TYPONAGA: NEWSLETTER





ISSUE 12/99



May your home be filled with the warmth and spirit of this Special Holiday Season.

> Chief & Council & Administration Staff

Due to the Christmas Holidays
the Administration Office, Health Certre
and Mohawk Family Services will be
<u>CLOSED</u> Tuesday, Dec. 21 at 4:30 p.m. &
<u>REOPEN</u> Wednesday, Jan. 5 at 8:30 m.m.

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Newsletter Deadline Friday Jan. 7 /2000 12:00 noon 396-3424

We're on the Internet www.tyendinaga.net (What's happening)

EUCHRE NIGHT!

Do you have the time and like to play
Euchre and have fun?
Euchre Every 2nd Tuesday Evening at 7:30!
We have business meetings once a month!
If you are interested please call
396-6522 OR 967-4708
For more information

ADMINISTRATION



MOHAWKS OF THE BAY OF QUINTE

R.R. #1, Tyendinaga Mohawk Territory, Ontario K0K 1X0 Phone: (613) 396-3424 Fax: (613) 396-3627

December 2, 1999

TO THE MEMBERS OF THE MOHAWKS OF THE BAY OF QUINTE FROM THE CHIEF

Se:ken Sewakwekenh

I have had the great privilege of serving you on council as elected Chief for the past six years and twelve years prior to that as elected councillor,

I thank all of you for your support over the years and especially my family, friends, and Mohawk Elders who have always been so willing to share their good counsel with me during my eighteen years of service on council. Together in many of the terms we were able to accomplish much, to improve the housing conditions, increased number of housing units, capital infrastructure, education, training and employment for our hand members and to enrich our quality of life and our culture.

The council must be knowledgeable about many serious issues currently under discussion with the government that could affect the collective and the individual rights of our members. The council must mak decisions that will safeguard and protect our rights, provide services to our members, develop our community, protect the environment, enhance education and employment opportunities, capital infrastructure projects, garbage disposal, waste management, training, economic development, and preserve our culture, language. Aboriginal and treaty rights,

The following issues are on the current political agenda of Indian leadership:

Indian Affairs Funding

There are several types of contribution agreements utilized by Indian Affairs, each having political, legal and fiduciary consequences. There are also many antiquated funding formulas used by the department to determine the resource levels which will be transferred to the band to provide programs and services to our people.

In 1994, the federal government placed a freeze on federal expenditures. Native programming was generally allowed a 2% per year growth on funding until 1999. In recent years we have seen that the post-secondary unition rates have risen well above the 2% growth in funding. Shortfalls in funding could end to pressures to implement taxation which £ am very opposed to. In the council's fiscal relationship with the government, connecil must me careful to ensure that the federal government fiduciary obligations to Native people are maintained and that adequate resources levels are made available to address our community's variety of needs.

Capital Projects

For 1999:00 the bands budget for programs, excluding housing, is \$10,983,141.00. A chart is attached for your perusal. Within this budget is an amount of \$733,600.00 for minor capital projects. It requires determination and well thought out lobby strategies to obtain additional dollars for capital projects from the Ontarin Indian Affairs capital budget of 123 million dollars.

During this term we have not had the benefit of a unified council and there has been virtually no tobbying carried out for additional resources to address the communities capital infrastructure needs. In past terms of conneil there was usually 5.5 million dollars lobbied for to address these issues. The current council have received about 2.5 million for capital projects. A schedule of capital projects completed in recent years is attached for your perusal.

Non-Insured Health Benefits

The government as allowed a 3% growth in the Medical Services budget during the past year. The federal government currently spends I billion dollars per year on non-insured health services for Native people across Canada. In 1998/99, the federal government spent \$2,735,720.00 on non-insured health services for the Mnhawks of the Bay of Quinte. This program is vital to the welfare of our members and any diminishing of services must be vigorously challenged by council.

Many of our community members have chronic medical conditions requiring extensive medical treatment. In 1971, Chief Earl R. Hill and council lobbied the federal government for non-insured health services and secured the first medical health agreement providing our members with free medical coverage, dental and prescription drugs. It is the obligation of every council to fight to defend these benefits, which the community cannot afford to take for granted.

Long Term Care

Approximately three years ago the Ontario Ministry of Health announced a hospital and health care restructuring initiative for the province of Ontario. The Ontario Ministry of Health announced that it woult provide 11.5 million dollars to deal with on-reserve issues stemming from health care restructuring. The Ontario government has not honoured its commitment to provide long term care services for on-reserve clients and continue to hold frozen 6 million dollars. The Ontario Ministry of Health indicated the funding would not be released until the federal government bring matching funds to the table. This blatant disregar to recognize the obligation of providing services to our frail and elderly can only be seen as discriminatory. Political steps must be taken to challenge the current status quo even if it means that the Chiefs of Ontario initiate court action.

We have a growing population and it was most unfortunate that council did not apply for any of the nursing home bed allocations which the Ontario government made available in 1990.

Fishing and Hunting Rights

Three years ago, funding was received in the amount of \$90,000,00 from Indian Affairs to complete an assessment of all historical records essential to defend Mohawk fishing rights.

I requested Indian Affairs to provide the band with funds to carry out a communication process for the fishing mediation discussions that are currently underway. The Ontario Region of Indian Affairs has agreed to provide \$10,000.00 for this purpose. Joan Holmes has presented her historical report on October 29,1999.

The biology report indicates that Mohawk fishing has not been the cause of declining Walleye stocks in the

The historical report concludes that our people have always traditional used this area. Captain John Descronty on 1784's map was located in support that the Bay of Quinte belongs to the band and that it was never surrendered. This could result in future claims against the province of Ontario concerning commercial fishing of non-Natives. Currently 1 million dollars is earned from eighteen commercial fishing licenses for the Bay of Quinte.

Charges have been laid against members of our band since the early 1900's. Council must assert its right of title over the bay to ensure that its jurisdiction and rights are fully respected.

The council has authorized an additional report from Joe Brandao, a University of Michigan professor who specializes in Iroquolan history.

Turton Penn Land

The Department of Indian Affairs must still complete the purchase of the Blanchard property. There are four houses left to be sold.

Continued...

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It has cost the federal government approximately 13 million dollars to purchase these properties and return them to the band.

Also, within the Turton Penn area the province of Ontario built a portion of highway #2. The band had never gave its consent to use our lands for highway purposes. A research report on historical facts of this matter has been completed by Public History Incorporated and reviewed by council. The council must renew these discussions with the province of Ontario, Indian Affairs and the federal department of justice to ensure that the band receives just and fair compensation for the use of these lands estimated to be \$100,000.00.

Meish Podlog of the Ontario Native Affairs Secretariat has committed to a meeting sometime in January, 2000.

Gas Pipeline Right of Wav

Three years ago the council commissioned a review of the compensation the hand is receiving for the use of reserve land for natural gas pipelines. A consultant, Ben Lausink has completed the study and indicated that the band is not receiving fair compensation under the current arrangements. A lobby effort must be undertaken by the council with Union Gas to redress this matter.

Band Memnership

There are 6,887 members registered on the band list of the Mohawks of the Bay of Quinte.

Culhertson Land Claim

The Department of Justice Canada is in the process of validating the Culhertson Land claim of 800 acres of land in the town of Descronto. Our solicitor Alan Pratt has reported that the federal researcher, Dr. Barry Cottam has located documents making our claim even stronger, including an 1837 protest made by Mohawk Chiefs.

The next council must have a firm grasp of the implication of the recent Sarnia court case, where the court has said that the band in question did not have the right to have the property returned but was only entitled to financial compensation. The case is under appeal but it certainly sets a very dangerous precedent for other land claims elsewhere in Canada.

I am against any settlement that involves a surrender of the land. Our membership is increasing and we must keep all of our lands for our future generations. There are other options that the council must explore and fight with determination to obtain compensation for loss of use and retain title to our lands.

CMHC Housing

In 1998, Council obtained a \$1,250,000.00 loan from CMHC to build 15 Section 95 rent and geared to income houses in the Huron Brant North Subdivision. CMHC previded subsidies to pay the mortgage in the amount of \$52,383.00 per annum.

Richmond Dumpsite

The community and council continue to have concerns about the impact that the proposed mega dump may have on the ground water and fish habitat in our streams.

A recent water-testing program conducted by XCG indicated a concern with one of the test results and recommended further sampling. Council received a proposal from XCG to continue sampling from 5 locations in the Marsy-tille/Mud and Sucker Creeks to be conducted during high water table conditions in the fall of 1999 and spring of 2000.

The water testing in the creeks will cost \$10,700.00 and will be done to assist council in its fight against this expansion. Since the summer of 1999, council has had meetings with the neighboring municipal leaders. Eric Lingren an environmental lawyer to strategize the most effective way to stop the dump expansion within either the E.A. process or the courts. The band has also written to Fisheries and Oceans Canada to ensure they become involved because the dump expansion has a potential to damage the fish habitat in our streams.

Tyendinaga Mohawk Dumpsite

On October 14th, 1999, council met with the firm Henderson, Paddon Environmental Inc. to review planning issues for the Tyendinaga Mohawk Dump. There continues to be a significant concern about the volume of non-reserve waste being dumped at our site.

It was agreed to conduct a study to determine the quantity and composition of garbage entering our landfill site.

Councillor Colleen Maracle, staff and I were able to get a commitment from Indian Affairs to provide \$220,000.00 for the closure of the existing site and to construct a waste transfer station. The Department of Indian Affairs have agreed to cost share this project. Council has allocated \$200,000.00 from its \$733,600.00 minor capital allocation. Council has authorized the construction of the waste transfer station to proceed so that funding will not be lost. It is anticipated that it will cost \$223,000.00 to cap the existing landfill mound.

Companies Owned by Council

I have been successful in obtaining funding from Kagita Mikam in the amount of \$47,000,00 under a local lahour market partnership agreement. This will enable the companies at the airport to engage CESO professionals to provide management and development of a business and marketing plan. The team will start their work on December 7, 1999 and consist of a coordinator, marketing specialist, computer sales specialist, printing specialist, accounting specialist and human resources specialist. It is hoped that this initiative will enable PeaceTree to capture a larger portion of the local and federal government outsourcing market and ultimately preserve community jobs. In early November thirty-five of sixty-five federal government departments attended Trendinaga with a view of doing more business with our community. In order for the businesses to be successful it must be recognized the economic development is not free. The council receives \$100,000.00 from Indian Affairs to promote economic development in the community.

Loans to Band Owned Companies

At the February 16, 1998 council meeting, motion #1 was moved by Douglas E. Maracle and seconded by Roy C. Maracle that this council hereby approve to provide a guarantee with the Bank of Montreal for the First Nations Air Service for a loan of \$985,000.00 over ten years at a repayment of \$11,825.00 per month. Mohawk Council Resolution #118, William J. Brant negative vote. When this motion was made the council was fully aware that all of the assets of all the companies were pledges as security for the Tom Tureen loan made to Tele Magnetic Signalling System. TSS did not have sufficient resources to market the mining technology. The band's company lawyer advised council to take over the Tom Tureen loan to secure all of the assets by paying Tom Tureen \$401,000.00. Ou January 6, 1999, Motion #38 was moved by Colleen Maracle and seconded by Douglas E. Maracle that this council hereby approve to pay Tom Tureen \$400,000.00 and TMC will take the General Security Agreement — asset; \$35,000,00 ass5,000.00 asset by TSS — secured loan. General Security Agreement will be released. TSS Board will sign. MCR #194 A. Roy Maracle negative vote (see recovery plan first) William J. Brant, negative vote.

Councillors William J. Brant and Roy Maracle indicated to council that we should allow Tom Tureen to repossess all of the companies assets. This would have endangered a five year, one million dollar funding arrangement with the Ontario Ministry of Education and Training to operate the flight school. It would have caused unemployment to occur, a loss of training opportunity for Native people across Canada and would caused the band to have to pay the First Nations Bank of Montreal loan in the amount of \$8,000.00 which was guaranteed by this council on February 6, 1998. When I weighed all of the circumstances, I voted in favour of paying Tom Tureen to secure the company's assets. The \$400,000.00 loan is fully secured by the company's assets.

In addition, the company's auditors, BDO Dunwoody have completed research and development tax refund returns in the amount of \$130,000.00 and \$60,000.00 which will be used toward repaying council. In early

Continued...

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ADMINISTRATION

November, 1999, council was aware that additional information was sent to Revenue Canada in support of the refund. There is an additional period which a tax refund must be submitted.

The companies did not have the financial resources to effectively market the mining technology. On April 7, 1999, the Tyendinaga Mohawk Council made motion #51 to place TSS into receivership and hired Stan Collins for this purpose. The mining technology was sold to NL Lamp Technology Division at Mississauga. Once this company markets the product, TSS could receive up to \$300,000,00 in royalties which would be used to repay the band. In addition, the manufacturing of the mining components would be done at Peace Tree manufacturing and help stimulate economic development.

Funding was received from Aboriginal Business Canada to hire Price Waterhouse Chartered Accountants to review the companies. While the report noted weakness in management, marketing and financial resources, the consultants indicated that the companies also had tremendous potential provided the necessary resources were provided. One of the recommendations of the report was that council should invest \$400,000.00 in these band owned businesses. Historically the hand had not been an investor.

On May 6, 1999, Price Waterhouse presented the report and council accepted the recommendations. Motion #2, moved by William J. Brant, seconded by Colleen Maracle that this council hereby approves to accept and adopt the recommendations of the Price Waterhouse Coopers' report on Kente Bay Inc. and Associated Entities Operational Review. M.C.R. #28, motion carried. All of the councillors were in favour of this motion.

There are a number of people who are working very hard to ensure that the companies will be successful so that our community members will continue to be employed.

The Board of Directors were able to achieve a \$38,000.00 profit for F.N.A.S. as of March 31, 1999 as well as an \$1,800.00 profit in the aircraft maintenance organization. There is much beneficial work to be done and the work would be much easier if the Board of Directors were not constantly plagued by negative politics from council members. In addition, the Board of Directors were faced with having to have extraordinary legal expenses over the Bruce Millar lawsuit against FNTI.

Norway's Road Re-construction

The lowest bid of the nine hids received was from Warren Paving Ltd, at \$497,919.84. It is anticipated that the construction period will be 40 days and that the culverts and base road will be built this year. The surface treatment will be completed in the spring of the year 2000. The revised cost of the project is anticipated to be \$528,000.00. It will be necessary for Council to obtain a bank toan from the Bank of Montreal to finance this project. The interest rate will be prime plus one half percent or 6 ½ percent. The annual minor capital allocation is \$733,600.00.

