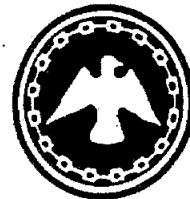
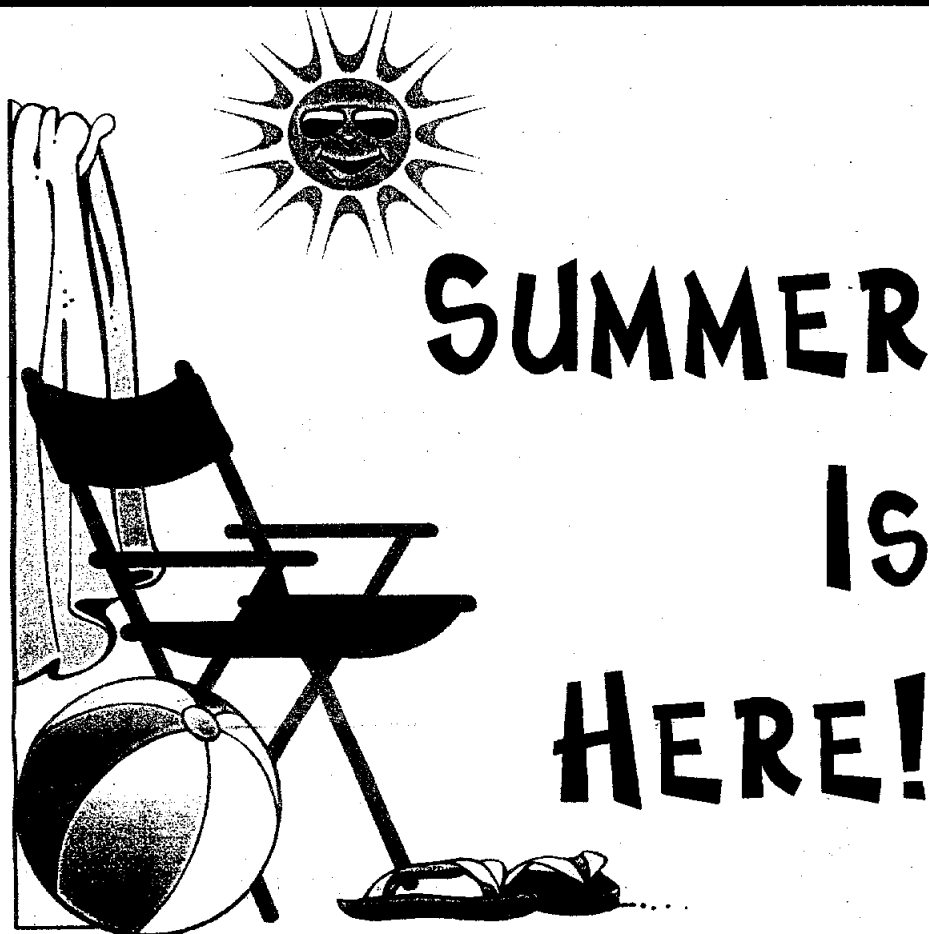


# TYENDINAGA

## NEWSLETTER



## ISSUE 7 /02



# SUMMER IS HERE!

### In this Issue:

Meeting Minutes  
& Notices - front - 8  
Police - 9  
Education - 10 - 12  
Health Centre - 13 - 16  
Red Cedars - 17 & 18  
Community Interest - 19 - 23  
Upcoming Events - 24 - 27  
Classified - 28  
Business Advertisements 29- 32

**Newsletter Deadline**  
Wednesday July 24  
12:00 noon  
396-3424

*We're on the Internet*  
[www.tyendinaga.net](http://www.tyendinaga.net)  
(What's happening)

**PLEASE NOTE THAT T.M.C.  
MEETINGS ARE SCHEDULED FOR:**

**WEDNESDAY JULY 17 (Regular)**  
**WEDNESDAY JULY 10 (Local Business) &**  
**WEDNESDAY JULY 20 (Local Business)**

Future meetings will occur  
on the 1st & 3rd Tuesday of every month  
unless notified otherwise.

### EUCHRE NIGHT!



Do you have the time and like to play  
Euchre and have fun?  
Euchre every 2nd Tuesday evening at 7:30!  
We have business meetings once a month!  
If you are interested please call  
396-6522 OR 967-4708  
For more information

## MEETING MINUTES



TYENDINAGA MOHAWK COUNCIL MINUTES  
MAY 7, 2002

A meeting of the Tyendinaga Mohawk Council was held on Tuesday May 7, 2002 at 9:00 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle  
Councillors: Douglas E. Maracle, Gregory P. Brant, Christine Claus and Velma Hill-Dracup (arrived 9:35 a.m. due to illness)  
Staff: E. Todd Kring, CAO  
Angela Maracle, Administrative Officer

Chief Maracle opened the meeting with a prayer in Mohawk.

Note\* Christine Claus was not happy with receiving the Council Package the day before the meeting.

MOTION #1: Moved by Douglas E. Maracle, seconded by Christine Claus that the Tyendinaga Mohawk Council Minutes of April 10, 2002 be accepted as corrected.

Carried.

MOTION #2: Moved by Douglas E. Maracle, seconded by Christine Claus to write a letter to the Minister and Deputy Minister of Indian and Northern Affairs requesting that the Minister change the Public Commission of Canada Service Staffing rule that prohibits anyone that lives a greater distance, than a 50 mile radius, to apply for federal positions in Native Communities.

Carried.

MOTION #3: Moved by Gregory P. Brant, seconded by Douglas E. Maracle that the Tyendinaga Mohawk Council Minutes of April 15, 2002 be accepted as corrected.

Carried.

MOTION #4: Moved by Christine Claus, seconded by Velma Hill-Dracup that the Tyendinaga Mohawk Council Minutes of April 16, 2002 be accepted as corrected.

Carried.

MOTION #5: Moved by Velma Hill-Dracup, seconded by Christine Claus that the Tyendinaga Mohawk Council Minutes of April 22, 2002 be accepted as corrected.

Carried.

MOTION #6: Moved by Christine Claus, seconded by Gregory P. Brant that the Tyendinaga Mohawk Council Minutes of April 24, 2002 be accepted as corrected.

Carried.

MOTION #7: Moved by Gregory P. Brant, seconded by Christine Claus to acknowledge the Mohawk Recreation Committee Minutes of April 2, 2002.

Carried.

Note\* Douglas E. Maracle has concerns with the issue of liability of Paint Ball Team.

Upcoming Meetings Scheduled

- Mohawk Landing – May 19, 2002
- Ontario Chiefs Caucus – May 22, 2002
- AFN Special Chiefs Assembly – May 22 & 23, 2002

Disclaimer: Comments of individual members may not necessary reflect the opinion of the whole Council.

AIAI General Assembly – May 24 & 25, 2002

MOTION #8: Moved by Velma Hill-Dracup, seconded by Douglas E. Maracle to reschedule the Council Meeting from May 29, 2002 at 7:00 p.m. to May 30, 2002 at 7:00 p.m. due to the Red Leaf Dinner with Liberal MP, Lyle VanClief.

Carried.

MOTION #9: Moved by Gregory P. Brant, seconded by Velma Hill-Dracup to meet with Glen Gilbert, Capital Manager of Indian and Northern Affairs on June 6, 2002 at 10:00 a.m. to discuss the Capital Planning Study.

Carried.

MOTION #10: Moved by Douglas E. Maracle, seconded by Velma Hill-Dracup to meet with Ron Mavin on May 17, 2002 at 10:00 a.m. to discuss Economic Development issues.

Carried.

MOTION #11: Moved by Christine Claus, seconded by Douglas E. Maracle to meet with Home and Community Care Program Funders on May 16, 2002 at 9:00 a.m. to discuss the program issues.

Carried.

MOTION #12: Moved by Douglas E. Maracle, seconded by Velma Hill-Dracup to acknowledge a thank you letter from Jennifer Maracle regarding utilization of Off Reserve Daycare.

Carried.

MOTION #13: Moved by Christine Claus, seconded by Douglas E. Maracle to approve a meeting between Charlie Nadjiwon, Funding Services Officer of Indian and Northern Affairs and Program Managers to discuss reporting requirements.

Carried.

MOTION #14: Moved by Christine Claus, seconded by Velma Hill-Dracup that the Tyendinaga Mohawk Council hereby appoints the following staff to have voting privileges at the Association of Iroquois and Allied Indians Annual General Assembly being held in Oneida First Nation on May 24-25, 2002.

1. Angela Maracle, Administrative Officer
  2. Lisa Maracle, Lands Researcher
- M.C.R. # 2002-010**

Carried.

MOTION #15: Moved by Velma Hill-Dracup, seconded by Douglas E. Maracle to decline the request to attend the 4<sup>th</sup> Annual National Conference: Best Practices in First Nation Youth Entrepreneurship – June 27-28, 2002 in Toronto because the program would likely not be beneficial since it is a technicians meeting.

Carried.

MOTION #16: Moved by Douglas E. Maracle, seconded by Velma Hill-Dracup that the Tyendinaga Mohawk Council hereby authorize to appoint Mark Green to the First Nations Technical Institute Board of Directors for a 2-year term, as recommended by First Nations Technical Institute Board of Directors. **M.C.R. #2002-011**

Carried.

MOTION #17: Moved by Gregory P. Brant, seconded by Douglas E. Maracle to write a letter to Glenn Hill addressing his concerns and complaints. The CAO is to investigate the possibility of hiring a Dog Bylaw Officer.

Carried.


MOTION #18: Moved by Gregory P. Brant, seconded by Douglas E. Maracle to approve the Application for Business Registration, Permit to Purchase Wholesale and Wholesale Permit to Purchase Tax-Exempt Tobacco Products for The Work Gear Company, Keith Maracle, owner.

Carried.

## MEETING MINUTES

- MOTION #19:** Moved by Christine Claus, seconded by Velma Hill-Dracup to approve the Application for Business Registration and Permit to Purchase Wholesale and Wholesale Permit to Purchase Tax-Exempt Tobacco Products for York Road Restaurant, Ward and Diane Maracle, owner. Write a letter to Ward and Diane Maracle owners of Ward's Car Sales explaining the requirements for the application.  
Carried.
- MOTION #20:** Moved by Velma Hill-Dracup, seconded by Douglas E. Maracle to acknowledge the memorandum from LaShelle Brant regarding Andy Maracle's Economic Opportunity Fund Application. Write a letter to Indian and Northern Affairs requesting clarification on situation.  
Carried.
- MOTION #21:** Moved by Velma Hill-Dracup, seconded by Douglas E. Maracle to acknowledge the Hides Depot Report and approve payment of the invoice in the amount of \$27,188.95 for tanning the hides.  
Carried.
- Note\* The Hides Depot is projecting a surplus of \$11,000.00 at the end of the fiscal year March 31, 2002. Council commends Randy Brant for his excellent work.
- MOTION #22:** Moved by Christine Claus, seconded by Douglas E. Maracle to approve payment of Invoice #523036 from Power Budd in the amount of \$207.39 for review of a Professional Services Agreement/Contract.  
Carried.
- MOTION #23:** Moved by Velma Hill-Dracup, seconded by Douglas E. Maracle to approve payment of Invoice #0062547 from Hicks Morley in the amount of \$2,229.00 for various employment matters during the period of March 1 – March 31, 2002.  
Carried.
- MOTION #24:** Moved by Christine Claus, seconded by Velma Hill-Dracup to approve payment of Invoice # 66310 from Nahwegahbow, Nadjwan and Corbiere in the amount of \$5,077.25 for legal opinion on Matrimonial Support Payments.  
Carried.
- MOTION #25:** Moved by Christine Claus, seconded by Velma Hill-Dracup to make a copy of the legal opinion regarding Matrimonial Support Payments available to Band Members and publish in the Newsletter.  
Carried.
- MOTION #26:** Moved by Velma Hill-Dracup, seconded by Christine Claus to approve payment of the Invoice from Patrick Schindler in the amount of \$9,025.00 for the Judicial Review of the Richmond Landfill during the period of April 1 – April 26, 2002.  
Carried.
- MOTION #27:** Moved by Velma Hill-Dracup, seconded by Douglas E. Maracle to donate \$300.00 to the Mohawk Fire Association for the Mutual Aid Meeting.  
Carried.
- MOTION #28:** Moved by Christine Claus, seconded by Gregory P. Brant to approve an internal transfer in the amount of \$7,700.00 for Project Management Fees of the Drill Hall Assessment. The Mohawks of the Bay of Quinte received \$61,200.00.  
Carried.
- MOTION #29:** Moved by Gregory P. Brant, seconded by Velma Hill-Dracup to waive the Community Centre rental fee for the Mutual Aid Meeting hosted by the Mohawk Fire Department on May 1, 2002.  
Carried.
- MOTION #30:** Moved by Velma Hill-Dracup, seconded by Christine Claus to approve the request from the Mohawk Fire Department in the amount of \$1,493.04 for the trip to Thunder Bay. Six members of the fire department will receive Exemplary Service Medals. Chief Maracle will attend the awards ceremony.  
Carried.
- MOTION #31:** Moved by Christine Claus, seconded by Gregory P. Brant to submit the Red Cedars Traditional Practitioner Program proposal for 2002-2003 to the Aboriginal Healing Foundation.  
Carried.  
Douglas E. Maracle - negative vote due to the issue of insurance coverage.
- Note\* Chief Maracle asked Todd Kring, CAO to ensure that there is adequate insurance coverage required for the Traditional Practitioner Program.
- MOTION #32:** Moved by Christine Claus, seconded by Douglas E. Maracle to implement the revised Water Reimbursement Policy.  
Carried.
- MOTION #33:** Moved by Christine Claus, seconded by Velma Hill-Dracup to recess for lunch (12:05 p.m.).  
Carried.
- Council resumed the meeting (1:05 p.m.).
- MOTION #34:** Moved by Christine Claus, seconded by Douglas E. Maracle to amend the Renovations Policy to eliminate loans for the construction of garages due to budget constraints in the housing fund.  
Carried.
- MOTION #35:** Moved by Christine Claus, seconded by Douglas E. Maracle to sign the contract with Allan Tanney and Associates in the amount of \$118,000.00 for the Demonstration Home Project.  
Carried.
- Note\* Chief Maracle wanted it noted that the Mohawks of the Bay of Quinte is not obligated to build a subdivision.
- MOTION #36:** Moved by Christine Claus, seconded by Velma Hill-Dracup to install a railing in the center of the stairway at the Community Centre to address safety concerns.  
Carried.
- MOTION #37:** Moved by Gregory P. Brant, seconded by Douglas E. Maracle that the Council meet on May 28, 2002 at 9:30 a.m. to discuss the arrears issues and invite Community Members in arrears to attend the meeting.  
Carried.
- MOTION #38:** Moved by Christine Claus, seconded by Gregory P. Brant whereas, the Tyendinaga Mohawk Council recognize and support the need to train Community Youth, therefore be it resolved that the Tyendinaga Mohawk Council approve the proposal submission for a Youth Carpenter Apprenticeship to the Department of Indian and Northern Affairs in the amount of \$80,884.00. **M.C.R. #2002-012**  
Whereas, the Tyendinaga Mohawk Council recognize the need to train our Community Youth, therefore be it resolved, that the Tyendinaga Mohawk Council approve the Youth Carpenter Apprenticeship Proposal submitted to Kagita Mikam LDM in the amount of \$78,494.00. **M.C.R. #2002-013**  
Carried.  
Velma Hill-Dracup declared conflict of interest on the submission to Kagita Mikam.

