

# TYENDINAGA

# NEWSLETTER



# ISSUE 1/01



*Happy  
New Year!*

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**Newsletter Deadline**

**Wednesday, Jan. 24**

**12:00 noon**

**396-3424**

*We're on the Internet*

[www.tyendinaga.net](http://www.tyendinaga.net)

*(What's happening)*

PLEASE NOTE THAT REGULAR T.M.C.  
MEETINGS ARE SCHEDULED FOR:

WEDNESDAY JAN. 24

WEDNESDAY FEB. 7

Meetings begin at 9:00 a.m.  
and local business will be addressed  
at 7:00 p.m.

## EUCHRE NIGHT!



Do you have the time and like to play  
Euchre and have fun?  
Euchre every 2nd Tuesday evening at 7:30!

We have business meetings once a month!

If you are interested please call

396-6522 OR 967-4708

For more information

## ADMINISTRATION



### MOHAWKS OF THE BAY OF QUINTE

R.R. #1, Tyendinaga Mohawk Territory, Ontario K0K 1X0

Phone: (613) 396-3424 Fax: (613) 396-3627

January 13, 2001

TO THE MEMBERS OF THE MOHAWKS OF THE BAY OF QUINTE FROM THE CHIEF

#### Se:ken Sewakwekenh

I hope that this report finds you in good health and enjoying the winter season.

#### Housing

On November 27, 2000, Council approved to recommendation on value to build.

At the same meeting Council approved to have DBO Dunwoody Chartered Accountant to provide costs for the development of a MBQ housing policy and a comprehensive audit on the Housing and the Economic Development programs.

Council has also voiced dissatisfaction with time delays in the legal services of Lawyer Rolf Renz on foreclosures on defaulted mortgages.

#### Quinte Mohawk School

Bob Ellis is the Acting Principal for Quinte Mohawk School until a staffing action occurs.

On December 8, 2000, Council approved to hire a consultant to address indoor air quality issues at the school and to prepare a lobby package for Federal funding to complete corrective measures at Quinte Mohawk School.

On December 8, 2000, Council approved to hire a consultant to address education campus and land needs for educational purposes on the Territory.

#### Shannonville Fairground

On December 6, 2000, Council approved that the request for the construction of a ball field be identified on the Minor capital list for the year 2001/02.

#### Raccoon Rabies Agreement

On December 20, 2000, Council approved to sign a 3-year Raccoon Rabies Protocol Agreement with the Ministry of Natural Resources.

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#### Firearms Control Legislation

On December 4, 2000, Council passed a motion that the Tyendinaga Mohawk Territory will not comply with the Canadian Firearms Legislation.

On December 8, 2000, Council approved to forward a letter to Minister of Justice Canada Anne McLellan to advise the Federal Government that MBQ will not comply with the following;

1. The requirement for resident to possess a valid "Possession -Only Licence (POL)", a "Possession and Acquisition Licence (PAL)", or a Firearms Acquisition licence (FAC)", by January 1, 2001 in order to possess non restricted firearms;
2. The resident band members register non restricted firearms with the Canadian Firearms Centre and possess a valid licence to do so by January 1, 2003; and
3. The requirement of ammunition transfer for non restricted firearms be limited to those members who possess a valid PAL, POL or FAC as of January 1, 2001, in lieu of criminal penalty

The gun registration was discussed intensively at the AFN meeting in December 2000. The AFN is currently working with the Department of Justice to exempt natives from this legislation. The Band has received a press release dated December 22, 2000 a copy is in the newsletter. On going discussions will continue between the AFN and the Department of Justice Canada to bring about a resolution to this issue. The matter is still not settled permanently.

#### Council Donations

1. December 6, 2000, Council approved payment of a legal invoice for \$2,880.47 from the law firm Graham and Road for a workshop on GST tax litigation issues for private businesses.
2. On December 6, 2000, Council approved to commit \$20,000.00 retainer required by the Lawyer Tanya Road to provide legal services on the GST Tax litigation issue. Council also approved to send a letter to other Mohawk communities to request financial assistance on the GST Tax court cases.
3. On December 6, 2000, Council approved to purchase 30 books at a cost of \$285.00 on fire and drug safety for the children at Quinte Mohawk School.
4. On December 15, 2000, Council approved to donate \$1,500.00 to the Food Bank Christmas Sharing Program.
5. On December 7, 2000, Council approved to donate the Community Centre and \$200.00 on December 31, 2000 Honoring the Family program.
6. On December 20, 2000 Council approved a donation of \$1000.00 to the Sheshatshiu Labrador Community to address the youth gas sniffing issue.

Continued.....

Continued.....

**ADMINISTRATION**

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**Roads Garage**

On December 6, 2000, Council approved to pay \$5,924.04 to First People Consultants for the design of a Public Works Garage.

**Casino Rama Investment**

The following represents the interest earned on the Casino Rama Funds, invested with Nesbitt Burns, the investment arm of the Bank of Montreal:

July 7, 2000 Investment	\$ 5,827,865.00
Interest Earned July 7 – 31, 2000 (Commercial Papers 5.85%)	20,946.54
Interest Earned Aug. 1 – 31, 2000 (Commercial Papers to Aug 15 5.85% and to Aug 31, 2000 5.75%)	27,932.24
Interest Earned Sept. 1 – 30, 2000 (Commercial Papers 5.75%)	24,102.81
Casino Rama 2 <sup>nd</sup> Distribution	494,000.00
Interest Earned Oct 1-31, 2000	31,715.21
Casino Rama 3 <sup>rd</sup> Distribution	222,637.00
Interest Earned Nov. 1-29, 2000 (Commercial Papers 5.75% & 5.6%)	30,707.83
Interest Earned Nov 30 to Dec 31, 2000 (Commerical Papers 5.43% to 5.6%)	26,950.95
Cash Balance Invest. Acct Dec 31,2000	4,650.50

Total Nesbitt Burns  
Balance of Rama Casino Funds Invested  
As of December 31, 2000 \$ 6,711,508.08

Bank of Montreal Casino Rama Account  
Casino Rama 4<sup>th</sup> Distribution 162,031.00  
Interest in bank account 1,012.21

TOTAL CASINO RAMA FUNDS  
December 31, 2000 \$ 6,874,551.29

**Presqu'ile Park Management Plan**

On December 6, 2000, Council directed an appeal to the Manager of Ontario Parks to recognize the Aboriginal people right to hunt in the park plan.

**Senior Citizens Hall**

On December 6, 2000, Council approved to have the MBQ Housing department work with an architect to design new kitchen and bathroom facilities, and repair the roof for the Senior Citizens hall.

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**Election, Residency and Citizenship Codes**

On November 20, 2000, Council approved to obtain estimates from Vuc Kovicich to develop three separate codes for elections, residency and citizenship for the Mohawks of the Bay of Quinte.

On December 6, 2000 approved for Vuc Kovicich to proceed with the Law enactment to for elections, residency and membership process. The lawyer is to provide Council with a list of question on these issues and the work is on going.

**Electoral Officer**

On January 10, 2001, Council approved to appoint Kelly Maracle as the Electoral Officer.

**Bank of Montreal Housing Loan Guarantees**

As of December 30, 2000 report all loans are up-to-date. The Council has guaranteed 12 loans at the Bank of Montreal totaling \$ 950,140.81.

**Belleville General Hospital Donation**

On April 12, 2000, Council approved to consider donating \$100,000.00 over a 5-year period to the Belleville General Hospital Capital Campaign.

On October 24, 2000, Indian Affairs advised Council by letter that the minor capital budget could not finance off-reserve projects. Council will be reviewing other budgets to determine a source of funding for this capital campaign.

Mr. Bliss White of the law firm of Blake Cassells has advised that Council could approve the donation from the interest earned from the casino investment at Nesbitt Burns.

On December 6, 2000, Council approved to donate \$5000.00 to the Belleville General Hospital Campaign and to send a letter regarding the issue on the appointment to the Board of Directors.

**Conflict of Interest Guidelines**

On December 20, 2000, Council approved the changes to the draft Mohawk Council Conflict of Interest Guidelines and sent it to lawyer Vuc Kovicich for revisions.

I hope you and your families had a good holiday season and you find this report informative.

Nia:wen

*Donald Maracle*

R. Donald Maracle, Chief  
Atoroserio Wolf Clan

## ADMINISTRATION



## MOHAWKS OF THE BAY OF QUINTE

R.R. #1, TYENDINAGA MOHAWK TERRITORY, ONTARIO, K0K 1X0  
Phone: (613) 396-3424 • Fax: (613) 396-3627

January 11, 2001

Mayor Dave Remington  
Town of Greater Napanee  
P.O. Box 97  
124 John Street  
Napanee, Ontario  
K7R 3L4

Re Terraprobe Letter and  
the Town of Greater Napanee Press Release  
both dated January 3, 2001

Dear Mayor Remington,

Thank you for attending the meeting held on January 9, 2001 at the Mohawk Community Centre with representatives from Tyendinaga Township, Deseronto, Ernie Parsons Office, Larry McCormick and the concerned citizens committee where our consultant XCG presented the findings in reports provided to you under separate letter in December, 2000. The reports concluded the Richmond Landfill site is having a statistically significant negative impact on the surface water quality. At the conclusion of the meeting you invited Council to attend the open house at the Selby Hall.

I contacted Raymond Callery's office on Wednesday, January 10<sup>th</sup> to obtain an advance copy of the Terraprobe Report in time for the meeting, however, we could not receive a copy until 10:30 this morning, so we have had little time to review the report. Although the report was released only five hours prior to the Selby Open House we have the following questions Terraprobe Letter and the Town of Greater Napanee Press Release both dated January 3, 2001.

There is some discrepancy between your Press Release of today and the Terraprobe January 3, 2001 report.

Regarding recommendation number 3 there is a difference between what is in your Press Release and what is being reported by Terraprobe.

Your press release on page two point three states that "No off-site water discharges have been identified." However Terraprobe states "...there have been no off-site discharges of water from either the compost pond or the irrigation pond."

Terraprobe is silent if there are discharges from the three sediment ponds. How did you arrive at the conclusion that there is no off-site discharges?

Moving on to recommendation 7 regarding the installation of the toe drain. Again, there is a difference between your press release and what Terraprobe states. You stated on page two point five that "CWS installed a toe drain around the old unlined cell of the landfill site to intercept leachate migration and to reduce the buildup of leachate within the waste."

Terraprobe qualifies their statement by saying "...CWS has installed a perimeter toe drain around phase one of the landfill site (unlined section). The purpose of the drain would be to intercept leachate migration near the base of phase one and reduce the build-up of leachate within the waste."

I understand that the purpose of the toe drain is to eliminate the leachate from escaping through the surface; however, there is still a concern with the leachate seeping into the ground.

My question is for Terraprobe. Is the purpose of the toe drain to intercept all leachate or just the leachate at the base of phase one?

The following questions are presented to Terraprobe concerning the report dated January 3, 2001.

1. XCG has questioned the validity of some of CWS' surface water sampling points, in particular upstream sampling locations S1 and S2. Does Terraprobe have any concerns regarding the sampling locations being used by CWS in the current monitoring program?
2. Regarding discharges from ponds, what is being done by CWS to record quantity and quality of discharges from the other storm water management ponds on-site, including the southern pond, the northwestern pond, and the northeastern pond? Is Terraprobe satisfied with the monitoring program for discharges from these ponds?
3. Regarding the tritium testing that is being done, have tritium analyses been done on groundwater samples from near the southern boundary of the landfill?

Continued.....

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4. The most useful information in the Terraprobe report is that the monitoring program is outdated. No one seems to know when the new program will be available and what it will entail. When does Terraprobe expect to receive the new monitoring program, the contingency plan, and the details of the financial assurance package?
5. Has Terraprobe completed an independent examination of recent surface water and groundwater quality data, and is there any evidence of off-site impact on either surface water or groundwater quality?
6. Does Terraprobe agree with the criteria CWS is using to identify potentially leachate impacted areas? What areas of the site have been identified as potentially leachate impacted?
7. What prompted the requirement to drill the two additional wells following the original seven?
8. When you indicate that none of the new wells had leachate impacts, does this refer to all nine new wells, or just to the two most recently drilled wells?
9. Has there been any monitoring done of the quality of leachate collected by the new toe drain? If so, what were the findings?
10. Has Terraprobe examined the issue of leachate treatment in the Napanee sewage treatment plant, particularly with respect to removal of difficult to treat contaminants such as PCBs, dioxins, and furans?
11. Does Terraprobe still hold the view that there are possible preferential pathways for the migration of contaminants in the bedrock? Is it possible to design a groundwater monitoring program that will be adequate to monitor all possible preferential pathways in the area of the site?
12. The report appears to assess single chemical against single PWQO parameters. The report does not indicate whether or not the interaction between more than numerous chemicals has been assessed. The PWQO at page five indicates the consideration of the additive effect of more than one chemical requires a more stringent analysis.
13. We understand that the monitoring is being conducted similar to 1999 with an average of six test results a year. The report provides statistics from average rainfall events but ignores heavy rainfall events. The report is silent on test results. Will the test results be available to the public and why were they not provided in the report?
14. The 1999 Canadian Council for Ministers of the Environment EQG are largely used as the key reference point and represents the culmination of more than a decade of harmonized, national science-based guideline development work in Canada. It is the most recent compendium of comprehensive and authoritative nationally endorsed science-based environmental quality criteria available. The EQG is more stringent than the PWQO. One example is arsenic levels are 5 in the EQG and 100 in the PWQO. Did CWS use the CCME EQW standards in their analysis?

