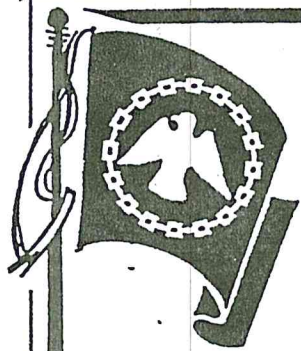
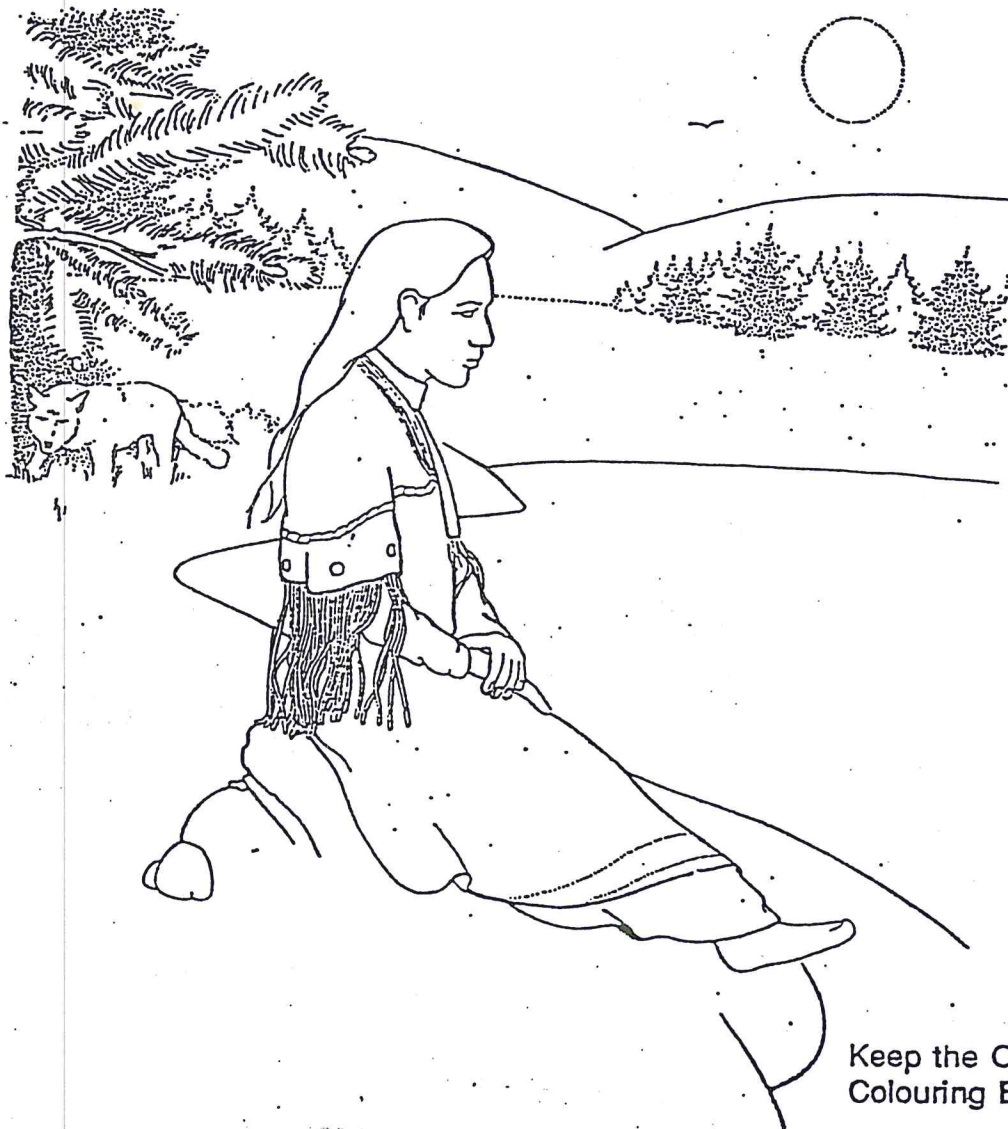


JUL 29 1994



# TYENDINAGA NEWSLETTER



Keep the Circle Strong  
Colouring Book

**Ohiari'ko:wa (July)**  
**ISSUE 10/94**

pronounced (gee gone hoe ga roon day)

Use this word as much as possible in your everyday vocabulary.

## PAGE ADMINISTRATION NOTICES

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- THAYENDANEGA  
HEALTH CENTRE**

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# News Release Communiqué

1-9415

## MINISTER IRWIN ANNOUNCES MORE FUNDING FOR POST-SECONDARY EDUCATION

OTTAWA (June 27, 1994) – The Minister of Indian Affairs and Northern Development Ronald A. Irwin today announced the allocation of additional resources for the Indian and Inuit Post-Secondary Student Support Program. This fulfils a key commitment made to Aboriginal people in *Creating Opportunity: The Liberal Plan for Canada* and reaffirmed in the Throne Speech.

"Educational achievement and opportunities for learning are important," Minister Irwin said. "This is an important investment in that future, one that will provide Indian and Inuit students with the kind of assistance that will help them to generate and share more fully in Canada's wealth."

The increased investment in the department's post-secondary education program amounts to \$20 million per annum, bringing the total funding for Aboriginal students to \$247.3 million in 1994-1995. The additional funds will be used to create opportunities for more students to attend post-secondary schooling.

The PSE program provides financial assistance to registered Indians, both on and off reserves, and Inuit in the pursuit of post-secondary education. The program's goals include increasing the number of Indian and Inuit students attending and graduating from post-secondary schools, thereby improving their participation in the labour force, and helping them achieve

.../2



Government  
of Canada

Gouvernement  
du Canada

Canada





income levels comparable to those of the general population of Canadian post-secondary students.

The program currently assists some 22,000 students, compared to less than 9,000 students in 1984-85 and less than 200 students in 1965-66. However, Aboriginal students are still under-represented in post secondary schools (see chart). Aboriginal organizations administer approximately 90 per cent of the budget for the post-secondary education program.

The government has underlined its commitment to operating within a sound fiscal management framework to ensure the most effective use of post-secondary student support resources. The additional PSE funding will be in place to support students beginning studies in September 1994 and will be allocated to regions using the National PSE Allocation Methodology.

"Indian and Inuit youth are among the fastest growing segments of the Canadian population," Minister Irwin said. "There is a clear relationship between educational achievement and success in finding and keeping a job. It is this government's urgent goal to increase Indian and Inuit employment and employability. As well, achieving greater self-reliance will be significantly helped by the greater number of Indian and Inuit people able to meet the new challenges and perform the new roles self-government will bring."

Funding for this program was provided in the February 1994 federal budget and is therefore built into the existing fiscal framework. This announcement is an example of how this government is prioritizing its spending to better serve Canadians by making efficient use of their tax dollars.

Reference:

Cate McCready  
Communications Assistant,  
Minister's Office, DIAND  
(819) 997-0002

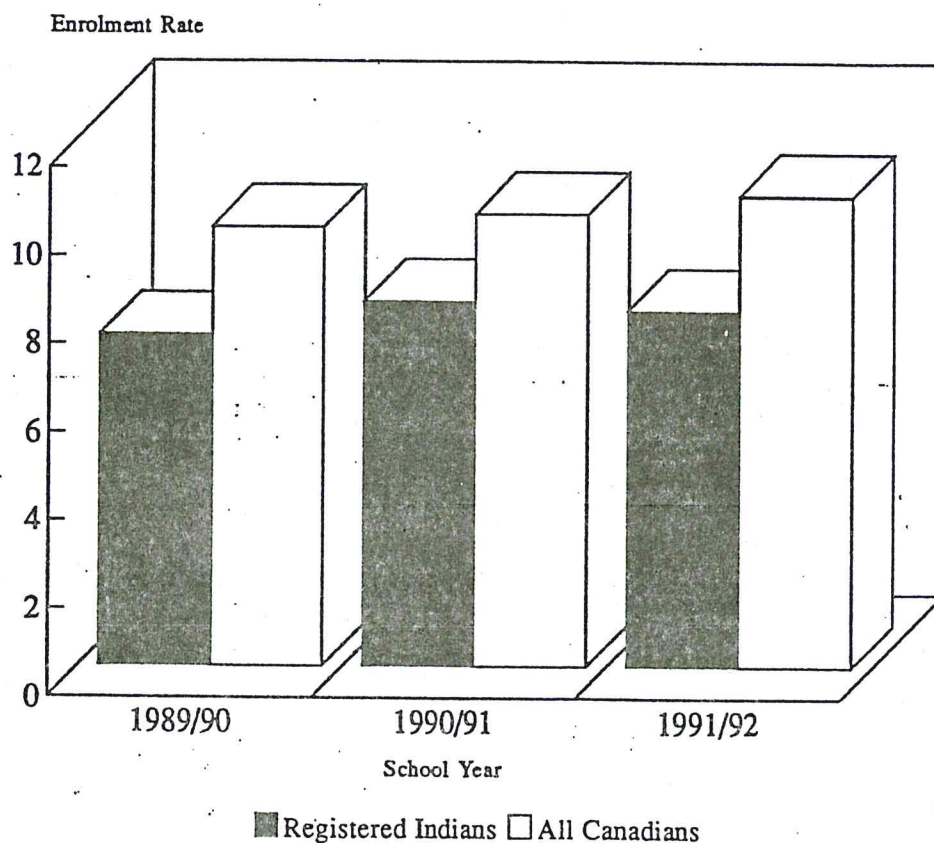


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## Post-secondary Participation Rate / A Comparison

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### Full-time Post-secondary Enrolment Rates Registered Indians compared to All Canadians



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#### Highlights

While the rate of participation in post-secondary education for Registered Indians continues to rise, the participation rate of Registered Indians aged 17 to 34 remains below the Canadian rate for the same age grouping. From 1989-1990 to 1991-92, the rate rose from 7.51 to 8.08 percent compared to 9.95 and 10.68 percent for all Canadians.



## FROM THE OFFICE OF THE EMPLOYMENT CO-ORDINATOR

### ASSEMBLY OF FIRST NATIONS Junior Research/ Environment Unit

#### QUALIFICATIONS:

- A university degree in sciences with the emphasis on environmental research, planning and project management. An equivalent combination of training and experience in environmental research and project management will also be considered particularly in water quality monitoring and/or testing.
- Excellent written and oral communication skills for reports, discussion papers and briefings are essential. Ability to interpret and synthesize data for planning purposes will be required. Candidate must have ability to work with First Nation communities, government and non-government organizations, and the academic community. Candidate must have good judgement skills, tact, reliability and excellent interpersonal skills.
- Successful candidate must be prepared to relocate to Ottawa, Ontario

CLOSING DATE: JULY 29/94

SALARY: NEGOTIABLE, BASED ON TRAINING AND EXPERIENCE

SEND RESUME WITH COVER LETTER, A TWO PAGE WRITING SAMPLE AND  
EMPLOYMENT REFERENCES TO:

ANNE LAFONTAINE  
MANAGEMENT ASSISTANT  
ASSEMBLY OF FIRST NATIONS  
5TH FLOOR, 55 MURRAY ST.  
OTTAWA, ONTARIO K1N 5M3

OR KEITH CONN: 613-241-6789  
OR FAX: 613-241-5808

#### \* NOTICE \*

The Job Information Terminal  
was due to be operational on  
July 15th, 1994  
Unfortunately, it will not be  
operational until  
July 29th, 1994 due to  
phone line hook up and  
connection with the  
Canada Employment Centre.

