



MOHAWKS OF THE BAY OF QUINTE



KENHTEKE KANYENK'EHA:KA

ORI:WASE (NEWS)

ISSUE 6/14
OHYARIHA (June)

We are on the web www.mbq-tmt.org



NOTICE

LARGE Item Pick-up

List of acceptable
items inside!

One Day Only

East End Pick-up

Tuesday June 10, 2014

One Day Only

West End Pick-up

Tuesday June, 17, 2014



Ensure your items are neatly stacked at the end of your driveway on the correct day for pickup.

If your items are not on the acceptable list they will **NOT** be picked up!

*** ABSOLUTELY NO Construction Waste, Brush, Household Waste/items that can fit in Bags/boxes, propane tanks, tires ***

Please take useable items to:
Value Village, Belleville
Clothesline Diabetes Association (pick up)
1-800-505-5525

List of Acceptable Items for Large Item Pickup

Large Furniture

- Couch
- Dresser
- End tables
- Dining room tables
- Ottoman
- Mattress/box spring/bed frames
- Chairs

Miscellaneous

- LARGE exercise equipment
- LARGE children's toys
- Patio furniture
- Window Blinds

Appliances

- Fridge
- Stove
- Microwave
- Dishwasher
- Water coolers
- Washer
- Dryer

Electronics

- TV
- VCR
- DVD
- Stereo
- Vacuum
- Fans



*** ABSOLUTELY NO Construction Waste, Brush, Household Waste/items that can fit in Bags/boxes, propane tanks, tires***

If you are unsure if you're items are acceptable, do not hesitate to contact MBQ Technical Services, 613-396-3424

**MOHAWKS OF THE BAY OF QUINTE
WATER TREATMENT PLANT**

**MBQ CORDIALLY INVITES YOU
TO ATTEND**

AN OPEN HOUSE

WHEN: THURSDAY, JUNE 12, 2014

WHERE: COMMUNITY CENTER

1807 YORK ROAD

TIME: 3:30 P.M TO 8:30 P.M.

**Come see the details of the new Water Treatment Plant
Resumes are also being collected and will be given
to the approved Contractor upon selection for consideration.**

(please note this tender closes June 18, 2014.)

For further information please contact MBQ Infrastructure Department (613) 396-3424



MOHAWKS OF THE BAY OF QUINTE ECONOMIC
DEVELOPMENT AND EMPLOYMENT OFFICE

**Our greatest weakness lies
in giving up. The most
certain way to succeed is
always to try just one more
time.**

- Thomas A. Edison

**For information regarding the employment
and training program, please contact:**

Sandy Sero

Employment and Training Coordinator

Email: sandys@mbq-tmt.org

Phone: 613.967.3616

Fax: 613.967.6251

Or visit us on our website at www.mbq-tmt.org

June's Tip

Create a Marketing Plan

- ◆ **Marketing your business is so much more than advertising and promotion. It includes understanding the market to which you sell your products/services and choosing specific tactics you will use to reach that market.**
- ◆ **A Marketing Plan should include the following headlines:**
 - **The Challenge**
 - **Situation Analysis (i.e. customer & competitor analysis, etc.)**
 - **Market Segmentation (i.e. target market)**
 - **Alternative Marketing Strategies**
 - **Selected Marketing Strategies**
 - **Short & Long Term Projections**
- ◆ **Templates are available in the Economic Development Office**

**For information regarding economic
development, please contact:**

Renee Brant

Business Development Worker

Email: reneeb@mbq-tmt.org

Phone: 613.967.3616 Fax: 613.967.6251

Website: www.mbq-tmt.org

**SELF EMPLOYMENT TRAINING
COURSE STARTING FALL
2014**

WATCH FOR MORE DETAILS

HAY TENDERING PROCESS FOR 2014

The Tyendinaga Mohawk Council is now accepting bids on a price per acre basis for the hay that is located on Band Land in various parts of the Territory for the 2014 haying season and that is considered as Band Land.

One of the properties is located east of Shannonville on the north side of old Hwy #2 together with a parcel across the road containing 11.26 acres. The south side containing 7.79 acres both parcels contain approximately 20 acres.

Another property is located on the York Road at the Karon hiak ta' kie Sports complex. . It is the area around the Ball diamond, and lacrosse box containing approximately 15 acres.

The last property is approximately 35 acres located on old Hwy #2 across from the 59'rs club.

NOTE:

The Successful tender will be responsible for the cutting, bailing and removal of the hay in a timely fashion and manner, this summer.

The highest tender is not necessarily accepted.

The Tyendinaga Mohawk Council will not be held responsible for any Liabilities, loss or incriminations as a result of the acts performed under the tender process agreement

Sealed tenders marked " HAY TENDER" must be submitted to Community Services Office 1658 York Road no later than 4:00 PM on June 30th, 2014.

For further information please contact Twila Brant, Certified Lands Manager at the Community Services Office, 1658 York Road, TMT 613-967-3616 Ex.

* NOTICE *

Please be advised that the staff of the Mohawks of the Bay of Quinte will be having a staff appreciation day on Thursday June 19th from 12 noon - 4:30 p.m.

The offices will be opened but there will be minimal staff available.

Aboriginal Day June 20th 8:30-4:30 the office will be closed

Hi, my name is Carrie Jacklin. I am currently a casual working with The Drinking Water Safety Program with Liz and Crystal. If you would like to have a water sample taken please contact me at the office (613)396-3424 ext. 131. I hope to have the pleasure of hearing from you.

Thanks,

Carrie



MOHAWK FIRE DEPARTMENT

The Mohawk Firefighters in April responded to 10 calls:

- 3 Medical Assists**
- 1 Motor Vehicle Collision**
- 2 Public Service**
- 1 Mutual Aid Assist**
- 1 Brush Fire**
- 1 Structure Fire**
- 1 Water Recovery**

This brings our total to 31 calls for the year 2014

Tyendinaga Mohawk Council Meetings for June 2014:

TMC Meetings	Agenda Deadlines
Regular – Wednesday , June 18, 9:00 a.m. Local Business – Wednesday , June 25, 7:00 p.m.	Thursday , June 12, 12:00 p.m. Thursday , June 19, 12:00 p.m.

MOHAWKS OF THE BAY OF QUINTE HUMAN RESOURCES



CASUAL RESUMES

Casual resumes are kept on file for a period of six months. If you wish to be on the casual list for Mohawks of the Bay of Quinte, and you have not submitted your resume and Criminal Reference Check/Vulnerable Sector Check in the last six months, please forward up to date information to:
resume@mbq-tmt.org

Kelly Maracle
Human Resources Manager
613.396.3424 ext.112

“If you cannot do great things, so small things in a great way.” ~Napoleon Hill

Job Postings

All internal postings are posted on job boards located at the Administration Office, Community Wellbeing in Ontario Works and in the Employment Office. They are also shared by Facebook and Twitter through our communications department and can also be found on our website www.mbq-tmt.org

ATTENTION MORTGAGE HOLDERS

It has come to our attention that many insurance companies will ONLY notify the MOHAWKS OF THE BAY OF QUINTE if your existing house insurance policy has been cancelled however will NOT when the policy has been renewed. This creates a problem when incentives, rewrites and renovations are requested. You will not qualify if your house insurance policy on file is not up to date. In order to ensure your policy is current, we ask that you mail, fax or deliver renewal form when received.

World War One

2014 marks the 100th anniversary of WW1. Members of the Mohawks of the Bay of Quinte continued to support the British as a military ally by signing up to fight in this war. This year we want to commemorate the actions of our heroic members and the start of The Great War as a beginning of recognition and remembrance over the next four years. We have been working on collecting documents and information from the Library & Archives Canada and other sources to help us identify members who were involved.

Below is a list of names that we have so far. We ask the community to help us ensure that we have not missed anyone. Please review the list and contact us if there is an error or omission.

amyc@mbq-tmt.org or 613-967-3616

Bannister, James Albert	Brant, William [served as William Sero]	Maracle, George Mark [served as George Mark Hill]
Bardy, Alexander	Claus, Ira Alfred	Maracle, Goldie
Bardy, Frank	Claus, Stafford	Maracle, Isaac
Bardy, James	Clause, Ambrose	Maracle, Jacob
Bardy, Louis Sherman	Clause, Huron	Maracle, John H.
Barnhart, Con [Cornelius]	Corby, Harry	Maracle, Mark
Barnhardt, Harry D.	Corby, Jake	Maracle, Nelson
Barnhardt, Harry F.	Corby, Joseph	Maracle, Peter William
Barnhardt, Isaac [served as Isaac McDonald]	Corby, Matthew	Maracle, Peter William
Barnhardt, James Nelson	Corby, Samuel	Maracle, Philip
Barnhardt, Peter	Crawford, Cecil Ernest	Maracle, Solomon
Barnhardt, William Henry	Crawford, Percy Overton	Maracle, Wesley
Bernhardt, David Stanley	Culbertson, John Alexander	Maracle, Wheeler
Bernhardt, Joseph Edward	Doreen, William	Maracle, William Edward
Bernhardt, Marvel	Fuller, Bertram	Maracle, Joseph
Galveston	Green, Austin	Miller, Norman Albert
Bernhart, Jacob	Green, David	Mungo, Thomas
Bey, Alexander	Green, Jacob	Penn, Joseph
Brant, Alfred A.	Green, Jake	Pinn, William
Brant, Brant	Green, Jonas	Powles, David Austin
Brant, Burton	Green, Sampson	Powles, Joab Walter
Brant, Burget	Greene, Milton	Powless, Charles David
Brant, Charles Arthur	Hill, John	Powless, David J.
Brant, Charles Clinton	Hill, Joseph Bernard	Powless, Harold
Brant, Ernest Russell	Hill, Thomas	Powless, Harold Dean
Brant, George	Hill, Thomas [served as Thomas Brant]	Powless, Hughie Norval
Brant, Hugh	Jaynes, Daniel	Powless, Isaac
Brant, Matthew	Johns, Orval	Powless, Peter
Brant, Philip	Loft, Andrew	Sero, Reuben
Brant, Randall	Maracle, Anthony	Smart, George Leo
Brant, Richard	Maracle, John (Charlie)	Smart, Harold
Brant, Wilbert	Maracle, Clarence	Smart, Joseph Laheed
Brant, Wilbert		Smart, Joseph William
		Williams, George

Trustee Report for May, 2014

The school year will soon be in the final month with many activities planned in June. I'm sure many students will feel the stress of completing assignments and preparing for final exams. Graduating students will be looking at the next phase of their education whether that is post secondary education or the world of work.

It is noteworthy that last month Hasting Prince Edward District School Board passed a motion to endorse the Ontario Public School Boards Association (OPSBA) Charter of Commitment on First Nations, Métis, and Inuit Education. The charter was inspired by the Accord on Indigenous Education as there was a perception that there was a gap between how native education was being carried out throughout the province. Through consultation with the First Nations Trustee Council, the charter has received support of the Ontario Public School Boards' Association. For our Hasting Prince Edward School Board, the charter is really an affirmation of what has already been taking place in our district. I am pleased to report that there continues to be a positive, respectful relationship that exists between Hasting Prince Edward District School Board and Mohawks of the Bay of Quinte, insuring our Aboriginal students from Tyendinaga Territory and throughout the district receive the same excellent quality education and opportunities as all other student in the board.

The tuition agreement is still in the process of being discussed and will hopefully be ready to be officially approved and signed very soon.

For more detailed information, please go to HPEDSB.on.ca > Board and Committees meetings.

Remember, if you have any comments or concerns, please call me at (613)962-3595 or email lame at mbrant@hpedsb.on.ca

Respectfully submitted

Mike Brant, HPEDSB, representing Tyendinaga First Nations

Eksa 'okon:'a Childcare Centre

Is hosting a Logo Contest for all ages!

