

TYENDINAGA

ONERAHTOKHA (APRIL)
ISSUE 6/92



Shine
Haracle

NEWSLETTER

*Thanks Shine for the lovely Native Easter
Hunt Picture.*

*Shine sent this picture in the Mail c/o Newsletter.
If you have a picture you wish to have in the
Newsletter. Send or Drop it off at the Administration
Office.*

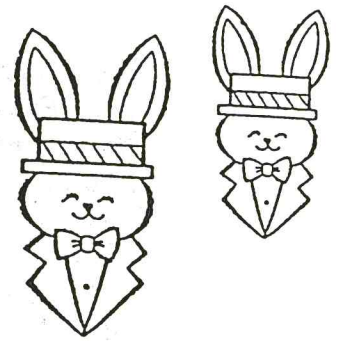
*You Too May See Your Picture on The Front
Cover!*



PAGES	ADMINISTRATION OFFICE INFORMATION
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*"Ideas are like Rabbits. You get a couple and learn How
to handle them and pretty soon you have a dozen."*

-John Steinbeck



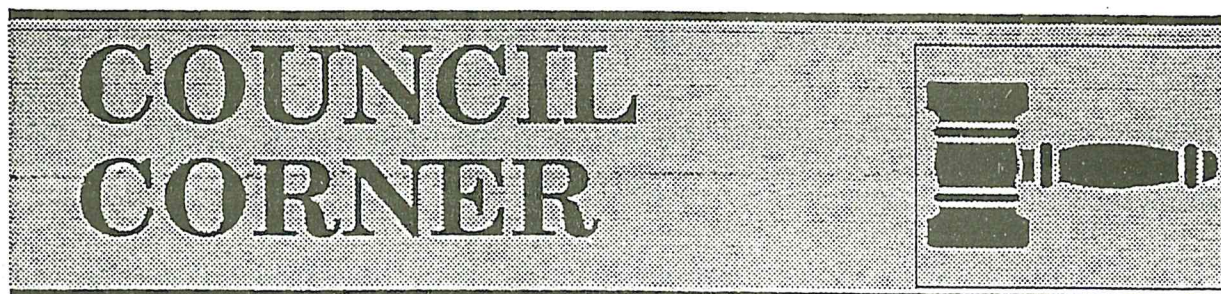
UPCOMING EVENTS

- | | |
|---------|--|
| 18 | Bottle Drive |
| 19 - 21 | Tyendinaga Minor Lacrosse |
| 21 | Invitation from Joyceville Institute |
| 22 | Clan Meeting |
| 23 | Upcoming Events at the Iroquois Indian Museum |
| 24 | Special Events for Easter at the Mohawk Pentecostal Church |

25 **CLASSIFIEDS**

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32 **BUSINESS DIRECTORY**



Regular Tyendinaga Mohawk Council meetings are scheduled for the 1st and 3rd Wednesday of every month.

The Tyendinaga Mohawk Council has also instituted Monday Night meetings on the off weeks of regular Tyendinaga Mohawk Council Meetings on the 2nd & 4th Week of every month.

In between the scheduled meeting dates there occurs special working meetings.

The Month of March was, as usual a busy one, with Council holding:

- Regular TMC. meetings on March 4th, 11th & 18th 1992
- Special TMC. meeting on March 25/92 to allocate housing units
- Meeting with Johnson Brant's Family, Land Researcher & Composting Company on March 7th/92
- Meeting with Toronto OPP & Belleville OPP on March 27th/92 at 1:00 p.m.
- Meeting with Tobacco Distributors on March 27/92 at 7:00 P.M.
- Gaming meeting attended by Charles Maracle & Ken Crowe on March 31, Toronto Ontario
- Big Marsh Committee meeting, March 17/92 attended by Doug Maracle
- TMC. meeting with Longhouse, March 29/92
- General meeting, March 12/92 on Hunting & Fishing
- The Chief & Individual Councillors also have separate meetings regarding their specific portfolios. Reports on the activities are made at the regularly scheduled TMC. meetings.

PLEASE NOTE

WOODCHIPS ARE NOW AVAILABLE FOR **FREE** FOR HOUSEHOLD USE, SUCH AS GARDENS, ETC.

THE WOODCHIPS ARE LOCATED ON THE NORTH SIDE OF THE ROAD (**DIMPS ROAD**) NEAR THE GRAVEL PIT. BRING A STURDY CONTAINER FOR THE WOODCHIPS.

THE ADMINISTRATION OFFICE



THAYENDANEGE
HEALTH
CENTRE

**** NOTICE ****

Thayendanege Health Centre Staff will be available for

BLOOD PRESSURE AND BLOOD SUGAR TESTING

AT THE NEW FACILITY
ON THE FOLLOWING DAY:

TUESDAYS 10:00 A.M. - 1:00 P.M.

PLEASE FEEL FREE to come in and visit the Centre and learn about the various programs available.

HEALTH PERSONNEL will be available to answer your questions!

FOR FURTHER INFORMATION PLEASE CONTACT **BEV HILL** OR **HELEN BREADMAN** AT THE HEALTH CENTRE.

SENIORS NEEDING TRANSPORTATION TO THE HEALTH CENTRE PLEASE CONTACT:

CINDY MARACLE 396-3424

**** PLEASE NOTE ****

THERE WILL BE NO BLOOD PRESSURE OR SUGAR TESTING ON **TUESDAY, APRIL 14TH**. REGULARLY SCHEDULES WILL RESUME ON **TUESDAY APRIL 21**.

GAME WARDENS - 1992
WORK SCHEDULE

SHANNONVILLE RIVER

TEAM #1	-	NORTH SIDE	-	Donald J. Maracle (396-5827)	}	4:30 p.m.-12:30 a.m.
		SOUTH SIDE	-	Scott A. Brant (966-0642)		
TEAM #2	-	NORTH SIDE	-	Willard R. Maracle (396-5743)	}	6:30 p.m.-2:30 a.m.
		SOUTH SIDE	-	Winston. L. Maracle (962-2412)		
TEAM #3	-	NORTH SIDE	-	Cory Maracle (396-2450)	}	9:00 p.m.-5:00 a.m.
		SOUTH SIDE	-	Chris Maracle (396-3409)		

MILKER AT THE RIVER and/or SPARE GAME WARDEN

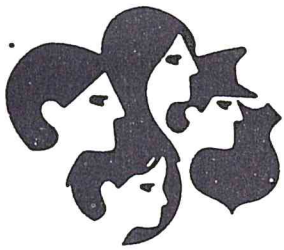
Kevin O. Hill (967-6316) on the Bridge 4:30 p.m. - 12:30 a.m.

Until such time the fish are ready to be milked, then replace by Donald J. Maracle at 8:30 p.m.

FOUR (4) PEOPLE AT DIFFERENT LOCATIONS - 6:00 p.m. - 2:00 a.m.

NORTH SIDE	-	Mario Baptiste	}	6:00 p.m. - 8:00 p.m.
SOUTH SIDE	-	Shawn Brant		
SOUTH SIDE	-	Freda Baptiste		
BRIDGE	-	Alvin A. Maracle		

Mario Baptiste (967-0451)	Gordon's Point	}	8:00 p.m. - 2:00 a.m.
Shawn Brant (396-3636)	South End Norway's Road		
Freda Baptiste (966-4846)	Freeman's Point		
Alvin A. Maracle (396-6441)	PeeWee's Cottage Gate		



Working Together To Prevent Crime

ALL COMMUNITY MEMBERS

Your help would be greatly appreciated, not only by our department, but by the community in general, if we could have your assistance in reporting any and all crime related information to the Tyendinaga Reserve Police or to Crime Stoppers Quinte Inc.

