

TYENDINAGA NEWSLETTER



ISSUE 8 /97



"TRADITIONAL"

10th Anniversary

TYENDINAGA POW WOW

HONOURING OUR YOUTH & ELDERS

AUGUST 9 & 10, 1997

TSITKERHEDODON PARK

"ADMIST THE TREES"

Peacemaker Territory

Hwy. #401, Marysville Ext. #49 & #2

CALLING ALL DANCERS: Small Travel Honorarium

CALLING ALL DRUMS: Honorarium

HOST DRUM: Nani-Gish-Kung

GUEST HOST DRUM: First Nation Drum

SIX NATIONS CONFEDERACY DRUMS:

Akwesashe / Echoing Thunder

Tyendinaga Water Drum

HONOUR STAFF: Arthur Loft

MASTERS OF CEREMONY: Alan Brant

LEAD DANCERS: Tanya Leary

Les Harper

TOBACCO CEREMONIES: Sat. & Sun. 7:00 am

SPECIAL FEATURE: Smoke Dance

HOOP DANCERS: Samantha Kinoshameg

Tanya Leary

Seth Lefort

GRAND ENTRY: Saturday 12 noon

and 6 pm

Sunday 12 noon

SOCIAL DANCE: Saturday Night

TRADER FEES: Craft \$35/day

Food \$45/day

DRUM & DANCERS

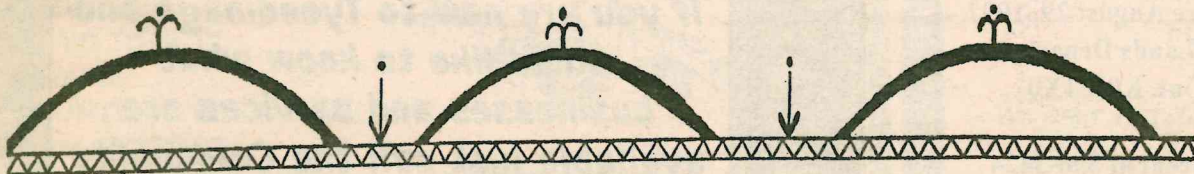
REGISTRATION: Sat. 10 am - 12 noon

Sun. 10 am - 12 noon

ADMISSION

Adults - \$5/day Seniors - Free Children under 12 Free

Native North American Traders Only - Traders Band Cards Required - Strictly Enforced



CAMPING AVAILABLE AT POW WOW GROUNDS

Regular Admission to be paid by Campers - Limited Electrical Hook-up
Washroom Facilities/No Showers

For more information contact:

Sharon John
(613) 396-5573

Brad Boomhour
Ruby Maracle
(613) 396-5364

Robert (Brant) Lambert
(613) 396-5862

Everyone Welcome!

NO ALCOHOL OR
DRUGS

Bring Your Own Chair

The Tyendinaga Pow Wow Committee is not responsible for personal loss or injury

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*Special Centre Insert from the
Aboriginal Media Program*

NEWSLETTER DEADLINE

MONDAY AUG. 25 /97

12:00 noon

396-3424



EUCHRE NIGHT!

Do you have the time and like to play
Euchre and have fun?
Euchres Every 2nd Tuesday Evening at 7:30!
We have business meetings once a month!
If you are interested please call
396-6522 OR 967-4708
For more information

NEWS RELEASES AND ADMINISTRATION NOTICES

9-1-1 CIVIC ADDRESS **SIGN NOTICE**

The Civic address signs have been posted for your safety. These signs have been erected in specific locations to Aid Emergency Response personel in locating your residence in a timely fashion.

PLEASE DO NOT MOVE OR REMOVE your designated sign from its location. Moving or defacing this sign is a Criminal Offence.

***IN AN EMERGENCY SITUATION SECONDS
CAN MEAN THE DIFFERENCE BETWEEN
LIFE & DEATH***

For your convenience post this
by your phone:

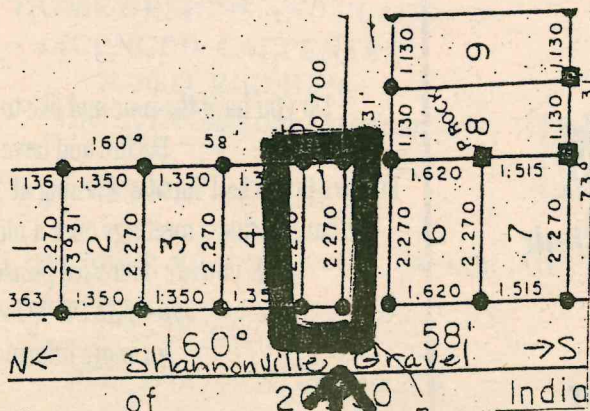
ADMINISTRATION OFFICE : 396-3424
HEALTH CENTRE : 967-3603
FAMILY SERVICES : 967-0122
RED CEDARS SHELTER : 967-2003
QUINTE MOHAWK SCHOOL : 966-6984
CHILDCARE CENTRE : 967-4401
LIBRARY : 967-6264

LOT FOR SALE BY TENDER

Parcel 5, in part of Lot 6, measuring approximately 46' x 150'
Located directly south of Mike and Heather Brant on Shannonville Gravel

Please forward sealed tenders on this parcel on or before August 29, 1997
Mohawks of the Bay of Quinte, Administration Office, Lands Department
#13 York Road, Tyendinaga Mohawk Territory, Ont. K0K 1X0

For further information, please contact Mr. Tom Vincent at 396-3424



Ontario

Ministry of
Natural Resources

Ministère des
Richesses naturelles

July 17, 1997

Ministry of Natural Resources Update Bay of Quinte Walleye Fishery Shows Improvement During June

A Ministry of Natural Resources angling survey for the Bay of Quinte shows that during June it took anglers less than half the time to catch a walleye than it did during May of this year.

This shift is a result of changes in the Bay of Quinte ecosystem and suggests that anglers can increase their success by adapting to these changes.

MNR on-water crews interviewed 618 fishing parties from June 1 to June 30, 1997. An estimated 10,347 boat trips occurred during June, up 10 per cent from June last year. The number of walleye caught was 44,971 and the number kept was 26,699. The best fishing occurred in the Deseronto and Long Reach areas, though good catches were reported from most areas of the Bay. The average size of fish harvested during the surveyed time period was 16 inches total length (371 millimetres in fork length) and weighed 1.4 lb. (622 grams).

Walleye fishing success during June increased 16 per cent over June last year, and has now more than doubled since 1988. The increase in fishing success for walleye may be related to a decline in the numbers of alewife -- the walleye's primary food source. In the past, anglers have had difficulty catching walleye when large numbers of alewife migrated into the Bay of Quinte to spawn each June.

The increased walleye fishing success in June is good news for anglers, especially since May walleye catches have been in decline for a number of years. However, this result is a sign of the tremendous changes occurring in the Bay of Quinte ecosystem. Other signs include changes in the abundance and distribution patterns of walleye and their prey, and increased water clarity and aquatic vegetation. Efforts to reduce pollution and the recent invasion of zebra mussels are among the factors being cited for the changes. Some anglers have adapted to the changes by fishing later in the season, and changing their fishing techniques to improve their chances of success.

MNR will continue to monitor the walleye fishery and will provide updates later in the summer.

-30-

FOR MORE INFORMATION:

Jim Hoyle
Assessment Biologist
Lake Ontario Management Unit
GLENORA (613) 476-7977

Alastair Mathers
Management Biologist
Lake Ontario Management Unit
GLENORA (613) 476-8733

WELCOME WELCOME WELCOME

***If you are new to Tyendinaga and
would like to know what
businesses and services are
available just call the Community
Health Representatives at the
Thayendanege Health Centre.
967-3603
8:30 - 4:30***

These stories and photographs were researched and written by participants in First Nations Technical Institute's Aboriginal Media Program during the initial two weeks of the first semester. The program was initiated in direct response to the Royal Commission on Aboriginal People's Report which identified a need for improving communication among Aboriginal people in Canada. The participants have worked extremely hard on the content displayed here and sincerely hope you enjoy this supplement to the Tyendinaga Territory Newsletter. The staff of the Aboriginal Media Program expresses sincere gratitude and appreciation to the Mohawks of the Bay of Quinte Administration Office for providing the learners with an opportunity to proudly display their efforts in print. For more information on the program, call FNTI at (613)-396-2122.

FNTI launches Turtle Island's first accredited Aboriginal Media Program

Aboriginal Media Program welcomes first intake of prospective journalists on July 7, 1997 marking historic change to mainstream media coverage of issues affecting First Nations peoples

by Joyce Atcheson
Fort McMurray, Alta.
Aboriginal Media Program

The Mohawks of the Bay of Quinte are literally helping to write history. Studies began July 7 for the first six students of Canada's only accredited Aboriginal Media Program offered at First Nations Technical Institute on Tyendinaga Mohawk Territory.

Aboriginal educational institutions in Ontario cannot currently grant diplomas independently, requiring linkages with government-sanctioned schools. As a result of a partnership, graduates of FNTI's two-year program will receive a print journalism diploma from Loyalist College.

The initiative for this program came from a proposal submitted to FNTI last September by Maurice Switzer, an elder from Alderville with 30 years of journalism experience. "Mainstream media too often cover only conflict and violence, other stories must be told," says Switzer, one of the program facilitators.

Susan White, a 12-year faculty member with Loyalist's journalism program was seconded to help develop the FNTI curriculum. Other facilitators include Brant Bardy, a Loyalist journalism grad and Territory

resident, Mike Asselstine, of Tyendinaga's KWE Radio, and Monique Manatch (from Barriere Lake, Quebec) who will be assisting Hamilton-based videographers Stephen Loft and Craig Lewis.

A needs survey done by FNTI identified learners as mature, of varying ages and life experience, living throughout Canada, employed, and needing media skills either in their paid or volunteer work. This information determined the method of program delivery and the inclusion of photography, print, video, radio and internet training. It also identified the need for a multi-media approach to bringing stories to an audience by asking the essential questions of journalism: who, why, what, when, where, and how?

The program consists of an initial six-week semester followed by five two-week blocks of classroom instruction over the two-year period. The balance of the program is handled by internet and correspondence with publishability of assignments the ultimate goal.

Bardy says the learners are not empty vessels. "People come with skills and abilities needing some guidance to shape direction and to increase their interest in media studies."

In the first week, learners participated in photo sessions and interviewed Sam George,



Here are those involved in the country's first accredited program for aboriginal journalists. Front row, left: Arthur Louttit, Dan Couchie; Back row, left: Joyce Atcheson, Susan White

(facilitator), Monique Manatch (facilitator), Lisa Maracle, Diane Baskatawang, Laura Enriquez, Maurice Switzer (facilitator), and Brant Bardy (facilitator).

brother of Native protester Dudley George who was killed at Ipperwash Provincial Park. They also learned the basics of print news and listened to stories from Elders Ernie Benedict of Akwesasne and Ray Fadden.

"I'm overwhelmed after listening to Ray Fadden's video," said Dan Couchie, a learner from the Heron Bay Reserve. "Many things Aboriginal people have given to the world have been claimed by others and I knew nothing of these."

Five of the six students come from Ontario and one from Alberta, making their way to Tyendinaga by car, plane and

bus. The novice journalists range in age from 20-50 with three celebrating their birthdays in Tyendinaga this summer.

Students' reasons for seeking media certification are varied. Tyendinaga resident Lisa Maracle is retraining through Indian Affairs funding to move out of her present government job. Laura Enriquez wants to start an independent newsletter in her home community of Sagamok.

Diane Baskatawang intends to have her own business in Fort Frances editing home videos to preserve memories. Dan Couchie and Arthur Louttit

(Moose Factory) want to use this program to help launch film careers. Joyce Atcheson, from Fort McMurray, Alta, sees freelance journalism as a tool for addressing mainstream and Aboriginal social issues.

Despite accommodation and funding problems which prevented eight students from coming, the program has proceeded. Until Aug. 15, students reside in aviation housing in the subdivision and on Airport Road allowing them to become familiar with the community. They return for their second session in November.

Police officer faces community service work after Ipperwash slaying of Dudley George

by Maurice Switzer
Mississaugas of Rice Lake
Facilitator

Sam George predicts that the lenient sentence given to his brother's killer may help shift public opinion about native rights.

"The tide started to turn when the facts about Dudley's death started coming out," Sam George told learners in First Nations Technical Institute's new Aboriginal Media program. "Reporters were crying outside the courtroom after the sentencing."

While Ontario Provincial Police officer Kenneth Deane's 180-hour community-service sentence was like "a slap in the face" to native people, Sam George said his family's cam-

paign for a public inquiry into the province's handling of a 1995 native land-claim protest at Ipperwash Provincial Park is gaining media momentum.

"We now have several reporters who are printing our side of the story. They are doing research before they print things."

