

TYENDINAGA NEWSLETTER

VOL.1 ISSUE 1

WHAT'S INSIDE:

- Council Update
- Community Events
- Sports Update
- Classifieds Page
- Job Listings

& MORE!

MEMO

TO: All Community Members
FROM: Brant Bardy (Tyendinaga Newsletter)

Hello! My name is Brant Bardy and I will be working on the Tyendinaga Newsletter for the summer.

I have recently changed careers from Animal Health Technology (graduated in '86) to Photojournalism (which I am preparing for my final year at Loyalist College in Belleville).

The newsletter is an excellent opportunity for me to utilize some of my academic skills taught by Loyalist and hopefully enable me to become more familiar with the community.

You may have noticed a few changes in this newsletter as I have many new ideas and hope to see more community involvement. After all this is a community newsletter.

A few changes I have made are:

- a sports page
- editorial/open column page
- police stats
- new cover design
- council updates
- activity page

I would also like to have a classifieds page if there is enough information submitted to me. This page could include; birth announcements; obituaries; personals; rentals; thank-you's; sales; coming events (although we have enough happening perhaps a community events page would be in order).

I hope to make this a group effort and encourage everyone who has anything they would like to share with the community, or any event, sports update, etc. etc. PLEASE send it to me or drop it off at the band office:

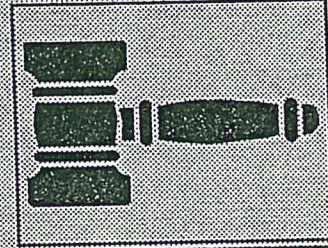
c/o Brant Bardy (Tyendinaga Newsletter)
Mohawk Administration Office
R.R.#1 Deseronto Ont.
KOK 1X0
(613)-396-3424

REMEMBER: COMMUNITY INVOLVEMENT IS THE KEY!

(As you may notice there are no advertisements in this issue. I will be contacting local businesses in the near future to discuss this.)

BRANT BARDY

COUNCIL CORNER



This is a brief summary of proceedings of the Mohawks of the Bay of Quinte Band Council for the month of June.

- reviewing and updating policies such as:

Fishing By-Law

Residency By-Law

Employment Policy

Housing Policy

Water Purification Incentive Policy

There will be a general meeting July 16, 1990 at 7:00 p.m. at the Community Centre to review the draft Residency By-law.

Council accepted the eligible applicants who met the criteria under the point system for the Housing Program;

The applicants whose spouses are non-members will be conditional until the acceptance of the Residency By-Law by Referendum.

A new Health Centre will soon be under construction in the First Nation Territory of Tyendinaga.

Mohawk Administration has hired seventeen summer students for various jobs on the Reserve.

A.C.O.A. SUPPORT GROUP

Due to summer vacations, the ACOA Meetings will be cancelled until further notice. Please feel free to call another member if the need arises or you just want to talk.

Following is a list of upcoming A.A. Meetings:

A.A. MEETINGS

MONDAY 8:30 p.m. Read, Ontario St. Mary's School
TUESDAY 8:30 p.m. B.G.H., Edith Cavell Building
WEDNESDAY 8:30 p.m. Marysville Catholic Church
THURSDAY 8:30 p.m. Station St., Belleville, Alhambra Hall
FRIDAY 8:30 p.m. Deseronto United Church, Fourth Street
SUNDAY 10:00 p.m. Napanee, Mom's Restaurant

NARCOTICS ANONYMOUS MEETINGS

Serenity House, Wednesdays, 7:00 p.m. 208 Dundas St., E., Belleville (Closed meeting)

Christ Church, Wednesdays, 2:00 p.m. Coleman & Catherine St., Belleville (Open meeting)

Thank-you

We wish to take this opportunity to thank our children and grandchildren for arranging our 50th wedding anniversary reception.

Thanks also to Prime Minister Brian Mulroney, The Honorable David Peterson, National Chief George Erasmus, Governor General Ray Hnatyshyn, Lyle Vanclief M.P. and Keith MacDonald M.P.P. for the lovely scrolls.

We would also like to thank all the relatives and friends who came out to make the celebration so special.

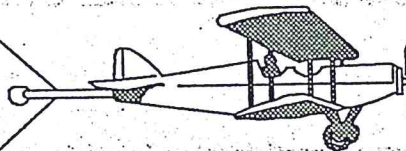
Our special thanks to the "OV" boys for their humorous presentation enjoyed so much by all.

Once again our most sincere thanks to all who helped make this occasion a very special day.

Sincerely,

*Albert (Sonny) &
Bernice Maracle.*

CONGRATULATIONS



Congratulations to the students of F.N.T.I's Aviation Program for passing their private pilot flight tests.

Congratulations are in order for:

Annette Maracle, Tyendinaga

Jamie Scero, Tyendinaga

Stacy Bernhardt, Tyendinaga

Matt Sager, Tyendinaga

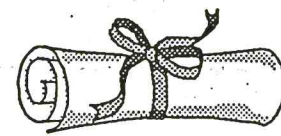
Randy Maracle, Tyendinaga

Steven Maracle, Tyendinaga

Charles Binguis, Pays Plat



HIGH SCHOOL GRADUATES



Dear Graduating Student:

On behalf of the Mohawk Firemen's Wives Auxiliary I would like to congratulate you on your accomplishment. To complete this phase of your life is truly an accomplishment. We are proud of you, and we wish you every success in your future, whether it be to continue your education in the academic world, or in the work force.

We would like to inform you as to the availability of an award to be donated annually to a Native graduating high school student from the school area surrounding Tyendinaga Indian Reserve. The award may be won only once by any one person.

As we felt that numerous awards are presently available for high academic standing or for expertise in specific areas, we have made available an award for a person who may or may not have superior academic grades but who is a "good" citizen" i.e.: a well rounded person who is contributing through participation in various local activities to the betterment of his/her community. This community may be our Reserve, your town or perhaps even your school community.

We trust you will take the time necessary to think about applying for the Mohawk Firemen's Wives Award.

Each graduating student should have received an application for this award, however if you did not receive your application please contact Shirley Maracle at 962-6137 or 969-7430.

Applications must be received before the end of July 1990.

MOHAWK FIREMEN'S WIVES AUXILIARY

A MESSAGE FROM THE ENVIRONMENTAL DAY CAMP STAFF:



Hi! My name is Angel Brant. I am 17 years old and I attend Moira Secondary School. My career objective is to pursue a teaching career in Sociology. I enjoy teaching children, sports, camping, decorating and working with the community.

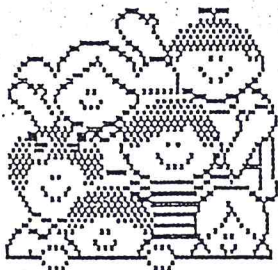
I have been chosen as Supervisor for this year's Environmental Day Camp. I know that your children will enjoy the immense and exciting program we have planned. I assure you, I will do my best to please you and the community. Special thanks to Velma Hill-Dracup who made this position possible. Have a great holiday!

Hi! My name is Nikki Brown. I'm 16 years old and I am entering grade 12 at Moira Secondary School. In the future I would like to become an interpreter in modern languages. I love to work with children, camping, hiking, crafts and languages.

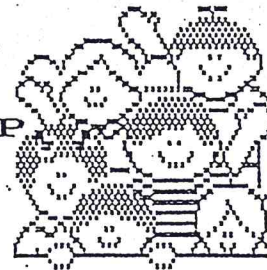
This is my second year working at the Day Camp and as Senior Counsellor, I would like to say that this will be a summer to remember. We have many trips and fundraisers planned and I sincerely hope the children will enjoy them all. I would like to wish everyone a happy, safe summer!

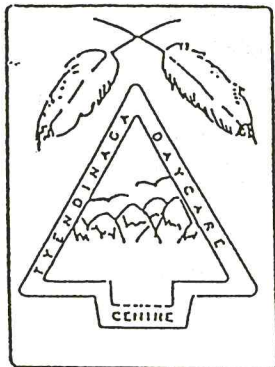
Hello, my name is Janice Brant. I am 15 years old and I attend Moira Secondary School. Later in life, I would like to pursue a career in Teaching or Architecture. I enjoy working with children, painting, sports, camping, etc.

I'm sure I will enjoy the job of Junior Counsellor at the Environmental Day Camp. I hope I will fulfill the duties expected of me during this summer. Have a safe and enjoyable summer!



**KEEP AN EYE OUT
FOR UPCOMING DAY CAMP
FUNDRAISING EVENTS!**





Tyendinaga Daycare Centre

R.R.#1

Deseronto, Ontario

KOK 1X0 968-7850

The children and staff of Tyendinaga Daycare would like to thank the following members of the community for actively taking part in the daycare centre program.

James Maracle for sharing legends, a dance and showing us his water drum on our culture days.

Lester Brant (Tamara's Grandpa) of the Mohawk Fire Department for bringing the fire truck to the daycare and showing us all the equipment they use in fighting fires.

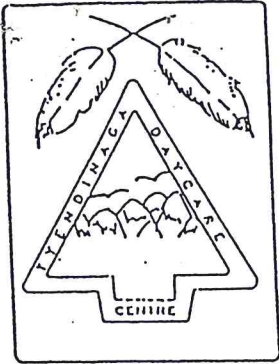
Wayne Brant and Robert Maracle (Joshua's Grandfather) our surprise visitors who took time to stop in with the grader and dump truck. Your patience for lifting us up so we could all take turns sitting inside was great! The teacher's loved hearing the air horn blow twenty-seven times. Please be sure to wave at us on your way by.

Also a big thank-you to Mrs Herbs for showing our children how she makes bread for her shop, and the delicious treats and chocolate milks.

If other members from the community have a special talent, craft, story to share with us please call me at 968-7850.

Anne Keith

Supervisor Tyendinaga Daycare



Tyendinaga Daycare Centre

R.R.#1

Deseronto, Ontario
KOK 1X0 · 968-7850

DAYCARE ENROLLMENT SEPTEMBER 1990

Daycare enrollment is limited for September 1990. The daycare centre at that time will be operating at full capacity.

The daycare centre will try to enroll/re-enroll all children on the waiting list. To confirm your spot for September 1990 please call me now or before August 10, 1990 at 968-7850. If I do not here from you, your child's spot will be given to another family in need of daycare services. Parent(s) needing a daycare spot in the future call and if you and your child meet the admission requirements he/she will be put on the waiting list for future enrollment.

Your co-operation is appreciated.

Sincerely,

Anne Keith
Supervisor Tyendinaga Daycare



WHAT IS SUCCESS?

