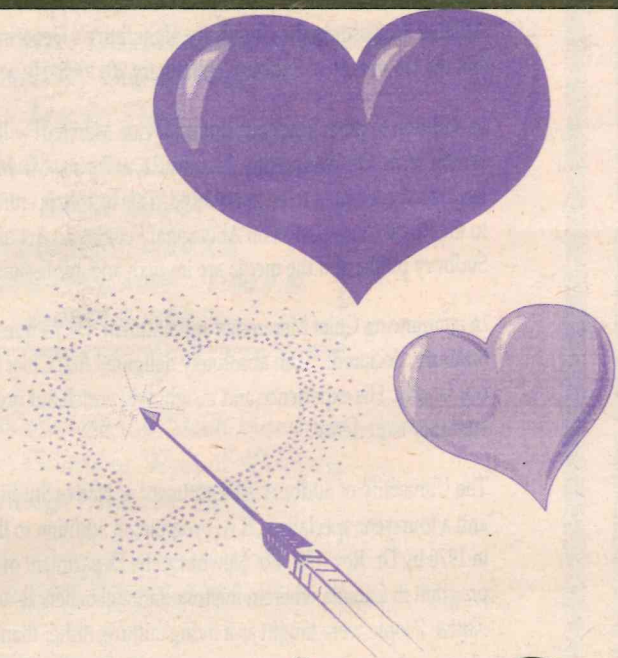


THURS- FEB 5/98

TYENDINAGA NEWSLETTER



ISSUE 2 /98



Saturday Feb. 14
Valentines Day!

Income Tax Preparation

Bev Hill, Employment Program Manager will again be preparing income tax forms for community members.

As this is a volunteer program and there is no certification to prepare income taxes involved, the program will be for low income families only.

Anyone with RRSP's, Rental Income, Business Income, etc. should contact a certified Tax Preparer.

To contact Bev please call the Administration Office at:
(613) 396-3424

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Newsletter Deadline

FEB. 24 /98

12:00 noon

396-3424

We're on the Internet

www.tyendinaga.net

(What's happening)



EUCHRE NIGHT!

Do you have the time and like to play
Euchre and have fun?

Euchre Every 2nd Tuesday Evening at 7:30!

We have business meetings once a month!

If you are interested please call

396-6522 OR 967-4708

For more information

ADMINISTRATION NOTICES

From the Housing Department

NOTICE

TURTON PENN HOUSES FOR SALE

Bids and applications are now being accepted for the Stewart House, Stapley House and Payette House.

The original deadline was February 6, 1998 but has been extended to February 20, 1998 at 4:30 p.m.

You can pick up applications and packages from the Housing Department.

There will not be another open house on these three properties.

If you have any questions, please contact the Housing Department.

Nia:wen,

HOUSING

The Tyendinaga Mohawk Council has requested restructuring to the tenant selection policy and procedures.

If you have any suggestions or recommendations please call the Housing Department.

The deadline for recommendations is February 13, 1998.

Also the Housing Department is seeking responsible tenants for the Elders Lodge. Applications can be picked up from the Housing Department.

Nia:wen,

NEW HOUSING CONSTRUCTION

The Mohawks of the Bay of Quinte Housing Department are now accepting Housing Loan/Construction Applications. You can pick one up from the Housing Department Monday to Friday 8:30 a.m. to 4:30 p.m.

The deadline for all applications to be handed back in is March 1, 1998 at 4:30 p.m.

If you have any questions, please contact the Housing Department.

Attention all community members !



Visit Red Cedars web site at:

<http://www.geocities.com/HotSprings/9473/> or E-mail us at redcedars@suckercreek.on.ca

News Release ■ Communiqué

January 8, 1998

Ovide Mercredi appointed Special Adjunct Professor at the University of Sudbury

Laurentian University is proud to announce the appointment of Chief Ovide Mercredi as Special Adjunct Professor in the University of Sudbury's Department of Native Studies. Chief Mercredi will join the University of Sudbury on January 20, 1998. He will be on campus for several days each month.

In addition to other academic duties, Ovide Mercredi will present four public lectures during the 1998 Winter term. On Wednesday, January 21, at 7 p.m., Mr. Mercredi will present the first of his public lectures at a location to be announced. This lecture is entitled: "Is the Federal Government's Response to the Royal Commission on Aboriginal Peoples an Act of Respect or Contempt for First Nations?" The Sudbury public and the media are invited, and admission is free. There will be free parking.

In announcing Chief Mercredi's appointment, Dr. Jacques Monet, the President of the University of Sudbury, declared: "I am absolutely delighted that Chief Mercredi has accepted our invitation to join our faculty. His experience and insight will enrich our programs, and add new dimensions to our students' experience."

The University of Sudbury's Department of Native Studies offers a three-year General B.A. program and a four-year specialised B.A. program, in addition to the new certificate in Native Pre-Law. Four years ago in 1970 by Dr. Rev. J.W. Ed. Newbury, the Department of Native Studies was the first university program in Canada wherein the foundational beliefs as well as the history, language, and traditions of Native People were taught as a living culture, rather than as an object of study.

Born in Grand Rapids, Manitoba in 1946, Ovide Mercredi received his Law Degree from the University of Manitoba in 1977, and was called to the Manitoba Bar in 1979. Well known as National Chief of the Assembly of First Nations from 1991 to 1997, he earned a reputation as a skilled negotiator, an articulate and eloquent spokesperson, a statesman, a political activist committed to the Gandhian tradition of non-violence and peaceful conflict resolution, and a tireless advocate on behalf of his people.

He was granted the Thakore Foundation Award in 1993, for his contributions to a disadvantaged people in keeping with Gandhian principles of non-violence. He holds honorary doctorates in Civil Law from Saint Mary's University in Halifax, Nova Scotia, and from Bishop's University in Lennoxville, Québec. In 1993, he co-authored, with Mary Ellen Turpel, the book *In the Rapids - Navigating the Future of First Nations*.

For more information, please call Dr. Roger Spielmann, Co-chair, University of Sudbury's Department of Native Studies, at (705) 673-5661, ext. 410.

- 30 -

Reference:

Janet Sallian, Director, Marketing and Communications

(705) 673-6566 ■ jsallian@nickel.laurentian.ca

Paul de la Riva, Marketing and Communications

(705) 675-1151, ext. 3406 ■ pdelariva@nickel.laurentian.ca



LAURENTIAN
UNIVERSITY

UNIVERSITÉ
LAURENTIENNE

Marketing and Communications Department ■ Service du marketing et des communications

Sudbury (Ontario) Canada P3E 2C6 ■ (705) 673-6566 Fax/Télécopieur (705) 675-4840 ■ www.laurentian.ca

Mohawks Of the Bay of Quinte
Hides Depot

TYENDINAGA MOHAWK NATION
ADMINISTRATION OFFICE
R.R. # 1 TYENDINAGA TERRITORY
ONTARIO, K0K 1X0

PHONE: 1-613-396-3424 FAX: 396-3627

HIDES DEPOT: 613-396-5802

PRESS RELEASE

December 18, 1997

Honourable Michael D. Harris
Premier of Ontario
Room 281
Legislative Building
Queen's Park
Toronto, Ontario
M7A 1A1



-2-

Dear Mr Premier:

On October 24 & 25, 1997 The Association of Iroquois and Allied Indians held a Board of Directors meeting to discuss issues and concerns regarding provisions in your governments legislation, such as Bill 142, "Social Assistance Reform Act", Bill 152, "Who does What", Bill 160, "Education Improvement Act", Bill 104 "Fewer School Board Act" and Bill 149 "Fair Municipal Finance Act".

Our specific concerns are outlined, however the need for your government to address the issue of relationship, First Nation jurisdictions and our Aboriginal treaty rights must be protected and addressed jointly at a political forum.

The Member Nations of our Association have taken the following positions in response to the above named acts;

Bill 142 - "Social Assistance Reform Act":

- First Nations are seeking an amendment to recognize an exemption from Bill 142, the Ontario Works Act in whole or in part for all First Nations desiring to be exempt.
- First Nations law-making authority, which includes by-laws under the Indian Act and independent laws under section 35 of the Constitution Act, 1982, must be recognized by the Province of Ontario.
- Applying the Ontario Works Act to First Nations would be in breach of the 1965 Welfare Agreement, a federal/provincial cost-sharing agreement for Indian social services which includes General Welfare for cost-sharing, but not the FBA component. Bill 142 will consolidate GWA and FBA.
- A number of regulation changes to GWA have already been made without consulting First Nations and despite Clause 2.2 of the 1965 Agreement.
- The requirement to amalgamate for the purpose of delivering Ontario Works is not viable in our communities, which are autonomous entities. Factors such as remoteness, lack of transportation and the number of caseloads required to implement an Ontario Works project would make this program inoperable.

Remember if you have an EMERGENCY
CALL **911**



LANDFILL HOURS

Monday - CLOSED

Tuesday - 1:00 P.M. - 5:00 P.M.

Wednesday - CLOSED

Thursday - 1:00 P.M. - 5:00 P.M.

Friday - CLOSED

Saturday - 8:30 A.M. - 5:00 P.M.

Sunday - 9:00 A.M. - 4:00 P.M.

- Performance - based funding and program delivery methods in Ontario Works do not take into account the many differences between municipalities and First Nations, which lack the infrastructure and community resources to administer, monitor and supervise participants.
- Ontario Works will not work in First Nations communities due to their remoteness and diversity, as well as changing labour market needs, unless special measures are included to address the lack of jobs.
- All First Nations are concerned with the sweeping powers of Bill 142, which would allow the Province to ignore First Nations jurisdiction in the area of social assistance.

We recommend that the Social Assistance Reform Act be amended to include similar First Nations-specific opt-out provisions. Opting out would be based on conditions such as provisions of a reasonable alternative delivery system covering the same legislative area as the provincial statute. A moratorium is required on the application of the Ontario Works to First Nations, except where business plans have been negotiated to the satisfaction of the First Nation(s). There must be no change to the 1965 Welfare Agreement without First Nations consent and a Federal guarantee of cost-sharing. First Nations cost of welfare administration must be maintained and Tripartite discussions with Canada must begin immediately to resolve the full range of First Nations issues regarding Bill 142.

Bill 152 - "Who does What" Initiative specific: Land Ambulances:

Again all First Nations are concerned with the possible sweeping powers of Bill 152, may allow the province to ignore First Nations jurisdiction.

- The legislation defines "local municipality" and includes a band within the meaning of the Indian Act, may prompt charges from municipalities to bill First Nations, residents or governments.
- Licences for new services are not being processed which may impact on First Nations, by the refusal of service to First Nations resident on - reserve.

