

# TYENDINAGA NEWSLETTER



## ISSUE 8 /05

18th Annual Tyendinaga  
Traditional Mohawk

# POW WOW

“Honouring the Clans”  
2005

AUGUST 13TH & 14TH

FREE Parking on  
Church Lane!  
CAMPING & SHOWERS  
available!

**NO ALCOHOL OR DRUGS ALLOWED**

**CONTACT:** Dan & Delores Whalen 613-396-6561, [dmaraclewhalen@yahoo.ca](mailto:dmaraclewhalen@yahoo.ca)

Brad & Ruby 613-396-5364 [jokeaway@kos.net](mailto:jokeaway@kos.net)

Mailing Address: #670-Hwy#49, Tyendinaga, Ontario K0K 1X0

[www.tyendinaga.net/powwow](http://www.tyendinaga.net/powwow)

*Mohawks of the Bay of Quinte, The Peacemaker Territory*

# EVERYONE WELCOME!

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Newsletter Deadline  
Wednesday, Aug. 24/05  
12:00 noon  
396-3424

*We're on the Internet*  
[www.mbq-tmt.org](http://www.mbq-tmt.org)

## JOB POSTINGS

Positions that become available with the Mohawks of the Bay of Quinte can now be viewed on the Tyendinaga Mohawk Territory Web Site.

[www.mbq-tmt.org](http://www.mbq-tmt.org)



# ADMINISTRATION



## MOHAWKS OF THE BAY OF QUINTE

R.B. #1, Tyendinaga Mohawk Territory, Ontario, K0K 1X0  
Phone: (613) 396-3424 • Fax: (613) 396-3627

To The Members of  
The Mohawks of the Bay of Quinte  
From the Chief

August 1, 2005

Seken Sewakwekenh:

I regret to inform you that I am unable to provide a report in this issue due to the busy meeting schedule of the past month.

I look forward to keeping you informed in an upcoming report on the status of the ongoing issues that affect our Community and Native people in general.

Enjoy the rest of the summer!

Niawen;

R. Donald Maracle  
Chief

*Mohawks of the Bay of Quinte*

*Employment & Training Department*

*I will be on vacation August 15 and return to the office August 29.*

*If you have an emergency request*

*Or*

*Require the services of an employment counsellor*

*Contact Bev Hill at the Administration Office.*

*Or*

*Please feel free leave a voice message*

*at*

*396-3424 EXT 104*

*I will contact you upon my return.*

*Thank you*

*Sandy Sero*

*Employment Department*

## ABORIGINAL SPIRITUAL JOURNEY CALLING HOME CEREMONY



### ESSAY CONTEST

CANADA'S ABORIGINAL YOUTH  
An opportunity to participate in the  
ABORIGINAL SPIRITUAL JOURNEY  
October 25 to November 5, 2005

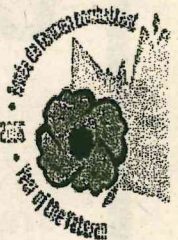
Canada's Aboriginal Veterans, in conjunction with Indian and Northern Affairs Canada and Veterans Affairs Canada, will undertake a special Aboriginal Spiritual Journey to the Battlefields of Europe to call home the Spirits of our fallen Warriors. The Journey will comprise: Second World War Veterans; Aboriginal Traditional Spiritual Leaders; National Aboriginal Leaders; members of the Canadian Forces and the Royal Canadian Mounted Police.

A representative group of thirteen Youth will accompany the Official Delegation to Europe. First Nation, Inuit and Métis youth, between 16 and 18 years of age, who are interested in taking part in this special opportunity are requested to submit a written essay of 300 to 500 words in length.

### ESSAY QUESTION

Why is it important for Aboriginal youth to remember and honour the sacrifices and achievements of Aboriginal soldiers who served their country during times of war, military conflict and peace?

Deadline for submissions is Monday, August 15, 2005. All entries must be postmarked by that date and sent by mail to:



### ABORIGINAL SPIRITUAL JOURNEY

Youth Representative Selection Committee

C/O INDIAN AND NORTHERN AFFAIRS CANADA

10 Wellington Street, Room 5B-04

Ottawa, ON, K1A 0H4

Entries can also be sent via e-mail to [csjr-yjsc@ainc-inac.gc.ca](mailto:csjr-yjsc@ainc-inac.gc.ca)





# ADMINISTRATION

## Electoral Officer's Report Hwy #2 Ratification

1. Name of First Nation: Tyendinaga First Nation      2. Band Number: 38
3. Date of Ratification: June 25, 2005      4. District/Region: Southern
5. Ratification of members for Hwy #2 with Turton Penn
6. Total number of band members: 7478
7. Total number of electors (a) On-reserve: 1387      (b) Off-reserve: 4523
8. The band council is composed of one chief and four councillors.
9. All notices and information packages were posted at various places throughout the reserve, as well, all eligible electors on and off reserve were mailed an information package containing information pertaining to the history of the issue, as well as the information required to inform where the ratification was taking place. There were also meetings held in accordance with the Custom Ratification Process.
10. (a) Total number of mail-in ballot packages sent to off-reserve electors: 3315  
(b) Total number of mail-in ballot packages sent to electors residing on the reserve: 1339
11. The poll was held on the 25th day of June, 2005, at Quinte Mohawk School, 1624 York Road, Tyendinaga Mohawk Territory.
12. Mail-in Ballots

	#s
A) Total number of mail-in ballot packages sent	4654
B) Total number of mail-in packages returned as undeliverable	312
C) Total number of mail-in ballots returned by the elector who voted in person at the polling station	1
D) Total number of mail-in ballots rejected before being placed in the ballot box (during the opening of the envelopes)	74
E) Total number of mail-in ballots deposited in the ballot box	406
F) Mail-in ballot discrepancy (A - B - C - D - E)	3861

	#s
A) Number of valid ballots cast	508
B) Number of ballots cast and rejected	3
C) Number of mail-in ballots rejected before being placed in the ballot box (same as 15 D)	74
D) Number of ballots spoiled (never placed in the ballot box)	0
E) Number of unused ballots (including ret'd mail in pkg-12 B & C)	2554
F) Total of A through E	3139
G) Total provided at 15 F (Mail-in ballot discrepancy)	3861
H) Total number of ballots (F + G)	7000
J) Total number of ballots printed (Should equal totals at H above)	7000

14. The following results have been publicly declared:

- (a) Yes: 454  
(b) No: 54

15. Declaration

I, Kelly Maracle, appointed to the position of Electoral Officer, for the Tyendinaga First Nation, declare that the polling place was kept open between the hours of 9:00 a.m. and 8:00 p.m. (local time), and that I have correctly counted the votes cast for the Turton Penn Hwy #2 ratification and have performed all other duties required of me by the Custom Ratification Process.

Signature of Electoral Officer

Date



## Tyendinaga Tobacco Quota Consultative Initiative

The tobacco quota at Tyendinaga has been set up by the Ontario Ministry of Finance, Motor Fuels and Tobacco Branch. The Ontario Ministry uses a calculation based on their records of the on-reserve status population. They then use another calculation to determine the number of cartons of cigarettes our on reserve status population over 19 who smoke, would smoke in one year. Finally they add a percentage to cover events that other status people would come to the Territory and need to purchase cigarettes.

Currently the calculation allows us approximately 90,000 cartons. It is directed to the Administration Office for the benefit of the community. The Tyendinaga Mohawk Council does not set the quota and has resisted any involvement in the quota, except to adopt a policy to allow a fair distribution of the allocated quota.

Five years ago, there were approximately 20 retailers of quota tobacco. By the end of the yearly distribution there were always surplus cartons of cigarettes which remained unallocated and unused. Over the past few years, the number of tobacco retail operations has almost quadrupled. There is now competition for every carton with many businesses wanting more.

Current policy has changed many times to reflect the issues of the community at the time. Everything from the number of quotas per business, number of quotas per community member, type of business, size of retail space, retail items which must be sold, the number of allocations within a certain area, signage, hours of operation, etc. have been used as criteria to gain or deny an allocation of quota. Others who do not have a quota wonder about the benefit to them and the responsibility of those who do.

It is now time to review the policy again. We would like to ask your opinions on the topics in the following survey. All individual responses will be kept confidential. Reporting will be anonymous statistically and with regard to general commentary.

If you are unfamiliar with the current Tobacco Quota Policy, a copy can be found on-line at <http://www.mbq-tmt.org/Tax-Exempt%20Tobacco%20Products%20Cover.pdf> or please contact Lynda Thomas, at the Administration Office 396 3424 X135. Also contact Lynda if you require assistance in completing the survey.

If you would like, we will also accept any written commentary you would like to provide. **Please send in your comments and/or the completed survey by August 12, 2005.**

\* The survey is located as a yellow insert in this newsletter. \*



## ADMINISTRATION

### EMPLOYEE INTRODUCTIONS

#### Healthy Babies/Healthy Children Family Home Visitor Introduction

Hello, my name is Kim Maracle. I am married to Bruce Maracle. We have 4 children, Trevor, Tanessa, Miranda, and Tiffany. We also have 1 grand son and 2 more grandchildren on the way in mid-August. I have been hired by the Mohawks of the Bay of Quinte to fill the position of Family Home Visitor with the Healthy Babies / Healthy Children Program, at the Thayendanege Health Centre

I have drove for Mohawk Bus lines for the past 12 years here on the Territory, and will continue in that position. Some of my previous work experience includes a daycare teacher, working with young offenders in a group home, as well as working in a nursing home. I take great pride in my work. I look forward to seeing and working with you. Should you need anything, please give me a call at the Health Centre.

Thank you

Kim Maracle

Ske:kon

I am very thankful:

Tyendinaga Newsletter has given me a great opportunity to introduce myself to the community of Mohawks of the Bay of Quinte. It is with great enthusiasm and confidence that I have accepted this new position of Program Manager at Mohawk Family Services. I started the position on July 11, 2005 and since then I have been welcomed by so many new and familiar faces throughout our community.

I am an Aboriginal Social Practitioner with extensive knowledge and understanding of off and on reserve Aboriginal community based services with the emphasis on health and social services. Traditional methods and techniques of social work practice are an asset to the delivery of prevention /intervention programs. These methods will assist the staff, community agencies, children and families facing difficulties identifying their roles and responsibilities to each other.

I encourage individuals, families and community member to be positive role models for our children. I am dedicated to the preservation and promotion of Aboriginal culture and heritage to strengthen our community.

The Mohawk Family Services team will continue to offers their assistance to build stronger families by linking and networking services, education while developing new workshops to meet the needs of the community.

So it is with great pleasure, I wish to extend an open invitation to all members of our community to drop in for a visit and learn more about our prevention workshops/services available in the summer and fall schedules.

In the Spirit of Kindness and Good Health

Jeanne Hebert ☺

Mohawk Family Services Program Manager

#### HOUSING INSPECTION NOTICE

With the new construction season fast approaching inspections on all construction will be required by **Rick Brant, BPM Coordinator, Inspector.**

Please note that when an inspection is required, Rick will require 24 hours notice.

If you have any questions or require further information please contact the Housing Department at 396-3424.

Thank you.

#### \* ATTENTION \*

The Next T.M.C. Meetings are scheduled as follows:

Regular Meetings:

**August 2 & August 17**

(Tentatively August 31)

9:00 a.m.

Local Business Meetings:

**August 9 & August 24**

7:00 p.m.

#### \* Community Notice \*

Please be advised that Tyendinaga Mohawk Council recently approved changes to the Mohawks of The Bay of Quinte Employment Policy. These changes are expected to increase service levels to the community so that you can enjoy continued consistency and adequate response to your inquiries. This is the goal that staff was tasked with. This is over the longer term

This does mean however, in the short term, that there will be great use of vacation time this summer from staff who has earned vacation. This is so that the new regime can be implemented. We do not anticipate that service levels will diminish, however we do ask that as in summers past, that you try as best as possible to make appointments with staff so that you are not frustrated. Most holidays will be taken during July and August and if appointments are made where possible, we can be assured of giving you the highest level of service.

The staff at MBQ would also like to wish everyone in the Community a safe and happy summer, be it at home or on your own family holiday.

Steve Mercer CAO



### MOHAWK FIRE DEPARTMENT

The Mohawk Firefighters in July responded to 8 calls:

2 Motor Vehicle Accidents

2 Medical

1 Lightening Strike

1 Tree down on wires

1 Structure Fire

1 Tanker Assist

**This brings our total to 54 calls for the year 2005.**



# ADMINISTRATION

## The Tobacco Quota Policy

The policy below is for your review. Each of the retailers listed on the following page must adhere to all of the points listed in the policy, including having items other than just tobacco products for sale. The times that the store must be open should be posted at the business. If you have concerns about any retailer, contact Lashelle Brant at 396-3424 Ext 110

### Policy for the Distribution of Tax-Exempt Tobacco Products on the Tyendinaga Mohawk Territory

1. **PURPOSE**
  - a. The purpose for the Policy for the Distribution of Tax Exempt Tobacco Products is to monitor the dissemination of tax exempt tobacco products
  - b. Tax exempt tobacco products acquired under this policy must be offered for retail sale to the Mohawks of the Bay of Quinte members.

2. **ELIGIBILITY**
  - a. The retailing of the tax exempt tobacco products can be accessed by registered businesses on the approval of Tyendinaga Mohawk Council.
  - b. In order to make an application, Status Mohawk citizens of the Tyendinaga Mohawk Territory must be in compliance with the *Policy for Issuance of Business Registrations on the Tyendinaga Mohawk Territory* and must hold a valid Business Registration.
  - c. Registered business owners who have more than one business may be eligible for a Tobacco Wholesale Permit for each business to a maximum of 3 tobacco quotas.
  - d. Registered businesses wishing a Tobacco Wholesale Permit must also offer at least one of the following for sale:
    - i. Convenience items (bread, milk, etc.)
    - ii. Candy/snacks (pop, chips, etc.)
    - iii. Prepared meals (either eat in or take out)
  - e. Businesses must be open for business at least 35 hours per week and 12 months per year to be eligible for a full quota. Seasonal and part time businesses may be allocated a half quota, if they meet all other eligibility criteria.
  - f. Independently owned businesses operating at the same location must each have an independent tobacco display visible and tobacco products must be available for sale at each independent business checkout.
  - g. If the Tyendinaga Mohawk Council grants a tobacco Wholesale Permit, the business is authorized to receive and distribute tax-exempt tobacco products within the regulations of this policy.
  - h. However, the receipt of a Business Registration and receipt of a Tobacco Wholesale Permit does not automatically make a business eligible for receipt of tax exempt tobacco products. The Ministry of Finance, Tobacco Branch makes annual allocations of quota of tax exempt tobacco products. Quotas will be distributed if the supply exists.
  - i. Businesses must have a permanent location which meets all building and health code regulations.
  - j. Businesses must be externally identified with signs clearly visible to the public.
  - k. Tyendinaga Mohawk Council will retain two quota for the purpose of social programming in the community.

3. **APPLICATION**
  - a. Applicants must have a valid Business Registration as issued by the Tyendinaga Mohawk Council.
  - b. Applicant must be in compliance with all eligibility requirements under section 2 of this policy.

The applicant must complete an Application for Wholesale Permit to Purchase Tax Exempt Tobacco Products (Tobacco Wholesale Permit), which may be made at the Tyendinaga Administration Office.

4. **REVOCATION OF TOBACCO WHOLESALE PERMITS**
  - a. Permits may be cancelled by Tyendinaga Mohawk Council, without notice, if any of the regulations are violated under this policy, the *Policy for Issuance of Business Registrations on the Tyendinaga Mohawk Territory* or the Permits may also be revoked if:
    - i. the holder is convicted of an offence involving the illegal sale of cigarettes, including sales to minors.
    - ii. directly involved in the illegal sale of cigarettes or other products.
    - iii. the holder fails to utilize a substantial portion of his/her quota without just cause.
    - iv. the holder ceases to operate a business as defined by this policy.
    - v. is in contravention of this policy.
  - b. Tobacco retailers must have tobacco available for sale during business hours at the location registered with Council. Hours and availability will be monitored.

5. **TRANSFER OF PERMITS**
  - a. Permits or quotas are not transferable and must be returned to the Tyendinaga Mohawk Council should the permit no longer be needed by the holder. Permits are applicable only to the registered business and owner.

6. **SURPLUS QUOTAS**
  - a. Quotas will be allocated for a 11 month period. Any quota not utilized by March 15 will revert to the Tyendinaga Mohawk Council to be reallocated.
  - b. The Tyendinaga Mohawk Council will retain all surplus quota for distribution in the month of March.
  - c. Surplus quota will be available for sale to registered tobacco retailers at a cost per carton to be determined from time to time by Tyendinaga Mohawk Council. The sale of the surplus quota will remain in a fund to be utilized by Tyendinaga Mohawk Council to provide social programming for the benefit of the Tyendinaga Mohawk members.
  - d. The Tyendinaga Mohawk Council will charge an administration fee which will be set from time to time.

7. **APPEALS**
  - a. The Tyendinaga Mohawk Council shall act as an Appeal Board.
  - b. All appeals must be made in writing within thirty (30) days of the initial notice. Copies of the appeal notice must be sent to the members of the Appeal Board.
  - c. The Appeal Board shall notify the appellant of the date, time and place of hearing within twenty (20) days of receipt of notice to appeal. All documents relevant to the appeal must be presented to the pertinent parties at least ten (10) days prior to hearing.
  - d. All decisions of the Appeal Board are final. However, should circumstances change, the business may re-apply for a permit.

8. **ACCEPTANCE**
  - a. Duly accepted by a quorum of the Tyendinaga Mohawk Council this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.