Media interest

Media interest in unraveling the events at Ipperwash contrasts with the public indifference immediately after the OPP stormed the park and began firing at unarmed Chippewas, who were protesting the federal government's half-century delay in returning land "borrowed" from the Stoney Point band for a

wartime military training base.

All the major banks initially refused to be involved in setting up an account for the Dudley George Memorial Fund, although donations can now be sent to the Royal Bank branch in Forest, Ont. Legal roadblocks included the suppression of Dudley George's autopsy report, a copy of which was only released during Sgt. Deane's trial some 17 months after the Ipperwash incident.

Members of the George family have focused their efforts on mustering public support for a judicial inquiry into the Ipperwash affair.

"My wife and I are on the road five times a week," says Sam George, who drove from

his Sarnia-area home to speak to FNTI's media students just hours after returning from a publicity trip to Sault Ste. Marie, and four days after a judge decided not to send Kenneth Deane to jail for shooting Dudley George to death.

Truth and justice

"If we don't keep people informed, this thing will die. We're going to fight until we get what we want – truth and justice. The message the Harris government is sending is that our lives are worth nothing."

Support for a public inquiry into Dudley George's death has come from groups as diverse as the Ontario Public

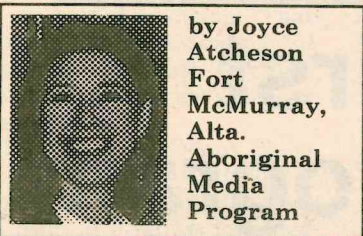
Service Employees Union, and national Jewish and Mennonite organizations, and Sam George was on the agenda of July's annual Assembly of First Nations conference in Vancouver.

The campaign is also seeking to raise awareness about the episode outside Canada. Amnesty International characterized Dudley George's death as an "extra-judicial execution" in its recent annual report, and stories on the case have appeared in the New York Times and European newspapers.

"Human rights groups in Europe are showing a lot of interest," says Sam George.

...continued on page four

Lack of diploma granting powers frustrates Aboriginal colleges



by Joyce Atcheson
Fort McMurray, Alta.
Aboriginal Media Program

Education is a key area in which governments refuse to acknowledge the ability of Aboriginal Peoples to manage their own affairs. For example, First Nations Technical Institute offers programs directly addressing Aboriginal students' needs but cannot provide graduates with diplomas they need for career advancement without linkage to an Ontario College of Applied Arts and Technology. This absence of autonomous accreditation means FNTI not only backs provincial government approval to provide recognized credentials, but also lacks direct access to major Ontario education funding.

Funding jurisdictional

Richard Johnston, president of FNTI, says the funding issue is jurisdictional: education comes under provincial government responsibility and authority, while First Nations peoples are governed federally. (In British Columbia, unlike Ontario, a number of Aboriginal educational institutions have been given degree and diploma granting power by that province.) However, the Ontario Ministry of Education and Training's Aboriginal Education and Training Strategy provided \$6,000,000 for education of Aboriginal students. Of this, \$500,000 was given to six Ontario Aboriginal institutions

to share among themselves and other Aboriginal groups. The balance was distributed to mainstream post-secondary schools to address Aboriginal students' needs. With these funds most schools provide library books, technical resources, counsellors and Aboriginal student activity centres. The inequity frustrates Johnston and Murray Maracle, vice president of operations and programs at FNTI, who negotiate for program transferability and funding.

Educational standards

Ron Conlon, a Loyalist College faculty member seconded 12 years ago by FNTI to work in its Human Services Program, says the provincial government is the authority for education. It sets the standards, determines which schools are capable, and provides funding for them.

"The government sets the standards but no one looks at them," says Conlon, who worked on a provincial government committee setting social services worker program standards. "It's the instructors who certify the students meet a standard, and standards change. Dollars drive the standard. To keep the system going when money is less, standards drop." Many, dependent on the system to keep jobs, bend to system demands, he says.

Conlon says systems are set up with a belief that there is a 'right' answer. It has been the job of the helper and educator to choose the direction for others rather than helping them make a choice and do things for themselves. These dominant-culture values and beliefs have forged Ontario's structure for educa-

tion, funding mechanisms and accreditation.

Legislation provides an accountability framework. Meeting standards and outcomes leads to financial support says Johnston, who finds the situation "ludicrous, lacking in equity, too unbalanced." He would like to see money, certificates and quality control in the hands of FNTI and other capable institutions.

Aboriginal institutions were launched to deal with the mainstream's failure to meet Aboriginal students' needs. Six Aboriginal institutions, including FNTI, have formed a consortium to examine accreditation and common issues. Maracle says Aboriginal institutions wishing to succeed must meet all outcomes - their own, the partner institution's and the learners'.

Strong consortium

FNTI President Richard Johnston, says a strong consortium will lead mainstream institutions to be more responsive to Aboriginal students or risk losing funding as competition increases from such institutions as FNTI. Aboriginal students will need mainstream institutions for programs such as medicine and law so he says total shifting of funds to Aboriginal institutions is not reasonable. Johnston says funding determines the viability of both programs and institutions, and failure to meet the needs of Aboriginal students should be grounds to withdraw that funding and reallocate it.

The mainstream student stereotype poses a problem, says Maracle, when students are treated as being single, recent high school graduates.

Aboriginal students who attend educational programs are mature, have related prior life experiences, and hold responsibilities in their home communities. To support families requires continued employment and families cannot accompany adult learners who often come from less-accessible areas. In addition, the education students received in isolated communities may not have been high quality. This adds to the problem as mainstream institutions try to make Aboriginal students fit the pre-created mould.

Prior learning

Maracle also says learners in mainstream institutions are seen as empty vessels. This causes overflow when the learners are already gifted and skilled. In contrast, FNTI developed the Prior Learning Assessment approach which credits students with prior related knowledge and skills. They produce evidence which demonstrates this ability and they are not required to repeat these to gain the diploma.

Mainstream perceptions of learners are evident in the lack of Aboriginal journalists. FNTI launched Canada's first Aboriginal Media Program July 7. In his initial proposal, facilitator Maurice Switzer noted "no pool of trained Native journalists for either mainstream or native media outlets, only four status Indians in the 4,000 journalists in Canada and no aboriginal specific media studies." Susan White, seconded from Loyalist College to assist in the development of this media program, can recall only five or six Aboriginal students in the Loyalist program in her 12 years as a journalism professor.

Because there are so few Aboriginal journalists, images of Native peoples across Canada are presented from a position of cultural disparity.

"There is seldom a success story of Aboriginal Peoples in the media and there are very few Aboriginal journalists," says Murray Maracle, who helped create a FNTI linkage with Loyalist College to achieve accreditation. The diploma print journalism certificate Aboriginal Media Program graduates have met the recognized and required standard Ontario's Colleges of Applied Arts and Technology. The result is nothing if not ironic. Aboriginal journalists require certification from a college system which produces journalists who traditionally ignore Native issues.

Costly process

Linking of programs to community colleges in order to obtain accreditation is a costly process for FNTI. Since the Aboriginal Media Program parameters are not yet finalized, Richard Johnston used FNTI's Human Services Program as an example to highlight the issue. FNTI began this program 12 years ago and continues to pay a secondment fee and an "intellectual fee" to Loyalist College for use of the curriculum at a cost of \$22,000/course/year for four courses (a total of \$88,000 per year). (The college pays FNTI a portion of teaching costs, based on its hourly rate for continuing education teachers.) The secondment of a faculty member who provides academic supervision near FNTI pays Loyalist College the faculty member's salary and benefits while Loyalist retains the faculty member on staff.

Two perspectives of a Print Program

Characteristics	Loyalist College Program(Ontario government approved)	First Nations Technical Institute Aboriginal Media Program (No autonomous approval)
Credential	Diploma in Print Journalism from Loyalist College as an Ontario College of Applied Arts and Technology	Diploma in Print Journalism (also from Loyalist)
Tuition	\$650/semester (increasing for Sept 97)	\$650/semester (Paid to Loyalist College) (will increase also to community college rate)
Funding	Provincial grant /student(including Aboriginal Media Program students)	A rate of approximately 10 % of provincial grant/student Donations, Indian Support Studies Program funds
Instructor Credentials	Combination of academic preparation and/or equivalent experience	Same as Loyalist College's criteria plus experience in Aboriginal Education
Completion Criteria	Successful completion of all courses to a publishable standard	Same as Loyalist
Duration & Timing	2 years with extensions, additional tuition/semester attendance Entire program on-campus Student intake each September 14 weeks/semester, 4 semesters 18-20 hours/week Total time in program - 1176 hours	2 years with extensions, no additional tuition 16 weeks on-site, balance via Internet and correspondence Intake adjusted to meet needs 6 week initial semester, followed by 5 two- week blocks of class, 40-45 hours/week Total time in program - 1175 hours
Method of Delivery	Classroom Course Instruction Practical application of bringing stories to an audience in Loyalist College Pioneer and On Your Own magazine	Facilitated discussion, practical critiques Distance Learning Practical application of bringing stories to an audience through Tyendinaga Mohawk Territory Newsletter, KW radio, video journalism
Content	Basics of Journalism: Interviewing, reporting, photojournalism, page production and design, lab speakers, research techniques, publication projects, analysis of news, editing	Basics of Journalism: same as Loyalist with an Aboriginal focus to include prior learning assessment, words from the elders, mainstream media coverage of Aboriginal issues, politics of self-determination, development of a portfolio, community building and healing Prior Learning Assessment used to credit students with portions of the program
Aboriginal Students	5-6 enrolled in 12 years	6 enrolled in first program
Students:	Minimum 20	12, began with 6
Maximum	45	24
Ages	Recent high school graduates (2/3) University graduates/mature students (1/3)	2 high school graduates, 1 college graduate 1 self-taught film & script writing instructor 1 Bachelors degree and 1 Masters degree

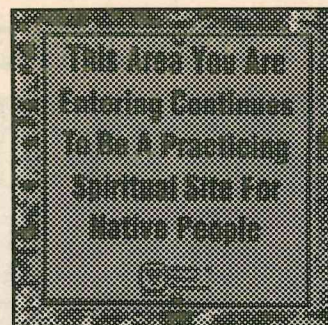


Photo by Dan Couchi

Different view

Learners enrolled in the Aboriginal Media Program are taught to shoot pictures from different angles. Even the typical non-subject can make an interesting photo if taken from another perspective as first semester learner Dan Couchi demonstrates in this picture of an old telephone pole.

Through the camera's eye



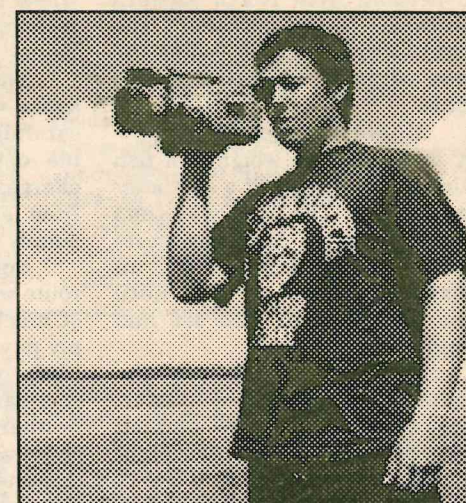
Aboriginal Media Program learners got a taste of culture during their first six-week semester while visiting the Peterborough Petroglyphs (below) near Warsaw, Ontario on July 26. The day before they enjoyed the Champion of Champions Pow wow at Ohsweken, Ontario.



Learners experienced real hands-on training during the Aboriginal Media Program as Dan Couchie (right) displays during the video training portion.

Six Nations Pow wow provided the learners with great photo opportunities on July 25, 1997 as shown by Laura Enriquez's picture of this unidentified dancer.

Laura Enriquez (below) hopes to start a newspaper in her home community of Sagamok.



*all photos
by learners
of the
Aboriginal
Media
Program*

**Joyce Atcheson
Daniel Couchie
Laura Enriquez
Arthur Louttit
Lisa Maracle**

For your health

Herbal medicine becoming popular on Tyendinaga

by Laura Enriquez
Sagamok Anishnawbek
Aboriginal Media Program

From accounting to reflexology to herbal medicine. That is how Sherry Maracle of Tyendinaga Mohawk Territory describes how she got into her present career.

Her husband Donny owns and Sherry operates Herbs & Beauty at 74 Bayshore Rd. They have been in business for three years.

She has attended Mohawk College in Hamilton, Ont. and has taken a course in Phytotherapy, the study of herbs.

"I've done tons of research,"



Sherry Maracle shows reflexology pressure point chart.

she says. "It's nothing to find me in my pajamas early in the morning and books spread all

over the room." Sherry says she has learned more by doing her own research than she could by

taking notes from someone else. She has also taken courses in Iridology (the study of the eyes).

She also practices reflexology, the study of the foot which is deeper than a massage, focusing on areas beneath the skin and employing pressure points. Sherry says Natives used this technique years ago. A cross between massage and acupuncture, the technique pinpoints the areas in the feet that correspond to certain organs in the body. Clients find it very soothing, she adds.