Dies Property Land Purchase

The Mohawks of the Bay of Quinte purchased 285 acres from Mr. Dies in 1993 under the auspices that the federal and provincial governments would have no objection it be granted "reserve status." These lands once formed part of the Mohawk Tract lands but were alienated in 1908. In 1959, 358.67 acres of the original 620 acres alienated in 1908 were reconstituted to the reserve by way of Order-in-Council PC 1959-896. The lands purchased from David Dies would represent the remaining portion of the 1908 alienated lands.

Tom Vincent was the band solicitor hired by Council in the 1993 David Dies property purchase and currently holds the lands in trust for the Mohawks of the Bay of Quinte. Once the land transfers from the trustee to the federal government are completed, the Department of Indian Affairs will proceed to obtain a federal Order-in-Council to give this land treserve status.

In March of 1997, I was able to obtain a commitment from Minister Ron Irwin to reimburse the Mohawks of the Bay of Quinte \$388,455,00 for the purchase of this property and this money is now being held by the Ontario Region of Indian Affairs and will be transferred to the band later this year.

Welfare Funeral and Burials

The Ontario Works legislation prescribes the rules for eligibility for financial assistance for funerals and burials. Effective September 1, 1999 only people eligible for Social Assistance recipients could receive assistance for the cost of funeral expenses.

On October 13, Sam Maracle, Patty Brant and I met with the Regional Chief, Tom Bressett and other First Nations Chiefs and the Regional Director General, John Donnelly. The meeting was held to discuss the serious impact of this legislation on persons in need. The Department of Indian Affairs reimburses the Ontario government approximately 2 million dollars on an annual basis for Native webare burials in the Province of Ontario.

John Donnelly has agreed to restore assistance in the same manner that had previously been provided under the former General Welfare Assistance Act. Persons with no other financial means to pay funeral expenses could receive \$2,200,00 towards the cost. Mr. Donnelly has agreed to strike a committee to continue further dialogue on the matter.

Casino Rama Money

The First Nations Revenue Sharing Committee had a telephone conference call on December 1, 1999. The remaining unsettled issue is the 35/65 split after the end of the five year agreement. The Rama community wants to receive 35% of the net revenue for as long the casino operates.

It is expected that the Ontario government will soon sign an agreement to release the funds to the First Nations communities.

I successfully argued for Tyendinaga to receive an additional 25% amount and Tyendinaga will likely receive approximately 4 million dollars in the first distribution. These funds will be retroactive from when the casino

Council should identify projects and an investment strategies for some of these funds. The funds are for education, health, economic development, culture and capital infrastructure.

Ferry Lane Boat Launch Restoration

The hoat launch at the old ferry dock is in need of repair in order to ensure public safety. There is no regular maintenance funding to maintain this facility.

We have received funding from CORDA (Canada Ontario Resource Development Agreement) in the amoun of \$45,000,00 to carry out some restoration to the boat ramp.

The project is currently underway and should be completed in a few weeks.

Christ Church, Her Majesty's Royal Chapel

The contractors and the engineers have found that the interior rubble wall of the tower was in worse condition than originally anticipated. The moisture problems that the tower has experienced over several decades has caused much fracturing of the stone from the inward side of the stone.

The contract was originally estimated to be \$276,000.00 to provide for the reconstruction of the south and west walls of the tower as well as repointing all of the mortar joints in the tower. The revised estimate will be \$350,000.00. The cost increase is associated with additional stone needed, the dismantling of the parapet, and additional labour time associated with the work. The work is progressing.

The restoration committee has raised a sum of \$287,575.00 and a cost sharing agreement of up to \$500,000.00 has been signed with Heritage Canada. The fund raising efforts continue.

Continued...

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Post-Secondary Education

The post-secondary education hudget is \$1,405,300.00. There are 153 students benefiting from this program,

Open Government

The council recently received a legal opinion from its lawyer that the Access to Information Act does not apply to Indian bands. During this term of council, council has implemented in-camera sessions. Although in-camera meetings protect the privacy of band members, it can also hide unfair practices and decision of the council.

It is absolutely essential for the well-being of the community that there be a positive working relationship between the council and the band staff.

I fully respect that community members have the right to be fully informed of issues.

Remarkable progress has been accomplished by working together councils in the past have been able to accomplish more housing units, services to seniors and disabled members, improvements to roads and bridges, water and sewer expansion, land claims, local job creation and training, creation of industrial space, post-secondary education, Mohawk language relention and an increase income for the band.

I am happy to provide the council term report for 1998/99. I also include financial charts respecting the band budget, statistics on post-secondary education, and non-insured health services.

I wish all of our members the Creator's peace and blessing. May you all enjoy a Merry Christmas and safe holiday season. May each of us renew our commitment to each other to work together to build strong, happy and unified community as we move into the third millennium.

Nia:wen

Droad maracle, Chief R. Donald Maracle, Chief On behalf of the Mohawk People Party (Longhairs)

Ontario Native Affairs

720 Bay Street 481 Fixor Toronib, ON MSG 2K1

Tal: (416) 326-4740 Fax: (416) 326-4017 Secretătaire des affaires autochtones de l'Ontario

720, nre Bay 4° šlags Toronto, ON MSG 2K1

Tél: (418) 325-4740 Téléc: (418) 326-4017



November 16, 1999

Mr. Alan Pratt Barrister and Solicitor 3550 Torwood Drive R.R. #1, Dunrobin, ON K0A 110

Dear Mr. Pratt:

Last month you wrote me to inquire about the state of Ontario's preparedness to continue our discussions about the Turton Penn Lease and associated highway issues.

I must first apologize for the length of time I have taken to reply to you. For our part, a number of events beyond my control have prevented more rapid movement, none of which bear on the Secretariat's desire to achieve progress with the Mohawks of the Bay of Quinte and the federal government on this file.

As you know, the issues surrounding this file have been complex and historically difficult to define. Much as the tone of the preliminary discussions we have held to date has been positive, a variety of side issues have arisen which have the capacity to delay or protract our achieving a mutually agreeable plan of action. How and in what context we can move these discussions into substantive negotiations has been the subject of internal considerations we have been pursuing over the past months.

Accordingly, it Is my suggestion that we target a date in January, 2000 for the parties to come together to see if we can achieve the appropriate consensus on what exactly it is that can be achieved, define a specific work plan and time line for so doing, and if consensus has emerged, seek the required political authorities to provide the mandate for a scoped set of negotiations.

Should your principals be in agreement with this approach, I will undertake to ensure that Ontario is prepared for those discussions. By copy of this letter, I am putting this proposition forward to our federal colleagues as well.

I look forward to hearing back from you, as well as from Greg Kinlin and Sharon Mason.

Yours truly,

Meish Podlog Negotiator

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ADMINISTRATION



Bank of Montreal

613 967-4307 613 962-0529

December 2, 1999

I have been asked to inform the Board of Directors as to the historic performance of the term foan FNAS has with the Bank of Montreal

Please be advised that the monthly payments have been made as scheduled with no follow up necessary from the Bank. In summation, the loan has performed as agreed and to the satisfaction of the Bank.

I trust the above is of some assistance and if you have any further questions please do not hesitate to contact the undersigned.

Jeff Curtis

Account Manager

Bank of Montreal Loan to First Nations Air Service

Loan Disbursements:

Mohawks of the Bay of Quinte (Re-payment of Loan-Principle + Interest) ... \$181,682.70 Peace Tree (Loan to be repaid to FNAS) \$200,000.00 (Peace Tree paid FNTI \$66,797.28 wages + benefits) FNAS (Operating dollars) \$250,328.43

The Band Budget and the Medical Services Budget

Band Budget for Programs (Excluding Housing Program and Turton Penn Houses)

	YEAR	AMOUNT
	1991/92	\$ 7,838.058.00
	1992/93	\$ 7,946,384.00
,	1993/94	\$10,408,952.00
:	1994/95	\$10,693,153.00
	1995/96	\$11,102,900.00
	1996/97	\$10,716,236.00
	1997/98	\$11,683,858.00
	1998/99	\$10,363,815.00
1	1999/00	\$10,983,141.00 AS OF SEPT. 30/99

Post Secondary Education Budget

Year	Allocation	Full-Time	Full-Time	Part-time #	Total
	From INAC	University	College	of Courses	
1988/89	\$ 654,500.00	29	70	89	147
1989/90	798,500.00	32	73	78	149
1990/91	1,079,974.00	35	124	221	283
1991/92	1,000,000.00	42	102	193	274
1992/93	1,025,000.00	40	109	31	181
1993/94	1,159,850.00	54	130	36	185
1994/95	1,139,918.00	52	110	42	193
1995/96	1,168,497.00	70	91	37	161
1996/97	1,201,270.00	70	85	49	204
1997/98	1,303,050.00	57	91	43	191
1998/99	1,405,300.00	61	90	66	217
1999/00	1,405,300.00	60	52	41	153

Please note that in the 1996/97 and 1997/98 fiscal year there were tuition increases.

Medical Services Non-Insured Health Benefits Mohawks of the Bay of Quinte

		1994/95	ļ	1995/96		1996/97		1997/98		1998/99	Ţ	1999/00
5.75	_		ļ		L		_		-		1	(to date)
Dental Services	\$	933,158.00	\$	1,029,629.00	\$	815,458.00	\$	823,627.00	\$	667,225,00	Š	404,998.00
Drugs	\$	1,168,303.00	\$	1,284,004.00	\$	1,484,460,00	15	1,573,701,00	\$	1,669,907.00	·	1,011,466,00
Medical Supplies					Ī		Ė.	<u> </u>	٠.	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	1	1/01/1/402/00
and Equipment	\$	100,251.00	\$	87,715,00	š	81,192,00	s	139 942 00	•	167,660,00	ŧ	109,929.00
Other Health	Γ"		F		Ť		<u>├</u>		*		•	103,323.00
Services	\$	47,350.00	\$	59,958.00	s	46,918,00	\$	69,208,00	•	82.727.00	ŧ	37,343.00
Patient			-	'	i - ' -		Ť		*		-	37,343.00
Transportation	\$	32,641.00	5	60,530,00	\$	42,946.00	S	83,461.00	•	63,229.00		17,146.00
Vision Care	\$	76,051.00	\$	85,849.00	Š	85,004,00	Ľ.	104,319,00	č	84,972.00		70,516.00
TOTAL	\$	2,357,754.00	\$	2,607,685.00	Š	2,555,978.00	₩.	2,794,258.00	ť	2,735,720.00	H.	1,651,398,00

MOHAWKS OF THE BAY OF QUINTE CAPITAL PROJECTS 95/96 - 96/97

PROJECT	CONTRACTOR	SOURCE OF FUNDS	AMOUNT
1, Bell Side Road Bridges replaced (North and South)	Mohawks of the Bay of Quinte	DIAND/MBQ	\$ 365,000
2. Beach Road (Tar & Chip)	County of Hastings	DIAND/MBQ	48,000
3. Wyman's Road Reconstruction	Mohawks of the Bay of Quinte	DIAND/MBQ	B4,000
4. Housing Demonstration Project (5 Granny Homes in Shannonville & 107 Renovation loans issued)	Mohawks of the Bay of Quinte	DIAND/MBQ	805,808
5. Section '95 Housing (12 Rent geared to income houses aow under construction in Huron Brant North Subdivision)	Mohawks of the Bay of Quinte	CMHC/MBQ/DIAND/ Bank of Montreal	885,000
6. Tyendinaga Wood Products	Mohawks of the Bay of Quinte	MCC/MBQ	171,600
7. Trinity Church	Eastern Restorations	DIOCESE/DIAND	78,500
8. Christ Church Roof	Rockwell Contractors	Corporate Donations	7,501
9. G.H Rice Bldg. Demolition & Environmental ('lean-np	B&J Poleline Construction	Public Works Canzila	105,000
10. Bus loading/inloading zone at QMS	Lee Mitchell Excavating	DEAND	בייייניים
II. Shannopville Dam Replacement	Wallans Construction	Fisheries and Oceans	125,090
12. Plumbing Retrofit at QMS	Laverne Maracle	DIAND	
13. Water & Sewer Loop	Gordan Barr Construction Ltd.	DIANDMBQ	2,804,764
14. Hydro Line Extensions	B&J Pulcline Construction	DIANDAIRQ	18,000
15. Airport Rd. Natural Gas line extension	Harrison Construction	Centra Gas	No cost to MBQ
TOTAL		i	\$5,580,764

MOHAWKS OF THE BAY OF QUINTE CAPITAL PROJECTS 1998-1999-2000

PROJECT	CONTRACTOR	SOURCE OF FUNDS	TOTAL AMOUNT
1998 J. Slash Road(2.4 km Mission Road Section)	Don Hart Construction	Utilized surplus from the Water/Sewer Looping Project/MBQ \$251,199	\$465,677
1. Canteen Expansion	Mobawks of the Bay of Quinte	MBQ/OAEDD	42,679
3. QMS-Emergency Exit Lighting	Mohawks of the Bay of Quinte	DIAND	22,000
4. Fire Eruck	Hub Fire Engines	DIAND	189,965
1999			Ì
5. Norways Sideroad Reconstruction	Warren Paving	Bank of Montreal MBQ-Line of Credit	\$528,000
6. QMS-Classroom Lighting	MBQ	INAND	82,000
7. Ferry Lane Boat Launch	Parkside	CORDA/MBQ	45,000
8. CMHC Section 95 15 Housing Units	Band & Local Contractors	CMHC-Loan	1,215,080
Total MBQ Projects		-	52,590,321

in addition, the Chief R. Donald Marcele and Todd Kring assisted the Crust Chiefe Restartion Committee in raising the funds necessary to start the Tower Restoration (Phase 1). Heritage Canada - 5500,000, Ontario Trillium Foundations \$75,000 and a balance of \$217,337.77 in private, corporate, foundations, and royalty donations.

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ADMINISTRATION NOTICES

Thayendanega Elders Lodge

Rental Units are now available at the Thayendanega Mohawk Elders Lodge.

If you are interested please contact the Housing Department for application forms or any questions you may have.

> Nia:wen The Housing Department



HOUSE **HO**USE **HO**USE

The Housing Department would like to wish everyone a safe and Merry Christmas and a Happy New Year.

A letter of emergency numbers will be delivered to all rental homes, prior to closing for the Christmas Holidays, in the event you need assistance.

