

TYENDINAGA

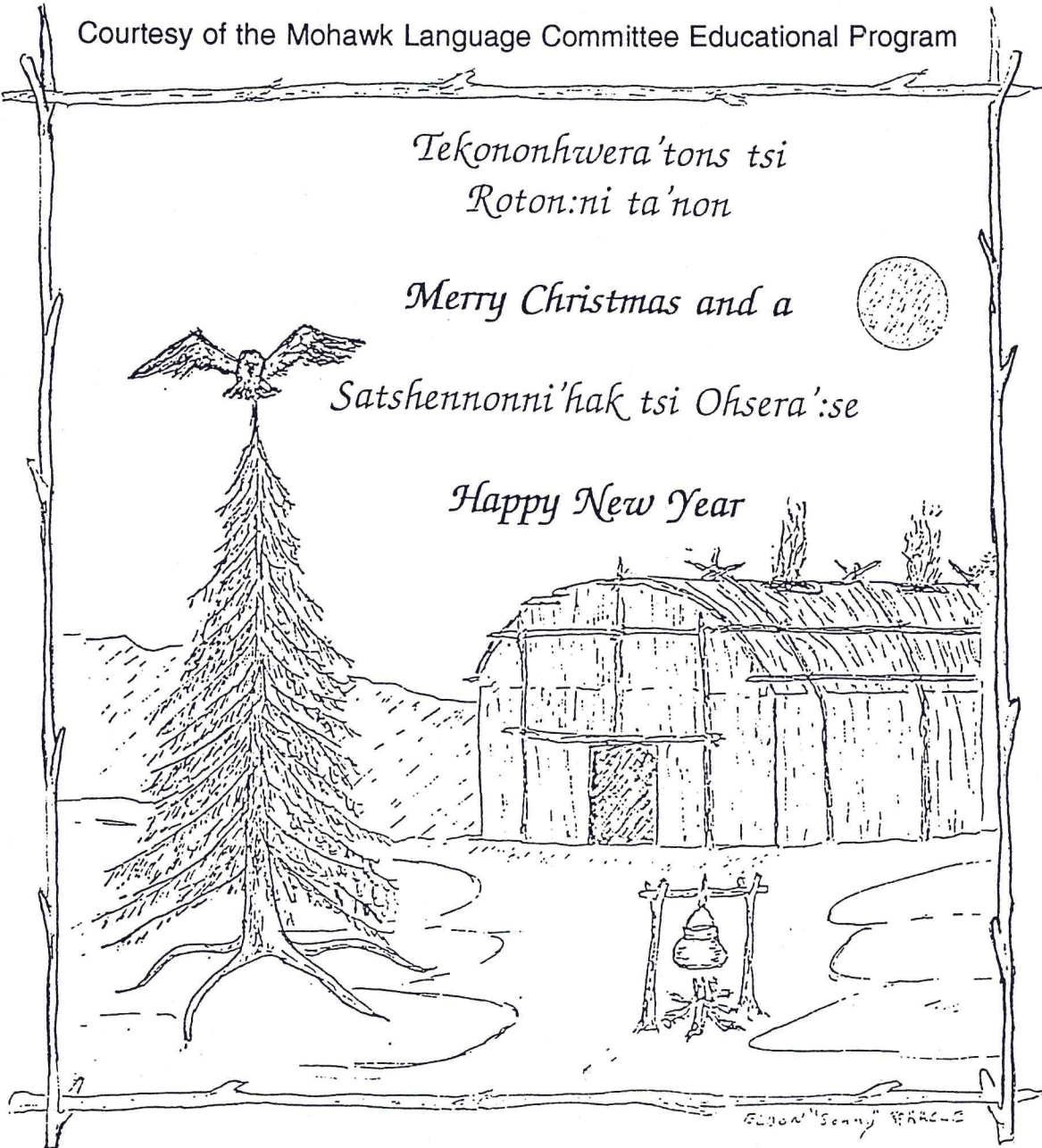
Courtesy of the Mohawk Language Committee Educational Program

*Tekononhwera'tons tsi
Roton:ni ta'non*

Merry Christmas and a

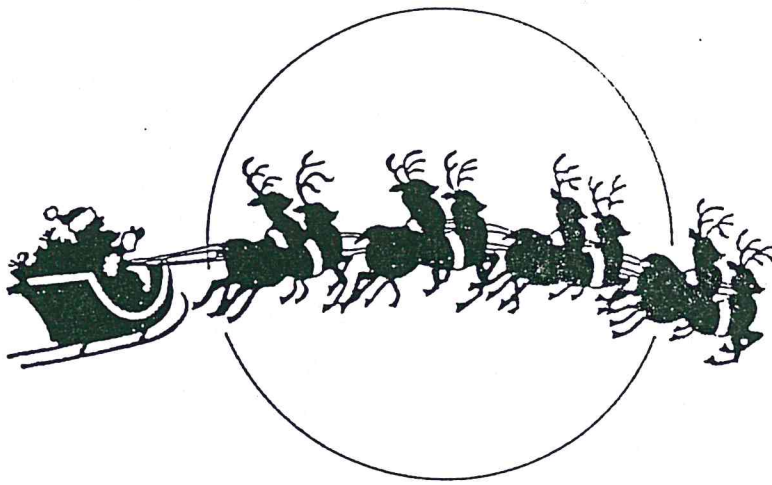
Satshennonni'hak tsi Ohsera':se

Happy New Year



TSI IOTHORHA' (DECEMBER)
ISSUE 20/92

NEWSLETTER



*Merry
Christmas!*

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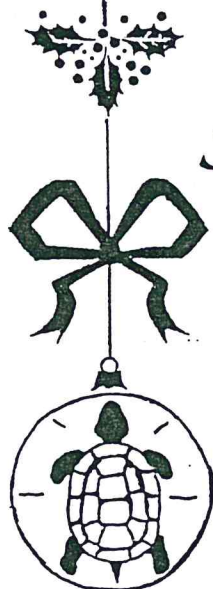
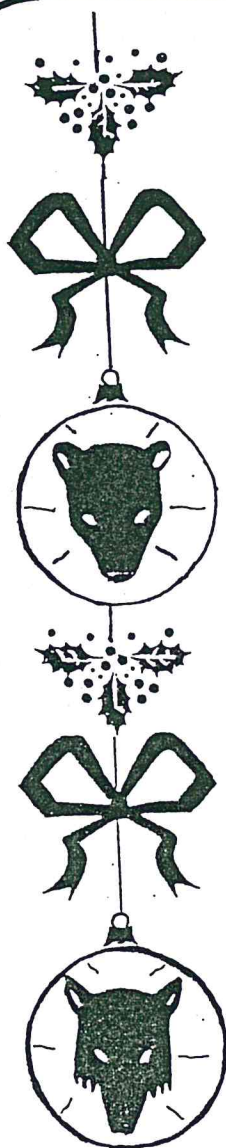
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Season's Greetings

*Wishing You a Joyous
Holiday Season!*

*and Thank Our Creator
for the blessing of this
past year.*

CHIEF & COUNCIL



*All the Tyendinaga Mohawk
Administration Staff would like to*



*Wish All
and Yours a Very
Happy Holiday Season!*



PLEASE NOTE:

THE OFFICE WILL BE CLOSED FOR
THE HOLIDAYS STARTING:

DECEMBER 18 AT 4:30
AND WILL RESUME JANUARY 4 AT 8:30 A.M.

HOURS OF BUSINESS

Monday - Friday
8:30 - 4:30



**** Reminder ****

We would like to remind anyone in the community who received a **PLAZA QUESTIONNAIRE** and has not yet returned it that one more week will be added on to the survey. **JANUARY 4 - JANUARY 11.**

*** PLEASE DO YOUR BEST TO RETURN THESE IF YOU HAVE NOT ALREADY ***

Thank You!
Economic Development Dept.



**** Notice ****

**** PRIVATE DRIVEWAY SNOW REMOVAL ****

DURING THE WINTER SEASON, IT IS IMPORTANT FOR SAFETY REASONS THAT
SNOW NOT BE PUSHED ON TO THE ROADS OF THE TERRITORY.

ALSO, DURING THIS PERIOD IT IS IMPORTANT THAT CARS NOT BE PARKED ON
ROADWAYS IN ORDER TO EXPEDITE SNOW REMOVAL.

YOUR COOPERATION IS APPRECIATED.





The Child Tax Benefit and Status Indians

During November 1992, Revenue Canada sent information packages to families telling them about the new child tax benefit.

The child tax benefit combines Family Allowances and tax credits for children into tax-free monthly payments. The payments will begin in January 1993. The information packages:

- *told parents whether or not they would receive child tax benefit payments;*
- *told parents how much they would receive; and*
- *answered some questions about the child tax benefit.*

We have put together this fact sheet to make sure status Indians receive the maximum amounts they are entitled to. The fact sheet explains the requirement to file income tax returns, and why it is important to tell us about tax-exempt income.

1. Why do I have to file an income tax return to receive the child tax benefit?

We calculate your monthly child tax benefit using the information on your income tax return. If you are married, we also use the information on your spouse's income tax return.

