

# TYENDINAGA NEWSLETTER



## ISSUE 3/01



## MARCH IS ABORIGINAL LANGUAGE MONTH

Look inside for upcoming events, a poster contest  
and other information for Aboriginal Language Month.

PLEASE NOTE THAT REGULAR T.M.C.  
MEETINGS ARE SCHEDULED FOR:

WEDNESDAY MARCH 7

Due to other commitments the next meeting is  
WEDNESDAY MARCH 21

Meetings begin at 9:00 a.m.  
and local business will be addressed  
at 7:00 p.m.

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Newsletter Deadline  
Monday, MARCH 26  
12:00 noon  
396-3424

*We're on the Internet*  
[www.tyendinaga.net](http://www.tyendinaga.net)  
(What's happening)

### EUCHRE NIGHT!



Do you have the time and like to play  
Euchre and have fun?  
Euchre every 2nd Tuesday evening at 7:30!  
We have business meetings once a month!  
If you are interested please call  
396-6522 OR 967-4708  
For more information



## ADMINISTRATION

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### MOHAWKS OF THE BAY OF QUINTE



R.R. #1, Tyendinaga Mohawk Territory, Ontario K0K 1X0

Phone: (613) 396-3424 Fax: (613) 396-3627

March 1, 2001

#### TO THE MEMBERS OF THE MOHAWKS OF THE BAY OF QUINTE FROM THE CHIEF

##### Se:ken Sewakwekenh

I hope that this report finds you in good health and looking forward to the mild spring weather.

##### Long Term Care

On February 23, 2001, I met with Ms. Gail Paech, the Assistant Deputy Minister of Long Term Care Re-development project of the Ontario Ministry of Health, to stress the urgent need of financial assistance from the government to address the pressing need within Aboriginal communities for Long Term Care facilities. I asked her what the Ontario Government's plan was to address Long Term Care and Ms. Paech has promised to respond within 10 days.

##### Potential Capital Projects

The Tyendinaga Mohawk Council has identified the following potential capital projects at various council meetings:

<i>TMC Mtg. Date</i>	<i>Project</i>	<i>Cost</i>
1) Jan. 10/01	Renov. Washroom & Kitchen (59's Club)(FPC Engineering)	Unknown
2) Dec. 20/01	Fire Hall	\$ 1,439,500.00
3) Dec. 20/01	Road Garage & Sand/Salt Dome	862,000.00
4) Dec. 20/01	York Rd. Bridges	324,155.75
5) Dec. 6/01	Ball Field at Shannonville Fairgrounds	Unknown
6) Feb. 24/01	Water & Sewer Plant Subdivision	\$16.2 million

##### Land Purchases

On January 10, 2001 Council approved a land transfer of a portion of Lot 20A-1, Concession A for road widening purposes on the Ridge Road, as shown on Plan No. 7940 Canada Lands Survey Records.

##### Richmond Landfill Site

On December 22, 2000, the Honourable Lyle VanClief, MP, forwarded a letter to the Honourable David Anderson, Federal Minister of the Environment, requesting that the Canadian Environment Protection Agency conduct a full environmental impact study on the Richmond Landfill Site.

It has been reported through the media that the Federal Government will be participating in the environmental review process at the onset. As of the writing of this report, Council has not received any written reply from the Honourable David Anderson and we will be following up on this issue.

We are concerned that the dump is negatively impacting the water courses that pass through our territory and has a potential of negatively affecting ground water and fish habitat.

##### Internet Services for Quinte Mohawk School

In most cases provincial schools have access to the internet services. In February, 2001 Indian Affairs approved to allocate \$20,000.00 to install internet service at the Quinte Mohawk School.

The school administration will be contracting with FNTI for this service.

##### Aboriginal Languages

On January 12, 2001, Council approved of the Head Start Program and Sweetgrass First Nations Language Council Inc. agreement for \$4,500.00 to help, preserve and protect Aboriginal languages for future generations.

##### Community Centre

On January 24, 2001, Council approved to obtain quotes to correct deficiencies at the Community Centre.

At the Council meeting on February 28, 2001 Council approved to spend \$40,000.00 to correct the deficiencies. The new glass doors will be changed to fire rated doors, a drain will be installed at the back to keep the basement from flooding and a new fire resistant stair case will be erected on the north side of the building.

##### Agricultural Leases

On January 24, 2001, Council approved to defer agricultural leases until an environmental review is conducted. The lands department is working on this issue.

##### MTO Subsidy For Roads

The Mohawks of the Bay of Quinte will be receiving \$110,000.00 for operating subsidy for our roads. This is the amount of the annual allocation.

##### Staff Visits to Prisons

On January 24, 2001, Council approved that any staff member can refuse to visit a prison if there are concerns for the staff's safety and suggested that staff work closely with case manager officers at the institutions.



## ADMINISTRATION

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### Mortgage Foreclosures

On January 24, 2001, Council instructed that the band's lawyer to proceed with the Writ of Seizure and Sale and Writ of Possession regarding a defaulted mortgage.

On February 2, 2001, Council approved to develop a housing policy that states when the band forecloses, the party in default will be given the option to rent the unit.

### MBQ Legal Fees

During the period of April 1, 2001 to February 28, 2001, Council has spent \$156,844.39 on legal fees. The breakdown is as follows:

1) General matters	\$15,460.39
2) Commercial lease litigation	10,703.90
(The band received \$40,000.00 settlement, Jan./01)	
3) Richmond landfill court case	44,942.75
4) Fishing dispute	24,436.76
5) Employment matters	21,307.65
6) Water and Sewer policy	1,648.31
7) Turton Penn highway	10,861.38
(It is expected that we will recover the legal expenses and an appraisal is being done.)	
8) Dispute with a band member's commercial lease	518.87
9) Mortgage foreclosure issues	9,401.14
10) Residency by-law, conflict of interest policy, law enactment process, election code	1,944.30
11) Thurlow human resource services, Staff interviews	2,400.00
12) Payment to lawyer for settlement of Staff dispute	5,000.00
13) CIRB policing issue	1,623.47
14) PeaceTree and TSS audits	3,115.00
15) Taxation litigation issues	2,880.47
16) Collection agencies	600.00
<b>TOTAL</b>	<b>\$156,844.39</b>

### Business Loan Guarantee Program

On January 25, 2001, Council approved to implement a Business Loan Guarantee program with the Bank of Montreal.

The band will guarantee business loans up to \$150,000.00 provided that the applicant meets all of the banking lending criteria. The Business Loan Guarantee Program will guarantee up to 70% of the total project costs and the balance will be the responsibility of the owner. The band will collect an administrative fee of 1% of the loan value. The interest rate charge for a business loan is prime for loans 1 to 5 years. For loans 5 to 10 years, the interest rate will be prime plus (.05%).

### The Tyendinaga Education Committee

On January 29, 2001, Council approved to circulate the revised draft Terms of Reference for the Tyendinaga Education Committee to affected staff for comment. Staff were asked to comment on the Terms of Reference and make a submission to Council by February 28, 2001.

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### Ontario Chief's Assembly

The Ontario Chief's Assembly was held at the Delta Chelsea in Toronto on February 19 - 22, 2001.

Grand Chief Charles Fox addressed the assembly indicating that we need to take back traditions, languages and cultures and remove the shackles of colonization and racism. The process must include Elders, youth and women.

There is a need to strengthen the First Nations political presence at the provincial, national and international levels. There is a need to develop an action and work plan to address our issues.

### Women's Conference

Denise Stonefish, the Deputy Grand Chief of AIAI, and Carol Najiwan provided a report to the assembly on the women's conference which was recently held. The conference was about re-instituting the role of women in our society, to promote balance and harmony and spiritual awakening at all levels.

There are many issues that have to be addressed in dealing with discrimination and violence against Aboriginal women. The conference provided a forum for 3 workshop groups which dealt with off-reserve issues, marginalized groups, politics and communications.

The women's conference highlighted the need for First Nations Councils to engage in consultation and give fair consideration of the views of the band members and the need to prioritize recreation as a means of dealing with youth and suicide issues.

The recommendations that came from the women's conference were as follows:

- 1) Establish a southern Ontario Aboriginal Women's Advisory Council;
- 2) Appoint women on the Chief's of Ontario planning and priority committee;
- 3) Make changes that break the cycle of colonialism, oppression and poverty;
- 4) Women need to have a say in First Nations government on issues that effect the community to ensure prosperity and security; and
- 5) There is a need to create a forum for women, youth and Elders.

### Veteran's Issues

At the Chief's Assembly conference, I raised the issue of veteran's benefits and the need to ensure that there was adequate consultation done with the veterans.



## ADMINISTRATION

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### **Ontario Works**

There were 83 out of 143 Chiefs attending the meeting. There was much discussion on Ontario Works and the bilateral framework agreement with Indian Affairs. In Ontario there have been 23 demonstration projects approved for the delivery of Social Services. The projects are designed to improve the abilities of First Nations communities to design and deliver Social Services and to enhance data collection management systems. The projects also contribute to capacity building in the areas of data management, accountability and training of administrators.

There was some discussion on the income security reform initiative which examines linkages of all programs such as Social Services, education, employment and training and economic development as a means of strengthening self sufficiency.

The Chiefs pointed out that there is also a need for the Human Resources Development Canada, Health Canada and Aboriginal Business Canada to coordinate their efforts.

The Assembly of First Nations will be examining legislative authority and will be establishing national policies and standards for accountability and transparency.

As it relates to the bilateral welfare agreement, John Donnelly, Indian Affairs Regional Manager, would like to work with one framework agreement.

Since 1965, several studies have been done on First Nations Social Services delivery highlighting the need for First Nations jurisdiction, control, design and implementation and delivery of Social Services.

Some communities have tried to pass Social Services by-laws but these by-laws have been denied by the Department of Indian Affairs.

The Chiefs of Ontario have passed 13 resolutions over a 17 year period dealing with Social Services.

### **Name Change**

The Chiefs of Ontario has been renamed the Chiefs In Ontario due to traditional areas extending beyond Ontario boundaries.

### **Rama Casino**

At the Assembly the Chiefs also dealt with the Rama Casino funding distribution agreements. A particular issue was Rama's 35% share of the Casino funds. The Chiefs of Ontario are still fighting the Ontario Government in the courts over the 20% win tax imposed by the government. There are over 1,000 documents in this court case which makes it a complicated issue. The Chief's office has obtained more time to produce additional documents which are required by the court. Within a two month period it is expected that the matter will move to Examination for Discovery with a trial 18 to 24 months away. The Chief's office is being represented by Blake, Cassells Law Firm in Toronto.

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In the year 2002, the costs for building a 260 million dollar hotel at the Rama Casino site will have to be dealt with. The hotel will have to be paid for out of the Casino funds, which will decrease the amount of funding available to First Nations communities. In addition, the city of Toronto is proposing to build a waterfront casino, which will increase the competition for the Rama Casino.

At the Chiefs Assembly in June 2001, the Chiefs will review the annual audit for the limited partnership which administers the casino's funds, as well as the distribution formula. Currently the funding formula is decided on a 50-40-10 basis. This means that 50% is allocated on the basis of population, 40% base allocation and 10% for remote communities. The four large First Nations, which includes Tyendinaga, have been given the interest off of the 72 million dollar future generations fund. It is proposed that a new formula be considered which is 50-38-10-2. This means 50% is allocated on the basis of population, 38% base amount, 10% remoteness factor and 2% for large First Nations. Tyendinaga, Six Nations, Wikwemikong and Akwesasne will meet to discuss this formula prior to the Chief's meeting in June.

### **The Indian Commission of Ontario**

The Order-in-Council for the mandating of the Indian Commission of Ontario expired March 31, 1999. At the February 2001 Chiefs Conference, the Chief of Ontario passed a motion to renew the previous Order-in-Councils on an interim basis. In the upcoming months the Regional and Grand Chief are to meet with Federal and Provincial Ministers with a view to strengthening the Indian Commission of Ontario. The Chiefs expect a renewed commitment by the Federal and Provincial Governments to resolve issues and to make the commission transparent and accountable to the Chiefs in Assembly. The new Attorney General, David Young, will meet with Regional Chief Charles Fox in the next 3 weeks. The Ministry of Indian Affairs is very dissatisfied with the lack of progress from the Indian Commission of Ontario and with the lack of commitment on the part of the province of Ontario.

### **Ontario Aboriginal Sport Circle**

The Chief's Assembly approved to contribute \$2,677,615.00 to the Ontario Aboriginal Sport Circle to promote the Aboriginal Olympics.

### **Minister Robert Nault Attends Chiefs of Assembly**

Minister Nault attended the Chiefs of Assembly on February 22, 2001, and stated that he is committed to rebuilding a strong tripartite relationship as a priority and a stronger relationship with Aboriginal communities.

Minister Nault stated that Aboriginal concerns are a big concern to the Government of Canada and there is a pressing need to promote self-reliance by building strong First Nations economies. The Government of Canada is committed to providing a trained Aboriginal public service, to provide accountable and transparent community governments.



## ADMINISTRATION

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Minister Nault referred to the progress that is being made in the provinces at the tripartite tables, such as Saskatchewan, British Columbia's 40 treaty tables and in Atlantic Canada. Minister Nault believes that Ontario can do much better and that there can be a more collaborative effect in resolving policing, Social Services, natural resource harvesting, economic development and resource allocation issues. Minister Nault wants a process that produces positive results. First Nations people are tired of administration policies that do not produce tangible results. Minister Nault also pointed out the need for public education in the area of Aboriginal self-determination.

Elder Fred Plain asked the Minister of Indian Affairs to request that the Prime Minister have a public inquiry into the death of Dudley George at Ippwash. Minister Nault said he would bring this matter to the attention of the Prime Minister and stated that Canada has not asked for a public inquiry because Canada would be restricted in the review. Minister Nault mentioned that the OPP are under provincial jurisdiction and the OPP would not get to the bottom of the issue. The best situation is for the Government of Ontario to conduct the public inquiry.

I requested that the Minister of Indian Affairs provide a progress report on RCAP and the Modern Governance Act. Minister Nault said that we could expect to see increases in the band support funding, beginning the next fiscal year in the amount of 5 or 6 percent.

In the province of Ontario there are 66% of the bands in third party management.

### Band Solicitor

On January 31, 2001, Council met with the band solicitor to discuss two employment issues.

### CORDA Application

On February 8, 2001, Council approved to submit a funding request in the amount of \$14,000.00 to implement a 4 week training program for person monitoring the pickerel harvest.

The funding application has passed the deadline and no funding can be accessed from CORDA for this fiscal year. I am sure the community understands that we are short staff.

### Residential Housing Inspector Training

On February 7, 2001 Council approved to submit a proposal to Kagita Mikam in the amount of \$16,600.00 to train residential housing inspectors.

### Rental Unit Inspections

On February 7, 2001 Council approved that all rental units be inspected quarterly and a report is to be provided to Council until the Chief Administrative Officer is in place.

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### Aboriginal Diabetes Initiative

On February 7, 2001 Council signed an agreement with AIAI which provides \$8,701.38 for an Aboriginal Diabetes Initiative.

### Electoral Officer

On January 10, 2001, Council approved to appoint Kelly Maracle as the Electoral Officer.

### Nomination and Election Dates

The nomination date will be October 13, 2001 at Quinte Mohawk School and the election date will be December 1, 2001.

I hope you and your families are enjoying the winter season and you find this report informative.

Nia:wen

*Donald Maracle*

R. Donald Maracle, Chief  
Atoroseri:io Wolf Clan



TYENDINAGA

## **"HATS FOR HIDES" DEPOT AND LEATHER RETAIL OUTLET**

**We have Tanned Leather in a variety of  
colours**

**MOHAWKS OF THE BAY OF QUINTE**

**R. R. # 1**

**Tyendinaga Mohawk Territory, Ont.**

**K0K 1X0**

**(613) 396-5802 Phone**

**(613) 396-3627 Fax**

### **HOURS OF OPERATION**

**Monday to Friday 8:30 a.m. to 4:30 p.m.**

**WEEKENDS BY APPOINTMENT**



## ADMINISTRATION



ABORIGINAL  
TOURISM  
TEAM  
CANADA

For immediate release

February 15, 2001

*ATTC announces programme for fourth annual national Aboriginal forum:  
"Tourism in Harmony with Our Culture"*

(Ottawa) - Aboriginal Tourism Team Canada (ATTC) announces the programme for its fourth annual national Aboriginal tourism forum, to be held in Brantford Ontario, March 26-27.

"After last year's success in Saskatoon, we look forward to this year's event. As the only national Aboriginal tourism conference in Canada, we are pleased to offer such firsts as the most recent findings on the demand potential in Canada and the U.S. from the Travel Activity & Motivation Survey. We are honoured to have the partner support of Aboriginal Business Canada, the Canadian Tourism Commission, the Tourism Industry Association of Canada, the Bank of Montreal and Casino Rama", states Virginia Doucett, Executive Director of ATTC.

Some highlights from the various workshops and plenary sessions being offered:

*Putting Together a Winning Team:* Your tourism business success depends heavily not only on your product but also your staff. Madeleine Redfern, Director of Tourism Development and Training for Nunavut Tourism will highlight some of the various valuable training options available and Marina R. Smith-Kulba the General Manager of the Place Louis Riel Hotel will share about how they have achieved a high employee retention rate in both an urban and community setting. This workshop is sponsored and hosted by Casino Rama with Kevin Wassegijig, Director of First Nations Affairs, adding his insight and experience.

*Access to Financing:* The first step to getting your project off the ground or going the next step depends on your ability to invest in your product, find out where to go and some practical tips on approaching public and private financial institutions. Sponsored and hosted by the Bank of Montreal with speakers also from the Development Bank of Canada and Aboriginal Business Canada.

*Effectively Using the Internet:* Last year Judy Karwacki, Senior Consultant at KPMG LLP shared insight on the relationship between e-commerce and tourism. This year she hosts a practical workshop getting the most out of the internet for your tourism business.

