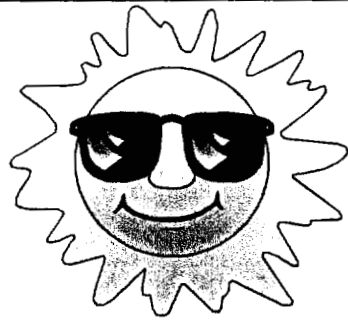


# TYENDINAGA

# NEWSLETTER



# ISSUE 3/04



# SPRING

## IS NEAR



### In this Issue:

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### Newsletter Deadline

**WEDNESDAY, March 24**

12:00 noon

396-3424

*We're on the Internet*

[www.tyendinaga.net](http://www.tyendinaga.net)

**PLEASE NOTE THAT T.M.C.  
MEETINGS ARE  
SCHEDULED FOR:**

**WEDNESDAY, MARCH 17**

(9:00 a.m. Regular)

**WEDNESDAY, MARCH 10 & 24**

(Local business) at 7:00 p.m.

## **JOB POSTINGS**

Positions that become available with the Mohawks of the Bay of Quinte can now be viewed on the Tyendinaga Mohawk Territory Web Site.

[www.tyendinaga.net](http://www.tyendinaga.net)

# ADMINISTRATION



## MOHAWKS OF THE BAY OF QUINTE

R.R.#1, Tyendinaga Mohawk Territory, Ontario. K0K 1X0  
Phone: (613)396-3424 • Fax: (613)396-3627

To The Members of  
The Mohawks of the Bay of Quinte  
From the Chief

March 1, 2004

Seken Sewakwekenh

I hope that that this report finds you in good health as the winter season draws closer to **an** end.

### HEALTH - CONSENT

Health Canada has suspended the controversial March 1, 2004 deadline to sign the health consent form based on a legal opinion from the Department of Justice of Canada that implied consent exists **when** First Nations citizens access Non-insured Health Benefits.

For day to day claims processing and program administration, NIHB will **not** require a signed consent form in order to access NIHB benefits.

Health Canada, though the **NIHB** program will focus on obtaining express consent in cases where:

- The program has identified potential risks to clients especially from misuse of prescription drugs, or potential fatal reaction to drugs.
- Individuals identified as being at risk will be very small in number and will have the choice of providing written or verbal consent.
- Assembly of First Nations has appointed Dr. Marlyn Cook, Dr. Michael Perley, Dr. Cornelia Wieman, and Rick Volpel to the Drug Utilization Review (DUR) Committee, which will develop the criteria to identify those at risk. The Committee has only had their first meeting recently.

Approximately 160,000 out of a potential 735,000 have signed a consent form. Individuals can let the consent form stand or withdraw their written consent.

If you wish to withdraw your consent you will need to write to NIHB Consent Centre, Room 1913-A, Postal Locator 1919-A, 120 Parkdale Avenue, Ottawa, Ontario K1A 0K9. The letter must state that "I wish to withdraw my consent" and include your Full Name, Address, Date of Birth, 10 digit Indian status number and your signature.

( 2 )

If you withdraw your consent, Health Canada will update their database indicating that you have withdrawn your consent and will send you a **confirming** letter that your consent is withdrawn.

The Assembly of First Nations will continue to work with Health Canada on redrafting the NIHB Privacy Policy to ensure that the policy meets the requirement of the Privacy Act, the Charter of Rights, the Personal Information Protection and Electronic Documents Act and patient safety.

Lawyers from the Department of Justice Canada are reviewing the NIHB Privacy Policy which was drafted and placed on the website in November, 2003.

I will update you on **this** matter as information becomes available to the Ontario Chiefs Coininittee on Health.

### SURRENDER # 24 OF JULY 20, 1820

Surrender #24 occurred July 20, 1820 and supposedly surrendered 52 square miles, approximately 33,280 acres of the Mohawk Tract to the Crown for an annuity of goods valued at 450 pounds per year.

The April 1, 1793 Simcoe Deed, Treaty 3 1/2 was 12 miles by 13 **miles** consisting of 99,830 acres known as the Mohawk Tract.

Council met with Trish Rae and Lisa Maracle on December 15, 2003 to review the historical and land research report surrounding this potential claim. The Tyendinaga Mohawk Council has forwarded the research of Surrender # 24 to Alan Pratt, MBQ lawyer, for a legal opinion on whether there is a valid specific claim considering circumstances leading up to the surrender.

Additional legal research is being conducted by our lawyers and we will keep you **informed**.

### ONTARIO LIBERAL DEFICIT HEARINGS

On behalf of the Chiefs of Ontario, I attended the Liberal Deficit Reduction Hearings at Queen's Park on December 11, 2003.

The primary message was the deficit issue cannot and must not be used as **an** excuse, for allowing a private, second tier health system to develop. A fee for service based health care system would erode access to health service and result in loss of life. Those with the least financial means would be pushed to the end of every waiting list.

## ADMINISTRATION

( 3 )

First Nations people in Ontario have higher levels of chronic disease while having lesser access to physicians and general practitioners. Our communities are struggling with high rates of poverty, illness, and lack basic infrastructure that many Ontarians take for granted, such as safe water, adequate housing, and water and sewage systems.

Our treaties remain unfulfilled and ignored by Governments.

We require a health care system that is high quality, inclusive and universally accessible and a fair share of the Canada Health Social Transfer Funding. We require additional funding to enhance the Aboriginal Healing and Wellness Strategy.

### INDIAN RESIDENTIAL SCHOOL COURT CASE

On December 10, 2003, the British Columbia Court of Appeal ruled in the Blackwater decision that the Government of Canada was 100% vicariously liable for the abuse that occurred at the United Church operated Alberni Indian Residential School.

The BC Court found that the United Church as a non-profit organization, should not be held vicariously liable to pay for compensation for the actions of its employees.

The Honourable Denis Corderre, Minister responsible for Indian Residential Schools Resolution Canada, and the Honourable Irwin Cotler, Minister of Justice and Attorney General of Canada, announced on February 9, 2004 that the Government is seeking leave to appeal the recent Blackwater decision to the Supreme Court of Canada.

Justice Minister Irwin Cotler said, "The B.C. Court of Appeal decision is at variance with the principles as enunciated by the Supreme Court of Canada in these matters.

"Accordingly, the principle of vicarious liability of non-profit organizations for the abuse of children in their care needs to be underscored, and the fundamental principle of child protection afforded."

Catholic and Anglican Church officials are disappointed that the Federal Government is appealing a court ruling that the Government is 100% liable for residential school abuses according to a news release. Archdeacon Jim Boyles, General Secretary of the Anglican Church of Canada's General Synod said he is disappointed because it will prolong the uncertainty for those seeking compensation.

( 4 )

The Anglican Church of Canada has signed an agreement with the Government of Canada to cap its liability at 25 million dollars for some 30 Dioceses. The Anglican Church has raised 8 million dollars toward the Settlement Fund and has paid 2.2 million dollars in compensation to some of 1000 settlements reached to date regarding the abuse in the Indian Residential Schools.

The agreements signed with the Anglican and Presbyterian Churches are not affected by the court ruling. However, Archdeacon Boyles noted, that there is a clause in the Anglican Church's agreement that says if the Government and another Church negotiate terms more favourable to that Church than those in the Anglican agreement, then the more favourable terms will apply to the Anglican Church as well.

Nearly 12,000 individuals have filed claims against the Government of Canada and former students have directly names church entities in 78% of these claims. To date, more than 1,000 former students have reached settlements with the Government.

Some of our members were residents at the Mohawk Institute Residential School at Brantford, Ontario and have retained a law firm in London to represent them in a class action suit

An action was commenced by the Mohawk Institute Residential School survivors and their families against Canada, the Anglican Church of Canada and the Diocese of Huron. At an early stage, it was determined that the Anglican Church of Canada General Synod had no direct role in the Mohawk Institute Residential School.

The New England Company, a religious organization in England had involvement in the Mohawk Institute Residential School and was added as a defendant. The action is presently against the Government of Canada, the Diocese of Huron and the New England Company.

In order for an action to proceed as a class action, leave to the court is required under the Class Proceedings Act, 1992. A motion was brought before the court to have the action certified. The motion was heard by Justice Haines in London, Ontario. Argument lasted for seven days. Justice Haines ruled that the action should not be certified. The matter was appealed to the Ontario Divisional Court and arguments were heard in January, 2003 before a panel of 3 judges in London. The appeal was unsuccessful in a 2 - 1 decision with a very strong dissenting opinion from one of the judges, who sits as a class action judge in Toronto, Ontario.

An application for Leave to Appeal to the Court of Appeal was granted. It is expected that the Appeal will be heard in Toronto, Ontario on May 10 - 11, 2004 at the Court of Appeal. The court will hear 2 issues.

## ADMINISTRATION

( 5 )

1. Whether the Ontario Courts have the jurisdiction to hear claims by survivors that arose prior to May, **1953**. If not, those claims have to be advanced in the Federal Court rather than the Ontario Superior Court. That would have a devastating effect in that it would split the group between two courts;
2. Should the action be certified as a class proceeding. If the action is not certified, the matter would be left in a position where the lawyers would have to commence individual actions for each of the survivors and their families. This would be a far more difficult, expensive and time consuming process. This action is ripe for certification and a class action is the most efficient and cost effective way of moving the claims of the survivors and their families forward. It is quite common for defendants to vigorously fight any certification attempt because it delays claims from being heard and reduces the risk of being found liable to every member who is a member of the class. If individual law suits are required, many people will simply not bother.

The Government of Canada has recently a new Alternative Dispute Resolution process outside the courts for resolving these claims. The Government's ADR process has many flaws. It compensates only for sexual and physical abuse and wrongful confinement. Wrongful confinement means being put in a small cramped space for an inappropriate period of time, and does include being forced to attend the residential school.

The Government's program has a 52 page application form. It requires a great deal of information and frankly, is not very user friendly. Very minor claims will be dealt with relatively quickly but the compensation payable is very limited. At the bottom end, survivors could receive as little as \$1,500 - **\$3,500**.

Compensation is payable for more severe forms of physical and sexual abuse. The Government has created a points system that is based on both the extent of the abuse and the effect of the harm. This latter process requires production of documents and there is an additional informal hearing with an adjudicator.

The Government **has** announced that its intention is to focus on claims of people who are terminally ill or over the age of 70. Claims from anyone else will be deferred until the initial group is dealt with. It will take approximately **9** months to deal with those people who fall in that category. The entire Government ADR process is expected to take **7 - 9** years.

( 6 )

Many survivors have decided to pursue the court route because the ADR program offered by the Government is inadequate. It offers no compensation for loss of language and culture.

In a London Superior Court decision, Justice John Kerr, found the Reverend Barry Gendinning and the Roman Catholic Diocese of London liable for **1.3** million dollars in damages for the sexual abuse of **3** Swales brothers.

I am concerned that the amounts being paid in settlements to Aboriginal People are not comparable to the Swales brother's settlement and that justice is not being done as it relates to our people.

CBC recently reported that the Federal Government has paid **38** million dollars to victims of Indian Residential School abuse while, at the same time, spending 200 million dollars to administer the program.

Ottawa previously estimated the total claims settlements at under 1 billion dollars. However, new estimates indicate that the cost would approximately **14** billion dollars.

### ARTS FOR IRAN

I would like to especially thank and congratulate Kiera Brant for initiating the "Hearts for Iran" fundraising project to aid the victims of the December, **2003** earthquake in Iran. Kiera's kindness and humanitarian gesture is an excellent model for all.

### OHAHASE, HOPE AND AVIATION STUDENTS

I enjoyed the time spent with the students at Ohahase and HOPE and Aviation programs, at which time we discussed current topics affecting our community and First Nation's People in general. Your questions were thought provoking and demonstrates a high level of interest in community life and the well-being of Aboriginal People. The hot roast beef luncheon prepared by the students was delicious.

I hope that you find this report informative.

Niawen;

*Donald Maracle*

R. Donald Maracle  
Chief

# ADMINISTRATION



## CHIEFS OF ONTARIO

VIA FAX: (613) 943-185

February 24, 2004

Honourable Pierre Pettigrew  
 Minister of Health  
 Privy Council Office, 8<sup>th</sup> Floor  
 66 Slater Street  
 Ottawa, Ontario  
 K1A 0A3

Dear Minister Pettigrew:

On behalf of the Chiefs in Ontario it is imperative that the 2003-04 health deficit situation in Ontario be reviewed and action taken. First Nations Inuit Health Branch (FNIHB) in Ontario Region reported to the Chief Committee on Health that a deficit of approximately \$9.7M was forecasted. ADM Potter, and Treasury Board have told regions to balance the budgets to zero. In order to do this, Ontario Region has use community based resources to offset the 2003-04 deficit (see attachment). The Regional Director has indicated that the primary cause of the deficit is due to the shortage of Nursing resources for the North.

Mr. Minister, these issues need clarification, discussion and action. The cost of Government Nurses who work in the First Nation communities are being financed by First Nation program initiatives. The Ontario Regional Director has informed the Chiefs, the deficit is due to the collective agreements not being properly resource in the region. Mr. Minister, nursing is an important component to healthy communities, and the professional services provided need to be resourced.

The Canadian public is lead to believe that the Throne Speech 2002 and the 2003 budget announced resource dedicated towards children in the areas of Aboriginal Head Start and FAS(E). In reality the communities do not receive the enhanced allocation, as financing a regional deficit was a priority. To balance the budget First Nations children and communities must pay the price by not accessing the enhancement resources for much needed programs.

As we move into the fiscal year of 2004-05, the Regional Director has indicated an approximate \$10M deficit. Once again the Chiefs have been informed that the majority of the DEFICIT is due to the Nursing budget, and Community based programs have been earmarked to offset this deficit. The First Nation envelope has long been under-resourced and Chiefs have requested that the envelope be open to ensure that the Fiduciary responsibility of Canada be fulfilled in the provision of health programs and services to First Nation people.

The Chiefs require clarification on the issue of Treasury Board allocating targeted resources for Aboriginal Head Start and FAS(E) and those resources being used to offset the Ontario Regional Deficit. First Nation communities must use FNIHB resources for the exact purpose, and if *not* they are considered in breach of the Contribution Agreement. The Chiefs consider the actions of the Ontario Regional Director as breaching the responsibilities of the Government. ADM Potter, and Treasury Board have told regions to balance the budgets to zero. The impact of this was felt at the community level as the much needed children's programs/services were not realized last fiscal year. The Federal Government led the Chiefs to believe that a concerted effort would be made to address child development with the AHS and FAS(E) dollars. Solution: to the deficit must not fall on the children in First Nation communities.

The Regional Expenditure Management Framework implemented by the ADM, allows the Regional Director across the country, certain flexibilities, and certain rules in managing the envelopes that have been allocated to the regions. Ontario FNIHB managers went through every responsibility, every cost centre, every program, every service, every employee, in the Region and made certain cuts. The Chief proposed that more could be done within the internal operations & staffing to offset the deficit. The response to Chiefs was "the due collective agreements and the workforce adjustment policy which has to be followed, the government would be still obligated to continue paying salaries." The communities are constantly scrutinized for spending resources based on need and for doing such they are penalized by government however this action does not apply to your own departments. Therefore, does this framework allow the Regional Director or the ADM to make decisions to not release funding that have been allocated by the Throne Speech of the same government?

I look forward to addressing this issue with you and other issues that affect the Health of First Nation people. Other areas of concern is the PTO Review for Ontario Region NIHB inclusive of medical transportation and the continuing work on consent that needs to be completed.

Sincerely,

Grand Chief Stan Beardy,  
 Chair of the Ontario Chiefs Committee

### WHAT SHOULD I DO WHEN MY LOVED ONE DIES?

#### CALL US

#### WE ARE HERE TO HELP

Contact our Estates Officers at the Brantford Business Centre (area code 519)

751-2513 or 751-2889 or 751-2364

Indian & Northern Affairs Canada  
 Brantford Business Centre  
 P.O. Box 1960  
 Brantford, Ontario / N3T 5W5

Our questions to you will be simple

Did the deceased live on the reserve?  
 (we only have jurisdiction if deceased lived on the reserve)

Did the deceased have a will?  
 (there may be one on deposit at Indian Affairs)

Who are the heirs or beneficiaries?  
 (we will require names and addresses)

Do you have a death certificate?  
 (this is required to open an estate file)

*we will send out forms for completion by the heirs or beneficiaries  
 we can appoint an administrator or executor  
 or  
 you can request a transfer to the Provincial Court, you have a choice  
 duties of an appointed administrator include transferring estate land on reserve*

Call us for more information

Glenna Robertson or Lyn Clarke or Karen Davis

## TIME FOR A CHECK UP.



Protect your family against fire and deadly carbon monoxide. Have your heating system examined annually by a qualified service technician.



# T.M.C. MEETING MINUTES



## TYENDINAGA MOHAWK COUNCIL MINUTES JANUARY 20, 2004

A special meeting of the Tyendinaga Mohawk Council was held on January 20, 2004 at 9:00 a.m. in the Council Chambers for an orientation session.