NOTE: Status Indians with tax-exempt income do not normally have to file income tax returns, but this is the only way we can get the information we need to calculate your full child tax benefit. However, we are looking for a simpler way of collecting this information in the future.

2. If I don't file an income tax return, will I still receive the child tax benefit?

You may get the *basic* benefit for the first six months of 1993, even if you have not filed your 1991 income tax return.

However, you will not be entitled to the new "working income supplement" unless you file a 1991 return. After June 1993, payments will stop unless you file a 1992 income tax return. If you are married, your spouse will also have to file a return.

3. Why should I report the tax-exempt income that I have received on my income tax return?

The child tax benefit is made up of two parts: the basic benefit and the "working income supplement."

The working income supplement is an amount of up to \$500 a year for low-income working families.

We use tax-exempt income to calculate how much of the \$500 you should get. If you are married, we will also use any tax-exempt income that your spouse reports on his or her return when we calculate your working income supplement.

If you or your spouse do not tell us about your tax-exempt income, you may not get the full amount you are entitled to.

4. If my spouse or I file income tax returns which show that we have received tax-exempt income, will we have to pay tax on the income?

No. We only use your tax-exempt income to calculate your working income supplement.

5. How do I report my tax-exempt income?

Include a T4 slip or letter from your employer which shows that the income is tax-exempt with your return.

6. I have already filed my 1991 income tax return, but I did not include

Will I qualify for a larger child tax benefit if I tell you now about the tax-exempt income I received in 1991?

Yes, you may qualify for a larger benefit. To find out, you do not have to file another return. Instead, write a letter to your Revenue Canada district taxation office. Include the information about your tax-exempt income and your social insurance number, telling us you want us to make a change to your 1991 income tax return. You may also qualify for a larger child tax benefit if your spouse tells us now about his or her 1991 tax-exempt income.

We will recalculate your child tax benefit based on this new information. If you qualify for more than the amount shown on the notice you got in November, we will send you larger payments. We will also send you any amount we may have underpaid you.

7. What if I need more information?

You can call the toll-free number, which is 1-800-387-1193 (1-800-387-1194 for service in French).

You can also call your Revenue Canada district taxation office or your local Income Security Programs office of Health and Welfare Canada. You can find their numbers in the Government of Canada listings in your phone book.

8. What if I need help to complete an income tax return?

Call your Revenue Canada district taxation office. They will be pleased to help you.

*** NOTICE ***

NEW GARBAGE PICKUP RULES
AS OF JANUARY 1, 1993

\$6.00 PER MONTH IN ADVANCE
OR
CAN BE PAID 3 MONTHS, 6 MONTHS OR BY YEAR
IN ADVANCE TO ROUTE CREW OR MYSELF.

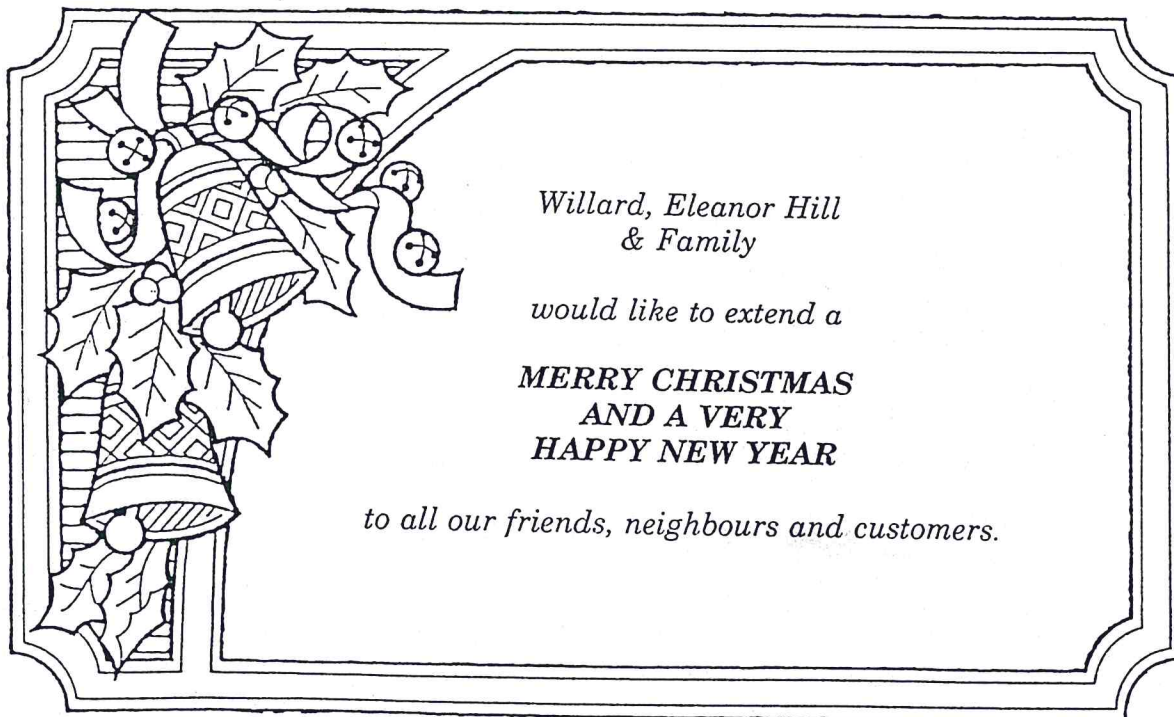
* Any account over two months without payment or reason could be discontinued.
Garbage pick up on Saturdays at curb in bags approx. 40 lbs. and Tied. *

Recycle

A recycle pickup could be started if enough people sign up in an area.

Day Rate
Pick up on Wednesdays **\$6.00 per month**

Call: 396- 2044 for Information





ASSEMBLY OF FIRST NATIONS E.A.G.L.E. PROJECT

Effects on Aborigines from the Great Lakes Environment

HEAD OFFICE: 55 Murray Street, 5th floor Ottawa, Ontario K1N 5M3
TEL: (613) 236-0673 FAX: (613) 238-5780

THE PROJECT

A partnership was formed between the Assembly of First Nations, Health and Welfare Canada and First Nation communities within the Great Lakes Basin. This six year project is being funded through Canada's Green Plan.

Phase I of this project, found First Nation people in a high risk/high exposure category. This was determined from EAGLE hosting environmental open houses in some of the communities. The concerns of the people were noted along with their perceptions of the impact to their health from exposure to contaminants.

One of the goals for the near future is to host open houses in the remainder of the First Nation communities. Information gathered will help develop the study design for the project. The endpoint of the study will demonstrate a need for additional research.

WHY ARE NATIVE PEOPLE IN A HIGH RISK GROUP?

The study found:

- most Native communities are situated on rivers or lakes, close to factories, mines and pulp and paper mills that dump their chemicals into the water;
- the majority of the Native population is under the age of 30. This age group includes most of the women giving birth and their children, the people most affected by contaminants;
- most Native communities eat a lot of fish and wild meat, which can contain high levels of environmental contaminants in their fat; and
- many Native communities have inadequate water and sewage systems.

WHAT CAN BE DONE?

A major goal of this project is to increase awareness of the environment and environmental problems and identify problem areas within Native communities in the Great Lakes Basin. Once the environmental issues are brought forward, remedial measures can be identified.

Awareness of local issues will provide the opportunity for First Nations to initiate preventive programs. The EAGLE Project will lead to a "needs" assessment involving solid waste, water and sewage management, recycling and water testing within First Nation communities.

Recommendations from the EAGLE Project will lead to the development of training programs within the communities. This will enable First Nations to develop the appropriate technical and managerial skills to deal with environmental problems ourselves.

SO, LET US KNOW YOUR CONCERNS AND GET INVOLVED!!!

Tom Northardt
Tyendinaga Administration Office
R.R.#1
DESERONTO, Ontario
K0K 1X0

(613) 396-3424

News release via Canada NewsWire, Toronto 416-863-9350

Attention News Editors:

ONTARIO ENDORSES UNITED NATIONS INTERNATIONAL
YEAR OF THE WORLD'S INDIGENOUS PEOPLE

TORONTO, Dec. 10 /CNW/ - Bud Wildman, Ontario's Minister Responsible for Native Affairs and Minister of Natural Resources, today congratulated the United Nations for declaring 1993 as the International Year of the World's Indigenous People.

Mr. Wildman said that the United Nations General Assembly's theme for the dedicated year is "A New Partnership" and that activities throughout the year will be designed to draw attention to the estimated 300 million Indigenous people in more than 70 nations across the globe.

A key objective for the year is to highlight culture and heritage as vital forces that have enabled Indigenous societies to prevail against great odds. Ontario endorses this international observance, and amongst other activities, plans to dedicate Heritage Week 1993 (February 15-21) to place a special focus on Aboriginal Peoples and heritage conservation.

"The Ontario government is fully committed to its Aboriginal Affairs Agenda," said Mr. Wildman. "We continue to work, across provincial government ministries and agencies, to enhance the ability of Aboriginal communities to improve their socio-economic quality of life, in order for them to achieve the same standards of living enjoyed by all communities in Ontario."