**LONDON DISTRICT NATIVE EDUCATION AGENCY PROJECT**  
**Administrative Assistant**

**QUALIFICATIONS:**

- Possess an understanding of current First Nation education issues
- Excellent oral and written communication and inter-personal skills.
- Competency with microcomputers and software (word perfect, Lotus etc.)
- Self-motivated individual with the ability to work under minimal supervision.
- Previous successful experience in a Native Organization/ First Nation Community is an essential requirement
- Must have a post secondary certificate in executive secretarial field and/ or equivalent work experience
- \* Relocation assistance may be available for the successful candidate

**SALARY RANGE: \$22,000.00 - \$26,000.00**

**CLOSING DATE: JULY 29/94**

**PLEASE SEND RESUME AND A COVER LETTER TO:**

**RAYMOND MARTIN, EXECUTIVE DIRECTOR  
 SOUTHERN FIRST NATIONS SECRETARIAT  
 536 QUEENS AVE.  
 LONDON, ONTARIO  
 N6B 1Y8**

**ONTARIO NATIVE WELFARE ADMINISTRATORS ASSOCIATION**  
**FIRST NATION WELFARE ADMINISTRATOR TRAINERS**

**1 - Southern/Central Region**  
**North Bay/Sudbury/Sault Ste. Marie/Timmins**

**2 - North/ Northwest Region**  
**Kenora/Rainy River/Sioux Lookout/Thunder Bay**

**QUALIFICATIONS**

- Possess a Post Secondary Education in Social Services or equivalent experience
- Ability to work with minimum supervision
- Working knowledge of General Welfare Act, Family Benefits Act and other applicable legislation
- Some experience in computer technology/Support Systems
- Experience in planning, delivering and evaluating training performances

**DEADLINE: JULY 29/94 at 4:00 p.m.**



**SEND RESUMES TO AND INDICATE THE AREA THAT YOU ARE APPLYING FOR:**

Ms. Pauline Bressette  
Ontario Native Welfare Administrators Association  
Kettle and Stoney Point First Nation  
Box 4 , Lakeshore Drive  
R.R. # 2  
Forest, Ontario  
N0N 1J0

phone: 1-519-786-2292 or fax: 1-519-786-2291

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**R.A.M.B.O.  
TORONTO**

**ABORIGINAL EMPLOYMENT AND TRAINING SPECIALISTS**

**BASIC REQUIREMENTS:**

- Experience in working with and taking direction from Aboriginal people in an educational, research, training and/or business environment.
- Experience in preparation of reports, briefing notes, issue paperes, correspondence for senior management
- Experience with the operation of micro-computers
- Experience in policy development particularly as it might relate to Aboriginal people
- Experience in program coordination and financial management
- Experience with research and analysis

**SALARY: STARTING ANNUAL SALARY IS \$42,162**

**DEADLINE: FRIDAY AUGUST 12 AT 4:00 P.M.**

**MAIL OR FAX RESUMES TO:**

Rambo (Pathways) Secretariat  
c/o Lana Landon, Manager  
4900 Yonge Street  
Penthouse  
North York, Ontario  
M2N 6A8                      tel: 416-954-7684 or fax: 416-954-7692

For more information call Dorothy Mcleod 416-954-7686

**ALDERVILLE FIRST NATION  
Opportunity Planning Counsellor/ Co-ordinator**

The role of the Opportunity Planning Counsellor/Coordinator will be to implement a service which will have a four-fold purpose. The first purpose is to provide a voluntary, social program to individuals currently on social assistance who choose to become employed, prepare for employment, or method of service coordinator that will enhance the utilization of existing community services, for and by, the individual member. The third purpose is to develop a data collection system that will allow for reporting and program evaluation. The fourth purpose is to co-ordinate the development and possibly facilitate the programs of the upgrading/learning centre.

**STARTING DATE: AUGUST 8TH/94 (UP TO A 4 YEAR DURATION)**

**SALARY: BASED ON QUALIFICATIONS**

**DEADLINE: JULY 29/94**

\*\*\*\*\*

**Full Time Nurse**

**EDUCATION REQUIREMENTS:**

- A degree in nursing from a Canadian University or recognized equivalent

**EXPERIENCE AND QUALIFICATIONS:**

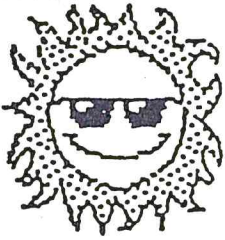
- Minimum one year nursing experience or related experience
- Experience as a Registered Nurse in Community Health Nursing or willingness to take Community Health Nursing training
- Experience in providing health services to First Nation communities
- Valid drivers licence
- Must be motivated, independent, dependable, decisive, flexible and creative
- Must be a team player
- Effective oral and written communication skills
- Capacity to cope with stress and crisis situations
- Ability to maintain confidentiality
- Native Ancestry preferred

**DEADLINE DATE: JULY 29/94 AT 4:00 P.M.**

**SALARY: BASED ON QUALIFICATIONS**

**SUBMIT DETAILED RESUME AND COVER LETTER STATING FOR OPPORTUNITY PLANNING COUNSELLOR/COORDINATOR OR NURSE POSITION**

Alderville First Nation, P.O. Box 46, Roseneath, Ontario K0K 2X0



## *Summer Student Introductions!*

*Hi! My name is Julie Brant. I was hired for the summer for Daycare Teacher Assistant. I am currently receiving my first year of early childhood education in North Bay at Canadore College. I hope to have an enjoyable summer here.*

\*\*\*\*\*

*Hello, my name is Kerri Maracle and I am a Summer Student employed at the Mohawk Administration office. I am the Historical Data Entry Clerk which is the job of entering all of the minutes from the Council meetings from 1900 up to the present into the computer. I find this job interesting and I enjoy doing it because there are many things that are written in the books that I didn't know about.*

\*\*\*\*\*

Hello! I have been hired for the position of Research/Entry Clerk in the Membership department. Right now I am organizing files but soon hope to be conducting a census of community residents to up-date the existing demographic information. I look forward to speaking with you and thank you in advance for your co-operation.

Annette Maracle

Hi I'm Cindy Loft. I've been hired as the Summer Project Manager. I will be helping all summer students placements. Helping students maintaining a good working relationship with co-workers and supervisors. I will be working with Bev Hill at the Admin Office. My goal is to make sure that the students are happy with there placements.

*Cindy Loft*



She:kon

My name is Lisa Maracle and I am working at the Ka:nhote Library for the summer as the Edu-Kit Co-ordinator. The edu-kits focus on the culture of the Iroquois people and will be used mainly by the educators but can also be used by library members. If you have any questions or would like to see what the library has to offer, stop by for a visit.

Nia:wen  
Lisa Maracle



Hi!

I am Stephen Morris. I'm this years Environmental Day Camp Supervisor. My goal is to make sure the Day Camp is run properly and also that the kids are in a safe environment.

Onen'

Hi!

My name is Brandi Maracle. I'm the Senior Day Camp Counsellor. My goal is to help your children have a great summer.

Nia:wen

Hi.

My name is Missy (Melissa) Maracle. I'm one of the Day Camp Counsellor. My goal is to have an exciting summer and hope the kids to remember how exciting it was.

Hi!

My name is Tom Smart. I will be working with Andrew Alkenbrack this summer as the Recreation Assistant mostly at the new Ball field. I look forward to seeing people there.

Tom

*Hello,*

*My name is Angel Maracle. I will be working at the Thayendanege Health Centre. I am currently enrolled in my 2nd year at Brock University in St. Catharines. I look forward to meeting many of you dropping by the centre.*

*Hello,*

*My name is Matthew Green. This coming September I will be attending St. Lawrence College in Kingston where I will be taking a course in Civil Engineering Technology. This summer I will be working as part of the Home Support Team. I will be doing odd jobs such as window washing, painting and yard maintenance for community members. Don't hesitate to give me a call! I am looking forward to meeting you over the course of the summer!*

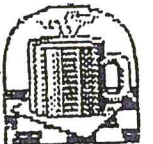


*Matthew Green*

*Hello,*

*My name is Tracey Moon. I live in Belleville, Ontario and I am currently enrolled in the Developmental Service Worker program at Loyalist College. Some of you may remember me from last summer when I worked for Home Support. Some of my responsibilities will include collecting and researching information for the newsletter as well as helping with special events and outings. I am glad to be back and look forward to seeing old friends and making new ones! Funding for Matthew and I has been provided by Summer Employment Experience Development (S.E.E.D.), C.E.I.C.*

*Tracey Moon*



\*\*\*\*\*

### **\* PLEASE NOTE \***

As a Memorial we have placed flags on the veterans graves located at Christ Church. Unfortunately these flags are being removed from the graves.

**PLEASE PARENTS** advise your children to please leave these flags alone if they are playing around or near the Church.

*"It's no place to play!"*

Thank You!  
Concerned Community Members



**MOHAWKS OF THE BAY OF QUINTE  
TYENDINAGA MOHAWK TERRITORY**

R.R. #1 DESERONTO, ONTARIO K0K 1X0

(613) 396-3424 Fax: 1-613-396-3627

**NOTICE TO MUD CREEK WATERSHED RESIDENTS**

**REGARDING SEPTIC SYSTEM SURVEY**

The Big Marsh Committee in conjunction with the Tyendinaga Administration Office will be conducting a septic systems survey this summer. This survey will include all of the First Nation residences located within the Mud Creek Watershed (all lands draining into Mud Creek). Residents living within two kilometres of the creek may be involved in this study; this could include up to two hundred households.

The purposes of the survey will be to assess the potential impact of sewage on the Big Marsh. Wetlands are extremely susceptible to damage from nutrient pollution, such as sewage discharge. Some of the problems caused by excess nutrients in wetlands include:

- a) Eutrophication which leads to increased filling in of the marsh
- b) High level of plant growth
- c) Low water clarity
- d) Loss of plant and animal species that inhabit the marsh

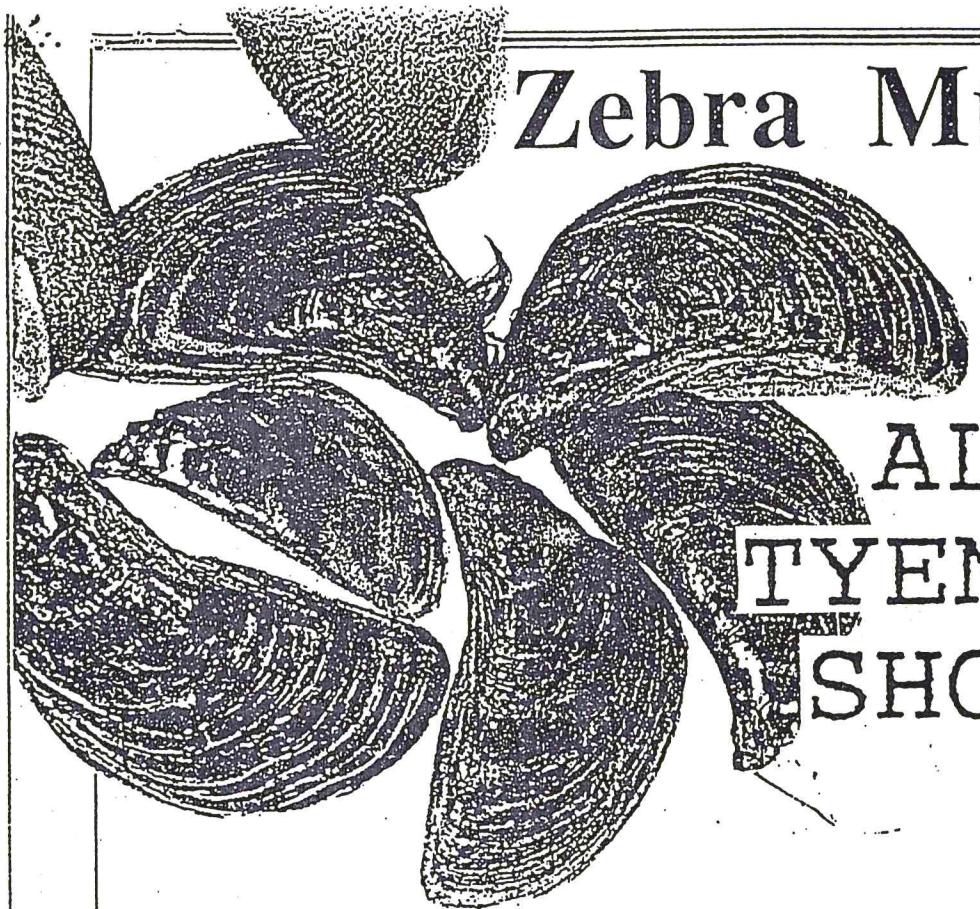
This survey will ask questions regarding the type of septic system being used, the age of the system, and the number of residences per household who regularly use it. The information will be kept strictly confidential.

For more information please contact the Band Office.

Thank you

Shawn Green - EYC Big Marsh Technician





# Zebra Mussels . . . They're Here ALONG THE TYENDINAGA SHORELINE

Ministry of Natural Resources  
Ontario

## What Are They?

The zebra mussel (*Dreissena polymorpha*) is a clam-like animal that gets its name from its striped shell. Zebra mussels grow to about four centimetres (one-and-a-half inches) and may live up to five years.

Populations were found only in Europe until zebra mussels were collected from the waters of Lake St. Clair in June 1988. Scientists believe the zebra mussel was introduced into the lake by a ship discharging ballast water picked up in a European port.

## Where Are They?

The fertility of the zebra mussel (one female can produce about 30,000 eggs annually), its free-floating, microscopic larval stage, its ability to travel attached to boat hulls, and its ability to adapt to the habitat in the Great Lakes have allowed it to spread quickly. Populations of zebra mussels have been found in Lake St. Clair, Lake Erie, the Niagara River, the Welland Canal, the western and eastern ends of Lake Ontario, near Cornwall in the St. Lawrence River, in parts of Lake Michigan, and in Duluth Harbor of Lake Superior. There is also an unconfirmed report of zebra mussels near Grand Bend in Lake Huron. Scientists predict zebra mussels will invade inland lakes and rivers, hitching a ride on boat hulls, or travelling in bait buckets used by anglers.

## What Kind of Damage Are They Causing?

Zebra mussels attach themselves to a variety of surfaces and may build up colonies several layers thick. Reefs, boats, piers, breakwalls, water intake pipes, rocks, aquatic plants, and even other animals, such as clams and crayfish, become covered with the molluscs. Reports of reefs near Pelee Island in Lake Erie have shown counts as high as 30,000 mussels per square metre. Once the mussels are attached, they are extremely difficult to remove.

Although little is known about the damage zebra mussels may do to Great Lakes fisheries, the potential is great. By consuming plankton, mussels could reduce the amount of food available for the young of some fish species. By colonizing spawning shoals, they could decrease the survival rate of fish eggs, especially walleye and lake trout. The zebra mussel is probably responsible for improving water clarity in western Lake Erie. While this phenomenon has some advantages, clearer water could drive light-sensitive walleye into deeper waters and away from traditional feeding areas, causing a loss in inshore fishing. There are also dangers that the zebra mussel could transfer parasites and diseases to native fish.