Present: Chief R. Donald Maracle  
Councillors: Willard A. Hill, Roy C. Maracle, Blaine Loft and Velma Hill-Dracup (left 11:15 a.m. for a medical appointment)  
Staff: Steve Mercer, Chief Administrative Officer, and Angela Maracle, Administrative Officer

Chief R. Donald Maracle updated Council on the Tobacco Quota issue

Council started reviewing the TMC Operations Policy and Procedure Manual that includes the Council Pledge, Conflict of Interest Policy, Roles and Responsibilities for Chief and Councillors, Remuneration Policy and Council Procedure Regulations Policy. Council discussed the enforcement of these policies

MOTION #1: Moved by Velma Hill-Dracup, seconded by Willard A. Hill to draft a Tyendinaga Governance By-Law to provide enforcement for the Conflict of Interest Policy and other policies and procedures as deemed applicable by the Tyendinaga Mohawk Council  
Carried

Terms of Reference for Chief and Councillors are acceptable. Remuneration Policy will need to be discussed further – policy stay as is until review can occur, then formulate a strategy to increase the budget

Velma Hill-Dracup left at 11:15 a.m. for a medical appointment

Council Procedure Regulations Policy is acceptable. Council discussed what should be handled in private.

Chief R. Donald Maracle read a draft letter to the Mohawk Council of Kanesatake that the Mohawk Council of Kahnawake has asked for our endorsement of regarding the internal conflict in Kanesatake. Council requested input from Police Chief Larry Hay which was provided.

MOTION #2: Moved by Blaine Loft, seconded by Roy C. Maracle that Council supports sending the letter to the Mohawk Council of Kanesatake with the proposed changes provided by Police Chief Larry Hay.  
Carried

MOTION #3: Moved by Blaine Loft, seconded by Roy C. Maracle that Council accepts the Tyendinaga Mohawk Council Operations Policy and Procedure Manual as presented  
Carried

Discussed delegation of authority – Council was receptive to this and asked for a draft document for Council to review on what authorities should be delegated to the staff. Also need to address an appeal process in all policies.

Discussed agenda deadlines and process for getting on the Local Business Agenda, providing issue in writing before the agenda deadline, length of time allocated for each person, making decisions and consent forms for Community members to sign.

MOTION #4: Moved by Willard A. Hill, seconded by Roy C. Maracle that the deadline for items/issues on the Regular and Local Business agendas will be at 12:00 p.m. on the Friday prior to the meetings with the deadline for the Regular agenda effective immediately and the deadline for the Local Business agenda effective for the February 25, 2004 meeting  
Carried

Briefing Note set-up is acceptable. Council requested briefing notes be included on large reports as well

Minutes are acceptable – add a summary of Private Minutes on regular minutes – proceed with previous motion to get a legal opinion on what should be handled in private

Before goal-setting and meeting with Program Managers, Council requested a report on what the outstanding issues are facing Council now – place report on February 4, 2004 agenda. Council will then decide how to proceed from there.

MOTION #5: Moved by Blaine Loft, seconded by Willard A. Hill that this meeting adjourn. (5:40 p.m.)  
Carried

Recorded by:  
Angela Maracle  
Administrative Officer

Steve Mercer  
Chief Administrator Officer

Chief R. Donald Maracle



## TYENDINAGA MOHAWK COUNCIL MINUTES JANUARY 21, 2004

meeting of the Tyendinaga Mohawk Council was held on Wednesday, January 21, 2004 at 1:00 p.m. in the Council Chambers.

Present: Chief R. Donald Maracle  
Councillors: Willard A. Hill, Roy C. Maracle and Blaine Loft. Velma Hill-Dracup – called will be late – arrived 3:30 p.m.  
Staff: Steve Mercer, Chief Administrative Officer and Angela Maracle, Administrative Officer

Chief R. Donald Maracle opened the meeting with Prayer in Mohawk

Angela Bernhardt, FNTI, Roger Brant and Tracey Maracle. FNTI Board Members attended Council regarding FNTI funding

Chief R. Donald Maracle made calls to INAC; Bob Howsam's Assistant, a meeting scheduled for February 11, 2004 at 1:00 p.m. and Bob McGuire who will be in Belleville the week of January 26<sup>th</sup> to do a training session. Steve, Sue and Peter will attend the training session. A meeting is scheduled with Bob McGuire and FNTI on January 28, 2004.

MOTION #1: Moved by Blaine Loft, seconded by Willard A. Hill that a letter be sent to Bob Howsam asking what INAC has done to address the authority issue and to have a meeting with Bob McGuire on January 28, 2004 at FNTI and with Bob Howsam on February 11, 2004 at 1:00 p.m. in Toronto  
Carried.

Angela Hill, Tyendinaga Justice Committee, attended Council re' Memorandum of Understanding. Information on Committee and funding situation.

MOTION #2: Moved by Roy C. Maracle, seconded by Velma Hill-Dracup to write a letter to the Attorney General of Ontario to determine if Ontario will commit additional dollars for Aboriginal Justice in Ontario. Do lobby letters, also to AIAI, Chiefs of Ontario and Assembly of First Nations, and do a follow-up letter to Kate Andrew.  
Carried

Angela Maracle joined the meeting

MOTION #3: Moved by Velma Hill-Dracup seconded by Roy C. Maracle that the Tyendinaga Mohawk Council Special Minutes of December 18, 2003 be accepted as corrected  
Carried

MOTION #4: Moved by Roy C. Maracle, seconded by Willard A. Hill that the Tyendinaga Mohawk Council Minutes of January 7, 2004 be accepted as corrected  
Carried

MOTION #5: Moved by Roy C. Maracle seconded by Velma Hill-Dracup that the Tyendinaga Mohawk Council Special Minutes of January 12, 2004 be accepted as corrected  
Carried

MOTION #6: Moved by Roy C. Maracle seconded by Velma Hill-Dracup that the Tyendinaga Mohawk Council Local Business Minutes of January 14, 2004 be accepted as read  
Carried

MOTION #7: Moved by Velma Hill-Dracup, seconded by Willard A. Hill that the Tyendinaga Mohawk Council Special Minutes of January 15, 2004 be accepted as corrected  
Carried

MOTION #8: Moved by Roy C. Maracle seconded by Willard A. Hill to acknowledge the Kanhiote Library Board notes of January 13, 2004  
Carried

MOTION #9: Moved by Roy C. Maracle seconded by Willard A. Hill to acknowledge the Recreation Committee Minutes of December 2, 2003  
Carried

acknowledged upcoming meeting dates

- 1 January 22, 10:00 a.m. – Frank Pinder. First Peoples Consultants, on Ridge Road Design
- 2 January 26 – Chiefs Council Meeting in Batchewana
- 3 January 28, 7:00 p.m. – Tyendinaga Mohawk Council Local Business
- 4 February 5, 2004 – 10:00 a.m. Meeting with INAC on Land Dispute

MOTION #10: Moved by Willard A. Hill, seconded by Blaine Loft to confirm the February 2004 Tyendinaga Mohawk Council Meeting dates:  
February 4, 2004 – 9:00 a.m.  
February 11, 2004 – 7:30 p.m. Local Business  
February 18, 2004 – 9:00 a.m.  
February 25, 2004 – 7:00 p.m. Local Business  
Carried


# T.M.C. MEETING MINUTES

- MOTION #11 Moved by Velma Hill-Dracup seconded by Willard A. Hill to meet with Darran Green on January 30, 2004 at 10:00 p.m. regarding Environmental Issues Steve Mercer is to write to MBQ Insurance Company to ensure such a meeting would not prejudice our insurance coverage  
Carried
- MOTION #12 Moved by Roy C. Maracle, seconded by Willard A. Hill to meet on February 3, 2004 at 10:00 a.m. with Jeff Curtis, BMO Nesbitt Burns, regarding the Casino Rama Quarterly Review.  
Carried
- MOTION #13 Moved by Roy C. Maracle, seconded by Willard A. Hill to meet on February 26, 2004 at 9:00 a.m. with Emergency Management Ontario regarding an Information Session on the Emergency Plan.  
Carried
- MOTION #14 Moved by Willard A. Hill, seconded by Velma Hill-Dracup to meet on March 1, 2004 at 10:00 a.m. in Ottawa with the Specific Claims Branch regarding the Culbertson Tract Claim  
Carried
- MOTION #15 Moved by Roy C. Maracle, seconded by Velma Hill-Dracup to decline the invitation to attend the "Four Month Report on Dalton McGuinty Government" Conference hosted by Leonard Domino & Associates on February 18, 2004, in Toronto.  
Carried
- MOTION #16 Moved by Roy C. Maracle, seconded by Willard A. Hill that the Tyendinaga Mohawk Council hereby appoints Councillor Blaine Loft as the Mohawks of the Bay of Quinte's representative on the Association of Iroquois and Allied Indians Health/Social Advisory Board. M.C.R. #2004-158  
Carried
- MOTION #17: Moved by Velma Hill-Dracup, seconded by Willard A. Hill to redraft the Community Law Enactment Process to include an INAC consultation component before draft by-laws go to the Community for consultation.  
Carried
- MOTION #18: Moved by Roy C. Maracle, seconded by Blaine Loft to decline the offers for office rental space due to budgetary constraints.  
Carried
- MOTION #19: Moved by Roy C. Maracle, seconded by Velma Hill-Dracup to decline the business registration and tobacco quota for Smokin' Joe's since the area he is requesting in Shannonville is environmentally sensitive and Council wishes to monitor the area more closely to determine the impact as it pertains to future business development.  
Carried
- MOTION #20 Moved by Velma Hill-Dracup, seconded by Willard A. Hill to do testing for diesel on the well at Build-All Contractors  
Carried
- MOTION #21 Moved by Velma Hill, seconded by Willard A. Hill to approve payment of the invoice dated December 31, 2003 from Blaney McMurtry in the amount of \$5,291.75 re: Former Bench Tech Building  
Carried
- MOTION #22: Moved by Velma Hill-Dracup, seconded by Roy C. Maracle to approve payment of the following invoices from Alan Pratt:  
Invoice #2496, \$4,315.05 – General Matters  
Invoice #2497, \$612.38 – Johnson Brant Family Claim  
Invoice #2498, \$1,099.13 – Surrender No. 24  
Carried
- MOTION #23: Moved by Velma Hill-Dracup, seconded by Willard Hill to ensure that the Orange Lodge has named MBQ as a third party on their insurance policy  
Carried
- MOTION #24: Moved by Blaine Loft, seconded by Roy Maracle to investigate what the insurance consequences are without recovery of costs in regards to the William Hill/Mohawk Agricultural Society/MBQ lawsuit.  
Carried
- MOTION #25: Moved by Roy C. Maracle, seconded by Blaine Loft to decline a donation to the Canadian Diabetes Association 10<sup>th</sup> Annual Variety Extravaganza due to budgetary constraints and look at in the new fiscal year. Council wants to revisit the Donation Policy as may be this should be included on the approved list if this is done on a regular basis.  
Carried

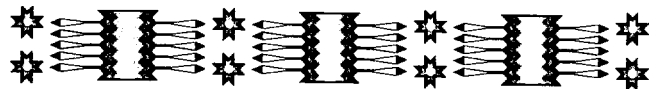
- MOTION #26: Moved by Velma Hill-Dracup, seconded by Willard A. Hill to acknowledge the CFA Agreement No. 200312004 400-00164, Change No. 8, for a Tyendinaga Taxation Workshop in the amount of \$15,600.  
Carried
- MOTION #27: Moved by Willard A. Hill, seconded by Velma Hill-Dracup to acknowledge the letter of appreciation to Leslie Spencer on her fundraising efforts for the Red Cedars Shelter in the amount of \$632.59 during Blogathon 2003  
Carried.
- MOTION #28: Moved by Velma Hill-Dracup, seconded by Blaine Loft to approve to spend \$18,000.00 from the Aboriginal Healing & Wellness Strategy for one-time grant funding on computers and software for Red Cedars Shelter.  
Carried.
- MOTION #29 Moved by Roy C. Maracle, seconded by Willard to defer all the land allotments, land transfers and the offers for sale by tender (Items #16 to #29) until the Lands staff can be present.  
Carried.
- eed to do Community Planning – Chief R. Donald Maracle suggested meeting with Hastings County on their plan and how they did it
- MOTION #30: Moved by Velma Hill-Dracup, seconded by Willard A. Hill to decline the request from Phil Maracle to purchase Parcel 15 in the former Turton Penn area since Council wants to hold this parcel for critical future land development.  
Carried
- MOTION #31: Moved by Roy C. Maracle, seconded by Blaine Loft to approve the Budget submission and Progress Report to Indian and Northern Affairs Canada, Research Funding Division in the amount of \$50,000  
Carried.
- Send a letter to J.L. Richards – Drawings for the Bayshore Water and Sewer Project said there was a stub hook-up at Bayshore Road and Church Lane and there wasn't – e-coup costs to put one there.
- MOTION #32: Moved by Roy C. Maracle, seconded by Velma Hill-Dracup to defer the request for reimbursement from Millie Hepburn for extra charges to locate sewer service within the right-of-way until the meeting with First Peoples Consultants on January 22, 2004, to inquire about the engineered drawings for the Highway #2 Looping Project  
Carried
- MOTION #33: Moved by Velma Hill-Dracup, seconded by Willard A. Hill to approve the Hydro Permit Application for Norman and Wilma Brant and payment in the amount \$1,907 for work within the road allowance.  
Carried
- The remainder of the agenda will be completed following the meeting on January 22, 2004, with First Peoples Consultants
- MOTION #34 Moved by Blaine Loft, seconded by Roy C. Maracle to adjourn 6.50 p.m.  
Carried.

Recorded by  
Molly Kohoko

Steve Mercer  
Chief Administrator Officer

  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council



# T.M.C. MEETING MINUTES



## TYENDINAGA MOHAWK COUNCIL MINUTES JANUARY 22, 2004

A special meeting of Tyendinaga Mohawk Council was held on Thursday, January 22, 2004 at 10:00 p.m. to review the status of road projects on Upper Slash Road and Norway's Road North and to complete the agenda for the January 21, 2004 meeting.

Present: Chief R. Donald Maracle  
Councillors: Willard A. Hill, Velma Hill-Dracup, Roy C. Maracle, Blaine Loft  
Staff: Angela Maracle, Administrative Officer, and Twila Brant (both at 1:30 p.m.)

The Tyendinaga Council met with Frank Pinder, FPC, David Burke, MTO Project Manager, Mark Davey, Peter Brant, and Glen Maracle.

**MOTION #1:** Moved by Willard A. Hill, seconded by Velma Hill-Dracup that Council accepts the 250 Metre curve, 80 km design for the road alignment for the Ridge Road. Carried

The meeting with FPC finished at 1:30 p.m.; Council continued with the January 21, 2003 meeting agenda. Twila Brant and Angela Maracle joined the meeting

**MOTION #2:** Moved by Velma Hill-Dracup, seconded by Willard A. Hill to approve the land allotment from the Mohawks of the Bay of Quinte to Wonita Mae Maracle, the whole of Lot 46-3 shown on Plan No. 79706 together with Part 1 and Part 2 as shown on Plan No. 76921 CLSR. M.C.R. #2004-159 Carried

**MOTION #3:** Moved by Velma Hill-Dracup, seconded by Willard A. Hill to approve the land allotment from the Mohawks of the Bay of Quinte to John Allen McKay, that portion of Lot 24C-1, Concession 2 as shown hatched on RSO 776. M.C.R. #2004-160 Carried

**MOTION #4:** Moved by Roy C. Maracle, seconded by Velma Hill-Dracup to approve the land allotment from the Mohawks of the Bay of Quinte to Charles Gregory & Darlene Joan Loft as recommended by the Land Department, the whole of Parcel 58 in part of Lot 7, Concession 1, shown on Plan No. RSO 5764 together with the whole of Parcel 59-2 in part of Lot 7, Concession 1 shown on Plan No. 79707 CLSR. M.C.R. #2004-161 Carried  
Blaine Loft declared conflict of interest and did not vote

**MOTION #5:** Moved by Velma Hill-Dracup, seconded by Willard A. Hill to approve the land transfer from Lorne Harry Loft to Tammy Arlene Maracle, that portion of Lot 16C-15-1, Concession 2 shown hatched on Plan No. 4633R. Carried

**MOTION #6:** Moved by Velma Hill-Dracup, seconded by Willard A. Hill to approve the land transfer from the Johnson Brant Family to Roy Nelson Brant, the whole of Lot 26-15-2, together with a right of way in Concession A, as shown on a plan that was produced by a land survey that was executed by Paul A. Miller CLS on March 12, 2003. Carried

**MOTION #7:** Moved by Velma Hill-Dracup, seconded by Willard A. Hill to approve the land transfer from the Johnson Brant Family to Carl Delbert Brant, the whole of Lot 26-15-6 in Concession A, as shown on Plan that was produced by a land surveyor that was executed by Paul A. Miller CLS on March 12, 2003. Carried

**MOTION #8:** Moved by Velma Hill-Dracup, seconded by Willard A. Hill to approve the land transfer from the Johnson Brant Family to Denise Elaine Leafe, the whole of Lot 26-15-6, Concession A, as shown on a plan that was produced by a Canada Land Survey that was executed on March 12, 2003. Carried

**MOTION #9:** Moved by Velma Hill-Dracup, seconded by Willard A. Hill to approve the land transfer from the Johnson Brant Family to Kirk Jeremy Brant, the whole of Lot 26-14, Concession A shown on Plan No. 85444 CLSR together with a right of way also shown on the same sketch. Carried

**MOTION #10:** Moved by Velma Hill-Dracup, seconded by Willard A. Hill to approve the land transfer from the Johnson Brant Family to Jeffrey Daryl Brant, the whole of Lot 26-13, Concession A as shown on Plan No. 85444 CLSR. Carried

**MOTION #11:** Moved by Velma Hill-Dracup, seconded by Willard A. Hill to approve the land transfer from the Johnson Brant Family to Adam Richard Brant that portion of Lot 26-10-1, Concession A as shown hatched on the sketch based on Plan No. 2463 and subject to right of way #29957 and easement #DD46909 and excluding a portion of Lot 26-10-L. Concession A designated as right of way containing 0.174 HA as shown on Plan No. 74095CLSR. Carried

**MOTION #12:** Moved by Velma Hill-Dracup, seconded by Willard A. Hill to approve the land allotment from the Mohawks of the Bay of Quinte to Everett Lavern Maracle, the whole of Lot 30G-4. Concession A shown on Plan No. 1477 RSO. M.C.R. #2004-162 Carried.

