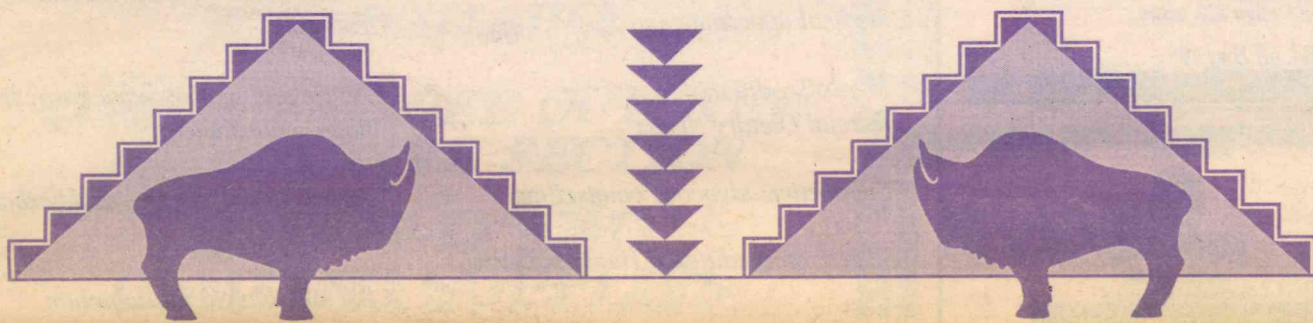


TYENDINAGA NEWSLETTER



ISSUE 6 /97

Solidarity Day Saturday, June 21/97



The Administration Office
will be **CLOSED** on Friday, June 20
for Solidarity Day.

IMPORTANT NOTICE
from the **ENVIRONMENT DEPT.**

**Tree
Seedlings
Available**

**Friday, JUNE 6/97
9:30 A.M. TO 4:00 P.M.
HIDES BUILDING
396-5802**

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& News Releases - front & 3

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Newsletter Deadline

June 24 /97

12:00 noon

396-3424



EUCHRE NIGHT!

Do you have the time and like to play
Euchre and have fun?
Euchres Every 2nd Tuesday Evening at 7:30!
We have business meetings once a month!
If you are interested please call
396-6522 OR 967-4708
For more information

NEWS RELEASES

Saturday, June 21, 1997



CANADA'S
WONDERLAND

NATIONAL ABORIGINAL DAY

Presented by: Indian Art-I-Crafts in cooperation
with the Association of Indigenous Radio.

FEATURING: A Search for Talent - Young, Up and coming First Nations performers representing First Nations organizations and A.I.R. radio stations will be presented on the Kingswood Theatre Stage from 12 noon to 5:30 p.m.

**ALL THIS FUN
FREE
WITH YOUR PASSPORT!**

- *Over 50 thrilling rides
- *Fantastic live shows!
- *Castle Playland
- *Star Trek® Aliens!
- *Water Park

☆☆☆☆
An evening of top First Nations talent in a special
Variety Show will be presented at 7:00 p.m. to 9:00 p.m.

☆☆☆☆
SPECIAL PRICE OF ONLY \$24.00
Over 40% off the regular admission of \$39.00

Price includes
a T-Shirt with advance Adult Ticket purchase only.
Aboriginal Design \$20. value.

Located in TORONTO! Exit at Rutherford Rd. off Hwy 400

Amazing Savings!

Special Admission Price of \$24.00 per adult, \$17.00 per child (3yrs. to 6yrs.)

Tickets must be ordered in advance. Mail or fax in this order form and enclose a certified cheque or money order for the required number of tickets at the rate of \$24.00 per adult and \$17.00 per child. No personal cheques accepted. Make payable to:
Indian Art-I-Crafts, 10 Woodway Trail, Brantford, Ont, N3R 5Z6
Tel: (519) 751-0040 Fax: (519) 751-2790

I would like.....tickets at \$24.00
I would like.....tickets at \$17.00 Money order amount is for \$.....
Charge it to my () Visa or () Mastercard
Name of cardholder _____
_____, Exp. Date _____

Name _____

Address _____

* Special t-shirt coupon will be attached to ticket. T-shirt will be distributed at
Paramount Canada's Wonderland on June 21st.



Valid June 21st, 1997 only
Regular Admission \$39.00



PRESS RELEASE

CANADIAN ABORIGINAL FESTIVAL
(TORONTO INTERNATIONAL POW WOW)

The Canadian Aboriginal Festival, featuring the Toronto International Pow Wow, at the Skydome in Toronto, will be held this year November 29th and 30th.

The change to the fall date was made for a number of reasons. The Skydome, our venue of choice, was not available on dates in the spring which we felt would be best for all concerned. It was decided November would be much better than late spring or early summer.

By staging our event in November, our numerous vendors will be able to take advantage of the Christmas shopping season, it is a better use of the indoor venue, and to our knowledge we would not be competing with other large First Nations events.

The change of name was decided to better describe the event. This year our event will feature, the Pow Wow, theatre, literary readings, film/video, contemporary music, teaching circle, tourism destinations, etc..

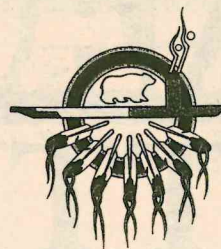
For more information please call Indian Art-I-Crafts of Ontario at 1-519-751-0040 or fax us at 1-519-751-2790.

Paramount Canada's Wonderland will be the site of a celebration of this year's Aboriginal Day, June 21st.

Wonderland will again become "Indian Territory" and in addition to the many rides and activities of the park we will feature two stage performances featuring First Nations talent.

Organizations across Canada have been requested to send representatives from each of their areas to compete in a national Showcase of Young, Up and Coming performing artists. The young performers will perform on the International Showplace Stage (seating 6,000) with top name First Nations talent featured in an evening concert in the Kingswood Theatre (seating 16,000).

For more information please call Indian Art-I-Crafts of Ontario at 1-519-751-0040 or fax us at 519-751-2790.



Anishnawbe Health Toronto

EXCITING NEWS!

OPENING JUNE 1997

"WAASAGAMIK - HOUSE THAT REFLECTS LIGHT"

A culture based guest home for all Aboriginal people travelling to
Toronto for medical services.

Centrally located in downtown Toronto for accessibility to all main hospitals.

Waasagamik's services will include;

- * Transportation to and from arrival/ departure points within Metropolitan Toronto
- * Language Translation (Cree, Ojji-Cree, Inuit, Iroquois, and others)
- * Transportation to and from all medical appointments
- * Accomodation for Singles/Families/ Escorts
- * Meals/Traditional foods/ Special Dietary Needs
- * A safe and secure, home away from home environment
- * Supportive/advocacy counselling
- * Access to prescriptive and herbal medicines
- * Access to Traditional Healers/Elders
- * Social/Cultural participation

Brochure will be forthcoming.

For further information, Please call Waasagamik's Manager - Shirley Kendall

1-800-531-0066



MAY 28 1997

PRESS RELEASE

For Immediate Release
April 28, 1997

Over 120 Ontario Home-Based Gift Producers will be Selected to Exhibit

'A Unique Invitation to
Artisans; Crafters; Gift and Specialty Food Producers
to Participate in a Unique Event'

TORONTO, Ontario — will be host to the 'Fifth Uniquely Ontario Creative Arts Show', September 14 - 17, 1997. This event will be held at the National Trade Center as the Showcase for the Toronto Fall Gift Show.

Home-based producers are offered a 'Unique' opportunity to market their products to over 7000 retail buyers! To qualify, products must be received by the Event Co-ordinator no later than June 28, 1997. Products will go before a jury of distinguished merchandise specialists who will determine eligibility based upon a combination of Design, Workmanship and Saleability elements, including pricing, labelling, packaging and overall presentation. As well, products will be photographed and put into a Buyer's Showguide and distributed to 7000 retail buyers across the country.

Interested Home-based producers are asked to submit a \$35 non-refundable jury fee with their selected samples. Producers will receive written feedback on how they can improve their product(s), based on the merchandise specialists review. An additional \$150 - \$200 will be required by successful applicants to secure trade show space that normally costs \$770.00, which covers space, carpet, electrical, signage, and display design assistance.

The shows' sponsors which include Bank of Montreal's Independent Business & Agriculture in conjunction with mbanx; IBM; Coopers & Lybrand; Centennial College's Centre for Entrepreneurship; Toronto Business Development Centre; and Southex Exhibitions are offering this opportunity as part of their continued support of Home Business Initiatives.

Interested applicants or for further information please contact:

Impact Communications Ltd.
Toll Free: 1-800-672-0103
Fax: (604) 854-3087



NEWS RELEASES

News Release
Communiqué

Ministry of Citizenship,
Culture and Recreation
77 Bloor Street West
Toronto ON M7A 2R9

Ministère des Affaires civiques,
de la Culture et des Loisirs
77 rue Bloor ouest
Toronto ON M7A 2R9



Ontario

FOR IMMEDIATE RELEASE

(Version française disponible)

MUSHINSKI INTRODUCES NEW INITIATIVES
TO STRENGTHEN VOLUNTARY SECTOR

TORONTO (April 16, 1997) -- The Ontario Government is initiating a five-year program to strengthen the province's voluntary sector, promote voluntarism among Ontarians and increase recognition of outstanding volunteers, Minister of Citizenship, Culture and Recreation Marilyn Mushinski announced today.

"Volunteers make a vital contribution to the social and economic health of Ontario communities, and have always been a foundation of civil society," said Mushinski, who was recently designated the minister responsible for voluntary action in Ontario. "This new Volunteer Linkages program, developed after consultation with the voluntary sector, will lend support to volunteers in Ontario and ensure that the spirit of voluntarism thrives for generations to come."