A first consultation fee of \$20 locates problem areas and subsequent visits cost \$10. The herbs she uses range in price. "I don't charge a lot because I don't believe in it. I'm here to help, not to make a fortune or break your bank," said Sherry. Most of her clients are from Tyendinaga, Belleville and Napanee. Many of her Native clients are suffering from arthritis and diabetes.

"I've always been a bit of an off-the-wall kind of person," says Sherry. "I've always believed in a higher power, tarot cards, astrology, the moon and the sun. There are other reasons we are here and we ignore a lot of what's going on around us. I've always been a kind of a Mother Earth type person and I just kind of fell into it. I was always into health and I wanted to be a nurse. I was an accountant and this is so different. This is where I wanted to be."

Sherry is reluctant to use Native herbs because she is unsure of their source or their purity. "I'm not comfortable passing them on for that reason. Sometimes they are picked on the side of the road and you have pesticides and carbon monoxide and you're doing yourself more harm than good."

Instead, the herbs she uses are from commercial sources, such as Enrich International and Nature's Sunshine. She says she knows can fall back on them should anything go wrong and that is important to her.

"I do a full lifestyle analysis and make recommendations from there and what they do with my recommendations is up to the individual," Sherry said. "People are now taking their health into their hands, mainly because they are tired of the health care system." Sherry feels doctors and alternate health care practitioners like her need to work hand in hand.

One thing she's dead set against are antibiotics, which she says cause reactions, such as yeast infections. She knows that we need doctors and sometimes drugs are the last resort but there are alternatives and she prefers that route.

The Maracle family doesn't have any Tylenol or Aspirin in the medicine cabinet. Sherry says if she has a headache she uses feverfew, or ginger for a stomach ache. "We treat everything naturally and it works."

Police offer youth mentorship program

by Lisa Maracle
Mohawks of the Bay of Quinte
Aboriginal Media Program

There is more to policing than just being on the beat, as eight community young people are learning. The Tyendinaga Mohawk Territory Police have started a Youth Mentorship Program to break down the barriers that people see as existing between the public and law enforcement agencies.

The three-month pilot project, which began in early June, is operating on funding provided by the Solicitor-General. The program provides community youth aged 16 to 24 with an opportunity to gain insight into the many aspects of policing. The youth are shown every-

thing from what happens when an officer is on duty to all the follow-up work that must be completed behind the scenes.

The mentorship program is a partnership between the Tyendinaga Mohawk Territory Police, the Ontario Provincial Police, and the Royal Canadian Mounted Police.

Constables Tammy Maracle and Sam Maracle of the Tyendinaga Mohawk Territory Police, Constable Mark Howard from the Belleville detachment of the Royal Canadian Mounted Police, and Alan Brant, Program Co-ordinator, are all involved with the program.

Alan Brant says the youth involved in the program are very receptive and the program has essentially been put into

their hands.

The group meets every Tuesday night at Quinte Mohawk School after participating in the Summer Basketball League - another Tyendinaga Police youth initiative. The meeting is used as a social hour, to discuss policing, and to plan upcoming events.

Some of the events that have been planned include bowling, movie nights, pizza nights, and a trip to the Grand River Champion of Champions Pow Wow in Six Nations.

They also took part in the booth that the Territory Police had at First Nations Technical Institute's Aviation Day on June 21. The participants will also have an opportunity to experience a day in the life of an on-duty officer.

Fisherman faces court battle

by Daniel Couchie
Nipissing First Nation
Aboriginal Media Program

On June 1, 1997, a Native fisherman from North Eastern Ontario was crossing the USA/Canada border when he was arrested by customs officials.

He was charged for allegedly falsifying the weights of fish he was trying to sell a customer in the U.S. The man was then turned over to Michigan state police and detained in Marquette for four days until the \$50,000 bail was set and paid.

The story comes from the fisherman's younger sister, Laura Enriquez, who pointed out the controversial nature of her brother's case.

The Sagamok Anishnawbek

community, located 90 km east of Sudbury Ont., where Enriquez and her brother Harvey Trudeau live, has been quite supportive through the whole ordeal. They even helped in supplying her brother's bail money.

The last time Enriquez spoke with her brother, he was carefully considering two possible options to deal with the charges. He can defend himself from a political standpoint or simply pay his fines.

Enriquez says the political route would require the sacrifice of much more time, while simply paying the fines would most likely yield the path of least resistance. This leaves her brother in a difficult position of choosing between the two.

However, Enriquez adds, the case directly involves two

very important issues for Natives of North America; hunting and fishing rights; and the validity of the U.S./Canadian border to Aboriginal peoples.

The outcome of this case will set a new international precedent, says Enriquez, and therefore will have an important bearing on the outcome of similar cases that arise in future.

The 13 counts with which Trudeau is charged, carry a maximum penalty of five years in jail or a \$250,000 fine for each count.

If convicted of this federal offence, he may never again cross the border. Major discrepancies exist even between the reports of the MNR in Ontario and the Department of Natural Resources in Michigan. His case is set to go to court in August.

...continued from page one

"There's a possibility of an Ontario tourism boycott by Europeans."

Closer to home, support is not what Sam George would like. Since graduating from FNTI's Human Services program last June, Sam has been a youth counsellor with the Stoney Point band, but he has been told he will forfeit his job if he does not return after the six-month leave-of-absence he requested to pursue the truth about his brother's death. "My band office wouldn't even publicly comment on the verdict," he says.

"I've asked the chief to begin the healing process. Kids are running around the community playing with make-believe guns."

One FNTI student journalist asked Sam George how he coped with his bitterness and anger about his

I'm a pipe-carrier. I use my pipe a lot. I go to sweats, and talk to elders. And I get quiet. Some nights I wander all night. I'm having strange dreams since the verdict.



Sam George

brother's death.

And the self-confessed peacekeeper-turned-activist had some advice for his audience of aspiring reporters.

"Follow your heart - not just your head - and always remember there are two sides to every story."

Local resident experiences Northern Native communities

by Arthur Louttit
Moose Cree First Nation
Aboriginal Media Program

Tyendinaga Territory resident Lisa Maracle has recently embarked on a journey of self-discovery.

Maracle expressed enthusiasm about her recent training program offered through her current employer, the federal department of Indian and Northern Affairs.

Through INAC she says she is involved in treaty payment disbursements, which has taken her to many reserves in Northwestern Ontario.

Some reserves she has visited include; Pikangikum, Sachigo Lake, North Caribou Lake, Deer Lake and Muskrat Dam to name a few.

While on her travels to these places, Maracle says she has observed both different lifestyles and standards of liv-

ing. She says it was a great learning experience.

When asked whether the people receiving treaty payments seemed apprehensive, Maracle said it seemed that it was as commonplace as cashing a cheque and didn't bother people too much. She says a number of good spirited people often made jokes about how little the payments were when receiving their treaty money.

She says that during her

visits to the various communities, people were a little taken back by her fair complexion. Once they discovered she was also Native, it was a surprise to them. She describes her visits as an exchange of awareness and a sharing of the richness and diversity of Native peoples.

Reflective of her own childhood experiences and upbringing, Maracle says she now has a greater sense of the

afflictions facing Aboriginal communities further north. Many communities are struggling to catch up to the modern way of living while maintaining their cultural background.

Maracle expressed personal feelings that she as an individual has made the adjustment from her humble beginnings and feels comfortable and fortunate to be living where she is now.

"When asked by an anthropologist what the Indians called America before the white man came, an Indian said simply, 'Ours.'"

-Vine Deloria, Jr.

POLICE & ENVIRONMENT

TYENDINAGA FIRST NATION POLICE

Month End Stats

JUNE 1997

ACTUAL NUMBER

PROVINCIAL OFFENCES

Highway Traffic Act	37
Liquor Licence Act	1
Compulsory Automobile Insurance Act	3

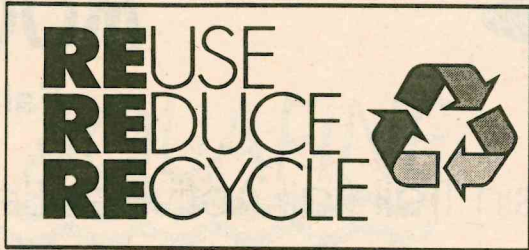
CRIMINAL OFFENCES

Assault	2
Sexual Assault	0
Break and Enter	2
Thefts	4
Possession of Stolen Property	0
Impaired & Over 80	8
Weapons Offences	0
Fraud	0
Mischief/Vandalism	0
Narcotics	0
Other Criminal Code	1

GENERAL INCIDENTS

Motor Vehicle Accidents	0
90 Day Suspension	8
Other Provincial Stats	2
Other Federal Stats	0

TOTAL NUMBER OF OCCURRENCES 83



The Recycler of the Month
for June is
Lisa & Greg Lewis

Deadline date for
Newsletter August 25/97
at noon 396-3424

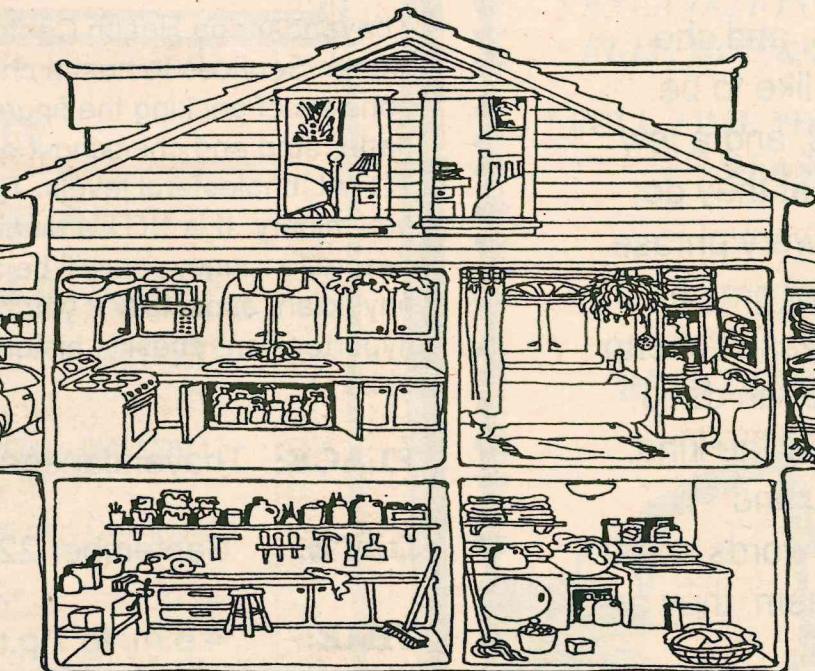
* LANDFILL NOTICE *
HOUSEHOLD HAZARDOUS WASTE DEPOT

The Tyendinaga Landfill Site will have a Household Hazardous Waste collection again this year of all waste received since last year. These waste are shown below.
So get your waste into the Household Hazardous Waste Depot soon to be sure you are disposing of this stuff safely.

...bring any of these items to our Household Hazardous Waste depot *

Kitchen

- abrasive powders
- ammonia-based cleaners
- chlorine bleach
- disinfectants
- drain decloggers
- floor & furniture polish
- oven cleaners
- metal cleaners/polish
- window, glass cleaners



Bathroom

- aftershave, perfume
- depilatories
- hair lotions, dyes
- medicines
- nail polish, remover
- shoe polish

Garden Shed

- fertilizers
- pesticides
- rat & mouse poison
- roach & ant poison
- propane tanks (up to 20 lb. tanks)
- pool chemicals

Garage

- transmission fluid
- battery & battery acid
- brake fluid
- body filler
- auto spray paint
- car wax
- fuel (kerosene, diesel)
- windshield washer

Workshop

- glues and cements
- paints (latex & alkyd) (max. 20 4 litre cans or 4 20 litre pails)
- paint strippers
- rust remover
- stains, finishes
- thinners & turpentine
- wood preservatives
- mothballs
- flea collars & sprays

Laundry

- chlorine bleach
- stain removers

General

- air purifiers
- batteries (dry cell)
- butane lighters and cylinders
- lighter fluid

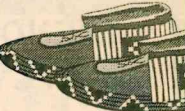
HEALTH CENTRE



MOCCASIN TRAIL NEWS

Fall Activities ☺

August 1997



Moccasin Trail Fall Activities Beginning Soon!

The Moccasin Trail Walking Club is continuing with its efforts to get the community moving by having another challenge. This time the challenge is more mileage because we have more days to cover. For the summer program you only had to cover 63 days, averaging about 2km per day. This time we have 93 days to keep active, therefore, we can cover more kilometers. We already have about 12 people who will be reaching the goals of the Summer Activities Club and will be receiving an incentive prize for their efforts.

Here's the plan: Start September 3 - December 3, 1997

Walking (250kms)
Running (200kms)

Biking (450kms)
Rollerblading (400kms)

Of course the above are only suggested activities. You can include any activity such as golfing, bowling, gardening etc. When you come to the Health Centre, we can show you how to convert these activities into kilometers.