*Tourism in Your Community:* Pam Levi-Ward Economic Development Officer for the Mikmaq of Metepenagiag, New Brunswick and Gaston Cooper, Tourism Officer for the Oujé Bougoumou Cree Nation will speak on the steps that their respective communities have taken to develop viable tourism opportunities.

Numerous networking opportunities are offered to delegates and speakers alike; the pre-forum tour, Sunday night opening reception, tradeshow and the Monday night dinner featuring Canadian Aboriginal Music Award Recipient George Leach, and the Six Nations Women Singers.

There will also be workshops on *Experiences in the European Market, Hunting & Fishing, Media Relations: getting the word out, Culture & Heritage Attractions, Arts & Crafts: from local to international and Pricing & Packaging Your Product.* The full schedule can be consulted on ATTC's web site: [www.attc.ca](http://www.attc.ca).

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For more information contact:

Oneida of the Thames Marketing  
Tel: 1-800-524-9309  
E-mail: [canabfestival@home.com](mailto:canabfestival@home.com)

Procureur général et  
Ministre délégué aux affaires autochtones

Ministry of the Attorney General  
11th Floor  
720 Bay Street  
Toronto ON M5G 2K1  
Telephone: (416) 326-4000  
Facsimile: (416) 326-4016

Ministère du Procureur général  
11<sup>e</sup> étage  
720, rue Bay  
Toronto ON M5G 2K1  
Téléphone: (416) 326-4000  
Télécopieur: (416) 326-4016



M01-02179

FEB 15 2001

Charles Fox  
Ontario Regional Vice Chief  
Chiefs of Ontario  
344 Bloor Street West  
Suite 602  
Toronto, ON  
M5S 3A7

Dear Regional Chief Fox:

Following my recent appointment as Ontario's Attorney General and Minister Responsible for Native Affairs, it was a pleasure to have spoken with you. As we discussed in our conversation, I believe that it would be useful for us to meet as soon as mutually convenient.

I look forward to working with you to address matters of common interest and to build on the joint successes that have been already achieved. To date, these accomplishments are significant and include, among others, the Casino Rama Revenue Agreement, signed in June 2000 that provided for the transfer to Ontario First Nations of more than \$470 million in net revenues for investment in economic development, education, health, community development and culture.

I also look forward to further progress in the settlement of land claims. Since 1995, Ontario has reached eight agreements-in-principle and four final settlement agreements.

I am also committed to promoting Aboriginal economic development through Ontario's Building Aboriginal Economies Strategy, which includes the Working Partnerships Program. As well, Ontario is implementing the renewed Aboriginal Healing and Wellness Strategy with its Aboriginal partners, with an annual budget of over \$33 million.

Ontario is committed to having dialogue with the First Nations and the federal government on issues of mutual concern and interest. An Ontario tripartite process is an important matter and I look forward to discussions with you about that and other subjects.

I wish you the best for your upcoming Special All Chiefs Assembly commencing on February 19, 2001, and encourage you to forward to me any matters raised at the Assembly that relate to my responsibilities. Further to our conversation, I have asked staff from the Ontario Native Affairs Secretariat to attend the Assembly.

Again, it was a pleasure to have spoken with you recently.

I look forward to a mutually productive working relationship.

Sincerely,

David Young  
Attorney General  
Minister Responsible for Native Affairs

This article is taken from the February 26/2001 Whig Standard Newspaper

# Grant goes to Chapel of the Mohawks

## DESERONTO

By Sarah Crosbie  
TYENDINAGA TERRITORY  
Whig-Standard Staff Writer

PERCHED AT THE TOP OF SOUTH CHURCH Street, on a blustery winter morning Christ Church, Her Majesty's Royal Chapel of the Mohawks, was filled with parishioners singing hymns that could be heard outside on the steps.

Yesterday, the congregation had reason to celebrate. In fact, the service was so special, the communion silver given to four Mohawk chiefs by Queen Anne in 1710 was on display.

The silver is reserved for special occasions and yesterday's service met that requirement. It was a day that had importance not only for the congregation, but also for the Mohawks living in the territory, just a few kilometres outside Deseronto.

A \$75,000 cheque was presented to the Mohawks of the Bay of Quinte by Alix Arnett of the Ontario Heritage Foundation board of directors, for restoration of the 167-year-old church that is both a provincial and national historic site.

Her Majesty's Chapel, only one of six Royal Chapels outside Great Britain, and only one of two Royal Chapels in Canada, has been raising money for the past few years to restore the building built in 1834 to replace an earlier log chapel.

Originally, the goal of the Christ Church

**'The restoration means the Royal Chapel will continue to serve the spiritual needs of the congregation, but it will also be able to continue to receive visitors from Ontario, Canada and other parts of the world'**

Royal Chapel Restoration Campaign was \$1.1 million, but Tyendinaga Chief R. Donald Maracle yesterday said the goal has increased to \$1.3 million due to unforeseen costs.

Chief Maracle said while more money is needed, the restoration project is close to its fundraising goal.

To date, \$935,000 has been raised by the congregation, or given as gifts by individuals and corporations.

Much of the work already done on the chapel is visible in the 1,600 new limestone blocks that have replaced stone that was crumbling.

Chief Maracle said the completed work includes a new slate roof and two new furnaces. The pinnacle caps have also been rebuilt.

Future projects include conservation work on the inside where the building has suffered water damage and making it wheelchair-accessible.

Chief Maracle said the people of the Tyendinaga Mohawk Territory are pleased the Royal Chapel is finally being restored to its origi-

nal beauty.

"The restoration means the Royal Chapel will continue to serve the spiritual needs of the congregation, but it will also be able to continue to receive visitors from Ontario, Canada and other parts of the world" like Germany, Scotland and France, he said.

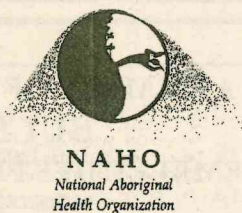
The cheque received yesterday is the first instalment of a \$100,000 grant from Ontario's Heritage Challenge Fund Community Program.

The Royal Chapel, nestled among tall pines just minutes from the Bay Quinte, houses a number of special royal gifts, including a trip-tych in the Mohawk language and a bell given to the Mohawks by King George III, a royal coat of arms given by King George V and a Bible given by Queen Victoria.

The gifts were given to commemorate the political and military history alliance between the Mohawks and the British Crown.



# PRESS RELEASES



FEB 13 2001

## ABORIGINAL MEDIA ADVISORY

February 12, 2001

Ottawa

### "National Aboriginal Health Organization (NAHO)"

OTTAWA, 12 February, 2001

NAHO is an Aboriginally designed and controlled health organization dedicated to improving the physical, mental, emotional and spiritual health of all Aboriginal People.

The concept of an Aboriginal health institute originated from recommendations raised by the Royal Commission of Aboriginal Peoples and from the National Forum on Health.

Dr. Judith Bartlett, Chair of NAHO, summarized the organization's objectives as follows: "We are a national, non-political, non-profit organization dedicated to generating, analyzing and disseminating information on Aboriginal health issues. NAHO has a unique opportunity to focus on protection and use of traditional Aboriginal knowledge. Part of our intent is to serve as a foundation upon which to build bridges between the Aboriginal peoples of Canada and the various players who have decision-making roles in the Canadian health care system."

Executive Director, Richard Jock states further, "Networking and information sharing is a critical step to further empowering Aboriginal people to make effective decisions concerning their collective and individual health."

NAHO as an organization is accountable to the general Aboriginal public, and to its members which include: Assembly of First Nations, Congress of Aboriginal Peoples, Inuit Tapirisat of Canada, Metis National Council, and Native Women's Association of Canada.

The Honourable Allan Rock, Minister of Health Canada, whose department provides funding to the organization, states, "The creation of the National Aboriginal Health Organization is the culmination of a cooperative effort between the Government of Canada and Aboriginal people across the country. NAHO will play a key role in the effort of Aboriginal Peoples to find solutions to improve their health status. It signals Canada's continued commitment to *Gathering Strength, Canada's Aboriginal Action Plan*, and the achievements that can be attained through partnerships with Aboriginal Peoples."

For more information or media inquiries:

Charlotte Young, Communications Officer  
Tel: (613) 237-9462  
Fax: (613) 237-1810  
Toll Free: (877) 602-4445



## WOODLAND CULTURAL CENTRE

184 MOHAWK ST., P.O. BOX 1506, BRANTFORD, ON. CANADA N3T 5V6

### CALL FOR ENTRIES

## FIRST NATIONS ART 2001

MAY 6– June 4

The Woodland Cultural Centre is a longstanding cultural centre of excellence that promotes and supports the Visual Arts of Canada. Established in 1975, the exhibition is one of the longest running annual exhibits that provides First Nations' artists an excellent opportunity to exhibit and sell their work in a fine art gallery setting. The Centre is extending an invitation to all artists of First Nations' ancestry to submit two works of art. Both pieces will be juried for presentation and mounted in the show titled **First Nations Art 2001**.

#### JURY:

**First Nations Art 2001** will consist of recent works by artists of Native ancestry and will be juried by the Museum Director and selected jurors.

#### CALENDAR:

April 16, 2001	4:00 p.m. Deadline for Submissions
May 6, 2001	<b>First Nations Art 2001 - Opening</b>
June 4, 2001	<b>First Nations Art 2001 - Closing</b>
June 5, 2001	Pick-Up of Artworks begins

#### CLASSES OF WORK FOR SUBMISSION:

- a) Paintings in any media
- b) Drawings and prints in any media, including photography
- c) Sculpture in any media
- d) Installations (plans and colour slides for proposed work)

Only **TWO** works may be submitted. All paintings, drawings and prints **MUST** be framed and/or **READY TO HANG**.

#### ENTRY FORM:

An entry form must accompany each submission plus an *Identification Label* must be attached or accompany each work. All pertinent information and identification should be on the entry form including the year, etching #, print #, measurements, media, and value.

#### SALE OF WORKS:

Works to be offered for sale must be clearly stated. Works purchased will not be released until June 5, 2001, and the Centre has received payment in full. The sale of the artwork will be processed through the Centre's administration and all information concerning the sale of your work should be directed to the Museum Shop Manager.

#### PRICING:

The artist, when submitting works for the show, **MUST** include a price or value for each item entered. The price is the value that you want to receive realizing that the Woodland Cultural Centre will be placing a 30% commission above your submitted price. ie.

\$100.00	+	30%	=	\$130.00
your price		plus 30%		Sale Price
		commission		

#### INSURANCE:

All works must have a value which will be used for insurance purposes.

#### TRANSPORTATION:

When possible, the artist should deliver the artwork in person. Works that are shipped must be prepaid. Please assume your work will be mishandled during shipping and therefore, pack works accordingly.

#### RESPONSIBILITY:

While in the care of the Woodland Cultural Centre, every possible precaution will be taken in handling of the works including insurance coverage.

#### RETURN OF WORKS:

At the conclusion of the exhibition the works may be picked up beginning June 5, 2001, during regular business hours. These hours are 8:30 to 4:00 weekdays and 10:00 to 5:00 on weekends. If you will be arriving on the weekend, please call in advance in order for us to make arrangements for packing and preparing the proper release forms. Our weekend staff will not be allowed to release any artwork without permission from the museum staff.

#### CATALOGUE:

Over the past years, due to financial limitations, we have not been able to publish a catalogue of the exhibition. However, a listing is published; thus, we will be accepting any works past the April 16, 2001 deadline. All entrants will be entitled to complimentary copies of the catalogue listing.

#### BIOGRAPHICAL INFORMATION:

In order to update our files please submit your recent biography with the entry form.

For further information, please contact:

Tom Hill, Museum Director  
or Judy Harris, Asst. Curator/Registrar  
Woodland Cultural Centre  
P.O. Box 1506, 184 Mohawk Street  
Brantford, ON N3T 5V6  
(519) 759-2650 extension 243 or 244



## PRESS RELEASES

## MEDIA RELEASE

## APTN ANNOUNCES 2001 WINTER PROGRAM LINE-UP

WINNIPEG, MB, February 14, 2001 - The Aboriginal Peoples Television Network (APTN) kicks off the 2001 Winter Program Season with World Premiere presentations, new series and unique shows.

Through aptn | perspectives, APTN continues to showcase flagship programs *InVision*, with anchor Carol Adams delivering Canada-wide coverage, and *Contact*, with host Rick Harp moderating weekly national call-in discussions. *Contact* is also simulcast on Native Communications Incorporated (NCI-FM) Radio Network.

aptn | perspectives launches three WORLD PREMIERE PRESENTATIONS, including *Finding Our Talk*, a 13-part series focusing on the unique individuals and organizations who are safeguarding our languages while celebrating and enriching their creative and entertaining spirits, *Venturing Forth*, documenting the challenges and achievements of the Aboriginal business community and *Medicine Wheel*, a weekly newsmagazine.

aptn | entertainment draws viewers into *Exhibit A: Secrets of Forensic Science*, hosted by Graham Greene. Follow actual detectives and forensic scientists as they work to solve difficult criminal cases in Canada and the U.S. Join host Evan Adams on *Buffalo Tracks* to meet a wide range of Aboriginal celebrities and personalities from across the country. The ever-popular *Cooking with The Wolfman* returns, with fresh new episodes featuring an assortment of traditional elements revisited with a modern twist. *Pow Wow Trail* examines traditional culture and celebration, and *Sharing Circle*, co-hosted by Lisa Meeches and Tina Keeper, presents stories affecting the Aboriginal peoples of Canada and the world.

aptn | kids includes *JumpStart*, a children's sport and activity program, *Longhouse Tales*, starring Tom Jackson, *The Seventh Generation*, co-hosted by Jennifer Podemski and Laura Milliken, showcasing young Aboriginal achievers, *Cool Jobs*, featuring profiles of cool jobs and *Nisum*, which focuses on young people and highlights the oral tradition - now airing in French with English subtitles.

APTN is the only Aboriginal network in the world broadcasting 120 hours a week of programming by Aboriginal people, about Aboriginal people, for all Canadians. Available to nearly 8 million Canadian households with cable as well as direct-to-home and wireless service customers, 60% of APTN programming is offered in English, 15% in French, and 25% in Aboriginal languages. For program schedule or other information, please contact APTN at (204) 947 9331, or toll-free at 1 888 278 8862. Visit APTN on the web at [www.aptn.ca](http://www.aptn.ca)

- 30 -

For more information contact:  
Cindy Chatwell, Acting Director of Communications  
Ph: 1-888-278-8862 / (204) 937-9331 ext 226 / Fax: (204) 947-9307  
[info@aptn.ca](mailto:info@aptn.ca) / [www.aptn.ca](http://www.aptn.ca)

# FLASH

For Your Safety!

News Release  
Communiqué

Ontario

Ministry of the Solicitor General and Correctional Services  
Ministère du Solliciteur général et des Services correctionnels

## FOR IMMEDIATE RELEASE

## PRELIMINARY FINDINGS FROM INVESTIGATION INTO DEATH OF 14-YEAR-OLD BOY FROM ELECTROCUTION RELEASED

CHATHAM, Ontario, August 24, 1998 — Dr. Thomas Wilson, Southwestern Regional Coroner and Ross Sutherland, Technical Advisor for Ontario Hydro Electrical Inspection, Western Territory Office in London, today released details of preliminary findings from their investigation into the death of 14-year-old Freddy Jewel. Freddy died July 20, 1998, after he was electrocuted while operating a personal computer at home in Dresden.

The computer, which had a three-pin plug, was plugged into an unapproved power bar. The ground pin of the power bar's plug had been broken off so it would fit into the home's two pin receptacles. The receptacles in this home had been installed at some time in the past when two pin receptacles were the residential standard. The power bar had an internal manufacturing defect which allowed the computer to operate normally, while at the same time energizing the metal in the computer at 120 volts. The internal defect in the power bar would not have caused problems if the circuit had been protected with a proper ground

connection. Freddy was electrocuted when he touched a metallic part on the computer.

A tragedy like Freddy Jewel's death can be avoided if people remember the following advice:

1. Do not remove the third pin on plugs connected to equipment.
2. Always use equipment clearly marked as approved for use in Ontario. This includes the:
  - Canadian Standards Association (CSA); and
  - Underwriters' Laboratories Inc. (cUL).
3. Older homes with receptacles that do not accept three-pin plugs but require them, should have grounded receptacles or Ground Fault Circuit Interrupter (GFCI) receptacles which accept three-pin plugs installed by a certified electrician or licensed electrical contractor.

The coroner's investigation into Freddy's death continues.



ASSEMBLY OF FIRST NATIONS  
BULLETIN  
ASSEMBLÉE DES PREMIÈRES NATIONS  
1, RUE NICHOLAS STREET  
SUITE 1000  
OTTAWA, ONTARIO K1N 7B7  
(613) 241-6789 telephone / téléphone (613) 241-6333 fax / télécopieur

January 31, 2001

NATIONAL FISHERIES CONFERENCE ENDS WITH  
OPTIONS TO BE PRESENTED TO FIRST NATIONS COMMUNITIES

The National Fisheries Strategic Conference, held for the last three days in Halifax, ended today with the Chiefs and technicians in attendance agreeing to present options to their communities on the course of action to be undertaken in the next months. The Assembly of First Nations will then incorporate regional and community responses into a final strategy approach for First Nations in this critical field.

"The meeting has been quite successful in getting the delegates to identify some options that meet First Nations expectations in the area of fisheries. The range of issues and proposed options that were discussed mean that delegates must now return to their respective regions and discuss these with their leaders and community members. The responses from these consultations will define our course of action for the coming year", stated Vice-Chief Herb George of the British Columbia Region.

The delegates have agreed to keep these options confidential for the time being until consultations have been done across the communities in Canada. However, all options are based on the Constitution's and the Supreme Court's recognition of Aboriginal and Treaty Rights.

"The delegates have made it clear that the recognition of our rights are the minimum standard by which we will operate. We are not ready to either cede or undermine our rights in any manner", stated Vice-Chief Rick Simon of the Nova Scotia Region.