Our current logo is lacking Cultural
Influence



Please submit drawings in person to any
staff member or by email to

stevel@mbq-tmt.org

no later than June 20, 2014

Please provide your name, your age (if under 18),
address and phone number.

A prize will be given to the successful
candidate!

The drawings will be voted on by the
childcare staff on June 25!



EMPLOYMENT OPPORTUNITY
Administrative/Classroom Assistant
(Pending funding)

Under the direct supervision of the Executive Director, the position will provide a full range of administrative support services as well as providing regular teacher relief

DUTIES AND RESPONSIBILITIES:

- support the overall vision and goals of TTO and provide operational support services
- maintain confidentiality in all aspects of employment
- assist in coordinating/delivering special events, fundraising and presentations
- attend staff/BOD meetings, make travel and meeting arrangements
- organize board meetings, prepare agendas and meeting packages
- greet, interact with and provide information to visitors/students
- perform all general clerical duties
- prepare community flyers/newsletters
- maintain administrative and student files in an orderly fashion
- maintain office, classroom, facility supplies and capital inventory
- may supervise volunteers and other support personnel
- supervision of children during lunch and recess breaks
- assist with primary immersion breakfast program
- management of petty cash
- other duties as assigned by the Director

REQUIRED QUALIFICATIONS:

- Completion of 2 yrs post-secondary education preferably in office administration or related field
- at least two (2) years experience in an office setting
 - A combination of education and experience may be considered
- knowledge of Rotinonhsyon:ni language and culture is an asset
- experience working with children; knowledge of child development
- excellent organizational and written, oral, and interpersonal communication skills
- strong computer skills including the ability to operate spreadsheet, word processing and publishing programs
- ability to operate standard office equipment such as telephone, photocopiers and fax
- ability to work both independently and as part of a team

To apply please mail, fax or drop off a resume and cover letter to:

Tsi Tyonnheht Onkwawenna Hiring Committee
314 Airport Rd., Tyendinaga Territory, Ontario K0K 1X0
Phone: (613) 396-1081 Fax: (613) 396-1083

Applications must be received by the deadline of Friday, June 20th, 2014, 4pm



2014-15 PROGRAM REGISTRATION

Shatiwennakarats Adult Language Program:

Registration is now being accepted for the August 2014 intake with a start date of August 18th. The program operates five days a week, six hours a day and includes both grammatical and communicative approaches to second language acquisition. Registration is open to mature students.

Deadline to register is July 11th, 2014

Totahne Language Nest Program

Totahne is accepting applications for the September 2014 program which will begin September 2nd. Age requirement is 3 – 5 yrs and children must be potty trained. The program operates five days a week from 8:30am to 3:30pm. This program is suitable for families with a genuine interest and commitment to Mohawk language revitalization.

Kawenna'on:we Primary Immersion

Kawenna'on:we is accepting applications for children in grades SK-4. The 2014/15 program will start on August 11th. Interested parents/guardians are encouraged to call for further details.

**All programs have limited registration; call early to avoid
disappointment**

HAUDENOSAUNEE SPEAKER SERIES

PRESENTED BY



Creation Story

Saturday, June 28th, 2014, 10am – 3pm

19 Bayshore Rd., Tyendinaga K0K 1X0



Kevin J. White, Ph.D. (Akwasasne Mohawk) Assistant Professor of Native American & American Studies, SUNY Oswego has conducted years of research on the Creation Story.

This discussion will include information on the different versions of the Creation Story, why they exist and some of the key teachings.

No cost to attend but pre-registering by calling 613-396-1082 will help us to plan for lunch which will be provided.

Voice mail available 24 hrs; please leave your name and a contact number.

MOHAWK SUMMER LANGUAGE CAMP



Kanatsiohareke Mohawk Community
4934 St. Hwy. 5, Fonda, NY 12068
Mailing Address: PO Box 714, Fonda NY, 12068
Tel: 518-673-4197 Fax: 518-673-3783
E-mail: info@mohawkcommunity.com

July 14 – 25, 2014

Applications are now being accepted!

Three (3) levels of learning being offered:

Introduction to Mohawk

An intensive beginners class for those who have had no prior, or very minimal, exposure to the Mohawk language – working with experienced language instructor.

Basic Mohawk

A language session for those who have completed Session 1 or those who have had some prior language-learning experience with the Mohawk language – working with a Mohawk speaker.

Conversational Mohawk

A Mohawk immersion session for those seeking an opportunity to work on developing their proficiency in the language – working with a fluent Mohawk speaker.

Deadline for Applications: June 20, 2014

Application forms available on-line at www.mohawkcommunity.com

Registration Fee: Two-week/12 day Session \$1000 (US)

(Fee includes accommodations, all meals, instruction and materials)

Scholarships may become available for Haudenosaunee applicants

Cash/Checks/Money Orders payable by first day of class

Space is limited so register early !!

For more information on Summer Language Camp, please contact:

Iehnhotonkwas Bonnie Jane Maracle at: bjm@kos.net Office: 518-673-4197



Kanatsiohareke Mohawk Community
Location: 4934 St. Hwy. 5, Fonda, NY 12068
Mailing Address: PO Box 714, Fonda NY, 12068
Phone: 518-673-4197 Fax: 518-673-3783
E-mail: info@mohawkcommunity.com

MOHAWK SUMMER LANGUAGE CAMP July 14 – 25, 2014

REGISTRATION FORM

*Please submit completed form to the mailing address or by fax, to the attention of:
Bonnie Jane Maracle, Language Program Coordinator*

Name: _____

Address: _____

Email: _____ **Telephone:** _____

Session you are registering in?

- Session 1: Introduction to Mohawk Language
 Session 2: Basic Mohawk
 Session 3: Conversational Mohawk

Reasons/Interest in attending: _____

Re: Haudenosaunee Scholarship, if applying please complete the following information:

Haudenosaunee Nation Affiliation: _____

Clan: (if applicable) _____

(Note: Scholarships may become available. Any first-time Scholarship Applicants must provide a letter of recommendation from a member or organization from your community.)

.....
Office Use Only:

Date: _____ Cheque Cash Money Order

Amount Received: \$ _____ Received By: _____

Laura's Closet



Red Cedars Prom/Grad Dress Program 2014 Reminder

Nia:wen Kowa

To our community for coming together and donating
towards Laura's Closet.

We are thankful for your
support!

Do you need a dress??

We have a variety of sizes,
call us to arrange a private fitting!

Coming together this year to help families enjoy this special
occasion and milestone—stress free and free of cost!!!

**Want to complete that beauty queen
look? Book a make-up and/or hair updo
appointment too! (Free!!)**



In loving memory of Rachel Marie
Barker-Loft
May 27, 2003 – June 6, 2003

*Those we love we never lose,
For always they will be,
Loved, remembered, treasured,
Always in our memory.*

Love Aunt Marilyn & Uncle Rick

In Memory of
Iva Brant

Mom
April 26, 2013

*It is very hard to believe that
A year has passed so very fast
I think about you everyday
And talk to you like you are still here
I can still hear your voice and laughter
There have been times when I think that
I can see you even if it is for a second
But I realize it just your empty chair.
Mom, It hasn't gotten any easier yet
We all miss you so much it hurts
I know that you are in someway still helping
And guiding us
Not so long ago you told someone special
To tell us that you are ok
And that you are warm now.
You said that you are right here with us
And you are so proud of
Each and everyone of us
And that you love us more then we will ever know
and you always will.
Mom, we all miss you so very much
And we all love you too,
More then you will ever know
We will never, never forget you Mom
Because you will live on in each one of us.*

*P.S. We all wish you were here so
we could take turns waltzing you across Texas*

Nya:wen Kowa – Thank you

Our purse auction was held Saturday April 26th, 2014 at the Community Centre. After lots of laughs and the highest bids, \$1700.00 was raised with the auctioning of the purses, the golf package raffle and a couple of additional cash donations. All money raised was given to the FRC to feed our community families! We would like to thank the following people and business for their continued support of the purse auction.

Danielle Lucas

Esther Brant

Kim Maracle

Donna Hughes

Wendy Maracle

Jana Hill

Ainsley Leween

Ontario Works

Mohawk Family Services

Home Support

Community Health

Community Wellbeing Centre

All Purse donators!!!



Threadworks

Teana Danford

McMurter Home Centre

Slap Shots Bar & Grill

Barbara's Flowers

Family Health and

Child Development

And we can't forget to give a huge

THANK YOU to Eli Brinklow and

Joe Brown for making the auction

so much fun!! We hope you will

consider coming back next year!!!



Also, the winner of the gift card draw is Bridget Ferrill and the winner of the Trillium golf package is Glen Brant!

Congrats to everyone who participated!!



THE MOHAWKS OF THE
BAY OF QUINTE

FoOd ReSoUrCe CeNtRe

Would like to extend a special thank you to **everyone who came out to support the Purse & Garden Auction**; all the **Volunteers & Sponsors**, **Lead organizer Julie Brant, Joe Brown & Eli Brinklow** as the **Auctioneers** for all their hard work to make this event a huge success! **\$1,700** was raised and **Proceeds** were donated to **MBQ Food Resource Centre**.

A big **Nia:wen** also goes out to the **Horizon Legacy Energy Corp** for raising over **\$400** with **Gold Seat Hockey Tickets** for the **Toronto VS Boston Game** in April!!!

JUNE NEWS

NIA:WEN KOWA



ThAnK You!

WHO DID WE SERVICE?

From April 22nd to May 20th, the Food Resource Centre helped to ensure meals for **104 adults** and **90 children** (194 people) within our community! Thank you to everyone who has made a contribution, your generosity is greatly appreciated!

Want to make a donation?
Contact Kimberly Maracle at
the Community Wellbeing
Centre via email at
frc@mbq-tmt.org or by phone
at 613-967-0122 Ext. 170.



Mohawk Family Services Congratulates the “2014 Reach for Success” Youth Award Winners from Tyendinaga Mohawk Territory.

The 14th Annual Reach for Success Youth Achievement Awards was hosted on May 22, 2013 at the Empire Theatre. The theme this year was “I Want To See You Be Brave”. The Awards night gala celebrates, recognizes and honors the accomplishments of our Territory youth as well as those youth in care of the Highland Shores Children’s Aid. The Youth Awards night is a result of a partnership between Mohawks of the Bay of Quinte/Mohawk Family Services, the Quinte Children’s Foundation, Highland Shores Children’s Aid and Alderville First Nations. Many youth, parents, grandparents and friends were present to witness the awards.

Tyendinaga Youth Honored were:

Earnest Maracle-Personal Best

Deyohate Brant-Academics

Nicole Green-Academics

Henri Maracle-Arts

Cerena Green-Arts

Alexis King-Academics

Austin Maracle-Culture and Heritage

Chantelle Leween-Academics

Tawentenhawe Brant-Culture and Heritage

Kaweisentha Maracle-Academics

All Youth Award winners received a \$50.00 cash award along with recognition certificates.

A special congratulation goes out to Ms. Kanda Rodgers, Mohawks of the Bay of Quinte winner, of the “2014 Reach for Success” Youth Bursary Award of \$1000.00. Best of luck and much success Kanda in the Linguistics Program at York University this fall!

Mohawk Family Services would like to thank all those who took the time to nominate our youth this year.

In addition Mohawk Family Services would like to recognize and thank the following people for their contributions in making the evening a success!