To laugh often and much;

To win the respect of intelligent people
and the affection of children;

To earn the appreciation of honest critics
and endure the betrayal of false friends;

To appreciate beauty;

To find the best in others;

To leave the world a bit better, whether by
a healthy child, a garden
patch or a redeemed social condition;

To know even one life has breathed
easier because you have lived,

This is to have succeeded.

—Ralph Waldo Emerson

Manitoulin land claim settled

A history-making agreement has been reached to settle the 128-year-old land claim on Manitoulin Island.

The Ontario Government and the United Chiefs and Councils of Manitoulin (U.C.C.M.) signed an agreement-in-principle on February 2nd, ending the century-old dispute.

The First Nations will share a compensation package of land and money worth \$8.9 million.

The package includes a \$4.5 million fund for the First Nations to buy additional lands and a \$2.5 million economic development fund.

The First Nations will also receive \$1.6 million worth of Crown lands near or adjacent to their reserves.

The U.C.C.M. will also receive \$275,000 in legal costs and negotiating expenses.

Indian and Government representatives are pleased with the settlement.

"The United Chiefs and Councils of Manitoulin had a very strong case and were able to present it in a most convincing manner," said

Ontario Native Affairs Minister Ian Scott.

The settlement has also resolved concerns about road and shoreline allowances.

The settlement will therefore benefit all the residents of the area, Mr. Scott said. "Municipalities will now be able to initiate development plans for the lands," he said. "This, and the economic development provisions in the agreement-in-principle will be major benefits for the entire area."

The Manitoulin agreement is the first Indian land claim ever settled by Ontario. (The Province is currently negotiating 12 other land claims. As well, fifty other land claims have also been submitted for negotiation by Native groups in other parts of the Province.)

The Manitoulin claim dates back to the Treaty of Manitowaning in 1862 — five years before Confederation.

Under the terms of the treaty, the First Nations surrendered most of their lands on Manitoulin, Barrie and Cockburn Islands to the Crown.

The Crown was supposed to sell the surrendered lands and give the money to the First

Nations. But some lands — road allowances, shoreline allowances, lake beds and some interior plots — were never sold and the First Nations were never compensated for the loss.

The amount of land under dispute was about 36,400 hectares (about 90,000 acres).

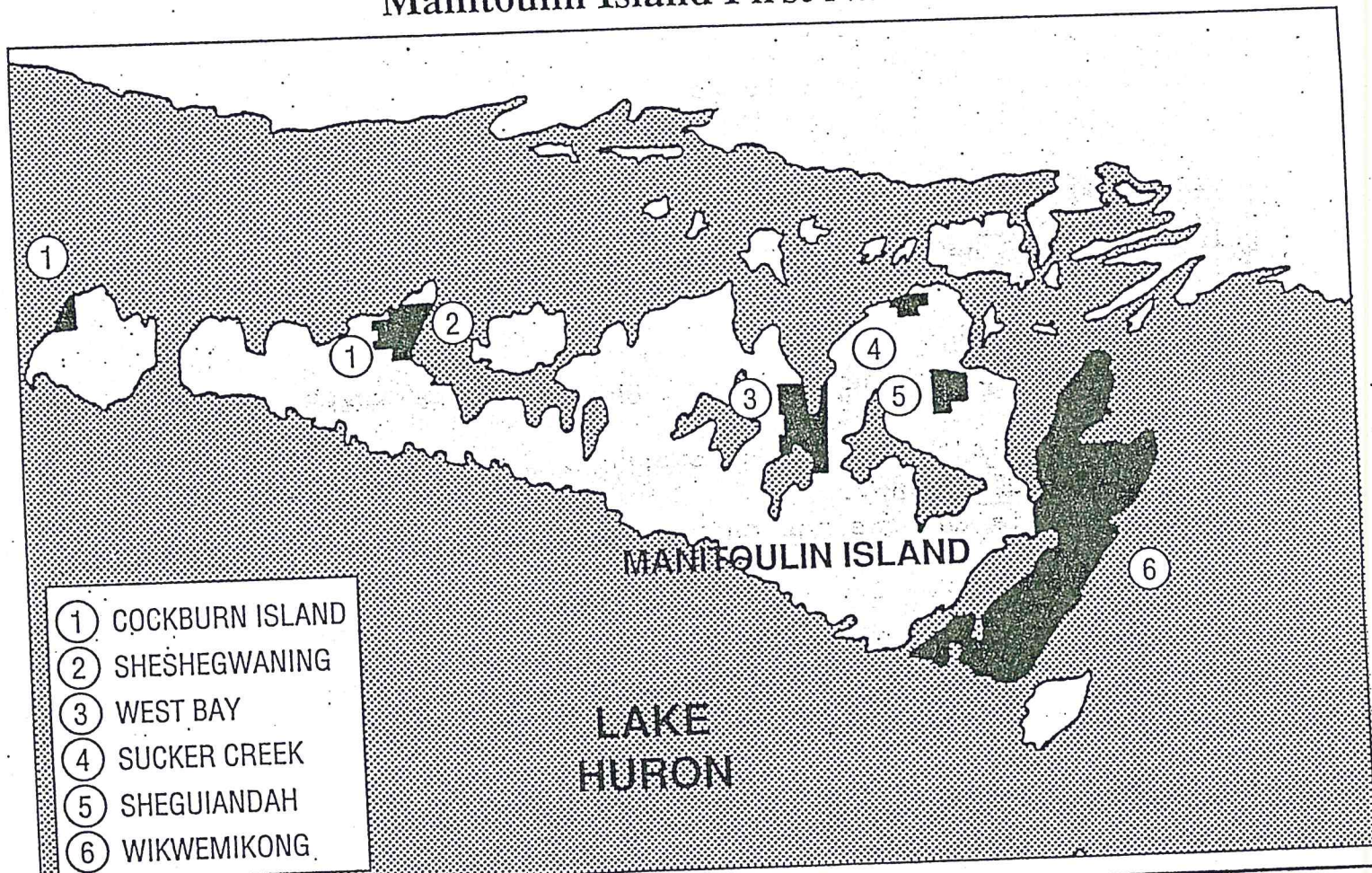
The federal Government did not contribute to the compensation package because it says it has no responsibility in the matter.

The Province (and the bands) maintains that the federal Government shares the responsibility to compensate the First Nations. Accordingly, the Province agreed to pay the U.C.C.M. one-half of the land's fair market value. The fair market value was determined by two independent assessors in the Fall of 1989.

The U.C.C.M. has indicated it will pursue its claim against the federal Government for its share of the land's fair market value and for loss of use of the lands since 1862.

The agreement is expected to be formally signed by the First Nations and the Province shortly.

Manitoulin Island First Nations



I hurt so much, it seemed unreal
Pain is all that I could feel,
I couldn't see from the tears & pain
I knew I'd never be the same again.

Your love for me ended overnight,
Nothing would again feel right
I was all alone inside my heart
Couldn't pick up the pieces, where to start.

So I left the pieces laying there
You were gone, so I just didn't care
I looked at the world with sad, sad eyes
And inside of myself I realized,

You were gone there was nothing here
Alone, with this pain and fear,
How to cope, how to go on?
I wanted you, and you were gone.

Everyday was a trial to get thru
~~Pills & drinks helped for~~ a day or two,
Until that day, I couldn't go on anymore
To keep going on, I wondered what for?

When I awoke & opened my eyes
That was when I realized,
I didn't want to die
Not over him, not over this guy.

I decided then to go it day by day
One step at a time, I'd be okay,
That is what I've tried to do
One step, one day, just to get thru.

BY BFCB

I wrote this poem after almost dying from a overdose and
I just wanted to share this with you. And when I was
going thru this bad time, my sister sent me a letter,
which has helped along with my friends and family who care!

THE ROAD NOT TAKEN

You are at a fork in the road --- you must decide which
to take.

The right road is the one which everyone else want you to
take to make them happy.

The left road is the one you should take to make you
happy.

Returning to the fork --- the spot in which the two roads
meet is a new life, a new start.

WHICH WOULD YOU CHOOSE?

ANNUAL NATIVE ART CONTEST

=====

An Alberta based company called Peace Hills Trust is sponsoring a "Native Art Contest".

Peace Hills Trust takes pride in encouraging Native Artists to develop, preserve and express their culture.

The contest is separated into four categories:

An Adult Category and 3 Children's Categories:
(limit of one entry per child please)
Age 9 and under; Age 10 to 13; Age 14 to 17

All entries are restricted to "two dimensional" art.

Awards	Adult Category	Children's Categories
1st Prize	\$ 2,000.00	\$ 65.00
2nd Prize	1,000.00	40.00
3rd Prize	500.00	25.00

The closing deadline for this contest is OCTOBER 1, 1990.

If anyone is interested in entering this contest, please contact the Band Office at 396-3424 in order to pick up entry forms.

AD OFFICE:
NEIDA RESERVE
R. R. 2, SOUTHWOLD, ONTARIO
N0L 2G0

PHONE NUMBER:
(519) 652-3251



488 HAMILTON ROAD
LONDON, ONTARIO
N5Z 1R9

PHONE NO. (519) 434-2761
FAX NO. (519) 679-1653

ASSOCIATION OF IROQUOIS AND ALLIED INDIANS

CHR/NNADAP CO-ORDINATOR POSITION

Terms of Reference

1. To assist the CHR/NNADAP personnel of the Association of Iroquois and Allied Indians to develop workplans for the fiscal year and to prioritize Health Planning in the First Nation Communities who have membership to this Association, with the overall goal of raising the level of Health of the First Nation Membership.

Objectives

- A. To have access to previous and ongoing files within the Association and Medical Services Branch to assess program status for all programs which are involved with the Community Health Representatives Program and National Native Alcohol and Drug Abuse Program at the Zone and Regional level.
- B. Be directly accountable to the Health Director and indirectly accountable to the Executive Director for approvals.
- C. Be accountable also to the Board of Directors, Executive Council and the General Membership which includes the General Assembly at an annual basis.
- D. Plan and co-ordinate in-service training modules as needed and facilitate accordingly. Funding for modules to be supplied separate and apart from this program by Medical Services Branch.
- E. Liaison in the development of programs by building the Goals and Objectives and Terms of Reference in the First Nation Communities of this Association.
- F. Assist in the planning of Budgets for supplies, in-service, workshops, etc.
- G. Mediate between CHR/NNADAP workers from within this Association at their in-service meetings. Fully participate in both CHR/NNADAP functions as a resource person.

