



**MOHAWKS OF THE BAY OF QUINTE**



**KENHTEKE KANIENKEHA**

**ORI:WASE (NEWS)**

**ISSUE 12/13**  
**TSI YOTHORHA (Dec.)**

*We are on the web [www.mbq-tmt.org](http://www.mbq-tmt.org)*

**Merry Christmas  
& Happy New Year!**

**Christmas  
Closure:**

Friday December 20,  
2013 at 4:30 and will  
reopen on Monday  
January 6, 2014 at 8:30





## **THE BATTLE THAT SAVED CANADA**

The Battle of Cryster's Farm, fought on muddy ploughed fields beside the St. Lawrence River on November 11, 1813, was a crucial moment in the history of Upper Canada and marked the end of the most serious attempt to that time to invade Canada.

The campaign of 1813 focused on the St. Lawrence frontier with two powerful American armies poised to meet at Montreal and cut British lines of communications on this lifeline into the heart of the continent. An army commanded by Wade Hampton stood ready to move from the south, up the traditional invasion route of the Champlain Valley, and the other readied itself under the command of James Wilkinson at Sackets Harbor on Lake Ontario, ready to descend the river. The two were to meet at Montreal and choke all British settlements and garrisons west of the confluence of the St. Lawrence and Ottawa Rivers.

Outnumbered but not out-fought: Hampton's army numbered just under 4,000; Wilkinson's close to 8,000, as they prepared to catch Montreal in a pincer movement. Fortunately for the British and both Upper and Lower Canada, they were opposed by small but highly trained - and motivated - armies under the commands of brilliant officers, Colonel Charles-Michel d'Irumberry de Salaberry in Lower Canada and Lieutenant-Colonel Joseph Wanton Morrison in Upper Canada. de Salaberry met and defeated Hampton's much larger force at the Battle of Chateaugay on October 26, forcing the southern invaders back on their base in the U.S., from which they eventually retired in disarray.

The invasion down the St. Lawrence was to be a much more serious affair. Morrison commanded a 1200-man-strong 'corps of observation' nipping at the heels of Wilkinson's army as it traveled down the St. Lawrence from Sackets Harbor. Aided by William Howe Mulcaster's detachment of gunboats, they harried the invaders as their flotilla of batteaux and smaller gunboats made their way to Montreal.

Swatting away: Wilkinson, who detested Hampton with a fervour that was reciprocated, was unaware of the check that had been dealt to U.S. invasion hopes at Chateaugay until well after the fact and he disembarked his army on the Canadian shore east of the Galop Rapids in readiness to shoot the Rapids du

Plat and Long Sault Rapids, between Morrisburg and Cornwall. His army fought a brief and confused rearguard action against Morrison at Hoople Creek on November 10 and the following day it turned to swat away the Anglo-Canadian army as its vanguard continued on to occupy Cornwall.

Morrison's command, consisting of companies of the 49th and 89th Regiments of Foot, three guns and crews of the Royal Artillery, the Canadian Fencibles, Canadien Voltigeurs and 30 Mohawk warriors from Tyendinaga, near Belleville, and Mississauga warriors from the Peterborough area, as well as the Dundas County Militia, took their positions on ground chosen by the commander and waited for the Americans to come on.

Poorly led and poorly trained, suffering from cold and hunger and their numbers depleted by disease, close to 4,000 American troops attacked Morrison's corps of 1200. The American troops were committed piecemeal to the battle and their officers proved no match for their battle-hardened counterparts. The result was an uneven match-up despite the Americans' overwhelming numerical superiority and after close to three hours of hard fighting, they withdrew from the field leaving 400 casualties - killed, wounded and captured - and beat a hasty retreat to the U.S. side of the river.

Victory paid for in blood: Morrison's victory was paid for in blood. His 'corps of observation' suffered 200 casualties, or about one-sixth of his total force. The greatest percentage of casualties was taken by the Canadian Fencibles, a regiment raised in Quebec and whose ranks were about 50 per cent francophone. They suffered a casualty rate of nearly 33 per cent. Of note is the fact that of the 270 Canadian regulars under Morrions' command that day two-thirds were French-speaking soldiers from Quebec.

Stunned by the ferocity of the Anglo-Canadian army and their Mohawk allies, Wilkinson's broken and dispirited army went into winter quarters at French Mills (present day Fort Covington), ending the threat to Canada.

The three founding peoples: While not of a European scale, the battle fought on the ploughed fields of John Crysler's Farm was an epic event in Canadian history, ending as it did the American campaign of 1813 with the British firmly in control of both sides of the St. Lawrence and dashing the hopes of those in Washington who had boasted that the conquest of Canada would be a 'mere matter of marching'.

The Battle of Crysler's Farm was perhaps as important to posterity for those who fought as it was for its result. (NOTE - The British headquarters was situated at John Crysler's home, but the battle was actually fought on farmland belonging to the Fetterely, Haines, Loucks, Atkinson, Casselmann, Boush, and Jones family farms.)

British regulars stood with Canadians of both English and French heritage and with them were the Mohawk warriors of Tyendinaga and Mississauga warriors as our three founding peoples stood shoulder to shoulder in defence of this new country.

You can learn more about the Battle of Crysler's Farm by visiting the site and by reading *Field of Glory: The Battle of Crysler's Farm, 1813* by Donald E. Graves. It is published by Robin Brass Studio of Toronto.

Source: <http://www.cryslersfarm.com/battle.htm>





**DECEMBER NEWSLETTER**  
**FAMILY HEALTH & CHILD DEVELOPMENT PROGRAM**  
COMMUNITY WELLBEING CENTRE  
50 MEADOW DRIVE  
613-967-0122

*One of the special joys of  
December is telling  
others we care and  
remember.*

*To a joyful present and  
a well remembered past.  
Best wishes for  
**Happy Holidays** and  
a magnificent **New  
Year***



From Esther Brant, Julie Brant & Allison Brant  
The Family Health & Child Development Team



Mohawk Family Services wishes all Community Members a safe and happy Holiday season. Please enjoy the spirit and magic of time with loved ones. We wish you all the best in 2014!

Brandi, Shirley, Jan, Blaine, Greg, Lacey, Brandy, and Johanna. 2013



**Mohawk Family Services 7<sup>th</sup> Annual Christmas**

**Merchandise Bingo was A HUGE SUCCESS!**

Thank you to the following people and businesses who donated time, or gifts:



Family Health and Child Development-CWC	Build All Contractors-Lisa and Tom Maracle	Carlisle Johnson
Tyendinaga Fitness Resource Centre	7thGen Technologies	Zachary Loft
Nora Brant	Kelly McMurter	Nicole Green
Joe Brown	Donna Hughes	Dakota Brown
The Orange Lodge ladies	Angus Francis- CAS	Thomas Krasnuik-CWC
Sheryl General	Lori Maracle	Allyssa Maracle
Thomas Parks	Sheryl Anderson	The clean-up crew!

We raised \$3374 that will go towards next year's BINGO!

See you next year!

~ Mohawk Family Services



# HAPPY HOLIDAYS

*Jill Beck*

*Stephen Green*

*Peter Tyler  
my soft*

WISHING YOU A  
SAFE AND HAPPY  
HOLIDAY SEASON

*Betty Lou Brand*

*Lindsay Sand*

*Tracy Hill*

*Quinn Barber*

*Jessie Hill  
Tracy Harley*

FROM THE

Enyonkwa'nikonhriyohake' Team

2013

## ATTENTION MORTGAGE HOLDERS

It has come to our attention that many insurance companies will ONLY notify the MOHAWKS OF THE BAY OF QUINTE if your existing house insurance policy has been cancelled however will NOT when the policy has been renewed. This creates a problem when incentives, rewrites and renovations are requested. You will not qualify if your house insurance policy on file is not up to date. In order to ensure your policy is current, we ask that you mail, fax or deliver renewal form when received.



## Trustee Report for November 26, 2013

The school year is now progressing into the second half of the first semester and students will be working hard to insure success in all their courses.

The Board continues to work on many topics including audits, governance, Trustee representations on committees, monitoring, opening and renovating schools within Hasting Prince Edward District School Board, etc.

With one year remaining in this current municipal term, I will again be asking to be placed back on the committees that I have been active on for the past year. I will again summarize these committees in the next newsletter and will continue to represent Tyendinaga First Nations to the best of my ability.

