinte Mohawk School. ALL YOUTH ARE WELCOME!!

AND JUST THINK, IT'S ALL HAPPENING AT MOHAWK PENTECOSTA

CALLING ALL YOUTH

IF YOU ARE 12 AND OVER, YOU ARE INVITED TO A GREAT FILM PRESENTATION

"NITE SONG"



starring Bobby Smith as Pete Clarkson
Tom Hoffman as Joe Corelli
Vicki Nuzum as Ann Marie Corelli
Produced and Directed by Russell S. Doughten, Jr.

title song- "I WIII Serve Thee"
by Bill Gaither as arranged by Rick Powell on WORD Records.

FRIDAY, APRIL 29TH - 7 PM QUINTE MOHAWK SCHOOL GYM

Sponsored by the YOUTH of MOHAWK PENTECOSTAL CHURCH

(Freewill offering will be taken!)

ALL VOUTH ARE CURELY WELCOME!

CLASSIFIEDS

CAREGIVER REQUIRED

Shift Worker seeking Caring, Reliable & Trust Worthy individual to come into our home and care for a 14 month old baby.

- Needed for the Shannonville Area
- References required Shannonville Area

PLEASE CALL: 967-0938

FOR SALE

MOBILE HOME 12' X 70'

- 3 Bedroom on Sucker Creek
- in Good Condition
- Heat, Hydro, T.V. Antenna & telephone Hook up available

\$23,000.00 or B.O.

Call: 969-1446 or 966-1882

FOR SALE

2 PIECE BOYS GRADUATION SUIT

- Made by Robert Allen
- Colour Blue
- Size 14

- \$35.00

CALL 962-1134 AFTER 4:00

FOR SALE

CORNER LOT WITH TRAILER HOME AND 20 X 16 EXTENSION

- Electricity and Gas run with Septic Tank and well water plumbing

- ASKING \$70,000.00

No reasonal offer will be refused. Sale subject to Mohawk Council Approval

- 1 CAPRI BAYLINER INBOARD CRUISER
- Sleeps 4 to 6
- ASKING \$8,000.00 OR BEST OFFER

1 YEAR OLD RIDING LAWNMOWER

24" ABOVE GROUND POOL (Never used by partially assembled)

AND MUCH MUCH MORE!!!

Call: Bruce Wells 416-925-0511
Dennis MacIntyre 416-488-5006
Valentine Agius 416-769-9790

Administrators to the late Jacqueline Rae Wells

APARTMENT FOR RENT

- Airport Rd
- 4 Plex
- Good Water
- 2 Bedrooms
- Balcony
- \$575.00 utilities included

PLEASE CALL: 969-1315

FOR SALE

1964 MERCURY 16' BUS

- converted to camper, Double Bed
- one cot, Food prep table, Eating Table
- Fully curtained, window screening
- Small cupboards, Misc Dishes etc
- Portable B.B.Q.
- Picnic Table

ASKING \$750.00

72 FORD HITOP CAMPER VAN

- Excellent running condition, Bed
- Loft over driver
- 3 Burner propane cook stove, counter
- cupboards, sink, water pump tap
- curtained

ASKING \$2,000.00

HAMMOND PIPER II ORGAN

- Excellent condition
- ASKING \$400.00

PHONE: 967-9737 ASK FOR ERIC

WANTED

PROPANE OPERATED FRIDGE

- from Travel/Holiday trailer

Call: 967-9737 ask for Eric

MILL TOWN MEATS

- Corn Fed Beef
- Quarters & Halfs of Beef
- Cut, Wrapped & Frozen
- Individual Pieces sold at Home

Make your Own Soup!

- Lyed Corn, Beans, Special Pork

Home Made Meat Pies!

- Approx. 6 oz.
- Turkey, Chicken, Beef Vegetable

WINTER SPECIAL!

- Beef cut to your specification
- 1/2 Beef \$1.90 /lb,
- Hind Quarter \$2.25/lb

CALL: 962-5470 GLENN HILL R.R. # 2 SHANNONVILLE ONT.