The Minister marked National Volunteer Week by introducing three Volunteer Linkages initiatives at a presentation to the Volunteer Centre of Metropolitan Toronto:

- A public awareness program to strengthen support for voluntary action;
- A partnership of government, business and voluntary sectors to use technology to meet the needs of volunteer organizations; and
- Expansion of the Ministry of Citizenship, Culture and Recreation's existing volunteer service and outstanding achievement awards to include other service sectors, and the establishment of a new volunteering award program for young people.

Volunteer Linkages will fulfil a commitment made by the government in its last budget, and is consistent with recommendations of the Advisory Board on the Voluntary Sector. This is an ongoing initiative and other components will be developed in consultation with the volunteer community.

- 30 -

Media Contacts: Tim Abray
Minister's Office
(416) 325-6205

Susanne Gregor
Communications Branch
(416) 314-7239

Program Inquiries on Volunteer Linkages: (416) 314-7541

VOLUNTEER
Linkages

Profile on Voluntarism

Volunteers are individuals who choose to freely give of their time to help an individual, cause or an organization.

Volunteers are involved in a wide variety of activities, from providing support and companionship to the sick and the elderly to organizing an annual street fair to raise money for the local playground; from leading youth groups and sports teams to membership in service clubs. Volunteering may involve regular, on-going service or occasional help.

The main reasons Canadians say they volunteer are: they want to help others, they want to help a cause they believe in, and they want to accomplish something worthwhile.

Volunteers in Canada give more than one billion hours of their time each year.

In Ontario, nearly two million volunteers contribute about 350-million hours annually — or about 180 hours a year for each volunteer.

In terms of millions of hours donated by volunteers, the top five types of organizations are: religious organizations (202), sport/recreation (174), youth education and development (131), social services (95) and health (86).

More than 1.8 million Canadians serve as voluntary board members.

There are 72,000 charities in Canada and another 70,000 non-profit organizations.

Women are more likely than men to become volunteers, but, on average, men donate more hours of work than women.

By far, the most common way for people to become volunteers is that they are asked by someone already in the organization.

Note: Statistical data from StatsCanada report (1987)



Ontario

News Release
Communiqué

Ministry of the
Attorney
General

Ministère
du Procureur
général

May 9, 1997

MOTHER'S DAY COMMITMENT
ONTARIO GETTING TOUGH ON MONEY OWED TO WOMEN AND CHILDREN

TORONTO -- In time for Mother's Day, Attorney General Charles Harnick announced that the Ontario government is taking the next step forward in its commitment to toughen enforcement of support orders by proclaiming the first phase of *Bill 82: the Family Responsibility and Support Arrears Enforcement Act, 1996*.

"Our priority is getting support money to women and children," said the Attorney General. In Tuesday's budget the government announced that it will spend an additional \$5 million on tougher enforcement and leading-edge technology to improve customer service. These funds will greatly increase our ability to aggressively use our new enforcement measures. We will have more people, using more tools to ensure that women and children are getting the money they deserve."

"It has been far too easy for parents to avoid their financial responsibilities towards their children. Today, we take a step forward in actively pursuing those who don't pay their support," Mr. Harnick.

"We're pleased that the government has maintained its resolve and is moving forward with tough, new enforcement measures that should significantly increase the flow of funds to children," said Regina May, of Mothers Against Fathers in Arrears, (MAFIA). "I applaud this government for having the courage to take these dramatic steps."

Features of today's announcement:

Defaulting parents will be reported to credit bureaux;

*Defaulting support payors will now be treated the same way as people who don't pay their bills. This will make it more difficult for them to obtain loans or other credit while they owe money to their family.

Expansion of collectable funds;

*Income received through lump sum payments, i.e., cash advances and pay based on commission, will now be subject to collection through automatic wage deduction.

Parents who agree will be able to voluntarily opt-out of the support program;

*Consenting parents will be able to opt out of the program. This will allow the government to concentrate resources on enforcement for those clients who are truly in need of assistance.

Drivers' Licence Suspension;

*The government will begin testing the suspension of defaulters' drivers' licences, for full implementation in phase two of Bill 82. This phase will be proclaimed by September 1997. Drivers' licence suspension has proved to be an effective deterrent to defaulters in other provinces.

Bill 82 provides the provincial government with new measures to ensure individuals honor their family support payments. Currently, more than 75 per cent of the cases registered with Family Support Plan (FSP) are not in full compliance because people choose not to make their support payments. Over the last ten years, the amount of money owed by defaulting parents to their children has risen to more than \$1 billion.

Today's announcement builds upon changes to the Family Support Plan begun six months ago. "The program is evolving from an office that merely processed cheques on behalf of responsible parents to an aggressive, pro-active enforcement agency that will pursue those who refuse to pay their family support," said Harnick.

"We've come a long way in our goal to improve FSP, but much more needs to be done. We have virtually eliminated cheque processing problems but we still have to improve the number of phone calls we answer. But, while we continue to improve service, we can now begin to focus on what has never been done before - aggressively using tough enforcement measures to make people pay their child support."

- 30 -

Contact:

Merike Por
Communications Branch
(416) 326-2215

David Moran
Minister's Office
(416) 326-4423

EDITOR'S NOTE: FACT SHEETS ON IMPROVEMENTS TO DATE AVAILABLE UPON REQUEST

FIRST NATIONS POLICE

SET FINES UNDER
THE HIGHWAY TRAFFIC
ACT THAT APPLY TO CYCLISTS



WORDING	SECTION	SET FINE
- Improper brakes on bicycle	64(3)	\$90.00
- No horn - bicycle	75(5)	\$90.00
- Defective horn - bicycle	75(5)	\$90.00
- Fail to wear proper helmet on bicycle	104(2.1)	\$65.00
- Permit person under 16 not wearing proper helmet on bicycle	104(2.2)	\$65.00
- Cyclist - ride in crossover	140(6)	\$90.00
- Cyclist - ride in or along crosswalk	144(29)	\$90.00
- Bicycle - fail to turn out to right when overtaken	148(6)	\$90.00
- Ride 2 on a bicycle	178(2)	\$90.00
- Cyclist - fail to stop	218(2)	\$90.00
- Cyclist - fail to identify self	218(2)	\$90.00

FOR FURTHER INFORMATION CONTACT
TYENDINAGA POLICE. WORKING TOGETHER TO
HAVE A SAFE AND HAPPY SUMMER.

NOTICE

WHY DO O.P.P. ANSWER TYENDINAGA POLICE PHONES?

The Ontario Provincial Police are responsible for the policing of Ontario, therefore they are the administrators of the First Nations Policing program. As a result of the responsibility Tyendinaga Police Service are issued with all O.P.P. equipment, including Communications or Dispatch.

Please be advised that when there is nobody in the Tyendinaga Police Office the line goes directly to the O.P.P. Communications center or dispatch.

Please advise the person you are speaking with of your proper name, proper address including lot and concession, and what your reason for calling is. The more information you pass on to dispatch the more they can pass on to the Tyendinaga Police.

Tyendinaga Police are available 24 hours a day 7 days a week

SPECIAL OLYMPICS FUND RAISER "A SUCCESS"

On Saturday May 24, 1997 the Tyendinaga Police Service, in conjunction with the Mohawk Fire Department held a fund raising event to raise money for Special Olympics. The events consisted of a car wash, barbecue and a dunk tank.

There were a number of people and businesses that made contributions and donated their time to make this event an overwhelming success. We would like to take this opportunity to thank the following businesses for their donations:

Foodland	F.N.T.I.	Chief's Inn	Mrs. Herb's
Build-All	K.C. Builders	Bill's Towing	Village Variety
Bayview Variety	Freeflow Gas Bar	Tyendinaga Computers	
T.M.T. Sports	Dew-Mar	McMurter's/Turtle Island Crafts	
Dick Brant	Ward's Gas Bar	Pat's Variety	B.J. Pole Line
Aboriginal Expressions		Aboriginal Fiberglass	
Native Renaissance	Shirley's Variety	Toyman	United Publications
Mohawk Auto Body	Milltown Meats	B & M Variety	York Road Restaurant
Sam Dean Meats	Phoenix Fish Farm	Beaver Lumber - Napanee	
Sucker Creek Development		Four Sport	Bayshore Flowers
Kelly's Auto	Golden Pools	M & M Meats	

We would also like to thank other groups and individuals such as the Mohawk Firefighters Auxiliary and the Community Policing Advisory Committee who took part in the fundraising, as well as everyone who supported us. We also have to thank the "Cops" from the R.C.M.P., the Ontario Provincial Police and our own Police Service who were brave enough to sit on the seat of the dunk tank.

We would like to extend a special thank you to the Fire Chief Chip Brant, and all members of the Mohawk Fire Department for their time, dedication and assistance provided to the Tyendinaga Police Service, not only in this event but with past projects as well. It seems that the Fire Department is always there to help whenever assistance is required whether it's on short notice or not. This is just another example of people and departments working together for a common goal. Without this working relationship it wouldn't be possible to get so much done, in so little time, with such success.

Again we would like to thank everyone who participated and helped make this day such a success, we beat last years fund raising amount by three hundred dollars.

It is times like this when everyone comes together to help each other and show we "do" care.