- H. Identify possible funders for Community Development of CHR/NNADAP Programs.
- I. Explain Medical Services Branch policies that effect community based programs.
- J. Responsible for the liaison and consultation to ensure that contribution agreements are in place at the community level for CHR/NNADAP Programs.
- K. Be responsible to identify any deficiencies in the programs and make the Association and Medical Services Branch aware of them.
- L. Co-ordinate efforts within the Association and in support of the Executive Council by identifying appropriate government and non-government agencies to approach for program support of First Nation Communities.
- M. To facilitate and promote the exchange of resources and information between the First Nation Communities.
- N. Co-ordinate a uniform system of accountability for the CHR/NNADAP Programs, i.e. planning for future direction of the programs and the review of the existing programs.

Personal Suitability

- A. To promote the holistic approach in Community Health for wellness of the general membership of the Association.
- B. Excellent verbal and written communication skills.
- C. Identify and address training and or educational requirements of workers in a general fashion which is appropriate to Health Care and Delivery.
- D. Ability to function in the various First Nation Communities of the Association by building good rapport within the Health Care Team Network and within the political structure.
- E. Have knowledge of the Team approach to Health Care Delivery in a positive environment.
- F. Knowledge of the concept of community Health and have expertise in the development of workplans, including both long and short term goals of each community.
- G. Individual should have a knowledge of an Aboriginal language.

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Education Requirements

1. Post-secondary degree/diploma/certificate in health related fields, plus CHR or NNADAP training.
2. Previous experience working in a First Nation Community with a minimum three year placement as a CHR or NNADAP program worker.
3. At least three letters of reference.
4. Ability to travel and work in concert with other staff members of the Association.
5. Knowledge of political structure within the province of Ontario and within the Association membership comprising the status Indian populations.
6. Knowledge of the priorities affecting Aboriginal Health.

Salary: Negotiable

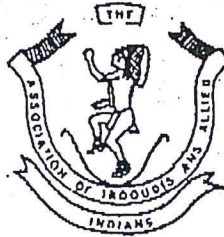
Location: London Office
Oneida - Head Office

Deadline: 4:00 p.m.
August 3, 1990

Submit Resumes to: Ms. Cathryn George
Health Director
Association of Iroquois & Allied Indians
466 Hamilton Road
London, Ontario
N5Z 1R9

HEAD OFFICE:
ONEIDA RESERVE
R. R. 2, SOUTHWOLD, ONTARIO
N0L 2G0

PHONE NUMBER.
(519) 652-3251



466 HAMILTON ROAD
LONDON, ONTARIO
N5Z 1R9

PHONE NO. (519) 434-2781
FAX NO. (519) 679-1653

ASSOCIATION OF IROQUOIS AND ALLIED INDIANS

HEALTH PROGRAM SUPPORT POSITION (PART-TIME)

Terms of Reference

1. To support all Health Program personnel within the Association of Iroquois and Allied Indians with the overall goal of facilitating program administration.

Objectives

- A. Expertise in an updated master filing system for the Health Program and record all incoming and outgoing correspondence.
- B. Expertise in secretarial duties including receptionist/typist activities.
- C. Co-ordinate monthly itinerary calendars for Health personnel.
- D. Assist by means of preparing and transcribing minutes of various functions including Health Conferences, Workshops and Committee Meetings as needed.
- E. Ability to work at maximum performance handling fax machines, photocopier, basic computers, postage meter, including courier services.
- F. Co-ordinate travel arrangements by means of agency within the Association as needed.
- G. Support staff as needed and work in concert with all personnel in the daily operation of the Association's office procedures.
- H. Participate at all functions including Board in Directors, General Assemblies, and Staff meetings as directed by the Executive Director.

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Personal Suitability and Requirements

- A. Secondary School diploma or equivalent specializing in the secretarial field.
- B. Previous experience working in a First Nation's Community with three letters of reference.
- C. Ability to travel and work in concert with other staff members of the Association.
- D. Knowledge of political structure within the province of Ontario and within the Association membership comprising the Status Indian populations.
- E. Individual should have a knowledge of an Aboriginal language.
- F. Excellent verbal and communication skills.
- G. Show exceptional interest in the Health area eg. Community Health Care Team knowledge at First Nation level. Advocates of the holistic approach to Health Care.
- H. Excellent and accurate typing skills mandatory.

Salary: \$10,000

Location: London Office
Oneida - Head Office

Deadline: 4:00 p.m.
August 3, 1990

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Health Director
Association of Iroquois & Allied Indians
466 Hamilton Road
London, Ontario
N5Z 1R9

HEAD OFFICE:
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488 HAMILTON ROAD
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PHONE NO. (519) 434-2761
FAX NO. (519) 679-1653

ASSOCIATION OF IROQUOIS AND ALLIED INDIANS

HEALTH PROMOTION ADVISOR POSITION

Terms of Reference

1. Develop and implement a Community Health program for the First Nations Communities within the Association with the emphasis of promoting wellness and the maintenance of Healthy Lifestyles through a complete consultative approach.

Objectives

- A. To develop a comprehensive program of Healthy Lifestyles that is appropriate to all age levels within the First Nations Communities.
- B. To develop and acquire culturally relevant resource materials and build a library within the Association office including audio visual as well as texts for First Nations to access.
- C. To assist First Nations' Communities in developing and designing their own Health Promotion policy which will encompass Health Promotion intervention strategies, training, resources development and incorporate this mandate for the entire Association Health Program and initiate process from the community development approach.
- D. Ensure that all Health information is disseminated to the First Nation membership.
- E. Begin data collection base for the membership of the Association in regards to Health. Development of program through means of consultation with First Nations programs. This base to be comparable to other First Nations to provide a homogeneous system within the Zone level.
- F. Be accountable to the Association Executive Council, Board of Directors and General Membership which includes the Assembly, at an annual basis. Direct accountability to the Health Director and indirectly to the Executive Director for approvals.

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- G. Liaison with all Health Programs within the Association.
- H. Identify possible funders for all Health Programs and have resources identified, perhaps through a directory as an ongoing project.
- I. Initiate the holistic approach to Community Health for the wellness of the general membership of the Association. Mental Health and Nutritional programming to be developed in this area upon identified needs of the First Nations.

Personal Suitability

- A. Advocate of the holistic health practise within the First Nations Communities.
- B. Excellent verbal and written communication skills with exceptional proposal writing abilities.
- C. Ability to function in the various First Nations Communities of the Association by building good rapport within the Health Care Team Network and within the political structure.
- D. Have knowledge of the Team approach to Health Care Delivery in a positive environment.
- E. Knowledge of the concept of Community Health and have expertise in the development of a Health Care Plan for Aboriginal First Nations people.
- F. Individual should have a knowledge of an Aboriginal language.

Educational Requirements

1. Post-secondary degree/diploma/certificate in a health related field.
2. Previous experience working in a First Nation community with a minimum three year placement.
3. At least three letters of reference.
4. Ability to travel and work in concert with other staff members of the Association.
5. Knowledge of political structure within the province of Ontario and within the Association membership, comprising the status Indian population.
6. Knowledge of the priorities affecting Aboriginal health.

Page 3 \

Salary: Negotiable

Location: London Office
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Health Director
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466 Hamilton Road
London, Ontario
N5Z 1R9

The best possible death to Meech

by Paul W. Rice
Weekender Columnist

Dear First Ministers:

One could not help but feel a little smug when you got your collective asses kicked by Canada's native people.

After all the internal bickering, the tithing, the nagging, the infliction of guilt upon Canadians of every linguistic persuasion, you finally got your commiseration by no less than the aboriginal people whom so casually forgot to invite your blessed negotiations.

We were all getting tired of the bullying tactics of Quebec Premier Robert Bourassa, who, it now seems, was much more interested in political expedience — in-

deed, his own political survival — than anything the rest of Canada needed from him....

In fact, I'll go one step further. He is more interested in garnering political points over the interests of his *own province*. Quebec needs Canada, and Canada needs Quebec.

There are no distinct societies. To constitutionally legislate such a thing could only tear asunder the very fabric of this country. Canada is unique because of its different but equal cultures and its social intangibles.

We have long been internationally known for our tolerance and compassion toward those of different languages, races, religious expression, and cultures.

To continue to torture our country for the sake of a "distinct society" clause, you have inflamed our passions, driven us to a viewpoint of anglo/franco intolerance.

Thank God for our native people. They, above anyone else, should be — ARE — our distinct society. They have long been forgotten, ignored, and abandoned by all levels of government, and it's about damned time they said, "Enough!"

I can't say I'm sad to see Meech Lake die, gentlemen. Whatever may happen now concerning Quebec, I say get on with it. No more of these behind-closed-doors arm-wrestling matches.

As for representing our country, forget it. You may be doing so, but it is in name only. The only premier representing his

province, with enough intestinal fortitude to stand by principle, is Newfoundland's Clyde Wells, and the steps you other stumblebums have taken to discredit him have been appalling.

That makes it that much more satisfying to see you finally having egg on your faces.

I love my Canada, and I wish you would let her mind her own business. Your greatest legacy may be her untimely demise.

Oh, P.S.: Don't you find it more than a little ironic that our Canadian government is paying much more attention to the people of South Africa than they are to our own native people? I do. I'm frightened by the lack of perception from our leaders.



**MOHAWKS OF THE BAY OF QUINTE
TYENDINAGA MOHAWK TERRITORY**

R.R. #1 DESERONTO, ONTARIO K0K 1X0
(613) 396-3424 Fax: 1-613-396-3627

July 4. 1990

TO: COMMUNITY MEMBERS
FROM: ENVIRONMENTAL OFFICE
RE: COMMUNITY AWARENESS PROJECT

By way of introduction my name is Shari Maracle and my program is Environmental Community Awareness.

This program is sponsored by the Ministry of the Environment for a eighteen (18) week duration.

During my period of time as the Community Awareness person I will keep the community informed of environmental issues and concerns by use of newsletter. I will also include alternatives and tips on ways we as a community can help save and preserve our "Mother Earth". As you may know I have included a survey in the newsletter on composting, cloth diaper service, and blue boxes. These are the types of services I would like to see available to our community and with your help in completing and returning the survey these types of services may be a reality.

Shari Maracle,
Community Awareness person

Shari Maracle



**MOHAWKS OF THE BAY OF QUINTE
TYENDINAGA MOHAWK TERRITORY**

R.R. #1 DESERONTO, ONTARIO K0K 1X0

(613) 396-3424 Fax: 1-613-396-3627

To: All Community Members
From: Environment Office
Re: Water Monitoring Project
Date: June 25, 1990

The Mohawk Administration Office is presently being sponsored to do a Water Monitoring Project on the Tyendinaga Territory by the Environmental Youth Corps.