"Delegates have demonstrated a willingness to discuss with governments and other groups in order to avoid a repetition of events following the Marshall decision. However, there must be a similar willingness from others to also discuss and come to an understanding that recognizes our rights. We are open to discussions and hope that all parties will express the same open-mindedness in talking with us", said Chief Reg Maloney of the Atlantic Policy Congress.

Chiefs and delegates will exchange results of their regional and local consultations in the next few weeks and will make public their final course of action once these exchanges have taken place.

For additional information, contact Jean LaRose at (613) 241-6789, ext. 251 ([jlrose@afn.ca](mailto:jlrose@afn.ca)) or by cell at (613) 795-9664.



ASSEMBLY OF FIRST NATIONS  
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(613) 241-6789 telephone / téléphone (613) 241-6333 fax / télécopieur

February 1, 2001

NATIONAL CHIEF MATTHEW COON COME  
OPTIMISTIC BY TONE OF SPEECH FROM THE THRONE

National Chief Matthew Coon Come of the Assembly of First Nations, is encouraged by the tone and content of the speech from the Throne delivered Tuesday by Governor-General Adrienne Clarkson.

"The government has recognized in the speech the conditions of First Nations citizens in our communities. The speech made commitments in the areas of health, housing, living conditions, job training and employment opportunities, water quality, infrastructure and economic development. This signals that the government is willing to work with First Nations to tackle the third world conditions in our communities and that is very encouraging to hear", stated National Chief Coon Come.

The National Chief is expecting to meet with the Prime Minister in the next few days and will propose a new relationship, an action plan and process for involvement in concrete manners in which he can work with the Canadian Government to define a working approach that will result in increasing the quality of life for Aboriginal people.

"The Prime Minister and the government have recognized that this will be a long journey. I'm anxious to meet the Prime Minister and define with him a new relationship and an action plan that will start addressing these issues immediately. I have stated from the day I was elected to this position in July 2000 that I am willing to work with government to improve the lives of our citizens. I think this is the signal that the government is now willing to work with First Nations leaders and me", concluded the National Chief.

For additional information, contact Jean LaRose at (613) 241-6789, ext. 251 ([jlrose@afn.ca](mailto:jlrose@afn.ca)) or by cell at (613) 795-9664.



## ADMINISTRATION

### \* PLEASE NOTE \*

The next scheduled Council meeting will be Wednesday March 28.

For community members wishing to be on the Tyendinaga Mohawk Council agenda, please notify Angela Maracle before Thursday March 15

**396-3424**



QUINTE MOHAWK SCHOOL  
KINDERGARTEN REGISTRATION  
FOR THE 2001-2002 SCHOOL YEAR

ELIGIBILITY: *All children born in 1996 residing on the Tyendinaga Territory.*

WHERE: *School registrations will take place at Quinte Mohawk School.  
Health documentation will be received next door at the Tyendinaga Health Centre.*

WHEN: *Friday March 23/01 8:30-4:00 pm  
Friday, April 6/01 8:30-4:00 pm*

HOW: *Contact Mrs. Angie Hill to book an appointment at 966-6984. Please allow approximately half hour for the total time of school and health registration. Parents will need to provide proof of birth, health card, band number and record of immunization. The child being registered must also be in attendance.*

*For Students born in 1997 interested in Junior Kindergarten please call Angie Hill to leave your name & phone number.*



### \* Please Note \*

The finance department located at the Administration office is now able to accept interact for all payments.  
**Niawen**

### \* Please Note \*

Now open Sundays till 5 p.m.

## LANDFILL HOURS



**Monday - CLOSED**

**Tuesday - 1:00 P.M. - 5:00 P.M.**

**Wednesday - CLOSED**

**Thursday - 1:00 P.M. - 5:00 P.M.**

**Friday - CLOSED**

**Saturday - 8:30 A.M. - 5:00 P.M.**

**Sunday - 9:00 A.M. - 5:00 P.M.**

**Deadline date for the next newsletter is  
Monday March 26 at  
noon  
396-3424**

### For your convenience this is the Administration Office Phone Extensions

133 Assistants Office Manager  
134 Chief Administrative Officer  
103 Barnhardt, Carla  
113 Brant, Ken  
110 Brant, LaShelle  
104 Brant-Jones, Karen  
101 Brown, Sharon  
131 Bowden, Shelly  
119 General, Patti  
115 Green, Phyllis  
111 Green, Sandy  
132 Hill, Bev  
123 Kohoko, Molly  
118 Kring, Todd  
122 Lewis, Mike  
107 Loft, Darlene  
120 Scero, Carole  
121 Maracle, Angela  
105 Maracle, Chris  
109 Maracle, Dan  
127 Leween, Ainsley  
108 Maracle, Lisa  
102 Maracle, Lori  
116 Maracle, Sandy  
129 Maracle, Sue  
112 Maracle, Ted  
126 Parks, Kim  
114 Parks, Kim (Lands)  
128 Sero, Sandy  
100 Thomas, Lynda



# MOHAWK FIRE DEPARTMENT & POLICE

## NOTICE TO COMMUNITY MEMBERS

RE: Woodland Cultural Board of Directors  
Representative for the Tyendinaga Mohawk Territory

The Representative would be responsible for the duties and the added duty of professionally representing the needs of our Community.

Interested individuals should submit their resume to the:

Tyendinaga Mohawk Council  
Mohawks of the Bay of Quinte  
R.R. # 1  
Tyendinaga Territory, On.  
K0K 1X0

Niawen your cop-operation is appreciated.

Tyendinaga Mohawk Council

### BOARD OF DIRECTORS

### ROLES AND RESPONSIBILITIES

Creativity is what every individual brings to an organization. Therefore, it is important to help people to learn and use their creativity in a collective way. Working as a collective means that people come together and share ideas and thoughts while sitting in a circle. These thoughts and ideas are combined in a collective force.

If you can create, you can empower and give direction to the organization on program development and delivery, and any other issues which need to be addressed.

The magic of organization is simply the ability to integrate your individual thinking with the collective thinking of others in the organization. This ability to think at a level which is greater than any personal scripts or negative baggage that we may also carry and bring to the organization is called creativity. When a person is operating from their creativity, they are operating from a spiritual ability to solve any problem.

One of the keys to working in an organization is the ability to facilitate the thinking and feelings that people have around certain issues. Facilitating thinking and feeling means that you are encouraging people to speak and to share their ideas and feelings which may cloud the creativity they need to overcome issues, invent solutions and create new plans, options and directions. When facilitating thinking, you simply listen to what everyone is saying, show them on a flip chart the ideas that they have expressed and then look for the common threads and ideas on which to build.

The following statements are provided as descriptions of what is expected of individuals who volunteer as a Director on the Board of the Woodland Cultural Centre.

1. The ability to portray the needs and aspirations of your community in a clear and concise fashion;
2. To be able to identify community cultural needs through dialogue with councillors, teachers, elders and children;
3. The capabilities of leadership and communication;
4. Ability to operate both technically and administratively;
5. Ability to make good business decisions;
6. Ability to work towards common goals as part of a team;
7. Having some experience in fundraising;
8. Must have a commitment to leadership and active participation, and promote culture and language within your community;
9. Liaise with other first nations and governments to promote our mission and goals, seek and encourage participation of communities and the general public;
10. Able to take risks in the advocacy of positive affirmation of First Nation cultures;
11. Be able to promote knowledge and self-confidence in their work with the Woodland Cultural Centre;
12. It is also recommended that individuals take turns chairing meetings where they can practise facilitating the thinking (thoughts and ideas) and feelings of people who make-up the organization.



## POLICE PAGE UNSOLVED CRIMES!

On February 23rd 2001, McMurter Home Centre contacted Tyendinaga Police Service to report overnight theft of wood products from the lumber yard.

It is estimated that approximately fifty 2"X 4" studs, a sheet of 4'X8' 3/4" plywood and seven sheets of 4'X 8' 7/16" aspenite were taken. The amount of material taken indicates a truck or van was used to facilitate the theft. It is unknown if more than one person involved.

\*\*\*\*\*

On February 13, 2001, the Native New Life Bible College reported that the south door leading to the men's dormitory was found wide open. The dormitory, which is not being used, is located on the upper floor of the college. The heat had been turned down for some time to try and save on heating cost, but as a result of the door being open a water pipe froze. This caused extensive water damage to the upper and lower floors. There was no sign of forced entry and nothing was noticed to be missing.

\*\*\*\*\*

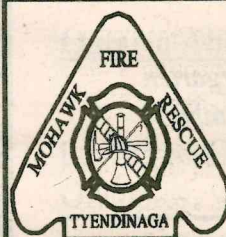
On February 6, 2001, the Native New Life Bible College reported a break and enter to the facility. A ten year old 25 inch Emerson television, valued at approximately \$100. was taken. This occurred sometime between the 1st and the 5th of February.

A rear door that led into the common area of the College was forced open.

On February 7th, a 3 wheel ATV was noticed parked in behind the College. It was a Honda ATV with a "bigfoot" decal on the rear quarter and a cracked seat. Police were called and a few minutes later the same ATV was seen travelling north along a well traveled trail that runs along behind the college. The only description of the driver was that he was a male wearing a dark green jacket and a black toque.

If you have any information about the above incidents, you are asked to contact the Tyendinaga Police at 967-3888, or call Crimestoppers at 1-800-222-8477.

Remember, Crimestoppers pays for your information.  
Call display is not used and you are not identified.



## MOHAWK FIRE DEPARTMENT

The Mohawk Firefighters in February responded to 2 calls:

- 1 Motor Vehicle Accident
- 1 Structure Fire
- 1 Smoke Investigation

This brings our total to 10 calls for 2001.



## EMPLOYMENT



Professional Casino Dealer  
Training  
613-396-6019  
800-390-4103  
casinocareers@on.aibn.com

### Upcoming Training Notice

Casino Careers will be starting the next professional Table Games Dealer Course, from February 26, to May 4, 2001, in Tyendinaga.

A new casino is in the works for the Thousand Islands area. Don't miss your chance at a prosperous career in the gaming industry.

Call now and book your spot! Enrollment is limited to 15 students.

In only ten weeks you could learn the skills needed to be a professional casino dealer.

Many jobs are waiting to be filled by qualified table games dealers.

Are you willing to make an average starting wage of \$30,000 to \$40,00

All successful graduates will be certified by First Nations Technical Institute.

Must be 18 years or older.

Financial assistance may be available to those who qualify.

**Call Pat Maracle at 613-396-6019 or 1-800-390-4103 for more information.**



**Royal Canadian  
Mounted Police**



### RCMP ABORIGINAL YOUTH TRAINING PROGRAM

The RCMP is seeking qualified Aboriginal youth for a summer position.

\*The program is designed to provide summer employment for Aboriginal youth during which they will develop a better understanding of the functions and duties of the RCMP as well as promoting a cultural exchange between the Aboriginal communities of Ontario and the RCMP. The program will run 17 weeks from May 2001 to September 2001 with a work week of 40 hours and hourly rate of \$8.00 per hour (subject to change without notice).

In order to be considered for the Aboriginal Youth Training Program applicants must:

- Be a Registered Indian, Non Status Indian, Inuit or Metis
- Be between 19 and 28 years of age
- Have grade 12 education or equivalent and preferably some college and university education in a social science or law related field
- Be of good character and meet the suitability and security requirements of the RCMP
- Be in good physical condition

During the course of the summer, the individual will assist regular members of the RCMP with a variety of operational duties which will be at the discretion of the Detachment Commander. The student will be responsible for obtaining their own accommodations and transportation to and from the worksite.

This year there will be two Aboriginal Youth Training Program positions which will be assigned to the Cornwall RCMP Detachment and with the "O" (Ontario) Aboriginal Co-ordinator in Orillia, ON. If interested please forward a resume before March 14, 2001 with a cover letter indicating exact location of interest to Recruiting Section, Royal Canadian Mounted Police, P.O. Box 3240, Station "B" London, Ontario N6A 4K3 or by fax to (519) 645-4707. If any further information is required please contact Cst. Wanda Jackson at (519) 640-7380.

\*The program is dependent upon funding by Human Resources Development Canada (HRDC).

# PROFESSIONAL Advice

## Volunteer Income Tax Program

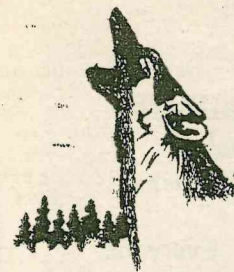
The volunteer income tax program will be running again this year for low income, single parent families. For further information contact:

Bev Hill,  
Employment Department  
Mohawks of the Bay of Quinte  
613-396-3424

## LOOKING FOR WORK, A CAREER OR TRAINING

One-to-one assistance is available for resume, cover letter and all your job search and training needs! Also come in to access the Internet, Word-processing and explore some Community College Online Distance Education courses.

Call Karen Brant-Jones, Employment Department for information or to book an appointment.  
at  
(613) 396-3424



*Ekse O'kon'a Childcare Centre*

**We require call in casual supply staff!**

**Prior experience working with children, a clear criminal reference check and patience are required. If you would like further information or to be included in our next supply staff training session please call 967-4401**

**Or if you would like to volunteer some of your time at the centre please call the above number.**

**Nia:wen**



# ABORIGINAL LANGUAGE MONTH

## March is "Aboriginal Languages Month"

Join in the Celebration of Onkwawenna

## CREATE A POSTER!

Your poster can be a short story, poem, or artwork.

The Theme:

Why the Mohawk Language is Important

All submissions will be displayed at the upcoming conference: **"Keeping Our Language Alive"**  
To be held March 31"

Posters will be accepted in 6 divisions:

- Pre-school
- Primary
- Junior
- Intermediate
- Senior
- Adult (21 yrs+)

In honour of Aboriginal Languages Day join us for a free fun family event with all activities using the Mohawk language. An adult must accompany all children but child care for 0-6 years old will be available on site if desired. All meals and coffee breaks provided. Here is the tentative agenda – if you plan on attending please let one of us know (it helps with meal planning) – Blaine Loft 967-0122, Jan Hill 396-2122, Karen Lewis 967-6264, Lynn Brant 396-6716, Curtis Maracle.

### TSI KIONHEH NE ONKWAWENNA

#### KEEPING OUR LANGUAGE ALIVE

MARCH 31, 2001  
Mohawk Community Centre

8:30 a.m.	Ohen:ton Kariwentehkwen – Thanksgiving Address Visual presentation
Coffee	
9:00-9:30 a.m.	Opening Panel
9:30-10:30 a.m.	Keynote address
Break	
10:45-12:00	TPR - Interactive Mohawk
12:00-1:30	Lunch
1:30-3:00	Musical entertainment
Break	
3:15-4:30	Mohawk Language Games
4:30-5:00	Storytelling
5:00-6:00	Supper
6:00-7:00	Speaker
7:00-9:00 p.m.	Social



Invited guests to date: Tom Porter, Tiorahkwathe Gilbert, Wahta Boys  
You don't have to be a Mohawk speaker to enjoy this fun-filled day  
Please plan to attend

### OHEN:TON KARIWENTEHKWEN

First matter of business

Sewatahonhsis:ioot Ken'nikarihwesha  
Sewakwe:kon  
Everyone listen for a short time. Everyone.  
Ne kati Teshitewanonhweraton Ne  
Shonkwaia'tison ne wahi  
To Him we are grateful to the One who made  
us.  
Rohsa'anion Akwe:kon Tsi Nahoten  
Teiotawentier Ne Tsi Ionhontsa:te  
He made everything that whatever is about  
in all the world  
Tanon Ne O:nen  
And now  
Teiethinonhweraton Ne Onkwe'shon :a  
We offer our greetings to all the people  
Teiethinonhweraton Ne Ietsinihstén:ha Tsi  
Iohontsa :te  
We offer our greetings to our mother the  
earth  
Teiethinonhweraton Ne Tsi  
Kahnekaronnion  
We offer our greetings to all the waters  
Teiethinonhweraton Ne Kentsonshon:á  
We offer our greetings to all the fish life  
Tho Kati Neniohtónhake Ne  
Onkwanikon:ra  
And that is the way it will be in our minds

### Tanon Ne O:nen Óni

And now also  
Teiethinonhweraton Ne Ohtehra'shon:á  
We offer our greetings to all the root life  
Teiethinonhweraton Ne Ohonte'shon:á  
We offer our greetings to all the plant life  
Teiethinonhweraton Ne Ononhkwa'shon:á  
We offer our greetings to all the medicines  
Teiethinonhweraton Ne Otsinonwa'shon:a  
We offer our greetings to all the insect life  
Teiethinonhweraton Ne Tionhehkwen  
We offer our greetings to all the different  
foods  
Teiethinonhweraton Ne Kahihshon:a  
We offer our greetings to all the fruits and  
berries  
Tho Kati Neniohtónhake Ne  
Onkwanikon:ra  
And that is the way it will be in out minds  
Teiethinonhweraton Ne Kontirio  
We offer our greetings to al the animals.  
Teiethinonhweraton Ne Otsi'ten'okon:'a  
We offer our greetings to all the bird life  
Teiethinonhweraton Ne Karonta'shon:'a  
Tanon Okwire'shon:a  
We offer our greetings to all the tree life, the  
big trees and all the saplings.  
Teiethinonhweraton Ne Kaieri  
Nikawera:ke  
We offer our greetings to the four winds.

### Tho Kati Neniotónhake Ne Onkwanikon

And that is the way it will be in our minds.  
Tanon Onen  
And now  
Teiethinonhweraton Iethiso'tho:ken  
Ratiwer:rahs  
We offer our thanks to the thunder.  
Teiethinonhweraton Ne Ietsi:'sotha  
Ashonthenkha Karahkwa  
We offer our greetings to our Grandmothe  
the moon.  
Tetsitewanonhweraton Ne shonkwantsi  
Tiehkehnekha Karahkwa  
We offer our greetings to our elder brother  
the sun.  
Teiethinonhweraton Ne Tsi  
Iotsistohkwaronnion  
We offer our greetings to all the stars.  
Tanon Ne O:nen  
And now  
Tetsitewanonhweraton ne  
Shonkwaia'tison  
We offer our greetings to the creator.  
O:nen Tho Niiore Wakateriwatkwe:ni  
Toka Thenen Sonkenikonhrhen i:se k  
ne'e Sewakwata:ko Tanon  
Aesewatera'swiiohake  
Tho Nikawén:nake  
That's it.