**MOTION #13:** Moved by Velma Hill-Dracup, seconded by Willard A. Hill to approve the land transfer from Everett Lavern Maracle to the Mohawks of the Bay of Quinte, the whole of Lot 24C-2, Concession 2 shown on Plan No. RSO 776. Carried.

**MOTION #14:** Moved by Velma Hill-Dracup, seconded by Willard A. Hill to approve the land transfer from Everett Lavern Maracle to the Mohawks of the Bay of Quinte, the whole of Lot 22B-2, Concession 1, shown on Plan No. 76357 CLSR. Carried.

**MOTION #15:** Moved by Willard A. Hill, seconded by Velma Hill-Dracup to defer the offers for sale by tender December 2003 Newsletter edition for information on the proposed or un-opened road allowance in the area of land for tender. Carried.

**MOTION #16:** Moved by Velma Hill-Dracup, seconded by Willard A. Hill to reimburse Millie Hepburn \$1,000 for the extra time required to locate sewer service within the road allowance because the sewer locate was not in the place indicated on the drawings and to vigorously seek reimbursement from the engineering company responsible for the drawings. Carried.  
Roy C. Maracle – negative, as invoice should be paid by engineering company

**MOTION #17:** Moved by Roy C. Maracle, seconded by Willard A. Hill to post the Field Researcher, Sea Lamprey Project position for the 10 week project, subject to funding. Carried.

**MOTION #18:** Moved by Velma Hill-Dracup, seconded by Roy C. Maracle to go in private (3:14 p.m.) Carried.

### Summary of Private Minutes

- ▶ Private Minutes of January 7 were accepted and January 14 were accepted as corrected
- ▶ Council requested options on Mohawk Family Services Funding in the amount of \$15,000
- ▶ Council rescinded a motion re Community member's issue
- ▶ Named participants for Human Rights Complaint – Mediation
- ▶ Approved Education Leave for a staff member
- ▶ Discussion on Pay Equity Compliance Requirements

Recorded by:  
Wolly Kohoko

Steve Mercer  
Chief Administrative Officer

*Donald Maracle*  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council.





# T.M.C. MEETING MINUTES



## TYENDINAGA MOHAWK COUNCIL MINUTES JANUARY 28, 2004

The Tyendinaga Mohawk Council meeting on January 28, 2004 continued as a regular meeting

Present Chief R. Donald Maracle  
Councillors Willard A. Hill, Roy C. Maracle, Blaine Loft and Velma Hill-Dracup  
Staff Steve Mercer, Chief Administrative Officer

The Tyendinaga Mohawk Council was informed that Glenn Green was notified that the property is currently not available for lease. Glenn will look for an alternate site.

**MOTION #6** Moved by Roy C. Maracle, seconded by Willard A. Hill to reschedule the meeting with Jeff Curtis, Bank of Montreal, from February 3, 2004 to the February 4, 2004 Regular Council meeting due to a scheduling conflict. Carried

**MOTION #7** Moved by Velma Hill-Dracup, seconded by Roy C. Maracle that the Draft Procedure for Local Business be redrafted to make it a little more empathic. Carried

**MOTION #8** Moved by Velma Hill-Dracup, seconded by Willard A. Hill that Council will meet with Richard Vanhagen, A/District Manager, Department of Fisheries and Ocean, on February 4, 2004 at 1:00 p.m. regarding the in-filling on bay issue. Carried

**MOTION #9** Moved by Blaine Loft, seconded by Willard A. Hill to approve the job description for the Home & Community Care Personal Support Worker and to post. Carried

**MOTION #10** Moved by Velma Hill-Dracup, seconded by Roy C. Maracle to approve the AIAI Federal Disability Initiative Memorandum of Agreement for the 2003/2004 fiscal year in the amount of \$2,997.00. Carried

**MOTION #11** Moved by Willard A. Hill, seconded by Velma Hill-Dracup to approve the AIAI Aboriginal Healthy Babies, Healthy Children Initiative Memorandum of Agreement for the 2003/2004 fiscal year in the amount of \$71,658.00. Carried

**MOTION #12** Moved by Velma Hill-Dracup, seconded by Willard A. Hill to donate \$500.00 to April L. Beatty to assist her and her family due to their loss by fire. Carried

Chief R. Donald Maracle reported on the AIAI Chiefs Council meeting he attended on January 26, 2004 in Batchewana.

**MOTION #13** Moved by Velma Hill-Dracup, seconded by Willard A. Hill to reschedule the meeting with Darran Green from January 30, 2004 at 10:00 a.m. to February 5, 2004 at 3:00 p.m. due to a scheduling conflict. Carried

**MOTION #14** Moved by Velma Hill-Dracup, seconded by Roy C. Maracle to acknowledge the Woodland Cultural Centre Budget brought forth by Willard A. Hill. Carried

**MOTION #15** Moved by Roy C. Maracle, seconded by Blaine Loft that this meeting be adjourned. (11:40 p.m.) Carried

### Summary of Private Minutes.

- Three Community member's issues were handled
- Melissa Maracle was the successful applicant for the Cultural Resource Teacher term position at the Daycare
- Josh Brant, Tracey Maracle-Smith, Bart Thompson, Charity Martin and Tyler Maracle were the successful applicants for the Youth Employment and Stability (Y.E.S.) Project positions

Recorded by:  
Molly Kohoko

Steve Mercer  
Chief Administrator Officer

Chief R. Donald Maracle



## TYENDINAGA MOHAWK COUNCIL MINUTES FEBRUARY 4, 2004

, meeting of the Tyendinaga Mohawk Council was held on Wednesday, February 4, 2004 at 10:00 a.m. in the Council Chambers.

Present. Chief R. Donald Maracle arrived at 10:30 a.m. from a meeting in Toronto due to inclement weather  
Councillors: Willard A. Hill, Blaine Loft and Roy C. Maracle  
Velma Hill-Dracup arrived at 12:47 p.m. – not feeling well  
Staff: Steve Mercer, Chief Administrative Officer, Angela Maracle, Administrative Officer

**0:00 a.m.:** Jeff Curtis, BMO Nesbitt Burns, attended Council re: update on Casino Rama Investment.

**ACTION #1:** Moved by Willard A. Hill, seconded by Roy C. Maracle that this Council approve to maintain the current investment mix for the Casino Rama Funds of 70% Bonds - \$7,874,531.25% Equities - \$2,990,504 and 5% Cash - \$511,843. Carried.

Chief R. Donald Maracle arrived at 10:30 a.m. from Toronto. Chief Maracle updated Council regarding the Non-Insured Health Benefits Client Consent Initiative. March 1, 2004 deadline for the submission of consent forms by NIHB and Inuit clients no longer apply.

**MOTION #2:** Moved by Roy C. Maracle, seconded by Blaine Loft that the Tyendinaga Mohawk Council Special Minutes of January 20, 2004 be accepted as read. Carried.

**MOTION #3:** Moved by Roy C. Maracle, seconded by Blaine Loft that the Tyendinaga Mohawk Council Minutes of January 21, 2004 be accepted as read. Carried.

**MOTION #4:** Moved by Willard A. Hill, seconded by Blaine Loft that the Tyendinaga Mohawk Council Special Minutes of January 22, 2004 be accepted as corrected. Carried.

**MOTION #5:** Moved by Roy C. Maracle, seconded by Blaine Loft that the Tyendinaga Mohawk Council Local Business Minutes of January 28, 2004 be accepted as read. Carried

Council acknowledged the following meeting dates

- February 5 - 10:00 a.m. – INAC on Land Dispute issue
- February 5 - 3:00 p.m. – Contamination Issue
- February 10 - 10:00 a.m. – Ontario Chiefs Committee on Health and Health Coordination Unit in Toronto
- February 11 - 1:00 p.m. - Robert Howsam, INAC, in Toronto - Tentative
- February 11 - 7:00 p.m. - Tyendinaga Mohawk Council Local Business
- February 11-12 – AIAI Health/Social Advisory Board Meeting in Hiawatha
- February 18 - 9:00 a.m. – Tyendinaga Mohawk Council Regular Meeting
- February 19 - 2:00 p.m. - Four Large First Nations Meeting - Tentative
- February 20 - 10:00 a.m. – Mohawk Roundtable Meeting at the Community Centre - Tentative
- February 25 - 7:00 p.m. – Tyendinaga Mohawk Council Local Business
- February 26 - 9:00 a.m. – Emergency Management Ontario
- March 1 - 10:00 a.m. – Meeting with Specific Claims Branch on Culbertson Tract Claim in Ottawa

**MOTION #6** Moved by Roy C. Maracle, seconded by Blaine Loft to meet with Health Canada and Indian and Northern Affairs Canada regarding rural well issues on either March 2, 2004 at 1:00 p.m. or March 5, 2004 at 10:00 a.m. in Toronto. Carried.

**MOTION #7** Moved by Willard A. Hill, seconded by Blaine Loft to meet with Janis Monture Executive Director Woodland Cultural Centre regarding programs and services on February 16, 2004 at 1:00 p.m. at the Senior Citizen's Hall. Invite interested stakeholders to the meeting. Carried

**NOTE** Willard Hill informed Council that the Woodland Cultural Centre will be seeking funds for a First Nations and Aboriginal Multi-Disciplinary Arts Festival in August 2004 at the Harbourfront Centre in Toronto

**MOTION #8** Moved by Willard A. Hill, seconded by Blaine Loft to meet with Scott Lee, Ministry of Natural Resources, regarding Scott's role and responsibilities within the area of Aboriginal Issues and Resource Management on February 16, 2004 at 10:00 a.m. Carried

**MOTION #9** Moved by Roy C. Maracle seconded by Blaine Loft to meet with the Research Department regarding the Culbertson Tract Claim on February 27, 2004 at 10:00 a.m. Carried

# T.M.C. MEETING MINUTES

MOTION #10	Moved by Roy C. Maracle, seconded by Willard A. Hill to reschedule the Tyendinaga Mohawk Council Local Business Meeting on February 11, 2004 to February 17, 2004 at 7:00 p.m. due to conflict with various meetings outside the local area. Carried	MOTION #24	Moved by Roy C. Maracle, seconded by Willard A. Hill to approve the Comprehensive Funding Arrangement Amendment Change #9 in the amount of \$15,000 for the Gathering Strength Environmental Capacity Development Initiative regarding the Richmond Landfill Court Decision. Carried
1:00 p.m.:	Richard Vanhagen, Department of Fisheries and Oceans – In-filling Issue DFO approved the plan submitted. DFO is to do a follow-up site inspection in the spring of 2004. Jim Elliott is to provide a letter stating he approved the remediation plan presented by Tom Maracle and Sam Green at the site meeting on November 19, 2003.	MOTION #25	Moved by Velma Hill-Dracup, seconded by Roy C. Maracle to approve the Amending Integrated Contribution Agreement #ON0400019 – A02 in the amount of \$22,156.00 for the Tobacco Control Strategy. Carried.
MOTION #11	Moved by Roy C. Maracle, seconded by Willard A. Hill that the CAO write a letter to the Department of Fisheries and Oceans requesting a copy of the consolidated file since the Mohawks of the Bay of Quinte is an affected land owner and to follow up with Environment Canada for their review. Carried	MOTION #26	Moved by Willard A. Hill, seconded by Velma Hill-Dracup that the Tyendinaga Mohawk Council hereby supports the 2003 Final Submission for Roads Subsidy Payment to the Ministry of Transportation. Total expenditures reported for the Calendar Year ending 2003 total \$1,624,220.12. M.C.R. #2004-163 Carried
MOTION #12	Moved by Velma Hill-Dracup, seconded by Blaine Loft that the Mohawks of the Bay of Quinte let the AFN Renewal Commission know we are interested in being one of the First Nations that the Commission visits and ask the Association of Iroquois and Allied Indians if they can schedule a date for the Member First Nations. Carried	MOTION #27	Moved by Roy C. Maracle, seconded by Blaine Loft to approve the amended contract for \$15,370.00 for the Child Welfare Budget 2003-04. Carried.
MOTION #13:	Moved by Velma Hill-Dracup, seconded by Roy C. Maracle to acknowledge receipt of the Community Economic Development Program Discussion Paper and Information Session planned for February 11, 2004 in Orillia. LaShelle Brant is attending. Chief R. Donald Maracle and Councillors Roy Maracle and Willard Hill will attend if the meeting with INAC does not materialize. Carried	MOTION #28	Moved by Blaine Loft, seconded by Velma Hill-Dracup to approve the Video Production Service Agreement with First Nations Technical Institute for \$7,000.00 to produce an "Anti-Bullying" Video. Carried.
MOTION #14	Moved by Velma Hill-Dracup, seconded by Willard A. Hill to adopt the Procedure for Local Business for the Tyendinaga Mohawk Council meetings with the addition that assistance in preparing the request will be provided upon request. Carried	MOTION #29:	Moved by Velma Hill-Dracup, seconded by Blaine Loft to approve that the funding of the National Child Benefit Allocation go through the Association of Iroquois and Allied Indians. Carried.
MOTION #15:	Moved by Blaine Loft, seconded by Velma Hill-Dracup that Council defer the Delegation of Authority list until a special meeting on planning and goal-setting yet to be established. Carried	MOTION #30:	Moved by Willard A. Hill, seconded by Velma Hill-Dracup to approve the land transfer from Donna Maurrie Crouse to Richard Alexander Crouse, Karen Louella Michele Austin, and Donna Maurrie Crouse, the whole of Lot 35A-14-2, Concession 1 shown on Plan No. 6024R together with the whole of Lot 35A-17, Concession 1 shown on Plan No. RSO 6522R. Carried.
MOTION #16:	Moved by Willard A. Hill, seconded by Velma Hill-Dracup to acknowledge receipt of the Draft By-Law for the Regulation of Petroleum and Allied Petroleum Storage Systems on the Tyendinaga Mohawk Territory from Gregory P. Brant, lawyer, and to meet on February 17, 2004 at 10:00 a.m. to further review. Carried	MOTION #31	Moved by Willard A. Hill, seconded by Blaine Loft to approve the land allotment to Joseph Edward Maracle, the whole of Parcel 32, Lot 6, Concession 1, shown on Plan No. 59254 CLSR. M.C.R. #2004-164 Carried
MOTION #17:	Moved by Velma Hill-Dracup, seconded by Willard A. Hill to pay the invoice from the Office of Gregory P. Brant in the amount of \$1,278.00 for compiling the Draft By-Law for the Regulation of Petroleum and Allied Petroleum Storage Systems on the Tyendinaga Mohawk Territory. Carried	MOTION #32	Moved by Blaine Loft, seconded by Willard A. Hill to approve the land transfer from Joseph Edward Maracle to Christopher Micheal Maracle, the whole of Parcel 32, Lot 6, Concession 1, shown on Plan No. 59254 CLSR Carried.
MOTION #18:	Moved by Velma Hill-Dracup, seconded by Blaine Loft to meet with the Tyendinaga Education Committee regarding the Federal School Evaluation for Quinte Mohawk School on February 24, 2004 at 10:00 a.m. Carried	MOTION #33:	Moved by Roy C. Maracle, seconded by Velma Hill-Dracup to accept the bids received for the land for sale by tender from Vernon Minaric in the amount of \$100, Verna Hill in the amount of \$200 and Bernard and Carol Ann Brant in the amount of \$200. Carried
MOTION #19:	Moved by Willard A. Hill, seconded by Velma Hill-Dracup to approve the following Business Registrations: 1. Magnum Hydraulics, Colin Bonner, owner - renewal 2. Law Office of Gregory Brant, Gregory P. Brant, owner - new. Carried	MOTION #34	Moved by Velma Hill-Dracup, seconded by Blaine Loft to provide a transcript to Audrey Brant of the September 24, 2003 Tyendinaga Mohawk Council Local Business Meeting where her land issue was discussed. Carried
MOTION #20	Moved by Velma Hill-Dracup, seconded by Roy C. Maracle to defer the following Business Registrations for further clarification: 1. Lone Wolf Crafts/Arts, Alan D. Brant, owner 2. Business Assistance Service, Glenda Lynn Maracle, owner. Carried	MOTION #35	Moved by Velma Hill-Dracup, seconded by Blaine Loft to approve the request from the Youth Recreation Committee. Circle of Change, to waive the Community Centre rental fees for Youth dances on February 6, March 19, April 16, May 14 and June 18 as long as there are no other booking conflicts. Carried
MOTION #21:	Moved by Velma Hill-Dracup, seconded by Roy C. Maracle to implement the Monitoring Schedule for the Public Works Facility and Area and Council requested a report on any recommendation that have not been completed. Carried	MOTION #36	Moved by Velma Hill-Dracup, seconded by Willard A. Hill to defer the draft Electrification Extension Policy to a policy meeting, yet to be established. Carried
MOTION #22:	Moved by Willard A. Hill, seconded by Velma Hill-Dracup to have public health testing done on the quarry at the end of Billy Brews Road. Carried	MOTION #37	Moved by Roy C. Maracle, seconded by Velma Hill-Dracup to approve the recommendation for the AIAI Federal Disability Initiative in the amount of \$2,997.00 to be transferred to Home & Community Care to handle. Carried
MOTION #23:	Moved by Velma Hill-Dracup, seconded by Roy C. Maracle to decline the donation request from Tom Smart for the Little League Hockey Team from Akwesasne due to budgetary constraints. Carried		

