



MOHAWKS OF THE BAY OF QUINTE



KENHTEKE KANIENKEHA

ISSUE 12/11
Tsyothorha (Dec.)

ORI:WASE (News)

We are on the web www.mbq-tmt.org

'Tis' the Season for Giving.....

TYENDINAGA
FOOD BANK

Please help us in our efforts
to ensure ALL families in
our community are able to
enjoy this holiday season!

Look for donations boxes
in many MBQ offices!

The office will be **closed** on
Friday, December 23rd 2011

at 12 p.m. & will **reopen** on
Tuesday, January 3th, 2012 at 8:30 a.m.

ATTENTION COMMUNITY MEMBERS: WATER COMPANIES; BUYER BEWARE

The Mohawk Administration Office does not endorse or promote any water treatment company selling their product through community door-to-door canvassing or advertising.

Should any company provide solicitation on your property and advise homeowners their product was pre-approved by the Band Office/Administration Office please note, this is false information.

If you choose to allow the company access to your premises and allow the company to provide information regarding your water quality, that is your choice as the property and homeowner.

The chemical makeup of each water supply varies; not one product is right for everyone's various types of water supply. Always remember water companies visiting your property have invested interest in you purchasing their product and in most cases sales people can be very convincing. MBQ can test many parameters of water quality to verify the water's safety and/or make recommendation for remedy.

If you wish to have your water tested for various parameters please contact the Water Department within the Administration Office to arrange an appointment at your convenience at no cost to homeowner. Each situation may require further details for each water analysis.

If you have any questions or require further information please feel free to contact Liz or Crystal at the Mohawk Administration Office at 613-396-3424.

Nia:wen.

**Infrastructure Department
Waste Depot Casual, Part Time Position**

The Waste Depot Casual is directly responsible to the Environmental Technical Services Officer, to provide a drop off area for Large Items, Household Hazardous Waste, Steel, Tires, Electronic Waste, Used Oil, and Fish Remains for Tyendinaga Community Members. 16 hrs/week

Essential Qualifications:

- ◆ High school Diploma required
- ◆ MUST be a self starter
- ◆ Experience working in unfavorable conditions
- ◆ Successful candidate will be required to provide a satisfactory Criminal Reference Check

Desirable Qualifications:

- ◆ WHIMIS,
- ◆ Health and Safety Course

Knowledge:

- ◆ Knowledge of Household Hazardous Wastes
- ◆ Knowledge of the Electronic Waste Programs
- ◆ Knowledge of the community

Skills & Abilities:

- ◆ good organizational skills
- ◆ excellent interpersonal skills and an ability to work within a team environment
- ◆ excellent verbal & written communication skills
- ◆ High degree of initiative and self-direction
- ◆ Must be able to work independently
- ◆ Courteous, positive and helpful attitude
- ◆ MUST be of aboriginal decent
- ◆ High level of confidentiality, tact and discretionary capabilities, high energy level

Duties & Responsibilities: Work Procedures

- ◆ Ensure that the depot is opened and closed at the approved times
- ◆ Supervise and direct the disposal of waste in the designated areas
- ◆ Ensure by visual inspection and/or conversation with the community member to ensure that only approved refuse is disposed at the depot
- ◆ Refuse to accept waste from outside the Territory or of a type not approved for disposal
- ◆ Maintain the depot free from litter
- ◆ Maintain a log indicating time and date of operation, the approximate quantity, and description of waste brought to the depot, and any other pertinent details
- ◆ Ensure that the directional signs at the waste depot are correctly placed and if require to obtain additional signs so that disposal occurs in the designated areas
- ◆ Perform a weekly inspection of the depot to determine if any repairs or any other routine maintenance is required
- ◆ Maintain a log of any complaints
- ◆ Carry out any other duties as directed and assigned by the Environmental Officer

DEADLINE FOR APPLICATIONS:**December 19, 2011 12 NOON****Application or requests for information can be sent to: Reception**

Mailing Address: 13 Old York Road Tyendinaga Mohawk Territory K0K 1X0	Email: reception@mbq-tmt.org	Fax: 613-396-3627 Inquires Please call: 613-396-3424
---	--	---

Note: *Eligible candidates for an Internal Posting are members of the Tyendinaga Mohawk Territory.
We thank all applicants for their interest in this position but only those selected for an interview will be contacted.*



Merry Christmas, and have a safe and happy New Year from the Employment & Training Department, Mohawks of the Bay of Quinte.

Please watch for information in the near future for the upcoming "Career Fair" in Tyendinaga Mohawk Territory.

Also, as a reminder, a work station is available at the Business Centre, located in Shannonville, ON at 14 York Road.

You will have access to the different job banks, internet, and help with your resume. An updated software program, Professional Resume Maker has been installed on the workstation computer for your convenience if you wish to create or revise your current resume.

Thank you.

Sandy Sero, Mohawks of the Bay of Quinte
Employment & Training



Trustee Report for November 2011

On November 2nd, Director Rob McGall and Superintendent Trish FitzGibbon presented the Mohawk Territory Student Achievement Report 2011 to Chief and Band Council and members of the Tyendinaga Education Committee. The report was composed of data that is indicative of how our Native Students are doing in the HPEDSB system in a number of areas. This report will be reviewed by the Tyendinaga Education Committee and recommendations will be made regarding how Hastings Prince Edward District School Board and Band Council including TEC can work together to insure that our Native Students continue to be successful. I will report further on this as more information becomes available.

The Aboriginal Education Steering Committee continues to meet and share information relevant to bringing more cultural awareness and programming to all schools of the Board. There continues to be a strong effort put forth by Aboriginal Education Coordinator Troy Maracle and his team composed of teachers and community representatives to support the Aboriginal Education Program. We look forward to more exciting events to be offered in HPEDSB schools this year.

The Circle of Light Conference was again a success with excellent key note speakers including Susan Aglukark who spoke about her experience in dealing with success and fame in the area of music and being a role model for all Aboriginal (Inuit) people; Joseph Boyden who is a writer of Aboriginal (Métis) origin and has received a number of awards for his collection of stories and novels which continue to be best sellers in Canada and Internationally. Both brought a very positive message to all participants of the conference.

Hastings Prince Edward District School Board was also represented in presenting two workshops, with Troy Maracle, Aboriginal Education Coordinator, presenting on a Professional Learning Community Panel and Tyendinaga P.S. Principal Sue Case and her team presenting a workshop entitled Collaborative Inquiry Learning in Mathematics: Supporting Aboriginal Learners. Quinte Mohawk School was also represented with Principal Kathleen Manderville and Vice Principal Joe Brant presenting a workshop entitled Honouring the Language, Honouring the Culture. All workshops were well attended and well received.

For more details of Board and Committee meetings please go to the Board Website hpedsb.on.ca Board and Committee meetings.

Remember, if you have any comments or concerns, please call me at (613)962-3595 or email me at mbrant@hpedsb.on.ca.

Respectfully submitted

Mike Brant, Trustee HPEDSB, representing Tyendinaga First Nations.

COMMUNITY INFORMATION SESSION

on

Indian Registration, Band Membership and Citizenship

Tuesday, December 13, 2011

7:00 p.m. – 9:00 p.m.

Community Centre (upstairs)

For more information, please contact Keith Sero at 613.396.1912
or via e-mail at keithsero@kos.net



MOHAWK FIRE DEPARTMENT

The Mohawk Firefighters in November responded to 7 calls:

- 1 Natural Gas Leak**
- 1 Hydro Pole Fire**
- 1 Medical Assist**
- 2 Motor Vehicle Accidents**
- 1 Rubbish Fire**
- 1 Auto Alarm**

This brings our total to 93 calls for the year 2011



MOHAWKS OF THE BAY OF QUINTE
ECONOMIC DEVELOPMENT AND EMPLOYMENT OFFICE
PRESENT:

December 2011's Business of the Month

TYENDINAGA
COMPUTER SALES & SERVICE

*Santa's first stop is Tyendinaga
Computers, yours should be
too!*



5521 Old Hwy 2, Shannonville, ON 613.966.9522 www.tyendcomputers.com

The Economic Development Office is proud to present Tyendinaga Computer Sales and Service, who are also known as "the satisfied customer specialists", as December's business of the month.

Tyendinaga Computer Sales and Service is located on Highway 2 and is owned and operated by Marlin Brant.

