## TYPONAGA NEWSLETTER





Congratulations to all who are graduating this year.

Best of Luck in your future endeavours!!!

### WATER SAMPLES







If you wish to have your water tested (for bacteria and faecal only)
Please contact the CHR's at the Thayendanega Health Centre
prior to Wednesdays at 11:00 a.m. We will receive the lab results
within a week at which time you will be notified of your results.

967-3603

### In this Issue:

Administration Notices & Press Releases - front - 12

Health Centre : 13 - 15

Environment 16 & 17

Education - 18

Aboriginal Head Start, 19

Red Cedars = 20 = 22 = 1

Recreation • 23 & 25

Community Interest & Birthdays - 26 - 30

Upcoming Events 30 & 32

Classified : 83

Businesa Advertisementa - 34 - 36

Newsletter Deadline Monday July 24 12:00 noon 396-3424

> We're on the Internet www.tyendinaga.net (What's happening)



### **EUCHRE NIGHT!**

Do you have the time and like to play
Euchre and have fun?
Euchre Every 2nd Tuesday Evening at 7:30!
We have business meetings once a month!
If you are interested please call
396-6522 OR 967-4708
For more information

- 2 -

### MOHAWKS OF THE BAY OF QUINTE

R.R. #1, Tyendinaga Mohawk Territory, Ontario KOK 1XO Phone: (613) 396-3424 Fax: (613) 396-3627

June 28, 2000

### TO THE MEMBERS OF THE MOHAWKS OF THE BAY OF QUINTE FROM THE CHIEF

#### Se:ken Sewakwekenh

I hope that this report finds you in good health, good spirits and enjoying the summer season with your family.

### **Water Testing**

During the month of June, the Health Centre conducted water testing of approximately 55 community wells with a result of 9 testing positive for E-Coli bacterium. There are over 100 strains of E-Coli bacterium.

Council has authorized that all wells be tested in the community. I have requested funding from Neil Doherty, Health Canada to conduct additional sampling.

I encourage you to give your full cooperation to the Health Centre staff who will be gathering water samples.

Community members needing alternative sources of water may obtain water from the tap at the Bayshore Road Park.

### **Aboriginal Veterans**

On behalf of the Council and community, I wish to recognize the contribution and service of our Aboriginal veterans. On Aboriginal Day, June 21, 2000 our Aboriginal veterans received special recognition for their service in Ottawa. We join together to remember with deep appreciation your service and sacrifice defending liberty and justice for all.

### Aboriginal Day, June 21, 2000

On Aboriginal Day, June 21, 2000, two councillors and I attended a ceremony at Fort Henry in Kingston, where a plaque was given to our community to commemorate the historic Mohawk alliance in 1837. During the 1837 rebellion in Upper Canada, 90 of our Mohawk warriors traveled to Kingston to offer support to Sir Richard Bonnycastle against enemies of the Crown.

The event included a march past, a salute, a Mohawk hymn, a Mohawk prayer, Native dancing, inspection of the guard and a public viewing of the Queen Anne Communion Silver. I am reproducing a newspaper article for your information. I wish to thank Elder Lorraine Hill, Elder Ada Doreen, the Mohawk Singers, the Quinte Mohawk dancers and council members and Police Chief Larry Hay for their assistance in enriching the event.

### **Turton Penn Highway**

In 1996 the Council raised the issue of compensation with the Governments failure to obtain consent and compensate the Mohawks of the Bay of Quinte for the use of our land for highway purposes within the Turton Penn lease area. Research conducted by the MBQ research department confirmed the band did not give consent and was not compensated.

By letter dated March 25, 1997 the Department of Justice advised the Ontario Native Affairs Secretariat that there was an unextinguished interest in the Highway #2 lands within the Turton Penn area and that no compensation has ever been paid to the band or the Federal Crown on our behalf. It was also pointed out that Ontario must address its pass, present and future use of these lands and that the focus of the meeting should be on what terms and conditions are acceptable to the band prior to the Federal Crown giving effect to a Section 35 transfer of administration and control.

The Province of Ontario required the band to undertake counter research on the Turton Penn Highway issue. On October 24, 1997, the Council commissioned Public History Incorporated in Ottawa to complete the research report. The report was completed and presented to Council in November 1998. The report, a 50-page narrative of maps and documents, examined the authority for the highway and provided a good factual foundation to proceed. The Public History's report confirmed the validity of the band's research report and political position. The report cost was \$19,128.00.

The Council and I met on June 20, 2000 with the Ontario Native Affairs Secretariat, the Department of Indian Affairs and the Federal Department of Justice to continue discussions on the resolutions of the Turton Penn Highway issue.

At this meeting, the province tabled a report, the focus being the various methods of arriving at a compensation value for the use of former Highway #2 with the Turton Penn lease area. The various methods that were discussed are the following:

- 1) Value at Time This is an examination of the actual levels of compensation paid by the Ontario Department of Highways in the 1919-1921 and the 1961-1964 periods to the lease hold tenants within the Turton Penn lease area when the actual land acquisitions and subsequent widening and diversion of Highway #2 occurred. This approach examines and compounds the fluctuating rates of interest in order to calculate a bring forward value of that figure to current day values;
- 2) Current Value Method This approach would be based on examining what one would expect to pay today for the areas of land used in the 1919-1921 and 1961-1964 periods;

- 3 -

- Expropriation Value Method This approach would calculate the worth of the lands as if the Ministry of Transportion of Ontario expropriated them as part of its normal operational practice. The interest rate for this method is 6%;
- 4) The Loss of Use Method This approach would normally be used to considered factors related to the loss of potential profit or the upgrading of property from one use to another with it a corresponding in land value. This approach tends to be very speculative in nature and would be very difficult to implement because it relies on probability scenarios rather than actual factual situations. The Ontario Municipal Board serves as a provincial arbitration panel and is determined that loss of use is not a reasonable method to assess appropriate compensation levels; and
- 5) The Appraisal Method This approach presumes that based on a clear set of instructions where basic assumptions are set out where an independent party sets out to determine what is fair current market value for the property. The instructions usually set out whether the land is to be treated as en bloc, whether they are to be assessed against their highest and best use or their probable use in a historic context.

From the preliminary analysis, the best method of compensation for loss of use would result in a compensation figure of approximately \$211,934.00.

### **Proposed Solutions:**

Upon payment of satisfactory financial compensation and community consent, the Council proposed the following solution to allow the continued use of the Turton Penn Highway with the following conditions:

- 1) The band will retain title to the highway property;
- 2) The band will have access to the property on either side of the highway;
- 3) The Tyendinaga Police Services will have concurrent jurisdiction to police the highway;
- 4) The band will retain jurisdiction to pass bylaws for this property including the control of traffic speed limits; and
- 5) The band will grant the Ontario Government and its agents access and permission to maintain the road, and the public unhindered access to travel upon the road.
- 6) All utility companies using the property will have agreements acceptable to Council.

- 4 -

The Ontario Government officials indicated they required two months to discuss this proposal with their officials. During this time, the Council will examine in greater detail the financial compensation issue. During this time, the Federal Department of Justice will examine whether the federal instrument can include these conditions.

Another meeting will held in September 2000 to continue discussions on this matter.

### **Indian Commission of Ontario**

Over 20 years ago the Ontario Tripartite process was established to negotiate and resolve matters of mutual concern to Canada, Ontario and Native communities.

The Indian Commission was set up with a small support staff to support the Tripartite Council Grand Chiefs and Cabinet Ministers to discuss land claims, economic development, access to resources, jurisdictional matters, policing services, and self determination. Some success was realized in the early years with the conclusion of the Tripartite Policing Agreement and the settling of some land claims.

In the recent newsletters, I have informed the community that the Minister of Indian Affairs, Robert Nault, was withholding federal consent and not processing the required Federal Order-In-Council to renew the 5-year mandate of the Indian Commission of Ontario. Minister Nault and the Chiefs were displeased that the Ontario Government representatives failed to attend the meetings to contribute to the resolution of issues.

As a result, Minister Nault commissioned Bud Wildman and Grant Wedge to complete a thorough review of the Indian Commission of Ontario. The report was completed on May 31, 2000 and is entitled "Review of Tripartite Process In Ontario, At a Crossroads: Choosing Paths to First Nations' Self-Reliance." This is an 83-page report and may be obtained from Sandy Green at the Administration Office.

The mandate of the commission expired on March 31, 2000.

From March 31, to May 31, 2000 consultations were conducted with the Chiefs of Ontario.

The Honourable James Flaherty, Ontario Minister responsible for the Native Affairs declined to participate in this review.

The Federal/Provincial and First Nations leaders recognize that there is a great deal of work to do to develop decision making institutions which will enable the strengthening of economies in First Nations.

Continued....

- 5 -

In the process Indian leaders are determined to ensure that the fundamental treaty relationship will continue to be respected. In recent years, the Supreme Court of Canada decisions have clarified the contemporary meaning of the constitution guarantee of Aboriginal treaty rights. The courts have encouraged governments to negotiate new arrangements with First Nations respecting our rights.

Native leaders want to regain control of our destiny and contribute to self-reliance by working out realistic, practical and workable arrangements on a government-to-government basis. Ontario has not yet developed a First Nations self-determination policy. However, it would seem that both the Federal and Provincial governments appear to share a common goal of encouraging economic partnerships and growth. Canada and Ontario are committed to negotiating settlements to land claims and improving economic development.

It is recognized that significant benefits are derived from public education programs about First Nations issues, claims and aspirations and achievements. There is a great deal of public education work to be done in all sectors of society. The Secretariat should be mandated to develop and deliver an ongoing dynamic communication strategy.

Many leaders became disillusioned with the Indian Commission of Ontario because it took too long to analyse claims and for the government to make a decision to negotiate.

Most Native leaders support reform of the Tripartite process in the Ontario.

The Wildman/Wedge report recommends the following:

- 1) Replace the Ontario Tripartite process with a new First Nations-Canada-Ontario Forum which would be managed by a Senior Management Committee;
- 2) The parties to the new Forum renew their commitment to meaningful dialogue and be decision oriented;
- 3) The new Forum established Sectoral Tables to negotiate issues;
- 4) A Secretary General be appointed to report annually to the Forum, to the Standing Committees of Parliament and the Legislative Assembly of Ontario and the Chiefs in Assembly outlining what has and what has not been accomplished and the reasons why in the report; and
- 5) That an Economic Opportunity Circle be developed with representatives from First Nations, Business and Government, to foster economic partnership and growth. The Ontario Regional Chief, Federal and Provincial Ministers and a prominent Corporate Chief Executive Officer should convene the circle.

- 6 -

While many First Nations' leaders support a renewed Tripartite process, other leaders argue for a bilateral treaty based process with the government. The Commission looked at setting up a Treaty Office. The Treaty Officer would refer any matter the parties agree might effect provincial jurisdiction to the First Nations-Canada-Ontario Forum for its consideration.

The report recommended the federal provincial governments make a commitment for sufficient funding to operate the Forum, the Economic Opportunity Circle and Secretariat, according to the objectives and priorities of a five year business and annual work plan. Canada alone would be responsible for funding the Bilateral Treaty Circle.

Minister Nault will be seeking the views from the Chiefs before acting on any of these recommendations. It is expected the Chiefs will be convening an All Ontario Chiefs' summit by mid autumn 2000 to discuss the various options.

Since the mandate of the Indian Commission of Ontario expired on March 31, 2000, the report recommended the appointment of an Interim Senior Management Committee to reactivate the negotiations on important issues that require facilitation and mediation.

The community will appreciate that all these matters are still under discussion and any proposals accepted would require significant dialogue and consent of the participating parties.

### Casino Rama Funding

On June 30, 2000, the Canadian Imperial Bank of Commerce will conduct testing of the electronic transfer of Casino Rama funds to the various banks of the First Nations. It is expected that Tyendinaga will receive the funds early in July 2000.

The amount that will be transferred will be \$5,184,375.00 based on a population of 6,963 as at March 31, 2000. This represents the band's portion of the funds since the Casino opened in 1996.

The Council will meet on July 4, 2000 to begin the first step of the development of an expenditure/investment plan for the funds.

At a later date, the plan will be presented to the community for input, discussion and ratification. It will be necessary for the Council to obtain up-to-date engineering information about the cost of a variety of capital infrastructure proposals.

### **Graduating Students**

On behalf of Council and the community, I wish to offer congratulations and best wishes to all of our graduating students. We are proud of your accomplishments and diligence to your studies. We join together to wish you well as you continue your education at institutions of higher learning. Keep up the good work!

Continued....

- 7 -

### Summer Students

The Council and I wish to congratulate the following summer students for being successful applicants and wish them an enjoyable and summer working experience in their positions:

Jr. and Sr. Sports Camp

- Matthew Brant Donna Lloyd Nicole Loft

Mohawk Language Camp Counsellors- Amy Green

Chris Brinklow Kevin Brant

Daycare Teacher's Assistant QMS Maintenance Worker Fire/Roads Maintenance Worker

Christa Maracle

Dan Brant

Lyndsey Green Nick Leween

Summer Storytime Co-ordinator

Shannon Carr-Braint Kristen Hill

File Clerk/Finance Dept. Records Clerk

Tina Somerville

Jr. Social Services Clerk Historical Projects Co-ordinator

Matt Somerville Melissa Maracle

Technical Student **Environmental Student**  Dylan Hill Andrew Maracle

Iroquois Social Dance Group Co-ord. - Josh Brookes

Network Assistant Home Support Maintenance Worker - Jesse Hill

Justin Green

Community Access Prog./Library

- Cory Brant-Parkin

### **The Assembly of First Nations Conference**

Councilor John Maracle and I attended the Assembly of First Nations conference on the Joint initiative for policy development on issues that effect Lands and Trust Services. The conference was held at the Winnipeg Convention Centre from June 6 - 9, 2000.

A number of important topics were discussed which included the Crown Fiduciary, Indian monies, Environment, Additions to Reserve Policy, Membership, and the Election Process.

1) The Crown Fiduciary - The conference recognized that there is a great deal of research that is required to be completed on the Crown Fiduciary. For decades, Indian leaders have maintained that certain services are the Crown Fiduciary responsibility. The Joint Initiative examined Public Accounts data from 1981 to 1988 to obtain historical costs on services. It was recognized that there was a need to establish standards of performance for service delivery, to determine on what basis the services is funded, redress and accountability factors. Many Chiefs discussed at length that when the Federal government off-loaded services to band control there was insufficient administration dollars transferred;

- 8 -

2) Indian Monies - The Government of Canada has 1 billion dollars of Indian monies on deposit with the Receiver General. An amount of 800 million belongs to Alberta bands for oil and gas resources. Other amounts going into trust are from timber royalties, sand and gravel and land leases. Some of the money on deposit belongs to individual members of First Nations. The Government of Canada set the interest rates of return on these investments.

The current rate of interest paid by the government is 6.1%. The Chiefs are concerned that the money could be invested in other investments and earn a higher rate;

- 3) Additions to Reserve Policy Many of the leaders were concerned that the current addition to reserve policy was too restrictive. Under the current policy land added to the reserve must be adjacent to the existing land base. For economic development purposes communities often want to purchase land that is not adjacent to the land base. The funding to deal with land grievances is inadequate and the Federal Order-In-Council to enlarge reserves takes too long.
- 4) Environment Environmental conditions can produce significant health problems in First Nations communities. First Nations community leaders must plan their communities in an environmentally responsible manner, give particular attention to our built environment such as roads, sewage systems and dump sites. Much of the built environment in First Nations communities is in substandard condition. There is much clean up work for past mistakes. We must do a better job governing our activities and become pro-active in managing the environment in our communities. First Nations need a authority to deal with environmental issues occurring on traditional lands that could impact on the community;
- 5) Membership In general, eligibility for registration under the Indian Act is based on descent from, or adoption by, registered Indians.