# T.M.C. MEETING MINUTES

Council discussed the solar power energy project for the Health Centre TMC requires more information Can the Health Centre roof support the weight without damaging the roof – need engineer opinion if it damages the roof who pays what are the maintenance factors and costs – who pays is there a mechanical (controls) room needed – Health Centre has no space, the Health Centre belongs to Health Canada

Council discussed the upcoming AIAI Education Consultation Meetings scheduled for February 23 in Hamilton, February 25 – 26 in Toronto and February 27 2004 in Toronto Chief Maracle and Blaine Loft will attend on February 25-26 Blaine Loft and a member will attend February 23 and 27 2004

MOTION #38 Moved by Velma Hill-Dracup seconded by Blaine Loft to reschedule the Tyendinaga Mohawk Council Local Business Meeting from February 25 to February 26, 2004 at 7 30 p m and reschedule the meeting with Emergency Management Ontario to March so members of Council can attend the AIAI Education Consultation Meetings  
Carriec


MOTION #39 Moved by Velma Hill-Dracup, seconded by Willard A Hill to go in private (6 05 p m)  
Carriec

**Summary of Private Minutes:**

- Acknowledged receipt of a complaint from a Community Member
- Private Minutes of January 22 and January 28 were accepted
- Priority Issues and Legal Proceedings Report deferred until a special meeting yet to be established
- Salary issue addressed
- Request for financial assistance approved in principle for a Community member
- Draft Water Support Program Policy legal opinion reviewed
- Mortgage Discharges and Re-writes approved (8)
- Community Outreach Worker successful applicant is Tanya Maracle
- Completion of staff's probationary period
- Letters from members on Traditional Practitioner Program – Council requested budget options
- Financial request from Community member referred to Kagita Mikam
- Request for Letter of Support for member re Education Leave

Recorded by  
Molly Kohoko

Steve Mercer  
Chief Administrator Officer

  
Chief R. Donald Maracle

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Bank of Montreal

**BANK OF MONTREAL ON-RESERVE HOUSING LOAN PROGRAM**

**PRODUCT PROFILE**

<b>FEATURE</b>	<b>MOHAWKS OF THE BAY OF QUINTE HOUSING LOAN PROGRAM</b>
<u>Eligible Property</u>	Single family dwellings Owner-occupied on land held under a Certificate of Possession Lots must be serviced by roads, hydro, water & a septic system.
<u>Eligible Loan Purpose</u>	Construction, renovation, or purchase of an owner-occupied, single family home, under exceptional circumstances the Bank maintains the right to approve residential loans for other purposes i.e. divorce settlements
<u>Holders of CPs</u>	Borrower(s) must be the registered holder(s) of the Certificate of Possession
<u>Amount</u>	Maximum \$125,000. Council will advise amount for each transaction to a maximum of \$125,000 Down payments required: <\$75,000 - 5% >\$75,000 - <\$100,000 10% >\$100,000 to 5125,000 25%
<u>Term and Amortization</u>	Maximum amortization is 25 years. Any term that corresponds to those offered under the Homeowner Mortgage program - 6 months to 10years
<u>Interest Rate</u>	Rates as for Homeowner Mortgage program less 112%
<u>Authorization</u>	Loans may only be granted through Bank of Montreal, 201 Front St., Belleville, Ont. Contact Carol Reynolds at 9674326
<u>Prepayment Provisions</u>	Any amount may be prepaid at any time, without notice or penalty.
<u>Creditor Insurance</u>	Council requires eligible borrowers to maintain life insurance during the life of the loan either through Bank's creditor insurance plan or from an outside source. Accident & Illness Mortgage Protection is optional for all borrowers.
<u>Costs</u>	Administration Fee, payable to the Mohawks of the Bay of Quinte - 2% of the mortgage amount Independent Legal Advice: \$107.00 for single applicant, \$214.00 for joint mortgage application.

## NOTICE

In order to keep our Membership files current and reflective of our community, please ensure that if you are a Band Member and living on, or have recently moved to, the Territory that you provide the Membership Department with your new address as soon as possible.

It is very important that our population statistics are kept up-to-date.



**ADMINISTRATION**

**\* Please Note \***

To better serve the community and its members, the Tyendinaga Mohawk Council has asked that the following procedure for public presentations to the Council be recognized. This procedure will ensure that the Council receives all pertinent information in order to serve you and the community. This procedure has not been established to hinder your access to the Council, but to enhance service in a timely fashion.

**PROCEDURE FOR LOCAL BUSINESS**

Local Business Meetings are held the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday's of each month at 7:00 p.m. unless otherwise notified.

The deadline for inclusion on the Local Business Agenda is the previous Friday at 12:00 p.m. Requests made after the deadline will be placed on the following Local Business Agenda.

The Tyendinaga Mohawk Council requires

**Attention Business Owners**

There is much interest in reviving the operations of the Tyendinaga Chamber of Commerce

If you own a business on the Territory, you may want to speak to others about the many issues and upcoming events planned for the area

Please call the LaShelle Brant in the Economic Development Department for further information and meeting/registration dates and times  
**396 3424 ext 110**

**NOTICE TO COMMUNITY MEMBERS**

NOW IN PLACE  
 AT THE BAYSHORE PARK  
 IS A YARD HYDRANT FOR  
 FILLING UP WATER JUGS  
 YEAR ROUND

Honorarium Report October-03	
Chief R. Donald Maracle	\$ 2,000.00
Councillor Velma Hill-Dracup	\$1,200.00
Councillor Douglas E. Maracle	\$ 600.00
Councillor Gregory P. Brant	\$2,000.00
Councillor Christine Claus	\$ 2,300.00
	<b>\$6,100.00 \$8,100.00</b>

Honorarium Report November-03	
Chief R. Donald Maracle	\$ 2,000.00
Councillor Velma Hill-Dracup	\$ 800.00
Councillor Douglas E. Maracle	\$1,000.00
Councillor Gregory P. Brant	\$2,000.00
Councillor Christine Claus	\$2,200.00
	<b>\$6,000.00 \$8,000.00</b>

Honorarium Report December-03	
Chief R. Donald Maracle	\$3,500.00
Councillor Velma Hill-Dracup	\$ 500.00
Councillor Douglas E. Maracle	\$ 300.00
Councillor Gregory P. Brant	\$2,300.00
Councillor Christine Claus	\$ 1,100.00
Councillor Willard Hill	\$ 300.00
Councillor Blaine Loft	\$ 300.00
Councillor Roy Maracle	\$ 300.00
	<b>\$5,100.00 \$8,600.00</b>

Honorarium Report January-04	
Chief R. Donald Maracle	\$ 2,000.00
Councillor Velma Hill-Dracup	\$ 500.00
Councillor Roy Maracle	\$1,200.00
Councillor Blaine Loft	\$ 700.00
Councillor Willard Hill	\$ 1,100.00
	<b>\$3,500.00 \$5,500.00</b>



**MOHAWK FIRE DEPARTMENT**

The Mohawk Firefighters in February responded to **5** calls:

- 1 C.O. Detector**
- 2 Medical Assist**
- 2 Auto Alarm**

This brings the total to **12** calls for the year 2004.

## EMPLOYMENT & HEALTH CENTRE

### EMPLOYMENT OPPORTUNITY INTERNAL POSTING

*Mohawk Administration office*

#### **Employment Counsellor**

Position is responsible for developing and delivering job search services, completing client assessments; providing advice and guidance through counseling, for vocational training; and for the provision of labour force development programs.

#### **Essential Qualifications:**

- ◆ Graduation from a post secondary program in Social Services, Psychology Education Counsellor
- OR
- ◆ Previous experience working as an Employment Counsellor
- OR
- ◆ Any combination of education, training and experience that demonstrates a candidate's ability to competently complete the duties of an Employment Counsellor

#### **Other Position Requirements:**

- ◆ Must have excellent oral & written communication skills, interpersonal sk
- ◆ Must possess a high level of active listening skills, and excellent public relation skills
- ◆ Excellent group facilitation/presentation skills
- ◆ Excellent research skills
- ◆ High level of computer and word processing skills including proficiency with MS Office
- ◆ Strong organizational skills
- ◆ Preference will be given to applicants of Mohawk Ancestry

#### **Demonstrated Competencies/Knowledge:**

- ◆ Employment legislation, and Canada Labour Code
- ◆ Knowledge and awareness of the market economy
- ◆ Knowledge of the Indian Act
- ◆ Knowledge of the labour market forces
- ◆ knowledge of training and counselling principles and practices
- ◆ knowledge of the Tyendinaga Mohawk Territory
- ◆ Knowledge of inter-governmental relations
- ◆ high level of sensitivity to native issues
- ◆ general knowledge of Human Resources
- ◆ knowledge of Kagita Mikam LDM programs an asset

#### **Skills & Abilities:**

- ◆ creativity
- ◆ to work with high level of tact, discretion and confidentiality
- ◆ problem-solving qualities
- ◆ presentation skills
- ◆ convey positive attitude
- ◆ perform daily routine operations and conform to established policies and procedures
- ◆ ability to communicate with others in a warm and helpful manner

#### **Duties & Responsibilities: Work Procedures**

1. Provide vocational counselling and identifying/developing career paths with clients
2. Provide personal counselling to clients
3. Maintain client files and agency documents
4. Development of job creation proposals
5. Administrative duties for the Employment & Training services
6. Receiving, relaying and tracking information to and from the CAO, TMC and other relevant staff
7. Track and log client information for the Kagita Mikam LDM
8. Assisting community employers with Human Resources functions

#### **DEADLINE FOR APPLICATIONS: March 12<sup>th</sup>, 2004 at 12:00 NOON**

For a detailed position description or to apply, please contact:

Bev Hill, A/HR Officer  
Mohawk Administration Office  
(613) 396-3424 fax (613) 396-3627  
e-mail: bev@mbq.tyendinaga.net

**Note:** Eligible candidates for an Internal Posting are members of the Tyendinaga Mohawk Territory. We thank all applicants for their interest in this position but only those selected for an interview will be contacted.

## KWE RADIO

**VOLUNTEERS**  
in all areas for the radio station.

## ATTENTION

### Volunteer Drivers Needed

The Medical Transportation Program is seeking volunteer drivers.

We depend on these volunteers to get our Community members to their medical appointments.

If this is something you would like to help with or if you have any questions on how the program works, please contact Norma at the Thayendanega Health Centre at 967-3603.



Do you have children between the ages 0-6?

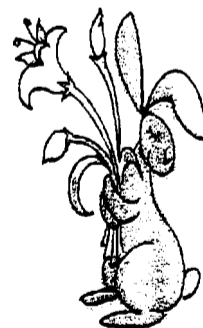
Do you reside on the Tyendmaga Territory?

If so, the Nutrition & Fetal Alcohol Awareness Programs are once again offering \$20.00 food vouchers during the last week of March & the first week of April, to assist with a healthy meal for Easter Dinner.

All you have to do is stop by the Health Centre and see either Brenda or Bev between 8:30 am & 4:30 pm, Monday to Friday.

If you have any questions regarding this please call us at

967-3603



# HEALTH CENTRE

## @Tobacco+ Strategy Program

Thayendanege Health Centre  
(613) 967-3603

March 2004

### News and Events

#### Congratulations !

To all the "smokers" who successfully completed Tobacco-less Tuesday on February 24th, 2004 - WAY TO MI! If you are interested in quitting smoking or thinking about quitting, contact the Tobacco Strategy Program for support, encouragement and ideas

#### Smoke-Free Home Contest

To be held for a two-week period beginning March 8 - 21, 2004. Make your home smoke-free for the contest period and enter to win a FAMILY GETAWAY PACKAGE at the Ambassador Motel, Kingston, Ontario. Contact the Thayendanege Health Centre for full contest rules

#### Poster Contest

Given to all those who entered the Youth Poster Contest. Prizes will be awarded to each participant and monetary prizes will be given for 1st, 2nd and 3rd in each category. Winners will be contacted the first week of March and the posters will be displayed at the QMS Health Fair on March 4th and 5th. Great posters kids!!!!

#### Weedless Wednesday

A challenge has been sent to all restaurants on Tyendinaga Territory to offer smoke-free dining each Wednesday for the month of March. Patrons dining in on any "Weedless Wednesday" at a participating restaurant will receive a ballot to win one of three gift certificates from Walmart. Watch for a listing of participating restaurants

#### Smoking By-Law

The Tobacco Strategy Program is in the initial stages of drafting a smoking-by-law for the consideration of Tyendinaga Mohawk Council. The goal of this by-law would be to minimize the health risk caused by second-hand smoke to non-smokers. If you have any suggestions, comments or ideas please contact Callie Maracle, Tobacco Strategy Worker at 967-3603.

#### KWE Radio Challenge

The 2nd Annual KWE Radio Challenge began on February 16th to March 13th. Be one of the first three correct callers to the "Tobacco Information Moment" question and enter to win a motorized treadmill. The first correct caller wins a \$25 gift certificate from SportChek. Grand prize draw on March 13th

### TYENDINAGA TOBACCO STRATEGY PROGRAM

### SMOKE-FREE HOME CONTEST

MARCH 8 - 21, 2004

**MAKE YOUR HOME SMOKE-FREE FOR A TWO WEEK PERIOD AND ENTER TO WIN A FAMILY GET-AWAY PACKAGE AT THE AMBASSADOR MOTEL KINGSTON, ONTARIO**

#### CONTEST RULES:

1. THERE MUST BE AT LEAST ONE ADULT SMOKER IN THE HOME WHO NORMALLY SMOKES IN THE HOME
2. ENSURE YOUR HOME IS COMPLETELY SMOKE-FREE FROM MARCH 8-21
3. VALIDATE YOUR SMOKE-FREE STATUS THROUGH THE WRITTEN TESTIMONIAL OF TWO FRIENDS, NEIGHBOURS OR RELATIVES
4. A GIFT PACKAGE WILL BE PROVIDED AT THE BEGINNING OF THE CONTEST, AND ALSO ONE UPON SUCCESSFUL COMPLETION OF CONTEST. Limited amount - Register Early!
5. ALL THOSE WHO SUCCESSFULLY COMPLETE THE SMOKE-FREE PERIOD WILL HAVE THEIR NAMES ENTERED INTO A DRAW FOR THE FAMILY GET-AWAY! (Includes gas allowance, overnight stay, supper and breakfast)

CALL THE THAYENDANEGE HEALTH CENTRE BY MARCH 5<sup>th</sup> TO REGISTER FOR THE CONTEST

DRAW WILL BE MADE ON MARCH 25<sup>th</sup>, 2004 AT THE THAYENDANEGE HEALTH CENTRE

## JUST A REMINDER!

The Water Sampling Program will continue throughout the new year.

If you haven't had your water tested and would like a sample taken please call Liz Brant at the MBQ Administration Office at 396-3424. If your water has been tested, please note that we still require three consecutive samples from your household. Keep in mind appointments are made at your convenience.

It's coming to our year end and if you do not wish to have a sample taken please call to have your name removed from the water sampling list. This ensures that those who want testing done can have their water tested more promptly.

Nia:wen



### Eat Well, Play Well: At School!

School is where children go to learn, play and develop skill that will last them a lifetime. Help you children to be their best at school by fueling their days with healthy food choices.

#### Lunch Matters for Children

Between grade one and the end of high school, a student may eat more than 2,400 lunches at school! Creating tasty, nutritious school lunches is a challenge for many parents. The good news is that with a little bit of planning and a few ideas, you can put together a lunch that not only tastes great but also packs a nutritional punch

- Recruit some help – Children are more likely to eat a lunch that they have been involved in creating. Let your children choose some of the foods that will go into their lunch bags. Plan or prepare school lunches together – make it fun!



Get organized – Speed up the preparation process by organizing lunch supplies such as insulated containers, lunch bags or boxes, reusable drinking boxes, napkins and cutlery in one spot.

- Lay a solid foundation – Teach children to include at least one choice from each of the four food groups of *Canada's Food Guide to Healthy Eating* for lunch.
- Mix it up – Offer a variety of food to prevent boredom and make lunch a meal that your child looks forward to. Short on ideas?