## ADMINISTRATION

## TOBACCO QUOTA RETAILERS

BUSINESS	OWNER	LOCATION	PHONE #
The Den	Shirley Green	422 Hwy #49	396-3568
Little O's Bait & Tackle	Shirley Green	422 Hwy #49	396-3568
Arnies Smoke Shop	Arnold Sager	5301B Old Hwy #2	969-1824
Kanonhsa Restaurant	Greg Brant	1214 York Rd.	967-1175
Kanienkehaka Crafts	Jana Hill	394 York Rd.	966-7139
Hot Dog Heaven	Millie Hepburn	261 Hwy #49	396-3726
Smoke in Peace Specialty Tobaccos	Millie Hepburn	261 Hwy #49	396-3726
Phil's Music	Millie Hepburn	261 Hwy #49	396-3726
Phil's New & Used Treasures	Phil Kring	261 Hwy #49	396-3726
Phil's Book & Videos	Phil Kring	261 Hwy #49	396-3726
Double D Smokes	Dennis Dugan	561 Norway's Rd.	967-1912
D & R Welding & Maintenance	Robert Green/Darryl Maracle	1298 Upper Slash Rd.	967-6505
Cedar and Silver	Stacie Brant	394 York Rd.	966-7139
B & M Variety Chip & Pop Stop	Bruce & Mary Loft	592 Norway's Rd.	962-7420
Bear Cub Crafts	Terry Amey	24 North Street	396-2552
Bearflat Station	Terry Amey	24 North Street	396-2552
Deb's Restaurant	Deborah Maracle	5475 Old Hwy #2	961-1816
Mrs. Herbs Coffee Shop	Audrey Maracle	1974 York Rd.	962-0938
Skyway Express	Lillie LeFort	11 Bayshore Rd.	396-6000
Bluebird Lodge	Lillie LeFort	11 Bayshore Rd.	396-6000
Skyway Crafts	Lillie LeFort	11 Bayshore Rd.	396-6000
Native Renaissance II	Thomas B. Maracle	545 Hwy #49	396-3520
Ward Auto & Sales	Phil Maracle	266A York Rd.	967-1889
Cash Auto	Phil Maracle	927 Ridge Rd.	969-7942
Salmon River Enterprises	Phil Maracle	5263 #2 Hwy	966-0393
Craft Shop	Lorne Loft	656 Norway's Rd	968-2160
Loft's Variety	Lorne Loft	656 Norway's Rd	968-2160
Loft Autobody Repair	Lorne Loft	656 Norway's Rd	968-2160
Hill's Variety	Dorothy Hill	394 York Rd.	966-7139
Millside Ceramics	Marleen Murphy	220 Milltown Side Rd.	966-9640
McDonuts	Andrew C. Miracle	49 Mohawk Plaza	396-6248
Miracle Mart	Andrew C. Miracle	49 Mohawk Plaza	396-3700
Flint & Feather	Andrew C. Maracle	406 Hwy #2	396-3700
McMurter Home Centre	Jim McMurter	283 Hwy #49	396-1607
Village Variety & Gas Bar	Keith Maracle	5717 Old Hwy #2	969-8938
The Work Gear Co.	Keith Maracle	5717 Old Hwy #2	967-7951
Tyendinaga Propane	Keith Maracle	5717 Old Hwy #2	967-7881
Mohawk Coffee	Freda Brant Williams	Old Hwy #2	966-8240
Mohawk Typing & Photocopying Service	Freda Brant Williams	Old Hwy #2	966-8240
M & L Distributors	Randy Scero	23 Cedar Glen	396-2138
Scero's Guide Services	Randy Scero	23 Cedar Glen	396-2138
Telegraph Narrows Bait & Tackle	Randy Scero	23 Cedar Glen	396-2138
Quinte Bay Contract Flooring	Michael Perron	792 Ridge Rd.	967-8518
Sucker Creek Development	Michael Perron	792 Ridge Rd	967-2522
St. Amand Electrical	Marylynn St. Amand	106 Sero's Rd.	396-2090
49 Quick Stop	Amos Maracle	215 Hwy #49	396-3043
Brant Auto Restoration	William & Doug Brant	94 Bayshore Rd.	396-3211
Skyway Equipment Rentals	Calvin LeFort	48 Hwy #49	396-3337
M.D's Bait & Tobacco	Michael P. Maracle	264 Bayshore Rd.	967-5603
Smoke Signals	Rachel Volkmann	142 Hwy #2	396-2721
Waumpaum Trading Post	Rachel Volkmann	142 Hwy #2	396-2721
Smokin Joe's	Andy Maracle	5290 Old Hwy #2	961-0763
Sign Solutions	Andy Maracle	250 Bayshore Rd.	396-3333
The Floor Guys	Mark Bernhardt	111 Bayshore Rd.	921-1725
Soaring Eagle Variety	Tonya Maracle	8010 Old Hwy #2	396-6560
Soaring Eagle Arts & Crafts	Tonya Maracle	8010 Old Hwy #2	396-6560
Indian Country Comforts	Linda LeFort	542 Ridge Rd.	967-1912
Indian Country Creations	Linda LeFort	542 Ridge Rd.	967-1912
Mohawk Trading	Robert Greenwood	261 Hwy #49	396-1654
Confederacy Variety	Jason Maracle	Hwy #49	396-9399
Darran Green Sandblasting & Painting	Darran Green	51 Billy Brew's Rd.	396-6639
Bayview Variety	Helen Brant	5379 Old Hwy #2	966-6734
Free Flow Gas Bar	Robin Brant	5379 Old Hwy #2	968-5344
Eastern Door Variety	Jamie Kunkel	Church Lane	885-4888
Roxannes Place	Roxanne Lewis	5379 Old Hwy #2	967-2145
Jean's Enterprises	Jean Maracle	Old Hwy #2	396-3708
Pat's Variety	Pat Brant	Hwy #49	396-6853
Onkwehon'we Neha Enterprises	John Baptiste	13 Queen St.	966-1514
Two Row Express	John Baptiste	13 Queen St.	966-1514
Great Oak Lodge Bed & Breakfast	Jackie Maracle	518 Ridge Rd.	968-8397
Two Hawks Tobacco	Audie Brant	5965 Old Hwy #2	967-1117



# ADMINISTRATION

## Step One

### Know who you're dealing with

Good contractors have satisfied customers. Ask contractors to provide customer references for projects similar to yours. Then take the time to call these homeowners and ask if the work was done properly, on time, and on budget. Find out if any follow-up work was needed and if this was done satisfactorily. Also ask if they would hire the contractor again.

**If a contractor is unwilling to provide references, don't hire them.**

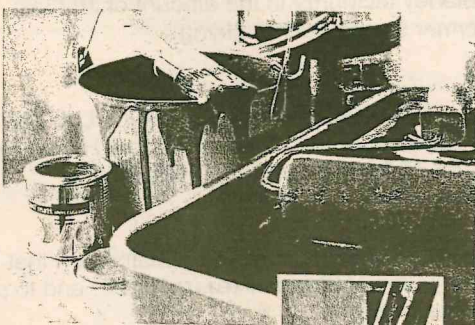
## Step Two

### Make sure you're protected from risks

When a contractor works on your home, you need to be protected from a number of risks. These risks exist whether you are hiring someone for a simple home repair, a large renovation project, the construction of a new home or cottage, or to work on a rental property you own.

**Here are some things you should know:**

- A contractor's **business liability insurance** can protect you if your home is damaged through your contractor's fault, or if the contractor causes damage or injury to third parties, like your neighbours.
- Most contractors are required by law to have **Workers' Compensation** coverage. If you hire a contractor who does not have this coverage, you face an increased risk of claims or financial loss if a worker is injured on your project.
- A contractor's valid **Business Number** or **GST/HST number** tells you that they are registered with the Government of Canada.
- The **lien regulations** in your province specify how much money you must hold back from payments. This protects you if your contractor fails to pay suppliers or subcontractors.
- A contractor's **written warranty** specifies what is covered and for how long. When you hire a contractor to build a new home on land that you own, insist on coverage under a **new home warranty program** in your province.
- **Written receipts** for all deposits and payments you make to a contractor provides proof that you have paid.



It's also important that your project complies with local **building codes**. Any change to the structure of your home, even something very minor, requires a **building permit**. Homeowners are responsible for obtaining a building permit; however, your contractor can usually get the permit on your behalf.

Inform your **home insurance** company before any work begins. Some homeowner policies don't cover construction-related risks or theft of building materials from the work site. Call your home insurance representative to make sure that you have adequate coverage.

## Step Three

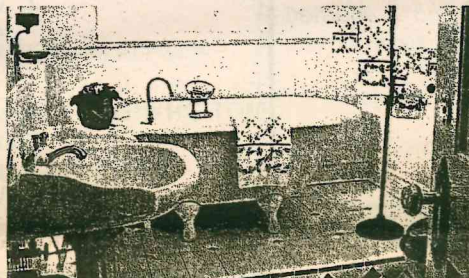
### Get it in Writing!

Having a written contract is essential. It helps protect you from the nightmare of lawsuits that can result from accidents, work-related injuries, or damages to third parties. Even for small projects, it's important to make sure you're protected. **The size of the job does not limit the liability you face if an accident occurs.** And accidents can happen even with the simplest home repairs.

A written contract also helps protect you from many other potential problems. Without a contract, you could lose any deposit or advance payment given to the contractor, or find yourself charged far more than you expected. Also, there is little you can do about poor quality or incomplete work. And you have little assurance that you will get warranty coverage and after-sales service.

A contract doesn't have to be complicated. For simple home repairs, it could be only a page long. For bigger projects, you'll need more information such as drawings and a specification list. Although the following list is not comprehensive, it provides examples of the information that should be in all contracts:

- The name, address and telephone number of the contractor



- A full description of the work and the material and products to be used
- When the work will start and be completed
- How much you will be charged for the work and when you will have to pay
- The amount of payment you will hold back as required by the lien legislation in your province
- The contractor's warranty detailing what is covered and for how long
- A certificate from an insurance company proving that the contractor carries business liability insurance
- A letter of clearance from your province's workers' compensation program confirming the contractor is registered
- The contractor's Business Number or GST/HST number and
- The contractor's business license number (where required by the municipality)

Most often, the contractor will draw up a contract for you to review. Don't sign it unless you are satisfied that it includes all the necessary information and accurately represents what you have agreed to.

**Professional contractors always work with a proper, written contract. Their price includes protection you need in case something goes wrong or an accident occurs. This is a valuable part of the service you're paying for.**

**Get it in Writing!**

## What to do when you hire a contractor

### How to find a good contractor



- Ask friends, family and neighbours about contractors they have hired to work on their homes.
- Contact your local Home Builders' Association or other trade association for a list of professional contractors in your community.
- Ask your local building materials store if it has a list of recommended contractors.
- Ask your utility company if it has a list of recommended contractors.
- Check with your local Better Business Bureau to find out if a contractor is a member.

## Many experienced and reliable contractors work in your community—highly skilled professionals who do business the right way.



Unfortunately not all contractors play by the same rules. Some cut corners to offer lower prices. They promise you a "good deal" as long as nothing is written down and you pay in cash.

These cash deals can mean a lot of risk for you. Contractors who don't do business properly don't protect you from accidents or their mistakes. If there is a work-related injury or damage to your home, you could face lawsuits and financial loss. You could be responsible for your contractor's unpaid bills. And you could be stuck with work that is incomplete or badly done.

While serious, these risks are easy to avoid. Before you agree to let anyone work on your home, take these three simple steps: know who you're dealing with, make sure you're protected from risks, and always **Get it in Writing!**





# T.M.C. MEETING MINUTES

## TYENDINAGA MOHAWK COUNCIL MINUTES JUNE 8, 2005

A meeting of the Tyendinaga Mohawk Council was held on Wednesday, June 8, 2005 at 9:00 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle  
Councillors: Roy C. Maracle and Blaine Loft. Velma Hill-Dracup arrived at 10:37 a.m. Willard A. Hill was absent due to a leg injury.  
Staff: Steve Mercer, CAO

Chief R. Donald Maracle opened the meeting with prayer in Mohawk.

Winston Brant attended Council re: FNTI Board appointment.

**MOTION #1:** Moved by Roy C. Maracle, seconded by Blaine Loft that the Tyendinaga Mohawk Council hereby authorize to appoint Winston Brant to the First Nations Institute Board of Directors for a 3-year term as recommended by the First Nations Technical Institute Board of Directors. M.C.R. #2005/06-29  
Carried.

**MOTION #2:** Moved by Roy C. Maracle, seconded by Blaine Loft that the Tyendinaga Mohawk Council Minutes of May 18, 2005 be accepted as read.  
Carried.

**MOTION #3:** Moved by Roy C. Maracle, seconded by Blaine Loft that the Tyendinaga Mohawk Council Local Business Minutes of May 24, 2005 be accepted as read.  
Carried.

**MOTION #4:** Moved by Roy C. Maracle, seconded by Blaine Loft that the Tyendinaga Mohawk Council Special Minutes of May 30, 2005 be accepted as read.  
Carried.

Council acknowledged the following scheduled meeting dates:

- June 9, 10:00 a.m. with FNTI re: Endowment Fund
- June 9, 1:00 p.m. with Steve Mercer re: private issue
- June 10, 11:00 a.m. with Roger Obonsawin re: Income Tax
- June 14-16 - All Ontario Chiefs Conference in Eagle Lake
- June 17, 10:00 a.m. with Alan Pratt on Culbertson Tract Claim
- June 20, 10:00 a.m. with Danielle Dorschner re: Health Services Accreditation
- June 20, 2:00 p.m. with Steve Mercer re: Draft Membership Transfer Policy
- June 22, 7:00 p.m. - Tyendinaga Mohawk Council Local Business meeting
- June 25 - Ratification Vote on Hwy. #2 at Quinte Mohawk School
- June 27, 9:30 a.m. - Culbertson Tract Negotiations at 59'ers Club
- June 28, 7:00 p.m. - Tyendinaga Mohawk Council Local Business meeting
- July 5-7 - Assembly of First Nations Annual General Assembly - Yellowknife, NWT
- July 12, 10:00 a.m. - Greg McGillis Re: International Joint Commission on International Great Lakes - St. Lawrence Study
- July 20, 10:00 a.m. - Alan Pratt Re: Culbertson Tract Claim
- July 21, 9:30 a.m. - Culbertson Tract Negotiations at 59'ers Club

Blaine Loft asked for the use of the Community Centre one day during the week of June 14 to 16 for an Iroquois Caucus Sub-Committee meeting - Council approved.

**MOTION #5:** Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve to meet on June 28, 2005 at 10:00 a.m. with Bev Hill, Human Resources Officer, Re: CAO three month evaluation.  
Carried.

**MOTION #6:** Moved by Blaine Loft, seconded by Roy C. Maracle that this Council approve to have an internal meeting on June 24, 2005 at 10:00 a.m. with Lisa Maracle and Brant Bardy re: Culbertson Tract Claim.  
Carried.

**MOTION #7:** Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve to meet on August 15, 2005 at 10:00 a.m. with the Kahnawake Schools Diabetes Prevention Project regarding future holding and use of the data collected in Tyendinaga from 1994 to 1996.  
Carried.

Scott Maracle, Fire Prevention Officer, attended Council to extend an invitation to Council to attend a barbecue at the Mohawk Fire Hall on Monday June 20, 2005 at 12:00 p.m. to officially show the new fire truck.

**MOTION #8:** Moved by Velma Hill-Dracup, seconded by Roy C. Maracle that this Council approve to meet on June 10, 2005 at 12:00 p.m. with XCG regarding the Hydrogeological Study, Landfill Monitoring Report and the Waste Management Proposed Option.  
Carried.

**MOTION #9:** Moved by Blaine Loft, seconded by Roy C. Maracle that this Council approve to meet on June 28, 2005 at 1:00 p.m. with Chris Maracle, Director of Housing, Parks and Band Property Maintenance, regarding the sale of older MBQ rental houses.  
Carried.

**MOTION #10:** Moved by Blaine Loft, seconded by Roy C. Maracle that this Council approve to meet on June 9, 2005 after the meeting with First Nations Technical Institute with Sue Maracle regarding several financial issues.  
Carried.

**MOTION #11:** Moved by Roy C. Maracle, seconded by Blaine Loft that this Council acknowledge the Report from Barbara Brant, Community Member Representative, regarding the Woodland Cultural Centre Board meetings for the period of January to May 2005.  
Carried.

**MOTION #12:** Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve to sign the renewal contract with Pierce Animal Control for animal control services for the period of June 1, 2005 to March 31, 2006.  
Carried.

**MOTION #13:** Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve to move the June 28, 2005 Local Business meeting to June 29, 2005 at 7:00 p.m. to attend the AIAI meeting on June 28, 2005 in Peterborough.  
Carried.

**MOTION #14:** Moved by Roy C. Maracle, seconded by Blaine Loft that this Council appoint Willard Hill and Lisa Maracle to attend the meeting with the Ministry of Natural Resources arranged by the Association of Iroquois and Allied Indians for June 28, 2005 in Peterborough.  
Carried.

**MOTION #15:** Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the following Business Registrations:  
1. SJP Enterprises, Darran T. Green - owner, new business  
2. Cliff Maracle Concrete, Clifford Maracle - owner, renewal to change name from MRM Concrete & Snowplowing  
Carried.

**MOTION #16:** Moved by Blaine Loft, seconded by Roy C. Maracle that this Council approve the following Business Registration renewals:  
1. pH Productions, Helen Clare - owner  
2. WannaGolf, Chris B. Brant - owner  
Carried.

**MOTION #17:** Moved by Blaine Loft, seconded by Roy C. Maracle that this Council approve the Application for Wholesale Permit to Purchase Tax Exempt Tobacco Products for AC Convenience, Cory R. Doreen - owner.  
Carried.

Velma Hill-Dracup requested a motion re: tobacco vendors going up on the Territory. Steve stated that Wendy Hay has been contracted to create a community questionnaire re: tobacco sale industry - policy recommendations.

**MOTION #18:** Moved by Roy C. Maracle, seconded by Velma Hill-Dracup that this Council approve payment of the invoice dated April 30, 2005 from Roger Horst of Blaney McMurtry in the amount of \$823.65 regarding the Former Bench Tech Building.  
Carried.

**MOTION #19:** Moved by Velma Hill-Dracup, seconded by Blaine Loft that this Council approve payment of Invoice #92720 from Hicks Morley in the amount of \$155.75 for various labour matters.  
Carried.

**MOTION #20:** Moved by Velma Hill-Dracup, seconded by Blaine Loft that this Council acknowledge the Mortgage Arrears Report and to publish the report in the Newsletter.  
Carried.

**MOTION #21:** Moved by Roy C. Maracle, seconded by Velma Hill-Dracup that this Council approve to sign the following Memorandums of Understanding between the Association of Iroquois and Allied Indians (AIAI) and the Mohawk of the Bay of Quinte for the fiscal year 2005/06:  
1. \$309,458.00 for Operation and Maintenance of Red Cedars Shelter which includes Salary Enhancement of \$3,458.00  
2. \$20,689.00 for the On Going Training Fund  
3. \$60,419.00 for Community Worker(s) at Red Cedars Shelter which includes Salary Enhancement of \$494  
Carried.

**MOTION #22:** Moved by Blaine Loft, seconded by Roy C. Maracle that this Council hereby supports the submission of the Tyendinaga Home Support proposal for seniors/elders and adults with physical challenges to the Ontario Trillium Foundation in the amount of \$73,000.00 to support the purchase of a wheelchair accessible bus to provide transportation to services as outlined in the attached proposal. M.C.R. #2005/06-130  
Carried.



T.M.C. MEETING MINUTES

MOTION #23: Moved by Roy C. Maracle, seconded by Blaine Loft  
Whereas the Tyendinaga Mohawk Council has deemed our language to be a vital component of our Mohawk Culture; Therefore Be It Resolved that the Tyendinaga Mohawk Council approve to utilize the Casino Rama funds under the Cultural Development component in the amount of \$68,000 for the Tsi Kionhnheht Ne Onkwawenna Language Circle to support the Adult Mohawk Immersion Program for the period of August 1, 2005 to July 30, 2006. M.C.R. #2005/06-030A  
Carried.

Council called Patti General and Sandy Maracle, Post-Secondary Education Department, to brief Council on the Ohahase funding request. Mike Brant, Hastings County Board of Education Trustee, Bill Maracle and Matt Sager, Education Counsellors, attended also. Council discussed funding for the Adult Education Program, HOPE Program and Ohahase. Ohahase is a private institution for Grade 9 to 10, with 8 students. Janice Hill is to revise proposal.

Council will meet on Monday, June 13, 2005 at 9:00 a.m. with the Post-Secondary Department, Mike Brant, Bill Maracle, Matt Sager and Janice Hill to discuss the Hastings and Prince Edward County Board of Education and Indian and Northern Affairs Canada Tuition Agreement.

MOTION #24: Moved by Velma Hill-Dracup, seconded by Blaine Loft that this Council approve to submit the Ohahase Education Centre Funding Proposal to Indian and Northern Affairs (INAC) and to arrange a meeting with INAC.  
Carried.

MOTION #25: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve for Janet Brant Nelles, Home and Community Care Manager, to speak to the newly formed Southeastern Ontario Aboriginal Community Alliance on June 16, 2005 regarding Aboriginal health issues.  
Carried.

MOTION #26: Moved by Blaine Loft, seconded by Velma Hill-Dracup that this Council approve for staff to investigate the logistics and costs to have a Physician on a locum basis (2 – 3 months).  
Carried.

MOTION #27: Moved by Blaine Loft, seconded by Roy C. Maracle that this Council approve the recommendation to have the Association of Iroquois and Allied Indians flow the Aboriginal Healing and Wellness Strategy (AHWS) Mental Health funding directly to member Nations without taking an administration fee off the top; the money not be distributed equally, but in a 50% per capita and 50% equal distribution allocation; write a letter asking what the distribution formula was in determining the \$5 million that AHWS allocated and what amount was given to First Nations and write a letter asking when First Nations will be receiving mental health dollars.  
Carried.