In August 1991, Ontario and the Chiefs of First Nations signed the Statement of Political Relationship. By signing the political accord, Ontario became the first provincial government in Canada to recognize the inherent right of First Nations to be self-governing within the framework of the Canadian Constitution.

"The Ontario government continues to work together as equal partners with Aboriginal communities to negotiate self-government arrangements, settle outstanding land claims, fulfil treaty obligations and make improvements to the quality of life across Ontario.

"These important steps will enable Aboriginal people to achieve greater control over their own lives and work towards durable socio-economic improvements in their communities."

VERSION FRANÇAISE DISPONIBLE

For further information: Jane E. Greer, Communications, Ontario Native Affairs Secretariat, Toronto, Ontario, (416) 326-4763; Shawn Murray, Special Assistant, Communications, Minister's Office, Toronto, Ontario, (416) 314-2301.

December 14, 1992
FOR IMMEDIATE RELEASE

**THREE MONTH PUBLIC CONSULTATION OVER...
INDIAN COMMISSION CONTINUES TO GUIDE
HISTORIC LAND CLAIM SETTLEMENT**

"We have a mountain of material to go through and a fair proposal to keep alive and progressing in light of public input" says Philip Goulais, the Indian Commissioner of Ontario.

Commissioner Goulais is referring to the historic proposal to settle the Mississauga Land Claim near Blind River, Ontario and the three months of public consultations on the claim which are now complete.

The claim is unique in that it is based on a surveying error which all three parties (Ontario, Canada, the First Nation) agree occurred. Also, this is the first time the governments of Ontario and Canada have sought public input on a proposed land claim settlement. Finally, when it is settled it will be the first time the governments of Canada and Ontario will have cooperated to correct a broken treaty promise.

"The goal now is to continue the fair process," says Commissioner Goulais. "With the mass of new input and continued agreement by the three parties, I hope we will be able to announce a final settlement as one of our accomplishments in 1993."

The input received during the three month process includes:

- o 100 discussions/interviews with individuals and groups with an outside facilitator
- o 100 personal interviews conducted by staff at the Ontario Information Centre in Blind River
- o 9 municipal meetings
- o 4 interest group meetings
- o about 300 comment sheets completed by the public (including some 100 proposals for changes to the settlement)
- o 4 open house meetings in Blind River, Iron Bridge, Elliot Lake and Thompson Township
- o in excess of 400 letters from local citizens
- o 2 petitions

The Indian Commission of Ontario has chaired discussions on this claim since 1982 and continues to feel that a fair settlement will not only benefit the Mississauga First Nation, but also their neighbours.

Reactions during the consultation process range from opposition to any settlement to support for the fairness of the proposal. However, a preliminary review of the public comments indicates that the vast majority of local citizens desire to see the boundary issue settled. Indeed in excess of 400 letters received during the consultation expressed the view that the Mississauga First Nation is entitled to a fair and reasonable compensation.

The process now includes the Commission and the negotiators for Ontario, Canada and the First Nation reviewing the comments and submissions received during the consultations as well as a written summary of the public concerns which will be prepared by the independent facilitator, Mr. Bruce Crofts, who assisted the consultations.

The Indian Commission of Ontario will continue to receive input from all interested parties and in the New Year will chair negotiation meetings of all parties designed to finalize the proposed settlement in a way which takes into account legitimate concerns raised during the public consultations.

The elements in the current proposal include having the Federal government make restitution with a monetary settlement; Ontario would provide the First Nation with land and money and the First Nation would accept land in a manner designed to minimize impact on its neighbours or private landowners.

The governments of Canada, Ontario and the First Nation Chiefs of Ontario created the Indian Commission of Ontario in 1978. It is an independent body designed to assist in negotiating acceptable solutions to issues of concern to all parties.

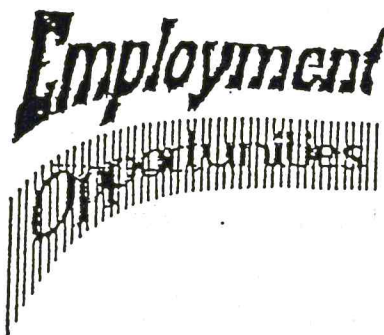
The Commission has a wide range of formal powers with which to guide the negotiation process.

For further information contact:

Philip Goulais
Commissioner
Indian Commission of Ontario
(416) 973-6390

or

Michael Coyle
Senior Counsel
Indian Commission of Ontario
(416) 973-6390



FROM THE OFFICE OF THE EMPLOYMENT CO-ORDINATOR



UNION OF ONTARIO INDIANS

REQUIRES A

HEALTH DIRECTOR

LOCATION: BRANCH OFFICE - TORONTO

RESPONSIBILITIES:

- Analysis of legislation, policy programs, papers and activities of the Federal and Provincial governments.
- Consulting with First Nations to develop political positions.
- Making recommendations to improve the delivery of health services to First Nations.
- Providing support for First Nations' efforts to control health services at the community level.
- Maintaining a working knowledge of current health delivery systems.
- Other responsibilities as they relate to Self-Government.

QUALIFICATIONS:

- Graduate of Community College / University in Administration or five years experience in related field.
- **DEMONSTRATED ABILITY IN A MANAGEMENT POSITION.**
- Working knowledge of the Anishinabek Nation.
- Ability to work irregular hours.
- Valid Ontario driver's license.

SALARY: \$35,000. - \$50,000.

DEADLINE FOR APPLICATIONS: January 3, 1993

SUBMIT APPLICATIONS TO:
Nora Bothwell
Union of Ontario Indians
Nipissing First Nation
P.O. Box 711
NORTH BAY, Ontario
P1B 8J8

UNION OF ONTARIO INDIANS





PUBLIC NOTICE

...11

The Royal Commission on Aboriginal Peoples is seeking applications for employment from post-secondary students from across Canada who will be employed in Ottawa from April 1st to September 1st, 1993.

The Directors of the Secretariat, Administration, Communications, Public Participation and Research will require a number of individuals to provide general assistance on various projects relating to the Commission's mandate. To be eligible, applicants must be enrolled in a post-secondary program and be returning to full-time studies in the fall 1993 session. Remuneration will be in accordance with rates established by Treasury Board for summer students. The cost of travel to and from Ottawa at the commencement and termination of the employment period will be borne by the Commission.

The Commission's requirements include university and community college students with an interest and/or experience in accounting, writing, computer systems, translation (particularly Aboriginal languages), desktop publishing, travel planning and logistics, marketing, policy analysis and general research.

Preference will be given to Aboriginal students. Those seeking to enhance their experience in any of the categories referred to above are invited to contact:

The Coordinator

Summer Student Employment Program Royal Commission on Aboriginal Peoples

P. O. Box 1993, Station B
Ottawa, Canada K1P 1B2
Tel. (613) 943-2075
Fax (613) 943-0304

no later than February 15, 1993.

P.O. Box 1993
Station B
Ottawa, Canada
K1P 1B2

Dēne Dédliné T'adánjthensí ha, Nighak'althēr Nedhé, Dēne Njréttis

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Royal Commission on Aboriginal Peoples

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Commission royale sur les peuples autochtones

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NATIVE ACCESS PROGRAM FOR ENGINEERING at LAKEHEAD UNIVERSITY

**Have you ever thought about a career as
an engineering technologist or engineer?**

If so, the Native Access Program for Engineering developed by the Native peoples and the School of Engineering at Lakehead University may be for you.

The Program Provides....

- pre-university academic preparation in Mathematics, Sciences, Computers and Communications.
- an academic, social, and cultural support system throughout the student's entire program of study.
- the courses in study and life skills necessary to be a successful student.
- an opportunity to become a Chemical, Civil, Electrical or Mechanical Engineering Technologist and Engineer.

The Program....

- was designed for the Aboriginal Peoples of the Province of Ontario who for whatever reason do not have the necessary academic background to enter an engineering program directly.
- needs mature, dedicated, hard working students; women are encouraged to apply.
- begins in mid-July, 1993.

Applications will be accepted until April 15, 1993.

For full information and application forms

Contact the Native Access Program for Engineering
Lakehead University, Thunder Bay, P7B 5E1

by phone (807) 346-7712



ASSEMBLY OF FIRST NATIONS E.A.G.L.E. PROJECT

Effects on Aboriginals from the Great Lakes Environment

HEAD OFFICE: 55 Murray Street, 5th floor Ottawa, Ontario K1N 5M3
TEL: (613) 236-0673 FAX: (613) 238-5780

NEWS RELEASE

HELP NEEDED

The E.A.G.L.E. Project staff are seeking a volunteering community to participate in a Pilot Eating Patterns Profile. The profile will be used as a basis for a comprehensive study later next year.

The Pilot Study will not include laboratory work on fish and wildlife samples. However, the rate of exposure to environmental contaminants will be calculated based on available data our project will access from Environment Ontario, the Canadian Wildlife Service, and the Department of Fisheries and Oceans.

The Pilot Eating Patterns Profile will consist of the following elements in relation to fish and wild meats:

- * A 24-hour food recall;
- * Food frequency/amount questions;
- * Questions on how contaminants are perceived to affect the traditional way of life; and
- * Demographics of participants.

If you feel that you would like to get involved in this pilot project, your information would be obtained with complete confidentiality. We are anticipating that it start by the end of January, 1993.