For more detailed information on Board or Committee minutes, please go to [HPEDSB.on.ca](http://HPEDSB.on.ca)>Board and Committee meetings.

Remember, if you have any comments or concerns, please call me at (613) 962-3595 or email me at [mbrant@hpedsb.on.ca](mailto:mbrant@hpedsb.on.ca).

Respectfully submitted,

Mike Brant, HPEDSB, representing Tyendinaga First Nations



*MERRY CHRISTMAS*

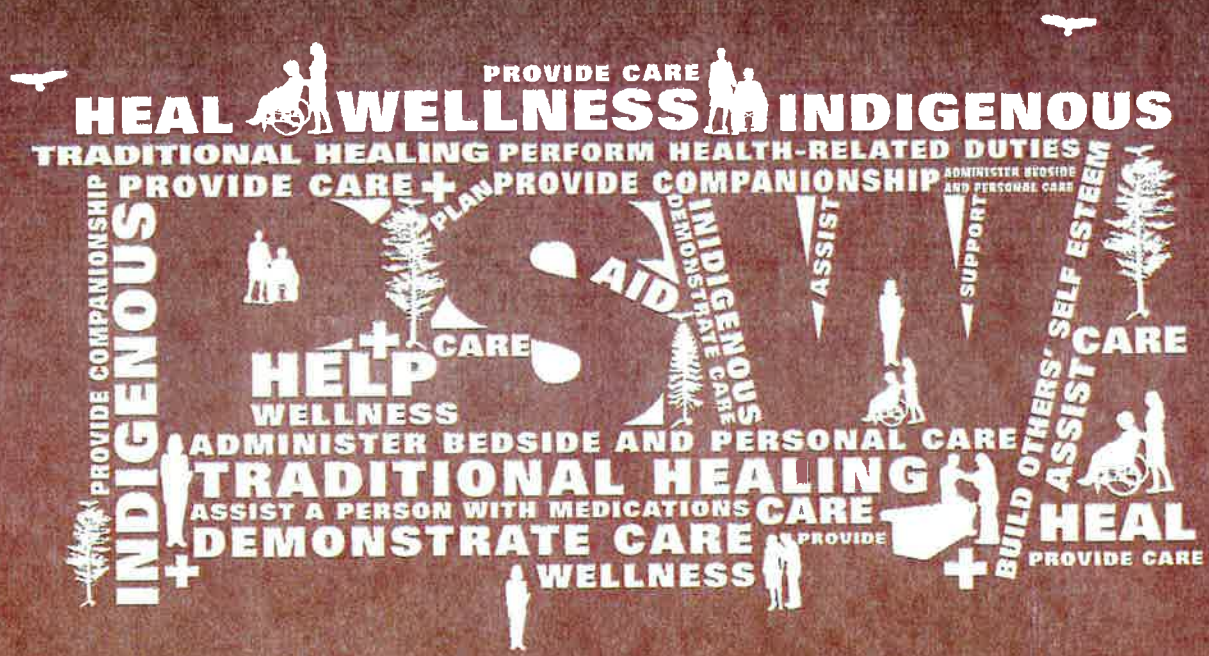
*&*

*HAPPY NEW YEAR*

*WISHING YOU EVERY HAPPINESS FOR THE  
HOLIDAY SEASON, ENJOY FAMILY AND  
FRIENDS, RELAX AND GET REJUVENATED FOR  
THE NEW YEAR*

*FROM PATTI AND SANDY IN THE  
POST SECONDARY EDUCATION DEPARTMENT*





# PSW

PERSONAL SUPPORT WORKER PROGRAM  
ONE-YEAR COLLEGE CERTIFICATE PROGRAM

**JAN 6 - AUG 24, 2014 | FNTI MAIN CAMPUS, TYENDINGAGA**  
MON/TUES/WED | CONDENSED DELIVERY MODE DESIGNED FOR BUSY LEARNERS  
APPLY ONLINE AT [WWW.FNTI.NET](http://WWW.FNTI.NET) OR CALL JAKE AT 1.800.267.0637 x 182 (APPLICATION DUE DEC 6)

Become a valuable member of the modern health care team with your Personal Support Worker Certificate. This worthwhile vocation helps others increase their independence, self-esteem and dignity. Deepen your Indigenous perspective and practice with studies at FNTI. ALL learners welcome to participate!





# Traditional workshops for kids!

Sunday, Dec. 8<sup>th</sup>  
Petroglyphs & Pottery

Learn about petroglyphs and make a red-clay pottery item

Sunday, Dec. 15<sup>th</sup>  
Corn

Learn to lye corn with ashes, make soup and cornbread

**Open to children ages 8-12 yrs**

Lunch will be provided

To be held at Kawenna'on:we Mohawk Immersion School

314 Airport Rd., TMT

Transportation may be arranged. Call for details.

**Spaces are limited**

For more information or to sign up: Haley Brant, 396-1082





# **QMS To Kenya Kids Would like to say thanks:**

It has been a very busy month for us! We have had many successful fundraisers over the last few weeks and we would like to extend thank-yous to many people. This month we hosted our Kreations for Kenya craft sale, we had fun at our dance, attended the Loyalist Aboriginal event, had 50/50 raffles, sold pizza kits, and we continue to sell bracelets and almonds. We would not have had the success we did without the support of the following organizations and people:

- Mohawks of the Bay of Quinte
- Parish of Tyendinaga
- Mohawk Fair Board
- Vendors for craft sale
- Bathworks/Bardons
- Donini Chocolate Factory
- Christine Sliwa, Rita Brant, & Ed Allen
- Bev Hill

A big thanks to our family, friends and community members who came out and supported us. Nya:wen Ko:wa to all.



# *QMS To Kenya Classic Christmas Movie Night*

*Parents...start the Christmas Season off with a fun night out with the kids!! Bring your blankets, wear your pj's and snuggle up for our classic double feature...*



*"Frosty the Snowman"*

*followed by*

*"Elf"*

*December 6th, 2013*



*Quinte Mohawk School Gym*

*Doors open at 5:30 pm and first movie begins at 6 pm sharp.*

*\$5 per person includes popcorn/snacks and drink.*

*Families of 5 or 6 people for \$20.*

*All children must be accompanied by a parent or guardian. We look forward to seeing you there!*



# Thank You!!

The Tyendingaga Block Parent<sup>®</sup> Program would like to thank everyone for their generous contributions towards the 7<sup>th</sup> Annual Haunted Hay Ride & Movie Night held on Sunday, October 27, 2013 at the Bayshore Park. A special thank you to the following for their generous financial support:

- Tyendingaga Community Development Fund Commission
- Mohawk Recreation Committee
- Bub's Memorial Fund
- Rez Cresting
- Tyendingaga Computer Sales & Service
- Darran Green Sandblasting & Painting
- Design Solutions
- Conger Plumbing
- Rez Boyz Custom Wheels

We would also like to extend our sincere appreciation to **Ron (Mary) Maracle** for volunteering to supply and operate the hayride once again this year, we could not have done it without you!

As a non-profit committee, the hay ride & movie night would not be as successful without the support of everyone who contributed in one way or another to this event. A special thanks to those who volunteer their time and expertise, and a very big thank you to everyone who attends our annual community gathering!

Nia:wen!

The Tyendingaga Block Parent Committee



# Happy Birthday!



Happy 80th Birthday Mom!  
Barbara Howard  
Dec. 25  
From the Kids

Happy 21<sup>st</sup> Birthday  
Caleb – December 26<sup>th</sup>  
Love Aunt Marilyn, Uncle Rick, Sam,  
Emmett, Phill & Hayden

Happy 7<sup>th</sup> Birthday  
Landon – December 2<sup>nd</sup>  
Lots of Love, Aunt Marilyn, Uncle Rick,  
Sam,  
Emmett, Phill & Hayden

Happy Birthday  
Manson – December 31<sup>st</sup>  
Love Marilyn, Rick, Sam, Emmett,  
Phill & Hayden

Happy Birthday  
Jeff – December 13<sup>th</sup>  
Love Aunt Marilyn, Uncle Rick, Sam,  
Emmett, Phill & Hayden