Ms. Tawentenhawe Brant and Ms. Kaweisentha Maracle (Ohen:ton Karihwatehkwen)

Ms. Lyndsay Sero (Organizer, Strawberry Drink)

Ms. Johanna Goodfellow (Organizer)

Ms. Linda Maracle (Giveaways)

Mr. Taylor Lefort and Mr. Storm Brant (Singing lead Stomp Dance)

Ms. Kiersten Goodfellow (Greeter/Usher)



Team Canada World Floorball Championship



4 days in the Czech Republic, 1 in Germany, 5 in Poland. We had daily practices to keep on top of our game, and exhibition games with local teams. We played a total of 4 games; Ukraine we beat 10-0, Norway we lost 7-2, Austria we beat 14-2, and lastly, we beat Germany 5-4 with a final minute goal to claim the Silver Medal!!! It was amazing to experience all the sights that each location had to offer, meeting people from the around the World, and truly bonding with my team. We became sisters. Each journey has a road leading up to that moment. I'd like to thank my family and friends for their love and support prior to and during my trip to Poland. I'd like to give a shout out to my Nana, Marilyn Maracle. She is the most amazing supportive Grandma out there; she keeps me strong and positive when the nervousness gets to be too much. I would also like to thank Joe Sliwa, my personal trainer. I trained with him for months leading up to Worlds and became faster and stronger. And a HUGE thank you to Chief and Council, and FNTI for supporting me to experience this incredible eye opening trip of a lifetime!

Nia:wen Kowa

Raven Tabobandung #96

Thank you to the Dream Catcher Fund
for helping us with our 2013/2014
hockey season.

Jordan
JAYDEN

Jorja



TEAM CANADA
Silver Medallist - Youth
Joshua Brant-Parkin

Congratulations on your fantastic achievement at the Canadian Tenpin Trials in Toronto on May 16, 17 & 18. After an intense 3-day 10-pin bowling tournament Josh finished second against some amazing competition which earned him a 'Silver' medal and a spot on Team Canada - Youth. He also attends Urbana University in Urbana, Ohio on a bowling scholarship pursuing a degree in Accounting. We all are so very proud of him.
Mom, Dad & all of the family.



Congratulations to our grandson, Joshua Brant-Parkin. Making Team Canada and winning a Silver medal in 10-pin bowling. And for attending Urbana University in Ohio to bowl on their Varsity team. He has accomplished such a great deal in his young life. We are so proud of him.
Love his Nan & Pap (Jean & Lorne Maracle).



92.3 FM

This year KWE Radio was pleased to be able to take part in National Aboriginal Language Day.

Karen Lewis contacted us and after much discussion and preparation the day dawned.

Thanyehtenhas Nathan Brinklow opened the day with Haudenosunee and after a crash DJ course Konwanonhsiyohstha Callie Hill took over the controls for the day and did an awesome job providing Native programs, music and dances including local artists and others from around Canada and the U.S.

Tayoserontye Nikki Auten dropped in to interview Callie and obtain insight into her studies. It was most interesting to hear Callie speak of the stories she heard and the information she gathered while delivering her questionnaire in the community.

With a little coaxing from Callie, Nikki entertained everyone with her rendition of Janis Joplin's Mercedes Benz but in keeping with the day it was sung in Mohawk.

Others stopped in to say hello and provide encouragement and support for Callie the DJ and the day's event.

Nyawen to Karen, Nathan, Nikki and especially Callie for spending the day with us.

We're all looking forward to future events.

Thank You

Sending out many thanks to **Kevin Brant Jr & Kevin Maracle** for your very generous donation of fresh fish for our Seniors Fish Program.

Given this spearing season was more difficult than past years your kind donations are greatly appreciated.

This year's senior fish program has ended. We had plenty of interest, our apologies if we ran out. This program is a pilot project to evaluate the need for ongoing programs, given the volume of calls from our seniors there certainly is a need for next year.

Thank you all for your patience with this new project

Community Health Program



Nya:wen!

THANK-YOU TO EVERYONE THAT JOINED US FOR THE EARTH DAY BBQ AT THE COMMUNITY CENTRE ON SATURDAY, APRIL 26TH! DONATIONS TOTTALLING \$39 WENT TO THE ANGEL TREE PROGRAM.

CONGRATULATIONS TO OUR BICYCLE WINNERS!

ETHAN LOFT
OLIVIA BRANT
DANIEL CHASE
SAM HORVATH



THE ENYONKWA'NIKONHRYOHAKI' YOUTH PROGRAM ☺

Happy Birthday!



Happy 10th Birthday
Ever

Love Auntie Boo, Jeffy and Ledgie

Happy Birthday Coley
June 12

How do you like the big city?
Love from Mom, Dad, Tiny, and Peanut.

Happy Birthday Johnny
June 18

Have a good summer.
Love from Mom, Dad, Tiny, and Peanut.

Happy Birthday
Corey Brant
Love, Uncle Chip & Aunt Allison

Happy Birthday
Kyle Brant
Love, Chip & Allison

Happy Birthday
Emily Brant
Love, Uncle Chip & Aunt Allison

Happy 2nd Birthday
"Wadey" Cowie
Love, Great Uncle Chip & Great Aunt Allison

Happy Father's Day
Bill Brant (Papa)
Love, Chip & Allison

Happy Father's Day
Chip Brant
Love, Kody

June 1 - Happy 9th Birthday to a
super sweet grandson Matty Bernhardt
hope you have a great birthday.
Love Poppa & Nanny B.

June 4 - Happy Birthday to a special
granddaughter Taylor Haight who will
be 9 years old. Hope your day is filled
with lots of fun.
Love Poppa & Nanny B.

June 9 - Happy Birthday to a great son -in-law
Kelly Haight,
hope you have a great birthday.
Love Dana & Linda

June 10 - Happy 4th Wedding Anniversary
to Matt & Sue Bernhardt,
we are both wishing you a great anniversary.
Love Mom & Dad B.



June 24 - Happy Birthday to my
wonderful husband Dana
you mean the world to me and I hope your birthday is filled
with love and happiness.
Love Linda

Happy Birthday Corey – June 3rd
Love Aunt Marilyn & Uncle Rick

Happy Birthday Billy – June 4th
Love Marilyn & Rick

Happy Birthday Mom (Mary) – June 5th
Love Rick & Marilyn

Happy Birthday Grandma – June 5th
Love Sam, Emmett, Phill & Hayden

Happy Birthday Tracey – June 18th
Love Marilyn, Rick, Sam, Emmett, Phill & Hayden

Happy Birthday to an awesome Mommy – June 26th
Love Emmett xoxo

Happy Birthday Sam – June 26th
Love Mom & Dad

Happy Birthday Suzie Lynn – June 29th
Love Aunt Marilyn, Uncle Rick, Sam, Emmett, Phill & Hayden

Happy Birthday Dan – June 29th
Love Marilyn & Rick



Happy Anniversary Mary & Keven – June 3rd
Love Marilyn, Rick, Sam, Emmett, Phill & Hayden

Happy 6th Anniversary Brad & Maria – June 21st
Love Mom & Dad

Happy 6th Anniversary Brad & Maria – June 21st
Love Sam, Roo Roo, Phill & Hayden

Happy Anniversary Bill & Sandy – June 23rd
Love Marilyn, Rick, Sam, Emmett, Phill & Hayden



**KANHIOTE
LIBRARY**
613-967-6264

Monday, Tuesday
and Wednesday
10:30 to 5:30

Thursday 12 to 7

Since the library opened at 1658 York Road the photography by Val Hickey, taken at the PowWow over the past 15 years, has hung on our walls. The space is now open for another artist's work.

Tyendinaga artists are invited to apply to use the space on a monthly rotation.

Our display case could be used in like fashion for other art/craft collections.

There is no charge for the service.

Download - from your library-
Audiobooks, ebooks and more on your computer, cell phone, IPod or eBook reader
available 24/7 from www.kanhiote.ca
Automatic return no late fees

All you need is an Internet connection and a library card

It's easy as : 1Browse 2Checkout 3Download
Enjoy

Come to the library June 10th or 24th if you would like some help with the process.
Call 613-697-6264 to let us know you are coming

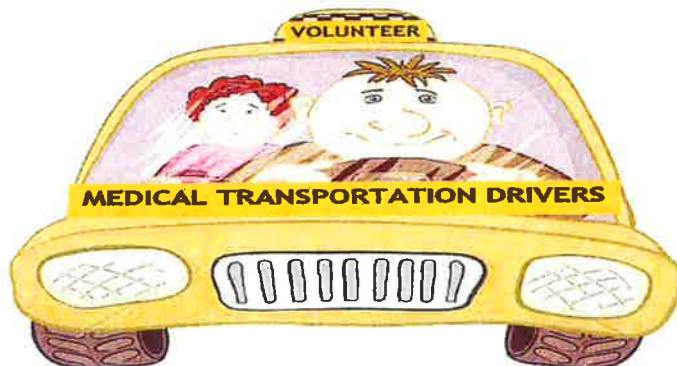
Pow Wow 2014 August 9th & 10th

If you are taking out a Craft, Food or
Non profit booth then the deadline is no later
than July 20th 2014.

Please contact Brad or Ruby to register
613-396-5365

NEEDED!!!

Volunteer Medical Transportation Drivers



**Do you have
some free time
to Volunteer?**

**Are you looking to
Supplement your
Income?**

**If your interested in helping out,
please contact the
Community Wellbeing Centre
613-967-3603**

The Mohawks of the Bay of Quinte

FOOD RESOURCE CENTRE

"Helping families one meal at a time."

HOURS OF OPERATION

Monday - Friday: 8:30 am - 4:30 pm
(No appointment necessary)

To make a donation to the Food Resource Centre, monetary or otherwise, or for more information, please contact us at frc@mbq-tmt.org or 613-967-0122, extension 170.

The MBQ Food Resource Centre is seeking donations of personal toiletries ie, shampoo, conditioner, soap, toothpaste, baby wipes, body lotion, etc. Any donations can be dropped off at the Community Wellbeing Centre at either reception.

For more information, please contact us at frc@mbq-tmt.org, or 613-967-0122, ext 170

NIA:WEN—THANK YOU

Pregnant? Just had a baby? Children 0—6?

If you are looking for a community program that will offer supports for pregnant families, pre and post-natal care, information on child development and a wide variety of programming for families with children 0—6 years of age we would love to hear from you!

Family Health and Child Development is located in the Community Wellbeing Centre and offers a wide variety of supports/information that includes:

- * Assistance with birth plans
- * Taking care of yourself and baby before and after baby is born, including sibling readiness
- * Breast feeding and making your own baby food
- * Developmental screenings
- * Behavioural supports
- * Sleeping issues
- * Potty training
- * Community programming, workshops and trips
- * Fetal Alcohol Spectrum Disorder information
- * Good baby box (assistance with basic baby needs)
- * Literacy tools and learning
- * Culturally appropriate information and workshops

If this is something of interest to your family contact us at:
Community Wellbeing Centre - 613 967 0122
Located at 50 Meadow Drive (behind the police station).