I can be reached at the Tyendinaga Administration Office at (613) 396-3424. I will explain our objectives in greater detail upon your response.

Sincerely

T.J. Northardt
Regional Representative
Southeastern Region

Royal Bank offers native scholarships

Native students planning to attend university or college next year could receive some help from the Royal Bank.

The bank will grant five native people who are pursuing post-secondary education \$4,000 each for a maximum of four years at university or two years at college.

Lynda White, the Royal Bank's employment equity manager, said students must be studying something which is relevant to the banking industry, but that can be a wide range of things, including an arts degree or an economics program.

"We felt it's a good thing to do to support the native community," said Ms. White.

The program also will help the bank meet its employment equity goals.

Of the employment equity target groups, the bank has "the most work to do" with native people, she said.

An independent committee of native academics will review applications for the grants.

Successful candidates will be selected on the basis of the student's personal and academic achievement as well as financial need.

If they are interested, recipients of the Native Student Awards will be given consideration for summer employment with the Royal Bank and full-time employment after graduation.

Applications for the program are due at the end of January.

Successful candidates will be notified by the end of March.

Those who are interested can obtain more information by writing Royal Bank Native Student Awards, Human Resources-Head Office, Royal Bank, P.O. Box 6001, Montreal, Quebec, H3C 3A9.

PRESS RELEASE - SARNIA ONTARIO

THE PERSONAL SKILLS DEVELOPMENT TRAINING CENTRE IN SARNIA ONTARIO IS PLEASED TO ANNOUNCE THE GRADUATION OF NINE LIFE SKILLS COACHES FROM ITS 180 HOUR TRAINING PROGRAM ON DECEMBER 4, 1992. THE COURSE CONSISTED OF 3 - 2 WEEK PHASES, DURING WHICH THE TRAINEES UNDERWENT INTENSE SELF-DEVELOPMENT, AND LEARNED SKILLS AND TECHNIQUES TO COACH LIFE SKILLS (PROBLEM SOLVING, COMMUNICATIONS AND BEHAVIOUR MANAGEMENT). EIGHT OF THE COACHES ARE NATIVE NORTH AMERICANS, FROM THE COMMUNITIES OF OHSWEKEN (SIX NATIONS), TYENDINEGA, CHIPPEWAS OF SARNTA, SAUGEEN AND DELEWARE - MUNCEE. THE ONE NON-NATIVE IS FROM WINDSOR, ONTARIO. THESE INDIVIDUALS HAVE ALREADY BEGUN THE WORK OF BUILDING SELF-ESTEEM, CONFIDENCE, AND PROBLEM SOLVING SKILLS WITH THEIR CLIENTS, CO-WORKERS, AND COMMUNITIES. IN NOVEMBER 1991, FOUR NATIVE COACHES GRADUATED, AND IN 1993 IT IS HOPED THAT TWO LARGE GROUPS (UP TO 15 IN EACH) WILL FINISH THE PROGRAM.

For More Information Call: (519) 344-1344
Colleen

SOUPBONE and SKAWNDAWG

by Ken Syrette



Tyendinaga Mohawk
Family and Children Services
RR #1, Deseronto, Ontario
Telephone 967-0122

December 16, 1992

THE NIGHT BEFORE CHRISTMAS

December 24, 10:15 p.m.

My four-year-old and seven-year-old sons were finally in bed - asleep. I sat in the living room, tears streaming down my face - alone.

A puny spruce tree leaned in the corner as if it had just had one too many gin and tonics. I gazed at the two carefully wrapped packages, heavily bowed to make their five-dollar contents seem more appealing, the boys' names each printed on a card twice as big as the package itself. I sniffed twice, muttered something obscene about him not even bothering to send his sons so much as a card, blew my nose and went to the kitchen to make tea.

10:50 p.m.

Back staring at the glittery garlands carelessly caught up on picture hooks and chair backs, I wondered whether the boys' idea of dressing the tree was to stand back and try out their best softball pitches.

I imagined their small faces in the morning. Who would blame them for their disappointment? I was the only family they had.

Well, him too, I suppose, but he'd walked out a while back. Maybe I could blame Santa, Hey, why not? Maybe they were pals. Maybe they'd planned it this way. (Boy, was I scraping bottom.)

11:05 p.m.

The strangest thing happened. One of those ratty silk string balls flipped off the tree and rolled across the floor right between my feet. The thread had pulled away, exposing the white plastic ball in the middle. I hated waste. I grabbed a marker, drew a face and, for a hat, slapped a miniature stocking off the tree on top. Say, it wasn't half bad. I rummaged in the junk drawer and threaded a thin spring at the base of the face and stapled the other end to an old building block. Voilà! An original spring-back Christmas elf.

December 25, 12:20 a.m.

I sat cross-legged on the floor, surrounded by shoe boxes, dented Ping-Pong balls, markers, glue wooden alphabet blocks, etc.

5:15 a.m.

I straightened the tree, making a mental note to smell it for freshness before allowing the boys to pick out the next one. I moved the two wrapped packages up onto one of the lower branches. Then, tired and contented, I pulled up a blanket and slept on the couch.

7:10 a.m.

I picked my way from the kitchen between two eager boys happily playing with their shoe-box village filled with Ping-Pong people. I pushed to one side the glued-together alphabet block bowling pins and a strung-together Ping-Pong caterpillar with curly pipe-cleaner antenna. Then I sat back, slid my hands around a hot mug of tea and smiled at the two carefully wrapped packages still waiting to be discovered.

In the Spirit of our ancestors, the staff of the Family and Children Services wish everyone Peace and a sense of goodwill

The Children's Aid Society of
The City of Belleville, The City of Trenton and
The County of Hastings

proudly presents

BARBARA COLOROSO

DISCIPLINE: KIDS ARE WORTH IT!

DATE: Monday, January 25th, 1993
TIME: 7:30 p.m. to 9:30 p.m.
WHERE: Sir James Whitney Gymnasium
COST: \$5.00 per Person (payable at the door)

Two hours packed with practical ways for establishing an equitable discipline structure parents can live with and techniques to help children grow in increased self-discipline, independent problem-solving skills and responsibility.

TOPICS:

Positive home and school climate
Simple rules to help stop trouble before it starts
Power struggles - WHAT, HOW and WHY
Chores - Fighting - Meals and More!
Stress management - Keeping your cool without putting
your feelings on ice



BARBARA COLOROSO is an internationally recognized consultant lecturer, and author specializing in positive approaches to discipline in the home and school.

Registrations

Registration is required for the
January 26 Workshop only

Please complete the attached form
and return it by:

January 15, 1993

Cost: \$50.00

- includes registration materials
- coffee & muffins
(lunch is not included)

*Space is limited
Registration will be on a first come,
first served basis*

Winning at Parenting...

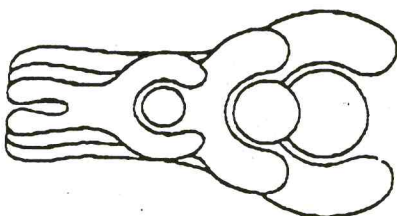
featuring

Barbara Coloroso

Monday, January 25
7:30 p.m. - 9:30 p.m.

Tuesday, January 26
9:00 a.m. - 4:30 p.m.

Sir James Whitney School Auditorium
Belleville, Ontario



*Sponsored by
The Children's Aid Society, The City of Belleville,
The County of Hastings & The City of Trenton*

Public Forum

Monday, January 25, 1992

7:30 - 9:30 p.m.

Sir James Whitney,
School Auditorium

\$5.00 Admission charge

Topic:

Discipline Kids are Worth It!

Two hours packed with practical ways for establishing an equitable discipline structure parents can live with. Techniques to help children grow in increased self-discipline, independent problem solving skills and responsibility.

Including -

- Setting up a positive home and school climate
- Simple rules to help stop trouble before it starts
- Power struggles - what, how and why?
- Chores - Fighting - Meals - more!
- Stress management - keeping your cool without putting your feelings on ice

About the presenter:

Barbara Coloroso

A teacher...A mom...

an internationally recognized speaker in the area of parenting, teaching, school discipline and non-violent conflict resolution.

Barbara has served as a classroom teacher, a laboratory school instructor, a university instructor and is one of the most sought-after experts in North America specializing in discipline and excellence in education.

Workshop

Tuesday January 26, 1993

8:30 a.m. - 4:30 p.m.

Sir James Whitney,
School Auditorium

Topic:

Winning at Parenting!

Discipline - What it is and what it isn't

Punishment:

Adult oriented, requires judgement, imposes power from without, arouses anger and resentment and invites more conflict.

Discipline:

- Shows children what they have done wrong
- Gives them ownership of the problem
- Gives them ways to solve the problems they have created
- Leaves their dignity intact
- Discipline uses logical and realistic consequences

Children who experience logical and realistic consequences learn that they have positive power in their lives. They can make good decisions and solve problems.