With **YOUR** help our community will be a much safer place to live!

TYENDINAGA POLICE DEPARTMENT

WHAT IS CRIME STOPPERS?

CRIME STOPPERS is a non-profit program relying on co-operation between the Police Force, news media and the citizens in our area. CRIME STOPPERS encourages people to call the Police with information to solve crimes already committed, those about to occur and/or the whereabouts of wanted persons.

If your information fits this criteria and leads to an arrest, CRIME STOPPERS offers you a method in which you can pass this information on to the Police and NEVER HAVE TO REVEAL YOUR IDENTITY! At the same time, you will be eligible for a CASH REWARD also paid anonymously. The rewards runs to \$1,000.00 depending upon the weight of your information.

Community involvement is the key to the CRIME STOPPERS program. Your help and assistance is encouraged to ensure the on-going success of CRIME STOPPERS QUINTE INC.

A community with a CRIME STOPPERS program has proven to be a safer place to live and to work for everyone.

Get involved and help make your community a crime-free one.

Yours truly

PAUL NEWELL

Chairman, Crime Stoppers Quinte Inc.

ANONYMITY GUARANTEED

When you call our direct line 969-TIPS or 1-800-267-HELP, you will be assigned a special code number which you will identify yourself with in all future dealings with CRIME STOPPER personnel.

Your call will not be traced nor recorded. Informants do not have to testify in court, nor is their identity known.

CASH REWARD

Unlike other reward programs which stipulate 'arrest and conviction' CRIME STOPPERS pays upon ARREST only. Your waiting time for the pay-out is drastically reduced.

Your reward will be passed on to you after proper identification by code number, at a pre-arranged location. The Police will not be involved unless you wish.





FROM THE OFFICE OF THE EMPLOYMENT CO-ORDINATOR

EMPLOYMENT OPPORTUNITY

CANADIAN COAST GUARD
PRESCOTT, ONTARIO.

Ken J. Brant of the CANADIAN COAST GUARD, PRESCOTT, ONTARIO called with the following Employment Opportunity.

The Canadian Coast Guard has openings for individuals to work on a Coast Guard Vessel as a **Deck Hand**. Travel will take place between Prescott and Windsor, Ontario. This would alternate six months on a vessel and six months on Base.

Please forward **Public Service Commission Applications** to:

CANADIAN COAST GUARD
P.O. BOX 1000,
PRESCOTT, ONTARIO.
KOE ITO

ATTENTION: PERSONNEL MANAGER

ARE YOU INTERESTED IN EMPLOYMENT

WITH CORRECTIONS CANADA?

IF SO A WORKSHOP IS BEING PLANNED FOR **TUESDAY APRIL 21** IN THE COUNCIL CHAMBERS IN THE ADMINISTRATION OFFICE. THERE WILL BE TWO SESSIONS AVAILABLE **MORNING & AFTERNOON** ON THAT DATE. FOR MORE INFORMATION OR TO LEAVE YOUR NAME FOR REGISTRATION **PLEASE CALL:**

THE EMPLOYMENT OFFICE 396-3424

IF YOU ARE LOOKING FOR A JOB!

PLEASE COME INTO THE ADMINISTRATION OFFICE
AND CHECK OUT WHAT WE HAVE AVAILABLE ON OUR
JOB OPPORTUNITY BULLETIN BOARD.



Ontario

Ministry
of
Education

(416)325-2787

14th floor
Mowat Block
Queen's Park
Toronto, Ontario
M7A 1L2

Ministère
de
l'Éducation

étage
Édifice Mowat
Queen's Park
Toronto (Ontario)
M7A 1L2

MEMORANDUM TO: Band Administrators
Education Counsellors

FROM: N. Keith Lickers
Acting Coordinator
Native Education Policy Unit

DATE: March 16, 1992

SUBJECT: Application Forms - Native Counsellors Training Program 1992

**APPLICATIONS ARE AVAILABLE AT THE EDUCATION DEPARTMENT AT THE
ADMINISTRATION OFFICE.**

The session is being offered at Laurentian University in Sudbury from July 6 to July 31, 1992, inclusive.

The deadline for receiving applications this year is April 17, 1992. Applications received after that date will be accepted but there is no guarantee that the applicant will be registered for the session.

The admission criteria for the program are:

1. successful completion of secondary school; or
2. successful completion of Grade 11 and having at least one year of counselling experience; or
3. successful completion of Grade 10 and having at least five years of counselling experience; or
4. a mature student by post-secondary education standards and submitting a letter of recommendation from an official of a First Nation education authority or a Native organization.

If you have any questions concerning the program, please do not hesitate to contact me at (416) 325-2787.

Your support of the Native Counsellor Training Program is greatly appreciated.

Sincerely,

N. Keith Lickers
Acting Co-ordinator
Native Education Policy Unit

Attachments



THAYENDANEGE
HEALTH
CENTRE

COME LEARN WITH US!

ANYONE INTERESTED IN HOPPING THE BUS, HAVING LUNCH AT BLACKBURN MEWS, KINGSTON (BUY YOUR OWN), AND LEARNING ABOUT BREAST HEALTH PLEASE CALL BEV. AT 967-3603 OR CINDY AT 396-3424 AND LEAVE YOUR NAME AND TELEPHONE NUMBER BEFORE APRIL 15th AS KINGSTON CENTRE, ONTARIO BREAST SCREENING HAS SET ASIDE APRIL 30th FOR THE TYENDINAGA GROUP TO VISIT. BUS SHOULD DEPART BY 9:00 A.M.

MAMMOGRAPHY CAN SAVE YOUR LIFE



1.
Average size lump found
by women untrained in
BSE



2.
Average size lump
found by women
practicing occasional
BSE



3.
Average size lump
found by women
practicing regular
BSE



4.
Average size lump
found by first
mammogram



5.
Average size lump
found by regular
mammograms

Ontario Breast Screening Program

The Ministry of Health has funded a province wide program of breast screening in Ontario through the Ontario Cancer Treatment and Research Foundation.

The Kingston Regional Program is a part of this province wide program and serves a 10 county area including:

Durham*
Victoria
Peterborough
Northumberland
Hastings
Prince Edward
Frontenac
Lennox and Addington
Lanark*
Leeds-Grenville*

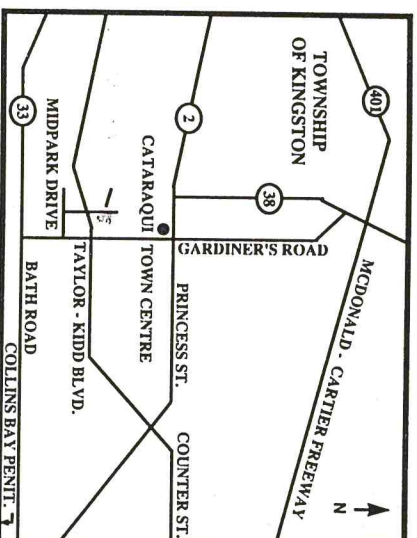
We will be working to find ways to reach women in areas outside of Kingston.

* Note: Women in Durham county have the option of going to the Toronto Centres and women in Lanark and Leeds can go to Ottawa if preferred.

A program of the Ontario Cancer Treatment and Research Foundation and the Kingston Regional Cancer Centre.