When zebra mussels colonize boat hulls, they increase drag and fuel consumption. Mussels can also clog boat intake pipes and

cooling systems, leading to costly repair and replacement work.

## What Is Being Done About Them?

Zebra mussels are here to stay. Nothing can be done to eradicate them, but there are ways to avoid introducing more of them into the Great Lakes, curb their spread into inland waters, and control current populations. Slowing their spread will bide us time for researching ways to control them.

The zebra mussel has few natural predators. Fish (whitefish, sturgeon, freshwater drum, carp) and waterfowl (mainly diving ducks and gulls) feed on the mussel. Unfortunately, diving ducks are unlikely to control zebra mussels because the birds do not overwinter in Ontario as they do in parts of Europe, where the ducks appear to be exerting some control over mussels. Also, none of the predators are present in sufficient numbers to keep the populations of mussels under control in Ontario.

Current research efforts into the behaviour and effects of the zebra mussel in Ontario include studies by the Ministry of Natural Resources on the zebra mussel's impact on our fisheries.

## What Can You Do To Help?

The most effective way to prevent or slow the spread of zebra mussels is for boaters, cottagers, and sport and commercial fishers



to take the following precautions:

- ✓ Clean your boat before moving it from an infested lake to another lake. Transporting zebra mussels from infested to non-infested waters is the main way in which the pest is spread.
- ✓ Always take your boat out of the water and inspect it before entering inland waterways from the Great Lakes.
- ✓ In their early stages, zebra mussels are small and hard to spot. Pass your hand over the bottom of your boat. If it feels grainy, you may have zebra mussels. Do not take a chance; clean them off.
- ✓ Mussel larvae can be removed from boats' hulls and from live wells by cleaning with a household bleach solution of 15 ml (one tablespoon) bleach per 4.5 litres (one gallon) of hot, soapy water. Do not use the bleach solution near waterbodies or sewers, as the mussels and residual chlorine could be returned to the water.
- ✓ The best tool for cleaning your boat's hull is a paint scraper. It will take some effort to knock the mussels loose. Be careful, the shells can be very sharp and you could cut yourself.
- ✓ On wood, aluminum or steel boats, zebra mussels remove the first layer of paint when they attach. Scrape down to the bare wood or metal and repaint. With fibreglass boats, be extra careful not to break the gelcoat or glass.
- ✓ You can also remove mussels with high-pressure water (at least 250 pounds per square inch), or by steam cleaning.
- ✓ If the weather is hot and dry, leave your boat out of the water for two or three days; the mussels will die, and most will drop off.
- ✓ Dispose of zebra mussels in garbage containers or bags. Don't leave scrapings on the shoreline, as the mussels may be returned to the lake by wave action or surface runoff.
- ✓ Certain polymer waxes appear to discourage zebra mussel attachment. However, still check your hull for mussels attached to drain holes and speedometer brackets. Anti-fouling paints are not a method of zebra mussel control, as their effect on aquatic life is not known.
- ✓ If zebra mussels clog intake pipes and cooling systems of your boat, the only solution is to replace the pipes, as the mussels are almost impossible to remove. Watch your boat's temperature gauge if you spend long periods of time in infested

waters, such as Lake Erie, Lake St. Clair, and parts of Lake Ontario.

- ✓ Do not transport bait or live fish from one lake to another. Dumping water that contains zebra mussel larvae into another lake could introduce the mussels. Use caution: Do not take water from one lake and deposit it into another lake.
- ✓ Encrusted commercial fishing nets should be cleaned by leaving them out in hot, dry weather for two or three days. Most of the mussels will fall off, and the ones remaining can be removed easily.

✓ Inspect your cottage's water intake pipe regularly. If an intake pipe is encrusted, replace it. Move the intake into deeper water, since zebra mussels tend to colonize shallower waters.

✓ Take extra care when swimming in areas that contain zebra mussels. To avoid cuts, wear running shoes.

If you follow these suggestions, and check your boat carefully, you could help protect valuable fish habitat and save millions of dollars in repair work. ★

## WE HAVE A PROBLEM IN OUR GREAT LAKES...



## ...AND IT'S SPREADING.



The Great Lakes are under attack by unfriendly invaders - zebra mussels. And the Ministry of Natural Resources is asking you to help prevent or slow their spread.

Zebra mussels came to North America from Europe. They multiply at a phenomenal rate and cling to any hard, solid surface underwater. Once they get into water intake pipes, or your boat's cooling system, getting them out is very expensive... sometimes impossible. Zebra mussels consume plankton, an important food for young fish; and cover fish spawning areas. Their potential for harming our fisheries is great.

*Please do your part to help contain these pests. Clean your boat's hull thoroughly, especially before moving it to another lake. Rinse live wells of your boat with household bleach and hot water. Don't transfer water from the Great Lakes to other inland waterways.*

Zebra mussels are everybody's problem. We don't know yet how to control them, but together we can limit the damage.

For more information, please contact your local MNR district office.

Pour plus de renseignements, communiquez avec le bureau de district du ministère des Richesses naturelles de votre région.

## YOU CAN HELP NOW!



Ministry of  
Natural  
Resources

Ontario



## INSTRUCTIONS FOR COMPLETING ZEBRA MUSSEL WATCH FORM

For each new zebra mussel sighting fill in the form as completely as possible.

**MAIL TO** ..... Mohawks of the Bay of Quinte  
 Tyendinaga Mohawk Territory  
 R.R.#1  
 Deseronto, Ontario  
 K0K 1X0

or your local  
 MNR office

**NAME** ..... Please print your full name  
**ADDRESS** ..... Please print your full mailing address and telephone number  
**DATE** ..... Enter the date you saw the zebra mussels  
**LOCATION** ..... Enter county and township where waterbody is located

**DISTANCE AND  
 DIRECTION TO  
 NEAREST TOWN** ..... Enter the approximate straight-line distance (km/miles) and direction  
 to the nearest community (e.g. 32 km south of Bancroft)

### SKETCH MAP SHOWING LOCATION IN WATERBODY

..... Sketch a map of where zebra mussels were sighted within the waterbody  
 (e.g. illustrate bays, river mouths or other prominent features)

### ZEBRA MUSSEL

**INFORMATION** ..... Size Range: Enter the approximate length of 10 of the zebra mussels  
 found (e.g. 20 to 80 mm). Measure the length as illustrated on the reverse.

### APPROXIMATE

**NUMBER** ..... Check the box which best estimates the number of zebra mussels found.  
**DEPTH OF WATER** ..... Enter the depth of water in meters that the zebra mussels were found.  
**SUBSTRATE** ..... Describe the surface on which zebra mussels were found.  
 (e.g. boat, dock, rocks, etc).

### IF YOU WOULD LIKE TO GET MORE INVOLVED IN THE PROGRAM, PLEASE FOLLOW THESE INSTRUCTION:

Hang a two or three metre length of rope (polypropylene, nylon or manila) off the end of a suitable location (dock, wharf, etc.) and weight it, to hold it vertically in the water column. A large nut will suffice to weight the rope. Place the rope in the water in May and check it for colonization by zebra mussels at least once a month over the ice-free season. Remove rope from the water in October or at the last opportunity in the fall.

If zebra mussels are present on the rope, count the number seen on the densest 15 cm (6 inch) section of rope.

Zebra mussels will first appear in June, July or August and at first will look like small grains of sand. As they grow they take on the more typical mussel-like shape. If you detect zebra mussels, please fill in the front of this form and mail it to the address indicated above.

Additional copies of this form can be obtained from the address above or your local Ministry of Natural Resources Office of the Ministry of Natural Resources.



# ZEBRA MUSSEL WATCH PROGRAM

## What are Zebra Mussels?

Zebra mussels are small, brown and white striped clam-like animals native to Eastern Europe. They were first discovered in the Great Lakes in 1988, probably distributed from a freighter's ballast water picked up in a European port. They grow to about 5 centimetres (2 inches) in length and breed and spread very quickly. They are causing significant damage to water intake pipes where they build up in large numbers; and they may have harmful impacts on our fish communities.



## How you can help?

You can help monitor the spread of the zebra mussel. To report sightings in your area, send this completed form and a sample of your findings to the Ministry of Natural Resources. Your sighting information will form part of a database that will be used to track the distribution, spread and abundance of zebra mussels. If you would like to get more involved in the program, please follow the instructions on the reverse side to complete this form.

## PLEASE FILL IN THE FOLLOWING INFORMATION

(please print)

Name \_\_\_\_\_ Phone No: Home ( ) \_\_\_\_\_ - \_\_\_\_\_

Address \_\_\_\_\_ Work ( ) \_\_\_\_\_ - \_\_\_\_\_

Date of sighting \_\_\_\_\_

Name of Waterbody \_\_\_\_\_ County \_\_\_\_\_

Township \_\_\_\_\_

Distance and direction to nearest town \_\_\_\_\_

Sketch Map showing location of zebra mussels in waterbody

## Zebra Mussel Information

Size range \_\_\_\_\_ Approximate number <50 \_\_\_\_\_, 50-100 \_\_\_\_\_, 100-1000 \_\_\_\_\_, >1000 \_\_\_\_\_

Depth of water \_\_\_\_\_ m/ \_\_\_\_\_ ft

Substrate \_\_\_\_\_

Use of Rope: yes \_\_\_\_\_ no \_\_\_\_\_

Number of mussels on densest \_\_\_\_\_

15 cm section of rope

boulder \_\_\_\_\_

gravel \_\_\_\_\_

sand \_\_\_\_\_

detritus \_\_\_\_\_

Additional Comments \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## JULY IS WELLNESS MONTH



# WELLNESS

---

## Taking Charge of Your Health

Wellness is more than not being sick--it's an approach to health that aims to reduce your risk of serious illness. Why wellness? Because the way we live has a lot to do with our health. Unhealthy lifestyles can cause life-threatening conditions such as heart disease, cancer, diabetes, and stroke. Yet 80% of these "lifestyle diseases" can be prevented. By recognizing and reducing your health risks, you can start making wellness a way of life. Native people traditionally practiced a wellness way of life as shown in the principles listed below.

### TRADITIONAL INDIAN PRINCIPLES OF HEALTH

1. Good health is a gift from the Creator.
2. When we show respect for ourselves, our bodies, and our health, we show appreciation of the Creators gifts.
3. Good health is ours when we live in a balanced relationship with the Earth and the Natural World.
4. Since the coming of the white man, we have forgotten many of our ways. If we are to survive, we must put the first three principles into practice daily.