Are you up for the challenge?

You can check into the Health Centre any Tuesday from 8:30 - 4:30
or the first Tuesday of each month from 8:30 - 6pm

Incentive prizes will be awarded to all who reach the goals.

In memory of Margaret Maracle
January 24, 1941 - July 16, 1994
Friend

Fellow Community Health Representative

The Person We Would Like To Be

People are of two kinds, and she
Was the kind we would like to be.
Some preach their virtues, and a few
Express their lives by what they do;
That sort was she. No flowery phrase
Or glibly spoken word of praise
Won friends for her. She wasn't cheap
Or shallow but her course ran deep,
And it was pure. You know the kind.
Not many in life you find
Whose deeds out-run their words so far
That more than what they seem, they are.

Sadly missed, but forever in our hearts!
Bev Hill, Kathleen Brant, Kate Brant and Carol Coft

CHOLESTEROL TESTING

As you may be aware, cholesterol is one of the major risk factors for heart attacks. Like many other heart disease factors, cholesterol problems are treatable, usually by diet, sometimes with the help of appropriate medication. The more you know about cholesterol and how to control it, the better your chances of avoiding a heart attack.

Thayendanega Health Centre will be assisted by WeCare Home Health Services to host a cholesterol testing clinic. The process consists of pricking the finger, smearing the blood on a special paper strip and checking it on a machine. The monitor screens TOTAL cholesterol levels. These results should be considered preliminary. It is NOT a diagnosis. If your level is higher than the desirable range, you will be advised to contact your family physician, especially if you have other risk factors such as hypertension, obesity, history of heart disease, diabetes, smoking, etc.

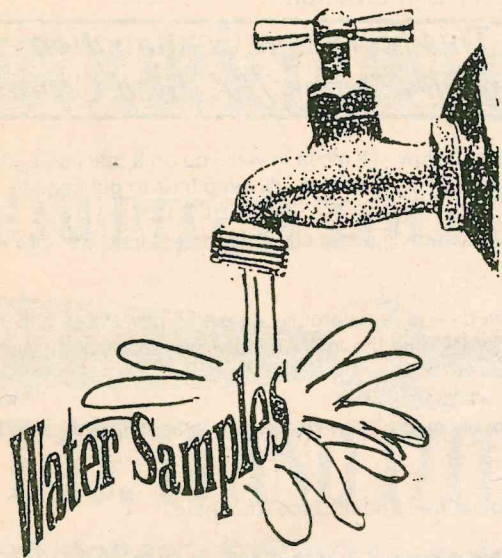
PLACE: Thayendanega Health Centre (upstairs)

DATE: September 22, 1997

TIME: 4 p.m. to 7 p.m.

For further information contact the CHRs at 967-3603

HEALTH CENTRE



**Would you like to have your drinking water tested?
(for bacterial/faecal only)**

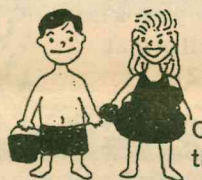
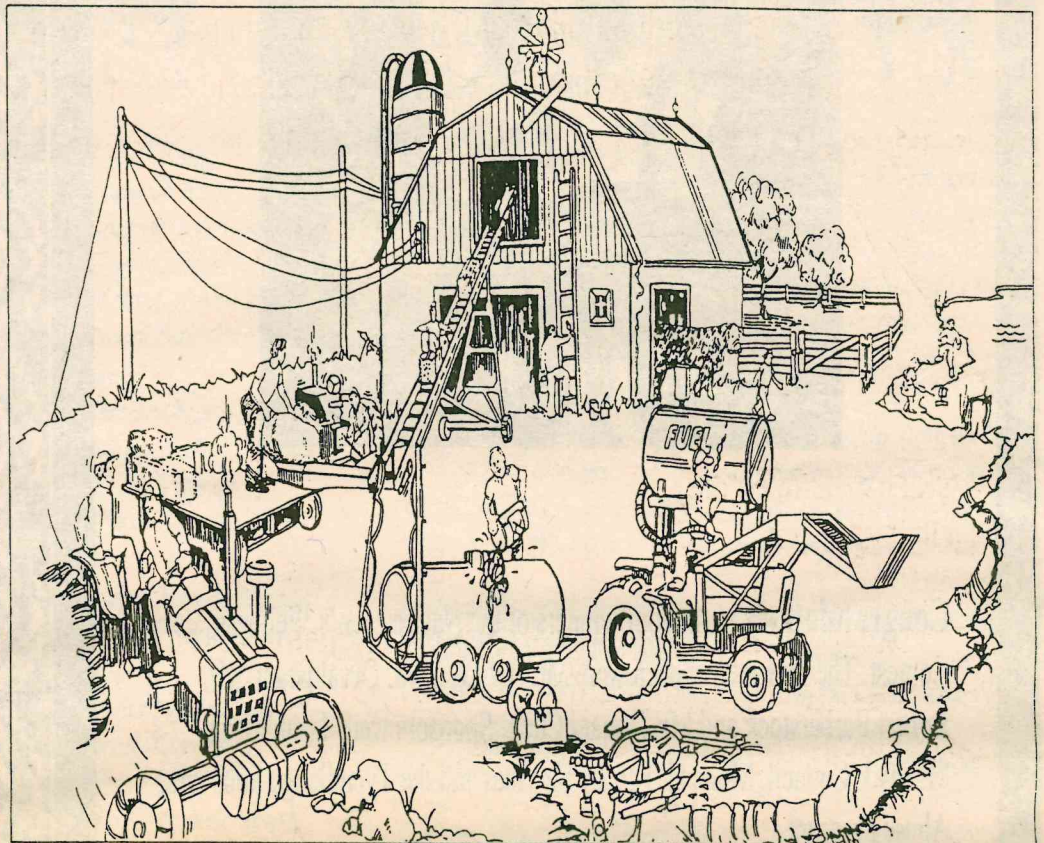
**If so, please contact the CHRs at the Health Centre,
prior to Wednesday, 11 a.m. We will receive the lab
results within a week to ten days, at which time you
will be notified of your results.**

967-3603

FARM SAFETY

*If you would like information on farm safety, do not hesitate to contact the
Health Centre at 967-3603.
Ask to speak to someone in the CHR Program*

How many Hazards can You find? ANSWERS ON PAGE 13



water safety

Can you help Janice and Norm fill in the blanks using
the following words:
air mattresses, back, supervised, alone, learn, fun,
parallel, two, underwater, daylight.

- 1) Swim only in _____ areas.
- 2) Never swim _____.
- 3) Know your swimming area. Make sure you are aware of any
_____ dangers.
- 4) Swim _____ to the shoreline.
- 5) Wait _____ hours after eating before swimming.
- 6) Do not depend on blow up toys and _____ to keep
you out of trouble in water that is too deep.
- 7) Swim in the _____ when you can see and be seen.
- 8) If you get into trouble, stay calm, drown proof, tread water, float
or swim on your _____.
- 9) Enroll in swimming lessons and _____ water safety.
- 10) Swimming can be _____ and good exercise.

ANSWERS: 1. supervised 2. alone 3. underwater 4. parallel 5. two 6. air mattress 7. daylight 8. back 9. learn 10. fun




Answer true or false (T & F) for the following
questions and help Spence and his dad learn
all about

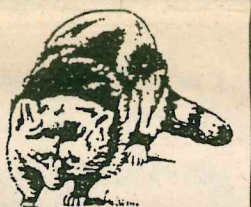
BOATING SAFETY

- 1) _____ Always check the weather forecast.
- 2) _____ Always wear a life jacket.
- 3) _____ Make sure your life jacket fits and is done up properly.
- 4) _____ When you get into a boat, always walk down the centre of the
boat and sit down.
- 5) _____ Do not stand up in a boat.
- 6) _____ If your boat should tip, hold onto the boat and yell for help while
you kick or float.
- 7) _____ Never take a boat out on the water without an adult.
- 8) _____ Behave yourself, sit quietly and enjoy the chance to be
outdoors.

ANSWERS: 1 - a one all true.

RABIES

 Ontario



If You Suspect Your Family Pet Has Been Exposed to Rabies

Rabies is a viral disease carried in an animal's saliva. Humans and other animals can be infected through a cut or scratch, or through contact with the moist tissues of the mouth, nose or eyes.

The arctic fox strain of rabies (spread mainly by red foxes and skunks) has been present in Ontario for decades.

Dogs and cats often get into fights with wild animals. If you witness a fight, or if your dog or cat comes home with injuries from a fight and you have reasons to believe it may have been bitten or scratched by a rabid animal, please adhere to the following "Do's and Don'ts":

- Don't handle your pet; there may be fresh saliva from a rabid animal on its coat.
- Isolate your pet.

- Contact your veterinarian or the local humane society.

If you have been bitten or scratched by a rabid animal, contact your doctor or your local health department immediately.

You can prevent your family pet from becoming infected by following these measures:

- Have your pets vaccinated according to instructions from your veterinarian.
- Keep your dog on a leash outdoors.
- Don't let your pets run free in the neighbourhood. Keep a close watch on pets at night.



YOUR ONLY DEFENSE

VACCINATE YOUR PET



SEPTEMBER 13, 1997-----8 a.m. to 12:30 p.m.

MOHAWK AGRICULTURE BUILDING on YORK ROAD

\$ 12.00 Per animal----All animals must be on leashes or in cages

FAMILY SERVICES & RED CEDARS SHELTER

NATIVE MEN'S WELLNESS CONTEST



Congratulations to the four winners of the Native Men's Wellness Contest. The four men chosen were Mr. Art Loft, Mr. Orval Brant, Mr. Robert Barberstock and Mr. Donald Cook. Sponsors were Tyendinaga Mohawk Council, Mohawk Family Services and the Tyendinaga Substance Abuse program.

Deadline date for
Newsletter August 25/97
at noon 396--3424



Fostering:
**If Not You,
Then
Whom???**

Mohawk Family and Children's
Services 967-0122

The Characters and events portrayed in this story are completely fictional. Any resemblance to actual events and people is purely coincidental.

This Story is a Continuation from Newsletter 7/97 (Red Cedars)

"OK, Rick, let's take it slow. I'll move in with you on a trial basis. But I want you to know that this is very quick for me. I'll need time to get used to the idea."

Sally, Rick and Josh moved into a small apartment in town. Life was sweet until New Year's.

Sally was so excited - she had carefully chosen a new dress and shoes to match. 'I can't afford it,' she thought, 'but it's New Year's and I want to look extra special for Rick.'

"Well, Rick, I'm finally ready," she said as she gracefully walked out of the bedroom.

Rick turned to look at her, and his face went hard.

"You're not wearing that get-up! *&%, Sally - I don't mind seeing what you got, but you sure as *&%\$# are not going to go trotting around looking like that for everybody else."

Sally was shocked. "Rick I..."

"Never mind. You can take it back. We can't afford stuff like that anyway. Now go and change, it's New Year's. Don't ruin it for us."

Sally went to the bedroom and numbly changed her clothes. What did he mean by that statement and why would he say those things, she asked herself.

Sally went to the living room where Rick was pacing the floor impatiently. "Finally," he said, "that's better. I like that outfit on you. Come on - with all your fussing, now we're late."

Rick took Sally's arm and rushed her to the car, but his harsh words kept playing over and over in her mind. She could still see the anger on his face. She resolved to talk to him about it later that evening...

Although this story is fictitious, if you or someone you know is experiencing abuse **PLEASE CALL** our Counsellors at Red Cedars at 1-800-672-9515 or locally 967-8212

ATTENTION: COMMUNITY MEMBERS

She:kon, Community members. Red Cedars will be starting a weekly Sharing Circle. Those who wish to participate could be looking for support or direction in their lives, would like to come out and socialize or would like to help support others. The Sharing Circle will be facilitated by a Counsellor. The topics shared at the Circle will be chosen by the participants. Confidentiality of all participants will be highly respected. This will be held on Wednesday evening from 7 pm to 9 pm. Please feel free to contact us for any information or questions at 967-2003.

DONATIONS

Many thanks to the Community members who have donated generously to Red Cedars. The support you have shown to the residents of Red Cedars is appreciated.

Currently, we are trying to put together a small resource library that would be used by the residents of Red Cedars. We are currently in need of books, such as encyclopedias, cultural awareness books, children's books, etc.

Please remember, you can drop off items at Red Cedars or you can call and we will have someone pick up the items.

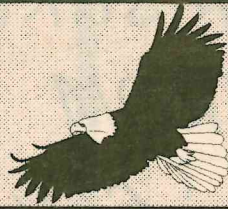
Again, Nia:wen for your support.