Nia:wen



ULLETIN



DEMUTUALIZATION OF LIFE INSURANCE COMPANIES-TREATMENT OF DISTRIBUTIONS

Canadã

The "demutualization" of Canada's five large mutual life companies is expected by early 2000. In their present form, mutual life companies are owned by policy holders who have participating insurance policies. A participating policy is one where the policyholder is entitled to participate in the distribution of surplus earnings that have accumulated.

WHAT IS DEMUTUALIZATION?

A life insurance company can be a "mutual" life A lite insurance company can be a mutual lite open pany where a group mutually insures each of its members. Demutualization is a process whereby the surplus from these types of insurance companies is apportioned among the existing policyholders in the form of shares in the company, thus changing from companies owned by voting policy holders into public companies with shareholders. Participating policy holders will generally be presented with two choices in this event maintain their dwnership right in the form of shares or sell their shares for cash.

Revenue Canada will treat any proceeds received cash or immediate redemption of shares as corporate dividends. Any proceeds received in the form of

swipends. Any proceeds received in the information shares which are retained would have no tax implications until sale at which time the entire amount would be treated as a capital gain. For more information concerning the tax implications of demutualization you should contact Revenue Canada.

IMPACT FOR SOCIAL HOUSING CLIENTS

Where life insurance policies are held by social housing clients, this distribution will raise the question of how these proceeds will be treated in the calculation of income for these social housing clients.

In calculating income for either eligibility purposes under Care Need Income for either eligibility purposes under Care Need Income Thresholds (CNIT) or Housing Income Limits (HILs) or for income testing for Rent-Geared-to Income (RGI) calculation purposes: CMHC will treat the proceeds of demutualization, whether received in cash or shares, as a one time lump sum settlement which would be excluded in reviewing Income of social housing clients. Any subsequent Income derived from the proceeds, however, would be included as income and treated in accordance with current guidelines. with current guidelines.

Please bring this information to the attention of all social housing providers, delivery agents and property management groups involved in qualifying or income testing social housing clients or RRAP applicants.

A MESSAGE FROM A MEMBER OF THE MOHAWKS OF THE BAY OF QUINTE BAND COUNCIL (MBQBC) Submitted by William J. Brant

In my report to you this month is a brief summary of what has been happening with the businesses owned by the Mohawks of the Bay of Quinte (MBQ).

This month I had the opportunity to attend a First Nations Technical Institute (FNTI) annual board meeting and was pleased to hear that the new board of directors appointed in 1998 and its staff has managed to take FNTI from a situation of near bankruptcy in that year to a position of solvency. I congratulate them on this tremendous achievement.

im advised that FNTI will be publishing a newsletter as to the activities of this company in the near

The" for profit" companies owned by MBQ, the names of which, I have listed in previous newsletters are in various states of financial difficulty. The company known as TSS is in receivership. The boards of directors of these companies have passed the term of their mandates to hold office and to my knowledge meetings have not taken place for the re- election of new officers.

The final candidate for the competition of the office of Chief Administrative Officer (CAO) is to be interviewed on the first of December. It is likely that a decision to fill this position will be made as soon as all candidates have been evaluated.

I was asked (by a former member of Band Council) at a general council meeting, how many dollars were forgiven individual entrepreneurs on our territory by the current band council. It was stated that my answer would be published in the newsletter. The information revealed to me by staff stated that the current band council did not forgive any money but that we did reduce the rental fees in some instances. Staff also informed me that money owing by entrepreneurs had been forgiven by the previous band council.

- budget has been set for the renovation of the commuCitizenship Culture and Recreation \$250,000.00
 MBQ band revenue account \$100,000.00
 Endowment fund \$128,000.00

- Administration building fund TOFAL

The contract to complete this renovation has been awarded to a company from the territory. The start date is scheduled for early in the New Year. A complaint has been lodged (to the MBQBC, and the Quinte Builders association along with a letter to the local Member of Parliament Ernie Parsons) by an" off territory" company that also bid on this project because the lowest bid was not accepted. Our solicitor is investigating whether or not our decision on the award was legal within the terms set forth in our document MBQBC believed it to be so when we made the award.

In 1998, 210 mortgagees qualified to receive the MBQBC housing incentive. The cost totaled \$60,388.00. In 1999, 228 mortgagees qualified for this incentive for a total of \$68,018.00.

There was a motion made to purchase a new dump truck equipped with snow removal accessories to assist in road maintenance. The cost of this vehicle is approximately \$148,000.00 less trade-in. This purchase, which was recommended by the Roads Department, was deemed necessary, as it was too costly to maintain the trade-in vehicle.

On a recommendation by the Mohawk Fire Department (MFD), there was a motion made to purchase a 1999 half ton truck (purchase price \$30,000.00) to assist MFD with fast response, MFD officials say that

this vehicle will greatly enhance their capabilities in moving necessary firefighting equipment to fire and rescue operations. The funds were available within the fire budget.

Our auditors, Wilkinson and Company, when doing a management review for MBQBC identified governance as one of the major problems facing the management of our territory. It is with this in mind that MBQBC and staff are working toward the resolution of problems within our governance system to make it more "user friendly". When completed the governance plan should assist in removing much of the solution from the administration. politics from the administration.

There was a motion to accept the following people to act as members of an environmental committee (as previously advertised): Bev Hill, Mary Ann Spencer, Brad Boomhour, Ruby Maracle, and Holly Brant-Butcher. Thank you for responding.

There was a motion to have the MBQBC's economic development officer develop a brochure, or catalogue of services offered by MBQ which should be helpful to members of our community. The publication will inform you of the services available as well as the contact people.

I congratulate all of the other the band members who have presented themselves as candidates for the DECEMBER 4th, 1999 election. This is a promising and healthy sign that shows an interest in community affairs and the desire for a better tomorrow.

As the clock ticks forward toward Christmas and a new millenium, Marilyn joins me in sending you our best wishes for a safe, happy, and healthy holiday season. May the Great Spirit be with you and continue

Won of Frank

* Important Notice *

Newsletter Correction

Please note that the Tyendinaga Newsletter should have read as follows:

> Douglas E. Maracle P.O. Box 327 Tyendinaga, Ontario KOK 3A0 Phone # 969-9568 Cell Phone # - 391-9374

We apologize for any inconvenience.

ADMINISTRATION NOTICES



MOHAWK FIRE DEPARTMENT

Fire Chief: Kurtis Brant

Caring for Cut Christmas Trees



Remember, a Christmas tree is a living thing. Look after it carefully as you would a cut Rower. Once you select a Christmas tree, tollow these suggestions to keep it fresh and safe:

- If you duly a tree several days before you plan to set it up, store the tree outdoors or on a cool porch cano until you are ready to decorate it. An area that provides protection from the wind and sun will the the tree retain its moisture.
- When you bring the tree into the house for decorating, make another fresh out across the trunk about an inch from the original out, Use a tree stand that holds plenty of water.
- 4. Trees are thirsty. They may drink up to four litres of water per day, so be sure to check daily and supply fresh water as needed. A stand which holds at least four litres of water is recommended, if you allow the water level to drop below the bottom of the tree, a seal will form just as it does on a cut flower and a new cut will be necessary.
- Place your tree away from fireplaces, radiators, tetevision sets and other sources of heat. Turn off the tree lights when you leave and before you retire at night.
- 8 Avoid the use of combustible decorations. Check all electric lights and connections. Do not use lights with worn or frayed cords and NEVER use lighted candles on a Christmas tree.

Following these care and precaution measures should ensure an attractive tree that stays fresh indoors for two to

THE MOHAWK FIRE DEPARTMENT WISHES EVERYONE

R.R. # 1 Tyendinaga Territory, Ontario K0K 1X0 P85 FAX: 613-396-3627 E-MAIL: mohawkfire@suckercreek.on.ca PH: 613-968-7985



FOR IMMEDIATE RELEASE

November 19, 1999

First Nations Technical Institute elects new Board of Directors

On Thursday November 20, 1999, during the annual membership meeting of the First Nations Technical Institute membership, a new Board of Directors was duly appointed and elected. The six new board members and Chairperson are:

- Sandra Lewis den Otter Chair
- James Earl Brant Vice Chair
- Nora Brant Treasurer
- Richard Larose Vice Chair of Finance
- Mariene Brant Castellano Secretary
- Janice Hill Director
- · R. Donald Maracle Director

Each board member has been appointed for a term of three years. R. Donald Maracle will remain on the board until March 2000 when his six-year term will be completed.

The FNTI Board of Directors is committed to the continued growth and development of the programs and services offered at First Nations Technical Institute. Chairperson Ms. Sandra Lewis den Otter said, "FNTI has been in operation since 1985 and from its" meager beginnings (FNTI) has developed into one of the leading Aboriginal controlled post-secondary institutes in Ontario." Lewis den Otter also stated that "...FNTI has continued to grow and will maintain its' reputation as the leader in Aboriginal

For more information please contact:

(613) 396-2122

Executive Secretary

(800) 267-0637

NOTICE

On October 20, 1999, the Tyendinaga Mohawk Council and the Tyendinaga Education Committee recommended that the trustee for the Hastings and Prince Edward County Board be a representative of our Community.

All trustees must adhere by the Handbook for School Boards; must conduct him/herself in a professional manner; must professionally represent the concerns of our Community and must provide reports to the Tyendinaga Education Committee and the Tyendinaga Mohawk Council on a monthly basis. To review the Handbook please contact Patti General or Sandy

Resumes can be submitted to Patti General or Sandy Maracle at the Administration Office before December 15, 1999 at 12:00 p.m. noon.

Remember if you have an EMERGENCY



The First Nations Technical Insti-						
Audited			Statement of	Income		
For the year ended March 31	1999	- %		%		
Revenue						
Trilluim grant	6 152 104					
Contracts	\$ 173,482	3.4	6,668	1.3		
Fundraising	279,127	5.4	\$ 196,378	4.0		
HRDC funding	25,500 400,000	0.4	0	0.0		
INAC - AFA	2,760,000	7.7 52.2	401,600	8.1		
Interest	5,522	0.1	2,733,025 7,522	55.0		
MET funding	1,000,000	19.3	999,986	0.2 20.1		
Other income	88,458	1.7	129,375	20.1		
Rental income	81,293	1.6	70,215	1.4		
Tuition fees	423,202	8.2	424,583	. 8.5		
	5,176,584	100.0	4.969.352	100.0		
Expenses						
Advertising & promotion	43,405		30,759			
Audit & accounting	12,392		11.915			
Bad debis	27,761		2,766			
Bank charges & interest	48,838		57,930			
Certification	26,933		34,922			
Conference facilities	14.733		17,470			
Consulting fees	528,275		769,213			
Employee benefits	269,259		334,191			
Equipment rentals	6,399		11,482			
Food services	8.998		12,874			
Instructional supplies	16,130		23,632			
Insurance	44,024		36,952			
Interest on long-term debt	50,716		14,081			
Library	14,686		14,396			
Office supplies	33,449		38,779			
Printing	15,361		24,921			
Reut	75,400		75,400			
Repairs & maintenance	101,018		31,557			
Salaries	1,923,123		2,182,600			
Staff training	9,048		19,709			
Student accommodation	93,830		117,305			
Sundry	214,373		98,874			
Telephone	54,142		57,796			
Training contract	1,151,784		1,150,000			
Travel & automotive	181,829		180,279			
Trilluim	104,260		0			
Utilities	45,985		55,929			
Work experience	15,962		0			
Youth service	44,274		0			
	5,176,387	100.0	5,405,732	108.8		
Income (loss) before amortization and loss	197	-	(436,380)	(8.8)		
Amortization	194,886	3.8	243,146	4.9		
Loss on sale of capital assets			42,520	0.8		
Net loss for the year	\$ (194,689)	(3.8)	\$ (722,046)	(14.5)		

PRESS RELEASES



Y2K BE PREPARED **NOT SCARED**



The new Millenium is less than 1 month away and we should be prepared in the event of wide spread power outages

Tyendinaga is prepared with an Emergency Plan BUT a power outage on New Years Eve is not uncommon.

Ontario Hydro reports an average of 30 power outages on any given New Years Eve and over 50 power outages on any given day.

If the power does go out **DO NOT PANIC** it could just be a result of bad weather, car accident or any number of reasons that occur daily.

You will be informed if an emergency exists, but normal power outages are not an Emergency.

Please refer to the check list and Have a Safe and Happy Holiday.

EMERGENCY FOOD AND WATER KIT CHECKLIST

Have at least a three-day supply of food and water on hand. Choose ready-to-eat foods that your family likes. And choose food that doesn't need refrigeration.

① Drinking Water:

At least one litre per person per day

At least one litre per person per day
T Food:
Canned food: soups, stews, baked beans, pasta, meat, poultry, fish,
vegetables, fruits
Crackers and biscuits.
Honey, peanut butter, syrup, jam, salt and pepper, sugar, instant
coffee, tea

Remember to replace canned food and dry goods once a year.

Remember to replace cannot food and dry goods once a year.

□ Equipment:

Krives, forks and spoons, disposable cups and plates, manual can opener, bottle opener, fuel stove and fuel (follow manufacturer's instructions). Don't use a barbecue indoors, waterproof matches and plastic garbage bags.

Emergency Survival Kit Checklist:

□ Flashlight and batteries (in case the lights go out)

🗇 Radio and batteries or crank radio (so you can listen to news bulletins)

Spare batteries (for radio and flashlight)

First-aid kit

☐ Candles and matches/lighter ☐ Extra car keys and cash (including coins for telephone) ☐ Important papers (identification for everyone, personal docu-

☐ Food and bottled water (see food list)
☐ Clothing and footwear (one change of clothes per person)
☐ Blankets or sleeping bags (one blanket or sleeping bag per per

Toilet paper and other personal supplies

☐ Medication
☐ Backpack/duffel bag (or something else to carry the emergency survival kit in, in case you have to evacuate)
☐ Whistle (in case you need to attract someone's attention)
☐ Playing cards, games

Remember to think of any special needs someone in your family might have. Some suggestions include:

☐ Babies/toddlers: diapers, wipes, bottled mllk, toys, crayons and

☐ Babies/toddlers: diapers, wipes, bottled mllk, toys, crayons and paper.
☐ Other family members: prescription medication, extra eye glasses (copies of prescriptions)
☐ Pets: dog/cat food
☐ Car Kit Checklist: Shovel, sand, salt or kitty litter, traction mats, tow chain, compass, cloth or roll of paper towels, warning light or road flares, extra clothing and footwear, emergency food pack, axe or hatchet, booster cables, ice scraper and brush, road maps, matches and a 'survival' candle in a deep can (to warm hands, heat a drink or use as an emergency light), fire extinguisher, methyl hydrate (for fuel line and windshield de-icing), flashlight, first-aid kit with seatbelt cutter, blanket (special 'survival' blankets are best).