## MEETING MINUTES

- MOTION #39: Moved by Gregory P. Brant, seconded by Velma Hill-Dracup to correct the septic system problem on John Baptiste's property and to send letters to Indian and Northern Affairs, and Public Works and Government Services for the recovery of costs to repair the problem.  
Carried.
- MOTION #40: Moved by Douglas E. Maracle, seconded by Velma Hill-Dracup to defer the submission for Staff Training to Kagita Mikam until after the Budget Review.  
Carried.
- MOTION #41: Moved by Christine Claus, seconded by Douglas E. Maracle to redraft the Recruitment and Selection Policy with amendments.  
Carried.
- MOTION #42: Moved by Douglas E. Maracle, seconded by Velma Hill-Dracup that the Land hereunder described and situated on the Tyendingaga Indian Reserve No. 38 be allotted to Thomas Joseph Maracle Band No. 2401, in accordance with Section 20, Subsection 1, of the Indian Act, R.S.C. 1952. That Portion of Lot 2-6, Concession 1, Tyendingaga Mohawk Territory, as shown hatched on the attached sketch and based on Plan No. 5908 R RSO. **M.C.R. #2002-014**  
Carried.  
Christine Claus – negative vote due to inadequate information provided to Council.  
Gregory P. Brant was absent from room at time of decision.
- MOTION #43: Moved by Gregory P. Brant, seconded by Velma Hill-Dracup to approve the land transfer from Gloria Idzenga to Mary Ann Spencer the whole of Lot 17A-4, Concession 2, as shown on Plan No. 5671R RSO.  
Carried.
- MOTION #44: Moved by Douglas E. Maracle, seconded by Gregory P. Brant to approve the Land Transfer from Teddy Marvin Hill to James Warren Green, the whole of Lot 10A-2, Concession A, as shown on Plan No. 5861R RSO.  
Carried.
- MOTION #45: Moved by Gregory P. Brant, seconded by Velma Hill-Dracup to approve the Land Transfer from Richard and Sharon Maracle to Thomas J. Maracle, that portion of Lot 10-A-A-20, Concession A, shown hatched on the attached sketch as shown on Plan No. 4903 RSO, together with a Right of Access according to Agreement Registration No. 91341.  
Carried.
- MOTION #46: Moved by Velma Hill-Dracup, seconded by Douglas E. Maracle to approve the Land Transfer from Earl P. Keith and Kenneth D. Keith to Earl P. Keith, that portion of Lot 3A-16, Concession 2, as shown hatched on the attached sketch and based on Plan No. 5468R RSO.  
Carried.
- MOTION #47: Moved by Velma Hill-Dracup, seconded by Douglas E. Maracle to approve the Land Transfer from Earl P. Keith and Kenneth D. Keith to Kenneth D. Keith, a portion of Lot 3A-16, Concession 2, as shown hatched on the attached sketch and based on Plan No. 5468R RSO.  
Carried.
- MOTION #48: Moved by Velma Hill-Dracup, seconded by Douglas E. Maracle to approve the Land Transfer from Earl P. Keith and Kenneth D. Keith to Earl P. Keith, a portion of Lot 3A-16, Concession 2, as shown hatched on the attached sketch and based on Plan No. 5468R RSO.  
Carried.
- MOTION #49: Moved by Velma Hill-Dracup, seconded by Douglas E. Maracle to approve the Land Transfer from Ross and Linda Maracle to Rebecca Jean Maracle, the whole of Lot 31E-7-1, Concession A, as shown on Plan No. RSO 6146R.  
Carried.
- MOTION #50: Moved by Douglas E. Maracle, seconded by Velma Hill-Dracup to approve the Land Transfer from Pamela Lori Brinklow to Rachel Lynn Volkman, that portion of Parcel C, Lot 13, Concession A, as shown hatched on the attached sketch based on Plan No. 4671 CLSR.  
Carried.
- MOTION #51: Moved by Velma Hill-Dracup, seconded by Douglas E. Maracle to approve the Land Transfer from Ross and Linda Maracle to Rachel Lynn Volkman, the whole of Lot 31E-7-2, Concession A, as shown on Plan No. RSO 6146R and the whole of Lot 31E-11, Concession A, as shown on Plan No. RSO 6146R.  
Carried.
- MOTION #52: Moved by Douglas E. Maracle, seconded by Velma Hill-Dracup to defer the request from Thomas J. Maracle for first right of refusal to purchase lots in the Industrial Park for further information. Three lots were specified in letter and two are shown on the map.  
Carried.
- MOTION #53: Moved by Christine Claus, seconded by Douglas E. Maracle to defer the Drinking Water Safety Program Proposal.  
Carried.
- MOTION #54: Moved by Douglas E. Maracle, seconded by Christine Claus to submit the Education Capital "C" Budgets 2002-2003 proposal to Indian and Northern Affairs Canada.  
Carried.
- MOTION #55: Moved by Christine Claus, seconded by Velma Hill-Dracup to utilize the Cemetery Funds in the amount of \$1,910.00 for a survey and design to repair the drainage problems at Christ Church.  
Carried.
- MOTION #56: Moved by Gregory P. Brant, seconded by Velma Hill-Dracup to pay the Engineering Fees from the Roads Budget in the amount of \$1,623.00 to survey and prepare a design to repair the drainage issue along the York Road.  
Carried.
- MOTION #57: Moved by Douglas E. Maracle, seconded by Velma Hill-Dracup to circulate the draft Terms of Reference for a proposed Asphalt Plant for comment to Urmis Madisson of Indian and Northern Affairs, John Tooley of the Ministry of the Environment, and John Grieves of Environment Canada.  
Carried.
- MOTION #58: Moved by Douglas E. Maracle, seconded by Gregory P. Brant to go into Private Minutes (4:30 p.m.).  
Carried.
- Summary of Private Minutes
- Staff matters were approved.
  - A mortgage loan request and a housing request were approved.
  - The remainder of the agenda is to be completed on May 8, 2002.
  - The meeting was adjourned (4:50 p.m.).
- Jennifer E. Brant  
Recording Secretary
- Todd Kring  
Chief Administrative Officer
-   
Chief R. Donald Maracle

## MEETING MINUTES


**TYENDINAGA MOHAWK COUNCIL MINUTES**  
**MAY 8, 2002**

A meeting of the Tyendinaga Mohawk Council was held on Wednesday May 8, 2002 at 2: p.m. in the Council Chambers to complete the May 7, 2002 Council Agenda.

Present: Chief R. Donald Maracle  
 Councillors: Douglas E. Maracle, Christine Claus, and Gregory P. Brant  
 Velma Hill-Dracup, absent due to illness.  
 Staff: E. Todd Kring, CAO  
 Angela Maracle, Administrative Officer

Chief Maracle opened the meeting with a prayer in Mohawk.

**MOTION #1:** Moved by Douglas E. Maracle, seconded by Gregory P. Brant to repost the Red Cedars Shelter Counsellor Term Position.  
 Carried.

**MOTION #2:** Moved by Douglas E. Maracle, seconded by Christine Claus that the Tyendinaga Mohawk Council hereby approve for Chief R. Donald Maracle to remove the Queen Anne Silver from the Bank of Montreal vault for the Mohawk Landing Services on May 19, 2002.  
**M.C.R. #2002-021**  
 Carried.

**MOTION #3:** Moved by Christine Claus, seconded by Gregory P. Brant that the Tyendinaga Mohawk Council hereby approve for Chief R. Donald Maracle to remove the Queen Anne Silver from the Bank of Montreal vault to display at the Senate Aboriginal Room in Ottawa on May 23, 2002 as part of the Aboriginal Awareness Week activities. **M.C.R. #2002-022**  
 Carried.

**MOTION #4:** Moved by Christine Claus, seconded by Douglas E. Maracle that the Tyendinaga Mohawk Council, with this resolution, authorizes its researchers Lisa Maracle and Trish Rae to research and review documents at the National Archives and to obtain copies of documents as available which pertain to our community history including:

- any available estate or land dispute files of our members required for land history research and for several current land disputes on the Tyendinaga Mohawk Territory;
- any available files pertaining to our world war one veterans;
- any documents pertaining to the current land claims of Surrender #24 in 1820 and Surrender #41 in 1835;
- any documents pertaining to Tyendinaga, births/marriages/deaths/commutations/ enfranchisement records which are required for the beneficiaries issues of current claims;
- any documents pertaining to our treaty history; and,
- any documents pertaining to our hunting, fishing and other harvesting rights.

This resolution is effective from 14<sup>th</sup> May 2002 and is to last for one year. **M.C.R. #2002-023**  
 Carried.

**MOTION #5:** Moved by Gregory P. Brant, seconded by Douglas E. Maracle to approve payment of the invoice from Magnum Hydraulics in the amount of \$6,771.07 for an air compressor at the Public Works Facility.  
 Carried.

**MOTION #6:** Moved by Gregory P. Brant, seconded by Christine Claus to sign the banking arrangements with the Bank of Montreal for the loan to construct the Public Works Facility in the amount of \$1,142,822.00.  
 Carried.

**MOTION #7:** Moved by Douglas E. Maracle, seconded by Gregory P. Brant to approve High Spin Consultants for a phased approach to the Manufactured Housing Study.  
 Carried.

**MOTION #8:** Moved by Christine Claus, seconded by Gregory P. Brant to submit the Drinking Water Safety Program Proposal 2002-2003 (formerly the Green Plan).  
 Carried.

**MOTION #9:** Moved by Douglas E. Maracle, seconded by Gregory P. Brant to acknowledge the Bank of Montreal Housing Loan Program Report for the period ending May 1, 2002.  
 Carried.  
 Christine Claus declared conflict of interest.

Note\* The Council has currently guaranteed to the Bank of Montreal for the Housing Loan Program is \$1,136,252.65.

**MOTION #10:** Moved by Christine Claus, seconded by Gregory P. Brant to go into Private Minutes.  
 Carried.

Summary of Private Minutes

- Tyendinaga Mohawk Council Private Minutes were approved.
- Staff matters were approved.
- Community Members requests were discussed.
- Renovation and Housing Loans were approved.
- Mortgage discharges and rewrites were approved.
- The meeting was adjourned (4:40 p.m.).

Jennifer E. Brant  
 Recording Secretary

Todd Kring  
 Chief Administrative Officer

*Donald Maracle*  
 Chief R. Donald Maracle


**TYENDINAGA MOHAWK COUNCIL MINUTES**  
**MAY 21, 2002**

A meeting of the Tyendinaga Mohawk Council was held on Tuesday May 21, 2002 at 9:00 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle  
 Councillors: Douglas E. Maracle, Gregory P. Brant and Christine Claus  
 Velma Hill-Dracup, absent due to doctor's appointment.  
 Staff: Angela Maracle, Administrative Officer

Chief Maracle opened the meeting with a prayer in Mohawk.

## MEETING MINUTES

- MOTION #1: Moved by Douglas E. Maracle, seconded by Gregory P. Brant to acknowledge the Kanhiote Library Board Meeting Minutes May 7, 2002.  
Carried.
- MOTION #2: Moved by Douglas E. Maracle, seconded by Christine Claus to reschedule the meeting with Glen Gilbert of Indian and Northern Affairs to June 7, 2002 at 10:00 a.m. to discuss the Capital Planning Study.  
Carried.
- MOTION #3: Moved by Christine Claus, seconded by Gregory P. Brant to schedule the following Tyendinaga Mohawk Council Meetings:  
June 4, 2002 at 9:00 a.m.,  
June 12, 2002 at 7:00 p.m. (Local Business),  
June 17, 2002 at 9:00 a.m., and  
June 20, 2002 at 7:00 p.m. (Local Business).  
Carried.
- MOTION #4: Moved by Christine Claus, seconded by Gregory P. Brant to approve the Application for Wholesale Permit to Purchase Tax-Exempt Tobacco Products for Fuller Fries, Winston Fuller, owner.  
Carried.
- MOTION #5: Moved by Gregory P. Brant, seconded by Christine Claus to waive the Community Centre Rental Fee for the AIAI Elders Conference scheduled for September 17 - 18, 2002.  
Carried.
- MOTION #6: Moved by Douglas E. Maracle, seconded by Christine Claus to defer the request for a donation from the Ted Nolan Golf Tournament to the Education Department for further information regarding the Rose Nolan Scholarship Fund and Terry Henry Memorial Fund.  
Carried.
- MOTION #7: Moved by Christine Claus, seconded by Gregory P. Brant to release information on the Mohawks of the Bay of Quinte Benefits Program to Tribal Custom Insurance with the exception of premium amounts, to provide quotes.  
Carried.
- MOTION #8: Moved by Christine Claus, seconded by Gregory P. Brant to change the date of the Home and Community Care Open House. The suggested dates are June 13, 20, or 21, 2002 and to also send an invitation to all people receiving homemaking or nursing services.  
Carried.
- MOTION #9: Moved by Douglas E. Maracle, seconded by Gregory P. Brant to defer the request from the Housing Department requesting the Tyendinaga Mohawk Council to rescind Motion 21, July 25, 2001, which refers to approving mortgages at anytime during the year.  
Carried.
- MOTION #10: Moved by Douglas E. Maracle, seconded by Gregory P. Brant that the Tyendinaga Mohawk Council will rescind Motion 6 dated April 10, 2002 which approves the removal of the Shannonville Park when funds are identified to build a park on the Slash Road. The reason to move or build a park on Slash Road is due to the large number of Children (66), the speed of traffic as compared to Young Street in Shannonville and the Public Works Facility.  
Carried.
- MOTION #11: Moved by Douglas E. Maracle, seconded by Gregory P. Brant to revise the Recruitment and Selection Policy.  
Carried.
- MOTION #12: Moved by Christine Claus, seconded by Douglas E. Maracle to obtain a Federal Government Leave of Absence Form and draft a similar form for the Mohawks of the Bay of Quinte.  
Carried.
- MOTION #13: Moved by Christine Claus, seconded by Gregory P. Brant to post the Home and Community Care Registered Nurse, Casual Position, internally.  
Carried.
- MOTION #14: Moved by Gregory P. Brant, seconded by Douglas E. Maracle to approve the Land Transfer from Orval Allen Brant to Danielle Laura Brant, the whole of Lot 24E-1-1, Concession 2, as shown on Plan No. 4559R RSO.  
Carried.
- MOTION #15: Moved by Gregory P. Brant, seconded by Douglas E. Maracle to approve the Land Transfer from Harvey L. Maracle and Deborah M. Maracle to Hilda Marie Maracle, the whole of Lot 22 B-4, Concession 2, as shown on Plan No. 4341R RSO together with the whole of Lot 22B-6-1, Concession 2, as shown on Plan No. 4341R RSO.  
Carried.
- MOTION #16: Moved by Douglas E. Maracle, seconded by Gregory P. Brant to approve the Land Transfer from Hilda M. Maracle to Terry Allen Maracle and Charity Feather Brant as Joint Tenants and not as tenants in common, a portion of Lot 22B-6-2, Concession 2, as shown hatched on the attached sketch and based on Plan No. 4341R RSO.  
Carried.
- MOTION #17: Moved by Douglas E. Maracle, seconded by Gregory P. Brant that the Council is willing to approve the request from Arnold C. Sager to purchase a lot in the Industrial Park once Council receives further information regarding Capital Cost for Road Construction.  
Carried.
- MOTION #18: Moved by Christine Claus, seconded by Gregory P. Brant to schedule a meeting with Darren Bonaparte, Donna Roundpoint and the Tyendinaga Mohawk Council to learn additional information regarding the possibility of claims to ancestral homelands. Organize a meeting with other Mohawk Communities, including Harry Doxtator and his lawyer to discuss Mohawk Land Claims in the United States.  
Carried.
- MOTION #19: Moved by Christine Claus, seconded by Douglas E. Maracle to approve a permit for Hydro Installation for Mary Ann Spencer, Lot 17A, Concession 2.  
Carried.
- MOTION #20: Moved by Douglas E. Maracle, seconded by Gregory P. Brant to acknowledge the invitation to the Mohawk Roundtable Meeting June 14, 2002 in Wahta. Council will attend the meeting.  
Carried.
- MOTION #21: Moved by Douglas E. Maracle, seconded by Christine Claus to defer the invitation to the Ontario First Nations Technical Services Corporation South Tribal Council Non-Core Capital Meeting (June 4-5, 2002) for more information.  
Carried.
- MOTION #22: Moved by Christine Claus, seconded by Douglas E. Maracle to approve completing the Association of Iroquois and Allied Indians (AIAI) Information System Needs Assessment and submit to the Council for review prior to sending the information to AIAI.  
Carried.

# MEETING MINUTES

- MOTION #23: Moved by Christine Claus, seconded by Douglas E. Maracle to acknowledge the thank you letter from John Donnelly. Carried.
- MOTION #24: Moved by Gregory P. Brant, seconded by Douglas E. Maracle to go into Private Minutes. Carried.

Summary of Private Minutes

- Staffing matters were discussed.
- Community Member's issues were discussed.
- An emergency loan was approved.
- A business registration was approved.
- Mortgage discharges and rewrites were approved.
- The meeting was adjourned (2:00 p.m.).