## EDUCATION



## TRUSTEE'S REPORT

### February 2001

Sitting at the breakfast table as day breaks I see the sun making its appearance at the horizon, each day creeping back a little further from the south. Its journey is marked by the trees along our line fence, a visible assurance that spring is on the way. I am reminded of the words of the Iroquois Thanksgiving Address which our people were instructed to recite at the beginning of every significant occasion:

We give greetings to our Elder Brother the Sun, who is faithfully fulfilling his responsibilities, given to him at the foundation of the world. He brings light and warmth to all living things, marking the days by his coming and going. So we give thanks and greetings to the sun.

Our ancestors read in the natural world the teachings from a generous Creator. Their spiritual understanding made it easy for them to welcome the message of a loving Father in heaven.

My comments on education this month are about recapturing that awareness of spirituality and thankfulness for the gifts of nature that form part of our heritage.

Earlier in February I attended an education conference sponsored by Mississaugas of the Credit First Nation and Indian and Northern Affairs Canada. There were workshops on seeing the potential in every child, keeping perspective through humour, incorporating culture in the curriculum, and many others. Most of the presenters were First Nations persons. It was good to see Mohawks and others of the Six Nations as well as Anishinabe coming together with non-Aboriginal teachers, counsellors and program staff to work on making education more meaningful and challenging for First Nation students.

In every Canadian community, as in every First Nation community, there are people who hold differing beliefs. Public schools are not supposed to promote one religion over another. This means that the curriculum leaves out references to the spiritual part of learning, even though most of us would agree that watching the sun come up, or seeing the miracle of new growth in the spring, or listening to the still small voice within us awakens something really important in our understanding of life.

Mohawk educators at Akwesasne addressed the question of how to put culture back in the curriculum and honour traditions of thanksgiving by developing a math and science curriculum called "The Mohawk Way to go to School". Learning the meanings contained in the Thanksgiving Address encouraged students to consider the interconnectedness of all living beings. Science teachings about pollution helped students to understand what had happened to the waters and the fish in the St. Lawrence River. Then they went out to make observations, gather water samples and analyse them in chemistry laboratories. Because students experienced the connections between Mohawk culture, nature, and laboratory science, they became excited about learning and their success in math and science improved, so that when they went on to the county high school they could handle the work with no trouble.

The Akwesasne math and science project is written up in a new book that I edited with two other educators. The title of the book is *Aboriginal Education: Fulfilling the Promise* and it is available at the Kahnote Library. You can also order it from any bookstore.

CONTINUED...

- 2 -

Also this month the Hastings and Prince Edward Board of Education heard the annual report from the Frink Centre for Outdoor Education. Bea Heissler is the coordinator of programs at the Frink Centre, which is located near Plainfield. Bea is proposing to set up an additional portable classroom which will have a Native Studies theme. She also is developing outdoor education units that fit into the new provincial curriculum guidelines. She would welcome input on Mohawk culture in designing the Native studies themes for elementary and secondary levels.

It is possible for secondary students to do their co-op education placements at the Frink Centre if they can manage transportation to the Centre. Bea is very enthusiastic about the assistance being provided to her from the *Roots to Routes Program* at Moira. Troy Maracle has developed the experiential program, *Roots to Routes*, which offers courses in Native Studies, Environmental Resource Management, Aboriginal Voices in Contemporary Society (English) and Co-operative Education as one complete (holistic) package. Not only do the students learn about their history and culture, they also learn the skills which are needed in today's workforce. Congratulations Troy, on your creative effort.

Till next month,

Skennen kowa, Great Peace to you.

Marlene Brant Castellano  
HPEDSB Trustee for Mohawks of the Bay of Quinte

Tell Your Own Story

Create Your Own Video

# BE A PART OF THE

# Aboriginal

# Media

# PROGRAM

AT

## FIRST NATIONS TECHNICAL INSTITUTE

Three-year college diploma in  
Print Journalism or  
Broadcast Production

For an information package call  
Liz Brant at 1-800-267-0637  
or e-mail LizB@fnti.tyendinaga.net  
www.tyendinaga.net

Live At Home

Two Week Sessions

### ENROLL NOW FOR FALL 2001



F.N.T.I.  
Sharing & Learning

Design Your Own Web Page

Cover Native Issues



## EDUCATION & RED CEDARS

She:kon! It is an honour to join First Nations Technical Institute and Ohahase Adult Education Program as the Literacy Program Coordinator. I have been involved in adult literacy and basic skills for over two years and I look forward to the challenges this new position will bring. If you have any questions about this program, I can be contacted at 396-2122

*"Literacy can be a means by which Native people empower themselves, their families and their communities"*  
~ Empowering the Spirit: Native Literacy Curriculum ~

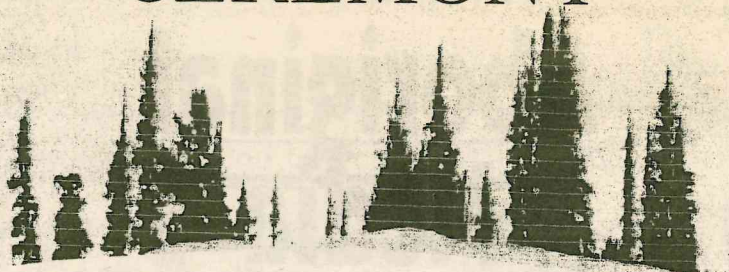
Nia:wen  
Janice Brant  
Literacy Program Coordinator

### Ohahase Adult Literacy Program

This service is designed to aid adult learners in the development of basic reading, writing and math skills. A Personalized Education Plan is developed for each learner to meet their specific needs and educational goals. One-to one tutoring is also available at times suitable for you.

If you have any questions feel free to contact Janice Brant at 396-2122.

## MOON CEREMONY



*All Women Welcome!*

WHERE: RED CEDARS  
WHEN: March 8, 2001 @ 7:00  
Please wear a dress/skirt and  
bring tobacco and water if possible.  
Call for more information: 967-2003 or 969-2215  
POTLUCK after the ceremony

MAPLE SAP GATHERING TO BE  
ANNOUNCED...COMING SOON.  
WATCH FOR FLYERS...LISTEN TO  
KWE RADIO. INTERESTED IN  
COLLECTING SAP...THIS EVENT  
COMING SOON...SPONSORED BY  
RED CEDAR'S SHELTER TRADITIONAL  
PRACTITIONER PROGRAM.

### Red Cedars Shelter's Traditional Practitioners Program

#### Ohki:we (Feast for the Dead)

When an individual passes from this world to the sky-world, there is a process that must be followed by those who remain on this earth to assist the spirit of the deceased in reaching their destination.

Prior to the coming of the Seneca prophet Handsome Lake (before the 19<sup>th</sup> century), when an individual died, their body was laid out in the house for a short time and then returned to the earth through the funeral ceremony. The mourning period was to last one year. On the one-year anniversary of the individual's death, the people would gather for Ohki:we – the Feast For the Dead. It is said that long ago each individual had an Ohki:we done for them.

The purpose of the Ohki:we was to gather the people and invite the spirit of the deceased to return to the earth to eat, dance, sing and visit with his/her relatives. The Ohki:we officially ended the one-year mourning period by lifting the veil of sadness from the eyes of the mourning relatives, and released the mind of the deceased so that he/she could make their journey to the sky world unburdened by the thoughts of his/her remaining relatives. It is said that to constantly mourn would work only to keep the spirit of the deceased on this earth, and the failure to conduct an Ohki:we would work to produce a similar result. The Ohki:we then, is quite necessary, and important.

Today, not all individuals have an Ohki:we. This changed after the coming of Handsome Lake. He shortened the mourning period to ten days. Today when an individual dies, their body is laid out in the house for three days. On the third night a wake is conducted where individuals visit and eat, the sock game is played, and preparations are made for the funeral. On the following morning, the body is returned to the earth through the funeral ceremony. Ten days after, on the anniversary of the death, a small-feast is conducted for the deceased individual.

At the feast, a plate is made for the deceased and set aside. All in attendance eat with the deceased who at this time, is still on the earth. The plate is left out all night long for the deceased to eat. The possessions of the deceased are distributed at this time. The following morning, the plate is set in the branches of a tree, for at this time it is said that the deceased is at the level of the trees. The minds of the mourners are released, and the mind of the deceased is released from this earth so that he/she can begin their journey along the Milky Way to the sky-world. It is said that even today, this process is required and necessary for all individuals who pass away.

Today, the various longhouses throughout the Rotinoshon:ni conduct Ohki:we twice a year. Once in the fall, usually in October, just before the earth is covered in a blanket of snow, and once in the spring, usually in late February, when the blanket begins to lift.

The Women of Ohki:we Society organize the festival, cook the food, and hire out male singers and speakers. One is either born into the Women of Ohki:we Society through her mother, or is adopted in. In Kanienke'ha:ka longhouses, Ohki:we begins later on in the evening and goes all night long. The festival consists of an opening, Ohki:we songs, a feast, speeches, a social, a give-away, and morning songs. When the sun begins to rise, Ohki:we is brought to a close and the dead return to the sky-world.

Individuals wishing to attend the Ohki:we ought to bring a roasting pan with a lid (to hold food), cutlery, oienkwa'on:we (real tobacco), candies or fruit, and a well-rested mind and body as one must stay awake all night long. To fall asleep opens the possibility to return to the sky-world with the deceased.

The Ohki:we is beautiful, powerful and a whole lot of fun.

#### Wahta (Maple Festival)

After sha'nikon'shehrhon (mid-winter) and Ohki:we, the third observance of the Kanienke'ha:ka ceremonial calendar is Wahta – the Maple Festival. Near the end of winter, when the wind becomes warm, the Kanienke'ha:ka return to the forest to collect the sap from the sugar maple tree. The sugar maple is said to be the leader of all the trees, and because of its importance we celebrate what it provides with the Maple Festival. It is said that there are two parts to the Maple Festival.

First, when the appropriate time has been marked, the first part of the maple festival is conducted. The "Opening of The Forest", or "Bush Ceremony" sets it right for the onkwe'hon:we to return to the woods. This one-day observance 'opens the forest' and is done as a protection for any individuals who wish to enter the forest and collect the sap from the sugar maple. In Kanien:ke (Mohawk communities), this ceremony is conducted by the faithkeepers who construct a fire at the edge of the forest and offer oienkwa'on:we (real tobacco) to all forces in creation with special reverence for the forest and the sugar maple. In other Rotinoshon:ni communities, the "Bush Ceremony" is much more elaborate, requiring a gathering of the people at the longhouse where the bowl game is played, and dancers of the Eagle Dance Society perform publicly.

After the Bush Ceremony, the onkwe'hon:we enter the forest and collect the sap from the sugar maple. The sap is taken as a medicine, one-cup three times a day, for as long as the sap runs. The sap works to prepare the digestive system for the early fruits of summer that are to be consumed. It also works to cleanse the stomach lining and digestive tract, as the hard winter diet, consisting of dried vegetables and meat, can cause deposits of unwanted material in the digestive system. The sap is also stored to be used in the making of other medicines at different times of the year. Sap is important as it is burned down to make maple syrup, which is used as food, and as a medicine for various purposes.

After the sap has been collected and the syrup has been made, the people will gather at the longhouse for Wahta – the Maple Festival. The Maple Festival is conducted after the collection of the sap as it is an expression of thanksgiving, and also a celebration of the maple tree for all that it provides. The Maple Festival lasts one day long and consists of an opening address, speeches to thank the Maple and other trees, public distribution of sap, certain songs and a feast. Individuals wishing to attend the Maple Festival ought to bring a bowl, plate, cup, cutlery, and oienkwa'on:we.

As told by Jeremy Green



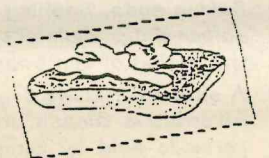
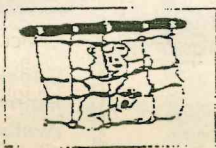
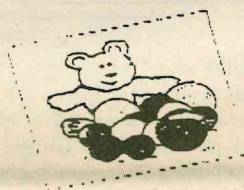
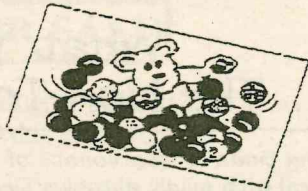
## RED CEDARS

Have you ever heard a little voice inside your head telling you, "This doesn't feel right," or "I wonder what I should do?" or "This is fun!"? Have you ever had a feeling right down in the pit of your stomach — sometimes called a "gut feeling" — telling you whether you feel good or bad about a certain situation? Well, sometimes we ignore these feelings, these little voices, because we doubt them, or because we're too scared to tell anyone about them.

It's really okay to listen to these feelings and trust them. Your insides don't lie! Did you know that you have certain rights as a kid, rights which no one should ever even dream of taking away from you? These rights are here to protect you and keep you safe. But if you ever feel funny about something — like when things just don't seem right to you — but you're too scared to say anything, try thinking of a person that you know who you really, really trust. This person could be a teacher, a babysitter, your mom or dad, a friend's mom or dad, an aunt, an uncle, your doctor — anyone that you feel safe with.

It's okay to talk about stuff with them. They really do care about you and will trust your word. And if, for whatever reason, they don't, then go to the next person on your list until you find someone who does! Honour your feelings — learn to trust them.

Take time to read the following page and learn what some of your rights are. Every one of you is special, and you deserve to have every one of these needs met.



## Children's Bill of Rights

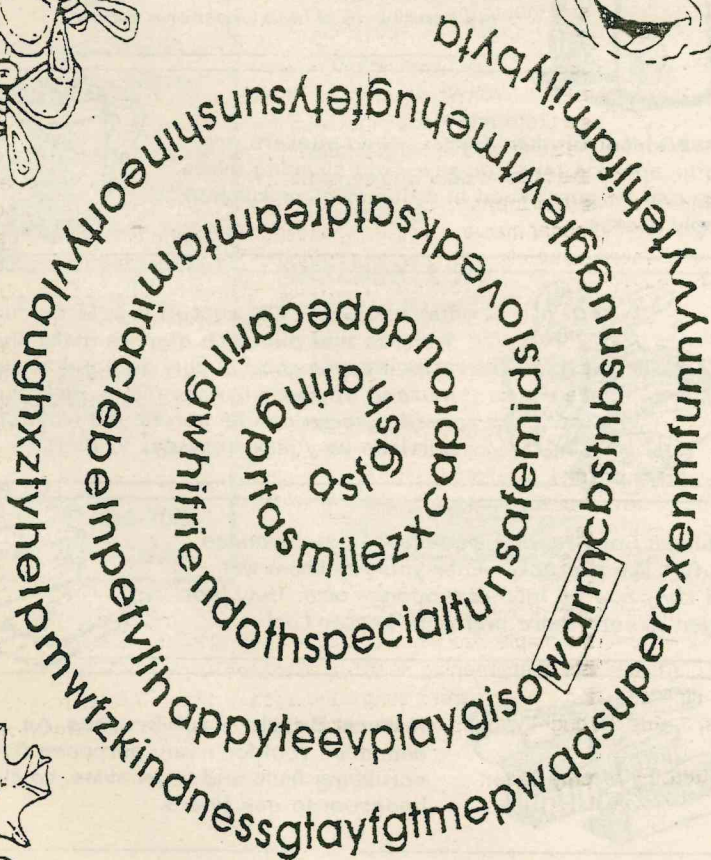
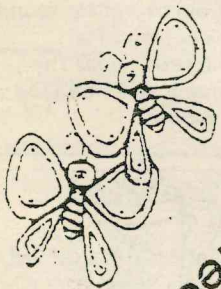
*You have the right to...*

- Learn and ask questions
- Seek help
- Laugh and be happy
- Express your feelings
- Take care of yourself
- Follow your dreams
- Do things for yourself
- Protect your mind and body
- Receive and give affection
- Be proud of your work
- Be the best you can
- Love yourself, love others, and be loved

## SPIRAL OF HAPPINESS

The words on the left can be found in the "spiral of happiness" below. See how many words you can find.

warm  
sunshine  
proud  
caring  
sharing  
friend  
safe  
happy  
loved  
hug  
dream  
me  
smile  
miracle  
pet  
snuggle  
play  
family  
help  
super  
funny  
laugh  
kindness  
special



## Let Your FEELINGS Come To Life!

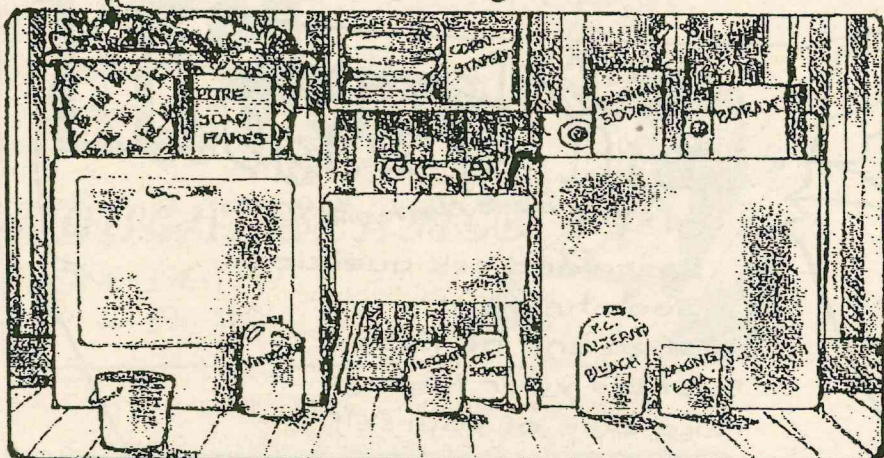


Use this page to draw what you're feeling right now, or to draw as many different feelings as you can think of!