8:30 - 9:00 Registration & coffee

9:00 - 12:00 Keynote Address

"Discipline:

What it is and what it isn't"

12:00 - 1:00 Lunch hour

1:00 - 3:30 Presentation continues

3:30 - 4:30 Questions and discussion

Workshop Registration Form

Registration Fee \$50.00

Name: _____ Phone: _____

Agency: _____ Position: _____

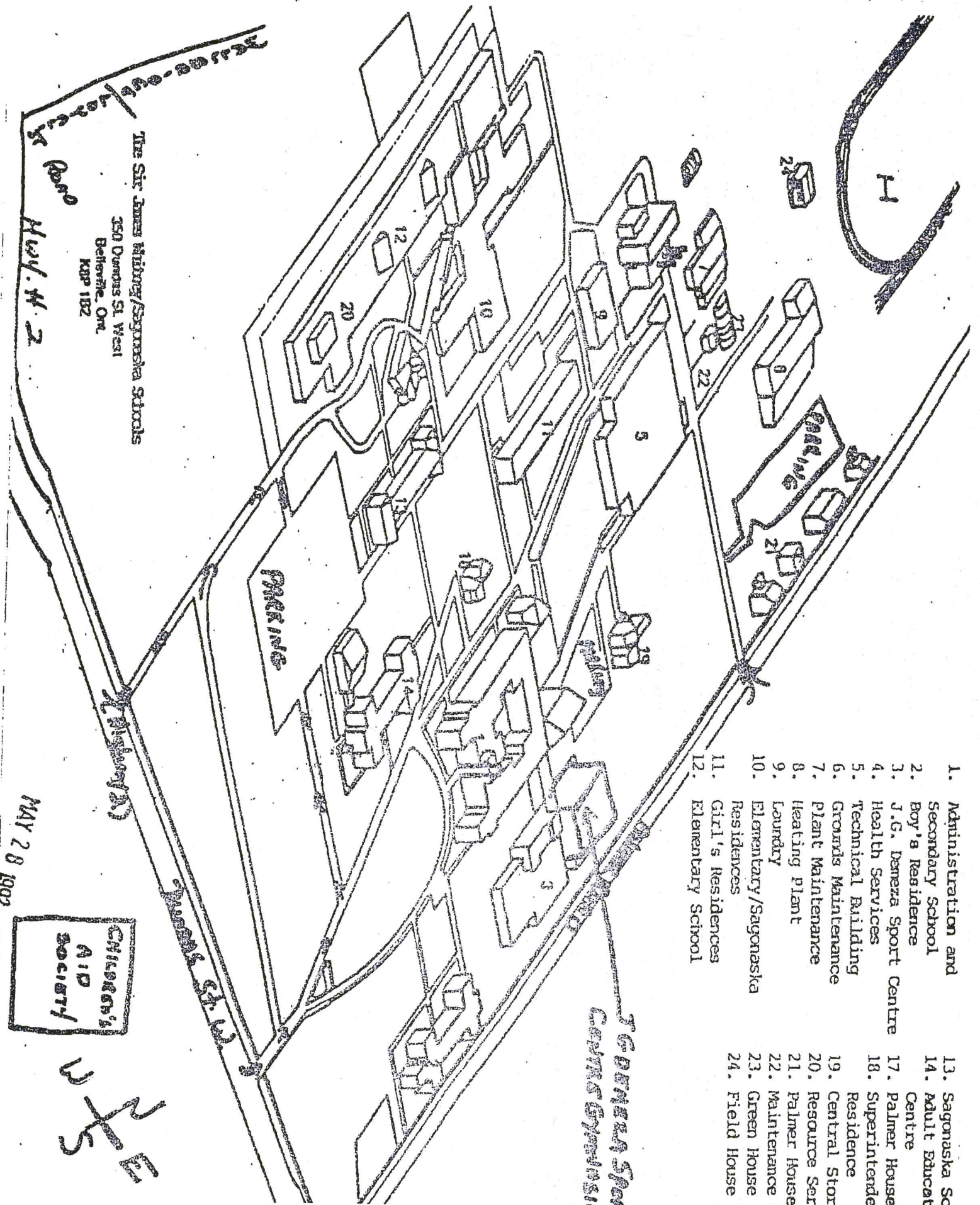
Address: _____ Postal Code: _____

Please complete and mail along with \$50.00 cheque/money order to:

The Staff Development Committee
c/o Hastings County Children's Aid Society
363 Dundas St. W., P. O. Box 186
Belleville, Ontario, K8P 1B3 Tel: (613) 962-9291

Please make all cheques and money orders payable to:

The Hastings County Children's Aid Society



HOLIDAY SAFETY

Every year, the Christmas Festivities for some are marred by fire tragedy.

Often the cause is related to the Christmas tree or its decorations, overloaded circuits, improper use of the fireplace, and holiday cooking and entertaining.

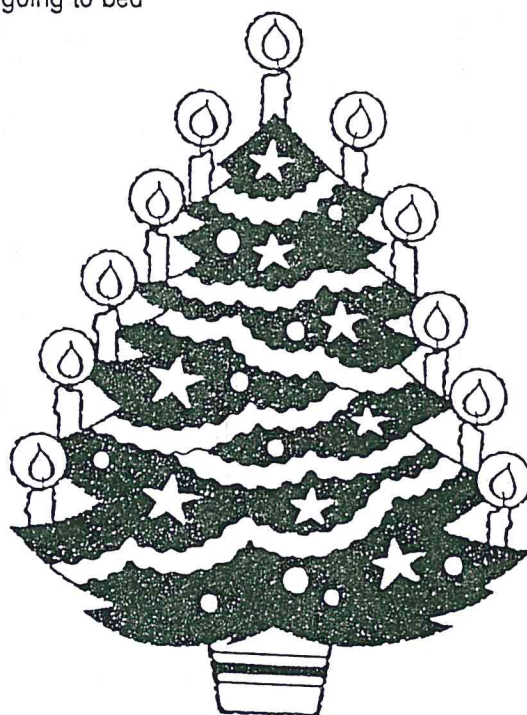
IT COULD HAPPEN TO YOU !

- * Add water daily to keep moisture in the tree
- * Keep it in a cool place away from heat register, fire place or radiator
- * Tie or otherwise secure tree so it can't be knocked over by pets or small children
- * Do not smoke near tree
- * Before using lights on the tree make sure they are C.S.A. or U.L. listed
- * Never use more than three strings of lights on 1 circuit
- * Be able to turn off the tree lights without reaching or crawling under the tree
- * Do not leave the lights on if you leave the house or when going to bed
- * If you have an artificial tree, be sure it is flame resistant
- * Don't burn paper and boxes in the fireplace

If you follow these suggestions you will reduce the chance of Fire in your home over the holidays.

*Have a Safe
and Happy Holidays!*

THE MOHAWK FIRE DEPARTMENT





Holiday Fire Safety



Home Fires - Plan Your Escape

WOULD YOU KNOW WHAT TO DO IF A FIRE OCCURRED IN YOUR HOME? PREPARE YOURSELF AND YOUR FAMILY. DEVELOP A HOME FIRE ESCAPE PLAN THAT HAS ALTERNATIVE ESCAPE ROUTES. ARRANGE A MEETING PLACE OUTSIDE THE HOME. NEVER RE-ENTER A BURNING BUILDING. CALL THE FIRE DEPARTMENT FROM A NEIGHBOUR'S PHONE. HOLD A FIRE DRILL TODAY FOR A FIRE SAFE HOLIDAY SEASON.

FOR MORE INFORMATION: PLEASE CALL SCOTT
AT THE ADMINISTRATION OFFICE
396-3424



Holiday Fire Safety



Holiday Cooking: Keep a Lid on it!

Be alert when cooking that holiday feast! Your local fire department offers these fire prevention and safety tips for the kitchen:

1. If a stove fire starts, place a tight-fitting lid over the pan to smother the flames, then turn off the burner.
2. Keep all debris and combustible items, such as paper towels, dish towels and paper bags, away from the stove.
3. Keep pot handles turned in so they can't be accidentally knocked off the stove.
4. Keep young children away from the stove while preparing meals.
5. In microwave cooking, always open the wrap used in cooking away from you and protect your hands so steam does not burn you.
6. Since the inside of the food cooks faster than the outside in a microwave, be careful when serving.

Prevention is the key to a happy holiday season!

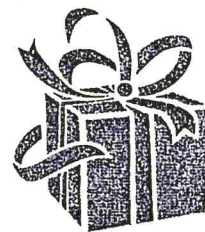


Holiday Fire Safety



Give a Gift to Save a Life

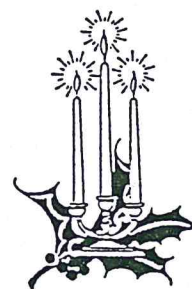
LOOKING FOR A NOVEL, YET PRACTICAL GIFT TO GIVE THIS HOLIDAY SEASON? YOUR FIRE DEPARTMENT SUGGESTS SMOKE ALARMS OR PORTABLE FIRE EXTINGUISHERS FOR FAMILY OR FRIENDS. WHAT BETTER WAY TO SHOW YOU CARE THAN TO GIVE A GIFT TO SAVE A LIFE. FOR DETAILS OF WHAT TO LOOK FOR WHEN PURCHASING FIRE SAFETY GIFTS, CALL YOUR LOCAL FIRE DEPARTMENT. HAVE A FIRE SAFE AND HAPPY HOLIDAY.