Jennifer E. Brant  
Recording Secretary

*Donald Maracle*  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessary reflect the opinion of the whole Council.

## NOTICE TO COMMUNITY MEMBERS

NOW IN PLACE  
AT THE BAYSHORE PARK  
IS A YARD HYDRANT FOR  
FILLING UP WATER JUGS  
YEAR ROUND

## Rental of 59'ers Hall

The 59'ers Hall is under renovations but still available for small functions and is located at Hwy's 2 & # 49.  
For more rental information please call:  
Gloria Idzenga at 962-8757

### NOTICE:

To all Business Owners:  
The Tyendinaga Mohawk Council would greatly appreciate your input for changes to the Tender Policy.  
The Tender Policy of the Mohawks of the Bay of Quinte will be reviewed on July 17, 2002 at the administration Building at 10:00 a.m.  
If you have any questions, please contact Sue Maracle at 613-396-3424.

### LOT FOR SALE - BY TENDER

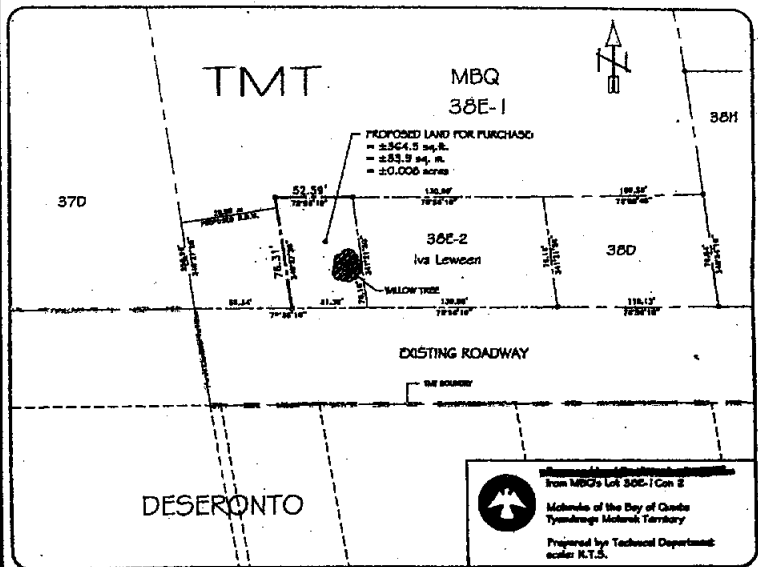
Mohawks of the Bay of Quinte has a Lot for Sale by Tender

Lot Size: Approximately 76.31' x 52.59'  
Lot Description: Lot 38E-1, Concession 2  
Lot Location: North Street (directly west of Iva Leween's home)

Please note that this is not a building lot.  
Please forward tender by July 19, 2002 to:

Mohawks of the Bay of Quinte, #13, Old York Road, R. R. #1  
Tyendinaga Mohawk Territory, On. K0K 1X0

For more information please contact Ken Brant or Kim Parks at 396-3424



### \* ATTENTION \* CURRENT OR POTENTIAL COMMUNITY BUSINESSES

If anyone is looking for retail space in the community. Please contact the Economic Development Department at the Administration Office

396-3424 ext. 110

# ADMINISTRATION

## HOUSING POLICY NOTICE

The Tyendinaga Mohawk Council issues loans to build or purchase existing homes once a year. The deadline for making application is **March 1<sup>st</sup>**.

Please contact the Housing Department at 396-3424 if further information or clarification is required.

The Bank of Montreal has a mortgage loan program that eligible community members can access throughout the year. Enquiries regarding the Bank of Montreal Program should be directed to **Carol Reynolds at 967-4326**.

### Tyendinaga Mohawk Territory Business Owners and Operators Service Providers

The Economic Development Department is in the process of hiring an individual to compile and produce a Business and Services Directory of the Tyendinaga Mohawk Territory. The candidate would be involved in contacting and interviewing businesses and their owners for inclusion in the directory, and for other related business issues.

This individual will also be contacting other services within the community about listings and possible advertising.

If you would like to be included in the Business and Services Directory, please leave your name and business name at either extension 110 or 135 in the Economic Development Office at the Band Office and we will be sure to contact you.

LaShelle Brant ext. 110 or Wendy Maracle ext. 135  
Economic Development Office 396 3424  
Email [lshelle@mbq.tyendinaga.net](mailto:lshelle@mbq.tyendinaga.net)

#### Honorarium Report April-02

Chief R. Donald Maracle	\$ 1,800.00	
Councillor Velma Hill-Dracup	\$ 500.00	
Councillor Douglas E. Maracle	\$ 1,000.00	
Councillor Gregory P. Brant	\$ 1,500.00	
Councillor Christine Claus	\$ 2,200.00	
	\$ 5,200.00	\$ 7,000.00

#### Honorarium Report May-02

Chief R. Donald Maracle	\$ 2,000.00	
Councillor Velma Hill-Dracup	\$ 1,000.00	
Councillor Douglas E. Maracle	\$ 1,300.00	
Councillor Gregory P. Brant	\$ 1,500.00	
Councillor Christine Claus	\$ 2,400.00	
	\$ 6,200.00	\$ 8,200.00

## Community Notice

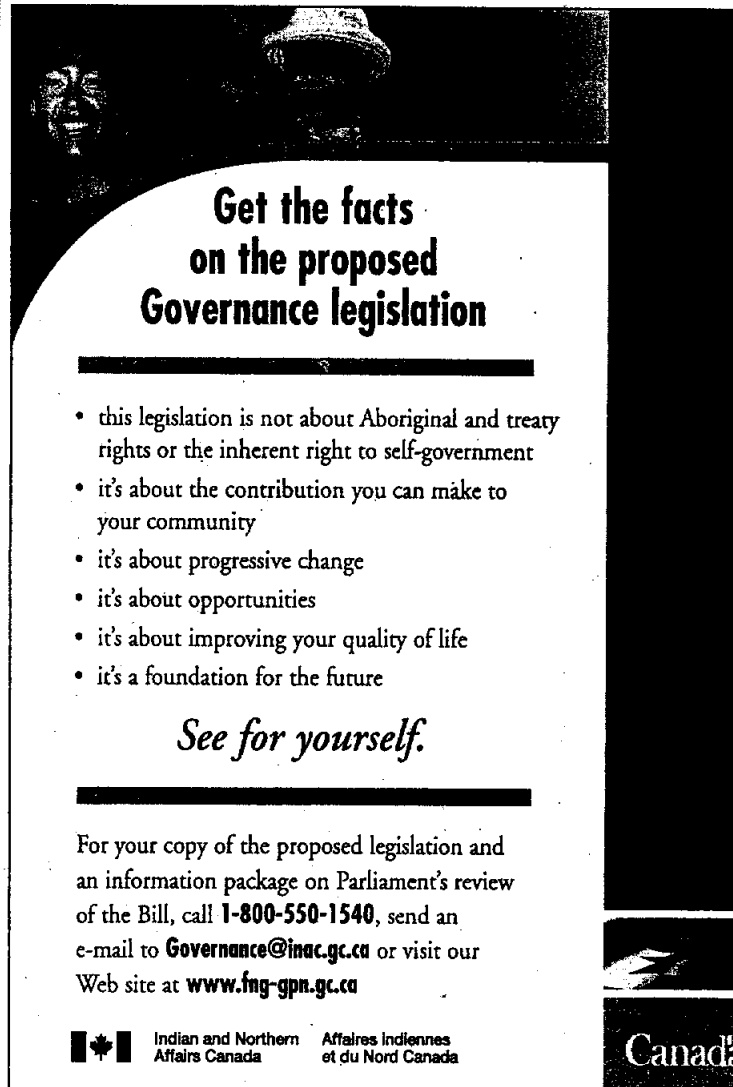
There have recently been numerous nuisance complaints received, regarding dogs in the community.

Community members are reminded that if you own a dog it is your responsibility to ensure it remains on your property. Keep the dog on a leash if you suspect it may travel outside your designated property. If the dog is vicious or you believe it he/she may have the tendency to be vicious, please keep it on a leash at all times. As a dog owner you may be liable for the dog attacking or biting someone else. It is also your responsibility to ensure that your pet is properly vaccinated against rabies. Please contact your veterinarian for details on this procedure.

Council is currently reviewing an Animal Control contract, as well as an Animal Control By-law to deal with the reoccurring issues. Such things as phasing out certain breeds of vicious dogs, among other things are being considered for a By-law. Updates will be provided in the near future.

Thank you for your cooperation.

Chief & Council





**Get the facts  
on the proposed  
Governance legislation**

- this legislation is not about Aboriginal and treaty rights or the inherent right to self-government
- it's about the contribution you can make to your community
- it's about progressive change
- it's about opportunities
- it's about improving your quality of life
- it's a foundation for the future

*See for yourself.*

For your copy of the proposed legislation and an information package on Parliament's review of the Bill, call **1-800-550-1540**, send an e-mail to [Governance@inac.gc.ca](mailto:Governance@inac.gc.ca) or visit our Web site at [www.fng-gpn.gc.ca](http://www.fng-gpn.gc.ca)

 Indian and Northern Affairs Canada    Affaires indiennes et du Nord Canada





## POLICE



## POLICE PAGE UNSOLVED CRIMES!



Sometime between 12:30 p.m. and 3:00 p.m. on May 28<sup>th</sup>, unknown person(s) entered an office at the First Nations Air Service / Ohahase building. A Toshiba laptop computer was taken from the desk. Also taken was the carrying case and power cord. The computer is valued at approximately two thousand dollars.

Sometime between February 1<sup>st</sup> and May 11<sup>th</sup>, unknown persons entered a cottage located along the bay, south of Ridge road. The owner advises that it appeared nothing was taken, however the fridge was moved close to the door, appearing as if someone was trying to take it.

On the morning of June 12<sup>th</sup>, Tyendinaga Police were advised that a number of rental units at the Shannonville Mini Storage had been broken into. A total of four units were entered, it is believed possibly during the night before. As well as several small items, a 21" RCA television was taken.

On June 21<sup>st</sup>, Royal Property Management reported two more units had been found broken into. These entries could have happened anytime between June 13<sup>th</sup> and June 21<sup>st</sup>. It is still unknown at this time what, if anything, has been taken.

A car was taken from a driveway on Highway 49, overnight on June 16<sup>th</sup>. The vehicle, a 1996 Toyota Tercel was taken sometime between 9:45 p.m. and 8:25 a.m. There were no keys in the vehicle when it was taken. The vehicle was recovered, parked, on Rideau street in Kingston, at approximately 2:00 p.m. on June 18<sup>th</sup>. There are no suspects in the theft at this time.

A red Homelite 5 hp rotor tiller was reported taken from a residence on Ridge road. The tiller was in the garden, near the road at the time it was taken. The theft occurred sometime between the evening of June 18<sup>th</sup> and 1:30 in the afternoon of June 19<sup>th</sup>. Footprints could be seen in the garden leading from the road to the tiller and back again.

At approximately 3:45 a.m. on June 19<sup>th</sup>, someone tried to break into Wolf Paws Ice Cream Den on Bayshore road. The door had been forced, causing damage to the doorjamb and trim. The door also suffered minor damage. It did not appear that entry was gained, however the owners are left with repairing the damage. Neighbours of the business were canvassed, but had not heard or noticed anything. The area was patrolled and other area businesses checked, however no suspects were located.

In the early morning hours of June 22<sup>nd</sup>, unknown person(s) gained entry into Bayview Variety. Entry was gained by smashing the front door. It is apparent that the target of the break in was the ATM machine. A witness observed a white van backed up to the front door, after he heard the alarm sounding. The van sped off eastbound on Old Highway 2.

A van matching the description was located a short time later, at the car park on Shannonville road at the 401. The van had been stolen earlier

(2)

that night from a car lot in Belleville, and had stolen licence plates on it also. The ATM machine was not harmed or entered. Again, while there was no theft, the owners were left with having to repair the damage left behind by the culprit(s).

Anyone with information about these occurrences, or any other crime, is asked to contact the Tyendinaga Police at 967-3888, or to anonymously call Crime Stoppers at 967-8477. If your call to Crime Stoppers results in an arrest, you may be eligible for a cash reward.



### Silent Auction

The Tyendinaga Police Service will be holding a silent auction on Saturday July 13, 2002, at the Tyendinaga Police Station. The event will run from 10:00 a.m. until 3:00 p.m.

The auction will include items that have been seized/found and has gone unclaimed. Among the items to be auctioned are:

- Tires
- Filing cabinet
- Picnic coolers
- Bicycles
- Fishing equipment
- Binoculars

The funds raised will be donated to the annual Youth Table Hockey Tournament that is held during the school's Christmas break, for children in grades three to eight.



## MOHAWK FIRE DEPARTMENT

The Mohawk Firefighters in June responded to 1 call:

1 - Motor vehicle accident

This brings our total to 28 calls for the year 2002.

Remember if you have an EMERGENCY  
CALL **911**

# EDUCATION



## TRUSTEE'S REPORT June 2002

Greetings All:

Notable events in Hastings and Prince Edward District School Board (HPEDSB) this month were celebrating honours awarded to teachers and students, and approval of a balanced budget for 2002-2003. Two teachers in the Board received the Prime Minister's Award for Teaching Excellence, having been selected from Canada-wide nominations submitted by students and fellow-teachers. One teacher was honoured for regularly creating projects that got his whole class excited about the shared adventure of learning. The second teacher was honoured for her leadership in the student caterers' program at Centennial Secondary School that develops employment skills while, at the same time, reaching out and involving students who may be at risk of dropping out of school. Some grade 8 students displayed the puppets they constructed to demonstrate certain principles of motion. Winners of silver medals and honourable mention in the Canada-wide science fair talked about their projects.

Approving the annual budget is a major event for the Board. TV and newspapers have been reporting that two large Boards, Ottawa-Carleton and Toronto have rejected break-even budgets that would require major cuts in school programs. In both cases the Board members could face personal fines for violating provincial law that requires local Boards to live within their income from grants provided by Ontario.

HPEDSB has succeeded in putting together a break-even budget for the coming year. There are still pressure points, such as ensuring that small, rural schools have an adequate level of principal and secretarial services, coping with transportation and heating costs that go up with the price of energy, and serving rising numbers of special needs students. And contracts with elementary and secondary teachers have still to be negotiated. The announcement of some additional grants by the Ontario government in June made it possible to finalize a budget, which will need to be looked at again when actual costs start coming in this fall.

Also this month I came across enthusiastic reports by Aboriginal educators about "the many ways of being smart". In 1983, an education researcher named Howard Gardner published a book called *Frames of Mind: The Theory of Multiple Intelligences*. In his book Gardner identified seven ways of being smart, ways of making sense of the world and finding a useful place for our special skills. He argued that schools have focussed only on a small part of the "intelligences" that students bring to the tasks of learning. To underline his point that even he doesn't know the full story he has published another book that identifies an eighth way of being smart, and possibly some others that he doesn't quite have a handle on yet.

For example, Gardner describes "spatial intelligence", the capacity to see the world accurately and be able to recreate what you see. I have always been in awe of people who can take machines apart, see what isn't working, and put them back together without ever looking at an owner's manual. A friend's son took some of the mystery out of this skill when someone asked him to put together a machine that lay in pieces. The young man said "I can't do that because I didn't take it apart." He knew that assembling a machine drew on pictures he carried in his mind. Inuit hunters today, as our Mohawk ancestors used to do, travel over vast territories where the landmarks all look alike to a city person. Yet they have the ability to make accurate maps in their minds that enable them to travel, hunt, visit and return home. Sailors, engineers, painters, and

- 2 -

architects make use of highly developed spatial intelligence, whether or not they are assisted by charts and computers.

Gardner points out that most classroom teaching and learning relies heavily on written answers to questions in a book. This makes use of logical-mathematical intelligence and linguistic intelligence but gives little attention to spatial and other kinds of intelligence. The theory says that each person has a unique mix of different kinds of intelligence, but some kinds will be stronger in a particular individual. Effective teaching will make use of the multiple intelligences found in a class group, will honour the different types, and will build on each student's strengths to open windows on other kinds of learning.

As with any new theory, there is debate about whether or not Gardner has the story right. His position as a Harvard professor gives his ideas some credibility. But more than that, teachers and learners across Canada and the United States have come forward saying "Yes. He is saying something important."