Mr. Premier your Minister of Community and Social Services (J.Ecker) on May 23, 1997 in correspondence to Regional Chief Gordon Peters stated "I reaffirm that the changes from the Who Does What recommendations do not apply to First Nations given the different cost sharing arrangement which exists with the federal government". Therefore your commitment to the First Nation leadership that you concur with your Minister is required with written notice to municipalities confirming the above.

Bill 160 - "Education Quality Improvement Act":

- All First Nations communities with tuition agreements or who are purchasing educational services from a district school board for elementary/secondary school students should be granted a seat on the board with full voting rights on elementary school issues;
- First Nation representation on a district school board must be guaranteed regardless of the number of First Nations students attending schools in the district, in recognition of the fact that First Nations peoples are in a unique situation in Canada and cannot be adequately represented by non-Native trustees;
- There must not be a maximum of First Nations trustees on any district school board;
- First Nations trustees shall be appointed directly and independently by the First Nation government to the district school board and First Nations trustees shall also have alternates.
- First Nations governments will individually negotiate their tuition agreements with the new district school board regardless of how many First Nations are within the board's jurisdiction.

Bill 104 - "Fewer School Boards Act":

- First Nations will refuse to pay full Provincial Tuition Rates for Non-Native pupils, since the Bill specifically states that "agreement under this Act is to provide instruction to pupils who are Indian within the meaning of the Indian Act".

Bill 149 - "Fair Municipal Finance Act":

- First Nations that are subject to taxation on Lands held in Trust will refuse to pay the full cost of Provincial Tuition.
- First Nations will expect and demand that additional Provincial services be made available on reserve if they become subjected to a Land Tax.

Mr. Premier it is imperative that you and your government make commitment to a political process that meets the legal requirements of the Province's fiduciary obligations, as per the constitutional division of powers. Fiduciary obligations as identified in the Supreme Court ruling (Sparrow) is that it is a legal requirement to consult with aboriginal peoples who will be affected by government legislation and policies. Consultation for the purposes of fulfilling a distinct fiduciary responsibility is only completed when affected and interested aboriginal groups have an informed opportunity to present their position and perspective on the full range of options under consideration for decision. In this respect an immediate discussion by First Nation leadership and yourself is needed to establish a formal understanding of our joint responsibilities.

I need to confirm to our membership your political will, "not to have First Nations jurisdiction compromised by legislation". I shall look forward to timely response for the resolution of issues/concerns outlined. Do not hesitate to contact this office for further clarification, or to set up a meeting for discussion on the issues.

Sincerely,

Doug Maracle
Grand Chief
Association of Iroquois
& Allied Indians

PRESS RELEASES

She:kon, We the Recreation Committee would like to take this time to thank all those who gave donations and offered their time and services to help make our 1998 Winter Carnival a Success.

Bulk Barn	X-Treme Fitness And Health Centre
Belleville Fitness and Squash Club	Dewie's Independent Store
United Restaurant	Gondolier
Dixie Lee	The Work Gear CO.
Tyendinaga Computers	Build-All Contractors
Gray's I.D.A.	Savings Station
Bayview Varitey	Nutrition House
Debbie's Country Kitchen	Turtle Island Crafts
McMurters	F.N.T.I
Music World	Quinte Hawks
Foodland	Dewmars
Gloria Snowplowing	Beaver Lumber (Napanee)
Beaver Lumber (Belleville)	Belair
Quinte Mohawk School	Mohawk Fire Department

The winning ticket number for the Basket is **0728739** . If you have the winning ticket please contact Andrew Alkenbrack at the Administration office.

WELCOME WELCOME WELCOME

If you are new to Tyendinaga and would like to know what businesses and services are available just call the Community Health Representatives at the Thayendanaga Health Centre.
967-3603
8:30 - 4:30



NATIONAL ABORIGINAL ACHIEVEMENT AWARDS BACKGROUNDER

The National Aboriginal Achievement Awards (NAAA) were established by Mohawk conductor and composer John Kim Bell to pay tribute to the United Nations' International Year of the World's Indigenous Peoples, and were first presented in Ottawa in 1994. The achievement awards have since been presented in Vancouver in 1995, Winnipeg in 1996 and Calgary in 1997. Since the awards began, 70 extraordinary individuals have been honoured by the NAAA, including: kidney transplant specialist Dr. Martin Gale McLoughlin; Olympic champions, Alwyn Morris and Angela Chalmers; NHL Coach of the Year, Ted Nolan; architect Douglas Cardinal; justices Harry LaForme, Murray Sinclair and Alfred Scow; and Albert Rock, a scientist whose digital data logger is used by NASA, Indy and Formula One racing, to name but a few of the recipients.

The achievers are selected by a 19-member jury comprising past award recipients and others representing the three Aboriginal groups, geography and sectoral areas. The 1998 jury includes Saskatchewan entrepreneur RayAhenakew; NWT-based Natsiq Alainga-Kango; Mohawk conductor and composer John Kim Bell; Edmonton filmmaker Gil Cardinal; justice advocate Chester Cunningham; Alberta-based engineer Karen Deontie; journalist, historian, and academic Dr. Olive Dickason; BC Aboriginal leader Wendy Grant-John; Regina City Counsellor Ray Hamilton; poet Rita Joe; BC leader Chief Clarence (Manny) Jules; NWT cabinet minister, the Honourable Stephen Kakfwi; health care advocate and senior public servant Mae Katt; former United Church Moderator Reverend Stanley John McKay; Winnipeg entrepreneur Winnie McKay-Giesbrecht; Northern Quebec business leader Zebedee Nungak; health care specialist Marie Ross; Senator Charlie Watt; and Alberta Aboriginal leader Chief Roy Whitney.

The National Aboriginal Achievement Foundation, formerly the Canadian Native Arts Foundation, also organizes and presents *Blueprint For The Future*, a career fair for Aboriginal youth, which will be held in Vancouver and Toronto this year.

For more information: Contact Ken Williams - (416) 926-0775.

NATIONAL ABORIGINAL ACHIEVEMENT AWARDS

A PROJECT OF THE NATIONAL ABORIGINAL ACHIEVEMENT FOUNDATION
Formerly the Canadian Native Arts Foundation

NHL IDOL, AMBASSADOR, PSYCHIATRIST, OMBUDSMAN & ACADEMY AWARD WINNER TO BE HONOURED AT THE 1998 NATIONAL ABORIGINAL ACHIEVEMENT AWARDS

TORONTO, January 26, 1998 - NHL great Bryan Trottier, Canadian Ambassador to Central America Dan Goodleaf, groundbreaking psychiatrist Dr. Cornelia Wieman, Ontario's Ombudsman Roberta Jamieson, and Academy Award-winner Buffy Sainte-Marie are five of the 15 Aboriginal achievers to be honoured at the fifth annual 1998 National Aboriginal Achievement Awards. The awards will be presented on Thursday, March 12, at the Hummingbird Centre for the Performing Arts in Toronto at a star-studded gala evening, before a sold-out audience of dignitaries and luminaries.

"These awards are the most empowering, positive step that the Aboriginal community takes each year to recognize the best of who we are," said John Kim Bell, the Mohawk conductor and composer, and founder and executive producer of the awards. "The awards represent a beacon of goodwill between Aboriginal people and Canadians and serve as a powerful inspiration for all young people, especially Aboriginal youth." The National Aboriginal Achievement Awards were established in 1994 by Mr. Bell to recognize outstanding career achievements by professionals of First Nations, Métis and Inuit ancestry. For the first time, 15 awards will be presented - 13 career awards, one lifetime achievement, and a special youth award that carries a \$5,000 scholarship.

The awards gala will be co-hosted by stage and film stars Tom Jackson and Graham Greene, and will feature a sensational lineup of performers, such as rock legend Robbie Robertson, and EMI recording star and Arctic Canada's singing sensation Susan Aglukark. There will also be stirring vignettes showcasing the lives and achievements of each of this year's recipients. The gala will be at the Hummingbird Centre for the Performing Arts in Toronto on March 12, and will then be televised by the CBC as a network special on March 26 at 8:00 p.m.

This year's award recipients are:

- Iqaluit-based Inuit leader, John Amagoalik, a chief architect in the creation of the new territory of Nunavut;
- Northern Quebec leader Chief Abel Bosum, a community developer and recipient of the U.N.'s Human Settlements, Best Practises Designation.
- *Dances with Wolves* and *Legends of the Fall* star, Tantoo Cardinal;
- Entrepreneur, and Cree-Tech Inc. executive, Wade Cachagee, this year's youth recipient;
- Alberta based, Joe and Josephine Crowshoe, the last living Elders of the Peigan Nation who re-established the traditional Blackfoot religion and culture;
- Iqaluit-based Inuit leader, Tagak Curley who is overseeing the creation of the Government of Nunavut's infrastructure;
- Co-Chair of the Royal Commission on Aboriginal Peoples and former National Chief of the Assembly of First Nations, Georges Erasmus;
- Dr. Emily Jane Faries, the University of Sudbury educator who is spearheading the development of Aboriginal bi-cultural education;
- His Excellency Dan Goodleaf, Canada's Ambassador to Costa Rica, Nicaragua and Honduras, and the former Deputy Minister of Indian Affairs and Northern Development;
- Roberta Jamieson, Ontario's Ombudsman, and the first Aboriginal woman to become a lawyer;
- B.C. based visual artist, Daphne Odjig;
- Academy Award-winner, singer, songwriter and humanitarian, Buffy Sainte-Marie, this year's lifetime achievement award recipient;
- NHL idol Bryan Trottier who won a total of six Stanley Cups with the Pittsburgh Penguins and New York Islanders;
- Dr. Cornelia Wieman, the first Aboriginal woman to become a psychiatrist and currently the only Aboriginal psychiatrist in Canada.

The National Aboriginal Achievement Awards are sponsored by Indian and Northern Affairs Canada, CIBC and the CBC; Air Canada; Amoco Canada Petroleum Company Ltd.; Cancom; Placer Dome North America; and Viacom Canada. Public sector supporters include: Canadian Heritage; Health Canada; Human Resources Development Canada; Industry Canada through Aboriginal Business Canada; Agriculture Canada; Canada Mortgage and Housing Corporation; Canadian Museum of Civilization; Department of Foreign Affairs; Department of Justice Canada; Environment Canada; Government of the Northwest Territories; Natural Resources Canada; Natural Sciences and Engineering Research Council of Canada; Royal Canadian Mounted Police; Solicitor General Canada; the Province of Ontario; the City of Toronto and the Toronto Arts Council.

The National Aboriginal Achievement Awards are produced by the National Aboriginal Achievement Foundation (formerly the Canadian Native Arts Foundation), a national charitable organization providing financial assistance to Aboriginal students for training and education in the arts, business and sciences. Since 1988, over \$5.25 million has been awarded. Proceeds from the gala evening will benefit the National Aboriginal Achievement Foundation Scholarship Fund.