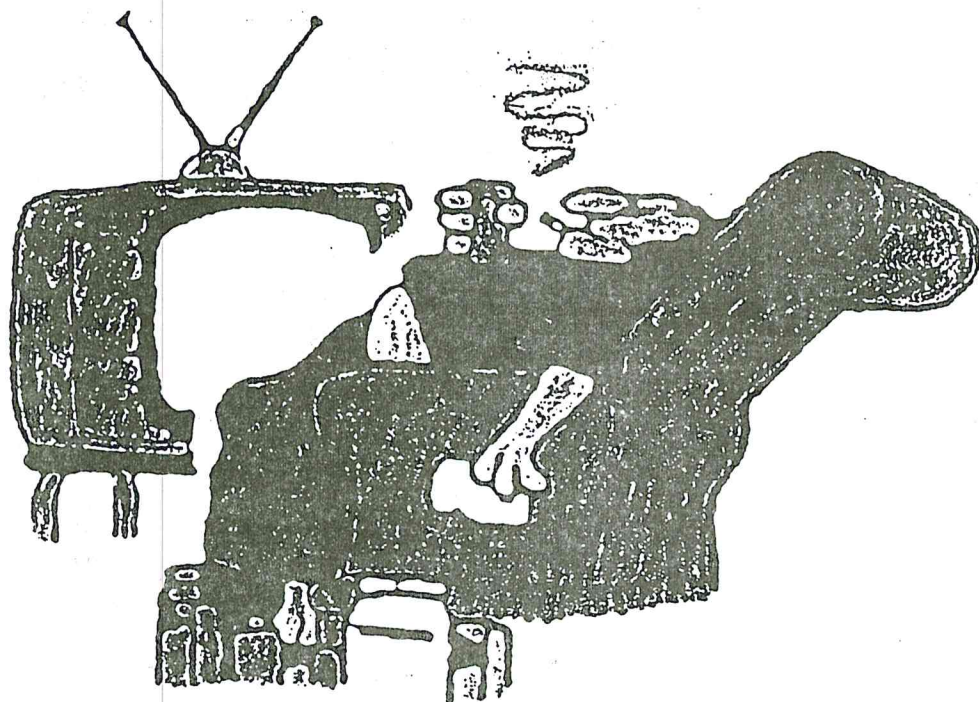




# TAKE CHARGE OF YOUR HEALTH

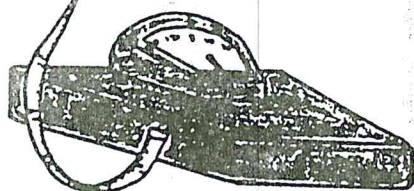


THAYENDANEGE  
HEALTH  
CENTRE

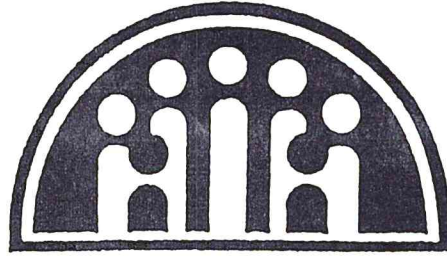


ADOPT  
NEW  
HABITS

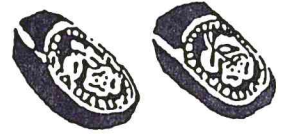
THE WELLNESS WAY







**THAYENDANEKA  
HEALTH  
CENTRE**



**TAKE CHARGE OF YOUR HEALTH**

**JOIN THE MOCCASIN TRAIL**

**TO HEALTHY LIFE**

**100 MILE CLUB**

**TO REGISTER  
COME TO THE HEALTH CENTRE**

**TUESDAY JULY 26, 1994**

**&**

**TUESDAY AUGUST 2, 1994**

**8:00AM - 7:00PM**





## THE MOCCASIN TRAIL...19 TO A HEALTHY LIFE



**\*\*\*ALWAYS CONSULT YOUR DOCTOR BEFORE STARTING ANY EXERCISE PROGRAM\*\*\***

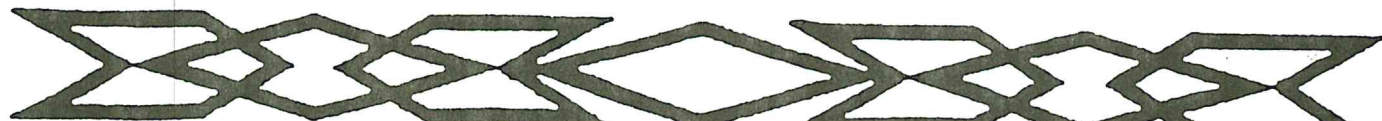
### **100 MILE CLUB RULES:**

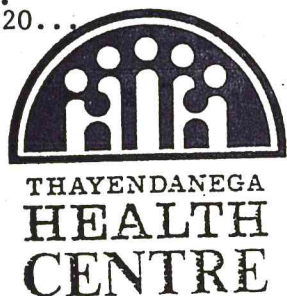
- 1. OPEN TO ALL AGES**
- 2. MAY CHOOSE TO WALK WITH A GROUP OR ALONE**
- 3. EACH PARTICIPANT WILL BE GIVEN A MONTHLY CALENDAR TO MONITOR HIS/HER MILEAGE**
- 4. FEE----\$2.00 PER MONTH TO GO TOWARD PRIZES**
- 5. ALL MILES COVERED MUST BE REPORTED TO THE HEALTH CENTRE STAFF MONTHLY**
- 6. YOUR DISTANCE MAY BE COVERED BY WALKING, JOGGING, WHEELCHAIR OR SWIMMING. STAIR CLIMBERS, STATIONARY BIKE, TREADMILL - 20 MINUTES = 1 MILE**

**EXAMPLE: 20 MINUTES OF NORMAL WALKING = 1 MILE**

**ANY QUESTIONS??**

**CALL KATE BRANT OR HELEN BREADMAN  
AT THE HEALTH CENTRE 967-3603**





*July is the month for Farm Safety Awareness.  
Please take the following quizzes to know  
exactly how much you know about farm safety.*

*The Community Health Reps have information  
available from the Farm Safety Association  
for you, upon request, to help  
you become more informed about Farm Safety.*

*Remember, it's better to be safe than sorry!*

KEEP PTO DRIVE SHAFTS  
FULLY GUARDED AT ALL TIMES!



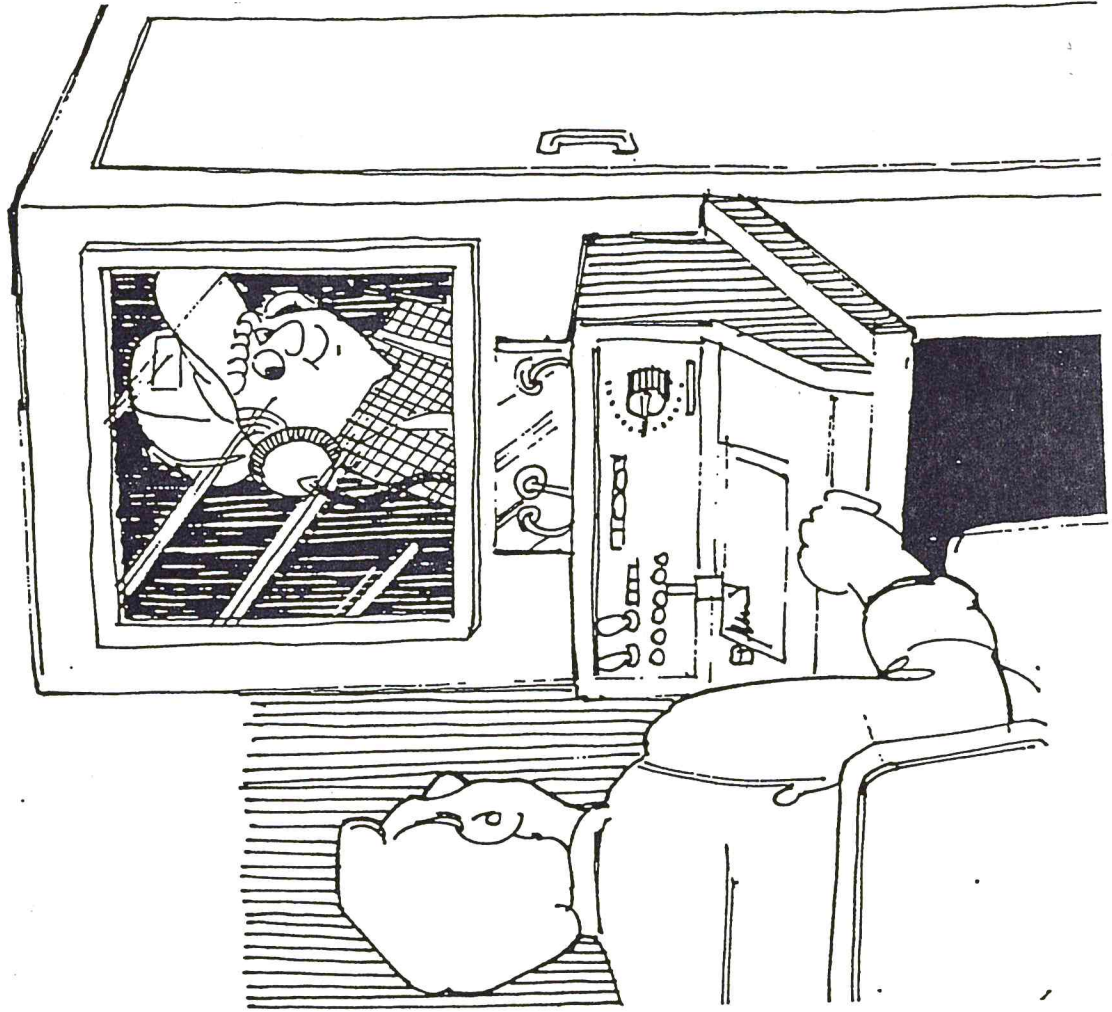


Please circle the correct answer.

1. The first sign of hearing damage is an:
  - (a) inability to hear loud sounds
  - (b) inability to hear lower pitched sounds
  - (c) inability to hear higher pitched sounds
  - (d) inability to hear normal conversation
2. Ear plugs and/or ear muffs are worn primarily to:
  - (a) prevent foreign particles from entering the ear
  - (b) reduce wax build up
  - (c) protect the inner ear from extreme heat or cold
  - (d) reduce the level of noise entering the ear
3. Among farmers, the most common cause of hearing damage is:
  - (a) old age
  - (b) dust and foreign particles
  - (c) prolonged exposure to loud noises
  - (d) all of the above
4. The sound pressure level that begins to produce eardrum pain is?
  - (a) 90 decibels
  - (b) 100 decibels
  - (c) 120 decibels
  - (d) 140 decibels
5. The limit of human hearing is approximately:
  - (a) 20-100 hertz
  - (b) 50-1000 hertz
  - (c) 50-10000 hertz
  - (d) 20-20000 hertz
6. Prolonged exposure to loud noises can result in accidents because the operator:
  - (a) Is more easily irritated
  - (b) may make more errors because of fatigue
  - (c) cannot communicate effectively with others
  - (d) all of the above
7. Two tractors producing a sound of 80 decibels each will produce a combined sound pressure of:
  - (a) 80 decibels
  - (b) 83 decibels
  - (c) 86 decibels
  - (d) 160 decibels
8. Noise is too loud when:
  - (a) your ears ring after prolonged exposure to noise
  - (b) speech and other sounds seem muffled after exposure
  - (c) you lose the ability to tell musical tones apart
  - (d) all of the above
9. Noise control involves:
  - (a) path along which the noise travels
  - (b) source of noise
  - (c) the ear
  - (d) all of the above
10. Noise is commonly measured in:
  - (a) Hertz ( $H_z$ )
  - (b) Frequency (cycles/second)
  - (c) Wave Length (meters/second)
  - (d) Decibels (dB)

# 22... SAFETY QUIZ

## Noise - the Invisible Hazard



### DECIBEL LEVELS OF COMMON SOUNDS

- |     |   |
|-----|---|
| 0   | Acute threshold of hearing                  |
| 15  | Average threshold of hearing                |
| 20  | Soft whisper                                |
| 30  | Leaves rustling                             |
| 65  | Normal conversation                         |
| 70  | Inside an automobile at 60 m.p.h.           |
| 80  | Heavy traffic                               |
| 90  | Recommended level for 8 hour exposure       |
| 100 | Tractor under load, motor cycle, snowmobile |
| 120 | Jack hammer, amplified rock music           |

### ANSWERS

- |    |   |    |   |    |   |    |   |     |   |
|----|---|----|---|----|---|----|---|-----|---|
| 1. | C | 3. | C | 5. | D | 7. | B | 9.  | D |
| 2. | D | 4. | D | 6. | D | 8. | D | 10. | D |

FARM SAFETY ASSOCIATION INC.

340 WOODLAWN ROAD W., SUITE 22-23, GUELPH, ONTARIO, N1H 7K6 (519)823-5600



The correct answer for each of the following statements is "True" or "False". Please make your selection.

FARM CHEMICAL SAFETY

TRUE FALSE

1. Chemicals can enter the body through inhalation (breathing), ingestion (by mouth) and absorption (through skin). ☐ TRUE ☐ FALSE
2. A very toxic chemical will have the skull and crossbones" on the label in an octagonal shape. ☐ TRUE ☐ FALSE
3. It is acceptable to dump left over chemicals into streams since this will dilute them. ☐ TRUE ☐ FALSE
4. The only time a person has to read the label on chemical containers is when he wants to know how to mix them properly. ☐ TRUE ☐ FALSE
5. The best protection available for handling powdered pesticides is a particulate dust mask. ☐ TRUE ☐ FALSE
6. The accepted method of recording the relative toxicity of a pesticide is the Lethal Dose 50% (LD50) value. ☐ TRUE ☐ FALSE
7. A very low LD50 value means that a chemical is highly toxic. ☐ TRUE ☐ FALSE
8. A "herbicide" is used to kill insects and rats. ☐ TRUE ☐ FALSE
9. You should not wash your pesticide contaminated clothing with other clothes. ☐ TRUE ☐ FALSE
10. Protective clothing is not necessary when spraying pesticides providing there is no wind. ☐ TRUE ☐ FALSE
11. Some pesticides can be easily absorbed through the unbroken skin in harmful quantities. ☐ TRUE ☐ FALSE
12. The degree of toxicity of a particular chemical is indicated on the label. ☐ TRUE ☐ FALSE
13. Always inspect pesticide containers for leaks before handling them. ☐ TRUE ☐ FALSE
14. You should wash before using the toilet if you have been handling pesticides. ☐ TRUE ☐ FALSE
15. In the majority of cases, leather gloves are all that is needed to handle pesticides. ☐ TRUE ☐ FALSE
16. If a sprayer nozzle plugs in the field, the safest thing to do is shut off the sprayer and carefully blow through the nozzle. ☐ TRUE ☐ FALSE
17. Left over chemicals can be stored in other containers if they are marked with the chemical name. ☐ TRUE ☐ FALSE
18. Treated seed can be stored alongside seed used for feed as long as care is taken. ☐ TRUE ☐ FALSE
19. Pesticide storage areas must be locked, ventilated, kept dry and well marked. ☐ TRUE ☐ FALSE
20. Some of the symptoms of pesticide poisoning include: headache, fatigue, skin irritation, dizziness, nausea and perspiration. ☐ TRUE ☐ FALSE
21. If you are burying chemical containers as a means of disposal, they must be buried at least six inches deep. ☐ TRUE ☐ FALSE
22. Triple rinsing of chemical containers before disposal is recommended. ☐ TRUE ☐ FALSE
23. Low cost disposable dust masks provide suitable protection for mixing farm chemicals. ☐ TRUE ☐ FALSE
24. Pesticides should not be stored near food supplies. ☐ TRUE ☐ FALSE
25. When a person has been poisoned by chemicals you should always take a sample of the chemical label and/or container to the hospital. ☐ TRUE ☐ FALSE



Here are the correct answers to the questions marked "False"

3. Chemicals should never be dumped into streams or ponds as contaminated water can kill fish and injure other animal life, including livestock.
4. You should read the label on any chemical that you handle. Pesticide accidents are often the result of ignoring label warnings.
5. When handling powdered pesticides, you should wear a cartridge-type respirator, rubber or nitrile gloves and safety goggles. Be sure to read the label before handling.
8. Herbicides are used to kill weeds.
10. Because there is a certain amount of spray drift you should always wear the protective clothing recommended on the label.
15. Leather gloves will not protect you. In fact, leather will absorb chemical material, particularly if they are wet. The best protection is nitrile (rubber) type gloves.
16. Never try to unplug clogged nozzles by blowing through them. Chemical residue can contaminate the mouth and/or be swallowed.
17. Left over chemicals must be stored in the original containers or properly disposed of.
18. Chemically treated seed is toxic and should be stored away from feedstuff to prevent contamination or misuse as feed.
21. Empty containers must be buried under at least 18 inches of soil away from water sources.
23. A suitable cartridge type respirator should be worn when handling chemicals.