The Mohawks of the Bay of Quinte remain opposed to the site. Our attendance at today's meeting should not be construed as participation in the environmental assessment process. The opportunity to ask questions was presented and therefore is the sole purpose of our attendance. In addition the above list of questions resulted from a preliminary review of the information presented, therefore as a result of the short time frame for review, Tyendinaga Mohawk Council reserves the right to forward additional concerns to you on the Terraprobe Report.

I trust this matter will receive your immediate attention and request a timely written response in the near future.

Yours Truly,

*Donald Maracle*  
Chief R. Donald Maracle  
Mohawks of the Bay of Quinte  
Tyendinaga First Nation

//etk

c/c TMC  
Alan Pratt, Barrister & Solicitor  
Kevin Shipley, XCG Consultants  
Richard Lindgren, CELA  
Honourable Lyle Vanclief, Minister of Agriculture  
Ernie Parsons, MPP  
Honourable Robert Nault, Minister of Indian and Northern Affairs  
Reeve Margaret Walsh, Tyendinaga Township  
Mayor Glenn Belcourt, Town of Deseronto  
Honourable Dan Newman, Minister of Environment  
Honourable David Anderson, Minister of Environment  
Honourable Herb Dahliwal, Minister of Fisheries and Oceans  
Leona Drombrosky  
Larry McCormick  
Todd Kring, Technical

## PRESS RELEASE



December 14th, 2000

Chief Donald Maracle  
 Chief and Chair Restoration Committee  
 Mohawks of the Bay of Quinte  
 - Tyendinga Mohawk Council  
 Administration Office 13 Old York Road  
 Deseronto, Ontario  
 K0K 1X0

Dear Chief Maracle:

RE: Heritage Challenge Fund Community Program  
 File Number 2000-3OHC-9305

I am pleased to inform you that the Board of Directors of the Ontario Heritage Foundation has approved your application for matching funds through the Heritage Challenge Community Program for your capital project. Up to a maximum of \$100,000 has been granted to assist with restoration work on Christ Church, Her Majesty's Royal Chapel of the Mohawks. The funds provided are to be used toward those eligible costs identified in your application.

We look forward to working with you on this important project. For your reference, I am enclosing a copy of the grant's original Terms and Conditions with which you agreed to comply when you signed your application. If you require assistance at any time please contact Brian Rogers, Operations Manager at (416)325-5011.

Congratulations on your successful application. If you are planning public events related to your project or require additional assistance, please contact us. The \$5 million Heritage Challenge Fund Community Program was announced in February 2000 by the Honourable Helen Johns, Minister of Citizenship, Culture and Recreation. The program is being administered by the Ontario Heritage Foundation in cooperation with the Ministry.

Yours truly,

*Allan Gotlieb*  
 Allan Gotlieb  
 Chairman

News Release  
 Communiqué



Ministry of the  
 Attorney  
 General

Ministère  
 du Procureur  
 général

December 22, 2000

## HARRIS GOVERNMENT INCREASES SMALL CLAIMS COURT LIMIT

TORONTO -Attorney General Jim Flaherty announced today that effective April 2, 2001, Ontarians will be able to pursue claims of up to \$10,000 in Small Claims Court.

"Increasing the monetary limit from \$6,000 to \$10,000 will increase access to justice by allowing individuals and businesses with higher value claims to resolve legal disputes within a reasonable time and at a reasonable cost," said Flaherty.

The limit for Small Claims Court was last changed in 1993 from \$3,000 to \$6,000.

A recent survey of Small Claims Court customers found that more than 81 per cent of users were pleased with the service of the court. This supports the claims limit increase as the Small Claims Court clearly has the expertise to handle it.

The Small Claims Court provides a forum where litigants can make or defend claims involving relatively small amounts of money quickly, simply and inexpensively. Litigants can present their own cases without professional legal representation.

The Small Claims Court is the busiest civil court in Ontario, receiving approximately 85,000 claims each year. There are 87 Small Claims Court offices in the province.

Remember if you have an EMERGENCY  
 CALL **911**

## News Release

## MINISTER OF JUSTICE EXTENDS FIREARMS TRANSFER FEE WAIVER AND AMNESTY PERIOD FOR FIREARMS

OTTAWA, December 22, 2000 - The Honourable Anne McLellan, Minister of Justice and Attorney General of Canada, today announced that the \$25 firearms transfer fee waiver and the amnesty for prohibited handguns and unregistered restricted firearms will both be extended to June 30, 2001.

"These extensions are in response to the concerns of firearm owners who have told us that an extension will give those in possession of prohibited firearms or unregistered restricted firearms more time to take appropriate action. Our goal is to work with firearm users while ensuring public safety," said Minister McLellan.

The transfer fee waiver began in June as a result of consultations with the firearms community. This waiver does not apply to transfers that took place before June 10, 2000.

The extension of the amnesty, which began December 1, 1999, gives people until June 30, 2001 to dispose of certain prohibited handguns that they cannot legally keep.

In February 1995, the Government announced its intention to ban certain handguns, often called "Saturday night specials". This includes handguns with a barrel length of 105 mm or less and those that discharge .25 and .32 calibre ammunition, except for a few specific ones used in International Shooting Union competitions. The Government made this decision because these easily concealable weapons threaten public safety.

An individual can keep a prohibited handgun only if both they and the handgun have "grandfathered" status.

People who had already purchased these prohibited firearms by February 14, 1995 were able to take advantage of the "grandfathering" clause. This means that they can keep their handgun and trade among those with the same "grandfathered" privileges.

Individuals who came into possession of "grandfathered" handguns (e.g. as part of an estate) but are not themselves "grandfathered", can sell them to a "grandfathered" owner.

Persons and dealers who have these firearms but who have not been "grandfathered", now have more time to take appropriate action. Their options include: increasing the length of the barrel, exporting the firearm, de-activating the firearm, selling or donating it to a museum or turning it in to authorities.

Non-"grandfathered" individuals, who purchased these handguns after February 14, 1995, were told at the time of registration that they could not retain the firearms once the prohibition came into effect.

The amnesty also provides an additional six months for individuals in possession of unregistered restricted firearms to have them registered without fear of repercussion. The same applies to businesses newly regulated under the *Firearms Act*. During the amnesty period, individuals may register the firearm; or, turn in the firearm to a police officer or firearms officer for destruction or disposal.

The *Firearms Act* requires every firearm owner in Canada to have a licence by January 1, 2001 or a valid Firearms Acquisition Certificate.

"I would remind those in possession of firearms that they only have until the end of this year to submit a firearms licence application," said Minister McLellan.

There are legal options for those who decide not to get a licence. They can sell their firearms to licensed businesses or individuals, have the firearm deactivated to standard, or contact local police and arrange for them to dispose of the firearm. As of January 1, 2001, it will no longer be legal to have a firearm without a licence.

Firearm licence applications are available at local post offices, by calling 1 800-731-4000, at Service Canada Centres and at [www.cfc.gc.ca](http://www.cfc.gc.ca)

## BACKGROUND

## Extension of the Amnesty for Prohibited Handguns and Unregistered Restricted Firearms

## Prohibited Handguns:

Under the terms of the amnesty, individuals in unlawful possession of a prohibited handgun must dispose of it by:

- deactivating the handgun so that it no longer is a firearm; or,
- replacing the short barrel with one longer than 105 mm so that the handgun becomes a restricted firearm, and turning in the prohibited barrel to a police officer or a firearms officer; or,
- exporting the handgun in accordance with applicable legal requirements. Contact the Export Controls Division of the Department of Foreign Affairs and International Trade at (613) 996-2397 or the Registrar at (613) 998-6366 for more information; or,
- selling or giving the handgun to a business (including a museum) licensed under subsection 11(2) of the *Firearms Act* to possess such a handgun; or to a Public Service Agency; or,
- turning in the handgun to a Police Officer or a Firearms Officer for destruction or disposal.

A non-grandfathered individual who owns a grandfathered handgun also has the option of selling or giving the handgun to a grandfathered individual who is licensed to acquire such a handgun. Some of the options are slightly different for businesses.

## Unregistered Restricted Firearms:

Under the terms of the amnesty, individuals have until June 30, 2001 to register the restricted firearm. In order to register it, they must have a valid Firearms Acquisition Certificate or a Possession and Acquisition Licence that is valid for restricted firearms. Before applying for a Possession and Acquisition Licence, they must pass the best for both the Canadian Firearms Safety Course and the Canadian Restricted Firearms Safety Course, unless they have already done so. (Prior to February 1999 the Canadian Firearms Safety Course included restricted firearms as well as non-restricted firearms.)

Individuals who do not plan to get a licence and register the handgun must turn the handgun in to a police officer or firearms officer for destruction or disposal by June 30, 2001.

# MOHAWK FIRE DEPT.



## MOHAWK FIRE DEPARTMENT

The Mohawk Firefighters in November responded to 4 calls:

- 1 Motor Vehicle Accident**
- 1 Medical Assist**
- 1 Auto Alarm**

The Mohawk Firefighters in December responded to 5 calls:

- 3 Ice Rescue**
- 2 Odour Investigation**
- 1 Motor Vehicle Accident**

This brings the total to 58 calls for the year 2000.

### **\* PLEASE NOTE \***

The next scheduled Council meeting will be Wednesday January 24.

For community members wishing to be on the Tyendinaga Mohawk Council agenda, please notify Angela Maracle before Thursday January 18.

396-3424

## Tyendinaga Mohawk Council

Meeting Nov. 27/2000 MOTION # 62

**MOTION #62:** To put a notice in the Newsletter that the Tyendinaga Mohawk Council supports Band Businesses.  
Carried.



### **\* Please Note \***

The finance department located at the Administration office is now able to accept interact for all payments.  
**Niawen**



**ASSEMBLY OF FIRST NATIONS  
BULLETIN  
ASSEMBLÉE DES PREMIÈRES NATIONS**  
1, RUE NICHOLAS STREET  
SUITE 1000  
OTTAWA, ONTARIO K1N 7B7  
(613) 241-6789 telephone / téléphone (613) 241-6333 fax / télécopieur

January 9, 2001

#### **NATIONAL CHIEF MATTHEW COON COME ANNOUNCES APPOINTMENT OF NEW CHIEF EXECUTIVE OFFICER FOR AFN**

The National Chief of the Assembly of First Nations, Matthew Coon Come, is pleased to announce the appointment of a new Chief Executive Officer for the organization, effective January 2, 2001.

"I am pleased to announce the appointment of Daniel J. Brant to the position of CEO for the AFN. Mr. Brant brings a wealth of experience and knowledge to this position. His past experience will benefit the management of the AFN at a time when many challenges face the organization as it struggles to get recognition for First Nations rights in Canada", stated National Chief Coon Come.

Mr. Brant has academic training in both architecture and engineering. He has worked for the Department of Indian and Northern Affairs as a Senior Advisor, for the Mohawks of the Bay of Quinte and was also a founder of the "Three Feathers Research Foundation". He has also worked for Environment Canada and the Coopers and Lybrand Consulting Group in the Ottawa office. In the late 70's and early 80's, he served as Executive Director of the National Indian Brotherhood, the organization that preceded the Assembly of First Nations. Mr. Brant was born and raised on the Tyendinaga Mohawk Territory.

"Recent court decisions and government actions have placed the AFN front and center in the recognition of First Nations rights. The organization now has a strong administrative person to work with its team of professional and dedicated staff to ensure that First Nations citizens across Canada attain their objectives of recognition through self-government and the resolution of outstanding land claims. I welcome Mr. Brant within our organization", concluded the National Chief.

For additional information, contact Jean LaRose at (613) 241-6789, ext. 251 ([jlrose@afn.ca](mailto:jlrose@afn.ca)) or by cell at (613) 795-9664.

## **NEW CONSTRUCTION NOTICE**

We are accepting housing applications for the 2001 building season. Completed applications must be returned to the Housing Department before **March 1, 2001**. Applications received after March 1 2001 will not be considered.

Scoring is based primarily on credit and employment history.

Please call the Housing Department for further information or to set up an appointment.

## PRESS RELEASE



## News Release

**"Hidden discrimination" and "polite racism" prevents Aboriginal peoples and visible minorities from gaining equal access to jobs, study finds**

Toronto, January 9, 2001 Good jobs and promotions elude many visible minorities and Aboriginal peoples who believe that subtle forms of racism prevail in the workplace according to a new study released today by the Canadian Race Relations Foundation.

The study, *Unequal Access: A Canadian Profile of Racial Differences in Education, Employment and Income*, written by Jean Lock Kunz, Anne Milan, and Sylvain Schetagne from the Canadian Council on Social Development (CCSD) is based on recent quantitative statistics and focus group discussions with visible minorities and Aboriginal peoples in cities across Canada.