MOTION #28: Moved by Blaine Loft, seconded by Velma Hill-Dracup that this Council approve the land transfer from Merle Evelyn Lewis to Shane Kenneth Lewis, the whole of Lot 46-4, Concession 1, as shown on Plan No. 79706 CLSR and the whole of Lot 70 in part of Lot 6 & 7, Concession 1, on Plan No. RSO 5765R.  
Carried.  
Roy C. Maracle declared conflict of interest and did not vote

MOTION #29: Moved by Blaine Loft, seconded by Roy C. Maracle that this Council approve the land transfer from Freda Charlotte Baptiste to Norman Clifford Hill, the whole of Lot 10E-2, Concession 2, as shown on Plan No. 60489 CLSR as recommended by Lands.  
Carried.

MOTION #30: Moved by Velma Hill-Dracup, seconded by Roy C. Maracle that this Council has no requirements to purchase property in general unless it is for a specific purpose.  
Carried.

R. Donald Maracle left for dental appointment 2:05 p.m. Velma continued as Chair.

MOTION #31: Moved by Blaine Loft, seconded by Roy C. Maracle that this Council approve the changes imposed by Natural Resources Canada and notify the Community regarding the new land survey requirements and look at recommendations to provide survey services for the community.  
Carried.

NOTE: The Hay Tenders were deferred to Administration.

MOTION #32: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the recommendation to have the Oral History Project funding (\$13,414.40) flow to Brant Bardy's department at First Nations Technical Institute for Brant Bardy to complete this project.  
Carried.

Official Retirement luncheon for Bob Ellis & Lois Claus – date to be set before end of school year.

MOTION #33: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the Karon hiak ta'kie Sports Complex Terms and Conditions of Rental Agreement, Rental Application and Release of Liability, Waiver of Claims and Indemnity Agreement.  
Carried.

MOTION #34: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve for XCG Consultants to proceed with the Forresters Island Environmental Site Assessment at a cost of \$8,170.00 as recommended. Monies are to be taken from Casino Rama funds.  
Carried.

MOTION #35: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve to waive the rental fee for the Community Centre for all non-profit Community Organizations.  
Carried.  
Recommended by Roy Maracle so that all non-profit Community Organizations are treated the same.

MOTION #36: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the land transfer between Gregory Nelson Brant to Jodie Lynn Harvey, the whole of Lot 31C-3-2, Concession A as shown on Plan #74974 CLSR and the whole Lot 31C-4, Concession A as shown on Plan #64055 CLSR.  
Carried.

MOTION #37: Moved by Blaine Loft, seconded by Roy C. Maracle to go in private. (2:45 p.m.)  
Carried.

- Summary of Private Minutes:
- Approval of Private Minutes: May 18, 2005 and May 24, 2005 Local Business
  - Deferred Private Minutes: May 16, 2005 Special due to lack of quorum
  - Declined Small Business Loan request for \$7,000 as request is not the intent of the policy
  - Approved an Access to the Territory Mohawk Council Resolution for a Community member
  - Approved seven (8) Mortgage Discharges and Rewrites
  - Approved two (2) Renovation loans totaling \$58,000
  - Approved to guarantee two (2) Bank of Montreal loans totaling \$185,000
  - Deferred requests from two Community members

Recorded by:  
Molly Kohoko  
  
Steve Mercer  
Chief Administrative Officer

*Donald Maracle*  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council.

TYENDINAGA MOHAWK COUNCIL MINUTES  
JUNE 9, 2005

A special meeting of the Tyendinaga Mohawk Council was held on Thursday, June 9, 2005 at 10:00 a.m. in the Council Chambers with First Nations Technical Institute (FNTI).

Present: Chief R. Donald Maracle  
Councillors: Roy C. Maracle and Blaine Loft. Velma Hill-Dracup arrived at 11:45 a.m. Willard A. Hill was absent due to injury.  
Staff: Steve Mercer, CAO  
Guests: Mark Green, Chair of the FNTI Board 10:00 a.m. left at 10:30 a.m.  
Lynn Brant 10:20 a.m. left at 10:30 a.m.  
William J. Brant  
Roger M. Brant  
Terry Bernhardt

A special meeting was held between FNTI and the Tyendinaga Mohawk Council regarding the MBQ/FNTI Endowment Fund and that FNTI cannot financially support the costs of delivering the Ohahase program for this fiscal year due to the Indian and Northern Affairs Canada (INAC) cut of \$600,000.00 in FNTI funding.

FNTI is requesting financial support from the Tyendinaga Mohawk Council. Council requested that a budget be prepared and Terry Bernhardt agreed to provide a budget for the Ohahase program and for the HOPE program. The budget should separate the costs for the Ohahase and HOPE program.

The original budget submission presented to the Council for the Ohahase and HOPE program was \$400,000.00. There are currently 8 students enrolled in the Ohahase program and 25 students in the HOPE program.



T.M.C. MEETING MINUTES

Council will submit a budget request to INAC once it is finalized and arrange a meeting with INAC on the issue. A meeting will also be held on Monday, June 13, 2005 to review the submission.

The balance of the MBQ/FNTI Endowment Fund is \$155,049.85 as of June 8, 2005.

The agreement was that the funds were to be for capital purposes. If FNTI were to cease to exist it is to be used to support education projects.

MOTION #1: Moved by Blaine Loft, seconded by Velma Hill-Dracup that the MBQ/FNTI Endowment Fund remain invested for future joint MBQ/FNTI capital projects.

Carried.

Chris Maracle, Director of Housing, Parks & BPM, is completing a conditional assessment report for band buildings, including buildings at the Airport.

MOTION #2: Moved by Velma Hill-Dracup, seconded by Blaine Loft that the Tyendinaga Mohawk Council approve the AIAI/MBQ Provincial Diabetes Education Contribution Arrangement for 2005-2006 in the amount of \$9,375.00.

Carried.

MOTION #3: Moved by Velma Hill-Dracup, seconded by Blaine Loft that the Tyendinaga Mohawk Council approve the AIAI/MBQ Contribution Arrangement for FASD/Child Nutrition Program for the fiscal year 2005-2006 in the amount of \$18,562.50.

Carried.

MOTION #4: Moved by Velma Hill Dracup, seconded by Roy C. Maracle that the Tyendinaga Mohawk Council approve the AIAI/MBQ Contribution Arrangement for Healthy Babies, Healthy Children for the fiscal year 2005-2006 in the amount of \$64,660.77.

Carried.

MOTION #5: Moved by Blaine Loft, seconded by Velma Hill-Dracup WHEREAS the Tyendinaga Mohawk Council have approved expenditures utilizing the Casino Rama Funds,

WHEREAS, activities have been completed under budget and or Council has been successful in securing funding,

THEREFORE, be it resolved that the Tyendinaga Mohawk Council approve to de-commit these funds as follows:

Lands Research 2004/05	\$29,879.52	MCR# 2004-202
Harvest Managers 2004/05	4,273.69	MCR# 2004-195
Parks Program 2004/05	3,061.87	MCR# 2004-204
Recreation 2004/05	4,260.04	MCR# 2004-205
Richmond Landfill Site 2004/05	19,390.46	MCR# 2004-203
MBQ Landfill Site 2004/05	970.80	MCR# 2004/05-048
Justice Circle 2004/05	3,341.94	MCR# 2004/05-107
Sucker/Mud Creek Bridges	251,118.16	MCR# 2004/05-078
Fire Tanker	149,493.00	MCR# 2004/05-113
Hides 2004/05	5,000.00	MCR# 2004/05-102
MBQ Landfill -XCG/Nibourg 2004/05	2,578.31	MCR# 2004/05-117
Water/Sewer Tech 2004/05	9,792.36	MCR# 2004/05-200
Roads Projects	234,095.06	MCR# 2003-142
<b>TOTAL DECOMMITMENTS</b>	<b>\$731,719.97</b>	
M.C.R. #2005/06-040		

Carried.

MOTION #6: Moved by Velma Hill-Dracup, seconded by Roy C. Maracle that the Tyendinaga Mohawk Council approve to publish the BMO Nesbitt Burns Investment Report for the period of January 1, 2005 to March 31, 2005.

Carried.

MOTION #7: Moved by Roy C. Maracle, seconded by Blaine Loft that the Tyendinaga Mohawk Council approve to file outstanding rental arrears and other receivables with a collection agency and Small Claims Court.

Carried.

MOTION #8: Moved by Velma Hill-Dracup, seconded by Blaine Loft that the Tyendinaga Mohawk Council approve an allowance for doubtful accounts be approved in the amount of \$85,099.28.

Carried.

MOTION #9: Moved by Velma Hill, seconded by Roy C. Maracle that this meeting be adjourned. (12:50 p.m.)

Carried.

Recorded by:

Donald Maracle  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council.

TYENDINAGA MOHAWK COUNCIL MINUTES  
JUNE 10, 2005

A special meeting of the Tyendinaga Mohawk Council was held on Friday, June 10, 2005 at 11:00 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle  
Councillors: Blaine Loft, Roy C. Maracle and Velma Hill-Dracup (12:00 – 3:30 p.m.). Willard A. Hill was absent due to injury  
Staff: LaShelle Brant and Lisa Maracle  
Guests: Roger Obonsawin and Ann Hibberd, O.I. Employee Leasing

Roger Obonsawin made a presentation to Council on the topic of Obonsawin Irwin Employee Leasing Company.

Roger Obonsawin's company has paid \$3 million to date fighting the tax court cases. These employees pay 1.5% of their wages to a Legal War Chest to fight the Court cases.

Obonsawin has about 1,600 employees and 180 businesses enrolled.

Meeting concluded and Council continued with a meeting with XCG Environmental Consultants on the Hydrogeological study for the Tyendinaga Mohawk Territory.

Present: Chief R. Donald Maracle  
Councillors: Blaine Loft, Roy C. Maracle and Velma Hill-Dracup (12:00 – 3:30 p.m.). Willard A. Hill was absent due to injury  
Staff: Todd Kring, Kristin Maracle  
Guests: Kevin Shipley, XCG Environmental Consultant, and Janet Noyas, XCG Consultant

Hydrogeological study was decided based on discussions with Indian and Northern Affairs Canada (INAC) followed by XCG assessment of wells, rehabilitation of wells.

Samples were collected from approximately 175 wells across the Tyendinaga Mohawk Territory. There was a cross-section of dug and drilled wells.

Pumping tests were done on dug and drilled wells from 6 hours to 24 hours in some cases across the Territory. Topography, surface water supplies and sources of contamination were reviewed in the study. Drainage patterns were considered. Surface water is naturally contaminated.

A lot of the dug wells have not registered with the Ontario Ministry of Environment. The majority of the wells are drilled bedrock wells; however there are a number of dug wells. Well records from the Ontario Ministry of Environment were reviewed (approximately 700 well records).

VIE-Log is a computer software system to record well data and to analyze the information.

There are four aquifers in Tyendinaga.

1. Overburden – area for dug wells
2. Shallow bedrock (26 meters) – aquifer for majority of wells
3. Intermediate bedrock (26-50 meters) – only a few wells
4. Deep bedrock (50-200 meters) – 2 wells which are dug

The ground water generally moves in a southwesterly direction and some places southerly direction.

Water Quality Results:

A total of 175 wells were tested and the majority was contaminated with total chloroforms and/or e-coli. There is no discernable area for contamination and it is a wide spread problem in the community. The well treatment systems are not well maintained and present a risk to the member's health.

The water quality condition interferes with treatment systems. The wells need water softeners to function more effectively.

Chloride is an indicator of older ground water and is not very palatable. Chloride is an aesthetic problem. Most of the wells are located along the road ways and can be affected by road salt and/or septic systems which will cause high chloride counts. The chloride levels are relatively high across the Tyendinaga Mohawk Territory.

There were 8 wells drilled for the pumping tests. Out of the 8 wells, 5 were dry wells. The Tyendinaga Mohawk Council has geology of unpredictable fracture patterns.

There were 15 wells pump tested to determine yield. The majority of the community has low yield wells. There are some wells that have 30 gallons per minute.

The report will be revised to include a sustainable pumping rate column. Many of the well driller records from earlier drillings were complete.

Most of the wells in the community are under the influence of surface water which leads to higher contamination rates. Many of the wells require a combination of water softeners, treatment systems and a filter system.

In 1990, Ontario Regulation 903 states if a well is not properly constructed it has to be abandoned. If the Ontario Regulation applied, 722 wells would have to be abandoned. Many wells have been properly grouted.



T.M.C. MEETING MINUTES

There are 610 residents that need treatment systems at 3.66 million with an annual maintenance servicing cost of \$878,000.00.

There were four new test wells drilled at the Tyendinaga Landfill Site. Some of the test results showed higher contaminant levels than the criteria; however, the northern up gradient tests from the landfill site were higher which would indicate that there are other factors affecting the water quality under the landfill site. There are no off site impacts from the test results conducted by XCG.

The landfill site tests results did not show much difference in concentrations from previous years and are mostly aesthetic. XCG will continue monitoring.

There are 15 test wells at the Tyendinaga landfill site. It is proposed that a waste depot and transfer station be built at a cost of \$1.427 million with an annual cost of \$163,000.00.

It will cost \$864,000.00 for the closure of the existing landfill site. If the garbage were to be mined out and transferred to another landfill site, the cost would be \$3.8 million which would be prohibitive.

MOTION #1: Moved by Blaine Loft, seconded by Roy C. Maracle that the Tyendinaga Mohawk Council approve to forward a revised funding submission to Indian and Northern Affairs Canada for the closure and construction of a new waste depot and waste transfer station with annual operating costs.

Carried.

Former Dies Property – Phase II Environmental Investigations

Additional testing has been conducted for heavy oil and gasoline on the Dies Property. There is still contaminated sediment in the stream on the Dies Property. The ground water remains contaminated with hydrocarbons which is a health risk.

Chief Maracle stated the Dies Property has not been added to the Revenue yet and remains within Provincial jurisdiction and that the Ministry of the Environment has the authority to clean up the property and can claim against the polluting parties.

Kevin Shipley discussed various clean up measures for the Dies Property.

XCG advised to complete:

1. excavate and dispose of soil and sediments
2. pump, treat and re-inject clean ground water
3. enhanced bio-remediation which would inject oxygen into the groundwater to breakdown hydrocarbons
4. do a risk assessment to assess the risk of the remaining contaminants while the property is being remediate

The cost of the recommended clean up is in the range of \$368,000.00 to \$515,000.00 during a two year period of operation.

Test wells will have to be monitored after the work is completed at an annual cost of \$50,000.00 per year for up to a five year period.

The property would be cleaned up so it could be used for residential purposes.

MOTION #2: Moved by Blaine Loft, seconded by Roy C. Maracle that a meeting be scheduled between the Tyendinaga Mohawk Council, Indian and Northern Affairs Canada and Public Works and Government Services to discuss when clean-up will occur on the Dies Property.

Carried.

MOTION #3: Moved by Roy C. Maracle, seconded by Blaine Loft that the Tyendinaga Mohawk Council approve that the Ministry of the Environment apply lampricide in the Salmon River to control Sea Lamprey at no cost to the Mohawks of the Bay of Quinte.

Carried.

MOTION #4: Moved by Blaine Loft, seconded by Roy C. Maracle that this meeting be adjourned. (4:20 p.m.)

Carried.

Recorded by:

Donald Maracle  
Chief R. Donald Maracle

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TYENDINAGA MOHAWK COUNCIL MINUTES  
JUNE 13, 2005

A special meeting of the Tyendinaga Mohawk Council was scheduled for Monday, June 13, 2005 at 10:00 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle  
Councillors: Velma Hill-Dracup arrived at 11:30 a.m. due to other appointments. Roy C. Maracle was absent due to travel to the Chiefs of Ontario meeting in Eagle Lake. Willard A. Hill was absent due to injury. Blaine Loft was absent due to a medical appointment.  
Staff: Patti General, Sandy Maracle, Matt Sager and Bill Maracle  
Guests: Terry Bernhardt and Mike Brant

This meeting was scheduled to review the Hastings and Prince Edward County Board of Education and Indian and Northern Affairs Canada Tuition Agreement. This meeting will be an administrative review due to absence of quorum of Council.

Revised wording will be forwarded to Council for review.

Meeting concluded at 1:30 p.m.

Recorded by:

Donald Maracle  
Chief R. Donald Maracle

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TYENDINAGA MOHAWK COUNCIL MINUTES  
JUNE 20, 2005

A special meeting of the Tyendinaga Mohawk Council was held on Monday, June 20, 2005 at 2:00 p.m. in the Council Chambers to review the draft Mohawks of the Bay of Quinte Transfer of Membership from Other First Nations Policy.

Present: Chief R. Donald Maracle  
Councillors: Roy C. Maracle, Blaine Loft and Velma Hill-Dracup arrived at 2:40 p.m. Willard A. Hill was absent due to injury.  
Staff: Steve Mercer, CAO

Council also reviewed the two tenders received for the Homeland Drive reconstruction project. Tenders received from:

- |                                  |              |
|----------------------------------|--------------|
| 1. Don Hart Construction Limited | \$212,199.98 |
| 2. Build-All Contractors         | \$250,359.17 |

MOTION #1: Moved by Roy C. Maracle, seconded by Blaine Loft that the Tyendinaga Mohawk Council approve to award the construction contract to Don Hart Construction Limited for the Homeland Drive Reconstruction contract in the amount of \$212,199.98 which was the low tender.

Carried.

MOTION #2: Moved by Velma Hill-Dracup, seconded by Blaine Loft that the draft Mohawks of the Bay of Quinte Transfer of Membership from Other First Nations Policy be sent back to administration for further work and be returned to the next regular Council meeting in July.

Carried.

MOTION #3: Moved by Blaine Loft, seconded by Roy C. Maracle that the Tyendinaga Mohawk Council Local Business meeting scheduled for June 28, 2005 at 7:00 p.m. be rescheduled to June 30, 2005 at 7:00 p.m. due to graduation exercises.

Carried.

Meeting concluded at 3:10 p.m.

Recorded by:

Donald Maracle  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council.

Remember if you have an EMERGENCY  
CALL **911**





# T.M.C. MEETING MINUTES

## TYENDINAGA MOHAWK COUNCIL MINUTES JUNE 22, 2005

A meeting of the Tyendinaga Mohawk Council was held on Wednesday, June 22, 2005 at 9:00 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle  
Councillors: Blaine Loft and Roy C. Maracle. Velma Hill-Dracup was attending a Kagita Mikam Annual General Assembly. Willard A. Hill was absent due to injury.  
Staff: Steve Mercer, CAO and Angela Maracle, AO (10:45 a.m.)