Try the following:

Egg salad sandwich on whole wheat bread, raw vegetables, yogurt, 100% fruit juice	Whole grain tortilla filled with tuna salad, celery sticks, grapes, chocolate milk
Banana muffin, boiled egg, carrot sticks, milk	Leftover pasta, meat sauce, melon cubes, milk
Picnic Lunch: cut up cheese, leftover chicken or roast beef, whole grain roll, fruit salad, milk	Cold pizza, yogurt, oatmeal muffin, 100% fruit juice

Find more ideas in the "Cool" Lunch Guide at [www.dietitians.ca/eatwell](http://www.dietitians.ca/eatwell)

## HEALTH CENTRE

So, you're having a baby...

### Let us help you

- Learn about pregnancy, nutrition, labour and delivery, breastfeeding, and baby care
- Receive information through videos, talks and demonstrations

### Prenatal Classes

Will begin

On

Wednesday, April 14, 2004

A series of six classes are taught by the Community Health Nurses

For more information or to register for classes, please contact the

Thayendanega Health Centre  
at 967 3603

**Partners/Supports are really important, please come too.**



March 2004

*Moms - in - waiting*

### The Canadian Prenatal Nutrition Program

The Thayendanega Health Centre is offering **MONTHLY FOOD VOUCHERS** for women during their pregnancy. Please drop by or call the Health Centre @ 967-3603 and speak with the Community Health Nurses and they will outline the program. We want everyone to have a healthy pregnancy and healthy baby!

Mary McCauley R.N.  
Brenda Asselstine R. N.  
Community Health Nurses



## NURSING MOTHERS' GROUP OF TYENDINAGA

INVITES

BREASTFEEDING MOTHERS  
AND BABIES

To their ongoing series of meetings:

2nd & 4th Friday mornings each month Thayendanega Health Centre

9:30 - 10:30 am BREASTFEEDING CLINIC  
10:30 - Noon DISCUSSION & LIBRARY TIME

MARCH : WHOLE FOODS

**MAR. 12 : THE NEW MOM** : Calcium and Iron

**MAR 26 :** AS BABY GROWS : Eating with the Family

Small Children, Interested Women, Young Girls -- Welcome.  
Friendly Mother-to-Mother Support- Lending Library. Information.  
Help With Breastfeeding Problems. Baby Weight Check. Discussions.  
Nutritional support for Breastfeeding Moms.



### BREASTFEEDING CIRCLE

*Can tongue tie cause breastfeeding problems?*

**Yes!** Tongue tie is a very common problem around here, and lots of babies miss getting breastfed because of it. Some parents are not even aware that their baby has a tongue tie, and some doctors are not familiar with how it relates to breastfeeding problems or what to do about it.

A baby is tongue tied if the membrane attaching the underside of the tongue to the floor of the mouth (the **frenulum**) is too tight, &/or too short, &/or too far forward. This restricts the baby's tongue movement and use of the tongue. The correct tongue motion is very important in breastfeeding, as the baby must actively massage the milk out of the breast with forward and upward pressure against the areola. **well behind the nipple.**

A tight restricting frenulum may not be obvious in a newborn. Sometimes (but not always) a notch can be seen in the centre edge of the baby's tongue when they try to stick out the tongue, and the tongue will assume a typical heart shaped tip when the baby is crying. This is because the frenulum is limiting upward and forward motion of the tongue. This limitation also causes speech and dental problems, and interferes with normal oral-facial development later on.

A breastfeeding mother and baby may experience any of the following problems :

- painful or damaged nipples
- slow weight gain or failure to thrive
- excessively long or constant feeds that don't satisfy the baby
- inability to get a good or comfortable latch
- inability to stay latched on and suckle for long - off & on a lot throughout feeding
- baby may swallow lots of air and be gassy
- repeated plugged ducts or mastitis
- low milk supply

Fixing a newborn's tongue tie is quick, painless, bloodless and does not require anesthetic or complicated plastic surgery, as some parents were told. Doctors or pediatric dentists who are familiar with the procedure routinely fix them in their offices, outpatient departments, or breastfeeding clinics. The baby can nurse immediately after, and mothers often feel a difference right away.

Gale Hayward and Jytte Cooper for the Breastfeeding Support Group  
Brenda Asselstine and Mary McCauley - Community Health Nurses

## EDUCATION

### ADMINISTRATIVE ASSISTANT PROGRAM (Specializing in First Nations Governance)

FIRST NATIONS TECHNICAL INSTITUTE AND  
ST. LAWRENCE COLLEGE OF APPLIED ARTS AND TECHNOLOGY

#### Program Info

This is a one-year certificate program delivered full-time at FNIT and accredited through the Kingston Campus of St. Lawrence College. Students who enroll in the Fall 2004 session will graduate from St. Lawrence in the spring of 2005.

The curriculum is a unique blend of courses drawn from St. Lawrence's one-year Office Automation and Administrative Assistant certificate programs; and the two-year Business and Human Resources Management diploma programs, with the addition of First Nations Governance course.

The program, which consists of fourteen 45-hour courses and a two-week work experience placement, has been developed to provide a community based educational opportunity for individuals who wish to pursue a career as an administrative or executive assistant with an Aboriginal organization.

#### To Register

Interested individuals are encouraged to inquire as soon as possible, to ensure that post-secondary application deadlines are met. To begin the application process or obtain further information, please contact:



Debby Brant  
First Nations Technical Institute  
396-2122 or 1-800-267-0637  
Email: debbyb@fnti.net

### ANNUAL \$1000 HEALTH SCHOLARSHIP AWARD 2003/2004



Presented by the:  
**Association of Iroquois & Allied Indians**

This prestigious Scholarship will be awarded to a successful candidate who is currently enrolled in a post-secondary Health or Traditional Healing/Medicine program for the current academic year 2003/2004.

The Successful applicant will receive a \$1000 cash award as well as honorable recognition at the AIAI 2004 Annual General Assembly

#### Criteria:

- > Applicants must be a registered member from a Member Nation of AIAI.
- > Applicants can only accept this scholarship as a one time recipient.

#### Applications Must Include the Following:

- > A self profile as to why you are deserving of such a scholarship.
- > Transcripts displaying most current academics and/or support letters from your Health or Traditional Healing/Medicine program.
- > Two (2) character letter of references from your community's Chief and Council.

#### DEADLINE FOR APPLICATIONS:



Scholarship Selection Committee: *To Be Determined*

All interested students please submit your application to :

Cathryn Mandoka, Health Director  
Association of Iroquois & Allied Indians  
337 Princess Ave.  
London, ON N6B 2A7



## Book Club



If you are a student in grade 6, 7 or 8 and are interested in a book club - where **all** members read the same book and then discuss the story - please call Karen at the library 967-6264 or talk to Mrs. Joy Maracle at QMS.

## TYENDINAGA POW WOW COMMITTEE

### CALLING ALL WRITERS!!

This year's Pow Wow theme is:  
*"Honouring our Men"*

Your pow wow committee  
invites you to submit original  
creative works no later than:

**March 15, 2004**

Top three entries will each receive:  
Publication in this year's magazine  
as well as special category prize.



Please mail entries to:  
Pow Wow Writing Contest

#670 - Hwy 49  
Deseronto, Ontario K0K 1X0  
OR

E-mail to: raenbird@yahoo.com  
amaraclewhalen@yahoo.ca  
with the subject line: "writing contest"

Your Committee Cares:  
Keep all of your  
POW WOW

PARAPHERNALIA...  
IT COULD MAKE YOU  
A WINNER!

WATCH FOR MORE DETAILS!

#### VOLUNTEERING FOR THE COMMITTEE!

Learn culture & traditions,  
meet new people, make new friends!  
Volunteer Gate passes, Meals & Students receive  
extra school credit, just for helping out!

General Meeting: 2pm - Sunday, March 7, 2004  
To be held at Tyendinaga Lions Club - Hwy #49  
Magazine Meeting at 1:30pm

**Hope to see you there!!**

## LANDFILL HOURS

Monday - CLOSED  
Tuesday - 1:00 P.M. - 5:00 P.M.  
Wednesday - CLOSED  
Thursday - 1:00 P.M. - 5:00 P.M.  
Friday - CLOSED  
Saturday - 8:30 A.M. - 5:00 P.M.  
Sunday - 9:00 A.M. - 5:00 P.M.





## EDUCATION

### EDUCATION

#### Trustee's Report February 2004

February has been a busy month from a meeting point of view. The hot issue continues to be that of "Staggered Bussing Times". There have been three information sessions today at secondary schools within both the HPEDSB and ALCDSB. These sessions have been designed to offer information on the overall view of what, why, and how of Staggered Bussing Times and to address issues and reactions from parents from both Boards. A list of all public information sessions are as follows:

Tuesday, February 17/04 St. Paul Catholic School, Trenton

Thursday, February 19/04 Centre Hastings S.S., Madoc

Wednesday, February 25/04 Centennial S.S., Belleville

Thursday, February 26/04 Bayside S.S., Bayside

Monday, March 1/04 Nicholson C.C., Belleville

\* Tuesday, March 2/04 St. Theresa S.S., Belleville

Wednesday March 3/04 Prince Edward Collegiate, Picton

Parents of students attending Moira S.S. are encouraged to attend the information session at St. Theresa S.S. as listed above starting at 7 p.m., if there are questions or issues.

Keep in mind that there will need to be some adjustment in the pickup times for students from our Territory to attend secondary schools off the Territory. As more information is communicated to our Mohawk Bus Lines Manager a more accurate schedule of pickup times can be developed and published. Administration at QMS is currently looking at what impact if any the change in later start times for county elementary schools have on the current schedule of start and finish times at QMS. If anyone has questions or require more information, please don't hesitate to call me at home (962-3595).

Respectfully Submitted  
Mike Brant

#### HONOURING OUR LANGUAGE HEROES

On March 27 2004 Tsi Kionhnheht Ne Onkwawenna Language Circle is hosting "Honouring Our Language Heroes" celebration in which we will be honouring David Kanatawakhon Maracle of Tyendinaga as our community language hero, for all his effort and dedication in keeping our Mohawk Language alive. This event will be held at the Council House and will begin at 5:00pm. All community members are welcome to attend.

For more information contact:

Shohahi:io/Jason Maracle  
Mohawk Language Program Coordinator  
Tsi Kionhnheht Ne Onkwawenna Language Circle  
C/o Ohahase Adult Education Centre  
314 Airport Road  
Tyendinaga Mohawk Territory  
KOK 1X0  
613-396-6742 fax 613-396-6777



## COMMUNITY LANGUAGE PROGRAMS

#### Beginners "Making Sense Of The Mohawk Language"

This is a five week Mohawk Language night course that will enable participants to develop a basic understanding of the Mohawk Language through oral concentration and phonics. Participants will learn to recognize and pronounce 265+ sounds, the function of diacritic marks, the Ohen:ton Karihwaterhkwén and numbers from 1-100. No prior experience in the Mohawk Language will be required for this course. This course will be delivered at Ohahase Adult Education Centre and instructed by Iehnhotokwas / Bonnie Jane Maracle. Course will begin on March 15 2004 6:00pm to 9:00pm

#### Introductory "400 Parts & Pieces Of The Mohawk Language"

This is a five week Mohawk Language night course that will focus on 400 Parts & Pieces of the Language. The focus areas will be on Prenominal prefutes, Transitive prefutes, Locational descriptive free pronouns, Verb root words, Noun root words and all the grammatical rules and features in conjugating the prefutes to the root words. This course will enable the participants to create any sentence and phrases they desire. This course will be delivered at Ohahase Adult Education Centre and instructed by Shohahi:io / Jason Maracle. Course will begin on March 17 2004 6:00pm to 9:00pm

#### Intermediate "Speaking In The Mohawk Language"

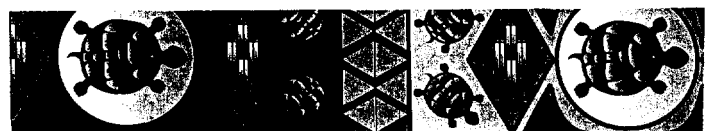
This is a five week Mohawk Language night course that will focus on vocabulary building, conversation, dialogues and the standardized orthography. This course will enable the participants to utilize their language in creating simple dialogues and conversing amongst each other. This course will be delivered at Ohahase Adult Education Centre and instructed by Tehanatoken/Curtis Maracle. Course will begin March 16 2004 6:00pm to 9:00pm

#### Mohawk Language Hymns

This will be a one-day workshop which will be facilitated by David Kanatawakhon Maracle of Tyendinaga. Focusing on Mohawk Language Hymns, participants will be able to create new hymns, have old hymns translated from Mohawk to English, hymns translated from English to Mohawk and practice singing hymns. This workshop will be delivered at the Council House on March 27 2004 beginning at 9:00am. Lunch and snacks will be provided.

For more information on the Community Language programs contact:

Shohahi:io/Jason Maracle  
Mohawk Language Program Coordinator  
Tsi Kionhnheht Ne Onkwawenna Language Circle  
C/o Ohahase Adult Education Centre  
314 Airport Road  
Tyendinaga Mohawk Territory  
KOK 1X0  
613-396-6742 fax 396-6777  
[jasonm@fnti.tyendinaga.net](mailto:jasonm@fnti.tyendinaga.net)



# EDUCATION

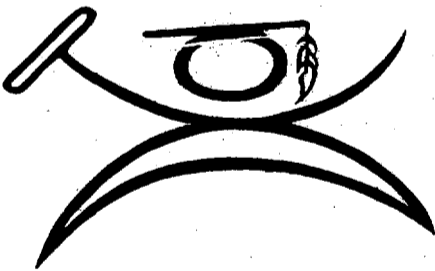


## Haudenosaunee Opportunity for Personalized Education

HOPE is a co-operative learning adventure sponsored by Moira Secondary School, the Mohawks of the Bay of Quinte, Hastings and Prince Edward District School Board, and the First Nations Technical Institute.

## Who can attend HOPE?

Students must be between the ages of 16 and 20 years of age and, in most cases, will have been out of school for at least six months.



## How can you register for HOPE?

To register, you can contact the Guidance Office at Moira Secondary School at 962-8668 or Tracy Maracle or Jan Hill at the HOPE Program at 396-6742.

There is no cost for the program.

## What is HOPE?

HOPE is an educational alternative program that has been designed to meet the specific learning needs of Mohawk students who have not yet graduated from high school.

Students of HOPE work towards their high school diploma in an individualized program developed in consultation with the student.



## Why HOPE?

For some native students the traditional school setting has not been a successful experience.

HOPE offers a flexible approach that values success through the development of an individual program.

## Tsie':na ne satetshe'nhsera

"Capture your dream"

## I'htshehrtsi naho':ten sanonhto'n nion

"Follow your path (thoughts)"

## Wa'kanekerah tshera ta'kie

"For future generations"



## Where is HOPE?

The HOPE program is located on the Tyendinaga Mohawk Territory at the First Nations Technical Institute.

Students will attend the program there as they work towards their high school diploma from Moira Secondary School.

## When is HOPE?

The HOPE program is in operation five days a week during the school year.

Students must attend fifteen hours each week to maintain their enrolment in the program. However, the hours per day a student attends are flexible and will be negotiated with the instructors.



## Partners in HOPE



Moira Secondary School

Mohawks of the Bay of Quinte

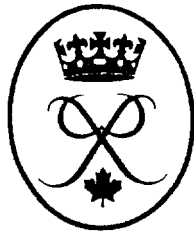


Hastings and Prince Edward District School Board

First Nations Technical Institute



# EDUCATION



## THE DUKE OF EDINBURGH'S AWARD Young Canadians Challenge

### SUMMARY OF CONDITIONS

If you are interested in your youth taking part in this award please call for more information.

The Duke's on-line  
Visit our web site at  
[www.dukeofed.org](http://www.dukeofed.org)

The Recreation Department will also be giving a \$50 gift certificate for Music World at the Quinte Mall when all 3 awards are achieved.

#### THE AWARD

The Award Programme is about challenge. It is also about providing the opportunity to accept a challenge. The Award offers young people the opportunity to set a personal goal and achieve it. Along the way, they learn about qualities like responsibility, trust, and the ability to plan and organize themselves.

There is no competition between participants. The only people with whom they compete are themselves. Self-motivation is fundamental to the Programme. There are no set standards to achieve. The criterion for gaining an Award is based on individual improvement based on each participant's starting point and potential.

There is no such thing as failure in the Award. Even if an Award is not attained, just being involved brings new friends, new knowledge and new adventures which are, above all, enjoyable.

There are three "AWARDS" - Bronze, minimum starting age 14; Silver, minimum starting age 15; Gold, minimum starting age 16. To qualify for an Award, a young person must first register and obtain a Record Book and then satisfy the requirements of the four sections of the Programme - Service, Expeditions, Skills, and Fitness.

The Award itself consists of a lapel pin or brooch, and an inscribed certificate of achievement.

More than 30,000 young Canadians are now participating in the Award Programme either as members of organized groups, or on an individual basis.

#### FIRST STEP TO THE AWARD

If you are interested in participating in the Young Canadians Challenge you must register with your Divisional office prior to beginning any of the activities. Upon Registration each participant will receive a Record Book in which they record their activities throughout the 3 levels of the Programme.