Merry Christmas!

from

KA:NHIOTE



NEW AT THE LIBRARY

VIDEOS

These will only be here until Feb./93 when we trade with another library

The Last Unicorn
The Wind in the Willows
The Princess Who had Never Laughed
The Wilderness Family Part II
Pontoffel Pock
4 Berenstain Bears
Baby Sitter Club-Dawn and the Haunted House

BOOKS

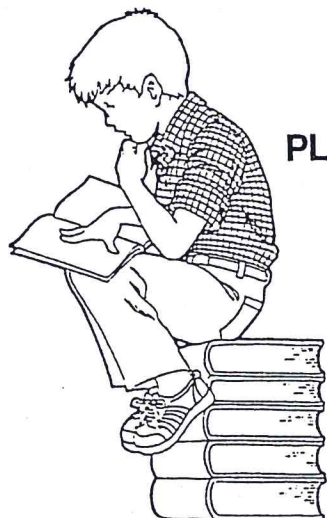
Decorating Baskets
The People of the Land of Flint
Seven Arrows
Song of Heyoehkah
Rethinking Columbus
Jazz
Exiled in the Land of the Free
Indian Treaties and Surrenders

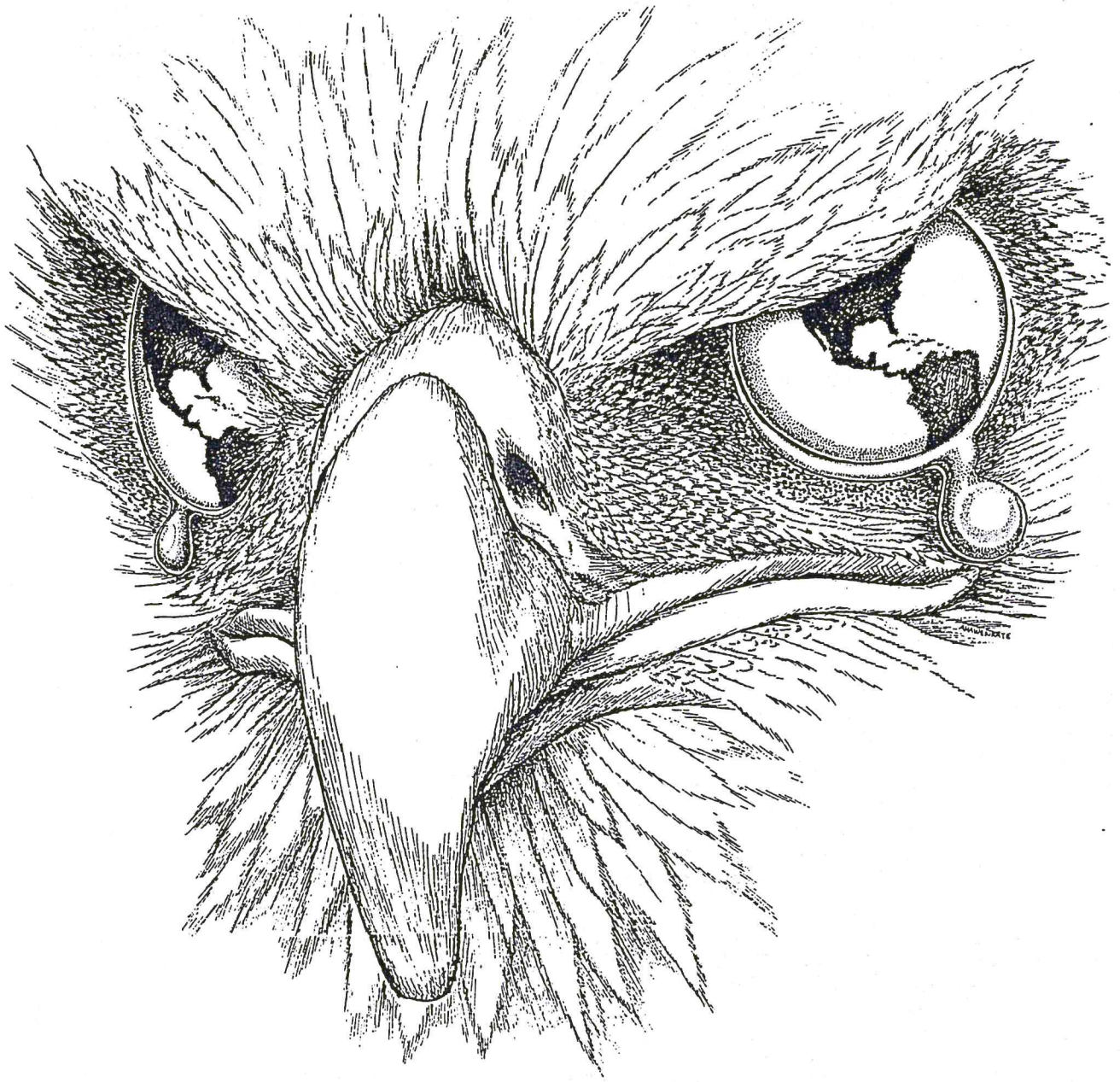
We have also received donations from Jill Lewis, Dan Brant and the Mohawk Recreation Committee.

THANK YOU FOR YOUR SUPPORT

PLEASE RETURN YOUR OVERDUE LIBRARY BOOKS

BOOKS MAKE GREAT GIFTS!





What Does The Eagle
Tell The Creator
About How We Care
For The Earth ?





NATIVE SISTERHOOD

Box 515, Kingston, Ontario.
K7L 4W7

November 16, 1992

WOMEN ARE BLESSED
WOMEN ARE COMPLETE
WOMEN ARE BEAUTIFUL

"Tansi!",

Hello to all of our Brothers and Sisters outside these walls. We are the Native Sisterhood at Prison For Women in Kingston, Ont.. We hope that this letter finds you all in good health and the best of spirits. In the past we have tried to maintain contact with our Native Friendship Centers and I feel that I have been negligent in my job as Native Clerk in doing so. I apologize for taking this long to re-establish our communication and I will try to keep our lines of contact open in the future.

We are writing to you in hopes that you can be of some assistance to our group. Although we are a fairly well established group we are finding out very quickly that there is a shortage of Elders in the immediate area. Which means that we don't get as many of our spiritual ceremonies as we would like to have. And being inside these walls our Native culture and traditions are something that we hold very close to our hearts.

Most of the women here have just found their Native culture within these walls, and find that it has been our greatest strength in our daily struggles. It provides us with the chance to learn (or re-learn) the ways of our people while giving us the power and energy to find ourselves as women and people of society once again.

28...

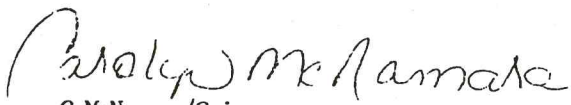
During the past 5 months or so we have many great things take place here. One good example was the "Fast" we had in September, with an attending Elder and done under the Pipe. It was something that we never thought possible but we strived for it and it became a reality. Thank-you Creator for that wonderful experience, thank-you for allowing us these wonderful gifts. Grandfather has always been there to see that our dreams become realities, He has given us the tools to aid us in our walk down this road. Aho!

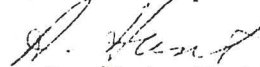
There has been other good things besides that which has contributed to our strength, such as Pow-Wows, Elders gatherings and various other events. But now with so many of our Elders getting on in age the journey here can be hard on them. There are those to who find that the cost of such a visit can be very costly.

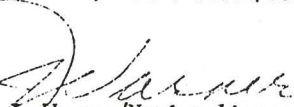
This is why we are writing to you now. Please take time to finish reading this before you decide what we are requesting is too much to ask of you. We have met with some of the official people from Ottawa and while talking with them about this particular problem we came up with a solution which we all found to be sensible and reasonable. That is where you and your organization could be of help to us.

We propose the following and ask that your consideration be given. We know that most of the Friendship centers have a group of Elders that either visit them or that have Womens healing circles on a weekly or monthly basis. We would be ever so grateful if you could share with us the names of your Elders, so that we may contact them ourselves. The ultimate outcome of this would be to have your Visiting Elder contact us so that we could ask that they would come here to P.4.W. at or around the same date as they see you, thus doing us the honour of being with us at the same time. It would save us both time and energy, all the energy we could save between the two of us would save time and money for both.

We hope that at some time in the future that we may be able to aid one another. We will be waiting to hear from you. Thankyou for your cooperation.


C. McNamara/Cairperson

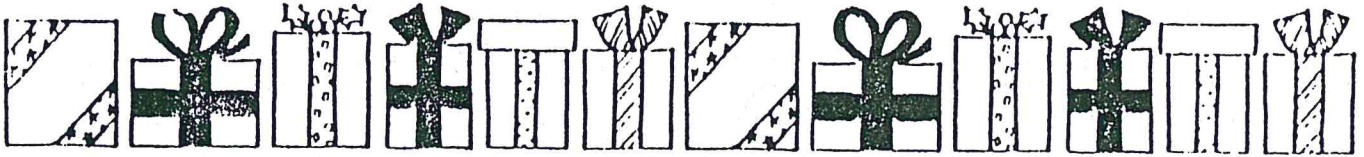

A. Hunt/Native Clerk/Sec.


J. Warner/Native Liason

Sincerely Native Sisterhood,
In respect!

