



MOHAWKS OF THE BAY OF QUINTE



KENHTEKE KANIENKEHA

ISSUE 1/10
Tsysothorhkowa (Jan.)

ORI:WASE (News)

We are on the web www.tmt-tmt.org



Newsletter Deadline
January 25, 2010
12:00 noon
396-3424

TMC Meetings	Agenda Deadlines
Regular – Wednesday , January 13, 9:00 a.m. Local Business – Wednesday , January 20, 7:00 p.m. Regular – Wednesday , January 27, 9:00 a.m.	Friday , January 8, 4:00 p.m. Wednesday , January 15, 4:00 p.m. Friday , January 22, 4:00 p.m.

NEW CONSTRUCTION 2010/11 NOTICE

We are accepting housing applications for the 2010/11 building season. Completed applications must be returned to the Housing Department.

She:kon Staff of MBQ and Community Members,

I have been away on Maternity Leave for one full year. Thank you for your patience and understanding during that time. It is such a rewarding experience to watch your infant grow and flourish and I am extremely grateful for the opportunity to spend time with baby Elijah. I am excited to be back to work and look forward to working with all of you again in the near future. Please do not hesitate to contact me in Shannonville, at the Business Centre, at 613 968 1122 ext 140 or by email at brandih@mbq-tmt.org.



**MOHAWK FIRE
DEPARTMENT**

The Mohawk firefighters in December responded to 3 calls:

- 1 - Medical Assists
- 1—Motor Vehicle Accidents
- 1—Water Rescue

This brings our total to 108

The family of Helen H. Brant

Would like to invite family and friends to a

Come and Go Tea

In celebration of her 90th birthday

When: Saturday, February 6, 2010

Where: Orange Lodge, York Road
Tyendinaga Mohawk Territory

Time: 1:00 pm to 4: pm



Best wishes only please.



MOHAWKS OF THE BAY OF QUINTE KENHTEKE KANIENKEHA

Administration, 13 Old York Rd., Tyendinaga Mohawk Territory, ON K0K 1X0
Phone 613-396-3424 Fax 613-396-3627

NOTICE

Employment and Training Department, Mohawks of the Bay of Quinte is planning on hosting a job fair/career fair on Tyendinaga Mohawk Territory, ON at the Mohawk Community Centre on January 19, 2010.

Please plan to come and visit the job fair. Employers from various agencies including Corrections Canada, Canada Border Services Agencies, service providers, and other public service agencies will be setting up booths. Many other potential employers from various businesses/companies will be attending and will be looking to hire.

Also, for those looking for specialized help, a representative from the Job Club will be on hand to meet you and provide you with tips on resume writing and interview presentations.

This event is completely free to attend and would be a fantastic opportunity to network with leading HR Management.

Please watch for further information in the Tyendinaga Newsletter or a special flyer with further updates.

I look forward to seeing everyone there. Please plan to attend and bring a resume.

For more information or clarification, please contact

Sandy Sero,
Program Manager for Employment & Training
Mohawks of the Bay of Quinte
Phone: 1-613-968-1122 EXT 141
Email: sandys@mbq-tmt.org

ATTENTION MORTGAGE HOLDERS

It has come to our attention that many insurance companies will ONLY notify the MOHAWKS OF THE BAY OF QUINTE if your existing house insurance policy has been cancelled however will NOT when the policy has been renewed. This creates a problem when incentives, rewrites and renovations are requested. You will not qualify if your house insurance policy on file is not up to date. In order to ensure your policy is current, we ask that you mail, fax or deliver renewal form when received.

MASSIVE SHOW OF SUPPORT FOR TYENDINAGA OLYMPIC TORCH RELAY

Excitement was at an all time high when the Olympic Torch passed through Tyendinaga December 15th. Large crowds of approximately 700 community members, and students and staff from QMS cheered on torchbearers Raven Tabobandung and Camelia Maracle, waving their Olympic mittens, handmade signs, flags, and tambourines. Paul Peters and Rachael Boyd, RBC and Coca-Cola sponsored torchbearers, also carried the flame.

Recognition was offered to the Creator during the Torch Acknowledgement ceremony. Chief R. Donald Maracle addressed the supportive crowd, and Honorary Elder Firekeeper and veteran Elwood Brant acknowledged the flame. Students from Quinte Mohawk School performed two dances representing unity.