For more information contact Scott Maracle: Fire Prevention Officer 968 - 7985

CHIEFS OF ONTARIO



BULLETIN

November 1999

CASINO RAMA REVENUE DISTRIBUTION

On October 1st the province communicated to the Chiefs of Ontario a set of close-tofinal positions on the draft revenue distribution agreement. The provincial positions included an offer of approval rights with regard to certain kinds of transactions at the Casino complex. Since October $\mathbf{1}^n$, the Revenue Distribution Committee (including representatives from the Mnjikaning First Nation) has been involved in a series of discussions aimed at properly defining or scoping the offered rights. This is an important issue for the future prudent management of the complex.

In view of the understandable pressure to flow the funds to First Nations as soon as possible, the discussion process has been intensive. Most recently, the Committee met on October 28th and 29th. The Ontario Regional Chief, Tom Bressette, met with the Chief and Council of Mnjikaning on November 4th. The Committee met again on November 5th, and had the benefit of a presentation by the Regional Chief.

Significant progress was made at the meeting on November 5th. It now appears likely that an understanding will be reached on approval and review rights with regard to certain transactions at the complex. The understanding will have to balance the interests of First Nations and business management issues at the complex. The Committee is meeting again on November 12th in Mnjikaning with the objective of finalizing the understanding on approvals and reviews.

If an understanding is reached on November 12th, the Committee will than be in a position to meet the province to finalize some residual technical issues. Lawyers and accountants for the Committee worked on these issues in October; so, they are close to resolution and are not likely to cause any kind of significant delay.

The Committee has also been working on various administrative issues to ensure that everything is set for revenue distribution when there is an agreement with the province. In particular, after a careful review of bids, the Committee has recommended a First Nation site for the entity (i.e. general partner) that will distribute the funds to First Nations and invest the Future Generations Fund. And, in particular, the Committee is managing an "RFP" process for banking and

investment services in relation to the Casino funds. This process is geared to conclude in parallel with the provincial agreement process, in order not to get in the way of revenue distribution.

In summary, there is a reasonable prospect that the Committee meeting on November 12th will resolve the approval/review issue, at least in principle. This will set the stage for some final technical discussions with the province. Administrative issues are in hand. The Committee is working very hard to secure the revenue distribution as soon as possible, and hopefully before the special AOOC tentatively scheduled for December.

If you have any questions or comments, please do hesitate to contact the Chiefs of Ontario or your Committee representative.

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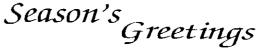
FIRST NATIONS POLICE

Winter Driving Tips!

- 1. If your car is covered with snow, the minimum you should do is clean all snow and ice off all windows. Also remove loose snow from the hood and roof to prevent it from blowing up on the windshield or drifting over the back window as you drive. Don't be a peep hole driver, and ensure all windows are defrosted before starting out.
- 2. Snow tires do not lose their effectiveness at low temperatures. But remember they are designed to help you on unpacked snow and are little help on ice or hard packed snow. Tire chains and sand gives you traction at temperatures closer to the freezing mark, but not at very low temperatures. Always approach ice or hard packed snow with care.
- 3. If you are stuck on hard ice or packed snow do NOT apply too much power, you will just spin your wheels. Instead, use the "easy does it" approach when starting on icy surfaces. Clear away snow from around the tires and create traction. Rocking the car allows you to increase the distance traveled with each
- 4. If you don't have anti-lock brakes (ABS) and must stop quickly in icy or snowy conditions, apply strong, steady pressure to the brake pedal but stop short of locking your wheels. The best defence is to leave a greater distance between your vehicle and the one ahead of you, and reduce your speed to decrease your stopping distance. Slamming your brakes could lock the wheels and produce an uncontrolled skid. However with ABS slamming your foot on the pedal will not lock your wheels
- If you go into a skid do NOT put on your brakes. Follow your natural impulse and stoor to keep the car going in its original direction, but don't oversteer. When you feel the car regaining traction, start to straighten your wheels. Be prepared to handle a skid in the opposite direction.
- FACT > In 1998 approximately 3.000 people died in crashes on Canada's roads. An additional 19,000 were critically injured.
- FACT > 66% of all traffic fatalities involve aggressive
- FACT > The 9% of Canadian drivers who do not wear seat belts account for 40% of the drivers killed in
- FACT > 54% of unbelted drivers who are killed, die in crashes that occur at night.
- FACT > 3 out of 4 unbelted drivers who die in nighttime crashes have consumed alcohol.
- FACT > Aggressive driving incidents have risen 51% since 1990.
- FACT > 88% of drivers admit to an aggressive act on the road at least once a year.

DON'T BECOME A STATISTIC!

DRIVE SAFE



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We extend our Best Wishes for a very Happy Holiday Season and Prosperous New Year! Tyendinaga Police Service

Holiday Safety

Kids - Make sure many and dad read this too!

As the holiday season approaches we should all take a minute to think about safety during the Holidays. Every year thousands of people are injured or killed due to faulty Christmas decorations. Careful planning of your holiday decorations can help prevent any needless injuries.

Christmas Trees: When buying a natural tree, the most important safety precaution is freshness. The higher the moisture content the less likely it is to dry out and become a fire hazard. Check for freshness by examining the needles. Bend them between your fingers. They shouldn't break. Tap the tree gently on a firm surface, if many needles fall off, the tree is too dry. You can't depend on the color of the tree. many are sprayed green. To keep your tree fresh longer, cut off two inches of the trunk and place it in a sturdy water holding stand with wide spread legs Plane the tree away from fireplaces, kerosern heaters, wall firmace and other heat source. Keep watering your tree. You should not block stairs or doorways. Dispose of the tree when needles begin to fall off in large quantities.

Artificial Trees: Artificial trees should bear the UL labei. Never use electric lights on metal trees like the old silver trees. To avoid electric shock on metal trees, use colored spotlights securely mounted above or below the tree, never fastened directly on it. Plastic trees should be made of fire resistant material. This does not mean that the tree will not burn, but only that it will not catch fire easily. Keep artificial trees away from heat sources. It's always a good idea to turn off your Christmas tree (live or artificial) whenever you leave your home.

Tree Ornaments and Trimmings: Avoid placing small or breakable ornaments on lower branches where children or pets can reach them and knock them off. Every year many children are treated for cuts from broken ornaments, or from swallowing broken pieces and small parts.

Christmas Lights: Use only UL approved lighting. Inspect electric lights for broken or cracked sockets and frayed wires, replace if necessary. Do not use indoor lights outdoors or visa-versa. Do not overload extension cords, and do not connect more than three sets of lights to one cord. Outlets should be readily accessible for quick disconnection if necessary. Never use lighted candles on or near a tree or other decorations. All lights should be securely fastened to the tree. No bulbs should come in contact with needles or branches. Turn off all holiday lights when you retire or leave home. Outdoor lights should be weatherproof and clearly identified as designed for outdoor use. Remove outdoor lighting as soon as the season is over. Even outside lights are not designed to withstand prolonged exposure to winter weather.

Fireplaces: Fireplaces are very popular during the holidays. Before starting a fire, make sure you remove all decorations from the area and be sure that the flu is open. Do not burn wrappings or evergreen boughs. These can burn extremely fast, throwing off sparks and burning debris. Safely dispose of wrapping paper with your normal trash collection. Residential fires during the holiday season are especially tragic. Celebration and joy can quickly turn to sorrow and anyuish because basic fire safety guidelines were neglected. Don't let this happen to you or your family. Be sure to take safety precautions this holiday season. We wish you all a Very Merry Christmas and Happy New Year!

RED CEDARS

Merry Christmas and Happy New Year

I would like to take time out to thank all of the generous community members for remembering those people who are less fortunate than we are. Sometimes, when we look around our own homes, we feel blessed because we have enough food, we're safe and loved, but not all people have those necessities. Through out the year, community members drop off items at the shelter for people that come in and out of our doors. Those donations are given to people who may be trying to pick up their lives and start over again and often they may have to start from scratch. Their gratitude is voiced over and over again and I would like to pass on that heartfelt feeling to you.

Whether you have dropped off toys your children have outgrown or given clothes that you no longer need or if you have donated an item for a basket draw, we say Nia:wen for your selflessness

Have a safe Christmas and a happy New Year! From all of us to all of you.

The staff of Red Cedars Shelter;

Sherry Loft, Mary Jean Loft, Lisa Robinson, Mary Ann Spencer, Leslie Spencer, Sheila Stacey, Ruby D. Maracle, Cheryl White, Tammy L.S. Brant, Beverley Maracle, Y. Shelle Brant, D. Joy Brant, Cavelle Micheline, Kathy Brant, Betty Carr-Braint, & Holly Brant-Butcher

Just a reminder, Red Cedars Shelter is open 24 hours a day. 365 days a years. 7 days a week. Crisis line 967-8212 any time

SEASONS GREETING

The Stranger

They say my husband, is a very caring man. But they don't know, why I have ran.

They say he's gentle and wouldn't hurt a flea, but they don't know what he's done to me.

They think my husband is a wonderful dad. But he tells me the kids only make him mad

They believe he's funny, and has a great sense of humour. But only I know that it has to be a rumour.

He yells and screams and tells me what to do. He always hurts my feelings but that's nothing new.

He insists on telling me what to wear, e criticizes the way and he criticizes are I style my hair.

The children and I have gone away.
The pain is unbearable
we can not stay.

Now they're wondering, thy I left such a great guy They just didn't realize if I stayed I would die.

By Lisa Robinson



Holiday Stress Can Fuel Domestic Problems

The Christmas season is a happy time for a lot of people, but for others it is not a happy time. For women in abusive relationships, the holidays are not

The holidays increase the stress levels for everyone, but abuse victims face some added pressures:

- -excessive alcohol consumption at holiday events by the abuser -women attempting to make the holiday perfect by tolerating abuse to avoid breaking up the relationship during the holiday season
- -women incorrectly think the holidays will change an abuser's behaviour
- · -the economic stress of the holidays can intensify abusive situations

It is true that the holidays bring a lot of stress on people. At this time the abuse victims are looking for the idealistic, perfect holiday, which isn't the reality.

Typically, most women stay through the holidays from Thanksgiving through Christmas. Abused women will look at past holidays with a faulty memory that recalls times that were good when in reality they weren't so rosy.

Women usually won't leave during the holidays if they have children because they don't want to disrupt the family or they may not have financial resources to give their children Christmas presents.

It takes an average of seven incidents of abuse before a woman leaves her abuser

Some women won't leave because they think their abuser's behaviour will change with the new millennium on the horizon

If you are in an abusive relationship take the steps to get you and your children safe. The abuser will not change because it is Christmas or because their is a new millennium on the horizon. It is important that you and your children have a safe holiday season free from abuse. Call Red Cedars Shelter if you are in an abusive relationship. We can help you to have a safe Christmas.

Red Cedars Shelter Crisis Line - 967-8212 1-800-672-9515

Holiday Stress - Busters

Reassess and Prioritize:

Holiday stress sets in when you try to do it all. Stress is an emotional reaction to circumstances that you feel are out of control. To cope, take some time out, rethink what's stressing you out, and look for alternatives. Change your demands to preferences: tell yourself, "If I have time, I'll do this and that. If not, I'll only do that.

induse need cleaning or decorating? Let each family member be ble for a room. Create a "job jar", where everyone takes a turn choosing what his or her job will be.

<u>Don't Give in to the "Gimmes"</u>
"I want! This familiar phrase can wear parents down over the holidays, but giving in to your child's every request can cause financial distress.

Be Realistic About Relatives
When the in-laws visit this season, have realistic expectations for the short term.
Don't try to solve past issues with family members over the holidays. It's not the time to bring up every little irritation. And if going to a certain relative's house every year causes a lot of stress, decide if you really need to do it. Maybe you can go every other year instead.

Flexibility Can Buy You Time
How can you get anything done when the little ones are home on vacation and you only have a few days off? Parents can take turns looking after kids with neighbours or colleagues or hire a babysitter to take the kids to the movies or to play with them for a few hours while you're working around the house.

Set Limits For College Kids

Set Umits For College Kids

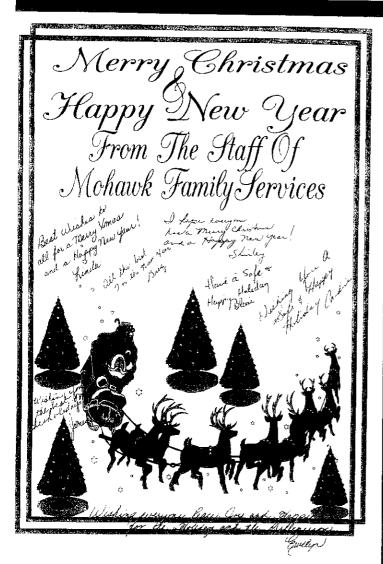
A College kid home for the holidays can wreak havoc on family routines. For months now, they have been on their own and have been doing things very differently. The disruption could be the college girffriend who plans to sleep in your son's bed. Or perhaps your daughter is now accustomed to sleeping with the radio blaring. Whatever the case, you'll need to set some guidelines in advance. Everyone is going to have to compromise during the visit. So it's important that parents and kids be respectful of each other.

other way to fight the commercialism of the holidays is to beef up on the traditions that don't cost any extra money. Bake cookies, go caroling, give to needy families, or volunteer. Explain to your kids that there are a lot of familie who don't have as much as they do. To get kids into the spirit of giving, ask them to pick a few of their old tovs to donate to the less fortunate.

Five Signs That You Need to Bust Some Stress

- You're irritable
- You're losing sleep
- You're losing or gaining weight (this can be hard to tell around the holidays it could just be all the good food)
 You feel tense with muscle aches or headaches
 You feel the number of the number of the second secon

FAMILY SERVICES & DAYCARE





Canadian Diabetes Association & The Year 2000

The Canadian Dlabetes Association (CDA) is recommending all people with diabetes, like every one else, should prepare in advance for a possible V2K emergency. Although people with dlabetes have some special needs in terms of medication and nutrition, there is no need to panic. For people with diabetes, as it is for everyone, getting ready for potential problems related to Y2K is a matter of preparing in advance. Preparing in advance is something that people with diabetes are very accustomed to undertaking in all elements of their lives from travelling to eating out.