Council acknowledged the following scheduled meetings:

- June 24, 10:00 a.m. – Internal Culbertson Tract Claim Meeting
- June 25 – Ratification Vote on Hwy. #2 at Quinte Mohawk School
- June 27, 9:30 a.m. – Culbertson Tract Negotiations at 59'ers Club
- June 28 – Ministry of Natural Resources Arranged by AIAI – Willard Hill and Lisa Maracle to attend
- June 28, 6:15 p.m. – Quinte Mohawk School Graduation
- June 29, 10:00 a.m. – Bev Hill Re: CAO Three Month Evaluation
- June 29, 1:00 p.m. – Chris Maracle Re: Sale of MBQ Rental Houses
- June 29, 7:00 p.m. Tyendinaga Mohawk Council Local Business Meeting
- June 29, 7:00 p.m. – Moira Secondary School Graduation
- July 5–7 – Assembly of First Nations Annual General Assembly – Yellowknife, NWT
- July 12, 10:00 a.m. – Greg McGillis Re: International Joint Commission on International Great Lakes – St. Lawrence Study
- July 20, 10:00 a.m. – Alan Pratt Re: Culbertson Tract Claim
- July 21, 9:30 a.m. – Culbertson Tract Negotiations at 59'ers Club
- August 15, 10:00 a.m. – Kahnawake Schools Diabetes Prevention Project regarding future holding and use of the data collected in Tyendinaga from 1994 to 1996

- MOTION #1: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve to conduct a study at Quinte Mohawk School on Physical Education and organize a focus group and Mr. Andy Anderson can come to a future Local Business meeting to discuss the results.  
Carried.
- MOTION #2: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve to meet on June 23, 2005 at 9:00 a.m. to review the Draft Tuition Agreement between Hastings and Prince Edward County Board of Education and Indian and Northern Affairs Canada.  
Carried.
- MOTION #3: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the following Council meetings for July 2005:  
Regular: July 13 and 27, 2005 at 9:00 a.m.  
Local Business: July 20 and 27, 2005 at 7:00 p.m.  
Carried.
- MOTION #4: Moved by Blaine Loft, seconded by Roy C. Maracle that this Council approve to waive the rental fees for the Sports Complex and Community Centre for Summer Camps.  
Carried.
- MOTION #5: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve to meet on July 18, 2005 at 10:00 a.m. to review the Draft Regional Style Peacekeeping Services Workplan submitted by Larry Hay, Tyendinaga Police Chief.  
Carried.
- MOTION #6: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council acknowledge the Tyendinaga Tobacco Quota Consultative Initiative survey that was mailed out last week.  
Carried.
- MOTION #7: Moved by Blaine Loft, seconded by Roy C. Maracle that this Council approve the following Applications for Business Registration:  
1. Jean's Enterprises, Jean M. Maracle - owner  
2. B.G.C., Clint D. Brant - owner  
3. Arrowhead Golf, Douglas E.G. Green - owner  
4. Bear Essentials, Jamie C. Kunkel - owner  
Carried.
- MOTION #8: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the Application for Business Registration for Glen & Dawn's Junk, Glenda Hill - owner.  
Carried.
- MOTION #9: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the Application for Business Registration for Two Hawks Tobacco, Audie Brant - owner.  
Carried.
- MOTION #10: Moved by Blaine Loft, seconded by Roy C. Maracle that this Council defer the Application for Wholesale Permit to Purchase Tax Exempt Tobacco Products for The Great Oak Lodge Bed & Breakfast, Jackie Maracle – owner, due to conflict of interest by Roy C. Maracle; therefore, a lack of quorum present at the time.  
Carried.

- MOTION #11: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the Application for Business Registration for Skyway Express, April E. Conger - owner, due to a change in ownership.  
Carried.
- MOTION #12: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve payment of the invoice dated May 28, 2005 from Patrick Schindler in the amount of \$2,000.00 regarding the Richmond Landfill issue for the period of February 25, 2005 to May 28, 2005.  
Carried.
- MOTION #13: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve payment of the invoice dated May 28, 2005 from Patrick Schindler in the amount of \$18,125.00 regarding the Johnson Brant Family Claim/Airport Litigation for the period of March 1, 2005 to May 28, 2005.  
Carried.
- MOTION #14: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve payment of the following Alan Pratt invoices:  
#2728 in the amount of \$3,475.12 for General Matters  
#2735 in the amount of \$4,581.00 for Johnson Brant Family Claim  
#2732 in the amount of \$9,994.55 for Culbertson Tract Claim  
#2733 in the amount of \$6,829.12 for Turton Penn Lease  
Carried.
- MOTION #15: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council decline the Personnel Policy - Chapter 14 revision to change the average score required to be successful to 60%; policy will remain at 70% so the highest of standards will remain.  
Carried.
- MOTION #16: Moved by Blaine Loft, seconded by Roy C. Maracle that this Council approve the land transfer from Susan Harriett Wilks to Theodore Collin Kombium, the whole of Lot 22A-1-2, Concession as shown on Plan No. 76357 CLSR and the whole of Lot 22A-4, Concession 1, as shown on Plan No. RSO 711  
Carried.
- MOTION #17: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council defer the land transfer from Amos Carl Maracle and John Melvin Dale Maracle to Amos Carl Maracle for review if there is a conflict of interest regarding the witness signature.  
Carried.
- MOTION #18: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the land transfer from Evelina Hill to Daniel Harok Whalen and Delores Yvonne Maracle-Whalen, the whole of Lots 29K-7 and Lot 29K-8, both in Concession A and both shown on Plan No. 53238 CLSR.  
Carried.
- MOTION #19: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the renewal of the Agricultural Lease between George Murray White, Ruth Alice White-Cook and Wendy Lurline White-Scerepy and Eugene Farrell for the period of April 1, 2005 to March 31, 2008, Parcel G and H, Lot 19, Concession. A, as shown on Plan No. 4673 CLSR. M.C.R. #2005/06-041  
Carried.
- MOTION #20: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the renewal of the Agricultural Lease between Leonard F. Brant and Glen A. Milligan for the period of May 1, 2005 to April 30, 2008, the whole of Lot 9B-2, Concession A as shown on Plan #1476 RSO and the whole of Lot 9C-2, Concession. A, as shown on Plan #1476 RSO. M.C.R. #2005/06-042  
Carried.
- MOTION #21: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve renewal of the Agricultural Lease between Leonard F. Brant and Glen A. Milligan for the period of May 1, 2005 to April 30, 2008, the whole of Lot 9A-2, Concession A, as shown on Plan #1476 RSO. M.C.R. #2005/06-043  
Carried.
- MOTION #22: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve renewal of the Agricultural Lease between Francis Glenn Hill and William Hinchey for the period of May 1, 2005 to April 30, 2006, Parcel A, Lot 21, Lots 21C-1-1, 21C-1-2, 21C-1-3, 21C-3-1, Lot 21G, Lot 22B-1, Lot 22B-7-1 and Parcel F, Lot 22 all in Concession 2. M.C.R. #2005/06-044  
Carried.
- MOTION #23: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve to meet on July 11, 2005 at 10:00 a.m. to review the Industrial Park Design & Survey Costs and come up with a definitive plan.  
Carried.



# T.M.C. MEETING MINUTES

The following staff should be included in the meeting: Steve Mercer, Todd Kring, Peter Brant, Crystal Maracle and LaShelle Brant.

MOTION #24: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the Lateral Sewer Connection Permit for Jennifer Brant/Randy Brant on the Church Lane.

Carried.

MOTION #25: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council defer the request for a new truck for the Roads Department until Council gets information where it will fit into the MBQ Capital Plan and if it is required; Jason Brant to assess condition of truck.

Carried.

MOTION #26: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the renewal Application for Business Registration for B & M Railings, Ken D. Barnhardt - owner.

Carried.

MOTION #27: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the land transfer from Evelina Hill to Thomas Francis Hill and Helen Marion Hill-Fisher, the whole of Lot 5A-13, Concession 2, as shown on Plan No. 76778, CLSR.

Carried.

MOTION #28: Moved Roy C. Maracle, seconded by Blaine Loft that this Council approve the request from Janet Brant-Nelles to be the Mohawks of the Bay of Quinte's representative on the Association of Iroquois and Allied Indians' Task Force for Local Health Integration Networks.

Carried.

MOTION #29: Moved by Blaine Loft, seconded by Roy C. Maracle to go in private. (12:36 p.m.)

Carried.

## Summary of Private Minutes:

- Deferred May 16, 2005 Private Minutes due to lack of quorum as Blaine Loft was absent at that meeting
- Approved one Small Business Loan totaling \$10,000
- Approved two renovation loans totaling \$23,615
- Approved to guarantee one Bank of Montreal increase in loan for \$16,511.25
- Acknowledged legal opinion from lawyer and to follow advice
- Acknowledged report on costs to open a road and declined as cost prohibitive

Recorded by:  
Molly Kohoko

Steve Mercer  
Chief Administrator Officer

Donald Maracle  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council.

## TYENDINAGA MOHAWK COUNCIL MINUTES JUNE 22, 2005

A meeting of the Tyendinaga Mohawk Council was held on Wednesday, June 22, 2005 in the Council Chambers for Local Business continued as regular business.

Present: Chief R. Donald Maracle  
Councillors: Blaine Loft, Roy C. Maracle and Velma Hill-Dracup arrived at 7:40 p.m. Willard A. Hill was absent due to injury.  
Staff: Steve Mercer, CAO

The following issues were re-visited from the regular agenda earlier in the day.

MOTION #5: Moved by Blaine Loft, seconded by Velma Hill-Dracup that this Council approve the Application for Wholesale Permit to Purchase Tax Exempt Tobacco Products for The Great Oak Lodge Bed & Breakfast, Jackie Maracle - owner.

Carried.

MOTION #6: Moved by Velma Hill-Dracup, seconded by Blaine Loft that this Council approve the land transfer from Amos Carl Maracle and John Melvin Dale Maracle to Amos Carl Maracle, the whole of Lot 30D-1, Concession A, as shown on Plan No. RSO 6457 R and the whole of Lot 30D-2-1, Concession A, as shown on Plan No. RSO 6657 R.

Carried.

MOTION #7: Moved by Velma Hill-Dracup, seconded by Blaine Loft that this meeting be adjourned. (10:55 p.m.)

Carried.

## Summary of Private Minutes:

- Acknowledged receipt of Community member's notice, notify other Community member involved of notice and obtain legal opinion from lawyer
- Approved of Community member's request regarding the Industrial Park

Recorded by:  
Molly Kohoko

Steve Mercer  
Chief Administrative Officer

Donald Maracle  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council.

## TYENDINAGA MOHAWK COUNCIL MINUTES JUNE 23, 2005

A special meeting of the Tyendinaga Mohawk Council was held on Thursday, June 23, 2005 at 10:30 a.m. in the Council Chambers to review the Tuition Agreement between Hastings and Prince Edward County Board of Education and Indian and Northern Affairs Canada.

Present: Chief R. Donald Maracle  
Councillors: Blaine Loft, Roy C. Maracle and Velma Hill-Dracup. Willard A. Hill was absent due to injury.  
Staff: Patti General, Sandy Maracle, Bill Maracle and Matt Sager  
Guest: Mike Brant, Trustee

Council reviewed the suggested changes and supported the changes.

Council went in private to address a Community member's request.

Recorded by:

Donald Maracle  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council.

## NOTICE PROCEDURE FOR CONTACTING PIERCE ANIMAL CONTROL SERVICES

Residents can call (613) 966-4483 leave your name and phone number so that they can contact you.

**They are available 24 hours for emergencies.** An emergency would be a dog that is injured and the owner is unknown, a dog that is harassing livestock, a dog endangering the public or an animal suspected of having rabies. If a resident would like to log a complaint or inform them of a dog running at large they can do so by calling Monday to Friday between the hours of 8:00 a.m. and 4:30 p.m.

They are not available to pick up strays running at large on weekends or statutory holidays. All animals that are picked up are taken to the **Quinte Humane Society** and their hours are 12:00 noon to 5:00 p.m. Monday to Saturday and 1:00 p.m. to 4:00 p.m. Sunday. The Quinte Humane Society is also closed on statutory holidays.

The Quinte Humane Society is located on Avonlough Road which is at the west end of Belleville off of Dundas St. west (Hwy #2). Their number is (613) 968-4673.

It would be best if your pet has been picked up that you call ahead to the Humane Society to confirm the cost involved in redeeming your pet.



EDUCATION

TRUSTEE'S REPORT:  
JULY, 2005

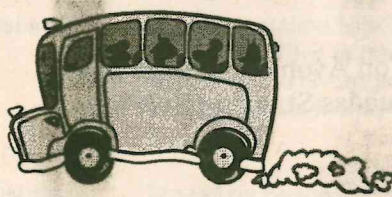
My report for July and August will be very short since we are on our summer break from the Board Office. We are continuing to work on the tuition agreement, with the Band and the Board working out some final details so that it can be presented to the DIA likely in September. We are having good success in working with the Hastings and Prince Edward District School Board in having our interests and concerns represented to the DIA through the tuition agreement. Hopefully, everyone has been enjoying the summer, it sure has been a hot one.

Remember, if you have any concerns or comments please call Mike at 962-3595.

Respectfully submitted  
Mike Brant

OHAHASE Education Centre  
314 Airport Road  
\*396 6742\*

Thanks to the efforts and generosity of the Tyendinaga Mohawk Council, we will have a Grade 9 and Grade 10 program this fall. Call for details.



To all the kids from my bus run.  
Hope your having a safe and fun summer.  
See you in September.

Your Driver Brad

*Congratulations!*  
To Our Graduates

We would like to take this opportunity to say *Congratulations* to our Graduates for; 2005 and wish them every success in their future endeavours, whether it be University, College, Apprenticeship or the world of work.

- |                                 |                              |
|---------------------------------|------------------------------|
| Ashley Bannister, Moira S.S.    | Alisha Parks, N.D.S.S.       |
| Andrew Brant, Moira S.S.        | Lorry Spencer, N.D.S.S.      |
| Leah Brant, Moira S.S.          | Crystal Maracle, W.R.K.      |
| Brennan Green, Moira S.S.       | Elizabeth Maracle, W.R.K.    |
| Jordan Hill, Moira S.S.         | David Maracle, Moira S.S.    |
| Malory Maracle, Moira S.S.      | Kira Nestorovski, Moira S.S. |
| Johanna Brinklow, N.D.S.S.      | Jennifer Leween, Moira S.S.  |
| Samantha Loft, N.C.C.           | Jesse Sager, Quinte S.S.     |
| Michelle Henderson, Quinte S.S. | Murney Green, N.C.C.         |

*Bill Maracle & Matt Sager*

*Congratulations!*



Congratulations Mommy on your DSW graduation from Loyalist College. Good luck in your new job. Way to go!

Love you lots, Colin



# EDUCATION

## PIE 4 QMS Community Report for August 2005

Greetings from the PIE 4 QMS Committee. We hope that everyone is enjoy their summer vacation. PIE 4 QMS would like to congratulate all the graduates from the class of 2005 and we would like to extend our best wishes and good luck with all your future endeavours.

PIE 4 QMS is proud to announce that we are looking for young artists from the Tyendinaga Mohawk Territory to design a new logo for us for the 2005/06 school year. The annual contest is organized to encourage our youth to express their artistic talents and their interpretations that will depict Mohawk culture in designing a logo that would best fit the committee. Enclosed with the August 2005 Tyendinaga Mohawk Territory Newsletter you will find the insertion paper that is required to complete the logo contest. From now until the deadline you can drop off your submission to either Eric Aschmann, Rachel Volkmann or Tanya Bardy at the addresses listed below. You may also hand in your submissions to the PIE 4 QMS booth at this years annual Mohawk Territory Fall Fair this September. The deadline for the logo submissions is Sunday, September 18, 2005. This is the last day of the Mohawk Fair. Judging for the contest will take place at this years Fair and will be announced that same day.

PIE 4 QMS is also pleased to announce that we will be having another Backpack Raffle this year. Tickets are on sale now from the committee members and also at participating Tyendinaga Mohawk Territory businesses. Tickets are \$1.00 each and the winner will receive a licensed backpack with supplies valued at approximately \$100.00. PIE 4 QMS will also be selling the tickets at the 18<sup>th</sup> Annual Tyendinaga Traditional Powwow until the draw date of Sunday, August 14, 2005. The backpack can be viewed at the Mohawk Administration Office up until Friday, August 12, 2005.

We look forward to another school year ahead and encourage the community to come to our open meetings and or you can make suggestions, ideas or input. We would also like to thank the Tyendinaga Mohawk Community for all their support to PIE 4 QMS during the 2004/05 school year. As always we continue to look for volunteers to assist the committee with upcoming events.

Nia wen kowa

You can contact us in writing to the following address or contact the members at the following telephone numbers:

### Partners In Education 4 Quinte Mohawk School

#### PIE 4 QMS

C/o Tanya Bardy  
Secretary

990A Hwy 49 Box 101  
Tyendinaga M.T., ON  
K0K 1X0

Email [tbbardy@sympatico.ca](mailto:tbbardy@sympatico.ca)  
Email [tanyab@fnti.net](mailto:tanyab@fnti.net)

**Tanya Bardy**  
Secretary

Home: 396-1862  
Work: Ohahase Education Centre 396-6742  
Cell: 922-7507

**Rachel Volkmann**  
Chairperson  
Work: 396-2721

**Eric Aschmann**  
Treasurer  
Home 396-5736

## JUNE IS THE END OF THE SCHOOL YEAR BUT IF YOU HAVE LITTLE ONES REGISTERING FOR KINDERGARTEN DO IT NOW!

The Thayendanega Health Centre needs all parents with young children entering Kindergarten to register their child at the Health Centre. The Community Health Nurses review the child's immunization record and gather pertinent information from the parents or guardians about the child's health which we keep on file. A form is given to the parents to return to Quinte Mohawk School which informs the school system that the immunization records meet the standards for school entry. Each child who attends QMS has a file at our Health Centre. Once the forms are received by the school, the child's registration can actually begin at the School level.

## BMO Bank of Montreal 2005 Possibilities Youth Scholarships


Students from Mohawks of the Bay of Quinte who are entering their final year of high school in September 2005 are invited to apply for BMO Bank of Montreal's Possibilities Youth Scholarships.

Two scholarships of \$1,000 each (in a Guaranteed Investment Certificate) are available. All eligible applications must be completed by August 15, 2005 with the scholarships being awarded in October.

BMO Bank of Montreal congratulates all students of Mohawks of the Bay of Quinte on your hard work and achievements in completing another successful school year.



Applications for the 2005 Possibilities Youth Scholarships are available at Mohawks of the Bay of Quinte Band Office or call (613) 396-3424 for more information on where to pick up an application.

BMO  Bank of Montreal

## Attention Community Members

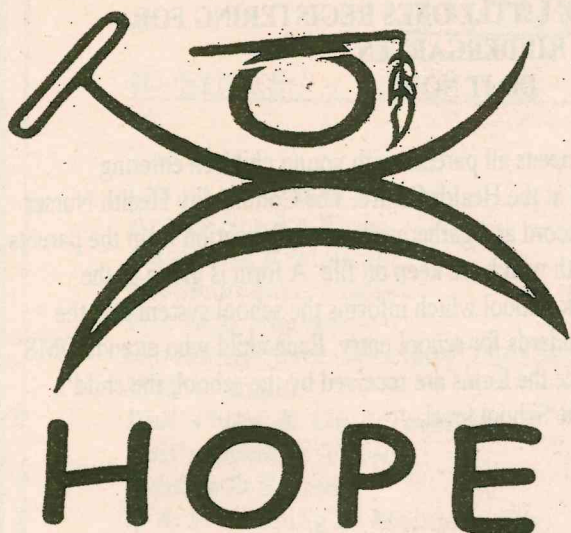
The Tahatikonhsotontie Headstart Program is in need of supply teachers.

As our program will now be open throughout the summer we will also require replacement staff to cover the hours when our regular staff is on vacation.

Please notify us at 396-6716 for more information.



# EDUCATION

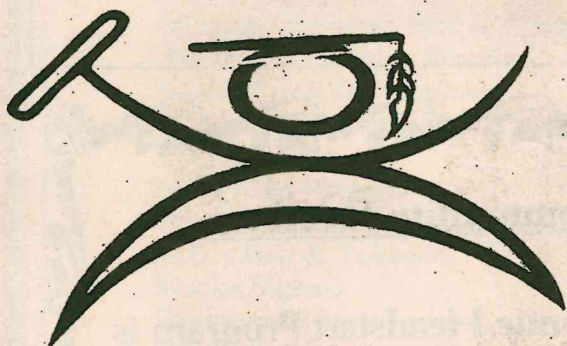


## Haudenosaunee Opportunity for Personalized Education

HOPE is a co-operative learning adventure sponsored by Moira Secondary School, the Mohawks of the Bay of Quinte, Hastings and Prince Edward District School Board, and the First Nations Technical Institute.