For further information contact: Ken Williams - (416) 926-0775

EMPLOYMENT OPPORTUNITIES

GAME WARDENS

The Mohawks of the Bay of Quinte are currently seeking applications for the position of **GAME WARDEN** for the 1998 Pickerel Spawning Season.

Applications are being accepted by Bev Hill and/or Karen Brant-Jones at the Mohawk Administration Office

396-3424

Student Employment

The Employment Office now has listings that are available through the St. Lawrence Parks Commission. All are in a book which you can view anytime in the Employment Office.

The St. Lawrence Parks Commission will be accepting applications until **February 28, 1998** for Appendix C and **March 13, 1998** for Appendix B.

To apply you must quote the file number, indicate specific experience/education/qualifications and forward to:

Human Resources

The St. Lawrence Parks Commission
R.R. #1
Morrisburg, Ontario
K0C 1X0

For more information please contact:
Bev Hill or Karen Brant-Jones
Mohawk Administration Office
(613) 396-3424

Note

9-1-1

9-1-1 is for Emergency calls Only!
If you need to contact the Emergency Services for non emergency matters please call:

Police: 613-967-3880
Fire: 613-968-7985
Ambulance: 613-542-0221

Prepare Yourself Now for the Arrival of the Charitable Gaming Clubs in Ontario!

Receive Skills to help you become a part of the exciting gaming industry!
E.N.T.I.'s Casino Career Training Program can help you on your way!

Next Blackjack Dealer Programs beginning February 16th and March 30th

Call 613-396-3100 for more information!

Callie Maracle, Program Manager
Casino Training Program
First Nations Technical Institute
Tyendinaga Mohawk Territory, Ontario
K0K 1X0

ph: (613) 396-3100
fax: (613) 396-2467

FIRST NATIONS TECHNICAL INSTITUTE

is pleased with the numerous inquiries we have received about obtaining our company newsletter, "The Communication link". This month we will be placing copies in various locations within the community. In the future, FNTI updates will be included in the Territory Newsletter.
Thank You for your interest.



Funding for this training and employment opportunity has been provided by
Kagita Mikam LDM

FIRST PEOPLES
CONSULTANT INC.
CONSULTING ENGINEERS
PROJECT MANAGERS

EMPLOYMENT OPPORTUNITY

**FIRST PEOPLES CONSULTANT INC.
opening for a
SECRETARY / RECEPTIONIST**

1 South Huron Brant Drive
Tyendinaga Mohawk Territory
Ontario K0K 1X0

First Peoples Consultant Inc. is owned by the Mohawks of the Bay of Quinte, in partnership with the Greer Galloway Group Inc., a reputable and long standing engineering consulting company. FPC was formed in part, because of the recognized need in Ontario for the First Nations to actively participate in the development of the infrastructure to take us into the 21st century. To do this FPC is developing its own native trained staff, and has enlisted Greer Galloway's help to assist in developing a future full service native engineering company.

FPC currently has an opening for a Secretary / Receptionist to perform the following duties:

Reception Duties:

- answer telephone
- direct calls to appropriate personnel
- take accurate messages
- maintain neat, organized, and clean appearance of office, inside and out
- respond helpfully to all requests from Operations Manager and Marketing Director

Secretarial Duties:

- ensure current technology is employed (i.e. computer programs, internet access, etc.)
- all typing
- open daily mail, direct to appropriate personnel
- stamp and post outgoing mail
- maintain filing system
- maintain and reconcile petty cash

Accounting Duties:

- timesheet collection
- timesheet verification
- ensure Head Office receives timesheets in a timely manner
- verify incoming invoices, code, cost, and maintain accounts payable
- maintain accounts receivable
- deposit receipts daily
- project costing
- project invoicing

- estimated financial position to Operations Manager
- monthly reports to Head Office for production of Financial Statements

Qualifications:

- minimum 2 years experience working in an office setting
- excellent communication and interpersonal skills
- excellent verbal and written communication skills
- must be proficient in WordPerfect 6 and Lotus
- typing speed of 40 w.p.m.
- demonstrated ability in working with Aboriginal people, communities and organizations

TO APPLY:

Please submit resume to Bev Hill or Karen Brant-Jones
Mohawk Administration Office
(613) 396-3424

DEADLINE FOR APPLICATIONS:
Friday February 20, 1998 at 4:30 P.M.

A WordPerfect 6.1 Typing Test and Lotus Test will be conducted prior to interviews.



POLICE & ENVIRONMENT

WHEN HOSTING ANY SPECIAL EVENT ON TYENDINAGA TERRITORY WHERE A SPECIAL OCCASIONS PERMIT IS REQUIRED, THE FOLLOWING GUIDELINES WILL APPLY TO THE SPECIAL OCCASION PERMIT HOLDERS:

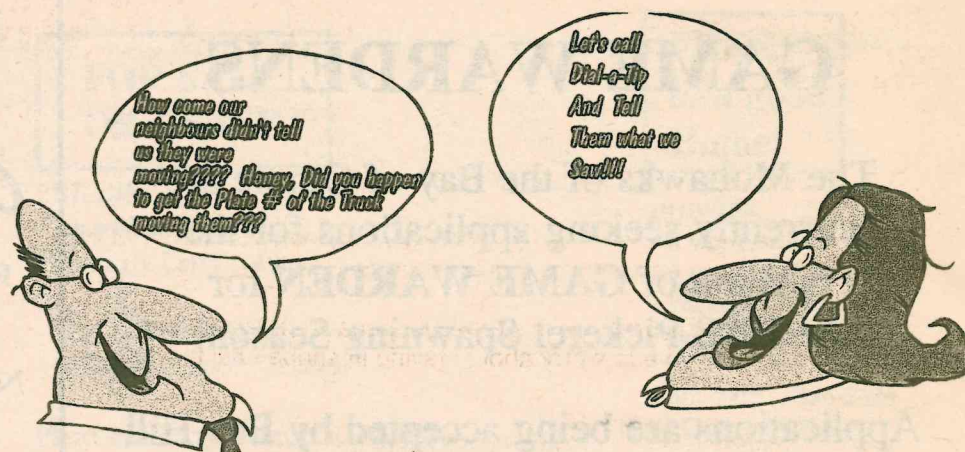
- THAT THE SPECIAL OCCASION PERMIT BE PRESENT AND DISPLAYED ON THE WALL.
- THAT THE INDIVIDUAL WHO THE PERMIT, WAS ISSUED TOO, BE PRESENT AT ALL TIMES, AS THEY ARE THE ONES HELD ACCOUNTABLE. IF THEY ARE NOT PRESENT THEN THE BAR SHOULD NOT BE OPENED, IF IN AN EMERGENCY THE PERMIT HOLDER IS UNABLE TO ATTEND, THEN THE PERMIT HOLDER MUST DESIGNATE A PERSON TO ATTEND (THIS SHOULD BE IN WRITING).
- THAT THE TIME INDICATED ON THE PERMIT IS THE ONLY TIME THE BAR CAN BE OPENED, THE PERMIT HOLDER HAS 45 MINUTES TO REMOVE ALL EVIDENCE OF THE SERVICE AND CONSUMPTION OF LIQUOR, AFTER THE END OF THE PERIOD DURING WHICH LIQUOR MAY BE SOLD OR SERVED UNDER THE PERMIT.
- THAT THEY SELL AND SERVE ONLY LIQUOR THAT WAS BOUGHT ON THE PERMIT THROUGH THE LCBO, OR BREWERS RETAIL OUTLETS OR WINE STORES.
- THAT SERVERS OF ALCOHOL ARE AT LEAST 18 YEARS OF AGE
- THAT THE NUMBER OF PEOPLE AT THE EVENT ARE WITHIN THE LAWFUL CAPACITY ALLOWED FOR THE PREMISES.
- THAT ALCOHOL IS NOT SERVED TO GUESTS WHO ARE INTOXICATED.
- THAT ALCOHOL IS NOT SERVED TO PEOPLE UNDER THE AGE OF 19 YEARS.
- THAT GUESTS DO NOT TAKE OUT OR BRING IN LIQUOR.
- DO NOT SELL SMUGGLED, WATERED-DOWN, OR HOME-MADE LIQUOR
- DO NOT RAFFLE LIQUOR, HOLD CONTESTS THAT INVOLVE BUYING, DRINKING OR WINNING LIQUOR
- THAT THE PERMIT HOLDER SHALL NOT REQUIRE A PERSON TO PURCHASE A MINIMUM NUMBER OF DRINKS IN ORDER TO GAIN ENTRY TO OR REMAIN ON THE PREMISE.
- THAT THE PERMIT HOLDER SHALL PROVIDE SECURITY SUFFICIENT TO ENSURE THAT UNAUTHORIZED PERSONS DO NOT ATTEND THE EVENT AND TO ENSURE THAT THE CONDITIONS OF THE PERMIT AND REQUIREMENTS OF THE ACT ARE OBSERVED.
- THAT THE PERMIT HOLDER SHALL NOT SELL OR SERVE LIQUOR UNLESS THERE IS A SUPPLY OF FOOD SUFFICIENT TO SERVE THE PERSONS ATTENDING THE EVENT TO WHICH THE PERMIT APPLIES.

*** NOTE*** THIS IS SOME INFORMATION TAKEN FROM THE LIQUOR LICENCE ACT AND REGULATIONS TO HELP THE PERMIT HOLDERS. A COPY OF THE LIQUOR LICENCE ACT CAN BE OBTAINED AT THE TYENDINAGA FIRST NATIONS POLICE SERVICE.

THE PERMIT HOLDER IS LEGALLY RESPONSIBLE. KNOW YOUR RESPONSIBILITIES.

A RESPONSIBLE HOST, WOULD NOT LET GUESTS DRINK AND DRIVE, THEREFORE ARRANGEMENTS SHOULD BE MADE FOR ALTERNATIVE TRANSPORTATION.

A MESSAGE FROM THE TYENDINAGA FIRST NATIONS POLICE SERVICE, WORKING TOGETHER TO MAKE OUR COMMUNITY A SAFER PLACE TO LIVE.



WHAT IS DIAL-A-TIP???

If you see something that looks suspicious, call Quinte Det., 968-6495, ask for Dial-a-tip. Tell them what you saw, they will then tell Captains, who will in turn call 5 people. Tyendinaga community will then be on the look out.

FOR MORE INFORMATION CONTACT THE COMMUNITY POLICE ADVISORY COMMITTEE 967-3888, IF YOU WISH TO BE A VOLUNTEER FOR THE NEW DIAL-A-TIP PROGRAM



LANDFILL HOURS

Monday - CLOSED
Tuesday - 1:00 P.M. - 5:00 P.M.
Wednesday - CLOSED
Thursday - 1:00 P.M. - 5:00 P.M.
Friday - CLOSED
Saturday - 8:30 A.M. - 5:00 P.M.
Sunday - 9:00 A.M. - 4:00 P.M.