Tyendinaga Computers has a great selection of televisions, desktops and laptops, plus all the accessories you would need! They are also a great location to fulfill your satellite needs.

For all your technology needs, make Tyendinaga Computers your first stop!

Hours of Operation

Monday to Friday

9am—5:30pm

Saturday

9 am—4pm

Sunday

Closed

OFFICIAL CARRIER OF

BELL SATELLITE AND
XPLORENET

Support Local Business

Upcoming events for business owners!

12/15/11-Small business and the web (Belleville)

1/18/12-Queen's Law Clinic (Prince Edward County)

1/31/12-Small Business and the web (TMT)

2/15/12-Blog Workshop (TMT)

Registration required, please call Kelly or Renee at 613-968-1122

She:kon, my name is Renee Barnhart-Brant and I am happy to announce that I am the new Business Development Worker. My role will be to assist all the local business, in various ways. This means that any questions or concerns you have with your business, you may direct to me. If you are interested in making your entrepreneurial dreams a reality, I would be delighted to assist you in the process.

Another element of Business Development Worker position is to assist businesses in seeing the link between tourism and their business. We have a perfect location to draw people from many directions, so we're going to find ways to attract them, giving them tools to let them know why they should be stopping and eating, shopping, and more in Tyendinaga.

If you have any ideas on how you would like to attract more people to the area, please feel free to contact me at 613.968.1122 ext 130 or reneeb@mbq-tmt.org.

Believe in love. Believe in magic. Hell, believe in Santa Claus. Believe in others.
Believe in yourself. Believe in your dreams. If you don't, who will?

-Jon Bon Jovi

MARKETING AND YOUR BUSINESS

December's Tip

It sounds easy, your mom taught you to do it.... Say Thank You!

By thanking your customer you have appreciated them, you have engaged them, you make them feel special and they will want to come back! Write them out personally and mail them!

Be real!! Be sincere!!! This will enhance your word of mouth marketing, people cannot wait to tell their friends! Not a big expense, but there are big rewards!

Merry Christmas to TMT's Businesses from the Economic Development Department
We hope that you can take part in our business luncheon



Who: TMT Businesses

Where: Community Centre

When: December 21, 2011-noon

What: Lunch and meeting to discuss upcoming events

Please RSVP with Renee at 613.968.1122 ext 130 no later than December 16, 2011

EMPLOYEE INTRODUCTIONS:

Hello my Carla Hill and I'll be working as the Community-Base Drinking Water Quality Monitor for MBQ. I will be enhancing my skills and abilities as well as learning new skills which will better serve the community. I currently reside on the Territory with my family and I am looking forward to working with other MBQ staff and with people from the community in my new capacity. If you would like to have your water tested please contact the Administration Office at 613-396-3424 to set up an appointment for me to visit your home.

Thanks,
Carla Hill

She:kon

My name is Corinna Francis and I have recently been hired as the Program Manager at the Eska o'kon:á Childcare Centre. I am very excited to have been given this opportunity to work at the Eska o'kon:a' Childcare center. I am an Ojibway from Manitoulin Island and currently reside in Deseronto. I have 3 children and 2 of them attend Quinte Mohawk School. I have more than eight years experience in the Early Childhood Education field.

I look forward to working with the staff at the Eska o'kon:á Childcare Centre and meeting with the parents and children in the community.

Please feel free to stop in and say HELLO!

What to take to the Waste Depot Site

OPEN Every Saturday from 8:30 am - 5:00 pm

FREE TO TAKE TO THE WASTE DEPOT SITE

Tires
Electronics
Steel
Household Hazardous Wastes

**** In an effort to ****

**avoid disruption
of mail services.**

**Please remember to keep your
Recycling & Garbage bags away
from your roadside mail boxes!**

Minimal Fee to Dispose of Large Items

Please do not leave items at the gate; we WILL look through the bags to find the owner. This will help to eliminate extra costs for clean-up.

REMINDER

Please remember to SORT all of your recycling into 2 bins.

Bin One: Paper and Paper products.

Bin Two: Metal, Tin, Mixed Containers, Plastics



Household Hazardous Waste!

Items that are accepted:

In the Garage:

Transmission Fluid
Batteries (all types)
Battery Acid
Brake Fluid
Body Filler
Auto Spray Paint
Car Wax
Fuel (kerosene, diesel)
Windshield Washer Fluid
*Motor Oil is accepted at the
Landfill Oil Tank*



In the Kitchen:

Abrasive Powders
Ammonia-based Cleaners
Disinfectants
Drain Decloggers
Chlorine Bleach
Stain Removers
Floor and Furniture Polish
Metal Cleaner/Polish
Oven Cleaners
Window and
Glass Cleaners
* empty aerosol cans can go
into the blue box*

In the Workshop:

Glues & Cements
Paints (alkyd and latex,
max. 20 - 4 litre
cans or 4 -20 litre
pails)
Paint Strippers
Rust Removers
Stains
Finishes
Thinners & Turpentine
Wood Preservatives
Mothballs
Flea Collars & Sprays
Florescent Tubes



In the Shed:

Fertilizers
Pesticides
Rat and Mouse Poison
Roach and Ant Poison
Pool Chemicals

In the Bathroom:

Aftershave
Perfume
Depilatories
Hair Lotions
Dyes
Medicines
Shoe Polish
Nail Polish Remover

Tyendinaga Food Bank's

Annual

Pre Christmas

Food Drive



Community volunteers will be circulating around Tyendinaga on **Thursday Dec 15, 2011** between the hours of **5pm-8pm** to pick up your donations.

If you would like to donate an item(s), but will not be at home please leave donations in a bag on your front step marked 'food bank', and we will pick up.

As an alternative, you can drop by the food bank with your donation. The food bank (located below the 59ers) is open every 2nd, 3rd, & 4th Friday each month from 10-1pm **except** December (in preparation of community Christmas hampers).

Suggested non perishable food items for the food bank include:

Apple/tomato juice, pasta & pasta sauce, soup, canned fruit, peanut butter, canned vegetables, jello, sugar, hot & cold cereal, tea, coffee, canned meat etc. Monetary donations are also accepted.

If you would like to be a volunteer, or require pick up on a different day, please feel free to contact Shannon Butcher at 396-2122 ext. 166 or Mark Brinklow ext. 125.

For all other Food Bank inquiries, please contact Mary McCauley at 967-3603 from 8:30-4:30pm.

Merry Christmas and Happy Holidays!

Moon Ceremony

WHERE: COMMUNITY WELLBEING CENTRE

WHEN: **Dec. 9** at approx. 5:30p.m.

Please wear a dress/skirt and
bring tobacco (if you have it)

& a food item for the feast afterwards.

Please come to the left when entering the building
at 50 Meadow Drive and enter the door there.

*We welcome all
women to come out
and join us!*





Pat Morrison, illustrator

NURSING MOTHERS' GROUP

OF TYENDINAGA

INVITES*

BREASTFEEDING MOTHERS AND BABIES

AND EXPECTANT MOTHERS

(*Interested women and girls also Welcome)

To their ongoing series of meetings

WEEKLY on TUESDAYS

10:30 am – Noon

@ COMMUNITY WELLBEING

EXCEPT DURING HOLIDAYS

DISCUSSIONS ON A VARIETY OF TOPICS

RELATED TO THE CHALLENGES AND JOYS

of MOTHERHOOD

LIBRARY & MOTHER-TO-MOTHER HELP

BREASTFEEDING CLINIC AVAILABLE :

* If having problems,

please call for an appointment time *

FOR APPOINTMENTS or HELP

CALL: 613-396-2942

TEXT: 613-849-1868

Babies who are kept close, especially in

skin-to-skin care, get to:

- ✓ Nurse often, as babies have always done
- ✓ Stay warm and safe
- ✓ Smell you
- ✓ Hear you
- ✓ Feel you
- ✓ Be calmed and loved by you

Remember to take time to be together this holiday season. It is easy to get too busy, and delay nursing to do "just one more thing"... give your baby and yourself the gift of being with each other ... unwind and enjoy!

December 2011

Moms - In - Waiting

Canadian Prenatal Nutrition Program (CPNP)

MONTHLY FOOD VOUCHERS are offered to women during their pregnancy. For more information please call Community Wellbeing at 613-967-3603 and speak with the Community Health Nurses who will outline the program

We want you to have a healthy pregnancy and a healthy baby

Mary McCauley R.N.
Community Health Nurse

Family Safety Action Group

The Family Safety Action Group is looking for your feedback. Please complete the survey in this month's newsletter. All information will remain confidential.