## RED CEDARS

## The Laundry Room



One of the most important products in your laundry room is your laundry soap. You can choose to make your own soap flakes, purchase commercial soap flakes, or buy a commercial cleaning product that:

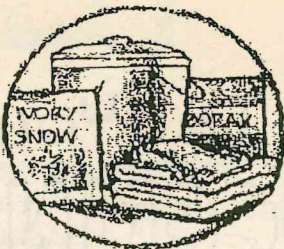
- contains vegetable-oil-based soaps or detergents
- is biodegradable in a matter of days
- does not contain EDTA (which binds with heavy metals in the water)
- does not contain cancer causing NTA
- does not contain phosphates (which contribute to algae growth)
- does not contain bleach (which combines with organic material forming toxic organo-chlorine compounds)
- does not contain non-biodegradable optical brighteners
- does not contain synthetically derived preservatives

There are several such products available either in progressive grocery chains or in health food stores. Read the labels and choose appropriately.

- Tri-Clean laundry disks work to clean your laundry with nothing more than water. No soaps, detergents or fabric softeners are required! An electro-chemical principle destabilizes and softens water so that dirt is lifted from clothing. Cost per use is much cheaper than detergent. (For more information see supplier list for mailing address)
- Baking soda, washing soda and borax are excellent laundry boosters. They soften water, disinfect, deodorize, help remove stains and grease and improve the action of the soap. Add 1/4 to 1/2 cup per load.
- A safe alternative to chlorine bleach can be found in the President's Choice Alternative Bleach, made of liquid hydrogen peroxide. Powdered hydrogen peroxide sold by Simply Clean Products and Safe Bleach, by Soapworks found in health food and bulk food stores are also good choices.
- Adding 1/2 cup of vinegar to the rinse cycle helps soften water and remove detergent residue.

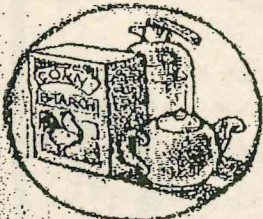
## Diapers

Dissolve 1/2 cup borax in a diaper pail of hot water. Soak cloth diapers in this solution until you wash them. Rinse diapers in clean water, then wash in hot water with Ivory Snow. 1/2 cup borax may be added to the wash water, and 1/4 cup vinegar added to the rinse will remove any soap residue and soften the fabric. Hang in the sun to dry if possible. Sunlight helps bleach out stains.



## Laundry Starch

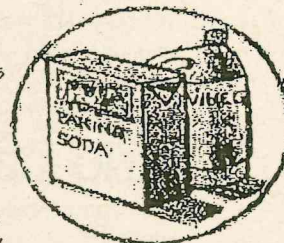
Combine 2-3 tsp. cornstarch with 1 cup of water in a spray bottle. Shake well and spray onto light clothes to be ironed. For dark clothes, mix same amount of cornstarch into 1/2 cup cooled black tea. This keeps starch from showing on dark clothes.



## Fabric Softeners

- Add 1/4 cup baking soda to the wash cycle.
- Add 1/4 cup vinegar to rinse cycle. This also helps prevent static cling in the dryer and eliminates chemical residue from new clothing.
- Spray cloth rag with vinegar and throw in dryer to eliminate static cling.

*C.K. from Stirling: "Changing our habits is a very important step to making our environment safer"*



## Stain Removal

- Spray Murphy Oil Soap full strength on grease stains before washing.
- Rub food stains with a bar of Sunlight soap.
- Remove berry juice of any kind by pouring boiling water from a height of several feet onto taut fabric.
- Remove blood stains by soaking in hydrogen peroxide and washing in cold water.
- Remove chocolate by soaking in hydrogen peroxide.
- Remove grass stains by soaking in vinegar or a strong alcohol and water solution.



*R.C.B. from Belleville: "We have well water, and I use borax, washing soda and baking soda in the wash, and my clothes have never been whiter and so stainfree... Fabulous!!!"*

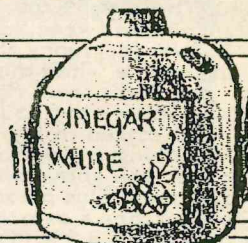
What You Need...  
The Non-Toxic Cleaning Kit

Baking Soda is bicarbonate of soda, an effective mineral with mildly abrasive cleaning, whitening and deodorizing properties. It is found in the baking section of the grocery store, or you may buy it in larger quantities at your local bulk food store.



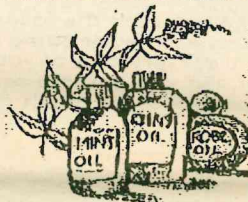
Borax is a mineral of natural origins consisting of water, oxygen, sodium and boron, with antiseptic, antifungal, antibiotic, deodorizing and disinfectant properties. It inhibits growth of mould and mildew. It is found in the laundry section of the grocery store. Borax is poisonous if consumed.

Vinegar is a liquid derived from the fermentation of fruits or grains. Its acid content makes it useful for killing germs, cutting grease and dissolving mineral deposits.

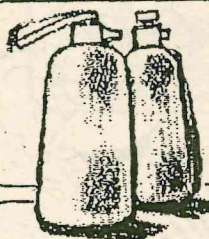


Washing Soda is a mineral, sodium carbonate, also known as soda ash. Slightly caustic, it is an effective cleaner of grease, oil, dirt and many petroleum products. It is also a soap booster and water softener. It is found in the laundry department of the grocery store. Because of its caustic properties, it is advisable to wear rubber gloves when using mixtures containing washing soda.

Essential Oils are the essence of a plant's fragrance and are the basis of many perfumes. Available in a wide range of scents at health food stores or The Body Shop. A drop or two of citrus, apple, strawberry, peppermint etc. makes a nice addition to home-made cleansers.

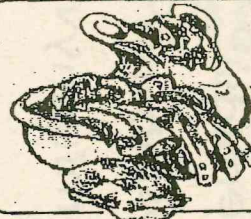
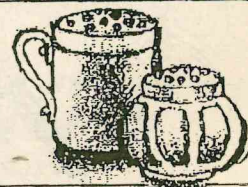


Vegetable Oil Based Liquid Soap is recommended over animal-fat and petroleum based soaps and detergents. These are primarily coconut oil based soaps that biodegrade quickly, and are often found in health food stores. Nature Clean products and Murphy Oil Soap are examples of readily available commercial brands.



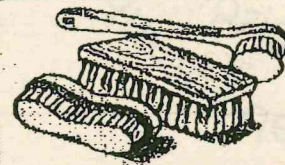
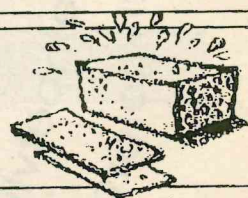
Spray Bottles. A good quality spray bottle found in a garden centre or outdoor section of a department store is the best investment. The sprayer mechanism will last longer and not clog as readily as a less expensive model.

Glass/Metal Shaker Jars. Cheese shakers are useful 'sprinkle jars' for powdered cleaning mixes. They can be purchased in restaurant or kitchen supply stores.



Cloth Rags. 100% cotton towels, cut up T-shirts and old cloth diapers make the best rags. Keep a good supply on hand to use instead of paper towels. Clean, disinfected, used diapers can be purchased from diaper services very inexpensively.

Cellulose Compressed Sponges. These sponges are flat like a cracker until you get them wet and they pop up into real sponge size. They last longer, absorb more and work better too!



Natural Bristle Scrub Brushes. An essential tool for many purposes from scrubbing fruit and vegetables, to cleaning baseboards and floors.

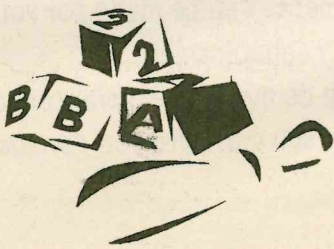


# HEALTH CENTRE

## Community Volunteers Needed for Home & Community Care Working Group

The Home & Community Care Program is a new initiative that, once established will work in conjunction with existing health and social programs and services as well as to initiate and offer new services that are required on the Territory for the enhanced health of all community members. Members of the working group will be responsible to assist the Community Care Co-ordinator in establishing community needs and to provide valuable input.

Anyone interested may contact the Thayendanega Health Centre at 967-3603 for further information or to submit their application.



## "SPRING 2001" PRENATAL CLASSES at

THAYENDANEGA HEALTH CENTRE

The Health Centre is offering FREE Prenatal Education Classes. The 6 week program starts **Wednesday Apr. 18th, 2001 @ 7:00 PM**. Each class will be about 2 hours. Bring your partner or a friend with you!

Topics include fetal growth and development, infant nutrition, breast feeding, labour, delivery, and newborns. Lots of samples and free gifts!

Please call the Health Centre @ 967-3603 to register or if you have any questions about the program.

The Thayendanega Health Centre is offering a **free gift bag** for all Mothers - to - be who register their pregnancy with the Health Nurses. Please drop by or call. We look forward to meeting with all the new moms- to- be !

Brenda Asselstine Reg.N.  
Community Health Nurse

## HEALTHY LIFESTYLE COOKING CLASSES

March 15th and 29th, 2001  
6:45- 9:00 PM

Queen Ann Parish Centre  
Sponsored by

The Diabetes Program  
Nicola Smith Registered Dietitian

Learn more about healthy cooking and good nutrition for the whole family. Please call the Thayendanega Health Centre 967-3603 to register.

## NURSING MOTHERS' GROUP

of  
Tyendinaga  
invites



## BREASTFEEDING MOTHERS & BABIES

to their ongoing series of meetings  
on the **2nd & 4th Friday** mornings  
from **10a.m. to 12a.m.**

Small Children Welcome

Interested Women or young girls welcome

Friendly mother - to - mother support . Lending library

Nutritional Assistance for Moms.

Baby's weight check & Help with breastfeeding problems available  
Information & discussions on breastfeeding related topics such as:  
avoiding problems, nursing discreetly, nighttime needs, expressing  
or pumping milk, introducing solid foods, understanding your baby,  
fertility awareness . . .

**March 9: Getting Started...Getting Off To A Good Start!**

**March 23: As Baby Grows... Meeting Challenges!**

For more info, or if you you would like to attend but have an obstacle  
we could help with (i.e.transportation, child care etc.)  
please call 967-3603

## THE BREASTFEEDING CIRCLE

### •How can breastfeeding prevent diarrhea?

Breastmilk is clean, uncontaminated & requires no feeding utensils which may be a route for bacteria. Breast milk contains a wide variety of anti-infective substances to combat intestinal infections. Breast milk continues to provide limited protection against diarrhea after the introduction of other foods.

### Do breastfed babies ever get diarrhea?

Yes. Even though the antibodies in human milk offer a baby protection from many intestinal illnesses, breastfed babies sometimes have diarrhea. It is usually milder & shorter than in formula babies.

**My baby has always had loose BM's. How will I know if s/he gets diarrhea?**

Good point! Not all frequent & loose stools are diarrhea. Most babies younger than 6 weeks have at least 2-5 loose, unformed BM's/day. Some have more, perhaps one with every nursing. After 6 weeks, it's normal for some breastfed babies to have BM's as infrequently as once/7-10 days (...usually profuse!) The odour should be mild.

Diarrhea has the following signs:

- .12-16 stools/day watery stools
- .with no substance
- .an offensive odour

### What needs to be done if my baby does get sick with diarrhea?

A mild case of diarrhea in a breastfed baby usually clears up within a few days. As always, if a baby is willing to take anything by mouth, it should be his mother's milk. Human milk is digested rapidly. Even a baby who is vomiting & has diarrhea will absorb some of the fluids & nutrients from it. Breast milk provides water, nutrients, electrolytes, energy, absorption aids. Importantly, it contains anti-infective substances to combat the diarrheal-causing organisms. Only in artificially fed babies is it sometimes beneficial to eliminate milk feedings during diarrhea.

Rarely, a breastfed baby with moderate to severe diarrhea may need "oral rehydration solution" or I.V. fluids IN ADDITION TO BREASTMILK. The danger of diarrhea is dehydration. If your baby has diarrhea & develops ANY of these signs of dehydration, get MEDICAL attention IMMEDIATELY:

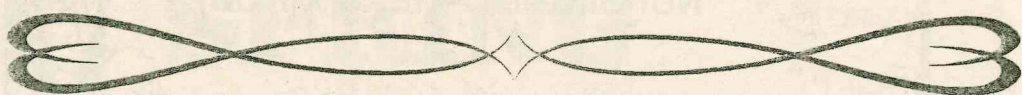
- .listlessness & sleeping through usual feeding times
- .lethargy
- .weak cry
- .dry mouth, dry eyes
- .less than usual amount of tears
- .minimal urine (less than 2 heavy wet diapers/24 hrs.)
- .skin losing its resiliency (slow to go back if pinched)
- .soft spot (fontanel) on head is sunken
- .fever

The best way to prevent dehydration is to make sure the baby gets plenty of extra fluids. The best way to do this for the ill breastfeeding baby is to offer frequent nursings.

Jytte Cooper and Gale Hayward for the Breastfeeding Support Group  
Brenda Asselstine Community Health Nurse



## HEALTH CENTRE



### TYENDINAGA HOME SUPPORT PROGRAMS FOR SENIORS 55+

#### MEALS ON WHEELS

Hot nutritious meals are prepared by the Chief's Inn Restaurant and delivered to individuals residing on Tyendinaga Mohawk Territory. Meals are delivered every Tuesday and Friday between 11:30 & 12:30.

#### DINER'S CLUB

This service provides a healthy, delicious meal at a central location (Elders Lodge), every second and fourth Wednesday of each month. The meal begins at 12:00. Transportation available upon request. This is a good opportunity for individuals to come and meet new people and be reunited with old friends.

#### TRANSPORTATION

The Home Support Handivan operates on a first come, first serviced basis and is used to provide transportation to community members to all Home Support activities. Every Monday and Friday the handivan takes community members to Deseronto to do their banking, shopping and/or special errands.

#### HOME MAINTENANCE

This service provides assistance with light household tasks beyond the individuals capability; such as, window washing, yard maintenance and painting of decks. This service operates upon the availability of Home Support volunteers. Clients are responsible for providing all necessary supplies.

#### SOCIAL AND RECREATIONAL PROGRAMS

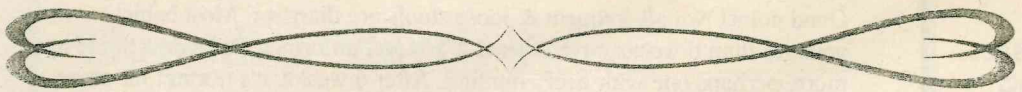
This service provides supervised activities for seniors in a group setting. Some activities include ceramics classes, exercise classes and bowling. Occasional outings and special events are also part of the Social and Recreational Programs.

#### FRIENDLY VISITING

This service offers one on one visitation to seniors and shut-ins to promote social stimulation and allows increased activity, more social contacts and decreases loneliness and isolation.

**Note:** The Home Support services are offered at a nominal fee.

If you require more information about the Home Support Program or would like to access one of the services mentioned above, please contact Tracey Bunnett, Home Support Co-ordinator or Jessica Brant, Home Support Resource at 967-3603.



To all Women in the Community 50 years and older

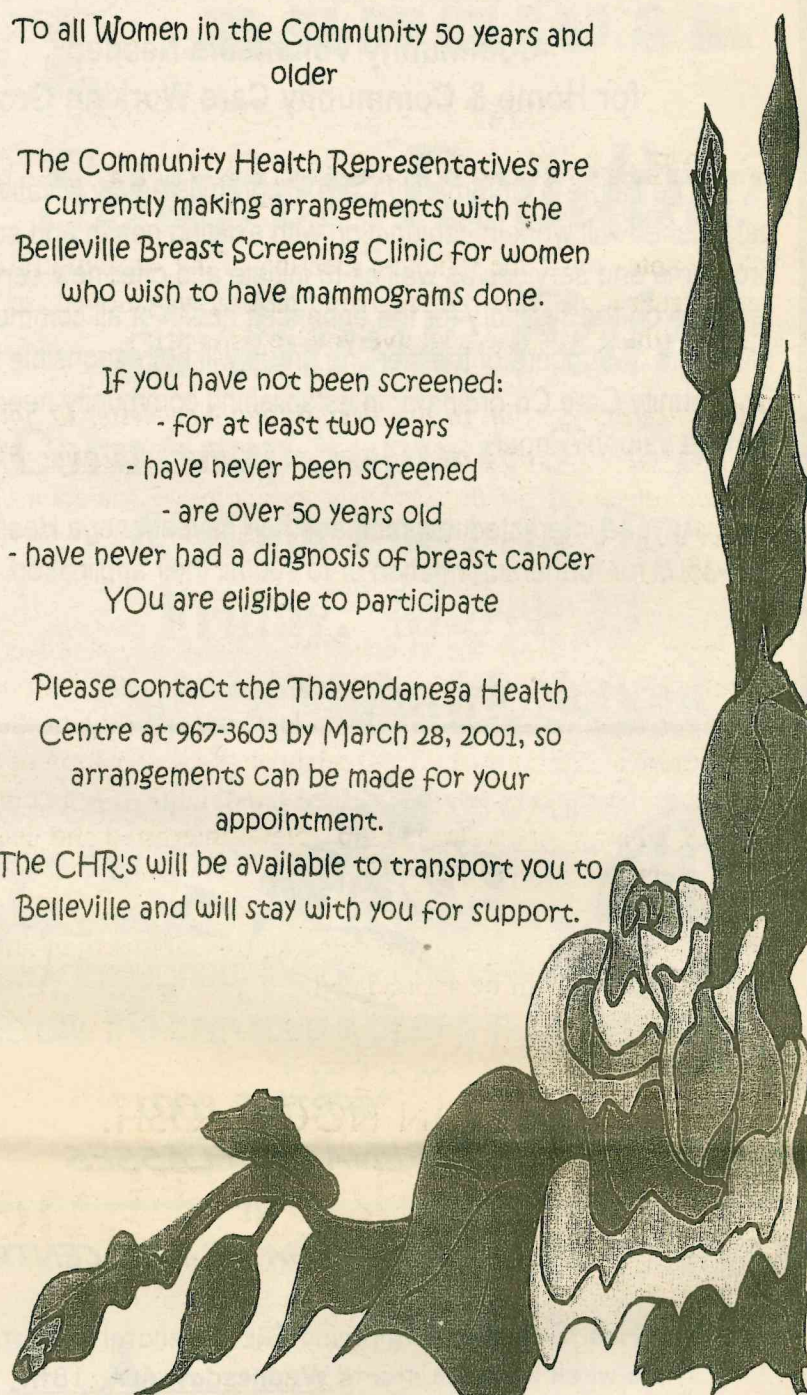
The Community Health Representatives are currently making arrangements with the Belleville Breast Screening Clinic for women who wish to have mammograms done.