Location:

OBSP - Kingston Centre
786 Blackburn Mews
Kingston, Ontario
K7P 2N7



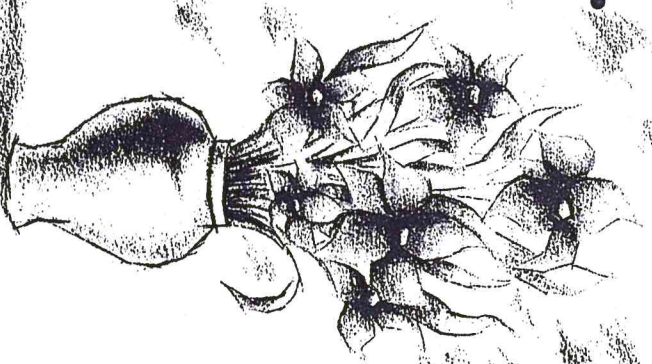
- The Breast Screening Centre is located in the Blackburn Mews on Taylor-Kidd Blvd, just off Gardiner's Road.
- A Kingston city bus stops in front of the mews from 7:00 a.m. to 6:00 p.m.
- There is free parking and our centre is wheelchair accessible.

**For an Appointment
Please Call:**

OBSP - Kingston Centre
(613) 384-4284
1-800-465-8850

**Are you a
woman age 50
or older?**

**Finding
breast cancer
early could
save your
life.**



Ontario Cancer Treatment and Research Foundation

What is breast screening?

- Examination of the breast by a specially trained nurse
- An x-ray of the breast to find cancer early - often before you can feel a lump

Why screen for breast cancer?

- Finding breast cancer early saves lives
- As women get older, their chances of getting breast cancer increase
- More women in Ontario die of breast cancer than any other type of cancer

Who can be screened?

- Women who are 50 years or older

How often should I be screened?

- Every two years

How do I make an appointment?

- You can come on your own or be sent by your doctor

What happens at the Screening Centre?

You will be at the Centre for about 45 minutes.

1. Getting Ready

- You will be given a gown and be asked to undress from the waist up

2. Physical Examination

- A nurse will do an examination of your breasts
- This is done because some cancers can't be seen on x-rays

3. Mammography (breast x-ray)

- The breast is pressed between two plastic plates (You may feel a little discomfort)
- An x-ray is taken of each breast (it only takes a few seconds)

4. Results

- Within 2 weeks you will receive a letter
- Your family doctor will also be given your results

Is there a charge?

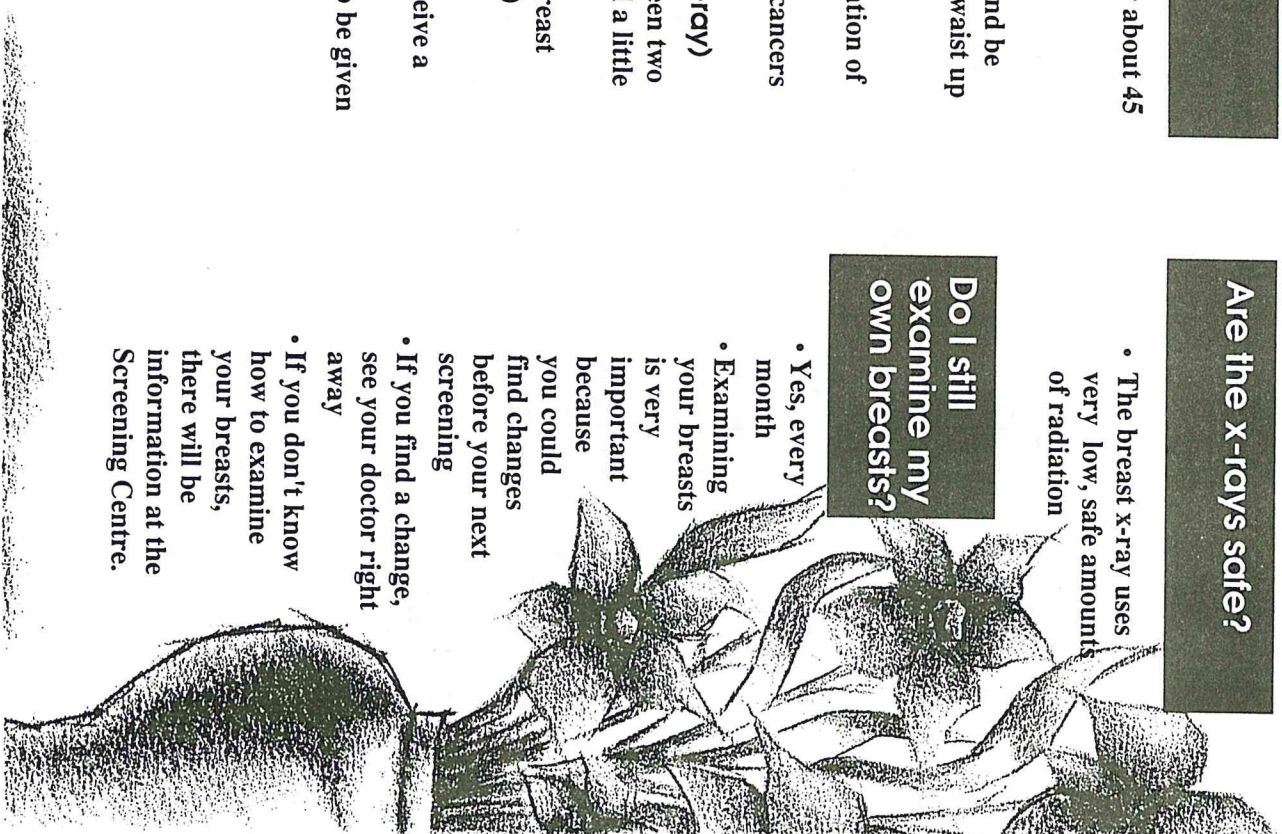
- No. The Screening Centre is funded by the Ontario Ministry of Health

Are the x-rays safe?

- The breast x-ray uses very low, safe amounts of radiation

Do I still examine my own breasts?

- Yes, every month
- Examining your breasts is very important because you could find changes before your next screening
- If you find a change, see your doctor right away
- If you don't know how to examine your breasts, there will be information at the Screening Centre.



MALIGNANT MELANOMA

Malignant melanoma causes most skin cancer deaths but is one of the **RAREST** forms of the disease.

HURRY TO A DOCTOR IF . . .

- You find any bluish-black or dark brown oddly shaped growth.
- The growth itches or bleeds.

Malignant melanoma spreads quickly but can be cured if treated early



SO
IT PAYS TO BE
SUSPICIOUS!

SYMPTOMS

It's not too late . . .
You can still change old habits! Be careful and if you see something suspicious SEE YOUR DOCTOR.

This can include:

- A spreading skin growth (it may be pearly, tan, brown or black but any spreading growth should be checked).
- A mole, birthmark or beauty spot that changes or has an odd shape.
- An open sore that doesn't heal. It could be trouble if ignored.