Representatives from the Tyendinaga Mohawk Council, Mohawks of the Bay of Quinte administration, the Kiwanis, and Quinte Mohawk School expressed their gratitude to the torchbearers and Elder Firekeeper during a special Recognition Assembly later that morning. Both Raven and Camelia spoke about their experience and perspective on being involved in the Torch Relay, and the magnitude of which the event meant to them.

Events preceding the Torch Relay rallied excitement for students at QMS. Students listened with enthusiasm to Marlee Maracle, Chris Auten, and Michelle Brant who spoke on the importance of being active, how to get involved, and achieving your dreams. Marlee is a 15 year old Mohawk youth, who helped lead Team Ontario in soccer to win gold at Nationals, and presented a heartfelt, positive message of working hard to pursue your dreams. QMS students of all ages energetically participated in teams during a "Mini-Olympics." Medals were presented to students during the Recognition Assembly.

We are proud of Camelia, Raven, and Elwood for positively representing Tyendinaga with grace, courage and honour. We would also like to thank everyone for their hard work in making this day a success. We extend a heartfelt thank you to everyone who came to show their support, pride and unity at the events. It was a proud and positive day for Tyendinaga as we shared in the Olympic message of peace, brotherhood and friendship.

Pictures of the event will be available. Please contact the Band Office if you are interested.



Students from Quinte Mohawk School reciting the Thanksgiving Address during the Torch Acknowledgement Ceremony. Honorary Elder Firekeeper Elwood Brant and his wife Myrtle Brant, and Chief R. Donald Maracle look on.



Torchbearer Camelia Maracle running from the Mohawk Community Center.



Torchbearer Raven Tabobandung running to the Mohawk Community Center.

**WIN FREE
PRIZES!**

SAVE YOUR LUNGS,



SAVE YOUR LIFE!

Association of Iroquois & Allied Indians

Tobacco Cessation Project

in Partnership with

Ontario's "Driven to Quit" Challenge

**This is a FREE Challenge for members of the
MOHAWKS of the BAY of QUINTE**



Challenge Details *(must be 19 years of age or older to participate):*

- Quit Smoking for the month of **March 2010**. Participants will be subject to a Carbon Monoxide test before and after the challenge.
- Each participant will be entered in the Ontario's "Driven to Quit" Challenge for a chance to win a **brand new 2010 automobile!**
- Successful participants will also be eligible to win **NINTENDO Wii with Fit Boards; bicycles; and Nike Native N7 running shoes.**
- Participants will be required to attend an information session to be held in your community in **February 2010**. You will be notified once the exact date and time of the information session has been confirmed.



**If you would like to compete in this challenge or you would like
a copy of the challenge rules:**

CONTACT: Tina Brant, CHR @ 613.967.3603

This project is made possible through the contribution provided by Cancer Care Ontario's Aboriginal Tobacco Program

Wild Game Dinner

Date: 23/01/2010

Time: 5pm-7pm

Orange Hall

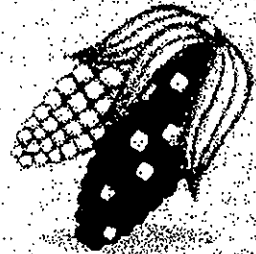
York Road

Tyendinaga

Mohawk

Territory

Come out and enjoy
some of your favourite
traditional and wild
game foods, corn soup,
fried bread and dessert.



Fundraising Dinner
hosted by Healing Our
Spirit Worldwide
Tyendinaga


\$20/each

GREAT GIFT IDEA FOR THE PERSON WHO HAS EVERYTHING!!!

TICKETS AVAILABLE FROM ANY COMMITTEE MEMBER OR

THE TYENDINAGA FITNESS RESOURCE CENTRE

TICKET DELIVERY CAN BE ARRANGED. CALL 613-771-9732

NURSING MOTHERS' GROUP
OF
TYENDINAGA
INVITES*
BREASTFEEDING MOTHERS
AND BABIES
AND EXPECTANT MOTHERS
(*Interested women and girls also Welcome)

To their ongoing series of meetings

FRIDAY January 8, 2010

&

FRIDAY January 22, 2010

at Thayendanega Health Centre
10:30 am - Noon

*DISCUSSIONS ON A VARIETY OF TOPICS
RELATED TO THE CHALLENGES AND JOYS
MOTHERHOOD
LIBRARY, & MOTHER-TO-MOTHER HELP*

BREASTFEEDING CLINIC AVAILABLE

FOR BREASTFEEDING HELP
CALL HEALTH CENTRE: 967-3603
or 396-2942 when Health Centre closed



BREASTFEEDING CIRCLE: *Tips for Juggling a Nursing Baby and a Toddler*

Could you use a free hand when you're nursing? While you're nursing, a pillow can help bring baby to breast level so you have a hand or two free (sometimes it takes weeks or even months to get that free hand... keep trying). If you need to support your breast with your other hand, try using a small rolled-up towel.