Section 6 of the Indian Act describes who is entitled to registration.

- 6(1)(a): Those registered or entitled to be registered prior to April 17, 1985
- 6(1)(b): Members of groups declared to be new bands by the Governor In Council
- 6(1)(c): Women who lost status by marrying non-Indian men
- 6(1)(c): Those enfranchised because their mother married a non-Indian
- 6(1)(c): Those whose non-Indian father resulted in removal or omission
- 6(1)(c): Those omitted or deleted because of double mother clause
- 6(1)(d): Those voluntarily enfranchised through application
- 6(1)(e): Those who, before 1951, were removed because of residence outside Canada for 5 years without written consent

Continued....

- 9 -

6(1)(e): Those who, before 1920, were automatically enfranchised because they acquired university degrees or became qualified to practice a profession

6(1)(f): Persons whose parents are registered or entitled

6(2): Persons who have one parent who is registered or entitled Descendants of scrip-takers can now be registered if they fit into Section 6.

A great deal of the discussion surrounded the gender inequality under the Indian Act, the need to review Bill C-31, and whether acquired rights should lose status upon divorce.

Many of the Elders voiced that Indian Act status membership system is an infringement on the treaties. The benefactor of treaties are the blood line descendants of the signatories of the treaties. The Indian Act system does not recognize all of the blood line descendants of the treaties.

6) Elections - Leadership selection lies at the very heart of self-determination. The Indian Act has been Canada's primary tool for interfering with, and suppressing First Nations systems of government. The Act is inconsistent with Aboriginal and treaty rights. It places too much power in the Minister, INAC and Cabinet.

Many First Nations would like to secure financial resources to develop alternative options of the leadership selection.

The Department of Indian Affairs and First Nations agree that there is a fundamental need for change.

In general, First Nations are characterized by kinship based social orders having a close and spiritual relationship with the land. European systems of government are characterized by a hierarchical state structure of strangers governing strangers with a utilitarian approach to the land.

Section 74 to 80 of the Indian Act deals with the election system. The Indian Act also recognized band custom selection. Any community wanting to convert to a band custom has to summit a proposal to the Department of Indian Affairs.

### **Summary of Conference**

For many decades the government has imposed its laws and policies on Indian people. This conference provided a rare opportunity for First Nations leaders to discuss options to modernize federal policies. The conference also assessed the two years of work of the AFN-INAC Joint Initiative process for reform on the Lands Trust Services sector of the INAC. The Joint Initiative addressed policy reform and not legislative reform.

National Chief Phil Fontaine commented that this meeting was the beginning and part of a long process. - 10 -

The LRT Joint Initiative policy reform process covers 21 subject matters which are key parts of the Indian Act. The process must also respect the treaties. Many leaders were mainly interested in treaty implementation which deals with jurisdictional control over land, children, health, resources, justice and education.

Native leaders are seeking a relationship with government that is based on equality and respect and a process that is committed to decolonization.

The Joint Initiative will be further discussed at the AFN Assembly in July 2000 in Ottawa.

### **Chiefs of Ontario Meeting**

1 attended the Chiefs of Ontario meeting at the Couchiching First Nations on June 13, 14 & 15, 2000.

Day 1 and day 2 of the conference dealt with the selection of the new Regional Chief. Charles Fox was selected by a standing vote for the Ontario Regional Chief. Other candidates for the Regional Chief position were Eugene Manitowabie, Tom Bressette, George Kakeway, Earl Commanda, Larry Sault and Goyce Kakegamic.

The Minister of Indian Affairs, Robert Nault, addressed the conference. The Minister committed that Economic Development is a high priority and he will establish an effective Ontario Tripartite process. Minister Nault restated his expectation that First Nations Council would be accountable, transparent with redress mechanism for community members. Mr. Nault said that he supports First Nations communities that have stable governments.

Minister Nault priorities are listed below:

- Deal with past grievances in non-adversarial approach by government;
- 2) Address issues stemming from the residential school legacy;
- 3) Settle specific claims. Minister Nault is proposing an Independent Claims Commission. By September 2000 Minister Nault wants to be informed whether the Chiefs support the Independent Claims Model and whether he should proceed to Parliament for approval. This issue will be discussed at the AFN conference in July 2000 in Ottawa;
- 4) Create an Aboriginal economy. Minister Nault indicated the 75 million dollars would be available for strategic investments with 100 million available next year. Minister Nault supports partnership with the government and private sector to enhance Aboriginal economic development;
- 5) Good governance. Minister Nault pointed out that stable, progressive governments with good policies attracts investment;

Continued....

- 11 -

- Modernize the Indian Act. Minister Nault pointed out that the Supreme Court will continue to strike down sections of the Indian Act that fail to comply with the Chartered of Rights;
- 7) Define a Modern Treaty Relationship. Minister Nault is in support of restoring the mutual respect that was intended to exist with the Treaty relationship. There is a strong Tripartite component in the Treaty relationship. Some provinces are actively engaged in discussions, while some provinces, like Ontario, are very cautious;
- 8) Establish an effective Ontario Tripartite process. This would deal with issues such as the Child Family Services Act, access to resources, policing, self-determination negotiations, effects a municipal restructuring and additions to reserves. Minister Nault is not renewing the Indian Commission Ontario mandate until a more effective Ontario Tripartite process can be established. Minister Nault indicated that Ontario had only completed 18 additions to reserves during the last 5 years while Saskatchewan had completed 80; and
- 9) Need for public education. Minister Nault recognized that most Canadians are unfamiliar with First nations aspirations and that through public education a certain level of comfort could be developed among Canadians on the Aboriginal agenda.

At the conference we also discussed the Chiefs of Ontario restructuring, the Aboriginal Financial Officers Association, education, Casino Rama issues and Ontario Works.

### Ontario Works

Social services are provided to Ontario First Nations through the 1965 Ontario-Canada Welfare agreement. The federal government pays for 93% of the Welfare costs.

There is currently a three month moratorium for the period July 1 to October 1, 2000 on the implementation of Ontario Works for First Nations communities. This will provide an opportunity for Chiefs to be consulted about the numerous problems encountered in implementing Ontario Works in First Nations communities due to the lack of an economic base.

Minister Nault has not ruled out the possibility of a bilateral agreement to provide social services to First Nations communities.

### Mortgage Foreclosure

On June 12, 2000 Council met with the band's lawyer, Mr. Rolf Renz, to discuss mortgage foreclosures. Mr. Renz is drafting a foreclosure policy for Council's consideration.

- 12 -

#### Mike Mitchell's Border Crossing Case

Council and I attended to hear the final submissions that were made at the Supreme Court of Canada on June 16, 2000 by lawyers representing Mike Mitchell, the Assembly of First Nations, PTOs representing Atlantic Canada, the Federal Government and the provinces.

I noted that the lawyers representing the Federal and Provincial Governments remain adversarial and hostile to the recognition of the Aboriginal people's right to cross the Canada/USA border with their goods exempt from customs and duties.

I also noted that the lawyers representing the Aboriginal Peoples had an excellent command of Aboriginal history and the historic relationship with the Crown, which was presented well in their submissions.

No decision was rendered by the Supreme Court judges and the court will hand down its decision at a later date.

### **Policing**

Council and I met with Charles Cornelius and Sharon John, from the Association of Iroquois and Allied Indians, and Police Chief Larry Hay on June 27, 2000 at the Council Chambers.

The province has now been given a mandate to negotiate a new Tripartite Policing Agreement. There have been preliminary discussions to scope out issues for the negotiations.

The issues that have to be dealt with are:

- Police service that is responsive to community needs and the necessary resources to meet that need;
- 2) Wage parity for police officers;
- 3) Capital dollars and infrastructure;
- 4) Officers safety;
- 5) Police complement; and
- 6) Jurisdictional issues.

The Federal Government currently owes the province 2 million dollars for policing services rendered to date. The Tripartite Policing Agreement expired March 31, 2000 and the Federal Government has no authority to pay the outstanding invoice. It is expected that the negotiations will take place this fall and be completed by March 31, 2001.

The Council must decide within the next few weeks which model of policing to support. The three options are OPP administered policing services (similar to what we currently have), a stand alone police force (community administered) or a regional police force model (administered by a police commission comprised of representatives from each community). Council has authorized Police Chief Larry Hay to provide technical support to our negotiator Charles Cornelius in these discussions.

- 13 -

### **Building Codes**

On May 31, 2000, Council approved to adopt the Ontario First Nations Illustrated Housing Code as a bylaw.

### **MBQ Organizational Structure**

On May 31, 2000, Council approved to utilize Dr. Hamblin's organizational structure as a guide in the restructuring process.

### **Environmental Committee**

On May 31, 2000, Council approved the appointment of Susanne Brant to the Environmental Committee and wish to thank her for her willingness to serve the community.

### **Iroquois Water**

On May 31, 2000, Council approved to issue a support letter for Iroquois water to community members.

### **Landfill Site**

On May 31, 2000, Council approved to undertake a waste management study to evaluate current operations at the landfill site, determine remedial actions and develop a long term waste solutions and supported the proposal submitted by XCG consultants in the amount of \$48,255.00. Council also will be requesting that this study will be cost shared with 50% from Indian Affairs.

### **Swimming Pool Account**

Several years ago Community members raised funds for a swimming pool for our community. On May 31, 2000, Council approved that the balance of \$714.15 would continue to be held In Trust for a community swimming pool. I would like to thank Mildred Maracle, Treasurer for releasing the funds to the band to be held In Trust.

### **No Smoking Policy**

On May 31, 2000 Council approved that all band buildings will be no smoking. No smoking signs will be erected in the Mohawk and English language. Please note this also applies to the Mohawk Community Centre.

### Gaming

Council needs to set up an administrative process to deal with gaming issues in the community. The Ontario Alcohol and Gaming Commission has obtained an Order-In-Council to enable the Council to administer certain aspects of charity gaming.

- 14 -

### Ohwistha Capital Corporation

On June 19, 2000 Council approved to appoint Murray D. Maracle as the band representative on the Board of Directors of the Ohwistha Capital Corporation for a two year term, ending March 31, 2002. I wish to thank Murray Maracle for his willingness to serve the community.

### Kagita Mikam Board

On June 19, 2000 Council approved to appoint Karen Brant-Jones and Tanya Maracle as the band representatives on the Kagita Mikam Board of Directors. I wish to thank Karen and Tanya for their willingness to serve the community.

### Council Donations

The following is a list of donations approved by Council in June 2000:

- 1) Bay of Quinte Tourist Council \$750.00
- Tyendinaga Braves Mosquitos and Pee Wees hardball teams
   \$500.00
- 3) Arnold J. Brant Memorial Golf Tournament Buffet \$2,000.00 and utilization of 2 buses
- 4) Youth Lacrosse Program \$2,000.00
- 5) Waive Community Centre fee for Home Support Dinner and Mohawk Language Camp

### **CMHC**

On June 19, 2000 Council approved to request the Minister of Indian Affairs to guarantee a \$500,483.00 Canada Mortgage and Housing loan. The money will be used to construct 5 rent geared to income rental units.

### **Oral History Project**

On June 19, 2000 Council approved to have Peggy Blair, Lawyer, draft terms of reference for the Oral History Project. The band's terms must be agreed to by the Ministry of Natural Resources before Council will accept any Ministry of Natural Resources funding for this project.

### Congratulations

I wish to congratulate the Reverend John Maracle on the occasion of his 25<sup>th</sup> anniversary of ordination to the Ministry on May 13, 1975 in the Assemblies of God.

I hope that you find this report informative and that you enjoy the summer activities with your friends and family.

Nia:wen

Donald marale

R. Donald Maracle, Chief Atoroseri:io Wolf Clan

ORINAR OF THE DAY

"We stood fast, loyal to the British Crown." Tyendinaga Mohawk Chief R. Donald Maracle.

Mohawks given full recognition for aid to Britain in revolutionary wars

## A proud day for Tyendinaga

By Derek Baldwin The intelligencer

KINGSTON It's been almost

two centuries coming.

But brothers in arms reunited Wednesday to officially celebrate the pivotal role Tyendinaga Mohawks played while fighting alongside British Red Coats to beat

back challengers to the Crown.

In a moving ceremony, for the first time Old Fort Henry's soldier arrst time Old Fort Heary's soldier guard offered a ceremonial thank-you to an assembly of local Mohawk political leaders and elders for the fierce protection offered Loyalists by natives in the American Revolution and the War of 1812.

It was the first time Old Fort

It was the first time Old Fort Henry bestowed the honour on local Mohawks since the fort opened to the public in 1938.

Virtually unrecognized since their last call to duty to help put down the 1837 Upper Canada Rebellion, Tyendinaga Mohawks were received like royalty inside the high limestone walls overlook-

were received like royalty inside
the high limestone walls overlooking the Lake Ontario entrance to
the city yesterday.

And for good reason.
There, clearly emblazoned on
the brilliant colours of the official
Fort Henry flag flapping in the
parade square, was inscribed the
insignia of all regiments who were
agragicated at the fort over the garrisoned at the fort over the decades, including the little-known golden scroll embroidered with the name Tyendinaga Mohawks

The flag, yesterday provided a touchstone for two peoples with proud ancient bloodlines who once gain reached out to embrace each

again reached out to embrace each other.

Dressed in full period military regalia, Lance Cpl. Kris Bonnycastle Bruun presented Chief R. Donald Maracle with a miniature framed version of the fort's colours as a long overdue reminder that they once fought for the same ideals. Maracle also donned the deerskin garb of his forefathers, appointed with feathers and a beaded headband.

The handing over of the gift was a special moment for both, given that Maracle is a Mohawk descendant of First Nation peoples who settled just east of Belleville in 1784 on lands granted by England. Bonnycastle's

by England. Bonnycastle's antecedent is Sir Richard Bonny-castle, commandant in Kingston in charge of defences in the early

According to Sir Bonnycastle's writings, he asked Tyendinaga Mohawks to assist him in the 1837 Rebellion and "as soon they heard that their enemics threatened once more the British dominion, they harnessed their little wagons and leaving only the women and children, the feeble and the aged of their tribe, drove into Kingston, 90



Old Fort Henry Lance Cpl. Kris Bonnycastle Bruun, left, thanked Chief R. Donald Maracle of the Mohawks of Bay of Quinte for the loyalty of local natives' ancestors fighting those who opposed the Crown.

in number with the old Union Jack

proudly floating over them to offer their services to me."

The heroic admiration by his grandfather of the Mohawk peo-ples made Bruun — who works as a guard at Old Fort Henry — cher-ish Wednesday's sense of occasion as no other as no other.

"Everything felt so right about presenting that gift today," said 20-year-old Bonnycastle. "We can learn much from the bonds of the past. This is so necessary to get back to our ancestry. It was truly an honour to say thank you, to stand beside Chief Maracle for the courage of his people," said Bruun. "I'm just overwhelmed, it's been quite a day."

Maracle, too, echoed the emo-tion saying he was "pleased soci-ety can pause for a few moments for reflection on the contribution of our ancestors. It was a military we brothers-in

arms. It's nice to see the St. Lawrence Parks Commission has taken a great deal of effort to rec-ognize the history of our ances-

"We stood fast, loyal to the British Crown. I think without the participation of the Mohawks, his-

very differently," said Maracle.