Members & Staff
Tyendinaga Police Service

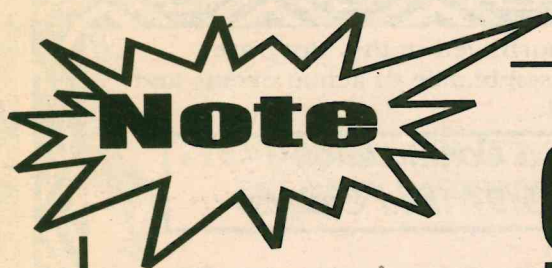
TYENDINAGA FIRST NATION POLICE

Month End Stats

APRIL 1997

	ACTUAL NUMBER
PROVINCIAL OFFENCES	
Highway Traffic Act	2
Liquor Licence Act	0
Compulsory Automobile Insurance Act	0
CRIMINAL OFFENCES	
Assault	1
Sexual Assault	0
Break and Enter	5
Thefts	3
Possession of Stolen Property	0
Impaired & Over 80	0
Weapons Offences	0
Fraud	0
Mischief/Vandalism	0
Narcotics	0
Other Criminal Code	1
GENERAL INCIDENTS	
Motor Vehicle Accidents	2
90 Day Suspension	0
Other Provincial Stats	3
Other Federal Stats	0
TOTAL NUMBER OF OCCURRENCES	61

POLICE & ENVIRONMENT & EMPLOYMENT



9-1-1

9-1-1 is for Emergency calls Only!
If you need to contact the Emergency Services
for non emergency matters please call:

Police: 613-967-3880
Fire: 613-968-7985
Ambulance: 613-542-0221



LANDFILL HOURS

Monday - CLOSED
Tuesday - 1:00 P.M. - 5:00 P.M.
Wednesday - CLOSED
Thursday - 1:00 P.M. - 5:00 P.M.
Friday - CLOSED
Saturday - 8:30 A.M. - 5:00 P.M.
Sunday - 9:00 A.M. - 4:00 P.M.

EMPLOYMENT DEPT.

The Employment Department in the Administration Office would like to let you know that a computer is available if at any time you need or want to do such things as write your own resume, practice your keyboarding skills, or write a cover letter, etc. Feel free to drop by.

EMPLOYMENT OPPORTUNITIES

~ SUMMER STUDENTS ~

First Nations Technical Institute invites applications for 2 summer employment positions in the Community Programs Computer Day Camp.

Applicants must be at least 16 years of age
and returning to school in the Fall of '97.

Duration: June 23 - August 15, 1997.

- PREVIOUS EXPERIENCE SUPERVISING CHILDREN IS NECESSARY
- SOME COMPUTER KNOWLEDGE IS AN ASSET
- REFERENCES REQUIRED

Applications may be picked up at the reception desk
at FNTI and returned to the attention of:



Diane Maracle, Personnel Manager
First Nations Technical Institute
R.R.#1
Tyendinaga Mohawk Territory, Ontario
K0K 1X0

Closing Date: Friday June 13, 1997, 4:00 p.m.



First Nations Technical Institute would like to thank all applicants for their interest.
However, only those selected for an interview will be contacted.



The Recycler for the Month of APRIL is
ELLA & KEN CLAUS

Mohawks Of the Bay of Quinte Hides Depot



For Sale

DEER & MOOSE
Deer-Colours
Gold, Cream, Cork, Pearl, White
Black, Burgundy, Mohawk Green

All Sales Cash Only!
Call for Prices
(613) 396-5802

FAMILY SERVICES & RED CEDARS SHELTER

Wife Assault

Definition:

Wife assault or battering is defined in many ways. It is when a woman is repeatedly subjected to ANY type of intimidation by a husband, boyfriend or ex-lover. This takes on many forms, such as threats or physical force. The purpose is to control her behaviour by putting her in a state of fear.

Forms of Wife Assault

Physical Abuse:

This is the easiest to identify. This form of assault includes pushing, shoving, choking, slapping, throwing objects and the use of weapons. Assault is committed when the abuser attempts or threatens to apply force.

Sexual Assault:

This starts with belittling women through jokes, name calling and unwanted touches. Also includes ANY forced sexual contact and is often accompanied by threats of violence or actual violence.

Psychological or Emotional Abuse:

This form of abuse induces the greatest state of FEAR. The reason for this is that physical abuse has been committed making the threat of violence a FACT not a myth. Types of abuse include threats to oneself, threats against pets, family, friends, and the children, terrorizing the abused by playing with a knife or gun in front of her, isolating her from her family or friends. This form of abuse is designed to wear the victim down and successfully keep her in a state of fear.

The Characters and events portrayed in this story are completely fictional. Any resemblance to actual events and people is purely coincidental.

This Story is a Continuation from Newsletter 5/97 (Red Cedars)

As she turned startled, she couldn't believe what she was seeing. It was Rick, his face was red and hard, like he was clenching his teeth. It made Sally very uncomfortable. "Rick, what's wrong" Sally said, trembling. Rick bent over and started to catch his breath, as he stood up he shouted, "did you not hear me calling you? Or are you deaf?" Sally, very surprised by the tone of Rick's voice. "No, Rick I'm sorry I didn't, I guess I was too interested in what Joshua was talking about, and with all the noise of the fair. I'm sorry Rick, was there something wrong?" "No nothing is wrong, I just wanted to see if you're free tomorrow night for dinner." "I'm sorry Rick, but I've made plans with Auntie Ruth." Rick looked annoyed, "you mean you made me chase after you to hear that you can't go out." "I'm sorry Rick, I didn't know you were going to want to go out so soon, I thought you were talking more like next week." Rick started to look more calm. "I'm sorry Sally I didn't mean to shout at you, I just want to spend time with you, I really like you, and Joshua." Sally smiled, "I like you too Rick, but I don't want to rush into this relationship, I've done that before and it's been a mistake. I don't want to make the same mistake with you. Can you understand that?" As Sally watched Rick's face waiting for a reply, she was stunned when he.....

Although this story is fictitious, if you or someone you know is experiencing abuse **PLEASE CALL** our Counsellors at Red Cedars at 1-800-672-9515 or locally 967-8212



FOSTERING / ADOPTION

Fostering is not a lifetime commitment to a child but rather a commitment that will positively impact a child's lifetime. It is families helping families.

Sometimes natural parents run into difficulties that do not allow them to ensure safe care of their own children. During these times it may be necessary for the children to be taken care of by someone else. Often aunts, uncles, or grandparents can take on this responsibility, but sometimes this is not possible and we must look to community members to assist this family.

TOGETHER we can make this happen! Urgently needed are homes for children of all ages.

Mohawk Family Services needs you to help care for these children.

Monetary compensation is available, as well as training to assist the caregivers.

Please contact Mohawk Family Services, 967-0122, for further information.

NOTICE TO THE COMMUNITY

Are you concerned about a friend's, relative's, spouse's or even your own alcohol or drug use? Do you feel angry, confused and unsure of where to turn? The Tyendinaga Mohawk Substance Abuse program can help. We offer addictions counselling, referrals and educational materials. We are located at the Mohawk Family Services building in Shannonville. Please contact Blaine Loft at 967-0122. All contacts are held in strict confidence.

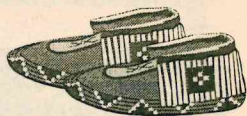
The Tyendinaga Mohawk Substance Abuse Program is also known as the National Native Alcohol and Drug Abuse Program -NNADAP

Submitted by Blaine Loft

HEALTH CENTRE



MOCCASIN TRAIL NEWS



Get Fit Gardening & Something New!

June 1997

The arrival of spring marks the revitalization of all things natural - including people. It provides the perfect climate for us to regain the strength and flexibility we lost during the long, cold winter months. What's more, springtime activities are the perfect vehicles to help us achieve these goals and get us in great shape for summer. "Gardening, in particular, is a great activity because it uses all the major muscle groups," says Nancy O'Hare, Sc.D., a clinical physiologist at Beth Israel Deaconess Medical Center in Boston. "It also provides for cross-training and different levels of energy expenditure within itself." Like all seasonal activities, though, gardening requires restraint: Start out slowly, and if you feel stiff or sore during a task, stand up, move around, stretch it out, or call it a day. Below are fitness profiles of a few garden-variety activities you may already be enjoying.

Activity

Muscles Stretched and Strengthened

Calories Burned*

Other Benefits

Digging	Arms, forearms, shoulders, back chest	444 per hour	Toning
Hedging	Arms forearms, shoulders, back, chest	265 per hour	Balance
Hand Mowing	Thigh, calves, torso, upper body	390 per hour	Aerobic (walk)
Raking	Arms, forearms, shoulders, back, chest	187 per hour	Coordination

*Caloric expenditure based on a 130 pound person

Something new is happening with the Moccasin Trail Walking Club in July!

The Moccasin Trail Walking Club is having a Summer Activities program for the coming warmer weather. We are challenging the community of Tyendinaga to try meeting some new goals for the summer. Here they are:

Walking (150kms)	Biking (300kms)
Running (100kms)	Rollerblading (250kms)

The time frame is: July 3, 1997 - September 2, 1997

This challenge is to all age groups so this can be a family activity.

Are you ready for the challenge?

Talk to your family! Talk to your friends!

Then come to the Health Centre on Tuesday July 1st between 8:30 and 6 p.m. and sign up.

Incentive prizes will be awarded to all who reach the goals.

Deadline date
for
Newsletter
June 24/97
at noon

How Sun Sensitive Are You?

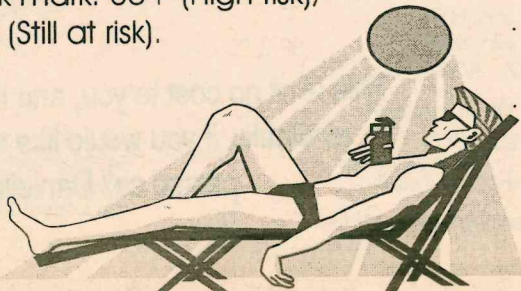
This summer, the ozone layer above Canada is predicted to be even thinner than usual. This means more ultraviolet radiation will reach the earth's surface. So being careful when outdoors is going to be even more important. The sun causes skin cancer and premature aging of the skin. Skin cancer is the most common type of cancer. Spending time outdoors puts us all at risk, but some of us may have an even higher risk.