Recyclable Materials

Here is a list of **Recyclable Materials**:

GLASS: clear & coloured (labels removed and recycled with the paper)

PAPER: corrugated cardboard, boxboard (ie: cereal boxes & cigarette packages), newspaper, office, magazines, labels, and anything else made of paper.

PLASTIC: clear & coloured containers (labels removed and recycled with the paper), foam packing, and clean bags.

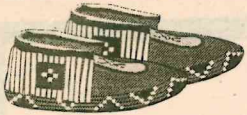
METAL: all cans (labels removed and recycled with the paper), clean aluminum foil & scrap metal.

TEXTILES: clean, intact, wearable clothing, linens, etc.....

NOTE: Please rinse all the containers!

Remember if you have an EMERGENCY
 CALL **911**

HEALTH CENTRE



MOCCASIN TRAIL NEWS



☺ Active Living For Your Children ☺ Diabetes Prevention ☺

Do Your Children the Favour of a Lifetime

If you're like most parents, you probably give more thought to what your kids eat and watch on television than what they do to keep fit.

Most of us think children are in shape just because they're young. We think they don't really have to worry about staying in shape until they're much older.

But how much older? And what does "in shape" mean?

Take a minute to do the quiz and find out how much you really know about your children's fitness. Then read the rest of the column and find out how active living can be one of the greatest gifts you'll ever give them.

A Quick Active Living Quiz

Most children are as physically active as they can be.	Yes/No
Normal daily activity gives children all the exercise they need.	Yes/No
Physical fitness is up to the schools.	Yes/No
Most parents are too out-of-shape to get involved with their children's physical activities.	Yes/No

Welcome to the '90's

If you answered yes to the quiz questions, you're not alone, but you're wrong. Even the most responsible, concerned parents may not have all the answers. New information about fitness is being discovered every day. That makes it hard to keep up with the facts. If you answered NO, your views match the most recent findings of the leading exercise scientists and teachers.

The Facts - Just the Facts

- Physical fitness peaks during the early to the mid-teens. Endurance actually peaks around the age of 11. After that, for many kids it's downhill all the way. Even cardio-respiratory endurance can start to decline in adolescence.
- Only 24% of girls and 48% of boys from 15 to 19 get the level of aerobic activity recommended by fitness experts.
- Only about one youth in 17 expends an average of more than 50% of his or her body's power in day-to-day physical activities.
- You're never too old to get involved in what the fitness experts are now calling active living. This approach makes physical fitness a normal, pleasurable part of daily life rather than a separate event that you have to schedule.

WHY IS ACTIVE LIVING FOR CHILDREN IMPORTANT?

For exactly the same reasons it's important to adults. Feeling better physically translates directly into feeling better emotionally and psychologically.

Physically fit people--adults and kids-- have a more positive outlook on life. They handle stress better, have more energy and higher self-esteem. Generally, life is more balanced if your output of physical and mental activity is balanced.

HOW CAN YOU HELP?

That's exactly what this column is all about--helping you to help your children be the best they can be by making active living a normal, daily part of family life.

Actually, you can start before you even have children. Heredity affects fitness too. Healthy, fit parents tend to produce healthy, fit children. So, the better shape you're in before you have children, the better shape they'll be in.

Knowledge helps too. The more you know about what your children need and where to get it, the better your chances are of making active living part of their life.

And so does setting a good example. History dictates that your children will do what you do, not what you say (remember your own childhood). Chances are if you take pleasure in active living, they'll pick up the habit too.

A special message to young parents out there, be careful how you are raising your children because you pass all those same behaviours on to

your grandchildren. Do you remember hearing yourself saying those same things to your children, that your parents said to you? That's what I mean, when you raise your children, you raise your grandchildren too. Are you living a lifestyle that you want to pass on to your grandchildren?

A LITTLE KNOWLEDGE.....

- Experts say that kids need 30 to 60 minutes of moderate to fairly vigorous activity every day.
- Very young children need activity in short bursts with frequent breaks. Running, rolling, climbing, throwing a ball are great fun for them. It's also a terrific way for you to get involved in keeping them fit.
- Older children love learning to master things--volleyball, baseball, bicycle-riding. You can help motivate them to acquire new skills.
- Keep in mind that on average children reach their peak of endurance at 11 years of age and are usually very sociable at that age too. You can help by involving them and their friends in swimming, playing soccer, skating, volleyball, any team sports that keep them active.
- Because cardio-respiratory endurance can start to decrease in adolescence, it makes sense to get teenagers involved in sports that use their large muscle groups (legs, arms, upper body) regularly. Gymnastics and track and field do that well.
- Remember that most schools and community recreation centers have programs for kids and their parents. Keep that in mind when you're checking out opportunities in your neighbourhood.
- And remember that doing things together is magical. It brings you closer to your kids, and it brings you all closer to your community. You get both a sense of well-being and of belonging.

BRRR.....BUT IT'S COLD OUTSIDE!

It's almost never too cold to get outside and have some fun, if you dress warm enough.. It doesn't have to be expensive

Consider:

Skating	Building snowpeople
Tobogganing	Cross-country skiing
Snowshoeing	Broomball
Hiking	

Don't forget about the indoor sports like swimming, volleyball, table tennis, bowling and others.

Active living can add a lot to your family life. It can improve the way you feel physically and mentally, and can give your family a new sense of togetherness. Try it. You'll like it.

Like I said last month, if you've made a commitment to become healthier in 1998, be sure to include your children too. You're whole family could even join the Moccasin Trail Walking Program at the Thayendanega Health Centre. We can keep you motivated and encouraged. Come to the Health Centre the first Tuesday of the month to check-in. Take the risk. Let's work together.

Source: Active Living For Your Kids, Ministry of Culture, Tourism and Recreation

Tyendinaga's Now Has It's Own "Diabetes Prevention Community Coalition" (Draft Name)

A group that has recently formed in our community is the Diabetes Prevention Community Coalition. It was recommended by the Kahnawake Schools Diabetes Prevention Project, that we develop some sort of community advisory committee to help promote, recruit and reinforce information to prevent diabetes. The goal being, to break the cycle of diabetes in our community. Their research demonstrated that three things in life will help us: They are: "Active living every day", "Healthy eating every day", and "Positive attitude".

It is hoped that this group will help to unite the community of Tyendinaga in the effort to defeat diabetes. So far, our group consists of representatives of many organizations including health staff, recreation, senior organizations and individual community members. If you want, this would be just one more way to involve your family in helping the community to make healthy changes by role modeling and promoting our efforts.

If you wish to be a part of this exciting project, please come to our next meeting on:

**Monday, February 16, 1998,
at the Thayendanega Health Centre
at 6:30pm.**

Be The Change You Want To See In The World

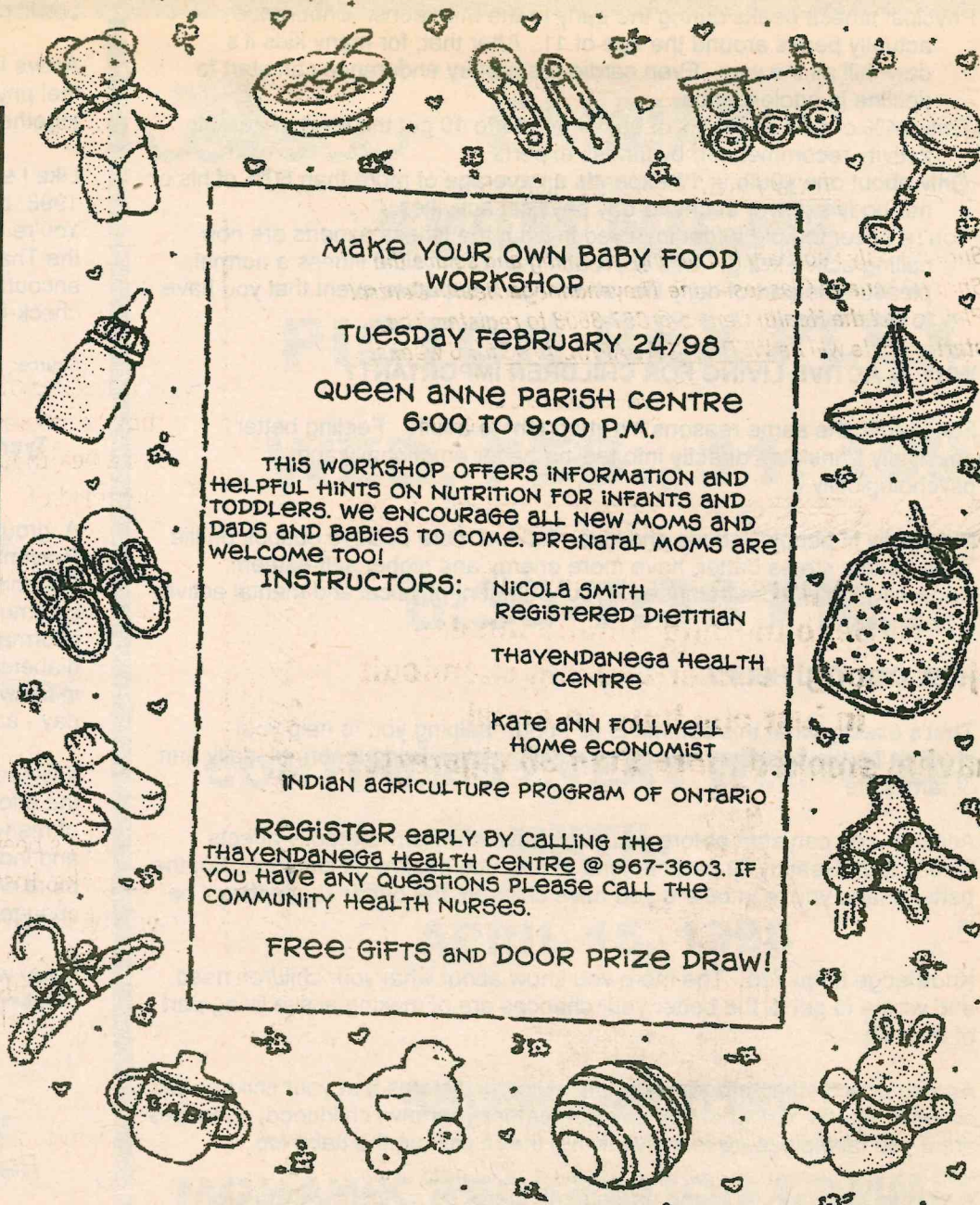
Smoking is the leading cause of heart disease. If you smoke, remember it's never too late to set a good example by quitting. Talk to your child about the risks of smoking. Children of non-smokers are less likely to become smokers themselves.