## Who can attend HOPE?

Students must be between the ages of 16 and 20 years of age and, in most cases, will have been out of school for at least six months.



## How can you register for HOPE?

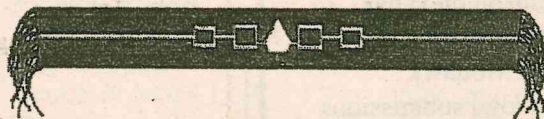
To register, you can contact the Guidance Office at Moira Secondary School at 962-8668 or Tracy Maracle or Jan Hill at the HOPE Program at 396-6742.

There is no cost for the program.

## What is HOPE?

HOPE is an educational alternative program that has been designed to meet the specific learning needs of Mohawk students who have not yet graduated from high school.

Students of HOPE work towards their high school diploma in an individualized program developed in consultation with the student.



## Why HOPE?

For some native students the traditional school setting has not been a successful experience.

HOPE offers a flexible approach that values success through the development of an individual program.

Tsie':na ne  
satetshe'nhsera

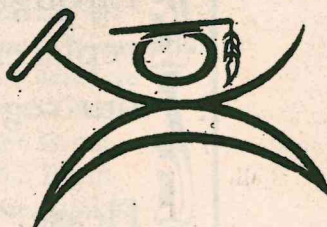
"Capture your dream"

I'htshehr tsi naho':ten  
sanonhto'n nion

"Follow your path (thoughts)"

Wa'kanekerah tshera  
ta'kie

"For future generations"



## Where is HOPE?

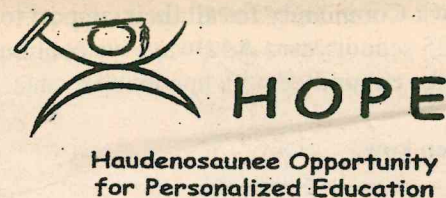
The HOPE program is located on the Tyendinaga Mohawk Territory at the First Nations Technical Institute.

Students will attend the program there as they work towards their high school diploma from Moira Secondary School.

## When is HOPE?

The HOPE program is in operation five days a week during the school year.

Students must attend fifteen hours each week to maintain their enrolment in the program. However, the hours per day a student attends are flexible and will be negotiated with the instructors.



Haudenosaunee Opportunity for Personalized Education

## Partners in HOPE



Moira  
Secondary School

Mohawks of  
the Bay of Quinte



Hastings and  
Prince Edward  
District School Board

First Nations  
Technical Institute





# RED CEDARS

## STALKING-COPING WITH CRIMINAL HARASSMENT

### What is stalking?

Stalking is when one person is emotionally obsessed with another and demonstrates this through actions and contacts that are unwanted. Stalking is a form of abuse-it is used to scare, threaten and control the victim. (Love or Obsession - A Guide for Women Being Stalked)

Stalking behaviour may include:

- Repeated phone calls, phone messages or emails that annoy or threaten you
- Unwanted gifts
- Following you, your children or other people you are close to
- Threatening harm to a loved one or pets
- Assault (sexual and/or physical)
- Kidnapping
- Entering your home when you are not there

### Is stalking a crime?

Yes. The law states that no person shall behave in a way that makes another fear for her safety; therefore, stalking is a crime. The legal term for stalking is **criminal harassment**. A stalker can be charged. If convicted, he can face up to ten years in jail; however, more often stalkers receive only probation or a minimal jail sentence.

([www.hotpeachpages.org/paths/stalking.html](http://www.hotpeachpages.org/paths/stalking.html))

### If you are being stalked, here are some safety measures that you can take:

- **Trust your own instincts:** Try to identify the cause of your feelings, fears, doubts, anxieties or suspicions.
- **Avoid all contact with your stalker:** Use different entrances to your home or office, take different routes to work or school, and obtain a call display service.
- **Resist the urge** to have any kind of conversation with your stalker to make him stay away-this will only encourage him.
- **Tell people** about what is happening to you and the danger you feel.
- **Make the importance** of keeping your phone number, address and any other **personal information secret** clear to others.
- **Record** the stalker's actions.
- **Always be prepared:** Carry with you at all times anything you would want or need if suddenly you had to go to a safe place...such as...
 

~ keys	~ restraining order
~ identification	~ his bail conditions
~ cash and credit cards	~ court documents from previous assaults
~ prescriptions	~ custody papers
~ children's treasures	~ marriage/divorce papers
~ the lease/deed to your home	

### Why should I record the stalker's actions?

Keeping a record of the stalking is important...

- To help you identify your stalker's patterns so you are able to take steps to keep yourself safe;
- If you wish to discuss the situation with the police or a counsellor; and
- If your stalker is charged with Criminal Harassment, this information will be used as evidence against him.

### What should I record?

- Name of the stalker (if known) and give a physical description
- Keep an on-going record of the following:
  - ~any incidents of contact with the stalker (phone calls, letters, visits, emails, messages through other people)
  - ~any incidents of harassment or threats
  - ~any incidents of harassment or threats to family, friends or pets
  - ~the date and time of the incident
  - ~if you saw stalker, what was he wearing?
  - ~list physical evidence and any witnesses
  - ~the measures you have taken to protect yourself
  - ~if you call the police, record the officer's name

### What is a Personal Safety Plan?

Such a plan lists strategies for what you need to be safe and feel safe.

### Are there any health effects that can occur from being stalked?

Stalking affects different women differently. You may experience physical health effects like headaches or stomach and digestive problems, you may experience emotional health effects such as anxiety or depression or you may have no apparent health effects at all.

Some of the common emotional impacts of being stalked include:

- Sense of loss of control over your life
- Feelings of shame
- Depression
- Guilt or humiliation

- Poor concentration
- Anxiety or panic attacks
- Feeling responsible
- Feeling vulnerable
- Feeling cut off from family & friends
- Pessimism
- Flashbacks
- Constant fear
- Difficulty sleeping

(Love or Obsession, A Guide for Women Being Stalked)

### How could you make everyday safer? Consider...

- Your home's security (change or add locks)
- Your routines and routes (vary them)
- Your car or other form of transportation (be alert)
- Your mail and telephone (have someone collect or open your mail, get call display or change you phone number to an unlisted one)
- Having readily available contact people (keep names and numbers handy)
- Taking a self defense course
- Distributing a photograph of your stalker to family, friends, and co-workers

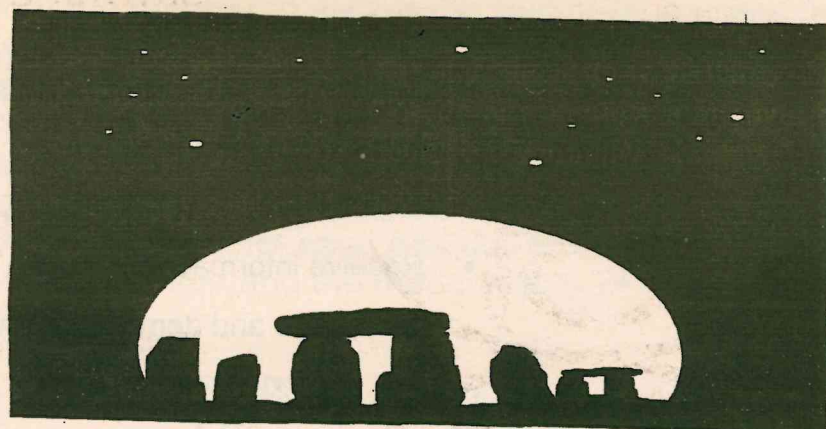
You may want to design your safety plan with someone else, such as a counsellor or police officer. Stalking can have short and long term negative effects on your mental health. You may feel a loss of control over your life, great fear, and feelings of shame, guilt or humiliation. (<http://www.hotpeachpages.org/paths/stalking.html>)

It is most often men who stalk women, most frequently with whom they have been in an intimate relationship, although stalking can occur in other kinds of situations as well. It can include a variety of behaviours and actions and is usually a pattern of behaviour rather than one single incident. Stalking is intended to frighten the victim - behaviour that is simply annoying would not be considered criminal harassment, and there would be little the police could do about it. Stalking is part of the larger problem of violence against women. Many women are stalked by their former partners, who were abusive during their relationship and whose abuse turns into stalking after the relationship has ended. (Love or Obsession - A Guide for Women being Stalked)

Red Cedars Shelter Crisis Line 1-800-672-9515 or 967-8212  
Monday - Friday 967-2003

### Websites for information on Stalking:

<http://www.stalkingvictims.com/>  
<http://www.ncvc.org/src/>  
<http://www.stalkingbehavior.com/defin.html>  
<http://www.crimelibrary.com/criminology/cvberstalking/>



## Moon Ceremony

Where: Red Cedars Shelter

When: August 19, 2005

Time: Dusk (8:30 approx)

ALL WOMEN WELCOME

Please wear a skirt & Bring water

Potluck feast to follow...

Call for additional info (613) 967-6544



# HEALTH CENTRE

## NURSING MOTHERS' GROUP OF TYENDINAGA

INVITES

BREASTFEEDING MOTHERS  
AND BABIES

To their ongoing series of meetings:

2nd & 4th Friday mornings each month  
Thayendanega Health Centre

FRIDAY AUG 12  
FRIDAY AUG 26

10:00 am BREASTFEEDING CLINIC  
10:30 - Noon DISCUSSION & LIBRARY TIME

### August 2005

*Moms - In - Waiting*  
*The Canadian Prenatal Nutrition*  
*Program*

The Thayendanega Health Centre is offering **MONTHLY FOOD VOUCHERS** to women during their pregnancy. Please drop by or call the Health Centre and speak with the Community Health Nurses who will outline the program. Tel: 967-3603

We want everyone to have a healthy pregnancy and healthy baby!

Mary McCauley R.N.  
Brenda Asselstine R.N.  
Community Health Nurses

*So, you're having a baby...*

Let us help you

- Learn more about pregnancy, nutrition, labour and delivery breastfeeding, and baby care
- Receive information through videos, talks and demonstrations

*Prenatal Classes*

*will begin*

*Wednesday*

*September 14, 2005*

*7-9 pm*

A series of six classes are taught by the Community Health Nurses

For more information or to register for classes, please contact the

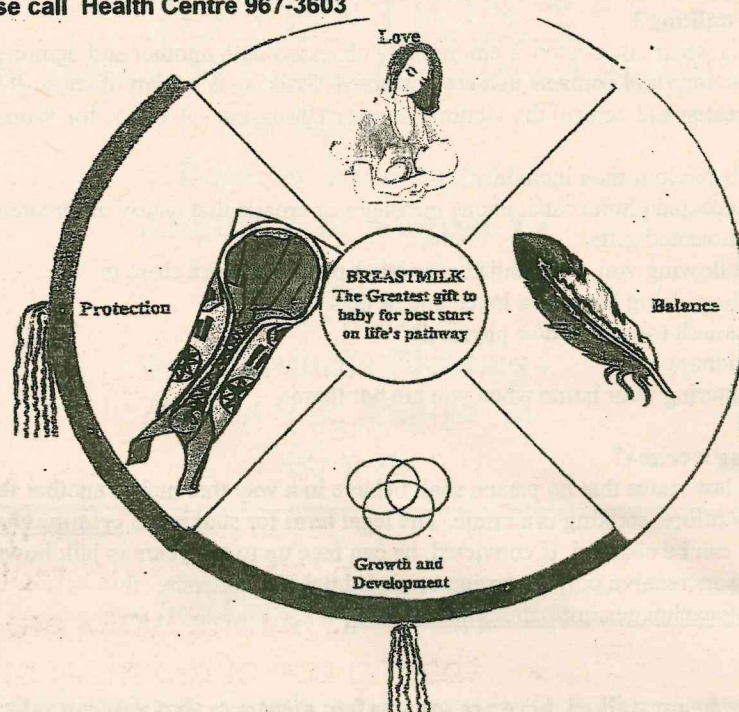
Thayendanega Health Centre

Tel: (613) 967-3603

Partners/Supports are really important, please come too.

## Breastfeeding

For Breastfeeding Help during August :  
Please call Health Centre 967-3603



Good Medicine

### Nonasowin - Breastfeeding Good Medicine

- > East
- > Yellow
- > Feather
- > Balance
- > Symbol of beginning of life new responsibilities
- > Symbol of balance

Colostrum, a rich yellow fluid is the first milk. A few days after the colostrum is the Breastmilk, the ideal perfect food containing nutrients perfectly **BALANCED** for life giving. Breastmilk is always clean, pure, fresh and readily available in the right amount, at the right temperature providing maximum oral satisfaction. For this new life, mother has new responsibilities and must ensure that no harm come to her baby. She must keep her baby away from: smoking, alcohol, poor eating habits, and negative feelings.

- > South
- > Red
- > Three Circles
- > Growth and Development
- > Symbol of growth
- > Symbolizing closeness, bonding and security

For positive growth and development during breastfeeding, putting into her body only good, healthy sacred foods; good, clean thoughts; and open communication, add to the continuing connection and nurturing. The closeness in the relationship that is established, strengthens the bonding and enhances emotional security. Good facial development and well-formed jaws are promoted by the sucking exercises.

- > West
- > Black
- > Cradle Board
- > Protection
- > Foundation
- > Symbol of protection and discipline for life's journey

Breastmilk is considered Mother Nature's vaccine as it gives foundation for the future of baby. Breastmilk provides protection against iron deficiency anemia, overfeeding, obesity, insulin dependent diabetes, skin disorders, allergic reactions; gastrointestinal, respiratory, and ear infections. Breastfeeding is important for discipline so that the child will listen to the parents.

- > North
- > White
- > Bonding
- > Love
- > "One in Spirit"
- > Symbol of love

Breastfeeding is an enriching and learning experience that teaches patience, closeness, giving full attention, comfort and warmth. A true sense of love and affection develops a loving bond and feeling that has been described as being "One in Spirit"





## The Mediterranean Diet

The Mediterranean diet is not a diet per se, but rather a loose term that describes the eating patterns of the people of the Mediterranean region. There are however many characteristics of this approach to eating that may help improve our health and they include:

- an abundance of food from plant sources, including fruits and vegetables, whole grains, beans, nuts and seeds
- an emphasis on fresh, minimally processed foods and when possible, seasonally fresh and locally grown foods
- olive oil as the main fat- replacing other fats including butter & margarine
- a lower fat intake than a typical North American diet
- low to moderate consumption of dairy products such as yogurt or cheese (low and non-fat types are preferable)
- sparing use of red meat and poultry
- daily physical activity

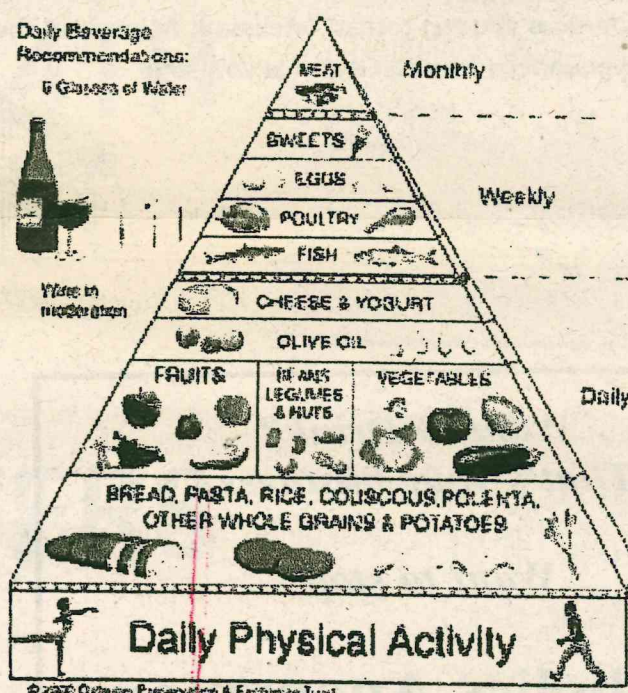
### Roasted Red Pepper Hummus

(adapted from allrecipes/vegetarian.com)

2 cloves of garlic  
1 (15oz) can chick peas, drained  
1/3 tahini  
1/3 cup lemon juice  
1/2 cup roasted red peppers  
1/4 tsp dried basil

-in a food processor/blender combine garlic, beans, tahini and lemon juice  
- process until mixture is smooth  
- add red peppers and basil, process until the peppers are finely chopped  
-transfer to a small bowl, cover and chill until serving  
- great served with fresh, raw veggie sticks

### The Traditional Healthy Mediterranean Diet Pyramid



### Shish Kabob

2 tbsp low-fat Italian salad dressing  
1tbsp lemon juice  
2 cloves garlic, crushed (or 1/2 tsp garlic powder)  
1/4 tsp pepper, 1/2 oregano, 1 tsp sugar  
4 oz chicken, cubed (pork is also good)  
veggies of your choice, for example cherry tomato, fresh whole mushroom, green pepper, chunks of red onion

-mix salad dressing, lemon juice, garlic, spices & sugar in a bowl  
-add meat to marinade and refrigerate for a couple of hours  
-put meat and veggies on skewers and brush with marinade  
-broil or BBQ for 5-10 minutes or until cooked  
-great served with tzatziki

Submitted by Jodi John, Dietetics & Human Nutrition Summer Student



## HEALTH CENTRE

### WHAT YOU NEED TO KNOW ABOUT WEST NILE

Mosquito season is here and we should make sure we know what steps we should take to protect ourselves, and prepare our homes and cottages.

**PROTECT YOURSELF:** Cover up. Wear light colours, long sleeves and long pants. Tuck pants into socks for extra protection. Consider mosquito netting if you're in a heavy mosquito area. Use bug repellent containing DEET and read directions carefully, especially for applications to children.

**KNOW THE SYMPTOMS:** It takes 3 - 15 days for symptoms to appear after being bitten by an infected mosquito. However, four out of five people show no symptoms. For most, the symptoms are mild but for a few people, the reaction is pronounced. In rare cases, the virus causes severe, life threatening illness such as encephalitis.

**WHEN TO SEEK HELP:** If you have any of the following symptoms, seek medical help: fever, muscle weakness, stiff neck, confusion, severe headache, sudden sensitivity to light, and if you experience extreme swelling or infection at the site of the mosquito bite.

For more information you can contact Melissa R Maracle at the Thayendanege Health Centre at 967-3603.



*Want to Drink?  
That's your business.*

*Want to stop?*

#### **Alcoholics Anonymous**

Discussion group meets  
every Monday night  
8 p.m.

Thayendanege Health Centre

If anyone is interested in taking  
Emergency First Aide and CPR  
Course, please call Lesley Maracle at  
the Thayendanege Health Centre at  
967-3603.



#### Community Notice

Please be advised that recently there have been condom dispensers placed in the Community Centre upper level bathrooms. There are condoms available to you as well at the Thayendanege Health Centre through a public health safety program. The reasons for these dispensers are to promote safe and protected sex and to stop the spread of HIV/AIDS and other Sexually Transmitted Infection's (STI) in our community. For further information on STI's and HIV/AIDS please contact Melissa R. Maracle, CHR at the Thayendanege Health Centre, 967-3603 or visit THC at 1658 York Road.



#### DEAD BIRD SURVALLIANCE PROGRAM



**TO ALL COMMUNITY MEMBERS!!!**

If you spot a crow, raven or blue jay please do not remove the bird in any way due to the fact it may be carrying the West Nile Virus. The Community Health Representatives are trained to handle these birds. Call immediately to the Health Centre and someone will be there to remove the bird, are number is 967-3603.