#### ANSWERS

- |      |       |       |       |       |
|------|-------|-------|-------|-------|
| 1. T | 6. T  | 11. T | 16. F | 21. F |
| 2. T | 7. T  | 12. T | 17. F | 22. T |
| 3. F | 8. F  | 13. T | 18. F | 23. F |
| 4. F | 9. T  | 14. T | 19. T | 24. T |
| 5. F | 10. F | 15. F | 20. T | 25. T |

# SAFETY QUIZ



## PESTICIDES



FARM SAFETY ASSOCIATION INC.

340 WOODLAWN ROAD W., SUITE 22-23, GUELPH, ONTARIO, N1H 7K6

Telephone: 1-800-361-8855

519-823-5600



Ontario Region  
Medical Services Branch  
Health Canada  
1547 Merivale Road, 3rd Fl.  
Nepean, Ontario  
K1A 0L3

Your file    Votre référence

Our file    Notre référence

June 23, 1994

Chief Earl R. Hill  
Mohawks of the Bay of Quinte  
R.R. No. 1  
Deseronto, Ontario  
K0K 1X0

Dear Chief Earl R. Hill:

I wish to inform you that as a result of a review of the administration of non-insured health services undertaken by Ontario Region, some changes are being made which will make the system of obtaining non-insured health services easier for both clients and providers. This new system will be phased in over this fiscal year, with the first segment ready for implementation on August 2, 1994. This first phase will cover all items purchased in pharmacies.

Starting August 2, 1994, a Toll-Free centre will be established in the Regional office for pharmacists to call to obtain prior approval for items which require it. Pharmacists will be able to dispense these approved items immediately to their clients.

Several benefits will be realized by implementing this process:

1. Clients will no longer have to go back and forth between the Health Centre and the pharmacy for prior approval. In most cases, prior approval will be obtained when the client first visits the pharmacy.
2. Health Centre staff - clerk, CHR, nurse - will be relieved of a major burden of paperwork associated with the prior approval process. Time will be freed up for them to deal with their public health responsibilities.
3. Nurses and CHRs will no longer have to be the "agents" of the NIHS program who approve/reject services. Instead, they will play a facilitative role for clients.



4. A consistent level of services and benefits will be provided.
5. Providers will know immediately whether items are approved, and will be paid more quickly.
6. Less error correction by MSB staff will be required.
7. The Toll-Free operation is available to be transferred to management by First Nations and/or other First Nations organizations in the future.

The following steps outline what clients will actually do when they get a prescription from their physician:

1. After the client visits his/her physician and gets a prescription for a drug or medical device, the client takes the prescription into a pharmacy.
2. The pharmacist determines whether the item requires prior approval.
3. The pharmacist calls Ontario Region, Medical Services Branch using a 1-800 number and tells the Toll-Free operator what is the item requiring prior approval.
4. If the item is covered by the NIHS program, the Toll-Free operator will give the pharmacist a prior approval number. The pharmacist will dispense the item to the client.
5. If the item is not covered by the NIHS program, the Toll-Free operator will inform the pharmacist who will inform the client. Clients can obtain information about what other agency might pay for the item from the Health Centre, Zone office, or Regional office.
6. If the client requires a prescription for an item that requires prior approval on an emergency basis after business hours, the pharmacist will dispense a sufficient supply to last the client until the next business day. The pharmacist will call the Toll-Free centre on the next business day to obtain prior approval and will fill the rest of the prescription.

Clients can appeal items which are turned down. Information on the appeal process is available at the Health Centre, Zone office, or Regional office.

The second phase of this new prior approval process will be implemented on October 1, 1994. It will involve items purchased from medical supply houses. As of October 1, 1994, medical supply houses will call the Ontario Region Toll-Free centre to obtain prior approval for medical supplies and equipment requiring it.

- 3 -

The third phase of this process will be implemented on January 3, 1995. It will involve vision care items. Optometrists and opticians will call the Ontario Region Toll-Free centre to verify frequency limits for glasses and to obtain prior approval for items requiring it.

**It is important to note that the current prior approval system for all other types of services will remain in place. This includes dental services, chiropractors, psychologists and other therapists, alcohol and solvent abuse treatment, and medical transportation.**

Brochures which describe this new prior approval process will be available for distribution to First Nations by July, 1994. We will send these out as soon as they are printed. They will also be available at Health Centres, Nursing Stations, Zone offices, and Regional office. Brochures describing the appeal process will also be produced this summer for distribution to First Nations.

If you have any questions about this new prior approval process, please do not hesitate to call Ida Campbell, A/Director, Non-Insured Health Benefits at 613-941-6253.

Yours sincerely,



Richard Jock  
Regional Director

cc: I. Campbell  
B. Shean  
R. Johnson  
V. Toulouse  
Zone Directors  
Zone NIHB Coordinators





# Mohawk Family Services

## ATTENTION ALL SURVIVORS OF SEXUAL ASSAULT

The tentative date for the survivors group has been made for August 16, 1994. Please call and indicate the time of day that you will be able to attend.  
Or if you have any questions about the group please do not hesitate to call Linda at 967-0122.

THANK YOU

### NOTICE TO THE COMMUNITY:

Do you have a Husband, Wife, Brother, Sister, or any family member or friend with an Alcohol or Drug Addiction problem? Do you feel Angry, powerless, frightened, trapped, isolated because of your love ones addiction?

Please Call 967-0122 and talk to Blaine or Linda for more information or just come out to the meeting.

*Your not alone!*

## FAMILY SUPPORT GROUP

MEETINGS

SUNDAYS AT 8:00 P.M.

FAMILY & CHILDRENS  
SERVICE BUILDING

TYENDINAGA TERRITORY

BOX 132 SHANNONVILLE, ONTARIO K0K 3A0

PHONE: (613) 967-0122

FAX: (613) 967-8990

TO THE COMMUNITY

THE THREE FEATHER'S YOUTH GROUP WOULD LIKE TO TAKE THE OPPORTUNITY TO THANK ALL THOSE BUSINESSES AND ORGANIZATIONS WHO SO GRACIOUSLY DONATED MONEY TOWARDS OUR TRIP TO ALBUQUERQUE NEW MEXICO AND THE GATHERING OF NATIONS POWOW.

WE HAD A FANTASTIC TIME THERE. SEEING AND BEING A PART OF OTHER NATIVES CULTURES WAS A ONCE IN A LIFE TIME OPPORTUNITY.

WE WOULD LIKE TO THANK:

MR KEITH MARACLE

NATIVE RENAISSANCE II

GLEN WIL CLOTHING & SHOES

WOMEN'S ORANGE LODGE

NATIVE WOMEN'S ASSOCIATION

TOYMAR VENDING

CHIEF MARACLE AND BAND COUNCIL

FORSPTS

DOUG GREGG

BUILD-ALL CONTRACTORS

MCMURTER HOME CENTRE

MRS. WILMA MARACLE

QUINTE MOHAWK SCHOOL  
COMMITEE

NIA:WEN KOWA FOR YOUR SUPPORT FROM THE THREE FEATHER'S YOUTH GROUP

*[Signature]*

*[Signature]*

*[Signature]*

Peter Cook

Angie Brand

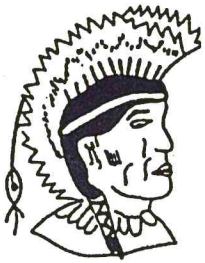
*[Signature]*

Meissa Cook

Kevin Charles

*[Signature]*





**Mohawk Fire Dept. Tyendinaga**  
R.R. # 1 Tyendinaga Territory  
Ontario, K0K 1X0

TO ALL COMMUNITY RESIDENTS:

Once again Summer is upon us along with Dry Grass.

**PLEASE DO NOT THROW CIGARETTE BUTTS  
OUT OF YOUR VEHICLE WINDOWS!!!!**

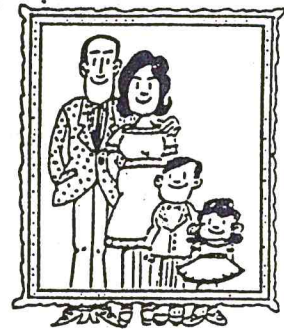
And if you must Burn Grass do so on a calm day and preferably early evening.

**\*\* Remember a fire creates its own wind if allowed to get too large  
and burns uphill faster than it does on a level surface.\*\***



---

## *Family Reunion*



*The Decendents of Gilbert & Catherine Crawford are invited to a  
Family Gathering.*

**POT LUCK LUNCH & SUPPER  
ON  
SAT. SEPT. 3  
AT THE HOME OF  
ERIC & MARY CRAWFORD  
LOCATED AT SNOOKY'S HIDEAWAY**



# Mohawk Fair 1994

*\* Fair Meeting \**

Monday, Aug 8  
8:00 P.M.  
Firehall

**\*\* New Members are Welcome and regular members please attend \*\***  
After Aug. 8, meetings will be held weekly.

*We need your Support!*

The Fair Books are located at Shirley's Variety, Health Centre, Mrs. Herbs, Wards and Shannonville Variety or Contact:

Suzanne 396-3800 or Janet 396-1883

\*\*\*\*\*

*Notice*

*to all GARDENERS*



IF YOU WISH TO ENTER THE  
MOHAWK FAIR GARDEN COMPETITION

PLEASE CALL: MARILYN BRANT 967-1129

SEASON PERMITTING THE JUDGING WILL BE HELD  
TOWARDS THE END OF JULY AND FIRST OF AUGUST.

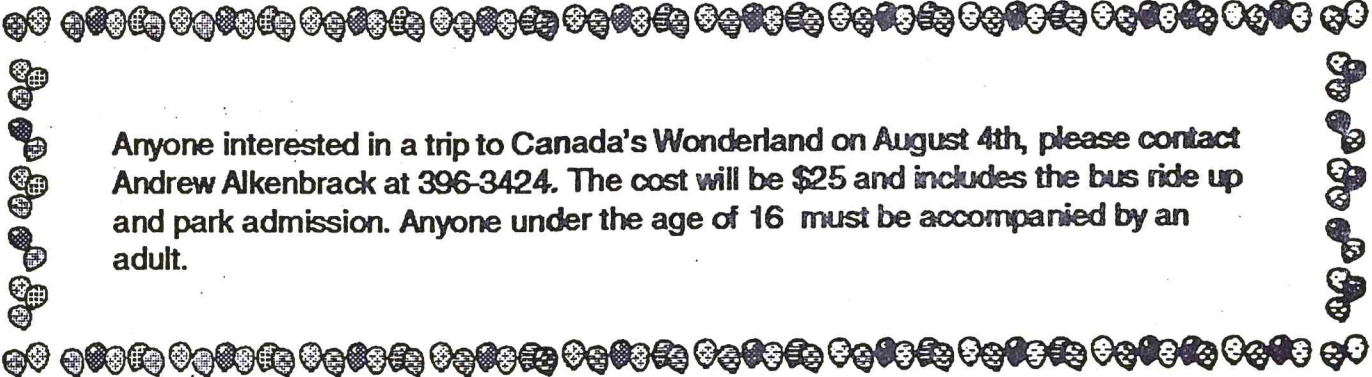


A monthly newspaper

**NATIVE WOMAN**

is looking for profiles of Mohawk women, articles of personal growth, life stories, poetry and ink drawings to print.

You may submit any of the above by FAX # 403-448-3721  
Attn: Lor



Anyone interested in a trip to Canada's Wonderland on August 4th, please contact Andrew Alkenbrack at 396-3424. The cost will be \$25 and includes the bus ride up and park admission. Anyone under the age of 16 must be accompanied by an adult.

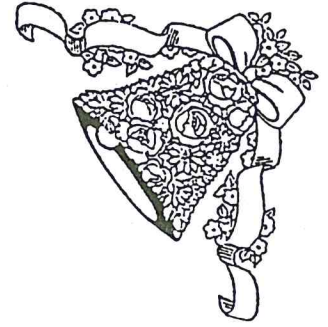
**Blue Jay game Aug. 18th, bus leaves Community Centre at 3:30pm**

**COST IS \$40.00 AND INCLUDES TICKETS AND COACH RIDE THERE. FOR MORE INFORMATION OR TO RESERVE YOUR SEAT CALL ANDREW ALKENBRACK AT 396-3424**

**THE MOHAWK RECREATION COMMITTEE IS LOOKING FOR NON PROFIT ORGANIZATIONS TO SET UP FOOD STANDS AT THE FASTBALL TOURNAMENT.**

**AUGUST 26, 27 & 28**

**CONTACT ANDREW ALKENBRACK AT 396-3424**



## *25th Anniversary*

We would like to thank our sons Jason & Jamie for giving us a Surprise 25th Wedding Anniversary, held on June 25th, 1994 at the Deseronto Legion. Many thanks to all family and friends for the Cards, Gifts and for just being there to help us celebrate. Special thanks to Marie, Pat and Wilma for all their hard work, we know you gave the boys lots of support during all the planning.