Regular physical activity helps your heart work better and helps you to feel good. There are many easy ways you and your child can become more active. Walk or bike to the store instead of driving. Choose the stairs rather than the elevator. Encourage your child to play outside instead of watching T.V. or help organize a neighbourhood game in the park. Children who enjoy physical activity early in life are more likely to continue to be active throughout their teen and adult years.

Distributed by the Healthy Children and Healthy Adolescents Programs, Hastings & Prince Edward Counties Health Unit

Remember... education is still our greatest defense.

FREE GIFTS and DOOR PRIZE DRAW!



HEALTH CENTRE

**Children
breathe faster
than adults and
therefore inhale
MORE of the
chemicals in
Second-Hand
Smoke.**

*Protect our children
from environmental
tobacco smoke...
for the health of the
next seven generations.*

A Smoking Cessation Program will be available, depending on the number of people interested. Phone the Health Centre, ask to speak to one of the C.H.R. 's, if you would like more information on how to quit or about the program.

Smoke-free....One step at a time

Perhaps you aren't ready to stop smoking, but have given it serious thought. Well, you aren't alone! Many people aren't ready to quit smoking or they don't want to quit. Or you may be a non-smoker, and are concerned about a friend or family member who smokes.

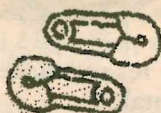
Listed below are some facts about smoking that may be of help, or just get you thinking about this health hazard:

- more Canadian women smoke than men
- 1 out of every 4 teenage girls smoke
- many people smoke because their family, friends & co-workers smoke
- many people smoke because they are hooked. Smoking is an addiction & it's hard to stop
- smokers are more likely to have heart attacks
- second-hand smoke is more dangerous than smoke which is inhaled by the smoker
- bronchitis is more common in children who live with smokers
- smokers are more likely to have hardening of the arteries (atherosclerosis)
- smokers are 3 times more likely to have a stroke than non-smokers
- pregnant women who smoke have a higher chance of having miscarriages, stillbirths, premature babies & smaller babies at birth
- smoking makes health problems such as asthma & allergies worse
- smoking increases your risk of developing angina
- smoking can damage your blood vessels
- low tar & low nicotine cigarettes may be more harmful because many smokers inhale deeper & smoke more to get the amount of nicotine they want

The list could go on and on, with the negative consequences of choosing to smoke. Some of the payoffs of quitting smoking include:

- after a few hours, your body starts to get healthier
- after a few days, you'll be able to do more exercise, & your sense of smell & taste will improve
- after 1 year of no smoking, your odds for having heart disease are cut in half
- odds of getting cancer go down the longer you are smoke-free

Quitting smoking isn't easy but YOU CAN DO IT! Many people need to try a few times before they make it.

**1998 PRENATAL CLASSES**

Sure it's only February but Spring is coming and so are the Spring Prenatal Classes at the Thayendanega Health Centre! Please call the Health Centre @ 967-3603 to register. The starting date will be WEDNESDAY APRIL 1 / 98 for 6 weeks.

Brenda Asselstine C.H.N.
Thayendanega Health Centre

**A person in a room full
of Second-Hand Smoke inhales
just enough cancer-causing chemicals
in just one hour to equal
having smoked more than 35 cigarettes.**



*Protect our children from environmental tobacco smoke...
for the health of the next seven generations.*

PEDICULOSIS

(headlice)

An Information session on the prevention and cleaning of pediculosis infestation will be held at:

Quinte Mohawk School (Library)

February 25, 1998

7:00 p.m. to 8:30 p.m.

If you have children in Daycare, Elementary or even Secondary School, you may be interested in joining us. As you are aware these little "critters" are not a health issue, but are certainly a nuisance to have and time consuming to get rid of.

There will be a short video, a discussion on treatment shampoos and some literature.

SELF-DEFENCE COURSE

There has been some inquiries for a self-defence course for women. George Misuraka, Instructor from the Misuraka Karate Academy in Belleville is willing to run a course at the Thayendanega Health Centre. The course would be run Saturday afternoon, suggested time is 2-3 hours total. George will throw a Kubaton stick in for \$5.00, therefore total cost per person will be \$25.00 to \$30.00.

If you are interested in learning self-defence, call 967-3603 and leave your name and telephone number.

The course will depend upon Community interest.

RED CEDARS SHELTER & COMMUNITY INTEREST

Living with AIDS in Tyendinaga Mohawk Territory

by Joyce Atcheson
Aboriginal Media Program
First Nations Technical Institute

Bob Brant, a resident of Tyendinaga Mohawk Territory has AIDS.

Brant shared his experience of living with AIDS with about 40 men, women, teens and children at a public meeting held on the territory for AIDS Awareness last November. His daily experience of living with AIDS gives meaning to being an AIDS "expert."

Brant, 55, says he was infected with the human immunodeficiency virus (HIV) in 1982 when he received a blood transfusion while in Belleville General Hospital following a car accident. He later received a letter from the hospital advising him he should be HIV tested because he had received transfusions prior to initiation of routine HIV screening of blood donations. By the time Brant says he received the letter he believed if he had acquired the disease he would have been sick. However, he felt well at the time and was busy and therefore did not have the test. He remained well until 1994 when he became so short of breath he could not climb a hill. When he arrived at the hospital panting and turning blue, he was admitted and diagnosed with Pneumocystis Carinii Pneumonia (PCP), a type of pneumonia almost exclusively affecting people with full-blown AIDS.

His life, and that of his family's, became a nightmare of terror, depression, anger, loss of control, betrayal, hopelessness and total despair. Through all of these feelings, he had to manage intense fatigue, constant pain, scheduled drugs, and drug side effects as well as other illnesses. Brant says his weight dropped from 270 to 200 pounds, he had bleeding lips and tongue, couldn't eat, and awoke each morning to his lips being stuck shut. Besides the PCP, he's also had tuberculosis and diabetes.

Brant says he and his family struggled with the decision to go public when Belleville General Hospital officials advised the media their blood supplies had not transmitted HIV to anyone. Brant says he met with hospital administrators and medical staff prior to going public. According to Brant, it was confirmed that his disease was acquired through his hospital transfusion by checking of blood donation numbers. He hopes that by going public he will help others through public education of AIDS particularly in Aboriginal communities where AIDS is increasing.

Brant says he doesn't want to see others live through what he has endured. He creates visibility of how the system betrayed Canadians through sharing his experience in living with AIDS. To create awareness, he spoke with a group of Aboriginal educators in Thunder Bay in late November. While at the session, he heard from a woman who told the educators how her son was beaten every day at school by other kids who found out he had AIDS. The boy since has left his home and the support of his family in his small community to live anonymously in a city. She said her son could not live with how others expressed their fear of his disease.

Brant says he wants to correct these fears. He knows the discrimination he faced when members of his community thought he was gay or had used drugs. Gossip made it difficult. Many were afraid to touch him. "It doesn't jump off and jump on you," says Brant. "It's okay to hug, kiss, touch someone who has AIDS, you won't get it. Kids can be cruel, they don't understand." He adds he is concerned children here will face some of the same discrimination and fears from the community as he has.

Life now for Brant is run by the 24 pills he takes at set times each and every day. He also has to eat, exercise and inject insulin regularly so his freedom is limited. Drugs used to treat AIDS do not cure the disease and many are very toxic to the liver, kidneys, pancreas, and spleen. Brant says he experiences drug side effects such as skin rashes, upset stomach, diarrhea, intense tiredness, and night sweats. Some drugs contribute to other problems such as diabetes.

A few days after starting a new type of pill, Brant says he experienced excessive thirst and found himself urinating frequently, and feeling increasingly tired. He visited his doctor who told him his blood sugar level was 24 and diagnosed diabetes. For the balance of his life he will be required to inject insulin. Although insulin can be injected in arms and legs he does this twice daily through the skin of his stomach.

The drugs keeping AIDS from killing him are expensive. Brant's yearly cost is \$30,000. He sometimes has to wait for approval, but most of these drugs are covered by Medical Services Branch of Health Canada. However, with the federal government's plan to transfer health care and its costs to Native bands, the costs for treating AIDS patients could drain the First Nations' allowable budget for health care.

Other costs which Brant has paid include selling his home as he is now unable to manage the yard work, regular and frequent trips to health care specialists - family doctor, AIDS specialists, dentists, eye specialists, druggists - and a whole new wardrobe and lawyer costs associated with dealing with the Krever Inquiry. (The Krever Inquiry was established by the federal government in October 1993 to review the blood donation/transfusion system. The government has yet to announce its full response to the report but has initiated an interim Blood Safety Council.)

Brant who is married to his second wife, Ann, says neither Ann nor his first wife are infected. Since he didn't know he was infected, he was not using condoms. No one knows why it did not spread during the 12-year lapse between infection and diagnosis. "If there's any good in this, I kept it to myself," says Brant.

Dr. Peter Ford, of the Kingston Clinical Immunology Outpatient Clinic deals with people who are HIV positive or have AIDS. He said AIDS is spread (in order of prominence) through sex (homosexual or heterosexual), sharing of dirty intravenous drug equipment, from mother to child through pregnancy and breast feeding, and by transfusion. Of concern is the law governing reporting of the

disease. AIDS is reportable, but being HIV positive is not. Therefore those who are infected and have the potential to infect others are largely invisible. Even 10 years after being infected, over 50 percent of people are free of symptoms and may not have had HIV testing. According to Ford many doctors are prejudiced and may not willingly offer or order the test when it is requested.

Although the number of infected women is still small in comparison to men, "The fastest growing area is women, with those of 15-20 years of age having the highest rate. This is a concern when we consider the spread from women to their unborn children," says Ford.

In the U.S., which has a longer history of the disease, statistics show "The disease is now associated with poverty in the inner cities," says Ford. He also identifies women in these circumstances often do not demand the use of condoms. The team from CDC suggest "poverty and culture are important determinants of condom use."

Tyendinaga Mohawk Territory's AIDS educator and CHR Kathleen Brant, says, "Statistics identify a known 3000 Aboriginal Peoples have AIDS. What is of greater concern is the numbers of Aboriginal Peoples who are unknown, those whose ethnicity is not identified by forms or who are not included such as the Metis."

A number of questions from the crowd extended the meeting and honed in on reliability of HIV testing, age to begin educating children, coping mechanisms in isolated communities, how the disease started, whether Bob Brant was afraid to get infections from others given his weakened immune system, discussion about how Tyendinaga can prevent this disease, and community and parent responsibility to the children.

Some mothers at the meeting identified their desire to see education be part of the school program and their wish to heal the fears and shame associated with AIDS. Bob Brant was commended through applause from the crowd for evidencing courage in going public in attempts to help his community understand AIDS. For more information contact Kathy Brant at the Health Centre: 967-3603.

Attention all community members !