## The study reveals that:

- Despite higher levels of education attained by visible minorities compared to that of white Canadians, they still suffer from lower levels of employment and income.
- Aboriginal peoples, visible minorities and immigrants to Canada have more difficulty than others in finding employment in all regions in Canada.
- Foreign-born visible minorities have the greatest difficulty finding suitable work and only half of those with a university education have high-skill jobs.
- Compared to white Canadians, visible minorities and Aboriginal peoples with university education are less likely to hold managerial and professional jobs. For those visible minorities who hold managerial jobs, over 50 per cent of them are self-employed compared with only 30 per cent of white Canadians.
- Foreign-born visible minorities earned, on average, 78 cents for every dollar earned by a foreign-born white Canadian.
- Foreign-born visible minorities and Aboriginal people are over-represented in the bottom 20 per cent and are under-represented in the top 20 per cent of income earners.
- Higher education yields fewer payoffs for minorities and Aboriginal peoples in terms of employment and income. Given the same level of education, white Canadians (both foreign-born and Canadian-born) are three times as likely as Aboriginal peoples and about twice as likely as foreign born visible minorities to be in the top 20 per cent of income earners.

"Clearly the talents of Aboriginal peoples and visible minorities are being under-utilized or wasted as a result of systemic discrimination. This is not good for the productivity of the Canadian economy and the cohesion of our society," says Dr. Kunz, senior research associate at the CCSD.

Focus group participants identified three factors critical to employment as being post-secondary education, the right skill set and a booming economy. However, Canada's booming economy is not translating into equitable access to employment for Aboriginal peoples and visible minorities who still face "polite" racism when job hunting. Racism is a "hidden thing" in the workplace, and "subtle discrimination" includes being passed over for promotion and senior positions often held mainly by white Canadians. A disturbing revelation in the study is that even with post-secondary education, job opportunities may still be out of reach for Aboriginal peoples and that Aboriginal youth lagged far behind in their rates of university completion compared to all other groups.

"This report should be required reading for employers in both the public and private sectors," says the Honourable Lincoln Alexander, chair of the Canadian Race Relations Foundation. "The results demonstrate that we need to make greater efforts to eliminate systemic discrimination in Canada."

Moy Tam, chief operating officer of the Foundation, says that although employment equity laws can play an important role in reducing employment and income disparities, a more sophisticated range of solutions is needed. "Employment equity alone is not a panacea for eliminating racial discrimination in the workplace," says Tam. "We also need to eliminate the barriers faced by immigrants in accessing professions and trades and put more effort into raising public awareness about the existence of systemic discrimination in the workplace. The challenge for recent immigrants is to have their credentials recognized."

The Canadian Race Relations Foundation ([www.crrf.ca](http://www.crrf.ca)) opened its doors in November, 1997. It operates at arm's length from the federal government and works at the forefront of efforts to combat racism and all forms of racial discrimination in Canada. The Canadian Council on Social Development ([www.ccsd.ca](http://www.ccsd.ca)) is a voluntary, non-profit organization whose mission is to develop and promote progressive social policies inspired by social justice, equality and the empowerment of individuals and communities through research, consultation, public education and advocacy.

For more information, please contact:  
**Canadian Race Relations Foundation**  
 Anne Marrian, Program and Communications Director  
 (888) 240-4936 (toll-free)  
 (416) 952-3500 (Toronto)  
**Canadian Council for Social Development**  
 Jean Lock Kunz, senior research associate  
 (819) 953-8049  
 Technical questions will be addressed by:  
 Sylvain Schetagne, research associate  
 (613) 236-8977 ext 248

## News Release • Communiqué

November 30, 2000

## Special journal publication to focus on HIV/AIDS and Aboriginals in Canada

On Friday, December 1, Laurentian University's Native Human Services Program will celebrate the launch of a special national edition of *The Native Social Work Journal* dedicated to HIV/AIDS issues within Aboriginal populations. This public launch, to be held in the University of Sudbury's Canisius Hall from 10 a.m. to 1 p.m., is presented as part of the Aboriginal AIDS Awareness Day activities being organized across the country by the Canadian Aboriginal AIDS Network. The theme for the day is "Uniting Our Communities." Similar announcements will be held in several regional sites across the country.

In addition to the book launch, a panel discussion on HIV/AIDS will be held with local, regional, and provincial prevention specialists, researchers, health care providers, and Aboriginal Persons Living with HIV/AIDS. This event is being jointly sponsored by the Laurentian University Native Education Council, LU's Native Human Services Program, Shwagamik-Kwe Health Centre, Access AIDS Committee Sudbury, and the Chief of Ontario HIV/AIDS Prevention Project.

This special edition of *The Native Social Work Journal* is the first academic journal in Canada dedicated to issues concerning HIV/AIDS and Aboriginal populations. Prof. Schuyler Webster, editor of *The Native Social Work Journal* and professor in the Native Human Services Program at Laurentian University, describes this special edition of *The Journal* as a forum that united researchers and community-based professionals. Funding for *The Journal* was obtained from Health Canada.

Its content is varied and features several Aboriginal community-based projects currently underway which seek to decrease the number of Aboriginal peoples with HIV/AIDS. By documenting current research investigations along with several successful community intervention projects in areas of care, treatment, and support, the authors hope to convey this information to First Nations communities, Aboriginal health and social service organizations, universities, colleges, as well as federal, provincial and regional governments.

"This special edition of *The Journal* is extremely important because it examines an issue in society where there is very little literature or information," explained Prof. Webster. "Aboriginal populations do not have the same level of resources available to combat AIDS at the education, prevention and treatment levels in comparison to what is available to the general Canadian population. As a result, there exists a health care crisis in the incidence of HIV/AIDS among Canadian Aboriginals."

The publication of this journal seeks to increase awareness and knowledge among both the Aboriginal and general Canadian population on this major health and social issue. A total of 1,500 copies of the special edition will be distributed across the country to various First Nations, Inuit and Metis organizations and agencies.

This special edition of *The Native Social Work Journal* will be distributed through the National AIDS Clearinghouse, Ottawa. For more information, please contact *The Native Social Work Journal*, Laurentian University, at (705) 675-1151, ext. 5049.

## 9-1-1 CIVIC ADDRESS

### SIGN NOTICE

The Civic address signs have been posted for your safety. These signs have been erected in specific locations to Aid Emergency Response personnel in locating your residence in a timely fashion.

**PLEASE DO NOT MOVE OR REMOVE** your designated sign from its location. Moving or defacing this sign is a Criminal Offence.

**IN AN EMERGENCY SITUATION SECONDS  
 CAN MEAN THE DIFFERENCE BETWEEN  
 LIFE & DEATH**

## EDUCATION



### EDUCATION Trustee's Report New Year 2001

Greetings and good wishes to all in the New Year and New Millennium.

Turning the page on a new year turns our minds to reflect on the events of the past year and renews our hopes for what the new year will hold.

My appointment to the Hastings and Prince Edward District School Board (HPEDSB) in February 2000 has given me the opportunity to sit with others in the district who share my commitment to creating the best opportunities possible for every child for whom we are responsible. I also report to the Tyendinaga Education Committee (TEC) as a resource person. Dialogue with the TEC helps to ensure that the messages I carry to trustees meetings fit with the overall direction established for education at Tyendinaga. In turn, as TEC members wrestle with local issues they are quite comfortable in asking how things are done in HPEDSB, using the information as one more tool in resolving local questions.

Tom Porter, a highly respected teacher of Mohawk traditions, from Akwesasne, talks about traditional teachings that parents should be careful of their words and actions while their child is still in the womb because the child's awareness of the world is already being shaped, he or she is already being educated in those first months. Another Haudenosaunee teacher, Chief Jake Thomas, went to university at the age of 60, to learn about teaching language from professors who knew far less than he did. When friends remarked about such a knowledgeable person going back to school, Jake said: "You never know what you might learn."

I have been very encouraged to see my colleagues on TEC, as well as on the FNTE Board where I also serve, carrying that same understanding of education- that it is a lifelong process, beginning in the womb and continuing as long as we walk this earth. Our job as adults is to see that good educational experience is available to everyone, in ways that excite interest, challenge participants to work hard, and promote joy in learning. My hope in the new year is that we will see everyone involved in education at Tyendinaga pulling together to fulfil our responsibilities.

HPEDSB starts the new year on a promising note. Contracts have been signed with all three of the unions representing Board employees: elementary teachers, secondary teachers, and support staff including educational assistants, maintenance and office staff. The contracts with teachers will expire at the end of August 2001, so it will not be long before a new round of negotiations begin. The dispute between the Ontario Secondary School Teachers' Federation (OSSTF) and the Ontario government has slowed to a simmer, but it can be expected to boil up again this summer.

One continuing issue at dispute is the right of teachers to withhold "voluntary services" like coaching sports teams and supervising clubs, as a way of putting pressure on employers to improve their contract offers. School boards are forbidden by the province to spend more than their budget allows. If a Board goes into deficit the province will take it over. Since a Board has very limited flexibility, OSSTF has recommended that teachers all across the province withhold voluntary services to put pressure on the provincial government. The government has now passed a law saying that services formerly considered "voluntary" will be required as part of teaching contracts. Although the

CONTINUED...

- 2 -

law has passed in the legislature, it has not been "proclaimed". That is, it is not being enforced at this time.

HPEDSB has publicly recognized that extracurricular activities are supervised by teachers on a voluntary basis. A majority of extracurricular activities have been maintained in HPEDSB schools, although a student's favourite club or team may be affected this winter by withdrawal of voluntary services.

Contract settlements have been achieved by careful management of every budget item. Letting salary levels in this district slip behind the rest of the province is not an option. It would become too difficult to attract and keep good teachers if they could go elsewhere to gain better working conditions. The Board is therefore working hard to trim budgets, keep salaries at a level competitive with Boards of similar size, and maintain good working relationships and high morale in schools.

Happily, teachers and principals carry on as professionals, in spite of turmoil in the background. They look for better ways to do their jobs. As one example, Dave MacKay, the new principal at Moira Secondary School, has followed up on Mike Brant's suggestion and invited me to speak at a professional development session with Moira teachers later in January. Dave is enthusiastic about my proposal to talk about the importance of Aboriginal issues in all subject areas of the high school curriculum.

The new year and the new millennium will bring more opportunities to share Mohawk perspectives on education with the community at large. This also is part of our responsibility. I look forward to working with friends and relations at Tyendinaga to make lifelong learning a top priority in our community, and to share our knowledge and effort with others of good mind.

Skennen kowa, Great Peace to you,

Marlene Brant Castellano

## Are you looking to obtain your grade 12?

Now you can do it right here  
in Tyendinaga!

For more information or to register, **Call**  
Cheryle Maracle or Jan Hill at

**396-2122**



### RENTAL OF 59'ERS HALL

The 59'ers Hall is available for small functions  
located at Hwy's # 2 & # 49.

For more rental information please call:  
**Mary Donovan at 967-4708**



## POLICE &amp; EMPLOYMENT



## POLICE PAGE UNSOLVED CRIMES!

TYENDINAGA POLICE ARE SEEKING THE ASSISTANCE OF THE PUBLIC IN THE FOLLOWING INVESTIGATIONS:

Sometime between 11:00 p.m. December 24th and 10:30 a.m. on December 27, 2000, there was an attempt to enter the Parish Hall at All Saints Church on the Ridge road. While there was no entry to the property, there was damage to the door to the hall. The culprits managed to twist the door, and pull the handle off. The door was twisted, with bottom in approximately 1.5 inches. Anyone with information leading the identification of those responsible is asked to call the Tyendinaga Police at 967-3888 or Crimestoppers at 1-800-222-8477

On January 4, 2001 it was found that a 27 inch RCA television and a VCR were taken from the All Saints Church Parish Hall. There was no sign of forced entry to the building. This T.V. and VCR are used by the Sunday School children. Anyone having information leading to the whereabouts of these items, or the identification of the person(s) responsible is asked to call the Tyendinaga Police at 967-3888 or Crimestoppers at 1-800-222-8477.

A shed at 110 Queen Street in Shannonville was entered sometime prior to January 3, 2001. The hasp was pried off, allowing the door to be opened. It is believed that 5 life jackets and a plastic gas can were taken from the shed. Anyone with information leading the identification of those responsible is asked to call the Tyendinaga Police at 967-3888 or Crimestoppers at 1-800-222-8477.



Tyendinaga Police would like to remind drivers to clear all snow from their vehicle before driving away.

It is not a safe practice to only clean a small portion of your front and rear window, leaving your visibility obscured. Also, if you leave snow on the roof and drive away, it can blow off causing poor visibility for anyone behind you. This also means that your windows should be completely defrosted and scraped of ice. And remember, in poor weather conditions leave earlier and drive slower to travel safely.

### EMPLOYMENT AND TRAINING OPPORTUNITIES for ABORIGINAL PEOPLE

Outward Bound is a non-profit outdoor experiential education organization; we use wilderness expeditions as a teaching tool to promote growth and development. Our main base camp is located 160 kilometers northeast of Thunder Bay. We offer some programs from our base in Burk's Falls, 3 hours north of Toronto. All Outward Bound courses provide participants with the opportunity to develop:

*leadership qualities  
self-confidence and pride  
respect and compassion  
a commitment to serving home communities  
sensitivity to the environment*

Outward Bound offers a wide range of programs, including a year round program for Aboriginal People called GIWAYKIWIN. The translation of GIWAYKIWIN from the Ojibway language is "Coming Home". The following are opportunities offered to Aboriginal people for the year 2000.