I will write more about multiple intelligences this summer. This time around I wanted to make some specific points. When local boards make decisions on where cutbacks will be applied to balance the budget, there is a great danger that creative approaches to education will be considered "frills". There is pressure in some quarters to "stick to the basics", which means re-creating the classrooms of the past. The teachers honoured this month teach the basics, but in a way that touches the imagination and energy of students with many different gifts. The students were finding ways, with the guidance of their teachers, to express their special understanding of the world.

New theory sometimes brings attention to old wisdom. Gardner's theory says in professional language what Aboriginal traditions and teachers have been saying all along: Each child has his or her special gift, and each one is valuable. Listen and learn how the gift wants to show itself. Many gifts together will make life good for the people.

Skennen kowa. Great Peace to you.

Marlene Brant Castellano  
HPEDSB Trustee for the Mohawks of the Bay of Quinte



I would like to congratulate the graduates from the HOPE program. They are *Samantha Maracle, Jennifer Gurr, Mark Neal, Melissa L. Maracle, Heather Bain, Jamie Boomhour, Angela Hill, Lori Horvath and Jaclyn Miller*. They will accept their diplomas with the graduates from Moira Secondary School at their exercises. HOPE had an average of 24 student enrolled in the program and we have 9 graduates! This wonderful success for the program is attributed wholly to the students who attended the program this year. They worked very hard and were very patient as the program went through some growing pains. I appreciate their dedication to the program and all their hard work.

*On behalf of all the Ohahase staff Janet, Cheryle, Jan and Janice, and the HOPE staff Ed and myself, we wish you happiness and success for all that you undertake in the future. Have a safe and happy summer.*

Remember if you have an EMERGENCY

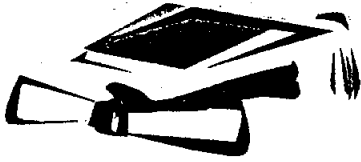
CALL

**911**

CONTINUED...

# EDUCATION

*Wmz*  
**Congratulations!**



The Thayendanega Health Centre  
and  
Tyendinaga Home & Community Care  
wish to extend their congratulations  
to

**ANGELA MARACLE**

on her successful completion of the  
**Personal Support Worker Program**  
at Loyalist College.

Way to go Ang. We're proud of you.

*Wmz*  
**Congratulations!**

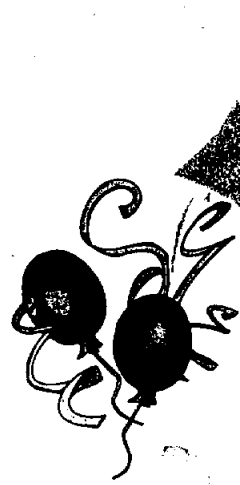


- Kody Brant for passing into Grade 4*
- Ryan Brant for passing into Grade 5*
- Corey Brant for passing into Grade 3*
- Travis Sager & Emily Brant for graduating Grade 8*
- Jonah Lewis for graduating kindergarten*
- Best of Luck next year.*
- Chip & Allison*



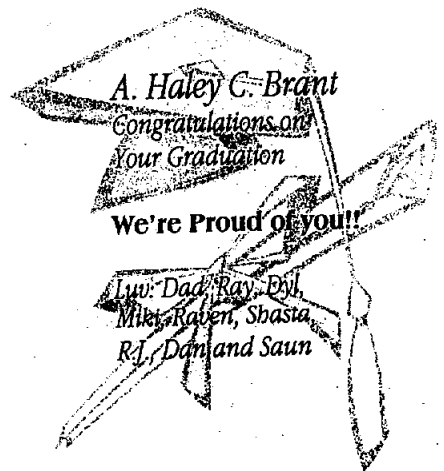
**Congratulations to Chip Brant on receiving  
the Fire Services Exemplary Service Metal  
in recognition of 20 years of service.**

*Love Allison & Kody*



**Dylan, R. Brant Hill**  
Congratulations on  
Your Graduation  
&  
Happy 19<sup>th</sup> Birthday  
**We're Proud of you Boy!!**

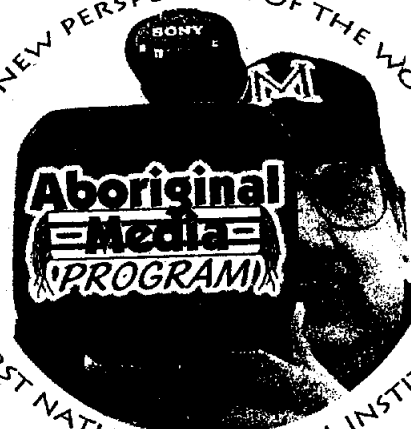
*Lw: Mom, Dad, Miki,  
Raven, Shasta, R.J., Dan  
and Saun*



**A. Haley C. Brant**  
Congratulations on  
Your Graduation  
**We're Proud of you!!**

*Lw: Dad, Ray, Dyl,  
Miki, Raven, Shasta,  
R.J., Dan and Saun*

GAIN A NEW PERSPECTIVE OF THE WORLD AT



FIRST NATIONS TECHNICAL INSTITUTE

**FNTI** ENROL NOW FOR FALL 2002  
COLLEGE DIPLOMA IN JOURNALISM  
CALL US FOR YOUR INFORMATION PACKAGE TODAY  
**1 (800) 267-0637**  
EMAIL US AT  
**MEDIA@FNTI.NET** OR ONLINE AT **WWW.FNTI.NET/MEDIA**



# QUINTE MOHAWK SCHOOL

## CHESS RESULTS FOR QUINTE MOHAWK SCHOOL 2001-2002



Coach Grade Ms. Linda Brant & Mrs. Donna Green

Once again we had wonderful group of students to work with. These dedicated chess players stayed after school for many weeks sharpening their skills with great results. They accumulated points within their own grade according to whether they won, tied or stalemated, for a place on our school team.

Our school team was as follows.

**Grade 3:** Daniel Brant, Byron LeBlanc, Ryder Sager, Kyle Somerville and Kayla Adams on deck. **Grade 4:** Devon Hill, Brendon Brant, Otsihsto Maracle, Jesse Perron and Tsiokererio Brant on deck. **Grade 5:** Erik Green placed 1<sup>st</sup> but was unable to play in the tournament due to health reasons, Jacob Perron, Cassandra Asselstine, Dorian Mayville, Rheana Maracle, Shasta Hill on deck. **Grade 6:** Jordan Brant, Charles Vincent, Stephanie Mayville, Travis Brant and Melody Green on deck. **Grade 7:** Hannah Hill, Logan Wager, Josh Adams, JoDee Layfield with Brendan McLaughlin on deck. **Grade 8:** Otsire Maracle, Cody Hill, Aaron Maracle, Luke Jefferies with Brandie Maracle on deck.

At the School Group Tournament, QMS students vied with five other area school for places on the County Chess Team-of the 30 places available, QMS Students won 17 of them! Way to Go!

Students making the team were:

Gr.3: Daniel Brant and Byron LeBlanc Gr. 4: Brendan Brant, Devon Hill, Otsihsto Maracle Gr. 5: Jacob Perron Gr. 6: Charles Vincent, Jordan Brant  
Gr. 7: Hannah Hill, Logan Wager, Josh Adams, JoDee Layfield Gr. 8 Otsire Maracle  
Special Girls Open Team: Shasta Hill, Stephanie Mayville, Casandra Asselstine and Rheana Maracle

### Results at the County Level

Gr. 3 team didn't place but played extremely well for their first time at County Level

Gr. 4 tied for FIRST place with the Trenton School Group with Devon Hill winning a personal best 4<sup>th</sup> overall at County Level

Gr. 5- placed 5<sup>th</sup>

Gr. 6-placed FIRST with Charles Vincent & Jordan Brant tied for personal best 2<sup>nd</sup> overall place at the County Level

Gr. 7-placed FIRST with Hannah Hill winning a personal best 1<sup>st</sup> place, Logan Wager winning a personal best 2<sup>nd</sup> place, Josh Adams winning a personal best 3<sup>rd</sup> place, JoDee winning a person best 4<sup>th</sup> place over all, out of approximately 30 other gr. 7 students.

WAY TO GO!

Gr. 8-placed SECOND

Girls Open Team: placed SECOND

For the first time ever, Special Recognition Awards were presented to the most respectful and mannerly students. There was one award available for each grade level to the student that the conveners for that level who displayed good sportsmanship, thoughtfulness and respect. Of these seven possible awards, QMS students were chosen to receive three of them. WE WERE THE ONLY SCHOOL TO RECEIVE MORE THAN ONE!!!

Congratulations to Daniel Brant in Grade 3, Hannah Hill in Gr. 7 and Rheana Maracle in the Girls Open Competition.

We're very proud of all 60 plus students in the 2001-02 Chess Club at QMS.

## SWIMMING BADGES



On June 12<sup>th</sup>, 2002 three students from Quinte Mohawk received swimming badges for their hard work.

Destiny Norman received her Level 1

Jordan Barkhouse received his Level 2

Ryan Henderson received his Level 5

Congratulation to these students from staff and students of Quinte Mohawk School.



## Thanks to All the Breakfast Program Volunteers

The Staff and Students of Quinte Mohawk School would like to extend our thanks, gratitude and respect to all of those wonderful volunteers who showed up early to make sure all students were given a good start to their day, by being sure that had something in their tummies to tide them over until lunch.

Our fabulous regular volunteers were Connie Brant, Michelle Maracle, Shirley Green, Bill, Jake Brant, Debbie Maracle, Christine Barnhardt, Gloria Izenga, Linda Bernhardt. Thanks also to those volunteers who came in whenever they could. We are very grateful for your help.

Now, a very SPECIAL Thanks to a very, extra special lady. Mrs. Christine Sliwa. We are so very grateful for all your help. Whenever we needed extra help with anything, you were always there to fill in, fetch, tidy, organize and be generally accommodating! Nia:wen!

Staff and Students of QMS would also like to extend our sincere gratitude to the makers of the "Hot Soup Tuesday" league, primarily Mr. Gord Foster, Mr. Ron Parkin and all their helpers. The soup warmed our tummies and our souls. We cannot begin to express our feelings for your generosity and the way you cared for us, and were determined to make such a positive difference in the lives of the QMS population. Thanks again!

## WAY TO GO!

The members of the Cultural Committee at Quinte Mohawk School would like to thank all participants who helped with the preparations for the Strawberry Festival. A special thanks to the Parent Volunteers for all their help. An extra special thanks to all of the Presenters for donating their time and expertise! A big hug and warm thanks to the maker of the corn soup, Mr. Elwood Maracle, and to Mr. Gord Foster who made the delicious chicken noodle soup.

Our own community members united and worked very hard to create a program for our children. As a result, this year's Quinte Mohawk School Annual Strawberry Festival was an overwhelming success. We have a wealth of resource people living within our territory, and hopefully, we'll be able to tap into that expertise for future festivals.

Nia:wen kowa to our wonderful, parent volunteers and our Panel of Presenters.

Bill Maracle	Mike & Heather Brant	Blaine Loft	Nicole Loft
Betty Carr-Briant	Mary Boomhour	Ruby Maracle	Lana Reid
Maryanne Spencer	Paul Latchford	Kathy Brant	Patti General
Billy Brant	Buffy Hill	Christine Sliwa	Gladys Bowden
Verna Johnson	Ruby J. Maracle		

To all the singers, drummers and dancers who were so numerous that it made the social dancing a favorite of all the kids, Joe & Angie Brown, Steven Green, Mandy Smart, Dustin & Kevin Brant, Feather Brant, please accept our apologies if we have forgotten anyone, we were just overwhelmed with all the help that was offered and that we badly needed. The students of QMS had a wonderful day, learned about our culture and enjoyed the gifts our presenters offered!

Sincerely,

Mrs. Reta Brant

Chair QMS Cultural Committee

# ABORIGINAL HEAD START & HEALTH CENTRE



The Home and Community Care Program  
is pleased to welcome  
**Cissy Pulikunnel, B.Sc., HBSW, MSW, RSW**  
(from the Centre For Family Preservation & Wellness)  
every Tuesday.

If you are:

- A couple longing for a more loving, intimate and sharing relationship
- A family looking ways to build stronger bonds of unity and harmony
- A child eager to improve his/her attention span and to reduce impulsivity
- An adolescent wanting to develop strategies to set and attain positive goals
- An angry adult needing assistance to develop patience; to problem solve without the use of violence; to manage stress; or to improve relationships with themselves and others
- A parent wanting to raise healthy and confident children
- An individual searching for ways to teach himself enduring and positive changes

Please call  
the Home and Community Care Office at  
962-9376  
to book your appointment  
with Cissy Pulikunnel.

Also available are:

- Treatments for depression, anxiety, eating disorders, addictions, chronic pain
- Psychological and Neuropsychological Assessments



In April-May at our book sale, we raised a total of \$161.00.

We had a BBQ/BAKE & YARD SALE on June 7, 2002. We raised a total of \$444.20

We would like to thank the following people for their very generous donations:

- > Tyendinaga Mohawk Council (monetary to purchase the hotdogs, hamburgers and buns)
- > Carol Loft (monetary donation)
- > Crystal Springs (case of water)
- > Foodtown (case of pop)

Thank you to those who donated baked-goods, everyone was impressed and really enjoyed their purchases! (I know from personal experience!)

Thank you to everyone who donated items for the Yard sale, it's a great way to reuse items—purchasers went away very happy with their finds!! We donated all of the leftover items from the yard sale to the Salvation Army in Belleville.

We also wanted to say a Nia:wenkowa to all of those Community Members and those from the surrounding area who came to support us during our fundraising event. Thank you so much for your generosity!

It is so wonderful that the Community supports programs by helping out in what ever way they can!!

Nia:wenkowa from everyone at Head Start.

\*\*\*\*Please note that the Head Start program will be closed from July 1<sup>st</sup> to August 13<sup>th</sup>, 2002. If you have any questions please call Tracey Gazley at home at 967-1314.\*\*\*\*\*

The Tyendinaga Home Support program provides services that support and encourage independent living to seniors living in the community age 55 plus. We are located at:

Thayendanega Health Centre  
R.R. 1, 1658 York Road  
Deseronto, Ontario  
K0K 1X0  
Phone: 613-967-3603

Home Support programs include:

**Meals on Wheels Program** – A hot nutritious meal is delivered every Tuesday and Friday between 11:30am and 12:30pm. Meals also available for anyone who is a diabetic.

**Diner's Club Program** – Every second and fourth Wednesday of each month a nutritious meal is prepared and served at the Elders Lodge at 12:00pm.

**Transportation Program** – The Home Support Mohawk Handi-van is used to transport seniors living in the community to all Home Support and community activities. Every Monday and Friday between the hours of 9:30am and 12:30pm, the handi-van transports seniors living in the community to Deseronto to do banking, shopping, etc.

**Home Maintenance Program** – Assistance is provided for household tasks beyond the individuals capability. Examples of this service would include; grass cutting, painting, window washing.

**Social and Recreational Programs** – Provides supervised activities for seniors in a group setting. Examples of this service include ceramic classes, bowling, monthly grocery shopping trip and special pre-arranged outings.

**Friendly Visits** – Provides "friendly visits" to seniors in their homes. Visits are made by staff and volunteers, under agency supervision.

The Home Support Team consists of:

Tracey Burnett, Coordinator  
Jessica Brant, Resource Person  
Gloria Brant, Cook  
Georgena Hill, Handi-van Driver  
Oria Maracle, Meals on Wheels Volunteer  
Donald Loft, Home Maintenance Volunteer

For more information regarding the Home Support program, please contact Tracey or Jessica at 967-3603.



RED CEDARS

SHELTER

CRISIS LINE

(613) 967-8212

OR

800 - 672 -9515

24 HOURS A DAY

7 DAYS A WEEK

## HEALTH CENTRE

Sun Safety

Sunburn, skin cancer, skin aging, and cataracts can all be caused by over-exposure to UV radiation. Avoiding the skin damage caused by UV rays could prevent 60 to 70% of skin cancers. UV radiation can cause damage even in cloudy or overcast weather, so don't be fooled! Therefore it is important to remember these sun safety basics.