*Ham & Carole Scero*

*The family of  
Mary E. Brant  
cordially invite you to  
an open house  
in celebration of her  
80th birthday  
on Sunday August 7, 1994  
at the  
Mohawk Community Centre  
1 - 5 pm*

*Wishing Well*





## Thank You!

*I would like to thank my many wonderful friends who planned my surprise Birthday Party held at the home of Tim & Glenna Brant. To Marg & Laurie for the great music. The people who prepared the wonderful table of food, also all the beautiful gifts. Words cannot express my gratitude. I will always be in your debt.*

*(Sorry for the tears)  
Olive*



*Happy Birthday!*

Georgia  
July 29

*Happy Birthday!*

Carla  
July 17

*Happy Birthday!!*

Debbie  
July 19

*Happy Birthday!*

Cory  
July 27

*Happy Birthday!*

Murray  
July 18



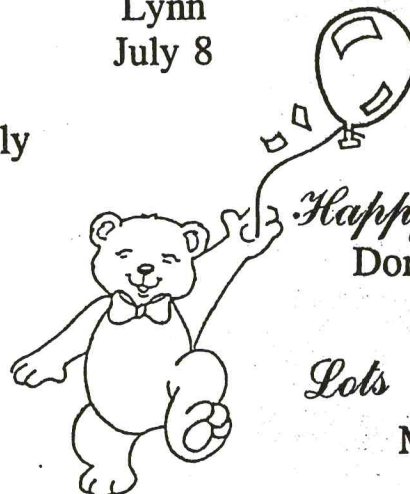
*Happy Birthday!*

Aunt Marjorie  
July 28

*Happy Birthday!*

Lynn  
July 8

Love from the Family



*Happy 4th Birthday.*

Donovan Jay Lewis  
July 19

*Lots & Lots of Love*  
Mom & Dad

# Editor's Choice Award

*Presented to*

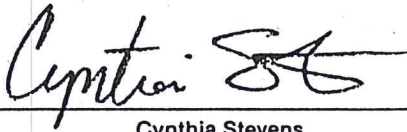
*Melissa Maracle*

*for Outstanding Achievement in Poetry*

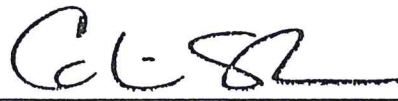
*Presented By*

*The National Library of Poetry*

1993



Cynthia Stevens  
Editor



Caroline Sullivan  
Editor

Melissa Michelle Maracle  
(Karonhianonhaha - She minds the Sky)

Parents: Dennys R. and Ruby D. Maracle  
Education: Moira Secondary School

Melissa is a North American Indian and lives on the Tyendinaga Reserve Deseronto, Ontario. The reason why Melissa has written this special poem was by the inspiration of her father and his death.

## *Where Did Daddy Go?*

*Now that daddy's gone  
Is it okay to cry?  
Would it be okay to say,  
I love him and good-bye?  
Now that daddy's gone,  
Where did he go?  
Tell me mommy please,  
I must know  
Has he gone to heaven,  
With the angels up above  
Or is he flying in the sky  
like the great white dove?*

- Melissa M. Maracle





**Patron Organizations**  
Assembly of First Nations  
Congress of Aboriginal Peoples  
Inuit Tapirisat of Canada  
Métis National Council

**Founder and Chair**  
John Kim Bell

**National Jury**  
Dr. Irwin Antone  
Everette Bear  
Thelma J. Chalifoux  
Premier Nellie Cournoyea  
Cindy Kenny-Gilday  
Jean Cuthand Goodwill  
Calvin D. Helin  
Jonah Kelly  
Verna J. Kirkness  
Rosemarie Kuptana  
William Lyall  
Rob Mason  
Mildred Milliea  
Judge Craydon Nicholas  
Ted Nolan  
Alanis Obomsawin  
Albert C. Rock  
Judge Murray Sinclair  
Greg Tysko  
Roy Henry Vickers

*Sponsored by*



National Aboriginal  
Achievement Awards  
are a project of the  
**Canadian Native  
Arts Foundation**

77 Mowat Avenue, Suite 508  
Toronto, Ontario M6K 3E3  
Tel: (416) 588-3941  
Fax: (416) 588-9198

For immediate release  
Friday, July 15, 1994

## MEDIA RELEASE

### LAUNCH: 1995 NATIONAL ABORIGINAL ACHIEVEMENT AWARDS

The Canadian Native Arts Foundation and the CIBC officially launch the 1995 National Aboriginal Achievement Awards (NAAA).

To mark the occasion, a reception will be held on Friday, July 22, 1994 at the Ottawa Hilton Hotel, Salon E&F, 150 Albert Street, Ottawa, from 12:30-2:00 p.m.

The NAAA are a newly created awards system recognizing outstanding career achievements by First Nations, Inuit and Métis achievers from across Canada. The awards represent the highest honour that can be bestowed by the Aboriginal community on its own achievers. The achievers will be honoured at an awards ceremony in Vancouver in 1995, that will be televised by the CBC as a national special.

John Kim Bell, a Mohawk conductor and composer, and founder of the awards stated "Due to the overwhelming success of the 1994 awards and calibre of the achievers, I am pleased to announce the launch of the 1995 NAAA. Aboriginals have designed museums, written internationally acclaimed books and plays, developed new ways to preserve our natural environment and built successful businesses. The NAAA will acknowledge the extraordinary contributions that Aboriginal people are making to the cultural, business and social fabric of our country."

CIBC chairman, Al Flood said "The awards promote excellence and acknowledge success. The CIBC is pleased to be the lead sponsor of the 1995 awards as they encourage the development of role models which stimulates further achievement among Aboriginal peoples while at the same time highlighting their accomplishments to all Canadians."

The NAAA were established in 1993 by the Canadian Native Arts Foundation (CNAF) to celebrate the United Nation's Special Year of the World's Indigenous People. CIBC is again the lead sponsor. Other major sponsors include: Canada Post, Air Canada and CBC. The CNAF also acknowledges the generous support of Canadian Heritage, Industry Canada, Health Canada, Human Resources

Development Canada (The National Aboriginal Management Board and the Stay in School Initiative), Canada Mortgage and Housing Corporation, Department of Foreign Affairs and International Development, Department of Justice Canada, Environment Canada, Fisheries and Oceans, Natural Resources Canada, Natural Sciences and Engineering Research Council of Canada, Western Economic Diversification Canada, and the Province of British Columbia.

Aboriginal peoples of First Nations, Métis and Inuit ancestry are eligible for these awards. In total 12 occupational awards, plus a lifetime achievement award will be bestowed to Aboriginal people in diverse occupational areas. These areas include arts, business and commerce, education, housing, law, media, medicine, social and health services, science and sports.

A jury comprised of 21 prominent Aboriginals will select the achievers in December, 1994. Any Aboriginal or Canadian may nominate an achiever. Nomination forms can be obtained from the NAAA Secretariat through the Canadian Native Arts Foundation in Toronto at 416-588-3941.

The 1995 NAAA recipients will be honoured at a gala ceremony on March 31st, 1994 at the Queen Elizabeth Theatre in Vancouver. The event will honour the achievers and feature well-known Aboriginal performing artists. The ceremony will subsequently be televised as a sixty-minute special by the CBC.

The NAAA are a special project of the Canadian Native Arts Foundation, a national non-profit organization dedicated to providing educational training opportunities for Aboriginal students and apprentices in the performing, visual and communication arts. Since 1988, over \$3 million has been awarded across the country.

The Canadian Native Arts Foundation administers and produces the National Aboriginal Achievement Awards with the support of the Aboriginal community, and the private and public sectors.

Contact: Judy Tobe/Heather Eaman  
NAAA Secretariat  
416-588-3941

*Congratulations!*

To the Winner of the  
Tyendinaga Radio Draw on  
June 29/94

**MARK BERNHARDT**  
**\$140.00**



## Otsi: tsia - Building A Better Future

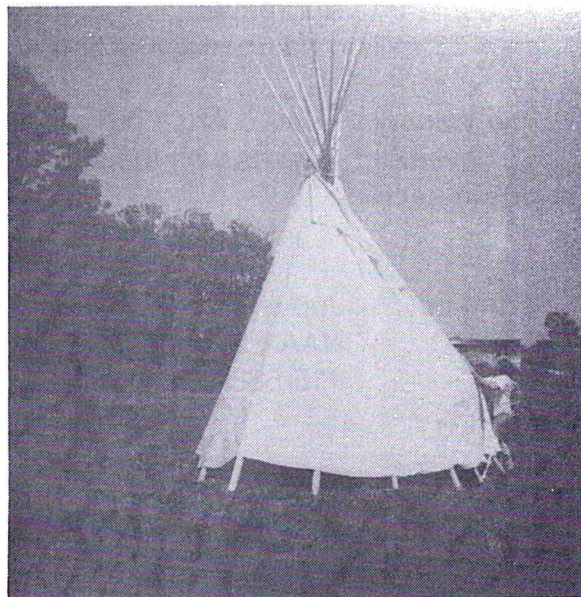
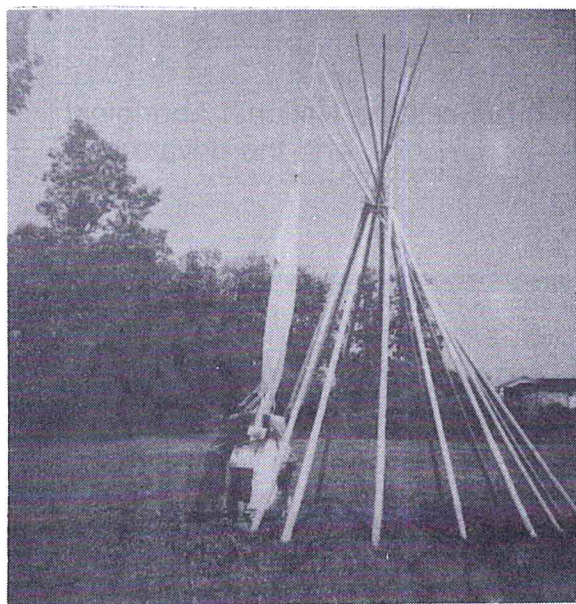
This summer, something new and exciting has been growing in the fields behind the Band office. What could possibly be growing in the fields that is new, let alone exciting, one wonders? Well this summer, thanks to the combined efforts of the Mohawks of the Bay of Quinte, Kagita Mikam and FNTI, the future leaders of our community or Otsi:tsia's (O-gee-jah's) can be found there.

Otsi-tsia means blossoming flower or coming of age. It is a summer program designed for young people who would enjoy spending a fun and adventurous month of learning to combine Aboriginal culture and activities with the technological world of the 90's.

The month long program, one in July and one in August, features Native traditions, computers, sports, field trips and creative workshops presented by various resource people and input from Native Elders. The participants will discover a sense of personal and cultural identity, see their potential as human beings, and widen their horizons by fostering their leadership skills.

A majority of the activities take place in and around a brand new tee-pee which acts as the home base for the program. The tee-pee, as a Native symbol and structure, was chosen for its transience. It is not a permanent dwelling but only temporary. A place where our youth can come and spend a little time before moving on into their futures. Into all our futures, for they are the future leaders of our community.

If you are interested in considering this opportunity for the August program, please contact Debby Brant or Mark Emanuel at FNTI 396- 2122. We are anticipating a great summer, but call soon as spaces will be limited.



Traditional Tee-Pee being erected for the Otsi:tsia Leadership Program Summer 1994





## **Tyendinaga Eagles Unstoppable at Golden Lake!!!**

Those big Tyendinaga bats were heard across Ontario this past July 15, 16, 17th at the Eastern Ontario Native Regional Qualifying Tournament. This tournament is held to determine the best two teams in the region and this year the games were played at beautiful Golden Lake in Algonquin Territory. The Eagles sent a full roster of 17 players along with a few friends and family for the weekend of fun, sun and good fastpitch softball. Nobody went away disappointed.

Originally there were nine teams scheduled to play but Christian Island and Rama dropped out at the last minute, leaving a few byes and some confusion in the tournament. The Eagles enjoyed a bye in the 1st round and played their first game against Tyendinaga II on Saturday afternoon. Strong pitching and timely hitting led the Eagles to a 2-0 shutout over Tyendinaga II who ended up placing 5th overall.

The Eagles next opponent, Curve Lake, was one they know well. In the 1992 All-Ontario Championship, the Eagles, overcame a 5-1 Curve Lake lead to claim the Championship title with a 6-5 victory. In 1993, the Eagles beat them again, only to have the game protested, recreated, rewritten and otherwise rewangled. Curve Lake emerged the 'winner' of a scandal ridden tournament. So here in 1994, the two teams met again, for the Eagles second game of the Qualifiers. The game was unfortunately marred by poor officiating, long delays caused by arguments and poor sportsmanship (resulting in a Curve Lake player's ejection). However, this was Curve Lake's kind of ball and they won a time-limited game, 1-0 for the Eagles only loss of the tourney. The boys would get their revenge on Sunday. After beating up on Golden Lake with a 11-0 no hit mercy, Tyendinaga's best advanced to the finals, only to face an undefeated Curve Lake. They were up for the task and with some great hitting by Jake Brant and Murray Maracle (the Tournament MVP), and ferocious pitching by Jeff VanHooser (the Tournaments best pitcher), the Eagles beat Curve Lake with straight back to back victories to win the Men's Eastern Region Fastball Championship. The scores were a resounding 5-1 and 6-1.