#### AS STAFF

- **ENTRY LEVEL STAFF PROGRAM:** A one-month intensive staff-training program starting the first of June. This program is designed to provide participants with a broad spectrum of experience and knowledge about Outward Bound. People hired as Entry Level staff are expected to go into the field in July and August as Instructors In Training. This is a paid position.
- Each year we look to recruit aboriginal staff into our new staff pool. With the diversity of program that we run there is much opportunity for our Aboriginal staff to work within all of our program areas.
- We are accepting applications ASAP.

#### AS PARTICIPANTS

- **LEADERSHIP DEVELOPMENT COURSES:** An excellent training opportunity (1 month courses) for Aboriginal people who are interested in leading outdoor, experiential programs.  
**Courses starting in May, 2001**  
**Course fee: \$2895.00**
- **GIWAYKIWIN LEADERSHIP DEVELOPMENT COURSE:** A 10-day training course with Aboriginal participants from across Canada. This course travels in the bush of the Temagami forest and focuses on leadership as it pertains to the Aboriginal community. This program includes a wilderness canoe expedition, rock climbing and traditional teachings.  
**June 3-12, 2001**  
**Course fee \$1295.00**

FINANCIAL ASSISTANCE IS AVAILABLE  
FOR MORE INFORMATION PLEASE CONTACT:  
Jennifer Gordon 1-888-OUTWARD ex. 230

#### LOOKING FOR WORK, A CAREER OR TRAINING

One-to-one assistance is available for resume, cover letter and all your job search and training needs! Also come in to access the Internet, Word-processing and explore some Community College Online Distance Education courses.

Call Karen Brant-Jones, Employment Department for information or to book an appointment.

at  
(613) 396-3424

**FOR MORE INFORMATION  
ON MORTGAGES THROUGH  
THE BANK OF MONTREAL  
PLEASE CONTACT:  
CAROL REYNOLDS AT 967-4307**

# EMPLOYMENT



## Job Opportunity

FIRST NATIONS TECHNICAL INSTITUTE

### Literacy Program Coordinator

First Nations Technical Institute invites applications for a Literacy Program Coordinator. The successful candidate will work with the Ohahase Adult Education Program on a part-time, contract basis beginning February 5, 2001. Kagita Mikam has provided funding for this position.

#### Duties include:

- Participate in in-service training in Prior Learning Assessment and Portfolio development
- Identify, collect & develop culturally relevant, learner friendly resources for Portfolio development and the PLA process as they apply to literacy & basic education
- Guide candidates in the completion of a Prior Learning Assessment portfolio documenting their mastery in speaking, listening, reading and writing based on their prior learning and life experience
- Assess each candidates functioning level
- Design an educational plan for each candidate
- Develop, deliver and evaluate a program of basic education
- Document the need for a literacy program in Tyendinaga
- Evaluate the program and it's effectiveness
- Prepare a final report

#### Required Qualifications:

- B.Ed, Dip.Ed, Facilitator of Adult Learning Certificate, or equivalent
- Experience in program design, delivery & evaluation preferred
- Experience working with adults in an educational setting
- Excellent communications and interpersonal skills
- Ability to work independently and as part of a team
- Aboriginal ancestry

Please forward resumes (with three references) by January 26, 2001 to:  
 Susan Maracle  
 Human Resources  
 First Nations Technical Institute  
 3 Old York Road  
 Tyendinaga Mohawk Territory, ON  
 K0K 1X0  
 Or Fax 613/396-2761  
 Or email: susanm@fnti.tyendinaga.net

## Sexual Assault Centre for Quinte & District

We currently need Responsible, Caring Women to be "Volunteers" on our 24 hour Crisis line to provide support and information to Survivors of Sexual Violence.

If you are interested in Survivor's Issues and would like to volunteer, Please Call Brenda at (613) 967-6300

MEMBER OF THE UNITED WAY



Professional Casino Dealer Training  
 613-396-6019  
 800-390-4103  
 casinocareers@on.aibn.com

### UPCOMING TRAINING NOTICE

Casino Careers will be starting the next Professional Table Games Dealer course, from February 26 to May 4, 2001, in Tyendinaga.

▶ A new casino is in the works for the Thousand Islands area. Don't miss your chance at a prosperous career in the gaming industry.

▶ Call now to book your spot! Enrollment is limited to 15 students.

▶ In only ten weeks you could learn the skills needed to be a professional casino dealer.

▶ Many jobs are waiting to be filled by qualified table games dealers.

▶ Are you willing to make an average starting wage of \$30,000 to \$40,000 per year?

▶ All successful graduates will be certified by First Nations Technical Institute.

▶ Must be 18 years of age and older

▶ Financial assistance may be available to those who qualify.

▶ Call Pat Maracle at 613-396-6019 or 1-800-390-4103 for more information.

### School Bus Drivers

Must possess a valid class "B" drivers license with successful completion of a defensive driving course.  
Clear Criminal Reference Check  
Clear Drivers Abstract

To apply send application/resume to:  
Bev Hill, Personnel Administration, Mohawk Administration Office  
(613) 396-3424 fax (613) 396-3627 e-mail: bevhh@mbq.tyendinaga.net

### LOYALIST TRAINING AND DEVELOPMENT CENTRE offers:

#### 1. Industrial Woodworking

START: Jan 10/2001  
END: May 29/2001

#### 2. MIG Welding

START: Jan 8/2001  
END: April 6/2001

TIMES: MON - FRI, DAYS  
LIMITED SEATS - FUNDING MAY BE AVAILABLE

LOYALIST TRAINING AND DEVELOPMENT CENTRE

Helping You Get Where You Want to Go!



CALL NOW! (613) 969-1913 ext. 2-505 or 1-877-88-SUCCESS

## HEALTH CENTRE

### FRIENDLY VISITING PROGRAM

The Friendly Visiting Program offers one on one visitation to seniors and shut-ins to promote social stimulation and allows increased activity, more social contacts and decreases loneliness and isolation.

If you are interested in being a volunteer or know someone who would benefit from this program by having a friendly visitor come to their home, please call Tracey or Jessica at 967-3603.



### Alzheimer's Disease

When someone is diagnosed with the disease, the entire family is affected. A person with Alzheimer's Disease needs more and more help as the disease progresses. Much of the help required is given by family members. They often have to take on new responsibilities, adapt to greater demands upon their time or alter the patterns of their own lives in order to give this help.

These changes may be extremely stressful, both physically and emotionally.

Living with someone with Alzheimer's Disease is a challenge. We can learn that by;

- \* Understanding the disease and its effects
- \* Learning more about how to give care
  - \* Asking for help
  - \* Accepting help
- \* Being creative, patient and realistic
- \* Planning for the future....life will be easier.

For information call the Tyendinaga Health Centre at 967-3603

### ANNUAL CHRISTMAS DINER'S CLUB A SUCCESS!!

Tracey, Jessica, Gloria and Georgena would like to take this time to thank the following volunteers for their wonderful help and support. We couldn't have done it without you!



Gord Foster and Doug Maracle for their help with food preparation and the decorating!

Gwen Boldrick, Terry Boldrick, Jessica Parks and Daniel Wood for their help with food preparation!

The Mohawk Pentecostal Church for serving the meal, cleaning up afterward, for hanging coats and all the wonderful things you did!

Kim Parks and Darlene Loft for helping to decorate!



Marlene Murphy and Ashley Murphy for selling the 50/50 tickets and handing out the draw prize tickets!

Philip Maracle for assisting in various ways!

Mary McCauley and Carol Green for collecting the food bank donations, also for helping serve the meal and clean up!

Sarah Hill, our Moira Co-op Student, for helping with decorating and food preparation!



A special thanks goes to Harmonie for their wonderful performance!

The night was a great success and wouldn't have been at all possible without all the wonderful people mentioned above! So once again, thank you! Your help was greatly appreciated!



## NURSING MOTHERS' GROUP

of

Tyendinaga

invites

### BREASTFEEDING MOTHERS & BABIES

to their ongoing series of meetings

on the 2nd & 4th Friday mornings

from 10a.m. to 12a.m.

Small Children Welcome

Interested Women or young girls welcome

Friendly mother - to - mother support . Lending library

Nutritional Assistance for Moms.

Baby's weight check & Help with breastfeeding problems available  
Information & discussions on breastfeeding related topics such as:  
avoiding problems, nursing discreetly, nighttime needs, expressing  
or pumping milk, introducing solid foods, understanding your baby,  
fertility awareness . . .

**Jan. 12th: Getting Started... Recognizing & Taming Food  
Sensitivities & Candida**

**Jan. 26th: As Baby Grows... Dieting Safely While Breastfeeding**

For more info, or if you would like to attend but have an obstacle  
we could help with (i.e. transportation, child care etc.)

please call 967-3603

### THE BREASTFEEDING CIRCLE

When do I start giving my breastfed baby water? Pablum? Other foods?

It's important to know that breastmilk is a complete food. That is, it contains everything\* your baby needs in his/her diet for at least the first 6 months when breastfeeding is going well. If breastfeeding is not going well enough for the baby to be satisfied with nursing & to be growing, it is preferable to get help to improve the breastfeeding & the intake of mother's milk before resorting to feeding water/cereal/other foods.

It's also important to know that advice which suggests adding other food or drinks before 6 months, is not based on facts or research, (including advice you may find in some books, pamphlets, magazines, & videos which may be distributed through doctors' offices, hospitals, drugstores, & nutrition courses). Some are marketing strategies by companies who sell baby food & formula. (Contrary to popular belief, these companies are not experts in baby nutrition. They are experts in making money). Some of the advice which reaches us through friends, family, & professionals is based on the way formula fed babies were supplemented for 1-2 generations...it made sense then, because formula is not a complete, perfect food for babies. Mother's milk is.

Besides being unnecessary to give a young baby anything other than breastmilk, we now know it can even be harmful. Before 6 months, the lining of the baby's digestive tract is full of holes - like a piece of delicate lace. This is its' normal immature state. The holes close at 6 months. Undigested food particles, other than breastmilk, can go right through these holes straight into the baby's bloodstream & immune system, sensitizing the baby to future allergic reactions. Mother's milk is the only food compatible with the baby's system at this stage...it paints a protective coating over these holes and is the only thing that can do so, giving the digestive tract time to mature.

Cereals (like Pablum) aren't digested and are unnecessary.

Once your baby

- reaches 6 months
- shows an interest in other foods when you eat
- is sitting up
- seems to be extra hungry even after extra nursing for a few days, without developing a cold

Then it's time to

- offer tastes of soft, mashed table food after nursing
- offer water or breastmilk by cup for practice if you wish
- keep breastfeeding too!

Go gradually. Your milk is an important source of nutrients for as long as you nurse.

\*Everything - water, vitamins, minerals, iron, fluoride, proteins, fats, carbohydrates, & a variety of flavours!

Jytte Cooper and Gale Hayward for the Breastfeeding Support Group  
Brenda Asselstine, Community Health Nurse

## PRESS RELEASE

### United Way of Quinte

PO Box 815, 240 William Street  
Belleville, Ontario K8N 5B5  
Tel: (613) 962-9531 Fax: (613) 962-4165  
E-mail: office@belleville.unitedway.ca  
www.belleville.unitedway.ca  
Business No. 13192 1652 RR0001  
December 22, 2000



For Immediate Release

### United Way of Quinte achieves \$1.2 million

In a press conference held earlier today, United Way of Quinte's 2000 campaign chair, John Smith, announced that the organization has pledged in to date that exceed their \$1.2 million goal. For the first time in its 43 year history, the agency has surpassed a target in excess of 1 million dollars. Last year the objective was \$901,000 with the final tally accumulating \$1,110,000. Pledges in to date put the United Way campaign at \$1,204,000. However, Smith wished to stress that these funds are contingent upon the completion of outstanding company campaigns and individual pledges still to come in.

Smith was quick to congratulate the hundreds of volunteers that contributed to the success of this year's crusade. Specifically sighting the campaign cabinet, Smith noted that it is the hard work and dedication of these individuals that ensures the 38 member agencies will receive enough funding to provide over 50 programs to the community.

Special recognition needs to be given to the crew in Quinte West who once again shattered all previous records and launched the United Way of Quinte's campaign over the top. Pledges in to date for Quinte West total \$268,837 or 149% of their \$180,000 target. Smith noted the incredible leadership of industry in the Trenton community is unparalleled. David Greer and his cabinet deserve a huge pat on the back for another incredible undertaking. Last year Quinte West raised \$225,264 for the United Way campaign. Their growth continues at the amazing pace of approx 20% each year.

While Smith focused on the tremendous accomplishments of the campaign, including new companies coming on board for the first time this year like Invar Manufacturing, Black Diamond Cheese, and the Pillsbury Dry Plant, the President of the board of directors for United Way, June Rickard, touched on the other major feats achieved by the agency in 2000.

Rickard spoke about the other means of funding provided this past year such as the pool of \$75,000 deemed "Regional Outreach" that was disbursed in September to 10 agencies in the acknowledged under funded areas of Deseronto, Centre Hastings, Prince Edward County and North Hastings. The other was New Venture grants provided to 7 agencies for a total of \$21,800. (Regional Outreach funds came from the surplus achievement over last year's goal. New Venture's money is the accumulated annual interest from the United Way's contingency fund).

Rickard was pleased to announce that this year's target included an additional \$75,000 to enable the organization to once again provide funds through Regional Outreach to the aforementioned communities. This past year, United Way of Quinte brought on board two new member agencies, North Hastings Children's Services and Hospice Prince Edward, both of which lie within these outreach areas. It is the hope of the United Way to continue to grow in its support of these outlying neighbours.