After the ceremonies — which included a march-past by the guard, the recitation of a Mehawk guard, the recitation of a Mohawk prayer and an aboriginal hymn sung by the Quinte Mohawk Singers — Maracle and Bruun clasped firmly each other's hands in a traditional Mohawk hands with broad smiles spreading across their face.

Maracle said he would like to reciprocate by inviting Old Fort Henry soldiers to Tyendinaga Mohawk Territory.

The reflections of the two men could be seen in the rarely-seen

glow of the Queen Anne Communion Silver, originally presented by the Crown to four Mohawk chiefs of the Iroquoian Confedera-cy in 1710. The silver was secreted out of the United States after the American Revolution to Tyendina-ga and remains a vital piece of native historic treasure.

The silverware was viewed by almost 2,000 people who attended Fort Henry to take in the event held in conjunction with National Aboriginal Day

As part of a daylong celebra-tions, natives gathered around a massive drum for ancient songs and chants to the hypnotizing beat of the tom-toms. School children from across Eastern Ontario attended via a wagon train of buses to learn about native stud-

ies.

The day was made possible by a group calling themselves an organizing circle comprised of

Mohawks from Tyendinaga and Katarokwi (now Cataraqui) as well

Ratarokwi (now Cataraqui) as wein as Algonquins from Sharbot Lake.
Eartha Marx is a member of the circle and said the day is just "a beginning to better the relationship between the fort and the aboriginal community. What we were trying to do is repair and build bridges that is long overdue. We're trying to do is repair and build bridges that is long overdue. We're looking at 160 years of history that has not always been pleasant, positive—this needs to happen."

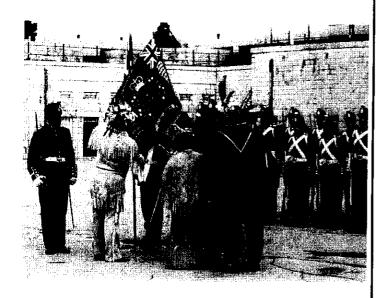
"The Mohawks had a very unique relationship with the British, hopefully we can keep that going well into the future," said Marx.

John Robertson fort manager.

John Robertson, fort manager,

John Robertson, fort manager, admitted the thank-you to Tyendinaga should have been issued many decades ago.

"It's long overdue for two bloodlines after all these years to reunite a relationship that was very strong," said Robertson.



### Point of Education Pride

Do you have dreams and visions of being a teacher, physician, environmental scientist, biologist, lawyer, weather person, social worker, nurse, pharmacist, geologist, computer programmer, or research specialist? Are you looking for a university or college that will fulfill your vision and dream.

See Patti General and Sandy Maracle

in Post Secondary Education. They are there to help fulfill Visions and Dreams.

### THANKS

Sandy and Patti for helping our young people aspire to success.

<del>De</del>fore I went away to university my grandfather, Mark took me aside. He told me, "John, you can have all the education in the world, all the book knowledge. I want you to do well, but if you don't have the common sense, God gave a goose, you are useless.

Don't be useless."

### LESSONS FROM THE GEESE, "TEWE'NNIA'KE SHONA" LESSON 5

When a goose, "tewe'nnia'ke", gets sick, wounded or shot down two geese, "twew'nnia'ke'shona".

drop out of formation and follow it down to help and protect it. they stay with it until it is able to fly again or dies. Then they launch out on their own with another formation, or they catch up the flock.

If we have as much sense as geese, "twew'nnia'ke'shona", we too will stand by each other in difficult times as well as when we are strong.

FOR MORE INFORMATION ON MORTGAGES THROUGH THE BANK OF MONTREAL PLEASE CONTACT: CAROL REYNOLDS AT 967-4307

#### **BUILDING LOTS FOR SALE**

JUNE 28TH, 2000

THE CHIEF AND COUNCIL FOR MOHAWKS OF THE BAY OF QUINTE HAVE DECIDED TO POST 4 LOTS FOR SALE LOCATED ON # 2 HIGHWAY EAST OF SHANNONVILLE ONTARIO. IT WAS FORMERLY TURTON PENN PROPERTY

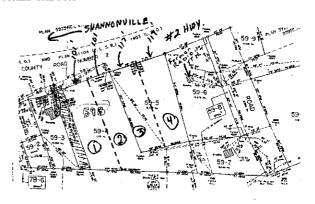
THE LOTS ARE LOCATED DIRECTLY WEST OF THE FORMER RADIO STATION PROPERTY AND MEASURE APPROXIMATE FRONTAGE OF, 2 LOTS ON THE WESTERN END OF THE PROPERTY AT 101 BY APPROXIMATELY 335 DEPTH. THE TWO LOTS ON THE EAST SIDE MEASURE 117.5 + OR - FRONTAGE WITH A DEPTH OF APPROXIMATELY 364 FEET.

THE MOHAWKS OF THE BAY OF QUINTE COUNCIL CANNOT GUARANTEE POTABLE WATER ON THESE LOTS BUT WILL SURVEY THE LOTS UTILIZING THE SERVICES OF A LOCAL SURVEY TECHNICIAN.

THERE IS A MINIMUM BID SET PER LOT. THIS PRICE IS BASED ON THE LOW END OF CURRENT RESIDENTIAL BUILDING LOT PRICES ON THE MOHAWK TERRITORY.

ANYONE WHO MEETS MEMBERSHIP CRITERIA AND IS ENTITLED TO HOLD LAND ON THE MOHAWK TERRITORY MAY SUBMIT A BID IN A SEALED ENVELOPE MARKED "SHANNONVILLE PROPERTY BID" NO LATER THAN JULY 21ST AT 4:30 PM. AT THE MOHAWK ADMINISTRATION OFFICE, 13 OLD YORK ROAD DESERONTO ONTARIO, KOKIXO AND MAKE IT TO THE: ATTENTION OF CHIEF AND COUNCIL.

SEE ATTACHED SKETCH"





### MOHAWKS OF THE BAY OF QUINTE

R.R. #1, Tyendinaga Mohawk Territory, Ontario K0K 1X0 Phone: (613) 396-3424 Fax: (613) 396-3627

June 23, 2000

Mrs. Carlene J. Smart C.E.O. Three Sister's Distributors Distributor's of Iroquois Water 222 Bell's Side Road Tyendinaga Territory, Ontario KOK 1X0

Dear Mrs. Smart:

On behalf of the Tyendinaga Mohawk Council, I would like to congratulate you on opening Three Sister's Distributors, Distributor's of Iroquois Water.

The Mohawks of the Bay of Quinte supports economic development and Iroquois Water being distributed on the Tyendinaga Mohawk Territory.

Good luck with your endeavours.

Sincerely,

O maly marge

R. Donald Maracle Chief

#### CHIEFS OF ONTARIO



**URGENT** 

Via Fax (416) 325-5221

June 29, 2000 Toronto, Ontario

Honourable John Baird, MPP Minister of Community and Social Services 6th Floor, Hepburn Block Queen's Park Toronto, ON M7A 1E9

Re: Ontario Works

Dear Minister Baird:

My understanding is that there is an agreement in principle among ell parties in the Mushkegowuk case to extend the Ontario Works opting-out deadline for First Nations from July 1, 2000 to October 1, 2000. A draft consent order to this effect should be filed with the Court of Appeal today or tomorrow.

Assuming the consent order is issued, I would like to take this opportunity to state the general position of Ontario First Nations. This is based on Resolutions passed at the recent All Ontario Chiefs Conference in Couchiching.

First Nations that do not opt out, whether before or after July 1, should not be taken as endorsing Ontario Works. On the contrary, most First Nations are adamantly opposed to significant components of the legislation and program. During the extension period and beyond, most First Nations are only prepared to deliver the financial or social assistance component of the program. This will continue to be on a strictly without prejudice basis.

The three (3) month extension provides an opportunity for all three (3) levels of government to engage in an intensive discussion of First Nation social assistance programming. First Nations will be interested in reviewing a range of options. including increased flexibility within the current system, bilateral structure, and assertion of First Nation jurisdiction. A pilot project or two may be appropriate. In all models, a bottom line for First Nations will be to maintain and then enhance current funding formulas and levels. The tettus of reference for the tripartite process should be finalized immediately after the

I look forward to your cooperation

Sincerely,

Charles Fox



Iroquois Tea Room

"With a unique Luncheon Menu...

Open every Thursday, Friday & Saturday 10:30 am - 2:30 pm

> Located at Spirit Alive #777 Hwy. 49 Deseronto

in an relaxing atmosphere" Phone (613) 396-1435



### MOHAWKS OF THE BAY OF QUINTE

R.R. #1, Tyendinaga Mohawk Territory, Ontario K0K 1X0 Phone: (613) 396-3424 Fax: (613) 396-3627

June 30, 2000

SENT BY FAX

Honourable John Baird Ministry of Community and Social Services 6th Floor, Hepburn Block Toronto, Ontario

Dear Minister Baird:

s follow-up to the letter and Mohawk Council Resolution sent to Ms. Cliodhna McMullin dated June 22, 2000, the Mohawks of the Bay of Quinte would like to participate in the three-month moratorium from July 1 to October 1, 2000, in support of tripartite discussions.

This is also to advise you that the Mohawks of the Bay of Quinte will continue to deliver the financial component of Ontario Works, but this is not to be construed as consent to Ontario Works.

I look forward to reaching a mutually agreeable settlement of this issue.

Sincerely,

Donald marsele

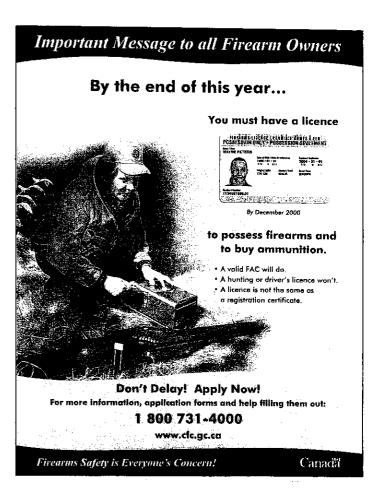
R. Donald Maracle

/am

attach.

c Honourable Robert Nault, Minister of Indian and Northern Affairs Canada Charles Fox, Ontario Regional Chief - Chiefs of Ontario
Kim Martin, Social Services Director - Association of Iroquois & Allied Indians

Tyendinaga Mohawk Council Patty Brant, Welfare Administrator



### SUMMER **Employee Introductions**

She:kon. My name is Gabrielle Doreen. I am pleased to be this year's Summer Camp Coordinator, Currently I'm in my second year of the Early Childhood Education Program at Loyalist College. In the past I have been involved with the Play Group Program as a Resource Teacher. I enjoy working with children, parents and community members. I am looking forward to a fun and exciting summer.

She:kon. My name is Kawesio:io / Chris Brinklow, I am one of the three Mohawk Language Camp Counsellors. I will be returning to Moira Secondary School for my last year. I have taken Mohawk Language through my entire school career. I enjoyed working with children last summer and I'm looking forward to another excellent summer. Nia:wen.

She:kon, my name is Kanerahta:ie'shon / Amy Green. I am one of the three counsellors for the Mohawk Language Daycamp. I am hoping to attend college or university this fall. I really enjoyed working with the kids last summer and am looking forward to making this summer a great experience for the kids! Nia:wen.

She:kon, I am Wakio / Mathew Brant. I'm one of the three counsellors for the Summer Sports Camp. I will be working with Donna Lloyd and Nicole Loft. I am a fun and easygoing individual that loves to play just about every sport that I know. I am a very good team player and have very good leadership qualities. I just love to be around children. I am looking forward to working with my fellow counsellors and children this

She:kon. My name is Nicole Loft and I am one of the three chosen for the Summer Sports Camp. I will be working with Donna Lloyd and Mat Brant. I am happy I got the opportunity to work with the children of our community. I enjoy working with children and am a good team player. I enjoy most sports and I am looking forward to spending the summer with the children and other counsellors. I will be taking Early Childhood Education in September at Loyalist College.

She:kon. My name is Kevin Brant and I am one of the Mohawk Language Day Camp Counsellors for the summer. I am currently taking Native Studies at Trent University. I look forward to sharing my knowledge and enhancing your childs vocabulary of Kanienhaka. I am grateful to have the opportunity to work with the children of our community. Nia:wen.

### RED CEDARS **EMPLOYEE INTRODUCTION**

Hello, my name is Connie Reed and I am happy to be the new Counselor at Red Cedars Shelter. I look forward to seeing some familiar faces as well as meeting new ones, and hope to be an asset to the shelter as part of a good team. In the past, I have worked as a Counselor at the Deseronto and Area Community Resources Centre, and been at Alternatives in Picton. I graduated from the Social Services Worker Program at Loyalist College. I have five children, four sons and a daughter who range in age from 24 down to 10 years old. I am grateful to have the opportunity to work at the shelter, learn new things and meet new people!

RED CEDARS IS LOOKING FOR CASUAL RELIEF

IF INTERESTED PLEASE CALL: 962-2003 ASK FOR BETTY OR HOLLY

THE SENATE OF CANADA THÉ HON, THELMA J. CHALIFOUX



LE SÉNAT DU CANADA L'HON, THELMA J. CHALLEOUX

Senator Calls For Faimess in Aboriginal Hiring Practices and for A New Relationship Between Aboriginal Peoples and the Government of Canada

tor Theima J. Chalifoux today expressed concem and alarm over the rapid deterioration in the relationship between Aboriginal Peoples and officials of the Government of Canada and the lack of fairness in Aboriginal hiring practic

In a comprehensive paper submitted to members of the Senate the Senator advocates proposals to improve the delivery of employment and the status of employment services for the Aboriginal community currently provided by the Government of Canada. The paper includes 37 issues that highlight today's crisis in the relationship between the federal government and Aboriginal peoples.

Senator Chalifoux, who has recently become the chair of the Senate Aboriginal committee, said that there is an immediate need for a new understanding among all the players who are involved with land claims that are not settled and with the development of self government

The orthodox employment-equity approach to human resource management may no longer be appropriate given changing demographics and expectations. The selfgovernment and partnership principles of Gathering Strength and the newer models of delivery systems for key Aboriginal programs like Aboriginal Head Start, the Aboriginal Homelessness Strategy, the Aboriginal Healing Foundation, the Aboriginal Languages Institute, the Aboriginal Health Institute, and the Aboriginal Human Resources Development Strategy point to a huge demand for a new culture and competence in federal officials

In the area of hiring in the public service both senators have expressed great concern hat Aboriginal applicants have not been given employment possibilities consiste number seeking positions in the public service. They are calling on the main playe Commission and the Secretary of the Treasury Board - to produce a new human resources strategy to give the Aboriginal community a fair share of the employment

The Aboriginal response to the changing relationship has been a call for an increase in informed consent when participating in negotiations, increased litigation in response to arbitrary decision-making, hightened frustration with provincial devolution, and mor pressure for accountability when specifically addressing Metis, Inuit, and First nation

The two Senators also stress the need for more Aboriginal peoples to be involved in the management of program-delivery. 'It is urgent that this need be addressed', according Senator Chalifoux, 'so that Aboriginal people can share fully in the benefits of the Canadian economy that are currently enjoyed by non-Aboriginal Canadians'.