A sling will also free up a hand or two. Are you comfortable with using a sling and nursing baby in it? In addition to nursing while you're lying down, this is another lifesaver for many moms. It frees at least one hand and allows you to keep nursing or holding your baby while tending to and playing with another child. Also, as someone I know once mentioned, when baby is in the sling your toddler can't be pulling baby's toes, or trying to get baby out of the crib, or trying to brush baby's "teeth", or dropping toys on baby.

It can be handy to have your toddler around, as many times you can ask them to fetch things for you (a diaper, a wipe, the remote, the phone, a water bottle).

Activities to do with your older child while baby is nursing

- Read books and snuggle and talk with your toddler while you're nursing. If you don't have a free hand, get your toddler to hold a book and turn the pages while you read.
- Play games - "I Spy" and "Simon Says" are often a big hit with toddlers.
- Play with your food - try counting (and eating) cheerios or raisins with your toddler.
- Some toddlers like to pretend-nurse their dolls or stuffed animals (or trucks!) while mom is nursing baby.
- Look at your toddler's baby book or baby pictures. Tell stories about when your toddler was a little baby. Tell stories about what your toddler can do now that he/she is bigger.

You can also set your toddler up with other activities to do while you're nursing. Drawing, coloring, puzzles, blocks or big legos, cars/trains, etc. Some moms keep a box of toys that is out only when baby is nursing. Things like playdough and painting and water play can keep kids interested for a long time, but depending upon where you can set it up and your child, this may or may not be something that works when you're nursing.

If you need a nap and your toddler doesn't

Childproof a room of the house that has:

- a door or a baby gate (so your toddler can't "escape" and play in the toilet while you're resting)
- a bed or comfortable spot on the floor where you can lie down and nurse
- interesting toys that your toddler is likely play with without much interaction - some moms also put on a favorite video
- a snack and a drink for toddler

When you want to nap (or at least rest) while baby naps, close off the door so you can lie down with baby without worrying about what your toddler is getting into.

From: Kellymom.com

HEALTH CARE CONNECT

Health Care Connect helps people who are without a family health care provider to find one.

How does Health Care Connect support your search for a family health care provider?

Health Care Connect is a program that will help people without a regular health care provider find one in their community. The program identifies doctors or nurse practitioners who are accepting patients and links them with people who are in need of a family health care provider.

Get Connected with Care

To find specific health service providers in your area, contact:
Community Care Access Centre for South East Region

For more information about primary medical care options in your community, visit
www.ontario.ca/healthcareoptions.

If you are looking to be matched with a family physician or nurse practitioner, call Care Connect at 1-800-445-1822.

January 2010

Moms - In - Waiting

Canadian Prenatal Nutrition Program (CPNP)

The Thayendanege Health Centre is offering **MONTHLY FOOD VOUCHERS** to women during their pregnancy. For more information please drop by or call the Health Centre at 613-967-3603 and speak with the Community Health Nurses who will outline the program

We want you to have a healthy pregnancy and a healthy baby!

Diabetes Wellness Circle

Schedule for 2009/2010

The Thayendanege Health Centre would like to invite anyone who has an interest in Diabetes (you may have diabetes, you may live with someone who has diabetes, or you may know someone who has diabetes) to participate in our Diabetes Wellness Circle. The Health Centre will be holding different presentations and workshops every second Tuesday of the month throughout the year. Each session will begin at 7:00pm and finish at 9:00pm.

September 8	Reflexology with Rose Green
October 13	Harvest Ceremony Teachings
November 10	Holistic Approach to Diabetes with Suzanne Brant
December 8	Whats' new with Diabetes?
January 12	Humour Workshop with MJ & Tracey Gazley
February 10	Heart Health Presentation with Carol Loft
March 10	Nutrition with a Dietician
April 14	Physical Activity with a Personal Trainer
May 12	Alternative Therapies for Wellness with Suzanne Brant
June 9	Eye Health with Optometrist Sally Brant
July 13	BBQ by invitation only, for all of those who have attended any sessions throughout the year

Draws held each month!