If you have not been screened:

- for at least two years
  - have never been screened
  - are over 50 years old
  - have never had a diagnosis of breast cancer
- You are eligible to participate

Please contact the Thayendanege Health Centre at 967-3603 by March 28, 2001, so arrangements can be made for your appointment.

The CHR's will be available to transport you to Belleville and will stay with you for support.



# Heads Up

**"WE WILL BE CHECKING ALL STUDENTS UPON RETURNING FROM MARCH BREAK".**

**HEAD LICE ARE A NUISANCE BUT NOT A HEALTH HAZARD.**

**IN ORDER TO KEEP OUTBREAKS TO A MINIMUM, WE URGE ALL PARENTS TO TAKE AN ACTIVE STANCE.**

**PLEASE TAKE THE TIME TO INSPECT YOUR CHILD/CHILDREN'S HAIR WEEKLY.**

**IF YOU SUSPECT THAT YOUR CHILD DOES HAVE HEAD LICE.**

**PLEASE NOTIFY THE SCHOOL OR DAYCARE, SO THEY MAY TAKE THE APPROPRIATE ACTION TO ENSURE THAT OTHER CHILDREN/STUDENTS DO NOT BECOME INFESTED.**

**SHAMPOO MAY BE OBTAINED AT THE HEALTH CENTRE.**

**ALL NITS MUST BE REMOVED BEFORE YOUR CHILD IS ALLOWED TO RETURN TO SCHOOL.**

**FOR MORE INFORMATION, PLEASE CALL THE THAYENDANEGE HEALTH CENTRE AT 967-3603**



COMMUNITY INTEREST

**\* ATTENTION \***

**NOTICE FROM THE MOHAWK AGRICULTURAL SOCIETY**

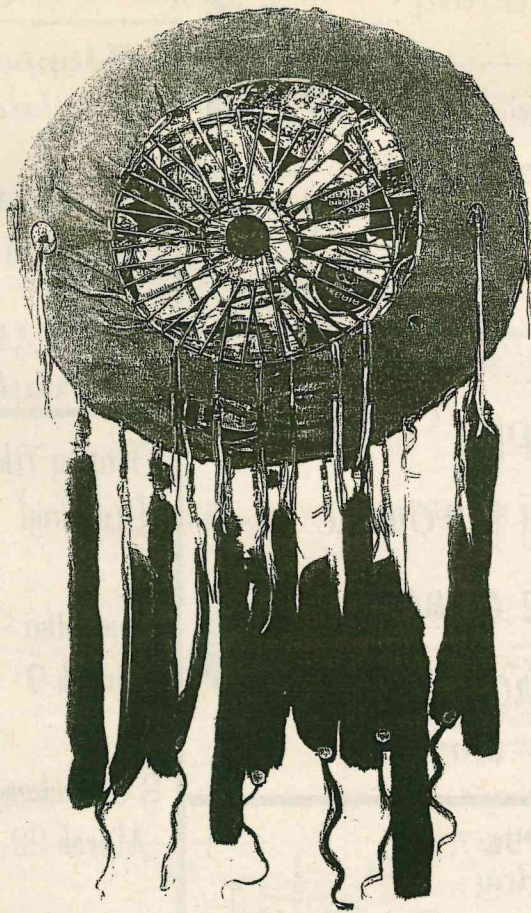
Please note that at the schedule meeting of the Agricultural Society held on February 26, 2001 the following motion was moved, seconded and carried (there was one negative vote registered):

*"To place notification in the Tyendinaga Newsletter to hold a meeting on **March 19, 2001 at 7:00 p.m. at the Mohawk Firehall** to hold elections for the Mohawk Agricultural Society and if there is not a response at this meeting from the community there will be no Mohawk Fair in 2001."*

As everyone is aware the Mohawk Fair, held in September, has been a regular community event held for the past 100 years. All executive positions must be elected (i.e. President, Vice-President, Secretary and Treasurer) and there must be an adequate representation of members to hold these elections. Anyone can be a member. It only costs \$5.00. Mohawk Fair is not a closed club. New, interested and dedicated volunteers are needed, NOW.

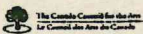
Please make note of the above date and time and plan to attend. Your assistance will be appreciated.

RON NOGANOSH:  
**It Takes Time**



**JANUARY 14 – MARCH 2, 2001**

**WOODLAND CULTURAL CENTRE  
184 MOHAWK ST. BRANTFORD, ON**



**ATTENTION LACROSSE PLAYERS!**

*Are you interested in playing lacrosse?*

We are looking for players ages 16 and older to play non contact lacrosse for recreation. If there is enough interest we are planning to play one night a week at the Deseronto Arena.

If interested call: **Joe Brant 564-0597 or Jack Green 967-1580**

Search no further  
find it online at  
**www.quinte.on.ca**  
UPDATED WEEKLY

*Come and be Part of It!*

- \* events \* accommodation \* dining
- \* shopping \* arts & entertainment
- \* recreation \* real estate \* services
- \* business & community directory

UNKWEHON:WE  
KOH-HEH-NEE-NE  
UNKWEHON:WE

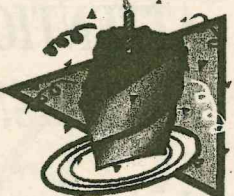



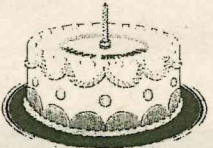
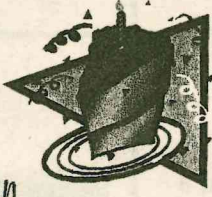

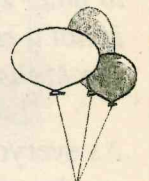

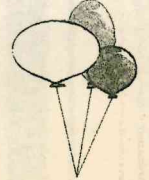
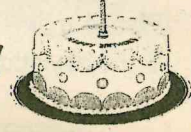
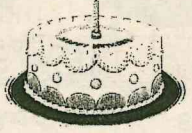


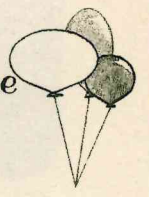


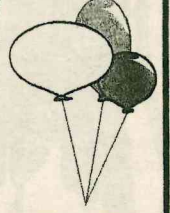

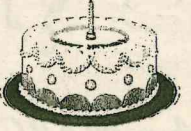
NATIVE PEOPLE  
HELPING  
NATIVE PEOPLE

**Good News**  
Donations of food may now be made in the T.M.T. Food Bank BARRELS located in both Dewe's Independent Grocery and at Scott's Food and Drug Basics. (Plaza/ Bayview Mall) The Food Bank Committee hopes you are able to use them!  
M.M.B.B.E.B.C.G.R.G.

MOHAWKS OF THE BAY OF QUINTE  
FOOD BANK


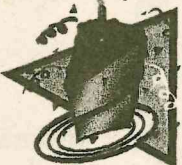

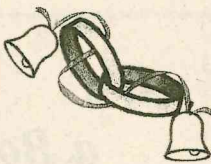
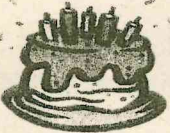
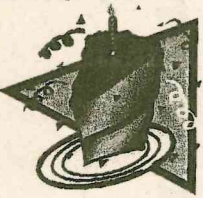
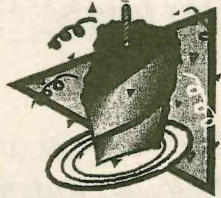


## BIRTHDAYS

<p>Happy Birthday!</p>  <p>Jim March 29</p> <p>Love Judy</p>	<p>Happy Birthday!</p>  <p>Daddy March 18</p> <p>Kisses &amp; Hugs Love Miranda &amp; Rachel</p>	<p>Happy Birthday!</p>  <p>Jeff March 18</p> <p>Love you bunches Jackie</p>	<p>Happy Birthday!</p>  <p>Brad "The Crusher" March 18</p> <p>Love Mom &amp; Dad</p>
<p>Happy Birthday!</p>  <p>Mom March 19</p> <p>Love Jason &amp; Faye</p>	<p>Happy Birthday!</p>  <p>Edith Green</p> <p>Love Beano &amp; Randy</p>	<p>Happy Birthday &amp; Many More!</p>  <p>Mom "Beano" March 27</p> <p>Love Brad, Ruby &amp; the Tribe</p>	<p>Happy 1st Birthday!</p>  <p>Sierra March 24</p> <p>Love from Grandma, Grandpa, &amp; Molly Brant</p>
<p>Happy Birthday</p>  <p>Mama March 19</p> <p>Love Saide &amp; Sheldon</p>	<p>Happy Birthday!</p>  <p>Mom March 7</p> <p>Luv from all of the Girls &amp; Grandkids</p>	<p>Happy Birthday to all celebrating this month!</p>	<p>Happy Birthday!</p>  <p>Chancelon &amp; Poppa March 21</p> <p>Love the Family</p>
<p>Happy Birthday!</p>  <p>Dad Feb. 17</p> <p>Luv all your Girls</p>	<p>Happy Belated Birthday!</p>  <p>Jamie &amp; Katie Feb. 25</p> <p>From Ronnie &amp; Mom</p>	<p>Happy Belated Birthday!</p>  <p>Crissy Feb. 25</p> <p>Luv the Family</p>	<p>Happy Birthday!</p>  <p>Aunt Lorrie March 5</p> <p>Luv Mindy &amp; Nathan</p>
<p>Happy Birthday</p>  <p>Grandpa Loft March 10th</p> <p>Lots of love, Jessica &amp; Andy</p>	<p>Happy Birthday</p>  <p>Old Women March 5</p> <p>Luv Lynda</p>	<p>Happy Birthday! to my favourite table dancer! March 15</p> 	<p>Happy 7th Birthday!</p>  <p>Samantha Brant March 9</p> <p>&amp; Mackenzie Brant March 22</p>
		<p>Happy Birthday</p>  <p>Mommy March 5</p> <p>Lots of love Sweet Pie</p>	<p>from Mom, Nana Poppy, Uncle John, Sarah Aunt Gloria, Aunt Sherry &amp; Uncle Jack</p>



BIRTHDAYS & COMMUNITY INTEREST

<p>Happy Birthday!</p> <p>Shawn (Dad) March 5</p> <p>Love Sharon, Amy &amp; Douglas</p> 	<p>Happy Birthday!</p> <p>Steve March 27</p> <p>Love Sharon, Shawn Amy &amp; Douglas</p> 	<p>Happy 16th Birthday</p> <p>Douglas March 17</p> <p>Love Mom, Dad &amp; Amy</p> 	<p>Happy 55th Anniversary</p> <p>Mom &amp; Dad Beano &amp; Randy March 27</p> <p>Love Brad, Ruby &amp; the Tribe</p> 
<p>Happy 3rd Birthday!</p> <p>Trevor March 26</p> <p>Love Aunt Sharon Uncle Shawn, Amy &amp; Douglas</p> 	<p>Happy 3rd Birthday!</p> <p>Mackenzie March 22</p> <p>Love Gramma, Grampa Aunt Amy &amp; Uncle Douglas</p> 	<p>Happy 7th Birthday!</p> <p>Samantha March 9</p> <p>Love Gramma, Grampa Aunt Amy &amp; Uncle Douglas</p> 	



Tyendinaga Lions Club  
50-50 DRAW

The Tyendinaga Lions Club would like to announce our 50-50 Draw winner.

**Pam Halford of Marmora**  
**won \$116.00**  
**Congratulations!**

Thanks to all who support the Lions Club draws by purchasing tickets.



ABORIGINAL JOB FAIR

When?

Tuesday, March 20, 2001  
10:00am to 5:00pm

Where?

C.R.E.W. Development Centre  
Casino Rama Administrative Offices Building

What will happen at the Job Fair?

Casino Rama is committed to the employment of Aboriginal people. Our Job Fair will provide an opportunity for those interested in employment at the Casino to find out about current jobs available. Representatives from our Human Resources Department will be on hand to receive resumes, Applications for Employment, and conduct pre-screen interviews. Also, our Table Games Department will be available to provide Table Tests for anyone interested in becoming a Dealer

Who should attend?

Any individual who would like to know more about job opportunities available at Casino Rama is encouraged to attend.  
First Nation/Organization employment counsellors are also encouraged to attend.

Do I have to register if I want to attend?

No, however, it would be beneficial for us to obtain an indication ahead of time. We will be sending out a Group Registration form to all Band Offices in the near future.  
All questions regarding the Job Fair may be directed to Diane MacDonald, Recruitment Manager, by phone at (705) 329-5373 or by fax at (705) 327-6676.

News Release



FOR MORE INFORMATION: Public Relations Department Fax: (705) 329-5230  
Sherry Lawson, Director of Corporate Affairs/Public Relations: (705) 329-5256

AWARDS FOR EXCELLENCE RECIPIENTS ANNOUNCED

Mniikaning (near Orillia), Ontario: (February 8, 2001)

Casino Rama today announced the names of this year's recipients of its Awards for Excellence for aboriginal students. Choosing from 130 applicants, an independent adjudication committee selected the final 12 names, rating applicants equally on academic achievement and demonstrated community involvement.

Representing various geographic areas throughout Ontario, recipients have already been notified by phone. This year's recipients of the Awards for Excellence are:

- Vivian Atchitawens-Roy, member of Wikwemikong Unceded Indian Reserve
- Diane Bannon of Fort William First Nation
- Donna Burden of Nipissing First Nation
- Celina Cada, member of Sheshegwaning First Nation
- Barbara Day-Bergman, member of Batchewana First Nation
- Taryn George of Alderville First Nation
- Vicky Hutchison, member of Moose Cree First Nation
- Elisa Levi, member of the Chippewas of Nawash
- Bonnie Jane Maracle of the Mohawks of the Bay of Quinte
- Sherry Martin, member of Lower Mohawk Reserve No. 40 (Six Nations)
- Gary Paulin of M'Chigeeng First Nation (West Bay)
- Martin Tetzlaff of Kanata, Ontario (previously from Fort Alexander)

Ted Williams, Casino Rama's Vice-President of Human Resources and Corporate Affairs and member of the Mniikaning community, comments: "We at Casino Rama are pleased to be able to acknowledge the determination and initiative of aboriginal students intent on completing their education, and at the same time, giving back to their communities. Our special adjudication committee did not have an easy task in choosing only a dozen names from the excellent applications put forward. We hope that the home communities of our 12 recipients will find a way to honour these future leaders in our midst."

These Awards for Excellence are part of Casino Rama's Community Wellness Program. As Ontario's only commercial First Nations gaming facility, Casino Rama recognizes its special responsibility to aboriginal wellness initiatives. Since its 1996 opening, Casino Rama has sponsored hundreds of local events, including pow-wows and wellness conferences.

For further information, contact: Corporate Affairs and Public Relations Department  
Telephone (705) 329-5219



## COMMUNITY INTEREST

*It's  
a Boy!*



*Chris Auten and Melinda "Niki" Brown are proud to announce the birth of their son.*

*" Aidan Christopher Auten-Brown "*

*Born: February 26 at 4:18 a.m.*

*Weight: 9 lbs. 1 oz.*

*Length: 22 inches long*

*Belleville General Hospital*

*Proud Grandparents are:*

*Sharon Brown and John & Betty E. Auten.*

*Thank You*

*To Jonathan Maracle on the Bayshore Rd.  
Thank you for your prayers when I had  
my mini stroke. God was listening.  
Thank you!*

*Sally Brant  
Bayshore Rd.*



Ken,  
Congratulations  
on your Retirement.

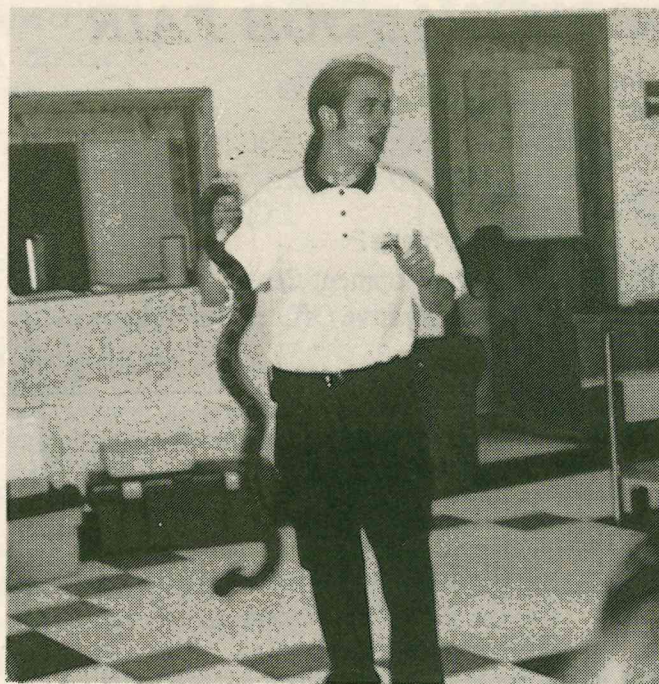
Quinte Mohawk School Staff,  
Family and Friends

*Congratulations!*  
**PHILLIP!**

On receiving the Year 2000  
Scholarship at Durham  
College awarded to the top  
three students with the  
highest GPA. Your hard work  
has paid off and we're  
extremely proud of you!