This seventeen week project will be applied, free of charge, over the course of the summer. As of July 3, I will begin Random Testing on the Territory. From July 3 to July 6th I will be randomly, testing houses along the York Road, starting in Shannonville to Wymans Road. From July 9th to July 13, I will be randomly testing houses along the York Road, starting from Wyman's insection to Highway # 49 insection. On July 16th to July 20th I will be testing houses along the Ridge Road. From July 23 to July 27th I will be randomly testing houses along Highway # 2 and Bell's Side Road. I realize that most people work during the day, therefore, arrangements can be made for after hour testing. If you have any questions please contact Tammy Maracle at the Mohawk Administration Office.

Your co-operation in this matter is greatly appreciated.

Tammy Maracle

Tammy Maracle,
Water Monitoring Project

To: All Community Members
From: Michelle L. Maracle
Re: Letter of Introduction for Tourist and Cultural Information Officer

My name is Michelle L. Maracle and I have been chosen for the position of Tourist and Cultural Information Officer.

One of my duties is to research and obtain material on Tyendinaga's past which may be beneficial to other persons who may have to give historical addresses to other communities. I will also provide information for and give tours of our community.

Another of my duties will be to advertise and promote any events or fundraising projects from the Tyendinaga community to people in other areas and vice versa.

If you are planning an event you want advertised, feel free to contact me at 396-3424, the Mohawk Administration Office.



MOHAWKS OF THE BAY OF QUINTE TYENDINAGA MOHAWK TERRITORY

R.R. #1 DESERONTO, ONTARIO K0K 1X0
(613) 396-3424 Fax: 1-613-396-3627

TO: All Community Members
FROM: Environmental Office
RE: Natural Resource Research Project
DATE: June 28, 1990

The Natural Resource Research Project is being sponsored by the Environmental Youth Corps and through the interview process I, LISA MARACLE have been given the position as Supervisor.

The main goal of this project is to determine by way of a survey the extent of the Natural Resources contained on the Tyendinaga Mohawk Territory.

To assist me in this project the 5 following people have been employed:

Hi! My name is DENISE BRANT. I have been hired by the Environmental Youth Corps for their summer survey program of the Tyendinaga area.

I have just completed my first year of post-secondary school education in the Early Childhood Education program at St. Lawrence College in Kingston. I plan to attend Loyalist College in the geriatrics program in the fall of '91.

Hi! My name is APRIL BRANT and I have recently been hired to assist in the Natural Resource Survey being conducted on the Tyendinaga Territory.

I graduated from Moira Secondary School in January and plan to attend a post-secondary institution to become a Conservationist.

Hi! My name is JOAN BRANT. I am 15 years old and have lived on the reserve since I was 4 years old. I have just completed my Grade 10 at Moira Secondary School. I plan to return to school for my grade 11 in the fall to continue my education towards my goal of becoming a Pilot. I hope this job will improve my knowledge on the environment.

Hi! My name is KELLY BRANT and I was recently hired as a Natural Resource Survey crew member to assist with the survey on Tyendinaga Territory.

I recently moved here from Colborne where I attended East Northumberland Secondary School. I will be entering Grade 11 in the fall to continue towards my goal of becoming a Lawyer.

Hi! My name is CHRISTA GREEN and I am 18 years old. I am working for the summer for the Environmental Youth Corps doing an Natural Resource Survey.

I am attending Moira Secondary School and have a year left. After high school I plan to go to college for 2-3 years to become a Developmental Service Worker and get my diploma in Early Childhood Education. I am looking forward to working on the territory and with people I know.

To ensure that this project is a success I am asking for your assistance. If there are any community members that would like to have their property surveyed please feel free to contact me.

Lisa Maracle

LISA MARACLE, NATURAL RESOURCE SUPERVISOR
MOHAWK ADMINISTRATION OFFICE
(613) 396-3424



**MOHAWKS OF THE BAY OF QUINTE
TYENDINAGA MOHAWK TERRITORY**

R.R. #1 DESERONTO, ONTARIO K0K 1X0

(613) 396-3424 Fax: 1-613-396-3627

To: All Community Members

From: Environment Office

Re: Environmental Youth Corps

Date: June 29, 1990.

The Mohawks of the Bay of Quinte have recently been sponsored by the Ministry of Environment to hold the Environmental Youth Corps program for the summer of 1990.

My name is Tracie Fuller and I am Supervisor of the ten week program. The Youth Corps includes Jason Maracle, Craig Brant and Russell Loft as Senior Environmentalists. Stephanie Bernhardt and Tim Miller round out the crew as Junior Environmentalists.

The Environmental Youth Corps is designed to contribute to conservation, environmental production and provide effective resource management while enhancing the beauty of our Territory.

Over the summer we will be working at various locations in the Tyendinaga Territory.

If you have any questions please call:

Tracie Fuller, Community Enhancement Supervisor
Mohawk Administration Office
396-3424



MOHAWKS OF THE BAY OF QUINTE TYENDINAGA MOHAWK TERRITORY

R.R. #1 DESERONTO, ONTARIO K0K 1X0

(613) 396-3424 Fax: 1-613-396-3627

TO: ALL COMMUNITY MEMBERS

FROM: ENVIRONMENTAL OFFICE

RE: TESTING AT THE DUMP

Please be advised that approximately two weeks ago there was drilling at the dump.

The drilling is to provide a hydrogeological assessment of the site. Samples will be taken regularly and analyzed to determine the water flow and the impact on surface and ground water. i.e. pollution levels.

Should you have any questions or concerns about the activity taking place at the dump please feel free to contact Suzanne Brant, Environment Co-ordinator at the Band Administration Office. 396-3424.

Thank - you.

World toxic problems

Industrialization has created environmental problems that span the globe. Here's a sampling:

(1) U.S.: Redwoods endangered;
Chesapeake Bay polluted;
development killing Everglades

(2) Great Lakes: 22 fish
species dead

(3) Canada: 14,000 lakes dead

(4) Mexico City: 30,000 children
a year die from pollution

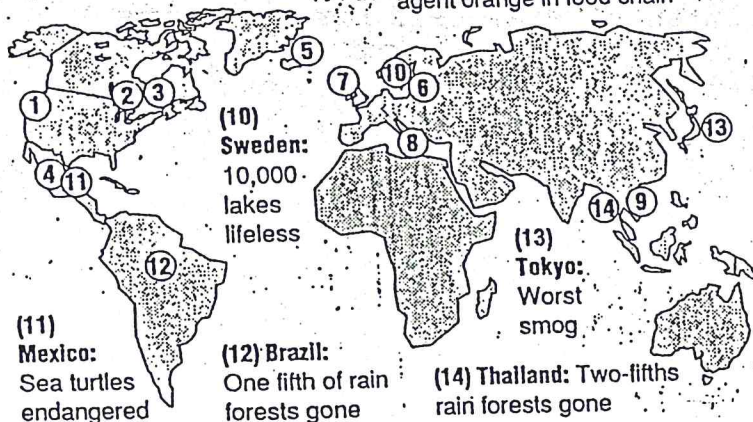
(5) Iceland, Finland: Radioactive
from Chernobyl accident

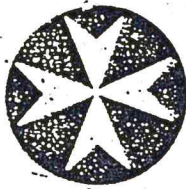
(6) Leningrad, USSR: Severe
water pollution

(7) Irish Sea: Radioactive
pollution

(8) Mediterranean Sea:
Severely polluted; oil spills

(9) Vietnam: Dioxin from
agent orange in food chain





St. John Ambulance
Canada

CARDIOPULMONARY RESUSCITATION AND EMERGENCY CARDIAC CARE

Anyone wishing to obtain or validate their standard First Aid or C.P.R. certificate is asked to complete the attached form and return to:

MOHAWKS OF THE BAY OF QUINTE
TYENDINAGA MOHAWK TERRITORY
MOHAWK ADMINISTRATION OFFICE
R.R.#1
DESERONTO, ONTARIO
K0K 1X0

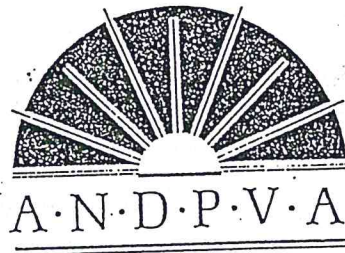
ATTENTION: BEV HILL

OR FOR MORE INFORMATION PLEASE CALL: 396-3424

NAME:
SEX:

AGE:
TELEPHONE:

	<u>COST</u>	YES	NO
Standard First Aid (16 Hours) CERTIFICATE IS VALID FOR 3 YEARS	\$44.50	—	—
C.P.R. Heart Saver (4-6 hrs.) 1 Person C.P.R. CERTIFICATE IS VALID FOR 1 YEAR	21.50	—	—
Heart Saver Plus 2 Person C.P.R. (6-8 hrs.)	26.50	—	—
Infant C.P.R. 0-12 mos. (6-8 hrs.)	26.50	—	—
Child C.P.R. 1-9 yrs. (6-8 hrs.)	26.50	—	—



RECEIVED
ASSOCIATION FOR NATIVE DEVELOPMENT IN THE PERFORMING AND VISUAL ARTS
1990 AUG 10 10 10 AM
100 ST. JOSEPH STREET, SUITE 204, TORONTO, ONTARIO M4Y 1J6

Is accepting applications for the position of :

Office Manager

The Association for Native Development in the Performing and Visual Arts is currently seeking an experienced office manager to head our offices in Toronto.

Duties/Responsibilities :

General administrative duties that include; typing, filing, reception. Additional duties to include; organizational and financial development, community outreach development and promotion.

Qualifications :

- typing at 45wpm
- computer literate for IBM Compatible
- knowledge of provincial and federal funding sources
- communication skills
- knowledge of the Native community
- bookkeeping skills, i.e., budgets, ledgers, record keeping
- ability to take direction as well as work independently

Applicants should be prepared to supply at least three (3) references as well as an updated resume.

Starting salary \$ 21,000.00 or negotiable depending upon experience.

Deadline for Applications : August 3, 1990

Send resumes to :

Board Control Group

Association for Native Development in the Performing and Visual Arts

9 St. Joseph Street, Suite 204, Toronto, Ontario, M4Y 1J6, (416) 972-0871

Tyendinaga Mohawk

Family and Children Services
RR #1 Box 43 Deseronto, Ontario
967-0122

TO THE RESIDENTS OF TYENDINAGA TERRITORY
FROM FAMILY AND CHILDREN SERVICES CO-ORDINATOR

Our office is centrally located between the Mohawk Administration Office and Shannonville along the south side of the York Road, with the sign reading "Tyendinaga Mohawk Family and Children Services."