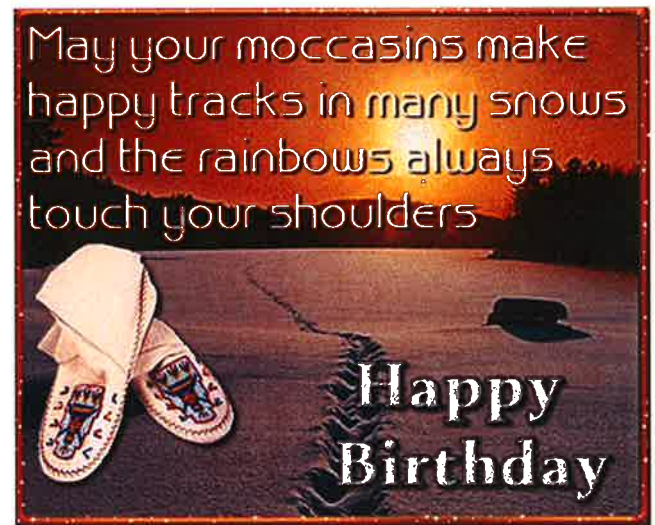
Happy Birthday  
Tim – December 31<sup>st</sup>  
Love Aunt Marilyn, Uncle Rick,  
Sam, Emmett, Phill & Hayden

Happy Birthday  
Tiffany – December 13<sup>th</sup>  
Love Marilyn, Rick, Sam, Emmett,  
Phill & Hayden

Happy 6<sup>th</sup> Birthday  
Gavin – December 18<sup>th</sup>  
Lots of Love, Aunt Marilyn, Uncle Rick,  
Sam, Emmett, Phill & Hayden

Happy Birthday  
JoDee – December 21<sup>st</sup>  
Love Marilyn & Rick

Happy Birthday  
Merg – December 21<sup>st</sup>  
Love Sam, Emmett, Phill & Hayden



Happy Birthday Poppa! (Jim McMurter)  
Dec. 5<sup>th</sup> 2013

Love Brandi, Dale, Sadie, William  
and Elijah. xoxoxo



# Creative Exploration Workshop For Youth

Come out and have fun exploring your creativity by trying different art techniques!

**Ages:** 9 to 11 years old

**Every Tuesday for 6 weeks**

**Dates:** January 13th, 20th, 27th  
& March 3rd, 10th, 17th

**Times:** 6:00pm to 7:30 pm

**Where:** Tahatikonhsontontie Head Start

If you are interested call Carla @ **613-396-6716**  
to register

( No cost for the workshop)  
(Spaces are limited)

FUNDED BY NCB DOLLARS



All programs held at the  
**Home Support Activity Centre**  
 1794 York Rd  
 Unless otherwise stated

# December 2013

**All Home Support programs are for seniors 55+ or 18+ with physical challenges.**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Ceramics Chair Exercise Wii Bowling	3 Meals on Wheels	4 Euchre	5 Meals on Wheels Kingston Shopping	6 Meals on Wheels Handivan Des  <b>Seniors Dinner 5:30 p.m. Community Centre</b>	7
8	9 Chair Exercise Christmas Craft Wii Bowling	10 Meals on Wheels	11 Diners Club & Bingo HOME SUPPORT @ Community Centre	12 Meals on Wheels Birthday Tea	13 Meals on Wheels Handivan Des Scrapbooking	14
15	16 Breakfast Club Chair Exercise Ceramics Wii Bowling	17 Meals on Wheels Friendly Visiting	18 Euchre	19 Meals on Wheels Napane Shopping	20 Meals on Wheels Handivan Des	21
22	23	24	25 	26	27 Handivan Des PLEASE CALL DEC 20TH	28
<p><b><i>Merry Christmas &amp; Happy Holidays From the Home Support Team</i></b></p> <p><b>No programs will be running during the Christmas Holidays</b></p>						
29	30 <b>OFFICE CLOSED</b>	31 	Breakfast Club—8:00 to 9:30 a.m. Diners Club—12:00 to 1:00 p.m. Handivan Departure—9:00 a.m. <b>Meals on Wheels delivered between: 11:30 a.m. to 12:30 p.m.</b> Bingo/Lunch—12:00 to 3:00 p.m. <b>Scrapbooking—10:00 a.m. to 3:00 p.m.</b>		<b>Birthday Tea—2:00 to 4:00 p.m.</b> Euchre —6:30 to 8:30 p.m. <b>Wii Bowling—6:30 to 8:30 p.m.</b> Chair Exercise—10:00 to 11:00 a.m. <b>Ceramics—1:00 to 3:00 p.m.</b> Christmas Craft—1:00 to 4:00 p.m.	

# *SENIOR SWIM*

@ Quinte Sports & Wellness Centre

265 Cannifton Road, Belleville, On

Community Health Programs invite you to

## **Senior Swim and Therapy Pool**

**Wednesday, January 8/14**

**(Continuing every Wednesday until Feb 26/14)**

**2 – 3 pm**

**Cost to swim will be covered by Community Health Programs  
only if participants pre-register.**

**If interested please call Wendy Maracle at Community  
Wellbeing to register**

**613-967-3603**

**Participants are responsible for their own transportation.**







# DECEMBER 2013



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Breastfeeding Support Parish Church 10am-12pm	4	5	6	7
8	9	10 Breastfeeding Support Parish Church 10am-12pm	11	12 Diabetes Social Circle @ CWC 6-9pm	13	14
15	16 Gastric Bypass Support Group @ CWC 6:30pm	17 Breastfeeding Support Parish Church 10am-12pm	18	19	20	21
22 Closed Christmas	23 Closed	24 Closed	25 Closed	26 Closed	27 Closed	28
29 Closed	30 Closed	31 Closed	1 Closed	2 Closed	3 Closed	4 Closed

# Good Food Box




<b>DATES TO PAY BY</b>	<b>ORDER GOES IN</b>	<b>ORDER ARRIVES</b>
September 10,2013	September 11,2013	September 18, 2013
October 8,2013	October 9, 2013	October 16, 2013
November 12,2013	November 13, 2013	November 20, 2013
December 10, 2013	December 11, 2013	December 18, 2013

**Large Food Box \$15.00**

**Singles Box \$10.00**

**Fruit Bag \$5.00**

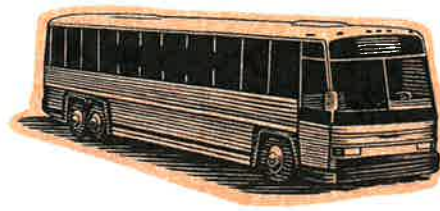
The Good Food Box is offered for the Community. It is a program that aims to lower your grocery bill by buying bulk fresh fruits and vegetables. Each box contains a variety of high quality, fresh, nutritious fruits and vegetables. Stock depends on which are in season or available at the best value.



For more info, or  
to place your  
order, call  
Vanessa, at CWC

**COMMUNITY HEALTH**





## ***Alderville First Nation Charter Bus Trip***

***“RETURN TO OUR ROOTS”***

***Diabetes Education Day***

***Thursday January 30, 2014***

***Free to Community Members over 18 years of age***

***Bus departing from Community Wellbeing Centre***

***7:00 am-Returning 6:00pm***

***An exciting mix of prevention, featured speakers,  
information sharing, networking and fun!***

Space is limited: Please register by Thursday Dec 19/13

For more information or to register, please contact

Mary M., Vanessa B., or Wendy S. 613-967-3603

### ***Conference at a Glance***

- ***Full day conference includes nutritional snack breaks and buffet lunch***
- ***Great door prizes***
- ***Diabetes Health Booths/Displays/Drug Representatives***
- ***First Nation Craft Vendor***



## **DIABETES SOCIAL CIRCLE**

**\*\* Please note day change \*\***

**Next meeting: THURSDAY December 12**

**6 pm to 8 pm at the Community Wellbeing Centre**

**EVERYONE welcome. If you would like to know more about Diabetes prevention or have Diabetes, come join us at our monthly sessions.**

**Presentations by guest speakers and trained CWC staff.**

**For more information please call**

**Wendy Sonneveld CHNIC-613-967-3603 ext 144**

DECEMBER 11/13

ALL WELCOME

Cancer Prevention Information

6:30 pm

Community Wellbeing Centre

50 Meadow Drive

Tyendinaga Mohawk Territory





# EYE EXAMS & GLASSES

FOR THE ENTIRE FAMILY



**DECEMBER 12<sup>TH</sup>, 10AM-6PM**

**TYENDINAGA MOHAWK TERRITORY**

Community Wellbeing Centre Parking Lot  
50 Meadow Drive, Deseronto, On

**1-866-920-6480**

Call To Book An Eye Exam  
Spaces Fill Fast  
We Do Direct Claims

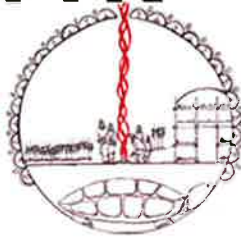


 **mobileyez**



# So You Think You

# Everyone Welcome



Enyonkwa'nikonhriyohake' (Good Minds Program)  
In conjunction with The Diabetes Education Program