Visit Red Cedars web site at:

<http://www.geocities.com/HotSprings/9473/> or E-mail us at redcedars@suckercreek.on.ca

The Characters and events portrayed in this story are completely fictional. Any resemblance to actual events and people is purely coincidental.

*This Story is a Continuation
from Newsletter 1/98 (Red Cedars)*

THE CONTINUING STORY OF RICK, SALLY AND JOSH

Her thoughts were jumbled, may baby, my baby, he was not going tobut tomorrow would be different...because she was going to leave, she was going to pack up her and Josh's belongings and get away from Rick. A tear began to fall down her cheek. Sally could not help wondering who this man was laying beside her. It was not the same man she had fallen in love with so long ago. This man laying beside her was a stranger and Sally was very afraid of him. It was may hours later before she finally fell asleep. When she woke up, she could smell fresh coffee and breakfast cooking. Cautiously, she went to Josh's room only to find her son's room empty. Quickly she went to the kitchen, feeling panicked. There was Josh helping Rick cook breakfast. Sally was surprised to see Josh with Rick. Rick turned to Sally and said, "Good morning Beautiful, Josh and I are just making you breakfast. We were going to surprise you with it in bed, but I guess we're too late." Sally was too shocked to speak, all she could think of "Is this the same man who treated me so horribly the night before?" Rick interrupted her thoughts saying "This is my way of saying I'm so sorry for how I've acted. I've had a lot to deal with at work and I took it out on the two people I love the most. Josh has forgiven me, I hope you will too. Look I even bought you a fresh bouquet of wild flowers, I know they are your favourite flowers. Please say you'll forgive me. I promise I will never do it again." Sally could only

Although this story is fictitious, if you or someone you know is experiencing abuse **PLEASE CALL** our Counsellors at Red Cedars at 1-800-672-9515 or locally 967-8212

BIRTHDAYS

<p>Happy 20th</p> <p>Matthew</p> <p>Feb. 20</p> <p>Love Mom & Dad & Crystal</p>	<p>Happy 17th Birthday!</p> <p>Mindy Maracle</p> <p>Feb. 26</p> <p>From Jen</p>	<p>Happy 8th Birthday!</p> <p>Travis Brant</p> <p>Love Mom, Dad & Kids</p>	<p>Happy 52nd Birthday!</p> <p>Papa</p> <p>Love Keelan, Shandon Chass, Austin & Chavis</p>
<p>Happy Birthday!</p> <p>Dad</p> <p>Feb. 17</p> <p>Love Crissy & Ralph</p>	<p>Happy 1st. Anniversary</p> <p>Mike</p> <p>Feb. 15</p> <p>Love Kelly</p>	<p>Happy 60th Birthday!</p> <p>Mom</p> <p>Feb. 6</p> <p>Love, the Family</p>	<p>Happy 4th Birthday!</p> <p>Jehatkathos (Jake General)</p> <p>February 2nd</p> <p>Love always, Great Grandma Vi, Tota, Uncle Garry, Aunt Pam Sissy-O, Honey Pooh, Mom & Dad</p>
<p>Happy Birthday!</p> <p>Poppa</p> <p>Love</p> <p>Cassie</p>	<p>Happy 16th Birthday!</p> <p>Dee</p> <p>Feb. 10</p> <p>Love Uncle Bub and Ainsley</p>	<p>Happy 18th Birthday!</p> <p>Kelly</p> <p>Feb. 12</p> <p>Love the Family</p>	<p>Happy Birthday!</p> <p>Talon</p> <p>Feb. 16</p> <p>Love Christopher, Forest Uncle Chris & Aunt Sam</p>
<p>Happy 36th Birthday!</p> <p>Nita</p> <p>Feb. 14</p> <p>From Bindy & Candy & Jordan</p>	<p>Happy Birthday!</p> <p>Far</p> <p>Feb 3</p> <p>Love Ainsley</p> <p>Happy Birthday! Daddy</p> <p>Love Reagan</p>	<p>Happy Birthday!</p> <p>Uncle Dee</p> <p>Feb. 10</p> <p>Love, Reagan</p>	<p>Happy Birthday!</p> <p>Lacey</p> <p>Feb. 22</p> <p>Love Christopher, Forest Uncle Chris & Aunt Sam</p>
<p>Happy 16th Birthday!</p> <p>Dee</p> <p>Feb. 10</p> <p>Love Mom</p>		<p>Happy 14th Birthday Natalie February 16th</p> <p>Love Mom, Dad and Jamie</p> <p>Now</p> <p>Then</p>	
<p>Deadline Date for the Newsletter is Tuesday FEB. 24 at noon 396-3424</p>		<p>Do you Have a Birthday you wish to put in the Newsletter? Birthday Announcements are free! Call 396-3424</p>	

COMMUNITY INTEREST

Thank You!

A special thank you to Harold E. Maracle for the use of his generator during the ice storm in Kingston. Also a special Thank you to Fish for bringing it down and hooking it up for us. Thank you to Norma for the hot drinks. It was all very much appreciated !!

With our heartfelt thanks

Ron & Donna Spencer

Congratulations!

Erin Spencer, a Gr. 4 student from Quinte Mohawk Public School was one student from our five area schools who won 1st place at Deseronto Royal Canadian Legion Br. 280 Annual Remembrance Day poster, poem and essay competition. Her essay after winning at branch level went on and was a successful 1st place winner at the zone level and then district level. She has been awarded at each level and her essay has continued on and will be a contender at Provincial level. We are very proud to have Erin represent our Legion and wish her all the best on future successes.

Thank You!

Many thanks to Verna Mae, Reta Aunt Iva and Family for their acts of kindness and thoughtfulness to me during my mother's recent illness. I shall always be grateful.

Thank You!

Gail

Thank You!

I wish to extend my thanks to all my friends, relatives and neighbours for your kind prayers, support, visits cards, flowers, and gifts during my illness. I am now home-convalescing.

*God Bless you all
Violet Clench*

**TYENDINAGA MOHAWK CHAMBER OF COMMERCE
INVITATION TO ALL COMMUNITY BUSINESSES**

Scheduled Meeting: Monday February 9, 1998 at 7pm

Location: Community Centre, 2nd Floor

Agenda: Discussion & Review of "Draft Procurement Policy"

Discussion of "Wholesale to Permit Goods"

Review of "Proposed Business Park Hwy #2" & locations of available commercial properties

ABOUT US...

As you may be aware the Tyendinaga Mohawk Chamber of Commerce was formed 4 years ago by local business people in our community. Our mission is to be the recognized voice of business committed to the enhancement of economic prosperity on Tyendinaga Mohawk Territory.

The Tyendinaga Mohawk Chamber of Commerce is not affiliated with the Band Administration. However, we are looking forward to working closely with our Administration to participate in the development of public policy which supports economic growth.

At present, the Tyendinaga Mohawk Chamber of Commerce, operates solely by community business volunteers. Our goal is to provide leadership to our members through actions on their behalf and through seeking their support.

All community business people or representatives are welcome to join us. We need to know your views on various community business issues. Only you can make a difference.

VOLUNTEERS WANTED...

The Tyendinaga Mohawk Chamber of Commerce welcomes volunteers to participate in committee workgroups. We are presently interested in people to form and participate in committees to organize Fund Raising Events, Promotional Events, Policy Writing & Implementation, Newsletter, etc...

IN THE NEWS...

KWE RADIO is very much interested in advertising your business. WOW! For \$50/Month for a period of 1 year you receive 10 advertising spots per day. For more details contact Mike or Jason at KWE RADIO telephone 967-0463.

Thank you McMurter Home Centre for donating your time and effort to deliver emergency aid supplies to Akwesasne on January 15th during a treacherous snow storm. And many thanks to our community for your kind donations.

We would also like to thank Chief, Council and Administration for use of the Community Centre to hold our meetings. It has been greatly appreciated.

UPCOMING MEETINGS...

Monday March 9, 1998 at 7pm - Membership Policies & Regulations

Monday April 13, 1998 at 7pm - Elections for New Executive



**Attention Tyendinaga Mohawk Territory Community Members !!!
KWE needs YOU !!!**

Become part of Tyendinaga's first community owned AND operated radio station. Repeat, community owned and operated....

We need your voice, as you are the voice of the Kanyenkehaka. Without you KWE cannot exist as a Mohawk Nation Radio Station.

KWE is just 7 digits away. Just dial 967-0463. Our weekly meetings take place every Monday night around 6:30, it's fun and it's FREE..

Bring your body and spirit, the mind is optional here. And remember criticism of KWE is always welcome :-)

**Mohawk Nation Radio in Tyendinaga,
KWE 105.9FM
Phone us: 967-0463
Fax us: 967-0463
E-mail us: kweradio@suckercreek.on.ca
Visit us at 1133 York Road Tyendinaga**

**The 1998 KWE Program Schedule will be available soon.
Nyawenkowa**

COMMUNITY INTEREST & UPCOMING EVENTS

*It's
a BOY!*



Congratulations to Lori & Edward Green on the arrival of your son. A new brother to Elizabeth.

" Quentyn Edward John Green "

Born: Jan. 26 at 1:55 a.m.

Weight: 7 lbs. 14 3/4 oz.

Length: 20 inches

Lennox & Addington General Hospital (Napanee)

Very happy & Proud Family Members:

Grandfather John Brant

Great Grandmother Lorraine Brant

Aunt Christine Alkenbrack

Nephew John Brant Jr.

*It's
a Girl!*



Cole is thrilled to announce the safe arrival of his new little sister.

" Riley Elaine "

Born: Dec. 9, 1997

Weight: 8 lbs. 11 3/4 oz.

Proud parents are Denise & Dave Leafe.

Proud 6th time grandparents are Dick & Gail Brant of Tyendinaga

Proud 2nd time grandparents are Carroll & Paul Leafe of Deseronto

CORN SOUP SUPPER

Thursday, March 5

5 - 7 p.m.

Senior Citizens Hall

(59'ers) Hwy # 2

\$6.00 (Per Person)

\$3.00 (Children under 10)

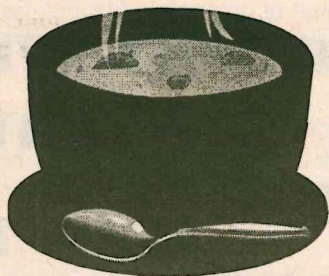
Menu

Corn Soup

Homemade Bread

Homemade Pies

Tea or Coffee



**Deadline date for the Newsletter
Tuesday, February 24 at noon
396-3424**



**BOOK
FAIR
& Corn
Soup
Supper!**

**SOUPER READING
FRIDAY, MARCH 6/97
QUINTE MOHAWK
SCHOOL**

967-6264

MISSING FROM KANHIOTE

The following books are overdue from our Native Collection, the most used and most important section of the library, and will have to be replaced, if they are still available.
Replacement cost is \$350.00.