Rickard also talked about the United Way's involvement with the Early Years initiative. Partnering with many other local agencies, school boards, health units and businesses, the Early Years project focuses on the importance of the first 6 years of life. United Way is proud to be a driving force behind the development of children and looks forward to working closely with these other organizations to ensure all of our children have the opportunity to get a good start to life.

United Way of Quinte will be holding a Touchdown Celebration on Jan. 18, 2001 at 7pm at the Royal Canadian Legion on Pinnacle St. in Belleville. At this time, final figures will be available for every division of the campaign and the annual Spirit Awards will be handed out as well.

Our sincere thanks to the entire community for once again coming together for the common good and through their extreme generosity, allowing us to help make ordinary miracles happen.

## News Release Communiqué



Ministry of Citizenship,  
Culture and Recreation

400 University Avenue  
Toronto ON M7A 2R9

Ministère des Affaires civiques,  
de la Culture et des Loisirs

400 avenue University  
Toronto ON M7A 2R9

FOR IMMEDIATE RELEASE

January 1, 2001

(Version française disponible)

### 2001- A YEAR TO SALUTE AND CHEER VOLUNTEERS

TORONTO – This New Year's Day ushers in the United Nations' International Year of Volunteers. To mark the occasion Helen Johns, Minister of Citizenship, Culture and Recreation with responsibility for volunteerism issued a statement in recognition of the year's special designation.

"Start your year with a toast to the legion of volunteers who make our world and province a better place," said Minister Johns. "Now is the time to cheer the invaluable contributions of volunteers."

In Ontario, volunteers give more than 422 million hours every year to more than 60,000 organizations. One out of every three people in this province do some kind of volunteer work each year – dedicating their time and energy to help others in their communities.

"We recognize volunteers make strong communities," Johns added. "We have built a strong foundation and forged partnerships with the sector and we are continuing to ensure they are able to work more effectively and efficiently."

Ontario has introduced a number of programs and initiatives to recognize the importance of volunteer work to this province.

The *Volunteer Recognition program* includes the Ontario Medal for Young Volunteers and the Volunteer Service Awards both acknowledge and celebrate the achievements of volunteers across the province. These awards programs will take on even greater significance this year.

Initiatives to assist the voluntary sector include the *Volunteer @ction.online*, *Ontario Screening and Community and Province-Wide Grant* initiatives. The *Volunteer@ction.online* initiative has provided \$13.5 million dollars over five years to help volunteer organizations develop partnerships that make better use of technology, work more efficiently and share resources. To date, \$6.1 million dollars in funding to 52 projects involving 420 partners has been provided.

The *Ontario Screening Initiative* is a three-year program that has been introduced to promote the value and benefits of reference checks, adequate training, monitoring and supervision of volunteers for the protection of children and other vulnerable persons.

The *Community and Province-Wide Grants* has guaranteed \$100 million in annual funding from the charitable gaming initiative to the Ontario Trillium Foundation for distribution to eligible charities and not-for-profit organizations.

"This year, 2001, we will build even more on those strong foundations and partnerships," said Minister Johns. "The International Year of Volunteers will provide a unique opportunity to celebrate the millions of volunteers in this province who do so much for so little."



## LANDFILL HOURS

Monday - CLOSED

Tuesday - 1:00 P.M. - 5:00 P.M.

Wednesday - CLOSED

Thursday - 1:00 P.M. - 5:00 P.M.

Friday - CLOSED

Saturday - 8:30 A.M. - 5:00 P.M.

Sunday - 9:00 A.M. - 4:00 P.M.

# PRESS RELEASE

HEAD OFFICE  
ONEIDA NATION OF THE THAMES



387 PRINCESS AVENUE  
LONDON, ONTARIO  
N6B 2A7

PHONE NO. (519) 434-2781  
FAX NO. (519) 679-1653



## MEMO

To: Member Nations Health Centres  
From: Cathryn George  
Subject: PPA WARNINGS  
Date: December 13, 2000

Please post this list of PPA DRUGS THAT HAVE BEEN LINKED TO CAUSING POTENTIAL STROKES IN YOUNG WOMEN. This was seen on the news and CNN broadcast.

Please destroy these medications from your medicine cabinets as they are of high risk to our youngsters.

This list was obtained from the AFN - Assembly of First Nations at the beginning of this month. Please notify all newsletters and all employees and possible radio stations, etc.

Thank you for your co-operation regarding this matter.

Sincerely yours,

Cathryn George  
Health Director

copy: Ted Martin- Office Manager  
All Staff  
Member Nations Chiefs

others have now been officially instructed to pull these products off their shelves.

So if you have any of these in your Medicine Cabinets at home, throw it all away. BETTER SAFE THAN SORRY!

ALKA-SELTZER PLUS COLD 20TAB Bayer Inc Consumer  
CONTAC C CAPSULES 30PK Smith Kline Beechum  
CONTAC COLD CAPSULES 10CAP Smith Kline Beechum  
CONTAC COLD CAPSULES 20PK Smith Kline Beechum  
CONTAC COLD XSTR CAPS 8CAP Smith Kline Beechum  
CONTAC COLD XSTR W FREE TBRUSH 8CAP Smith Kline Beechum  
CONTAC COUGH COLD&FLU 20% BNS 10CPL Smith Kline Beechum  
CONTAC COUGH COLD&FLU CAPS 10PK Smith Kline Beechum  
CORICIDIN 20TAB Schering Canada  
CORICIDIN BONUS 20TAB Schering Canada  
CORICIDIN D 20TAB Schering Canada  
CORICIDIN D BONUS 20TAB Schering Canada  
CORICIDIN D LONG ACTING 12TAB Schering Canada  
CORICIDIN D LONG ACTING BONUS 12TAB Schering Canada  
DIMETANE 24TAB Whitehall Robins

DIMETANE EXPECTORANT 100ML Whitehall Robins  
DIMETANE EXPECTORANT 250ML Whitehall Robins  
DIMETAPP CHEWABLES CHILD 12TAB Whitehall Robins  
DIMETAPP CHEWABLES CHILD 24TAB Whitehall Robins  
DIMETAPP CLEAR LIQUID 100ML Whitehall Robins  
DIMETAPP COLD&ALERG LIQUI-GELS 12PK Whitehall Robins  
DIMETAPP COLD&ALLERGY 24TAB Whitehall Robins  
DIMETAPP DM COUGH & COLD 18TAB Whitehall Robins  
DIMETAPP DM LIQUID 100ML Whitehall Robins  
DIMETAPP DM LIQUID 250ML Whitehall Robins  
DIMETAPP EXTENTABS 100TAB Whitehall Robins  
DIMETAPP EXTENTABS 20TAB Whitehall Robins  
DIMETAPP EXTENTABS 30TAB Whitehall Robins  
DIMETAPP EXTENTABS 12TAB Whitehall Robins  
DIMETAPP EXTENTABS BNS 12TAB Whitehall Robins  
DIMETAPP LIQUID 100ML Whitehall Robins  
DIMETAPP LIQUID 250ML Whitehall Robins  
DIMETAPP LIQUI-GELS 24PK Whitehall Robins  
DIMETAPP LIQUI-GELS COUGH&COLD 24PK Whitehall Robins  
DIMETAPP ORAL INFANT DROPS 50ML Whitehall Robins  
DIMETAPP QUICK DISSOLVE TABS 10TAB Whitehall Robins  
DIMETAPP QUICK DISSOLVE TABS 20TAB Whitehall Robins  
DIMETAPP-A SINUS 24TAB Whitehall Robins  
ENTEX LA 12PK Purdue Pharma  
ENTEX LA TB 100 100PK Purdue Pharma  
LifeBrand COLD & ALLERGY RELIEF 250ML SDM Corporate Brands  
LifeBrand COLD/ALLERGY RELIEF 100ML SDM Corporate Brands  
LifeBrand COUGH COLD & ALLERGY RELIEF 250ML SDM Corporate Brands  
LifeBrand COUGH COLD/ALLERGY RELIEF 100ML SDM Corporate Brands

CONTINUED.....

- 2 -

LifeBrand DECONGESTANT CAPSULES 10PK SDM Corporate Brands  
Life BrandORNADE AF SPANSULE CAPS 30CAP Smith Kline Beechum  
ORNADE SPANSULE CAPSULES 30PK Smith Kline Beechum  
SINE-OFF ALLERGY 12TAB Smith Kline Beechum  
SINE-OFF ND XSTR CAPLETS 10PK Smith Kline Beechum  
SINE-OFF NON DROWSY 12TAB Smith Kline Beechum  
SINUTAB SINUS&ALLERGY 12HR CAP 10PK Warner Lambert Consumer  
TAVIST D 12TAB Novartis Consumer  
TRIAMINIC COLD&ALLERGIES SYRUP 100ML Novartis Consumer  
TRIAMINIC DM DAYTIME 100ML Novartis Consumer

End of list.



### Media Release

#### Santa brings red bags full of hearth health to libraries

Hastings & Prince Edward Counties/December 13, 2000 - No partridges or pear trees are involved but a parcel of resources should get a few lords a leaping and ladies dancing this holiday season.

The old carol could be rewritten with a new countdown - four great books (three on healthy eating), two peppy videos, and one heart health message for all.

Near the end of November, 23 libraries in Hastings & Prince Edward counties received large, red shopping bags. Inside were resources that address the main risk factors for heart disease- physical inactivity, unhealthy eating and smoking. The resources were donated by Heart Health Hastings & Prince Edward, a partnership of community agencies and individuals who support heart healthy lifestyles.

"Our local heart disease rate is higher than the provincial average," says Cathy McCallum of Heart Health Hastings & Prince Edward. "Earlier this year, Heart Health staff approached area libraries in our two counties to see how we could work together to promote heart health."

After much work, the project resulted in the festive red bags being delivered to libraries. "Making lifestyle changes for better heart health is easier if we don't try to do too much at once," says McCallum. "Small changes can make a big difference."

Each bag contains three books on heart healthy eating and cooking. Those who borrow Meals for Good Health or Great Food Fast will find ways to entertain friends and family with some new heart healthy recipes. The Heart Smart Shopper - Nutrition on the Run gives advice on grocery choices. A fourth book describes ways to include physical activity in your day.

A half-hour exercise video called Workout With Ticker is designed with preschoolers in mind. "It's a fun, energizing, cardio workout for children ages two to six years," says McCallum. "Parents, daycare providers and primary teachers will find it very helpful." A second video covers healthy eating.

For adults, a self-help program called Walk This Way! shows how to add physical activity to the day.

If your New Year's resolution is to quit smoking check out One Step at a Time for Adults or One Step at a Time for Teens and Stopping When You're Ready. All are self-help smoking cessation programs. Gifts from the heart are always appreciated. Visit your local library for a gift to the heart.

Outline: Heart Health Hastings & Prince Edward recently donated to 23 area libraries in Hastings and Prince Edward counties. Shown with the red shopping bag of resources is heart health representative Joan Black. Photo submitted.

For further information contact: Cathy McCallum, Chair, Media Working Group  
Heart Health Hastings & Prince Edward  
(p) 966-5513, ext. 219

#### List of Area Libraries Receiving Resources

1. Carlow & Mayo Union Public Library
2. Bangor, Wicklow, McClure, Monteagle Union Public Library (Maynooth Public Library)
3. Tudor - Cashel Township Public Library
4. Bancroft Public Library
5. Stirling Public Library
6. Tweed Public Library
7. Madoc Public Library
8. Marmorra Public Library
9. Quinte West Public Library - Trenton
10. Quinte West Public Library - Frankford Branch
11. Quinte West Public Library - 8 Wing Branch
12. Belleville Public Library
13. Corby Library - East Branch
14. Anderson Centre for Information Resources - Loyalist College
15. Deseronto Public Library
16. Tyendinaga Township Public Library
17. Kanhiote-Tyendinaga Territory Public Library
18. The County of Prince Edward Public Library
19. Ameliasburg Public Library
20. Bloomfield/Hallowell Union Public Library
21. Wellington Public Library
22. Ann Farwell Public Library
23. Consecon Community Library

# HEART & STROKE



Heart and Stroke Foundation of Ontario  
191 North Front Street  
Belleville, ON K8P 3C3  
Tel. (613) 962-2502 Fax (613) 962-6080



## IT'S HEART MONTH- TIME TO "PAINT THE TOWN RED"!

Volunteers across Ontario are getting together to "Paint the Town Red" during February, Heart Month. Business, school and members of the community will be participating in a range of activities to raise funds for life-saving research into heart disease and stroke.

"We are thrilled to launch Heart Month 2001 in our community," said Heart and Stroke representative Linda Veenstra. "Everyone can get involved!"

The goal for Heart Month 2001 is \$5.4 million dollars, from all activities combined, province wide. The money raised will help support the 270 world-class research teams in hospitals and universities across the province.