Thursday, December 12, 2013

6pm - 8pm

Teaching Lodge @ Community  
Wellbeing Centre

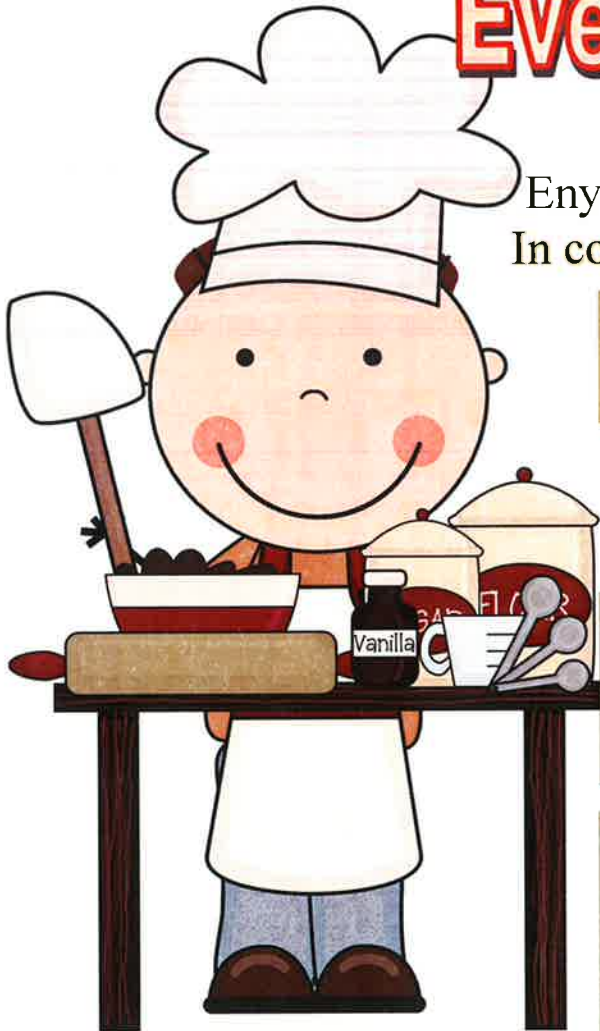
Please Call to Register:  
Lyndsay Scero, Youth Mentor  
Enyonkwa'nikonhriyohake Program  
613-967-0122 Ext:148

⇒ *Can you make a meal for you and your family without a recipe?*


⇒ *Do you want to try new foods?*

⇒ *Are you up for a challenge?!*

**Please join us for an evening of fun and food!!**







*Gastric Bypass Group Meeting*

*Dec 16/13*

*6:30 PM*

*Community Wellbeing Centre*

*50 Meadow Drive*

*Tyendinaga Mohawk Territory*

*Group open to anyone wanting information on gastric bypass procedures, who has had a procedure, or who is considering a gastric bypass procedure.*



**MOON CEREMONY**

Women are invited to join us to honour and seek guidance from Grandmother Moon on December 17, 2013 at dusk (Approx. time 5:00pm)

What to bring:

Tobacco for offering (if you have it)

A skirt to wear

A bottle of water

A lawn chair/Camp chair

Potluck Item

If you are unable to bring the following please give us a call. We do keep a limited supply on hand.

The Ceremony will be held behind the Community Wellbeing Centre and will be followed by a potluck feast. Questions can be directed at Diana at 613-967-0122 Extn# 133 or Betty Extn#102



## **FACT SHEET**

### **Head Lice (Pediculosis)**

#### **What is it?**

Head lice are tiny insects that can live and breed in your hair. They are a nuisance but do not transmit disease. Head lice are not an indication of cleanliness; anyone can get head lice. The eggs of head lice (nits) can be seen at the base of hair follicles or on the scalp, usually at the base of the neck or around the ears. They have three stages in their life cycle; the nit, nymph and adult.

#### **How is it spread?**

Head lice are spread from direct head-to head contact and may spread through shared items like hats or hair brushes. Head lice that live on people cannot survive on pets so transmission to or from animals is not possible.

#### **What are the signs and symptoms?**

Head lice do not cause illness. They can cause irritation to the scalp which can result in an itchy feeling. If you think you might have head lice, have your scalp checked for nits in a well lit room. Your scalp should be checked again after a week and once more after two weeks.

#### **How are head lice treated?**

Many treatments for head lice exist. Before buying any product, talk to your pharmacist. Many shampoos are designed to treat head lice and have proven to be effective. It is important to follow the directions for these shampoos carefully. Talk to your doctor before treating children under the age of two, or if you are pregnant or breast feeding. Check the heads of all family members and treat those affected at the same time to prevent reinfestation.

Extra housecleaning and use of insecticide sprays are not needed; however, washing combs, brushes, headgears, pillow cases, sheets and towels in hot water is recommended.

#### **How to prevent it?**

Avoid direct head-to head contact and sharing items such as combs, brushes, hair pieces and towels, etc. with individuals who have head lice.

#### **For More Information**

Contact: Community Health Programs, Community Wellbeing Centre  
50 Meadow Drive, Tyendinaga Mohawk Territory, ON K0K 1X0  
Phone: 613-967-3603 Fax: 613-962-4210 Website: <http://www.mbq-tmt.org>

References: Canadian Pediatric Society [http://www.caringforkids.cps.ca/handouts/head\\_lice](http://www.caringforkids.cps.ca/handouts/head_lice)



# Winter Safety Tips

- \* Check the weather forecasts to anticipate clothing needs throughout the day.

## Ice Thickens Should Be:

- 15 cm (6 inches) for walking or skating alone
- 20 cm (8 inches) for skating parties or games
- 25 cm (10 inches) for snowmobiles

The season's frigid temps shouldn't fool you — snow reflects more than 75% of the sun's damaging ultraviolet rays. Use Sunscreen before children go out to play.

- \* Do not allow children to eat snow. It may contain pollutants, dirt, fecal matter or other contaminants, and the cold snow can chill a young child's body to dangerous levels
- \* Only play winter sports in safe, approved locations rather than using seemingly frozen ponds, unknown hillsides or other potentially dangerous locations
- \* Keep children home from school and other public places if they are sick
- \* Set reasonable time limits on outdoor play to prevent hypothermia and frostbite. Have children come inside periodically to warm up
- \* Keep candles, kerosene lamps, and other open flames out of reach of children at all times
- \* Keep children indoors if the temperature falls below  $-25^{\circ}\text{C}$ , or if the wind chill is  $-28^{\circ}\text{C}$  or greater
- \* Make Sure children wear helmets and other safety gear when doing winter sports
- \* Talk to your children about snowballs fights. They can lead to injuries, especially to the eyes. Snowballs are more dangerous if the snow is hard-packed or contains a rock or some other hard object



Enyonkwa'nikonhriyohake' Program Presents:

# Youth Group!

All activities are FREE  
DECEMBER 2013



## NOTES FOR DECEMBER:

- **NEW\*\*\*** Calendar of events mailed out for THURSDAY'S GROUP - *registered children must sign-up - limited spots available!*
- REMINDER: if school buses are cancelled or leave early due to weather, Youth Group will also be cancelled
- MANDATORY registration for *all* ages (must be completed on 1<sup>st</sup> visit)
- For more info, please call Tracy Hill at CWC @ 613-967-0122 x 146

## Tuesdays

ages: 6-8  
TIME: 6-8PM



ages: 13-18  
TIME: 6-8PM

## Wednesdays

## Thursdays

ages: 9-12\*\*\*  
TIME: 6-8PM





# 4-H has come to Tyendinaga!

**LEARN TO DO  
BY DOING** 

We are LOOKING FOR YOUTH, ages 9+ TO PARTICIPATE IN OUR **Beading Club** STARTING WEDNESDAY EVENINGS IN JANUARY FOR 6 weeks!