All programs held at the
Home Support Activity Centre
 1794 York Rd
 Unless otherwise stated

June 2014

All Home Support programs are for seniors 55+ or 18+ with physical challenges.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Ceramics	3 Meals on Wheels Urban Poling	4 Euchre	5 Meals on Wheels Napancee Shopping	6 Meals on Wheels Handivan Des	7
8	9 Ceramics	10 Meals on Wheels Urban Poling	11 Diners Club HOME SUPPORT @ Community Centre National Day of Reconciliation	12 Meals on Wheels Birthday Tea	13 Meals on Wheels Handivan Des Scrapbooking	14
15	16 Breakfast Club Ceramics	17 Meals on Wheels Urban Poling	18 Euchre	19 Meals on Wheels Belleville Shopping	20 Office Closed	21
22	23 Lighthouse Craft Community Circle	24 Meals on Wheels Urban Poling	25 Diners Club HOME SUPPORT Activity Centre	26 Meals on Wheels Strawberry Picking	27 Meals on Wheels Handivan Des Scrapbooking	28
29	30 Lighthouse Craft	Breakfast Club—8:00 to 9:30 a.m. Diners Club—12:00 to 1:00 p.m. Handivan Departure—9:00 a.m. Meals on Wheels delivered between: 11:30 a.m. to 12:30 p.m. Scrapbooking—10:00 a.m. to 3:00 p.m. Lighthouse Craft—1:00 to 3:30pm Birthday Tea—2:00 to 4:00 p.m. Euchre —6:30 to 8:30 p.m. Urban Poling—10:00 to 11:00 a.m. Ceramics—1:00 to 3:00 p.m. Community Circle—6:00 to 8:00pm				

June Newsletter

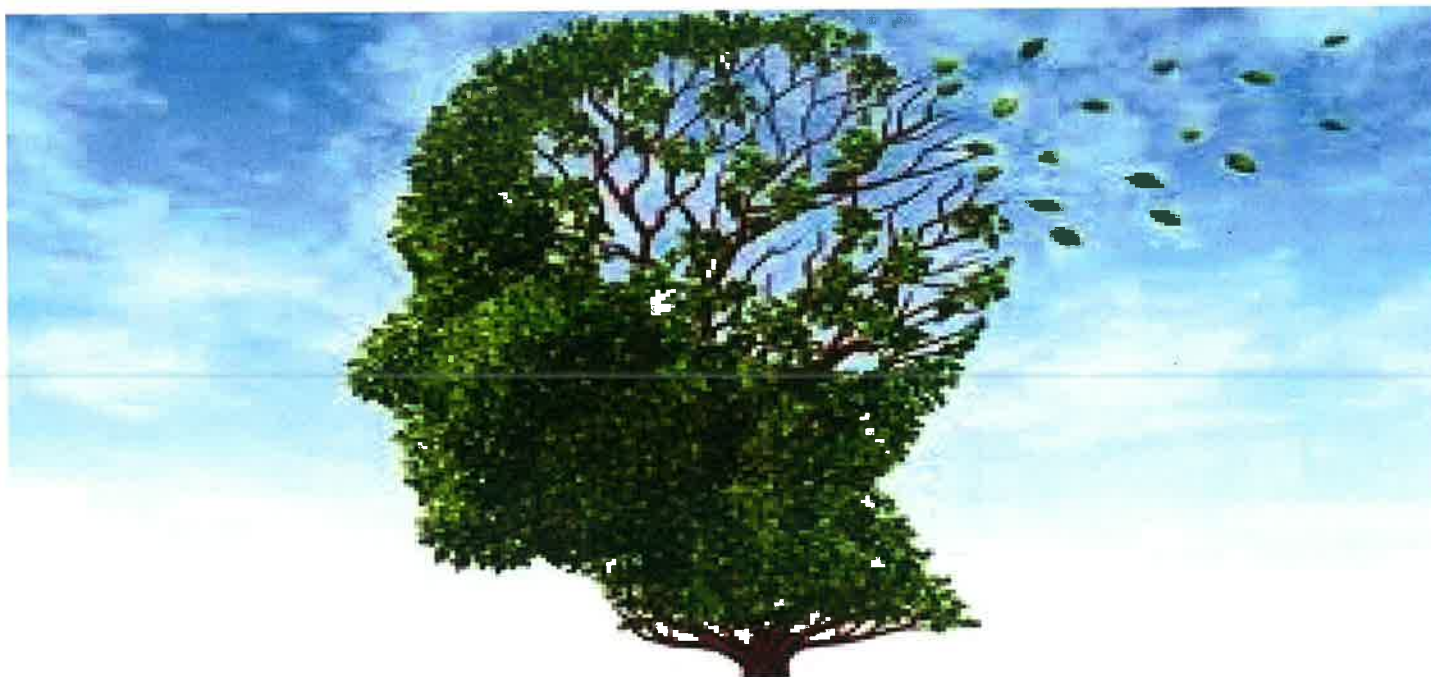
Family Health & Child Development Program

Community Wellbeing Centre

50 Meadow Drive

613-967-0122

June is Brain Injury Awareness Month



Our Brain: The Incredible Multi-Tasker

Our brains are at work while we learn, problem-solve, breath, stand, talk, digest, keep a heart beat, see, hear, walk, chew gum and so much more all at the same time!

Our brains are more intricate than the most complex engine; more able to solve problems than the most sophisticated computer. Just like those special machines, our children's brains need and deserve the very best attention to keep healthy and in good working order.

Some tips to keep your children's brains healthy

- Provide a warm, loving, consistent environment. Show pride in their efforts. Help children build relationships.
- Teach your children activities that exercise their brains like games, puzzles and playing musical instruments.
- Provide a healthy diet; make sure children get the rest they need

Always:

- Buckle up for safety to greatly reduce the chance of suffering a serious head injury in the car.
- Make sure your children wear a helmet while bicycling, skating, horse back riding, skateboarding and so on.

UV Index and Sun Protection



The UV index is a useful tool when it comes to sun protection. It was developed by Environment Canada to inform Canadians about the strength of the sun's UV rays- the higher the number, the stronger the UV rays, and the greater the need to protect yourself.

Every day on your favourite radio station or morning news they will announce the UV index for the day, but what does this mean? Use the following table to determine your recommended sun protection actions.

UV INDEX	Sun Protection Actions
0 – 2 Low	Minimal sun protection required. If outside for more than one hour, wear sunglasses and sunscreen. Reflections can nearly double UV strength.
3 – 5 Moderate	Take precautions. Cover up, wear a hat, sunglasses and sunscreen if outside for 30 minutes or more. Look for shade near midday.
6 – 7 High	Protection required. UV damages skin and can sunburn. Reduce time in the sun between 11 a.m. and 4 p.m. Seek shade, cover up, wear a hat, sunglasses and sunscreen.
8 – 10 Very High	Extra protection required. Unprotected skin can be damaged and burn quickly. Avoid the sun between 11 a.m. and 4 p.m. seek shade, cover up, wear a hat, sunglasses and sunscreen.
11 + Extreme	Maximum protection required. Unprotected skin will be damaged and burn in minutes. Avoid the sun between 11 a.m. and 4 p.m. Remain in the shade, cover up, wear a hat, sunglasses and sunscreen.

Post on refrigerator for a quick glance reference.

KARONHYAK'TATYE SPORTS COMPLEX

CALENDAR OF EVENTS

Come out and enjoy a game of baseball!!

3-Pitch Rez Mixed League every Wednesday night.

Mens Fastball games starting at 7:00 pm or 7:30pm

Belleville Roller Derby Team practices at the Lacrosse Box every Sunday, Thursday & Friday

Canteen available at most events.

June 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Ball Tournament</i> <i>Lacrosse Box RD 2pm—6pm</i>	2	3	4 <i>3-Pitch League 6pm—10pm</i>	5 <i>Fastball Diamond A</i> <i>Lacrosse Box RD 7pm—9pm</i>	6 <i>Lacrosse Box RD 7pm—9pm</i>	7 <i>Ball Tournament</i>
8 <i>Ball Tournament</i> <i>Lacrosse Box RD 3pm—7pm</i>	9	10	11 <i>3-Pitch League 6pm—10pm</i>	12 <i>Fastball Diamond A</i> <i>Lacrosse Box RD 7pm—9pm</i>	13 <i>Lacrosse Box RD 7pm—9pm</i>	14 <i>Ball Tournament</i>
15 <i>Ball Tournament</i> <i>Lacrosse Box RD 3pm—7pm</i>	16	17	18 <i>3-Pitch League 6pm—10pm</i>	19 <i>Fastball Diamond A</i> <i>Lacrosse Box RD 7pm—9pm</i>	20 <i>Lacrosse Box RD 7pm—9pm</i>	21 <i>Ball Tournament</i>
22 <i>Ball Tournament</i> <i>Lacrosse Box RD 3pm—7pm</i>	23	24 <i>Fastball Diamond A</i>	25 <i>3-Pitch League 6pm—10pm</i>	26 <i>Lacrosse Box RD 7pm—9pm</i>	27 <i>Lacrosse Box RD 7pm—9pm</i>	28 <i>Ball Tournament</i>
29 <i>Ball Tournament</i> <i>Lacrosse Box RD 3pm—7pm</i>	30					

FAMILY FUN NIGHT

Have you ever wondered how you get diabetes?
Would you like more information about diabetes?
Would you be willing to sit at your kitchen table and discuss diabetes?

If so, Community Health Programs offer you, in your home, an evening of information about diabetes but made fun for everyone.

You provide the home, family & friends and we will do the rest.

We bring the education, information and snacks and come to you!

To schedule your in home family fun night please call Denise @ 613-967-3603 ext 128



EYE EXAMS & GLASSES FOR THE ENTIRE FAMILY

JUNE 4TH, 10AM - 5PM

TO BOOK AN EYE EXAM CALL TOLL FREE

1-866-920-6480

COMMUNITY WELLBEING CENTRE PARKING LOT
50 MEADOW DR., DESERONTO, ON



COMPREHENSIVE
OPTOMETRIST EYE EXAMS

Rx GLASSES

DESIGNER FRAMES

SUNGLASSES





COMMUNITY MEMBERS AND HUNTERS

FACTS ABOUT TICKS:

Ticks live in and around wooded areas and they get infected when they feed on mice, squirrels, birds and other small animals that can carry the bacterium. Ticks then spread the bacterium to humans. Tick bites are usually painless and most people do not know that they have been bitten. The black-legged tick is more commonly known as the Deer Tick and can be found in parts of Canada. Ticks can spread the disease known as **Lyme disease**. People cannot spread Lyme disease to each other although, dogs and cats can contract Lyme disease. There is no evidence that they can spread the infection directly to people. Pets can, however, carry infected ticks into homes and yards.

HUNTERS: may be at greater risk, because they spend more time in habitats where ticks tend to live. However, Lyme disease cannot be contracted from butchering or eating deer meat.

Positive result for Lyme Disease ticks have been indentified in some areas of Picton, Ontario.

PROTECTING YOURSELF:

1. Using insect repellent that contains DEET on your boots, socks, pants, sleeves, waist and cuffs can reduce your risk.
2. Wear appropriate clothing when you are in wooded areas, i.e. long pants with socks over your pants. If Ticks climb on you they soon drop off as they cannot attach to your skin. They need food to survive (blood).
3. Checking yourself after every time you have been in wooded areas.

Please check your children when they return from outside as our pets can provide transportation for ticks to our yards/homes. Therefore: Check your pets on a daily basis.

DEER HUNTERS!! Please ensure you check yourselves after returning home every time for your own protection against Lyme Disease.

If you find a tick, or have any questions, please contact, the Community Health Representatives at Community WellBeing Centre at

613-967-3603

Wear
A
Helmet

BICYCLE SAFETY TIPS



- Always wear a Helmet
- Use lights at night
- Stop at all stop signs
- Ride on the road
- Take out earbuds

Bike Helmets

Wear your Helmet the Right Way!

Helmet Level

Your helmet should be level on your head—not too far forward or too far back.



Shake Your Head

Shake your head. If the fit is right, your helmet will stay on tight.



Straps Snug

Your helmet should be snug. One finger should fit between the chin and chin strap.



Rez Walk Challenge

WATCH NEWSLETTER & WEB
SITE FOR MORE UPDATES

Coming Soon
Fall '14



water safety tips



Swim in
lifeguard-supervised
beaches and pools.



Put up barriers around the
pool or hot tub.



Always swim with a
buddy. Even experienced
swimmers can tire or get
muscle cramps.



Keep an eye out on
children around
water. Stay within
reach.



Learn proper swimming
and safety skills.



Wear a life jacket while
boating.



LiveRightNow.ca

Moms - In - Waiting

Canadian Prenatal Nutrition Program (CPNP)

MONTHLY FOOD VOUCHERS are offered to women during their pregnancy. For more information please call Community Wellbeing at 613-967-3603 and speak with the Community Health Nurses who will outline the program

We want you to have a healthy pregnancy and a healthy baby

Mary McCauley R.N.
Community Health Nurse



Moon Ceremony

Women / girls are invited to join us to honour and seek guidance from Grandmother Moon on June 12/ 2014 at Dusk (Approx.