For more information contact : Thelma J. Chalifoux : 613-943-0445 Patrick Apikan : 514-951-5644

#### MUSEUM EDUCATOR Full-time appointment

The Iroquois Indian Museum of Howes Cave, NY is seeking a qualified educator to teach and conduct programs for the public. The preferred candidate will have a first-hand knowledge of the culture, arts, and crafts of the Iroquois, and have experience in working with young people and a desire to meet and work with people of all sees.

working with young people and a desire to meet and work with people of all ages.

The selected candidate will receive 10 weeks of paid training. Salary is based on experience. The Museum offers individual medical and dental insurance, vacation pay, and the opportunity to join a 403(b) Tax Sheltered Annuity Plan. Applicants must be U.S. citizens or have the legal right to accept employment in the United States.

Interested candidates should send a letter of interest, resume, and the name, address, and telephone numbers of three current references to: Museum Educator Search Committee, Iroquois Indian Museum, P.O. Box 7, Howes Cave, NY 12092.

### PRESS RELEASES & HEALTH CENTRE



### MEDIA RELEASE

### Beware - Garage sales - bargain or bazard?

Belleville/May 2000 - Every year garage sales take place across Canada in communities large and small. People shop for bargains of every description, but bargains can be dangerous. Regulations and safety standards exist under the Hazardous Products Act for certain consumer products, including many children's products. This Act does not distinguish between new and used products. Everyone holding a garage sale is responsible for ensuring that all products whether new or used, meet all safety standards.

"Think safety," says Beth Baxter, a Public Health Nurse with the Hastings and Prince Edward Counties Health Unit's Child Health Program. "Bargain hunters need to be aware of unsafe children's products. They need to check out items carefully." Find out how old the product is. Are there parts missing or damaged? Does the product meet current safety standards? For example:

- · Car seats over 10 years old are no longer considered safe and should not be resold or bought
- Cribs made before October 1986 no longer meet the Canadian regulations and should not be
- Some baby safety gates made before 1990 do not meet current safety standards and should not be resold.

Consumers need to be aware of other baby products that may pose potential hazards such as baby walkers, playpens, toys, children's sleepwear/clothing.

The Hastings and Prince Edward Counties Health Unit has more information available on these products and their safety standards. Call the Baby-Tot Line at 966-5513, ext. 223.

Be a smart bargain hunter at garage sales! Look for safe products. Let's keep our children safe!

For more information about this release call 966-5513 to contact Mee Kin Wong at ext. 236 or Carol Snell at ext. 304; or Beth Baxter at 394-4831.



Beth Baxter, Public Health Nurse with the Hastings and Prince Edward Counties Health Unit's Child Health Program points out some unsafe children's products sold at garage



### ASSEMBLY OF FIRST NATIONS BULLETIN

### ASSEMBLÉE DES PREMIÈRES NATIONS

1, RUE NICHOLAS STREET
SUITE 1000
OTTAWA, ONTARIO KIN 7B7
(613) 241-6789 telephone / téléphone (613) 241-6333 fax / télécopicur

June 16, 2000

#### Assembly of First Nations Intervenes in Mitchell case at the Supreme Court of Canada

The Assembly of First Nations, at the direction of National Chief Phil Fontaine, appeared in the Supreme Court of Canada today in support of Grand Chief Michael Mitchell and the Mohawks of Akwesasne.

Canada was attempting to deny an existing Aboriginal right of Mohawks to cross the border between Canada and the United States and to bring goods for personal and community use, including trade with other First Nations in Ontario and Quebec, without paying duty and taxes on these goods.

After the hearing National Chief Fontaine said, "the submissions made by Assembly of First Nations legal counsel to the Court suggested that the Canadian government, and the Courts of Canada, are honour-bound to uphold and defend the Aboriginal and Treaty rights of First Nations across the land. In this case, though the ruling directly affects only the Mohawks of Akwesasne, the Assembly of First Nations representations were designed to ensure the integrity of the process by which all Aboriginal and Treaty rights are protected."

The Supreme Court reserved its decision and it will be some time before reasons are given. In the interim, National Chief Fontaine said that he continues to press the government of Canada to observe its own laws on tax exemptions of First Nations people connected to a reserve.

National Chief Fontaine congratulated and thanked Grand Chief Michael Mitchell for his years of energy and commitment in this case and in the betterment in the lives of First Nations people generally.

For further information, please contact Maurice Switzer at (613) 241-6789, ext. 383.

Tyendinaga Coalition for Healthy Living encourages you to...

### Reach for 5 to 10 a day!



Canada's Food Guide to Healthy Eating recommends eating 5 to 10 servings of vegetables and fruit everyday. It may sound like a lot of "green stuff" but it is easy to fit tasty and exciting foods from this group into your everyday eating. Here are some ideas...

- Include a glass of real fruit juice at breakfast. Make sure it says "JUICE" on the label. Fruit drinks, cocktails or punches just don't have the same amount of nutrients,
- Add a cut up banana, berries, canned or dried fruit on top of your favourite cereal.
- \* Make a fruit smoothie. Blend together a banana, 3/4 cup fruit yagurt and 3/4 cup milk or juice. Add berries for some extra zipl
- \* Cut up your favourite raw vegetables and
- or fruit.

  \* 1 cup (250 mL) salad

  \* ‡ cup (125 mL) juice

A serving of vegetable and fruit is:

A medium size piece of

vegetable or fruit t cup (125 mL) of fresh,

frozen or conned vegetables

- serve them with a sandwich or soup at lunch.

  Carrots, cucumber slices, green or red pepper, tomato, and broccoli all taste great raw.

  Use a low fat creamy salad dressing for a convenient and tasty dip.
- \* Add broccoli or frozen mixed vegetables to macaroni and cheese.
- \* Try including two different vegetables at supper. Consider frozen vegetables as a convenient and economical alternative to fresh. Go easy on frozen vegetables packed in sauce; they tend to be higher in fat.
- \* Include meals that are based on vegetables more often. Meals like stir frys, pasta with vegetable sauce, casseroles and stews make it easy to emphasize vegetables.
- Enjoy fruit for dessert more often. When fresh fruit is not available (or too expensive) buy frozen fruit or canned fruit packed in juice or light syrup. Unsweetened applesauce also makes a good dessert.

For more information on healthy eating or for individual nutrition counseling contact Nicola Smith, RD, Registered Dietition at the Thayendonega Health Centre 967-3603.

### **HEALTH CENTRE**

### \* PUBLIC NOTICE \*

FOR THOSE PEOPLE WHO ARE HAVING WATER QUALITY PROBLEMS PLEASE BE ADVISED THAT WATER IS AVAILABLE AT THE BAYSHORE ROAD PARK.
TYENDINAGA MOHAWK
COUNCIL WANTS
TO ENSURE THAT THE
COMMUNITY HAS
ACCESS TO CLEAN DRINKING WATER.

### WATER SAMPLES







If you wish to have your water tested (for bacteria and faecal only)
Please contact the CHR's at the Thayendanega Health Centre
prior to Wednesdays at 11:00 a.m. We will receive the lab results
within a week at which time you will be notified of your results.

967-3603

COLIFORM	INTREPRETATION	
Total	Faecal	-
0-5	0	This presents a bacteriologically SAFE drinking supply, provided that 3 samples, collected 1-3 weeks apart have these results.
6 > 80	1 > 60	UNSAFE for drinking unless boiled or treated
1 >160	1 >60	UNSAFE for drinking unless boiled or treated
O/G		Not recommended for drinking

### GENERAL INFORMATION

The purpose of this test is to provide a bacteriological (not chemical) assessment of the water sample being submitted. If the results of 3 initial samples, collected 1 to 3 weeks apart, indicate a safe water source, it is sufficient to repeat testing twice a year thereafter.

### Treat water by one of the following methods:

- a) To safeguard smaller amounts of water for drinking purposes, it should be boiled for at least
   10 15 minutes, cooled and placed in clean containers.
- b) Boiling is not a practical method of disinfection, if the amount of water to be purified is from 5
   10 gallons. In such cases, the water should be chlorinated.

### Suggestions:

Pour 1 quart (minimum) liquid bleach (such as javex ) to every 5 feet of water in a dug well. Pour 5 ounces of bleach in every 25 feet of water of a drilled well. Leave overnight, than run some water off through the garden hose. Wait at least 2 days before the water is sampled. The bleach will be out of the well system within 48 hours. In the meantime, it is advisable to be careful when bathing or doing laundry. This especially applies to children, as they may use the water to brush their teeth, etc.

Take the aerator off the water taps and soak them in javex for about 10 - 15 minutes. This can be done once a week, or once or twice a month.

### NOTE:

if using bleach, check to be sure that it contains chlorine in the form of sodium hypochlorite or calcium hypochlorite. Some "all purpose bleaches" such as Javex 2 contain no chlorine and should not be used for disinfecting wells.

The best product to use for disinfecting wells is chlorine bleach, such as Javex

### PRECAUTIONS AND INFORMATION REGARDING WELL WATER

#### WHAT IS BACTERIA?

Bacteria are microorganisms ("germ")which are widespread in nature. Many of these organisms are present normally in the human body and some actually contribute to our well-being.

#### HOW DOES BACTERIA GET INTO WELL WATER?

Bacterial contamination of the well water is usually the result of septic system malfunction or runoff from animal waste into groundwater. Wells are more likely to become contaminated with surface water. Droughts, windstorms, flooding and spring thaws can also contaminate well water with surface water.

#### INSTRUCTIONS FOR WATER SAMPLING

In addition to visually checking your well, you should take a sample of water for testing of bacteria levels. The testing will give you a reading of Total Coliform and E.Coli levels in your water. The first time you sample your water you should take two samples one to two weeks apart. Thereafter, if results are acceptable, tests need only be taken twice per year. Spring is the best time to test your water. It should be tested whenever there is a disruption to the system such as a flood or repairs to the well.

#### HOW TO TAKE A WATER TEST

- 1 Remove all attachments, such as aerators, from a faucet, if you have a filter unit or water softener connected to the system, collect the sample before the water goes through these devices.
- 2. Run the water for 1 2 minutes before sampling.
- Do not rinse the test bottle or empty the liquid, powder or pill out of it. Fill to the indicator line and cap immediately.
- 4. If you are not taking the water sample to the Community Health Representative office immediately, store the sample in the refrigerator. Samples must be received by the laboratory within 24 hrs.

#### INTERPRETATION OF SAMPLE RESULTS

- Total coliform count fram 0 5; E.Coli count 0, Water is bacteriologically safe if results are in this are on both tests and the well is properly maintained.
- 2. Total Coliform count from 6 to >80; E.Coli count 1 to >60. Either of these pairs of the readings indicate water that is safe to drink unless disinfected by treating or boiling.

#### WHAT ARE TOTAL COLIFORMS AND E. COLI?

Total coliforms are indicators of contamination from various sources ranging from soil and ground water leakage to fecal contamination.

E.COLI are indicators of contamination with fecal material. Fecal levels should always be zero.

Note: For assistance in water testing, you may contact the CHR Department at 967-3603

### WATER WELL MAINTENANCE

The homeowner should be aware of the measures that can taken in the care and maintenance of a well to help it provide good guality water.

### I. WELL LOCATION

To safeguard a well supply from contamination, do not do anything near the well that might result in contamination. Do not store, use or dispose of refuse, maunure, petroleum, salt, pesticides or any other potiential contaminant in the vicinity of the well. When mixing pesticides, water supply line from the pressure system should be equipped with a backflow prevention device.

### 2. WELL CONSTRUCTION

- a. The sanitary well seal and the well cap (well pit) should be securely in place and watertight. If the well cap is damaged or cracked, replace it immediately or it will give contaminants direct access to the well pit.
- b. The sanitary well seal or well cap should be a minimum of 30 centimetres above land surface level. The well casing should not be cut off and buried.
- c. The well vent pipes should be shleided and screened to prevent the entry of foreign matter. The vent pipe in a well pit must extend to within 15 centimetres or less of the well cap.
- d. If any unsealed openings are found in the wall or along the joints of cement-lile casing in a well pit, make them watertight with a durable sealing material applied preferably from the outside of the casing.
- e. Any space outside the casing(s) should have been filled with a suitable sectant, such as Portland cement grout, concrete, bentonite, equivalent commercial slurry or clay slurry or well cuttings to prevent surface water runoff or shallow groundwaters seeping directly into the well around the casing. Where settlement of the sealant has occured, the circular space around the well casing should be excavated and back-filled with one of the sealants listed above.
- f. If the general land surface around the well is depressed or susceptible to flooding, it should be raised to at least 15 centimetres above the ground level and regraded so that it slopes away from the well.
- g. The connection at the well casing for pump and electrical lines should be watertight and properly sealed. If not, the casing may have to be excavated and seal replaced. Where appropriate, use a specially designed pitless adaptor for a good watertight seal through the side of the well casing.
- h. Keep the well plt free of groundwater seepage and surface water, either through adequate drainage or the installation of an automatic pump. Well pits are not recommended where the high water table is less than 0.5 metres below the floor of the pit.
- 1. All wells that have been repaired should be chlorinated and tested for potability immediately after the work has been completed.
- . All abandoned wells must be sealed in accordance with Ontario Regulation 612/84.

If you have any questions, please contact the CHR Department at 967-3603

### **WATER TESTING**

Due to the heavy rainfalls, the CHR's will be implementing an extensive water sampling project during the months of July and August. Samples collected will be for bacteriological testing and a few sites will be selected for chemical analysis.

Thank you for your cooperation in this endeavor. Please call 967-3616 to make an appointment

### TYENDINAGA COMMUNITY GARDEN PROJECT

The Tyendinaga Healthy Lifestyle Coalition would like to share a few pictures of our Community Garden which was taken in early June during our planting season. Quinte Mohawk Students have been a real help along with Gord Foster from the Coalition in getting this project out of the ground!

We look forward to having students and their parents continue their participation with Gord's supervision (and any other interested adults and children) over the summer months! If interested please call the Thayendanega Health Centre@ 967-3603.

Happy Gardening!





### **NURSING MOTHERS' GROUP**

of

### Tyendinaga invites

### **BREASTFEEDING MOTHERS & BABIES**

to their ongoing series of meetings on the 2nd & 4th Friday mornings each month

10 AM - 12 noon at Thayendanega Health Centre

Small Children Welcome

Interested Women or young girls welcome
Friendly mother - to - mother support . Lending library
Nutritional Assistance for Moms.

Baby's weight check & Help with breastfeeding problems available Information & discussions on breastfeeding related topics such as: avoiding problems, nursing discreetly, nighttime needs, expressing or pumping milk, introducing solid foods, understanding your baby, fertility awareness...

July 14: Getting Started....Smooth Sailing Ahead! July 28: As Baby Grows....The Return of Fertility.

For more info, or if you you would like to attend but have an obstacle we could help with (i.e.transportation, child care etc.) please call 967-3603

#### THE BREASTFEEDING CIRCLE

What will breastfeeding feel like? Is it normal for it to hurt at first? What should I do if it doesn't feel right?

When breastfeeding is going well, it will be physically comfortable from the beginning. Your breasts may get heavier with milk prior to feeding time. Nursing your baby will soften & relieve them. Anti-stress hormones are released during nursing, making you feel more relaxed & sometimes even a little sleepy as you snuggle with your baby. Nursing mothers often feel a deep bond of unity with their babies, as well as wonderment & awe at their own body's ability to perfectly nourish their baby beyond the womb.

Although we hear of sore nipples & engorgement (painfully swollen breasts) in the early weeks of breastfeeding, hurting & pain are NOT NORMAL!!! If it hurts, the reason is almost always because the baby hasn't latched on well &/or isn't sucking properly. Your baby may need you to learn how to help him/her until s/he gets good at it.