Please return your overdue library books so we can increase our collection not just purchase the same titles again.

If the book is that important to you, please come in to Kanhiote for the ordering information and purchase your own copy.

The Constitution of the Five Nations
Iroquois Crafts
Joseph Brant: Man of Two Worlds
Conservatism among the Iroquois at Six Nations Reserve
The False Faces of the Iroquois
The Iroquois Eagle Dance
League of the Iroquois
The Iroquois, F.G. Speck
The Iroquois, B. Graymont
Wampum Belts and Peace Trees
Atlas of the North American Indian

**PHOTOCOPIES ARE AVAILABLE AT KANHIOTE LIBRARY
FOR .15 PER COPY GENEALOGY RESEARCH IS ALSO
OFFERED AT NO CHARGE.**

LIBRARY HOURS ARE:

TUESDAY	8:30 A.M. - 12:00 A.M.	1:00 P.M. - 4:30 P.M.
WEDNESDAY	8:30 A.M. - 12:00 A.M.	1:00 P.M. - 4:30 P.M.
THURSDAY	12:00 A.M. - 4:30 P.M.	6:00 P.M. - 8:00 P.M.

*Becoming a member of Ka:hniote Library is easy and Free!
Just come in and sign up!*

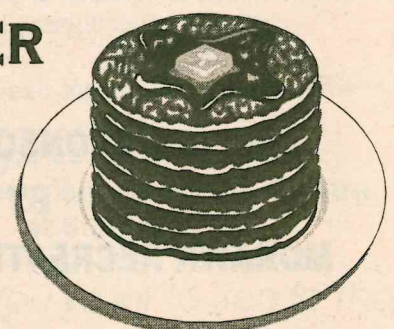
967-6264

PANCAKE DINNER

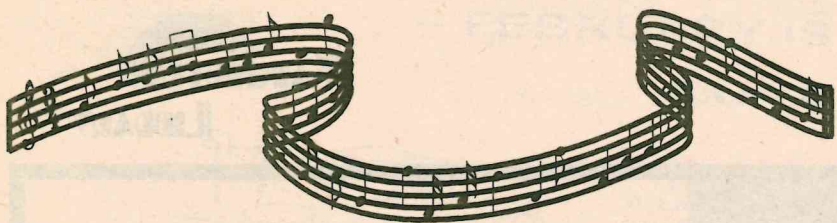
Tues. Feb. 24

5 p.m. - 7 p.m.

Queen Ann Parish



UPCOMING EVENTS



YOUTH DANCE

FRIDAY, FEB., 13, 1998

**12-18 YRS
\$3 ADMISSION**

8-12 PM

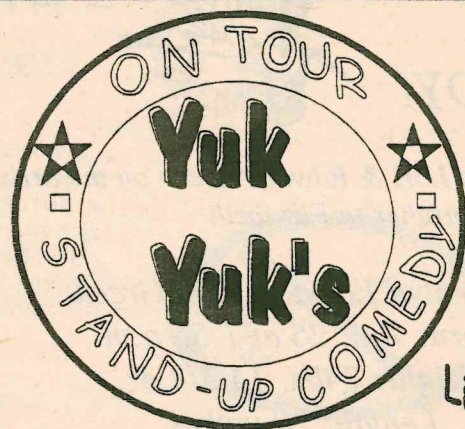


**UPSTAIRS
COMMUNITY CENTRE**

SPONSORED

BY

MOHAWK RECREATION COMMITTEE



For Advanced Tickets
call Andrew at
396-3424



March 14th, 1998

Limited Tickets
\$10.00/person

9 pm - 11pm - Performers

11 pm - 1 am - Dance

at the

Mohawk Community Centre

1807 York Rd., Tyendinaga Mohawk Territory

Proceeds to the Mohawk Recreation Committee

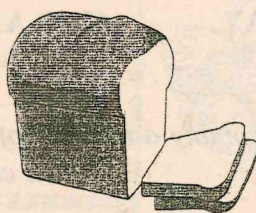
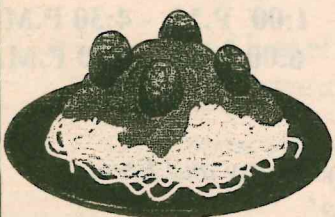


**\$5 ADULT
\$4 SENIORS
\$3 10 YRS & UNDER**

SPAGHETTI DINNER

FEBRUARY 18, 1998

5-7PM



**DOWNSTAIRS
COMMUNITY CENTRE**

SPONSORED

BY

MOHAWK RECREATION COMMITTEE



FAMILY

SWIM NIGHT

PICTON REX PLEX

WED. FEB., 11, 1998

6:30-7:30 PM

**CONTINUES EVERY WEDNESDAY
UNTIL**

APRIL 15, 1998

SPONSORED BY

MOHAWK RECREATION COMMITTEE

UPCOMING EVENTS



PRESENTS

21ST ANNUAL ODAWA NATIVE HOCKEY TOURNAMENT

MARCH 6-8, 1998

JIM DURRELL RECREATION CENTRE
1265 WALKLEY ROAD
OTTAWA, ONTARIO

OVER 14,500 IN PRIZE MONEY AND AWARDS

FOR MORE INFORMATION, PLEASE CONTACT:

MATHIEU COURCHENE

(819) 770-5438 (H)

(613) 563-4844, ext. 28 (W)

e-mail: courchen@nafe-aboriginal.com



D.J. by Kwe!
Light Lunch!
Door Prizes!

VALENTINE DANCE

Saturday, Feb. 14

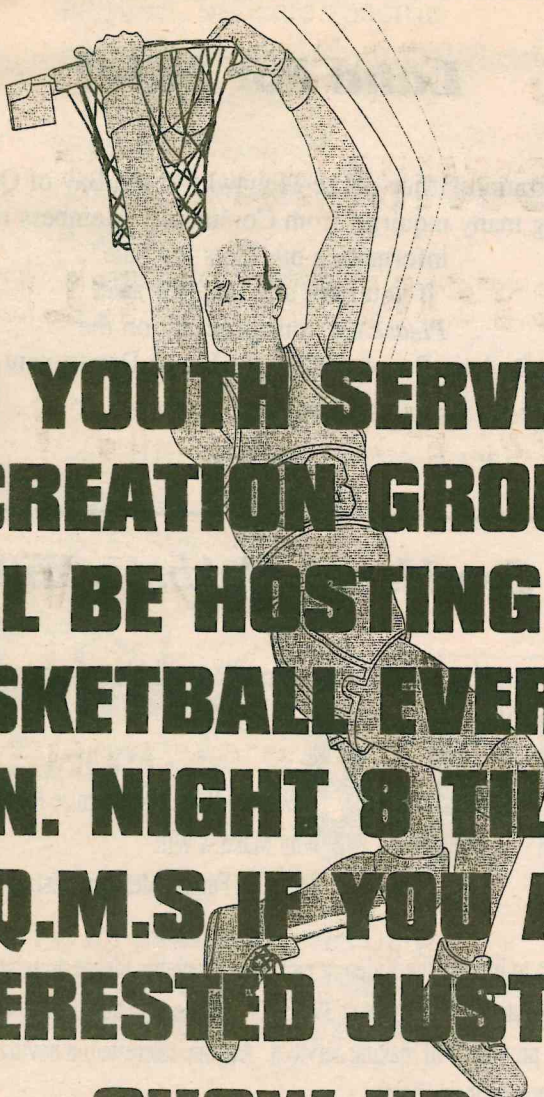
9:00 p.m. - 1:00 a.m.

Mohawk Community Centre

Sponsored by the
Firemen's Wives Auxiliary



**THE YOUTH SERVICES
RECREATION GROUP
WILL BE HOSTING
BASKETBALL EVERY
MON. NIGHT 8 TILL 9
AT Q.M.S. IF YOU ARE
INTERESTED JUST
SHOW UP**



INKWEHON:WE

ROHMENZEMU

INKWEHON:WE

NATIVE PEOPLE

HELPING

NATIVE PEOPLE

For the Month
of
January
the Committee
Congratulates

*Bayview Variety
Native Renaissance 2*

for collecting the greatest
amounts in their Food Bank Jars.

MOHAWKS OF THE BAY OF QUINTE
FOOD BANK

Deadline date for the Newsletter
Tuesday, February 24 at noon
396-3424

CLASSISFIED

FOR SALE

WOOD CRADLE

- handmade bumper pads and blanket
- like BRAND NEW!
- \$65.00

- Please inquire about other baby items

CALL: 396-5216 anytime after 11 a.m.

FOR SALE

DRESSES

- 3 formal Plus Size Dresses
- Colours are Salmon, Ivory & Silver
- 1 Semi formal dress Size 13 (Green)

Call Sara at 396-2460

FOR SALE

12' SATELITE DISH

- Paid \$2,700.00
- Will sell for \$2,200.00 with \$150.00 worth of channels (for 3 months)
- CALL: 396-5919 AFTER 5 P.M.

FOR RENT

2 BEDROOM MOBILE HOME

- \$400.00 Per month Plus Heat & Hydro

3 BEDROOM APARTMENT

- \$650.00 Per month
- Heat & Hydro included

CALL: 967-1117

and leave a message for a viewing appointment



MILL TOWN MEATS

- Corn Fed Beef
- Quarters & Halves of Beef
- Cut, Wrapped & Frozen
- Individual pieces sold at home

Make Your Own Soup!

Lyed Corn, Beans Special Pork

Domestic Rabbit

- Low in Cholesterol

Call : Glenn Hill 962-5470

HOUSE FOR RENT

3 BEDROOM BUGALOW

- full Basement
- No pets please
- Located on Mohawk Beach Rd.
- \$600.00 a month (tenants responsible for hydro)
- 1st & Last months rent required
- References required

For more information call:
Bill Hutt - 966-1092 or 396-3232
and leave a message

FOR SALE

BUILDING LOT

- 150' X (Negotiated depth)
- Located 1 km. east of the Community Centre
- South Side of York Rd.
- Between Larry & Junior Brants
- Across from the New Ball Field
- Property has been checked for water and has been found

CALL DON BRANT: 396-3424 FOR MORE INFORMATION

LOT FOR SALE

WATERFRONT

- Located on Queen St. in Shannonville

CALL: Glenn Hill 962-5470

FOR SALE

BRAND NEW MICRO-WAVE

- Never been used
- Lots of features
- \$110.00

Call: 962-1134 after 5 p.m.