Drop off your completed survey by **December 21, 2011** at any of the following locations:

Ohahase Education Centre
Quinte Mohawk School
MBQ Housing Office

Tyendinaga Administration Office
Community Wellbeing Building (Social side)

Copies of the survey are also available at these locations.

When you drop off your survey, be sure to fill out a ballot to win a terrific prize!

Draw for prizes will be held on **December 22, 2011**.

If you have any questions, please contact Sandy at sandrab@fnti.net.



FNTI Music Lending Library

The *FNTI Music Lending Library* is the start of a collection of various musical instruments that will be available for community members to rent at no charge. The instruments will be a community resource, housed at FNTI and administered by the Tyendinaga Justice Circle.

Currently, our library consists of two full size acoustic guitars, one electric guitar (including amp), a bass and a variety of music books. We are offering beginner and intermediate guitar lessons as well, at no cost to you!

We are looking to build on our small collection of instruments, so if you would like to make a donation, we are looking for:

- used/new instruments
- instruments that need repair
- music books
- microphones, etc.

A charitable donation receipt can be issued at your request.

We are also looking for community volunteers interested in sharing their musical gifts (including vocals) with others. Please contact Mark Brinklow at (613) 396-2122 ext. 125.





December Newsletter

Early Childhood Development & Maternal Child Health - Allison Brant

Healthy Babies Healthy Children - Johanna Goodfellow

50 Meadow Drive

613-967-3603

Merry Christmas and Happy New Year

From: Healthy Babies Healthy Children - Johanna Goodfellow

Maternal Child Health - Allison Brant & Julie Brant



Make sure children wear a helmet when skating in arenas or on open ice surfaces.

Local Holiday Activity's

Deseronto Arena

Craft Show

December 4th

10:00am- 4:00pm

Napanee Arena Free Skating

December 27, 29 & 30 1:00pm - 2:00pm

January 2, 3, 4 & 5 1:00pm- 2:00pm

Napanee Early Years Centre (1178 County Rd 8)

Breakfast with Santa

December 9th

9:00am-11:00am

Saturday Play Group

December 3rd 2011

9:30-11:30 a.m.

50 Meadow Drive

Community Wellbeing Building Teaching Lodge!!

Come out and have some fun playing with our toys and making a Christmas craft

Enjoy a nice cup of hot chocolate and snack...



Think Red, Green or anything in between. If your favorite color is Purple then decorate with purple this holiday season, many stores carry lots of new colors.

Christmas Craft Show

December 4th

Orange Lodge

9am-4pm

Donations excepted

(For the Angel Tree & Food Bank)

If you would like to be a vendor \$10.00
per table (max 2 table limit)



MFS Christmas Bingo!

Sunday December 11th

Community Centre

Doors open @ noon

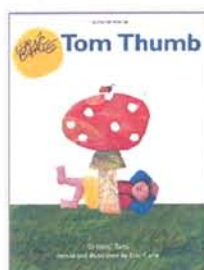
Bingo starts at 1pm

"NEW This Year" \$2.00 Admission Fee
(To help provide great prizes for the children next year)



Reading Section

Tom Thumb
By: Eric Carle
Ages: 3-5
\$14.43



The Scar
By: Charlotte Moundlic
Ages: 5+
\$10.11



The Midnight Zoo
By: Sonya Hartnett
Ages: 9-12
\$12.74



Scrapbook Workshop

Thursday December 8th 2011

6:00-8:00pm

50 Meadow Drive

Community Wellbeing Building Teaching Lodge

Come and scrapbook your memories.

Cost \$2.00 per person

Please call to reserve your spot 613-967-3603 Allison



BE SAFE HAVE AN ALCOHOL FREE PREGNANCY

There is no safe time or amount of alcohol to drink during the nine months of pregnancy. Alcohol hurts the unborn child's growth and development, and causes fetal alcohol spectrum disorder (FASD). FASD is a range of negative physical, mental, behavioral and learning disabilities. There is no cure for FASD, but it is preventable. Having an alcohol free pregnancy guarantees your baby will not develop FASD, and gives your child the best start possible.

For more information on having a healthy pregnancy, or information on FASD and resources call 613-967-3603 Allison, Crystal or Mary



December 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 Drop In 9:30-11:30am
4	5	6	7	8 Scrapbook Workshop 6-8pm	9	10 Purse & Pie Auction 10:00am-2:00pm
11 MFS Bingo	12 SOADI @ the Fitness Centre 8am-12pm	13 Client Christmas Party 6-8pm	14	15	16	17
18	19	20	21	22	23 MBQ Offices Closed at noon till January 3rd	24 Christmas Eve
25 Christmas 	26 Office Closed	27 Office Closed	28 Office Closed	29 Office Closed	30 Office Closed	31 New Years Eve

Upcoming Events in January....

January 19th Pizza & a Movie Night 6-8pm

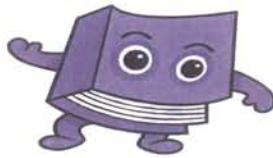
January 30th Drop In & we are making Beef Stew 9:30am - 12:00pm

January 28th Play Group 9:30-11:30am

January 30th Scrapbook workshop 6-8pm



TAHATIKONHSOTONTIE HEAD START



**A CHILDRENS BOOK CLUB WILL BE STARTING IN JANUARY FOR A
MAXIMUM OF 6 WEEKS.**

**PARENTS/CAREGIVERS COME OUT WITH YOUR CHILD TO LISTEN TO A
STORY AND TO CREATE A CRAFT TOGETHER**

**WHEN: STARTING ON TUESDAY, JANUARY 10 AND
ENDING ON TUESDAY FEBRUARY 14TH.**

WHERE: THE LIBRARY

AGES: 3 TO 5 YR OLDS

TIME: 6 PM - 7 PM

FACILITATORS: MJ LOFT AND KAREN LEWIS

IF YOU ARE INTERESTED CALL MJ LOFT AT 396 - 6716 TO REGISTER YOUR CHILD
FUNDS PROVIDED BY N.C.B. DOLLARS



**GIRLS BOOK CLUB STARTING ON TUESDAYS FOR A MAXIMUM
OF 6 WEEKS.**

**WHEN: STARTING ON TUESDAY, JANUARY 10 AND ENDING ON
TUESDAY FEBRUARY 14TH.**

WHERE: THE LIBRARY

MJ LOFT AND KAREN LEWIS WILL BE CO-FACILITATING THE BOOK CLUB

AGES: 11 AND 12 YR OLD GIRLS

TIME: 7 PM - 8 PM

**THE BOOK IS FREE TO KEEP AFTER BOOK CLUB ENDS
(SNACK WILL BE PROVIDED)**

IF YOU ARE INTERESTED CALL MJ LOFT AT 396 - 6716 TO REGISTER.

FUNDS PROVIDED BY N.C.B. DOLLARS

TAHATIKONHSOTONTIE HEAD START



YOUTH ART WORKSHOP

COME OUT AND EXPLORE YOUR CREATIVITY WHILE USING
DIFFERENT MEDIUMS SUCH AS ACRYLIC, PASTELS AND CLAY.

(ART SUPPLIES WILL BE PROVIDED AT NO COST)

WHERE: TAHATIKONHSOTONTIE HEAD START

AGES: 9 TO 11 YR OLDS

**WHEN: TUESDAY, FEBRUARY 21ST TO MARCH 27TH FOR A
TOTAL OF SIX WEEKS**

TIME: 6PM TO 8PM

SNACKS PROVIDED

**SPACE IS LIMITED SO IF YOUR CHILD IS INTERESTED SIGN
THEM UP QUICKLY TO AVOID DISAPPOINTMENT**

**CALL MJ LOFT AT HEAD START 396-6716 TO REGISTER FOR
THIS WORKSHOP.**

FUNDING PROVIDE BY N.C.B. DOLLARS



THE ENYONKWA'NIKONHRIYOHAKÉ PROGRAM IS TAKING THIS OPPORTUNITY TO OFFER OUR GRATITUDE FOR THE SUPPORT THAT WE HAVE RECEIVED THROUGHOUT THE YEAR.