Thank you

Community Health Representatives



# HEALTH CENTRE

## DIABETES INFO for August 2005

### Hyperglycemia or High Blood Sugar

#### What is High Blood Sugar?

It is when the amount of sugar in your blood is higher than 4 to 7 mmol. before meals or higher than 5 to 10 mmol. 2 hours after your meal. Diabetes is a lifelong condition, you may be resisting your INSULIN now and eventually your PANCREAS fails to produce INSULIN so your blood sugar will go up.

#### What causes High Blood Sugar?

High blood sugar can result when **food, activity and medications** are not balanced. High blood sugar may happen when you are sick or under stress. Some medications will cause blood sugars to go up i.e. prednisone, hormone pills, taking more than 6 aspirin/day and some fluid medications.

#### What are the signs of High Blood Sugar?

It is when your blood sugar rises above 11 mmol

You may experience the following

- ◇ Be thirsty
- ◇ Urinate (pee) more often
- ◇ Be tired (no energy)
- ◇ Blurred vision
- ◇ Stomach pain, nausea, vomiting

#### What you need to do for High Blood Sugar:

- ◇ **DRINK** extra fluids i.e. water or sugar free pop. The reason for this hydration is because high sugars will dehydrate the body
- ◇ **ALWAYS** take your medication pills and/or Insulin.
- ◇ **TEST** your blood sugars at least 4 times a day
- ◇ **IF** your blood sugars are greater than 14 mmol twice in a row, then contact your family physician, visit a walk in clinic, or an Emergency Room

## Stepping Stones Diabetes Conference

September 27, 2005

Type 2 Diabetes and Denial among  
First Nations People

Guest Speaker: Dr. Robyn Houlden  
Endocrinologist & Specialist in Diabetes

Sponsored by:

Tyendinaga Coalition For Healthy Lifestyles

For more information please call the  
Thayendanega Health Centre at 967-3603

Watch for more information

**DIABETES & DENIAL**

## Hyperglycemia = High Blood Sugar

### How you may feel:



- Stomach pain, nausea, vomiting



- Blurred vision



- Frequent need to pass urine



- Very thirsty



- Unwell, tired



### What you need to do:

#### D = Drink

- Extra fluids (sugar-free)



- If not able to eat solid food as usual, drink sugar-containing fluids ever hour.



#### K = Ketones in urine and glucose in blood

- Test 4 times a day



#### A = Advice of doctor

for extra medication

- Always take your insulin or pills
- If vomiting more than 2 times in 12 hr. call doctor or visit the Emergency Room

### Why?

- Too little insulin?
- Stress or physical illness?
- Too much food?

submitted by Lynda Whalen Reg.N. Diabetes Nurse Educator

**Prizes Prizes Prizes!!!**

**Quiz for July 2005**

- ◇ Using your glucose monitor—What should your blood sugar be **before a meal**? \_\_\_\_\_
- ◇ What should your blood sugar be **2 hours after a meal**? \_\_\_\_\_
- ◇ How do you feel when your blood sugars are high (over 14 mmol.)

1. \_\_\_\_\_ 4. \_\_\_\_\_

2. \_\_\_\_\_ 3. \_\_\_\_\_

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

### Diabetes Day at the Health Centre

Wednesday, Aug 10  
10 a.m. - 2 p.m.

Available to test  
Blood Sugar  
Blood Pressure  
& Cholesterol levels

Everyone Welcome!



# HEALTH CENTRE & S.O.D.I.

## 2<sup>ND</sup> ANNUAL ADULT CONTEST

It's that time of year again for our Adult contest. The contest is once again open to all community members 19 years of age and older. This year I would like to try something different. This year it will be a Drug & Alcohol Word Scramble.

The contest will consist of a number of sentences with words related to drugs and alcohol. You must unscramble the words then put them together to make a commonly known phrase that is connected with children.

You will be asked to complete the contest sheet and return by the assigned date to the Thayendanega Health Centre (attention Bev Maracle-NNADAP). All completed entries will be submitted for 1 of 2 grand prizes to be drawn on Friday August 19, 2005 at 3:30 pm.

In addition each participant will receive a small prize for participating at the end of the contest.

By participating it will increase your knowledge and awareness of these dangerous products.

If you are up for the challenge keep a look out for the special flyer to come in the mail on Monday August 15, 2005.

Thanks and good luck.

Sponsored by the National Native Alcohol and Drug Abuse Program  
Thayendanega Health Centre, Ph: 967-3603 Fax: 967-3618

(The health and safety of each winner remains the liability of each participant. The Thayendanega Health Centre and the Mohawks of the Bay of Quinte will not be held responsible).

## 3<sup>rd</sup> ANNUAL YOUTH CONTEST

Once again I would like to invite our youth to participate in a Drug & Alcohol informational contest starting Monday August 8<sup>th</sup>. This contest will be open to all youth ages 12-18 residing in Tyendinaga. This year the contest will only run for 1 week so that more contests may be offered throughout the year.

An information flyer on Drugs & Alcohol will be distributed daily Monday-Thursday by mail. Our youth will have a chance to read the information and answer the questions. The completed questionnaire must be returned to the Thayendanega Health Centre by 3 pm the following day (if drop off is a problem you may phone your information in, ask for Bev or Wendy). All returned questionnaires will be given a prize and 3 daily winners with the correct answers will be drawn for an additional prize (approx. value \$30.00).

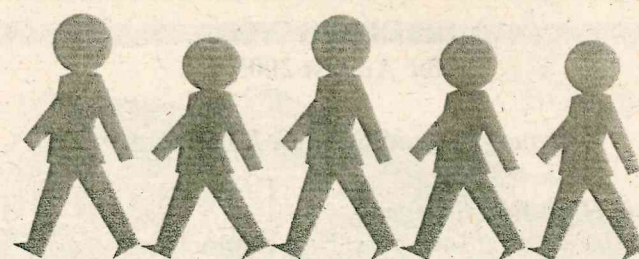
Participants are allowed to win once on the daily draws, but are encouraged to submit answers daily as all submissions will be entered for 1 of 2 grand prizes to be drawn on Friday August 12, 2005 at 4 pm.

Participation in this contest is a way to keep our youth informed on the risks of Drugs & Alcohol, as well as promoting healthy drug free lifestyles. Please encourage all youth to participate.

The more you submit the more chances you have to win!!!!!!!!!!!!!!!!!!!!!!  
Thanks and good luck to all participants.

Sponsored by the National Native Alcohol and Drug Abuse Program  
Thayendanega Health Centre, Ph: 967-3603 Fax: 967-3618

(The health and safety of each winner remains the liability of the parents. The Thayendanega Health Centre and Mohawks of the Bay of Quinte will not be held responsible).



Do you know someone who has diabetes?  
If you do, this will help.

### DIABETES SUPPORT GROUP

2<sup>nd</sup> Tuesday of each month

Sept. 13th, 2005

7:00- 8:30 PM

@ THAYENDANEGA HEALTH CENTRE

Learn more about healthy living with diabetes  
and have fun while you are doing it. We will  
have guest speakers, product presentations,  
nutrition tips, videos and much more!

Come join us!

Call

Thayendanega Health Centre @ 967-3603

if you have any questions.

\*\*Please note that there will be no group during  
the summer but we will resume in September.

### ARE YOU AT RISK?

Some risk factors for developing Type 2 Diabetes:

- ✦ family history (parent, brother or sister) of diabetes
- ✦ Aboriginal, Metis or Inuit Ancestry
- ✦ being overweight
- ✦ over 35 years old; in Aboriginal communities more children and youth are being diagnosed
- ✦ being inactive
- ✦ having had Gestational diabetes
- ✦ having a baby that weighed over 9 pounds
- ✦ a diet high in fats and sugars
- ✦ having high blood pressure
- ✦ having high cholesterol levels
- ✦ smoking
- ✦ stress

### Symptoms/Signs

- |   |                     |
|---|---------------------|
| Unusual Thirst                                  | Frequent Urination  |
| Hunger  | Unusual Weight loss |
| Extreme tiredness or lack of energy             | Headaches           |
| Blurred Vision                                  | Stomach Cramps      |
| Cuts and bruises that don't heal                | Frequent Infections |
| Sexual Dysfunction                              | Dizziness           |
| Tingling or Numbness in the hands, legs or feet |                     |

And Sometimes NO Symptoms at All



Developed by SOADI  
Adapted from NADA & CDA

Carol Loft  
Regional Diabetes Worker  
Southern Ontario Aboriginal Diabetes Initiative

(Tel): 613-396-3900 Email: eastern@soadi.ca  
www.soadi.ca





COMMUNITY INTEREST

AKENNHA'KENE TANON KANENNA'KENE  
SUMMER TIME AND SPRING TIME

A	A	O	Y	A	S	H	I	T	K	A	N	E	N	N	A	K	E	J	N
N	K	H	S	G	Q	A	H	I	R	A	Y	O	Y	I	H	S	E	O	V
D	E	E	D	N	Y	H	P	E	A	M	I	Z	A	Q	P	R	N	H	A
R	D	N	N	S	A	C	O	N	K	H	K	E	D	G	H	W	W	N	Y
E	N	T	I	H	S	O	N	Y	S	O	I	H	K	V	A	C	A	A	J
W	A	O	L	I	A	R	E	S	H	I	A	R	L	W	C	S	K	K	A
B	S	N	Y	S	L	K	M	U	I	W	J	E	A	K	J	J	E	E	K
R	L	T	M	E	M	I	E	F	W	A	H	K	J	Y	G	S	N	N	L
A	O	S	S	S	N	T	A	N	K	R	E	R	A	U	H	Y	N	K	O
N	O	I	H	K	F	U	T	Y	E	N	D	E	J	G	A	O	H	H	R
T	C	N	M	E	S	O	A	U	N	T	A	W	E	A	L	S	A	A	A
R	S	Y	J	H	Y	P	T	H	N	L	K	K	A	C	E	Y	T	T	H
U	I	O	S	A	K	Y	A	E	H	S	S	A	H	E	K	S	E	S	I
L	A	R	L	J	S	T	T	D	E	K	E	T	V	K	Y	U	H	I	R
E	R	E	U	H	E	S	I	S	D	E	S	N	K	U	D	R	S	K	A
S	H	T	G	D	U	Z	M	P	N	W	K	E	E	T	J	D	A	S	Y
A	N	S	I	O	D	X	E	E	M	Y	E	H	W	A	F	R	K	A	O
T	O	I	Y	O	T	A	K	E	N	N	H	O	K	T	E	O	I	N	E
B	N	W	U	W	H	A	M	E	W	H	K	K	Q	T	S	I	F	E	N
A	O	A	F	A	H	H	I	W	E	E	O	T	Y	N	D	U	E	N	N
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L	S	E	E	O	H	E	D	N	E	L	A	K	H	A	P	G	D	A	K
H	T	N	N	S	H	I	Y	O	Y	A	R	I	H	K	O	W	A	K	I
A	A	N	T	S	A	H	A	W	O	K	H	N	E	T	N	E	K	E	N
K	S	H	E	L	A	W	O	K	H	E	K	S	E	S	I	H	S	N	I
O	T	E	N	Y	O	H	Y	A	R	I	H	K	O	W	A	K	E	E	S
K	Y	S	H	E	N	E	K	A	N	N	E	N	A	K	I	N	I	S	T
T	E	W	A	K	E	N	N	H	A	W	E	N	R	O	N	K	W	E	N

1. Akennha'ke

2. Nonwa Wakennhate

3. Shiwakennhate

4. Enwakennhate

5. Tewakennhawenronkwen

6. Akennhakwekon

7. Ohenton Tsi Nyore Tsi Wakennhe

8. Tsi Yotakennho'kte

9. Kanenna'kene

10. Tsi Nikanenna'kenehs

11. Oya Shitkanennake

12. Ohna'kenkha Tsi Kanenna'kene

13. Ohyariha

14. Ohyarihkowa

15. Seskeha

16. Seskehkowa

17. Kentenha

18. Kentenhkowa

19. Tsi Nikon Ne Oyariha

20. Shiyoyariha

21. Enyohyarihkowake'

22. Shiseskeha

23. Shiseskehkowa
- Summer Time

This Summer

Last Summer

Next Summer

Every Other Summer

All Summer

Before The Summer

At The End Of Summer

Fall Time

During The Fall

The Fall After Next

After The Fall

Little Ripeness (June)

Great Ripeness (July)

August

September

Little Poor Time (October)

Great Poor Time (November)

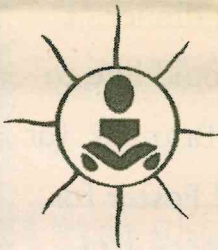
Every June

Last June

Next July

Last August

Last September



KANHIOTE

TYENDINAGA TERRITORY PUBLIC LIBRARY  
York Rd. Tyendinaga Mohawk Territory, K0K 1X0  
967-6264

A Cultural & Educational Resource Centre

Library Hours

Tuesday 8:30-4:30pm  
Wednesday 8:30-4:30pm  
Thursday 12-4, 6-8pm

Librarian

Karen Lewis

Email Address: karenl@library.tyendinaga.net

Check out our web-site: [www.tyendinaga.net/volunteer/kahniote](http://www.tyendinaga.net/volunteer/kahniote)

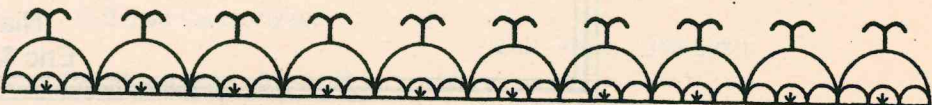
Genealogy Research

Public Internet Access

Mohawk Language Resources

History Resources

Scanner, Digital Camera, Colour Printer, Fax  
Videos, Magazines & Native Newspapers





## COMMUNITY INTEREST

### *In Memory of Dave Thomas August 17, 2004*

*God saw he was getting tired,  
When a cure was not to be.  
So he put his arm around him,  
And whispered come with me.*

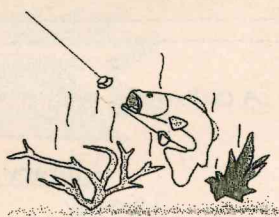
*With tearful eyes we watched him suffer,  
And saw him fade away,  
Although we loved him dearly,  
We could not make him stay.*

*A golden heart stopped beating,  
Hard working hands to rest,  
God broke our hearts to prove to us,  
He only takes the best.*

*Always in my heart & lovingly remembered,  
Marion*

### Gone Fish'n-Thank You!!!

On behalf of the Tyendinaga Home Support Team, and the seniors who enjoyed a terrific fish dinner at our diners club meal on July 27/05, we would like to extend our sincere appreciation to Kevin Brant Jr. for his generous donation of fish and to Gord Foster for cooking the fish. It was a delicious meal enjoyed by all!!



### *Dave Thomas August 17, 2004 In Loving Memory of Dad*

*Dad.....  
So many images come to mind,  
whenever I speak your name.  
It seems without you in my life  
Things have never been the same.*

*What happened to those lazy days,  
when I was just a child?  
When my life was consumed in you,  
in your love and in your smile.*

*What happened to all those times,  
when I always looked to you?  
No matter what happened in my life,  
You could make my gray skies blue.*

*Dad, some days I hear your voice,  
and turn to see your face.  
Yet in my turning it seems,  
the sound has been erased.*

*Dad, who will I turn to for answers?  
When life does not make sense.  
Who will be there to hold me close,  
when the pieces just don't fit.*

*Oh Dad, if I could turn back time,  
and once more hear your voice.  
I'd tell you that out of all the Dad's,  
You will still be my choice.*

*Please always know I love you,  
and no one can take your place.  
Years may come and go,  
but my memory will never be erased.*

*Today Jesus as you are listening,  
In your home above.  
Would you go and find my Dad,  
and give him all my love.*

*Always loved and remembered by your Daughter &  
Son in law, Sons & Daughter in laws and Grandchildren*

### Nia:wen kowa

To all those who were there for us with the passing of our Mom.  
A special thanks to Janet Brant/Nelles and Lyn Brant for their assistance in caregiving.  
Thanks to Effie for her assistance in taking care of Mom.  
Thanks to all those who sat with Mom when we needed time.  
A special thanks to Jean and Tam.  
Thanks to all the family and friends who donated food.  
Having family and friends made it a little easier.

Special hugs to Chloe and Laura for sharing their memories of Gram.

Nia:wen,  
Eric & Crystal



## COMMUNITY INTEREST

### LOVE IN ACTION PARISH OF TYENDINAGA



During August, we honour and pay tribute to the Police personal serving Tyendinaga Territory. They are as follows:

*Chief Larry Hay*

*Constables: Ron Maracle, Mike Hill, Marcel Maracle,  
Tammy Maracle and Sam Maracle*

*Administrator: Janet Maracle*

*Community Justice Co-ordinator: David Hill*

Grateful thanks for the numerous tasks that you perform daily and for our peace of mind. God bless each of you!

*"Bend your head in the dewy freshness of every morning,  
ere you go forth to meet the day's duties and perils,  
and wait for the benediction of Christ as He lays His hands  
upon you."*

The Love in Action Group includes All Saints Church, Christ Church and Holy Trinity in Shannonville and on their behalf.

Yours truly, *Helen*

#### **Thank You!**

*To the Love in Action Committee for all the lovely cards  
sent to Randy and I.  
Thank you for caring and God Bless you!*

*Randy & Verna*

#### **Thank You! Edith**

*We want you to know that we appreciate all the  
nice things you do for us.  
I think you are our guardian angel.  
God bless you.*

*Beano & Randy*

#### **Congratulations! Rato:rahts Maracle**

*on receiving honours on your level one drum exam and  
playing so good at your recital.  
Thank you Dream catcher fund  
for supporting our son with his lessons.  
We are very proud of you Rato:rahts.*

*Love Mom, Dad & your Brothers*



**Nia:wen to the Dreamcatcher Fund for the  
funding For  
Amber & Zachary Loft for the Gymnastics  
Program**

### New First Nations music at Sam's Belleville Over 150 other titles now in stock too!



#### **R. Carlos Nakai and Keola Beamer - Our Beloved Land**

Native American flutist R. Carlos Nakai, the world's leading performer of the traditional flute with over 3.5 million albums sold, journeyed to Hawaii where he spent time fitting the haunting melodies of his traditional flute into the songs and arrangements of Beamer, one of the leading slack key guitar players. The result is a new music, blending elements of two indigenous American cultures that expresses the cultures of both artists.

#### **Alex E. Smith and Cheevers Toppah - Intonation**

From Native America's great southern plains, Alex E. Smith & Cheevers Toppah, forge a never-before heard blending of southern plains singing and choral hymnody. Their soulful style infused with ethereal harmonies captivates the heart and soothes the spirit.



#### **Joanne Shenandoah - Skywoman**

This pop-orchestral collaboration was created by Native American composer, performer, and two-time Grammy nominee Joanne Shenandoah, along with acclaimed composer and guitarist Gerhard Rehmann, and orchestra arranger Hartmut Seidler. The world premier of Skywoman was performed in the heart of the Iroquois Confederacy with the Syracuse Symphony Orchestra, and portions were seen nationally on the PBS-TV special 'Songs of the Spirit' with the New Mexico Symphony Orchestra.

#### **Northern Cree - Nikamo - "Sing"**

Nikamo - the Cree word meaning "Sing" - is what Northern Cree has done so well for over two decades. Firmly grounded in their Plains Cree culture, they sing with an intensity and commitment that has resonated throughout all Native North America. Feel the thunder and the beauty of this multi-award winning pow-wow drum group from the Saddle Lake Cree Nation.