MOHAWKS OF THE BAY OF QUINTE

FOOD BANK



WE WOULD LIKE TO TAKE THIS OPPORTUNITY TO THANK YOU FOR YOUR DONATIONS OF FOOD AND FINANCIAL GIFTS! WE ARE AT PRESENT PREPARING FOR THE CHRISTMAS SEASON. ANY FURTHER DONATIONS CAN BE MADE DURING OUR HOURS OF OPERATION OR TAKEN TO THE BAND OFFICE.

THE FOLLOWING ARE OUR HOURS OF OPERATION DURING THE HOLIDAYS:

FRIDAY DECEMBER 25th - CLOSED

MONDAY DECEMBER 28th - OPEN

FRIDAY JANUARY 1st - CLOSED

MONDAY JANUARY 4th - OPEN

WE WOULD LIKE TO THANK THE MOHAWK SINGERS FOR THEIR RECITAL OF MOHAWK CHRISTMAS CAROLS AND MOHAWK LEGENDS. ABSOLUTELY WONDERFUL!!!



nia:wen

LOOK

at what's happening at

MOHAWK

PENTECOSTAL CHURCH

during the Christmas season!!!

**DEC. 20th 7 PM - Youth drama called,
"Strangers in Bethlehem" Don't miss this!**

**DEC. 24th 7PM - Christmas Eve service.
An informal night of carols & fun.**

**DEC. 27th 6:30 PM - Gospel singing night by
our own talent. Come on out for this special
night of music during the season.**

**DEC. 30th 7 PM - "Zamperini" A movie for the
FAMILY. No one will be turned away.**

**DEC. 31st 10:30 PM - Watchnight service.
Singing in the new year. Refreshments too!**

ALL are welcome to any of our services!!

MOHAWK PENTECOSTAL CHURCH



"ATTENTION SENIORS"

BINGO & EUCHRE

ALTERNATE FRIDAYS AT THE ELDERS LODGE

COMMENCE AGAIN IN JAN'93

*Christmas Tea & Bazaar
on Saturday, Dec. 5
at the Elders Lodge*

Winners!



*Quilt donated by Helen Spenser - Lester Brant
Grocery Hamper - Phyllis Maracle*

Coming up for Feb. 1993

To be held in Tyendinaga.

"Self Esteem & the Older Adult"

Sponsored by the Office for Seniors Issues

Who should attend?

- Seniors
- Service Providers
- Caregivers (Family)

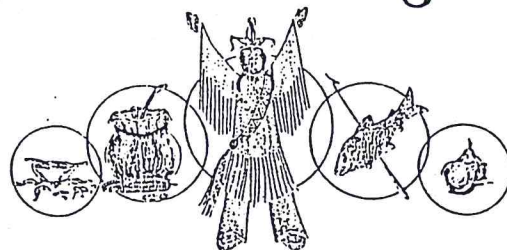
Native Guest Speaker & Agenda - To be Announced!

**FEE: SENIORS \$10.00
OTHERS \$15.00**

includes lunch and workshop material.

Preregistration Preferred.
PLEASE CALL: CINDY 396-3424

Remembering



the elders

ANNOUNCING

THE '93 NATIVE ESSAY CONTEST

First prize is Seventy five dollars (\$75.00)
Second prize is Fifty dollars (\$50.00)
Third prize is Twenty five dollars (\$25.00)

Select ONE of the following three topics;

1. In exciting story form, write of your own personal achievement; how you earned money to get out of a desperate situation.
2. Select your own topic based on individual economic aspirations.
3. After the post constitutional fiasco, how should one self direct economic yields?

Send your essay entry to:

New Economic Horizons
1-32 Little Blvd.
Toronto, Ontario.
M6E 4N2

The New Economic Horizons Club is offering this essay contest open to all Native Canadians. Winning and selected essays may be used for making a booklet that will encourage others to forge their own independence. Perhaps you are an avid reader and have some thoughts of your own you wish to write. Now is your chance! Make time for effort and creativity in writing and a chance to win!

The deadline for entries is February 14 1993. The contestants agree to allow The New Economic Horizons Club to publish their entries, names, and biographical information. The essays must be double spaced, very clearly printed, very clearly written, or typewritten, with a maximum fifteen hundred words. Biographical information does not include the fifteen hundred (or less) words.

The winners will be announced March, 6, 1993 at the Native Canadian Center (Toronto) at 12 noon.

GOOD LUCK!

PLEASE POST IT

...33

FIRST NATIONAL
ABORIGINAL DESIGNERS' FASHION SHOW



THE CANADIAN COUNCIL FOR NATIVE BUSINESS

will hold *Winds of Change*, the First
National Aboriginal Designers' Fashion Show
in Toronto in March 1993.

This exciting competition will showcase
the talents of
select professional and new Aboriginal Designers.

Deadline for entries is January 4, 1993.

To find out more about this career making
opportunity, and obtain a copy of the rules,
regulations and competition awards,
please call, write or fax as soon as possible.

Karen McCall
Director of Public Relations
CANADIAN COUNCIL FOR NATIVE BUSINESS
204 St. George Street, Second Floor
Toronto, Ontario
M5R 2N5
Phone: (416) 961-8663 EXT. 225
Fax: (416) 961-3995

call for entries

PINE TREE NATIVE CENTRE

1ST ANNUAL ABORIGINAL CO-ED

VOLLEYBALL TOURNAMENT

SATURDAY JANUARY 23, 1993

PLACE: WOODMAN PARK COMMUNITY CENTRE
491 GREY STREET
BRANTFORD, ONTARIO

ENTRY FEE: \$125.00 per team
MINIMUM - 8 TEAMS
FIRST - 12 TEAMS

FORMAT: ROUND ROBIN

PRIZES: 1ST PRIZE - \$600.00
2ND PRIZE - \$400.00

Prizes pending on number of teams

Cheque or Money Order payable to:
Pine Tree Native Centre of Brant
154 Dalhouse Street
Brantford, On.
N3T 2J4

REGISTRATION CUTOFF DATE:
3:30 p.m. - Friday January 8, 1993

For More Information:

ANDREW ALKENBRACK
RECREATION CO-ORDINATOR TRAINEE
396-3424

ABORIGINAL AWARENESS WEEK

MAY 25th - 28th, 1993

VARIOUS FEDERAL DEPARTMENTS REQUESTING CRAFT VENDORS
AND NATIVE ARTISTS WITHIN THE OTTAWA/HULL AREA

No Fee for BOOTHS & TABLES

CRAFT VENDORS	NATIVE ARTISTS
≈ NATIVE JEWELLERY	≈ NATIVE DRUMS & DANCERS
≈ NATIVE CRAFTS	≈ NATIVE FOODS
≈ NATIVE CLOTHING MODERN AND TRADITIONAL	≈ NATIVE DEMONSTRATORS OF ART, HOBBIES AND CULTURAL ASPECTS

The Aboriginal Awareness Week festivities will end in conjunction with the:
ODAWA FRIENDSHIP CENTRE POW-WOW
MAY 28th - 30th, 1993

* All interested parties for the Aboriginal Awareness Week MUST register by JANUARY 30th, 1993
by phone or fax. **PARTICIPATION BY INVITATION.**

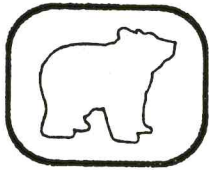
To register, please contact the following people:

Pam Mitchell-Sickles
Room 318
66 Slater Street
Ottawa, Ontario
K1A 0M7

Phone: (613) 996-8122
Fax: (613) 996-8048

Crystal Babey
Room 287
Sir John Carling Building
930 Carling Avenue
Ottawa, Ontario K1A 0C5

Phone: (613) 993-5610 Ext 5538
Fax: (613) 992-8166



IROQUOIS INDIAN MUSEUM

P.O. Box 7, Caverns Road
Howes Cave, NY 12092
518 296-8949

Contact: Perry Ground
Date: Dec. 2, 1992
For immediate release

Iroquois Museum Celebrates Young Artists
Howes Cave, New York, December 2, 1992 - The Iroquois Indian Museum announces the opening of a new exhibit, "Art of Our Next Generation." This exhibit, which highlights young Iroquois artists, will open Dec. 12 at the Museum, which is located on Carverns Road at the base of Howe Caverns Hill.

Through the years Iroquois artist have continued to express the inner feelings of their living, dynamic culture. Some artists also use their work to make important statements about issues that face Iroquois and other Native communities today. "Art of Our Next Generation" will show how some young artists look to carry on this important tradition.

All of the artists to be featured are between the ages of 16 and 25. Some have learned their arts from other family members, a common practice among the Iroquois; others have developed their arts with assistance from members of their communities and/or through formal training. Some of the artists scheduled to participate are Mike Jones (Onondaga) who is known for his traditional pottery, Noel Bensen (Oneida), Perry Ground - an Onondaga storyteller, and graphic design artists Pat Donaly and Chris Carusona from Oneida, Wisconsin.