Heart Month 2001 includes:

- ❖ **Paint the Town Red (Jan. 15<sup>th</sup> – Feb 15<sup>th</sup>)** – a high profile community based program that encourages restaurant and business-owners to sell red paper hearts and hang them up for a spectacular display of bright red hearts. Paper hearts are available for a \$2 donation. To date 48 sites through out Hastings, Prince Edward Counties and the Brighton area are taking place! Join us on Feb. 14<sup>th</sup> at the Quinte Sport Centre, as the Belleville Bulls help to *Paint the Town Red*
- ❖ **Person to Person (Feb. 1<sup>st</sup> – Feb. 28<sup>th</sup>)** – a community-based program in which thousands of dedicated volunteers go door-to-door to request donations and distribute important health information.
- ❖ **The Annual Baysshore Credit Union, Celebrity Hoops for Heart Event (Feb. 6)** – an energy filled evening as local celebrities take on the Loyalist Lancers in support of the Heart and Stroke Foundation of Ontario. The Jump Rope for Heart Demo team, a slam-dunk competition, prizes and much more will round out the evening.

The Heart and Stroke Foundation of Ontario is a community-based volunteer organization whose mission is to reduce the risk of premature death and disability from heart disease and stroke by raising funds for research and health promotion.

For further information, please log on to [www.heartandstroke.ca](http://www.heartandstroke.ca) or contact:  
Linda Veenstra  
Area Manager  
Heart and Stroke Foundation of Ontario  
Belleville Area Office  
(613)962-2502

## How to Spot a Heart & Stroke Canvasser



The Heart and Stroke Foundation has taken steps to ensure easy recognition of their volunteer canvassers during February, Heart Month. Look for the familiar red and white Foundation logo button pinned to your volunteer canvasser. The logo is also prominently displayed on materials in the information kit distributed by the Foundation volunteer. As well, the logo appears again on your tax receipt should you make a donation.

"This is the third year of this canvasser identification program. It's working wonders in taking the guess work out of door-to-door giving," says Linda Veenstra.

Last year during Heart Month, the Foundation's volunteer ranks swelled to over 40,000 people. "We need to try and cover almost every community in the province," "Only with such dedicated volunteers can this life-saving campaign reach its goal."

Last year, these volunteer raised \$4.7 million in donations, province wide. The goal this year is to match that total.

If you miss the visit by a Heart and Stroke Foundation canvasser, you'll find materials they have left for you, including a donation envelope with information on heart disease and stroke, again all with the familiar Foundation logo.

For further information, please contact,  
Linda Veenstra  
Area Manager  
Heart and Stroke Foundation of Ontario  
Belleville Area Office  
(613)962-2502

## PRESS RELEASE

### 2<sup>nd</sup> Annual Bayshore Credit Union Celebrity Hoops for Heart Tuesday, February 6, 2001 Loyalist College

6:30 – meet and greet with the celebrities  
7:00 – game time

Join us as the Celebrity team takes on the Loyalist Lancers in support of the Heart and Stroke Foundation. The evening consists of a slam dunk competition, 2 ball competition, door prizes, Cite Jueness Jump Rope for Heart Demo Team, and a meet and greet with the celebrities. There is no charge for admission, but for a donation to the Heart and Stroke Foundation, you will be entered in a draw for great door prizes.

Come out and show your support! The Celebrity team is going to need all they can get!

### Celebrity Team



Sean Kelly - MIX 97  
Todd Smith - MIX 97  
Mark Philbin - OJ 95.5  
Darren Matassa - OJ 95.5  
Tim Gorman - Bayshore Credit Union  
Joe Bell - Bayshore Credit Union  
Mark Gallop - Loyalist College  
Lindsay Mordy - Loyalist College  
Krista Wighton - Loyalist College  
Amy Berents - Loyalist College  
Heather Calliton - Loyalist College  
Nick Policelli - Belleville Bulls  
Dave Comacchia - Belleville Bulls  
Randy Rowe - Belleville Bulls  
Kyle Wellwood - Belleville Bulls

For more information please contact Linda Huddleston at 962-2502.

## Research in the new Millennium

In the year 2000, the world of genetic therapy moved from the laboratory to the bedside, and nothing will ever be quite the same again.

In March, Grenville Dungey, 58, a former Toronto horse trainer, made medical history when he became the first person in Canada to receive gene therapy designed to grow new blood vessels in the heart.

Like thousands of Canadians, Dungey suffers from heart failure. Breathlessness, fatigue and swelling of the legs were slowly immobilizing him. Most seriously of all, parts of his heart were too damaged to permit surgical treatment. All of this made Dungey an ideal candidate for experimental genetic therapy. Genes to coax the growth of new blood vessels in the most damaged areas of his heart were inserted as he underwent conventional bypass surgery. Today he is vigorously enjoying every moment of an active lifestyle.

As these scientific payoffs begin to transform the treatment of heart disease and stroke, we are reminded of the special people who make all this possible – our researchers. It takes intellectual curiosity and discipline to bring projects such as these from test-tube to real life treatments. And it takes a special sort of funding to ensure that the torch can be handed from one generation to the next.

That's why flexibility and synergy are the watchwords of the Foundation's research grant policy for the new millennium. Increasing our funding and extending it over a longer period has become a key goal.

A new era, new challenges, new breakthroughs – the future is in our hands. We have built a solid research foundation, the basis for another half century of medical transformation. We owe the future no less.

## FAMILY SERVICES , RED CEDARS & COMMUNITY INTEREST

# URGENTLY NEEDED !!! Foster Parents

*(Help support, nurture and protect our next generation by lending a helping hand.)*

Every day, Mohawk children from our community are abused or neglected, often in the so-called "safety" of their own homes. The emotional and physical pain experienced by these children is difficult, if not impossible, for most of us to imagine. Due to a lack of Foster Parents on Tyendinaga are children are being placed in Non-Native homes off the territory.

## There is a solution!

All it takes is Mohawk people from our community who are willing to share their hearts and homes with a child in need. This in turn keeps the child in his/her own community, attending the same school and as close to their daily routine as possible.

Help keep our children on Tyendinaga  
Contact Mohawk Family Services 967-0122



She:kon

My name is Joe Brown I am the Coordinator of the Creative Mohawk Spiritual Year after school program.

This program is designed for children to learn about Kanienkehaka ceremonies, culture and language. It has been in operation since the beginning of the school year and it will end in June. The program runs every Wednesday night from 3:30-5:00 after school.

The program is being video taped so that it can be viewed at the library or the school. When the program is complete. To enhance the program donations are appreciated.

Nia:wen  
Joe Brown



She:ken

Happy New Year! Best wishes to everyone in this new millennium year.

Red Cedars has provided the community of Tyendinaga with many quality events and programming. I would like to take this opportunity and update everyone on what the Shelter has done this past year and what we are planning for the New Year.

Easter Basket Draw	received \$171.00 from ticket sales
Cross Cultural Training Workshop	held May 16/00
Medicine Walk	held May 31/00
Elders Strawberry Social	held June 23/00
Children's Poetry Corner	held from June - Sept. 2000
Booth at Tyendinaga Pow Wow	basket raised \$122.00
Video Evening	held Sept 19,00
Booth at Mohawk Fair	basket raised \$115.00
Men's Day event	Nov 11, 00
White Ribbon Breakfast	Dec 06,00
Dedication lights	Nov /00 - Dec. /00

Something to look forward to in the New Year:

Anti- violence booklet  
calendar - for fund raising  
women's pampering day

She:kon

Happy New Year to all!

Just a little note to say I've moved! I have had the pleasure of working for our community in the finance office with the Mohawks of the Bay of Quinte for the past eight years. I am really going to miss the girls and staff, but I know they are not far. I have taken on a new position as Assistant Manager with Red Cedar Shelter. I am looking forward and eager to working with and helping our community from a different capacity now.

Nia:wen

Alanna Maracle

## Congratulations to the People of Tyendinaga Mohawk Territory!

The Food Bank sincerely thanks those who contributed to the Loonie/Toonie drive in November for our Food Bank jars to help pay for our Christmas Basket Turkeys. You gave a "whopping" \$893.75. (One person even put in \$50.00) which is about \$700.00 above our usual monthly collection.

Niawen kowa



## COMMUNITY INTEREST

### HOW TO MAKE A TRADITIONAL FOLK ART ICE SPEARFISHING DECOY

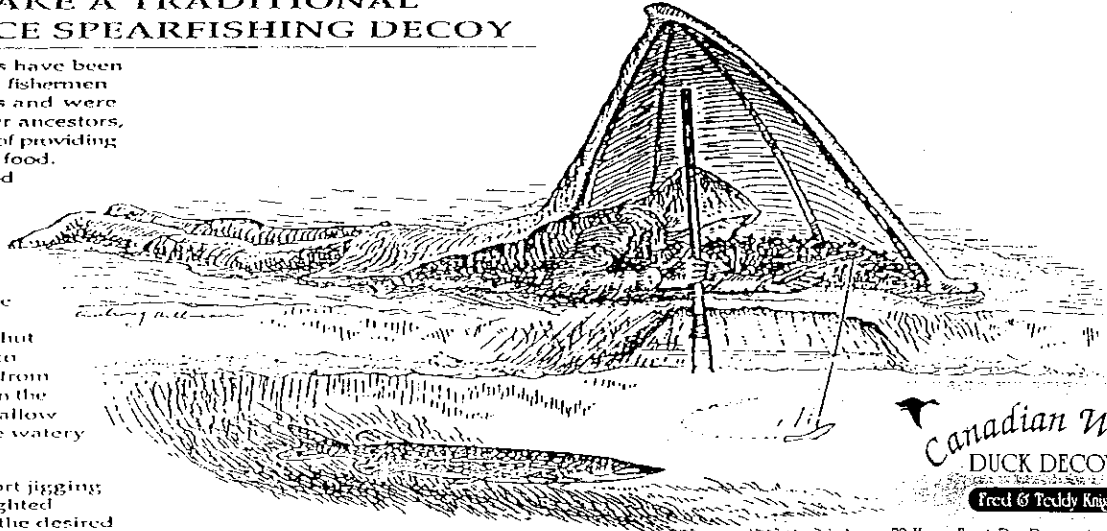
Spearfishing decoys have been used by native ice fishermen for thousands of years and were copied by our pioneer ancestors, primarily as a method of providing essential winter table food.

Eventually, this method developed into large commercial fishing activities. After the turn of this century, spearfishing was banned in Canada, but is still legal in six of the United States. In most cases, a very small fish hut (or shanty) was used to protect the fishermen from the icy winter blasts on the lakes and rivers and to allow better viewing into the watery depths below.

**USE:** Secured by a short jiggling stick and line, the weighted decoy was lowered to the desired depth through a hole cut in the ice. Gently raising and lowering the stick caused the decoy to circle and glide, which in turn attracted the fish. Because the decoy had no hooks, the alert fisherman used a long spear to seize the fish.

**BODY:** Most common varieties of dry wood can be used such as pine, cedar, basswood, willow, etc. Trace fish pattern onto wood and cut out with a power or handsaw. Carve to basic shape, then add details such as mouth, gills, etc. If using a metal tail, saw the slot.

**FINS:** May be cut with snips from thin tin, copper or brass. Be sure to file the edges to remove any sharp burrs. Attach by cutting thin slots with a knife in the fish body. Press fins into place, holding with a vise or pliers. For convenience, commercially made metal spinner blades can be used as a substitute.



Cutaway View of Indian Spear Fisherman in Tent. Illustration by Anthony Hillman from *Carving Traditional Fish Decoys*, Dover, 1993.

**EYES:** Can be made from common upholstery tacks, nail heads or hand painted dots. Some carvers use plastic or glass taxidermy eyes for a more realistic effect.

**BALLAST:** Traditionally, poured lead was used to weight the fish as required to sink the decoy. Today, lead-free metals such as environment-approved fishing sinkers or heavy steel slugs can be used. Carve or drill ballast cavity, secure ballast with epoxy or putty, and smooth out to follow the fish body outline.

**PAINTING:** This is where the real fun begins. You need not be an expert artist or painter to accomplish a good-looking decoy. Many types of oil or acrylic paint provide excellent protection from the elements and can be used to paint

your decoy. Use a primer if desired, then paint in realistic or abstract colors to suit your wildest tastes. In folk art decoy painting, stripes, spots and bright colors are permissible. Several light coats of an appropriate sealer or varnish are recommended to completely protect and seal the finished product.

**Note:** Acrylic folk art paints are water soluble and make clean up of the brushes or accidental spills easy to do.

**HAPPY CARVING:** With encouragement from envious friends, you will want to carve more fish decoys as your experience and knowledge of this historic and almost lost art form increases.

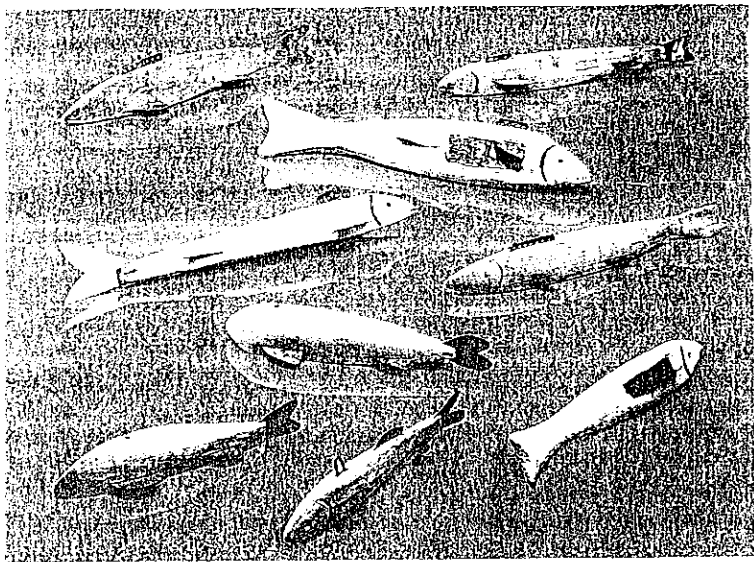
(Joe Fossey) - FRED KNIGHT

Canadian Winds  
DUCK DECOYS  
Fred & Teddy Knight

29 Huron Brant Dr., Deseronto, Ont. K0K 1X0  
613-396-1610

Good Knight.  
ANTIQUE FISH  
DECOYS FROM THE  
LAKE SIMCOE AREA

### HISTORY OF THE LAKE SIMCOE FISH DECOY



The Lake Simcoe Fish Decoy originated in the early to mid 1800's and was used by the North American Native People to lure a variety of fish including Pike, Muskellunge, Lake Trout and Whitefish within range of their spear.