- Start with his nose opposite your nipple.
- Keep your fingers under your breast & very far back.
- If she doesn't open wide enough by herself brush her lips\_lightly with your nipple.
- WAIT until your baby's mouth opens.
   WIDE, like a yawn & bring him CHIN FIRST onto your breast with a quick movement of your hand or forearm.
- Aim your nipple towards the roof of her mouth DO NOT CENTRE IT IN HER MOUTH.
- His chin should end up pressed against your breast, his mouth opened wide & the lower lip pressed down & back against his chin.
- You do not need to hold your breast away from her nose.

Once baby is latched on well, nursing frequently for as long & often as the baby wants from the beginning will prevent engorgement & will not cause sore nipples.

Unfortunately the practice of advising new mothers to limit nursing time (increasing gradually to prevent sore nipples) persists in some places & causes unnecessary problems....breast engorgement, a baby too sleepy to feed well, jaundice or dehydration from poor milk intake, low milk supply & nipple confusion (from supplementing with bottles for the other problems). Beware of advice to limit feedings!

A Candida (thrush) infection can cause soreness which typically starts up after a period of pain-free nursing & persists between feedings. Lactation consultants & some doctors are familiar with the various treatments. Relief can be rapid.

Jytte Cooper and Gale Hayward for the Breastfeeding Support Group Brenda Asselstine Community Health Nurse

### **ENVIRONMENT**

### Hazardous Waste Deposit at the Mohawk Landfill Site is SATURDAY August 12 & SUNDAY August 13

Please bring any of these items to our Household Hazardous Waste Garage located at the landfill site.



- abrasive powdersammonia-based cleaners
- chlorine bleach
- disinfectants
- drain decloggers
- floor & furniture polish
- · oven cleaners
- metal cleaners/polish
- window, glass cleaners

### Garage

- transmission fluid
- battery & battery acid
- brake fluid
- body filler
- · auto spray paint
- car wax
- fuel (kerosene, diesel)
- windshield washer

### · aftershave, perfume depilatories · hair lotions, dyes • medicines • nail polish, remover • shoe polish Laundry



- fertilizers
- pesticides
- rat & mouse poison
- roach & ant poison
- propane tanks (up 'to 20 lb. anks)
- pool chemicals

#### Workshop

- glues and cements
- paints (latex & alkyd) (max, 20 4 litre cans or 4 20 litre pails)
- paint strippers
- rust remover
- stains, finishes
- thinners & turpentine
- wood preservatives
- mothballs
- flea collars & sprays



Bathroom

- chlorine bleach stain removers

### <u>General</u>

- · air purifiers
- batteries (dry cell)
- butane lighters and cylinders
- lighter fluid



### LANDFILL HOURS

**Monday - CLOSED** 

Tuesday - 1:00 P.M. - 5:00 P.M.

Wednesday - CLOSED

Thursday - 1:00 P.M. - 5:00 P.M.

Friday - CLOSED

Saturday - 8:30 A.M.- 5:00 P.M.

Sunday - 9:00 A.M. - 4:00 P.M.

Limited supply of blue boxes are available at the landfill site after July 10.



Cover Native issues from a Native perspective at First Nations Technical Institute's Aboriginal Media Program

### L ROGRAM HIGHLIGHTS:

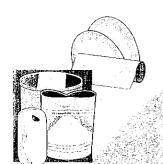
Three-year college diploma in Print Journalism or Broadcast Production Aboriginal coverage of Aboriginal issues
Newspaper production training
Video production training

Radio broadcast training
Internet research and publishing
Build a portfolio of published materials

For an information package call Liz Brant at 1-800-267-0637 or e-mail LizB@fnti.tyendinaga.net www.tyendinaga.net

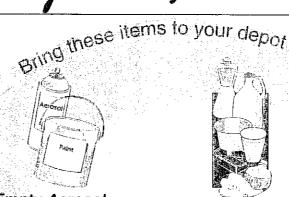


## A Recycling Reminder Hang this on your wall!



### Metal Cans & Foil

Rinse cans. Place lids in a can, pinch closed and put loose in blue bin. Do not put aluminum cans inside tin ones. Include clean aluminum foil and pie plates. Flattened cans save space! No pots, cigarette or butter wrappers or scrap metal. Avoid putting pop cans inside other cans.



### Empty Aerosol and Paint Cans

Make sure metal containers are empty. Take lids off the paint cans to let them dry, and place in the blue bin don't bag them. No containers with product, paint cans larger than 4 litres (1 gallon), plastic paint cans, propane cylinders or other hazardous waste.



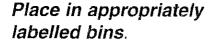
### Plastic Containers

Discard tops and rinse containers for soft drinks, detergents, juice, bleach, shampoo, dairy products as well as clear and foam plastic cups, trays and packaging. Flatten soft drink containers and replace lids. All plastics with the numbers 1 to 6 on the bottom are OK. No blister or bubblepacks, prescription bottles or toys.



### Bottles & Jars

Remove and rinse caps and lids. Metal lids can be recycled with cans. Leave loose in the blue bin. Don't bag them. No other types of glass such as kitchenware, ceramics, dishes, drinking glasses, window glass, light bulbs or mirrors.



### Boxboard and Mixed Paper

Bundle junk mail and office paper separately from Boxboard. Flatten and stuff boxboard into a large box. Boxboard includes cereal, shoe and detergent boxes as well as rinsed milk and juice cartons, paper bags, sugar & flour bags, catel-board tubes, books (hardcover & paperback), egg cartons and other clean paper packaging. No drink boxes, tissue paper towel or laminated paper. Do not put paper loose in blue bin.



### Plastic Bags

Stuff clean, dry plastic bags into a plastic bag and tie handles. Include rinsed milk pouches, grocery, bread, dry cleaning, frozen vegetable and blue newspaper bags as well as outer wrapper from toilet and hand tissues. Remove food residue, stickers and receipts

No meat, cheese or stretch wrap, cereal box liners or chip bags.



### Corrugated Cardboard

PLASTIC

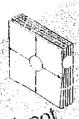
Flatten and bundle corrugated cardboard boxes into a maximum size of 30" x 30" x 8" bundles. Only broken down and bundled boxes will be collected. No waxed boxes, soiled pizza boxes.

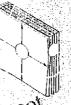


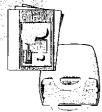
### Newspapers & Magazines

GLASS

Place newspapers, linserts, phone books, magazines and catalogues in a plastic bag next to your blue bin. No soiléd newspapers. Keep boxboard and mixed paper separate, not mixed with newspaper and magazines.













### **EDUCATION**

Trustee's Report June 2000

Mohawks of the Bay of Quinte access services of the Hastings and Prince Edward District School Board (HPEDSB) under a tuition agreement signed between the Board and Indian and Northern Affairs Canada (INAC). The agreement is negotiated and signed on a year-to-year basis. Everyone is aware that secondary school instruction is provided by the Board to Mohawk students. The community is probably less familiar with the special education services also purchased under the tuition agreement. The Ministry of Education and Training (MET) has introduced new regulations affecting special education services and this report focuses on current procedures and opportunities for parental involvement.

A song a few years back proclaimed "Everyone is beautiful, in his own way". Good teachers recognize that every student is special and that effective teaching reaches out to the special gifts and unique needs of the particular student. The goal of education, whether here on Tyendinaga Territory or in HPEDSB schools, is to enable every student to make the most of his or her abilities. Classroom teachers have carried, and continue to carry, major responsibility for reaching that goal. They also have a range of specialists and services to help them meet their responsibilities. And new MET guidelines place special emphasis on partnership with parents and community members in shaping special education services.

Special needs may include a physical problem, with sight, hearing, or movement. They may involve developmental handicap, causing difficulty in keeping up with age-mates in academic work. They may be emotional or mental health issues following death or divorce in the family. They may be expressed in disruptive or even violent behaviour. Gifted students also present special needs because they need challenges and opportunities to put their talents to work. Otherwise they can become bored and disinterested in school.

If your student has a special need, the first step is to have the problem identified. HPEDSB is training teachers in techniques of early identification and problem-solving so that intervention can be introduced before the student's participation in school is disrupted. Gail Brant, from Tyendinaga, is leading a training project for early intervention in HPEDSB. Early intervention is considered a necessary part of instruction and the costs are folded into the basic tuition grant or agreement, whether it comes from MET or INAC.

Students who need more than sensitivity from classroom teachers may be withdrawn from regular classes for extra help. At a higher level of need, they may be assigned to special classes, or they may have an Educational Assistant assigned for one-on-one support.

The costs of these services go beyond what is covered by basic tuition grants. MET has established standards and guidelines to assess the level of need of a student and justify granting an ISA (Intensive Support Amount). These procedures are standard across Ontario. Intensive (and costly) support for special needs is no longer available on a teacher's recommendation alone.

Some parents have expressed concern that most special education services focus on disabilities rather than the exceptional needs of gifted students. The special education department of HPEDSB is looking at ways to give more attention to gifted students as well.

As parents and guardians of students with special needs, you will be asked to participate in several ways to meet those needs. First, you will be invited to "talk back" to the school about all of your students by means of comments on regular report cards. If your student has a special need identified, you will be consulted about an Individual Education Plan (IEP), which may include tests and observations by psychologists or other specialists to qualify for an Intensive Support Allowance. You will be asked to sign off on the plan that is put in place. Because many students' needs change from year to year, your signature on the special education plan must be renewed each year.

Parents and guardians thus have a say in HPEDSB's response to your individual student's special needs. You also have another avenue for making your voice heard. MET requires every Board of Education to set up a Special Education Advisory Committee to advise the Board and staff on whether they are doing a good job of meeting special needs and to make recommendations for improvement. Mohawks of the Bay of Quinte have a seat on

this committee and a new appointment will be made, to take effect in September 2000.

If you have an interest in special education and wish to be considered for the seat that is available on the HPEDSB committee, please contact me at 967-4697 or Dave Hill, Chair of the Tyendinaga Education Committee, at 396-5886.

I have been taught by Mohawk Elders that, according to tradition, all children are born with a spirit name that signifies their special gifts. It is like a seed that has to be nourished. Because they have come so recently from the Creator's realm, they have not had a chance to make mistakes and they have special wisdom which can teach those of us who are older, if we are ready to listen. Nurturing the seed of our children's unique spirit is too important to turn over to teachers and school boards by themselves. We have opportunities to shape the experience they have in the many hours they spend in schools. Let's take advantage of every opportunity to be partners in our children's education.

Skennen kowa, Great Peace to you,

Marlene Brant Castellano HPEDSB Trustee for the Mohawks of the Bay of Quinte

### Are you looking to obtain your grade 12?

Now you can do it right here in Tyendinaga!

For more information or to register, **Call** Cheryle Maracle or Jan Hill at

396-2122



### TYENDINAGA ABORIGINAL HEAD START PROGRAM NEWSLETTER - JUNE 2000



#### PROGRAM UPDATE

She:kon! Welcome to the first newsletter from the Head Start Program. This will be a monthly newsletter to inform the community of Head Start activities.

The following reading will entail an overview of what we have done so far, as well as what we hope to do in the upcoming weeks.

Submissions for future newsletters are welcomed!



Check It Out! These are some of our accomplishments:

- making resources such as puppets, native legends for felt stories, story books and lots of other fun stuff!
- → making arrangements for the completion of the program site (#9 Deserontyon Dr.)
- reports for Medical Services Branch (project funders)
- ➡ developing policies & procedures & forms
- travelling & networking with other communities and programs
- meeting with Advisory Board
- preparing to do fundraising
- planning to move into the "New Building"

### ADVISORY BOARD

Our Advisory Board is a great mix of men and women from the community, and come with various gifts and talents. More importantly these individuals value the importance of the culture and language and support the philosophies of A.H.S. We will be meeting again in August and more frequently from then on. The Board plays a major role in the functioning of the program, for example: program development, resource, evaluation, fundraising - just to list a few. If you are interested in sitting on the Board or attending meetings, please call. We invite community to assist us in making this program a great success for our children and families.

#### LOGO CONTEST

After extending the deadline until June 23/00 we received some excellent drawings. What beautiful talent! The judging will be done by the advisory board when we meet in August. Good luck to all who entered and Nia:wen!

#### INFO GATHERING

We are still completing information gathering forms from parents and caregivers who are interested in enrolling children in the program for September. We will touch base with the community again in August to continue this process. We will also have a new phone number that will be advertised as soon as possible.

### TO LET YOU KNOW...

The Head Start program will be closed from July 1 - August 15/00, as we are funded for a 46 week program. However, upon completion of the new building (sometime in July) we will be "moving in" so things are not too hectic when we return in August.

Also...A.H.S. staff will be at the Pow Wow to do some fundraising, promoting of the program and to answer any questions that you might have.

Once again, the staff list:

Tracey Gazley, Program Manager
Wendy Thurston, Ofc.Asst./Teacher
M.J. Loft, Teacher
Shari (Skin) Maracle, Teacher
Katsitsiaseh, Betty Maracle, Cultural
Resource Teacher
Lynn Brant, Language Resource Teacher

Lynn Brant, Language Resource Teacher Cindy Maracle, Family Resource Coordinator

### Summer time fun that promotes the 6

components of A.H.S.
Culture - Role model for
children, respect
Mother Earth, take a
nature walk.



Nutrition - experiment with fresh fruits and veggies (add your favourite flavor to yogurt for dipping)

Health - visit parks, take walks, play and fun, and don't forget to drink lots of water. Social Support - spend time with family and friends. Ask for help when you need support. We need to take care of ourselves.

Involvement - Get involved in community events. Be heard, participate - your ideas are important!

### HAVE FUN FUN FUN!!!

### QUICK CRAFT IDEA!

Glue Dough:

3/4 cup flour 1/4 cup white glue 1/4 cup shampoo



Combine all ingredients in a bowl, knead, Add more flour if dough is too sticky. Roll out, shape or cut designs. This dough can be painted when dry

### Day Trip I deas:

- Casmic Adventures Kingston
- MacPherson House Napanee
- @ Glanmore House Belleville
- Bergeron's Animai Sanctuary Picton
- Peterborough Petroglyphs
- Bowmanville Zoo

Have a safe and happy summer! We look forward to the program up and running in September. Watch for the date to be announced for A.H.S. Open House!

### **RED CEDARS**

# Red Cedars Honouring Our Children Poetry Corner

Once again we would like to extend a Niawen Kowa to all those children who submitted poetry.

Winners are chosen by Red Cedars staff members and any names hidden until winners and special mentions have been picked.

If you would like to send poetry please send it to: Mary Ann Spencer Red Cedars, Box 290 Shannonville, Ontario KOK 3A0 fax to 967-5998

1st Place Winner

**DRUGS** 

BLOODSHOTEYES, MESSED UPLIVES. YOU'RE ALWAYSHIGH, THAT'S NO LIE!

CRIMINAL RECORD STAYS WITH YOU NO MATTER HOW H ARD YOU TRY, NO MATTER WHAT YOU DO!

DRUGS ARE SICK Come on be slick Don't be a thug Don't try Drugs!

BY ERIN SPENCER

2st Place Winner

**Happy Birthday** 

Happy birthday to Samantha Rose who has big hammer head toes with eyes that sparkle like strawberry jelly. I hope you get new clothes to cover your belly.

> When all is said and done I hope you have a day full of Fun, fun, fun.