1. **Minimize Sun Exposure:** The sun is strongest between 11:00 a.m. and 4:00 p.m. Try to minimize outdoor activities between these times.
2. **Cover Up:** Wear a broad brimmed hat to cover head, neck and ears. Protect arms and legs with tightly woven, loose fitting, cotton clothing. Wear a T-shirt over bathing suits and long shorts instead of short shorts. Wear UVA/UVB protective sunglasses - children too!
3. **Use Sunscreen:** apply sunscreen generously before all outdoor activities. Use a broad spectrum sunscreen with a sun protection factor (SPF) of 15 or more. Remember to apply at least 20 minutes before sun exposure and reapply often, as perspiration will reduce the effectiveness of the sunscreen.
4. **Seek and Create Shade:** try to stay in shaded areas. If there isn't any create your own shade. E.g. use an umbrella or blanket

Be sun smart this summer, reduce the risk of over-exposure to UV radiation by remembering these simple safety precautions and enjoy your outdoor activities!

Written by: Suzanne Maracle  
Student Nurse at the Thayendanege Health Centre  
Brenda Asselstine CHN



Something New in 2002!

Moms - in - waiting

### The Canadian Prenatal Nutrition Program

The Thayendanege Health Centre is offering something new in 2002! **MONTHLY FOOD VOUCHERS** for women during their pregnancy. Please drop by or call the Health Centre @ 967-3603 and speak with the Community Health Nurses. We want everyone to have a healthy pregnancy and healthy baby!

Brenda Asselstine Reg. N.  
Community Health Nurse

# SUNSCREEN

## FACT SHEET

- Skin is exposed to natural ultraviolet rays from the sun and artificial ultraviolet rays that are emitted by sunlamps and tanning parlour equipment.
- There are two different types of ultraviolet rays that can damage skin: Ultraviolet A (UVA) and Ultraviolet B (UVB).
- UVB rays which penetrate the outer most layer of the skin causing sunburn, are known to cause cancer.
- UVA rays penetrate even deeper into the skin, producing damage that can not be seen or felt. These rays can cause skin to age prematurely and may suppress the immune system and cause cancer.

### What is a Sunscreen?

- A sunscreen is anything that protects the skin from ultraviolet rays.
- Skin can be protected from UV rays by using an umbrella, wearing a hat or clothing.
- There are also oils, lotions and creams which are formulated to protect skin from ultraviolet rays. These include:
  - Sunblocks which create a barrier that reflects ultraviolet

light, e.g. zinc oxide or titanium dioxide.

- Sunscreens which absorb the ultraviolet rays and prevent penetration through the skin, e.g. PABA and its derivatives, benzophenones, cinnamates, dibenzolymethanes and salicylates.

- Quick tanning products (in lotion or capsule form), which give your skin a tanned colour, do not protect the skin from ultraviolet rays.

### What is S.P.F.?

- S.P.F. stands for the Sun Protection Factor contained in a sunscreen. S.P.F. refers to the ability of the product to protect skin from burning.
- S.P.F. is calculated under laboratory conditions and is a

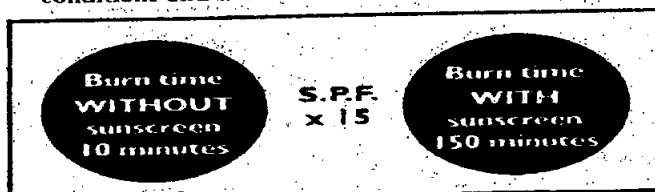
guide to the amount of protection from ultraviolet rays that is provided.

- The higher the number of the S.P.F., the more protection your skin receives and the longer you are able to stay in the sun before burning or seeking cover.
- For example, if it normally takes 10 minutes for skin to become reddened without protection, an S.P.F. of 15 would provide 150 minutes of protection from burning.
- An S.P.F. of 15 blocks over 92% of the UVB rays.
- Skin may still tan even when using a sunscreen since all chemical sunscreens allow some ultraviolet rays to penetrate.
- Repeated applications of the sunscreen will not provide extra

protection for longer exposure. However, if your skin has become wet through swimming or perspiring the sunscreen can and should be reapplied to offer renewed protection.

### How to Choose a Sunscreen

- Although sunscreens may have an S.P.F. ranging anywhere from 2 to 50, the Canadian Dermatology Association and the Canadian Cancer Society recommend an S.P.F. of 15 or higher.
- Those with skin that has a tendency to burn should use a sunscreen with a higher S.P.F., i.e. fair-haired and fair-skinned people. The more likely you are to burn, the higher the S.P.F. you need.
- Read the ingredients listed on the sunscreen label carefully and make sure that the product offers both UVA and UVB protection.
- Consult your doctor or pharmacist for help in choosing a sunscreen.
- When applying a sunscreen, follow the manufacturer's recommendations.
- Look for the Canadian Dermatology Association's seal of approval.



CANADIAN CANCER SOCIETY | SOCIÉTÉ CANADIENNE DU CANCER  
ONTARIO DIVISION

# HEALTH CENTRE

## CHILD SAFETY ON THE FARM



Farms can be dangerous places, especially for children. machinery, chemicals, animals and open water ( ponds and irrigation ditches ) can kill or injure an unsupervised child.

- the Farm Safety association of Ontario reports that 25 children younger than 10 died in farm accidents from 1990 - 95; and
- the National Farm Medicine Centre in the U.S. estimates that
  - 300 children die every year on U.S. farms and ranges;
  - more than 100,000 are injured; and
  - almost 5,000 must learn to live with an injury or permanent disability from a farm accident.

In Addition, the Canadian Hospitals, Injury Reporting and Prevention Program (CHIRPP) reported 220 pesticide - related injuries and poisoning among children in Canada during 1990- 94.

The Farm Safety Association has identified some common patterns of accidental injury and death among Ontario farm children, including the following

- a lack of supervision or inappropriate supervision during the busy summer months;
- allowing children near farm machinery; and
- allowing children to do work inappropriate for their age.

Addressing the first two patterns is straightforward. But how does a parent decide what is appropriate work for a child? Dr. Richard Clark of the Ohio State University has identified various characteristics of different age groups to aid parents in making this decision.

Preschool (five years and younger)

- curious but have no fear of consequences
- short attention and memory spans ( especially concerning rules)
- impulsive and strong-willed -they want to demonstrate their independence.

It is easy to see why no preschooler should be left unsupervised on the farm. They quickly forget rules and instructions and cannot evaluate potentially dangerous situations. Watering plants or feeding small animals ( away from equipment ) are suggested chores for this age group.

Grade school (ages 6-11)

- slow reaction time compared to 17 year old
- less coordinated physically
- poor eye-to-hand coordination
- overconfident
- easily bored with tasks and
- unwilling to take responsibility for their actions or mistakes.

These children are still too young to be allowed near farm machinery or to perform tasks unsupervised. Keep them close by or in an environment you can control such as a fenced backyard. Appropriate chores include sorting, feeding animals (with no contact), gardening and working with safe hand tools.



Early teens (ages 12-14)

- can be clumsy due to rapid physical growth
- feel that "accidents only happen to other people"
- want to assert their independence and challenge authority
- are anxious to be like older siblings

While these children may be able to perform a variety of farm chores, they often forget their own limitations. Supervision and proper training are key to preventing accidents. This is the time to teach them farm safety and to reinforce good habits.

### Tips for swimming safely with children:



1. Give your children your full attention. Always wear a PFD ( personal Floatation Device)
2. Swim at supervised waterfronts and beaches
3. Choose a safe place to swim. Check for hazards on the beach and in the water-- including water pollution levels, and which radio stations will provide you with pollution levels when required.
4. Children under 3 years of age or children who cannot swim must wear a life jacket or personal floatation device.
5. Have a list of emergency phone numbers at the phone nearest the pool
6. Keep toys, garden furniture and tools away from the pool fence. Kids can climb them to get into the pool
7. ALWAYS have an adult watching children in and around the pool or where ever you may be swimming
8. Insure that you have the pool fenced in so children can't walk out to the pool
9. Keep life saving equipment and first aid kit handy nearest the pool.
10. Never chew gum or eat while swimming you or your children can easily choke
11. Watch out for dangerous too's - too tired, too cold, too far from safety, too much sun
12. Alcohol and swimming don't mix. Alcohol impairs your judgement, balance and coordination. It affects your swimming and diving skills and reduces your body's ability to stay warm
13. Obey no diving signs because they are put ther for your own safety

June 5, 2002

### PRESS RELEASE

Deseronto--A new self-help group for individuals affected by depression and bipolar disorder will be starting up soon in Hastings County.

The weekly meetings will be held at the Deseronto Public Library, 309 Main Street, the first Wednesday of the month, starting June 12, from 6:00 - 7:30 p.m.

Mother/daughter coordinating team Julie and Ellen and Carrie Flood emphasize the importance of mutual-aid for persons affected by these serious medical disorders, noting that approximately 15 - 20% of the general population will be effected at some point in their lives. The good news is that the vast majority can be successfully treated.

"Being able to talk about your problems with other people who have lived through them can help tremendously, notes Julie. "We hope that the people who come to our group will be able to talk openly about their feelings in an informal, friendly atmosphere, and find ways of coping with the day-to-day struggles of living with the illness."

For further information, please contact Julie or Ellen at 396-2668.



## HEALTH CENTRE



## Say Goodbye to Myth-Information

Are you confused about how to be active for good health? Maybe you've heard some information from friends, family, TV, or magazines that you're not sure about? It's hard to decide how often and what type of activity you need. There are plenty of myths around that add to the challenge. Read on and learn about six popular physical activity myths. Now is the time to get the facts and get active.

**Myth: No pain, no gain.**

**Reality:** This is probably the toughest myth to dispel. Exercise can occasionally be uncomfortable, but pain is generally a sign of injury or overuse. What soreness does, is give us immediate feedback about our workout. Exercisers, especially those just starting out, often want fast results. The soreness convinces us we have indeed worked hard. Some people may tell you that pain is necessary in order to develop a higher fitness level. You are actually harming yourself. If you feel pain you should slow down or discontinue your activity. You should always start off slowly and gradually increase your time and effort. Exercise is meant to be fun and it should make you feel good!

**Myth: With the right exercise you can get rid of those "trouble" areas (spot-reducing).**

**Reality:** This myth has also been hard to get rid of. Fat tissue is stored throughout the entire body, according to its own genetic pattern. Generally speaking, men tend to store extra fat tissue in the abdomen, and women store more around the hips. This is, of course, different for every individual. Exercising one area of the body will not cause fat tissue to be removed from that area only. Working the "trouble" area can strengthen and tone the muscle that lies beneath the fat tissue. A well-balanced physical activity routine will help you to lose fat tissue from your entire body. The three recommended types of activity to do are: endurance, strength and flexibility. For more information on these activities get a copy of *Canada's Physical Activity Guide* at (613) 966-5513 ext. 610.

**Myth: Older adults should avoid physical activity.**

**Reality:** Age is no barrier! Physical activity is one of the most important things you can do to maintain your physical and mental health and quality of life as you get older. Walking, stretching, and keeping your muscles in good condition will help you to maintain your independence. Exercise helps to reduce pain, increase bone mass, improve your mobility and strength, and helps keep your heart strong and healthy. The general rule for all exercisers is to start slowly and gradually increase the intensity and time of physical activity. Check with your primary healthcare provider first to make sure it is safe for you to begin. Then go ahead and get active!

**Myth: I have to exercise 30 minutes straight to get any benefits, and it has to be in a gym.**

**Reality:** The recommended amount of time is an accumulation of 60 minutes of light physical activity every day to stay healthy or improve your health. As you progress to moderate intensity activities you can cut down to 30 minutes, four days a week. The key is — you can add up your activities in periods of at least 10 minutes each. It does not have to be 30 or 60 minutes straight. Studies have shown that physical activity doesn't have to be hard to improve your health. Going to the gym for exercise is only one of the many ways to be active. Try to build regular physical activity into your daily life: at home, at school, at work, at play, and on the way. In spite of all the "trendy" exercise programs, machines and facilities, the "best" activity for you is the one you will participate in regularly. That could be the gym, gardening, dancing or walking. The idea is to get moving a little more, more often - and have fun.

**Myth: Strength-training makes you look like a body builder. It's not suggested for women.**

**Reality:** A basic strength or weight-training program will not make your muscles look big and bulky. Programs can be designed for all ages and abilities to improve your muscle tone, strength and help with weight control. Strength-training will create tone and definition in your muscles. However, women don't have enough testosterone to naturally create big, bulky muscles. Strength activities help your muscles and bones stay strong, improve your posture and help to prevent diseases like osteoporosis. To ensure good overall strength, try to do a combination of activities that exercise the muscles in your arms, mid-section, and legs. Strive for good balance — upper and lower body, right and left sides, and front and back. A good suggestion is to do strength activities two to four days a week.

**Myth: There's no point in exercising if you don't lose weight.**

**Reality:** Regular physical activity has a long list of benefits that go beyond the scale. You will notice better health, improved fitness, better posture and balance, better self-esteem, stronger muscles and bones, increased energy, relaxation and reduced stress, and continued independent living in later life. Many people exercise to lose weight and when they don't see immediate results they stop. Scientists say that after three months of regular physical activity you will notice a physical difference — getting started and sticking to it is the hardest part. If you do stick to it, you are lowering your risk of heart disease, obesity, high blood pressure, diabetes, osteoporosis, stroke, depression and colon cancer.

So next time you're exercising or starting a new activity, think about what you've heard and determine if the information is fact or fiction. Try to make wise and informed choices; choices that will improve your health, help prevent disease, and allow you to get the most out of life.

For more information on how physical activity can improve your health, get a copy of *Canada's Physical Activity Guide to Healthy Active Living*. Call (613) 966-5513 ext. 610 or visit <[www.paguide.com](http://www.paguide.com)>



Produced & Distributed by: Healthy Lifestyles Department  
Hastings and Prince Edward Counties Health Unit  
179 North Park Street  
Belleville, Ontario K8P 4P1 (613) 966-5513 ext. 226  
May 2002

## NURSING MOTHERS' GROUP

of  
Tyendinaga  
invites



## BREASTFEEDING MOTHERS &amp; BABIES

to their ongoing series of meetings

on the 2nd & 4th Friday mornings each month

10 AM - 12 noon at the Thayendanege Health Centre

July 12: Getting Started ... When Baby's Crying Gets Trying

July 26: As Baby Grows ... Medications and Nursing

Small Children Welcome

Interested women or young girls welcome

Friendly mother-to-mother support. Lending library

Nutritional Assistance for Moms

Baby's weight check & help with breastfeeding problems available

Information & discussions on breastfeeding related topics such as:

avoiding problems, nursing discreetly, nighttime needs,

expressing or pumping milk,

Introducing solid foods, understanding your baby, fertility awareness ...

For more info, or if you would like to attend but have an obstacle we could help

with (i.e. transportation, child care etc.) please call 967-3603

BREASTFEEDING CIRCLE

Do I have to avoid all medications while I am breastfeeding?  
If I need to take medication should I stop breastfeeding?

Over the years women have frequently been told that they would have to stop breastfeeding when this was not truly the case. The decision about continuing breastfeeding when the mother has to take a drug involves not only taking into consideration whether the medication appears in the mother's milk. Most drugs appear in the milk in only very tiny amounts. Although a very few drugs may still cause problems for infants even in tiny doses, this is not the case for the vast majority. Most drugs may be considered safe for the mother to take and continue breastfeeding if:

- they are commonly prescribed for infants. Examples are amoxicillin, cloxacillin, and most antibiotics.
- they are considered safe in pregnancy. Drugs enter directly into the baby's bloodstream when used during pregnancy. The baby generally gets much higher doses at a much more sensitive period during pregnancy than during breastfeeding.
- they are not absorbed from the stomach or intestines. These include most drugs which are given by injection. Examples are gentamycin, heparin, lidocaine or other local anaesthetics used by dentists.

The following frequently used drugs are also safe during breastfeeding: acetaminophen (Tylenol, Tempra), alcohol (in reasonable amounts), aspirin (in usual doses), most anti-epileptic (seizure) medications, most anti-hypertensive (high blood pressure) medications, tetracycline, codeine, most nonsteroidal anti-inflammatory medications, prednisone, thyroxine, propylthiouracil (PTU), warfarin, tricyclic anti-depressants, fluoxetine (Prozac), metronidazole (Flagyl), Nix, Kwellada.