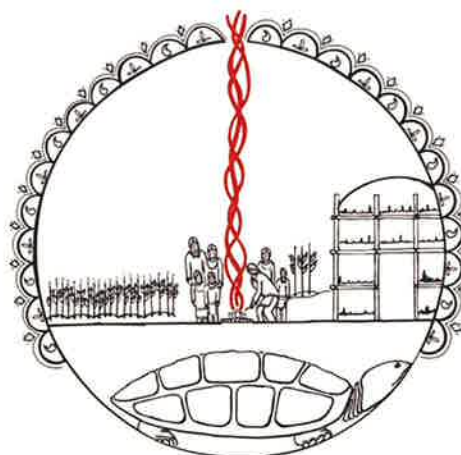
COST OF MEMBERSHIP: \$20  
YOU WILL DECIDE ON WHAT OTHER  
CLUBS YOU WOULD LIKE TO DO  
THROUGHOUT THE YEAR!

SIGN-UP DEADLINE: 4:30PM, WEDNESDAY, DECEMBER 18<sup>TH</sup> – LIMITED SPACES

FOR MORE INFORMATION OR TO SIGN-UP, PLEASE CONTACT:  
CINDY LOFT (HOME SUPPORT) OR TRACY HILL (ENYONKWA'NIKONHRIYOHAKÉ' PROGRAM)  
@ 613-967-0122



**4-H Ontario**





# Holiday Schedule for TFRC

**TFRC will be open the following hours over the Christmas Holidays**

**Any Questions or comments are welcome!**

Dec 23	6:30am – 8pm
Dec 24	7am – 1:30pm
Dec 25	<b>CLOSED</b>
Dec 26	<b>CLOSED</b>
Dec 27	7am - 6pm
Dec 28	8am-2pm
Dec 30	7am – 1:30pm 3pm - 8pm
Dec 31	7am – 1:30pm
Jan 1	<b>CLOSED</b>
Jan 2	7am – 1:30pm 3pm-8pm
Jan 3	7am – 1:30pm 3pm – 6pm
Jan 4	8am – 2pm





# Tyendinaga Fitness Resource Centre (613) 962-2822 December NEW-Fitness



## Poster Details Available

14 York Rd. Shannonville  
Phone: 613-962-2822  
E-mail:

tyfitness@mbq-tmt.org.

Check us out on **FACEBOOK**

*Pilates ~ Wendy Meraw*



*Martial Arts ~  
Denny Tompkins*

*Tai Chi ~ Jocelyne Granger*

*Zumba - Brigitte Cole*

*All Program fees go to the  
Instructor  
Programs will continue if  
successful*

*Drop -In Welcome for  
Fitness Programs & TFR*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 All Classes Are very reasonable price	2 Martial Arts 6:30-7:45	3 Zumba 6pm-7pm	4 Tai Chi 10am-11am	5 Martial Arts 6:30-7:45	6 	7 *
8 	9 Martial Arts 6:30-7:45	10 Zumba 6pm-7pm	11 Tai Chi 10am-11am	12 Martial Arts 6:30-7:45	14	14
15	16 Martial Arts 6:30-7:45	17 Zumba 6pm-7pm	18 Tai Chi 10am-11am	19 Martial Arts 6:30-7:45	20 P.D Event 8am to 12pm Wii Competition	21 Registration Form ↓
Part-time Hours Start	23 Regular hours 6:30am-8pm	24 <b>OPEN</b> 7am to 1:30pm	25 <b>CLOSED</b>	26 <b>CLOSED</b>	27 7am -6pm 8am-2pm	28 8am to 2pm
	30 7am-1:30pm 3pm-8pm	31 7am - 1:30pm	1 <b>CLOSED</b>	2 7am-1:30pm 3pm -8pm	3 7am-1:30pm 3pm-6pm	4 8am -2pm

Feb 6, 13, 20 - 6:00pm - Hanio Oksa Workshop

3 Presenters - **Mandi Tisdale, Dawn James, Lori McNally**

Reflexology - **Wed. Jan.22 - 9am to 3pm**

(sorry no childcare on this day, we will have it on Friday)

**Discovering the  
Balance by  
Working  
the Mind, Body,**





**ZUMBA**  
fitness

# SHRINK EVERYTHING BUT YOUR SMILE

LET THE MUSIC FREE YOUR BODY.  
THE ULTIMATE DANCE-FITNESS  
PARTY WILL GROOVE YOU INTO SHAPE.



FOR CLASS DETAILS  
CONTACT YOUR LICENSED ZUMBA® INSTRUCTOR:

**Brigitte Cole**  
**(613) 968 -2861**  
thomascrown2000@hotmail.com / <https://www.facebook.com/>



**ZUMBA**  
fitness

LOVE MUSIC, LOVE DANCING AND WANT A WORKOUT? NOW  
AVAILABLE AT 2 LOCATIONS.  
TUESDAYS @ 6PM AT TYENDINAGA FITNESS RESOURCE  
CENTRE (Corner of Hwy 2 and York Rd. Shannonville)  
WEDNESDAYS @ 6:30PM AT BODY SHOP X-TRAINING CO. IN  
ROSSMORE (Across Bay Bridge, turn right at the lights - next to  
Super Duper)

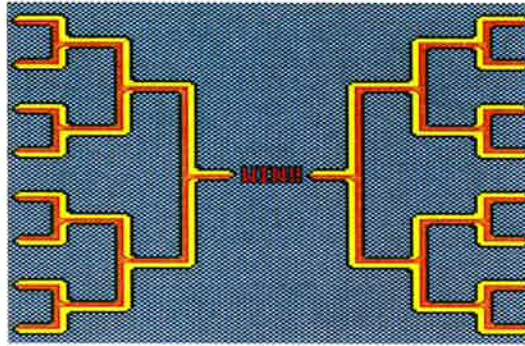
[zumba.com](http://zumba.com)

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JOIN THE  
**party**



# PA Day Wii Game Competition



**WHO:** Youth ages 8-12

**WHAT:** Wii sports games, skipping competition, crafts and board games

**WHERE:** Tyendinaga Fitness Resource Centre.

**WHEN:** Friday, December 20<sup>th</sup>, 2013 from 8-12

\* Deadline for registration: December 12<sup>th</sup> Limit of 16 students

\*email: [tyfitnessres@yahoo.ca](mailto:tyfitnessres@yahoo.ca) \*phone: (613)-962-2822



## WIN PRIZES



Pilates is a method of core conditioning which can help increase your muscular strength, flexibility and endurance without building bulk or stressing your joints. This class will cover mat work exercises that will leave you feeling revitalized.

### Wednesdays in January

### 5:50pm-6:50pm

**In order for this event to be Successful & Active, 10 people need to be signed up and prepaid**

**The Fitness Instructor, Wendy Meraw has 30 years experience with Pilates**

**Great for core development**

Drop ins are welcome but please call the day before:

**(613) 962-2822**

or email [tyfitnessres@mbq-tmt.org](mailto:tyfitnessres@mbq-tmt.org)

Any questions on Pilates please e-mail:  
[wmeraw45@gmail.com](mailto:wmeraw45@gmail.com)



# HOCKEY AT ITS BEST!

JAN. 18, 2014

CHECK US  
OUT ON  
FACEBOOK!



VS.



Montreal Canadiens  
Alumni

**MEET THE STARS – AN AFTERNOON OF FAMILY FUN AND EXCITEMENT!**

January 18, 2014 from 2:30 pm to 4:30 pm at the Deseronto Arena

Tickets: VIP seating \$25 each; Regular seating \$20 each or 10 for \$150

Sponsorship and tickets: call Cassie Thompson (613) 967-3603 or (613) 813-1645

Reception: 5:30 pm to 7:00 pm with light refreshments (cash bar)

[www.facebook.com/mbq.tmt](http://www.facebook.com/mbq.tmt)