8:30 pm. Facilitated by Betty Carr-Braint.

Women / girls are encouraged to bring:

Tobacco for offering (if they would like to use their own)

A bottle of water

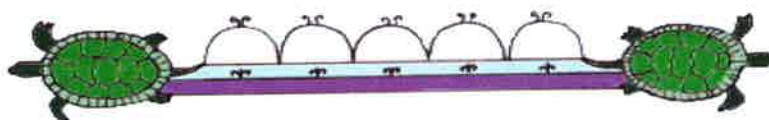
A lawn /camp chair

A small pot Luck Item

And to wear a skirt.

The Ceremony will be held behind the Community Wellbeing Centre and will be followed by a pot luck feast.

Questions can be directed to Diana at (613) 967-0122 Ext. 133 or Betty Ext. 102.





GOOD BABY FOOD BOX

The Good Baby Box helps families residing in Mohawk Territory to stretch their food dollar, reduce cost, and meet nutritional cost food needs of their infants and toddlers. Please contact Vanessa @613-967-3603

Price List:

Infant:-\$6.00

- 20 pack of diapers
- 1 chosen speciality item

Over 6 Months-\$10.00

- 20 pack of diapers
- 6 small or 4 large jars of baby food
- 1 choice of cereal, cookies or juice

Toddlers:-\$6.50

- 20 pack of diapers
- 1 chosen specialty item

Speciality Items are:

- Wipes
- Shampoo
- Kleenex
- Vaseline
- Lotion
- Soap
- Other items as available

Formulas:

Good Start
Enfamil lower iron
Enfamil with iron
Parent's Choice with iron
Parent's Choice lower iron
Powder: \$16.00 per can
Concrete: \$2.25 per can or 8 cans for \$17.00

Good Food Box



Dates: Order By and Paid 4:30pm	Order Arrives
January 7, 2014	January 15, 2014
February 11, 2014	February 19, 2014
March 11, 2014	March 19, 2014
April 8, 2014	April 16, 2014
May 6, 2014	May 14, 2014
June 10, 2014	June 18, 2014
July 8, 2014	July 16, 2014
August 12, 2014	August 20, 2014
September 9, 2014	September 17, 2014
October 7, 2014	October 15, 2014
November 10, 2014	November 19, 2014
December 9, 2014	December 17, 2014

Calendar For
2014



For more info call
Vanessa, at CWC
613-967-3603

Large Food Box \$15.00
Singles Box \$10.00
Fruit Bag \$5.00

COMMUNITY HEALTH

GOOD FOOD BOX

(Items in each)

Large Food Box

5 lb. Potatoes

2 lb. Carrots

2 lb. Onions

1 Broccoli

1 Celery

1 Romaine Lettuce

1 Cucumber

1 Green Pepper

1 Green Onion

3 Tomatoes

5 Mac Apples

2 lb. Bananas (6)

5 Seedless Oranges

4. Bartlett Pears

Small Food Box

2.5 lb. Potatoes

2 lb. Carrots

2 lb. Onions

1 Broccoli

1 Celery

1 Romaine Lettuce

1 Green Pepper

1 Green Onion

2 Tomatoes

2 Mac Apples

1 lb. Bananas (3)

2 Seedless Oranges

2 Bartlett Pears

Fruit Bag

5 Mac Apples

2 lb. Bananas (6)

5 Seedless Oranges

1 Lemon

5 Bartlett Pears

National Aboriginal Diabetes Association

The Aboriginal Nutrition Network is starting a collection of traditional Indigenous recipes from across the country. Every recipe that you contribute will be entered into a draw for prizes such as nutrition resources, cookbooks and an iPod shuffle. Once completed, the attached recipe template will become your ballot. There is no limit to the number of entries per person. Please circulate widely 😊. Enjoy!

Please have "Traditional Recipe Submission" as your subject line when sending your recipes to Emily at ann.2001@hotmail.com.

Traditional Cookbook Project

Aboriginal Nutrition Network



The Aboriginal Nutrition Network would like to create a collection of traditional Indigenous recipes from across Canada and we're hoping you can help us! Every recipe that you submit will be a ballot towards a draw for cookbooks, an iPod shuffle and other great nutrition resources. The recipe does not have to be original, but you need to tell us where you got it.

RECIPE NAME: _____

Your name: _____ Your email: _____

Where did you get this recipe?

Original/family recipe Another source: _____

INGREDIENTS: (please include both quantity and name of item)

-
-
-
-
-
-
-

INSTRUCTIONS:

-
-
-
-
-
-
-

If there is a story about when you typically prepare or eat this food please feel free to share it

Our Dreams Matter too!

Walk for Culturally based equity for First Nations children



We invite YOU to walk with us

Wednesday June 11, 2014

**All participants will meet at Kanhiote Library/Nation Building at 9:00 am
(Last year the walk took about 2 1/2 hours)**

See schedule on reverse

Bring your shakers, drums, noisemakers

**We will remain together at the Post Office after we mail the letters to do a
song or two in honour of our event!**

This event supports giving First Nations children the same chance to grow up safely at home, get a good education, be healthy, and be proud of their cultures.

Our Dreams Matter Too is a walk and letter writing event supporting culturally based equity for First Nations children. There were over 5000 Our Dreams Matter Too walkers across Canada last year!

***Form letters will be available on the website, at local stores & MBQ buildings.
Please bring your signed letter with you to place in our mailbox. Some letters will be
available to sign on the day of the event.**

We encourage everyone to wear purple for this event!

Water and Fruit will be available to all participants

Donations will be accepted during the event or can be made to First Nations Child and Family Caring Society of Canada to support [Shannen's Dream](#), [Jordan's Principle](#) and the [I am a witness campaign](#).

**This event is brought to you through the co-ordination of MBQ services/programs concerned
with children and youth.**

For any questions please contact Tracey at 613-967-0122 Ext. 175 or Lyndsay Scero Ext. 148

We walk for the future of our First Nations Children!

EVERYONE IS WELCOME AND ENCOURAGED TO PARTICIPATE!

Agenda

- 9:00 Meet at Kanhiote Library/Nation Building
- 9:15 Opening
...Hand out Signs/Stickers etc.
...Sign letters (for those of you who have not signed the letters)
...Collect letters
- 9:20 Walk begins leaving Library/Nation Building
- 9:30 Arrive at Community Centre
Letters Collected
Hand out stickers/Signs to walkers
...a bus will be available to transport Children back to the Daycare
Fruit & water will be available to all participants
- 9:35 Begin Walk (Walkers may choose to walk only one section or the whole way)
- 9:50 Band Office/FNTI driveway (break)...new walkers can join us
- 11:00 59ers Hall (break)...new walkers can join us
- 11:30 L & M variety (break)...new walkers can join us
- 11:45 Post Office, Deseronto...mail letters, celebration song

Vans & Bus will be available to drive participants back to the Library/Nation building

Note that this agenda is a guideline; times may vary slightly on the day of the event



This peaceful and respectful walk supports three campaigns:

- ✓ Shannen's Dream (www.shannensdream.ca) for "a safe and comfy school" – Shannen Koostachin
- ✓ Jordan's Principle (www.jordansprinciple.ca) to ensure equitable access to all government services.
- ✓ I am a witness campaign (www.fnwitness) to help First Nations children grow up in safe homes.

"Individual actions seem insignificant, but together the small steps of many people can have an astonishing impact "
- Unknown



Tyendinaga Justice Circle
Tontakaiérine
(It has become right again)

3rd Annual Young Men's Wellness Weekend July 4-6, 2014



- Open to young men ages: 12-19 years old
- Limited spaces available
- Held on Tyendinaga Mohawk Territory
- No drugs/alcohol
- No cell phones or other electronic devices
- No outside food

Learn basic survival skills

Learn to build and participate in a sweat lodge

Make your own rattle

Haudenosaunee social songs

Get a reading with a spiritual guide to determine your own good path and what you can do to become healthier

Discuss traditional teachings

Relax and unplug!

Free event!



For more information, or to register please contact:

Mark Brinklow Aboriginal Youth Justice Worker
Telephone: (613) 396-2122 ext. 125
Fax: (613) 396-2761
E-mail: Markb@fnti.net



TIPI MOZA (Iron Homes)

Urban Native Housing Program

www.tipimoza.com

HOUSES FOR RENT

If you don't have a housing application with us, please contact the office for an application. It needs to be filled out, in order to be eligible for one of our units.

We have a 3 bedroom house, which will be available July 1st, 2014 and is ***not subsidized***. The monthly rent includes heat, hydro, stove and fridge.

In order to be eligible you need to be First Nations, Metis or Inuit ancestry.

For further details, please contact Carol at 613-547-1135 or by email cloft@kingston.net.



We have a large 4 bedroom house which is ***not subsidized***. It has 1-1/2 baths, central air, and laundry hook-up. The monthly rent is \$1400.00, which includes heat, hydro, stove and fridge. It's available immediately!

For further details, please contact Martha at 613-547-1134 or mbeach@kingston.net or Carol at cloft@kingston.net

NOTE: Both Houses Are Located In Kingston Ontario

You aren't eligible for Tipi Moza (Iron Homes), until I have your housing application and all required documentation



993 Princess Street, # 205
Kingston, ON
K7L 1H3





14 York Road, Unit #1 & 2B

Tyendinaga Fitness Resource Centre
(613) 962 –2822 tyfitnessres@mbq-tmt.org

Shannonville, Ontario

KOK 3AO

June 2014

Discover the Balance

We have Gift Certificates

Discovering the
Balance

By Working the
Mind, Body,
Heart and Spirit

Hours of Operation

Monday - Thursday

6:30am-8:00pm

Friday

6:30am-6:00pm

Saturday

8:00am- 2:00pm

Fees

Senior (55+) \$20.00

Student \$25.00

Adults \$30.00

We Are Open to

The Public

TFRC Staff

Darlene Loft /

TFRC Manager

Sonya Maracle /

Personal Trainer

Fitness Staff & P.T ;

Sonya Lueth

Mahaley Brant

Shanleigh Maracle

Kiowa Bernhardt

We Welcome Co-op

Do the Cardio That You Love

Doing your first cardio workout can be a little overwhelming, especially if you are doing it in a gym. So what do you do? Walk, run, row, bike, step, or classes? The answer is any of these, just make sure that it is something that you enjoy. Push yourself to 85% of your maximum heart rate. What ever activity you decide on make sure that you keep it fresh. If you have been running for a while, try a class. If you have been doing classes for a while try rowing. There are lots of options when it comes to cardio. The important thing is to change it up every once in a while to keep yourself motivated, challenged and to avoid plateauing .

Special Thank You

To the Tyendinaga Community Development Fund for the purchase of 2 new treadmills , this is greatly appreciated .

Sonny Maracle for putting hooks up in the men's room

Western Canadian Centre for Activity & Aging & MBQ for funding the Seniors Fitness Training for Darlene Loft.

“Thanks for a healthy last semester of high school TFRC! I will be continuing with you as a member as of June 4th!”

(Dymond, co-op student)

Thanks TFRC for a great last semester. I had learned a lot about the gym and that it is important to keep active and healthy every single day. (Cole Leafe, co-op student)

SAVE THE DATE : Functional Fitness 40 + starting in Sept.

If financial assistance is required, possible funding is available though TCDF. Applications and Guidelines are available at the Administration Office.

FREE YOGA!

@ Tyendinaga Fitness Resource Centre
14 York Rd. Shannonville

613-962-2822



tyfitnessres@mbq-tmt.org



Benefits of yoga

- Lowers stress levels
- Increases flexibility
- Lowers blood pressure
- Improves lung capacity
- Reduced chronic neck and back pain
- Relieves anxiety
- Improves sense of balance
- Strengthens bones
- Lowers risk of heart disease

Instructor: Erin McMahan – Erin fell in love with yoga during her 1st class 4 years ago. She has since enjoyed many different styles of yoga. Erin is currently completing an 8 month long yoga teacher training course at Janati Yoga School in Kingston.