WE OFFER OUR GRATITUDE TO ALL THE PEOPLE WHO HAVE UTILIZED THE PROGRAMS THAT WE OFFER. WE ARE EVOLVING AND LEARNING ALONG WITH YOU. NYAWEN!!!!

Health & Happiness
to everyone!
Tracy Hill :)

Enjoy the Season!

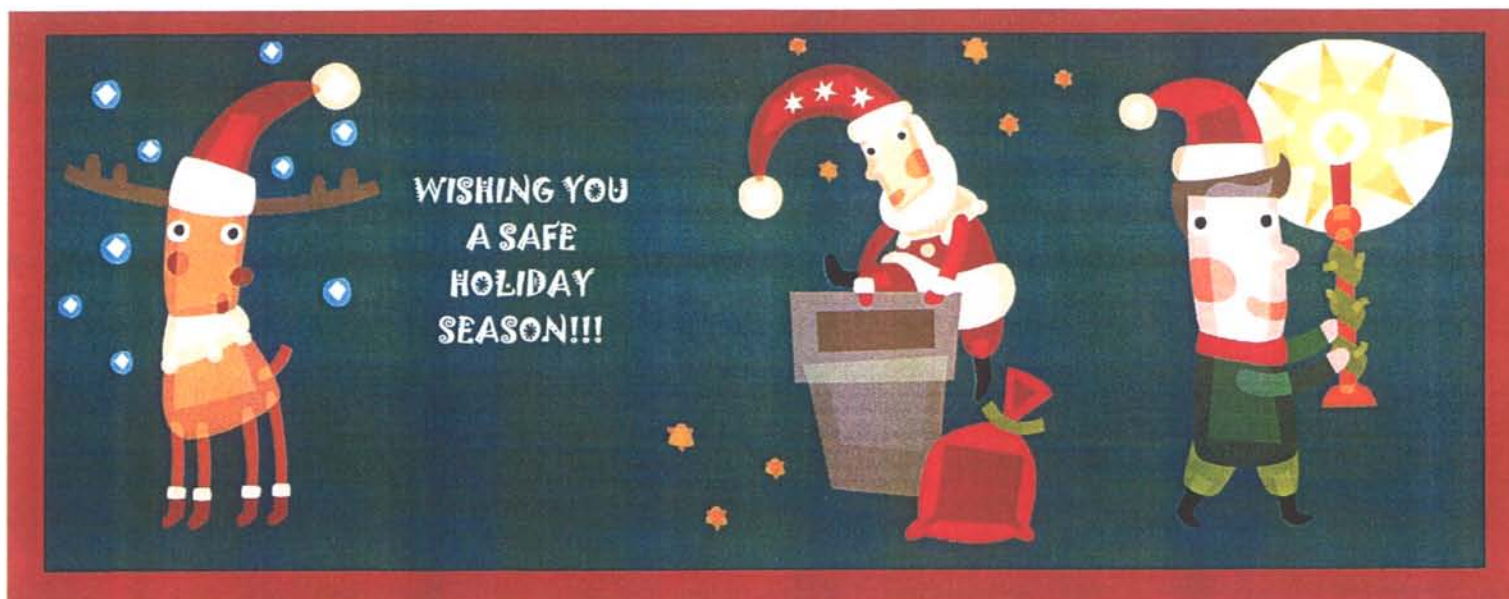
Peace

Betty Carr-Braint

Crystal Loft :
Have Fun Everyone

Happy Holidays!!
Syndey Seiw

Happy Holidays
from my family to yours!
Cheers, Candice Hegland





Children's Oral Health Initiative

Children's Oral Health Initiative or COHI is a program that provides services to on-reserve First Nations children and Inuit children to help them establish and maintain healthy teeth and gums.

Goals of COHI Program:

- Improve oral health for children and, in doing so, improve their overall general health.
- Teach parents and caregivers how to prevent dental diseases for themselves and their children.
- Prevent tooth decay in babies and young children and to avoid the need for unpleasant dental treatment.
- Introduce babies and young children to dentistry that is successful, painless and fun.

Why does the COHI Program offer this service?

- Helping children avoid pain and infection from cavities gives them a better opportunity to learn and thrive.
- Cavities can be prevented.

Who is eligible for the COHI Program?

- Children ages 0 – 7
- Parents, guardians and caregivers of children ages 0 to 7
- Expectant parents

What are COHI Program services?

- Dental Screening by a Dental Hygienist who checks for signs of tooth decay;
- Fluoride application to help prevent tooth decay;
- Sealants to help prevent tooth decay;
- Education and information regarding oral hygiene.

THIS SERVICE IS FREE OF CHARGE

Sign up today by calling Community Wellbeing Centre @ 613-967-3603 ext 128



Diabetes Wellness Circle

Tuesday, December 13/11

7 P.M.

Community Wellbeing Center

50 Meadow Drive.

T.M.T.

Topic of Discussion

Cooking with Sweeteners
Holiday Treats

ALL WELCOME





SEASONS GREETINGS
HAVE A SAFE AND HAPPY HOLIDAY
FROM
MOHAWK FAMILY SERVICES

Janice Maack
Brendy Maack
Linda Pratt

Blaine Pratt

Greg Pratt

Bill DeBruin
Shirley Deant

MOHAWK FAMILY SERVICES

613 967 0122

5th Annual Christmas Merchandise Bingo December 11 2011

NEW this year: \$2 Admission Fee
(To help provide great prizes for the children next year!)

Mohawk Community Centre
Doors open at 12pm- come early!
Bingo starts at 1pm

Donations to the Tyendinaga Food Bank are welcome.

Children Over 6 years of age are **ALL WELCOME!**
This year we are giving away over \$3000.00 in FABULOUS PRIZES!!!!

Mohawk Family Services NEEDS YOUR DONATIONS!

Children's Shopping Day 2011- Every year over 250 children at Quinte Mohawk School enjoy shopping for loved ones in their gymnasium. Please donate gently used or new items so that the children can buy a gift for every one of their loved ones!

We are looking for new or gently used clean donations again this year. Of particular interest are donations that would make great presents for Men.

Donations can be **dropped off** at the COMMUNITY WELLBEING CENTRE (Social side) ANYTIME between 8:30am and 4:30pm Monday to Friday.

—OR at the Tyendinaga Fitness Resource Centre during Gym hours.

Drop off on a weekend can be arranged ahead of time by contacting
Mohawk Family Services at 613 967 0122 during business hours.

We can also help by picking up donations if you are not able to lift them or have transportation issues. **Donation deadline is December 13th 2011**

Are you interested in planning library service?

Apply in writing at the library.

We are looking for a few more members for the Library Board to plan the development of

Kanhiote Library and to help with programming and fundraising initiatives. We meet regularly on the first Tuesday of each month at 5pm. A volunteer position.



Annual Cookie Sale

Dec. 10th starting at 10 am

\$4/doz

If you haven't got any charity in your heart, you have the worst kind of heart trouble.

[Bob Hope](#)



Return your overdue books with a donation for the Food Bank program box at the library - nyawen



*Have a safe and happy
Christmas everyone
- all the best in the New Year.*

**** We have Moved ****

**Come see us
At our new
space!**

1658 York Rd.

**Kanhiote Tyendinaga Territory
Public Library**



A cultural and educational
resource centre

Hours

Monday	10:30 am to 5:30 pm
Tuesday	10:30 am to 5:30 pm
Wednesday	10:30 am to 5:30 pm
Thursday	12:00 pm to 7:00 pm



A vibrant, cartoon-style illustration of a round birthday cake. The cake has a thick layer of white frosting on top and a layer of red frosting or jam around the sides. Five lit candles with yellow flames are placed on top of the cake. The cake sits on a white plate. The background is a soft, warm yellow and orange gradient.

[illegible]

Nya:wen ko:wa to Joe & Sarah Brown for all their hard work to put together a great benefit for my family! Thanks to everyone who helped with planning, set up and clean up! Thanks to all who donated prizes and food! A big thanks to MBQ for donating the use of the hall and to Dustin Brant for spinning the great tunes for us! Thanks to all who have donated at this event and in the past. The community support my family has received has been overwhelming and greatly appreciated! This has helped us to cover all of the final expenses for Chris and has lifted a great burden for us.

Thank you.