The CDA recommendations include:

- ◆ The Canadian Diabetes Association recommends that people with diabetes always have an extra supply of medication and supplies, in order to be ready for any unexpected situation. The CDA is no recommending stockpiling insulin or medication, but simply have a back up supply in case of emergency.
- People with diabetes should check their insulin supply approximately two four months in advance to ensure they have enough to get through a possible emergency. Insulin has a shelf life of one two years and therefore people with diabetes have the apportunity to store a little extra in preparation for Y2K.
- ◆ Insulin is generally stored in the refrigerator to protect it from extreme temperature conditions. However, the bottle of insulin currently being used does not need refrigeration. Having thermo packs and insulated materials on hand would be helpful should refrigeration not be possible.
- Anyone using medication for their diabetes management, should also check their supplies in advance and ensure that they have a little extra in case they are unable to access medication for a few days.
- ♠ Check your supply of strips for testing blood glucose levels one to two months in advance to ensure you have an extra supply.
- ◆ People with diabetes, as with everyone else, should ensure that they have sufficient food to meet their healthy eating needs for a few extra days in preparation for Y2K. People with diabetes can prepare in advance by buying a few extra non-perishable items to ensure they will be able to meet their nutritional needs.
- Anyone using a glucose meter that downloads information to a computer should initially check their computer for Y2K compliance. They should download the information a week before Jan. 1, 2000 and print out a hard copy for themselves and their doctor. When they continue using their meter, the results should also be recorded manually in case there is a problem downloading that information at a later date.

MAKING IT THROUGH THE HOLIDAYS

TO: YOUR FAMILY

FROM: EKSA O KON: A CHILDCARE CENTRE & TYENDINAGA SCHOOL AGE PROGRAM

Holidays can be a time of joy! But too often they are a major source of stress for both children and parents. Here's what you can do to make the holiday season more joyous:

- Don't start holiday activities too soon. Young children have trouble waiting. They are me-oriented and want things right away. If you hold off special activities until the holiday is near, you will avoid holiday "burnout"
- Keep schedules regular. Young children find great comfort in routines, especially during times of stress. By keeping your daily routine constant during this period, you will help children cope more easily.
- Limit TV viewing. Watching too much fast-paced, enticing toy commercials can cause children to become overly active and lose control. You can substitute other activities for television, switch to noncommercial stations, or show prerecorded children's shows with the VCR.
- Don't wait for the holidays to have fin! Children love special activities all year round. Rather than pack everything into a short period of time. Children will be just as excited about making butterfly cookies in January as they are about holiday cookies in December
- Set realistic holiday expectations for yourself. Remember to take time to relax and enjoy yourself. You can not do it all yourself—so delegate activities, this way you can have some time for yourself. Doing three things you have time for and truly enjoy is much better than racing through eight to then stressful activities. Make a list of all the things you would like to do during the holiday season. Then decide how important each thing is to you and your family. Pick three or four of the most important activities. You should make time for only these activities.



- Take any Christmas cookie cutters and cut two pieces of bread then two pieces of cold ment and make "cookie" sandwiches
- when the Christmas tree comes down? To prolong the use of the tree set it up outside decorate it by stringing stale bread, cranberries, popcorn etc for the birds to enjoy.
- Holiday stress: Add some colour to your child's life by adding some food colouring to bath water. Don't worty your child won't change colour!





TAKE TIME TO PLAY DURING THE HOLIDAYS

The holidays are a busy time of year, and sometimes adults forget to spend time with children. The needs of children can get lost as adults hurry to get ready for all the special events of the holiday season. Whether you are a parent or a caregiver, remember to take it easy, play with your children, and create some playtime for yourself! Here are some simple, free, fun things to do with your children:

- Go to the park on the way home from work and childcare. Fifteen minutes or half an hour can make a difference

- half an hour can make a difference.

 Go for a walk in the back yard, around the block, or on a nearby hiking trail. Blow bubbles! It's not just a summer activity.

 Go sledding. Build a snowman.

 Play a simple board game or play with blocks or cars.

 Draw together. Read together.

 Go swimming. Check the schedules of local indoor pools

 When your child is having a both, give him/her measuring cups, spoons and bowls to pour and measure with.

 Play with playdough or bake cookies. Homemade playdough is fun and easy to make (see recipe below)

 Have you said "You mean the world to me!" to your child today?

Remember simple activities can be fun and relaxing for children and adults, and they don't take a lot of time or planning. Take your cues from you kids. Try to stop rushing when you get home. Or, on the weekends, try to sit and play for 15 minutes each day.

RECIPE FOR PLAY DOUGH:

COMBINE

- # | cup flour
 # |/cup sait
 # | cup water
 | tablespoon vegetable oil
- 2 teaspoons cream of tartar (can be purchase at bulk or grocery stores) for colour add a few drops of food colouring or ½ package of Kool-Aid or ½ package of Jell-Q. To make the playdough scented add a few drops of peppermint extract or other extract

Heat in a heavy pan at medium heat. Stir constantly until ingredients form a ball. Take out of pan and knead on a floured surface until smooth. Lay some wax paper down, get out the cookie cutters, and rolling pins and have some fun!

Do remember that no matter how you spend the holidays take the time to spend them with your children! Most often simple stress-free activities are the best gift you can give to your children!!





PAGE 11

MOIRA SECONDARY SCHOOL

Work Plan 1999/2000 Update Mike Brant/Bill Maracle Moira Secondary School

Grade 7 & 8 elementary guidance program started at Quinte Mohawk School on the 22^{nd} of September and continues each day four. We are currently using Choices Into Action, the new Guidance and Career Education and Policy for Ontario Elementary and Secondary Schools and Teacher-Adviser Program, to make students aware of the changes in the education programs and provide them with information to make them successful.

The IPRC process is conducted in April and May for students with special needs coming from the elementary school into highschool. Students have special programs set up for them and are monitored on a regular basis by the Co-ordinator of the program. She will continue to update us and ask for any assistance she needs in making any changes to students programs through weekly in school meetings.

We continue to look at any resources that will be beneficial in helping any of our students in their pursuit of a better education and better career choices

On going liaison with FNTI to pursue special initiatives that are beneficial to the

Tyendinaga Mohawk Community. Eg. - Adult Education

- Tutoring Program for elementary school children from grade two to grade six
- -Summer Camps

Connection is made with other community organizations on an as need basis to refer students and families if necessary to access services available in our community. As well, students are referred to other agencies if it is found to be necessary.

Education continues to be a high priority in our community. People are concerned that their children obtain the best education they can to make them more successful in the work environment and have an equal opportunity in obtaining high quality jobs.

The nominal role has been completed and information on the number of students that are enrolled in schools off of the territory has been sent to DIAND. There will be a confirmation list sent to us in the near future for us to double check and adjust if necessary

Adult Education is up and running and with great success. The enrollment numbers have exceeded our expectations, with new people signing up each week. Comments from the students have been very favorable and there have been some students that have completed several courses We continue to supply transcripts for people returning for upgrading

Continuation in researching programs in leadership for our youth. There are currently some programs that are available. The Vision Quest Camp, which is sponsored by the Union of Ontario Indians and covers such topics as: ecology, outdoor adventure and sport, team building and social interaction, career exploration, self-interpretive programs, cultural programming, and holistic learning. The camp usually has two sessions that run in July and one in August. It is held in The Samuel de Champlain Provincial Park, twenty minutes east of North Bay, Ontario. There is an introduction to leadership course in grade ten. This course is designed for students who are interested in developing those skills needed for active involvement in the school and local There is also another leadership course available at the grade twelve level. This is an advanced level course designed for students who would like to develop personal leadership skills and who are interested in exploring career areas related to recreation, physical education and teaching and coaching.

Students at the elementary and highschool are continually encouraged to try out and participate in team sports, whether they be intramural or school teams. They are also encouraged to participate in school clubs and students council. Mr. Eric Anderson has been actively encouraging students to become involved in inter-school sports through coaching at QMS and

As of yet we have not had a Culture Day at Moira, it is usually scheduled for later on in the year. Students were encouraged to participate in the Culture Day put on by Loyalist College, where there was drumming, dancing, crafts and food.

Mohawk language in the secondary school is available from grade nine to OAC and we have had several students graduate with an Ontario Academic Credit in Mohawk language with very high standing.

Continued...

We had contacted Ms Joanna Bedard of the Woodland Cultural Centre and asked if she would be interested in addressing the staff at Moira and talk about the different learning styles of native students. She said that she would be happy to as long as it could be fitted into her schedule. Unfortunately, because of the new education reform, much of the staff meetings agenda has been devoted to updates that teachers need immediately

The grade ten reading test will be introduced next year for all grade ten students and the results will be published. Computers have been purchased to assist students with completing work which will be important in assisting them to be better prepared for this requirement,

We continue to explore reading programs to assist our students in reading and comprehension.

Compilation of the nominal role, finds us tracking students going to schools off the territory, from Junior Kindergarten in public elementary schools and the separate school system as well as students enrolled in regular programs in the public and separate school systems. We also track students that are registered in special needs programs at various schools. We continue to track and report on secondary school students in the public and separate school systems.

Regular weekly meetings for the in-school resource team are conducted and we continue to track students that may be having difficulties in their individual programs and suggest things that can be put in place to make the student successful, things such as extra assistance from the resource room teachers or a change in a particular program. The "in-school team" is comprised of the principal, vice-principal, resource co-ordinator, adult case worker and guidance staff. We continue to try to come up with new and innovative ideas.

Visitation to other secondary schools has continued on an as needed basis. Guidance departments at other schools have gone through some restructuring as well and we will continue to try and change that to regular scheduled visits when it can be arranged.

Work Plan 1999/2000

- Guidance Strategies (attached)
- Grade 7 & 8 elementary guidance program at Quinte Mohawk School
- IPRC process for identifying students for integration into the high school
- Identifying resources to meet special needs of native students
 - remedial programs
 - identification of special resources
- Liaise with FNTI partnering with new or special initiatives as agreed upon
- Connecting with other community organizations
 - Children and Family Services
 - Health Center
- Focus on the value of education by our community
- Gathering of statistics (graduates vs drop outs)
- Continued support and implementation of adult education on territory
- Explore leadership programs, camps and value for our students, elementary school grade 7 & 8, also grade 10 and grade 12 in the secondary system
- Athletics, encouragement of students to become involved when leaving elementary school and also encourage them to become involved in students council and other school organizations
- Promotion and involvement in Culture Day
 - Guest speaker, possibly an elder, or native artist
- Continuing support of Mohawk language in the secondary school
- Search for a guest speaker to address secondary school staff to talk about the different learning styles of native students, possibly a morning or afternoon session of a professional development day
- Computer reading program initiative, all grade 10's will be required to take a reading test that will be published and will impact on the secondary school and its feeder schools
- Partnership with QMS / Moira / FNTI / MBQ with the reading program a site licence would have to be obtained, This program is seen as a pro-active initiative, with a meeting to be convened with all involved
- Compilation and continued monitoring of the Tyendinaga First Nation nominal role
- Continued personal student counselling
- Continued in-school resource team meetings, to track and assist students having difficulties with their individual programs
- Timetable regular visitation to other secondary schools as opposed to an as-needed basis

EMPLOYMENT OPPORTUNITIES

FROM THE EMPLOYMENT DEPARTMENT

NOTICE TO COMMUNITY

The Mohawks of the Bay of Quinte Employment Department will be hosting an FIRST NATIONS SECURITY TRAINING CENTRE INC.

> WEDNESDAY JANURAY 12, 2000 THE MOHAWK COMMUNITY CENTRE

> For your covenience there will be three (3) sessions

- 1. 10:30 a.m.
- 2. 2:00 p.m. 3. 7:00 p.m.

Chris Menary will be here to explain the training program and to answer any questions that

If you are interested in an exciting, challenging career within Security or Law Enforcement

PLEASE PLAN TO ATTEND!!!!!

Refreshments will be available

For more information please contact Karen Brant-Jones and/or Bev Hill Employment Department Mohawk Administration Office R.R.#1 Tyendinaga Mohawk Territory, Ont. KOK tX0 (P) (613) 396-3424





LANDFILL HOURS

Monday - CLOSED

Tuesday - 1:00 P.M. - 5:00 P.M.

Wednesday - CLOSED

Thursday - 1:00 P.M. - 5:00 P.M.

Friday - CLOSED

Saturday - 8:30 A.M.- 5:00 P.M.

Sunday - 9:00 A.M. - 4:00 P.M.

Are you looking to obtain your grade 12?

Now you can do it right here in Tyendinaga!

For more information or to register, Call Cheryle Maracle or Jan Hill at

396-2122



First Nations Security Training Centre Inc.

Centre for Security Training & Management Inc.

Tel: (416) 822-8701 Fax: (416) 822-0749

Supplemental Fax: (416) 822-0749

MOHAWKS OF THE BAY QUINTE

Tyendinaga, Ontario K0K 1K0

Attention: Karen Brant-Jones

Re: Professional Security - Private Investigations Training & Police Foundations

Dear Ma.Brant-Jones,

We are writing this letter to offer our training service, which includes a job, connects employment partnership program available across Ontario. First Nations Security Training Centre Inc. has designed four weeks of protective services certified training program. We have successfully trained 300 native persons and piaced them in employment with First Nations Protective Services Inc. 95% of all students admitted into training were granted certificates and found immediate employment with our industry is heartness. employment with our industry job partners.

Our program, the "Whole Person Training" - a model for success, exclusively trains first nations people whether status, or non-status who are required to complete the most rigorous and comprehensive training in the industry. The course is four (4) weeks long and encompasses 160 hours of in class study and as well as several hours of independent home study.

Course candidates receive both life skills, and professional protective services training. It is this whole person training approach and development that provides the centre with its competitive advantage in the employment marketplace. It has allowed us to break into and succeed in one the most highly competitive industries. Our training has proven to be more job specific and more in-tune with the requirements of the security industry, than that provided by Community Colleges.

Our graduates perform a variety of security and law enforcement functions, including uniformed security guarding, criminal investigations, policing, surveillance, and special event security, in addition, we have identified and are developing a labor pool that has never before been tapped -namely, first nation men and women, who live on reserves and in cities and who rely almost completely for their survival on social assistance. For most a security career or law enforcement career with our partners in employment banks such as First Nations Protective Services is their first opportunity at financial self-sufficiency. This training program is very Services is their first opportunity at financial self-suffic-unique and can not be found at any other centre, or school.