For more information please contact your Divisional Office (below)



**ERIC CROWE**  
Constable  
Integrated Support Services Unit  
First Nations Programs

Tel (905) 697 6121  
Cell 19051243.1736  
eric.cro@fox: (905) 697-6121

#### Mohawks of the Bay Of Quinte

R.R. #1, 13 Old York Rd  
Tyendinaga Mohawk Territory  
K0K 1X0

**Darlene Loft**  
Recreation/Fundraising  
Coordinator

Promoting Healthy Living

(613) 396-3424 Ext #107  
Pax (613) 396-3627

E-mail  
darlenel@mbq.tyendinaga.net  
Or visit [www.m bq-tmt.org](http://www.m bq-tmt.org)



### THE DUKE OF EDINBURGH'S AWARD Young Canadians Challenge



Award Level	Service	Expeditions & Explorations	Skills	Physical Fitness
<b>BRONZE</b> Minimum age to start 14 Maximum age to finish 25. Qualify in four sections as indicated.	Choose one or more forms of service, undertake training, and give practical service to others. A minimum of 15 hours of service over a period of 6 months.	Undertake basic training, carry out a practice journey, and then complete an Expedition OR an Exploration. A minimum of two days out is required including one night camping, and an average of 6 hours activity a day.	Follow a Skills programme for a minimum of 6 months. Activity may be changed once during this period.	Take part in physical activities and benefit from participation, effort, and improvement. A minimum of 30 hours of activity over a period of 15 weeks is required.
<b>SILVER</b> Minimum age to start 15 Maximum age to finish 25. Qualify in four sections as indicated.	Choose one or more forms of service, undertake training, and give practical service to others. A minimum of 30 hours of service over a period of 6 months for those who have achieved their Bronze Award; 45 hours over 12 months for direct Silver entrants.	Undertake basic training, carry out a practice journey, and then complete an Expedition, OR an Adventurous Project. A minimum of three days out is required including two nights camping and an average of 7 hours activity a day.	Follow a Skills programme for a minimum of 6 months for those who have achieved their Bronze Award, 12 months for direct Silver entrants. Activity may be changed once during this period.	Take part in physical activities and benefit from participation, effort, and improvement. A minimum of 40 hours of activity over a period of 20 weeks is required.
<b>GOLD</b> Minimum age to start 16 Maximum age to finish 25. Qualify in four sections as indicated & complete the Residential Qualification*	Choose one or more forms of service, undertake training, and give practical service to others. A minimum of 60 hours of service over a period of 12 months for those who have achieved their Silver Award; 90 hours over 18 months for direct Gold entrants.	Undertake basic training, carry out a practice journey, and then complete an Expedition, OR an Adventurous Project. A minimum of four days out is required including three nights camping and an average of 8 hours activity a day.	Follow a Skills programme for a minimum of 12 months for those who have achieved their Silver Award, 18 months for direct Gold entrants. Activity may be changed once during this period.	Take part in physical activities and benefit from participation, effort, and improvement. A minimum of 50 hours of activity over a period of 25 weeks is required.
<b>EXAMPLES</b>	Voluntary work with seniors, youth, disabled, homeless groups etc. School activities with peers, student council, yearbook, etc.	Expedition: Bicycle, canoe, hike, horseback, snowshoe etc.; Exploration: should be of an environmental or historic nature.	Music, computers, crafts, graphic arts, life skills, collections, model building, etc. (May not be a physical activity)	Individual or team activity. Soccer, karate, fencing, swimming, hockey, basketball, bullet, etc.

**NOTE:** You must be registered with your Divisional Office before starting on the programme (see over).

**\*RESIDENTIAL PROJECT (May be undertaken at any time, but must be submitted at GOLD):** Undertake some shared activity in the company of their peers, either through voluntary service or training away from home over a period of not less than 5 consecutive days (4 nights away). Examples: Youth leadership training courses; Outward bound & similar courses; voluntary help at homes, centres, or camps; work with disadvantaged children or seniors; school exchanges, church courses etc.

# ABORIGINAL HEAD START



## Tahatikonhsotontie Head Start “Nurturing Generations of Strong Spirits”

# 9 Deserontyon Drive  
C/O Mohawks Of The Bay of Quinte Administration Office  
RR # 1, Tyendinaga Mohawk Territory, Ontario, K0K 1X0  
Phone (613) 396-6716 Fax (613) 396-3409

### !!Supply Staff Needed!!

- ✓ Do you enjoy spending time with children?
- ✓ Want to make a little extra cash?
- ✓ Can you be available on short notice?

Please call Cindy or Tracey at 396 – 6716 if you are interested or require further information about supplying at Tahatikonhsotontie Head Start

### Tahatikonsotontie Head Start Has Fun at the Frink Center



&



## RED CEDARS

To the community members of Tyendinaga Mohawk Territory

Hello my name is Tanya Maracle. and I would like to take this opportunity to introduce myself as the Community Outreach Worker and newest member of the Red Cedars Shelter team.

I have graduated from Cambrian College of Applied Arts and Technology, Native Community Care and Counselling Development Program since 1999. Over the past four years I have been working with Native and non Native Families and children with behavioural difficulties in treatment Agencies.

I look forward to working with community members and involving myself in community activities.

My office hours are Monday to Friday 8:30am to 4:30pm.

You can reach me by phone at 1(613)967-6514 or 1(613)967-2003 or by e-mail [tanvain@kos.net](mailto:tanvain@kos.net).

Sincerely

Tanya Maracle

## STALKING

Criminal Harassment is the legal term for stalking. It can involve repeatedly following someone from place to place, repeatedly communicating directly or indirectly with someone, watching or waiting for a person at their home, place of work, or where they might carry on business, and engaging in threatening conduct directed at the person or member of their family. Stalkers harass out of a need for power and control so it is not your fault.

Stalking/criminal harassment can involve:

- Repeated telephone calls, letters or emails
- Unwanted gifts
- Showing up uninvited
- Stealing mail
- Following and watching
- Threatening harm to person being stalked or their family/friends
- Harassing employer, co-workers, or family of victim
- Harming pets
- Vandalizing home/car
- Assault, kidnapping

What can I do if I am being stalked?

- Contact the police
- Ask for a risk assessment
- Avoid all contact with the stalker
- Keep track of events
- Make a personal safety plan
- Check out services through victim programs or community services
- Tell your family and friends, breaking the silence can be important for your safety and well-being
- Learn about the law, and check around for information and support
- Take out a peace bond (criminal court) or a restraining order (family court) for protection by the court. They are legally binding, and you can go to the police if the person disobeys the peace bond or restraining order. They may be effective in some cases, but do not always work.

There is a strong link between stalking and domestic violence. Most victims are women and most of the stalkers are men. Stalking is the result of an individual refusing to "let go" of his relationship, most of these cases are low risk. The situation becomes much more complicated, when the usual social cues and messages are not getting through. In such cases, the stalker becomes obsessed in the belief that his behavior is justified and is necessary.

It is common for the ex-intimate stalker to have a history of perpetrating domestic violence. These individuals are using the pursuit of an ex-partner as a means of controlling her after the relationship has terminated. An attitude of ownership is often present in such cases, which may be a risk factor for lethal violence. The risk factors in these cases are essentially the same as those for spousal assault, including: past assaultive behaviors, drug and alcohol abuse, employment problems, attitudes supporting spousal violence, minimization and denial of abusive behaviors, sexual jealousy, and so forth. Particularly complicated cases will also involve aspects of personality disorders, which are usually defined as a pervasive and maladaptive pattern of attitudes, beliefs and behaviors. The most common pathological personality traits observed in ex-intimate stalkers relate to the so-called borderline and narcissistic personality disorder.

The "borderline" features include an overwhelming fear of abandonment, intense and changeable moods - explosive anger, and the tendency to fluctuate between idealizing and devaluing their intimate partners. This last feature is possibly the most dangerous, as many ex-intimate stalkers will over-idealize their partners until they suddenly "switch" becoming angry, hateful and vengeful. It is when love turns to hate that some of the most serious stalking related violence takes place.

Two of the most commonly observed features of the ex-intimate stalker are they have a tendency to be self-absorbed and a sense of entitlement these are evidence of his narcissism. These individuals are absolutely convinced that their behavior is justified, and are unable to appreciate the perspectives of others. The narcissist harbors a fundamental need for validation from others to substantiate his self-worth. For the narcissist, the intimate partner often serves the purpose of a "mirror" that reflects positive feedback in the form of compliments and reassurances. When the partner decides to leave the relationship, his mirror is shattered and he is left with feelings of insecurity and emptiness. This may in part explain the desperate quality of the harassing behavior displayed by narcissistic stalkers.

### The Safety Plan

- Program your speed dial for emergency numbers
- If you do not have call display, you can use '69', call return, immediately after your stalker has called to find out the number he called from. You can also dial '57', which will automatically trace the call with the phone company. There is a charge for these services. Call the phone company to get the details.
- If you have to allow your stalker telephone access to your children, consider installing a second line for this purpose. Never answer this phone. Some family court judges have made orders that abusive ex-partners must pay for a second line for this purpose.
- At work, have someone screen your calls. You can use '60', call screen, to make a list of numbers you do not want to receive calls from.
- Consider getting a cell phone and carrying it with you at all times.
- Do not accept unexpected packages
- Identify people before you open a door
- Keep your house well lit and keep bushes outside small
- Inform the police of the Stalking /Harassing. ask the police to do a home security check
- If your neighbors are not friends of the stalker, tell them what is going on and give them a description of him/her and his car. Ask them to let you know anytime they see him/her.
- Arrange for friends to call you regularly and work out an action plan for them if you do not answer their calls.
- If you work from your home, arrange to have people drop by frequently but at irregular times.
- Consider changing the locks.
- Have a key ready as you approach your house
- Remove your name and address from recycled mail.

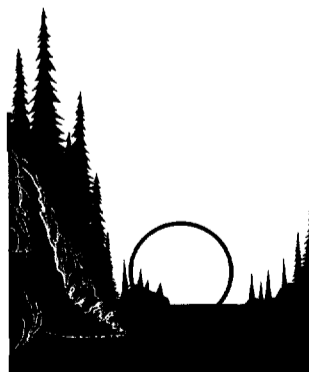
If you or someone you know is being Stalked or Harassed you can call.

Red Cedar's Shelter and speak with a counselor at:  
Crisis Line -----1-800-672-9515 (24 hours/ 7days a week)  
Business Line -----' -613-967-2003

Or call your local Police Department.

References [www.bcifv.org](http://www.bcifv.org)  
Metrac's Guide for Women Being Stalked 2003

## Moon Ceremony



*All Women Welcome!*

WHERE: RED CEDARS

WHEN: **March 6** at Dusk

Please wear a dress/skirt and bring tobacco & water if possible.

Call for more information:

969-2215 or 967-2003

POTLUCK MEAL SHARING

Facilitated by Red Cedars Traditional Practitioner Program

## COMMUNITY INTEREST

### POSTCARDS FROM THE VISION QUEST

by Joseph Brant

#### My Community Is A Tree

People tend to have a pretty stereotypical idea of what a Native person looks like. In Nashville, that idea is multiplied by tens upon tens.

This is the land where the Trail of Tears began. In fact, there is only about two or three miles between my home and the former residence of President Andrew Jackson. Known as the Hermitage, it has, for over a hundred years now, been a museum. From what I've heard there is no mention of his institutionalized treatment of Native people.

There are not many here who've ever known a Native person. It has been an interesting experience for me. In a bar, for example, people ... well, they always compliment my hair. (And if you've not seen me for a while, it is mighty fine.)

Complimentary, yes but disconcerting as well. Some here are entirely turned on by the uniqueness of our race. There is mystery, a mythology surrounding us – not you and me, but the collective 'us' – that is very palpable, especially here where we are so few in number. Very few people I've met, then, are inquisitive regarding culture, tradition, language. The specifics don't always match the myth.

So it is always a delight to find somebody who, for whatever reason, takes an interest. I made a new friend recently. We exchanged email addresses and chatted for a while. One day he turned to me and asked, "What does your address mean?"

I said, "Mohawk vision quest?"

"Yeah."

"Well..." I was stumped.

I've long assumed everyone knew what it meant.

The difficult part about being a Mohawk man and wanting to share my culture is that nothing is written in stone. It doesn't say a lot about our people when one finds contentment – or perhaps, value – in stubbornly correcting another's understanding of our collective past. Mixing a history of oral tradition with life in an individualist world is not easy.

Here, then, is what I told him, in my own words, in terms that were relevant to my audience, at one specific point in my history...

A vision quest is a very traditional term. It would be a rite of passage for young men. This was back in a time when we had a solitary existence, when our communities were self-contained.

A young boy, of maybe pubescent age, would leave his community for a long while – however long it took – and he would travel alone and he would fast. It was the experience of solitude that he needed... in thought.

Well, if you want to draw a picture, I've heard many people say he would climb to the highest mountaintop or tree but, if you knew anything about where I'm from, you'd know that there are not quite so many mountains to speak of. So that part may actually be mythology even we've bought into.

Anyway, he'd live in solitude for a long while, disengaged from his family and community and – I'd imagine the fasting had a lot to do with this, but – he would stay alone until some profound voice came to him.

In that time, he'd learn what his calling is, the guide that will direct his life will have presented itself. He would then return to the community, confident in his road ahead.

Of course, if we were all members of a self-contained community of hunter-gatherer-warriors, it is difficult for me to believe the young man ever came back to say anything other than "I will grow up to become a hunter (or gatherer or warrior)."

My friend laughed. "Or..." he said, "that he'd want to, say, take over Europe."

"Right!"

So, given the tongue-in-cheek nature of both Native people and the Internet community, I figured mohawkvisionquest was the perfect moniker for me.

In a lighthearted yet still profound way, I am living a 21<sup>st</sup> Century vision quest. There is no doubt that I'll someday return home, filled with knowledge and experience that can be put to use for the benefit of myself, as well as my family and community.

My friend, I assume now, still doesn't realize that traditions really do adapt and survive in the environments where the believers live (at least in my case). And, on the one hand, I'm sure there are many Native people who still believe the only 'real' Indians are the ones who live on reserves.

To me, though, there are many environments where many of us live that we have to adjust ourselves to for survival. Reservation dwellers – my brother told me this over the Christmas break – are the ones who are responsible for keeping the flame, if you will. They are the ones for whom there lies a serious responsibility to keep the roots of our culture and traditions strong and healthy.

For those of us who leave, yes, we are dependent on those who've stayed to give us that strength. I used to think it was just a blood family that kept me strong until the first time I found myself instantly invigorated, enlightened, strengthened upon a visit home to the land. To Tyendinaga.

There are many reasons why we leave (though, in a sense, there is a chance they may all be the same reason). The challenge of every person, regardless to race, is to hold on to all the good that you gain from youth. It is more difficult, then, when it can feel as though that 'good' is only attached to one particular plot of land that is now far, far away.

It made me wonder what I have taken with me. After I realized it wasn't just a resistance to conformity, I realized it was a responsibility to challenge myself in my new environment while, at the same time, taking advantage of the strength of my roots.

The tree metaphor is very apt. The roots are maintained by those people who are closest to them. For those of us out on the branches, we are behooved to use the strength of the root and the trunk to guide us, to contain us, and support us (especially) while we stretch ourselves farther out into the air, reaching for the sky, bringing nutrients back through us.

I'm not a particularly ethereal person so I hope you can appreciate my lapse into new age-ism. Don't worry, though. I'm done.

Perhaps someday I'll share specifically what some of those socio-emotional challenges are.

For now, though ... I'm still a little shy.

Questions, comments? E-mail me at [ignorant-non-native-in-TN@canada.com](mailto:ignorant-non-native-in-TN@canada.com) (kidding)



## News and Views from the Senior 59'ers Club

Our motto is: *The more you participate the younger you'll feel!*

Come out and Join First Tuesday of the Month

We the Executive and members expect 2004 to be a banner year for the club, beginning with an Easter Breakfast on Good Friday - **April 9th**  
See April newsletter for more details.

*A Strawberry Social in late June or early July*

*An outing for members in the summer*

*A Corn Roast in August*

*A Corn Soup Supper in October*

*A Xmas Dinner in December*

The Euchre's run splendidly by Millie Maracle every other Tuesday Night.

We will be hosting a childrens xmas shopping spree in mid December with all proceeds going to the Angel Tree program. Anyone wishing to donate new or nearly new toys, games, books, children's clothing, crafts, toiletries, tools etc. or anything children can purchase for Parents, Grandparents, Sisters or Brothers.

**Please contact Janet 396-1432 or Gloria 962-8757** for pick up of articles or they can be dropped off at the club the first Tuesday of the month between 9:30 a.m. and 11:30 a.m.

We are busy putting the club to good use and would ask that anyone having property stored on the premises Please have it removed by May 1st, 2004. After that date anything left will be disposed of.

Thanks for your support

Janet Jung  
President

# COMMUNITY INTEREST

## LOVE IN ACTION

The **LOVE IN ACTION** outreach group of the Anglican Parish of Tyendinaga was formed to reach out to our community members. It is so easy to get swept up with the whirlwind of life and forget that there are friends, family and strangers who need to hear a kind word. We wish to let them know that we are here for encouragement, support, advice and visitation.

If you wish to know more about us call  
Helen Parker at 396-6683

In 2004 **LOVE IN ACTION** is going to try, with the Creator's help, to make a difference, not only in their churches, but in their community.

**LOVE IN ACTION** has decided to honour various groups on the Tyendinaga Territory throughout the year. March has been chosen for honouring all the educators in their various capacities.