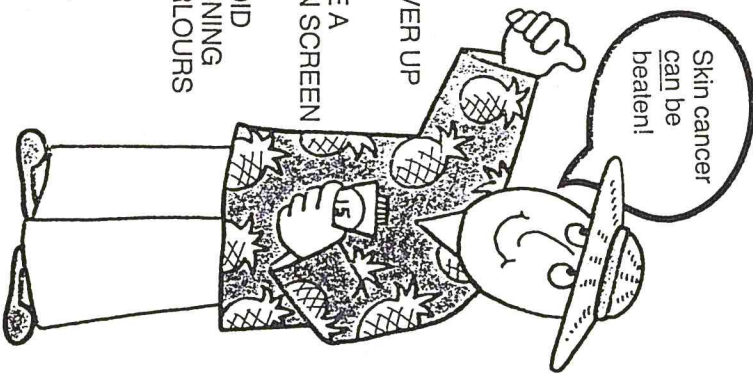


Remember: Quick treatment almost always means a

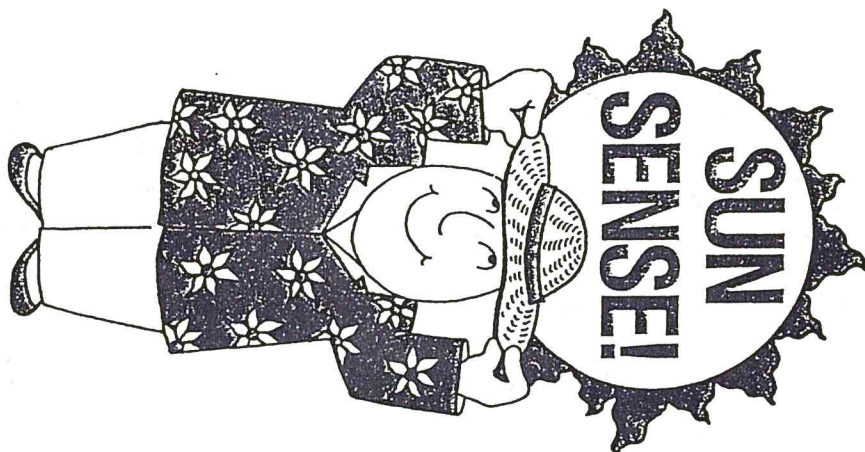
LONG-LASTING CURE!

Skin cancer can be beaten!

- COVER UP
- USE A SUN SCREEN
- AVOID TANNING PARLOURS



SUN SENSE!



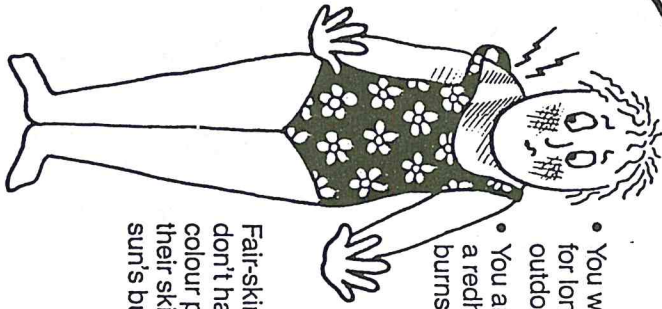
CANADIAN
CANCER
SOCIETY

SOCIÉTÉ
CANADIENNE
DU CANCER

RISK

You're at
greatest risk if . . .

- You work or play for long periods outdoors.
- You are a blond or a redhead who burns easily.

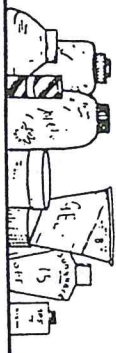


Fair-skinned people don't have enough colour pigment in their skin to stop the sun's burning rays.

SUN SCREEN



- Sun screens come as lotions, creams, solutions, gels or lipsticks.
- Most contain PABA, a chemical that protects skin from the sun's burning rays.



- Look for the "Sun Protection Factor" or SPF which is based on how long it takes to burn in the sun.

Use an SPF of 15 or higher.

Apply as much as possible, beginning an hour before you go out.

Reapply every 3 or 4 hours, or after each swim.

The higher the SPF
number the greater
the protection

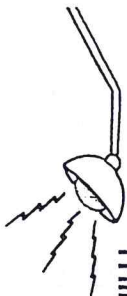
But remember . . .

NO SUN SCREEN ABSORBS
ALL THE SUN'S RAYS. IF YOU
STAY OUT LONG ENOUGH
YOU'LL BURN.

TANNING PARLOURS

Maybe you've heard
you can get a "safe" tan
in a tanning parlour?

THINK AGAIN!

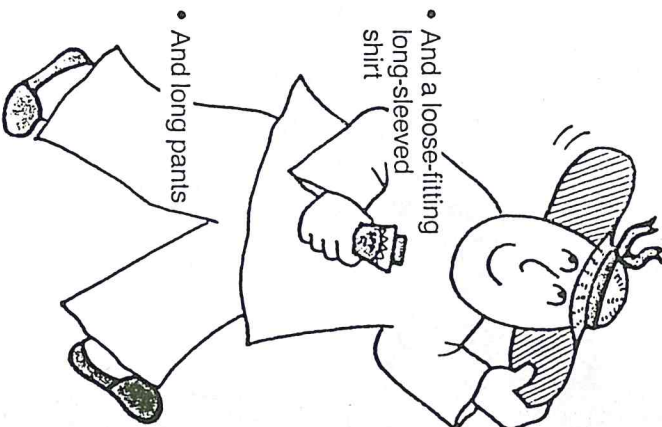


Suntanning machines produce
the same wave length of light as
the sun and . . .
CAUSE THE SAME DAMAGE

PROTECT

It's easy to
protect yourself . . .

- Wear a broad-brimmed hat



- And a loose-fitting long-sleeved shirt

- And long pants

USE A SUN SCREEN

That **LOBSTER RED** burn is a sign
of skin damage. The damage doesn't
go away but builds with each sunburn
THAT CAN LEAD TO CANCER

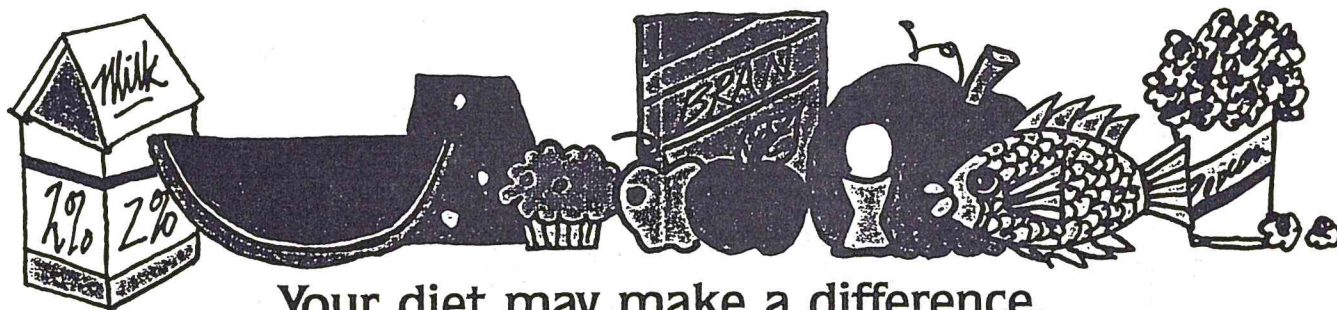


The sun is the main cause of skin cancer, and skin cancer is the most common cancer in Canada. But the cure rate is 90%!

CANADIAN
CANCER
SOCIETYSOCIÉTÉ
CANADIENNE
DU CANCER

Healthy Food Choices May Reduce Your Cancer Risk

Debbie Torres - Graphic House April 1995 Canadian Cancer Society 1995 210510



Your diet may make a difference.

By selecting foods that help to keep your body healthy, you can take steps to reduce your chances of getting cancer.

There is evidence that diet and certain types of cancer are related.

The Canadian Cancer Society recommends that you...

1. Eat Less Fat. Follow these suggestions:

- Choose lean cuts of meat, poultry and fish. Trim all visible fat from the meat and remove the skin from poultry before cooking it.
- Choose low-fat dairy products.
- Use sparingly: margarine, butter, oil, lard, shortening and cream.
- Limit the use of salad dressings, mayonnaise, gravy and rich sauces.
- Bake, poach or broil meat, fish and poultry rather than frying.
- Limit the use of high-fat desserts such as pies, cookies, cakes, doughnuts and ice cream.