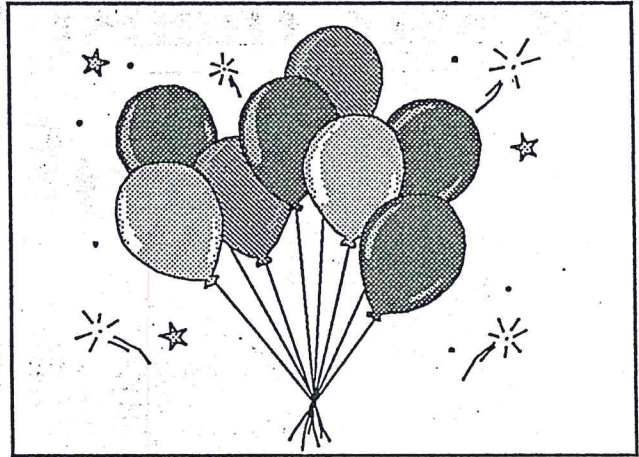
The Co-ordinator, Linda LeFort, is presently on maternity leave, and in her absence Shirley Brant has taken the position of Acting Co-ordinator. Our Secretary is Debby Brant.

Our goals are to ensure the health, safety and security of our children. We have a resource library containing books, videos and pamphlets on a variety of subjects ranging from teen pregnancy to violence in the family to drugs and alcohol.

Any ideas from community members which would assist us in providing the most effective service would be welcome and appreciated. In particular, we encourage the youth of Tyendinaga to offer suggestions as to what they would like to see Family and Children Services doing for them.

Please feel free to drop in and visit us. Our hours are 8:30 a.m. to 4:00 p.m. from Monday to Friday.

"HARD LUCK DANCE"



ENVIRONMENT FUND RAISER

PLACE: COUNCIL HOUSE

TIME: 8 pm - 1 am

DATE: SATURDAY, JULY 14, 1990.

ADMISSION: \$3.00/person

BAR

SPOT DANCES DOOR PRIZES DRAWS

The environmental group is holding this dance to raise funds for the Environmental Program. Proceeds will be placed into an account to purchase materials such as videos, books, composting units, etc.

PLEASE COME OUT TO HELP SUPPORT OUR ENVIRONMENT!

EXPERIENCE · THE · DIFFERENCE

NEW LIFE FAMILY CAMPMEETING

VICTORY '90

JULY 17 - 22, 1990

MOHAWK COMMUNITY
CENTER
YORK ROAD,
TYENDINAGA RESERVE,
DESERONTO, ONT.

DAILY SEMINARS

Ivan Doxtator
SPIRITUAL WARFARE

Jean Carter
THE BRIDE OF CHRIST

Emma Crouch
GOD'S PLAN IN PROPHECY

Warren Blaisure
HOW TO BUILD AN
EFFECTIVE CHURCH

EVENING RALLYS 7:00 pm

Rev. Harry Donald

July 17 - 18

Rev. Donald is the pastor of Miracle Temple in Philadelphia, Penn. and is better known as the Walking, Talking Bible. Come and enjoy this dynamic campmeeting speaker.

Rev. Bill Prankard

July 19 - 21

In 1972, while travelling from a Kathryn Kuhlman service in Pittsburgh, God sovereignly placed His hand on Bill Prankard's life and began using him in a dynamic way in the healing ministry. He has been an effective instrument in leading many people to a personal knowledge of Jesus Christ.

As God's Word is proclaimed, it is confirmed by signs, wonders, healings and spiritual renewal in lives of those who come hungry to receive from the Lord.

Rev. Ross Maracle

July 22

Rev. Maracle is the President and Founder of National Native Bible College. In his 24th year of ministry, as he flows within his gift of evangelism, he will challenge and motivate you into a deeper relationship with the Lord.

MUSIC BY:

FAITH
GOSPEL
BAND

ATTAWAPISKAT, ONT

- and -

JONATHAN &
LINDA MARACLE
DESERONTO, ONT

Children's Happy Time Services

Daily - 10:00 a.m.

- * Bible stories & games
- * swimming & sports
- * nature hikes
- * crafts & awards
- * puppets & songs

-also-

THE ONEIDA SINGERS
ONEIDA RESERVE
LONDON, ONT.

During these meetings we offer involvement and opportunity for every member of the family. From the evening services to the different seminars that are held daily. There will be special programs for the children, from Bible games to Bible stories, from handicrafts to field trips. For the youth, there will be 'rap' sessions and seminars, films and fireside services! There are two parks nearby, plus miles of beautiful, sandy beaches near Picton, Ontario. Just down the road are Indian gift shops and within fifteen minutes are shopping malls and plazas. Three meals a day are provided in the National Native Bible College's dining room. Accommodations are provided in the dormitory by advanced reservations. A list of motels within five to fifteen miles of Campground will be provided upon requests. Also, if you favour the outdoors, there is ample space available for your camper. A trailer park is also available for trailers and motor homes.

LOCATION

National Native Bible College Campus and Campgrounds are located 35 miles west of Kingston and 15 miles east of Belleville. Leave Hwy. 401 at Marysville Exit 566, proceed South 3 1/2 miles on Hwy. 49. We are on the left just before the Quinte Skyway Bridge.

-URGENT-

Children registering for Kindergarten must be adequately immunized before entering school.

New students enrolling at Quinte Mohawk School must have proof that immunization is up-to-date.

Failure to comply may result in refusal for registration.

Below is the immunization schedule for infants and children.

Thank you for your cooperation.

Table 1
Routine Immunization Schedule for Infants and Children

Age	Immunization Against			
2 months	Diphtheria	Pertussis	Tetanus	Poliomyelitis
4 months	Diphtheria	Pertussis	Tetanus	Poliomyelitis
6 months	Diphtheria	Pertussis	Tetanus	Poliomyelitis ¹
12 months	Measles	Mumps	Rubella ²	
18 months	Diphtheria	Pertussis	Tetanus	Poliomyelitis
	Haemophilus influenzae b ³			
4-6 years	Diphtheria	Pertussis	Tetanus	Poliomyelitis
14-16 years	Diphtheria ⁴		Tetanus ⁴	Poliomyelitis ¹



NATIVE 4-H CLUB NEWS

By Edna Barnum
Farm Advisor

The Indian Agricultural Program of Ontario has the opportunity to send some of our top 14 and 15 year old 4-H members to 4-H Members' Conference to be held at Trent University, Peterborough, from July 23-25. This is a great opportunity for our 4-H'ers to meet new friends and enjoy a fun-filled program that promises to be exciting and challenging.

The Conference theme is "Believe in Yourself - You Have What It Takes". Each member will have the opportunity to discover more about themselves, building self-confidence, become a better listener and speaker, set some goals and have the chance to socialize and meet new people.

There are three members who have been chosen for their outstanding work and enthusiasm with the 4-H program. They are:

Janice Brant Danny Brant Cindy Loft

These young people have put a lot of effort into their 4-H projects and have recruited other young people to become involved with 4-H.

The Indian 4-H Program wishes these members well as they attend the 2 1/2 action packed days at the conference.

LET'S GO WILDLIFE

By Donald and Cindy Loft

We learned how to look for and recognize wildlife and where to look for their habitat. We also learned how they live and why we should not harm our environment. We found the Conservation and wildlife was interesting and important for us to know about, but some things were a little boring.

By Bobbi-jo Brant

In the 4-H Wildlife Club program I learned that the environment is important, so we have to clean it up. I also learned that humans affect animal habitats in mostly bad ways. The most important things in an

animal habitat are food, cover, water and space. There are many different habitats like marsh, swamp, forest, etc. I enjoyed the Club very much.

by Janice, Danny and Jennifer Brant

In the Conservation and Wildlife Club we learned that we must respect and be responsible for the well being of our environment, wildlife and their habitats. We must preserve and protect what is left because our lives depend on their survival.

by Janice Brant

I wrote a little song to express my views more clearly:

We Started the Fire
(sung to the tune of "We Didn't Start The Fire")

Bigshots in Ottawa
Sit around making laws
When their time should be spent
Helping the ENVIRONMENT.

There are smokestacks on factories
Garbage like we've never seen,
WE MUST FACE REALITY.

Because:
There's holes in the ozone,
Acid in the lakes,
The air is black we can't come back,
YOU CAN'T BREATHE WITHOUT A MASK.

GLOBAL WARMING, Earth is like a greenhouse
ULTRA VIOLETS can't get out,
THIS WILL MAKE THE ICE CAPS MELT.

RAINFOREST burning down
Disappearing Amazon
Diapers won't decompose,
WHEN THEY WILL WHO REALLY KNOWS.

TOXIC CHEMICALS,
Leaking into our wells
Herbicides, Insecticides,
ON OUR FOOD AND IN OUR LIVES.

MAN is the MASTER
Of this DISASTER
WE LOST CONTROL OF OUR FATE
SAVE THE PLANET BEFORE IT'S TOO LATE.

FROM THE RECREATION COMMITTEE:

A survey has been sent home with all Quinte Mohawk School boy students to determine whether or not the formation of a Boy Scouts of Canada group would be feasible for September of 1990. If your son does not provide you with a form, or if he does not attend Quinte Mohawk but lives on Tyendinaga, please contact Linda Maracle at 962-3788 to register his interest in this endeavour. If a suitable response is received the Committee will, with any luck, have a troupe ready for the fall.

Also, the Committee has become aware of a need for an application to be made for the use of the Mohawk Ballfield over at the Airport. We have had a few instances of groups requiring the field at the same time and there has been a bit of conflict. We believe that by the initiation of this form these conflicts will be resolved. We are attaching a copy of the form and wish to point out rule # 4 which states no groups shall be permitted use of the field without clearing it through the Committee. Please contact Linda Maracle at 962-3788 after 7 p.m. for clarification or to make a booking. Also, note rule # 2 which states that no group shall operate a concession facility in conflict with the Committee's own canteen. The Committee operates the canteen now as a money making endeavour and we are trying very hard to accumulate enough funds for a very large undertaking, possibly our own Recreation Complex. If we permit other groups to sell at money making functions, i.e. tournaments, we will be defeating our own purpose and we trust that groups will understand our point of view.

If you have any questions or concerns please feel free to contact any member of the Committee, Callie, Ken Sparks, Linda, Danny Maracle or Billy Brant.