The following medications, frequently prescribed and asked about locally, are also compatible with breastfeeding:

Ibuprofen, Nystatin, Fluconazole, Kenacomb ointment, propranolol, general anaesthetics, gravol, birth control pills (without estrogens), digoxin, gentian violet, \*contrast dyes (\*other than those containing iodine) or barium - for diagnostic tests (such as x-rays, bone scans, MRT's, CAT scans), silver, anti-asthmatic drugs (aminophylline, beclomethasone, salbutamol), vaccines (including live viruses such as German measles).

Mothers who are told they must stop breastfeeding because of a certain drug should ask to be prescribed an alternative medication which is permissible for breastfeeding mothers. It should rarely, if ever, be a problem to find such an alternative.

## References:

- 1) Dr. Jack Newman MD, FRCPC. You Can Still Breastfeed. Handout #9.
- 2) World Health Organization & UNICEF. Breastfeeding and Maternal Medication. 1995.

Gale Hayward and Jytte Cooper for the Breastfeeding Support Group.  
Brenda Asselstine, Community Health Nurse.



**RED CEDARS**

( 3 )

We all need to learn to communicate effectively, to be good to each other, and to trust and respect each other. We need to know how to fight fairly without violence. It takes commitment, insight and willpower for a violent partner to change. Often it cannot be done without professional help.

**INTEGRITY AND DATING VIOLENCE**

Dating violence is incompatible with sexual integrity. It shouldn't happen, it doesn't have to happen and it shouldn't be tolerated. If you are the victim of dating violence, don't help another person mistreat you by tolerating his or her unhealthy behavior. If you are mistreating the person you are dating, be brave enough to reach out for help. You can find better ways of relating. If you simply know of an abusive relationship, don't ignore it. Reach out to those involved and offer your help and support.

Love doesn't have to hurt. Acting with sexual integrity can help break the cycle of abuse.

Articles taken from  
National Network Family Resiliency  
[http://www.nnfr.org/adolesn/fact/adolesn\\_viol.html](http://www.nnfr.org/adolesn/fact/adolesn_viol.html)  
<http://www.callrape.com/date-vio.htm>

## RED CEDAR'S TRADITIONAL PRACTITIONER PROGRAM

**Services:****One on one counselling****Healing circle sessions****Referrals****Guidance, counselling & healing to  
community members & MBQ staff****Organize & offer ceremonies, cultural  
events, discussions circles & workshops****FOR APPOINTMENT PLEASE CALL:****Traditional Practitioner Program @  
(613) 969-2215 or if no one is available****and you are in crisis please call  
Red Cedars @ (613) 967-2003**

## RED CEDAR'S; TRADITIONAL PRACTITIONER PROGRAM

The Purpose of this program is to address the legacy of abuse left by the impacts of the Residential School System, and its resulting intergenerational impacts.

Our Goal is to facilitate community health and wellness.

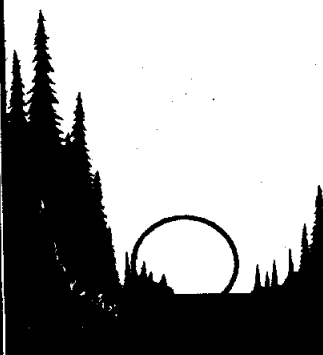
We are located at Red Cedars Shelter, upstairs in the west wing.

Staff : The Traditional Practitioner, Banakonda Bell, and Apprentice, Betty Carr-Braint.

The Traditional Practitioner is in the Shelter four days a month and the Apprentice is available 8:30 to 4:30, Monday to Friday.

PHONE: (613) 969-2215 If you are in crisis  
& we are not available call Red Cedars  
at (613) 967-2003  
FAX: (613) 967-5998

## Moon Ceremony

*All Women Welcome!***WHERE: RED CEDARS****WHEN: July 24 at Dusk  
or approx. 9:00 p.m.**

Please wear a  
dress/skirt and  
bring tobacco & water  
if possible.

Call for more  
information:

969-2215 or 967-2003

**POTLUCK MEAL SHARING**

**Facilitated by Red Cedars Traditional Practitioner Program**

## RED CEDARS

### Dating Violence: Early Warning Signs

#### Extreme Jealousy

Everyone gets jealous sometimes; the key word is "extreme". Both males and females can become extremely jealous. Signs of extreme jealousy are when your partner gets mad when you talk to other people, have good friends, or express warm feelings for anyone else. The jealous person may withdraw, sulk, or become angry and abusive.

#### Possessiveness

This becomes a dangerous sign when someone treats you as if you are a belonging. The possessive person will not want you to share your time or give any attention to anyone else.

#### Controlling Attitude

This happens when one partner completely rules the relationship and makes all of the decisions, your point of view is not important. Often the controlling partner tries to tell the other how to dress, who to talk to, and where to go.

#### Low Self-Esteem

People with low self-esteem don't like themselves very much. In a dating relationship a person with low self-esteem may say, "I'm nothing without you," or "You are my world." These are great lines for songs, but not real life.

#### Unpredictable Mood Swings

Nobody stays in the same mood all the time, but a dramatic shift from being jealous, controlling, or angry to being sweet, charming, and loving is another dangerous sign.

#### Alcohol and Drug Use

Many of the reported violent episodes in dating relationships are carried out when one or both partners have been drinking or doing drugs. Alcohol and drugs use lower a person's self-control, but are not direct causes of violence.

#### Explosive Anger

Even if you have never seen someone being aggressive toward another person, watch out for people who seem to get too angry. These people may hit walls or lockers, yell loudly, call names, or actually threaten others with violence.

### Dating Violence



Hand holding and blushes. Gentle caresses and soft glances. Moonlight walks and laughter. Tenderness and joy. Sweet words and special favors. This, we want to believe, is the nature of a dating relationship.

In reality, however, your dating relationship may be very different. Your dating partner may be emotionally, sexually or physically abusive. You may be afraid of your partner. You may think that a good relationship is your responsibility more than your partner's. You may not even know you have a right not to be beaten. You may be afraid that no one else would want you.

Perhaps your partner seems so mild-mannered that others would never believe he or she could be abusive. He or she may mistreat only you, which makes you think there's something wrong with you. You may be afraid to tell anyone: You just want the violence to end. Otherwise, everything's fine.

One-fourth to one-half of all dating relationships in this country involve violence. In its least severe form, it shows up in jealousy, possessiveness, controlling behavior and verbal put-downs. In its more extreme forms, it may involve pushing, slapping, excessive tickling, pulling hair, hitting, threatening behavior with a weapon and rape. Young people sometimes misinterpret possessiveness and jealousy as a show of love. Such behavior is actually a red flag signaling a problem relationship.

#### EMOTIONAL AND VERBAL ABUSE

In addition to obvious physical or sexual abuse, dating relationships can involve verbal or emotional abuse. Many young men and women use ridiculing, name-calling, threats, constant criticism, controlling, belittling and other negative behavior to frighten their partner or destroy her or his self-esteem. Both men and women have experienced long-term effects from this type of abuse.

(2)

Verbal abuse, like physical abuse, is rooted in the low self-esteem of the abusive partner. It also is rooted in the helplessness, guilt and confusion of the person who allows herself or himself to be treated this way. Submitting to such violence in the name of love is futile and self-destructive.

#### DATE RAPE

Males and females may have very different expectations about what dating means. The young woman may view it in friendly or romantic terms. The young man may expect it to result in a sexual experience. At times the opposite is true.

The rapist may use the assault to feel powerful and in control. He may use only enough force to gain control and get his date to do what he wants. He may not be openly violent. Because of this, date rape is hard to prove. Sometimes the victim is not even sure she has been raped. Instead of reacting angrily, she may feel confused and guilty about the assault. But rape by a friend or acquaintance is still rape. It is a punishable crime.

Females in a dating relationship should communicate their feelings. They should know what their limits are and express them clearly. Women should say "no" when they want to say "no" and men should learn to accept that "no." Men, like women, shouldn't be pushed into physical intimacy against their wishes. Dating partners need to respect each other's preferences.

#### WHY ABUSE HAPPENS

When one or both dating partners has not learned positive, peaceful ways of solving problems, emotions such as fear, jealousy and anger can trigger heated arguments. Abusive behavior learned from their families and media images of violence play a part as well.

These problems seldom start in the dating relationship. They are rooted in the way the people learned to relate to others during childhood.

Children need to learn fun, caring and non-violent ways of treating each other. Negative behavior patterns from childhood can carry right into adult relationships.

#### SIGNS OF POTENTIAL VIOLENCE

Everyone needs to recognize the warning signs of a potentially violent dating partner. The potential for problems is greater if your dating partner:

- Was abused as a child. In that early family life, the mother may have been abused by the father.
- Loses his or her temper more often than is appropriate and often expresses anger in violent ways such as hitting a wall or furniture.
- Has already revealed violent attitudes or actions toward others.
- Drinks too much or abuses other drugs.
- Is unusually possessive. He or she wants to know where you are, who you are with and what you are doing all the time.
- Has very strict, traditional ideas about the roles of men and women in relationships.
- Is easy going, gentle and loving most of the time and promises never to hit or abuse again.

#### IF VIOLENCE OCCURS


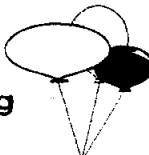
















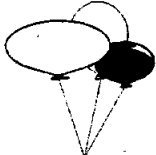




If you find yourself in a violent, or potentially violent, relationship, you need to:

- Think first of your physical safety. Get away from the violent person as quickly as you can.
- Reach out for help. Contact family members, friends, police, counselors or a spouse abuse center you don't have to be married to get help there.
- Remember that you cannot change another person's violent behavior. Giving in to demands, trying to please, pacifying and giving one more chance don't have a lasting effect.
- Remember violence does not just go away. Once started, it usually keeps happening and gets worse. It becomes a cycle of abuse, but you can break the cycle by refusing to become a victim.

#### MARRIAGE MYTH

Women who marry their abusive boyfriends and men who marry their abusive girlfriends are usually surprised to discover that the violence doesn't stop. Many people believe the myth that once the marriage license is signed, all such problems evaporate. Don't believe it. Nothing that deep-seated goes away without lots of hard work.

## BIRTHDAYS

<p>Happy Anniversary </p> <p>Marilyn &amp; Rick</p> <p>Love Tracey, John Caleb, Cooper, Mary Jean &amp; Bill</p>	<p>Happy Birthday! </p> <p>Auntie Ang July 26</p> <p>Tons of Love Tori, Ashton &amp; the rest of the family</p>	<p>Happy 5th Birthday! </p> <p>Magyn Maracle July 8</p> <p>from Mom, Dad &amp; Keyonna</p>	<p>Happy Birthday! </p> <p>Nan (Mom) July 29</p> <p>Loads of Love, Tori, Ashton Lee, Angela, Jake &amp; Shirley</p>
<p>Happy Birthday! </p> <p>Dad July 4</p> <p>Love Christine, Robin &amp; Chris</p>	<p>Happy Birthday! </p> <p>(Pup) Dad July 12</p> <p>Love You lots, Tori, Ashton, Angela, Jake &amp; Shirley</p>	<p>Happy Birthday! </p> <p>Poppa July 4</p> <p>Love Magyn &amp; Keyonna</p>	<p>Happy 18th Birthday! </p> <p>Maria July 17</p> <p>Love Marilyn, Rick Brad &amp; Samantha</p>
<p>Happy Birthday! </p> <p>Chip (Dad) July 22</p> <p>Lots of Love Allison &amp; Kody</p>	<p>Happy Birthday! </p> <p>Carol July 4th (Hope it's great)</p> <p>Lots of Love Marilyn, Rick, Brad &amp; Samantha</p>	<p>Happy Birthday! </p> <p>Mom (Carol) July 4</p> <p>Love Erin &amp; Manse</p>	<p>Happy Anniversary! </p> <p>Angie &amp; Dave July 23</p> <p>Love always, Bonnie, Bill, Cassie, Gregg, Bart &amp; Haley OX OX OX</p>
<p>Happy Birthday! </p> <p>Uncle Kelly Kelly July 8</p> <p>Love Kody, Chip &amp; Allison</p>	<p>Happy Birthday! </p> <p>Marvin July 2nd</p> <p>Love Rick, Marilyn Brad &amp; Samantha</p>	<p>Happy Birthday! </p> <p>Carol July 4</p> <p>Love Mary Jean, Bill, Tracey, John Caleb &amp; Cooper</p>	<p>Happy 20th Birthday! </p> <p>Shannon July 26th</p> <p>Lots of Love Marilyn, Rick Brad &amp; Samantha</p>
<p>Happy 12th Birthday Donovan Lewis July 19th</p>  <p>Lots of Love Always Mom, Dad and Jonah</p>	<p>Happy Birthday! </p> <p>Karen (Aunt "P") July 15th</p> <p>Love always, Bonnie, Bill Cassie, Gregg, Bart &amp; Haley XO XO</p>	<p>Happy 3rd Birthday </p> <p>Hailey Bird July 22nd</p> <p>Lots of Love Aunt Marilyn, Uncle Rick Brad &amp; Samantha (hugs &amp; kisses)</p>	<p>Happy Birthday! </p> <p>Shannon July 26</p> <p>Love Mary Jean, Bill, Tracey, John, Caleb &amp; Cooper</p>
<p>Happy Birthday </p> <p>Dennis (Uncle Den) July 19th</p> <p>Love always, Bill, Bonnie Cassie, Gregg, Bart &amp; Haley XO XO</p>	<p>Happy 6th Birthday! </p> <p>Dakota July 30</p> <p>Love Marilyn, Rick Brad &amp; Samantha</p>	<p>Happy 23rd Anniversary! </p> <p>Rick July 28th</p> <p>Lots of Love Marilyn</p>	

# BIRTHDAYS

<p>Happy Birthday!</p> <p>Georgia </p> <p>Your friend, Samantha</p>	<p>Happy 18th Birthday!</p> <p>Mandy </p> <p>From Jig &amp; Natalie</p>	<p>Happy Birthday!</p> <p>Grandma July 10 </p> <p>Love you always, Taylor</p>	<p>Happy Birthday!</p> <p>Granny July 10 </p> <p>Luv Mindy &amp; Nathan</p>
 <p>Happy Birthday R.J. (Boy) July 4th Luv: Dad, Bev, Dyl, Shasta, Miki, Raven, Saun &amp; Dan</p>	<p>Happy Birthday!</p> <p>Marion July 10 </p> <p>Love Dean &amp; Lynda</p>	<p>Happy Birthday!</p> <p>Mom July 10 </p> <p>Love you always, Bob &amp; Tamar</p>	 <p>Happy 12th Birthday Raven (Shoebrox) July 13th Luv: Mom, Dad, Dyl, Shasta, Miki, R.J., Dan and Saun</p>
<p>Happy Birthday!</p> <p>Aunt Rita July 10 </p> <p>Love always and forever Lynda, Mindy &amp; Nathan</p>	<p>Happy Birthday!</p> <p>to all celebrating this month. </p>	<p>Happy Birthday!</p> <p>Great Popa </p> <p>Love Taylor</p>	<p>Happy 91st Birthday!</p> <p>Grandpa </p> <p>Love you always, Bob &amp; Tamar</p>
<p>Happy 5th Birthday!</p> <p>Taylor July 11</p> <p>Love always. Mommy &amp; Daddy</p>		<p>Lordy! Lordy! Guess who's 40?</p> <p>with lots of love Your family</p>	

If you have a birthday you wish to place in the newsletter call: 396-3424  
 Birthday ads are free! Deadline date for the next newsletter is Wednesday, July 24 at noon.

COMMUNITY INTEREST



**KANHIOTE**

TYENDINAGA TERRITORY PUBLIC LIBRARY  
York Rd. Tyendinaga Mohawk Territory, K0K 1X0  
967-6264



**KA:NHIOTE**  
Tyendinaga Territory Public Library  
1644 York Road, Tyendinaga Mohawk Territory  
K0K 1X0  
(613) 967-6264

THERE IS PLENTY  
OF  
SUMMER READING FUN AT KANHIOTE  
LIBRARY

The TD Financial Group sponsors material for children's summer reading - posters, stickers and an activity booklet. We hope to have a summer student to work with the program also. Come to the library to join in the fun!



Here's your

**Boarding Pass**

to

**Read Around the World**



Summer Reading  
Club

A program of the public  
libraries of Ontario

Join us at your local library.  
The adventure runs all summer.