In the early 1900's, the Native people passed on their designs to the original Lake Simcoe fishermen who in turn refined them using a variety of different materials. During this period of time and particularly during the depression of the 1930's, most of the Lake Simcoe decoy makers were using their handmade decoys to enhance their ability to attract and spear fish. Most of the fishermen relied upon the Lake for their sustenance so the more effective their decoy was, the more fish they caught and, as a result, the more money they could make by selling their catch. In the early 1900's, the main "targets" for the Lake Simcoe spear fishermen were Lake Trout and Whitefish.

This article is taken from  
the Greater Rochester Bowler  
November 8, 2000

Al Brant is the son of Sally Brant  
and the late Bennett Brant of Tyendinaga.

### Brant comes back from heart attack with 299-802 at Maiden Lanes

Al Brant is just happy to be alive, let alone bowling. The accomplished bowler had a heart attack on September 8 and was sidelined for six weeks.

"I had 100% blockage of a coronary artery," said Brant. "Luckily, my girlfriend Linda was traveling with me when it happened and got me the help I needed."

In just his second session back in the Coors Light - Hooligans Mixed League at Maiden Lanes on October 26, Brant was in top form, rolling games of 277, 299 and 226 for an 802 series.

"I started the night by putting on my

Pro Release wrist support backwards," Brant said. "I accidentally had it turned around 180 degrees because a piece had broken off. My son, Al Jr., noticed it was on wrong in the first game, but I was striking so I left it alone."

Brant, who teams up with RWBA Hall of Famer Nancy Starcken for Shear Images, left a 4-pin on his final ball of the 299. It was his 5th 299 to go with twelve 300s. He now has four 800 series.

Brant was rolling a Track Green Pearl Stomp drilled by Ron Legler Jr. at Rochester Bowlers Pro Shop.

Remember if you have an EMERGENCY  
CALL **911**



## COMMUNITY INTEREST

*In Loving Memory of my  
Best Friend & Brother  
Brandon Claus who left me  
one year ago on January 17/2000.*

*Sad is my heart that loved and adored you,  
silent are my tears that fall.  
Living my life without you,  
is the hardest part of all.*

*Loved and forever remembered  
your sister Shannon!*



## TABLE HOCKEY TOURNAMENT

### CONGRATULATIONS!

Congratulations are extended to the winners at the Norm Maracle / Tyendinaga Police Youth Table Hockey Tournament, which was held at the community centre on December 28th.

#### Grade 3 - 5:

"A" Champ: Kyle Baptiste  
"B" Champ: Charles Vincent

#### Grade 6 - 8:

"A" Champ: Logan Wager  
"B" Champ: Nathan Thomas

The organizers of the tournament would like to thank the following people for their generous donations that made the day of fun possible.

Norm Maracle, Tyendinaga Police Driver Safety Program, Mohawks of the Bay of Quinte, Darran Green Sandblasting, Village Variety & Gas Bar, KWE Radio, Chiefs Inn, McMurtter Home Centre, Sucker creek Development, Pat's variety, Tyendinaga Computers, Loyalist Lanes, Tyendinaga Lions Club, Bayview Variety, KC Builders, Eagle Orthopedics, Reid's Dairy, Build-All Contractors, Bunsmaster (Belleville), M&M Meats (Napanee)

Also many thanks to the helpers at the tournament, namely:

Rick Maracle, Tom Wager, Alvin Maracle, Curtis Brant, Alan Brant, Gerry Culhane, Kathy Hill, Samantha Hill, Cathy Martin, Sherry Maracle, Marylynn St. Amand, Jennie St. Amand, and to Kwe Radio's very own - Mike Hill and Jason Brant

*Our family chain is broken,  
Nothing seems the same,  
But as God calls us one by one,  
The links shall join again.*

*In loving memory of our cherished Son  
Brandon who left us accidentally one year  
ago on January 17/2000.*

*A bouquet of beautiful memories  
sprayed with a million tears,  
Wishing God could have spared you  
if just for a few more years,  
It does not take a special day  
for us to think of you,  
Each song we hear, each prayer we say  
is offered up to you.  
We cannot bring the old days back  
when we were all together.  
Our family chain is broken now  
but memories last forever.*

*Deeply Missed & Forever Loved,  
Mom & Dad (Cheryl & Alfred Claus)*

### Special Thanks

Lyle, Linda and I would like to again extend our appreciation to all of the Homemakers for providing the excellent care given us since my accident.


With caring people beside you, that long road to recovery seems just a little bit shorter.

Sincerely,

**Lyle & Shirley Leween**

**The Deadline  
date for the Newsletter  
is Wednesday Jan. 24  
at noon  
396-3424**

COMMUNITY INTEREST


  
 NATIVE PEOPLE


OINKWEHON:WE  
 KROHWEZESUM NE  
 OINKWEHON:WE

**Good News**


Donations of food may now be made in the T.M.T. Food Bank BARRELS located in both Dewe's Independent Grocery and at Scott's Food and Drug Basics. (Plaza/Bayview Mall) The Food Bank Committee hopes you are able to use them!

M.M. B.B.E.B.C.G.B.S.


HELPING  
  
 NATIVE PEOPLE

  
 MOHAWKS OF THE BAY OF QUINTE  
 FOOD BANK

  
**KANHIOTE LIBRARY**  
 Tyendingaga Territory Public Library  
 967-6264


**Public Library Week!**

During Public Library Week on February 17 there will be a presentation by the *Indian River Reptile Zoo*  
 See Real Snakes & Reptiles of all kinds!  
 Details and time to follow!!!



January 2, 2001

To All Community Members:

I send this letter to first to thank each of you for all the support I have received over the past eight years as a Community Health Representative. Also, I extend my appreciation to Chief Maracle for his acknowledgment of my resignation in the December newsletter.

However, I feel that I need to further clarify. The First Nation and Inuit Home and Community Care (FNIHCC) is a national program funded through the First Nation and Inuit Health Branch of Health Canada. This program is a coordinated on-reserve system which enables people with disabilities, chronic diseases or newly discharged from a hospital to continue to live within their homes and community with a support system that includes both health and social. This program is of importance mainly due to the cutbacks in health that First Nations people are experiencing, both federally and provincially.


This past summer, I took a leave of absence from my CHR position to work as the FNIHCC coordinator/consultant with the Association of Iroquois and Allied Indians. This phase introduced the program and began the process for First Nations. It was my background experience in the program that prompted the Chiefs of Ontario to ask Council for my secondment, which was declined.

I strongly feel that First Nation communities need liasons with the first hand knowledge and experience so that new programs thrive, not only in our community but in other communities as well. It was this conviction that I made the decision to resign.

I am not sure what is happen after this contract expires on March 31, 2001 but I hope to continue to work both directly and indirectly in the area of First Nations health.

In the spirit of respect and friendship,

Kathy R.Brant


  
 NATIVE PEOPLE


OINKWEHON:WE  
 KROHWEZESUM NE  
 OINKWEHON:WE

For the Month of November the Committee Congratulates those who had over \$25.00 in their food bank jars

*Bayview Variety  
 Jumpin Johnnies  
 York Rd. Restaurant  
 Wards Gas Bar  
 Quinte Mohawk School  
 Deseronto Foodland  
 Native Renaissance II  
 Miracle Food Mart  
 McDonuts*

\$893.75 is the total amount collected for this month.

HELPING  
  
 NATIVE PEOPLE

  
 MOHAWKS OF THE BAY OF QUINTE  
 FOOD BANK

**Congratulations to the Staff of Native Renaissance II!**

They held a raffle on a basket of store gifts and goodies and were able to donate \$214.85 to the Tyendingaga Mohawk Territory Food Bank Christmas sharing program.  
 The winner of the basket was Jim from Shannonville.

Niawen kowa

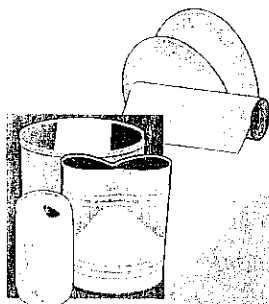
RECYCLING



# A Recycling Reminder

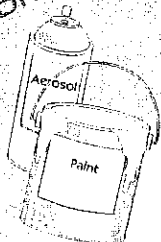
Hang this on your wall!

Bring these items to your depot



### Metal Cans & Foil

Rinse cans. Place lids in a can, pinch closed and put loose in blue bin. **Do not put aluminum cans inside tin ones.** Include clean aluminum foil and pie plates. *Flattened cans save space!* **No** pots, cigarette or butter wrappers or scrap metal. Avoid putting pop cans inside other cans.



### Empty Aerosol and Paint Cans

Make sure metal containers are empty. Take lids off the paint cans to let them dry, and place in the blue bin — *don't bag them.* **No** containers with product, paint cans larger than 4 litres (1 gallon), plastic paint cans, propane cylinders or other hazardous waste.



### Plastic Containers

Discard tops and rinse containers for soft drinks, detergents, juice, bleach, shampoo, dairy products as well as clear and foam plastic cups, trays and packaging. Flatten soft drink containers and replace lids. All plastics with the numbers 1 to 6 on the bottom are OK. **No** blister or bubblepacks, prescription bottles or toys.



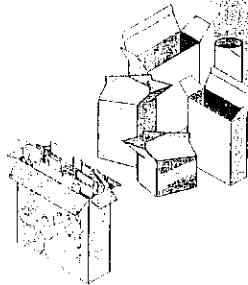
### Bottles & Jars

Remove and rinse caps and lids. Metal lids can be recycled with cans. Leave loose in the blue bin. *Don't bag them.* **No** other types of glass such as kitchenware, ceramics, dishes, drinking glasses, window glass, light bulbs or mirrors.

Place in appropriately labelled bins.

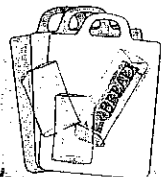
### Boxboard and Mixed Paper

Bundle junk mail and office paper separately from Boxboard. Flatten and stuff boxboard into a large box. **Boxboard** includes cereal, shoe and detergent boxes as well as rinsed milk and juice cartons, paper bags, sugar & flour bags, cardboard tubes, books (hardcover & paperback), egg cartons and other clean paper packaging. **No** drink boxes, tissue, paper towel or laminated paper. Do not put paper loose in blue bin.



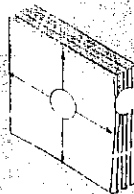
### Plastic Bags

Stuff clean, dry plastic bags into a plastic bag and tie handles. Include rinsed milk pouches, grocery, bread, dry cleaning, frozen vegetable and blue newspaper bags as well as outer wrapper from toilet and hand tissues. Remove food residue, stickers and receipts. **No** meat, cheese or stretch wrap, cereal box liners or chip bags.



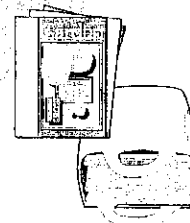
### Corrugated Cardboard

Flatten and bundle corrugated cardboard boxes into a maximum size of 30" x 30" x 8" bundles. Only broken down and bundled boxes will be collected. **No** waxed boxes, soiled pizza boxes.



### Newspapers & Magazines

Place newspapers, inserts, phone books, magazines and catalogues in a plastic bag next to your blue bin. **No** soiled newspapers. Keep boxboard and mixed paper separate, not mixed with newspaper and magazines.



Bring these items to your depot



UNITE WASTE SOLUTIONS

**BIRTHDAYS**



Happy 2nd Birthday!

Ashton  
Dec. 27

XOXOXOXO  
Grandma, Grandpa Brent  
& Uncle Kev

Happy Belated  
Birthday

Byron  
Jan. 9



Love Daddy

Happy 4th Birthday!

Gavin  
Jan. 6



Love Aunt Linda,  
Angela, Jake & Family

Happy 5th  
Birthday!

Victoria (Tori)  
Jan. 21



Tons of love from  
Auntie Ang. & loads  
of love from Mom, Dad  
Lee, Nan & Pup

Happy  
Birthday!

Uncle  
Murrell  
Jan. 24



Happy Birthday!

Uncle Kev.  
Jan. 24



XOXO  
Ashton & Braiden

Happy  
Birthday!

Dad  
Jan. 25



Love Lynda & Dean

Happy Birthday!

Murrell  
Jan. 24



Love Dean & Lynda

Love  
Nathan & Mindy

Happy 1st Belated  
Birthday!