The following is a list of the Eagles roster and the men, who, without any doubt, will play in the 1994 All-Ontario's held here at Tyendinaga, August 26, 27, and 28th. Come on out and cheer them on!!

### **The Tyendinaga 1994 Eagles**

Tom Smart   Joe Maracle   Barry VanHooser   Jeff VanHooser   Bubs VanHooser

Ted Maracle   Jake Brant   Mark Emanuel   Murray Maracle   Jack Green

Matt Green   Aaron Maracle   Rob Barberstock   Will Barberstock   Gord Crowe

Jeremy Green   Calvin Brant   Bob Bowden





## Kente Horseshoe League /94

Horseshoe League Standings as of July 7/94	Points
Bayview Variety	3741
Tyendinaga Home Improvements	3736
G. & A. Water	3587
Snooky's Hideaway & Randy's	3585
Mary Martha's Mud Hens	3247
Bitches	3172
McMurter's Home Centre	3147
G.T. Machine	3145
Mrs. Herbs	3059
Legion # 1	2725
Legion # 2	2708
Mohawk Fire Department	2407
Legion # 3	2283

*Thank You!*



The Powwow committee would like to thank all those people who participated in the walkathon and to all those supporters who sponsored the walkers too.

Thank You to all those who supported our Yard and Bake Sale.  
Your participation in all these events were greatly appreciated.



## *Yard Sale!*

July 30 - Aug. 1  
10:00 a.m. - 4:00 p.m.

Donations greatly appreciated and can be dropped off  
at Milly Maracle's (Bayshore Rd.) or Lisa Maracle's (York Rd.)

**\*\* All proceeds will be going to help cover the expenses relating to  
Frank Brant (Heart transplant patient) \*\***

## **COMMUNITY YARD SALE**

**JULY 30th**  
**9:00am - 3:00pm**  
**FNTI PARKING LOT**  
**\$5.00 Set-It-Right**

**Cancelled**

**Belleville**  
**Intelligencer**  
**RAIN OR SHINE**

## *Yard Sale!!!*

**Sat. Aug. 6**  
**10:00 a.m..**

**House # 2 Huron Brant Dr.**

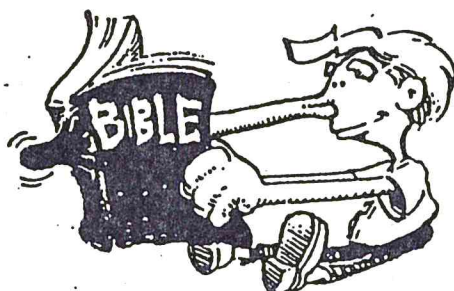
**(Rain Date Aug. 7)**



C'mon! It's Time for VBS

Sniffin' out the Truth

Come on and sleuth out



the Truth with us!!

**July 25 - 29**

CODE J.E.S.U.S.: SLEUTHING OUT THE TRUTH

PLACE: *Queen Anne Parish Centre*

TIME: *9:30 A.M. - 11:30 A.M.*

FOR MORE INFORMATION

PLEASE CONTACT: *Marilyn Brant 967-1129*

*\* Everyone Welcome \**



PROGRAM BY

THE ANGLICAN CHURCH ARMY



**We're Having a**

**Party**

**A Benefit Dance for**

**Betty Green**

**wife of**

**Alfie Green**

**Saturday, July 30**

**9pm - 1am**

**Deseronto Arena**

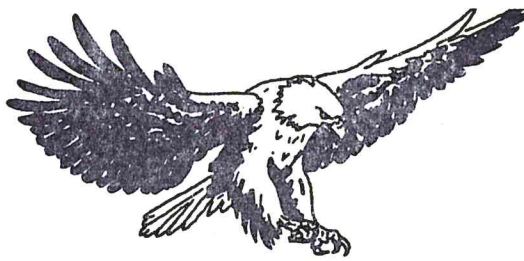
**on the main floor**

**Wishing Well**

**DJ**

**Betty will be undergoing a double  
lung transplant at Toronto General  
Hospital.**





"TRADITIONAL"

# 7<sup>th</sup> TYENDINAGA POW WOW

AUGUST 13 & 14, 1994

TSITKERHEDODON PARK

"AMIDST THE TREES"

## Peacemaker Territory

Hwy. #401, Marysville Exit, #49 & #2

**HOST DRUM:** Rice Lake Singer  
Peacemakers Drum

**LEAD DANCERS:** Rob Mounts  
Tonia Hill

**HONOUR STAFF:** Bill Wheatley

**STORYTELLING:**

**TOBACCO CEREMONIES:**  
5:30 a.m. - Sat. & Sun.

**MASTER OF CEREMONIES:** Alan Brant

**GRAND ENTRY:** Sat. 12 noon  
7 - 9 pm  
Sunday 12 noon

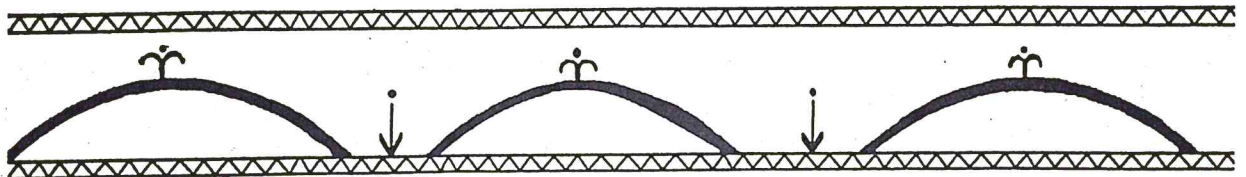
**TRADER'S FEE:** \$35/day

**REGISTRATION:** Sat. 10 a.m. - 12:00 noon  
Sun. 10 a.m. - 12:00 noon

### ADMISSION

Adults - \$5/day  
6-12 - \$3/day

Seniors - \$3/day  
Children under 6 free



### CAMPING AVAILABLE AT POW WOW GROUNDS

Regular Admission to be paid by Campers - \$5 per day    Electrical Hook-up  
Washroom Facilities

For more information, contact:

Robert (Brant) Lambert  
(613) 396-5862

Robert Maracle  
(613) 396-6037

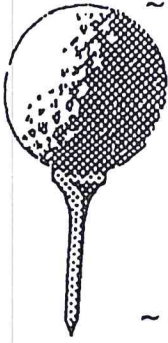
Jean Brant  
(613) 396-3194

Sharon Asselstine  
(613) 396-2553

**EVERYONE  
WELCOME**

**NO ALCOHOL OR  
DRUGS**

*Bring Your Lawn Chair*



# ASSOCIATION OF IROQUOIS AND ALLIED INDIANS

## 4th ANNUAL GOLF TOURNAMENT

"EVERYONE WELCOME"



Friday August 5, 1994

TEE OFF TIME: 10:00 a.m. - 12:30 p.m.

**ENTRY FEE \$50.00 PER PERSON FOR FIRST 92 PAID GOLFERS !!!**

\* NATIVE CHAMPIONSHIP • SKINS GAME • LONGEST DRIVE • CLOSEST TO PIN \*  
PRIZES WILL BE LOW GROSS FOR TOP 3 - MALE & FEMALE  
HANDICAP THEREAFTER

### PRIZES

Approx. \$2000.00 in gifts and prizes  
Closest to Pin  
Longest Drive  
Putting Contest for T.V.  
SKINS GAME

AND

"LIVE ENTERTAINMENT"

Echo Valley Golf Club  
Concession #3, Delaware, Ontario  
18 hole "TOUGH GOLF COURSE"



Dinner- \$15/plate (if person does not wish to play)  
10 oz. Sirloin Steak, Baked Potato,  
Vegetable, Salad, and Roll

### Rental from Pro Shop

Power Carts - \$27.00 Club Rentals - \$12.00

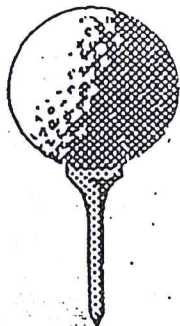
For Reservations call: (519)472-2760

For prize Donors or Hole Sponsorships please contact A.I.A.I.

CONTACTS: Marilyn Huff/Wendy Porter

387 Princess Ave.  
London, Ontario  
N6B 2A7  
Tel: (519)434-2761  
Fax: (519)679-1653

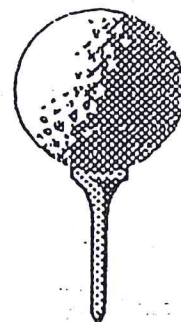
## PROCEEDS TO A.I.A.I. LIBRARY



CELEBRITIES ARE EXPECTED!!!  
THIS IS A FUN DATE

RAIN DATE - AUGUST 12, 1994

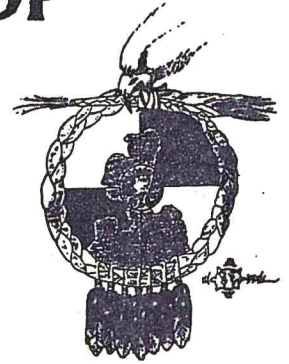
\*Note - See map on reverse side





# **HONOURING AND EMPOWERING SURVIVORS OF ALL NATIONS**

**1ST ANNUAL HEALING CONFERENCE  
AUGUST 8-12, 1994**



To be held at the Cape Croker Tent and Trailer Park  
Nayaashiinigmiing First Nation Territory  
Cape Croker First Nation  
R.R. #5 Warton, Ontario N0H 2T0

Camping fee is included with registration designated area for camping

Registration Fee — \$300.00 for 5 days or \$75.00 per day per person  
Early Bird Rate — \$50.00 per day per person before August 1, 1994  
Group or family rate — 4 Adults or more — \$50.00 per day per person  
Children 13 years old and under free

**WE CAN ONLY ACCEPT CASH OR TRAVELLERS CHEQUES**  
Nearest Bank is eighteen miles north of Warton

Food Booths     \$200.00 per day or \$500.00 for 5 days  
Craft Booths     \$150.00 per day or \$300.00 for 5 days  
**MUST BE PAID IN ADVANCE**  
**NEED PERMITS FOR BOOTHS AND FOR REGISTRATION**

## **WHOLISTIC HEALING WORKSHOPS**

By Native and Traditional Healers: will be available for awareness, understanding and healing the emotional, mental, physical and spiritual abuse of survivors.

There will be speakers, panel discussions, and group sharing sessions in wholistic healing. One to one counselling will also be available for persons wishing to do work on self empowerment.

**SUNRISE CEREMONIES ON A DAILY BASIS AND SWEATS**

PLEASE POST - PLEASE POST - PLEASE POST - PLEASE POST -

# Advance Notice....Mark Your Calendar

it's  
**NEVER**  
o.k.

## The 3rd International Conference on Sexual Exploitation by Health Professionals, Psychotherapists and Clergy

Sponsored by the Canadian Health Alliance to Stop Therapist Exploitation Now

October 13-15, 1994

✓ Downtown Holiday Inn, Chestnut Street, Toronto, Ontario

Since the 1992 Minnesota Conference, efforts have progressed to remedy the pressing concern of sexual exploitation in professional relationships. This conference will provide a unique forum for health care providers, psychotherapists, faith leaders in religious communities, legal professionals, health administrators and consumer advocates to come together to address the many challenges concerning this problem. Bringing together renowned experts from Canada, the United States and Great Britain, the program will consist of all-day skill building workshops, keynote addresses and concurrent workshops covering a wide range of topics. Confirmed presenters to date are:

Laura Brown  
Phylliss Chesler  
Peter Rutter

Sandra Butler  
Carter Heyward  
Gary Schoener  
...and more...

Clarissa Chandler  
Susan Penfold  
William White

For further information or to be placed on the mailing list contact:

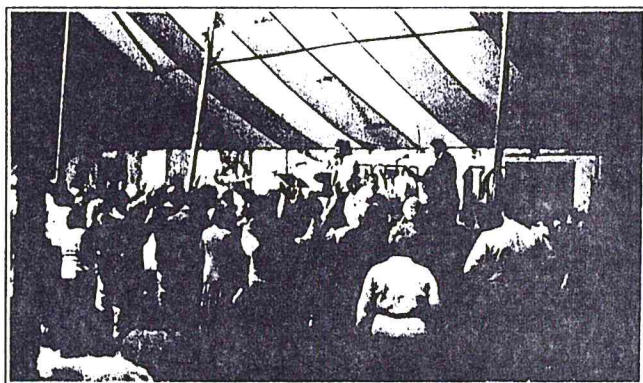
Terri Firsten c/o CHASTEN  
P.O.Box 73516, 509 St. Clair Ave. West  
Toronto, Ontario, Canada M6C 4A7  
Phone/Fax: (416) 656-5650





# THE BIG TOP IS BACK

**JULY 30 - AUG. 7  
7 P.M. NIGHTLY**



*Speakers*

~ JULY 31 - AUG 3 ~

**CHIEF BILLY DIAMOND**

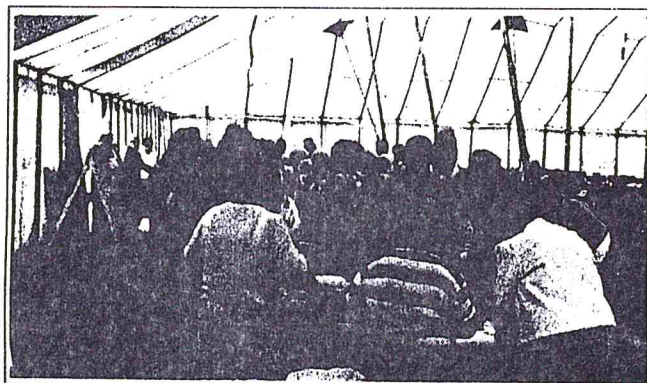
~ AUG 4 - AUG 7 ~

**GERALD MORGAN**

~ AUG 1 - AUG 6 ~  
10 A.M.