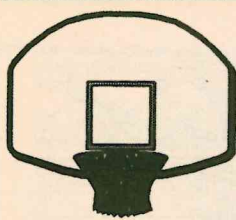
These titles and more specially priced now at

**SamTheRecordMan**

390 North Front St., Belleville 613-966-4752



## COMMUNITY INTEREST



# Thank You!

The Tyendinaga Wolf Pack Basketball Team would like to thank the following businesses for there support that helped us get to the Aboriginal Summer Game's and bring home Silver.

**B&B Mechanical**  
**K.C. Builders**  
**Build All**  
**Quinte Bay Flooring**  
**Bayview Variety**  
**Burnetts Plumbing**  
**Darran Green**  
**Lion's Club**  
**Fifty Niners**  
**Mohawks of the Bay of Quinte**  
**Wards Gas Bar**  
**Staff at Q.M.S.**  
**Tyendinaga Computers**  
**Skyway Rentals**  
**Century Auto**  
**Village Variety**  
**Eastern Wind Interiors**  
**Onkwehonwe Neha**  
**Precision Sheet Metal**  
**McMurter Home Centre**  
**Recreation Committee**  
**Doug & Bill Brant**  
**Richard Johnston**  
**Rez Cresting**

### Team

Kahionhano:ron Loft  
 Matt Weldon  
 Matt McDonald  
 Cole Maracle  
 Isaac Maracle  
 Jordon Brant  
 Travis Brant  
 Devon Hill  
 Chass Hill  
 John Maracle

COACH: Tracy Ford  
 MANAGER: Marie Loft



## CONGRATULATIONS TYENDINAGA WARRIORS

Congratulations to all the players on the Tyendinaga Warriors basketball team for bringing home the GOLD.

You all played great and showed how good a team you are.

Keep up the good work!

Bev & Murrell



## THANK YOU!!!

On behalf of the parents of the Tyendinaga Warriors basketball team we'd like to thank

Brian Volkman and Rob Maracle for doing an excellent job coaching our boys. Without you our boys may not of had the chance to attend the Ontario Aboriginal Summer Games let alone win the GOLD.

We congratulate the two of you and thank you for all the time, patience and encouragement you shared with them.

Proud Parents of the Tyendinaga Warriors

### Special Thanks

A special thanks also goes to Racheal Volkman and Tracey Maracle for all the time they put in preparing for our boys to go to Sudbury including the paper work, scheduling the times for their fund raising events, sewing patches on uniforms etc. We seen how confusing and hectic things got but you always stayed positive in front of the team and kept them encouraged.

Thanks you did a great job..



## BASKETBALL

### CONGRATULATIONS


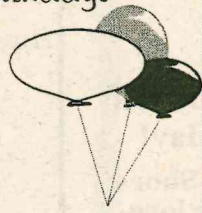



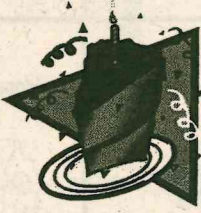






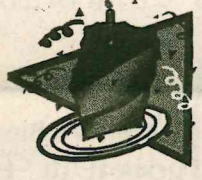

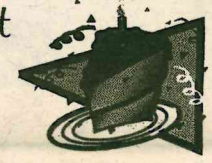



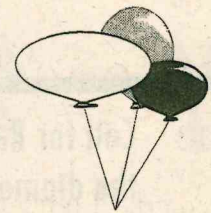
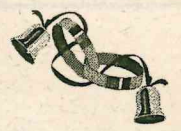




Congratulations Matt Fairman for going to the Ontario Aboriginal Summer Games and bringing home a GOLD medal for basketball.

We are very proud of you!!!

Love Mom and Dad

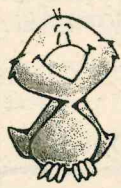
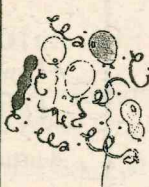


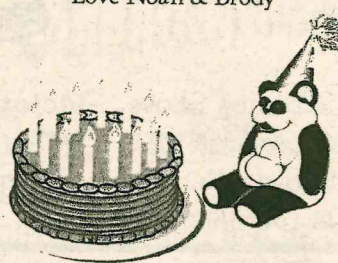



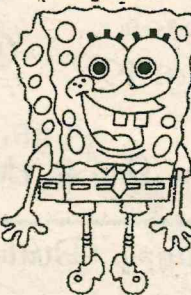






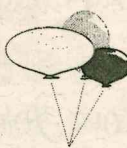



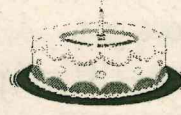
# BIRTHDAYS

<p>Happy Birthday!</p> <p>Mommy (Shirley) Sept. 1</p> <p>Lots of Love, Victoria &amp; Ashton Love you, Jake, Angela &amp; Mom</p> 	<p>Happy Birthday!</p> <p>Daddy Aug. 17</p> <p>Love, Shayla xoxoxo</p> 	<p>Happy 28th Birthday!</p> <p>George Aug. 17</p> <p>Love Mom &amp; Dannie</p> 	<p>Happy Anniversary</p> <p>Mom &amp; Dad (Al &amp; Christine Maracle) August 10</p> <p>Love Brandie &amp; David</p> 
<p>Happy 19th Birthday!</p> <p>Nikki</p> <p>Love Indy &amp; Glenn</p> 	<p>Happy Birthday!</p> <p>Sharon Aug. 19</p> <p>from Irv &amp; the Gang</p> 	<p>Happy 28th Birthday!</p> <p>George Aug. 17</p> <p>Love Tanya &amp; Laverne</p> 	<p>Happy 7th Anniversary</p> <p>Hubby August 8</p> <p>Love you! Love Me</p> 
<p>Happy 19th Birthday!</p> <p>Nikki Big Sister</p> <p>Love Jordon</p> 	<p>Happy Birthday!</p> <p>Keven Aug. 2nd</p> <p>Love, Marilyn, Rick, Brad, Sam, Maria Connor &amp; Wyatt</p> 	<p>Happy Birthday!</p> <p>Dad (Al) Aug. 23</p> <p>From Brandie David &amp; Mom</p> 	<p>Happy 10th Anniversary</p> <p>Sweetheart August 5th</p> <p>Love Pa xoxoxo</p> 
<p>Happy 10th Birthday!</p> <p>Paige Aug. 23rd</p> <p>Love you, Aunt Marilyn, Uncle Rick Sam, Brad, Maria, Connor &amp; Wyatt</p> 	<p>Happy Birthday!</p> <p>Grandma Aug. 6</p> <p>Love Keelan &amp; Kennedy</p> 	<p>Happy 81st Birthday!</p> <p>Dad (Randy B) Aug. 31</p> <p>Love Brad, Ruby &amp; Tribe!</p> 	<p>Happy Anniversary!</p> <p>Mom &amp; Dad August 22</p> <p>Love, Cassie, Greg &amp; Jared xoxox</p> 
<p>Happy Birthday!</p> <p>Daddy Aug. 14</p> <p>Love Keelan &amp; Kennedy</p> 	<p>Happy Birthday!</p> <p>Chass Aug. 10</p> <p>Love, Uncle Mike, Aunt Kelly, Keelan &amp; Kennedy</p> 	<p>Happy Birthday</p> <p>Bart Aug. 5 We love you!</p> <p>Love, Mom, Bill &amp; Haley xoxo</p> 	<p>Happy 25th Anniversary!</p> <p>Harry &amp; Eileen August 30th</p> <p>Love, Marilyn, Rick Sam, Brad, Maria, Connor &amp; Wyatt</p> 
<p>Happy Birthday</p> <p>Jessie August 5</p> <p>"Hope you have a good day!"</p> <p>Love, Bonnie, Bill &amp; Haley</p> 	<p>Happy Birthday!</p> <p>Bart Aug. 5 Love ya!</p> <p>Cassie &amp; Bub xoxoxo</p> 	<p>Happy Anniversary!</p> <p>Uncle Hagen and Aunt Kate</p> <p>Love Keelan &amp; Kennedy</p> 	<p>Happy 5th Anniversary!</p> <p>Jake &amp; Shirley August 18</p> <p>Love ya! Ang.</p> 

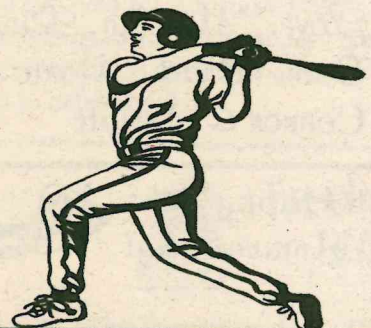


COMMUNITY INTEREST

<p>Happy "8" Birthday!! Jordan (Bird) August 31st  Love Duda</p> 	<p>Happy Birthday Poppsey Dottsey!!  Love Porky!!</p> 	<p>Happy 8th Birthday! Baby Shoes lotsa love Uncle Scotty</p> 	<p>To My Birthday Boy!! Happy 6th birthday Madison August 8th  Love &amp; Kisses OX Mommy OX</p> 	<p>Happy 6th Birthday Big Brother Love Noah &amp; Brody</p> 
<p>Happy 8th Birthday Jordan (Porky) August 31 Love Pops</p> 	<p>Happy Birthday Glenn August 9th  Love Wendy</p> 	<p><b>HAPPY BIRTHDAY</b>  Aunt Vicki! August 16  Love, Mitchell, Madison Reegan &amp; Katie</p> 	<p>Mitchell Happy 10<sup>th</sup> Birthday!! August 22  Love, Mom, Robin, Madison Reegan &amp; Katie</p> 	<p>Happy 6th Birthday Madison August 8th  Lots of Hugs &amp; Kisses Love Granny, Pa and Uncle Matt</p> 

<p>Happy 19th Birthday!  Brittany Green July 28  from Mom &amp; Pepper XOXOXO</p> 	<p>Happy Blated 21st Birthday!  Lindsey July 3  from Mom &amp; Pepper XOXOXO</p> 	<p>Happy 13th Birthday!  Dakota Bardy Aug. 19th  from, Mom, Dad, Natasha, Summer Sunny and Fireball</p> 	<p>Happy Birthday!  Uncle Bart Aug. 5 I Love you!  Love always, Jared XOXOXO</p> 
<p>Happy Birthday!  "Glenn Mahoney!" Aug. 9  from the Maracle cast &amp; crew</p> 	<p>Happy Birthday!  Jessie Aug. 12  Lotsa love, Scotty, Indy &amp; Aunt Neet</p> 	<p>Happy 4th Birthday!  My Wiz-way! Aug. 16th  Lotsa love, Uncle Scotty</p> 	<p>Cheers on your 19th Birthday!  Nikki Aug. 22th  Lotsa love, Scotty, Indy &amp; Auntie</p> 

**Karon hiak ta'kie  
Tyendinaga Ball  
diamonds**



**Diamond  
Rental**

Call for Registration of  
the diamonds for the  
Summer 2005  
2 diamonds in one area  
(613) 396-3424 ext# 107

**Canteen / Bathrooms /playground**

- Rental—\$15.00 a game
- 1 day tournament \$125.00
- 2 day tournament \$165.00
- 3 day tournament \$205.00
- Great for a fundraiser or Family gathering. Team work event for the Office. Call for more details.
- Lights for night games

# Games Room Rental

The games room is available for rent for  
Birthday parties, meetings or for family fun  
**Only \$30.00**  
Canteen available

For more information contact (613)396-3424 ext.107  
Form is available on the web.  
<http://www.m bq.tmt.org/>

Promoting Healthy Living !



# COMMUNITY INTEREST & UPCOMING EVENTS



Poppa Murray(Topper) & Nanna Sharon Maracle take great pride in announcing the arrival of their first grandson.

## "Rivor Murray Benjamin"

Rivor was a special gift born on Father's Day June 19, 2005. He weighed in at 8 lbs. 3oz. and was 21" long. His mommy Mindy would like to thank his Daddy Richard and his Aunte Lacey for all their help in his safe delivery. Also a special thanks to his cheering section at that time. Poppa & Nanna, Uncle Buzz (Murray) & Uncle Corey. Rivor is also love and being spoiled by his Uncle Aaron & Aunt Cherie and his cousins Teia, Dria & Serena. His other proud relatives include his Grandparents George & Melody Taylor. Uncle Shane, Aunt Tracey and cousin Kristin. Uncle Chad & Aunt Ashleigh. Rivor is also very lucky to have Great Grandma's Della Reinke, Bernice Maracle & Mray Taylor to love and spoil him. His Great Grandpa's Carl & Sonny Maracle and Benjamin Taylor are watching over him from heaven.

*It's  
a Girl!*



## "Brooke-lynn Jay Ferrill-Porter"

Born: June 3, 2005

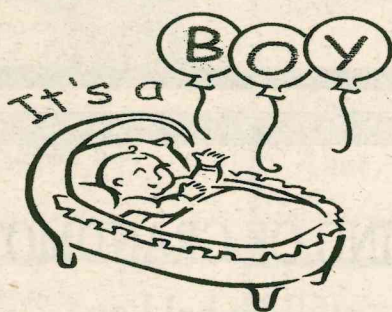
Weight: 6 lbs. 4 oz. 9:04 a.m.

Proud Parents: Eric Ferrill & Charlotte Porter of Belleville

Proud Grandparents: Joe & Bridget Ferrill of Tyendinaga  
David & Janet Porter of Belleville

Proud Great Grandparents: Bruce & Irene Miriguay of Oshawa  
William & Rose Evans of England  
Alice Porter of England

Proud Aunts & Uncles: Stephanie, Chris, Shannon Ferrill of Tyendinaga, Emma & Jake Spoelder of Belleville.



*Welcome*

William Cambrian James Hildebrand

Arrived early on July 20, 2005 at 1:44 am.  
weighing in at 7lbs 7.2oz. 21 1/2 inches long.

William is welcomed by his parents Blair & Brandi (nee McMurter)  
His Grandparents Jim & Kelly McMurter and Myrna Hildebrand  
also welcoming William is his Uncle Bryce, Aunt Amanda  
and his Great-Grandma Audrey G. Brant and the rest of family members!

## ANNOUNCING NEW OWNERSHIP

### D & R WATER SERVICE

c/o Warren Young  
1880 Spring Brook Rd., RR#1 Spring Brook, ON K0K 3C0  
(613)966-2582 (613)395-4445

Announcing the new ownership to WARREN & MANDY YOUNG!

.....nothing changes

.....everything stays the same

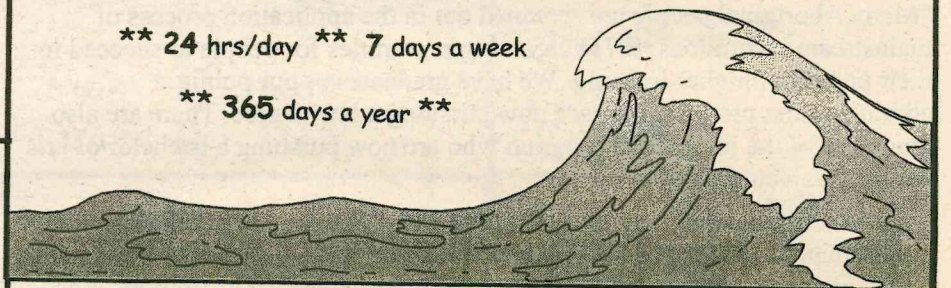
Our very best wishes to WAYNE & BARB SCHWAGER as they embark on the next phase in their life.

We look forward to meeting all the wonderful people we have heard so much about over the last 11 years.

\*same great prices \* \* same telephone numbers \* \*same great service \*

\*\* 24 hrs/day \*\* 7 days a week

\*\* 365 days a year \*\*



## Benefit Dance featuring the SOGGY BASEMENT BOYS

(Live band from Prince Edward Island)



Bar!  
Spot Dances!

Place: Mohawk Community  
Centre Upstairs

Date: Saturday, August 20

Time: 9 p.m. - 1 a.m.

Cost: \$5.00/person

Proceeds to the window restorations at Christ Church



## PRESS RELEASES & UPCOMING EVENTS

### Aboriginal Post-Secondary Institution celebrates 20<sup>th</sup> anniversary

Ontario's oldest Aboriginal post-secondary institution will celebrate its 20<sup>th</sup> year of delivering higher education for aboriginals on August 21st.

First Nations Technical Institute, located on the Tyendinaga Mohawk Territory near Belleville, Ont., is one of Canada's oldest and most successful Aboriginal run educational institutions and has graduates in virtually every community in Ontario and several others across Canada. Since its humble beginnings of offering basic computer classes to the on-reserve public school in 1985, FNTI boasts over 2000 graduates from its post-secondary programs which include journalism, aviation technology, public administration and governance, social services, office administration, and indigenous health.

Organizers of the 20<sup>th</sup> anniversary celebration are planning to kick off the August 21 celebration with a community breakfast. The all day event will also host a local artisans display, talent showcase, karaoke, and horseshoe tournament. Children will enjoy a bike rodeo, face painting and craft tables. As a show of appreciation to the Tyendinaga Mohawk community, throughout the week of Aug. 17-24 the FNTI will also host an Open House to showcase its academic programs and services.

"The success of the Institute is attributed to the development of academic programs that respond to the needs of Aboriginal people as they venture forward into the 21<sup>st</sup> century," says FNTI vice-president Richard Johnston. "We have graduates working for many First Nations across Ontario as well as several from across Canada," Johnston adds. Many graduates also use the Institute as a stepping stone to access mainstream education institutions. "Many Aboriginal people are screened out in the application process of mainstream institutions. FNTI creates opportunities for people to succeed in their pursuit of higher learning. We have graduates of our public administration program who are now pursuing a law degree. There are also graduates of the journalism program who are now pursuing a bachelor of arts in communication degree."

Success has not come easy for FNTI. When the Institute was created 20 years ago through a partnership with Indian and Northern Affairs Canada there was a lack of provincial support for Aboriginal post-secondary institutions. Post-secondary education in Ontario is under the auspices of the province yet matters concerning Indians and lands reserved for Indians remain under the control of the federal government. To overcome this obstacle FNTI forged partnership agreements with existing colleges and universities.

Recently, the Institute was faced with substantial funding cuts from the federal government. An interim agreement with Indian & Northern Affairs Canada has been reached that will enable the Institute to continue operations for the current fiscal year, however, the federal government is expected to review its approach and funding authorities for Aboriginal education during a cabinet retreat this fall. "We're hopeful that the federal government will update its policies to better reflect the realities of Aboriginal post-secondary education. That reality includes Aboriginal run institutions such as FNTI as a viable alternative to mainstream post-secondary education for Aboriginal people," says Johnston.

Johnston adds that the Rae Review on post-secondary education recently conducted by Ontario during the past year has resulted in a promise of increased funding to its Aboriginal Education and Training Strategy, though it is presently uncertain how the extra provincially committed funding will be allocated.

Johnston says the celebration is long overdue. "FNTI is such a success story and has strived for Aboriginal controlled post-secondary education for 20 years. Aboriginal post-secondary education is in such a state of flux as the government sorts out its policies and authorities. In the meantime, we're going to celebrate!"



### Tyendinaga Lions Club 50-50 DRAW

The Tyendinaga Lions Club would like to announce our  
50-50 Draw winner.

**Patsy Hinch of Deseronto**  
**Congratulations Patsy!**

Thanks to all who support the Lions Club draws by purchasing tickets.

## FNTI COMMUNITY CELEBRATION

Mohawk Airport – August 21, 2005

Please bring your family and their  
lawnchairs to join us in celebrating

### FNTI's 20<sup>th</sup> ANNIVERSARY

**7am - 10:30am**

Community breakfast

*Sponsored by the Longhouse Women*

**10am - 3pm**

Local artisans display

Talent showcase

Bike rodeo

Face painting

Karaoke area

Children's craft tables

Food and drink

Horseshoe tournament

(Contact Reg Brant for more details)



If you would like to participate in our talent  
showcase or artisans display please call Christine  
at 396-3100 or Debby at 396-2122.