Educators share your children's lives for many, many years and sometimes we forget just what they have to put up with each day and how much it means to be an educator. It takes a special person to work with a child. Their influence will be felt by that student for the rest of their lives.

**LOVE IN ACTION** honours all the dedicated men and women here on Tyendinaga who give of their time, knowledge and love, to better the life of a student. At each service throughout the month we will be praying for you. God bless you.

If you would like to spend a Sunday service with us in March, you have 3 choices.

1. All Saints Church at 9:30 AM. On the Ridge Road.
2. Holy Trinity Church in Shannonville at 9:30 AM. This church has a Sunday School for your children.
3. Christ Church at 11:00 AM. On the Church Lane.

Please come and join us as we would love to meet you and thank you in person.



### Honoured Women & Men



#### Tahatikohsotontie Head Start

Tracey Gazley  
Gabe Doreen  
Joe Brown  
Betty Maracle

Mary Jean Loft  
Shari Maracle  
Cindy Maracle

#### F.N.T.I.

Aaron Grubin  
Aaron Quin  
Greg Luke  
JoAnne Tabobandung  
Lisa Maracle  
Michela Barnhart  
Mike Musclow  
Hilke Winrow  
Monique Manatch  
Pam Maracle

Randy Maracle  
Sandra Marion  
Sean Story  
Sherry Lewis  
Stacey M-Quigley  
Stephen Green  
Suzanne Brant  
Ted Teepell  
Wendy Thomas

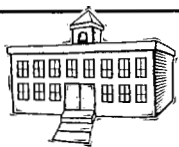
#### OHAHASE

Appel Maracle  
Cheryle Maracle  
Ed Maracle

Janice Hill  
Joe Brant  
Kevin Brant



For some reason there is an omission on the lists we were given, we sincerely apologize for not mentioning your name. Please understand that this is not a deliberate oversight and we do honour you as well.



### Honoured Women & Men



#### Quinte Mohawk Public School

Joy Maracle  
Val Taylor  
Cathy Braitt  
Linda Brant  
Alice Yates  
Lois Claus  
Edith Gros Louis  
Sandra Fairbairn  
Erik Anderson  
Tracy Ford  
Donna Green  
Sean Reid  
Mike Procnier  
Kathleen Manderville  
Tim Maracle

Betty Jean Brookes  
Barb Brant  
Reta Brant  
Lesley Snider  
Irma Cook  
Amy Cook  
Nancy Leween  
Bonnie Watson  
Val Maracle  
Sherry Procnier  
Dorothy Lazore  
Jennifer Maracle  
Angie Hill  
Bob Ellis  
Lezli Andrew

#### Tyendinaga Day Care Centre

Cheryl Lavigne  
Danielle Green  
Amanda Hill  
Kathy Braitt  
Julie Brant

Nancy Branchaud  
Mary Boomhour  
Faye Peltier  
Melissa M. Maracle  
Freeman Martin



## Career Planning for Youth!!

When: afternoons of March 16<sup>th</sup>, 17<sup>th</sup> and the 18<sup>th</sup>, 2004  
Where: Kanhiote Tyendinaga Territory Library

Background: This will be an interactive workshop, with aims to inform students of Job Futures and to aid in the interview process.

Topics will include: How to conduct yourself professionally  
Aptitude testing (i.e. what you'll be good at and enjoy - career-wise)  
Career planning  
Cover letter and resume writing  
What to expect during an interview / Interview "do's" and "don'ts"

Door prizes for all who attend

Pre-registration appreciated  
(but not necessary)  
Phone: 967-6264

If your child cannot attend, the most important aspect to acquiring the job of her/his choice is to SMILE!!!



## COMMUNITY INTEREST



### Spring is on its way!!

Good day to all!! I wish to invite any and all interested in attending a Computer Workshop course, which will run every Tuesday and Wednesday throughout the month of March. These workshops will be conducted in the afternoon, from 1:30 - 3:30 (please call ahead to pre-register #967-6264). However, the computers are available to the community for HIGH SPEED INTERNET ACCESS, scanner, printers (black & white and colour). Fax and photocopy services also available for public use (with a small fee).

Feel free to drop in during our open hours...

**Tuesday 8:30 - 12, 1 - 4:30;**  
**Wednesday 8:30 - 12, 1 - 4:30;**  
**Thursday 12 - 4; 6 - 8**

...And while you're here, you can check out these GREAT sites!!

[www.theweathernetwork.com](http://www.theweathernetwork.com) is an excellent site for short and long term weather forecasts, ski report, highway conditions, park report, golf report, air quality, UV report and a Claritin pollen forecast, to name just a few.

Curious about an urban myth someone e-mailed you? You can check its authenticity at: [www.snoljes.com](http://www.snoljes.com)

Compare the price of books, magazines, videos, DVDs, cds, and other novelty items at: [www.chapters.indigo.ca](http://www.chapters.indigo.ca) (on-line Chapters and Indigo store); [www.amazon.ca](http://www.amazon.ca) (Canadian funds); [www.amazon.com](http://www.amazon.com) (American - U.S. funds) [I've ordered from [amazon.ca](http://amazon.ca) on a Thursday, and my book order arrived by Monday.]

Go to [www.consumer.org](http://www.consumer.org), a non-profit publisher of consumer reports.

Can't find a word?? Check out [www.dictionary.com](http://www.dictionary.com)

Want to find something in Tyendinaga?? Try [www.tvendinaga.net](http://www.tvendinaga.net)

Chatelaine magazine - issues deal with health, beauty, relaxation, de-stressors: also contain a variety of recipes from quick-cooking to lavish meals (in a pinch!!) [www.chatelaine.com](http://www.chatelaine.com)

Looking for a recipe for that new and obscure ingredient, or maybe you just want to try something new?? [www.recipes.com](http://www.recipes.com) is your answer.

Are soaps your one special time of the day to escape and relax, but you've missed the last episode?? Try here: [www.soapcctv.com](http://www.soapcctv.com)

Some informative sites on a whole host of news, ideas, etc. [www.owrah.com](http://www.owrah.com); [www.drphil.com](http://www.drphil.com); [www.marthastewart.com](http://www.marthastewart.com)

Want to catch up on the latest NHL game stats? Or, who's playing who in the next game?? Check out [www.nhl.com](http://www.nhl.com)

Buy tickets to a special event at [www.ticketmaster.ca](http://www.ticketmaster.ca)

Have your name removed from Canadian direct marketing mailing lists with a free service offered by the Canadian Marketing Association [www.the-cma.org](http://www.the-cma.org)

Can't stand pop-ups?? Try the "Pop Up Stopper", it's a free piece of software, produced by Panicware, and has received favourable reviews from *Forbes* and *PCWorld*. This stopper, along with others, is available at: [http://www.pcworld.com/downloads/collection/o\\_collid\\_1064\\_00.asp](http://www.pcworld.com/downloads/collection/o_collid_1064_00.asp) (Those real are commas!)

On the pop-up topic, this free trial download may also be downloaded: <http://www.guardwall.com/en/guardie.asp>

Has your homepage changed for no good reason?? This change may be due to spyware having been installed on your computer. Go to: <http://www.spywareinfo.com/xscan/php> - when you access this page, you will receive a Security WARNING. Make sure the checkbox for running this program from its current location is selected. If spyware is found on your machine, a dialog box will appear asking you if you want to remove it. Otherwise, the scanner will just disappear.

Otherwise, search for anything over the web, using my favourite meta-search engine, [www.dogpile.com](http://www.dogpile.com), which searches all of the following search engines: Google, Yahoo, AltaVista, Teoma/Ask Jeeves, About.com, FAST, FindWhat, LookSmart, and more. Selection varies.

The CAP department is located in the basement of the Kanhiote Library, so, come on in and borrow some books, magazines or videos and see what fun can be had on one of our several computers!

Our website:

[http://tyendinaga\\_cap.tricod.com](http://tyendinaga_cap.tricod.com)



967-6264

# KANHIOTE LIBRARY

Tyendinaga Territory Public Library

Want to learn more about quilting?  
You're invited

To Queen Anne Parish Centre

**On March 20 and 27**  
**From 10 a.m. to 12 p.m.**

On **March 20<sup>th</sup>** you can help the Mohawk Guild Quilters put up a quilt on the quilting frames and  
On **March 27<sup>th</sup>** you can learn the stitches and try your hand at quilting.

There will be refreshments and an opportunity to win a door prize for a quilting kit

Fundraising for Kanhiote Library

Requesting submissions for

**Native Women's Collection: stories, poems, and essays**

In honour of creative writing and women's stories

Ladies if you write for your own enjoyment and would like to share it please consider donating something you have written - articles will be done into a book to raise funds for the library.

Open to all our sisters across Turtle Island

Please contact Karen at the library (967-6264) to submit articles or with suggestions for this project.

Trivia & Tea



First Nation Public Library Week 2004

























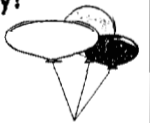




Niawen ki wahi to all who participated in our Trivia Challenge to raise funds for Kanhiote Library and celebrate First Nations Public Library Week. 6 teams entered and the winning team was the **Fab Five +1**! The team members names: Ava Darling, Callie Maracle, Jessica Brant, Jodi John, Lashelle Brant and Scott Maracle will be added to the plaque at the library. Kanhiote Library, Tyendinaga Coalition for Healthy Lifestyles and Recreation Department, donated prize bags and door prizes. \$276 was raised for the library.

During the week, several bags were given away each day at the library and the First Nations Communities Read selection **Solomon's Tree** was read to Headstart and Grade 2. The book **The Girl who hated to read** was distributed to Headstart and QMS.

We thank the sponsors of FNPLW: the Canadian Children's Book Centre, Canadian Heritage (Book Publishing Industry Development Program), Orca Book Publishers, Ontario Library Association, Ontario Library Service-North, Ontario Ministry of Culture, Southern Ontario Library Service, TD Bank Financial Group, the planning committee and our local supporters - Chief and Council, Library Board members, Tyendinaga Coalition and Recreation.



# BIRTHDAYS

<p>Happy 1st Birthday!</p> <p>Mader March 16</p>  <p>Love Aunt Stacie, Uncle Manson, Jack and Luke</p>	<p>Happy 1st Birthday!</p> <p>Jada March 16</p>  <p>Love Mommy &amp; Daddy</p>	<p>Happy Birthday!</p> <p>Auntie Doodie March 9</p>  <p>Love Wendy &amp; Glenn</p>	<p>Happy Birthday!</p> <p>Gail March 9</p>  <p>Love Wendy &amp; Glenn</p>
<p>Happy Birthday!</p> <p>to my Sister Elaine Garfield March 15</p>  <p>Love MaryLynn &amp; John</p>	<p>Sappy Birthday!</p> <p>to the Greatest Aunt March 1</p>  <p>Love Jason &amp; Jeffrey</p>	<p>Happy Birthday!</p> <p>Snugglebug March 1</p>  <p>Love R.B.</p>	<p>Happy Birthday!</p> <p>Mom March 1</p>  <p>Love Chris &amp; MacKenzie</p>
<p>Happy Birthday!</p> <p>Auntie Elaine Garfield March 15</p>  <p>Love ya. Mitchell &amp; Andrew Jennie, Mike &amp; Tim</p>	<p>Happy Birthday!</p> <p>Dan March 1</p>  <p>Love Aunt Marilyn, Uncle Rick, Sam, Brad, Maria &amp; Connor</p>	<p>Happy 70th Birthday!</p> <p>Dad (Grandpa Bruce) March 10</p>  <p>Love Marilyn, Rick, Sam, Brad, Maria &amp; Connor</p>	<p>Happy 70th Birthday!</p> <p>John March 13</p>  <p>Love Marilyn, Rick, Sam, Brad, Maria &amp; Connor</p>
<p>Happy Birthday!</p> <p>Uncle Pete Feb. 13</p>  <p>from Karilyn, Andrew, Haley, Rob &amp; Tracy</p>	<p>Happy Birthday!</p> <p>Mom March 30</p>  <p>Love you always. Bonnie &amp; Bill xoxoxo</p>	<p>Happy Belated Birthday!</p> <p>Andrea Feb. 6</p>  <p>Love Grandma &amp; Aunt Jolie</p>	<p>Happy 18th Birthday!</p> <p>Chris March 13</p>  <p>Love Marilyn, Rick, Sam, Brad, Maria &amp; Connor</p>
<p>Happy Anniversary</p>  <p>Brant &amp; Tanya March 6</p>	<p>Happy Birthday!</p>  <p>Stringbeans March 30</p>	<p>Happy Birthday!</p> <p>Gibbi March 9</p>  <p>from Nita &amp; the Gang</p>	<p>Happy Birthday!</p> <p>Nancy March 27</p>  <p>Love Marilyn, Rick, Sam, Brad, Maria &amp; Connor</p>
<p>" March 5" Happy 3rd Birthday Maddie</p>  <p>Love, Mommy and Daddy</p>	<p>Sappy Birthday!</p>  <p>Aunt Sherry March 1 Uncle Berle March 2. Uncle Bo March 2</p> <p>Love Savanna Sage</p>	<p>Happy Birthday!</p> <p>Auntie Wendy 4</p>  <p>Lots of love, Cody</p>	<p>Happy Birthday!</p> <p>Daddy March 16</p>  <p>Lots of love &amp; kisses. Cody &amp; Mommy</p>
	<p>Happy Birthday!</p>  <p>Marcy March 3</p> <p>Love Uncle Ted, Aunt Dee &amp; Shae</p>	<p>Happy Birthday!</p>  <p>Dad March 19</p> <p>Love Shae, Missy &amp; John</p>	<p>Happy Birthday!</p>  <p>Poppa</p> <p>love KayKay &amp; Little Man</p>
<p>Happy Birthday!</p> <p>Rick March 19</p>  <p>Love ?</p>	<p>Robin, March 14 Thanks for a wonderful year. Looking forward to many more with you! Love, "Always and Forever", Lorrie</p> 	<p>Happy Birthday to my Great Gram</p>  <p>L love you lots! Jared xoxox</p>	<p>Happy Birthday!</p> <p>Gram March 30</p>  <p>We love you very much, xoxoxo Bart, Cassie &amp; Gregg &amp; Haley</p>

# COMMUNITY INTEREST & UPCOMING EVENTS



*It's  
a Girl!*



*Kelly Bernhardt & Melissa Spence are proud to announce the arrival of their daughter. A new sister to Katie.*

*" Kayla Lorraine"  
Born: Feb. 12  
Weight: 4 lbs. 14 oz  
Belleville, Ontario*

*Proud Grandparents & Aunt:  
Terry & Linda Benihardt & Aunt Amy of Tyendinaga*



## **Tyendinaga Women's Association (NWA)** (submitted by Debbie Sinclair)

The Tyendinaga Women's Association invites you to attend a future meeting.

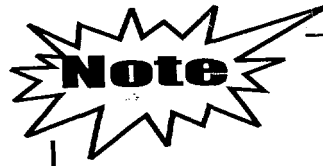
**Meeting Upcoming Dates:**

April 5 - 2004  
May 3 - 2004

Time: 7 p.m. Sharp  
Place: 59'er's Hall

## **RENTAL OF THE 59'ers HALL**

For rental information please call:  
Gloria Idzenga - 962-8757  
Janet Jung - 396-1432  
Millie Maracle - 396-5316



# 9-1-1

9-1-1 is for Emergency calls Only!  
If you need to contact the Emergency Services  
for non emergency matters please call:

Police: 613-967-3838  
Fire: 613-968-7985  
Ambulance: 613-542-0221

### Could You Feel The Love?

The family of Marlon "Sedge" Maracle would like to take the opportunity to say nia:wen kowa to our family and ti-iends for the overwhelming love and support shown to us after Sedge's death. We couldn't imagine being anywhere else during such a tragic loss. From the time we were informed of Sedge's death through to the end of the Ten-day Feast, the love and compassion that this community showed us was the most beautiful expression of sympathy that we have ever seen.

To all the people that so quickly came to Wilma's house upon hearing the tragic news, we will never forget your support during those first hours. To all the women that went later to Mike and Cheryle's house to prepare their home for the events that would take place throughout the next ten day's, your tireless work to see that things were looked after and that we were all right was much needed and appreciated. To all the men that looked after gathering and donating wood, singing, looking after the fire and offering that sense of effortless protection, we are forever grateful. To the people that came to our homes and spent endless hours visiting, consoling and cooking, your love and time means the world to us. To the many, many people that brought food, sent flowers, sent cards and inade donations of all kinds, your generosity will forever be remembered. We say thanks to Amos Maracle and Orval Green for the countless times you've plowed our driveways. Nia:wen kowa to the Women's Guild for the terrific meal you provided for us after the service. To Cory and Larry at McGlade Funeral Home, Rev. Cheryl Watson, Kanonhsionni, Iehnotonkwaw, and Shohahio, your spiritual guidance at the time of our loss was a welcomed gift and continues to console us still today. To Mike Hill from the Tyendinaga Police Department. Your job must be terribly hard at times like these. Your professionalism, and kind heart will always be remembered.

Last and certainly not least, we would like to say nia:wen kowa to the pallbearers. Lonnie Brant, Murrell Maracle, Tom Russo, Bob Maracle, Cliff Brant, and Bo Maracle. Sedge thought the world of all of you as we will forever.