> > By: Jessy Maracle Grade 5 Mr. Anderson

<u> 3rd Place Winner</u>

### **FOOTBALL**

Football season has begun,
We're up on games two to none.
I play the Left Defensive Back,

When given the signal, attack.

Our colours are bright red and white,
Come see us cause we're out of sight.
At season's end, we'd hope to win,

And 22 will have a big grin.

by Travis Sager

Special Entry Mention

Dont do drugs be like me. Im down with doup and up with houp.

byAndrewKring

### **RED CEDARS**

### Red Cedars Honouring Our Children Poetry Corner

Special Entry Mention

~	Tobaco	20's No	Good		•
	·, · · · · · · · · · · · · · · · · · ·			<del></del>	}
You_	Know you	ur a pret un 4 stop	ty good	dance	er
But i	£you do	ny stop	smokir	ng 400°//	aet
1000000	_			$\sim$	J . , -
I.f. yo	ru want	my odvice	o STOP		1
Or you	ur dancir	la carcel	لانس	FLOPI	
Do yo	o want	to die	,and		
Make	YOUR M	AMA CryP	<u> </u>		
Privae-	need of	s of air.			
Take C	are!	my odvice of careel of die and cry? of air.			
			B <sub>Y</sub>	Trevor	Marack

### Special Entry Mention

Vandalism Vandalism
Vandalism is no good for you and society. But if you want to go ruin your tife, and one day I will visit you in jail. That's all I want to say.

by Luke Jeffrics

### Special Entry Mention

Drugs

Don't do drugs that's not cool you may think it is but it's not, they're crue!!
They mess up your mind, crack you up.
so... Don't Do Drugs D.D.D.

By .. O: tsine Maracle

### Special Entry Mention

I have a dog

It's name is pup
he's like lassie but in a small
version, he's tough he's nice to people he knows
he's not sure about people he doesn't know

\_markus\_Bardy.
Gr 6

Special Entry Mention

Drugs

Prags are stupid so why do people Sell them?

by Colby Pleas

### Special Entry Mention

Choices

Drugs Drugs some are good some are bad if you don't bad drugs you will be glad!

by Kyle Bernhardt

### Special Entry Mention

DOPE IS batt is not good for your 60 by it will kill you and you'll never come back to life ogain

Jeremy prant

### RED CEDARS SHELTER

### BULLY ADVICE FOR KIDS

#### BULLIES CAN MAKE YOU FEEL:











DEPRESSED ANGRY VENGEFUL SCARED CONFUSED

### **HOW A BULLY BECOMES A BULLY:**

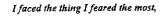
- . He (or she) is angry. Someone might have bullied him in the past.
- · He has a low self-esteem. He thinks controlling you will help him feel better about himself.
- . He might have been exposed to a lot of violence in the media. (TV, books...) A lot of movies make violence look cool. But if you look closer, the "good guy" is always
- · His (or her) friends, or peers, could be a "bad" influence, talking him into doing things he may, or may not, understand are wrong.
- · His caretakers might have lacked in supervision. They might have been too busy to teach him how wrong it is to hurt others. Or maybe they spoiled him, making him think he can do anything he wants, including bullying!

### WHAT TO DO ABOUT BULLIES:

- Inform your teachers & parents. If his bullying is physical or violent, tell
  them not to give your name. That could make the bully more angry, and then he'll come after you harder.
- Travel to school or social events in groups. Don't walk
- · Avoid the bully at all costs.
- · Ignore him. That will take away his power he "thinks" he has over you. He'll get bored, and go look for someone else to pick on
- · Confront him with the problem. Do this only if the bullying is mental, not physical. Maybe you can explain how it makes you feel. If he doesn't care and continues to buily you, report him, and avoid him.
- Take a safety training workshop. This should only be used as a last resort (in self defense). Using this to show off for your friends, or simply because someone made you angry, could lead to law suits, and YOU becoming a

### \*FOR INSPIRATION\*





And now it all seems clear.

I've found the strength inside of me,

And all I've lost is fear.





### "WHAT TO DO *ABOUT* BUS BULLIES"

There are many different things that could be tried in this situation. Ideas for what your kids can do include three options: \* confront \* ignore \* avoid

They should be used in that order except if the builties are physically violent, then "avoid" is the safest choice

There are many things your child can say back to the bullies

"Name calling isn't cool

- "I don't want to fight. Can't we be friends instead?"
  "Why are you mad at me? I never hurt you."

Bullies usually like the effect they get when they shock or hurt someone. Maybe if your child just laughed it off, like they are joking, they would get tired of calling him/her names and it wouldn't seem fun (or effective) anymore.

If it keeps up, and nothing your child says helps, and ignoring and avoiding don't work **AND** the school won't get involved, then you will have to contact parents of the "name callers."

Buffies don't always have a reason for who they pick on or why, but when they \* do \* have a reason, it usually results in them singling out a smaller person. This would include kids who are not as tall, and most definitely would include younger kids, who obviously would be smaller. This makes you easier to control. And today there are lots of cases of older kids picking on younger kids on the school buses

In those cases, I recommend sitting far away from the bully. If the seats are assigned, ask to have them changed. If they are not assigned, ask to have them assigned. If that doesn't work, inform the school and ask the bus driver to get involved. Some bus drivers are asked by the school to intervene. They do this by having the trouble kids sit up front where they can keep a good eye on them in the mirror. However, the bus driver has a job to do which requires the safety of many lives, so if the bullying gets so bad that he/she has to keep turning around or yelling at kids all the time, the perpetrators should be suspended from the bus for the safety of all,

If you'd like to order a copy of "Taking the builty by the Horns" by Kathy Noll & Dr. Carter, to teach your child the skills he/she needs to handle builties, and maintain a health self-esteem, please send \$11.95 ( this includes S. & H. ) to:

3300 Chestnut St Reading, PA 19605

E-Mail address; kthynoll@aol.com



### All Women Welcome!

WHERE: RED CEDARS WHEN: July 16 @ 8:30

Wear a dress and bring tobacco with you if possible. Potluck meal sharing For more information call: 967-2003



THE TYENDINAGA RECREATION COMMITTEE
IS LOOKING FOR
YOUNG VOLUNTEERS (AGES 12-16) TO JOIN
THE YOUTH RECREATION COMMITTEE.

VOLUNTEERS WILL BE ASKED TO DEVELOP A YOUTH DROP-IN CENTRE, ASSIST WITH VARIOUS FUNDRAISING EVENTS AND HELP TO CREATE RECREATION PROGRAMS.

Please fill out the application found in the newsletter and return to Darlene Loft at the Tyendinaga Mohawk Adminstration Office.

## Congratulations!

The Recreation Committee would like to congratulate the Tyendinaga Mohawk Territory Thunder football team. They won the Pat Carty Memorial trophy this season. They are the Belleville Minor Football League "A" champions.

A great job well done boys.

The Recreation Committee

Congratulations to Angela Maracle the winner of the picnic bench draw.

The proceeds totaled - \$122.75 and went towards the Sports Camp.

Congratulations Angela

### JULY 2000

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			LACROSSE 6:30 pm- 8:30 pm Lacrosse Box 967-1580	MILLSIDE CERAMICS Every Tuesday & Thursday 7:30 pm ~ 966-9640	BINGO Every Friday 7-00 pm - 9-00 pm Orange Lodge	1
,0 <u>0</u> 220	3	4	<b>5</b> Tyendinaga Mohawk Council Mtg. 9:00 a.m.	6	7 YOUTH GATHERING Every Friday 7:00 pm - 9:00 pm 396-3103	8
yendinaga Coalition REMEMBER the Community Garden at Q.M.S	10	11 Every Tues. & Wed. Sports Moblie at the Parks free use of Sports Equipment	12	13 Every Thursday Community Swim Pickup starts at 11 at the 3 Parks 1 pm to 2 pm	14	Dance at the Deseronto Arer Line Drive 9 pm to 1 am
<b>6</b> Moon Ceremony ~ Red Cedars	17	18	Fun Day Mohawk Community Centre 10 am to 2 pm	20	21 Arnold J. Brant Golf Tournament Picton 396-3339	22
30	TYENDINAGA NEWSLETTER DEADLINE 396-3424 31	25	26	27	28	29 Retirement Party for Marvel Bernham Mohawk Communit Centre 8 pm to 1 am

### **RECREATION**

### Community Recreation & Youth Crime Prevention

Proudly presents The Sports Mobile.

A Project for out touth

Which will be at the Bayshore Park, Young Street Park in Shannonville Huron Brant Park & Karon hiak ta'kie Park

every Tuesday & Wednesday

Free use of sports
equipment
for all ages.
Families & Friends welcome.

Starting Tuesday, July 11 until Thursday, August 23 Community Swim at Collins Court
Bus pickup at each one of the Parks & the Elders Lodge starting at 11 a.m

Swim - 1 to 2 p.m.

FREE or \$3.00



For more information contact Darlene J. Loft 396 - 3424

### July & August 2000 Sports Mobile Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	July 4 First day of Jr. Sports & Mohawk Language camp		Please share your ideas just call 396-3424		Regular Exercise promotes a longer life
	Bayshore Park Basketball Earthball Fun 2 p.m . to 5 p.m.	Young Street Park Shannonville Beach Volleyball Basketball 2p.m. to 5 p.m.	Every Thursday First Day July 13 Community Swim 1 p.m. to 2 p.m.		•.
	Huron Brant Park Basketball Scoopball 2 p.m. to 5 p.m.	Bayshore Park Free choice of sport equip. 2 p.m.to 5 p.m.		Bring a friend or have a get together at the Park	
	Karon hiak ta'kie Sports Complex Lacrosse Soccer 2 p.m. to 5 p.m.	Huron Brant Park Free choice of sports equip. 2 p.m to 5 p.m.	•		
Last week of Sports Mobile	Young Street Park Free Choice of Sports Equip.	Karon hiak ta'kie Sports complex baseball game with Sports Camp			
		July 4 First day of Jr. Sports & Mohawk Language camp  Bayshore Park Basketball Earthbail Fun 2 p.m. to 5 p.m.  Huron Brant Park Basketball Scoopball 2 p.m. to 5 p.m.  Karon hiak ta'kie Sports Complex Lacrosse Soccer 2 p.m. to 5 p.m.  Young Street Park Free Choice	July 4 First day of Jr. Sports & Mohawk Language camp  Bayshore Park Basketball Earthbail Fun 2 p.m. to 5 p.m.  Huron Brant Park Basketball Scoopball 2 p.m. to 5 p.m.  Karon hiak ta kie Sports Complex Lacrosse Soccer 2 p.m. to 5 p.m.  Last week of Sports Mobile  July 4 First day of Jr. Sports Anohawk Language camp  Young Street Park Shannonville Beach Volleyball Basketball 2p.m. to 5 p.m.  Bayshore Park Free choice of sport equip. 2 p.m. to 5 p.m.  Free choice of sports equip. 2 p.m to 5 p.m.  Karon hiak ta kie Sports complex Last week of Sports Mobile  Voung Street Park Free Choice of Sports Equip. Street Park Free Choice of sports complex baseball game with Sports Camp	July 4 First day of Jr. Sports & Mohawk Language camp  Bayshore Park Basketball Earthbail Fun 2 p.m. to 5 p.m.  Huron Brant Park Basketball Scoopball 2 p.m. to 5 p.m.  Karon hiak ta kie Sports Complex Lacrosse Soccer 2 p.m. to 5 p.m.  Last week of Sports Mobile  Please share your ideas just call 396-3424  Foung Street Park Shannonville Beach Volleyball Basketball 2 p.m. to 5 p.m.  Bayshore Park Free choice of sport equip. 2 p.m. to 5 p.m.  Bayshore Park Free choice of sport equip. 2 p.m. to 5 p.m.  Huron Brant Park Free choice of sports equip. 2 p.m to 5 p.m.  Karon hiak ta kie Sports complex baseball game with Sports Camp	July 4 First day of Jr. Sports & Mohawk Language camp  Bayshore Park Basketball Earthbali Fun 2 p.m. to 5 p.m.  Huron Brant Park Basketball Scoopball 2 p.m. to 5 p.m.  Bayshore Park Basketball Scoopball 2 p.m. to 5 p.m.  Huron Brant Park Basketball Scoopball 2 p.m. to 5 p.m.  Karon hiak la kie Sports Complex Lacrosse Soccer 2 p.m. to 5 p.m.  Last week of Sports Mobile  Please share your ideas just call 396-3424  Every Thursday First Day July 13 Community Swim 1 p.m. to 2 p.m.  Bring a friend or have a get together at the Park Free choice of sports equip. 2 p.m to 5 p.m.  Karon hiak la kie Sports complex baseball game with Sports Camp

### **RECREATION & COMMUNITY INTEREST**

### Creative Mohawk Spiritual Year Project



On June 7, 2000
The Trillium Foundation
came to the Tyendinaga Reserve to review the Proposal
"Creative Mohawk Spiritual Year"
This Project will educate our children about the
Mohawk Ceremonies by story telling, crafts, song and dance.
This will also be video taped by the Media Program for future use.

Ruth Mott, Doug Crosbie and C.J Miller highly recommended this project for funding to start in September.

Seniors Exercise 2000



Starting at the top right to left Wilma Maracle, Freda Smith, Barb Howard, Marie Brant, Carolina Maracle, Jessie Loft Marlene Green, Shirley Bennett, Verna Alkenbrack, Roy Alkenbrack, Brock Alkenbrack Belle Claus, Darlene Loft

Congratulations to the Young women and men who took part in the exercise program again. We had a great eight weeks of exercising.

The winners of the Mohawks of the Bay of Quinte " 10th Annual Golf Tournament "



Right to left - Brian Brant, Jake Brant, Della Maracle, Ted Maracle Extra Thanks to all Local Businesses who donated Prizes. \$170. was raised for the Sports Camp



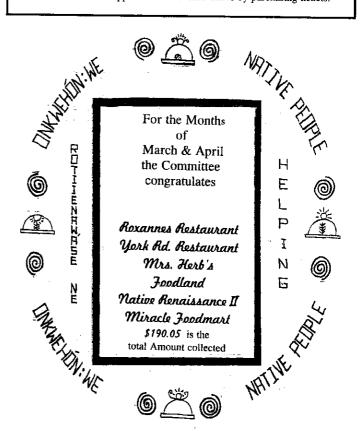
### Tyendinaga Lions Club 50-50 DRAW

The Tyendinaga Lions Club would like to announce our 50-50 Draw winner.

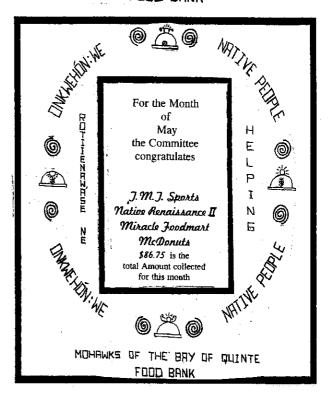
Carla Barnhardt of Tyendinaga won \$105.00

Congratulations!

Thanks to all who support the Lions Club draws by purchasing tickets.



MOHAWKS OF THE BAY OF GILINTE



### **COMMUNITY INTEREST**

### In Memory

Reverend Andrew C. Maracle Sr. was, and is, greatly missed by Family and Friends on Father's Day.