2. Eat More Fibre. Your best choices are:

- fruits and vegetables.
- whole grain breads, cereals, crackers and muffins.
- cooked dried peas, beans, lentils and brown rice.
- unbuttered popcorn, nuts and seeds in moderation.

3. Eat Several Servings of Fruits & Vegetables.

Canada's Food Guide recommends four to five servings daily. In addition to containing fibre, fruits and vegetables are an excellent source of vitamins and minerals. Select a variety of vitamin-rich foods rather than relying on vitamin supplements.

Good choices are:

- oranges, grapefruit, apples, peaches, pears, apricots, nectarines, plums and melons.
- carrots, broccoli, brussel sprouts, cabbage, cauliflower, tomatoes, potatoes, spinach, squash and sweet potatoes.

4. Maintain Ideal Weight. Some suggestions are:

- Eat fewer fatty foods and less sugar.
- Avoid second helpings.
- Prepare smaller portions.
- Use fresh fruit and vegetables for snacks.
- Serve fruit for dessert.
- Increase physical activity.

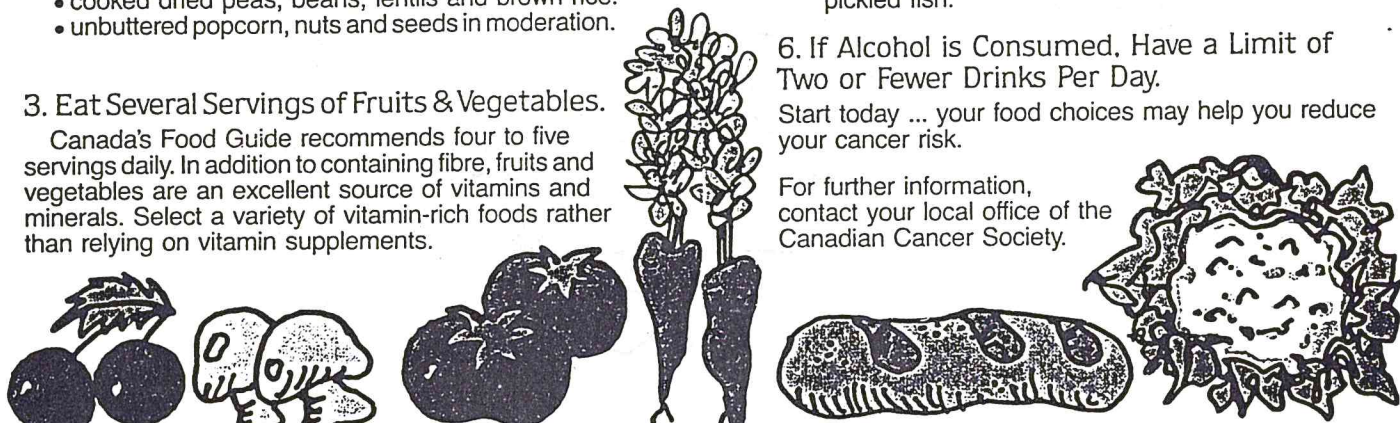
5. Minimize Your Consumption of Salt-Cured, Pickled and Smoked Foods. For example:

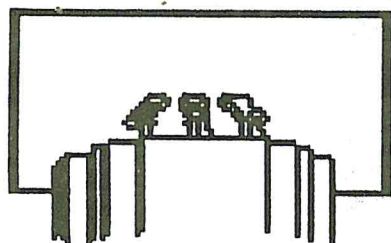
- ham, bacon, wieners, bologna and smoked or pickled fish.

6. If Alcohol is Consumed, Have a Limit of Two or Fewer Drinks Per Day.

Start today ... your food choices may help you reduce your cancer risk.

For further information, contact your local office of the Canadian Cancer Society.





PARSON to PERSON

+++

"That's not TRUE.....!!!"

**WHAT A TERRIBLE FEELING IT IS, TO KNOW
THAT SOMEONE IS LYING ABOUT YOU!!!!**

I think that we have all been in that position of seeing, and knowing that someone is lying about us, or concerning us. How dreadful it is to think that others could believe such terrible stories also. And the worst of it is, that you can't do anything about it.

We are now rapidly closing in on that season that comes each year. Easter, it seems, is merely another one of those times you get off school, or work, or have another family get-together. And rightfully so. I'm glad we have this opportunity each year. BUT THE SAD PART OF IT ALL IS THIS. It has just become another holiday, without really stopping to realize WHY WE HAVE EASTER. Almost 2000 years ago, a child was born into a world much like ours. There was oppression, depression, sickness, wickedness in every place. Yet, this child grew up to show us a greater way. He came to show us how to live, even in this terrible world. HIS NAME was JESUS.

Jesus lived a life, free from any sin. He did not show hatred as we see today. He didn't lie, steal, take drugs, become addicted to pornography, think little or nothing of others. HE PORTRAYED TO ALL MANKIND THE VERY EXCELLENCY OF THE GOD WHO CREATED THIS WORLD. IN FACT, HE WAS THE SON OF GOD! Yet, in spite of this overwhelming love that Jesus showed to mankind, one day they decided that was enough. Why even the so-called religious people of the day only saw Jesus as a threat to the church they felt that they had built. It was not God's church, God's people, but theirs. Jesus must be removed, eradicated, BUT HOW?

They came up with a plan. It says in the gospel of St. Matthew, 26:59; "Now the chief priests and the whole council kept trying to obtain false testimony against Jesus, in order that they might put Him to death."

If you continue to read in St. Matthew, you will find that many came forward to speak lies about Jesus. YET, why does Jesus not speak up like you or I would do? Why does he not say to the court officials, "That's not true?" JESUS STOOD THERE, AND SAID NOT A WORD! You see. Jesus knew why He came into this world. He knew that Easter was the final event for this Son of God. JESUS KNEW, THAT THE ONLY WAY MANKIND COULD EVER BE RESCUED WAS BY THE DEATH OF ONE, WHO WOULD STAND IN THEIR PLACE.

JESUS DIED ON THE CROSS, SO THAT YOU & I MIGHT GO FREE!

**THIS EASTER, CALL UPON JESUS TO BE YOUR SAVIOUR...
HE DIED FOR YOU, AND NOW HE WAITS FOR YOU!**

MOHAWK PENTECOSTAL CHURCH

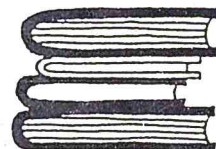
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KA:NHIOTE

967-6264

Tyendinaga Mohawk Library



The Library wishes to thank Carol McMillan for her generous donation of a subscription to LARGE PRINT READERS DIGEST.

The library subscribes to a variety of magazines - **EQUINOX, NATIONAL GEOGRAPHIC, TRAVELER, CANADIAN WOMAN STUDIES, SOUTHWEST SAMPLER, SOUTHWEST CRAFTS, CRAFTS PLUS, CANADIAN GEOGRAPHIC, TURTLE QUARTERLY, AKWE:KON JOURNAL** (formerly Northeast Indian Quarterly).

Magazines may be borrowed for 14 days.

We still have a long list of overdue books. Remember your responsibility to return books promptly so someone else may have the pleasure of reading them. If the library is not open at the time there is a book slot by the back door.