MOHAWKS OF BAY OF QUINTE
APPLICATION FOR THE BOOKING
OF MOHAWK BALLFIELD

Current Date: _____

Date(s) Required: _____

Is the use of Lights Required: _____

Name, Address & Telephone Number of Person
Responsible for Function: _____

Name of Organizing Team: _____

Will beer be available: _____ Permit #: _____

Proceeds to: _____

Number of Players Anticipated: _____

TOURNAMENT RATES: \$50/day \$75/ 2 days \$100/ 3 days

NIGHTLY RATE: \$15 Payable in advance

RULES & REGULATIONS:

1. Mohawk Ballfield is operated under auspices of Mohawk Recreation Committee and their authority is final.
2. No groups. individuals shall operate concession facilities in conflict with Mohawk Recreation Committee facilities.
3. It shall be the responsibility of the organization group to ensure the Mohawk Ballfield is free of refuse at termination of function.
4. Use of Ballfield will be restricted to bookings through the Mohawk Recreation Committee and no individuals will be permitted use of the field without prior authorization.

I understand and agree to abide by the rules and regulations regarding the use of the Mohawk Ballfield.

Signature

Date

MOHAWK CROSSWORD PUZZLE

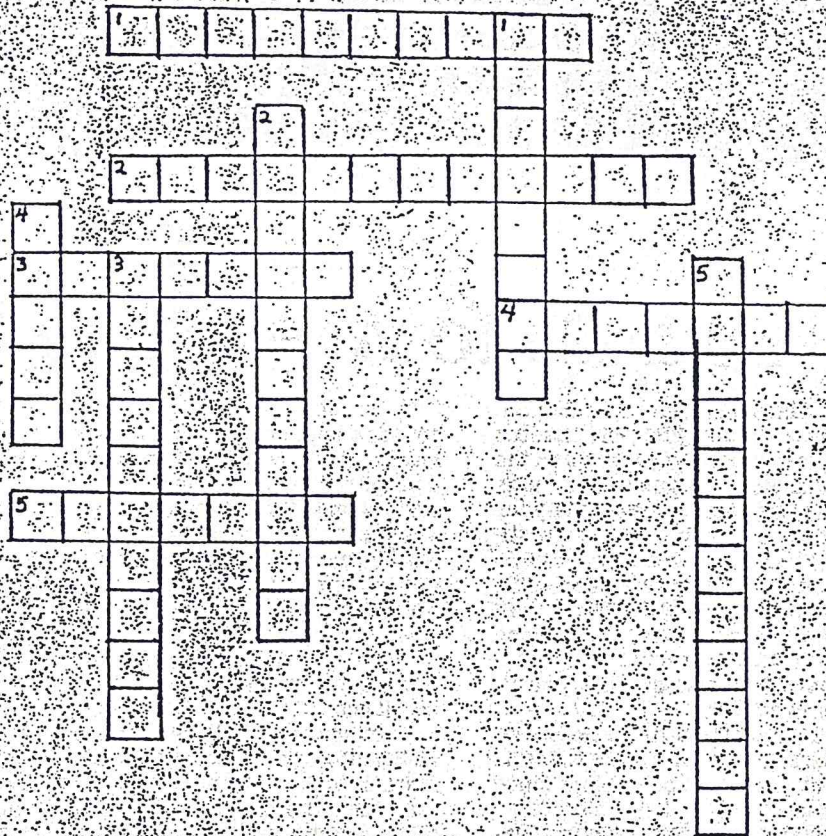
This crossword puzzle may be a bit tricky. Even though the answers may seem easy you need to translate them to Mohawk to solve the puzzle. Good Luck!

ACROSS:

1. I'm good with jam.
2. I'm a tasty fruit that grows on trees.
3. I'm used to chop down trees.
4. My younger brother.
5. I'm a green leafy vegetable.

DOWN:

1. I'm known as the medicine clan.
2. I'm used with a bow.
3. I fly in the sky.
4. I say "meow".
5. You sit on me.

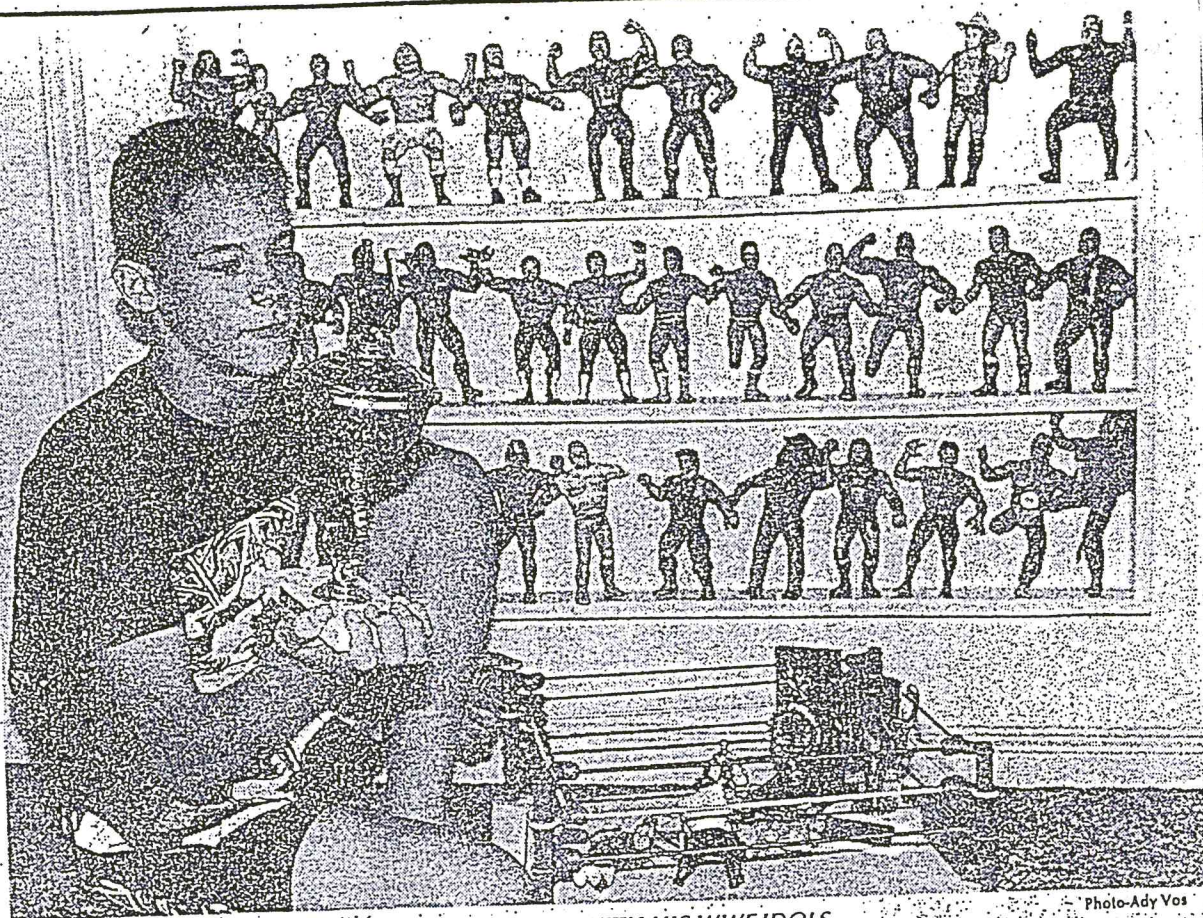


- | | |
|-----------------------|---------------------------------|
| 5. chair=ennitskwa:ra | 5. cabbage=onehsio |
| 4. cat=takos | 4. my younger brother=ri'ken:'a |
| 3. bird=otsiten:ha | 3. axe=ato:ken |
| 2. arrow=kalen:kwire | 2. apple=sewahio:wane |
| 1. bear=ohkwa:ri | 1. bread=kana:taron |

Down

Across

SOLUTIONS:



KYLEE MARACLE WITH HIS WWF IDOLS

Photo-Ady Vos

World Special Olympics

Maracle to wrestle in Holland

With heros like Hulk Hogan, the Ultimate Warrior, Brutus Beefcake, Randy Savage and the Killer Bees it shouldn't come as a surprise to anyone that 14-year-old Kylee Maracle loves wrestling.

While his professional idols from the World Wrestling Federation are the best in the business, Maracle, of Shannonville, is also an elite wrestling competitor.

The difference between Maracle and the WWF stars is that Kylee has been blind since birth.

Maracle hasn't let his handicap prevent him from participating in athletics. In three weeks he will be competing at the World Special Olympics in Holland.

Maracle says he's been interested in wrestling as long as he can remember and his five years of competing has finally led him to the World Special Olympics.

"I usually compete at 114 pounds but there won't be anyone there (Holland) in that division so they're moving me up to 126 pounds," he says.

Although he admits moving up to a bigger weight class will likely pose some problems he's not overly concerned.

"I'll just have to be a little quicker, that's all. It's going to be hard moving up but that's the way it goes," he says.

A victory at a qualifying meet at Brantford in March has sent Maracle to the championships.

As the Ontario and Canadian blind wrestling champ at 114 pounds, Maracle has had the opportunity of doing some travelling.

He's been to Toronto, Montreal and even Little Rock, Arkansas but he admits flying overseas will be the ultimate.

Although he qualified for the World Special Olympics, Maracle still had to raise the

competition fee and spending money for his close to two-week stay in the Netherlands.

Raising the money didn't prove to be a problem.

Maracle raised the funds thanks to donations by Sam Dean Blue Jay Charters, Procter and Gamble, the Mohawk Recreation Committee, Bayview Variety, Shannonville Take-out plus friends and family.

Maracle, who goes to school in Brampton during the week, leaves for Holland July 14 but the competition doesn't begin until July 21.

He says blind wrestlers start each bout with their hands on the opponents arm. From there it's a matter of knowing the holds, strength and quickness. So far Kylee's skills have taken him to the World Special Olympics.

He says he's ready to meet the challenge.