The Auten Family....Nikki, Justice, Aidan and Aubrey



Winner of the N.W.A quilt was Brian Blanchaud accepting on his behalf is his wife Nancy.

Native Women,'s Association Executive for : Nov. 2011 -- Nov. 2013

Chairperson: Carol LaVecque.

Vice Chairperson: Carol Potts.

Secretary: Donna Crouse.

Treasurer: Delores Maracle/Whalen.

Hospitality Rep : Barb Howard. 613-969-2136

Membership Rep : Joy Brant 1-888-3475-2728

Our Purpose is to provide a forum for the members of the Association to discuss and Advocate Native Women's issues that may affect them and their families.

Meetings : 1 st.Tuesday each month / @ 7:00 pm./ @ The Aboriginal Bible Academy.

The cost is \$3:00 / yr. And \$ 1:00/ month.

Next Meeting : Tuesday, Jan. 3 / 2012.

You and Your Dog

Many of us know the Plains Indian legend about the Dog. *"When the earth was young, humans and animals were natural allies, and the friendship of the animal tribes made us very powerful. So powerful, in fact, the gods were worried. The gods decided to separate the human and animal nations, so they opened a chasm between us in the earth. From a small crack it grew deeper and wider, the animals on one side, people on the other. At the very last, possible, moment Dog jumped across the gap to stand with humans and that is why dogs have been our special friends ever since."*

Winter is coming and those Dog friends of ours are in for the harsh reality that some humans don't love them any more. Dr. L. Hurowitz, a veterinarian states that "Cold weather is dangerous to pets. Do not leave them outside when it is very cold and never when the temperature is below freezing. Small dogs and short haired dogs have no protection against the cold. If your dog has any signs of arthritis then leaving him in any cold weather is extremely painful and worsens the disease.

Sled dogs in the north are bred to the cold and have long coats of fur to protect themselves but even then they have been known to freeze to death with out proper shelter.

A heated dog bed in a dog house with a piece of rug over the opening will work in *mildly cold* weather but not for any length of time below freezing. Actually a dog house can be much colder than the outdoors if not insulated with straw. Pack the whole dog house with straw and then burrow an opening in the centre for the dog to crawl into. Straw does provide a small amount of insulation. Again nail a heavy piece of carpet so it hangs well over the doorway and keeps out as much wind and draft as possible. It also protects the straw from getting wet when it snows. If you have no place to keep the dog warm and need to be away for a *short* period of time during the winter, this may work.

The best choice is to teach your dog to behave and stay in the house. Make sure to walk your dog regularly so they can relieve themselves and then they will be comfortable and so will you. It is pitiful to hear a dog barking hour after hour. It is only asking, don't you remember me, I'm out here in the cold and I'm lonely and hungry. Why can't I come inside and be with the family? Don't make the dog regret have jumped across the gap to become our friend.

Nia:wah. A concerned community member.

**Thank
You**



Tyendinaga Fitness Resource Centre

Greatly Appreciates

Chief & Council

&

The Tyendinaga Community

Development Fund

for the funding to purchase

NEW FITNESS EQUIPMENT



John Baptiste Jr

(NOB) Dec. 15

Dear Friend, Dad & Grandfather
*Within our hearts we always keep
 A special place for you,
 And try to do our best to live
 As you would want us to.
 As we loved you, so we miss you,
 In our memory you are near;
 Loved, remembered, longed for always
 With the passing of each year.*

*This world may change from year to year,
 And friends from day to day;
 But never shall the one we loved,
 From memory pass away.*

BRENDA MARIE WALKER

NEE -HILL

Born - March 16 -1962

Passed - Dec. 5 -2010

Very Sadly Missed by Husband
 Brett Mitchell Walker

*It is said in life,
 Every-one has an angel,
 I met mine in Brenda Marie,
 We lived, we loved, we laughed.*

*But the Lord needed her,
 For another project,
 Now Brenda Marie is,
 Helping in Heaven,
 Doing what she did best spreading love.*

I will miss you always.
 Bless you Sweetheart.

All my love,
 Brett

ORANGE HALL

PHONE:
 613-969-7296
 FOR RENTAL
 INFO
 OR
 EMERGENCIES

November 16, 2011

W. P. Appliances, Inc. recalls Reversible Tri-Grill/Griddle Model No. BRTGG010

The Electrical Safety Authority is notifying the public that W. P. Appliances, Inc. has announced a voluntary recall of the following consumer product. Consumers should stop using recalled products immediately.

Name of Product: Wolfgang Puck Reversible Tri-Grill/Griddle

Units: 3,058 units in Canada.

Manufacturer/Importer: W. P. Appliances, Inc. (Manufacturer), The Shopping Channel (Importer)

Hazard: The appliance could potentially cause a shock hazard as well as an overheating hazard.

Description/Models: The products are combination electric grills/griddles with dual thermostatic controls that were sold exclusively by TSC in Canada. There are three positions for the grill plates: fully open, closed on food, and locked at a specific height.

Sold Exclusively by: The Shopping Channel

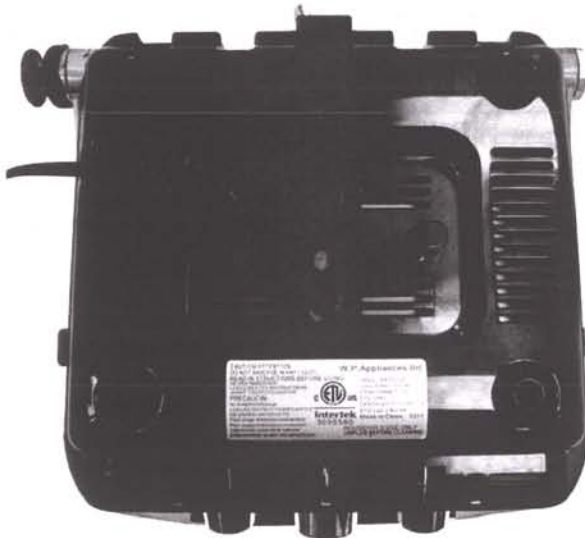
When was distributed: Between March and June 2011

Manufactured in: China

Remedy: Please discontinue use of the Wolfgang Puck Reversible Tri-Grill Griddle and contact the manufacturer for return instructions. All known purchasers are being contacted directly by The Shopping Channel.

Consumer Contact: W.P. Appliances toll-free 1-855-666-0478 24 hours a day/ 7 days per week. You can also visit the recall website at www.brtgg010-recall.com.

Remarks: The recalled units are certified to Canadian Standards by Intertek Testing Services. For more information about Intertek Testing Services product certification process please visit: <http://www.intertek.com/>





It's Time Again!

Details of the Hanio Oksa Healthy Lifestyles # 6

Only one day a week to take the footsteps of change



Thursday February 9, 16, 23 / 2012

At the Tyendinaga Fitness Resource Center

6pm to 7pm

(613) 962-2822 tyfitnessres@mbq-tmt.org

3 weeks FREE of promoting a Healthy Lifestyles by implementing a balanced program of being physically active & healthy workshops with the following:

Thursday February 9

Ten Ways to Increase Your Metabolism

By Heather Williams

Registered professional Dietitian



Thursday February 16

Ten New Super Foods

By Michelle Meilleur

Nutritionist & Wellness Coach & Homeopath

Thursday February 23

Emotional Health

By Kana'hkwahawi

Cherylann Brant



**Each session is a ½ workshop & ½ of exercise at the
Tyendinaga Fitness Resource Centre
(Dress to be active) FUNDED BY AIAI**

Sign- up by January 31 /2012 by email or calling TFRC (613)962-2822

Youth are welcome with Parents, (you do not have to sign up for all the events)

SPECIAL MONTHLY MEMBERSHIPS & PRIZES TO ALL THAT ATTEND all 3

Tyendinaga Fitness Resource Centre
(613) 962-2822 tyfitnessres@mbq-tmt.org

14 York Road, Unit #1
Shannonville, Ontario
KOK 3A0

December 2011

Discover the Balance

We have Gift Certificates

Discovering the Balance

By Working the
Mind, Body,
Heart and Spirit

Hours of Operation

Monday - Thursday

6:30am-8:00pm

Friday

6:30am-6:00pm

Saturday

8:00am- 1:00pm

Fees

Senior (55+) \$15.00

Student \$20.00

Adults \$25.00

We Are Open to

The Public

Staff

Darlene Loft /
Recreation Manager

Sonya Maracle / Fitness
Staff & P.T

Ryder Sager ,Talon
Barnhardt / Part Time
Youth

NEW Part-time Staff
Tammy Brant

The Secret To Successful Fitness Resolutions

- Choose an attainable goal
- Avoid choosing a resolution that you have been unsuccessful at year after year
- Give it time—It takes 21 days to create a habit and 6 month to make it part of your daily life
- Reward yourself with each milestone
- Ask family and friends to help so you have someone to be accountable to
- Don't go at it alone—seek out a Personal Trainer




TFRC Staff Updates

Tammy Brant : She:kon I have been hired at the fitness center to assist with the Child Care needs of clients. I will be also be assisting with other duties as related to the center. I live on the territory where I have been raised and where I have chosen to also raise my 2 sons. Both of my children have been able to utilize the fitness center to help enhance their sporting performance. I look forward to working within the community and helping everyone that is wanting to challenge themselves physically.