Staff of Red Cedars can be reached at 967-2003 (business hours only)
or

If you need someone to listen or you need help, please call our CRISIS LINE
967-8212 or (800) 672-9515

EDUCATION

SUMMER OPENINGS



available for children ages 4 - 8 years
in the **Mohawk Immersion Program**

weekly fee - \$25.00

Parents interested in having their children
participate in the program
please call:

Tyendinaga Mohawk Learning Centre
968-2420
contact person: Steven Green

Deadline date for
Newsletter August 25/97
at noon 396-3424

COMPUTER COURSES AUGUST & SEPTEMBER 97

	AUGUST	SEPTEMBER
Windows 3.11	1	2
Windows 95	11 - 12	9-10
Corel WordPerfect 7 - Level I *	5 - 6	9-10
Lotus 1-2-3 - Level I	13 - 14	---
MS Word - Level I *	12 - 13	16-17
MS Excel - Level I *	5 - 6	2-3
MS Access - Level I *	4 - 5	16-17
CorelDRAW - Level I	18 - 19	18-19
WebPage Development	7 - 8	4-5
Simply Accounting	7 - 8	29-30

Why Go
Anywhere
Else?

ALL COURSES INCLUDE

- use of an individual work station
- course reference manual
- certificate upon completion
- complimentary hot lunch
- FREE customer support

*Level II offered, Call for course dates

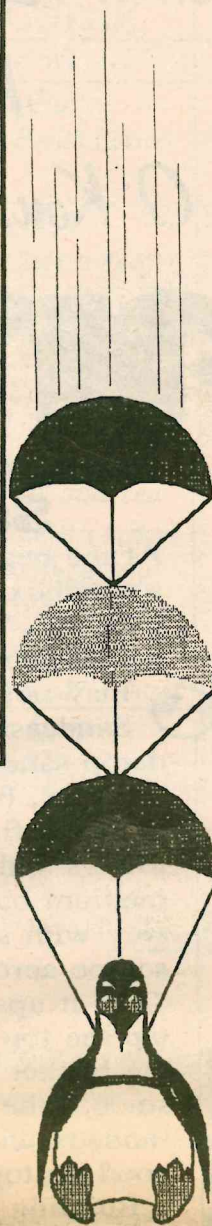


FIRST NATIONS
TECHNICAL INSTITUTE
York Rd, Tyendinaga Territory, ON K0K 1X0
www.tyendinaga.net

To Register or for More Information, Contact our Office
(613) 396-2122 or 1-800-267-0637

The Tyendinaga School Age Program has spaces available for September 1997! The program is for children aged 5 to 10, for before and after school care!! The cost for this exciting program is just \$10 per week for 1 child and \$15 a week for 2 children & \$10 for P.D. days.

The program opens at 7 a.m. until school begins and from the end of the school day until 5 p.m.. To enrol your child(ren) or for further information call Tracey Gazley or Anne Keith at 967-4401 OR 967-3789.



First Nations
Technical
Institute

in conjunction with
Human Resources Development Canada
is offering

ENTREPRENEURIAL TRAINING to help you START YOUR OWN BUSINESS

Eligible participants will benefit from 12 weeks of Entrepreneurial Business Training. Upon completion you will have a detailed Business Plan to help you start a business without delay!

You may qualify if:

- you are currently receiving Employment Insurance benefits or
- you received Unemployment Insurance benefits in the last 36 months or
- you received Maternity/Parental benefits in the last 5 years and
- you have a clear idea for a new business and are determined to start one

Classes will commence September 8, 1997 at FNTI

For further information
Please call (613) 396-2122 or 1-800-267-0637
ask for Bruce Wright

Program funded by Human Resources Development Canada

CHILDCARE CENTRE

SUMMER SURVIVAL FROM

Eksa O Kon:a' Childcare Centre

Summer Fun

Water Whip

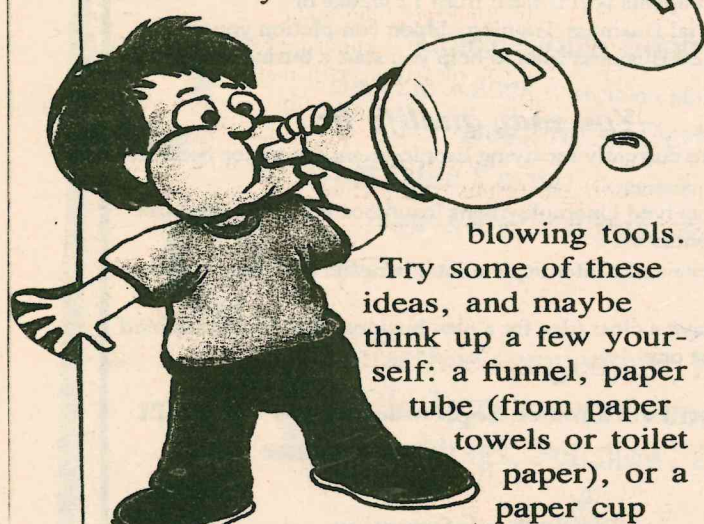
Let your garden hose go crazy—and get cooled off, too. You'll need some help from your parents, but it won't take much work. First, get some wire or fabric ties, a stake (an old broom handle would work), and a nozzle (the plastic ones are best). Find an open grassy area and put the stake in the ground so that it is firm. Leaving about two feet at the end, tie the hose—with the nozzle attached—to the stake. Then turn on the

water, adjusting the hose length and pressure until it's wriggling and squirting all over. That's when you get wet!

Forever Blowing Bubbles

No more crying over spilt bubble-blowing formula. You can make plenty of your own at home. Just mix together 2 cups of water and a 1/4 cup of liquid dishwashing soap. Be sure to stir it up well with a spoon.

Now that you have the stuff to make bubbles, you might want to invent your own bubble-



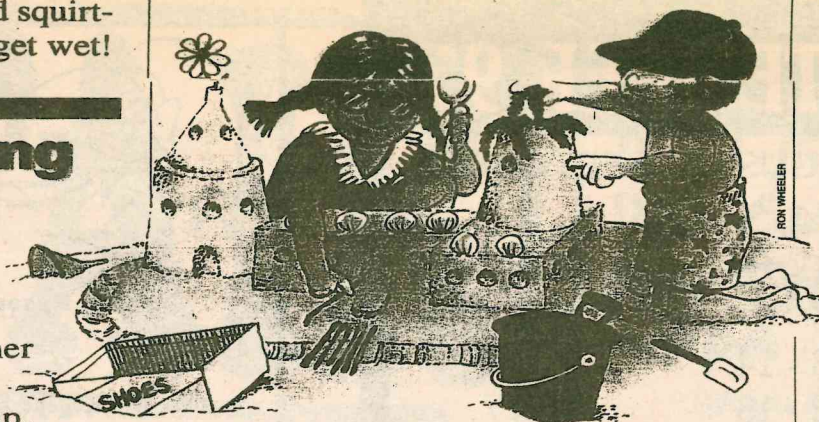
blowing tools. Try some of these ideas, and maybe think up a few yourself: a funnel, paper tube (from paper towels or toilet paper), or a paper cup with the end taken out. Just dip one end of each of these in the bubble formula, and blow through the other end.

Sandcastles

At the beach, at the lake or even in a sandbox, sandcastles are great fun to make. You've probably made one before, but here are a few tips you may not have heard.

Sandcastles always work best with damp sand. If you're working in a sandbox, be sure to pour water on the sand first. Then, to make the towers and buildings, fill a large to medium bucket or shoebox all the way with sand. Use a trowel to scrape across the top and even it. Turn it upside down—quickly—and tap the top to get the sand out. Lift the bucket or box carefully, and smooth the sides. Smaller pails of sand, fixed the same way, look good on top of the towers.

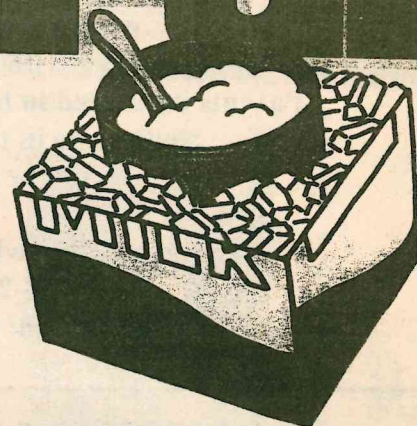
Building walls in between your towers and buildings is easy. Just pile the sand up with your hands



(pack it firmly). Then use a spatula or trowel to shave the sides so that they're straight. Make doorways by scooping the sand out with a spoon. Poke holes with a finger to make windows. And finally, be creative with your decorations. Use shells, seaweed, twigs, flowers, rocks—whatever you can find. Don't forget to keep your eye on the waves!

Car Game

Going on a trip with your family? Here's a game to try in the car. You'll need drawing paper and a pencil. Have the paper (on top of a smooth surface—like a book) in your lap. Holding your pencil with the tip on the paper, let the bumps of the car move the pencil. After a while, you can look at what you've drawn and decide what it is. Color it in, too, if you like.



Your Own Ice Cream

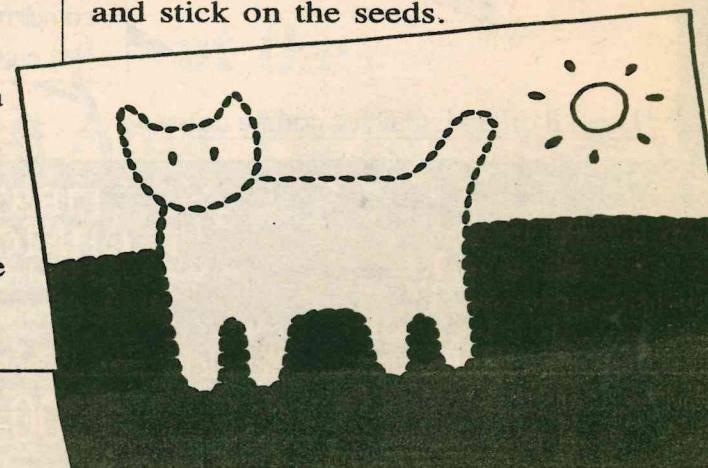
It's not exactly "Mr. Bleezer's," but if you're in the mood for ice cream, why not just make some? Try it with some help from your parents. You'll need:

- 1/2 gallon milk carton
- cold soup can with lid
- crushed ice
- rock salt
- 1/2 cup half-and-half
- 4 teaspoons sugar
- 1/2 teaspoon vanilla

Cut off and discard the top half of the milk carton. Add a 1/2" layer of ice and salt to the carton, then put in the cold can, with lid on. Fill the carton around the can with ice and rock salt (four parts ice to one part salt). Now remove the lid and add the half-and-half, sugar and vanilla. Stir for 7 to 10 minutes, until the ice cream has frozen. To make your own flavors, add fruit or toppings.

Watermelon Seed Painting

Finish chowing down on that watermelon, gather up the seeds and get ready to make a fun drawing! Start by doing a simple design on a piece of paper. Color it in as you like, and decide where you would like to put your watermelon seeds. Paint on some liquid white glue, and stick on the seeds.



CHILDCARE CENTRE

SUMMER SURVIVAL FROM
Eksa O Kon:a' Childcare Centre Continued....

PICKUP STICKS

BROUGHT FROM Hungary, the game of pickup sticks was introduced in the United States in 1936 and quickly became a hot seller. Despite its simple appearance, it requires a delicate touch and a good eye for picking the right stick — one false move can bring the whole house down.

The object of the game is to pick up (or nudge away or slide out) individual sticks from a jumble without making any others move. Sticks are valued differently, so players must look not only for the easiest sticks to remove but also for the ones that will gain them the most points.

Most sets of pickup sticks have a built-in point system. One of the sticks is different from the others; it is called the mikado, and it is worth 20 points. The player who gets the mikado may use it to pick up other sticks (no other stick may be used for this purpose). Sticks with a wide stripe in the middle and two narrow stripes on the ends

are worth 10 points. Sticks with five equal stripes are worth 5 points. Sticks with three stripes are worth 3 points, and sticks with two stripes, 2 points.

Equipment: Set of pickup sticks, a die
Rules:

◆ Each player rolls the die. The high roll goes first, with turns continuing clockwise. The person who will be going last shuffles the sticks, holds them in a fist perpendicular to the tabletop, and then lets them fall.

◆ Sticks must be picked up one at a time. More than one stick may be picked up in a turn; however, if a player picks up a stick and causes another to move, she must drop the piece immediately (even if it falls back in a different location) and her turn ends.

Pentathlon Scoring: When all of the sticks have been picked up, tally each player's points and multiply the total by ten.

Pickup Snacks

A combination of sweet and savory stick-shape snacks, such as pretzel rods, bread sticks, Pixy Sticks, and licorice Twizzlers, is fun to serve in a glass jar or (a la pickup sticks) piled in a jumble on a cutting board.



*This Article is from
Good Housekeeping
November, 1995*

"Tie-Dyed" Beach Towel

No mess . . . it's spray-painted!

GET READY . . .

- One large white towel
- 10 to 20 rubber bands
- Non-aerosol floral spray paint*: Cornflower Blue, Fuchsia, and Lilac (or colors of choice)
- One pair of disposal plastic gloves (optional)
- One wire coat hanger, two clothespins

*Floral Accents™ Delta Color Mist™ from Delta Technical Coatings, Inc. were used for this project.