Cont. P2

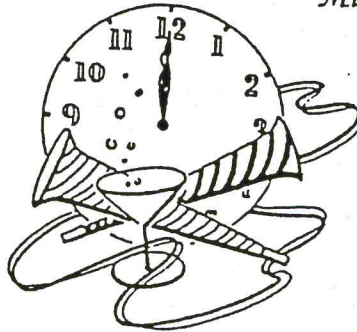
The Iroquois Indian Museum will host an opening reception for this exhibit on Saturday, December 12 at 2:00 pm. The public is invited to view the exhibit and talk with the artists about their work, the messages being transmitted, and why such artwork is important to young Iroquois today. Refreshments will be served and a short introduction will be made by Museum Director, Dr. Christina Johannsen.

Also on that Saturday, Tammy Tarbell, Mohawk sculptress and potter, will be demonstrating her technique of clay sculpture. Tammy uses traditional Iroquois styles and designs in her work and is well known for her pottery and figures of women. She will be happy to talk about her work with interested visitors.

The Iroquois Indian Museum is open daily from 10 AM to 5 PM. Regular admission is adults - \$5, senior citizens - \$4, children 7-17 - \$2.50, children under 7 - free. For more information on the exhibit or Museum call (518) 296-8949 or write PO Box 7, Howes Cave, New York 12092.

####

New
Years
Eve
Bash!



*Champagne
at
Midnight!*

December 31, 1992

8:00 p.m. - 2:00 a.m.

\$25.00/couple

D.J.

ADVANCED TICKETS AVAILABLE
FROM ALL COMMITTEE MEMBERS:

CALLIE HILL	COLLEEN MARACLE
FRANK BRANT	BILL BRANT
CHERYL BRANT	BARB MARACLE

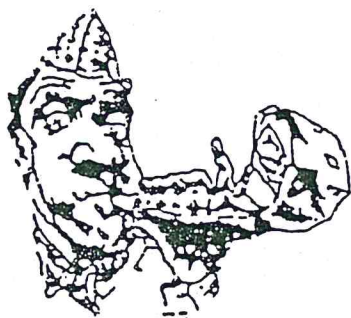
OR AT THE ADMINISTRATION OFFICE THROUGH
ANDREW ALKENBRACK



*** SPONSORED BY THE MOHAWK RECREATION COMMITTEE ***

ADVANCE TICKETS ONLY

New Year's Party



December 31, 1992
8:00 p.m. - 1:00 a.m.
Orange Hall - York Road
Mohawk Reserve

\$12.50/person

Light Lunch, Party Favours:
Prizes, Refreshments

Sponsored by Ladies Orange Lodge



CLASSIFIEDS

* WANTED *

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West of Mrs. Herb's to build
a family home.

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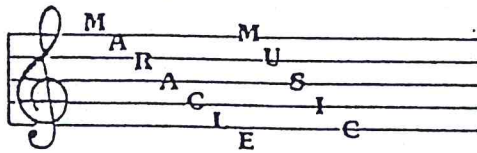
CALL: 962-5470 GLENN HILL
R.R. # 2 SHANNONVILLE ONT.

DEADLINE DATE

If you wish information in
the Next Newsletter
(NEW YEAR ISSUE)
The Deadline Date is

**MONDAY, JAN. 11
AT NOON
396 -3424**





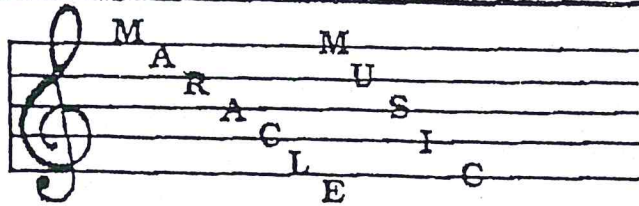
P.O. Box 266, Hwy. 49, Deseronto, Ont. K0K 1X0
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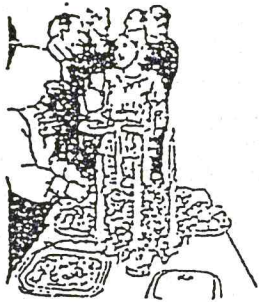
B&M

VERIETY CHIP&POP STOP

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BREAD	BACON
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JUICE	TOBACCO
EGGS	ICE CREAM
CHEEZE	RAWLEIGH PROD.
MIXED CANDY	CHOC. BARS
FRESH DRESSED FROZEN CHICKEN	
BAKED GOODS	HOURS
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SOUTH OFF YORK ROAD	7:00am-10:00pm
PHONE 962-7420	SUN. 1:00PM-10:00PM

THE WAREHOUSE RESTAURANT

Janet Jung: 962-9782



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INDIAN CORN SOUP

9, 15 & 20 PIECES OF CHICKEN FOR TAKE OUT
BEST HOME MADE BURGERS

* OPEN 7 DAYS A WEEK *

HOURS:

MON - WED 6:30 - 7:00
THURS - FRI 6:30 - 8:00
SAT. & SUN 8:00 - 7:00

CLOSED ON HOLIDAYS

Last Sunday of Every Month
All you can eat Buffet
Menu Change, Each Month
Dessert included

\$9.95

COME IN FOR FAST SERVICE & FRIENDLY ATMOSPHERE OR CALL AHEAD FOR TAKE OUT.

WILLPOWER

THE WILLPOWER OF MAN IS REAL AND FREE
THIS IS THE TRUTH OF YOUR WILLPOWER
AN INDIVIDUAL GOVERNS HIS OWN WILLPOWER
A CONFORMIST IS GOVERNED BY OTHERS
AN INDIVIDUAL RESPECTS HIS OWN WILLPOWER
A CONFORMIST RESPECTS AN OUTSIDE LORD
AN INDIVIDUAL PROVES HIS OWN WILLPOWER
A CONFORMIST SEEKS YOUR APPROVAL
I IDENTIFY MYSELF BY THE NAME WILLPOWER
MY PURPOSE TO MAKE YOU WILLPOWER CONSCIOUS
MY OWN WILLPOWER IS THE GUIDE OF LIFE
DO YOU WANT TO UNDERSTAND YOUR WILLPOWER?
DO YOU WANT TO PROVE YOUR OWN WILLPOWER?
DO YOU WANT TO GOVERN YOUR OWN WILLPOWER?

PHONE WILLPOWER 396-2094

Mike Moffat
Sales Representative



Pella Hunt Corporation
1440 Princess Street W.
Kingston, Ontario K7M 3E5

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1-800-267-7847
Fax: (613) 549-0855

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Prince Edward-Hastings

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K8N 5P4



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- Roofing
- Soffit & Facia
- Privacy Fences
- Additions
- Windows
- Decks
- Framing

FREE ESTIMATES

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or Ron **354-5922**



**Merry Christmas
and
Happy New Year** 

*To All Our New Friends we've met
since we opened up our Business in this
very friendly neighbourhood and
surrounding area.*

**JIM MCMURTER
General Contracting Ltd.
and
JIM MCMURTER
Vinyl Sales**

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Christmas hours we will be closed

Dec. 24, 1992 thru. to Jan 4, 1993

Welcome to
PAT'S VARIETY
Groceries and More

~ Lyed & Dried Corn ~ Corn Chips ~ Assorted Fish Tackle
~ Cabbages 3/\$1.00 ~

EVENING OF PRIMROSE PRODUCTS

~ Handcreams ~ Body Creams ~ Oil (pure) ~ Soap ~ Capsules ~

APPLES

~ Macs ~ Spartins ~ Empires ~ Ide Reds ~ Pears ~
Buy the Bushel & 4 Quart Basket

ANYONE DOING SOME LAST MINUTE SHOPPING?

~ Assorted Clocks ~ Toys ~ Ornaments ~ Cookies (Bulk) ~ Greeting Cards ~ Wrapping
Paper~

~ Christmas Candies (Bulk) ~

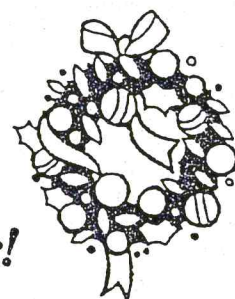


— **CHEESE BASKETS** —

\$12.00, \$18.00 & \$25.00
(Depending on the amount of Cheese)

WE HAVE TAKE OUT & LIGHT LUNCHES (Soups & Tea Biscuits)

*We wish Everyone Many Blessings
this Christmas and A Happy New Year!*





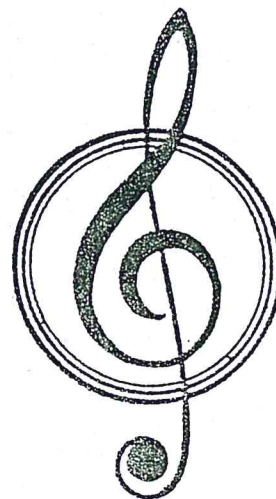
Phil's Music

Sells - New & Used Musical Instruments

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Guitar Strings \$3.95

HOURS

5 P.M. - 7 P.M. THURS. & FRI.
10 A.M. - 5 P.M. SATURDAY
2 P.M. - 4 P.M. SUNDAY



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