OVERDUE BOOKS

NORTH AMERICAN INDIANS
IROQUOIS IN THE AMERICAN REVOLUTION
IROQUOIS DIPLOMACY
IROQUOIS STORIES
THIRTY INDIAN LEGENDS OF CANADA
GHOST VISION
DREAN QUEST
IF THERE BE THORNS
IN THE LAND OF THE PEOPLE APART
TAKU ANFD THE FISHING CANOE
THE FIRM
THIS LAND IS OUR LAND
INDIAN RIGHTS-HUMAN RIGHTS
FLINT AND FEATHER
NATIVE AMERICAN PROPHECIES

TRADITIONAL TEACHINGS
MOCCASIN MAKER
THE OJIBWE
DZELARHONS
HALFWAY MAN
INDIAN GIVERS
DANCING FEATHERS
WHEN RABBIT HOWLS
BABY LANGUAGE
QUANAH PARKER
RECYCLING BOOK
LEARN ABOUT STRANGERS
THE INDIAN WAY
LEAGUE OF THE IROQUOIS

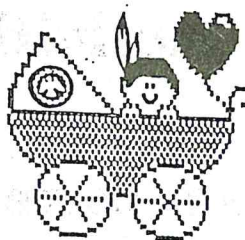
HOURS

TUESDAY 9:00 TO 4:00

WEDNESDAY 9:00 TO 4:00

THURSDAY 1:00 TO 4:00 AND 6:00 TO 8:00

**It's
A
Girl!**



Dean & Leslie Montour are pleased to announce the safe arrival of their first child.

Brianna Alena Kahentanoron

BORN: Wednesday, February 12, 1992

WEIGHT: 9 lbs. 10 oz.

1st Time Proud Grandparents are:

***GRANT & GAIL MONTOUR OF KAHNAWAKE
DAVE & DOTTIE PARKER OF CALIFORNIA
TRUDY PARKER OF CALIFORNIA***

A Great Granddaughter for:

***TERESA MONTOUR OF KAHNAWAKE
VAL BAUCHNANN OF MICHIGAN***

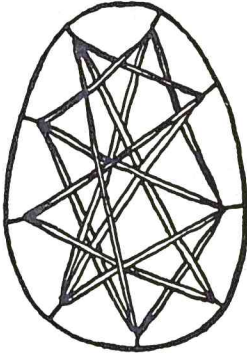
1st Time Auntie LINDA PARKER OF CALIFORNIA

SOUPBONE and SKAWNDAWG

by Ken Syrette



**KEN SYRETTE
'92**



YARN-COVERED EGGS

MATERIALS: White Styrofoam meat trays or white cardboard; assorted colors of yarn; pair of scissors; tape.

PREPARATION: For each child, cut an egg shape out of a white Styrofoam meat tray or a white sheet of cardboard. Cut slits around the edges of the egg shapes. Cut yarn into manageable lengths. Tape one end of a piece of yarn to the back of each egg shape and pull it through one of the slits.

ACTIVITY: Let the children wind yarn around their egg shapes, each time passing the yarn through one of the slits. Encourage them to crisscross their egg shapes in any way they wish to create designs. When the children have finished, trim off the ends of the yarn and tape them to the backs of the egg shapes.

Song (Tune of London Bridge)

Bunny rabbits have no tails, have no tails, have no tails
Bunny rabbits have no tails
They have powder puffs.

Song (Tune of London Bridge)

Little ducks go quack, quack, quack
Quack, quack, quack,
Quack, quack, quack
Little ducks go quack, quack, quack
In the springtime.

Little lambs go baa, baa, baa
Baa, baa, baa,
Baa, baa, baa;
Little lambs go baa, baa, baa
In the springtime.



PURPLE EASTER SHAKE: 1 can frozen grape juice 2 cups vanilla ice milk
1 cup milk
Blend juice and milk until smooth. Add ice milk. Blend.

BUNNY SALAD: Make bunny by decorating pear half with any of the following: raisins, prunes, mandarin oranges, uncooked spaghetti, cheese strips, carrot strips, or celery strips.

THE
MOHAWKS OF THE BAY OF QUINTE
FOOD BANK COMMITTEE

WOULD LIKE TO THANK THOSE PEOPLE WHO HAVE DONATED
GIFTS OF FOOD, MONEY, AND VOLUNTEERED TIME IN ORDER
TO KEEP THIS SERVICE FUNCTIONING.

Native Women's Association

*Adrienni Brant James
Ella Claus
Kanyengeh Festival Board
Mohawk Community Bingo*

*Freida Maracle
Carol Ann Maracle
Shirley's Variety
Q.M.S. Basketball Team
Eva Maracle
Belle Claus
Kathleen Maracle
Bob Lambert*

** A Very Special Thank You to Ward's Gas Bar for his Generous Donation. **

The Winner of Mohawk Women's Association 50/50 Draw was

CLELL MARACLE \$116.00

Proceeds go to the Food Bank. Congratulations Clell!

IF YOU WISH TO MAKE A DONATION YOU MAY DO SO AT
SHIRLEY'S VARIETY, WARD'S GAS BAR, D&S, THE
FOOD BANK ITSELF - LOCATED ACROSS FROM THE
COMMUNITY CENTER, AND THE RESPECTIVE CHURCHES.

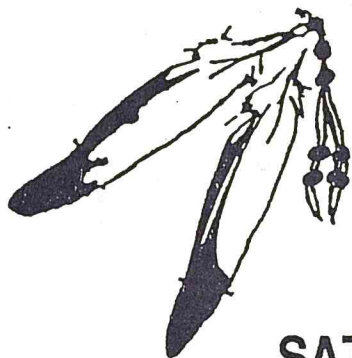
YOUR DONATIONS ARE NEEDED AND VERY MUCH APPRECIATED!

HOURS OF OPERATION THE MONDAY'S 9:00 AM - 7:00 PM
7:00 PM - 9:00 PM

FRIDAY'S 9:00 AM - 7:00 PM
7:00 PM - 9:00 PM

NIÁ:WEN

Tyendinaga Mohawk Pow Wow Committee



is holding a

BOTTLE DRIVE



SATURDAY, APRIL 18TH (MORNING)

IF YOU WISH TO DONATE YOUR RETURNABLE BOTTLES PLEASE HAVE THEM READY FOR PICK UP AND WE THANK YOU FOR YOUR SUPPORT.

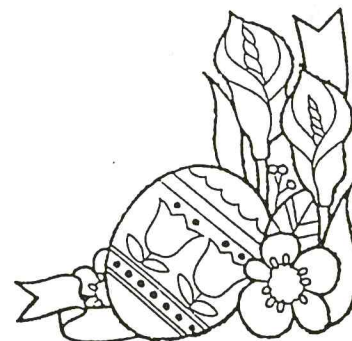
*** All Proceeds will go to the Pow Wow Committee ***

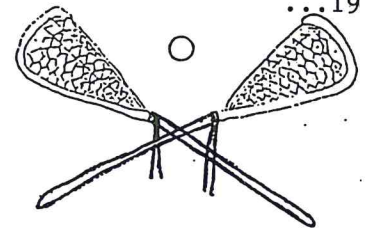


Thank You!

We wish to express a Big Thank You to all the considerate people that stopped to help us when my heifer fell through the ice into the Pond on Thursday April 2nd.

Randy Brant & Family





"CATCH THE FUN"

TYENDINAGA MINOR LACROSSE 1992 SEASON (MAY - AUGUST)

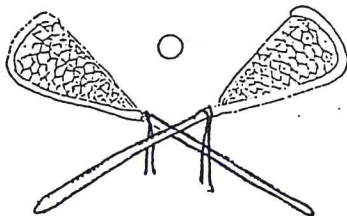
EXECUTIVE

PRESIDENT: JACK GREEN
1ST VICE : DON SMART
2ND VICE : DOROTHY GREEN
TREASURER: DEBBIE SMART
SECRETARY: DEBBY BRANT

The Tyendinaga Mohawks Minor Lacrosse Association invites all boys/girls to come out and play Box Lacrosse. Their will be both All-Star and House League Teams. All players will be registered and insured with the O.L.A. (Ontario Lacrosse Association). Coaches will be Certified at all Levels.