FOR SALE

YAMAHA ELECTONE ORGAN

(with Footpedals)

- bench included
- good condition
- rythm section also
- \$150.00 Negotiable

Call : 396-6356

LAND FOR SALE

- Approximately 1 Acre of Land located between Napanee and Belleville in Shannonville Ontario off Hwy # 2 and corner of Milltown Side Road.
- Drilled Well, Prime Location
- Price Negotiable

For More Information or to view the property contact:
613-396-3383 or 613-253-0978

FOR SALE OR LEASE

BUILDING

- Located on Hwy. # 2
- Formerly Larry's Auto

- \$125,000.00 for sale
- \$1500.00 a month for lease

Please call Larry Norman at 966-0276 for more information

FOR SALE

MOBILE HOME

- 2 Bedroom
- Lot size 150 X 150
- Additional room 20 X 16
- Heat pump for back up heating and air conditioning
- Natural Gas furnace
- Good well and septic system
- located at the corner of Belles Side Rd & hwy. # 2

PLEASE CALL: 905-839-3296 DENNIS
OR 905-686-5818

FREE to a good Home!

PUPPIES

- 8 weeks old
- 3 males & 3 females
- variety of colours
- raised outside

Call: Patti - 396-3424
or Greg 969-7860

LOST

1 SET OF KEYS

- has a small red swiss knife attached

If you found these keys please call 396-1459

FOR SALE

ONE 6' PATIO DOOR

- white vinyl sliding door with screen
- good condition
- \$225.00 firm
- Serious inquires only

969-7860

Newsletter Deadline
Tuesday Feb. 24 at Noon
396-3424

Land For Sale?

The Administration Office of the Mohawks of the Bay of Quinte has been receiving many inquiries from Community Members requesting information on "Lots for Sale".

If you have any land for sale,
Please list your property on the
Bulletin Board outside the Lands Department.

Nia:wen

Considering Making a Will?

The Lands Department has the following information available to Community Members to assist them in writing a Will:

A video titled: "A Written Will ... A Promise Kept"
Brochures: Why Make A Will
Settling a Family Member's Estate

If you would like to borrow the Video or pick up a Brochure, please drop by the Administrative Office or call the Lands Department at 396-3424. Please note that the Department of Indian Affairs does not provide Will making services. Anyone interested in having a Will prepared should see a lawyer of their choice.

COMMUNITY BUSINESSES

FACIALS • MANICURES • WAXING
&*Hair Too!*

MEN & WOMEN'S STYLING

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*Come Discover What Puts the Too! in Hair Too!**Cinderella Photography!**Coming Feb. 15**Hair, Make up and a * Free * 8 X 10 for only
\$29.95**Call for an appointment!*MELINDA TURRIFF
PROPRIETORKIRSTEN HVBNER
STYLIST

428 Dundas St., Deseronto (Hwy 2)

DOREEN BRO'S Bros. Automotive

AUTO SERVICE

* Front Brake Service
Machine Rotors
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Most Cars* Rear Brake Service
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Inspect Hoses & Cables\$69.95
Most Cars"Friendly Country Shop"
Licensed Class 'A' Mechanic
Quality U.A.P./NAPA PartsWinter Tune-Ups
& Winterization* 4 Cyl. \$39.95 + parts
* 6 Cyl. \$49.95 + parts
* 8 Cyl. \$59.95 + parts

Reasonable Rates

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Appointments Only!

CRUNCH
BANG
SHATTERDon't you wish
you had your brakes fixed?

Don't wait until your car's bumper is in someone else's back seat to have your brakes serviced. Come in today for a free brake inspection. If we identify a problem, we'll make sure you understand exactly what's wrong. And then we'll provide a detailed estimate that won't shatter your budget!

Don't put off getting your brakes fixed any longer.
Stop in for a brake inspection today.Doreen Bro's Garage
Slash Rd. E.
Tyendinaga Territory
396-6536BRAKE
SPECIALIST
The #1 Choice of Brake Professionals

CEDAR RIDGE

*Got the Winter Bla's?**Why not stop in and See
whats to do at Cedar Ridge Craft Supply*Open Daily 9:00 - 9:00
Sat. 9 - 6 and Sun. 10 - 5*Many things to choose from
Beads, Flowers
Rings, Ribbon, Feathers, Leaves
and much more!**Don't forget about our Wedding
Bookings and rentals!
Book ahead to save!*Located at Pats Variety Plaza
OR PHONE: 396-9960

Bay View Mall

BELLEVILLE, ONTARIO

Beautiful You

SUNBURST

15TH Annual Beauty
& Baby PageantYou
could
Win!

Saturday, April 4

Beginning at 1:15 P.M.

The Beauty Pageant

5 Age Groups 4 - 20 Years

The Baby Pageant

Under One to Four Years



Enter NOW!

Pick up an entry Brochure
at the Belle Photo Lab, Sooter's Studio
& Crazy Lee's Just Girls

BAY VIEW MALL

470 Dundas St. E
Belleville, ont.
966-5333

COMMUNITY BUSINESSES

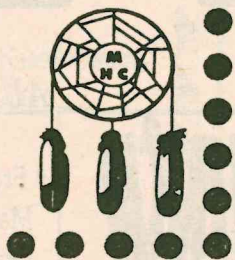
McMurter Home Centre

Lumber & Building Supplies

Tyendinaga Mohawk Territory
P.O. Box 755
Ontario, Canada K0K 1X0

Jim McMurter
Owner/Manager

Ph: 613-396-1607 ~ Fax: 613-396-6897



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6 WEEK SESSION

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*You can sign up for only the
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techniques

swag
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R-2000 BUILDER
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KEVIN MARACLE

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FREE ESTIMATE

TEL/ FAX (613) 396 -1259

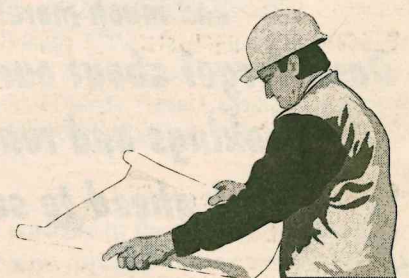
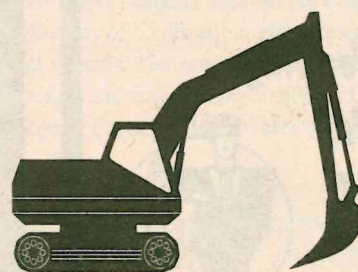
B & J

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- * WATER WELLS (M.O.E. LICENCED)
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- * FULL W.C.B. & LIABILITY COVERAGE

* FULL TIME PHONE & RADIO CONTACT *
* REASONABLE RATES *

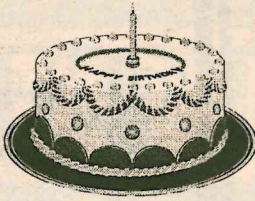
* FREE ESTIMATES *

969-7430 FAX: 969-7405



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Bread, Buns, Pies, Cookies, Tarts, Donuts,
 Birthday Cakes Too!
Made Daily

**OPEN DAILY**

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Brant's Bakery located on the Slash Road next door
 to Norman Brants or West of 49 Hwy.
 Tyendinaga Mohawk Territory

Just Drop In!**Feb. 14, 1996****2 Settings,****5 p.m. & 7 p.m.****ROAST BEEF OR TURKEY***Seats are going Fast ***** Book Early*

Call - 962-0938

MENU

*Roast Beef or Roast Turkey with all the Trimmings
 Plus Banana Cream Pie Or Black Forest Cake*

**R. W. (Bob) Vrooman CFP, CLU, CH.F.C.**

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**YOU COULD
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 CALL FOR DETAILS
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Remember if you have an EMERGENCY
 CALL **911**



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PAGER: 969-4822**VALENTINES DAY***February 14, 1998*

**FREE
 DELIVERY ***

FRI. 13TH & SAT. 14TH

TURTLE ISLAND

CRAFT, FABRIC, PARTY SUPPLIES
 TYENDINAGA TERRITORY

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* with min. \$15.00 order
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Professional Workmanship

- New plumbing installation
- Water pumps
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 Gloria Idzenga

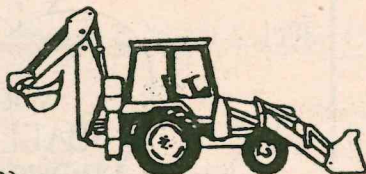


BUILD-ALL CONTRACTORS

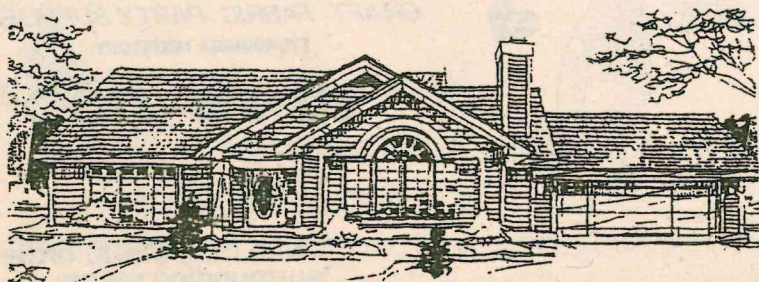
**HWY #2
 TYENDINAGA TERRITORY
 969-1315**

FOR REASONABLE RATES & FREE ESTIMATES ON:

- DESIGN/ BUILD COMMERCIAL OR RESIDENTIAL
- RENOVATIONS
- LICENCED SEPTIC INSTALLER
- R2000 BUILDER
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- EXCAVATION
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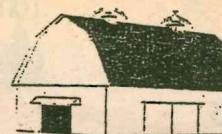
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**RED BARGAIN BARN
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**OPEN : 10:00 - 5:00 Daily.
 7 days a week**

**Stoves, Fridges, all kinds of appliances
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**MILL TOWN
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 1 mile on Hwy # 2
 East of Shannonville**



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**SPECIALIZING IN:
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**COMPARE OUR PRICE RIGHT HERE ON THE RESERVE
 19 YEARS EXPERIENCE
 396-5434 and Pager 969-3270**

WIN !!

**A VALENTINE BALLOON BOUQUET
 FOR YOUR FAVOURITE VALENTINE
 FROM**

**TURTLE ISLAND CRAFT,
 FABRIC AND PARTY SUPPLIES**

**R.R.#1
 TYENDINAGA TERRITORY,
 ONT. K0R 1X0
 1-613-396-6700**

Rules

Write a short letter (200 words or less) telling us why your Valentine is special. Send it, or bring it, to Turtle Island Craft, before 5:00p.m. Friday, February 6, 1998.

Be sure to include your --NAME--AGE--and --TELEPHONE NUMBER --in your letter.

THREE bouquets are available to be won. there will be one prize in each of the following age categories (i) ages up to 12 -- 1 winner (ii) ages 13 to 18 -- 1winner (iii) adult (19+) ---1winner

Winners will be contacted by phone on TUESDAY, FEBRUARY 10, 1998, before 5:00 p.m.

Sealed With A Kiss



Prize may not be as exactly as shown.

ENTER NOW REMEMBER-- CONTEST ENDS FEBRUARY 6, 1998 AT 5:00 p.m.