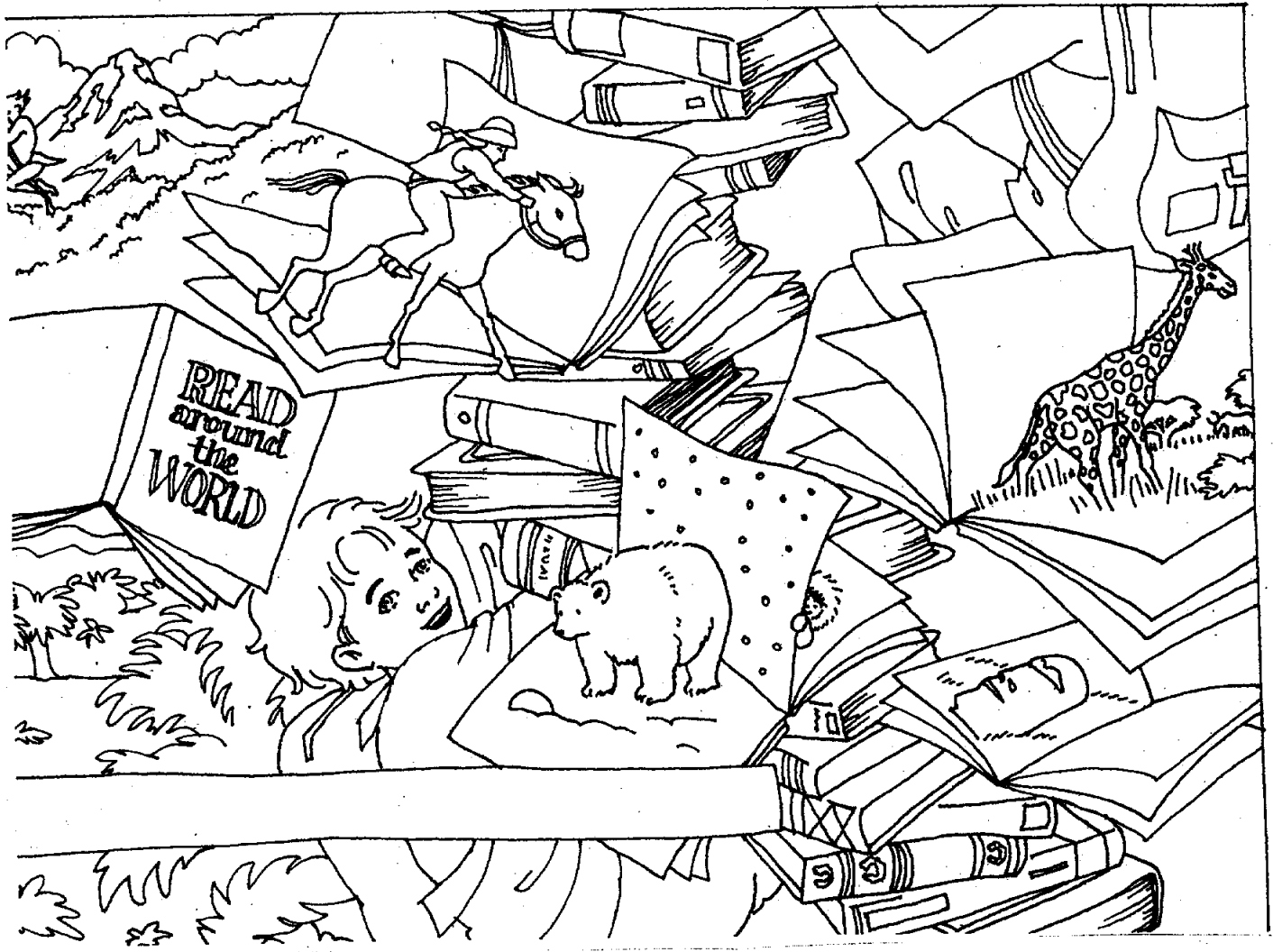
*Re: local history collection:*

*We have quite a few resources whether your interest is genealogy or other information. A searchable database was created for those people interested in genealogy and with a connection to Tyendinaga Mohawk Territory. It contains files of church records, the band list from 1-1000, bio-lists and family reconstructions from these records, census records, payroll information, cemetery study of two churches, names from early documents.*

*Many requests are received but family tree research is done for free on an as time allows basis. Donations are always welcome!*

*We have a filing cabinet dedicated to information about Tyendinaga through the years with newspaper clippings, articles, photos of people and buildings and assorted documents on various subjects from early history to Mohawk language.*

*Information packages can be assembled by request and are tailored to grade level and/or topic of interest.*



# COMMUNITY INTEREST

## Thank You!

The family of the late Violet Jean Green would like to thank everyone for their kindness and support during this difficult time.

Thanks to everyone for the cards and donations to the Crohns foundation.

A special thanks to everyone that donated food.

A special thanks to Rev. Cheryl Watson, Larry McGlade, Joan, Stewart Brant, Don & Lillian Brant and Linda Leween



## Thank You!

We would like to express our appreciation to all those businesses that placed an ad in our April Convention Brochure.

The members of the Tyendinaga Lions Club

## Thank You!

We would like to thank Margaret Bonner for her donation to the Magnum Hydraulics Horseshoe team. It was very much appreciated.

Thanks again.

It's a Boy!



"Dalton Austyn Henry"

Born: April 4

Weight: 7 lbs. 9 oz.

Proud Parents: Darla Maracle & Dale Sheppard  
A little brother to Derrian.

Grandparents: Jean & Bob Maracle of Tyendinaga  
Janet Sheppard of Toronto

## 2002 Neyaashiinigmiing Traditional Pow Wow

Honouring All Veterans & Bringing Friends Together

August 16th, 17th & 18th

Cape Croker Tent & Trailer Park

Take Hwy # 6 north to Warton and follow the Pow Wow signs.



Join us for a celebration of First Nations Heritage & Culture

- Dancing & Drumming • Over 100 Dancers and Drummers will be in attendance!
- Craft Vendors & Food Booths • Youth Activities • Artistic/Cultural Demonstrations & Workshops

Grand Entry: 1 pm Friday; 1 pm & 7 pm Saturday; and, 1 pm Sunday

Host Drum: Lake of The Woods • Co-Host Drum: Poplar Singers • M.C.: Butch Elliott

Daily Admission: \$7-Adults, \$3.00-Seniors & Youth (12 yrs & Under), 5 & Under - Free

Fundraising Prize Draw: — Only 6,000 Tickets being sold—\$20.00 per Ticket!

1st Prize - 2002 GMC Sonoma

2nd Prize - \$4,000.00 Gift Certificate for "Leons" • 3rd Prize - \$2,000.00 Cash

4th Prize - \$1,000.00 Cash • 5th Prize - Seasons Tickets for Warton Devils Senior "A" Hockey

TICKETS ARE AVAILABLE AT: Warton Echo, Pacific Hotel, All "R's", Cape Croker Park, & Chippewas of Nawash Band Office.  
Proceeds from Ticket sales go to support Traditional Pow Wow.

For More Information on the Pow Wow or Prize Tickets, please contact

Chippewas of First Nation, Sport, Recreation, Culture, Tourism & Facilities Dept.: RR#5, Warton, Ontario N0H 2T0

Ph: 1.519.534.3266 Toll Free: 1.800.656.8358 E-mail: [nawash.recreation@on.afna.com](mailto:nawash.recreation@on.afna.com)



Artwork by: Solomon King

## PRESS RELEASES

### Aboriginal Rail Safety Poster Contest Results

OTTAWA, June 28, 2002 -- The results of the Direction 2006 "Look, Listen, & Live" 2002 railway safety poster contest are in.

Joe Wawatie, a grade 8 student from Mitchikanibikok Inik, Kitiganik-Rapid Lake, Quebec is the winner of the junior category and 10th graders Sasha Barry and Malli Zark from the Tuesday Night Youth Group at Garden River Health Centre, Garden River, Ontario are the winners of the senior category.

Wawatie is a member of the Algonquins of Barrier Lake tribe, while the two girls participated in the contest through their Tuesday night youth group held at the Garden River Health Centre.

In the junior category, the second place prize was awarded to Stella Polson, a grade 8 student at Kiwetin School in Notre-Dame-du-Nord, Quebec. Third prize went to seventh grader Shaun Starr of Pic River Elementary School in Heron Bay, Ontario. No second or third place prizes were awarded in the senior category.

The winner of each category received a prize of \$300. Second place finishers received \$200, while the third place prize was \$100. The teacher or poster program coordinator of the first prize recipient also received \$100 and the school or community submitting the winning entry received a prize of \$200.

The contest invited young people in grades 7 to 12 in schools and community organizations in First Nations communities across Canada to design a poster reflecting the rules of railway safety. As well, winning entries may be used to create future railway posters that would be distributed to First Nations communities across Canada.

"The purpose of the contest is to help reduce the number of train-vehicle and train-pedestrian deaths and injuries among young people by educating them about the potential hazards of highway/railway crossings, along railway tracks, and by promoting railway safety," says Sgt. Bill Law, community services officer with Canadian Pacific Railway's Police Services and a member of Direction 2006's public education committee.

Direction 2006 is a joint initiative between government and industry to reduce train-pedestrian and train-vehicle collisions by 50 per cent by 2006, and to advance the work done by Operation Lifesaver -- a national public education program co-sponsored by the Railway Association of Canada and Transport Canada. OL volunteers and programs had reduced crossing collisions and trespasser incidents by 60 per cent over the previous 20 years.

Sgt. Law said the initiative focused on a specific audience, for specific reasons. A recent nation-wide Ipsos-Reid internet poll among young Canadians showed that although 94 per cent of young Canadians say it's dangerous to walk or play on railway tracks, over half of them have done so. The poll also concluded that young people take too many risks at highway/railway crossings and along the tracks, that many cannot identify railway warning signs, that many misread the speed of trains, and that overall, they need a better understanding of personal risk.

"First Nations communities are often small communities," said Sgt. Law. "Since many incidents involving trains and pedestrians, and between trains and vehicles happen in smaller communities, with young people as the victims, the First Nations communities are working hard with Direction 2006 and Operation Lifesaver to ensure that Native youth are aware of railways and their potential dangers. This is why the First Nations communities of Canada participated actively in the Look, Listen, & Live railway safety poster contest."

#### Contacts:

Sgt. Bill Law  
Direction 2006 Education  
416-696-6596

Dan Di Tota  
Operation Lifesaver  
613-564-8094

Emilie Tobin  
The Railway Association of Canada  
613-564-8102



### The Ontario Medal for Good Citizenship

Provincial honours are a memorable and distinctive way for the Government of Ontario to pay special tribute and thank those Ontarians whose lives exemplify excellence and achievement of the highest order. The men and women we honour are truly representative of province of Ontario's caring and diverse society and their lives and deeds stand as shining examples for us all.

In 1973, the Government of Ontario established the Ontario Medal for Good Citizenship to recognize people who, through exceptional long-term efforts, have made outstanding contributions to the well being of their communities. Their assistance is given without expectation of remuneration or reward.

#### Who is eligible?

Nominees must be residents of Ontario. No elected federal, provincial or municipal representative may be awarded the Medal while such person remains in office. The Medal is not awarded for acts of bravery. Self-nominations will not be accepted. No person shall be awarded the Medal posthumously unless death occurs after his or her name has been selected by the Advisory Council.

#### How are recipients selected?

An independent Advisory Council considers all nominations. The Hon. James Bartleman, Lieutenant Governor of Ontario is the Honorary Chair of the Advisory Council.

#### When are the awards presented?

The Lieutenant Governor of Ontario presents recipients with a medal at a ceremony held in the Provincial Legislature. Award recipients are notified by phone in advance of the ceremony.

#### When is the deadline?

Any person or organization can nominate an individual by completing the following nomination form and sending it to the address below no later than **July 26, 2002**. Photocopies of the form are also acceptable.

#### Need more information?

Additional information and nomination forms may be obtained by contacting Ontario Honours and Awards at (416) 314-7526.

#### Please include the following in your submission:

1. Description of Achievement
  - a. Describe the achievement in detail (500-1000 words) including any background or related historical information;
  - b. Describe what made this an outstanding achievement indicating any extraordinary circumstances or challenges the nominee faced;
  - c. Describe how this achievement has touched the lives of others or the life of the nominee;
  - d. Provide examples of ongoing leadership and dedication;
  - e. Indicate how long you have known the nominee; and
  - f. Indicate when the achievement was initiated and completed.
2. Provide written testimonials from individuals who have direct knowledge of the value and impact of the achievement.
3. (Optional) Additional material may be included to support this nomination, such as, additional testimonial letters (limit of eight), publications, media stories, etc.

Please list and label all material enclosed to support this nomination. Do not send videos or audio tapes. Do not send originals of important or official documents, as they will not be returned. Submit all materials unbound, black and white and in 8-1/2" X 11" format.

Please send the completed form and support materials to:

**Ontario Honours and Awards**  
Ministry of Citizenship  
400 University Avenue, 2nd floor  
Toronto, ON M7A 2R9  
Telephone: (416) 314-7526  
Fax: (416) 314-6050  
Or visit our Web site at: [www.gov.on.ca/mczcr](http://www.gov.on.ca/mczcr)



UPCOMING EVENTS



"TRADITIONAL"

15th Annual

**TYENDINAGA  
POW WOW**

**HONOURING OUR CHILDREN**

**AUGUST 10<sup>TH</sup> & 11<sup>TH</sup>, 2002**

**HOMELAND OF THE PEACE MAKER  
MOHAWKS OF THE BAY OF QUINTE  
TYENDINAGA MOHAWK TERRITORY**

**Hwy #401 Exits #556 & #566**

**MASTERS OF CEREMONIES:** Don Waboose/Ojibway Nation  
Alan Anataras Brant/Tyendinaga

**EAGLE STAFF CARRIER:** Bernard Nelson/Rama

**ARENA DIRECTOR:** Jim McCue/Ojive Lake

**LEAD DANCERS:** Sharon LePointe/Fort Alexander Manitoba

Jamie Johns/Six Nations

**DRUMS:** First Nation Drum/Multi First Nations

Bimsko Nodin Drum/Multi First Nations

**SIX NATIONS WATER DRUMS!**

Young Spirit Singers/Tyendinaga Youth Singers

Kontrennotatay Kanensatake Women Singers

**SUNRISE CEREMONY:** Jim McCue

**NEW FOUR DIRECTION SOUND SYSTEM**

By Jonathan Maracle "BROKEN WALLS" Tyendinaga

**SPECIAL FEATURES:** Hoop Dancers  
Jill Buckshot & Penny Jackson  
Maniwaki Quebec

**PLUS:** Smoke Dances and Dance Demonstrations

**CALLING ALL DANCERS:** Small Honorarium

**ALL NATIVE NORTH AMERICAN "ANCESTRY" ONLY**

**GRAND ENTRY:** Saturday 1:00 p.m. and 6:30 p.m.

Sunday 12 noon

**SOCIAL DANCE:** Saturday Night

**TRADERS FEES:** Craft \$45/day

Food \$65/day

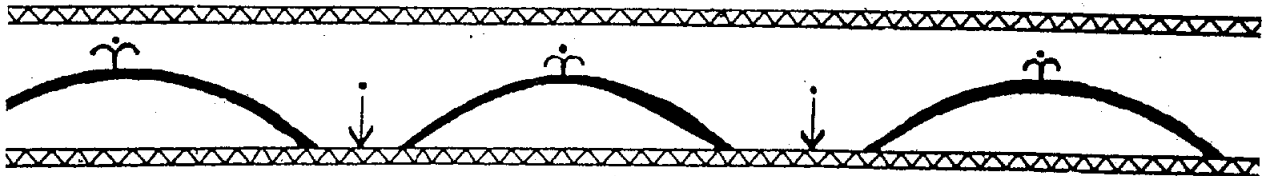
**DRUM & DANCERS (Full Native Regalia)**

**REGISTRATION:** Sat. 10 a.m. - 1:00 p.m.

Sun. 10 a.m. - 12 noon

**ADMISSION**

Adults - \$6/day Seniors - \$3/day Students \$3/day 13 yrs & up Children under 12 free Free parking  
Native North American "Ancestry" Traders Only Traders Band Cards Required - Strictly Enforced



**CAMPING AVAILABLE AT POW WOW GROUNDS**

Regular Admission to be paid by Campers - Limited Electrical Hook-up / Very Limited R.V. Space : \$40.00 per weekend  
Washroom Facilities

**For more information contact one of our volunteers:**

**Pow Wow Co-Ordinator:**

Sharon  
1-613-966-5602 - Evenings  
Kartwahawi@hotmail.com

**Chair:** Clell (613) 396-3111

**Secretary:** velma@suckercreek.on.ca

**Brad & Ruby:** (613) 396-5364 or jokeaway@kos.net

**NO ALCOHOL, DRUGS, RAFFLES, OR TICKET SALES**

All Youth Campers Must Be Properly Supervised

**EVERYONE WELCOME**

Bring Your Own Lawn Chair

The Tyendinaga Pow Wow Committee is not responsible for personal loss or injury  
No Pets Allowed on Pow Wow Grounds including camp area.