(Group information: The spray paints listed are enough to paint eight to ten towels.)

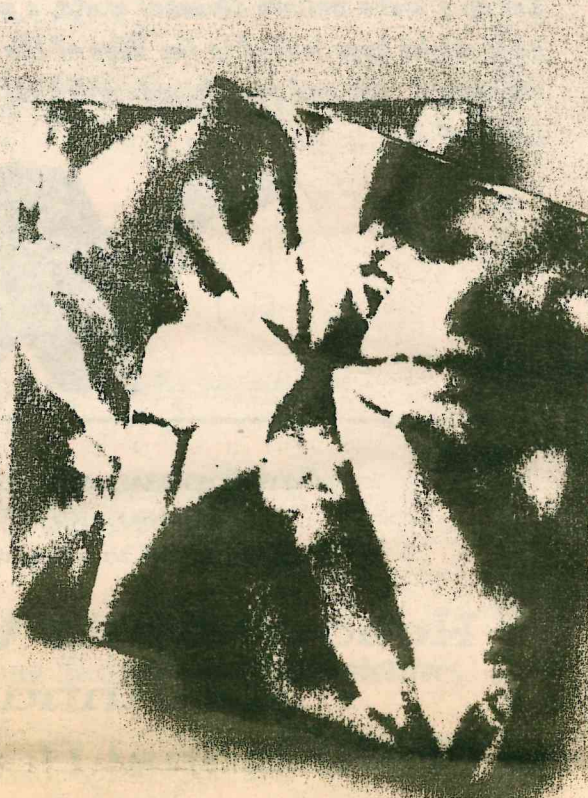
GET SET . . .

- If painting indoors, cover floor or table top with plastic. For less mess, paint towel outside on grass.
- Wear a paint smock or old clothes when painting.

GO!

1 Tie up the towel. To make the starburst patterns, you will be working from the back of the towel. To tie off one star burst, push your finger up from the back of the towel. Grab towel around base of finger and secure towel with a rubber band. Tie off another 9 to 19 sections of towel in the same way. (Note: Using 10 rubber bands will make large star bursts, using 20 rubber bands will make smaller bursts.)

2 Paint the towel. To protect hands, use plastic gloves, or wash hands with soap and water immediately after painting. To paint the towel, spray tied areas with paint. Alternate and overlap colors around each tied section. Secure towel to clothes hanger with clothespins. Hang to dry. After paint has dried thoroughly, approximately one to two hours, remove rubber bands. (Note: Paint matching T-shirts, shorts, or tote bags using same process. To prevent paint from "bleeding" through to bottom layer of fabric, place cardboard between fabric layers before painting.)★



THIS ARTICLE IS FROM GOOD HOUSEKEEPING 1995

August 1995

SUN-POWERED COOKING

Aim: Children will practice conducting an experiment and learn more about one important kind of energy, solar power.

Group Size: Four or five children.

Materials: A large bowl, aluminum foil, plastic knives or spreaders, paper plates, peanut butter, cheese, and crackers.

GETTING READY

On a sunny day, take your group outside to talk about the sun. Sit in the sun together and ask children to feel its warmth on their skin and throughout their bodies. Talk about the sun's power and the things it does for people. Ask children, "How would your skin feel if it was cloudy outside? Would it feel the same as it does on a sunny day? If the sun warms our skin, what else can it warm?" Encourage children to share their observations about what the sun does.

BEGIN

Continue the discussion, leading into things that melt. Explain that you can use the sun's power to even melt

foods. Suggest that you try melting peanut butter to spread on crackers. First, you'll need to make a solar "oven."

Make your oven together by lining the inside of a large bowl with aluminum foil. Place a glob of peanut butter in the bottom of the bowl. Position the bowl in direct sunlight so the sun's rays are shining on the inside of the bowl. (You may need to prop up the bowl at an angle to catch the rays.) Let the bowl sit for about an hour and encourage kids to make periodic checks for melting progress. Then help children spread their melted peanut butter on crackers and serve for a simple picnic treat.

Next, have a melting race. Put a slice of cheese on one cracker and some stiff peanut butter on another. Ask children to predict which they think will melt first. Then find other items to melt, such as an ice cube, crayon, birthday candle, etc. Ask children to predict which will melt the fastest. You can use separate ovens or time the items and record your results on a picture chart.



CHILDCARE CENTRE & COMMUNITY INTEREST

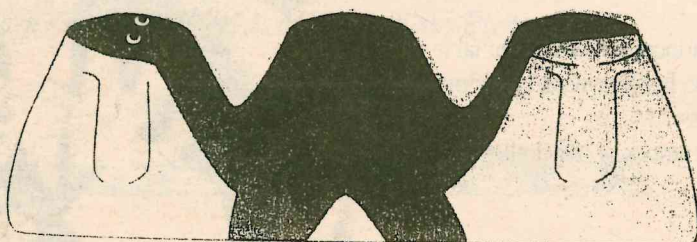
*SUMMER SURVIVAL FROM
Eksa O Kon:a' Childcare Centre Continued....*

Make Dinosaurs In a Minute

Cut two cups (and the hump between them) from the bottom of an egg carton. Look at the picture and cut away the shaded areas.

(Note: Six dinosaurs can be made from one egg Carton) Use a marker to draw eyes and mouth on top of head.

Set up a make-believe dinosaur world, a world as it might have looked in the days of the dinosaurs. You and your friends will have hours of fun!



**Anishnawbe Health
Toronto**
is pleased to announce

Honouring Our Veterans 3rd Annual Traditional PowWow

being held on August 30 & 31
at Moss Park Armoury,
130 Queen Street East, Toronto

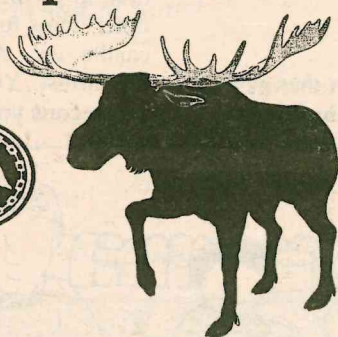
Dancers and Vendors Welcome

For more information please contact
Tina at 416-360-0486

♦ SORRY, ONLY INVITED DRUMS PLEASE



Mohawks Of the Bay of Quinte Hides Depot



**TYENDINAGA MOHAWK NATION
ADMINISTRATION OFFICE**
R.R. # 1 TYENDINAGA TERRITORY
ONTARIO, K0K 1X0

PHONE: 1-613-396-3424 FAX: 396-3627

HIDES DEPOT: 613-396-5802



KATAROKWI NATIVE FRIENDSHIP CENTRE

HOT? BORED? LOOKING FOR FUN ACTIVITIES TO DO THIS SUMMER?

Come be a part of our Youth Events '97 !!!

There will be sports and recreation (Indian baseball, swimming, volleyball, etc...), Native arts & crafts, Aboriginal Film showings, Aboriginal Music workshops, Ojibway language sessions, First Aid & HIV/AIDS Awareness workshops, storytelling & Elder's teachings, as well as socials and potlucks.

If you are interested in being a participant or a volunteer, drop by the centre. We are located at 28 Bath Road, 2nd Floor, Kingston, Ontario, K7L 1H4

OR

Give us a call at 548-1500. Ask for Robin or Amy. Also, let us know if you have any other ideas of what you would like to do.

Gchi-Miigwech

Native Musicians Welcomed

to perform at the

Sleepless Goat Cafe
August 20th, 97

91 Princess Street, Kingston, Ont

**This event is a fundraiser for the K.N.F.C's
Youth Events that are on-going
throughout the summer
This is also a time for us to come together in
friendship
and have good times**

If interested Please contact
Amy at
548-1500

CONGRATULATIONS

*The Lucky Winner of the Jar of Pickles for
Everette & Friends Horshoe Team was*

**Janice Reid
of Shannonville**

*The Draw was taken place on July 10
Thanks to Everyone for Their Support!!*



COMMUNITY INTEREST

*It's
a Girl!*



Congratulations Bob & Tamer on the Birth of their Baby Girl.

" Taylor Corey Thomas "

Born: July 11 at 9:53

Weight: 9 lbs. 5 1/2 oz.

Length: 55 cm.

*Born at Soldier Memorial Hospital
in Orillia*

Proud Grandparents:

Mike & Kathleen Shaganash of Constance Lake Indian Reserve

Dave & Marion Thomas of Tyendinaga

Very Proud Great Grandparents:

Sheridan & Audrey Maracle of Tyendinaga

(Special Note: Taylor was born on her great Grandpa's Birthday.)

Proud Uncles & Aunts:

Janet Allison, Dean & Lynda Thomas, Nick & Angela Thomas, Rick Thomas and Proud Cousins Nathan,

Mindy,

Chris, Patty & Ryan.

Proud Godmother

Suzanne Maracle

DESIGNATED DRIVERS!

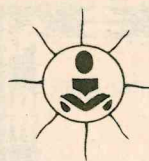
IF YOU ARE HAVING A FUNCTION THIS SUMMER WHERE ALCOHOL IS BEING SERVED MAKE SURE YOU TAKE ADVANTAGE OF THE "DESIGNATED DRIVER PROGRAM".

THE POLICE /YOUTH MENTORSHIP PROGRAM FOR THE SUMMER OF 97 WILL BE SUPPLYING A SAFE RIDE HOME FOR PEOPLE OF TYENDINAGA AND THEIR VEHICLES.

ALL WE ASK IN EXCHANGE FOR THE RIDE HOME IS A SMALL DONATION TO THE MENTORSHIP PROGRAM WHICH WILL ASSIST US WITH OUTINGS THAT ARE PLANNED OVER THE SUMMER.

**IF YOUR GROUP OR ORGANIZATION WOULD LIKE TO ARRANGE FOR "DESIGNATED DRIVERS" FOR YOUR EVENT
CALL: 396-1515 FOR DETAILS
THIS OFFER IS GOOD ONLY FOR THOSE LIVING ON TYENDINAGA TERRITORY.**

Deadline date for
Newsletter August 25/97
at noon 396--3424



KA:NHIOTE

TYENDINAGA TERRITORY PUBLIC LIBRARY

York Road, Tyendinaga Mohawk Territory

967-6264

HOURS

TUESDAY: 8:30 - 4:30

WEDNESDAY: 8:30 - 4:30

THURSDAY: 12:00 - 4:00 & 6:00 - 8:00

MEMBERSHIP IS FREE

LOAN PERIOD IS 2 WEEKS

FINES ARE 5 CENTS/DAY

FOR YOUR CONVENIENCE

MATERIAL MAY BE RENEWED BY TELEPHONE

MATERIAL MAY BE RETURNED AT THE BACK DOOR MAIL SLOT

Band History Clan Research and Information

Wednesday August 13, 1997

*** At Kanhiote - Afternoon Drop In!**

*** At Elder's Lodge - Evening Slide Show of old pictures**

Using several old documents, the memories of our elders, and family tree information, we will attempt to trace clan lineage for anyone who is interested.

Please join us and share your knowledge!

Tyendinaga Mohawk Food Bank

The Tyendinaga Mohawk food bank is in need of volunteers! Through volunteering, individuals can gain valuable skills and knowledge. It is accepted by an increasing number of employers as a valid part of work history.

Volunteering is a proven way to:

- acquire work experience
- gain practical knowledge
- strengthen existing skills
- learn new job-related skills
- make contacts
- develop potential job references
- boost self-confidence

Many people worry about today's issues...



Volunteers do something about them!

If you have some extra time on your hands and would like to help our community, become a volunteer at the Tyendinaga Mohawk Food Bank! Call Kate Monday to Friday between 8:30am and 4:30pm at the Health Centre at 967-3603!

COMMUNITY INTEREST

Thank You!

We wish to express our heartfelt thanks to each and everyone who took the time out of their busy schedules to attend the Convocation and Birthday celebration held in honour of our only daughter, Angel Marie. We thank all those who helped in any way to make the party a success, and such a touching and joyful occasion. We are proud of Angel as she goes into her career as a Native Education Teacher at Grassy Narrows Reserve, Ontario.

We know that Angel was deeply touched and encouraged not only by your presence and generosity but also by the love, concern and prayers of each one during her five years of study. It is a proven fact that good and great things happen when there is love and support behind it. Again, Thank You ALL and may God Bless.

Cubby and Ina Brant

I wish to say thank-you to everyone who attended the Convocation & Birthday Party at the Parish Hall. My sincerest gratitude for all the lovely gifts and wishes. I appreciate all those who helped to make the evening a success.

Once Again,
Thank-You!

Angel Brant



CONGRATULATIONS SARAH!

Congratulations on your recent two week tour of Germany and Austria. Sarah is a senior member of Cobourg's Northumberland Girls Choir, "La Jeunesse". The fifty member girls' choir is accompanied by the Cobourg Concert Band. The choir participated in an International choir competition in Vienna, Austria on July 14 and received gold standing for their excellent performance. Sarah is the daughter of Doug & Billie Green of Tyendinaga Territory and Cobourg.