Here's a quiz to score your risk of getting burned.
Check each statement that applies to you.

- I have red or blond hair.
- I have light-coloured eyes (blue, green or gray).
- I usually burn before I tan.
- I freckle easily.
- I have many moles.
- I had two or more blistering sunburns before I turned 18.
- I lived or had long vacations in a tropical climate as a child.
- There is a family history of skin cancer.
- I work outdoors.
- I spend a lot time in outdoor activities.
- I work outdoors but am in the sun as much as possible.
- I use tanning booths, devices or sunlamps.

Score 10 points for each check mark: 80+ (High-risk);
40 - 70 (Increased risk); 10 - 30 (Still at risk).

How did you do ?



Here are some tips to protect yourself and family this summer:

- Limit time outdoors between 10 a.m. and 3 p.m. when the sun's rays are most intense.
- Wear a hat, long sleeves and long pants when possible.
- Apply sunscreen with at least SPF 15, 30 minutes before going outdoors.
- Use a waterproof variety if swimming.
- Reapply sunscreen frequently and generously. Watch for sales and buy it in large quantities so you have some on hand. Put a bottle in several places in you house, in your car and at the cottage or by the pool so they are always available.
- Put sunscreen on your children before they go off to school or any other event and send a bottle with them.
- Protect you lips with zinc oxide or a special lip sunscreen.
- Protect your eyes with sunglasses that have lenses that provide UV protection.
- Be sure you and your children always have a hat, sunscreen and sunglasses with you.



For more information, call the Canadian Cancer Society.

HEALTH & DAYCARE

WELCOME WELCOME WELCOME

If you are new to Tyendinaga and would like to know what businesses and services are available just call the Community Health Representatives at the Thayendanega Health Centre.

**967-3603
8:30 - 4:30**

HEARING LOSS

DO YOU OR SOMEONE YOU KNOW, SUFFER FROM HEARING LOSS?

A loss of hearing does not just happen overnight. It is a gradual process. As a young person, loud stereos, rock concerts and hollywood mufflers are cool. We just don't think of the adverse effects, like how these loud noises can damage our hearing.

Hearing loss, unlike many physical symptoms, may go unnoticed even when a person is wearing a hearing aid. Hearing loss in an adult may have many detrimental effects, such as withdrawing from family and social functions. They will often stop communicating.

There are many causes of hearing loss, including ear infections, disease process, injury, tumors, drugs, noise and interruption of the blood supply to the ear.

Hearing loss is a greatly misunderstood disability. In order to deal effectively with hearing loss, information and support are very necessary. The Canadian Hearing Society have designed an outreach program and they are willing to share their expertise with us.

This Community Outreach Program can:

- provide information on proper hearing health care
 - explain the use of hearing aids
 - show you other technical devices
 - teach communication strategies and ways to cope in day-to-day living
 - visit your family and recommend ways to handle hearing loss
- educate professionals, volunteers and others

If you would like to attend a two hour session per week for eight weeks, starting in September, please call 967-3603, and ask for one of the CHRs.

EKSA O KON:'A CHILDCARE CENTRE

**DAYCARE OPENINGS
NOW AVAILABLE FOR
JULY AND AUGUST 1997**

**IF YOU REQUIRE
CHILDCARE AND ARE
WORKING FULL TIME
OR ATTENDING
SCHOOL GIVE US A
CALL!**

613-967-4401

KAHWATSIRATA'TIE PLAY - GROUP
Come and Join Us at the Daycare Mon, Tues, Thurs from 9 a.m. to 11 a.m.



**Do you like to
socialize, sing songs,
do crafts with your
child? So do we! Then
this is the place to be.
We offer toy and book
lending as well as
Mohawk Resources.**

This is of no cost to you, and if needed transportation is available. If you would like some more information please call Danille at 967-4401

COMMUNITY INTEREST

Marriage is the most sacred-
the most important event of our human lives
It is the oldest, continuous plan or instruction from our Creator.

All relatives and friends present are witnesses
to the pledges of the couple.
If the couple in the future should stray
then anyone can approach the couple
and remind them of their commitments.

Cherylann Brant
(daughter of Brenda & Lester)
and

Stephen Green
(son of Betty & Sonny)

invite you to witness their marriage
in accordance to our
Traditional Mohawk Custom

on Saturday, July 5, 1997
9:00 a.m.

at the Council House, Upstairs

Dinner beginning at 1:00 p.m., downstairs

Social beginning at 6:00 p.m., upstairs
(light luncheon)

Traditional or Casual Dress

"We would be honoured by your presence"

KASHIOTE
LIBRARY

*Learn More About A
Mohawk Marriage!*

Information Session:

FRIDAY, JUNE 13

7:00 P.M.

QUINTE MOHAWK SCHOOL

****All Welcome ****

*Deadline date for the Newsletter
June 24/97 at noon*

Mohawk Marriage

In the middle of the Longhouse will be seated the couple to be married. At the side of the couple will be seated the bride's mother. On the other side of the groom will be seated his mother.

The couple will be carrying wedding baskets which they will exchange with one another. In the bride's wedding basket are materials or clothing which symbolizes her commitment to her husband, and any future children they may have; that she will mend and keep clean the clothes of her family.

In the wedding basket of the man is the wedding cake made of white corn (cornbread) mixed with strawberries. This basket and its contents will be given to his wife with the commitment that for the duration of his life he will also provide food for his wife and any children that they may have.

The very first thing to be done is the Opening Prayer of Thanksgiving Address. This is the Ohenton Kariwatehkwen; "the words that come before all else" that officially opens the marriage ceremony.

The Ohenton Kariwatehkwen begins first by acknowledging all relatives and friends who have come together by greeting and thanking them.

On behalf of the people, greetings, love and thanksgiving is given to our Mother Earth, then to the waters of the World - to garden food - to the berries and their leader, the strawberry - to the trees that make up the forests of the world - to the animals (big and small) and to their leader the deer - to the medicine in the mountains, the fields, the rivers' edge and in the forest; for healing our sicknesses - to the grasses of the world that provides food for the animal life - to the birds who greet our old brother the sun with beautiful songs to bring enjoyment and satisfaction, to we the human beings - to the Eagle who is the leader of all bird life; we greet and thank you for your gifts - to the four winds who bring the warmth and coolness and the changing of the seasons for our people - to our grandfathers the Thunders for renewing our lakes, rivers, and quenching our thirst. We, the human relatives give you our greeting and thanks - to our old brother sun for the light and warmth that makes everything grow, including our children - to the stars for the deposit of the morning dew and their great beauty - to the Four Sacred Sky Dweller Beings who protect and guide us as the Creator instructed them - to the Ultimate, our Creator, who has provided all that is necessary for our life - to our Creator, who only asked that we be grateful each day.

We ask you, Creator, that your power and guidance be given to the people and this young couple who will be starting a life together, as you so intended for all human beings.

To our Creator, your people are of one mind and we send you our love, greetings and thankfulness.

Tho (that is all)

Now that the marriage ceremony is officially opened:

The selected speaker now begins the speech of marriage before the young couple and their mothers.

The speaker now addresses the woman's mother. Today is a big day and the marriage is of great importance. This woman who is your daughter, what clan does she belong to?

ANS: *She is carrier of the Wolf clan.*

Then the speaker will ask "What is her name (Mohawk)?"

ANS: *Kanahkwahawi.*

Now when you gave birth to your daughter, you worked very hard to raise her. You watched over her day and night until she became a grown woman. Now she wants to get married. You are well aware of the responsibilities that a marriage requires. I ask now, "Are you of the opinion that your daughter is capable to fulfill the responsibilities of marriage?"

Now your daughter found this young man and wants to marry him. I ask you now, "Are you satisfied with your daughter's choice in choosing this man?"

Now I ask you "Once this couple marries, if some hard times were to come and they became homeless, would you open your home to them and their children until they were able to get back on their feet?"

Now the speaker finishes his questions to the bride's mother and repeats all the same questions to the groom's mother. If the mothers' answers are positive and they are in complete agreement, then the marriage can proceed.

The speaker now addresses the couple to be married. He says "The Chiefs are not the ones with the power to marry you. We only facilitate or repeat the words of marriage to one another and to the Creator. You will make your pledges of marriage to one another and to the Creator. If something should happen that one or both of you don't follow through on your pledges, you do not cheat the Chiefs, you do not cheat the Council or anyone gathered here. You will hurt the feelings of our Creator and in fact, you would be cheating on our Creator.

Marriage is the most sacred - the most important

continuous plan or instructions from our Creator. I emphasize and ask each of you to understand this.

Now Kanahkwahawi, I begin with you. You have chosen this man to be your husband. This means that you are prepared to be his wife for the rest of your life. Is this the way you understand?

In all communities there are men/women who gossip and carry rumours. This is something the Creator forbids. In your marriage, when your husband may be away hunting or working and you are home alone, it may be then that men/women may come to your house and say that your husband is away and he has another woman there. You should not listen to this gossip as it is said for the purpose of attacking and destroying your good marriage. You will use a good mind and kind words whenever a doubt is brought to you by someone. You will talk to your husband so that there will be no room for doubt or conflict between you. Do you understand and accept what I have told you?

Now when your husband has been working hard for you and your children you will have food prepared for him and the children. Do you accept this responsibility?

Now if you are lucky, the Creator will allow children to be born for you and your husband. Sometimes your children will be playing outside with other children from the community. It is dinner time, and you will call your children and all the children playing with them to come to eat. If the neighbour's children have soiled faces and hands, you will wash them up and feed the children as though they were your own. You must never send them away as our Creator would be displeased! Do you understand and accept this practise of our people?