From wife Lillian, & Family

### NIA:WEN!

I would like to take this wonderful opportunity to thank Patty Brant and Social Services for all the support and trusting in me to fulfil my part in facilitating the following workshops:

- 1) Drum Making Workshop May 28/00
- 2) Two Sewing Workshops June 5 & 6/00
- 3) Community Cultural Event June 24/00

Also I would like to acknowledge the Aboriginal Head Start team: Tracey, M.J., Wendy, Lynn, Cindy and Shari, for all their wonderful support with the workshops.

Also, Nia:wen to Ruby Maracle, Bonnie Miller and Narda Ilug and anyone else that gave a helping hand.

A special acknowledgement to all who participated in the workshops, because you are the one's who made it successful.

Nia:wen Katsitsiaseh

### Jhank You!

I would like to thank my friends for their phone calls, flowers, cards and visits to Kingston General Hospital.

Thank you all for your concern for me.

I really appreciated it.

God bless you all!

Verna Boomhour

### Jhank You!

I am writing this letter on behalf of my sister Tracy Ford. Tracy and Mark's expenses now will be covered during their stay in Ottawa when their son Brody has his heart surgery. Our thanks to all the people who made it possible for us to raise money.

Special thanks to Chief and Council who graciously donated the usage of the ball fields, the newly renovated council house, and a donation of \$200. The Recreation Comittee who stayed all day to run the canteen. Jessica Loft's team ("B" champs) who gave their prize money back. Dave Green's team ("B" runner up) who also donated their prize money back. Allan Dussault who provided us with an excellent D.J service for our dance. Thanks to Dan Johnston and the Accouts ("A" runner up) who helped out all day, put on the dance, and who also donated their prize money back.

Thanks again to all the people who came out to support our cause. It is great to see that a community can come together to raise money to help out others in need.

Thank -You.





### Thank You from THE TYENDINAGA LIONS CLUB

We wish to thank the following businesses for their contribution to Quinte Mohawk School field days.

Maracle Mohawk Centre Wholesale First Nations Business Service Wards Gas Bar Roxanne's Restaurant Mrs. Herb's Darran Green Sand Blasting Pat's Variety K.C. Builders Village Variety Bayview Variety Bayshore Flowers Chief's Inn Aboriginal Expressions Mohawk Coffee Mohawk Imperial Sales Tyendinaga Computers B. & M. Variety McMurter Home Centre Hair Too



Students, Volunteers, Teachers who participated in "Go For Green Day" on May 19th, 2000.

We could not make this a successful day without your help.
Nia:wen
CHR Department

### 20000

### NOTICE

### TYENDINAGA MOHAWK POWWOW COMMITTEE

The Tyendinaga Mohawk Powwow Committee would like to ask your considerate understanding of the following Motion made by the Powwow Committee.

FOOD BOOTH space is measured at 15' x 15'. Should a food booth vendor require a larger space, they will be asked to pay for two spaces.

CRAFT BOOTH space is measured at 12' x 12'. Should a craft booth vendor require a larger space, they will be asked to pay for two craft

The Powwow Committee passed this motion due to space limitations and we want to be fair to all vendors. Please remember that our Powwow is August 12 and 13. 2000. We will see you at the Powwow.

Tyendinaga Mohawk Powwow Committee

Motion #8 - June 20, 2000



#### Media Release

### COMMUNITIES BENEFIT FROM HEART HEALTHY EVENTS

Hastings & Prince Edward Counties - Six community groups in Hastings & Prince Edward They did this by participating in Counties have promoted heart health in their local communities. They did the Heart Health Hastings Prince Edward's Community Partnership Initiatives.

The events took place in many areas of the two counties. The Friends and Neighbours Group from Tweed hosted speakers on healthy eating and quitting smoking. Lori Wagner, Health Promoter at Gateway Community Health Centre, where Friends and Neighbours meet, says, "Members were amazed that low fat eating could be so flavourful and filling." Another heart health event that took place in the village was the Tweed Community Christmas Dinner. As well as having a nutritious meal in a smoke free environment, diners took part in a fit break.

North Hastings Community Integration Association of Bancroft held a Heart Health Information North Hastings Community Integration Association of Bancroft field a Heart Health Information Fair. Mohawks of The Bay of Quinte had a Family Walk followed by a nutritious lunch to celebrate National Child Day. The Prince Edward 4-H Association planned a Family Skating Party over the Christmas holidays. Everyone was treated to heart healthy snacks and took part in a great physical activity. Debbie Holmes from Community Partners for Success in Frankford says, "We focused the programs and children's activities for a week around heart health, with emphasis on healthy eating and children exercising.

Heart Health Hastings ♥Prince Edward helped these groups in adding a heart health component to Heart Health Hastings—France Edward neiped these groups in adding a neart nearth component to their community events by giving them a small financial contribution, assisting with ideas for planning heart healthy events, and providing heart health resource materials for participants. These events encouraged three key heart healthy behaviours: physical activity, healthy eating and a smoke free environment. "Making changes in our lifestyles isn't always casy and often we don't make it happen. These six groups have taken a step in the right direction by making heart healthy choices easier for the people attending their community events," says Nathan Nugent, Heart Health

For those who would like to add a heart health aspect to their community event, Heart Health Hastings Prince Edward is continuing the Community Partnership Initiatives project and may be able to assist with a small financial contribution. Contact Joan Black at 613-966-5513, ext. 301. Apply early as funding is limited. Application deadline is December 31, 2000 and the event must take place prior to February 15, 2001.

For information about Community Partnership Initiatives contact Joan Black at 966-5513, ext. 301. For information about Heart Health Hastings ♥Prince Edward contact Nathan Nugent, Heart Health Coordinator at 966-5513, ext. 213.

### MOHAWK PHRASE OF THE MONTH

### Yah te wake nak tote

English translation: I don't have time.

Sounds like: Yah day wah gay nuk doe day

Literal translation: My bed is not stood up.

### LOGO CONTEST

The Aberiginal Financial Officers Association of Ontario has been established under the mandate of Resolution 99/04 of the All Ontario Chiefs' Conference, June

Aboriginal Financial Officers Association is committed to exceller enhancing financial management capacity for aboriginal organizations in Ontario.

Our mission is to provide guidance in aboriginal financial management activities by developing and promoting education, training, information-exchange and standards to enhance capacity for members and aboriginal organizations.

Members of First Nations of Ontario are invited to submit logo designs, which resent our vision and mission. The winning design will be used on all materials related to the AFOA of Ontario, including it's website. (Yes, your logo may be seen around the w

Entries must be on 8.5' x 11' paper, preferably in colour (maximum of 3), and must include a brief description of the logo design. All entries must be received by July 15, 2000. The winning artist will receive a cash award of \$500. The winning onry will become the property of the Aboriginal Financial Officers Association of Ontario and will be displayed in our new office.

Please mail your logo design and description, along with your name, address and telephone number to:

Chris Tallieu, Secretary-Treasurer Aboriginal Financial Officers Association of Ontario 387 Princess Avenue N6B 2A7 on, Ontario (519) 434-2761 phone (519) 679-1653 fax



9-1-1 is for Emergency calls Only! If you need to contact the Emergency Services for non emergency matters please call:

Police:

613-967-3888

Fire:

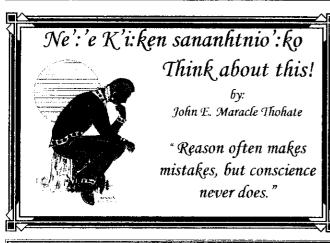
613-968-7985

Ambulance: 613-542-0221

### \* PLEASE BE ADVISED \*

Any articles or submissions published in the community interest pages of the Tyendinaga Newsletter do not necessarily reflect the position or opinions of the Tyendinaga Mohawk Council or the Mohawks of the Bay of Quinte Administration. Please be advised that submissions should be signed by the author in order to be published.

### **COMMUNITY INTEREST**



#### Land of the Bat

It all happened when the earth was new. First the creator raised the earth out of the water. then he made the birds, fish and all the animals.

Rabbit ran with the fox then Deer and Bear drank together at the river. Snake did not bite. Wasp did not sting. Truly it was a happy time.

There was only one thing the creator forbade that was to go to the faraway Valley of Flowers. Beautiful was the valley and more beautiful were the flowers. Even wind kept away from it.

Bat loved to fly. Over the hills and green fields he went. One day he came too close to the Valley of Flowers. Quickly he lifted his wings and flew until he was far, far away.

The more he thought about the valley the more he wanted to see it, to smell and taste the flowers that grew there.

Late in the evening, when everyone else was sleeping he slipped away. All through the night he flew. It was early the next morning when he floated gracefully into the valley of flowers again.

Wherever he looked beauty greeted his eyes. He wandered on. Soon he found himself in front of the most beautiful lily. Suddenly he wanted it more than anything else in the world. Without stopping to think he picked the petals and ate them.

They were very good. He even liked the buds. Then he pulled out the roots.

Juice ran out of them. Bat tasted it, and it was sweeter than honey. Bat wanted more and more. When he was full, he even dipped his wings in it and rolled in it.

What he did not know was there was evil magic in that juice. When he tried to fly, his wings hung down. His legs tangled with each other. He had to crawl, tripping often, to get out of the valley.

Blackbird found Bat on the ground with his wings over his head. "What's wrong?" He asked kindly.
"Don't bother me" screamed Bat.

Away flew blackbird sobbing. He was angry, and so he picked up a big acorn to throw at Bat. Instead it hit Fox. Fox saw Rabbit and thought he had thrown it . He struck Rabbit on the pose. Snake was in Rabbits path as he ran away. Rabbit kicked him aside.

Angry words, growls, bites, stings and worse spread like a sickness from one animal to another. Big animals rushed through the woods to attack smaller ones Large birds went on the warpath with littler ones.

When the Creator looked down, he saw all and knew all. Great was his anger. Down he came as swift as the eagle. Bat, he said, You have done wrong and caused all this hate. Never again will you see the light of day. You will fly only at night. In the day you will sleep with your head down. Your

wings will cover your body in shame. The lusts of the flesh, lust of the eyes, and the pride of life. The kinds of seeds we sow of our actions, attitude, respect, good, bad, evil is what we reap and we always reap

more than we sow. Ne:':'e K'i:ken sananhtonnio':ko

TYENDINAGA TERRITORY PUBLIC LIBRARY York Rd. Tyendinaga Mohawk Territory, K0K 1X0



### SUMMER FUN @ KANHIOTE LIBRARY

Visit the library this summer to learn more about the Iroquois social dances, to take part in the summer reading club "wilderness bound, adventure found" and to learn more about using computer technology.

Come see and try all the programs offered on the computer systems donated to the library by the Bill and Melinda Gates Foundation.

Don't forget Kanhiote is open Monday, Tuesday and Wednesday evening from 5 to 7 in addition to our regular hours.

Our yard sale raised \$123.00 - thanks to all who visited and donated.

If you are travelling this summer you may want to visit the Castellani Art Museum of Niagara University in Lewiston N.Y to see Across Borders: Beadwork in Iroquois Life from July 2 to November 19 - come to the library for the schedule of events.



Words of our elders:

Oral accounts of the relationship between the Mohawks of the Bay of Quinte and the land.

The goal of the project will be to develop a special collection of community oral history hat will be a valued new resource for Tyendinaga.

The committee will conduct interviews in July and August. Any community member wishing to take part please call Kanhiote Library @ 967-6264 to set up a time.

We are looking for your family memories about life on the territory.

If you choose to participate you also have final approval over your contribution to the collection,

Love Curly

### **BIRTHDAYS**

<del>M</del>appy Happy Happy Birthday! . Happy 16th 1st Birthday! Birthday! Birthday Daddy Dakota June 20 Sharon Bryce McMurter July 23 July 23 July 13th Hugs & Kisses Ashton XOXO From Phil & Gladys Love Mommy & Daddy Happy Love Dad, Mom Happy Birthday! Happy 2nd Birthday! Brandi & Blair Birthday! MacKenzie Pean Happy July 1 July 10 MacKenzie Birthday! Love Curly From Nanny & Poppa Love Mommy, Daddy George Happy Birthday! Happy Birthday! & Brother July 11 Auntie Ang Happy Freeman July 26 From Phil & Gladys Birthday! July 1 Tons of Love Judg On June 17th, 2000 Toni July 31 From Curly Family & Friends Happy Birthday! Happy Birthday! celebrated with Papa Love Toni Love Curly Larry & Mary (Brant) McCauley (Hugs & Kisses) on the occasion of their Happy 25th Wedding Anniversary Mom Birthday Dad July 1 Нарру Дау Ману & Данку July 12 since July 12, 1975 Grandma & Love Love You, Angela Love, Pean Kelly, Jacob & Jenemy Jake & Family The Family Happy Love James Happy 10th Birthday Birthday! Donovan Lewis Happy Birthday! July 19th Nan, Love You, Toni Happy Judy July 31 Birthday! Mom July 29 Love Mom Brandon Sero Happy "46th" Loads of Love Birthday! July 21 Angela, Jake & Family Lots of Love Always Mom, Dad and Jonah Love Nana & Dad Greg (The King of Happy 10 th Birthday the Bubbles) Happy 17th Wirt-day Love your family Happy Birthday! Raven Øylan July 13 " Judy July 1016 Love: Mom, Dad, July 31

Pyl, Mik, Saun &

Danny

Mom, Wad, Mik, Rave,

Saun & Wan

### **COMMUNITY INTEREST & UPCOMING EVENTS**



### Congratulations!

Willard and Tina Hill and family would like to congratulate their daughter, Sheri Lynn Hill-Ford on her completion of her Bachelor of Education degree from Brock University in June 2000 at St. Catharines, Ontario

Sherry also completed a Bachelor of Arts degree in Anthropology from McMaster University in Hamilton, Ontario in 1998. Sherry Lynn is presently employed at Six Nations teaching a Grade 2/3 class at Emily C. General. Along with her family, her husband Barry and her children Dylan, Miki, Catherine, and Chelsea would also like to congratulate her on all her hard work. Mom, it all paid off! Sherry we love you and are very proud of your accomplishments.

Love XOXO

Mom, Dad, Kim, Andrew, Sarah, Melissa and Mark Barry, Dylan, Miki Lynne, Catherine and Chelsea

### Congratulations!



9

to Mary Ann Spencer & Heather Green on making the Dean's list at Carleton University.

Good Luck and Best Wishes on your future goal of achieving your Bachelor of Social Work.

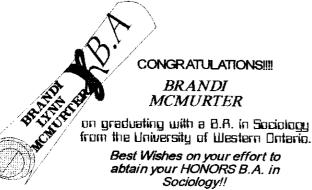
Love your Families

### Congratulations!



Rhonda on graduating High School

From Dad & Lynda



LOVE MOM, DAD & BRYCE



SATURDAY, JULY 15

9:00 P.M. - 1:00 A.M. \$5.00 Per Person

DESERONTO ARENA

Proceeds to Sunday Hack & Slash Hockey

DOREEN SOUTH
"WOMEN WHO FLOATS ON
WATER" IS A SEER.
DUE TO RESPONSE
DOREEN WILL BE
RETURNING TO
TYENDINAGA IN JULY
WHEN: JULY 11-14/00
COST: 15 MIN. \$25.00
COST: 1/2 HR. \$40.00
COST: 1 HR. \$65.00
CALL FOR APPOINTMENT
969-9608 OR EMAIL
earthmother@goplay.com

### **UPCOMING EVENTS**

## ARNOLD J. BRANT 3<sup>rd</sup> ANNUAL SCRAMBLE FOR DIABETES GOLF TOURNAMENT JULY 21, 2000 PICTON GOLF & COUNTRY CLUB

The organizers of the Arnold J. Brant Annual Scramble for Diabetes Golf Tournament would like to announce that the 3<sup>rd</sup> annual tournament will be held at the Picton Golf & Country Club on Friday, July 21, 2000.