If you require any further information please feel to contact us directly at (416) 822-8701 or (416) 596-0723. We are looking forward to response

Christopher J. Menary

er Christopher J. Mensry
Professional Security & Replective Services Proling
Use of Force, Private Investigations, Events Security, V.I.P., Casino Security

November 18, 1999

Via Fax (613) 396-3627

MOHAWKS OF THE BAY OF QUINTE

Tyendinaga, Ontarjo KUK 1K0

Attention: Karen Brant-Jones - Employment Counsellor

Security Guard, Private Investigations & Law Enforcement Training

I would like to take this opportunity for allowing the First Nations Security Training Centre Inc. and the Centre for Security Training & Management Inc. to work with the band office to promote education, training and a challenging career path in private sector protective services and law

We would like to propose an information day session and night session to work alongside of KAGITA MIKAM - Ron Ireland, and your-self to promote our remote training opportunity. We would like to target the following:

- no education requirements for general security courses
- inust be over the age of 18 years
 - there are no physical restrictions persons with disabilities

The career peth;

- Private Investigations, Loss Prevention, Undercover
- Security Guard Services, Mobile Patrol, Alarm Respo.
- Police or Law Enforcement (required grade 12 for police departments)
- Corrections Federal and Provincial
- Bodyguard and VIP Services

EMPLOYMENT OPPORTUNITIES

EMPLOYMENT OPPORITINGLY

EKSA O'KON': A CHILD CARE CENTRE

BEFORE AND AFTER SCHOOL PROGRAM ASSISTANT

The Assistant will provide educational programs and learning activities for children attending the Before and After program in a team environment under the direct supervision of the Before and After Program Co-ordinator.

Qualifications

Education Requirements:

Graduation from a post secondary program in Early Childhood Education or Recreation Leadership Diploma or Equivalent (by MCSS)

- Knowledge & Experience:

 > Current policies and procedures relative to the operation of child care programs

 Theories and principles related to the provision of children services

Demonstrated Competencies

- Organizational skills
- Ability to work in a team
 Enjoy working with children
- > Requires a sense of humour and good health

Communication Skills:

- | Proceedings of the process of the child centered.

Other Position Requirements:

- ➤ Current First Aid Certificate
- ➢ Current CPR Certificate

- Current CPR Certificate
 WIIMIS Certificate would be an asset
 Satisfactory Criminal Reference Check
 Valid Ontario Driver's License and own transportation
 Must be willing to work split days (Mornings before school and at the end of the school day until parents pick children up) and additional hours as required.

Duties & Responsibilities: Work Procedures

- Planning and providing learning activities and menns for children of various ages ensuring that Policies and procedures of the program are followed.
 Ensuring safe environment for children and staff.
- 3. Ensuring that craft centres are stocked and in place for the program
- 4. May be required to attend meetings, workshops etc. for the betterment of services

DEADLINE FOR APPLICATIONS: FRIDAY DECEMBER 17, 1999 @ 12:00 NOON

To apply, please contact: Bev Hill and/or Karen Brant-Jones, Employment Department Mohawk Administration Office (613) 396-3424 or by fax (613) 396-3627

Note: We thank all applicants for their interest in this positions but only those qualified will be contacted for an interview.

FROM THE EMPLOYMENT DEPARTMENT

The Administration Office requires resumes from applicants to work at the Reception Desk to fill in on a casual basis.

Duties include: Greeting the public, answering telephone calls, taking messages, and typing correspondence.

If you are interested in having your name added to our list for casual employment, please submit a resume to:

> Bev Hill and/or Karen Brant-Jones Employment Department Mohawk Administration Office R.R.#1 Tyendinaga Mohawk Territory, Ont. K0K 1X0 (613) 396-3424 (P)

> > (613) 396-3627 (F)

TRAINING OPPORTUNITY

Casino Careers Training Program F.N.T.I., 314 Airport Rd., rendinaga Territory, Ont. KOK 1X0

A new career for the new Millennium...

Casino Dealer Program

Beginning January 10th, 2000:

Ten (10) Week Program in Table Games Dealer Procedures: Blackjack, Poker, Mini Baccarat and Roulette

Additional program services offered:

mployment application/referral process to casinos A.G.C.O. licensing information and assistance Ongoing support as required

For more information:

Callie Maracle, F.N.T.I. (613) 396-3100 1-800-267-0637 @fnti.tyendinaga.net

Remember if you have an EMERGENCY





The ABORIGINAL MEDIA PROGRAM at the First Nations Technical Institute will provide you with a chance to cover Native issues from a native perspective, using photography, video, radio and written communication skills.

PROGRAM HIGHLIGHTS:



- Two-year college diploma in Print Journalism
- Aboriginal coverage of Aboriginal issues
- Build a portfolio of published materials
- Radio broadcast training
- Video production training
- Internet research and publishing
- Training provided in an Aboriginal community

 \sim Participants may be eligible for financial assistance \sim



First Nations Technical Institute Old York Road Tyendinaga Mohawk Territory via Ontario KOK 1XO

Call Monique Manatch or Michael Asselstine 1-800-267-0637

moniquem@fnti.tyendinaga.net or mikea@fnti.tyendinaga.net visit our website at www.tyendinaga.net/media.htm

RECREATION



DEADLINE FOR HOCKEY SUBSIDY. RECEIPTS ARE TO BE RECEIVED BY DECEMBER 22/99

for more information contact Dar.J.Loft at 396 -3424

The Recreation Committee Meetings are the first Tuesday of every month 7 o'clock at the Administration Office



National Coaching Certification Program. To register for Level 1& 2, contact Brenda Willis (613) 533 - 6289 , Cost - \$65.00 If you require more information contact Dar.J.Loft 396-3424



Silent Auction for the equipment at Karon hiak ta'kie Sports Complex.

Call in your bid to the Administration Office.

deadline: December 17/99 3 items: 2 horse spring riders 1 spring seesaw The first bid is \$25.00 for the horse.

For more information contact: Dar.J.Loft 396 - 3424

VANTE



FRESH, YOUNG AND MOTIVATED MEMBERS WHO ARE PERFORMANCE ORIENTED FOR THE RECREATION COMMITTEE

Please contact Darlene @ 396-3424 if you'd like to be part of this fun crew.



Blue in the Face because you don't know where to meet next!

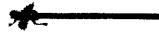
What about Karon hiak ta'kie Games Room ? Tts a Fun Place with a kitchen & lots of parking space. Call for more information Dar.Loft - 396 - 3424

RECREATION

Christmas Trivia Answers



- 1. What was Grandma drinking when she got run over by a reindeer?
- 2. What is Scrooge's favorite two-word phrase? "BAH! HUMBUG!"
- 3. What U.S. city lights the Christmas tree on the Ellipse? WASHINGTON, D.C.
- 4. In "The Night Before Christmas," what type of headgeard does Mamma wear?
- From a religious viewpoint, what is the only holiday considered bigger than Christmas?
- 6. Name the two reindeer whose name begins with a "C". COMET AND CUPID
- 7. What do the first seven gifts from my true love have in common? THEY ARE ALL BIRDS
- 8. What is the name of the most famous Christmas ballet? NUTCRACKER
- 9. What popular Christmas toy was named after Theodore Roosevelt? THE TEDDY BEAR
- 10. According to the Gospels, what did the Wise Men bring? GOLD, FRANKINCENSE AND MYRRH
- What does Alvin want for Christmas?
- A HULA-HOOP
- 12. Who wrote the music for The Nutcracker? TCHAIKOVSKY
- 13. What is the German title of "O Christmas Tree"? O TANNENBAUM
- 14. What film introduced "Silver Bells" and starred Bob Hope?
- THE LEMON DROP KID
- 15. What did the lamb say to the shepherd boy? DO YOU HEAR WHAT I HEAR?
- $16. \ \mbox{What saint brought Christmas to Ireland in the fifth century?} \ \mbox{ST. PATRICK}$
- 17. What three characters sing "The Chipmunk Song"? ALVIN, THEODORE, AND SIMON
- 18. What army do you associate with the kettle? SALVATION ARMY
- 19. In what song do we "take a cup o'kindness"?
- 20. What seasonal plant is Encinitas, California noted for?
- AULD LANG SYNE
- 21. What is the name of Scrooge's clerk?
- 22. What Irish song was a hit for Bing Crosby? CHRISTMAS IN KILLARNEY
- 23. Who wrote A Christmas Carol? CHARLES DICKENS
- 24. What are the three places Scrooge visited? CHRISTMAS PAST, CHRISTMAS PRESENT, CHRISTMAS FUTURE
- 25. What is Christmastide and how long does it last?
- CHRISTMAS TIME,
 FROM CHRISTMAS EVE THROUGH NEW YEAR'S DAY OR TO EPIPHANY (January 6)





Community Ice Rink at the lacrosse box Volunteers & ideas needed.

> Recreation ... working together for a healthier community.

For more information contact: Dar. J. Loft 396 -3424



The Seniors Exercise Program by Dar.J.Loft is completed. Congratulations to the following: Mary Brant Marlene Green Freda Smith

> Verna & Roy Alkenbrack **Shirley Bennett** Gloria Brant

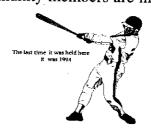
Mary Lynne St.Amanda

Belle Claus (who attended all classes) and received \$2 for each class attended.

> Nia:wen to Tracey Bunnett for the Great Refreshments.

> > Hope to see everyone out next year!

The All Ontario Aboriginal Fastball Championship could be at the Tyendinaga Mohawk Territory for the year 2000 if the Community members are interested.



If you are interested, please call Dar. J. Loft at 396-3424

RECREATION



Exercise for a Healthier You!

An alarming statistic indicates that 60% of Americans do not exercise and 60-90% are not involved in a regular exercise program. This is especially surprising perause exercise can provide numerous benefits: it can improve cardiovascular statess; it can improve muscular endurance; it can increase energy it can around trained to the risk of coronary artery disease; it can alo in weight control; it helps lower cholesterol levels; and it can improve one's sense of well-being and raise self-esteem. In addition, risk factors associated with certain kinds of cancer can be modified by exercise and regular physical exercise can reduce mildly elevated blood pressure over the long term. Before starting or an exercise program, check with your doctor.

Age is no bartier to exercise and its benefits. The more a person exercises, the better his chances to outlive his peers. Exercise contributes to longer life by reducing the effects of growing old. Regular aerobic exercise seems not only to melp preserve beurological functioning into old age, but also potentially to enhance it in older people who had been sedentary. Staying physically active appears to be more important the older we get. Problems of aging, such as increased body fat, decreased muscular strength and flexibility, loss of bone mass, lower metabolism and slower reaction times, tan be mindmixed or even prevented by exercise. Incorporating a relatively modest amount of activity in while was once a sedentary life style derives the greatest surge in life expectancy. Remember, in order to get benefits from any form of exercise, it must be one a long-term habit.

Exercise holps in weight loss and weight maintenance by cuilding muscle tissue. The cary exercise that burns (at is necesse exercise. There is no extended that exercise request of increases appealie. With regular exercise, though, the objects of corner obtains a precise, the partition of the contract of the contract

Aiso, a program of regular aerocic exercise may help cover total cholesterol and makes the EDI ("Toron") immigratoric. Exercise at least three limes a week for thirty ministed a vession to get this benefit. There is a miswback, though. Exercise can affect your blood cholesterol levels by temporarily causing a rise in impresseroi levels, by as much as 10-16%, for up to an bour affect you've stropped exercising. Do not exercise just prior to having a blood cholesterol level test done.

Variety to exercise is one of the keys to staying fit. Mo single exercise adequately outlids all aspects of fitness equally well. Having more than one activity to turn to also keeps exercise from getting monotonous. Cross training allows you to exercise more muscle groups than a single activity would. Start slowly when you begin cross training. The best method is to pair sports that train different parts of the body: swimming with cycling, rowing with funning, etc. Solit the total exercise time between the two activities, such as 20 m.codes each for a 40 minute total workout.

The benefits of exercise can be lost if you stop exercising altogether. If you merely out back, however, you are often able to avoid or postpose the loss of benefit for at least several months.

Some tips for exercising: don't overdo; discomfort isn't necessary ("no pain, no pain," is a myth); use adequate/appropriate footwear; control movements or slow down; watch your form and posture; don't bounce while stretching; avoid high -impact aerobics; warm up and cool down; set realistic exercise goals; start slow and easy; seek convenience; find a support group; and add variety.

Warmind up before exercising is the right and best way to begin; stretching cold miscles can injure them. Regardless of the activity, it is essential to warm up first, then stretch. Warming up gradually increases your heart rate and blood flow, raising the temperature of muscles and connective tissue, and improves muscle function. It may also decrease the chance of a sports-related injury. Warm up tips include: a 5-10 minute warm-up is usually adequate (warm weather less time, colder weather more time); after exercise, cool down, slowing down pradually; in cold weather, warm up indoors before going outdoors and wind up resiling down indoors.

This weather workouts require some allowances for the weather: don't overdress; wear someral layers of loose-fatting, thin clothing; rip up; wear mittens versus plowes; wear a hat or cap; and wear shees that offer good traction and shock absorbtion. Wearm up and stretch inhors; drink plenty of fluids, as much water in the lold as in the heat; compensate for the wind; be on the defensive, remembering shorter daylight, hours, etc.; keep moving; and wear sunglasses and sunscreen.

Always remember: Drink plenty of fluids, especially in hot weather, to replace fluids lost through sweating.

If you are 45 or older, consult your physician before beginning an exercise ptwires. If you are 35 or older and have any risk factors for heart disease requirent chest pain, high blood pressure or cholesterol levels, smoking, or activity, see a doctor. And, at any age, you should consult your physician if you have cardiovascular or lung disease, or symptoms suggestive of these classes.



Nia:wen To the super volunteers who helped with National Child's Day, November 19/99:

Siobhan Stothart & Gladys Bowden Christine Sliwa & Sarah Bernhardt Tracey Gazley & Carol Green Leslie Perron & Tyler Green Tara Green & April Loft Mary Boomhour & Jennie St. Amand Marie Loft & Matt Somerville Crystal Maracle & Kathy Brant The young Mohawk Singers & dancers McMurter's for the Donation of the Clown board



NIA:WEN To the Recreation Committee for the Great Children's Halloween Party ઇ to the Elders Lodge for the donation of money $\ensuremath{\mathcal{G}}$ candy

to the wonderful people who decorated the Community Centre for all the Halloween Parties. Without the Great volunteers we wouldn't be successful.