Now it may be that in the future a sickness may fall upon your husband. This will change things that you were not used to before. You will look for medicine that will make him well. You will bathe him, comb his hair and fix his pillow when he cannot do this for himself. Do you accept this responsibility?

As a wife and a mother, it is your responsibility to prepare and bring your children to all the ceremonies so that they will hear all the words of the Creator. Year after year, you will do this and your children will grow spiritually in a healthy way. Do you accept this responsibility?

Now you will also act as a team, consulting with your husband on all matters and agreeing or using one mind. This marriage is a partnership and neither of you has more authority. You will not dominate your husband nor will he do this to you. Do you accept to do this in your marriage?

Now the speaker turns to the groom and asks him all the same questions.

Now the couple stand and they are asked to exchange their baskets as a symbol of their commitments and acceptance of the sacred marriage ceremony.

The bride will tell her husband that she will do all that has been said. He, too, will tell his bride the same. Pledges are thus made between them. Now the speaker gives the wampum (which represents our Nation's most sacred Fire) to the bride and then to the groom, to pledge to the Creator that they have been told and accept the responsibility of marriage. The Creator thus receives the promise.

Now the couple is married.

Now all the Chiefs will stand before the newly married couple and their mothers and then pass the wampum to each individual Chief. The Chiefs will then speak words of encouragement or advice for the married couple and to have a happy and successful life.

All the relatives and friends present are witnesses to the pledges of the couple. If the couple in the future should stray, then anyone can approach the couple and remind them of their commitments.

Now all Chiefs, Clan Mothers, Faith Keepers and Elders will form a line to shake hands with the couple and their mothers. They may encourage or give advice to the couple as they shake their hands.

Following the leaders of our Nation, the family and friends do the same.

The couple is honored with the Oston'wa'kowa (Great Feather Dance). The couple will lead the dance and all are asked to join in.

After a Dinner and Social is put on for them.

COMMUNITY INTEREST

Congratulations!

Vernon (Pete) Brant for successfully completing
the Ontario Plumbers Apprentice Program.
Pete wrote his "Certificate of Qualification" test
passing as a Licenced Journeyman Plumber
with an inter provincial standing.

Well Done!
Love the Family



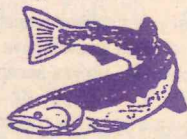
Congratulations BUTCH!

Congratulations on your graduation from Loyalist Nursing
School. You have worked hard and you deserve it.
We are very, very, proud of you.

Love Mom & Dad



The staff of the Home Support Program
would like to take this opportunity to thank
Kevin & Kathy Brant, Christopher Brinklow,
Jessie Hill and Lou Martin for their generous
donation of fish for our diner's club on
Wednesday, May 14. The seniors enjoyed their
feast of fish. Nia:wen!



Thank You!

*A Big Thank You to
all who supported our
Corn Soup Supper on
April 26.*

*Thanks also to Evelyn Brant
who donated the afghan for
the raffle. The lucky winner
was Jean Jeffries. The \$25.00
prize was won by Paul Maracle*

*Sincerely Wardens and Congregation
of Christ Church*

Thank You!

*The Family of Garry H. Brant would like to thank
all of our friends, neighbours and relatives for all
their acts of kindness during our recent loss.
The flowers, donations of food and memorials to
Christ Church and All Saints Church were
all greatly appreciated.*

*Special thanks go out to the Native Women for taking
care of the meals, the Mohawk singers for their
services, Chief and Council of the Mohawks of the
Bay of Quinte for the use of the Community Centre,
and also to the Band Office Staff for their help.*

*Not to be forgotten is Larry McGlade for his help
and guidance through this difficult time, and father Ken
for his kind words and services during
our time of need.*

*There are many other people for who's help we are
thankful, too many to mention without risk of missing
someone, but you know who you are
and how we feel.*

*Its wonderful to be in a community that will pull
together and help another person when
they are in need.*

We thank you from the bottom of our hearts.

The Family of Garry H. Brant

Thank You!

*I would like to extend a heartfelt thank you to my family
and friends for the lovely surprise retirement party held
for me at the Mohawk Orange Lodge on May 4th 1997.
It was such a beautiful gesture and it was so nice to be
remembered and recognized for my twenty-five years
of service as a homemaker.*

Joan Barnhart.

*I would like to thank all those who in some way
helped prepare for my Mom's
(Joan Barnhart) retirement party.*

*Lyle & Shirley Leween, Bev Hill
Cindy Thompson, Patty Brant
Manson, Carol, Kassy Loft, Carol John
Bonnie, Megan & Renee Barnhart, Helen Breadman
Norma Maracle, Brenda Asselstine
and of course, Kelly & Keelan Maracle*

*Nia:wen
Kathy Brant*

Newsletter Deadline Date:

JUNE 24/97 at 12:00 Noon

396-3424



COMMUNITY INTEREST

COMMUNITY POLICING

AND

MOHAWK RECREATION

WOULD LIKE TO THANK THE FOLLOWING BUSINESSES AND PEOPLE
FOR MAKING THEIR FIRST TEEN DANCE

SUCH A SUCCESS:

THANK YOU FOR DONATIONS:

TRUE VALUE HARDWARE
SHIRLEY'S VARIETY
WARDS GAS BAR
PATS VARIETY
VILLAGE VARIETY
NATIVE RENAISSANCE
T.M.T. SPORTS
RED CEDARS SHELTER

CHAPERONS TO THANK:

MERLE LEWIS
DOUG BRANT
EVE MONTURE
TARA KOHOKO
TERRI-LOU CROWLEY

SPECIAL THANK YOU TO: CONSTABLE MIKE HILL AND FAMILY FOR THE
FABULOUS D.J. JOB!

TYENDINAGA MOHAWK COUNCIL FOR THE
DONATION OF THE COMMUNITY CENTRE!

ALSO A THANK YOU TO McMURTERS FOR THE DONATION OF THE LOCKS FOR
THE SUGGESTION BOXES.

AND A THANK YOU TO THE T.W.P. FOR MAKING AND DONATING THE
SUGGESTION BOXES FOR COMMUNITY POLICING.

Happy Birthday!

Dad
June 28



Love Dont, Krista,
Doug, Cassie & Chris

Happy Birthday Grandpa
Love Gaven

Happy Fathers Day!

Love
Joanne, Shelle, Holly
Tracy and Pete
and everyone else.

Happy Birthday!

Uncle Mart
June 28



Love Ya, Angela & Jake
& Family



Happy Fathers Day!

Dad!
Love
Zinger
&
the Soccer Queen

Happy Birthday Bro!

Marty
June 28



Love , Linda



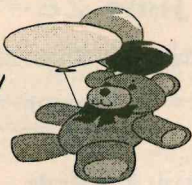
Happy Anniversary!
Mom & Dad
May 29

Love
Danielle
Mandy & Kerri

Happy 1st Birthday!

Reagan
June 21

Love Mommy
& Daddy



Happy Birthday!

"Nan"
June 26

Love You
Angela, Jake & Family



Happy Belated
Birthday!
Uncle Wilson
May 26
p.s. Welcome Home!
Love Angela

Happy Birthday!

Bud
June 18



Love Bev



Happy 9th Birthday!

Drew (Binky)
June 14

Love
Mom, Dad & Mathew



Belated Birthday
Lynda!

May 17

From
Ainsley, Far & Reagan

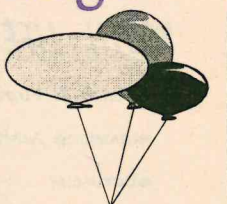
Happy Birthday!

Moonie
June 14



Love Bev

Happy
Birthday
to All
Celebrating!



Happy Birthday!

"Jess"
June 2



Love Crista, Doug
& Gaven

Happy
60th
Birthday!

Pa



We Didn't Forget!

Love
from your Wife, Kids,
and us the Grand-kids,
Shannon, Haley, Randi, Andrew,
Dillon, Daniel and Nickolas

Happy Birthday!

"Ernie"
June 10



Love , Lisa & Sucky



Do you have someone having a Birthday?
The ads are free! Give us a call: 396-3424



EDUCATION

Aboriginal Media Program

Do you find the media only visits your community during times of crisis or conflict? Do they ever come when a positive issue or event is in the air (other than the flash and flair photo coverage of the yearly Powwow)?

First Nations Technical Institute's new **ABORIGINAL MEDIA PROGRAM** is designed to provide training in all aspects of media. Here learners have a chance to cover native issues from a native perspective. Who better to cover aboriginal issues than aboriginal people themselves?

Beginning July 7 with a six-week summer semester, **the ABORIGINAL MEDIA PROGRAM** will train students in all aspects of media, including writing, photography, video, and radio.

The **ABORIGINAL MEDIA PROGRAM** will feature:

- A two-year diploma in Print Journalism from Loyalist College upon successful completion (Since the program is accredited participants may be eligible for financial assistance through the Education Department of the Mohawks of the Bay of Quinte.)
- A combination of hands-on and distance learning.
- 16 weeks in class plus placements and internships.
- Student residence rooms at reasonable rates.
- Training provided right here on Tyendinaga Territory.

Does this sound interesting and something worth pursuing? Give us a call at FNTI at (613)-396-2122. But remember we only have room for 24 students and July 7th is fast approaching!