Proceeds go to the Youth Sports Programs  
at Tyendinaga Mohawk Territory












# Sponsorship Opportunities

**JAN. 18, 2014 CANADIENS ALUMNI/MOHAWKS HOCKEY GAME**



**CHECK US  
OUT ON  
FACEBOOK!**

**GET IN ON THE FUN!** Here's the chance for you or your business to be a part of the action!

-  **Your Logo on the Mohawk Fire and Rescue Game Jerseys** **\$ 5,000**  
Go home with four Game Sweaters (2 Montreal, 2 Mohawk Fire+Rescue)  
(CONFIRMATION AND PAYMENT REQUIRED BY JANUARY 4, 2014)
-  **Live the Dream!! You get to play on the Montreal team (2 spots available)** **\$ 1,500**  
Skate with the team as a player – 1 forward and 1 defence opportunity  
Includes 4 VIP tickets and Souvenir Photo with the team
-  **Can't Skate!! But you can still join Guy Lafleur on the Montreal Bench** **\$ 750**  
Only 1 available! Be on the bench for the entire game to help as a trainer  
Includes 2 VIP tickets and Souvenir Photo with the team  
(PROBABLY HELPS TO SPEAK FRENCH FOR THIS OPTION)
-  **Full-page colour ad in Souvenir Program** **\$ 1,000**  
4 Regular seat tickets + 4 Souvenir T-shirts
-  **Half-page colour ad in Souvenir Program** **\$ 500**  
2 Regular seat tickets + 2 Souvenir T-shirts
-  **Call the Game – Be a Referee for a period (6 available)** **\$ 200**  
(YOU MUST KNOW THE GAME FOR THIS OPTION)
-  **Break up the fights! – Be a linesman for a period** **\$ 200**
-  **Business card-sized color ad in Souvenir Program** **\$ 150**
-  **MEET AND GREET ONLY – see your hockey heroes close up!** **\$ 10**

January 18, 2014 from 2:30 pm to 4:30 pm at the Deseronto Arena  
Reception: 5:30 pm to 7:00 pm with light refreshments (cash bar)  
Tickets: VIP seating \$25 each; regular seating \$20 each or 10 for \$150  
For sponsorship and tickets: call Cassie Thompson at (613) 967-3603 or  
(613) 813-1645 or email at [cassiet@mbq-tmt.org](mailto:cassiet@mbq-tmt.org)

Tickets are available at many locations

[www.facebook.com/mbq.tmt](http://www.facebook.com/mbq.tmt)



**MAKES A GREAT CHRISTMAS GIFT!**



Montreal Canadiens  
Alumni

# Hockey at its best

**Hello Boys and Girls ages 7-11**

**Are you interested in playing a 5 minute period  
against the Montreal Canadiens Alumni.**

**on**

**January 18, 2014**

**We are asking each parent to pay approximately \$30.00 to purchase the jersey  
which your child /children get to keep.**

**If your child/children are interested please contact Shelley Bowden at the  
Administration office at 613-396-3424 or 613-827-8310 no later than December 15,  
2013**



**VS.**



**MAKES A GREAT CHRISTMAS GIFT!**



# NEED ICE?



Need some ice time for that family function or birthday party that is coming up? Or maybe you want to just get together for a friendly game of shinny or a practice? The following ice times available:

November 30	1:00-1:50
December 7	10:00-10:50, 11:00-11:50, 5:30-6:20
December 13	6:00-6:50
December 14	12:00-12:50, 1:00-1:50
December 21	10:00-10:50, 5:30-6:20
December 28	10:00-10:50, 11:00-11:50, 5:30-6:20
January 4	10:00-10:50, 4:30-5:20
January 11	10:00-10:50
January 17	6:00-6:50
January 18	10:00-10:50
January 25	12:00-12:50, 1:00-1:50
February 1	10:00-10:50 11:00-11:50, 12:00-12:50 and 5:30-6:20

Please Contact: Andy 613-396-3432 or [aconger@deseronto.ca](mailto:aconger@deseronto.ca)

**Christmas  
Craft Show**


**Date: Saturday, December 7, 2013**

**Location: Community Centre**

**Time: 9am-6pm**

**\$2 Entrance Fee or a Non- Perishable  
Item for the Food Bank**

**If you would like more information,  
Please contact Bonny or Bobbie At  
Community Services (613) 967-3616**



**KANHIOTE  
LIBRARY**  
613-967-6264

Monday, Tuesday  
and Wednesday  
10:30 to 5:30

Thursday 12 to 7

Cookie Sale  
on Dec. 14



Thank you to all who supported our fundraising efforts with Everyday Style, Gold Canyon and Lia Sophia.

Our next event is the Annual Cookie Sale at the library on Dec. 14 - cookies are \$4.00/dozen - at the same time is a Chinese Auction.

Call the library if you are interested in the knitting session starting in the New Year - learn to knit welcome also - \$20 instruction fee.



*Best wishes for happy holiday season with your friends and family.*

## Attention

# Hunters & Shooters!

*Interested in getting your PAL and/or Hunting Licences?*

“ONE STOP” courses will be offered. Both Courses combined \$280.00  
Individual Course \$140.00

The Firearms Safety Course (PAL) portion will be Fri/Sat Jan. 18/19, 2014

The Hunter Education Course portion will be Fri/Sat Jan 24/25 (Outdoors card)

Both Courses will run Fri. 6 - 9 p.m. and Sat. 8:30 - 5:30 p.m.

Anyone interested in challenging the firearms tests should set up a time and date in advance. The cost for a challenge is \$45.00.

Courses include instruction, study manual, tests and paperwork required to apply for your PAL and Hunting licences. Courses will be offered in Shannonville at the corner of Hwy #2 and York Rd. (next to Tyendinaga Fitness Centre)

There is limited space.

For more information or to reserve your spot please call Ed Maracle at (613) 396-3077 or email at [emaracle@xplornet.ca](mailto:emaracle@xplornet.ca)





## DESERONTO LEGION

### Coming events...

*Sat. Dec. 14, the O'Donnell family, known as Border Town, plays from 4-7.*

*During Christmas week we expect to have our traditional 'Jam' and pot luck.  
Date TBA*

*New Years brings A Bit of Nostalgia back to entertain us from 8:30-12:30. Hot and cold buffet is featured, along with snacks and party favours. Tickets available at the bar and at Smart Florist.*

*Our silent auction continues till Dec. 15.*

*Items include a pair of Leaf vs Buffalo hockey tickets, home baking, knitted goods etc.*

# *New Years Eve Dance*

music by

**Jennifer Brant  
& Mustang**

Country music with some 50's & 60's Rock

**December 31, 2013**

**8pm – 12:30 am**

Light Luncheon Included

Orange Lodge Hall  
York Road, Tyendinaga Territory

\$20.00 per person  
Tickets can be purchased in advance: Pat 613-396-2132  
Jennifer 613-396-3308  
Lenore 613-476-7632



**SANTA'S LIVING ROOM  
IS COMING TO 366 MAIN ST.  
DESERONTO**



**starting November 22<sup>nd</sup> to December 22<sup>nd</sup> 2013**

Come and Enjoy a cup of hot chocolate and cookies

Enter a colouring contest.

Have your pictures taken with Santa (*ready to take home*)

Cost only \$5.00 per photo or all pics put on memory stick for a cost of \$20.00

**\* Proceeds will go to support Candies for Kids \***



**SANTA'S HOURS**

**1 pm to 5 pm**

	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
December	6th	7th	8th
December	13th	14th	15th
December		21 <sup>st</sup>	22 <sup>nd</sup>





## THE ANGLICAN PARISH OF TYENDINAGA

*To be a Spirit-filled and life-giving place where  
strangers become friends and friends become disciples.*

Parish Priest

The Venerable Brad Smith  
962-2787

*Our worship uses a mixture of traditional and contemporary language and music, including Mohawk. All people are welcome to worship and participate in fellowship and parish life. We don't think we have all the answers—if you have questions, please join us on a journey of discovering the sacred One.*

### SUNDAY CELEBRATIONS

All Saints' Church (Upper Church)  
1295 Ridge Rd  
9:30 a.m.

*Worship Schedule - 9:30 a.m.  
Christ Church - May to October  
All Saints' - November to April*

### UPCOMING EVENTS

Men's Breakfast  
Sat 28 Dec, 8:00 a.m., Small Town Café, Deseronto  
A time of fellowship and food for Christian men.

### CHRISTMAS CELEBRATIONS

Blue Christmas - Sun 22 Dec  
5 p.m. - All Saints' Church  
A service for those who find Christmas hard to celebrate due to loss or grief. Followed by a potluck supper and fellowship in the parish hall.