Thank You! Thank You! Thank You!

Scott and I can't even begin to express our appreciation for all who came out to our 25th wedding Anniversary. Thank You all so much for the gifts and especially your Love. It is wonderful to have such kind and loving friends.

To our Family. You mean the world to us. We are so proud of our children Ian and Malory and Grand-Princess Jady. Thank you all for everything you did, the food the decorations the music, we had the best time. Thank You Corey for your help as well.

To our Parents we are so glad to still have you here with us to celebrate and know that you will be here for many more celebrations to come. Thank you for all the kind words.

To my family from the West. Thank you so much for flying all this way to spend time with us. It was a wonderful surprise. Cory & Keon, sorry you couldn't come but we will see you in July.

We are very blessed to have such wonderful Parents, Brothers, Sisters, Brother-in-laws, Sister-in-laws, Aunts, Uncles, Cousin's, Nieces, Nephews, Great Nephews, Princesses, and Friends.

This has been a tough year with all the wonderful people that we have lost so it is so very important to let those that you Love know it, so with that said

WE LOVE YOU ALL!!
THANK YOU!

Angel Tree Program



We would like to extend a very special thank you to the community members and businesses who contributed to the 2009 Angel Tree Program. Due to your extended generosity we were able to provide all the children on our tree with appropriate warm clothing for the cold season along with gifts from Santa.

It's only due to members and businesses such as YOURSELVES that make the Angel Tree Program a success here on Tyendinaga.

With Many Thanks to:

Contributing Community Members

49 Quick Stop

Quinte Mohawk School Staff and Children

Tyendinaga Fitness Centre
Blue Knights Ont XIII
Mohawk Guild
Parish of Tyendinaga
Red Cedars
Build All
G D Jewell Engineering Inc.
Carrihoga Sales & Promotions
Kitchen Designs
M Cal Heating



For YOUR "Kind
Generosity"

Wishing you and your Family a
joyous holiday season, from the
Angel Tree Elves!

*Thank You for your support for the
Angel Tree*

*The winner of the November 30, 2009
Draw (Blanket)*

Mary McCauley

We raised \$219.00 for the Angel Tree

*Nia:wen to the Health Centre, Ad-
ministration Office & Fast Freddy's
for helping us sell tickets*

THANK YOU

The Family of Louis Maracle would like to
thank all the Aunties, Uncles and Cousins,
Amzy and Birdie Doreen, Rob, Bo, Dan,
Amzy Jr and Steph, Reverend Smith, QMS
staff, the Elder's Lodge, the Orange Lodge
and community members for all their help
during our time of sorrow.



Connor

*I will always remember your smile
And the way you would always laugh
You were the most amazing boy
You were so tough
And proved everyone wrong
You were my angel
You made me a better person
Having you come into my life
You were an amazing nephew
And still are
But I know your okay
Because your up in heaven
With nanny and pa
I know they will take care of you
My precious nephew
I will miss you
You will always be forever in my heart*



*Auntie Sam Misses You
I Love You Connor*





*Happy Birthday
to all celebrating
this month!*



Restorative Justice for Youth

In order to provide the community with more information in regards to restorative justice, this article (and others to follow) will highlight some of the basic principles and values that make up restorative justice as it pertains to Tyendinaga.

According to the Correctional Investigator in Canada (2006), Aboriginal youth are overrepresented among criminalized young people. Research shows that Aboriginal young people are criminalized and jailed at earlier ages and for longer periods of time than non-Aboriginal young people. In fact, in 2000, 41.3 percent of all federally incarcerated Aboriginal offenders were 25 years of age or younger.

Furthermore, the Royal Commission on Aboriginal Peoples (RCAP), which was established in 1991, concluded that "the justice system has failed Aboriginal people," the key indicator of which was their steadily increasing and disproportionate representation in Canadian correctional facilities. First Nations youth are the fastest growing demographic group in Canada and it is expected that this will have a significant impact on the criminal justice system.

Restorative Justice offers an alternative to the current, mainstream criminal justice system. Instead of *punishing* and *labelling* young people who have committed crimes, restorative justice gives them the opportunity to:

1. Take responsibility for their behaviour.
2. Understand the full impact of their actions on others.
3. Work to repair the harm done to their victims.