**MORNING SPEAKERS**

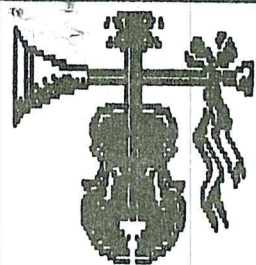
TYENDINAGA TERRITORY  
York Rd. Fairgrounds (just off  
Hwy 2 & 49 Junction)



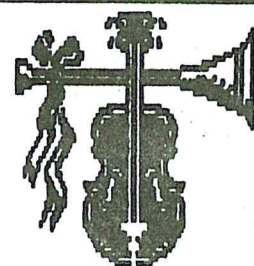
*All Welcome To Come And Enjoy God's Presence*

HOSTED BY:  
DESERONTO & MOHAWK PENTECOSTAL CHURCHES





# SUMMER



OF 1994

## MUSIC IN THE PARK

EACH SUNDAY NIGHT AT 6:30 P.M.  
RIGHT THROUGH TO AUGUST 28th.....

(Except July 31st & Aug. 7th, which will have the  
services held at the Big Tent on the Mohawk Fairgrounds)

## AT CENTENNIAL PARK (DESERONTO BEACH)

JULY 17 - "Going Home" from Napanee

JULY 24 - Mohawk Church Singers.

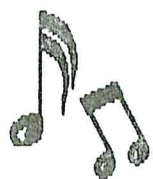
JULY 31 & AUG. 7 - In the BIG Tent  
at the Mohawk Fairgrounds.

AUG. 14 - Ted Ramsay & S.O.S.

AUG. 21 - "Living Lights"

AUG. 28 - Rex & Pat Warr

*Sponsored by the Mohawk & Deseronto  
Pentecostal Churches....*



**All Denominations Welcome!**





# CLASSIFIEDS

## FOR SALE

### 3 PIECE SOFA SET

- Brown
  - Excellent condition
- \$300.00**

### QUEEN SIZE WATERBED

- Padded rails, bookshelf headboard
- \$125.00**

### METAL UTILITY STORAGE SHELF

- 5 Shelf
- \$20.00**

### KITCHEN TABLE

**\$20.00**

### THIGH MASTER

(Exercise Item, Brand New)

**\$10.00**

### LADIES SUEDE WINTER JACKET

(Navy blue, Size 12)

**\$25.00**

**CALL 396-2394**

**WEEKDAYS AFTER 4:30 P.M.**

**ANY TIME ON THE WEEKENDS**

## FOR SALE

### 1995 OLDSMOBILE DELTA 88

- Loaded
- \$1300.00 certified**

967-1407 Evenings or  
962-1053 for message

## HOUSE CLEANER NEEDED

- Beginning in September

Contact: RHONDA 968-6626  
Monday - Thursday

## APARTMENT FOR RENT

- 2 Bedroom
- Fridge, Stove, Heat

Phone: 962-6378

## LAND FOR SALE

Located on the south side of Upper Slash Rd.

- Approximately 4.2 acres, 247.5' frontage
- Water has been found
- Excellent building location

FOR MORE INFORMATION CALL:  
JOHN BAPTISE 966-4846

## FOR RENT

### 4 PLEX, 2 BEDROOM APT.

- 1 bottom apartment with deck
- 1st and Damage Deposit required

**\$575.00 per month**

Phone: 969-1315

**FOR RENT**

Located in Shannonville

- 3 Bedroom upper
- Off Street Parking
- Large Living Room, Dining Room & Kitchen
- Nicely Decorated
- Available Sept. 1
- 1st & Last month rent required
- References

For more information phone 396-3957 after 4:30 or leave a message

DEADLINE FOR THE NEXT  
NEWSLETTER IS

MON. AUGUST 8  
NOON

396-3424

"LOSE WEIGHT NOW"

"NEW HERBAL BEVERAGE"

**MILL TOWN MEATS**

- Corn Fed Beef
- Quarters & Halves of Beef
- Cut, Wrapped & Frozen
- Individual Pieces sold at Home

Make your Own Soup!

- Lyed Corn, Beans, Special Pork

Home Made Meat Pies!

- Approx. 6 oz.
- Turkey, Chicken, Beef Vegetable

CALL: 962-5470      GLENN HILL  
R.R. # 2 SHANNONVILLE ONT.

HARNESS THE POWER OF THOUSANDS OF YEARS OF

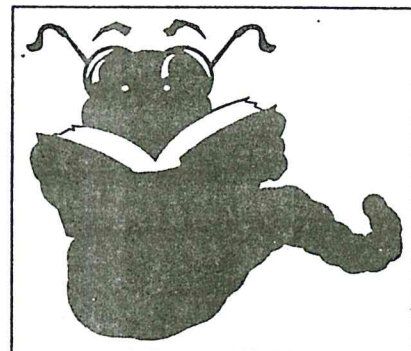
RESEARCH INTO ORIENTAL HERBS

ASK ME HOW?

TELEPHONE TODAY

KAREN 396-2699

OR LEAVE MESSAGE



The  
Executive  
for the

**TYENDINAGA  
MOHAWK NATION  
CHAMBER OF  
COMMERCE**

Invites you to take part and be an active member along with other Territory business people at our next meeting. Through strength in numbers let your voice be heard in dealing with issues that are of concern to our businesses and community.

*Members of the Chamber can  
be put on the agenda by  
calling TWILA at 396-3211  
after 4:00 p.m.*

**PLEASE COME OUT AND GET INVOLVED.**

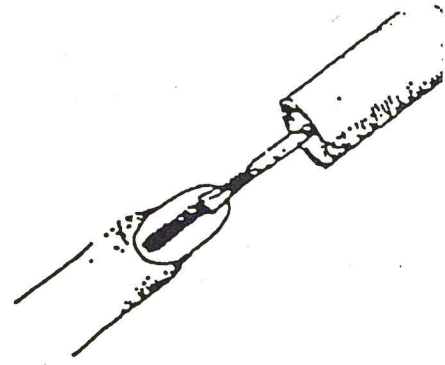
Where: Lower Level AT THE MOHAWK COMMUNITY CENTRE

When: MONDAY, JULY 25 AT 7:00 P.M.



## *Maracle Nails By Sherry*

*Sherry K. Maracle  
Bayshore Rd.  
Tyendinaga Territory  
396-2041*



- \* Artificial Nails (Gel & Fiberglass)*
- \* Repairs, Wraps*
- \* Manicures*
- \* Pedicures*
- \* Facials & Makeup*
- \* Gift Certificates Available*
- \* Waxing (Legs & Facial)*
- \* Herbal Products available*
- \* Reflexology (Relax, relieve stress, feel better session)*

*FREE CONSULTATIONS!  
MALE CLIENTS WELCOME!*

*By appointment only. Telephone 396-2041*

*Hint of the Month by Sherry:*

Suffer from P.M.S. try an all natural herbal combination  
Don Quai plus!

# G WATER

**Wells - Cisterns - Pools  
Bulk - Potable**

**Deseronto**

**962-6378**

**OWNER: GLORIA IDZENGA**



**Lyle Vancief M.P.  
Prince Edward-Hastings**

**59 South Front Street, Unit 2  
Belleville, Ontario  
K8N 5P4**

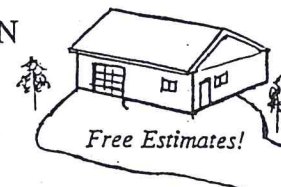
**969-7466**

## ← ***DOREEN*** BROS. →

### **MOTOR VEHICLE SERVICES**

- \* AUTOMOTIVE SERVICE
- \* MOTORCYCLE SERVICE
- \* SNOWMOBILE SERVICE
- \* A.T.V. SERVICE
- \* MOTORCYCLE/SNOWMOBILE  
ENGINE REPAIRING

- \* GENERAL AUTO MAINTENANCE
- \* TUNE-UP BRAKES
- \* FUEL INJECTION
- \* STEERING SUSPENSION
- \* CARB OVERHAULS



**Randy Doreen:**

Licensed Class 'A' Mechanic

Licensed Class 'G' Motorcycle Mechanic

#### **SHOP HOURS**

**MON.- FRI.- 6:00 P.M. - 9:00 P.M.  
SAT. 9:00 A.M. - 5:00 P.M.**

**R.R. #1 Slash Rd. East Tyendinaga  
Randy Doreen 396-3709  
Shop - 396-6536**



54

# **B & J** POLE LINE CONSTRUCTION VEHICLE INSPECTION STATION

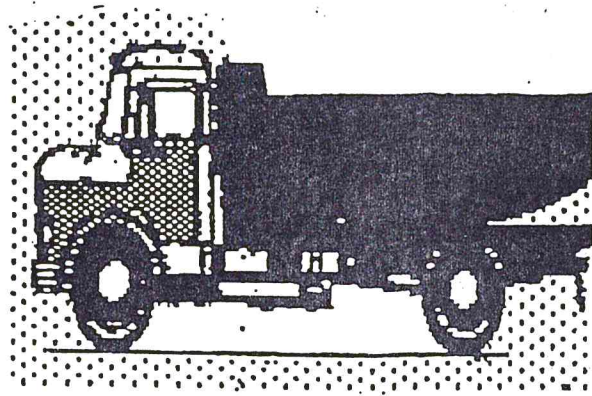
- \* *DRIVEWAYS*
- \* *SEPTIC TANKS*
- \* *WATER WELLS*
- \* *BASEMENTS*

\* *FULL TIME PHONE & RADIO CONTACT* \*  
\* *REASONABLE RATES* \*

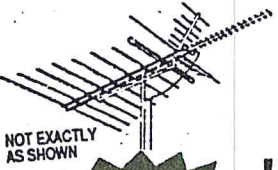
\* *FREE ESTIMATES* \*

**969-7430**

**KEN, BUD OR JEFF**



NOT EXACTLY  
AS SHOWN



**THIS WEEK'S  
SPECIAL!**

**\$210  
+ INSTALLATION**

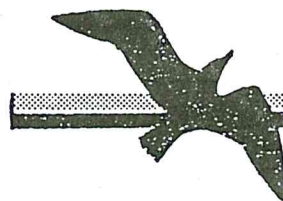
**UHF/VHF BROAD BAND  
TV ANTENNA  
AND  
BOOSTER**

We repair • VCRs • Antennas • TVs      WE ALSO • Computer Training  
• Satellites • Small Appliances      OFFER • Computer Set Up

Assessment in your home ~ FREE PICKUP and DELIVERY

**JIM'S REPAIR SERVICE**  
**354-6230**

INDEPENDENT DISTRIBUTOR

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LIVING PRODUCTS**

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Lorraine M. Brant  
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Deseronto, Ontario  
K0K 1X0

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Lorraine M. Brant

Distributor  
Rawleigh & Mr. Groom Products

R.R. 1, Deseronto, Ontario K0K 1X0  
(613) 966-1710

**C.D. Brant Design Services Ltd.**

R.R. #1, P.O. BOX 543,  
Deseronto, Ontario K0K-1X0

Providing  
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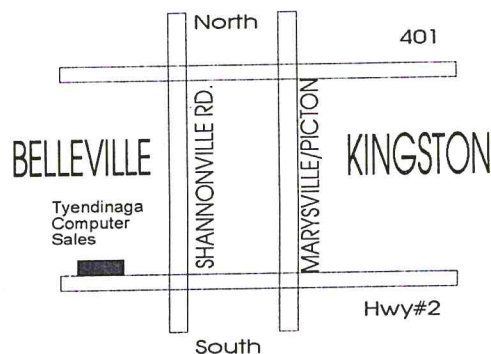
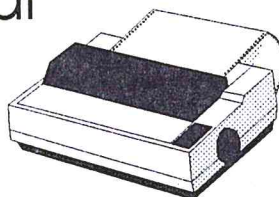
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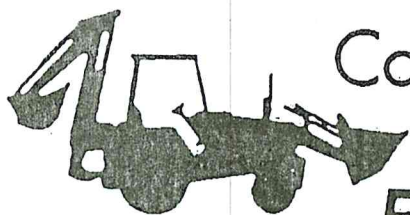
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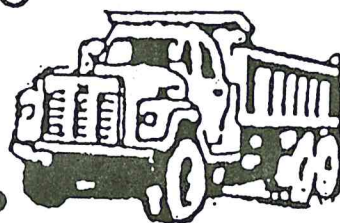
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