DEADLINE DATE

If you wish information in the Next Newsletter The Deadline Date is

MONDAY, APRIL 25/94 396 -3424

FOR SALE

- 1 "ENTERPRISE" COOKSTOVE
- Dated approx. 1950's
- Immaculate Condition
- ASKING \$300.00

1 PEDESTAL WHITE SINK WITH FIXTURES

- \$50.00

1 CAST IRON WHITE BATHTUB

- \$100.00

CALL: 968-6626

Ask for Rhonda or James

DON'T FORGET
THE CLASSIFIEDS
ARE
* FREE *
TO COMMUNITY
MEMBERS CALL:

396-3424



> \$1.40 a Dozen

BROWN EGGS FOR SALE

CALL: 967-4704

AFTER 5:30 P.M. TO PLACE

YOUR ORDER

VELMA HILL-DRACUP

COMPUTER COURSES APRIL & MAY

Windows	APRIL	MAY 2 & 30
WordPerfect 5.1		17-18
WordPerfect 6.0 (DOS)	19-20	3-4
WordPerfect For Windows	12-13	24-25
Lotus 1.2.3. For Windows	5-6	9-10
Lotus 1.2.3. (DOS)	13-14	
Microsoft Word	14-15	19-20
Microsoft Excel	-	11-12
Microsoft Excel II	21-22	_
Microsoft FoxPro	26-27	11-12
Maximizer	_	26

ALL COURSES INCLUDE

One computer per person - All course material Complimentary hot lunch - Certificate upon completion FREE customer support -



FIRST NATIONS
TECHNICAL INSTITUTE
R.R., #1, Deseronto, Ontario KOK 1X0

To Register or for More Information, Contact our Office Monday - Friday: 8:00 a.m. - 5:00 p.m.

(613) 396-2122 🕳 1-800-267-0637

-Business Profile

This business will make you "shutter"

There's a brand new business in town — TK's California-Style Custom Shutters.

The business opened on February 1, on the Tyendinaga Territory. Todd Keith is the proud owner.

Mr. Keith launched the business through the Mohawk Bay of Quinte jobsOntario program, and with the help of the Self-Employment Assistance program.

He currently has one other employee working with him.

Both he and Mr. Keith received extensive training, through the program.

TK's California-Style Custom Shutters manufactures and installs both Plantation Shutters and California Shutters.

"These shutters have become very popular window treatments," said Mr. Keith.

He provides an in-home shopping service for his customers. "I go to the person's home and provide them with a free estimate," he said. " I take along with me some samples, displays, books and flyers to show the wide choice available.

"We can manufacture shutters to fit anything from a five-inch window, to a full size patio door. We also handle rounded windows as well, or any other customized orders."

The shutters are manufactured by Mr. Keith and his co-worker, and at the present time, orders can be delivered within two to four weeks. And there is no PST or GST.

Shutters are wooden and are

offered with a urethane finish, or they can be painted.

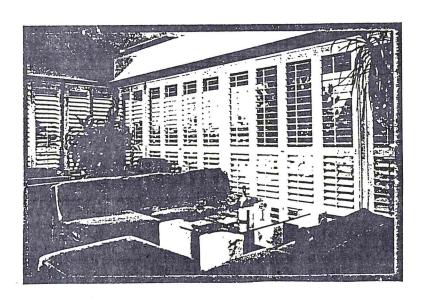
"Our prices are comparative to the cost of drapes and curtains," said Mr. Keith, "and wood is a better insulator."

TK's California-Style Custom Shutters serves a wide area from Belleville through to Kingston, and also Picton. "We have already had inquiries from interior decorators and designers who are interested in using a local source," said Mr. Keith.

If you would like further information on the shutters, phone Mr. Keith at 396-6948 or 396-2320 during the evenings.



(613)396-2320 TODD OR RON 396-6948





Now Open!

Hills Fruit Market

Grocery Items, Dairy Products, Cigarettes, Fresh Fruit and Vegetables

Located at the corner of York Road and 49 Hwy.

Open 7 Days a week 9:00 a.m. - 10 p.m.

The Chief's Inn Restaurant
Open for Business
Saturday, March 19

Tyendinaga Wash N' Wax

R.R. 1, Box 15 A, Deseronto, Ontario K0K 1X0

Interior / Exterior Vehicle Cleaning

(613) 396-2344 Call For Appointment



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DOREEN BROS.

MOTOR VEHICLE SERVICES

- * AUTOMOTIVE SERVICE
- * MOTORCYCLE SERVICE
- * SNOWMOBILE SERVICE
- * A.T.V. SERVICE
- * MOTORCYCLE/SNOWMOBILE ENGINE REPAIRING
- * GENERAL AUTO MAINTENANCE
- * TUNE-UP BRAKES
- * FUEL INJECTION
- * STEERING SUSPENSION
- * CARB OVERHAULS

QUALIFIED FACTORY TRAINED LICENSED TECHNICIANS. HONDA, SUZUKI, KAWASAKI, YAMAHA, G.M., FORD, CHRYSLER

SHOP HOURS

MON.- FRI.- 6:00 P.M. - 9:00 P.M. SAT. 9:00 A.M. - 5:00 P.M.