Restorative justice aims to repair the community relationships that are damaged when a crime is committed. Restorative justice can be used with people of all ages, in order to keep them from becoming a ward of the state and contributing to the above mentioned statistics. It can be adapted for use in many circumstances and at different stages of the criminal justice process. It is best practiced as an alternative to Canada's current expensive, often drawn-out, court processes.

WHAT IS RESTORATIVE JUSTICE?

Restorative justice is voluntary. Nobody has to take part unless they want to. However, for the process to happen, the young person and the victim (or someone personally representing the victim – Yakokarewahtonh), must all be willing to participate.

In some circumstances, restorative justice can be used instead of charging a young person with a crime and sending them to court. It is used this way only when a young person admits they committed an offence. There is then no need for the trial. Instead of being dealt with by the authorities, the crime can be handled in the community (usually) where it took place, by the community members most affected by it.

Restorative justice can also be used in other ways. It can be used as part of a sentence when an accused pleads guilty or is found guilty by the court. Or it can be used at the end of a sentence in custody, before a young person returns to the community. When used in this way, it can help a victim and a community prepare for a young person's release back into the community. It can also prepare a young person to live again in the community with dignity and help them face the people they harmed, by taking responsibility to restore the peace.

IF RESTORATIVE JUSTICE IS NOT PART OF THE TRADITIONAL, MAINSTREAM JUSTICE SYSTEM, WHO RUNS IT?

The Tyendinaga Restorative Justice (TJC) program is a community-based program. It was started by members of the community and is currently run by community members. Volunteers from Tyendinaga become trained as facilitators and have formed a committee in order to support the program, including all those who choose to participate.

Although all restorative justice projects are basically the same in their goal to repair harm, there are many variations. Each community chooses the variation that works best for them. For Tyendinaga, the option to use traditional medicines is available to participants, as well, at the beginning of each meeting we open using the Ohén:ton Karihwatéhkwén or the words that come before all else, in order to acknowledge all creation and prepare our minds for the matters at hand. The TJC is most interested in keeping our young people who have been labelled 'offenders' in the court system within our community, where we are able to focus on repairing the harm that has been caused, in terms of the relationships with family, oneself, the community and others.

We strive to work together as a community to not only restore relationships but work to ensure that the root cause of the crime is addressed so that participants are supported in their work towards finding peace and harmony in all their lives i.e. rehabilitation. The TJC is always adapting to better meet the needs of the community.

WHAT CASES GO TO RESTORATIVE JUSTICE?

Restorative justice programs work in co-operation with the justice system, as well as the community. The local Crown attorney, police and other professionals in the youth justice system work in conjunction with the TJC. The TJC looks at each case individually when deciding whether the RJ process will work and each case is very different.

If the offender has entered the court system and the case is eligible to be diverted to the TJC, it is still up to the Courts to decide. The police also have some liberty to decide whether to charge or divert based on suitability. When deciding, some of the things they consider are:

- The young person's history.
- The seriousness of the crime.
- The circumstances.
- The attitudes of the victim and the young person.
- The willingness of both the young person and the victim to participate.

For example, although the TJC might consider restorative justice suitable for a break and entry offence, if that young person has a long history of offences, or used younger children to help commit the crime, the Crown or police may decide not to divert the case back to the community.

In our experience, it is best to avoid the court processes altogether (especially for a youth's first offence) and find healing and resolution through alternative processes.

Only young people who admit they committed an offence can be sent through a restorative justice process.

Even if a case is suitable, a victim might not want the crime against them dealt with by restorative justice. Not every victim of every crime will want to participate or to have somebody else represent them in the restorative justice, and we respect that decision.



For more information, contact:

Mary Ann Spencer, Program Coordinator
613-396-2122 ext. 123 ~ Email: Maryanns@fnti.net
Shannon Butcher, Youth Justice Worker
613-396-2122 ext. 166 ~ Email: Shannonb@fnti.net



Tyendinaga Justice Circle
Tontakaiê:rîne
(It has become right again)

Let's Dance!

Date: Feb 12, 2010

Time: 6 pm- 6 am

*Fundraiser for
Heart and Stroke*

Great Music

12 HOUR DANCE-A-THON

Come one, Come all!