This year's event will once again feature numerous prizes for all including hole-in-one prizes - \$10,000.00 cash, a trip for two from Canadian Airlines, and many others.

We have planned a full day of events including:

- An 18-hole, four person best ball golf tournament;
- A Traditional Feast to be held at the newly-renovated Mohawk Council House (Community Centre), sponsored by the Tyendinaga Mohawk Council where all prizes will be awarded immediately following the golf tournament, and;
- An evening dance, also at the Council House, featuring live music provided by local talent *Line Drive* and a Fashion Show.

Come and join us for a full day of golf and fun for only \$75.00/person (including a \$25 voucher).

Due to the success of previous Arnold J. Brant Colf Tournaments, we have gone nationally with this idea and have formed the Three Feathers Research Foundation. In conjunction with other Aboriginal Volunteers and the National Hockey League Players Association, we are coordinating five other golf tournaments in Manitoba, Saskatchewan, Alberta, British Columbia and Ottawa and are currently negotiating with Nova Scotia—all with raising funds to combat this dreaded disease.

Please note that due to the high interest of this event, both locally and from other First Nation Communities, registration is limited and will be accepted on a first-come, first-serve basis. In order to ensure your team's participation, you are advised to pre-register with the following:

Dick Brant, Mohawk Cresting - 396-3339

Donny C. Maracle, Ohwistha Capital Corporation - 396-2041

Listen to KWE Radio 105.9 FM for further updates on this event.





SPIRIT ALIVE #777 King's Highway 2 2 49

invites you to be part of our LIVE STUDIO AUDIENCE on taping days!

Please phone to find out when our next programming will be — only 30 seats available.

While here, you can have lunch with us in our new

Iroquois Tea Room
OPEN Thursday, Friday & Saturday
from 10:30 a.m. to 2:30 p.m.



Select from a unique menu - all foods prepared fresh desserts homemade - Specialty Teas - Iced Strawberry Lemon Tea - Baked Indian Pudding always available

Distinctive Gifts and Crafts also For Sale

SPIRIT ALIVE T.V. MINISTRIES
P. O. Box 280, Deseronto, Ontario K0K 1X0
Telephone: 396-1435 Fax: 396-2555



FUN DAY 2000

Wednesday, July 19th, 2000 Mohawk Community Centre

10am-2pm CAR WASH!

BARBEQUE!

BAKE SALE!

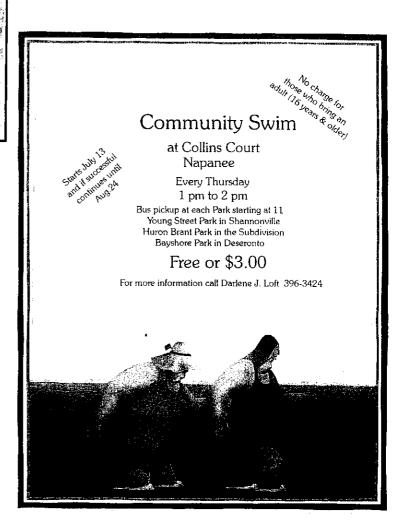
Proceeds to:

Mohawk Language Camp and Summer Sports Camp









### UPCOMING EVENTS





TYENDIN*AGA M*IXED LE*AG* **PRESENTS** 

A TRIBUTE CONCERT TO **NSYNC** å BRITNEY SPEARS

DATE:

AUGUST 27, 2000

LOCATION:

DESERONTO ARENA

TIME:

2:00 p.m.

PROCEEDS TO THE TYENDINAGA MIXED LEAGUE



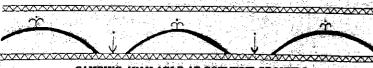
"TRADITIONAL"

13th Anniversary

## **TYENDINAGA**

**HONOURING OUR PROPHECIES** AUGUST 12TH & 13TH, 2000 HOMELAND OF THE PEACE MAKER MOHAWKS OF THE BAY OF QUINTE TYENDINAGA MOHAWK TERRITORY Hwy #401 Exits #556 & #566

MASTER OF CEREMONY: Don Waboose/Ojfoway N
HONOUR STAFF: Veteran Lornie Thompson
Akwesasne Mohawk Nation
HOST DRUM: First Nation Drum/Toronto
GUEST HOST DRUM: Utile Fire/Pays Plat Reserve
GUEST DRUM: Whispering Sprint/Fort Erie
CONFEDERACY WATER DRUM: Moriternotatile
Kanehsatake Wor
LEAD DANCERS: Jim McCue/Curve Lake Reserve
Anne Marie Tessier Lavigne/
Kanehsatake Honourarium
CALLING ALL DRUMS: Honourarium
CALLING ALL DRUMS: Honourarium
COBACCO CEREMONIES- Said 15 Jun 2000 am



### CAMPING AVAILABLE AT POW WOW GROUNDS

re isformation

w Co-Ordinator John -966-6472 identi call -966-5602

erad Boomh Ruby Marsel I-813-39-

NO ALCOHOL OR DRUGS

DARRIS (O MEANIS) SECOND

Wow Committee is not responsible for pe No Pets Allowed on Pow Wow Grounds

6th Annual Hill Family Reunion

COME OUT AND ENJOY THE FUN

THIS IS A TIME FOR THE YOUNG AND THE YOUNG AT HEART TO GATHER TO CHECK UP ON FAMILY NEWS AND VISIT WITH OTHERS.

THERE WILL ALSO BE GAMES, PRIZES, A LIVE BAND, GOOD FOOD AND ADULT DRAWS

PLACE:

THE TSITKERHEDODON PARK

DESERONTO, ONTARIO

ON:

AUGUST 20, 2000

TIME:

12:00 noon

PLEASE BRING COOLERS AND LAWN CHAIRS

FOR MORE INFORMATION PLEASE CONTACT

CAROL POTTS - 967-1924 OR VELMA HILL-DRACUP - 967-4704



Your Invited Friends and Relatives



On behalf of the family of Marvel Bernhardt to celebrate his retirement from the Mohawks of the Bay of Quinte at a dance being held Upstairs at the Council House on Saturday, July 29, 2000 8:00pm to 1:00 am

Featuring Tyendinaga's Own LINE DRIVE Dave Hill-lead guitar, vocals **Todd Kring-bass** Warren Maracle-drums Brant Bardy-guitar, vocals & DJ Music

### **CLASSIFIED**

### FOR RENT

- 4 PLEX APARTMENT
- located on the Airport Rd.
- 1st & last months damage deposit Required

Call 969-1315

### FOR SALE

86 FIREBIRD

- BEST OFFER
- For more information please call: 396-5364

### FOR SALE

ELECTRIC DEEP FRYER used once

\$90.00 new, will sell for \$75.00 Call 396-1435

### FOR SALE

WATERFRONT LOT

- located on Cedar Glen Rd.

For more information contact Sam Maracle at 962-2439

### FOR SALE

#### LAND

- approximately 20 acres on the north side of Marks side rd.
- approx. 250 ft of road frontage east of Bev Hills home and approx. 80 ft. of frontage west of Bev Hills
- good building lots on this property

For more information contact: Luella Hill at 613-396-6114

### MILL TOWN MEATS

- Corn Fed Beef
- Quarters & Half Cuts of Beef Wrapped & Frozen
- Individual pieces sold at home

Make your own Soup! Lyed Corn, Beans, Special Pork!

Call: Glenn Hill 962-5470

### FOR RENT

2 BEDROOM HOUSE CALL: 969-2860

### FOR SALE

### BUILDING LOT

- 150'x (negotiated depth)
- located east of the Community Centre
- south side of the road
- across from the ball field
- property has been checked for water
- Call Don Brant: 396-2424 For more information

### FOR SALE

AIR CONDITIONER

- White Westinghouse
- 12,000 BTU

- \$350.00

CALL: 396-9906 And leave a message

### BABYSITTING AVAILABLE

- In my home located in the sub Division
- Mondays to Fridays
- \$15.00 per day

Call Stephanie: 396-3923

#### FLORIDA BOUND?

Gorgeous five star condo for rent. Located in the heart of Orlando Florida on the Disney World property All major theme parks within ten

minutes by car or take the free shuttle daily from your door. Discounted theme park attraction tickets available at the front desk. Spacious condos are among the best in the area. Several swimming pools, free poolside BBQ lunch and daily planned activities at the resort. Floating week means you go south to see Mickey Mouse whenever YOU want to. Individual units rent fo \$125.00 U.S. per night if available. Asking \$1000.00 Canadian for seven nights. Why stay at a super 8 when for only a few dollars more you can relax in the lap of luxury at a world class 5 star resort. You

don't even have to leave the property to have the most memorable relaxing vacation of your life. Christmas 2000 still available from Dec. 23 - Dec. 30

396-2017

The Deadline date For the Newsletter is Monday, July 24 at noon 396-3424

### FOR RENT

ONE BEDROOM APARTMENT - off street parking

- located in Shannonville
- nicely decoratedcable T.V. availablenew fridge and stove
- available immediately
- first and last months rent required
- \$410.00 inclusive
- references required

For more information call 396-3957 or leave a message

### **NOW OPEN**

### FOUR DIRECTIONS FLOWER AND GIFT SHOP

LOCATED NEXT DOOR TO VILLAGE VARIETY **HWY #2 TYENDINAGA MOHAWK TERRITORY** 

WELCOME ALL OLD AND NEW CUSTOMERS

DELIVERIES DAILY AT 1:00 P.M.

**DESIGNER/OWNER: DENNIS LEWIS** 

STORE HOURS: **TUESDAY TO SATURDAY** 9:00 A.M. - 5:30 P.M.



TELEPHONE/FAX: (613) 969-2295



Come Discover What Put's the Too! in Hair Too!

396-5360

### **COMMUNITY BUSINESSES**



Independent Beauty Consultant



Callie Maracle 1310 Ridge Rd. Tyendinaga Terr. ON K0K 1X0 (613) 967-2835

### All Ears DJ Service Our rates are reasonable and our music is agreeable! call Kylee Maracle 969-0534

### TERRITORY BOOKSTORE "NATIVE CONTENT BOOKS AND MATERIALS"

Janice Brant, B.A.H., B.Ed.

Hours: Wed. 10 - 6 Fri.

Sat. 10 - 3 Sun 10 - 3

RR1 Highway 49
Deseronto, ON KOK 1X0
613-396-3988

Mailing RR1 Slash Road Deseronto, ON K0K 1X0

613-396-2526

\*ATTICS



1-800-263-2768灏 BLOWN IN OR BATTS





R.W. (Bob) Vrooman CFP. CLU, CH.F.C. Certified Financial Planner 475 Palace Rd. Napanee Ontario K7R 1A5 Napanee 354-2726 Belleville 968-6449

> London Life

Freedom 55

Available only from your London Life Representative.

### Mill Side Ceramics & Crafts

Bisque, Greenware, Paints Supplies, Craft Supplies

Militown Side Road Tyendinaga Territory 966-9640

Marieen G. Murphy



#### RED BARGAIN BARN 966 - 6306

0PEN : 10:00 - 5:00 Dally 7 days a week

Stoves, Fridges, all kinds of appliances Used Items, New Tools

MILL TOWN SIDE RD. I mile on Hwy \*\* 2 East of Shannonville



Graphic Artist

George Smart

Brochures • Logos • Stationary • Signs • Photo Recreation



### **COMMUNITY BUSINESSES**



888 York Rd. Tyendinaga Mohawk

Hair Styling for the Whole Family

- Waxing Services
- Eyelash & Eyebrow tinting
- Ear PiercingManicures & Pedicures

Gift Certificates Available! Great Savings on all Joico, ISO, OPI, Hair & Nail Care Products!

Call for appointments!

Diane Maracle at 967-4722

### Silverbear Desig

Clothing for your Native lifestyle. Fine Dressmaking and Design with an emphasis on winter wear and plus sizes.

Narda can create a perfect outfit for any holiday, vacation, birthday, anniversary or wedding occasion.

We also specialize in coats, jackets, hats mittens, vests, skirts, regular and ribbon shirts, ribbon dresses and buckskin outfits.

> Sewing classes for beginners start in the fall.

Please feel free to call 613-396-3863

- \* POLE LINE CONSTRUCTION
- \* BASEMENTS, DRIVEWAYS
- \* HAULAGE
- \* SEPTIC SYSTEMS (M.O.E. LICENCED)
- \* WATER WELLS (M.O.E. LICENCED)
- \* EXCAVATIONS (LARGE OR SMALL)
- \* FULL W.C.B. & LIABILITY COVERAGE
- \* FULL TIME PHONE & RADIO CONTACT \* \* REASONABLE RATES \*

\* FREE ESTIMATES \*

969-7430 FAX: 969-7405



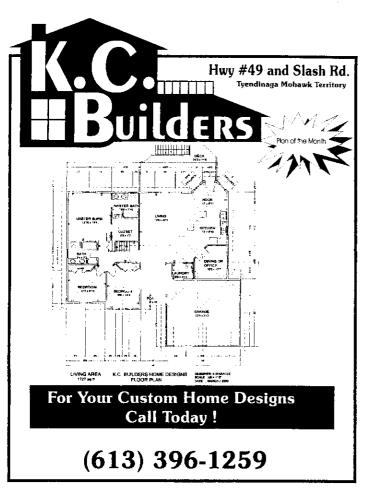


20 Years of Reliable Service

HYDRAULIC COMPONENT REPAIR AND TEST FACILITY CUSTOM MADE HIGH PRESSURE HOSE AND TUBE ASSEMBLIES INDUSTRIAL SERVICE MAINTENANCE PROGRAMS ADAPTERS ORINGS SEALKITS 1110 Lower Slash Road Tyendinaga M.T. 2 km East off Hwy. 49 Monday - Friday 8:00 am - 5:00 pm (613) 396-5593

> After Business Hours Call (613) 849-0165 PROTECTING THE ENVIRONMENT

### COMMUNITY BUSINESSES





TYTHOMAGA TIRRIFORY 962-1315

### FOR REASONABLE RATES & FREE ESTIMATES ON:

- DESIGN/ BUILD CUSTOM HOMES
   COMMERCIAL BUILDINGS
- RENOVATIONS
   BASEMENTS
- AAB WALL SYSTEMS
   DRIVEWAYS
- EXCAVATION
- SCREENED TOPSOIL, SAND & GRAVEL
- HAULAGE
- CONTAMINATED SOIL REMOVAL
- LICENSED SEPTIC INSTALLER
   LICENSED WELL CONTRACTORS

**ONTARIO NEW HOME WARRANTY PROGRAM** 

### CALL TOM MARACLE AT 969-1315





Honourable Lyle Vanclief P. C., M.P.

Minister of Agriculture & Agri-Food Canada

55 South Front Belleville Ontario K8n 5P4

PH: 969-7466 FAX: 969-7084

### RALPH'S AUTO GLASS

Remember if you have an EMERGENCY

\* Over 25 Years Local Service \*

Ralph Sero Box 89-88 Seros Rd R.R. #1 Deseronto, Ontario **K0K 1X0** (613) 396-1351

**CALL** 

Windshields Glass & Repairs Auto Door Shop & Mobile



### Free Estimates!

- Insurance Claims
- Domestic Auto Glass
- Foreign Auto Glass
- Construction Equipment Glast
- Truck Accessory Products