K.C. BUILDERS

NEW HOMES * RENOVATIONS * ADDITIONS



FREE ESTIMATES

KEVIN MARACLE

TEL: 396-1259

S-TECH ELECTRONICS

Sales and Service

(613) 396-2050

Steve Andress
The Dish Doctor"

R.R. 1, Marysville Ontario, K0K 2N0 B & M VARIETY CHIP and POP STOP

Milk
Bread
Eggs
Bacon
Lunch Meat
Cheeze
Rawleigh Prod.
Home Made Bread

Thursday's

Juice
Mixed Candy
Choc. Bars
Cigarettes
Tobacco
Pop
Ice Cream
Chip

Located On NORWAYS ROAD South off YORK ROAD

HOURS: Mon - Sat 7:00am - 10:00 pm Sun. 1:00pm -10:00pm

PHONE NUMBER : 962 - 7420

Maracle Nails By Sherry

Sherry K. Maracle Bayshore Rd. Tyendinaga Territory 396-2041

- * Artificial Nails (Gel, Fiberglass & New Jett)
- * Repairs
- * Manicures
- * Pedicures
- * Facials & Makeup
- * Gift Certificates Available

Pedicures! Get Your Tootsies ready for South!

Call for an appointment. Telephone 396-2041



Vells - Cisterns - Pools Bulk - Potable Deseronto

962-6378



Lyle Vanclief M.P. Prince Edward-Hastings

59 South Front Street, Unit 2 Belleville, Ontario K8N 5P4

969-7466

WNFR.

GLORIA IDZENGA

Protect-Water Services Inc.

JIM PORTER PLUMBING • 354-6080

In our province, water is often hard to come by - and just plain hard. That's why it's important to treat it right. Properly treated water will repay you - not just in its purity and softness, but in hard cash savings too. Hard water can be expensive. It makes your ciothes dull and grey, and they wear faster. It means you use more soap and waste more water. Corrosion destroys pipes and shortens the life of fixtures and appliances.

Your family deserves the security of a clean healthful supply of

safe drinking water.

PROTECT-WATER SERVICES INC. is a local concern owned and operated by JIM PORTER. They specialize in Chemical Free Iron and Sulphur filters, Ultra violet purification systems, Reverse Osmosis and distiller for high quality drinking water, water softeners, Duro and Red Jacket well pumps and pressure systems and plumbing problem repair service.

PROTECT-WATER SERVICES INC. services have proven to be a saving not a cost factor and is one of the best investments that any homeowners, business, farm or industry can have installed in their establishment. They offer a wide range of products

to improve your waters quality.

Call the above phone number or stop into the Napanee Mall

and see some of their products on display.

When it comes to the best in service, plumbing, and sales of water treatment systems in the area, look no further than PROTECT-WATER SERVICES INC.





962-6031 AFTER 5:00 P.M.





POLE LINE - CONSTRUCTION - VEHICLE INSPECTION STATION

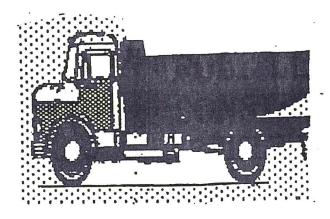
- * DRIVEWAYS
- * SEPTIC TANKS
- * WATER WELLS
- * BASEMENTS

* FULL TIME PHONE & RADIO CONTACT *

* REASONABLE RATES *

* FREE ESTIMATES *

969-7430 KEN, BUD OR JEFF



UNCLE TOM'S MEATS

GRADE "A" MEAT FOR SALE!! LOW CHOLESTERAL

- LOIN CHOPS \$2.39/LB. - HAM \$1.50/LB. - SAUSAGE & SAUSAGE PATTIES - BACON \$2.00/LB.

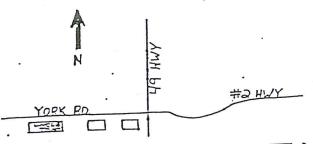
FRESH CUTS DAILY.

PRICED LOW -

CANADIAN BEEF

-BUTTER \$2.50/LB.

- EGGS \$1.59 /002 LL.



TOM GREEN



M U S C

ON PRESENTS OF GUITAR & DRUM LESSONS



LESSONS START AT 9 AM ON SATURDAYS AND 6 PM ON WEDNESDAYS

DRUM SEMINAR COMING SOON

CALL 396-1470 FOR MORE INFO. WE'RE HERE TO SERVE YOU!!!

PLUG IN TO



BUILD-ALL CONTRACTORS

* Quality Work *

R

EXCAVATION, HAULAGE

喝

SEPTIC SYSTEMS

图

DRIVEWAYS & DITCHING

图

BASEMENTS

FREE ESTIMATES

PHONE: 969-1315

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BUILD-ALL CONTRACTORS

- Quality Work -

* Commercial Structures *

* Design *

* Custom Homes *

* House Framing *

Free Estimates! Dependable Service! Contact: Tom Maracle 969-1315