THE AGE GROUPS ARE:

AGE	5-6	PEANUT
	7-8	TYKE
	9-10	NOVICE
	11-12	PEE WEE
	13-14	BANTAM
	15-16	MIDGET
	17-19	INTERMEDIATE



**TYENDINAGA MOHAWK
MINOR LACROSSE ASSOCIATION**

1992 PLAYER REGISTRATION

NAME: _____ NICKNAME: _____

ADDRESS: _____

TELEPHONE: _____ POSTAL CODE: _____

BIRTHDATE: _____ HEIGHT: _____ WEIGHT: _____

PARENT / GUARDIAN: _____

FAMILY DOCTOR: _____

PHONE NUMBER: _____

HEALTH CARD NUMBER: _____

PLEASE LIST ANY HEALTH PROBLEMS OR ALLERGIES THE ASSOCIATION
SHOULD BE AWARE OF:

NOTICE OF WARNING:

THERE IS A POTENTIAL RISK FOR INJURY INVOLVED IN TRAINING AND PARTICIPATION IN ANY SPORT. THE MINOR LACROSSE ASSOCIATION HAS TRIED TO CREATE A SAFE AND CONTROLLED ENVIRONMENT FOR SAFE PARTICIPATION. THE COACH HAS ESTABLISHED RULES FOR PARTICIPATING AND CONDUCT ON AND ABOUT THE PRACTICE/GAME AREA THAT SHOULD BE FOLLOWED.

SIGNATURE OF PARENT/LEGAL GUARDIAN

DATE COMPLETED

FOR ASSOCIATION USE ONLY:

\$30 REGISTRATION FEE PAID BY CASH _____
CHEQUE _____

RECEIVED BY: _____

BIRTH CERTIFICATE RECEIVED _____ TEAM _____

COACH _____

TYENDINAGA MINOR LACROSSE

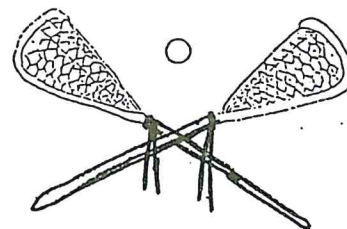
ANYONE INTERESTED IN
REFEREEING/COACHING FOR THE 1992
SEASON ARE ASKED TO ATTEND THE
FOLLOWING CLINICS:

REFEREES CLINIC
SAT. APRIL 25TH
SOCCER CITY, WHITBY
9:00 am - 4:00 pm
12 YRS. OLD AND UP
COST: \$25.00

COACHING CLINIC
SAT. MAY 9TH, 1992
DESERONTO ARENA
8:30 am - 4:30 pm
COST: \$32.00

Anyone interested in further
information is asked to contact:

JACK GREEN: 967-1580
DON SMART: 396-2657



Joyceville Institution
P.O. Box 880
Kingston, Ontario
K7L 4X9

March 23, 1992

To whom it may concern,

We the Native Brothers of Joyceville Institution would like to take this time and openness to invite you all to our Native Brotherhood Social on May 30th, 1992. We would like to know ahead of time on how many people would be coming, so we can order enough food and have clearance for people to come into the institution.

I would like to thank you for your time.

Meegwetch

James Blackbird
Vice-Chairman
of the Native
Brotherhood

P.S. Write back as soon as possible

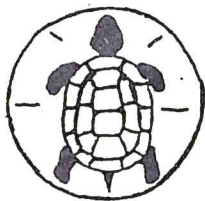
CLAN MEETING



EVERYONE IS WELCOME

TO

ATTEND A CLAN MEETING OF THE
MOHAWK NATION



- *Do YOU Have a Clan? If So Or If Not ...*
- *Come Out & Learn About the Clan System
& How to Obtain One*
- *Meet & Discuss your Clan with Clan Mothers*

** Refreshments will be served ! **

APRIL 11, 1992

10:00 A.M.

COMMUNITY CENTRE





IROQUOIS INDIAN MUSEUM

P.O. Box 7, Howes Cave, NY 12092
(518)234-8319

MAR 30 1992

The Iroquois Indian Museum is devoted exclusively to the Iroquois people and their culture. Displays emphasize the contributions of living Iroquois artists and craftspeople to the continuation of Iroquois traditions. Archeology and history exhibits detail the development of Iroquois culture. Daily dance performances, craft demonstrations, or storytelling during July and August. Children's Museum with hands-on exhibits. Outdoor amphitheater. 45-acre Nature Park with educational trails. Reference library. Museum Shop sells only Iroquois made arts and books on the Iroquois. New Museum located on Caverns Road, just down the road from Howe Caverns. Open all year, 10 a.m. to 5:30 p.m., closed Thanksgiving, Christmas, New Year's Day.

1992 CALENDAR OF EVENTS

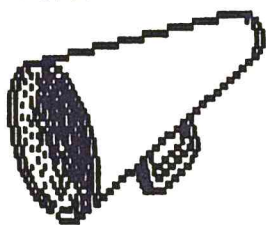
Opening of the New Iroquois Indian Museum- May 30, 1992

"Visual Voices of the Iroquois"- June through November, 1992- a retrospective exhibition of painting and sculpture by Iroquois artists who have been interpreting their traditions from the early 1800's to the present quincentenary year of 1992.

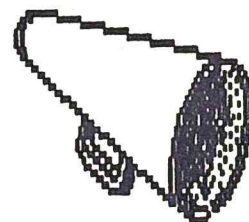
"How Iroquois Traditions Endure"- daily in July and August- a series of craft demonstrations, dance performances, or storytelling.

Iroquois Indian Festival- September 5 & 6, Labor Day Weekend- held at the New Iroquois Indian Museum on Caverns Road, Howes Cave- Festival hours: 10 a.m.- 7 p.m. Saturday; 10 a.m.- 6 p.m. Sunday. Lacrosse tournament with the Iroquois Nationals- held at Crittenden Field, SUNY Cobleskill- 11 a.m. & 2 p.m. both days.

Festival features demonstrations of social dancing performed by the Jim Sky Dancers who dress in traditional Iroquois clothing. Crafts such as moccasin making, basket weaving, pottery making, silversmithing, and stone carving are demonstrated. Both an archeology and art exhibit are mounted for the Festival. Iroquois foods are served and films and videos on Iroquois culture are shown throughout the two days. Special lectures by Iroquois speakers. Children's activities planned to make learning about the Iroquois an exciting challenge.



SPECIAL EVENTS FOR EASTER



at
MOHAWK PENTECOSTAL CHURCH

APRIL 17th - GOOD FRIDAY SERVICE 10:00 A.M.
Come out & watch the Easter drama presented
by the folks of our church...IT WILL AMAZE YOU!

APRIL 19th - EASTER SUNDAY SERVICE 11:00 A.M.
Come & worship with us, as we hear the Bible
unfold, the "Truth of Easter"

**APRIL 25th - CALLING ALL MEN, FOR AN EXCITING
"FISH FRY BREAKFAST" All men invited!!!!**
It starts at 8:00 A.M. with music & testimony by
Rev. Howard Dudgeon.
COME ON OUT & FILL UP ON FISH!!!

APRIL 26th - 11:00 A.M. FILM - "DAWN OR DOOM"
What is happening in Eastern Europe & Russia?
Rev. James Weller will be with us to explain the
current situation in this part of the world.

TELL OTHERS, & YOU COME TOO!!