## UPCOMING EVENTS

### PIONEER CLUBS CANADA

#### Pathfinders and Trailblazers

the Anglican Church in Tyendinaga  
will be running a Pioneer Club again this year

Wednesday evenings 6:30-8:00 p.m.  
at the Queen Anne Center

beginning in September

Ages 7-14

Registration begins JULY 15

Registration cost \$15 for 30 weeks

Register by calling 962-2787  
leave the name, age and phone number of the child being  
registered



### EASY WORSHIP

During the Month of July the  
Anglican Church will be offering  
a relaxed, informal worship service  
on *MONDAY EVENINGS at 7 P.M.*  
Services will be held outside under  
the trees at All Saints Church.  
(when the weather & bugs permit-  
in the hall if they don't)

*Bring a lawn chair!*  
*Bring a coffee or cold drink!*  
*Bring your guitar!*  
*Bring your friends!!!!*

### Attention Youth

@ approximately August 6-9 2002,

Long Lake #58 First Nation will be hosting their  
3<sup>rd</sup> Annual "Voices of Tomorrow Youth Gathering"  
and we invite you to come in on the fun!

Here are the facts:

Where: Long Lake #58 First Nation  
When: August 6-9, 2002  
Why: \*Awareness of our Traditional Culture  
\*Importance of Education  
\*First Nation Role Models  
\*Self-Governance  
\*Recreational Activities  
Who: The youth of Ontario First Nations

- \* Breakfast, lunch, supper & snacks will be provided
- \* There is a \$20 fee for each youth (ages 16-29)
- \* Camp areas are clean
- \* Camping equipment is required and for clothing be prepared for all weather  
(rain, swimming, sports, etc.)
- \* Absolutely NO drugs and/or alcohol
- \* The 4 day schedule will be handed out upon arrival, available at request (tentative)
- \* Bring spending money if you want any requests from the local town
- \* Safety is an important factor. There will be a nurse on call, at the campsite

For more information contact Angeline Towegishig  
@ 807-876-2292  
Youth Conference Coordinator  
Miigwetch



### S.A.G.O. WORSHIP

S.A.G.O. stands for

Spirit-filled Anglicans Going Out!

Would you like to know God better but find that the traditional  
Sunday worship experience just isn't for you?

Perhaps S.A.G.O. worship is what you are looking for.

Sago is a welcoming word and we welcome you to pick up a cup  
of coffee, take a comfortable chair, and join us for worship:

- using upbeat music accompanied by guitars,  
keyboard and maybe even a drum or two
- outside of the church setting
- outside of the regular Sunday time space
- without prayer books
- with scripture in bite-sized easy to digest pieces
- where you can pray from your heart using your own  
words

Our first gathering is on

Monday August 19  
7p.m.

At Pat's Variety Hall

If you play a musical instrument -bring it along. We will provide  
the guitar chords or written music you will need to join in.

# UPCOMING EVENTS

## ATTENTION ALL GARDENERS!!!



If you wish your Flower and/or Vegetable Garden to be judged for the Annual Mohawk Fair  
*Please call Brenda Sager at 967-8230 or Val Maracle at 962-6031.*

### UPCOMING EVENTS AT THE ORANGE LODGE



#### EUCHRE NIGHTS

Every other Wednesday at 7:30 p.m.



#### BINGO NIGHTS

Every Friday at 7:00 p.m.

#### MONTHLY DANCES

8:00 p.m. - 12:00 p.m.

\$8.00 per person includes lunch  
1st, 2nd, 3rd & 4th Saturday of every month.



*Mohawks Of The Bay Of Quinte  
Tyendinaga Native Women's Association*

#### TYENDINAGA NATIVE WOMEN'S ASSOCIATION (submitted by Mary Wales, Chair)

The Tyendinaga Women's Association (NWA) invites you to attend a future meeting. Meeting dates are:

September 9, 2002

October 7, 2002

November 4, 2002

December 2, 2002

TIME: 7:01 p.m. (Sharp)

Place: Elder's Lodge

The members of the Hospitality Committee (Arline Benn: 396-2661; Pam Coleman: 396-5815 and Lorraine (Mickey): 396-9946) would like the community to be aware of some pertinent information to assist you when requesting refreshments following funerals.

➔ Phone any one of the members of the Hospitality Committee as soon as possible outlining the following:

- the name of the person who has passed away;
- date of the funeral;
- time of luncheon;
- place of luncheon;
- contact person re: obtaining a key for the hall etc.

➔ Communicate any changes and/or cancellations to one of the committee members immediately.

The Hospitality Committee provides the following:

- hostess service
- soup, tea & coffee  
(and occasionally sandwiches & squares)

Our generous and caring community traditionally donates sandwiches, desserts, veggies, pickles, cheese etc.

➔ Any concerns should be directed to: Mary Wales, Chair, NWA at 396-5931 or Joy Brant, Vice Chair at 967-0411.

➔ With appropriate notice, other services may be provided such as luncheons etc. Requests will be dealt with individually based on the availability of volunteers as well as other commitments.

**PLEASE NOTE:** The N.W.A. is a non-profit organization and our services are offered free of charge for bereaved families. However, monetary donations are gratefully accepted to help offset expenses.

**SCHEDULED  
TO OPEN  
JULY 9<sup>th</sup>, 2002**



PHONE: (613) 969-9711

LEGAL AID ONTARIO  
AIDE JURIDUQUE ONTARIO

FAX : (613) 969-9660

## ADVICE LAWYER CLINIC

### FREE LEGAL ADVICE

TUESDAYS 2:00 TO 4:00 PM

LOCATED AT THE

TYENDINAGA LEGAL CLINIC

5717 OLD HWY #2

TYENDINAGA TERRITORY

Available for types of law that a Legal Aid Certificate is not issued for (small claims, criminal, charges where jail is not probable, etc)

**\*\*Eligibility requirements must be met.**

P.O. Box 89 Tyendinaga, Territory K0K 3A0

RECYCLING



# A Recycling Reminder

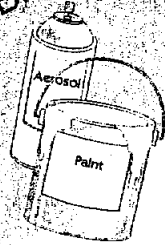
Hang this on your wall!

Bring these items to your depot



### Metal Cans & Foil

Rinse cans. Place lids in a can, pinch closed and put loose in blue bin. Do not put aluminum cans inside tin ones. Include clean aluminum foil and pie plates. *Flattened cans save space!* **No** pots, cigarette or butter wrappers or scrap metal. Avoid putting pop cans inside other cans.



### Empty Aerosol and Paint Cans

Make sure metal containers are empty. Take lids off the paint cans to let them dry, and place in the blue bin — *don't* bag them. **No** containers with product, paint cans larger than 4 litres (1 gallon), plastic paint cans, propane cylinders or other hazardous waste.



### Plastic Containers

Discard tops and rinse containers for soft drinks, detergents, juice, bleach, shampoo, dairy products as well as clear and foam plastic cups, trays and packaging. Flatten soft drink containers and replace lids. All plastics with the numbers 1 to 6 on the bottom are OK. **No** blister or bubblepacks, prescription bottles or toys.



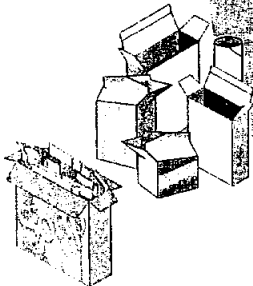
### Bottles & Jars

Remove and rinse caps and lids. Metal lids can be recycled with cans. Leave loose in the blue bin. *Don't* bag them. **No** other types of glass such as kitchenware, ceramics, dishes, drinking glasses, window glass, light bulbs or mirrors.

Place in appropriately labelled bins.

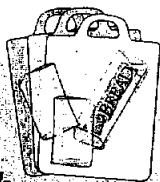
### Boxboard and Mixed Paper

Bundle junk mail and office paper separately from Boxboard. Flatten and stuff **boxboard** into a large box. **Boxboard** includes cereal, shoe and detergent boxes as well as rinsed milk and juice cartons, paper bags, sugar & flour bags, cardboard tubes, books (hard cover & paperback), egg cartons and other clean paper packaging. **No** drink boxes, tissue paper towel or laminated paper. Do not put paper loose in blue bin.

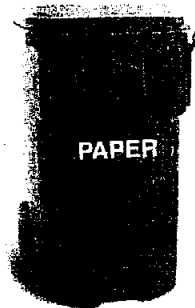


### Plastic Bags

Stuff clean, dry plastic bags into a plastic bag and tie handles. Include rinsed milk pouches, grocery, bread, dry cleaning, frozen vegetable and blue newspaper bags as well as outer wrapper from toilet and hand tissues. Remove food residue, stickers and receipts. **No** meat, cheese or stretch wrap, cereal box liners or chip bags.

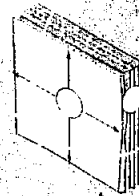


Bring these items to your depot



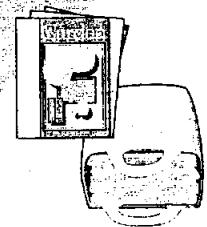
### Corrugated Cardboard

Flatten and bundle corrugated cardboard boxes into a maximum size of 30" x 30" x 8" bundles. Only broken down and bundled boxes will be collected. **No** waxed boxes, soiled pizza boxes.



### Newspapers & Magazines

Place newspapers, inserts, phone books, magazines and catalogues in a plastic bag next to your blue bin. **No** soiled newspapers. Keep boxboard and mixed paper separate, not mixed with newspaper and magazines.



QUINTE WASTE SOLUTIONS

**CLASSIFIED**

**LOOKING FOR!!**

If you have an extra room and would like to billet an aviation student.

Please call: Brenda at 396-3100

**FOR RENT**

**2 BEDROOM APARTMENT**  
 - beautifully renovated two bedroom plus a computer room in an upper apartment located in the village of Shannonville  
 - nice size eat in kitchen with large dining and living room  
 - redecorated throughout with new industrial tile in some areas  
 - refinished hardwood floors in bedroom, living & dining rooms  
 - some new kitchen cabinets with a 6 X 8 utility room  
 - new entranceway with foyer leading to this apartment  
 - cable t.v. available  
 - 1st & last months rent required with at least 3 reliable references.  
 - no pets will be allowed  
 - preference to non smokers  
 \$700.00 per month including heat & hydro  
 - available immediately

Call: 396-3957 for more information, or for a viewing. if no answer leave a message.

**FOR RENT**

**BACHELORS APARTMENT**  
 - cosy one bedroom upper apartment  
 - off street parking  
 - cable available  
 - fridge & stove suitable for 1 person  
 - no pets  
 - located in the village of Shannonville  
 - \$400.00 all inclusive  
 - 1st & last months rent required  
 - available immediately

Call: 613-396-3957  
 if no answer leave a message

**FARM FOR SALE**

Former Clare Brant Home  
 - opposite Ward's Gas Bar  
 - large 4 bedroom  
 - 3 bath  
 - office  
 - apartment  
 - in ground swimming pool  
 - 2 barns  
 - 4 bay drive shed  
 - approx. 24 acres  
 - ideal hobby farm  
 - business location  
 - property could be severed & home sold separately

Call: Ann Brant at 962-1000

**FOR HIRE**

**RICHARDS YARD CARE**  
 - grass cutting  
 - lawn raking  
 - flower bed care

Call: 396-6374 or leave a message.

**WANTED**

**LAND TO LEASE**  
 I would like to lease land on the Tyendinaga Mohawk Territory that would be suitable for planting crops.  
 For more information,

Please call: Herb Hart  
 354-0404

**FOR SALE**

1997 PLYMOUTH VOYAGER MINIVAN  
 - green in colour  
 - 3 door  
 - in excellent condition  
 - 93,800 km.  
 - price is negotiable

Call Don: 396-3759

**LAND FOR SALE**

- approximately 49 acres  
 - located on the Upper Slash Road on the north side opposite of B. & J. Poteline  
 - asking \$800.00 per acre

**WOOD LOT**  
 - wood lot for sale approximately 5 acres  
 - located on lot 24 concession 2 on the slash road  
 - various types of wood, both hard and soft are on the property.  
 - asking \$3,500.00

For more information on these lots see Everett "Joe" Maracle on the Airport Rd. Call: 396-3121

**FOR SALE**

35' Trailer with Full Pullout  
 - fridge, stove, furnace  
 - new carpet  
 - 1 owner  
 - \$6,700.00

Call: 968-2909

**CHILDCARE PROVIDER**

- Mother of one  
 - C.P.R. & First Aid trained  
 - No pets, lots of T.L.C. in a clean environment  
 - Healthy meals & snacks  
 - Located in the subdivision on Huron Brant Dr.

Call Angela at 396-6564

**VENDORS NEEDED**

FOR

**ALL ONTARIO ABORIGINAL FASTBALL TOURNAMENT**

August 23-25, 2002

At Karon hiak ta'kie Sports Complex

Everyone welcome  
 - Food  
 - Arts  
 - Crafts  
 - Music  
 - Etc.

Cost is \$25 per vendor, for three days. Please call Wendy Rowbotham to register @ 961-1672.

**CARE GIVER AVAILABLE**

- Summer or all year round care  
 - big yard for playing  
 - lots of arts and crafts  
 - healthy snacks & meals provided  
 - excellent references

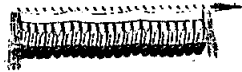
For more information call Tara at 396-2220

**MILL TOWN MEATS**

- Corn Fed Beef  
 - Quarters & Half Cuts of Beef  
 - Wrapped & Frozen  
 - Individual pieces sold at home  
 AAA Beef

Make your own Soup!  
 Lyed Corn, Beans, Special Pork!

Call: Glenn Hill 962-5470



**LAND FOR SALE**

- 47.5 acres  
 - located on the Upper Slash rd. across from B. & J. Pole Line

Call Everette Maracle at 396-3121

**FOR SALE**

**BUILDING LOTS**  
 - 100' X 150' lots  
 - located on the south side of Hwy #2 west of Deseronto and just east of church lane  
 - lots are fully serviced with water and sewer and natural gas

For more information call: 613-396-2097

**LAND FOR SALE**

- TWO LOTS  
 - located on Norways side road, east side  
 - each lot has a road frontage of 20 ft. and a depth of 200 ft. approx. 1 acre  
 - located on a newly hard top road  
 - each lot will have a good dug well with plenty of water  
 - lots have plenty of soil to support a basement  
 - the price for each lot is \$7,500.00 which includes a well  
 - NOTE: if both lots are bought price may be negotiable

For more information call: Lorne Loft at 968-2180 or leave a message if there is no answer.

**FOR SALE**

**SEASONED HARDWOOD**  
 - \$150.00 per cubic cord

Please call: 969-5584

**FOR SALE**

**EVERYTHING MUST GO!!!**

All household items for sale:

Fridge, stove, washer/dryer, freezer, central vacuum, microwave, TV, VCR, stereo equipment, wall units, sewing machine, beds, dressers, rocking chairs, coffee & end tables, lamps, pictures, tables & chairs, TV trays, small appliances, dishes, cookware, blinds, curtains/drapes, blankets, towels, linens, lawnmowers, weed-eater, hand tools, electric tools, bicycles, toys, sports equipment, tents,

..... and much, much more.

Date: Saturday, July 27 & Sunday, July 28  
 Time: 8 a.m. - 5 p.m. daily  
 Place: Ridge Road west (next door to Kevin Brant's Auto Body)  
 Inquiries: 967-6316