Sarah, we're very proud of you!!!

Lots of love,
Grandma Green
Aunt Betty Jean & family
Aunt Pat, Uncle Ric, &
family

Deadline date for
Newsletter August 25/97
at noon 396--3424



Congratulations! to Sally Corrine Brant

Sally graduated her O.A.C.'s with honours with the distinction of being an Ontario Scholar. Sally also received the Mohawks of the Bay of Quinte, Chief and Council award for a student going on to university studies for her fine efforts. All of us are very proud of you Sally and wish you every success in your chosen career of optometry.

May the Creator's Grace continue to shine on you and may you continue to be an inspiration to all of us.

With love and affection,
Dad (Elton Brant), Kate, Mom (Sherry Mayhew), Wally Mayhew,
Laura, Kay, Mandy, Corey, Spencer and all of Sally's extended family.

Thank You!

The Family of the late Joseph D. Brant wishes to extend an appreciation and heart felt thank you to Father Ken Baker and Father Glendon Brant and the Mohawk Singers for your contribution and participation in the funeral service for Joe.

I also wish to thank the many friends for the wonderful luncheon provided. Although I have only resided in this community for a short time, I truly feel blessed.

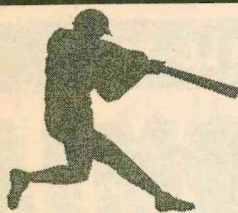
Thank You
Sincerely, Lois Moses Brant

Thank You!

**A special Thanks to everyone who helped
with the Manitoba Flood Relief Collection.**

**From the Native Students
from Moira Secondary School**

COMMUNITY INTEREST



TYENDINAGA LADIES FASTBALL

The Tyendinaga Ladies Fastball Team would like to take this opportunity to thank the sponsors who have supported us this year:

Thanks to FIRST NATIONS TECHNICAL INSTITUTE
BUILD-ALL CONTRACTORS

Thanks as well to everyone who supported our team at our spring dance which was held in April.

If you would enjoy watching a good game of baseball, we welcome any fans who would like to come out. For anyone who would like to cheer us on, the following is a list of the games scheduled for August.

DATE	PLACE	TIME
August 5	Northern Telecom	9:30
August 12	Northern Telecom	8:00
August 18	Legion Park	9:30
August 19	Northern Telecom	6:30

Playoffs will likely start the last week in August depending on weather.

Thanks from the team:

Dawn Brant	Callie Maracle	Wendy Rowbotham
Glenna Brant	Carol Anne Maracle	Karen Sandy
Terrilou Crowley	Colleen Maracle	George Hill
Melanie Hill	Kathy Maracle	Gary St. Pierre
Sharon Hill	Laura Maracle	Gord St. Pierre
Judy Loft	Lisa Maracle	George Krieger
Angel Maracle		

UPDATE

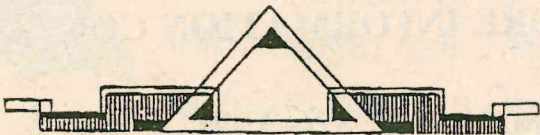
On July 23, the Tyendinaga Ladies played a game at Legion Park against the Carrying Place Devils. The Devils were the first to score with one run in the second. Tyendinaga was unable to score in the second stranding two runners but in the bottom of the third they scored 3 runs to take the lead. Dawn Brant scored on a single by Kathy Maracle then Wendy Rowbotham and Kathy Maracle both scored on a single by Karen Sandy. Our ladies increased their lead by 3 in the fourth then scored another 2 in the sixth. Carrying Place tried to rally in the seventh but were only able to gain 1 run.

The final score was 8 - 2 for Tyendinaga. Glenna Brant went 4 for 4 with 4 singles in the winning effort. Kathy Maracle and Lisa Maracle both added 2 singles. Angel Maracle added to the cause by snagging 3 flyballs in left field preventing Carrying Place runners from reaching or advancing. Wendy Rowbotham was the winning pitcher allowing only 2 runs on 8 hits, striking out 6 in 7 innings of play.

The Tyendinaga Ladies have a record of 13 wins and 2 losses which puts them in 1st place in the standings in the Belleville Ladies Business Softball League.

PROGRAMS FOR SENIORS IN THE COMMUNITY AGE 55+

PROGRAM	WHEN	TIME
Meals on Wheels	Tuesdays & Fridays	12:00pm
Walk-in Clinic (Held at Health Centre)	Every Tuesday-Check Blood Pressure & Blood Sugar	10am-12pm
Nurse's Visit (Held at Elder's Lodge)	Wednesday, August 13th & Wednesday, August 27th	10am-12pm
Ceramic Classes (Held at Elder's Lodge)	Every Monday	1:00pm
Bowling (Depart from Elder's Lodge)	Every Wednesday	1:00pm
Tone Talk and Tea (Held at Elder's Lodge)	Every Tuesday	10:00am
Grocery Shopping (Depart from the Lodge)	Tuesday, August 12th	9:30am
Moccasin Trail (Held at Health Centre)	Tuesday, August 5th	8:30am-6:00pm
Diner's Club (Held at Elder's Lodge)	Every Wednesday	12:00pm



Special Outings and Activities

Thursday, August 7	*****	Bingo with Mohawk Emersion Children
Thursday, August 14	*****	Nature Walk/Picnic/Scavenger Hunt
Monday, August 18	*****	Ceramics with Bayshore Park Children
Wednesday, August 27	*****	Beauty & the Beast Show
Thursday, August 28	*****	Crafts with Cultural Awareness Children

ANSWERS TO QUESTIONS ON HEALTH CENTRE PAGE 5

Answers-How many Hazards can You find?

1. Tractor operated with extra rider

2. Man filling sprayer slopping chemicals

3. No respirator or eye protection for man filling sprayer, no rubber gloves — slopping chemical

4. Improper chemical disposal

5. Poor housekeeping

6. Man smoking while refuelling tractor

7. Front-end loader in 'up' position while tractor being refuelled

8. Boy leading bull improperly

9. Children playing near farm pond

10. Broken lightning rod cable

11. Unsafe ladder

12. No hard hat on man climbing — danger from falling boards

13. Ladder positioned improperly
14. Electrical wires to barn frayed and hanging too low

15. Boy riding bale up elevator

16. Man working around equipment while it is running

17. Long coat on man near spinning PTO shaft

18. Unguarded U-belt on elevator

19. Man lifting hay bale improperly

20. Tractor operator not paying attention to where he is going

21. Falling boards

22. No master shield on tractor powering elevator

23. No slow moving vehicle sign on sprayer

KENTIE HORSESHOE LEAGUE



TEAM STANDINGS

WEEK 14 - JULY 10, 1997

1.	DewMar	4,147
2.	K.C. Builders	3,805
3.	CD Brant Design	3,750
4.	G & A Gang	3,738
5.	Snooky's Hideaway	3,714
6.	Eagle Orthopaedics	3,619
7.	McMurters	3,298
8.	Hector's Gang	3,107
9.	B & J Pole Line	3,075
10.	Bitches	3,053
11.	Everett & Friends	3,027
12.	Mohawk Firemen	2,781



Farm Safety Association Inc.
Guelph, Ontario

UPCOMING EVENTS



Tyendinaga Territory 10 PIN BOWLING TOURNAMENT

When? Aug. 16/97
Where? Loyalist Lanes, Napanee
Time? Saturday, 2 p.m.- 5 p.m.
Cost? \$15.00 per player

Needing 60 Bowlers!

FOR MORE INFORMATION CONTACT:

Lester Brant: 396-3340
 Harold Maracle: 966-4116
 Caroline Brant: 396-2536
 Norma Maracle: 396-3800
 Nora Brant: 396-5047

Proceeds to the Tyendinaga Food Bank

WORLD'S FUNNIEST SOFTBALL TEAM



CALIFORNIA CUTIES NOVELTY SOFTBALL TEAM

"Those Who Watch the Cuties Play, Live to Laugh Another Day"

CALIFORNIA CUTIES ARE THE ORIGINAL MEN'S 4-MAN SOFTBALL TEAM PLAYING IN LADIES' CLOTH

F
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Mr. Leaping Lena
FIRST BASEMAN



Mr. Hedda Hooker
SLICK FIELDING SHORTSTOP



Mr. Fifi the Flirt
ACE PITCHER AND HITTER



Mr. Madam Hilda
COACH AND TOP CLOWN



Wilma the Whip
PITCHER AND INFIELDER

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CALIFORNIA CUTIES

vs. TYENDINAGA
 Date: AUGUST 11/97
 Place: TYENDINAGA Softball Complex
 Time 7 pm Admission: Adults \$4.00 Children \$2.00
6-14 yrs.

CALIFORNIA CUTIES, P.O. BOX 455, LAKEWOOD, CALIFORNIA 90714

1997 MOHAWK FAIR

SEPT. 5, 6, & 7/97

Concessions, Footraces,
 Bicycle Races (Competitors Must Wear a Helmet)
 Demolition Derby
 Charitable Casino (Community Centre Downstairs)
 New Rides! Bigger & Better!

Horseshoe competition, Horsepulls
 Old Tyme competition, Dance
 Muddrags, Pet show, & More



Everyone Welcome!



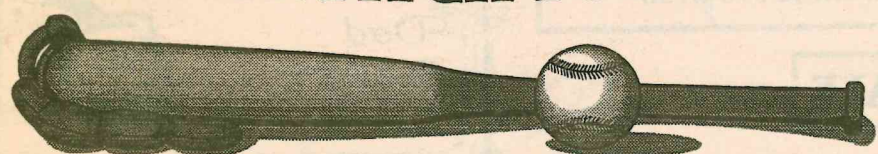
Tai Chi

at the
 Queen Anne Parish Centre
 Wednesdays
 7:00 p.m.



UPCOMING EVENTS

3RD ANNUAL OPENED *C VAUGHN MARACLE MEMORIAL* MIXED SLOWPITCH TOURNAMENT



AUGUST 15, 16 AND 17TH, 1997

At the Mohawk Softball Complex
Tyendinaga Mohawk Territory

Registration Deadline July 30th/97
Entry fee \$ 250.00

A Division
1st - \$1000.00
2nd - \$ 750.00

B Division
1st - \$ 500.00
2nd - \$ 350.00

C Division
1st - \$ 300.00
2nd - \$ 250.00

Prize monies based on 16 teams

For Additional Information
Call Andrew Alkenbrack at
(613) 396-3424
Proceeds to Sports Complex

ALL ONTARIO ABORIGINAL

FASTBALL TOURNAMENT AUGUST 29, 30 & 31, 1997

HOSTED BY
SAGAMOK ANISHNAWBEK

&
SAGAMOK ATHLETIC
ASSOCIATION

ENTRY FEES : \$ 500.00 PER TEAM

FIRST 16 MENS & WOMENS TEAMS WILL BE
ACCEPTED.

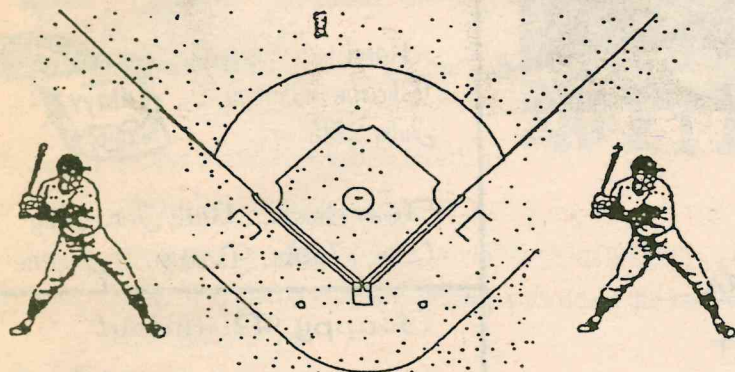
ALL ENTRY FEES SHALL BE IN THE FORM OF A
CERTIFIED CHEQUE OR MONEY ORDER ONLY.

TOURNAMENT SHALL BE GOVERNED BY THE
PLAYING RULES OF THE AMATEUR SOFTBALL
ASSOCIATION.

PRIZE STRUCTURE : MENS & WOMENS
DIVISIONS

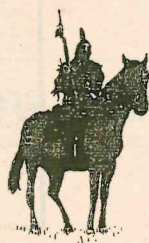
CHAMPIONSHIP : \$ 2000.00 + JACKETS
RUNNERS UP : \$ 1000.00

PRIZE MONEY WILL BE ADJUSTED ACCORDINGLY
ON NUMBER OF TEAMS ENTERED.