Testimonials From Current Clients Of TFRC / Thank You !

- * Wonderful facility. * I love it here, staff are great & helpful
- This is a wonderful, friendly, clean, bright, welcoming for all sizes & very affordable.
- It is so worth the drive from Belleville. * Very comfortable place to workout. * Awesome * Good for you & your body
- This is an extremely useful facility for any community to provide, good for all ages & abilities. * Best, friendliest gym I have ever been too.
- Clean cool & comfortable surroundings & staff xxoo
- Terrific , great movies, the place is the cleanest & friendliest
- Very clean, Staff are great, relaxing
- Lots of Tips, knowledge of all equipment, feels like a large family

Calendar of Events December 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NEVER TOO LATE	Call for Appointment (613) 876-5855	Maracle Chiropractic ↑	We have Gift Certificates	Maracle Chiropractic ↑	Ladies Night Out ! ZUMBA 5-6	
Yoga 10am-11am	Silent Auction Begins Ends Dec 16th	↓ 		↓ Massage & PT Gift Certificates		
Yoga 10am-11am	Xmas Toy Drive & Food Bank Drive week			Christmas Spirit Day	Xmas Auction done	
Pilates Start again Jan.11	Sign-up For Lose to Win Jan.23 Deadline			GET READY For 2012 !	Give a Gift of Health This Xmas	CLOSED XMAS EVE
Regular hours Jan.3/11	CLOSED BOXING DAY	Open 6:30am-2pm	Open 6:30-2pm	Open 6:30am-2pm	Open 6:30-2pm	CLOSED NEW YEARS EVE



**The TFRC Staff wish everyone
An Active & Safe Holiday !
Thank You for Your Support**

Christmas Spirit Day

Help Us, Help Others

Thursday, December 15th, 2011

2:00 – 6:00pm

Sponsored by: **Maracle Chiropractic &
Tyendinaga Fitness Resource Centre**
14 York Rd Unit #1 TMT, ON K0K 3A0



This year Dr. Jason and Dr. Rebecca are starting their annual Christmas Spirit Day, where they are dedicating one day to adjust and examine patients and guests at No Charge in Exchange for a New Toy or Bag of Non-Perishable Food to be Donated to the Tyendinaga Food Bank and Angel Tree.

FREE – Spinal Assessment for family and friends
(with donation of new toy or bag of non-perishable food)

FREE – Exercise drop in at Fitness Resource Centre
(with donation of new toy or bag of non-perishable food)

FREE – Extra Adjustment for all active patients

FREE – Draw on 3 fabulous prizes



Enter to Win!

1 OF 3 GRAND PRIZES

Increase your chances by

10 Times for each referred guest!

**To reserve your adjustment time or exam
please call: 613.876.5855**



Merry Christmas

Last christmas we implemented the "Compassion Christmas Card" program in which we gave away a complimentary examination, x-rays and two weeks of chiropractic care at no charge to each new patient that was referred by one of our team or by an existing patient. (\$400 Value)

We are excited to be offering this opportunity again!

Dr. Jason Young and Dr. Rebecca Huddleston and their team attempt everyday to make a difference in our community and beyond. We have partnered with a fantastic program called Chiropractors with Compassion (www.cwccanada.org), which has allowed us to make a huge difference in the lives of underprivileged children and their families around the world.

This year Chiropractors with Compassion has two projects; to provide Secondary Education in the Mathare Valley in Kenya and the Barrio Restoration project in the slums of Santa Dominga, Dominican Republic.

With each new patient that takes advantage of this generous offer,
Dr. Jason and Dr. Rebecca will donate \$20 to Chiropractors with Compassion.

The children benefit and you get to give the gift of health.

We are making this opportunity available during this holiday season as a way to extend the gift of health to the friends and families of our patients.

To make an appointment please call our office before January 31, 2012 and let hem know payment will be made with this certificate. **613.876.5855**

We Wish You the Warmest and Happiest of Holiday Greetings.



Gift of Health and Hope

(Value \$400)



This Certificate Applies to Initial Examination, X-rays and 2 weeks of Adjustments. Must be presented on the date of the initial visit. No cash Value. **Expires** January 31, 2012.

Individuals Lose To Win Contest

Starting Monday January 23rd!

Please **weigh in** at the Tyendinaga Fitness Resource Centre on

Monday Jan. 23, 2012 before 8:00pm

Cost to participate is **\$30.00** per person

****You do not have to be a member to take part****

Winning person receives half of the proceeds!

This is a Fundraiser for TFRC; Your support is appreciated



Final Weigh-out Date:
Friday March 2nd,
2012

For more information contact TFRC at
613.962.2822 / Tyfitresres@mbq-tmt.org

Tyendinaga Fitness Resource Centre
(613) 962-2822



FREE

Fit for 2

WE WANT YOU...

For the Fit for 2 Mentorship Program!

**We are looking for people
to take part in a**

**“Beginners Fitness Program” who want to learn
more about the first steps of becoming healthy**

STARTING: February 7 to March 1

Date & Time: Tuesdays & Thursdays done by appointment

The rewards and benefits are ever lasting, and space is limited

Rewards for taking part: **Free Personal Trainer sessions, T-shirt,
Gym bag, and month membership ...plus 2 FREE Nutritional**

Sessions with LivingWell Coach Michelle

www.livingwellcoach.ca

This is for Tyendinaga community residents that have not experienced TFRC.















Enyonkwa'nikonhriyohake (Good Minds) Program

Youth Drop-In 6-8pm @ Youth Centre/Canteen



All events are FREE
DECEMBER



↓ Tuesday: ages 6-10	Wednesday: ages 11-13 ↓
6th  GAMES Night 	7th GAMES Night 
13th  Craft Night Make your own holiday decoration/gift 	14th Craft Night Make your own holiday decoration/gift 
20th Pizza & a Movie*  *Come to the Teaching Lodge @ the Community Wellbeing Centre	21st Pizza & a Movie*  *Come to the Teaching Lodge @ the Community Wellbeing Centre
27th  No drop-in this week HAPPY HOLIDAYS! 	
January 3rd BINGO Night  	January 4th BINGO Night  

December 10th, 2011

BRITT'ANY BRANT'

"GO WITH YOU"



CD RELEASE PARTY!!

Live @ The Mohawk Community Centre

Saturday, December 10th, 2011 at 8pm

\$5 Cover CD's Available for \$15

Special Guest: Amanda Brown

Brittany Brant is celebrating the release of her debut album "Go With You". She has been working hard over the past year to write, record and produce this album at Pinnacle Music studios in Belleville, ON with the help of Ken Harnden and an amazing group of musicians! Please join Brittany at the Council House to help celebrate this accomplishment and support live music! Brittany would like to thank all of the members of the community for your continued support.



Royal Canadian Legion
Earle J Brant Memorial Branch 280
Deseronto, ON

December, 2011 events...

Friday, December 9th
THE REASONS
great live 50's, 60's and 70's music
7 - 11pm

Friday, December 16th
A - 1 Entertainment
K A R A O K E !
7:30 - 11:30pm

Tuesday, December 27
DALE CLAUS and FRIENDS
HOLIDAY JAM!!
1 - 5pm
A GREAT NEW OPEN-MIC TRADITION!
All talent welcome

HAPPY NEW YEAR!
January 1, 2012
Legion President's New Year's Levee
Noon - 4pm

(All events age 19 or older)

***NOTE - Bingo each Tuesday night at 7**

A reminder to members to pay your 2012 dues!
New members welcome...please find out how you can
become a member and help with fundraising projects
that allow us to continue to support our veterans and
contribute to our community!