SPORTS SPORTS SPORTS



NAPANEE LADIES SLOWPITCH STANDINGS (as of July 6, 1990)

A DIVISION

<u>Team</u>	<u>Wins</u>	<u>Losses</u>	<u>Ties</u>	<u>Points</u>
COMETTES	10	1	0	20
F.N.T.I.	9	1	1	19
VIDEO CORNER	9	0	1	19
GRANT'S INSURANCE	6	4	0	12
LENNOX LADIES	5	5	0	10
QUEEN'S	3	7	0	6
NAPANEE TROPHIES	2	6	0	4
EMERSON ELECTRIC	1	9	0	2

B DIVISION

ONE STOP PHOTO	7	2	0	14
STARR PROMOTIONS	6	4	0	12
GIANT TIGER	5	6	0	10
IGA	5	5	0	10
LOU'S CREW	4	5	0	8
R&R BUILDING	4	7	0	8
HOPE & ANCHOR	1	9	0	2
NAPANEE DRY CLEANERS	1	9	0	2

C DIVISION

T.C.C.	10	1	0	20
GIBBARDS	7	3	1	15
SCOTTY'S	6	4	0	12
HARVEST HILL	5	5	1	11
CHALK'S WELL DRILLING	5	5	1	11
CANADIAN TIRE	2	8	1	5
JORDAN'S AUTOMOTIVE	2	8	0	4



SPORTS SPORTS SPORTS



KENTE HORSESHOE LEAGUE STANDINGS

TEAM	POINTS
Lewis Bait & Tackle	71
Heads Home Interior	47
Tyendinaga Home Improvements	46
Shirley's Variety	44
Quinte Aluminum	42
Legion #1	35
Tri-Jay	35
Firemen	34
Legion #2	25
Legion #3	24
The Bitches	9
Skyway Lounge	8

LACROSSE

Hey Kids! Would you be interested in learning about the fastest game on two feet?

If you have the time and energy to burn be at the Lacrosse box located behind the Mohawk Community Centre on Friday afternoons at 1 pm.

For more information contact Jack Green at 967-0106.



SPORTS SPORTS SPORTS



Men's 3-Pitch Standings (as of July 3)

<u>TEAM</u>	<u>WINS</u>	<u>LOSSES</u>	<u>TIES</u>	<u>POINTS</u>
Pattys	13	0	0	26
Bayview	12	1	0	24
Bobs	9	4	0	18
Alberts	8	4	1	17
Greasers	7	5	1	15
Sams	7	6	0	14
Deseronto	7	6	0	14
Nasty Boys	4	9	0	8
Shannonville	3	10	0	6
Indians	3	10	0	6
Chiefs	3	10	0	6
Tricil	1	12	0	2

T-BALL and GRASSHOPPER

Thanks to all the kids who participated in the T-ball and Grasshopper leagues. We hope you had fun and look forward to seeing you out next year.

Thanks goes out to:

(T-BALL)

CHELSEY GREEN
AMY BRANT
KEVIN BRANT
DUSTIN BRANT
MARIO BAPTISTE
LINDSAY MARACLE
TYLER BRANT
MURNEY GREEN
BRANDY BRANT

BRITTANY GREEN
JEFFERY HILL
ALLAN HILL
MIRANDA MARACLE
LINDSAY BRANT
IAN MARACLE
TERRANCE LEWEEN
MALLORY MARACLE
LINDSAY GREEN

(GRASSHOPPER)

RYAN KAVANAUGH
LANCE BRANT
SHINE MARACLE
CRYSTAL BERNHARDT
JASON JOLLY
JUSTIN GREEN
MELISSA MARACLE
ANDREW MARACLE
KIMBERLY MARACLE
JESSE HILL

JESSICA BRANT
FEATHER BRANT
NICOLE LOFT
AMY GREEN
JEFFERY HILL
LACEY MARACLE
GORDON JOHNSON
TIMMY HILL
KEVIN BRANT

*A special thanks to Paul Green for devoting his time and effort
and thanks also to the parents who helped coach.*

Starch

Comstarch provides a cheap, non-aerosol alternative to spray starch.

15 mL comstarch
250 mL water
 Combine ingredients in a pump spray bottle and shake vigorously. You can adjust the proportions to get the degree of stiffness you prefer.

Toilet Bowl Cleaners

Liquid cleaners for toilet bowls often contain toxins such as quarternary ammonium compounds. The solid drop-in tablets and over-the-rim devices contain sodium bisulphide and disinfectant, as well as useless dyes in many cases. A safe all-purpose cleaner (see page 50) will keep the toilet clean if used regularly.

To remove stains, mix borax and lemon juice to a paste. Wet the sides of the toilet bowl, rub on the paste, and let it stand for about two hours before scrubbing off.

For regular cleaning, use:

3 mL household ammonia
250 mL hydrogen peroxide
2 L water
 Mix ingredients in a bucket and pour mixture into toilet. Let stand for 30 minutes, then scrub toilet bowl with long-handled brush and flush. The cleaner can be left in the bowl for several hours if needed to remove hard stains.

Tub & Tile Cleaners

Foams and liquids for bathroom cleaning can be replaced by an all-purpose cleaner (see page 50).

Baking soda and a damp cloth will clean a tub as efficiently as commercial scouring powders, which may contain bleach, phosphate builders, or corrosive ingredients. Use an old toothbrush to get at the grout. For a general-purpose scouring powder, try this recipe.

SCOURING POWDER

50 mL pure soap flakes or powder
10 mL borax
375 mL boiling water
50 mL whitening (a chalk powder)
 Dissolve the borax and soap in the boiling water. Cool to room temperature, add whitening, and pour into a sealed plastic or glass container. Shake well before using. If you want it to be more abrasive, add more whitening. 15 mL at a time until it's right for you.

Window & Glass Cleaners

Ammonia is the most common active ingredient in commercial brands. It's poisonous and suspected to be carcinogenic. Vinegar is one tried-and-true substitute; old newspapers are another.

For heavy-duty use - greasy kitchen windows, stove tops, and the like - here's an alternative.

WINDOW AND GLASS CLEANER

15 mL deodorized kerosene
1 L water
 Mix and use with care. Deodorized kerosene is both poisonous (if swallowed) and flammable.

MOST LIQUID CLEANING PRODUCTS

are 95% water - but they cost a lot more! Included in the 5% "active ingredients" are costly but useless substances such as perfumes and dyes.

SIMPLE THINGS YOU CAN DO TO SAVE THE EARTH

2. SNIP SIX PACK RINGS

BACKGROUND. The rings have become a hazard to birds and other marine life.

DID YOU KNOW. The rings are almost invisible underwater, so marine animals can't avoid them.

THE TORONTO STAR Thursday, June 21, 1990

CANADA



ALL FOWLED UP

A duck in Calgary is in danger of starving after getting a plastic six-pack ring entangled around its head and bill. Many Calgarians have been trying to catch the duck and free its bill, but so far no one has succeeded.

SIMPLE THINGS TO DO. Before you toss six pack holders into the garbage, snip each circle with a scissors.

When you're on the beach, pick up any six pack rings you find and take them with you. Snip them before you throw them away.

THANK YOU

NON-CAUSTIC DRAIN OPENERS

250 mL baking soda
250 mL salt
125 mL white vinegar
1 kettle boiling water

Pour baking soda, salt, and vinegar down drain and leave for 15 minutes. Pour on boiling water.

To keep your drains clear, pour about 50 mL salt down the drain, followed by a kettle of boiling water, once or twice a week.

Instead of the salt, you could use 50 mL washing soda, or 50 mL baking soda plus 50 mL vinegar.

Fabric Softeners

Adding 50 mL baking soda to the wash cycle, or 50 mL vinegar to the rinse cycle, will soften your laundry just as well as the costly commercial liquids.

As for fabric softener sheets, they are plastics - usually rayon - soaked with chemicals not identified on the label. You can eliminate static cling without them by tossing a small wet towel into the dryer a few minutes before the end of the cycle. Remove the garments and hang them up as soon as the dryer stops, and they'll be wrinkle-free, too.

Floor and Furniture Polishes

The hazards of these products lie in the naphtha and other chemicals you can inhale while using them. Pure beeswax is a suitable substitute when you want a glossy finish. Other polishes can be made easily.

Moth Repellents

Instead of smelly (and toxic) moth balls and flakes, sprinkle cedar chips or dried lavender in your closets.

FURNITURE POLISH

This is for furniture that's been varnished, lacquered, or shellacked.

25 mL olive oil
15 mL white vinegar
1 L warm water

Mix ingredients and put into a spray bottle. The polish works best when warm: heat by letting the bottle sit in a pan of hot water. After applying, rub dry with a soft cloth.

FURNITURE POLISH

Use this on furniture that doesn't have a protective hard coating.

15 mL lemon oil
1 L mineral oil

Put into a spray bottle. Spray on, rub in, then wipe clean.

HEAVY DUTY FURNITURE POLISH

15 mL carnauba wax
500 mL mineral oil

Heat in a double boiler, cool, then apply with a soft rag.

Carnauba wax can be bought at auto-supply stores or hobby shops.

WIPE IT CLEAN

Don't use paper towels: they're wasteful and often bleached, using processes that contribute to water pollution.


Better

reusable sheets such as J-Cloths.

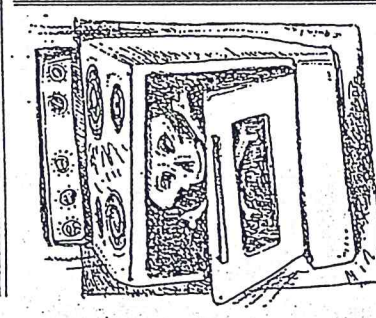
Best

real cloths that are even more reusable, such as dishcloths or rags from old clothing. Sponges are good, too.

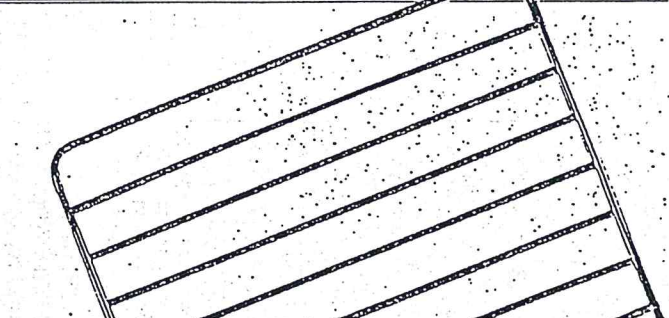
NEVER MIX CHLORINE BLEACH WITH AMMONIA



Deadly fumes will result. The same applies to any acid mixed with bleach, such as vinegar.



Oven cleaners are caustic to your skin, irritating to your lungs, and damaging to the environment.



Oven Cleaners

Oven cleaners are among the very worst of cleaning products, especially in aerosol containers: they're caustic to your skin, irritating to your lungs, and damaging to the environment.

After you've disposed safely of any commercial sprays you've accumulated (see Chapter 7), try this safer alternative.

OVEN CLEANER

250 mL ammonia
750 mL boiling water

Ammonia fumes are dangerous - although not as toxic as the gases given off by aerosol oven cleaners. The kitchen doors and windows should be open while you're using ammonia.