It's all happening at

MOHAWK PENTECOSTAL CHURCH

For more information, please call
396-5329

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PLEASE CALL THE
ADMINISTRATION OFFICE
FOR MORE INFORMATION

396-3424

LOOKING FOR INFORMATION

Anyone with information on the
Whereabouts of Donna Barbara
Brant also known as Donna
Hutchinson

PLEASE CALL: 416-279-3932
TANIS LONEY

****DEADLINE****

IF YOU WISH
INFORMATION IN THE
NEXT NEWSLETTER.
THE DEADLINE DATE
IS:

**TUESDAY APRIL 21
AT NOON**

396-3424

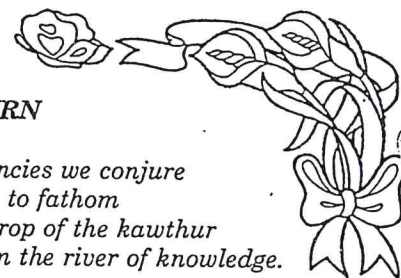
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87 BONNEVILLE

- Blue Four Door
- V6
- Fully Loaded
- Low Mileage
- Warranty Available

\$7,500.00 Certified

Call 968-8397 after 4 P.M.



THE RETURN

*Oh! what fancies we conjure
When we try to fathom
Just a dewdrop of the hawthur
Flowing from the river of knowledge.*

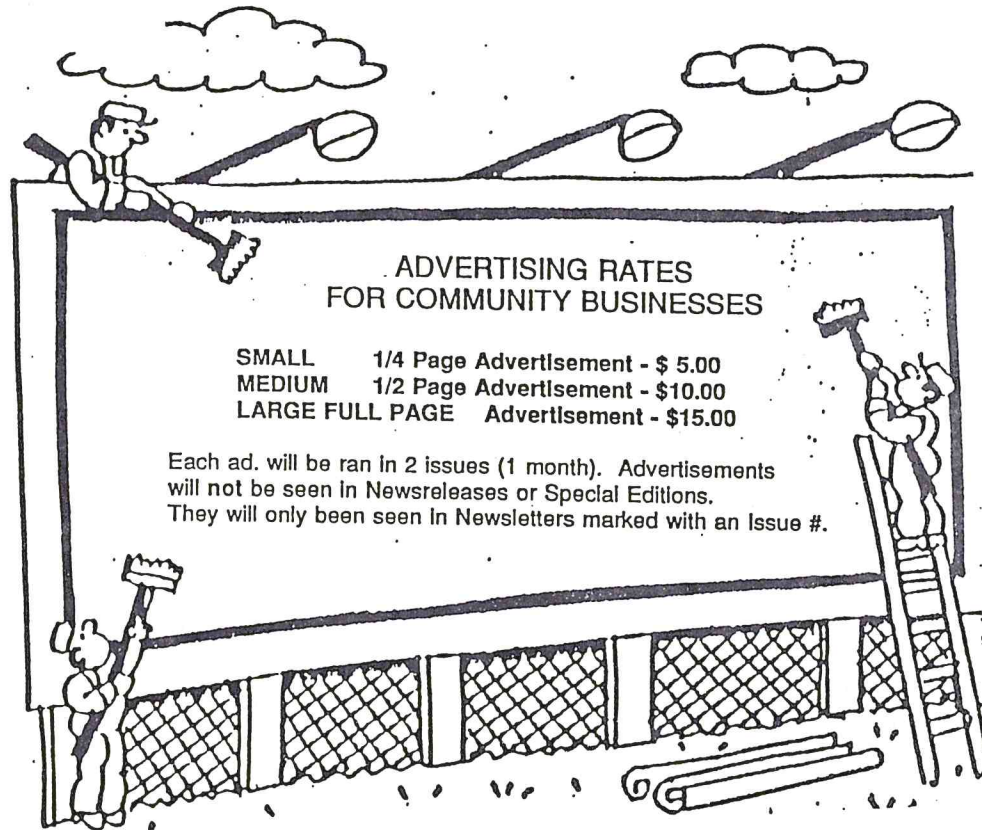
*Every Prophet has praised the Former
Promulgated and carried forth His Name
Erased some laws and added others
That bring us to a New Domain.*

*We scorned the people of Moses
Saying they rejected Christ
Never realizing the same applies to us
We too, knew not our time to trust.*

*The "Gems of Holiness" called forth of God
By many diverse Names
Tests us with a measuring rod
Judges how we play this game.*

*IF--Christ came back bodily,
"Down from the clouds of heaven!"
Everyone would be so dumb-struck
Who would dare to question?*

*But when this Holy Spirit returns
In a different physical body,
The Sifter with this measuring stick
Then finds both the nourished and the sick.*



THE WAREHOUSE RESTAURANT

*1 Km. West on Highway #2 (FROM PREVIOUS LOCATION)
Just east of Mohawk Collision*

Featuring the First Sunday of Each Month

SUNDAY BUFFET

12 NOON - 5 P.M.

Low Fat Beef, Buffalo Meat
&
Much Much More to choose from

* 7.95 includes dessert *

DAILY FEATURES:

Complete Fish Menu's (Pan Fried)

Pickerel	\$7.95
Perch	\$6.95
White Fish	\$5.95
Cod	\$4.95

With Homemade Fries

Home Cooked Meals
Pressure Fried Chicken
& Potatoe Wedges
Indian Corn Soup & Bannock
or Scones
Buffalo Meat
Ribs



HOME GROWN LOW FAT BEEF
THE PRODUCT OF MILLTOWN MEAT

* OPEN 7 DAYS A WEEK *

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McConnell

Karen

Unisex Hairstyling

(Green)

*** PERM'S * * CUTS * * COLOURS ***

AND MORE



BAYSHORE RD. DESERONTO

396-1130

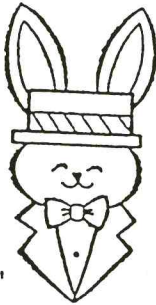
**** BY APPOINTMENT ONLY ****

Artsey & Craftsey

Just in Time for Easter!

- Long Ear Bunnies
- Teddy Bears
- Rabbit Poufs

" All Potpourri Scented "



Wall Clocks
 Childrens Wall Plaques
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Come & See Us At Pat's Variety
Hwy. 49
or Call
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\$1.00 a Dozen

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 AFTER 5:30 P.M. TO PLACE
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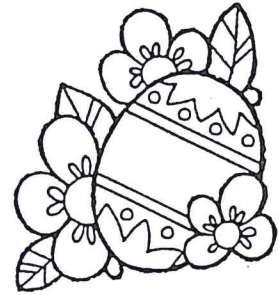


The Mohawk Inn

Good Friday Special!

Roast Pork
with Dressing
Dessert
Soup Or Salad

\$9.50

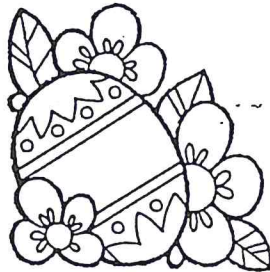


Easter Sunday Special!

Baked Ham Or
Roast Turkey

All the Trimmings
"Salad Bar"

\$11.95



WEEKLY SPECIALS:

EARLY BIRD BREAKFAST 7 A.M. - 9 A.M.

2 Eggs and Bacon
with Texas Toast
& Juice

\$2.25





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This is part of my training
program at the Mohawk Inn.

I invite you to
stop in & enjoy
this special
evening.

EVERYONE IS WELCOME



Ham Turkey Carrot
Cake Chocolate
Pie



COME IN & ENJOY April 14, 1992

5:00 til 9:00

Thank-You Sharon Sager
For Reservations Call: 396-1391

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