Sign up ASAP / Drop In

June Every Thursday .. 5:30pm – 6:30pm

WATCH FOR CLASSES FOR JULY & AUGUST

<<Urban Poling>>



Tyendinaga Fitness Resource Centre

Urban Poling

Thursday June 5 - 6pm to 7pm

4 weeks of a **Great Safe Workout**

At Quinte Mohawk School

FREE if you have experience / ages 12 +

\$20.00 for Beginners

(lessons complete when you know how to do it)

DEADLINE TO Signup - ASAP - We require at least 10 participants

For more information contact : (613) 962-2822

Or email : tyfitnessres@mbq-tmt.org

Poles available to rent for \$5.00 a night

Welcome back "TFRC Urban Pole Group"

Poles Available to Purchase from Instructor

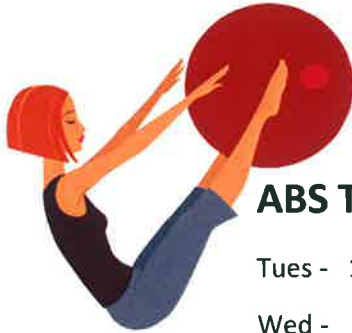
Certified Instructor : Darlene J. Loft



TYENDINAGA FITNESS RESOURCE CENTRE

(613) 962-2822 tyfitnessres@mbq-tmt.org

AWESOME ABS



ABS Time:

Tues - 12:50 to 1:20

Wed - 12:15 to 12:45

Program Has Been
Successful !

June 2014



CHARGING CIRCUITS

Circuits Time:

Tues - 5 to 5:30

Mon - 12:15 to 12:45

LUNCH TIME WORKOUT

No Experience Required &
If successful program will continue

No Cost

With
TFRC

Active membership

\$5.00

Without
TFRC

membership

Body Detail Workouts by our Certified Personal Trainer

Sonya Maracle

Limited Space for 10 Participant's Per Session

Never too late to Join ! Drop -In

BW Time:

Wed - 5 to 5:30

Thurs - 12:15 to 12:45



Better Butts Time:

Tues - 12:15 to 12:45

Wed - 12:50 to 1:20

BODYWEIGHT

BETTER BUTTS



Naturopathic Doctor:
Dr. Alanna Kuhn



Registered Massage Therapist:
Morgan Young



Chiropractors:
Dr. Jason Maracle Young
and Dr. Rebecca Huddleston



Certified Facilitator for
Slimming Club:
Jane Tweedie



Reiki Master, Certified Hypnotist and
HypnoBirthing Practitioner:
Michelle Breede

MEET AND GREET

On Tuesday June 17th from 5:30pm until 7pm
Maracle Chiropractic opens it's doors for everyone
to meet the amazing health care providers available
to you right here in Shannonville!

Address: 14 York Rd Unit #2 TMT, ON K0K 3A0

BEHIND THE HEADLINES

on Missing and Murdered Aboriginal Women

**Women and Men of Tyendinaga Territory and Surrounding Communities
are Invited to a Public Gathering Featuring**



Dawn Lavell-Harvard, Ph.D
President, Ontario Native Women's Association

Dr. Lavell-Harvard will speak on the ongoing work of ONWA and the Native Women's Association of Canada (NWAC) shining light on the conditions that contribute to the vulnerability of many Aboriginal Women and the community action necessary to change those conditions.

First-Person accounts of loss and seeking justice will be shared
Questions from participants are welcome

Date: Thursday, June 19, 2014. 7-9 p.m.

Location: The Teaching Lodge in the Wellbeing Centre
50 Meadow Drive*, Tyendinaga Territory

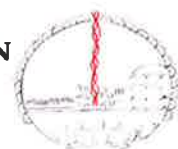
**Meadow Drive runs south off York
Road, 4 km west of Hwy 49, 7 km east
of Shannonville, beside the police station*

All are Welcome to Attend the Sacred Fire in the Fire Pit Behind the Well-Being Centre
6:15-6:45pm to Affirm Unity, Offer Prayers and Tobacco

This event is being facilitated by:



TYENDINAGA NATIVE WOMEN'S ASSOCIATION
THE ANGLICAN PARISH OF TYENDINAGA
GOOD MINDS PROGRAM OF TYENDINAGA



Onkwe'hon:we Niwenhnisero:ten (Aboriginal Day)

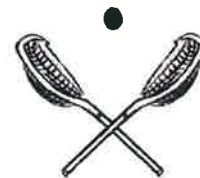


Saturday, June 21st, 2014

**Tsi Tkeritoten Park
Bayshore Rd., Tyendinaga Mohawk Territory**

Schedule of Events

10am	Parade Line up at Centennial Park, Deseronto
10:30 am	Parade to Tsi Tkeritoten Park
11 am	Opening, Live entertainment, Talent Show, Bingo
12 pm	Potluck Lunch (chicken, tossed salad provided)
12:30pm	Canoe Races (teams of two, min age 16 yrs)
1:30 pm	Games, races, tug-o-war



Sewatonháren tsi onkwe:hòn:we niyonkwaya'tó:ten!
Come and enjoy the fun!



Language and Cultural Centre

314 Airport Rd., Tyendinaga Mohawk Territory

look for us on Facebook!

Ph: (613) 396-1081/82

Two Row Challenge



The boys are a little bit bigger, a little bit stronger and a whole lot faster! The Two Row Challenge started two years ago and they are back at it again!

Come on out and watch the Orillia Novice KINGS challenge the Akwesasne Storm in two games of box lacrosse.

When: Saturday July 6th at 11am and 2pm

Where: Deseronto Arena



VS



Thank you to the local sponsors for their support:

**Build All Contracting
Lewis Lacrosse
Salmon River Enterprises
Ward's Gas Bar & Auto Sales**

Any questions, or if you would like to assist with sponsorship, please contact Gary Maracle @ (705)238-1742

STRAWBERRY SOCIAL



**Sunday July 6, 2014
1:00 p.m. - 4:00 p.m.**

**792 Ridge Rd., TMT
RR 1 Deseronto**

in case of rain - alternate site All Saints Church - Ridge Rd

Proceeds in aid of the Anglican Parish of Tyendinaga

**FREE-WILL OFFERING
AT THE GATE**

**SILENT AUCTION
BAKE TABLE**

**50/50
ENTERTAINMENT**

DOOR PRIZES

Tyendinaga Food Resource Centre Charity Golf Fundraiser June 13th, 2014

"4 Person Scramble"

Shotgun Start 11:00am

PRIZES

**\$15,000 Trailer
Hole-in-one prize**
Carl Cox RV Sales and Service

GAMES



Briar Fox Golf Club

FUN

Please bring a non-perishable food item

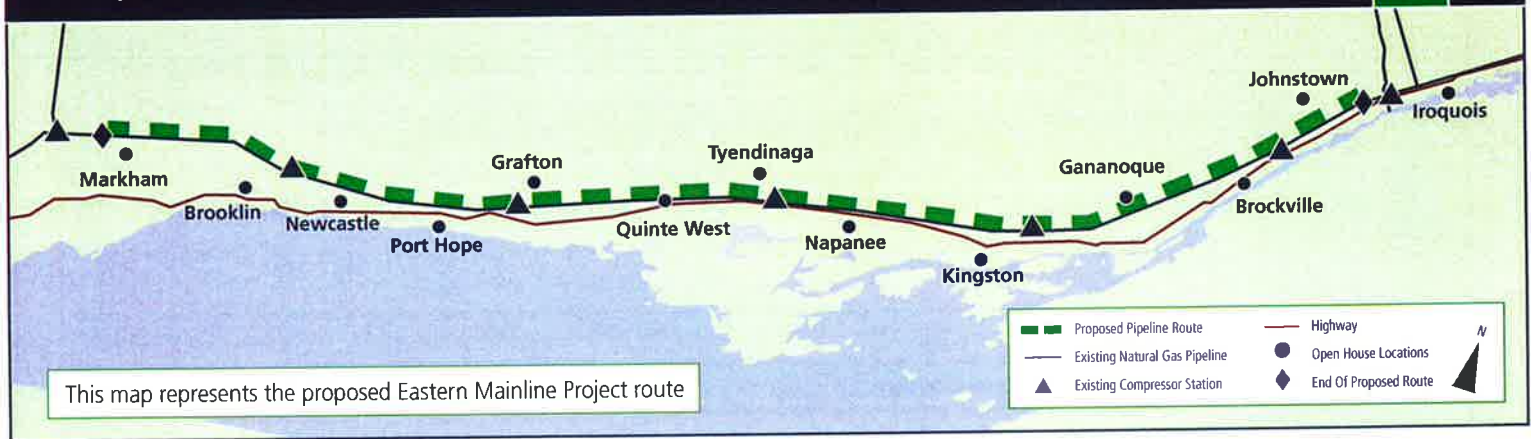
\$80 per player - includes Par 3 Prizes

Limited to first 144 players (register team asap)

Contact: Cliff Brant - 396-3104

George Hill - 966-2950 (leave message)

Please join us for an Open House to learn more about the proposed **Eastern Mainline Project**



You are invited to attend a TransCanada Open House for the proposed Eastern Mainline Project. TransCanada will be hosting a series of open houses along the proposed route in a location near you. Please see the map and the back of this postcard for locations and details.

Project Overview

TransCanada is proposing to construct new natural gas pipeline facilities primarily along our existing pipeline corridor between the City of Markham and the community of Iroquois located in the Township of South Dundas. Route deviations away from the existing pipeline corridor are being considered in some locations due to:

- environmental features
- adjacent land uses
- construction constraints
- stakeholder feedback

The project is proposed to include up to approximately 370 kilometres of 36 inch diameter pipeline as well as new compressor units at five existing compressor stations located in the Municipality of Clarington, the Township of Alnwick-Haldimand, the Township Tyendinaga, the City of Kingston and the Township of Augusta.

We invite you to contact TransCanada with any questions or comments you may have with regards to the proposed project:

Eastern Mainline Project:
Phone: 1.855.920.4697
Website: easternmainline.com
Email: eastern_mainline@transcanada.com

Or write to: TransCanada
Attn: Eastern Mainline Project
 200 Bay Street
 24th Floor, South Tower
 Toronto, Ontario, M5J 2J1



Proposed Eastern Mainline Project – Open House Locations & Hours

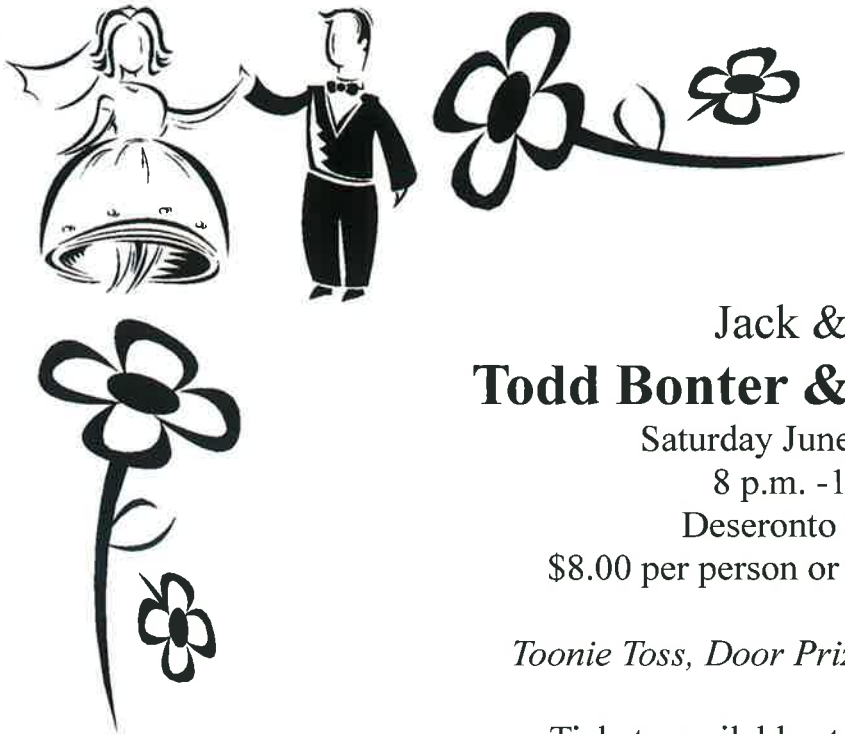
Open House Hours: 4 – 8 p.m.