Warm the oven to 100° C. Place boiling water in the broiler pan on the bottom shelf. Put the ammonia in a small dish on the top shelf. Shut the oven door and leave overnight. Before you open the oven again, open all doors and windows, and leave the room while the vapours clear. Wash the oven with liquid detergent and water.

To clean the oven racks, put them in a large garbage bag with 250 to 500 mL of ammonia. Seal the bag with a twist tie and leave it outside for a couple of hours. Remove the racks and rinse them clean with a garden hose. In apartments with well-ventilated bathrooms, put the bag in the bathroom, then fill the tub with water when you untie the bag.

Rug Cleaners

Dozens of toxic ingredients, many of them suspected or proven carcinogens or mutagens, are found in these convenience products (upholstery cleaners and spot removers are similar in composition).

Greasy soil and odours can be removed from carpets by sprinkling them generously with a mixture of two parts commercial and one part borax. Leave for an hour, then vacuum thoroughly. For spills, sponge the rug promptly with a mixture of vinegar and water. Then sponge with clean water, and pat dry.

Silver Polish

A clean, low-cost alternative is to soak silver items in this solution until they are clean.

SILVER CLEANER

1 L warm water
5 mL baking soda
5 mL salt
small piece of aluminum foil

Put in a new piece of foil when-ever the old one turns black.

Spot Removers

These convenience products contain numerous toxins, carcinogens, and suspected carcinogens. It's wiser to get that shirt with the gravy stain into the wash as soon as possible. Here are just a few of the many home-style remedies.

For Grease

Rub the stain with a damp cloth dipped in borax. Or apply a paste of cornstarch and water; let it dry and brush it off.

For Ink

For an ink stain on white fabric, wet the fabric with cold water and apply a paste of lemon juice and cream of tartar. Let it sit for an hour, then wash as usual.

For Red Wine

Clean immediately with club soda.

DETERGENTS

In the 1960s and 1970s, countless television documentaries alerted consumers and governments to the dangers of phosphates in laundry, dish, and automatic dishwasher detergents. Phosphates are not harmful in themselves; they are basic fertilizing agents that generally benefit plant life. But the amounts of phosphates we have been adding to the ecosystem are too much of a good thing.

Phosphate-based detergents pass through our sewer systems mostly without breaking down, and then create billowing tides of foam in our rivers and lakes. This excess of nutrients causes "algae bloom" in our waterways. As the algae grow and spread, they use up oxygen in the water, and the marine life dies.

Once the public outcry reached the manufacturers' ears, many of us assumed that phosphates would be removed from commercial detergents. In fact, only a few restrictions were imposed, and most detergents continue to pose a threat to the environment. Phosphates, in any case, are only part of the problem. Unless the package says otherwise, your commercial detergent probably contains a variety of other chemical agents that may improve the brightness of your laundry but will contribute to the pollution of your water. NTA (nitrilo-triacetic acid) and EDTA (ethylene diamine-tetra-acetic), for instance, join with heavy metals in the water to form compounds that do not biodegrade well and are difficult for purification systems to remove.

Laundry Detergents

In Canada, laundry detergents have been restricted to no more than 5% phosphate content since 1972. Pure phosphate-free, *Leary Snow* is also enzyme-free.

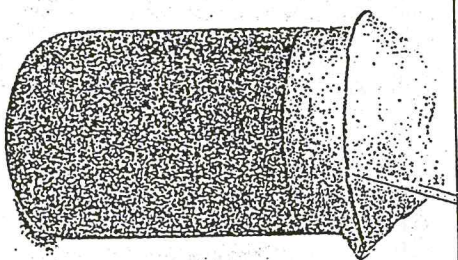
Some well-known brands are phosphate-free in the United States but not in Canada: stock up on *All-Temperature Clean*, *Tide Liquid*, *Wash*, and *All* if you have access to American goods. *Tide Powder* with the code "O" on the label has less than 0.5% phosphates; the formulations with codes "L" and "P", however, have higher phosphate levels than the Canadian *Tide Powder*.)

Loblaw's and *Martins* Foodmart both carry 100% phosphate-free detergents under their house labels. *Armway's Kool Wash* is a biodegradable, no-phosphate detergent for fine fabrics. The standard *Armway* laundry detergent has 1.8% phosphates. See also page 56.

To switch from commercial detergents to a more responsible solution, you will first have to get rid of the detergent residues now in your clothes. Use hot water and 50 mL washing soda for each load; do this once for all your laundry, then switch to:

250 mL pure soap flakes or powder.
25 to 50 mL washing soda.

If you have really hard water in your area, increase the amount of washing soda—it's a very efficient water softener.



Phosphate-based detergents pass through our sewer systems mostly without breaking down, and then create billowing tides of foam in our rivers and lakes.

Almost all household cleaning products—pure soap is the exception—are poisonous to some degree.

Many are labeled, and very few have child-resistant or child-proof packaging. What's worse, studies have shown that most cleaning products have inadequate or even incorrect information on their labels about first aid and antidotes to counter their effects. So if you have even the slightest suspicion that your child has swallowed or inhaled a cleaning product, or gotten some on his or her skin, don't rely on the label; call for medical help immediately. Take the product package or container with you to the phone and to the hospital.

Take a few minutes today, before the need arises, to find the phone number of the poison control centre in your community. If it's not in the phone book, your family doctor or the nearest hospital will be able to help you find it. Keep the number next to everyone's phone, and make sure everyone in your family knows what to do in a poison emergency.

3. CLEANERS

Enzymes

Enzymes are natural substances that can break down some of the most stubborn stains in your home. They are found in all living organisms, and are especially active in the digestive systems of animals. Enzymes are also found in plants, and are used by farmers to improve soil fertility. In the home, enzymes are used in a variety of cleaning products, including laundry detergents, dishwashing liquids, and floor cleaners. They work by breaking down the chemical bonds of stains, making them easier to remove. Enzymes are generally safe and effective, but they can be sensitive to heat and alkalinity. Always follow the instructions on the product label.

The Canadian government has placed no restrictions on phosphate content in dish detergents.

Dish Detergents

The Canadian government has placed no restrictions on phosphate content in dish detergents, nor does it require the phosphate content to be shown on labels. American brands are labelled, and most have much lower levels of phosphate than the same brands in their Canadian formulations. At least one brand, the *Palmolive Liquid* sold in the U.S., has no phosphates and is biodegradable. Many of the companies listed on page 56 produce safe dish detergents; *Armway's Dishdregs*, for instance, is biodegradable and contains no phosphates or solvents. You can also make your own easily.

DISHWASHERS

500 mL grated hard bar soap or soap flakes
4 L water
Rub salad oil on the grater before grating bar soap; it will be easier to clean.
Place soap in a pot add water and stir. Heat over medium heat until the mixture boils, stirring occasionally until the soap dissolves. Lower heat and simmer 10 minutes, stirring occasionally.
Remove from heat and let cool. Store in a tightly covered container. (Not for use in automatic dishwashers.)

Automatic Dishwasher Detergents

Like dish liquids, automatic dishwasher detergents are not restricted as to phosphate content, nor is labelling required.

The consumer magazine *Prüfer* recently studied some Canadian powder brands in 1985, with these results:

Brand	Phosphate Content
Electrol	High
Calgonite	High
Steinberg	High
Provigo	High
Cascade	High
Metro	High
Pharmaprix	High
All	High
Sunlight	High

Even the best of these products rains many times the phosphate permitted in laundry detergent brands have lower phosphate content in their American formulations, the levels are still well above 5% *Dish-a-matic*, from The Soap Factory, has no phosphates or enzymes. *President's Choice Green Action Dishwashing Detergent* is phosphate-free, from Prime Pacific of Vancouver, is phosphate-free, chlorine-free, and biodegradable. Check 56 for other suppliers of environmentally friendly detergents.

A homemade substitute can be used: equal parts borax and white soda; increase the amount of soda your water is very hard.

Drain Opener

Powders and liquids for cleaning plugged drains usually contain strong sodium hydroxide. Along with oven cleaners, they are the most dangerous products in your cleaning cupboard—dangerous to both you and environment.

Try using a plunger first. If that doesn't suffice, this safe substitute should.

CLASSIFIEDS

BIRTH ANNOUNCEMENTS

It's a boy!
Daniel Wade Bernhardt
and Frances Yvonne are
the proud parents of an
8 lbs. 8 oz. baby boy
born Thursday July 5,
1990 at Belleville
General Hospital. His
given names are Daniel
Marve.

It's a girl!
Bruce and Dawn
Maracle are the proud
parents of Stacy Ann.
Stacy weighed 7 lbs. 2
oz. and was born
Saturday July 7, 1990 at
Napanee Lennox &
Addington Hospital.

THANK YOU

I would like to thank
and congratulate all the
4-H members who
completed 'Let's Go
Wildlife'.

It's been a pleasure
working with you all.
Have a good summer!

Pat Brant
Club Leader

WANTED

One medium-sized dog
house. If you have one

please contact
Administration Office at
396-3424 and ask for
Vel.

FOR SALE

1986 Oldsmobile, fully
loaded, i.e) air
conditioning, power
windows, etc.
Delta 88, Royal
Brougham - 4 door,
good condition, phone
anytime: Bruce Loft
962-7420.

Texas Ranch Style
Home - 9 years old.
(2100 square feet)
- 4 bedrooms,
3 washrooms; family
room, dining and
sitting room, laundry
room, full basement
and rec room,
broadloom and oak
flooring, situated on
one acre lot, major
appliances included, 2-
year-old 18 H.P. Sears
riding lawn mower,
two car garage, paved
driveway, electric
baseboard heat &
"Grandpa Bear"
woodstove in rec room.
\$150,000
- for more information
contact Jackie Maracle
at 968-8397.

CONGRATULATIONS

Congratulations to Jeff
and Cindy Maracle who
shared their hands in
marriage Saturday July
7, 1990.

A special thanks to all
friends and family that
attended.

COMMUNITY EVENTS

The Pounds Away Club
(formerly TOPS) will be
meeting in the
basement of the Parish
Centre on Thursdays at
6:45 pm. Come and join
us!

If there are any baseball
fans out there, there are
games Sunday and
Tuesday evenings both
in Deseronto and at the
Mohawk Airport.
Come out and support
your favorite team.

"HARD LUCK DANCE"
The Environmental
Group is holding a
benefit dance. Proceeds
will be used to
purchase awareness
videos, literature,
composting units etc.
Sat. July 14, 8pm-1am
at the Council House.