**Grab a group of your friends,
family, or survivors and dance**

**the night away for a great
cause!**

Mohawk Community Centre,
1807 York Road,
Tyendinaga Territory, ON

**EVERYONE WELCOME
ALL AGES**

Great Food

Great Prizes

To Register Call
Heart and Stroke Foundation
613.962.2502 or

**Artisans, are welcome to set up
for a donation to the Heart and
Stroke Foundation**

Kristin Maracle
613.848.0151
kristinm@mbq-tmt.org



**HEART &
STROKE
FOUNDATION
OF ONTARIO**

Finding answers. For life.

**PUT YOUR HEART INTO IT™ GET ACTIVE
FOR THE HEART AND STROKE FOUNDATION!**

www.fitforheart.ca



Tyendingaga Home Support Program

1306 Upper Slash Rd

Phone: 613-9662-6653


Fax: 613-962-1702

January 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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For Seniors 55+ or 18+ Physical Challenges

All programs are held at the Elders Lodge unless otherwise stated.

					1 OFFICE CLOSED	2 
3	4 Breakfast Club (Full) Ceramics Wii Bowling	5 Breakfast Club (Continental) Meals on Wheels	6 Breakfast Club (Continental) Diners Club Deseronto Bowling	7 Breakfast Club (Full) Shopping Trip (Belleville) Fitness	8 Breakfast Club (Continental) Meals on Wheels Handivan (Deseronto) Scrapbooking	9 SUPPER CLUB
10	11 Breakfast Club (Full) Ceramics Wii Bowling	12 Breakfast Club (Continental) Meals on Wheels	13 Breakfast Club (Continental) Diners Club ELDERS LODGE Bowling	14 Breakfast Club (Full) Fitness Birthday Tea	15 Breakfast Club (Continental) Meals on Wheels Handivan (Deseronto) Friendly Visiting	16
17	18 Breakfast Club (Full) Ceramics Wii Bowling	19 Breakfast Club (Continental) Meals on Wheels	20 Breakfast Club (Continental) Diners Club Deseronto Bowling	21 Breakfast Club (Full) BINGO	22 Breakfast Club (Continental) Meals on Wheels Handivan (Deseronto) Scrapbooking	23 SUPPER CLUB
24	25 Breakfast Club (Full) Ceramics Wii Bowling	26 Breakfast Club (Continental) Meals on Wheels	27 Breakfast Club (Continental) Diners Club ELDERS LODGE Bowling	28 Breakfast Club (Full) Fitness	29 Breakfast Club (Continental) Meals on Wheels Handivan (Deseronto) Friendly Visiting	30

31
Breakfast Club - 8:30 a.m. - 9:30 a.m.
Diners Club - 12:00 p.m. - 2:00 p.m.
Supper Club - 5:00 p.m.
Handivan Departure - 10:00 a.m.
Meals on Wheels delivered between:
11:30 a.m. - 12:30 p.m.
Friendly Visiting - 1:00 - 4:00 p.m.

Birthday Tea - 2:00 p.m. - 4:00 p.m.
Bingo - 12:00 p.m. - 3:00 p.m.
Wii Bowling - 7:00 - 9:00 p.m.
Fitness - 9:00 - 11:00 a.m.
Scrapbooking - 1:00 - 3:00 p.m.
Ceramics - 1:00 p.m. - 3:00 p.m.

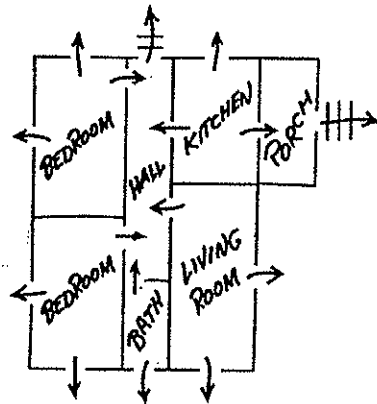
HAVE YOU HAD YOUR WATER TESTED?

Please call Liz Brant at the
Mohawk Administration Office to
arrange an appointment that's
convenient for you.

396-3424 ext. 129

Remember if you have an EMERGENCY
CALL **911**

KNOW WHERE TO GO



Develop and
practice a home
fire escape plan
so if a fire starts
everyone knows
two ways out
of every area.