*With much love,  
Mom, Dad, Matt & Charles.*

*Niawen*



Thanks so much to all who attended the Indian River Reptile Zoo presentation during First Nation Public Library Week. The presentation was very fun and informative – we learned how to move a snapping turtle off the road and many other reptilian facts. Kanhiote Library brought the show to you free of charge but you were very generous with donations – they totalled \$119.46. Thanks to Chief and Council who provided use of the community centre and to the Library Board members who provided the snacks.

The Indian River Reptile Zoo can be contacted at RR#3, Indian River, Ontario, KOL 2B0 or by phone at 705-639-1443.

### RENTAL OF 59'ERS HALL

The 59'ers Hall is available for small functions  
located at Hwy's # 2 & # 49.

For more rental information please call:

**Mary Donovan at 967-4708**



## COMMUNITY INTEREST

### Niawen - Kowa

Niawen Kowa to all of the students and community members who attended our First Annual Post Secondary Information Day. We would also like to thank the Tyendinaga Education Committee Reps., Mohawk Band Council, the Native Women's Association, the College and University Reps. and the Reps. from our Community Agencies for their support.

Niawen-kowa

Paul Latchford - Loyalist College  
Matt Sager - F.N.T.I. Aviation

We will be planning the next Post Secondary Information Day for December 2001.



### Winners of the Recreation Committee Valentines Day Draw are:

1st Prize: Dorothy Lazore  
2nd Prize: Crissy Cobbledick  
3rd Prize: Mary Ann Sero

Thank you to all who purchased tickets.  
From the Recreation Committee



### We're Moving!!

Effective February 12<sup>th</sup>, 2001

our new Toronto Branch address will be:



TRIBAL CUSTOM INSURANCE SERVICES INC.  
2 Sheppard Avenue East  
20<sup>th</sup> Floor  
Toronto, Ontario  
M2N 5Y7

Our New Phone Numbers will be:

Phone: (416) 733-4364

Fax: (416) 733-2245

Our Toll Free Number will not change - it remains:

1 888 511-2060

**DEADLINE FOR THE NEWSLETTER  
IS MONDAY, MARCH 26  
396-3424**

### Honouring the Spirit of Family December 31, 2000

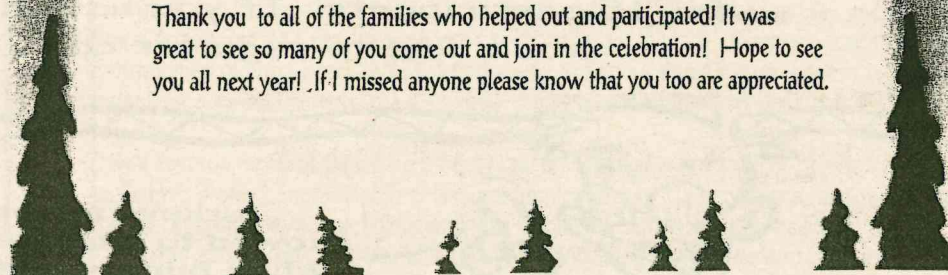
WE WOULD LIKE TO SEND OUT A BIG THANK YOU TO THE  
FOLLOWING PEOPLE WHO HELPED MAKE THIS DAY A SUCCESS:

KATSITSIASE (BETTY MARACLE)  
PHIL & GLADYS BOWDEN  
MARIE LOFT  
KARONHILIO (BLAINE JR. LOFT)  
MARY JEAN LOFT  
JOHN GAZLEY  
GREG LOFT  
CINDY MARACLE  
BILL PARRY  
DARLENE LOFT  
BLAINE LOFT  
TRACEY GAZLEY

SINGING GROUP:  
JOE & ANGIE BROWN  
STEPHEN GREEN  
JEREMY GREEN  
DALE HILL

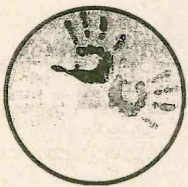
EKSA O' KON'A CHILDCARE CENTRE  
TAHATIKONHSOTONTIE HEAD START  
CHIEF AND COUNCIL  
ALVIN (SKIN) MARACLE  
DAN CHASE  
GEORGE BRANT  
AJ HILL  
GREG GENERAL  
GLORIA BRANT

Thank you to all of the families who helped out and participated! It was great to see so many of you come out and join in the celebration! I hope to see you all next year! If I missed anyone please know that you too are appreciated.





## RECREATION



("Other People's Kids" Comedy Troupe and some of the Youth Recreation Committee)

**Nia:wen**

(From the Recreation Department)

To all the businesses that made donations for  
The Dinner & Theatre on February 23, 2001  
and also to all the wonderful volunteers & M.B.Q Staff

The event was a success.

**Donations**

Chief & Council  
Chief R. Donald  
Counsellor Winston Brant  
Mohawk Coffee  
Bayview Variety  
Tyendinaga Computers  
Turtle Island  
Darren Green Sandblasting  
Recreation Committee  
T.M.T Sports  
Scott's Food & Drug, Sean's, "No Frills"  
Edge of Town "Bed & Breakfast"

**Volunteers**

Gloria Brant  
Brenda Green  
Greg Loft  
Kevin Bill  
John & Jillisa Garey  
Dawn Brant  
Youth Recreation Committee

*Special Nia:wen to the Staff of the Mohawks of the Bay of Quinte who took time out of their busy day to help with the event, which are listed below:*

Kim Parks, Sandra Green, Dan Chase, Skin Maracle, George Brant,  
Greg General



### Basketball Clinic Every Thursday

(Late sign up is allowed)

**6:30 pm to 8:00 pm**

**Adult Basketball**

**8:00 pm to 9:30 pm**

Cost (child)- \$5.00 to cover price of T-Shirt  
Instructors - Rob Maracle, Dan Chase, Erik Anderson

Grades 5,6,7,8

Registration with Darlene Loft 396-3424

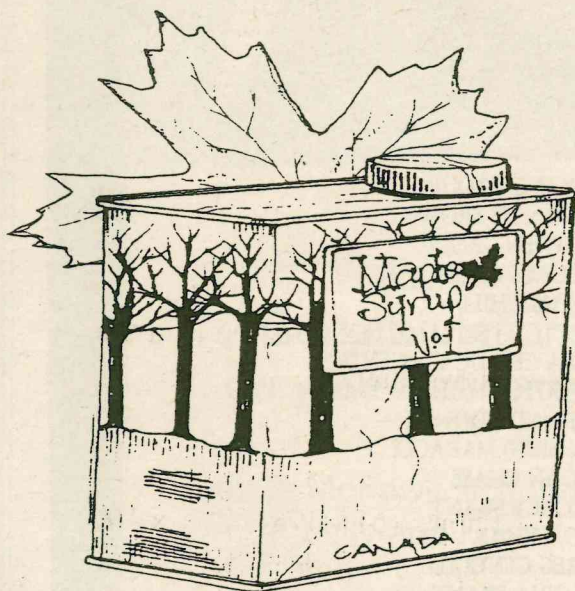
Forms also at the Q.M.S Office

Never too late to sign up come out and have fun



## A Growing Appetite for Information

The First Nations Agri-Food Youth Program in partnership with  
the Recreation Department is hosting a fun-filled day of  
activities for youth ages 8 to 13. Have fun learning about  
farming, animals and food!



Meet the Farmer  
Plant a Seed  
Make a Pizza Snack  
Share a Story  
And More!

**Thursday, March 15, 2001**

**9:00 am to 4:00 pm**

**\$6.00 per child**  
(for lunch and snacks)

**Karon hiak ta'kie Canteen**  
**1935 York Road**

**Why did the  
chicken cross  
the road?**  
To get to the shell station.

Please register your child before March 13th, we only have room  
for 15 participants! If you have any questions about this event or  
would like to register call Janice Brant at 396-3988.



### DID YOU KNOW?

Turkeys are produced year round in Canada. Turkeys are  
allowed to move freely throughout the barn and eat and drink  
when hungry or thirsty. Turkeys are fed a diet of whole and  
pelleted grains as well as vitamins. The use of growth  
hormones is prohibited in Canada.

Phone: (613)396-3424 ex.107  
Darlene J. Loft  
The Recreation Department

**INDIAN AGRICULTURAL  
PROGRAM OF ONTARIO**



Agriculture and  
Agri-Food Canada



RECREATION



Karon hiak ta'kie Sports Complex  
Diamond Rental

- \$5.00 a game for children's league
- \$15.00 a game for adult leagues
- 1-day tournament \$125.00
- 2-day tournament \$165.00
- 3-day tournament \$205.00

The summer weekends are usually booked fast for tournaments, so call early. To prevent any cancellation half payment is due with signing of the rental agreement.

The league captains need to call Darlene Loft to reserve the diamonds for their games.  
396-3424 ex.107  
Payable in advance to The Mohawks of the Bay of Quinte



open every Sunday 1- 6pm

Youth Drop-In  
Opening date FEB.25/01 free event

A Place for the youth to drop in and spend time with their friends or just hang out. For the youth that like to play while they talk there are many activities to do. This includes table tennis, dart boards, a hockey table, a soccer table even exercise equipment. Later on when we do more fundraising, we also hope to find other funding for the drop-in. This will help us to get more equipment, such as a pool table, and maybe some youth workshops. If transportation is required take a tab from the bottom of the page and call before Friday at noon. The age group is 11 to 18 years old.

Please call 396-3424 ex.107 for Bus pick up on Sunday's. Parents are required to pick up their child when the Drop-In is closed. This will save on the bus cost.



Canteen Phone #  
(613) 396-5339

(Call 396-3424 ex107  
& leave a message with  
Your name and 911 number)



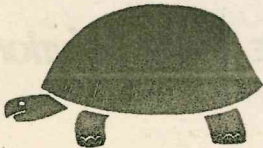
March 2001

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		It's time For Lacrosse (Starting soon)		1 Basketball Youth & Adult	2	3
4 Youth Drop-In	5	6	7 T.M.C Meeting	8 Moon Ceremony ***** Corn Soup Supper	9	10 Honouring Our Women
11 March Break	12	13 Movie Day	14	15 Growing Appetite Fun day	16 Movie Day	17 St.Patricks Dance
18	19	20	21 T.M.C Meeting	22	23 Souper Reading	24 Spring Dance
25	26	27	28	29 Join a Mohawk Committee Today !	30	31



Detailed information is in the Newsletter.

Phone: (613)396-3424 ex.107  
Darlene J. Loft  
The Recreation Department



Nia:wen for your support



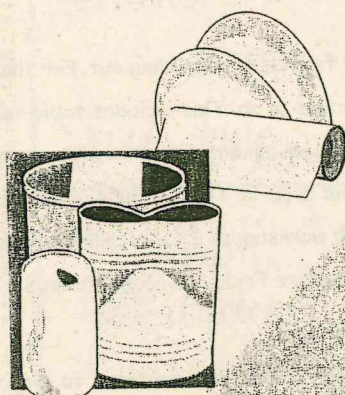
# RECYCLING



## A Recycling Reminder

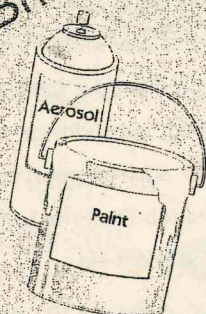
Hang this on your wall!

Bring these items to your depot



### Metal Cans & Foil

Rinse cans. Place lids in a can, pinch closed and put loose in blue bin. Do not put aluminum cans inside tin ones. Include clean aluminum foil and pie plates. **Flattened cans save space!** No pots, cigarette or butter wrappers or scrap metal. Avoid putting pop cans inside other cans.



### Empty Aerosol and Paint Cans

Make sure metal containers are empty. Take lids off the paint cans to let them dry, and place in the blue bin — **don't bag them.** No containers with product, paint cans larger than 4 litres (1 gallon), plastic paint cans, propane cylinders or other hazardous waste.



### Plastic Containers

Discard tops and rinse containers for soft drinks, detergents, juice, bleach, shampoo, dairy products as well as clear and foam plastic cups, trays and packaging. Flatten soft drink containers and replace lids. All plastics with the numbers 1 to 6 on the bottom are OK. **No** blister or bubblepacks, prescription bottles or toys.



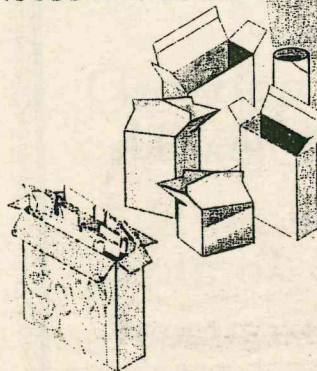
### Bottles & Jars

Remove and rinse caps and lids. Metal lids can be recycled with cans. Leave loose in the blue bin. **Don't bag them.** No other types of glass such as kitchenware, ceramics, dishes, drinking glasses, window glass, light bulbs or mirrors.

Place in appropriately labelled bins.

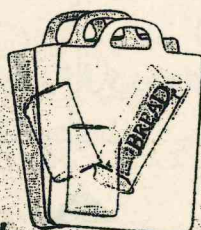
### Boxboard and Mixed Paper

Bundle junk mail and office paper separately from Boxboard. Flatten and stuff boxboard into a large box. Boxboard includes cereal, shoe and detergent boxes as well as rinsed milk and juice cartons, paper bags, sugar & flour bags, cardboard tubes, books (hard-cover & paperback), egg cartons and other clean paper packaging. **No** drink boxes, tissue, paper towel or laminated paper. Do not put paper loose in blue bin.

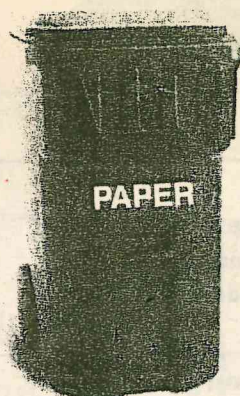


### Plastic Bags

Stuff clean, dry plastic bags into a plastic bag and tie handles. Include rinsed milk pouches, grocery, bread, dry cleaning, frozen vegetable and blue newspaper bags as well as outer wrapper from toilet and hand tissues. Remove food residue, stickers and receipts. **No** meat, cheese or stretch wrap, cereal box liners or chip bags.

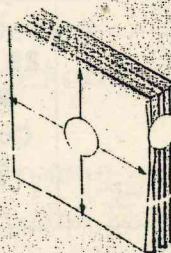


Bring these items to your depot



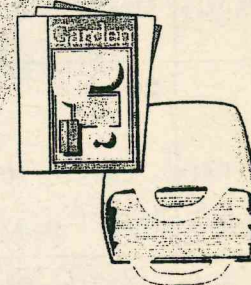
### Corrugated Cardboard

Flatten and bundle corrugated cardboard boxes into a maximum size of 30" x 30" x 8" bundles. Only broken down and bundled boxes will be collected. **No** waxed boxes, soiled pizza boxes.



### Newspapers & Magazines

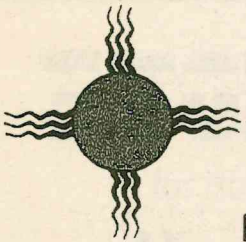
Place newspapers, inserts, phone books, magazines and catalogues in a plastic bag next to your blue bin. **No** soiled newspapers. Keep boxboard and mixed paper separate, not mixed with newspaper and magazines.



QUINTE WASTE SOLUTIONS



## UPCOMING EVENTS



RED CEDARS SHELTER  
PRESENTS  
"HONOURING OUR WOMEN DAY"  
MARCH 10, 2001  
AT THE  
MOHAWK COMMUNITY CENTRE  
10AM - 4PM  
WELCOME TO ALL WOMEN FROM TYENDINAGA  
AGES 19 YEARS OF AGE AND OVER



LOOK FORWARD TO:

*MASSAGES	*CRAFTS	*LUNCH
*MAINCURES	*BUILD A BIRD HOUSE	*SNACKS
*HAIRCUTS	*LINGERE	*FUN & GAMES
*SEERS	*MARY KAY	*ALLOETE

Due to budgeting restrictions Red Cedars Shelter will not be able to supply child care for this event. Please make appropriate arrangements as we kindly request you be 19 years or over and from the community of Tyendinaga to attend.



## ST. PATRICKS DAY DANCE

Saturday, March 17  
9:00 p.m. - 1:00 a.m.  
Mohawk Community Centre

\$6.00 at the door or  
\$5.00 advanced ticket

DOOR PRIZES!

D.J.

For advanced tickets contact:

Shirley Maracle: 962-6137

Norma Maracle: 396-3800

Proceeds to the Amsterdam Exchange Committee



## April Youth Dance

(Age limit is 13 and under)

Friday April 6/2001  
@ Community Centre

Admission: \$2.00

Time: 7:00 - 10:00p.m.

Parents welcome to participate.  
Parents must stay with children  
6 years old and under.



## 50TH Birthday Party for Tim Brant

March 24  
8 p.m. - 1 a.m.  
Mohawk Community  
Centre

Best Wishes Only Please!

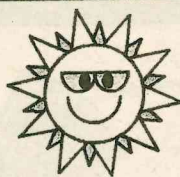
For more information  
call: 396-3926 or  
967-0092





## UPCOMING EVENTS

# SPRING DANCE



Saturday, March 24  
7:00 P.M. - 12:00

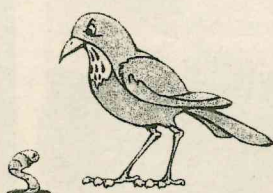
Admission: \$7.00 & 1 Food Bank item

Kanata Hall (Pat's Variety 396-1372)

*featuring live music*

Country Express,

Jennifer Brant, Karl Edwards & friends



*Lunch, Door Prizes  
Smoke Free Hall  
No Bar*



## CORN SOUP SUPPER

Thursday, March 8

5:00 P.M. - 7:00 P.M.