Markham	Markham Village Community Centre	6041 Hwy 7	May 27, 2014
Newcastle	Newcastle Community Hall	20 King Ave. W.	May 28, 2014
Brooklin	Brooklin Community Centre	45 Cassels Rd.	May 29, 2014
Port Hope	Port Hope Lions Club	29 Thomas St.	June 3, 2014
Quinte West	Batawa Community Centre	81B Plant St.	June 4, 2014
Grafton	Grafton Community Centre	718 Station Rd.	June 5, 2014
Johnstown	South Edwardsburgh Community Centre	24 Sutton Dr.	June 10, 2014
Gananoque	Lou Jeffries Recreation Centre	600 King St. E.	June 11, 2014
Brockville	Brockville Convention Centre	7829 Kent Blvd.	June 16, 2014*
Tyendinaga	Township of Tyendinaga Recreation Hall	363 McFarlane Rd.	June 17, 2014
Greater Napanee	Strathcona Paper Centre (Lafarge Banquet Hall)	16 McPherson Dr.	June 18, 2014
Kingston	Days Inn and Conference Centre (Salon B)	33 Benson St.	June 19, 2014

*Due to the upcoming provincial election the Brockville Open House has been moved from Thursday, June 12 to Monday, June 16th.

We hope to see you there. For additional information, please visit easternmainline.com





Jack & Jill
Todd Bonter & Jan Phillips

Saturday June 7th 2014

8 p.m. - 1 a.m.

Deseronto Legion

\$8.00 per person or \$15.00 a couple

Toonie Toss, Door Prizes & Spot Dances

Tickets available at the Door or call
613-966-5421



DESERONTO LEGION

UPCOMING EVENTS FOR June

June 7th- Kym Tyson - 4pm to 8pm
Everyone welcome

June 28th- Instant Rivalry 4pm to 8pm
Everyone welcome

JUST AS A REMINDER IF YOU CAN PUT THIS IN AGAIN.....

**** Bus Trip has been booked for July 5th to visit Napanee, Collins Bay and Bath Legions-everyone must have 2014 membership card OR you will need a legion member to sign you in- \$25.00 per person. Sign up sheet is at the Deseronto legion and funds must be paid by June 18th- FUNDS WILL NOT BE REFUNDED- Bus will leave Deseronto Legion at 11:30am. ****



Tyendinaga Native Women's Association

Yard Sale

**Saturday,
14 June, 2014**

Bayshore Rd

8:00 am – 4:00 p.m.

**NWA Trailer
Corn Soup and Bannock**

**Space avail for \$10.00 by
Contacting Vanda Spencer at 613-396-5647**



Players still needed but the roster is almost complete.

****Attention Novice Hockey Players****



I am canvassing the area for 2006-2007 native status hockey players (male and female) for the annual Little NHL hockey tournament in Mississauga for the 2015 March break. Summer practice and off ice development will occur once my roster is complete. I've coached my sons Kingston team for two seasons, and we've had great success. We just came back from LNHL and I coached a team from another First Nation which my son (goalie) played for as well. Because of logistics practices were impossible prior to the tournament.

This tournament has been happening for 43 years, and this year 166 teams represented Natives from all over Ontario.

Please call or text 613-583-4622 if you would like to be apart of this great experience,



Sept. 12-14

Upcoming
Fair Board Meetings:
June 16 @ 7pm
at Kanhiote Library
All are Welcome!

Demolition Derby Friday - Traditional Foods and Crafts - MAS Member and Youth Exhibits - School Exhibits - Midway - Bingo - Turkey Dinner - Kids Games and Races - Pet Show - 4-H Calf Club Show - Old Tyme Contests - Classic Car Show & Shine - Horseshoes - Entertainment - Toilet Bowl Races

Keep checking for NEW Information and Events!
Watch for the Fair Book in June!



Mohawk.fair



Mohawk Fair



@MohawkFair

WWW.MOHAWKFAIR.COM

NEW BUSINESS OPENING

WE ARE LOOKING TO SUPPLY ALL CRAFTS NEEDS TO THIS AREA

SEED BEADS ALL SIZES AND COLOURS 4,6,8,10

GLASS CROW BEADS, WOOD BEADS, PONY BEADS, BUGLES BEADS, NEEDLES AND THREADS, SINEW, CONCHO'S, ALL KINDS OF CHARMS, TURTLES AND FEATHERS, KEY RINGS, DOLLS, BOOK MARKERS, EARRING HOOKS, AND METEL RINGS ALL SIZES

- * SEWING KITS
- * BEAD LOOMS TWO SIZES OF BEAD LOOMS
- * INQUIRE ABOUT GETTING LESSONS

NO TAXES

**IF YOU HAVE A CRAFT HOBBY
CONTACT US WE ARE LOOKING
TO SUPPLY YOUR NEEDS
LISA MARTIN 613-242-9130
martin_family_crafts@hotmail.com**



THE ANGLICAN PARISH OF TYENDINAGA

*To be a Spirit-filled and life-giving place where
strangers become friends and friends become disciples.*

Parish Priest
The Venerable Brad Smith
962-2787

Our worship uses a mixture of traditional and contemporary language and music, including Mohawk. All people are welcome to worship and participate in fellowship and parish life. We don't think we have all the answers—if you have questions, please join us on a journey of discovering the sacred One.

SUNDAY CELEBRATIONS

Christ Church (Lower Church)
52 South Church Ln
9:30 a.m.

*Worship Schedule - 9:30 a.m.
All Saints' - Jan-Mar, Jul-Sep
Christ Church - Apr-Jun, Oct-Dec*

According to the traditional calendar, this is the season for giving thanks to the Creator for strawberries, green corn, and other important sources of medicine and nourishment. We pray that all those who are engaged in cultivating fields and gardens will be blessed with good weather and abundant harvests to share.

UPCOMING EVENTS

**Behind the Headlines on Missing and Murdered
Aboriginal Women**
Thu 19 Jun, 7-9 p.m.,

Teaching Lodge, Wellbeing Centre
A public gathering featuring Dawn Lavell-Harvard, president of the Ontario Native Women's Association, speaking on the conditions that contribute to the vulnerability of Aboriginal women and how they can be changed. Facilitated by the Tyendinaga Women's Association, the Anglican Parish of Tyendinaga, and the Good Minds Program of Tyendinaga.

National Aboriginal Day of Prayer Service
Sun 22 Jun, 9:30 a.m., Christ Church
Join the parish in worship as members present a special service to mark National Aboriginal Day.

FOR THE MOST UP-TO-DATE INFORMATION,
VISIT WWW.PARISHOFTYENDINAGA.ORG
OR WWW.FACEBOOK.COM/TYENDINAGAANGLICAN

“AA OPEN MEETINGS”

8:00 p.m. every Monday
Queen Ann Parish Centre

For more information call:
Dale & Lorna Vos
613-968-8586 or 613-921-8015

WE ARE TOPS, ON#5258 T.M.T.

Losers Unite, Join Us!

WINTER HOURS

Thursdays

5 - 5:30 = Weigh in
5:30 - 6:30 = Meeting

Elders Lodge
(Bayshore Rd)

TOPS is a weigh loss meeting and support group established in 1948 as a nonprofit organization. Our goal is to help each other lose weight for better health and appearance. If you are struggling with a weight issue join us and together we can achieve our goals.

**You may be the one person I need to help
me lose these pounds.**

The first meeting is FREE. Its time to be a loser,
come see for yourself.

Contact: Joy Brant - 613-885-0506
Tree Good altree94@gmail.com



She:kan! Skennen:kowa! Great Peace be with you!

KERISTOS NE KORAH:KOWA

CHRIST THE KING

Under the Patronage of Blessed Kateri Tekakwitha

A Catholic Anglican-Use Parish

Tyendinaga, M. T.



Morning Prayer with

Communion from the Reserved Sacrament

10:00 AM → 1st, 3rd, 4th, 5th Sundays



Holy Eucharist (Complete Mass):

11:15 AM → 2nd Sunday of the Month

Services are held at: The Elders' Lodge Common Room

For additional parish information, please call:

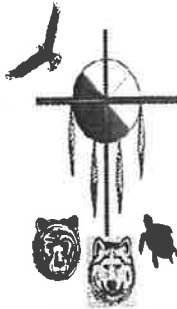
Mr. Charles E. Maracle, Rector's Warden, at 613-396-3089

OR

Ms. Lorna J. Moses, People's Warden, at 613-396-2538

OR

Minister Gérard Trinque at ☎ 1-888-831-4145 ✉ gtplus@yahoo.com



The Cross represents our *Christ-Centred Faith* adorned with the colours of the "*Four Sacred Directions*" which indicate the redeeming power and truth of the Gospel of Jesus Christ for all places, times, and nations. The four eagle feathers represent the four Gospels of Saints Matthew, Mark, Luke, and John. They remind us of the *good news* of salvation in Christ given for the whole world. The wolf, turtle, and bear explicitly represent our Mohawk clans, blessed by the light of the Gospel and called to faith in Jesus Christ. The eagle, which flies the closest to Heaven, symbolises the grace and power of God in receiving and answering our prayers.



"For the word of the cross, to them indeed that perish, is foolishness; but to them that are saved, that is, to us, it is the power of God." (1 Corinthians 1:18)



MOHAWK PENTECOSTAL CHURCH

WHEN WE MEET

Sunday	10:30 am Worship Service 11:30 am Sunday School 6:30 am Worship Service
Wednesday	7:00 pm Bible Study
Saturday	7:00 pm Prayer service

1984 York Road
Tyendinaga Mohawk Territory
Ontario Canada
K0K1X0

Church - 613.396.5329
Parsonage 613.396.5325

COMING EVENTS

Friday, June 6	Revival Service, Wilton Standard Wesleyan Church at 7pm
Sunday, June 15	Father's Day Service
Sunday, June 15	Communion

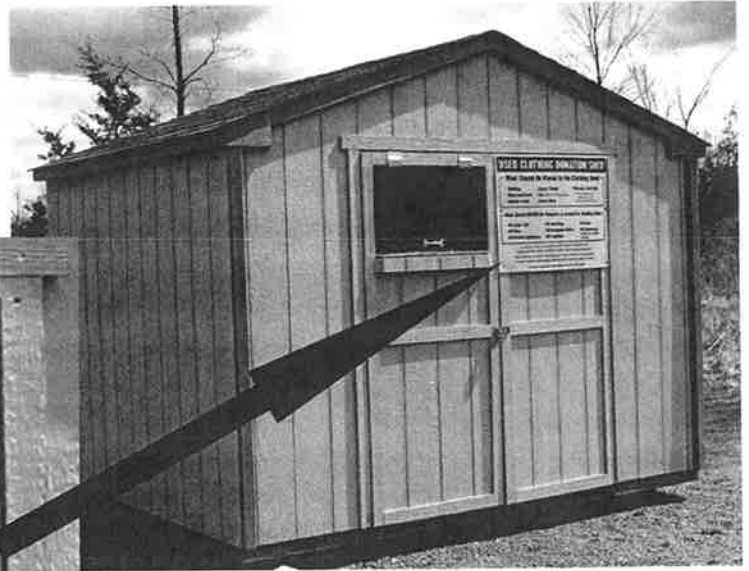
A very great vision is needed and the man who has it must follow it as the eagle seeks the deepest blue of the sky.