Brant Bardy
Aboriginal Media Program
First Nations Technical Institute

COMPUTER COURSES JUNE & JULY 97

	JUNE	JULY
Windows 3.11	16	14
Windows 95	2 - 3	7 - 8
WordPerfect 6.1 - Level I *	4 - 5	1 - 2
Lotus 1-2-3 - Level I	3 - 4	2 - 3
Word - Level I *	10 - 11	8 - 9
Excel - Level I *	9 - 10	9 - 10
Access - Level I *	12 - 13	15 - 16
CorelDraw - Level I	25 - 26	23 - 24
HTML 3.x (webpage design)	---	3 - 4
Simply Accounting	---	10 - 11

Why Go
Anywhere
Else?

ALL COURSES INCLUDE

- use of an individual work station
- course reference manual
- certificate upon completion
- complimentary hot lunch
- FREE customer support

*Level II offered, Call for course dates



**FIRST NATIONS
TECHNICAL INSTITUTE**
York Rd, Tyendinaga Territory, ON K0K 1X0
www.tyendinaga.net

To Register or for More Information, Contact our Office
(613) 396-2122 or 1-800-267-0637

Spirit Alive VICTORY CAMP MEETING Aug. 1 - 10

SPECIAL PRESENTATION:

Native Elder, Andrew C. Maracle Sr. DD will honour Godly Seniors whose lives have exemplified Christ in word & deed.

A Family Camp Experience UNDER THE BIG-TOP!

MUSIC:

- ♦ Sonshine City
- ♦ North Wind
- ♦ Broken Walls
- ♦ Debra Klassen

MAIN SPEAKERS:

- ♦ Andrew C. Maracle Sr., DD
- ♦ Paul Ripley
- ♦ Ross Maracle
- ♦ Billy Smith
- ♦ Brian Warren

BIBLE TEACHING:

- How to Deal With Conflicts
Dale Lloyd
 - Days of Whirlwind (Prophecy)
David E. Siriano
 - How to Flow In The Supernatural
Roma Fisher
 - Sovereignty - The Enemy & You
Dale Lloyd
 - Consequences of Abuse
Audrey McDonald
- Plus 12 Other Subjects!

A Family Vacation With Inspiration!

Something For Everyone - All Welcome!

YOUTH - LIFE CHANGING SERVICES

- plus
- Beach & Horseback Riding
 - Sporting Activities & Tournaments
 - Barbecue
- MUSIC! MUSIC!

CHILDREN'S HAPPY TIME SERVICES

- plus
- Handicrafts & Swimming
 - Games & Outdoor Activities
 - Prizes & Surprises

Motels
Nearby

NURSERY ATTENDANTS DURING ALL SERVICES

At: Spirit Alive National Offices,
Deseronto, Ont.

Sponsored By: Spirit Alive TV Ministries (613) 396-1435

Free Tent
& Trailer
Sites

CHILDREN'S MINISTRY LEADERSHIP INSTITUTE

"Responding creatively and spiritually
to the needs of children"

June 26 - 29

Location: Spirit Alive National Offices
Hwy #49 Deseronto, Ontario

Price includes: Accommodations, meals & handouts
Ask about free scholarships!

Summer Ministry Opportunities Are Available!

Teachers From:

- 1) "Pioneer Clubs"
- 2) "Bible Clubs International"
- 3) "Hope for The Abused"

COURSES INCLUDE:

- Managing Behaviour Concerns
 - Let The Games Begin!
 - Lesson Preparation Can be Exciting!
 - Leave Them Wanting More
 - Responding to Learning & Attention Difficulties
- Plus 10 additional courses!

"Building Leadership That Will Effectively Lead Children To Jesus"

Starting: June 26-1:00 PM Completion: June 29-3:45 PM

Please register before June 16th

For information & registration write:

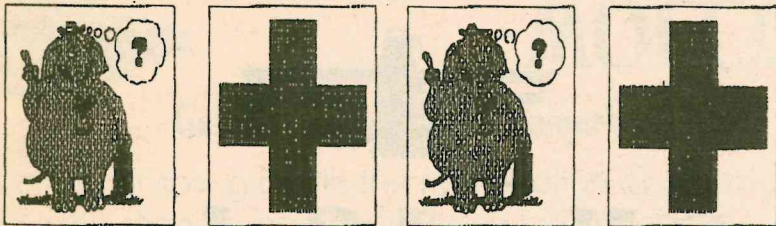
SPIRIT ALIVE, PO Box 280, Deseronto, ON K0K 1X0
PH 613-396-1435

Certificate will be issued upon completion of these courses

Sponsored by Spirit Alive T.V. Ministries



EDUCATION & UPCOMING EVENTS



FIRST AID COURSE

We want to run a emergency first aid course for interested community members.

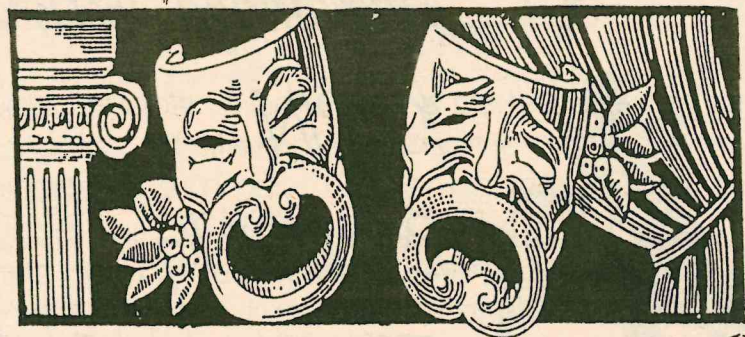
We will be running an emergency first aid course on Tuesday June 17, 1997 (this will be an 8 hour course).

If you are interested in joining us, please contact Tracey @ 967-4401(day) or 967-1314 (evening)

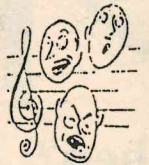
OR Joy @ 966-6984(day) or 396-5021 (evening). Please let us know as soon as possible!! Please call by Monday June 9th.

NIA:WEN

ATTENTION SENIORS



Beauty and the Beast Live Theatre Performance



On Wednesday, August 27th, we have planned an exhilarating trip to Toronto to see the Oscar winning performance of Beauty and the Beast. You will be dazzled by an explosion of special effects, witty costumes and theatrical wizardry of the performers and stage. It's a feast of fun for the eyes! Don't miss it!

The total cost of this eye filling extravaganza is \$58.00 per person which includes transportation and your ticket. If you would like to join us, please call Cindy Maracle or Tracey Bunnett at 967-3603. A DEPOSIT OF \$11.00 IS REQUIRED BY FRIDAY, JUNE 6TH. THE BALANCE OF \$47.00 MUST BE PAID BY MONDAY, JUNE 23. We have booked a limited number of tickets which will be sold on a first to pay first to go basis. We will depart from the Elder's Lodge at 9:00am. Showtime is 2:00pm.

The Program

STARFIRE International Hockey Academy is a group of task oriented individuals dedicated to achieving results. Our instructional methods are for todays hockey players of all ages, male or female and all positions. Goaltenders are welcome. **STARFIRE** focuses on the fundamentals every player requires in order to help achieve their objectives and goals. We look forward to helping each and every player strive for their best and achieve "victory on and off the ice."

power skating
puckhandling
passing/receiving
sportsmanship
communication
lanes



STARFIRE INTERNATIONAL Hockey Academy



25 Hutton Dr.,
Belleville ON
CANADA K8P 1E9

Phone 1 (613) 966 5032
1 (613) 962 7224

Fax 1 (613) 968 9534

<http://www.quinte.net/starfire>

The Staff

John Williams - General Manager
Ramada / Holiday Inn

Sandy Cairns - Director / Instructor - NCCP Advanced Level IV
Former coach of Albert College Panthers
Tier II I.S.A.A. Hockey Club

Dr. Christopher Bardwell - Head Trainer / Instructor
Quinte Chiropractic & Sports Injury Clinic

Mark Cairns - Goalie Instructor
(currently playing for the O.H.L. Oshawa Generals)

John Cairns - Administration / Liaison & Media

Guest Instructors will be announced

Application

Players Name(s) _____
D.O.B. _____ Male ☐ Female ☐ Age/ Grade at time of camp _____
Player(s) Health Card # _____
Level of Play House League ☐ Rep B ☐ Rep A ☐ Other _____
Jersey Size (boys/girls) Sm Med Lg XL (womens/mens) Sm Med Lg XL XXL
Name(s) of Parents/Guardian _____
Address _____ City/Town _____
Province _____ Postal Code _____ Country (if applicable) _____
Home Phone _____ Bus. Phone _____
Name of Coach _____ Phone Number _____
30% non-refundable registration fee must accompany this application
20% discount on family applications

Please make cheques payable to "STARFIRE"

Camps

Rep / Travel players
Pre-conditioning camp
\$ 149.00 (jersey included)

Tyke to Major Atom - 7.5 hours

August 15 - 17 5:00p.m. - 6:30p.m.
August 18 - 20 5:00p.m. - 6:00p.m.

PeeWee to Midget - 7.5 hours

August 15 - 17 6:30p.m. - 8:00p.m.
August 18 - 20 6:00p.m. - 7:00p.m.

Hockey Skills

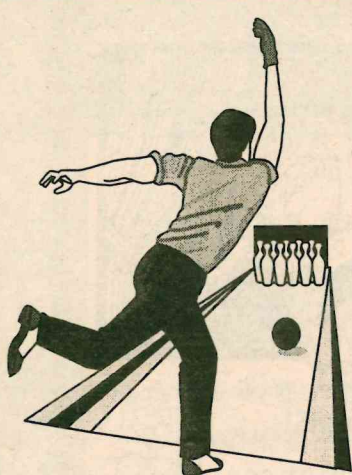
\$ 179.00 (jersey included)

All ages male or female - on ice 8 hours
off ice 8 hours

August 20 - 23 9:00a.m. - 1:00p.m.