Tyendinaga Senior Citizens Hall (Hwy #2)

Admission: Adults \$6.00 &  
Children Under 10 \$3.00

Menu: Corn Soup  
Homemade Bread  
Pies, Coffee Or Tea



## PANCAKE BREAKFAST

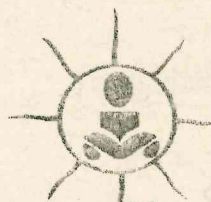
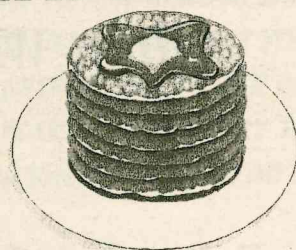
Saturday, April 7

8 a.m. - 11 a.m.

Community Centre

\$5.00 per/person (Kids under 10 - \$2.00)

Featuring: Home Made Syrup made by Students right on the Territory. Please come out and help support our youth and don't forget to bring your appetite. It is sure to be enjoyed by all who attend.



## KANHIOTE

## Souper Reading & Book Fair

Corn Soup Supper: 5 - 7 p.m.

& Book Fair: All Day

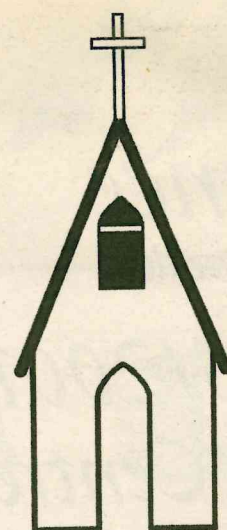
Friday, March 23

Quinte Mohawk School

W & R Greenley Booksellers brings a variety of books from their downtown store and gives the library a percentage of the total sales. The books are on display throughout the day and evening in the QMS library. The corn soup supper is in the gym from 5 to 7 p.m.

*We hope to see you there!*

## ANGLICAN PARISH OF TYENDINAGA



### Weekly Services

All Saints Church: 8:45 a.m.

Holy Trinity: 10:00 a.m.

Christ Church: 11:15 a.m.  
(2nd & 4th Sundays Fr. Glendon)

March 7 - Prayer and Praise 7pm using Contemporary music  
All Saint's followed by a Video Presentation Part 1, with dessert coffee

March 14 - Midweek Eucharist in the style of Taize, 7pm  
All Saint's - followed by part 2 of the video, dessert and coffee

March 21 - Prayer and Praise using the music of Ruth Fazal - 7pm  
All Saint's - followed by "How the BAS and BCP differ"

March 28 - Midweek Eucharist in the style of Taize, 7pm  
All Saint's followed by "How the celebration of the Eucharist has changed with the introduction of the BAS"

April 4 - Prayer and Praise 7pm using Contemporary music  
followed by "the church's calendar and the colours associated with each season."

April 8 - Palm Sunday

April 9 - Part 1 of a Regional teaching series on the days of the Triduum. -  
"Good Friday" in the Anglican Church - presented by Rev. Pat Patterson - 7 pm St. Mary Magdalene Napanee.



# CLASSIFIED

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HOUSE HOLD ITEMS  
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small items for the household &  
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- Will be available at 163A  
Bayshore rd. From 9 a.m. - 2 p.m.

Please Call: 968-4072

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- cable tv is available  
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- heat & hydro included in rent  
along with at least 2 good  
references  
- \$400.00 all inclusive with heat  
and hydro

Call: 396-3957 for further  
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a message.

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Planning a vacation???  
Why not include a 4 day, 3 night  
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Your choice of 3 locations:  
\* Port Canaveral, Florida to Nassau  
Bahamas  
\* Miami, Florida to Nassau,  
Bahamas  
\* Los Angeles, California to  
Ensenada, Mexico  
Choose your dates, BUT must be  
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Valued at over \$1500.00

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Call Mary Lynn: 354-7084  
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For more information call:  
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## FOR SALE

A PONY  
- miniature pony, 4 years old  
- grey colour  
- good with kids and comes with  
hay  
Phone: 396-3708

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- Quarters & Half Cuts of Beef  
Wrapped & Frozen  
- Individual pieces sold at home  
AAA Beef

*Make your own Soup!  
Lyed Corn, Beans, Special Pork!*

Call: Glenn Hill 962-5470

## FOR SALE

WATERFRONT LOT  
- located on Cedar Glen Rd.  
- Nice area

For more information contact  
Sam Maracle at 962-2439

## FOR SALE

1984 PROWLER TRAVEL  
TRAILER  
- gas furnace  
- 3 way fridge  
- Good Condition  
- Asking \$4,000.00

1995 JET SKI  
- works well, in good shape  
- \$3000.00

3 BEDROOM HOUSE  
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of Hwy #2 west of Deseronto  
and just east of church lane  
- lots are fully serviced with  
water and sewer and natural  
gas

For more information  
call: 613-396-2097

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99 TRAILITE R.V.  
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- all amenities including shower  
& furnace  
- queen bed & 2 doubles (folds in)  
- awning, spare tire & electric  
brakes  
- used in the summer for about 1  
Month  
- paid \$13,000.00  
- asking \$10,500.00 FIRM  
- Excellent condition

OLD ¾ BED - \$75.00

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Other household items available at  
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NINTENDO 64  
- with vibration feedback pack  
- memory card & memory expansion  
- two controllers and six games:  
Golden eye - 007  
Resident evil  
Star wars racer  
Nightmare creatures  
Turok - 2  
South Park  
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Call 968-7313 after 5:30 p.m.

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- fenced in outdoor play area  
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and friends!

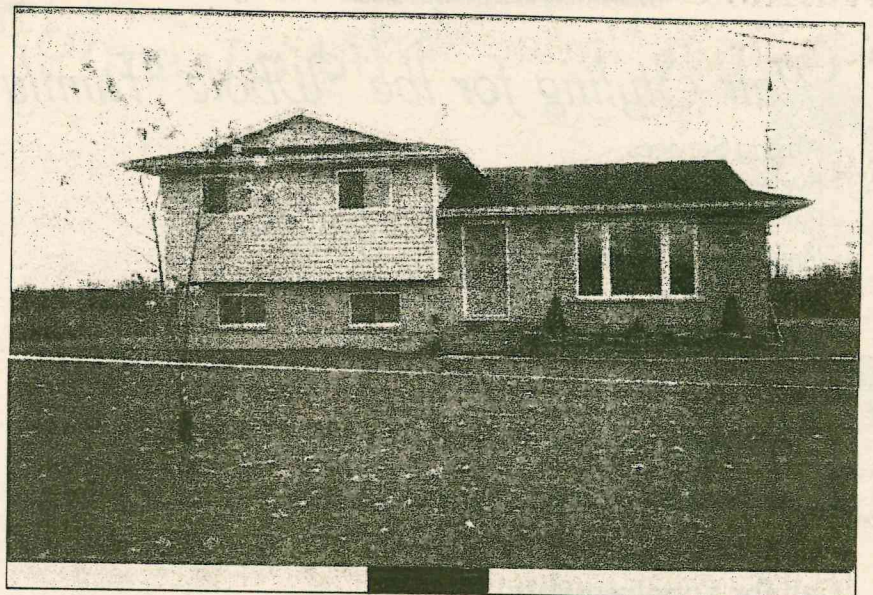
Call: Shari Maracle: 396-3077

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- 2 bedroom. Lot size 150 X 150  
- additional room 20 X 16  
- heat pump for back up heating and air  
conditioning  
- natural gas furnace, good well and  
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- located on the corner of Belles side rd  
and hwy. #2

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3-bedroom, four level split home on 3.9 acres  
Spacious kitchen, dining, and living room, family room,  
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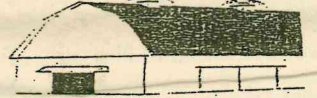


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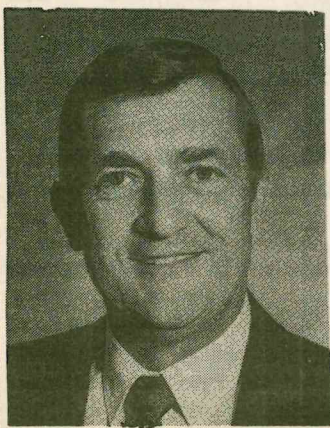
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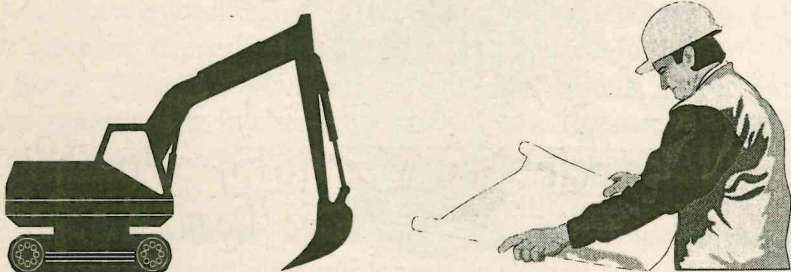
customer service: 1-800-566-5433

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30% off selected Items  
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*Specials for March*



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Plan of the Month

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CALL TOM MARACLE AT 969-1315

Remember if you have an EMERGENCY  
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**Honourable Lyle Vancief P. C., M.P.**  
Prince Edward-Hastings  
Minister of Agriculture & Agri-Food Canada

55 South Front  
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## **CANADIAN WOMEN'S FOUNDATION ECONOMIC DEVELOPMENT FUND**

(Cette information est aussi disponible en français)

### **2000/2001 GRANT INFORMATION AND SELECTION CRITERIA**

The Canadian Women's Foundation (CWF) is the only national public foundation in Canada specifically designed to meet the needs of women and girls. Through working in partnership with our donors and the women's groups receiving grants from CWF, we are dedicated to long term systemic change that will bring about equality for women and girls in Canada.

Our goal is to help women and girls achieve greater economic independence and self-reliance. We are currently funding projects in the areas of economic development and violence prevention.

### **PURPOSE OF THE 2001 ECONOMIC DEVELOPMENT GRANTS**

**The purpose of this round of grants is to fund comprehensive self-employment training projects for low-income women.**

### **SELECTION PRIORITIES**

**Priority will be given to:**

- Organizations that have previous experience in delivering self employment training
- Organizations with experience in monitoring and documenting the outcomes of their programs
- Organizations with experience in linking with other organizations and individuals in their communities to improve programs and contribute to the overall development of the community.
- Projects that are designed to meet the needs of low-income women who face multiple barriers, including aboriginal women, farm, rural or northern women, older women, refugee or immigrant women, women of colour and women with disabilities
- Projects that include in-depth self-assessment for participants
- Projects that help women deal with their life circumstances (including personal supports such as transportation, childcare and life skills planning)
- Projects which address regulatory and policy barriers to self-sufficiency
- Projects with the potential to be replicated.
- Projects for which CWF funding would play a role in leveraging other support.



## SELECTION CRITERIA

The criteria which will be considered include:

- Your organization's prior experience in self-employment training, the skills and experience of the key project staff, and your connections with individuals with business experience in your community that can assist the project
- Your ability to attract other funds required if the request to CWF is for partial support of project costs
- The extent of involvement by women, including potential participants, in planning and decision making about the project
- The extent to which decision-making and programs of your organization reflect the diversity of women in the geographic area you serve
- Your ability to clearly state your goal and realistic process and outcome objectives for the project

## SIZE OF GRANTS

The total amount of money available will depend on our fundraising. We hope to have \$100,000 for this round of grants from the Economic Development Fund. This means we will be able to fund 4 to 6 projects.

**You may apply for a grant up to a maximum of \$25,000.** (The total project budget may be larger than \$25,000 if you are also applying for grants from other funders, or have other revenue, but you can only request a maximum of \$25,000 from CWF.)

**Grant applications that request in excess of \$25,000 from CWF will not be considered.**

## WHO MAY APPLY

We will consider requests from women's/community organizations working with low-income women in Canada. Please note that we will only accept one grant request from an organization or group. The same group cannot apply for several different projects.

Because CWF is a registered charitable foundation, by law we are permitted only to make grants to organizations which are charities registered with Canada Customs and Revenue. Please make sure that you supply us with your new charitable/business number (allocated to all charitable organizations by Canada Customs and Revenue in 1997) and that your number is in good standing and has not been revoked. You can do so by checking the Canada Customs and Revenue website at <http://www.ccra-adrc.gc.ca/menu/EmenuJAH.html>, or by calling 1-800-267-2384.

If your group or organization does not have charitable status, please call our office to discuss your situation.



## CWF DOES NOT FUND

1. Individuals
2. Federal, provincial or municipal government agencies and school boards (they can be involved in a project but the CWF/FFC grant will be made to the women's organization directly)
3. Profit-based organizations
4. Fundraising events
5. Conferences (although we may consider projects that involve some meetings)
6. Projects outside of Canada
7. Projects not solely or primarily focused on women and girls
8. Deficit or emergency funding
9. The development of films or video (unless this is part of a larger project)
10. Capital expenditures such as furniture or computers

## HOW THE PROCESS WORKS

All applications postmarked by the deadline will be reviewed by a Grants Committee composed of Foundation and community representatives knowledgeable about self-employment training and women and their economic needs.

Your application (**in the attached format only please**) will be considered by the Grants Committee. You may also download this application from our website at [www.cdnwomen.org](http://www.cdnwomen.org). The committee will endeavour to select projects in different parts of Canada. A few applications will be selected for further consideration and those applicants may be asked to provide additional information. The Grants Committee will make funding recommendations to the CWF Board of Directors. Final approval of all grants is done by the CWF Board of Directors.

## TIMING

Five (5) **unbound** copies of your application must be sent by mail and postmarked **no later than Friday March 16, 2001**. **We are a small office and are not able to accept applications sent by fax or E-mail.**

Grants will be awarded in late May 2001. All organizations will be notified whether or not they have received a grant.

## PAYMENTS OF GRANTS

Successful applicants will receive a cheque for an amount between 50% and 80% of the grant. The remaining portion will be paid closer to completion of the project after submission of a detailed progress report.



## EVALUATION

As a condition of receiving the grant, successful applicants will be required to submit a detailed progress report, and a final evaluation report. In addition to quantitative results, we are interested in hearing from project participants about the impact of the project on their lives, both economically and socially. A final unaudited financial statement must be included with the report.

## RECOGNITION

Projects receiving grants will be required to appropriately acknowledge the grant in written materials, with media contacts or at events. Suggested wording is:

"This project (event/material) was supported by a grant from the Economic Development Fund at the Canadian Women's Foundation."

## FOR FURTHER INFORMATION/ASSISTANCE

If you have questions about these grant guidelines or your application, please write, fax or call collect:

### ECONOMIC DEVELOPMENT GRANTS COORDINATOR

The Canadian Women's Foundation/La Fondation des femmes canadiennes

133 Richmond St. West, Suite 504

Toronto, Ontario M5H 2L3

PHONE: (416) 365-1444

FAX: (416) 365-1745

TTY: (416) 365-1732

[www.cdnwomen.org](http://www.cdnwomen.org)

E-mail: [ethoma@cdnwomen.org](mailto:ethoma@cdnwomen.org)

Please note we are unable to accept applications by e-mail or fax, as we require 5 unbound copies of your application.

All applications postmarked by Friday March 16, 2001 will be considered.

Applications are available  
at the Administration office.



# Job Opportunity

## **Broadcast Journalism Program Coordinator**

The Aboriginal Media Program at First Nations Technical Institute invites applications for a Broadcast Journalism Program Coordinator. This is a fifty (50) week contract position and start date would be April 15th, 2001.

### **The Broadcast Journalism Program Coordinator will be responsible for the following:**

- ☞ Developing broadcast journalism production curriculum, placements and workshops
- ☞ Developing broadcast journalism production resource materials
- ☞ Continuing to develop a network of First Nations facilitators
- ☞ Facilitating learners in all aspects of broadcast production
- ☞ Designing, marking and editing broadcast production assignments
- ☞ Recruitment
- ☞ Working in cooperation with Aboriginal Media Program management and staff
- ☞ Developing and participating in the Aboriginal Media Program team of facilitators
- ☞ Developing a network of mainstream and Aboriginal broadcasters for placement purposes

### **Essential Qualifications:**

- ☞ A broadcast journalism or related diploma
- ☞ A portfolio of representative work in the broadcast journalism industry
- ☞ Experience in working within the Aboriginal communities
- ☞ Experience in working with Aboriginal learners
- ☞ Knowledge of the history of First Nations issues

### **Desirable Qualifications:**

- ☞ Minimum five (5) years broadcast production experience
- ☞ Knowledge of how to develop a broadcast journalism production curriculum for Aboriginal learners
- ☞ Experience in video editing and production
- ☞ A network of contacts in mainstream and Aboriginal television and film industry

**Please forward resumes (with references) by March 30th, 2001 to:**



Susan Maracle, Human Resources  
First Nations Technical Institute  
R.R.#1  
Tyendinaga Mohawk Territory, ON  
K0K 1X0





open every Sunday 2-6pm

# Youth Drop-In

Opening date FEB. 25/01

free event

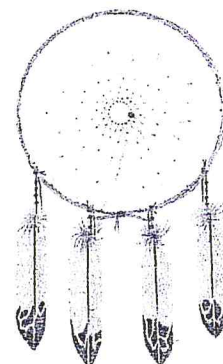
A Place for the youth to drop in and spend time with their friends or just hang out. For the youth that like to play while they talk there are many activities to do. This includes table tennis, dart boards, a hockey table, a soccer table even exercise equipment. Later on when we do more fundraising, we also hope to find other funding for the drop-in. This will help us to get more equipment, such as a pool table, and maybe some youth workshops. If transportation is required take a tab from the bottom of the page and call before Friday at noon. The age group is 11 to 18 years old.

Please call 396-3424 ex.107 for Bus pick up on Sunday's. Parents are required to pick up their child when the Drop-In is closed. This will save on the bus cost.



Canteen Phone #  
(613) 396-5339

Give tabs to your friends  
(Call 396-3424 ex107  
& leave a message with  
Your name and 911 number)



Bus pick up for Dro  
Call before Friday  
(613) 396-3424 ex

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