Jackson  
Dec. 19



Love Mommy  
& Daddy

Happy Belated 4th  
Birthday!

Raato:rahts Maracle  
Jan. 8



Lots of hugs and  
kisses love Nanny, Grandpa  
& Auntie May

Happy 4th  
Birthday!

Brandon Maracle  
Jan. 31



Love Grandma, Grandpa  
& Auntie May

Happy  
Birthday!

Pa  
Jan. 25



Love the Neighbours  
& Princess

Happy 6th Birthday!

Justice  
Jan. 28



Love Mom, Dad  
& Baby to be!

*Do you have a birthday you wish to put in the newsletter?  
Birthday ads are free! Deadline for the February's Issue is  
Wednesday, January 24 at noon*

Call: 396-3424

COMMUNITY INTEREST

It's  
a **BOY!**



Brandy Brant and Terry Walsh are proud to announce the arrival of their son. A new brother for Tyson and Mackenzie.

" **Quinton Clayton Conlan Walsh** "  
Born: Oct. 14  
Weight: 7 lbs. 9 oz.

Proud Grandparents are:  
Connie & Frank Brant of Tyendinaga  
Patricia & Timothy Walsh of Belleville

It's  
a **Girl!**



Troy and Shoo-Shoo Maracle are pleased to announce the birth of their first child.

" **B'Elanna Mae Maracle** "  
Born: Dec. 4  
Weight: 10 lbs. 1 1/2 oz.

Proud grand parents are:  
Bill & Wilma Maracle of Tyendinaga Mohawk Territory  
Virgina & Cecil King of Wikwemikong



It's  
**A BOY!**




Born to Brian and Melissa. A baby brother for Ashton!

" **Braiden Peter Dennis Brant** "  
Born: Dec. 12  
Weight: 8 lbs. 10 1/2 oz.  
Length: 21 1/2 inches

Proud Grandparents are:  
Denny & Deb Brant  
Peter & Cathy Cook

Another nephew for: Uncle Kev  
Uncle Pete  
Auntie Jennifer  
Auntie Erin



## Spirit Alive T.V. Ministries

### New Year's Greetings!

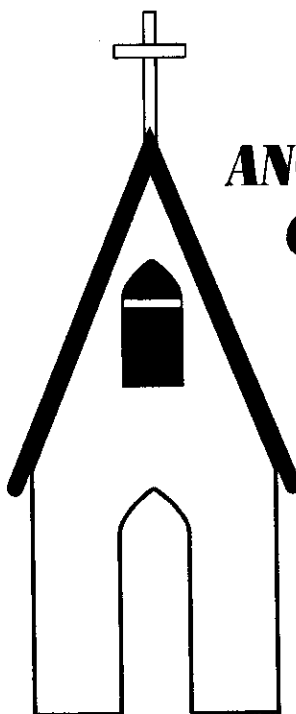
We invite you to join us  
and be a part of our  
**LIVE STUDIO AUDIENCE**  
during the taping of our telecasts!  
(Phone for taping dates)

Special Program: "A Cry For Healing"  
aired during week of February 12. This  
is a report with live interviews concerning the  
mission trips to Labrador during December.

The *Spirit Alive* Weekly Program  
can be seen on Satellite  
and Locally on ...

<p><b>VISION TV</b> Monday Mornings at 8:30 a.m. Thursday Mornings at 6:30 a.m.</p>	<p><b>CKWS</b> Sunday Mornings at 6:30 a.m.</p>	<p><b>CTS</b> Saturday Afternoons at 2:00 p.m. <b>MIRACLE</b> Saturday Afternoons at 5:00 p.m.</p>
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**SPIRIT ALIVE T.V. MINISTRIES**  
Box 250, Deseronto, Ontario K0K 1X0 Telephone: 396-1435 Fax: 396-2555



## ANGLICAN PARISH OF TYENDINAGA

### Weekly Services

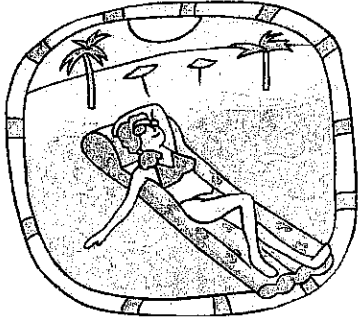
All Saints Church: 8:45 a.m.

Holy Trinity: 10:00 a.m.

Christ Church: 11:15 a.m.  
(2nd & 4th Sundays Fr. Glendon)

# RECREATION

*We can do anything if we work together!*



## Save - A - Tape for a Pool

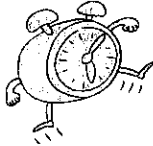
The Recreation Department has been accepted to take part in the Save - A - Tape Program , so start saving your tapes now from any of the A & P, Dominion and Ultra Food & Drug Stores.

As a Community we have ONE YEAR to save our tapes. If we can save up to \$450,000.00 worth of tapes our Tyendinaga Pool project will receive the maximum of a cheque worth \$ 1,000.00. It's that easy you can mail me the receipts or drop them off at the Administration Office, Quinte Mohawk School has a box , so please send in with your child/ren.

### Tyendinaga Pool Fundraiser

Just something you throw away we can make a \$1,000.00 with it.

Contact person: Darlene L. Loft  
Recreation Coordinator



We have \$2,259.24 of tapes

*The winners of the Christmas House Decorating Contest are:*

**1st: Bonnie Lewis**  
**2nd: Loretta Hill**  
**3rd: Lyle Lewis**

*Thank you to all the participants in the contest.*

*From the Recreation Committee*

## Dinner & Theatre Special Family Event

Family Event for \$40.00 (for 4)  
(Special child's Menu)  
Turkey Dinner  
Under 5 free - single \$12  
Break the Winter Blues !  
with the Comedy Group  
" Other People's Kids"

*Date: Feb. 23, 2001*

*Time: 6 pm to 8 pm*  
**Community Centre**

Proceeds towards the Youth drop-in & Community Pool

Organized by the Youth/Recreation Committee of Recreation

Contact: Darlene Loft  
396-3424 ext. 107




## Congratulations!

The winner of the Sports Bag was **Delores Middleton**  
(Ticket drawn by Wayne Maracle)  
The Sports bag was valued at \$662.95  
Ticket sales totaled \$490.00  
*Proceeds went towards the Angel Tree & Hockey Subsidy*

The Winner of the Rocking Chair was **Melissa Cook**  
(Ticket was drawn by Chip Brant)  
The chair was made by HB Chairs and donated by Dick Brant and valued at \$140.00  
Ticket sales totaled \$110.00  
*Proceeds went towards the Youth Drop- In*

Niawen Dick Brant from Recreation  
Niawen for everyone's support!

## UPCOMING EVENTS



Bring your Valentine to Hospice Quinte's VALENTINE GALA - Saturday, Feb. 10/01 at The Banquet Centre

Tickets, just \$35 each, will give you a gourmet meal, prizes, raffles and a SILENT AUCTION, plus dancing to a live band "SOUL SURVIVORS". VISA ACCEPTED. FOR TICKETS CALL HOSPICE QUINTE at 966-6610.

**Note**

# 9-1-1

9-1-1 is for Emergency calls Only!

If you need to contact the Emergency Services for non emergency matters please call:

Police: 613-967-3888

Fire: 613-968-7985

Ambulance: 613-542-0221

## Mohawk Language Classes

Mondays & Tuesdays: 7 - 9 p.m.

Wednesdays : 4 - 5 p.m.

Thursdays : 7 - 9 p.m.

Quinte Mohawk School  
10 Weeks - Jan. 8 to March 16

For more information call: Jan Hill  
396-2122



## Valentine's Chocolate /Cookie Walk & Tea Sale

Saturday, February 10  
12 - 4 p.m.

Queen Anne Parish  
Sponsored by Parish of  
Tyendinaga Youth Group

### UPCOMING EVENTS AT THE ORANGE LODGE



#### EUCHRE NIGHTS

Every other Wednesday at 7:30 p.m.



#### BINGO NIGHTS

Every Friday at 7:00 p.m.

#### MONTHLY DANCES

8:00 p.m. - 12:00 p.m.

\$7.00 per person includes lunch.

1st, 2nd and 3rd Saturday of every month.

### MUSEUM MEETINGS

are held every 2nd Monday of the  
month at 7 p.m. at the 59ers Hall  
(Hwy # 2) All Welcome!

396-3424

**CLASSIFIED**

**FOR SALE**

**LUXURY CRUISE**

Planning a vacation???  
 Why not include a 4 day, 3 night luxury cruise for 2.  
 Your choice of 3 locations:  
 \* Port Canaveral, Florida to Nassau Bahamas  
 \* Miami, Florida to Nassau, Bahamas  
 \* Los Angeles, California to Ensenada, Mexico  
 Choose your dates, BUT must be taken prior to October 2001. Cruise does not include transportation. A must sell at \$500.00 obo. Valued at over \$1500.00

Call: Tammy Maracle 396-3629

**FOR SALE**

1995 CHRYSLER INTREPID

- Please call 396-5839 after 4:30 p.m.

**LAND FOR SALE**

Approximately 49 acres  
 - located on the upper slash road on the north side opposite of B & J Poleline  
 - located on the north and west side of Jeff and Valerie Maracle

For more information call:  
 Everett Laverne Maracle (Joe)  
 Airport Rd.  
 R. R. # 1  
 Deseronto, Ontario  
 396-3121



**MILL TOWN MEATS**

- Corn Fed Beef
- Quarters & Half Cuts of Beef
- Wrapped & Frozen
- Individual pieces sold at home
- AAA Beef

Make your own Soup!  
 Lyed Corn, Beans, Special Pork!

Call: Glenn Hill 962-5470

**WANTED**

USED EXERCISE EQUIPMENT

Call Lisa at:396-3100

**FOR SALE**

**WATER FRONT LOT**  
 - nice area located on Cedar Glen between # 13 & 23

For more information contact:  
 San Maracle 962-2439

**FOR RENT**

**2 BEDROOM LOWER APARTMENT**  
 - located on Airport Rd. (4 plex)  
 - 1st & last months damage deposit required

Please call: 396-1315

**FOR RENT**

**3 BEDROOM APARTMENT**  
 - located in the village of Shannonville  
 - large upper 3 bedroom apt.  
 - large eat in kitchen with new floor  
 - large living & dining room  
 - utility room with a nice size bathroom  
 - off street parking, back yard  
 - cable T.V. available  
 - stove & fridge could be available  
 - 1st & last months rent required  
 - heat & hydro included in rent along with at least 2 good references  
 - \$695.00 inclusive

Call: 396-3957 for further information, if no answer leave a message.

**WANTED**

**OLD TOYS**  
 - will pick up and pay cash for G.I.Joes, Transformers, Cars, Trucks, Trains and games.  
 You name it!

Please call Rick:1-613-965-1381

**FOR SALE**

**RABBIT FUR**  
 - White, Black, Grey & Brown  
 - \$3.00 per skin  
 - available at the Hides Depot

For more information call: 396-5802

**FOR RENT**

**BUILDING APPROX. 2500 SQ. FT.**  
 - large, clean, well lit, well insulated  
 - ground floor  
 - equipped with very large garage doors as well as two other steel entrance doors

Note:  
 Depending on the type of business the landlord would install a new large garage door if necessary  
 - an office is also located on the ground floor with a large window to view the work or storage area  
 - excellent location on the corner of York Rd. And Hwy # 2 for any type of business

- the building will be available Nov. 1 2000 with the first and last months rent required in advance  
 - rental fee is \$800.00 per month plus heat which runs approx. \$85.00 per month

For more information or to view please call: Wilma 613-396-1524

**FOR SALE**

**WOODLOT**  
 - wood lot for sale approx. 5 acres  
 - located northeast of the former Dan Leween Property on the northside of the slash road in lot 24 concession 2  
 - various types of wood, both hard and soft are on the property

For more information see Everett "Joe" Maracle on the Airport Rd.  
 Call: 613-396-3121

**FOR SALE**



**144 Upper Slash Road**

3-bedroom, four level split home on 3.9 acres  
 Spacious kitchen, dining, and living room, family room, F/s included, oil heat, located near Shannonville.  
 For appointment to view call 396-3340.  
 Asking \$130,000

**BABYSITTING AVAILABLE**

- available on weekends & evenings
- Babysitting & first aid certified

Call Amanda: 396-3991

**CHILD CARE AVAILABLE**

- in my child safe daycare area
- fenced in outdoor play area (swings, slides, etc.)
- C.P.R./ First Aid Certified
- excellent references
- healthy meals and snacks provided
- lots of crafts, activities, themes, toys and friends!

Call: Shari Maracle: 396-3077

**FOR SALE**

**MOBILE HOME**  
 - 2 bedroom. Lot size 150 X 150  
 - additional room 20 X 16  
 - heat pump for back up heating and air conditioning  
 - natural gas furnace, good well and septic system  
 - located on the corner of Belles side rd and hwy. #2

Please call: Bruce Wells 403-340-3050

**FOR SALE**

**HOUSE HOLD ITEMS**  
 - single beds, buffet & hutch, small items for the household & more.  
 - Will be available at 163A Bayshore rd. From 9 a.m. - 2 p.m.

Please Call: 968-4072

*Do you have something to sell?  
 Classifieds are FREE  
 Deadline date for the newsletter is Wednesday Jan. 24  
 at noon.  
 Call: 396-3424*