Starfire is proud to sponsor an underprivileged player from each of the Belleville, Trenton and Belleville Girls Minor Hockey Associations. Starfire will pay for these players 1997/98 registration fees for the upcoming hockey season.

UPCOMING EVENTS



Tyendinaga Territory *10 PIN* *BOWLING* *TOURNAMENT*

When? Aug. 16/97

Where? Loyalist Lanes, Napanee

Time? Saturday, 2 p.m.- 5 p.m.

Cost? \$15.00 per player

Needing 60 Bowlers!

FOR MORE INFORMATION CONTACT:

Lester Brant: 396-3340

Harold Maracle: 966-4116

Caroline Brant: 396-2536

Norma Maracle: 396-3800

Nora Brant: 396-5047

Proceeds to the Tyendinaga Food Bank

YUK YUKS

IS COMING TO TYENDINAGA

JUNE 14TH

AT COMMUNITY CENTRE



DOORS OPEN AT 8 PM

COMEDIANS 9 -11PM

DANCE FROM 11-1PM

\$10.00 /PERSON

**PROCEEDS TO THE RECREATION
DEPARTMENT**

**FOR ADVANCE TICKETS CALL ANDREW
ALKENBRACK AT 396-3424**



Yard Sale

June 28

at the

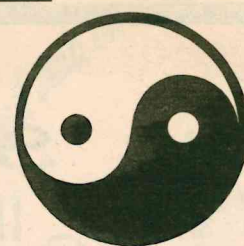
FOOD BANK (rain or shine)

With Proceeds going to the

Food Bank

We would like to express our appreciation to you the Community for your support with the last Food Drive. A Special thank you to the Drivers & Volunteers who worked so hard to make it a successful drive. Nia:wen

Volunteers are always needed for the Food Bank Committee or if you are interested in becoming a Volunteer to help the Food Bank (which is open each Friday 10 - 1 p.m.) Call: 396-5710 for more information



Tai Chi

at the

Queen Anne Parish Centre

Wednesdays

7:00 p.m.

What is It?

A gentle exercise from Ancient China made up of a series of 108 moves done in sequence flowing from one move to the next to complete a "Set". Each set takes approximately 15 minutes.

Why Do It?

The moves are designed to encourage each part of your body to engage in a full range of motion in a relaxed fashion. It improves circulation, strengthens back muscles, teaches balance, generally improves health and is another social activity for each of us.

Who can do it?

Anyone! Male or Female, Senior or Junior.



UPCOMING EVENTS

TYENDINAGA POLICE SECOND ANNUAL
SUMMER BASKETBALL LEAGUE

WILL BE HELD AT QUINTE MOHAWK SCHOOL EACH AND EVERY TUESDAY FROM 7:00 P.M. - 8:30 P.M., BEGINNING 10 JUNE - 29 JULY 1997.

OPEN TO ALL PERSONS FROM 12 TO 18 WHO ARE ATTENDING OR RETURNING TO SCHOOL.

A REGISTRATION FEE OF \$5.00 IS REQUIRED ON THE FIRST NIGHT TO ASSIST WITH THE UTILIZATION FEE OF THE GYMNASIUM.

TRANSPORTATION IS THE RESPONSIBILITY OF EACH PARTICIPANT. AS THERE ARE NO CHANGE ROOM FACILITIES PARTICIPANTS MUST ATTEND IN APPROPRIATE ATTIRE. (RUNNING SHOES REQUIRED)

REGISTRATION MUST BE MADE PRIOR OR ON THE 12TH JUNE 1997 AND CAN BE MADE BY CONTACTING THE TYENDINAGA FIRST NATION POLICE SERVICE.

INQUIRIES CAN BE MADE TO CST.'S RON OR MARCEL MARACLE BY CONTACTING THE POLICE OFFICE.

SEE YA THERE!



"TRADITIONAL"

10th Anniversary

TYENDINAGA
POW WOW

HONOURING OUR YOUTH & ELDERS

AUGUST 9 & 10, 1997

TSITKERHEDODON PARK

"ADMIST THE TREES"

Peacemaker Territory

Hwy. #401, Marysville Ext. #49 & #2

CALLING ALL DANCERS: Small Travel Honorarium

CALLING ALL DRUMS: Honorarium

HOST DRUM: Nani Gish-Kung

GUEST HOST DRUM: First Nation Drum

SIX NATIONS CONFEDERACY DRUMS:

Akwesasne / Echoing Thunder

Tyendinaga Water Drum

HONOUR STAFF: Arthur Loft

MASTERS OF CEREMONY: Alan Brant

LEAD DANCERS: Tanya Leary

Les Harper

TOBACCO CEREMONIES: Sat. & Sun. 7:00 am

SPECIAL FEATURE: Smoke Dance

HOOP DANCERS: Samantha Kinoshameg

Tanya Leary

Seth Lefort

GRAND ENTRY: Saturday 12 noon

Sunday 12 noon

SOCIAL DANCE: Saturday Night

TRADER FEES: Craft \$35/day

Food \$45/day

DRUM & DANCERS

REGISTRATION: Sat. 10 am - 12 noon

Sun. 10 am - 12 noon

ADMISSION

Adults: \$5/day

Seniors: Free

Children under 12 Free

Native North American Traders Only Traders Band Cards Required - Strictly Enforced

CAMPING AVAILABLE AT POW WOW GROUNDS

Regular Admission to be paid by Campers - Limited Electrical Hook-up

Washroom Facilities/No Showers

For more information contact:

Sharon John
(613) 396-5573

Robert (Brant) Lambert
(613) 396-5862

NO ALCOHOL OR
DRUGS
Bring Your Own Chair

Brad Boomhour
Ruby Maracle
(613) 396-5364

EVERYONE WELCOME

The Tyendinaga Pow Wow Committee is not responsible for personal loss or injury



MOHAWK AGRICULTURAL SOCIETY PRESENTS

A DEMOLITION DERBY

at the

Mohawk Fairgrounds

on SAT. JUNE 28th/97

(rain date Sun. June 29th)

Starting Time: 4:00 p.m.

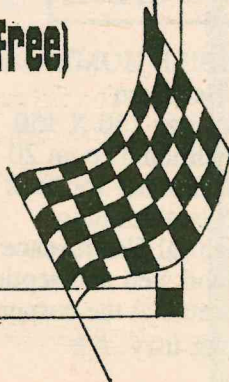
PRIZE \$\$\$\$ & TROPHIES!

ADMISSION: \$5.00 (Children 12 & under - Free)

FOR MORE INFO CONTACT

LAVERNE (FISH) MARACLE @ 396-3800 OR

ELSIE DOWDLE @ 354-5136



CAR WASH & BARBECUE

Saturday, June 21st, 1997

at

Mohawk Firehall/Community Centre

10:00am - 3:00pm

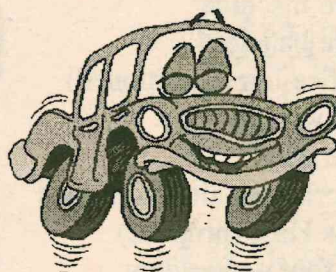
(Raindate: Sat. June 28th)

"Help Support Tyendinaga's Athletes"

at the

1997 Indigenous Games

Victoria, B.C. (Aug. 3rd-10th)



Car Wash & B.B.Q.

CLASSISFIEDS

TRUCK FOR SALE

- 1995 FL 150 XL 4X4
- c/w tilt, air,
 - A.M. F.M cassette
 - Boxliner, Chrome wheels
 - Dual tanks
 - Two tone blue paint with pinstriping
 - Vehicle has been well maintained
 - Asking \$20,000.00 or BEST OFFER

Please Call: 968-7313
after 6:00 p.m.

FOR SALE

- KUBOTA
- Bush hog and grade box
 - Price \$13,500.00

Can be seen by
appointment Only!
Phone: 396-2083

LOT FOR SALE

- 300 ' X 300' LOT
- on # 2 highway across from Bayview Store
- PHONE: 1-716-694-6158
Larry Maracle

Mill Side Ceramic & Crafts

Finally Spring is in the air. Time to think about planting flowers plus flowers & gifts for Mothers Day and Weddings. Come See my new Ceramic Pieces!

Pots for planting, Decorative Vases, Plus excellent pieces for wedding gifts including the Native Wedding Vase. And if your not the crafty type but like to give unique gifts, Come order it now and I will finish your gift for you in time for your occasion.

Hope to see you soon!
Marlene Murphy
Milltown Side Rd. (halfway down on the east Side)

Shop Hours:
Monday - Closed
Tuesdays - 9 - 9
Wednesday - 9 - 9
Thursday - 9 - 9
Friday - 9 - 9
Saturday - 9 - 9
Sunday - 9 - 9

TRUCK FOR SALE

- 1988 FORD RANGER TRUCK XLT (extended)
- Cruise Control, Automatic, Tilt Steering
 - Dual Lumbar Seats, Air Cond.,
 - Well Maintained, Asking \$4000.00

For More Information Call: 966-4116

FOR SALE

- FISHER PRICE HIGH CHAIR
- Adjustable heights
 - Brand New!
 - Paid \$150.00 asking \$75.00

Please Call: 968-5263

Diane's Bargain Basement

Located at the Sunrise Shell
in Deseronto
Open: Sat. & Sun.
10:00 A.M. - 2:00 P.M.
396-2018

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- Lots of Material, Jewelry, Bedding and New Low Prices!