*** * Free * ***

ICE SKATING
Thursday, Dec. 29
2 - 4
Deseronto Arena

Sponsored by the Mohawk
Recreation Committee

**** PLEASE NOTE ****

The HOSW Meetings
are currently cancelled due
to
no one attending.
Anyone is welcome to start
them up again at
another time.



ATTENTION HUNTERS AND SHOOTERS

Interested in getting your PAL and/or Hunting Licences?

“ONE STOP” courses will be offered.

The Firearms Safety Course (PAL) portion will be Fri/Sat Jan 20/21

The Hunter Education Course portion will be Fri/Sat Jan 28/29

Both courses will run Fri 6-10 pm and Sat 8:30 am-5 pm.

“ONE STOP”(Both courses) cost is \$260 or individual courses will cost \$140.

Anyone interested in challenging the firearms tests should set up a time and date in advance. The cost for a challenge is \$40.

Courses include instruction, study manual, tests and paperwork required to apply for your PAL and Hunting licences. Courses will be offered here in Tyendinaga Territory.

There is limited space.

For more information or to reserve your spot please call Ed Maracle at (613) 396-3077 or email at emaracle@xplornet.ca



SANTA'S LIVING ROOM IS COMING TO DESERONTO



**Santa Claus will be in
Deseronto
@ the old Hudson Mill
75 Princess Street, Deseronto**



Come and have a tour of Santa's Living Room
Enjoy a cup of hot chocolate and cookies
with Santa

Have your pictures taken with Santa
(printed and ready to take home while you wait)

Cost only \$5.00 per photo

* Proceeds will go to support Candies for Kids *



SANTA'S HOURS



Friday Saturday Sunday
1 pm to 5 pm

December	2	3	4
December	9	10	11
December	16	17	18



Purse Auction Fundraiser



December 10, 2011 (Saturday)

10:00am - 2:00pm

Elders Lodge

Auction will start at 10:30am

Admission:

\$2.00 per person

Plan to Attend this Fun Filled Day!!

~ something for everyone ~

Refreshments will be served

If you have any questions call:

Joy 613-967-0411 or 1-888-345-2728

or

Carol 613-396-3900

Proceeds of the auction will go to Kwe Radio Station"





THE ANGLICAN PARISH OF TYENDINAGA

*To be a Spirit-filled and life-giving place where
strangers become friends and friends become disciples.*

Parish Priest
The Rev'd Brad Smith
962-2787

SUNDAY CELEBRATIONS

All Saints' Church (Upper Church)
and Queen Anne Parish Centre (QAPC)
1295 Ridge Rd
8:30 a.m.*

Christ Church (Lower Church)
Her Majesty's Chapel Royal of the Mohawk
52 South Church Lane
10:30 a.m.*

**Both churches worship together
18 December at 8:30 a.m. at All Saints' Church*

CHRISTMAS CELEBRATIONS

Blue Christmas
Sunday 18 December, 5:00 p.m.
All Saints' Church

Christmas worship that is sensitive to those who have experienced loss this year or who find it hard to celebrate the season. A potluck supper and fellowship follow in the parish hall.

Christmas Eve
Saturday 24 December
4 p.m., QAPC – Non-traditional Family/Children Service
7 p.m. – All Saints' – Traditional Candlelight Service
9 p.m. – Christ Church – Traditional Candlelight Service

Christmas Day
Sunday 25 December, 9:00 a.m.
All Saints' Church

New Year's Day/The Naming of Jesus
Sunday 1 January
Worship at the usual times and places

Epiphany
Friday 6 January, 7:00 p.m.
Christ Church

This celebration marks the end of the Christmas season and the arrival of the Magi (wise men) in Bethlehem. The gifts of the Magi were gold, incense, and myrrh and we will use incense given to the Chapel Royal by The Queen at this celebration.

FOR THE MOST UP-TO-DATE INFORMATION, SEE OUR WEBSITE
WWW.PARISHOFTYENDINAGA.ORG

"AA OPEN MEETINGS"

8:00 p.m. every Monday
Queen Ann Parish Centre

For more information call:
Bev or Bill 613-962-5183

WE ARE TOPS, ON#5258 T.M.T.

Losers Unite, Join Us!

Thursday Evenings

5:00 - 6:00 p.m. - Weigh In

6:00 - 7:00 p.m. - Meeting

Elders Lodge
(Bayshore Rd)

TOPS is a weigh loss meeting and support group established in 1948 as a nonprofit organization. Our goal is to help each other lose weight for better health and appearance.

If you are struggling with a weight issue join us and together we can achieve our goals.

**You may be the one person I need to help
me lose these pounds.**

The first meeting is FREE. Its time to be a loser,
come see for yourself.

Contact: Joy Brant - 613-967-0411
Tree Good altree94@gmail.com



She:kon! Skennen:kowa!

Great Peace be with you!



*The Anglican Catholic Parish of
Keristos Ne Korah:Kowa*



Christ the King

Part of the Worldwide Traditional Anglican Communion



Have a blessed Advent!

"Rejoice: the Lord is nigh!" As Christmas draws near, the Church emphasises the joy that should be in our hearts over the celebration of our Saviour's advent (coming) not only at Christmas but also at His coming again in glory to lead us into His kingdom. The oft-repeated *O Come Emmanuel* is an echo not only of the prophets, but also of the conclusion of the Revelation to St. John: "Come, Lord Jesus," the last words of the New Testament. May our hearts be filled with the joy of the Lord as we anticipate His arrival...

All Services are held at
The Elders' Lodge Common Room
301 Bayshore Road, Tyendinaga, M.T.

Regular Sunday Services—10 AM



CHRISTMASS

7 PM, Saturday, December 24th, A.D. 2011

The Creator gave us His greatest gift on that First Christmas Day—May Our Lord bring life, hope, and peace to you and yours this Christmas and always...

No Services Are Scheduled on Dec. 25th!

For additional parish information, please call:

Mr. Charles E. Maracle, Rector's Warden, at 613-396-3089
OR

Ms. Lorna J. Moses, People's Warden, at 613-396-2538

Food Bank Day: Third Sunday of each Month

For Sacramental or Pastoral Services, please call:

Fr. Gérard Trinque, PFOLW ☎ 1-888-831-4145 ☑

✉ gtplus@yahoo.com



TYENDINAGA MOHAWK TERRITORY

1984 YORK ROAD

CHURCH • 613-396-5329

PARSONAGE • 613-396-5325

Sunday

10:30 am Worship Service

11:30 am Children's Church

6:30 pm Worship Service

Wednesday

7:00 pm Bible Study

Saturday

7:00 pm Prayer

Communion

second Sunday of each month

Coming Events

Dec 14th Community Carolling Night

Dec 18th Church Christmas Dinner

Dec 24th Christmas Eve Candlelight

Service 7 pm-8:30 pm

Dec 25th Christmas Day Service

9 am-10 am

Make room in your heart this time of year to celebrate the real reason for Christmas Coming face to face with Christ will change your thinking and adjust your worship! May your Christmas celebrations bring true joy and peace into your hearts and homes this year.