Do you have
something to sell?
Put it in the newsletter?
Ads are free of charge call:

613-396-3424



THE ANGLICAN PARISH
OF TYENDINAGA

Parish Priest
The Rev'd Brad Smith
Mohawk Rectory, 396-3797

SUNDAY SERVICES

All Saints' Church
1295 Ridge Rd
8:30 a.m.*

Christ Church
Her Majesty's Chapel Royal of the Mohawks
52 South Church Lane
10:30 a.m.*

**On 17 January, the only service is at All Saints'*

UPCOMING EVENTS

Wed 13 Jan, 7:00 p.m., All Saints'
Parish Council Meeting.

Wed 20 January, 7 p.m., All Saints'
Parish Fun Night
Bring a game, a friend, and a snack!

If you are not receiving parish mailings and would like to be kept up to date by being added to the mailing list, please call 396-3797.

REACHING OUT TO THE COMMUNITY

We believe that part of our mission as Christians is to make a difference in the world through reaching out. Recently, the people of the Parish of Tyendinaga have touched the lives of others through:

- Donating to the rebuilding of the Haudenosaunee Longhouse
- Donating to the Tyendinaga and Deseronto Food Banks
- Donating to the Salvation Army
- Donating to the Tyendinaga Angel Tree Program

FOR THE MOST UP-TO-DATE INFORMATION, SEE OUR WEBSITE
WWW.PARISHOFTYENDINAGA.ORG



Fabulous
Obliging
Offering
Diligent
Bounty laden
Active
Nourishment provider
Knowledgeable

T.O.P.S. ON#5258

Take Off Pounds Sensibly
We "DO NOT" promote any diets

WHERE: The Elders Lodge
Common Room
Tyendinaga Mohawk Territory
Bayshore Road

WHEN: Thursday Evenings

TIME: 5 p.m.—7 p.m.
Weigh in 5—6 p.m.
Meeting & Discussion 6—7 p.m.

*T*ake that 1st step.
*O*vercome a weight problem.
*P*ut yourself in a happy place.
*S*upport one another

CLASSIFIED

LOOKING TO PURCHASE

A SMALL HOME

- 2 bedroom
- 1 bathroom

Please call: Wayne Blackburn
1-705-439-1201 or
Email: wblackb@hotmail.com

LAND FOR SALE

70 acres located on the Lower
Slash road just east of the Road
Shed building and office on the
same (south) side of the road.

Contact Wm J. Brant:
613-967-1129 for further details.

FOR SALE

HAND MADE BABY
SWEATER SETS - \$20.00

KNITTED DISH RAGS - \$1.25

Call Kathy: 613-396-2197

FOR SALE

12 BUSHEL BAGS OF WHITE
CORN

Call: 613-962-5470

FOR SALE

BUILDING LOTS
- located on Mark's Rd
- 1 acre or larger

Call: 968-3917

FOR SALE

BUILDING LOTS FOR SALE
- Upper Slash Rd
(lots posted on South side of
road)
- 1 acre lots with 150' of road
frontage

For more information, please
call Mr. Glenn Hill at 962-5470

FOR SALE

BOWFLEX REVOLUTION
HOME GYM
\$2500.00 OBO

Phone: 613-967-3886

HOUSE FOR RENT

2 BEDROOM
- located at 418 Slash Rd

Call: 613-967-0839

HOUSE FOR RENT

BRIGHT & SPACIOUS HOUSE
- 3 bedrooms, clean, freshly painted
- eat in kitchen, dishwasher
- 2 bathrooms/ updated 4 piece) and 3
pc. Bath
- laundry room, large family room
with woodstove
If interested please request
application at:
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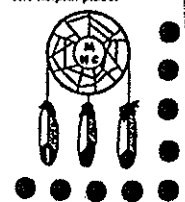
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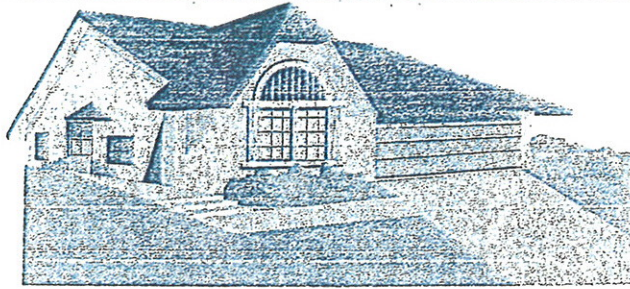
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