Christmas Eve, Tue 24 Dec  
4 p.m. - All Saints' Church - Family Celebration  
*The family celebration is a more informal worship service in the parish hall designed for families with children. It includes crafts and storytelling.*

7 p.m. - Christ Church - Traditional Candlelight Service  
*The traditional service is more formal and includes worship by candlelight and favourite Christmas hymns.*

Christmas Day, Wed 25 Dec  
9 a.m. - All Saints' Church

FOR THE MOST UP-TO-DATE INFORMATION,  
VISIT [WWW.PARISHOFTYENDINAGA.ORG](http://WWW.PARISHOFTYENDINAGA.ORG)  
OR [WWW.FACEBOOK.COM/TYENDINAGAANGLICAN](http://WWW.FACEBOOK.COM/TYENDINAGAANGLICAN)

## “AA OPEN MEETINGS”

8:00 p.m. every Monday  
Queen Ann Parish Centre

For more information call:  
Bev or Bill 613-962-5183

## WE ARE TOPS, ON#5258 T.M.T.

*Losers Unite, Join Us!*

### **WINTER HOURS**

Thursdays

5 - 5:30 = Weigh in  
5:30 - 6:30 = Meeting

Elders Lodge  
(Bayshore Rd)

**TOPS** is a weigh loss meeting and support group established in 1948 as a nonprofit organization. Our goal is to help each other lose weight for better health and appearance.

If you are struggling with a weight issue join us and together we can achieve our goals.

**You may be the one person I need to help me lose these pounds.**

The first meeting is FREE. Its time to be a loser, come see for yourself.

Contact: Joy Brant - 613-885-0506  
Tree Good [altree94@gmail.com](mailto:altree94@gmail.com)



## ***She:kon! Skennen:kowa!***

**Greetings! Is the Great Peace still with you?**

**The Prince of Peace is coming!**

***Keristos Ne Korah:Kowa***

***The Mohawk Parish of Christ the King***

***Under the patronage of St. Kateri Tekakwitha***

***A Catholic « Anglican-Use » Community***

***Tyendinaga, M.T.***



### ***Have a blessed Advent!***

***"Rejoice: the Lord is nigh!"*** As Christmas draws near, the Church emphasises the joy that should be in our hearts over the celebration of our Saviour's Advent (coming) not only at Christmas but also at His coming again in glory to lead us into His kingdom. The oft-repeated *O Come Emmanuel* is an echo not only of the prophets, but also of the last words of the New Testament... ***"Come, Lord Jesus!"*** May our hearts be filled with the joy of the Lord as we anticipate His arrival...

### **Services are held at**

**The Elders' Lodge Common Room**

***301 Bayshore Road, Tyendinaga, M.T.***

### **Regular Sunday Services**

**Usually at 10 AM—Best to call to verify!**



## **CHRISTMAS EVE SERVICE**

**6 PM, Tuesday, December 24<sup>th</sup>, A.D. 2013**

The Creator gave us His greatest gift on that First Christmas Day—May Our Lord bring life, hope, and peace to you and yours this Christmas and always...

**No Services Are Scheduled on Dec. 25<sup>th</sup>!**

**For additional parish information, please call:**

Mr. Charles E. Maraacle, Rector's Warden, at 613-396-3089  
OR

Ms. Lorna J. Moses, People's Warden, at 613-396-2538

**For Sacramental or Pastoral Services, please call:**

**"Fr." Gérard Trinqué ☎ 1-888-831-4145**

**✉ [gtpius@yahoo.com](mailto:gtpius@yahoo.com)**



## **TYENDINAGA MOHAWK TERRITORY**

**1984 YORK ROAD**

**CHURCH - 613-396-5329**

**PARSONAGE - 613 - 396 - 5325**

### **Sunday**

**10:30 am Worship Service**

**11:30 am Children's Church**

**6:30 pm Worship Service**

### **Wednesday**

**7:00 pm Bible Study**

### **Saturday**

**7:00 pm Prayer**

## **Coming Events**

**Dec 6 - 6:30pm Friday Night Lights**  
youth program for ages 8 - 12 will be held  
at MPC fellowship hall

**Dec 6 - 7:00pm Revival Service at the**  
Temple of Prayer and Praise  
261 West st, Napanee

**Dec 8 - 6:30pm Return to Cambodia**  
Come on out and support Matt McCullough  
and his family as they prepare to return  
to Cambodia - this will be held at MPC

**Dec 17 6:00pm Senior basket preparation** Come  
out and join in the fun as we put together Christmas  
Baskets for the seniors of the Territory.

**December 18 - 7:00pm Christmas caroling**  
We take to the roads of Tyendinaga Territory and sing to  
the seniors during this Christmas Holiday Season.

**Dec 22 4:00pm Christmas dinner celebration**  
Tickets are \$15.00, for a roast beef dinner  
(12 yrs and under eat free)

**Dec 24 - 7:00pm Christmas eve. service**





# Happy Holidays

**Now is the time for Compassion and Hope!**

Receive a New Patient Exam and 2 weeks of care for **FREE!**

**AND**

With each new patient that takes advantage of this generous offer,  
Dr. Jason and Dr. Rebecca will donate \$20 to Chiropractors with  
Compassion.

Chiropractors with Compassion has raised over \$2 Million in the fight against children's poverty around the world.

## Two Locations to Serve you Better!

ForeverYoung Chiropractic  
1111 Princess St  
Kingston, ON  
613-507-5007



Maracle Chiropractic  
14 York Rd  
Shannonville, ON  
613-876-5855



## Gift of Health and Hope

(Value \$300)



Receive a New Patient Exam and 2 weeks of Adjustments. Must be presented on the date of the initial visit. No cash value.

**Expires January 31, 2014.**

# CLASSIFIED

## HOUSE FOR SALE

41 UPPER SLASH RD  
613-967-8230  
Call to View

## FOR SALE

FIREPLACE WITH CONSOLE  
- with remote control & shelves for a disk player  
- to view located 458 York Rd  
- brand new, never used

Call: 613-967-3345

## FOR SALE

4 BEDROOM 1800 sq. Ft  
BUNGALOW  
- on 1 full acre  
- master bedroom is 15ft X 15ft, has a walk-in closet, drywall & pine, carpeted, 2 bedrooms are 12 ft X 11ft  
- 1 bedroom is 15ft X 11ft  
- living room is 25ft X 16ft, all pine walls & open concept with kitchen  
- kitchen is 15ft X 16ft, oak cupboards, brick & drywall  
- bathroom is 8ft X 10ft, completely renovated 2 yrs ago, ½ wood walls & drywall with crown molding, claw foot bathtub, all new fixtures  
- central air, insulated full basement, electric furnace, 2000 gallon holding tank  
- new windows last fall, new flooring throughout 3 yrs ago, metal roof  
- double wide driveway, wheelchair ramp  
- large shed  
- includes fridge, stove, washer & dryer  
- located at 554 Norways Rd  
- \$135,000.00 (negotiable)

Please call for a viewing appointment  
(613) 962-3748 or (613) 968-6626

## HOUSE FOR SALE

- 840 # 49 Hwy Tyendinaga Territory  
- lot 150' X 200'  
- House, Garage, Store front, Utility shed  
- 1735 sq. ft. main floor  
- full basement  
- 4 bedroom, 2 bathroom on suite has jacuzzi tub  
- above ground pool  
- large deck  
- 5 X 10 pool table included  
- appliance included/and some home decor  
- sunroom - leads from master bedroom to pool area

Details call: Rick 613-827-2988  
Jackie 613-849-4559

## WATERFRONT LOTS FOR SALE

- located on Snookies Rd  
- with road frontage on Toms Rd.  
- Lots 3C-6, Lot 3C-7, and Lot 3C-8 Con. 2  
- 140 ft of waterfront with total acreage of 7.23 acres

For further information, please call: Scott Maracle 613-396-1327

## FOR RENT

SINGLE BEDROOM  
- 129 Bayshore Rd.  
- Kitchen, living and bath  
- Available immediately  
- \$500.00 per month  
(All inclusive)

Call 613-242-8819

## FOR SALE

BALES OF STRAW  
- 4 x 4 round  
Call: William J. Brant  
613-967-1129

## FOR SALE

4 BEDROOM HOME  
- large eat-in kitchen  
- dishwasher, fridge, stove  
- large bedrooms  
- Updated 4 pc bathroom (ceramic floor)  
- 3 pc bath w/shower  
- large family room with updated woodstove (WETT certified)  
- walkout basement  
- lots of storage  
- upgraded well with holding tank  
- new roof and deck  
- shed  
- lot size 3/4 acre (approx)

PRICE RECENTLY REDUCED  
(Serious offers will be considered)

Please contact:  
[tyendinaga11@yahoo.com](mailto:tyendinaga11@yahoo.com) OR  
416-938-4157 or 613-396-2151

## FOR SALE

2010 CHEVY SILVERADO  
- 25000 kms, 4.3 L V6,  
- automatic, 2 wheel drive, AC  
- power rack and pinion steering  
- factory warranty, on star, still smells new \$17,900