CLASSIFIED

GREAT X-MAS GIFT

2 LOVING COCKATIELS
- available to a good home

Call for details:
613-396-1433

FOR SALE

BALES OF STRAW
- 4 X 4 round
- small bales - \$2.50

Call: William J. Brant
613-967-1129

HOUSE FOR SALE

3 BEDROOM HOUSE
- 6 years old
- in floor heat, on town sewer
and water, ceramic tile & carpet
- open concept
- 2000 sq. ft includes 2 car
garage
- living room has vaulted ceiling
and view of Bay of Quinte
on (TMT)
613-827-1513

FOR RENT

1 BEDROOM APT.

STOREFRONT
- 1200 sq. ft

Call: Calvin
613-827-4338

FOR SALE

BUILDING FOR
SALE
- negotiable with
terms

Call: Calvin
613-827-4338

FOR SALE

4 BEDROOM HOME
- eat in kitchen
- dishwasher
- 2 bathrooms (updated 4 piece)
& 3 piece bath, laundry room
- large family room with new
Wood stove
- upgraded well
- new roof & deck
Owner will consider holding
mortgage for qualified buyer with
down payment.
Please contact:
tyendinagall@yahoo.com or
416-938-4157 or 613-396-2151

Snow Plowing Available

reasonable rates

Call: Cliff Maracle
613-968-4159

SEEKING TO RENT

2 OR 3 BEDROOM HOME
- looking for long term
- must allow pets

Please call Gary: 613-337-9172

FOR SALE

APARTMENT HOUSE near
Deseronto with 24 acres. 5 units
with 1 bedroom each all newly
remodeled. Outbuilding. Two
wells, one spring-fed pond. Also
partially complete house
foundation. Land could be
subdivided into nice building lots
or to enjoy snowmobiling and
4-wheeling. Great investment for
the future as well as current in-
come. Owner retiring. Will hold
private mortgage for qualified
buyer.
Call 613-847-9761

FOR SALE

- Has been converted into 2
apartments
- 3 Bedrooms upstairs & 1
- Large Bachelor apartment
downstairs
- Natural gas heating, central air, 1
bedroom apartment contains
fireplace
- Municipal water supply, with
access to municipal sewage hook
up
- New roof recently done
- Property is approximately 1 acre
- Located on Old Hwy #2

Serious inquiries only
Call: 613-396-5879

FOR SALE

4 BEDROOM HOUSE
- 376 Beach Rd in Shannonville
- 3300 square ft. living space
- full basement
- 2 full bathrooms
- 2 car garage
- 27' above ground pool
- utility shed

Please call Bill: 613-966-1092

SEEKING TO PURCHASE

WATERFRONT PROPERTY

Call: Terra 1-705-2281151

LAND FOR SALE

- 11.4 acres
- North end of Norways Side Rd.
On the west side

Call 1-403-237-9879

FOR SALE

60 ACRES OF LAND
- located on the Slash Rd
(Near Hwy 49)
- \$90,000.00

Please call Bill: 613-966-1092



Mobile Aesthetics By Natalie

Thinking about waxing?
First time waxing?

Looking to get rid of some of your unwanted hair for the holiday season?
Eyebrows, upper lip, underarms
Why not try it in the comfort of your own home.
You don't have to worry about a thing, just relax and enjoy!

Hair Removal

Brows, Upper Lip, Chin	\$ 10.00
Underarms	\$ 15.00
Upper Leg	\$ 45.00
Lower Leg	\$ 35.00
Upper & Lower Leg	\$ 70.00
Bikini	\$ 25.00

Hands & Feet

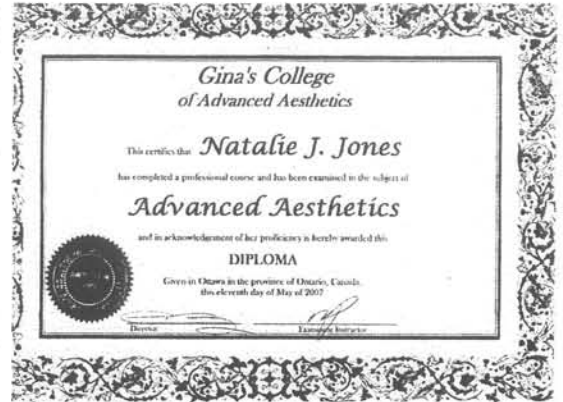
Manicure	\$ 25.00
Pedicure	\$ 35.00

Sit back & relax while I rejuvenate your tired feet. Your nails are shaped, cuticles are trimmed, calluses are removed, top it off with a foot massage and your choice of polish.

Call Natalie to book an appointment

613-813-3295

I provide all the necessary tools and linen required.



RB Contracting

Excavations, Renovations
Doors/Windows, New Construction
Free Estimates
Licensed Carpenter

613-813-4011

Bill

Hutt Enterprise's

Authorized KayCan Dealer

KayCan Building Products

Aluminum & Vinyl Products

Soffit & Fascia

Vinyl Siding

Siding: various colours & sizes

Shutters & Trims

Horizontal & Vertical

Etc.

Doors & Windows

New Construction

Replacements

Sliders & Casements

Energy Star Rated

Low E Argon

Attic Insulating

Walls & Ceilings

Blown Insulation

Attic Hatches Installed

Vapour Barrier

Phone: 613 813 4011 (Bill)

Time for You Salon

613-968-9459

Hair Styling for the Whole Family!

Gift Certificates Available!

- Waxing Services
- Eyelash & Eyebrow tinting
- Ear Piercing & Facials
- Manicures & Pedicures



Specializing
in manicures,
pedicures,
facials & other
Esthetics

Diane

Esthetician & Hairstylist

5717 Hwy #2

Tyendinaga Mohawk Territory

Hair Styling and Esthetics Salon

Lennox & Addington Financial Centre Inc.



Dianne Dowling
RHU

Professional
Advice &
Service
Tailored
to Your
Needs



Bob Vrooman
CFP CLU CH.F.C.

109 John St. Napanee, ON K7R 1R1

Phone: 354-2726, Fax: 354-3585, E-mail: service@lafc.ca

VILLAGE CONCRETE

391 BEACH ROAD

P.O. BOX 3

SHANNONVILLE, ONTARIO

K0K 3A0

BASEMENT FLOORS, GARAGE FLOORS,
SIDEWALKS

Greg Lewis

967-1407

PREMIER CONCRETE FORMING

POURED WALLS • BASEMENTS • FLOORS • PATIOS
SIDEWALKS • STEPS & MORE • FREE ESTIMATES

Dave deWal

RR#4 TRENTON, ON
K8V 5P7

613-965-5802
613-661-2209

**** For Sale Every Friday ****
Till Christmas!



Bread & Buns Fruit Cake
White & whole wheat Light & dark
PIES, COOKIES, LOAF CAKES
(banana, cherry, cranberry, etc.)



Call ahead: 613-396-2962
or 613-396-1837

Rheana Maracle Photography

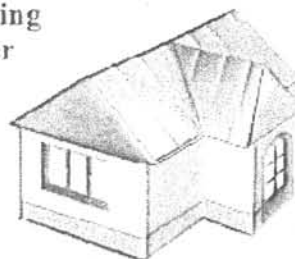
613-967-4722

Shannonville, Ont.

Cell: 613-921-2241

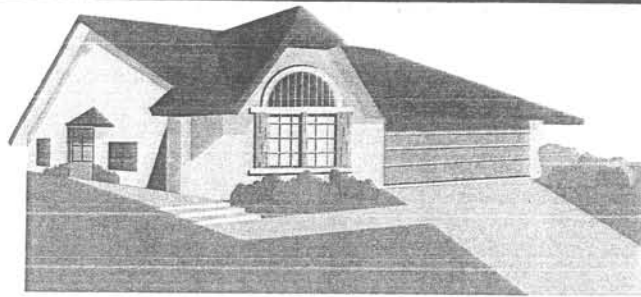
Bowden Contracting
Licensed Carpenter

Home Renovations
New Construction
Free Estimates



Ron Bowden
Cell - 613-848-5331

613-962-0082



**BUILD-ALL CONTRACTORS
5427 HWY #2, TYENDINAGA TERRITORY
SHANNONVILLE, ONTARIO
K0K 3A0**

Phone: 613-969-1315

Fax: 613-969-9806

E-Mail: buildall@bellnet.ca

QUALITY WORK AND COMPETITIVE PRICES

- DESIGN/BUILD COMMERCIAL OR RESIDENTIAL
- RENOVATIONS
- LICENSED SEPTIC INSTALLER
- ICF WALL SYSTEMS
- SUBDIVISIONS
- EQUIPMENT RENTAL
- WATER & SEWER
- SITE SERVICING
- DRIVEWAYS
- CONTAMINATED SOIL REMOVAL
- SCREENED TOPSOIL
- ROAD BUILDING
- ROCK REMOVAL

**Aunt Sadie's
Café &**



DRIVE THRU

Healthy Homestyle Cooking

68 Sadies Lane • (613) 961-1524

Pelletier Law Firm

formerly Maracle Law Office

Bonnie Pelletier
Barrister-Solicitor-Adjudicator

186 Ridge Road, Tyendinaga, Ont, K0K 3A0

Direct: 613-539-0056 Office: 613-969-9000
e-mail: bonnie@pelletierlawfirm.com