Crazy Horse, Oglala Lakota Sioux



ENVIROTEX

"Recycling what matters"



USED CLOTHING DONATION SHED

What Should Be Placed in the Clothing Shed

- Clothing
- Linens/ Towels
- Other misc. cloth items
- Shoes and boots
- Toys (that fit in Shed opening)
- Please make sure all clothing is securely packed in garbage bags.
- Jackets/ Coats
- Purses/ Belts

What Should NEVER Be Placed in or around the Clothing Shed

- NO Large Toys
- NO Area Rugs
- NO Food
- NO Bikes
- NO Breakable Disks
- NO Electronics
- Including TVs, Computers & Monitors
- NO Kitchen Appliances
- NO Furniture

A portion of the proceeds from the clothing collected will help SUPPORT YOUR CHURCH fund its much-needed programs. The Clothing Donation Shed sponsors local charities in Canada and Around the World bringing clothing and funds for people in need. To have a shed serviced please call 613-800-3267

Located at 1984 York rd.
Mohawk Pentecostal Church

Envirotex Recycling inc.
works on behalf of charities in
Canada and around the world
bringing clothing and funds
for people in need

Proceeds from all items
collected will go towards
Tyendinaga Mohawk
Pentecostal Church's
building program

How the shed works

1. We place a used clothing drop off shed at a local Church or Community Centre.
2. Community members donate clothing by placing it in the shed.
3. We collect the clothing donations when the shed is full and distribute them locally in Canada. We give funding to your Church for the clothing collected at the shed.
4. They, in turn, use the money as they see fit. Our partners have used the money for youth groups, sports teams, mission projects, and other community-oriented activities.

CLASSIFIED

FOR RENT

- 2 BEDROOM APARTMENT
- located on the York Rd.
- Available Immediately

Call for an appointment
613-962-1546

Looking for old
pictures of the
"Lucky Strike Lanes"
in Deseronto
Call Lester: 613-396-3340

FOR SALE

- 4 BEDROOM 1800 sq. Ft
BUNGALOW
- on 1 full acre
- master bedroom is 15ft X 15ft, has a walk-in closet, drywall & pine, carpeted, 2 bedrooms are 12 ft X 11ft
- 1 bedroom is 15ft X 11ft
- living room is 25ft X 16ft, all pine walls & open concept with kitchen
- kitchen is 15ft X 16ft, oak cupboards, brick & drywall
- bathroom is 8ft X 10ft, completely renovated 2 yrs ago, ½ wood walls & drywall with crown molding, claw foot bathtub, all new fixtures
- central air, insulated full basement, electric furnace, 2000 gallon holding tank
- new windows last fall, new flooring throughout 3 yrs ago, metal roof
- double wide driveway, wheelchair ramp
- large shed
- includes fridge, stove, washer & dryer
- located at 554 Norways Rd
- \$135,000.00 (negotiable)

Please call for a viewing appointment. 613-962-3748
Or cell #613-242-7442

HOUSE FOR SALE

- 840 # 49 Hwy Tyendinaga Territory
- lot 150' X 200'
- House, Garage, Store front, Utility shed
- 1735 sq. ft. main floor
- full basement
- 4 bedroom, 2 bathroom on suite has jacuzzi tub
- above ground pool
- large deck
- 5 X 10 pool table included
- appliance included/and some home decor
- sunroom - leads from master bedroom to pool area

Details call: Rick 613-827-2988
Jackie 613-849-4559

BABYSITTING AVAILABLE

- certified in First Aid, CPR & AED, Social Worker Diploma, Outside playtime healthy snacks, lunch Story time, songs, games & crafts. Monday-Friday reasonable rates.
- \$25.00 per child
In my home.

Call Fran - 613-396-2393

WATERFRONT LOTS FOR SALE

- located on Snookies Rd
- with road frontage on Toms Rd.
- Lots 3C-6, Lot 3C-7, and Lot 3C-8 Con. 2
- 140 ft of waterfront with total acreage of 7.23 acres

For further information, please call: Scott Maracle 613-396-1327

LOT FOR SALE

HY 49 & BAYSHORE RD
Partial dwelling located there

Phone: 613-243-9079

FOR SALE

- 4 BEDROOM HOME
- large eat-in kitchen
 - dishwasher, fridge, stove
 - large bedrooms
 - Updated 4 pc bathroom (ceramic floor)
 - 3 pc bath w/shower
 - large family room with updated woodstove (WETT certified)
 - walkout basement
 - lots of storage
 - upgraded well with holding tank
 - new roof and deck
 - shed
 - lot size 3/4 acre (approx)

PRICE RECENTLY REDUCED
(Serious offers will be considered)

Please contact:
tyendinaga11@yahoo.com OR
416-938-4157 or 613-396-2151

HOUSE FOR SALE

- For sale by Owner
- Lot 30G-4 Concession A
20 Airport Rd
 - 3 bedrooms, kitchen, living room, dining room combined
 - full basement
 - working well with trickle system, water purifier with UV light
 - new windows and doors
 - septic system 8 yrs old
 - large lot, back deck 3 yrs old
 - garage for storage or car
 - laminate flooring throughout

Only interested parties need apply.
Contact: 613-827-8774 anytime

FOR SALE

4 Michelin X-Ice X12 SNOW
TIRES

Fit 17" rims
\$200 or best offer
Call: 613-967-1129

BABYSITTER AVAILABLE

Hello, my name is Mackenzie Bowden. I am a responsible 15 year-old who loves kids. I can baby-sit evenings and week-ends. I have 2 years of experience babysitting and have completed the Red Cross babysitting course. If you need a night out call me at 613-849-4305

FOR RENT

Upper 2 BEDROOM APART-
MENT

no refrigerator or stove.
- \$600/month inclusive,
- first and last month required.
- Located at 411 Airport Road,
TMT

Applications available at
Build All Contractors, 5427
Hwy #2, Shannonville

FOR SALE

WATERFRONT COTTAGE

- with large 2 car garage & sun Porch
- located just off of Ferry Lane (Cottage F)
- large spacious 3 bedroom approx 1200 sq. ft
- renovated and winterized with electric heat source
- hardwood floors & rugs

For further information, please
call 613-544-7019

SADIES MENS WELLNESS

Attention to the Mohawk Men of our Community

ARE YOU A MAN WHO IS LOOKING

FOR A PLACE TO STAY WHILE YOU

ARE DECIDING ON YOUR NEXT STEP

TOWARDS GETTING BACK ON YOUR FEET!

CALL 613 396 1607. ASK FOR JIM, OR LEAVE INFORMATION FOR CONTACT

ALL INQUIRIES CONFIDENTIAL!

HOUSE FOR SALE

41 Upper Slash Road
\$185,000

1 Acre Lot with Plenty of Road Frontage
1640 Sq. Ft – Main Level
Propane Furnace and Hot Water Heater
Hardwood and Ceramic Floors Throughout
Large Eat-in Kitchen
Dining Room opens to Multi-level Deck
Living Room with Large Picture Window
Main Floor Laundry

3 Bedrooms Upstairs with Potential for More Downstairs
Large Master Bedroom with Private Deck and Soaker Tub
1 Full Bath and 2 – ½ Baths (1 main floor and 1 on lower level)
Large Rec Room on Lower Level with Walk-out and Corner Propane Fireplace
Craft Room on Lower Level
Outdoor Hot Tub and 27' Round Pool
Attached 2 Car Garage
Shed
Call to view (613)967-8230

FOR SALE

Honey Oak 2 PEDESTAL OVAL
DINING TABLE 40"X60"

- Quality handcrafted by Tompkins Furniture Deseronto
- Includes 2 leaves to extend it 24 more inches.
- Will fit large or small space and includes 6 matching oak chairs.
- Price \$699.99.
- Great buy in excellent condition!

Contact Marilyn at 613-967-1129
if interested.



FOR SALE

NEWLY RENOVATED
2 BEDROOM COTTAGE

- winterized, 1200 sq. ft. (approx.)
- 32 Ferry Lane Rd. TMT
- Price: \$69,000.00

Phone: 613-743-5658
for viewing

“Adding Charm to your Home”



CLICK HERE FOR MORE INFORMATION
**BECOME A CERTIFIED
GRANICRETE
INSTALLER** IN UNDER 3 DAYS!



LOCATED ON MOHAWK TERRITORY! 1129 LOWER SLASH RD. 613-396-2671

Retailer of Meoded Paints & Plasters. Installations of Affordable Countertops, Decorative Concrete Overlays, Metallix & Epoxy Coatings, Showers, Outdoor Living areas, plastered wall applications done. DESIGNER FLOORS ARE OUR SPECIALTY! SEALERS AVAILABLE! website: www.granicreteontario.ca OPEN 9:00AM -5:00PM MON TO FRI EACH WEEK

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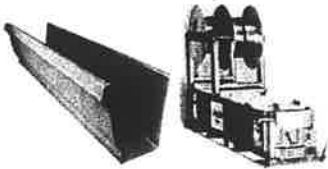
Eavestrough Delivery

Professional Installation
Commercial & Residential

**5 INCH SEAMLESS
ALUMINUM TROUGH
(ALL COLOURS)**

Belleville & Kingston Offices
Servicing Eastern Ontario
C/O
R.R. # 7 Belleville, Ontario K8N 4Z7

(613) 885-8274

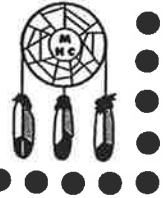


McMurter **ACE**

The helpful place.

Lumber & Building Supplies

Tyendinaga Mohawk Territory
P.O. Box 755
Ontario, Canada K0K 1X0



**Jim McMurter
Owner / Manager**

E-mail: jmcmurter@mcmurterhome.com
BUS: (613) 396-1607 ~ FAX: (613) 396-6897

J's Concrete Stamping

1121 Slash Rd. Deseronto, ON
email: js_stamping@hotmail.com

Free Estimates

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Place, Pour and Finish Regular Concrete

Specializing in Epoxy Urethane Floors

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Decorative Concrete Applications

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Telephone 613 396-3570

GARTLAND

New Installations and Repairs

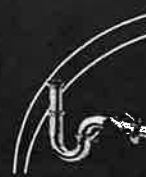
Residential and Commercial

Cellular 613-827-1050

PLUMBING

Heating & Air Conditioning

2040 Melrose RD. Marysville, ON., K0K 2N0



Pelletier Law Firm

Bonnie Pelletier, R.N., LL.B

Barrister Solicitor Adjudicator

Formerly Maracle Law Office



**Divorce
Separation
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Child Protection Cases
Wills**

**Powers of Attorney
First Nations Law
Tribunal Hearings
Legal Aid Accepted**

613-969-9000

14 York Road · Mohawk Business Centre
Shannonville, Ontario K0K 3A0 · Fax: 613-542-1003

EMAIL: info@pelletierlawfirm.com

Sam's Custom Railings

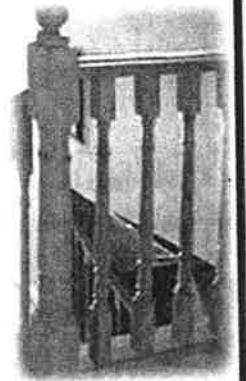
Specializing in Oak & Maple

Free Estimates

Ken (Sam) Barnhardt

1467 York Rd
Tyendinaga Mohawk Territory, ON
K0K 1X0

613.966.9734



**Bowden Contracting
Licensed Carpenter**

**Home Renovations
New Construction
Free Estimates**



**Ron Bowden
Cell - 613-848-5331**

613-962-0082

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