FOR MORE INFORMATION CONTACT
MARLENE ABITONG (705) 865-2165) EVENINGS
OR
JEROME ABITONG (705) 865-3083 EVENINGS
OR
FAX (705) 865-2947

Neyaashiinigmiing 1997 Traditional Pow-wow August 16th & 17th, Honouring our Veterans



Cape Croker Baseball Park
Chippewas of Nawash First Nation

Host Drum
Nawash Jrs..
Chippewas of Nawash
Guest Drum
White Tail Singers
North Bay, Ont.
M.C.
Arthur 'Butch' Elliott
Chippewas of Nawash
Head Veteran
(To Be Announced)

R. R. #5 Wiarton, Ont.
NOH 2T0

GRAND ENTRY:
August 16th & 17th at
12:00pm-noon
arrive early - don't miss this event.

ADMISSION:
\$5.00 Adults (13 yrs. +)
\$2.00 12-6 yrs.
FREE Senior (55 yrs. +) &
5 yrs. & under

Native Craft Vendors
Food Vendors
Dance - Sat. evening
Dinner - Sun. evening
Camping available - first
come/first serve
and much more....

Honourarium for first six
(6) drums to register. drums
registered after first 6 will split
proceeds from blanket dances

Head Female Dancer
(To Be Announced)

FOR MORE INFORMATION
REGARDING THIS EVENT
(or vendor/drum registration)
please contact Samantha Jones
(519)534-5257

or
Carleen Elliott (519)534-4816

Head Male Dancer
Brad Kiwenzle
Chippewas of Nawash
Head Female Youth
Amber Wood
Ottawa/Chippewas of Nawash
Head Male Youth
Bryden Kiwenzle
Chippewas of Nawash

Mel Proulx
Memorial Contest
For Men's Grass Dancers
sponsored by Brad Kiwenzle
& Mark Lavallee

ABSOLUTELY NO
ALCOHOL / DRUGS
ALLOWED



Please no dogs allowed within the
pow-wow grounds
Bring your lawnchairs, blanket, etc. to
make the day more enjoyable.

Everyone Welcome !!!



Second Bi-Annual Seniors Prom (Honouring our Elders)

This years theme will be "Grande Ole Opre"! Dust off your cowboy boots and hats and get ready to "Boot Scoot & Boogie"! Like our last prom, you will be entertained by some hair raising, eye popping and wild performers. You will also enjoy dancing to some "foot stompy'n" good old country music!

Coming this October!

Keep your eyes peeled for more information!



Deadline date for the Newsletter
Monday, Aug. 25/97 at noon
396-3424

CLASSISFIEDS

FOR RENT

- 3 BEDROOM HOUSE
 - 3 Bedroom plus Study
 - Stove & Fridge
 - Washer & Dryer
 - Garden
 - Located in Marysville
 - \$675.00 a month

Please Call: Michael 396-2030

FOR SALE

- SECTIONAL LARGE SOFA
 - 6 months old
 - Black colour (with Dusty Rose & Green)
 - Excellent condition

CALL: 396-6945

FOR SALE

- BEDROOM SUITE
 - 5 drawer chest
 - 9 drawer dresser with mirror
 - Double bed box spring and rails
 - Head & Foot board
 - \$350.00 or Best Offer

CALL: 968-9650

LAND FOR SALE

- Approximately 1 Acre of Land located between Napanee and Belleville in Shannonville Ontario off Hwy # 2 and corner of Milltown Side Road.
 - Drilled Well, Prime Location
 - Price Negotiable

For More Information or to view the property contact:
 613-396-3383 or 613-253-0978

* Free *

- PUPPIES
 - Part German Sheppard

CALL: 396-5434

FOR SALE

COUCH, LOVESEAT & CHAIR SET

- Like new
 - All matching Black with Grey Fleck
 - Black Coffee table & two matching end tables

BEDROOM SUITE

- White with Black/Gold trim
 - Box spring, mattress, frame, headboard
 - Armour - dresser
 - Night stand

All Above for only \$1500.00 or Best Offer

CALL: 396-3551 (Must be seen)

FOR SALE

Parcel of Land (65 acres)
 (2 lots on Milltown Side Rd
 Approx. 2 acres each)

Call: 337-5735 Tom Maracle

LOT FOR SALE

WATERFRONT

- Located on Queen St.
 in Shannonville

CALL: Glenn Hill 962-5740

Trip to Wonderland

Sat. Aug. 16
 \$30.00 per Person
 First 30 people only!
 Advanced Payment Required
 before Aug. 13
 For More Information
 Call: Darla 396-3708

FOR SALE

MOBILE HOME

- 2 Bedroom
 - Lot size 150 X 150
 - Additional room 20 X 16
 - Heat pump for back up heating and air conditioning
 - Natural Gas furnace
 - Good well and septic system
 - located at the corner of Belles Side Rd & hwy. # 2

PLEASE CALL: 905-839-3296 DENNIS
 OR 905-686-5818

MILL TOWN MEATS

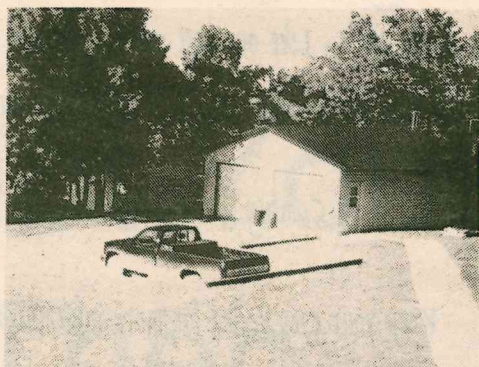
- Corn Fed Beef
 - Quarters & Halves of Beef
 - Cut, Wrapped & Frozen
 - Individual pieces sold at home

Make Your Own Soup!
 Lyed Corn, Beans Special Pork

Domestic Rabbit
 - Low in Cholesterol
 Call : Glenn Hill 962-5470

Newsletter Deadline
Monday, Aug. 25 at Noon
396-3424

HOUSE FOR SALE



WATER FRONT
 175 X 300

3 BEDROOMS (2 BATHROOMS) WITH
 DETACHED 2 CAR GARAGE AND SAUNA

HEAT PUMP - CENTRAL AIR AND HEAT

2 FIREPLACES & FAMILY ROOM
 CENTRAL VACUUM

BY APPOINTMENT ONLY
 \$165,000 (FIRM)
 613-967-0969

Happy 19th Birthday!

Norman
 August 9



Love Mom, Ashley
 & Uncle Glenn

Happy Birthday!

Dad
 July 8



Love Wendy, Amy,
 & Emily

Happy Birthday!

Uncle Chip
 July 26



Love Amy, Emily
 Ryan & Corey

Happy 4th Birthday!

Chass
 August 10



Love Uncle Mike
 Aunt Kelly & Keelan

Happy Birthday!

Grandma
 August 6



Love Shandon, Chass,
 Keelan, Austin & Chavis

Happy Birthday!

Daddy
 August 14



Love Keelan

Happy Birthday!

Mindy
 August 9



Love Mom, Dad
 & Nathan

Happy Belated Birthday!

Mom!
 (Sharon Brown)
 July 23th



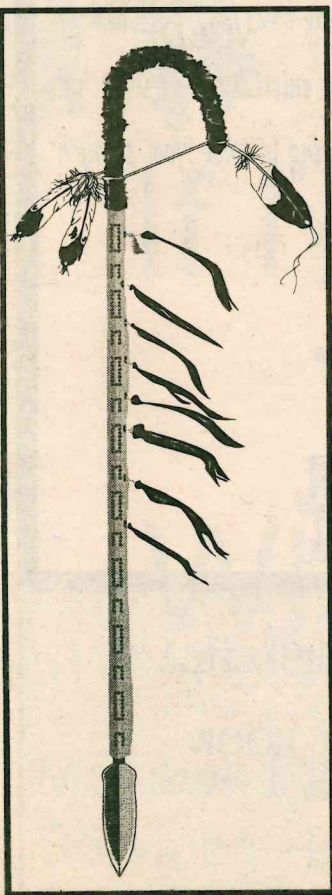
From Sarah, Matt, Joe, Ang
 Cain, Nikki, Darren, & Justice

Happy Birthday!

Glenna
 August 12



Love Lynda





COMMUNITY BUSINESSES

CEDAR RIDGE

*Newly Expanded Cedar
Ridge Craft And Bridal Supplies*

Opening Special!

10% off for the Month of August

Open Daily

9:00 - 9:00

to meet your needs for supplies

Stop In

and browse around!

Located west end of Deseronto Town Limits

2 km. north of Bell's Rd

OR PHONE: 396-3324

AQUAFINE

Great products for great water

Taste & Odor Filters - Drinking Water Systems

Water Softeners - Iron & Sulphur Removers

Ultra-violet Lights To Remove Bacteria

NO OBLIGATION

WATER ANALYSIS

BELLEVILLE

200 Adam St.,
Belleville, Ontario
K8N 5E9

(613)968-6735
1-800-668-2555

KINGSTON

614 Norris Court, Unit 4
Kingston, Ontario
K7P 2R9

(613)384-5757
1-800-668-7807

FACIALS • MANICURES • WAXING
&

Hair Too!

MEN & WOMEN'S STYLING

396-5360

**Come Discover
What Put's the Too!
in Hair Too!**

MELINDA TURRIFF
PROPRIETOR

KIRSTEN HUBNER
STYLIST

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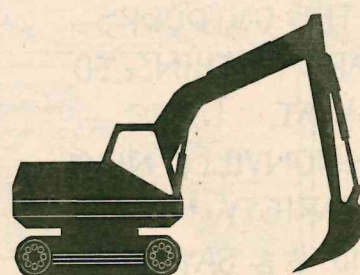
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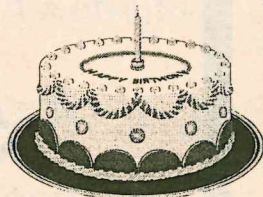


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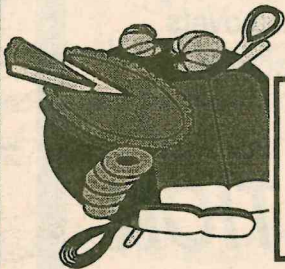
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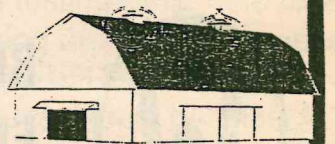


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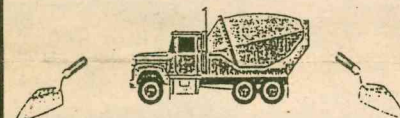
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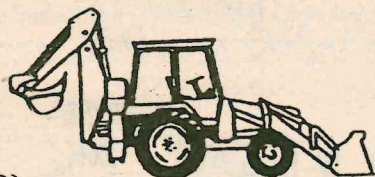
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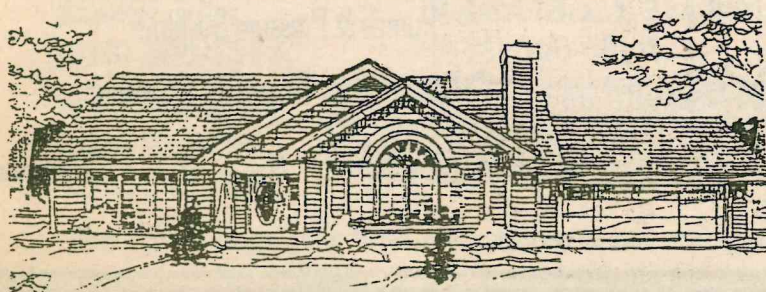
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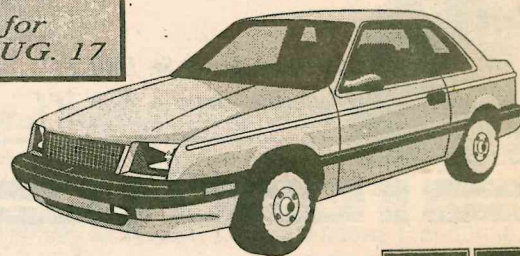
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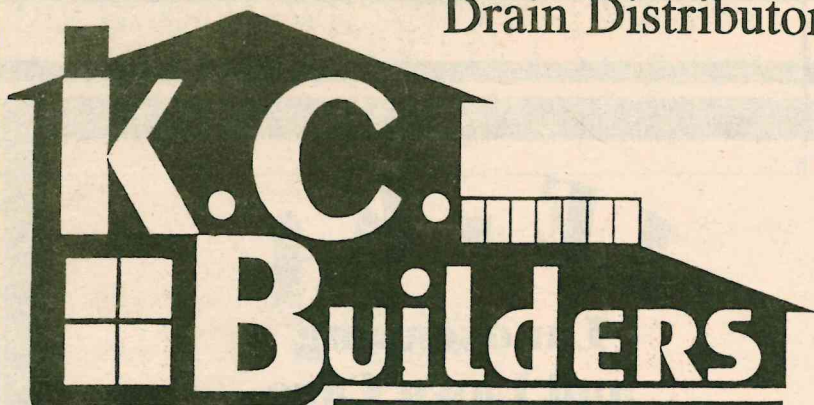
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