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- Small Garden Rototiller
- was borrowed & never returned
- If you have it please call
Bev Hill at the Health C.
967-3603

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- Located on Hwy # 2
Shannonville, 70 by 30
three bay garage, fully
equipped operating as a
mechanical repair &
speed shop with lots of land
front & rear.
Approx 1 acre
2 - 8 Thousand Pound
Hoist Truck
- 1 - 220 air compressor
 - 1 - Brake Lathe
 - 1 - Tire machine
 - 1 - Tire balancer
 - 1 - Office (air conditioned)
 - 1 - Showroom
 - 2 - Storages
 - Work area airconditioned
 - Gas Heat (propane)
 - 2 - 10 foot power door
 - 1 - 12 foot door (mechanical)

ASKING \$125,000.00
Contact: 613 - 396-3424
Ken Brant

BABYSITTER AVAILABLE

- Mother of 3 children Ages 17, 18, 22 willing to babysit your Children in the Huron Brant Dr. Subdivision

Please Call: 396-2031

Newsletter Deadline
JUNE 24 at Noon
396-3424

FOR RENT

- 1 LARGE 3 BEDROOM APT.
\$625.00 heat & hydro included
- 2 BEDROOM HOUSE
\$450.00 heat & Hydro included
Please Call: 967-1117 or leave a message

FOR SALE

- MOBILE HOME
- 2 Bedroom
 - Lot size 150 X 150
 - Additional room 20 X 16
 - Heat pump for back up heating and air conditioning
 - Natural Gas furnace
 - Good well and septic system
 - located at the corner of Belles Side Rd. & hwy. # 2

PLEASE CALL: 905-839-3296
DENNIS OR 905-686-5818

July 4

Lets Check Out Boston on the Fourth of July!

- Small group of vacationers are going to Boston from July 2 - July 7 and wish to share cost
- Must be 18 years or over
- Amtrak leaving from Syracuse on July
- Wishing other Vacationers to join in the fun!

For more information Call:
Angel Brant: 966-9253

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WATERFRONT

- Located on Queen St. in Shannonville

Please Call: 962-5470
Glenn Hill

FOR SALE

- Parcel of Land (65 acres)
2 lots on Milltown Side Rd
Approx. 2 acres each
Call: 337-5735 Tom Maracle

MILL TOWN MEATS

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Make Your Own Soup!
Lyed Corn, Beans Special Pork

Domestic Rabbit
- Low in Cholesterol
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- Table sales will be held occasionally for demonstration items at a discount.
- My Customers 1st Choice!

For Service Call:
Lorraine F. Brant (Eva Maracle)
396-6356 Anytime



COMMUNITY BUSINESSES

Tyendinaga's Business

FLIQ

FILM LOCATIONS IN QUINTE

NEWS
RELEASE

FOR IMMEDIATE RELEASE

Contact: John Bennett
Phone: 968-4570
Fax: 962-1376
E-Mail: fliq@loyalistc.on.ca

"GROUP OUT TO CAPTURE FILM PRODUCTIONS"

Quinte, May 26 -- A new project is out to capture more of the \$500 million available for film production spent in Ontario annually for the Quinte, Prince Edward and East Northumberland region.

"In the last few years films like Fly Away Home, Road to Avonlea and Dieppe were shot in this area. These successful productions are a good start but the potential for the region can be huge," says Shelley Brant, Tyendinaga Mohawk Territories Economic Development Officer speaking in support of Film Locations in Ontario, known as FLIQ.

FLIQ will also spend the next four months photographing potential locations and preparing a comprehensive resource guide for film makers. The materials will be presented to the Ontario Film Development Corporation in Toronto. The OFDC maintains an extensive library used by film makers to search for locations.

The success of the project is dependant on the support of the public. FLIQ hopes anyone who owns or knows of property that would make a good location for a movie, commercials, or a TV show will call 969-1913 ext. 107 or E-Mail fliq@loyalistc.on.ca or c/o Loyalist College, P.O. Box 4200, Belleville, Ontario K8N 5B9.

"Were looking for beautiful and unique homes, buildings, farms and public places," says Brant.

She explained that providing film locations can be lucrative for home and property owners as well as for local businesses supplying everything from lunches and accommodation to car rentals.

"This is big business and a big opportunity for our region. I hope anyone having a suggestion for a good film location will give us a call," says Brant.

The FLIQ project was organized by area Economic Development Officers, funded by Human Resources Development Canada and coordinated by Trenval Development Corporation. The other sponsors include the Belleville Economic Development Department, Hastings County Economic Development Department, Prince Edward County Community Development Department, Quinte area Economic Development Commission and the Tyendinaga Mohawk Territory Economic Development Department. The Ontario Film Development Corporation, Loyalist College, and the Mohawk Airport are also contributing support.

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K8N 5E9 1-800-668-2555

KINGSTON

614 Norris Court, Unit 4
Kingston, Ontario (613)384-5757
K7P 2R9 1-800-668-7807

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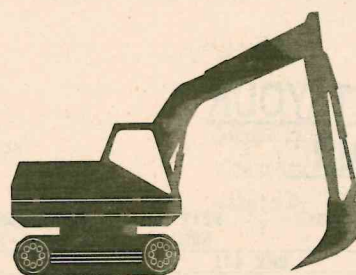
OWNER: WILL BRANT JEFF: 396-2536
BOX 86
DESERONTO PHONE: 396-2536
KOK 1X0 PAGER: 969-4822

B & J

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- * HAULAGE
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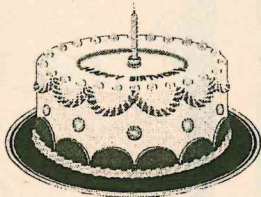


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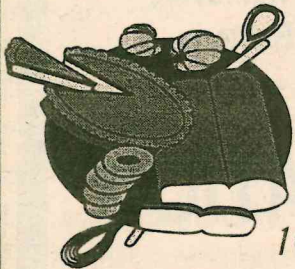
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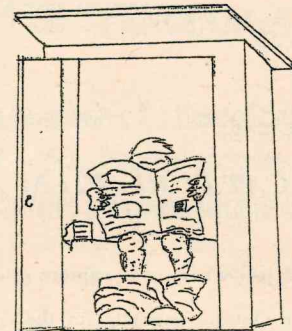
Closed Mondays!

Brant's Bakery located on the Slash Road next door
to Norman Brants or West of 49 Hwy.
Tyendinaga Mohawk Territory

Just Drop In!

Dew Mar Toilet Rentals Inc.

R. R. #1, Slash Road
Deseronto, ON K0K 1X0
613 396-1449 or
Cellular # 848-3175



"If I had only called
Dew Mar. I wouldn't
be in this position."

Dew Mar Toilet Rentals Inc. is happy to announce that effective January 1, 1997 the company was purchased from O'Neil's Toilet Rental by Dewayne Maracle (Dew Mar) who is now the proud new owner.

Dew Mar caters to "special events" because of your "special needs" and offers a discount when renting more than one unit.

If you need your septic tank pumped out or need to rent an outdoor "Johnny on the Spot" please feel free to give Dew Mar a call and Dew Mar can be on the spot and available 24 hours a day.

Remember now that's **Dew Mar Toilet Rentals Inc.** at 613 396-1449 or cellular # 848-3175 to fill your needs or to empty your needs, whatever the case may be!

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Susan Maracle
Consultant

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& FARM PRODUCE

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MUSICAL CELEBRATION OF OUR
"5TH ANNIVERSARY "

SATURDAY JULY 5, 1997

Beginning at 1:00 P.M.

SUNDAY JULY 6, 1997

Beginning at 1:00 P.M.

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UNDER THE BIG
TENT**

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	<---		----
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	PAT'S VARIETY		<- HWY 49

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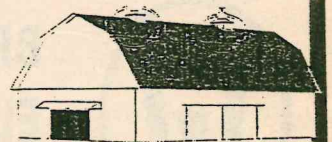
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WATCH FOR OUR
NOVICO BIRTHDAY BASH
FLYER JUNE 23

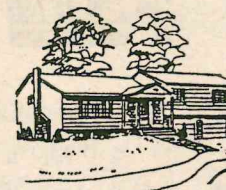
" LET US HELP BUILD YOUR DREAMS"

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R. R. # 1
DESERONTO, ONTARIO

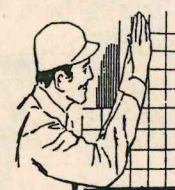
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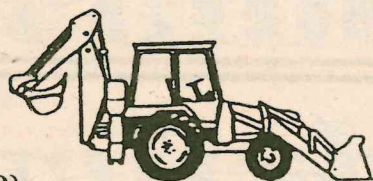
COMPARE OUR PRICE RIGHT HERE ON THE RESERVE
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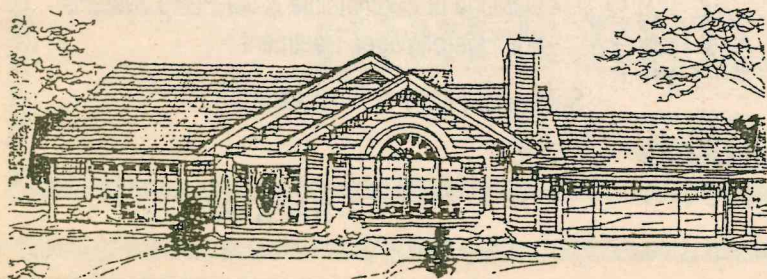
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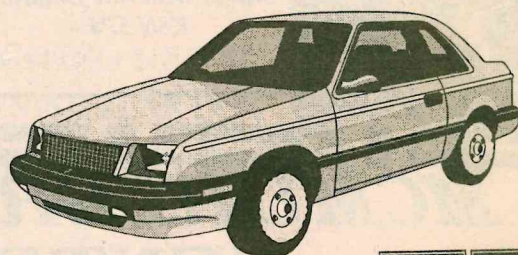
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June 24/97 at noon*

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