She's a must see!  
Call Teresa or text 613-391-1617





## HOUSE FOR SALE

### 4 BEDROOM

- 2 full baths, split level house on Beach Rd.
- 2 car garage, propane furnace /hot water tank / cook stove
- 2 yr old pellet stove secondary heat source in the basement
- partially completed basement which could host another bedroom
- large master bedroom, living room and full bath (Jacuzzi tub) above the garage
- main part of the house has a large dinning room, kitchen and 3 bedrooms and a full bath
- all laminate flooring throughout
- large yard with a 27 ft. above ground pool
- \$160,000.00 negotiable

If interested serious "inquiries only" please call and leave a message with your name and number to Wendy & Bill 1-587-276-1092 and leave a message

## FOR RENT

### PRIME OFFICE SPACE

- Central location to Wellness Building & new Band Office
- 68 Sadies Lane
- Unit 1** - 12 X 12 \$550/month including heat & hydro
- Unit 2** - 13 X 19 \$750/month including heat & hydro
- Phone & internet connection in building extra
- Rent both units for \$1000.00/month
- Contact Jim McMurter 613-849-3436

## LOT FOR SALE

HY 49 & BAYSHORE RD  
Partial dwelling located there  
Phone: 613-243-9079

## FOR SALE

### HONEY OAK 2 PEDESTAL OVAL DINING TABLE - 40"X60"

- Quality handcrafted by Tompkins Furniture Deseronto. includes 2 leaves to extend it 24 more inches.
- Will fit large or small space and includes 6 matching oak chairs. Price \$725.99.
- Great buy n **excellent** condition!

Contact Marilyn at 613-967-1129 if interested.

## BABYSITTING AVAILABLE

- certified in First Aid, CPR & AED, Social Worker Diploma, Outside playtime healthy snacks, lunch
- Story time, songs, games & crafts. Monday-Friday reasonable rates.
- In my home.

Call Fran - 613-396-2393



## Lucky Leprechaun Painting & Landscaping

Now offering Window, Deck &  
Laminate Floor installation  
Painting from \$150.00 per room

"Quality is remembered long after price is forgotten" 20 Years Experience.  
E-mail: [andrewmcnally73@g-mail.com](mailto:andrewmcnally73@g-mail.com)  
Andrew - 613- 403- 5373

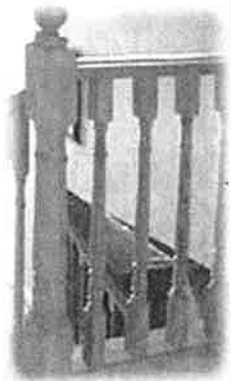
## Sam's Custom Railings

Specializing in Oak & Maple  
Free Estimates

### Ken (Sam) Barnhardt

1467 York Rd  
Tyendinaga Mohawk Territory, ON  
K0K 1X0

613.966.9734



## LUCKY Leprechaun FLEA MARKET

300 Dundas St. W.  
Napanee

(Beside Tammy's  
Country Kitchen)

# The Christmas Shop



**Open Every Day  
In December**

(Until December 24<sup>th</sup>)

**11:00 a.m. – 6:00 p.m.**

**Lots of wreaths, ornaments, decorations, gifts and more!!**

**Always something new to see.**

*Soy Candles by April sold here!*

**Is gift buying sometimes a challenge? A one-of-a-kind gift basket is the answer!**

**See our ready-made baskets or we will customize one for you!!**

*“You name the price, we’ll make it nice!”*

# The Lazy Gardener

~ 1154 York Rd., Tyendinaga Mohawk Territory ~

~ 613-966-7985 ~

*“Unearth your Imagination”<sup>®</sup>*





# TIME FOR YOU SALON

613-968-9459



*introducing*  
SKIN CARE ESSENCE ORGANICS®  
SKIN CARE LINE

*treat yourself to a relaxing facial. \$50*

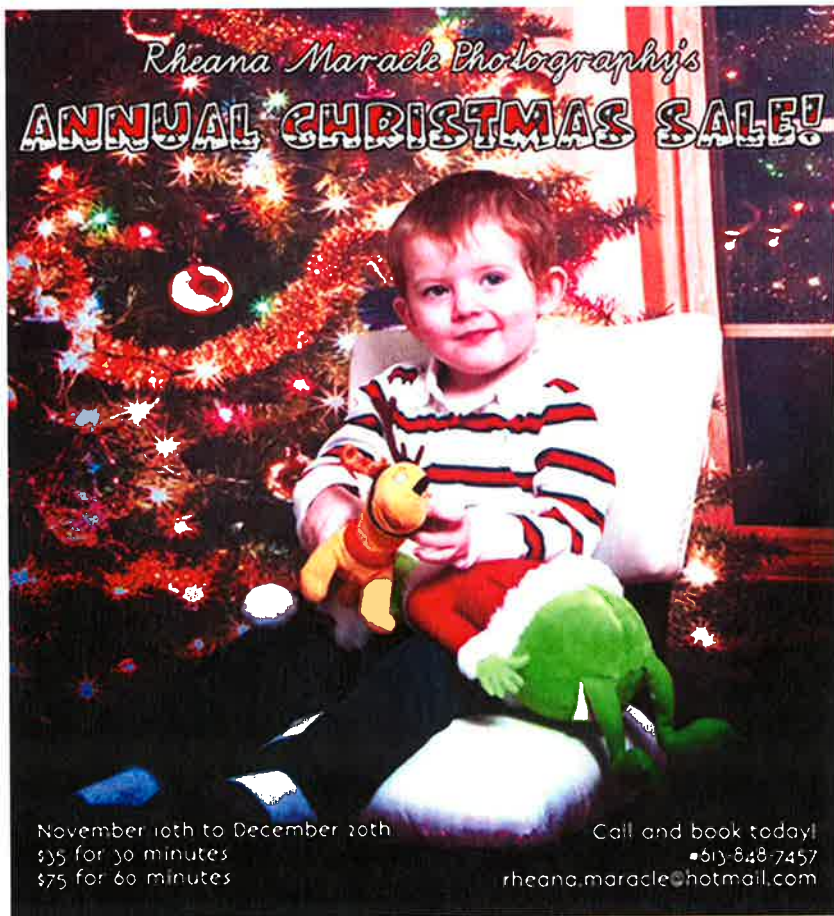
ASK ABOUT OUR WEEK LONG MANICURE  
NO SOAK OR FILLS NECESSARY

*featuring*  
CORISSA MARACLE  
*esthetician graduate, Loyalist College*

RHEANA MARACLE  
*Photography Graduate, Humber College*  
*Make up Artist Graduate*



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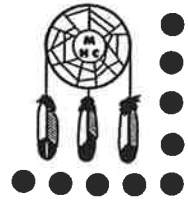
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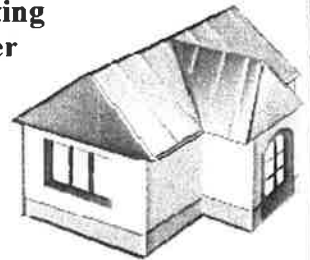
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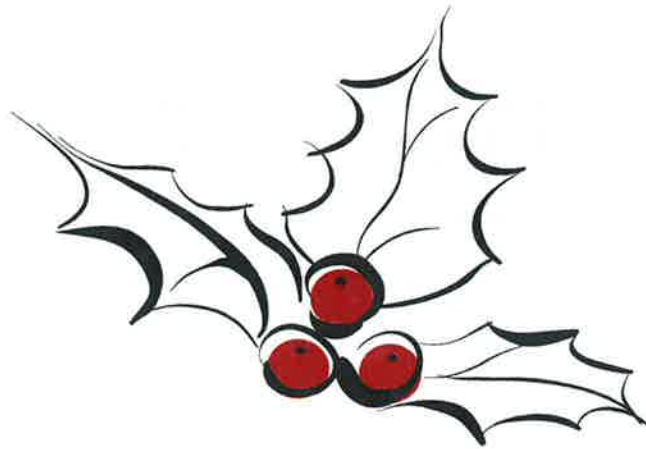
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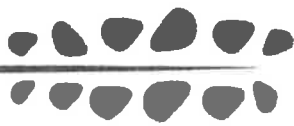
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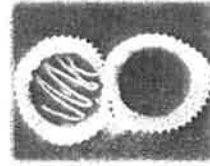
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