Volunteers welcomed (high school students can  
accumulate community service hours)

FNTI is hosting an Open House week from August  
17-24. Our various departments will have  
someone available to talk to about their programs.

Please stop in and visit us, we would love to  
show you what we have to offer.

### GATHERING OF GRANDMOTHERS

will be held on

the last Thursday of every month

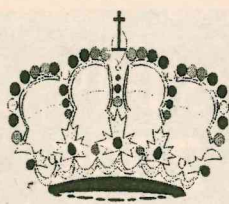
7 p.m.

59'ers Club Hwy # 2

for more info call: 962-4999



## UPCOMING EVENTS



### Historic Sites and Monuments Board Plaque Unveiling Ceremony to Commemorate

*Christ Church, Her Majesty's Chapel Royal of the Mohawk*

*Dr. Oronyatekha, A person of National Historic Significance*

**Place:** Christ Church, 52 Church Lane – Tyendinaga Mohawk Territory

**Date:** Sunday, August 21, 2005

**Time:** 1:00 P.M.

The community is cordially invited to attend a special  
Plaque Unveiling Ceremony for Christ Church,  
Her Majesty's Chapel Royal of the Mohawk and Dr. Oronyatekha.

*A light luncheon will follow*

#### Afternoon Events

- Guest Organists – Edward Moroney & John Uttley
- Tyendinaga Elder's Lodge – Dr. Oronyatekha Collection  
and Hastings Prince Edward Regiment artifacts on display
- Entertainment – Soggy Basement Boys Band from Prince Edward Island
- Food venue (hot dogs, hamburgers)

Please join us as we celebrate together this historic and joyous occasion

*See You There!*

## Lacrosse

Wednesday @ 6pm  
Lacrosse Box

Come out, learn some skills, play a game with the  
Tyendinaga Wolf Pack

Helmet & Stick required

For children up to 10 years of age.  
No experience necessary.

For more information: Jack Green, 967-1580

## Rabies Clinic

**WHEN:** Saturday October 1, 04

**TIME:** 9:00am till 1:00pm

**PLACE:** Seed Cleaning Building  
located at 1795 York RD

**COST:** \$15.00 per animal

**Please make sure all animals are on a  
leash or in a cage.**



If you have any questions please contact the  
Tyendinaga Health Centre at 967-3603.



## Sedge Memorial Skins Golf Tournament Four Man Scramble for Skins

- ❖ Trillium Wood Golf Club  
(1281 Hwy 37 Belleville)
- ❖ August 27, 2005 @ 9:30 am
- ❖ \$90.00 per person
- ❖ includes; cart, green fees, skins,  
& roast beef dinner
- ❖ \$80 skins per hole to be won!



**First 24 paying teams are guaranteed to play!**

**Contacts:** Mike Maracle 396-2232  
Cliff Brant 967-5930  
Dean Thomas 396-3215  
Scott Maracle 396-2617





## UPCOMING EVENTS

### Native Crafts Workshop

ARE YOUR KIDS 6-12 AND LOOKING FOR SOMETHING NEW AND INTERESTING TO DO THIS SUMMER?

Join us for a day of fun and learning, as we create three distinct Native crafts - a dream catcher, a medicine bag and a beaded key chain - and learn a bit about the cultural significance behind each one.

Saturday, August 20, 2005  
10:00 am - 4:00 pm  
At the Mohawk Community Centre  
Cost is \$25/craft or \$60 for all three  
snacks will be available to purchase

**There are limited spaces available  
So register now!**

For more information or to register, call  
396-3424 and ask for Erica.

Also, watch for information on our upcoming  
adult workshop!

### RENTAL OF THE 59'ers HALL

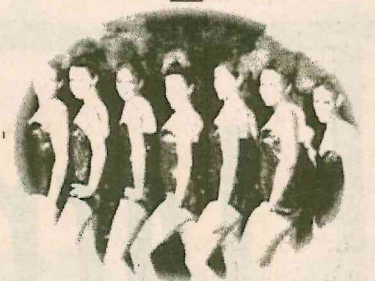
For rental information please call:  
Gloria Idzenga - 962-8757  
Janet Jung - 396-1432  
Millie Maracle - 396-5316

### AUGUST 19, 20, 21 2005 CANADIAN NATIONAL EXHIBITION POW WOW TORONTO



### Cabaret 4: A Tribute to Broadway!

Aug. 19th-31st!



*Enjoy the  
Magic of  
timeless  
Broadway  
classics!*

Songs from Guys and Dolls, Hello Dolly, My Fair Lady and more...

**Grand Finale, Aug. 31st:**  
**Empire Theatre**  
**Belleville:** Tickets at the  
box office. \$15 adults,  
\$13 kids & seniors.  
Call: 969-0099.

**Community Theatre Returns to  
JJ O'Neill School in Napanee!**  
**Aug. 19th-28th! Tickets on  
sale now at Gray's IDA!**  
**\$10 Adults, \$8 Kids & Seniors**

A large cast of tomorrow's musical stars take to the stage in an amazing display of song and dance. Let the children and youth of our communities entertain you! All cast members are from this region including children & youth from: Napanee, Kingston, Tyendinaga & Newburgh. Come out & support youth in the arts!

Presented by: The L & A Community Volunteer Centre: 354-2300  
Visit: cabaretnapanee.tripod.com Sponsored by: RBC Royal Bank



# CLASSIFIED

## FOR SALE

- 92 CUTLASS SUPREME  
- 4 door  
- if interested

Call: 849-0993

## FOR SALE

- 4 ' grey melamine bathroom  
vanity includes counter top and  
3' mirrored medicine cabinet  
- \$200.00

1978 HONDA 250A  
- \$500.00

2004 HONDA CR70F  
- \$1800.00

Call 396-5789 and leave a  
message

## HOUSE FOR SALE

- 2.65 landscaped acres  
- 2 bedrooms upstairs, 1 bedroom down  
- 4 piece bath  
- new 2 car detached garage, 1 car  
attached garage with access to partially  
finished basement  
- many upgrades  
- decorated throughout  
- ample water  
- located on the corner of Wymans &  
Upper Slash  
- asking price: \$110,000.00

Please call: 771-1486 or the  
Administration office 396-3424

## HOUSE FOR SALE

- located • 48 Toms Rd. Shannonville  
(off of Queen St.)  
- 48' long X 38 wide  
- 7 yrs old  
- new septic, plumbing, hydro  
- lot size 100 ' X 200 '  
- MUST SELL \$73,500.00

## LAND FOR SALE

- 164' X 194 '  
- road frontage

CALL: 968-6855  
John Eastwood (owner)

## LAND FOR SALE

- estate of the late Vernon F. Hill  
- 1650 ft. of waterfront property  
located south of the Ridge Rd  
- 2 parcels of land divided by a  
creek  
- 1 - eastern parcel of 11 acres has  
hydro, 2 large buildings, 2  
cottages and a well  
- 2 - the western parcel of 20 acres  
has 2 wells  
- a 90 acre parcel of property  
located on the North side of the  
Ridge Rd includes a 2 bedroom  
house and newly constructed  
barn.

Serious inquiries only. Please  
contact S. Jay Hill - 969-5584,  
evenings between 6 & 8 p.m.

## FOR SALE

- STOVE WOOD  
- ash, oak, maple mixed

Call: 968-3917

## FOR SALE

- BUILDING LOTS  
- located on Mark's Rd  
- 1 acre or larger

Call: 968-3917

## CHILD CARE PROVIDER

- Mother of one  
- C.P.R. & First Aid trained  
- No pets, lots of T.L.C. in a clean  
environment  
- Healthy meals & snacks  
- Located in the subdivision on  
Huron Brant Dr.

Call Angela at 396-6564

## FOR SALE

- 2 BEDROOM MODULAR HOME  
- 100 X 200 wooded lot  
- close to town  
- city water and sewer  
- lots of shade  
- stove, washer & dryer if needed  
- build in dishwasher  
- all doors wheelchair accessible  
- cathedral ceilings from front to kitchen  
- 3 yrs old  
- good starter home  
- \$77,000.00  
- serious inquiries only  
- located 174 South Church Lane

Call: 396-2758

## HOUSE FOR SALE

- 3 BEDROOM  
- furnished  
- full basement  
- 2 acres  
- 2 car garage

Call: 967-0167

## MILL TOWN MEATS

- Corn Fed Beef  
- Quarters & Half Cuts of Beef  
- Wrapped & Frozen  
- Individual pieces sold at home  
AAA Beef

*Make your own Soup!  
Lyd Corn, Beans, Special Pork!*

Call: Glenn Hill 962-5470

## LAND FOR SALE

- Waterfront lots  
- Hickory nut grove  
- 100' frontage X approx 466  
- serviced road & hydro  
- will hold mortgage

Call Glenn Hill: 962-5470

## FOR SALE

- LEATHER LOVE SEAT  
- beige colour  
- \$175.00

- DELTA MYTRE SAW  
- still boxed  
- \$100.00

- 3 PIECE BATH  
- tub, toilet & sink  
- pink  
- \$120.00

Call: 396-5537

## FOR SALE

- 3 PET RATS  
- huge cage included  
- \$40.00

Call: 962-1134

## FOR SALE

- HOBBY FARM  
- 251 York Rd

If interested please call: 962-9187

## FOR SALE

- AIR CONDITIONERS  
2 - 10,000 BTU  
2 - 5,000 BTU  
- nearly new  
- all in excellent working  
condition. No longer required  
now have central air.  
- BEST OFFER

Call: 961-1991

## FOR SALE

- 3 - 16 INCH GOOD YEAR TIRES  
- low mileage  
- \$50.00 each

Phone: 613-396-2151

## BABYSITTING AVAILABLE

- In my home located in the sub  
Division  
- Mondays to Fridays  
(weekends on request)  
- nutritious lunch  
- outside activities  
- any age

Please call Teddy: 396-1610

## LAND FOR SALE

- 1 acre lot  
- located on Wymans Rd.  
- lot 22 Cons. 2  
- culvert included  
- will hold the mortgage

Call Glenn Hill: 962-5470

## LAND FOR SALE

- BUILDING LOTS  
- located on Bells Side Rd.  
- close to Hwy #2 with  
potential access to natural gas and  
town water  
Call: 969-1070

## CHILD CARE PROVIDER

- in my home located in the subdivision  
- anytime through out the week  
- nutritious lunch/snack  
- outside activities  
- any age

Please call Gwen: 396-6331 or  
cell: 848-8450

## CHILDCARE AVAILABLE

- Mother of three  
- C.P.R. & First Aid trained  
- Healthy meals & snacks provided  
- Lots of room to play  
- Central air conditioned

Please call Nancy: 396-3963

## FOR SALE

- 1986 NORTHLANDER TRAILER  
- 40' x 12'  
- 40 x 8 deck  
- big fridge, big stove, awning  
- must be moved

For more information call  
396-5803 or please leave a message

## FOR SALE

- 1997 GRAND AM SE, 103,000 KM  
- excellent condition, v/6 engine,  
155 horsepower (quick)  
- 4 door, white with grey interior  
- am/fm stereo cassette  
- power steering, new brakes, power  
mirrors & windows, utility trailer  
hitch, automatic floor shift with  
console, air conditioner, cruise,  
tilt, tachometer and remote auto  
starter, ABS brakes and limited slip  
differential, fully certified and E.  
tested, new tires (not on), special  
aluminum alloy mag wheels.  
- back seat fold down 40/60 for extra  
long items, tinted windows. etc.  
- \$5,000.00

for more information call:  
613-396-3957

## FOR SALE

- FORMULA Z  
SNOW MOBILE 583, 1997  
- electric start  
- hand warmers  
- \$3000.00 or B.O.

Call: Pedro - 396-5980



# CLASSIFIED

## HOUSE FOR SALE

Bungalow with attached and self contained Granny Flat (approximately 1500 sq.ft.)

- finished basement with 3 bedrooms approx. 1000 sq.ft)
- located at 321 Beach Rd
- 2 full bathrooms
- new roof
- insulation in walls R20 and ceiling R40, air conditioning, central vac, electric furnace, wood stove
- water softener (good water and lots of it, results of water testing)
- two railed decks (16 X 40 on the rear of house and 8 X 24 attached to the granny flat)
- new septic tank
- double driveway and many more amenities.

Call: 966-0642

## FOR SALE

1995 SEARS CRAFTSMAN GARDEN TRACTOR  
DARK EMERALD GREEN IN COLOUR

### FEATURES

18 HORSEPOWER TWIN CYLINDER  
KOHLEER MOTOR,  
NEW BATTERY  
ELECTRIC START  
6 FORWARD SPEEDS  
2 REVERSE  
COMES EQUIPPED WITH A 42 INCH MOWER  
HAS A LARGE 40-50 GALLON 2 CONTAINER  
REAR BAGGER ATTACHMENT WITH A BRAND NEW  
CHUTE THAT HAS NEVER BEEN USED. \$400.00 VALUE  
TOTAL UNIT IS IN EXCELLENT CONDITION  
ASKING \$1550.00

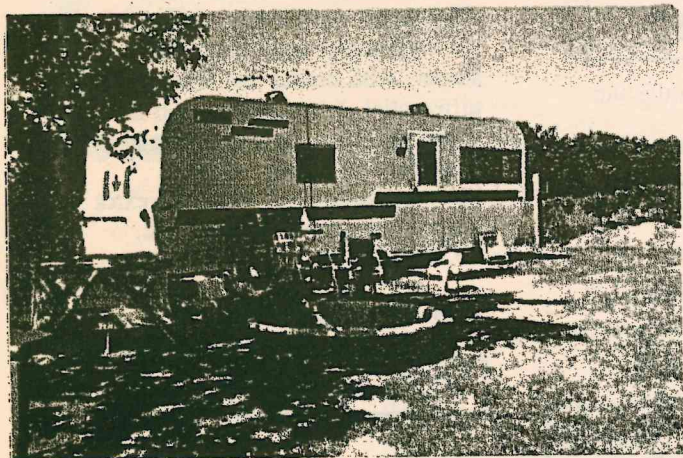
To see the unit or for more info please call

613-396-3957.

## FOR SALE

27 ft. TRAILER  
- 3/4 of an acre  
- well & electricity  
- 8 X 10 shed  
- 1868 York Rd

Contact: 905-721-1730



## FOR SALE

750 YAMAHA MIDNIGHT  
MAXIUM MOTORCYCLE  
- \$2300.00 or B.O.

REBUILT 4.3 T.B. CHEVY  
MOTOR - \$800.00

TRUCK CAP  
- for a Mazda 6' Box  
- \$250.00

Call Russ Loft: 966-4077 after  
4:30 p.m.

## LOST

ROASTER  
- lost around the first of this year  
- some enamel is missing from the cover  
- Would very much appreciate the return of this roaster

Please call: 962-4999

## FOR SALE

COUCH & CHAIR  
- brown & beige)  
2 COFFEE TABLES  
1 END TABLE  
1 SMALL STAND  
1 OFFICE CHAIR  
UPRIGHT VACCUM  
1 HUMIDIFIER  
1 BABY SLIDE  
1 QUEEN SIZE BOX SPRING & MATTRESS  
(less than 1 year old and has always had a mattress cover on it)

Phone: 396-3312

## FOR SALE

1997 FORD RANGER  
- low klms  
- has to be seen to be appreciated

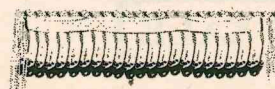
Call Manson: 967-0793



## HOUSE FOR SALE

4 BEDROOM HOUSE  
- double car garage  
- located at 640 Norway Road

If interested call: 967-0793



## LAND FOR SALE

lot 25c-5, Concession 2  
- shown on Plan NO.RSO  
4624- 8.45 acres  
- located on Lower Slash Rd.  
- good farmland  
- some wooded acreage on the parcel  
- 77 ft. access to road

Please contact Crystal Maracle  
at 396-5879

## FOR SALE

2000 HYUNDAI ACCENT GS  
- 3 door  
- 1.5 l, red exterior  
- Asking \$4500.00 certified or \$4000.00 as is.

Call Noah: 396-1575

## WANTED

20 ACRES OF LAND OR MORE  
- would like to purchase a parcel of land that is well treed with a variety of trees and 20 plus acres  
- prefer a quiet road with adequate road frontage

If you are interested in selling a parcel of land that meets this criteria, please contact:  
Ken Brant: 396-3424

## FOR SALE

9 YEAR OLD HOUSE  
- located on 741 Ridge Rd  
- lot size approx 150' X 150'  
- 1500 sq. ft. with screen sunroom  
- 1 1/2 car garage with paved driveway  
- oil furnace, propane fireplace, stove and hot water tank  
- wired for generator  
- good well, water softener & purification system  
- all oak kitchen cabinets  
- ADT system installed  
- basement is 1/2 full and 1/2 crawl space  
- asking price \$169,900.00

For more information call  
Ethel Gilcrist: 962-5179

## FOR RENT

2 BEDROOM HOUSE  
- 1 level, with 1 car garage  
- central air, new kitchen, oil furnace, 1 bathroom  
- 6062 Old Hwy #2 Shannonville

For all inquiries please call:  
396-3700 ext. # 2

## FOR SALE

3 BEDROOM HOUSE  
- 18 Airport Rd. Deseronto  
- 1 bath, finished basement  
- central air, efficiency gas furnace, front & back yard  
- siding with brick front

For all inquiries please call:  
396-3700 ext. #2



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They shall be comforted*

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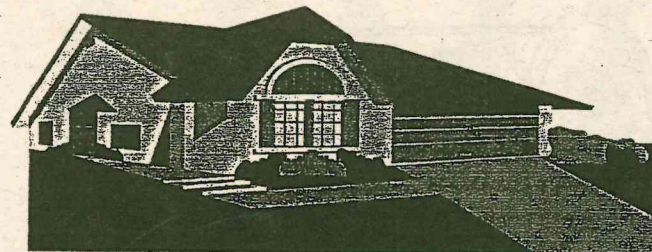
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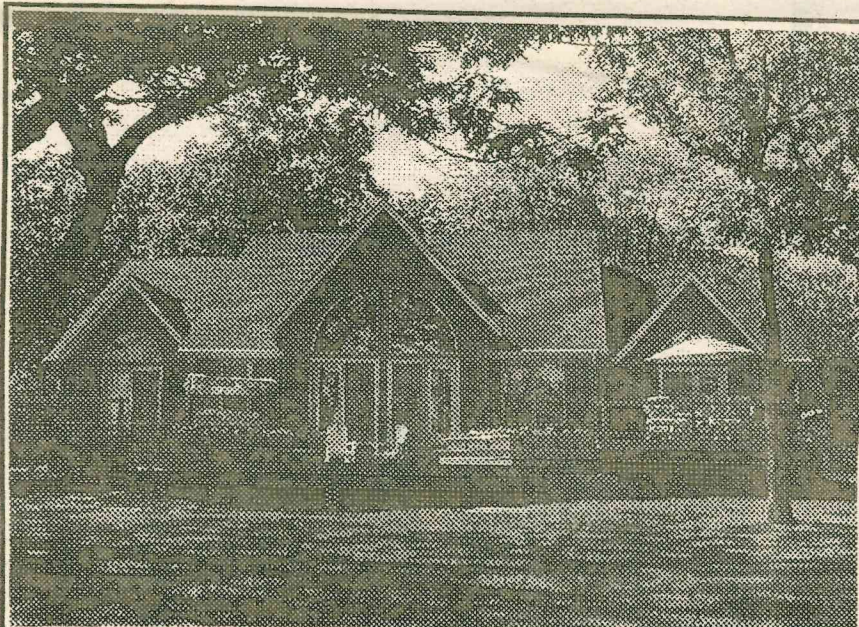
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