Dar.J.Loft

Nia:wen to the Youth Services Program. \$251.00 was raised to purchase equipment for the Karon hiak ta'kie Games Room.

> Also Niawen to John Akey for the donation of Arcade Games.



COMMUNITY INTEREST



Family Walk November 20 /99

Congratulations to the following for taking part in the walk. Verna M. Johnson & Carlisle April & Isaiah Amber & Zachary Tracey Gazley & Caleb Councilor Bill Brant & Marilyn Councilor Roy Maracle Brian Isaacs Greg Loft & Dar Scott Maracle & Paul Green

for following with the Fire truck.

Kingston General Hospital Foundation

76 Stuart Street, Kingston, Ontario K7L 2V7 Tel. (613) \$48-2338 FAX: (613) \$48-1354

1999 October 18

Mohawk Bay-of-Quinte Council Tyendinaga Reserve Deseronto, Ontario K0K 1X0

Dear Friends:

On behalf of the KGH Foundation and the Belleville Dialysis On behalf of the KGH Foundation and the Believille Dialysis Clinic, thank you for your recent cheque representing proceeds from the 2nd Annual Arnold J. Brant Memorial Golf Tournament. I know that Dr. Toffelmire, Susan Pine, the staff and patients of the Clinic appreciate your support very

The communities served by the Belleville Clinic have been very supportive of patient care needs in the past, and it is gratifying to see this support continuing.

Thank you, one and all, for your thoughtful generosity

Sincerely

Phil Perrin Vice President (Development)

cc - Susan Pine Siobhan Philips, Chair, Community Resources Committee



We at Hill's Refuse Pick Up would like at this time to extend to family, friends and customers and the community a Very Merry Christmas & a

Healthy and Prosperous New Year!

Thank You for your Patronage!

Eleanor Hill & Staff

Nia:wen Kowa

For your warmth, loyal support and the honour and privilege of serving you in our tenth season together! Also thank you for your support to Kwe Radio.

> Bill Parry (Your Bookman)

Happy Birthday! Ruby D.

(a.k.a. Yapping Bean) Dec. 19

Love Brad & the Tribe

Happy Birthday Babyl You are 6!

Keelan Dec. 10

Love Mommy & Daddy

Menny Christmas & Happy New Year!

Granny & Pop

From Nikolas, Shelle & Kevin

Happy Binthday!

Mom

Dec. 23

Love Brandy

Happy 2nd Binthday!

"Babin Rye" (Riley)

Dec. 9

Love Mommy, Daddy & Cole

Happy Birthday!

Aunt Kim

Dec. 23

Love Cole, Riley, Kyle & Kaitlyn

COMMUNITY INTEREST

<u>Ni</u>a:wen Notice

The Mohawk Singers wish to thank everyone who supported the November 27, 1999 Food Bank Benefit Concert. The concert was a great success.

The church was full, the fellowship was great and the musical program was most entertaining.

A sincere appreciation is extended to all of the performers, the corporate sponsors. Reverend Cheryl Watson, and Reverend John Maracle, the congregation of Christ Church for a beautiful job of decorating the church, the people who donated desserts and everyone who purchased

A sum of \$1,645.00 was raised to assist the Mohawk Food Bank to purchase turkeys for the Christmas sharing program. Your generosity is most appreciated

Nia:wen The Mohawk Singers

We would like to thank our entertainers for the evening Rev. John Uttley, The Empressions (Conductor David King & Pianist Ellen Meyer)

Michael Burton, Dean Batstone, Mark Powney and Linda Garner.

We gratefully acknowledge corporate donations to offset concert expenses from the following:

Union Gas Kingston Tribal Custom Insurance J.M. Seven Seas Travel Ltd. Quinte Mobile Concrete Services Ltd. Stan Fergusson Fuels Ltd Wilkinson & Company Chartered Accountants Bank Of Montreal B.N.E. National Trust Company Royal Bank Napanee Superior Propane Nedco Ltd. Belleville Canadian Imperial Bank of Commerce Don Maracle, Chief **Black Diamond Cheese** Shoppers Drug Mart McDougall Insurance Thurlow Aggregates Lons Memorial Kelly's Drug Store Burnetts Plumbing Santin Construction Co. Ltd. Greer Galloway Engineers Ltd. Heartland Environmental Design

Due to the Holidays the Deadline date for Newsletter is Friday, Jan. 7 at noon 396-3424

Bulk Barn Trent Valley Distribution

Thank You!

I would like to thank Bev Hill and Karen Brant-Jones of the MBQ Employment department for their assistance and support in helping me to obtain my S-100 Forest Fire Fighter certification. I recently attended the weeklong course at Fleming Training Services in Lindsay.

CARE AND AREAS FAIRED.

Niawen Jeremy Parkin

STATES OF STATES

Thank You!

Mohawk Pentecostal Church

The staff of the Tyendinaga Home Support Program along with the seniors of the community, would like to take this opportunity to thank everyone at the Mohawk Pentecostal Church for their on-going generous donations of delicious desserts for our Diner's Club. The seniors really enjoy all of the desserts and the various dessert choices.

Thank You!

Sincere thanks and appreciation from Myrtle and Narda Iulg for the help in moving into our new home in the middle of the night. Thanks to Ryan Barberstock, Dave Leafe, Dick, Will, Adam and Jeff Brant. Also thanks to Sally Brant and Bonnie Miller for their wonderful house-warming gifts.

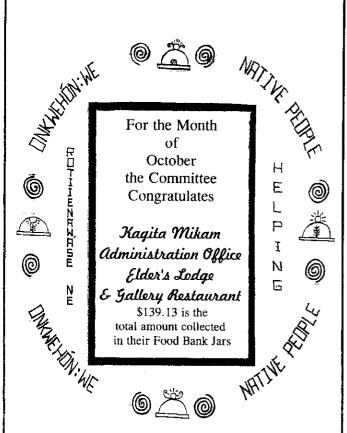
Mom would love visits from family or friends at her home. #120 Huron Brant Drive (396-3863)

Thank You!

We would like to thank Richard "Dick" Brant for driving Carlisle to Napanee hospital and then onto Kingston in our emergency situation..

> Your kindness was greatly appreciated.

> Verna, Gordon & Carlisle



WOHRWKS OF THE BHY OF GITINTE FOOD BANK

The Food Bank Committee wishes to thank all businesses and offices who assist us in our Food Bank Jar Collection. Thanks to:

Aboriginal Expressions Bayview Variety Roxanne's Place TMT Sports Tyendinaga Computer Kagita Mikam Family Services York Rd. Restaurant Ward's Gas Bar T.M.T. Police Services B. & M. Variety Quinte Mohawk School Ka:hniote Library Thayendanega Health Centre

Mrs. Herbs Restaurant F.N.T.I.Administration Office Chief's Inn Restaurant Chief's Inn Store Turtle Island Crafts McMurter Home Centre Native Renaissance II Maracle Mohawk Gift Centre Miracle Food Mart Shirley's Variety Native Expressions Pat's Variety Deseronto Foodland

The Foodbank would like to thank everyone who bought a ticket on our Afghan Rafffle. The Winner was Leon Sleeper of Banchoft Nia:wen

Ka:nhiote Craft Night! Library Thursday, Dec. 9 \$15.00 (All materials provided) Call: 967-6264

Wishing Everyone a Safe and Happy Holiday Season! Thank you for all the support shown to Kanhiote since we began in 1990!

機関連を対象がある。 本本が表現を対象には、これが、国際のは、対象が対象がある。 大学の表現を対象には、これが、国際のは、対象が対象がある。



Deadline for the Next Newsletter is Friday, Jan. 7 /2000 Call: 396-3424

On Wednesday November 17, 1999 Mrs. Mr. Anderson's class went to a Racing Against Drugs Program sponsored by local and provincial law enforcement agencies and related heath agencies. We participated in an action packed two hours of programming which educates teachers and students alike about exciting drug-free, healthy lifestyle choices. The Kingston Regiment hall was decorated and set up to look like a NASCAR race track, with 20 stations or "pit stops" for us to go to at 10 minute intervals.

intervals.
For the first hour and a haif we moved around to each pit stop. These pit stops were supposed to encourage us to be drug-free, and to have healthy lifestyles. Each leader at the different pit stop had a positive message, and gave us information, as well as a little game. In one group we were showed how drugs and alcohol effect our eye and hand coordination. Another group informed us on ways that how drugs and alcohol effect our eye and hand co-ordination. Another group informed us on ways that would help us decide what's right and wrong for us. We even got to see what happens to passengers in a car driven by a drunk driver, in a roll over. Each group had 4 people to race little NASCARS around the track. Mrs. Green's group (Raterennotos, Erin, Trevor and Allyssa) made it to the finals. W came in second. There were about 9 other Kingston area schools.

area schools.

By going to this program and learning the dangers and consequences about drugs, alcohol, and smoking, I feel we are better equipped to decide what's right when we are posed with these choices. We would like to thank everyone who made such a positive impact in our life.

Jennie is in Grade 6. She is the daughter of Jane and Darrel. She enjoys gymnastics, drawing, reading and writing stories. She is not fond of cleaning up room, avoids soccer and has an aversion for cooked carrots.

UPCOMING EVENTS

UPCOMING EVENTS AT THE ORANGE LODGE

CHRISTMAS DINNER & DANCE

Saturday, Dec. 11 Dinner at 6:30

Music by Corduroy Rd.

\$12.00 Per Person (Advanced Tickets Only)

Call: 396-1059



EUCHRE NIGHTS

Every other Wednesday at 7:30 p.m.



BINGO NIGHTS

Every Friday at 7:00 p.m.

MONTHLY DANCES

(January dances will be cancelled.)

8:00 p.m. - 12:00 p.m.

\$7.00 per person includes lunch.

1st, 2nd and 3rd Saturday of every month.



Christmas is coming along with some fine choral music from the voices of Command Performance. Directed by Don Mowat, with accompanist Angle King, the choir will perform a range of music for the season and give audiences an opportunity to join in on some familiar Christmas carols.

The concert is at 7:30 pm, Sunday December 12 at St. Mary Magdalene in Picton, Admission: \$8 adults, \$4 children. Proceeds will support the local Children's Aid Society, Food Bank and Salvation Army.

Info: Wayne McNulty (613) 399-5392

MOON CEREMONY





"All Women Welcome!

Where: Red Cedars

When: December 22 @ 6:30 p.m. Please wear a dress and bring water. Bring tobacco and cloth with you (if you have it).

Any questions call: 967-2003

Potluck After the Ceremony.



DINNER THEATRE Presented by the Kanata Native Dance Theatre

with Special Guests: Santee Smith & George Leach Dinner Theatre Tickets ~ \$35.00 per ticket

December 10 - 12; 16 - 19, 1999Dinner by FAMILY TRADITIONS CATERING

Book Now for the Holiday Season WOODLAND CULTURAL CENTRE, 184 MOHAWK ST., BRANTFORD, ON (519) 759-2650 EXT. 241



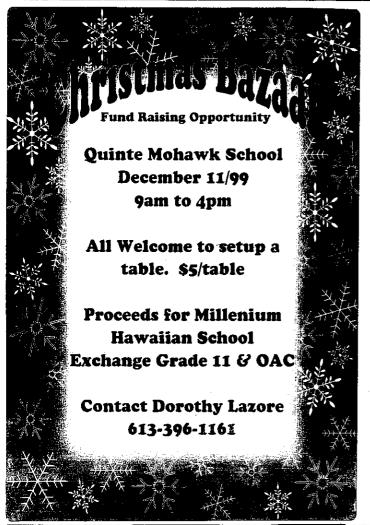
Due to Holidays the Deadline date for the Newsletter Friday, January 7 at noon 396-3424

Next Museum Meeting

Jan. 10/2000 7 p.m. - 9 p.m.59'ers Building Hwy #2

All are Welcome!!

UPCOMING EVENTS





Santa is Coming!

All Children will be receiving a small gift.

Together, the Tyendinaga Mohawk Food Bank and Tammy and Kelly Adams would like to Announce

Our 4th Annual Santa's Village

(On the Beach Rd. just outside of Shannonville)

"Saturday, Dec.11" 6 p.m. - 8 p.m.

Non perishable food items would be greatly appreciated as a donation.

All are Welcome!!!

Spirit Alive T.V. Ministry

Extending a Native Christian Voice of Asperto the Cities and Urban Areas of our Nation!

We invite you to an Open House at our Headquarters on 303 Airport Road, Deseronto

December 16 & 17, 1999

We will have coffee and dessert; take a tour of facilities; meet the Staff and Director of Spirit Alive; receive a free cassette tape.

The Spirit Alive program can be seen Sundays on CKWS at 7:00 a.m.
Saturdays on Vision TV at 6:00 a.m.
Thursdays on Vision TV at 6:30 a.m.

Please write to us or email us at P.O. Box 280, Deseronto KOK 1X0 __Phone: 396-1435 Fax: 396-2555 Email: spiritalive@sympatico.ca





Christmas Eve Dec. 24 Church Services

The Anglican Panish of Tyendinaga

Dec. 12 - Turkey Dinner

Mohawk Community Centre

Tickets required

Dec. 15 - Advent Service, St. Marks Gospel part 3 followed by contemplative workship using the music of Ruth Fazel, All Saints 7 p.m.

Dec. 19 - Service for Bereaved - All Saints 4 p.m. (For those who lost a loved one)

Dec. 22 - Advent Service

Candlelight service of Nine Lessons and Carols, 7 p.m.

Holy Trinity Shannonville

Christmas Eve

* Holy Trinity Church Shannonville 6.00 p.m.

* All Saints Church Tyendinaga Territory 7:30 p.m.

* Christ Church Tyendinaga Territory 9:00 p.m.

Gallery Restaurant

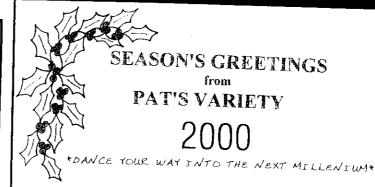
Lic. L.L.B.O. Located above Native Renaissance II (Highway # 2 and # 49)

New Years Eve 2000

\$15.00 per person & \$30.00 a couple Dance & Buffet, D. J. 10:00 p.m. Buffet & 12:00 Champagne For Tickets call 396-3729.

Daily Specials & Buffet Friday & Sunday Open 11 to 8 Seniors 10% Discount (Always) Board & Banquet Room Available

Operated by the Hill Family



KANATA HALL

DECEMBER 31, 1999 AT 8:00PM

LIVE BAND! LUNCH! PARTY FAVORS! FIREWORKS!

ADVANCE TICKETS

AVAILABLE AT PAT'S VARIETY UNTIL DEC. 13/99 (SEATING IS LIMITED) 396-137*2*

\$20.00 PER COUPLE

B.Y.O.B.



Dance and Buffet

First 50 people receive a special Millennium gift

Great Door Prizes

\$16/single \$30/couple

Mohawk Community Centre December 31, 1999 8 pm - 2 am

Entertainment by "Line Drive"

Sponsored by Tyendinaga Recreation Committee

Tickets now available! For more information please call Darlene Loft 396 - 3424

Due to Holidays the Deadline date for the Newsletter Friday, January 7 at noon 396-3424



IMPORTANT NOTICE Tyendinaga Home Support Christmas Diner's Club

riday, December 10 at the Mohawk rtainment. Dinner will be served at 5:00 p.m. with and refreshments will be available throughout the ning. We will have door prizes and spot dances. e is no charge to attend but a donation of a non perishable food item for the Tyendinaga Food Bank would be greatly appreciated.

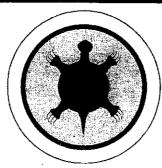
you would like to attend and are in need of ansportation, please call Tracey at 967-3603





UPCOMING EVENTS

Cultural Awareness Sessions



This 36 hour course with

Katsitsiaseh (Betty J. Maracle)

is for Tyendinaga residents and staff at Loyalist College. Non-native spouses are very welcome to attend

Iroquois examples will be shared to show the richness of indigenous cultures.

Wednesday evenings, from 6:30 to 9:30 p.m. January 12 to March 29, 2000 (12 sessions)

at Betty's home, 6 Bayshore Rd. (southeast corner of Bayshore & #49)

FREE (sponsored by The Aboriginal Resource Centre, Loyalist College)

Upon completion, participants will receive a Continuing Education Certificate.

For further information, contact Katsitsiaseh (Betty) at 396-3103. To register, call Katsitsiaseh as above, Carrie at 969-1913, ext. 250 or il McDonald@LoyalistC.On.Ca

Ceramics Classes



ALL WELCOME Youth are specially encouraged.

Thursdays, 7 to 9 p.m. December 9 and 16

(starting again on Thursdays in January)

At Katsitsiaseh's (Betty J. Maracle) 6 Bayshore Rd. (s.e. corner of Bayshore & #49 Highway)

NO Course Fee (cost of materials only)

For more information, call Katsitsiaseh (Betty) at 396-3103.





find it online at

quinte.on.ca

WEEKLY

- shopping arts & entertainment
 recreation real estate services
 business & community directory

Ohahase Adult Education * Logo Contest *

We are calling all talented artists of Tyendinaga and surrounding areas!

The Adult Education Program is looking for a logo that will depict what our program is about. We are an Adult Education Facility that is geared to helping people between the ages of 16-120 receive their grade 12 diploma.

We are asking that each entry include:

- our name Ohahase Adult Education

Ohahase is a Mohawk word meaning New Road and is pronounced Oh-ha-ha-zay. This name was given to us by Sherry Procunier, Nia:wen Kowa Sherry.

We will be offering the following prize money:

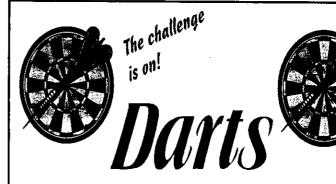
- 1st Place \$150.00
- 2nd Place \$100.00
- 3rd Place \$50.00

We will take any logo created by anyone regardless of age. All entries will be judged by the Ohahase Student Body who will make the final decision.

All entries must be mailed or dropped off here at First Nations Technical Institute, Attention: Cheryle Maracle or Jan Hill, by the deadline date, January 21, 2000. Please include your name, address, phone number and age.

Chervle L. Maracle Ohahase Adult Education Co-ordinator / Intake Worker 613-396-2122

cherylem@fnti.tyendinaga.net



The Karon hiak ta'kie Sports Complex Games Room is " OPEN " on Sundays for Darts 2 p.m. - 5 p.m.Cost - \$2.00

For more information call Dar. 1. Loft 396-3424

CLASSIFIED

FOR RENT

- 2 BEDROOM HOUSE
- Kitchen, Bath & Living Room
- Available Nov. 1/99

CALL: Pat Brant 396-1372 or 396-2123

FOR RENT

STORE SPACE

400 sq. Ft.

FOR MORE INFORMATION CALL: Pat Brant at 396-1372 or 396-2132

* FREE *

- To a good home!
- Part Lhasa Apso & Chihua hua
- Spaded & all has all needles
- Ask for Patsy or Christa after 6:

FOR SALE

DINING ROOM SET

- 3'X5' glass top table with black Pedestal
- 6 chairs with white upholstery and black Call 969-1315
- \$200.00

CALL: 969-9568

FOR SALE

86 FIREBIRD

for sale or will trade for a small truck

- " ELECTRIC RANGE white with black door
- \$250.00 or Best Offer

For more information please call: 396-5364

FOR SALE

SMALL HOUSE

- located on the beach road In Shannonville Lot size Approx. 1/2 acre
- For more details call: 969-7843

FOR SALE

- 3 BEDROOM HOUSE
- bungalow
- located on Beach Rd.
- separate storage garage
- cental air
- new water and septic system
- I acre

Please call: 966-0642 after 5 p.m.

FOR SALE

- 1 MEAT/VEG. COOLER
- 1 COKE COOLER
- 1 SOFT SERVE ICE CREAM MACHINE
- Please Call: 396-2018

FOR SALE

SONY CAMCORDER

- rarely used
- like new, accessories included

Call Sam at 962 2439

FOR RENT

- 2 BEDROOM LOWER APARTMENT
- located on the Airport Rd
- 1st & Last Months Damage Deposit required

FOR SALE

WATERFRONT LOT

- located on Cedar Glen Rd.

For more information contact Sam Maracle at 962-2439

FOR SALE

1990 CHRYSLER DAYTONA

- 2 door
- Power windows, locks etc.
- \$1500.00 or Best Offer

Call: 396-3708

* RENTAL *

As of Oct. 1/99 any person or group wanting to use the Common Room located in the Elders Lodge please contact the following people:

Bob Lambert at 396-5862

or Ike Brant at 396-1676 (Leave a message)

FOR SALE

BUILDING LOTS

- 100' X 150' lots
- located on the south side of Hwy #2 west of Deseronto and just east of church lane
- lots are fully serviced with water and sewer and natural gas

For more information call: 613-396-2097

DAYCARE AVAILABLE

- Before and after school daycare available beginning September 1999
- Healthy breakfast and afternoon snack provided
- Outside play every weather-permitting day in my fenced-in play area (swings, slide, sandbox, climber, wading pool)
- Non weather-permitting days in my child-safe daycare area (toys, games, activities, crafts)
- First Aid/ C.P.R. Certified
- Excellent references

Shari Maracle: 396-3077

FOR RENT

APARTMENT FOR RENT

- located in the village of Shannonville
- cozy 1 Bedroom upper apt.
- cable T.V. Hook up available
- freshly painted, some new flooring
- new refrigerator, with stove included
- rental fee \$400.00, includes heat & Hydro off street parking with use of back
- 1st and last months rent along with
- AVAILABLE IMMEDIATELY
- Call: 396-3957 or leave a message

FOR SALE

PEGO HIGHCHAIR In great shape

Please call Greg Loft: 962-9375

* FREE *

- KITTENS TO A GOOD HOME
- litter trained
- all different colours

CALL Lorraine Brant 396-6522

HOUSE FOR SALE

- BEDROOM HOUSE WITH SMALL BARN 2 level frame
- no major expeditures required to
- new windows, furnace & water
- gas & wood hear
- town water
- 100 amp. Service lot size is 1.42 acres with 156' Of frontage on Hwy # 2
- located on north side of hwy # 2 Adjacent to the town of Deseronto Boundry
- option to purchase additional acres
- asking \$78,000.00

Contact: Sharon or Richard Maracle At 396-1879

MILL TOWN MEATS

- Corn Fed Beef
- **Ouarters & Half Cuts of Beef** Wrapped & Frozen Individual pieces sold at home AAA Beef

ke your own Soup! Lyed Corn, Beans, Special Pork!

Call: Glenn Hill 962-5470

FOR SALE

BUILDING LOT

- 150'x (negotiated depth)
- located I klm east of the Community centre
- south side of the road
- across from the ball field
- property has been checked for
- Call Don Brant: 396-2424 For more information

* LOST *

- Silver Zippo Lighter Lost around the Bay Shore park
- has sentimental value and would greatly appreciate it's return

Call 396-2069 and ask for Skin

Do you have something to sell? Advertisements in the classifieds are free! Give us a call at 396-3424

COMMUNITY BUSINESSES

- * POLE LINE CONSTRUCTION
- * BASEMENTS, DRIVEWAYS
- * HAULAGE
- * SEPTIC SYSTEMS (M.O.E. LICENCED)
- * WATER WELLS (M.O.E. LICENCED)
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* FREE ESTIMATES *

969-7430 FAX: 969-7405





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888 York Rd. Tyendinaga Mohawk Territory

Hair Styling for the Whole Family

- Eyelash & Eyebrow tinting
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Gift Certificates Available! Gift Baskets! Manicure & Pedicure Parties Available!

Great Savings on all Joico, ISO, OPI, Hair & Nail Care Products!

Call for appointments!

Diane Maracle 967-4722







40 Frankford Crescent, Unit 15, Trenton

Tel: 1-613-965-6980 • Fax: 1-613-965-6976



Book Now for your Holiday Parties!

December Specials - Purchase 2 waxing services &

receive 3rd Service of equal or lesser value "FREE" Manicure & Pedicure Special - Purchase both and

receive \$5.00 Off.

The Deadline for the Newsletter is Friday Jan. 7/2000 at noon Call: 396-3424

Silverbear Design

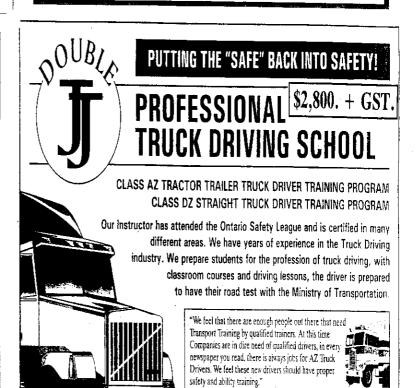
Clothing for your *Native* lifestyle. Fine Dressmaking and Design with an emphasis on winter wear and plus sizes.

Narda can create a perfect outfit for any holiday, vacation, birthday, anniversary or wedding occasion.

We also specialize in coats, jackets, hats mittens, vests, skirts regular and ribbon shirts. Ribbon dresses and buckskin outfits.

If you would like to participate in sewing lessons for the beginner or intermediate stages in the new year,

Please feel free to call 613-396-3863



PAGE 26

COMMUNITY BUSINESSES

Invites YOU to VISIT our new location on

Hwv #49 and Slash Rd

Tyendinaga Mohawk Territory

- New Home Construction
- Additions
- Interior Renovations Hardwood Flooring Drywall
- Exterior Renovations Roofing Decks Siding, Soffit, Fascia

Professional Home Designs and Plans

Form-a-Drain Products

for free estimates. Call Today!

(613) 396-1259

BUILD-ALL CONTRACTORS

MW #2 9/2-1315

FOR REASONABLE RATES & FREE ESTIMATES ON:

- DESIGN/ BUILD CUSTOM HOMES
- COMMERCIAL BUILDINGS
- RENOVATIONS
- BASEMENTS
- AAB WALL SYSTEMS
- DRIVEWAYS
- EXCAVATION
- SCREENED TOPSOIL, SAND & GRAVEL
- HAULAGE
- CONTAMINATED SOIL REMOVAL
- LICENSED SEPTIC INSTALLER
 LICENSED WELL CONTRACTORS

ONTARIO NEW HOME WARRANTY PROGRAM

CALL TOM MARACLE AT 969-1315





Honourable Lyle Vanclief P. C., M.P. Prince Edward-Hastings

Minister of Agriculture & Agri-Food Canada

55 South Front Belleville Ontario K8n 5P4

PH: 969-7466 FAX: 969-7084

Due to Holidays the Deadline date for the Newsletter Friday, January 7 at noon

396-3424

RALPH'S AUTO GLASS

* Over 25 Years Local Service *

Ralph Sero Box 89-88 Seros Rd R.R. #1 Deseronto, Ontario **K0K 1X0** (613) 396-1351

Windshields Glass & Repairs Auto Door Shop & Mobile



Free Estimates!

- Insurance Claims
- Domestic Auto Glass
- Foreign Auto Glass
- Construction Equipment Glass
- Truck Accessory Products

BayShore Nowers & Gifts! Teleflora Wirins Al Occursions ricative Floral Pesigns service Meshe Silk . Dried (File Baskets (613) 396-3260 Jeona Mardcle Rayshore Road, Deseronto Designer Fax: 396-3665 For Your Special Occassion, Place your orders for the treshest Annangements & Roses ahead of time!



COMMUNITY BUSINESSES

BRANT'S BAKE SHOP

396-2832

Fresh Homemade

Bread, Buns, Pies, Cookies, Tarts, Donuts, Birthday Cakes Too! Made Daily



Open Daily: 10:00 a.m. - 5:00 p.m. Sundays: 12:00 noon - 5:00 p.m. Closed Mondays

Brant's Bakery located on the Slash Road next door to Norman Brants or West of 49 Hwy. Tyendinaga Mohawk Territory



Now Taking Christmas Orders! Place your orders by Dec. 21 Merry Christmas & Happy New Year



FACIALS MANICURES WAXING

MEN & WOMEN'S STYL

396-5360

Now Booking for the Holiday Season!

15 - 40% off Jewelry & Gifts



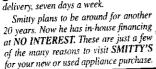
324 Main St. Deseronto New Location, Same Great Service

"The Only Place To Go" Smitty's Warehouse **Operation** BEST

BEST

GUARANTEE For <u>NEW</u> or GOOD <u>USED</u> Appliances

Smitty has been keeping customers happy for 20 years in the appliance business. This proves Smitty has the BEST PRICE, SELECTION, GUARANTEE, QUALITY & SERVICE PLUS same day delivery, seven days a week.









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R.W. (Bob) Vrooman CFP. CLU, CH.F.C. Certified Financial Planner 475 Palace Rd. Napanee Ontario K7R 1A5 Napanee 354-2726 Belleville 968-6449

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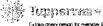


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