We apologize if we have forgotten anyone.  
With all our love and appreciation,  
Wilma, Drea, Mike, Cheryle, Seaira & Austin

RECREATION



2004 - MARCH IS NUTRITION MONTH - 2004

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	There is very little nutritional difference between honey and sugar	Caesar Salad is the highest fat salad. A garden salad with a low fat dressing is a better choice	For lunch eat egg salad, lean ham or sliced turkey breast on whole grain bread, a wrap or a six inch sub. Use mustard instead of mayo	If you have diabetes or heart disease, it's important to eat high fibre food	Choose whole-wheat pasta and double your fibre intake to 4 grams per cup!	Instead of using salt, try herbs, spices, pepper, lemon or lime juices
Fresh or frozen vegetables and fruits are great choices. They contain fibre, are loaded with nutrients, give you energy and are naturally low in fat	Heart healthy oils are Canola, Olive, Safflower, Sunflower, corn, Soya and non-hydrogenated. Choose soft margarines made with these oils. Remember fats contain calories so use only small amounts when cooking	Eating too much of refined products, processed foods, soft drinks, candy or desserts, is often a major risk factor for Type 2 diabetes	<b>Healthy Eating Tips:</b> Always eat breakfast Eat a variety of foods from the 4 food groups Moderation in portion sizes Eat 3 meals at regular times	It's important to cook foods without adding fat. Some different ways to achieve this, is by steaming, boiling, or barbecuing the food	Water is essential for everyday functions in the body. Keep yourself well hydrated with 6-8, 8oz. glasses of water a day	Tomato juice has less sugar than other fruit juices. Keep in mind, it's better to drink water, rather than juices
In baking, use applesauce rather than butter or shortening. It tastes great and cuts down on the amount of total fat in daily meals	Chocolate bars, candy, pop and chips provide lots of sugar which raises blood glucose. These foods do not offer nutrients for a healthy body	When you are on the road carry snacks like: fresh fruit, dried fruit mixed with dry cereal and nuts, and vegetables instead of pop and chips	Get your children involved with preparing tonight's supper. They could mash the potatoes or stir the cookie mix. This will help teach them about food	Fast foods are high in saturated and trans fats which can increase cholesterol. Choose the lower fat options	Read labels, as sugar is in most everything you buy. Sugar comes in many forms: fructose, lactose, maltose, glucose, corn syrup, dextrose, maple sugar or turbinado sugar	Store bought cookies and muffins contain trans and saturated fats. Make your own cookies and muffins using a low fat recipe with lots of fruit for sweetness
The rising prevalence of obesity in children has been linked in part, due to high intake of sugar-sweetened drinks like pop	Eating fast food on a regular basis when you are young, can later develop into a lifetime habit of eating junk food	There are children, who take a bit longer to accept new foods. If your child won't eat vegetables, don't force them to eat it, but don't give up!	A cup (250mL) of raspberries has eight times more fibre (6 g) and 16 times more vitamin C (32 mg) than an apple-raspberry fruit bar	Skipping meals will make you over eat later and makes it harder to lose weight. Eat every 4-6 hours to help control blood glucose and cravings	Keep a variety of healthy snacks available such as fresh fruit, cut up raw vegetables, yogurt, dried fruit, milk puddings, fruit cups, pretzels, cereal and milk	Popcorn can be a great low fat snack. Choose air popped low fat microwave popcorn. Movie theatre style and cheese popcorn are high fat
Healthy eating means eating in moderation and having reasonable portion sizes. So even when using a heart healthy oil make sure you only use small amounts	Beans are low fat, high in fibre and a good source of protein. Try to have beans 2 times a week. Baked beans, kidney beans, chickpeas, lentils are just a few suggestions	A diet high in fat can lead to obesity, which makes it harder for insulin to work in the body. Choose a diet low in fat and use less margarine, cream cheese and gravy	Quick-fix frozen and microwave dinners often have high sodium levels. Too much sodium can strain the kidneys, which possibly can lead to high blood pressure later in life. This is a risk factor for both kidney and heart disease. Read labels and avoid products with more than 350 milligrams of sodium per serving		Carol Loft Regional Diabetes Worker Eastern Region - S.O.A.D.I.	

March 2004 is Nutrition Awareness month. The focus for is on the importance of healthy eating and active living for school aged children and youth. This includes where they live, learn and play.

FEATURING

- ✓ Riding lesson
- ✓ Horse Care Management
- ✓ Horsemanship Theory
- ✓ Crafts
- ✓ BEGINNERS WELCOMED!!!

BUSSING AVAILABLE

Prerequisite for our C.I.T Program (COUNSELOR IN TRAINING)

2 GROUPS TO CHOOSE FROM 10 week program

Group A: Mon & Wed. (Start date April 5 to May 10)

or

Group B: Tues & Thurs (Start date April 6 to May 11)

FEE: \$20.00 per week (Subsidies by Recreation Circle of Change)

Space is Limited, Register before March 22, 2004

For more information, or to register, please call Green's Dream Stable 396-6687

ARE YOU 11 AND UP?  
DO YOU ENJOY HORSES?

GREEN'S DREAM STABLE

IS HAVING AN AFTER-SCHOOL

TEEN RIDING PROGRAM



Or Darlene Loft At 396-3424 ext 107

# RECREATION



## Next Youth Dances

**March 19, Apr.16, May 14, June 18**

**Time: 6 pm to 10 pm**

**Place: Mohawk Community Center**

**Cost: \$3.00 ages 9 to 14**

**D.J**

**“Recreation Circle of Change”**

**Volunteers Welcome !**



## Canteen & Games Room Rental

The canteen & games room is available for rent for Birthday parties, meetings or for family fun  
**Only \$30.00**

For more information contact  
**Darlene Loft (613)396-3424 ex 107**  
darlene1@mbq tyendinga net

*Promoting Health Living !*

## FAIR MEETINGS

are held on the  
1st Monday of each month.  
7:00 p.m. at the Firehall



**“The TV Turnoff Program”**  
March 29 – April 2, 2004

The Recreation Department Challenges your families to take part in the event.

The key message of the TV Turnoff Challenge is to get active! There are a number of resources that can be used during the challenge to help stimulate discussions and projects around the topic of physical activity. Health Canada has launched the Physical Activity Guides for Children and Youth. Support materials include teacher guides, interactive magazines for kids, family guides and a wall chart with stickers. All these resources are available by calling 1-888-334-9769 or by visiting [www.healthcanada.ca/paguide](http://www.healthcanada.ca/paguide).

Tyendinga events and some ideas:

- Monday's - Pool Pass for Swimming (Napanee) Soccer (QMS)
- Tuesday - Yoga Class (Health Centre) Basketball (QMS)
- Wednesday - Pool Pass for swimming
- Thursday - Family walk
- Friday's - Volleyball (QMS) & YMCA (Belleville)
- Saturday - Family Tobogganing or skating (lacrosse box or Shannonville Mountain)
- Sunday - Mall Walking, or your child's choice

For surrounding area activities or more information call Jennifer Ronan (613)476-7471 or Darlene Loft (613) 396-3424 ext.107



The Tyendinga Sports Calendar 2004 is done, have you purchased one yet ? They are going fast. A keepsake for your family & friends.

Available at the Village Variety & the Administration Office

## Tyendinga Sports Team Calendar 2004

Take a look at one to see if your picture is in the calendar !

Darlene Loft (613)396-3421 ex 107  
darlene1@mbq tyendinga net  
Mohawks of the Bay of Quinte  
R.R # 1 Tyendinga Mohawk Territory  
Ontario . KOK IXO



**A fundraiser for children's sports**  
**Special price of \$5.00**  
**Nia:wen for your support**

# RECREATION

## SOSEMANUK (SNOW SNAKE)

This is a popular winter sport played by many of eastern Canadian tribes. The Cree from the Piapot area remember chanting certain songs before they threw the stick.

**Equipment:** A stick made from hardwood, about two or four feet in length. The front end is wider and thicker than the handle and is curved upward or has a small ball on the end. The stick should be well polished so it will be able to glide easily.

### How to Play

1. The game is played near a well-iced snow bank.
2. The object of the game is to bounce the stick off the bank and slide the "snake" further than your opponents.
3. The head of the stick is held between the thumb and forefinger and swung like a pendulum. It is then released underhand with a sweeping motion.

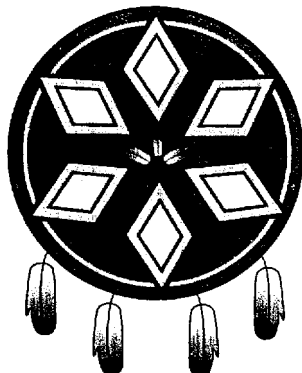
### Variations

1. **Bouncing Stick Game (Kwakweco-cime win):** The throwing stick is constructed from a long piece of thin wood. A buffalo horn which has been scraped thin is fitted on the end. The horn is secured on the stick with frozen fat. The stick is thrown in a fashion similar to that of a javelin and sent sliding over a length of smooth snow.
2. **Gliding Sticks:** The throwing stick can also be used on a prepared course such as a zigzag path down a hill or an iced barrier course. Hardwood sticks about two feet long are used in this game. They are whittled flat on one side and bear a design on the larger side. When a hillside is used, the snake is launched rather than thrown from the top of the track.



Recreation  
Promoting Healthy Living

# Ennihsikko:wa/March.04



Phone (613)396-3424 ext. 107  
Fax (613)396-3627  
E-mail darlene@mbq tyendinaga net

Community Events  
Check the Newsletter for more information

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Soccer 6 to 8 QMS	2 Basketball Fun 6 to 7:30 QMS	3 Pool pass Swim in Na- panee 6 to 7	4	5 Volleyball Night QMS	6 Volleyball Tour. 9am QMS (613)328-9022
7	8 Smoke free home contest This week	9 Line Danc- ing 7pm to 8:30 C.C	10	11	12 Every Friday YMCA night.	13 Women's Day c . c
14	15 March Break No Soccer	16 Basketball Fun Day 8:30am to 4pm QMS	17	18	19 Youth Dance C.C 6 to 10	20
21	22	23	24	25	26. Every Fri- day, free swim in Napanee 6 to 7	27
28 Bowling Tour. 9am Plaza	29 Soccer fun until April 5	30 Basketball Fun until April 20	31	Pool Passes Available at the Admin. Office	C.C means, Community Centre	April 10 Six Nations Sing HOPE

## UPCOMING EVENTS

### Six Nations Sing Being Hosted In Tyendinaga



Tyendinaga is hosting the Six Nations Confederacy Sing, April 10, 2004. This event is a gathering of Six Nations Sing Society from all over Haudensaunee Country. The Sing is held every year in the spring and in the fall to share new songs, to dance and to celebrate. We are anticipating about 1000 people for this one-day event. We are in need of many, many helping hands. This is a wonderful opportunity for meeting new people and making new friends.

If you are able to volunteer your services please plan to attend a planning meeting. Meeting will be held every Monday evening at 6:00pm at Ohahase, 314 Airport Road.

Watch for flyers and plan to attend the Sing!



### Basketball Fun Night !

**Never to late to Resister**

**Tuesday March 2nd to April 20/04**

**6 pm to 7:30 pm**

**Coaches: Dan Chase**

**Robert Maracle**

**( Andrew. B & Andrew. S.)**

**Tracy Ford & Mark Ford**

**Erik Anderson (a couple of times in March)**

**For more information contact the Recreation  
Department**

**(613) 396-3424 ext#107 (Student volunteers welcome)**

### Big bike For Stroke 2004

We need 24 riders for Tyendinaga's  
Big Bike on Saturday June 19/04  
10 am to 11 am

For more information call  
(613) 396- **3424** ext. 107

Check out the web. <http://www.mbq.tmt.org/>  
For update information or to signup.

So far we have the following signed **up**:  
Mrs. Manderville, Mr. Ellis, Joy Brant, Greg Loft  
Darlene Loft



### ROUND UP CALL FOR LINE DANCING

EVERYONE WELCOME

**TIME: 7:00 - 8:30**

**PLACE: MOHAWK COMMUNITY  
CENTRE**

**1807 YORK ROAD**

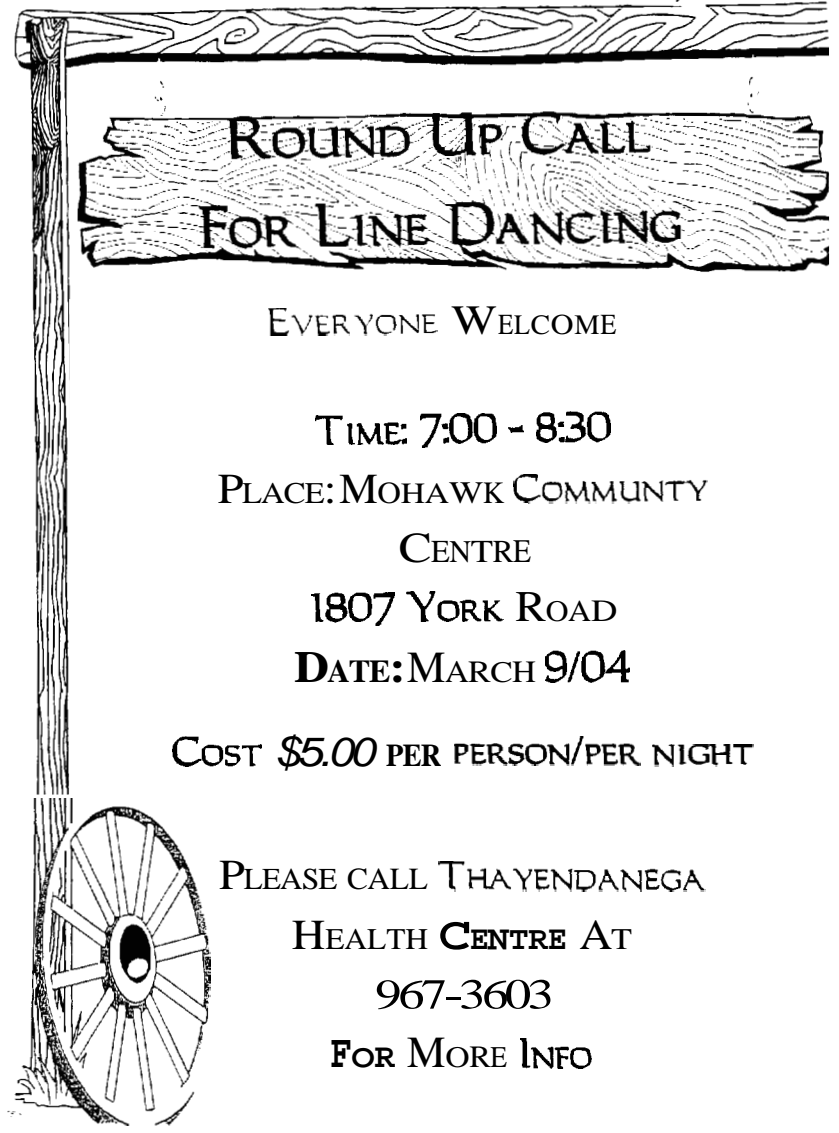
**DATE: MARCH 9/04**

**COST \$5.00 PER PERSON/PER NIGHT**

**PLEASE CALL THAYENDANEGA  
HEALTH CENTRE AT**

**967-3603**

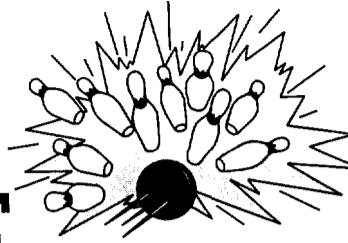
**FOR MORE INFO**



**UPCOMING EVENTS**

**10 PIN  
BOWLING  
TOURNAMENT**

( no tap 10pin )



Sunday, March 28  
Registration at 8:00 a.m. Start time 9:00 a.m.  
Belleville Plaza  
2 or 4 person teams wanted



For more information call:  
Kevin Brant 396-2570 and leave a message

*Everyone Welcome!*

*Proceeds to the Routes to Roots Program  
at Moira Secondary School*

Red Cedars Shelter presents

Calling all women of the territory 19 years of age and older

Come out and join us for the:

**5th ANNUAL  
"HONOURING OUR WOMEN DAY"  
2004**

Come out and join us and treat yourself for a day of pampering and relaxation  
Laugh and giggles are a must but will also have:

Hair cuts, massages, manicures, facials, door prizes, draws and much, much more

Lunch will be provided

Location: Community Center

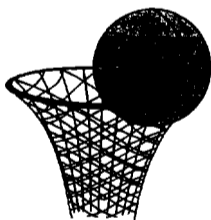
Date: March 13<sup>th</sup> 2004

Time: 10am until 4pm

For more information please call:

Tanya Maracle Outreach Worker at 967-6544 (tanyam@kos.net) or Red Cedars Shelter 967-2003 (redcedar@kos.net)

**Youth Basketball Fun Day**



Spaces still **available!**

If your looking for some fun during the March break, why not join us for our Intramural basketball tournament. You don't have to be on a team to play just come on out.

It is open to our youth ages 13-18 and its **Free**

Where: Quinte Mohawk School

When: Tuesday March 16, 2004

Time: 8:30 am-4:00 pm.

(Coordinated by Bev Maracle)

Every participant gets a free ticket with a chance to win a \$25 or other prizes to be drawn throughout the day

If you would like to be apart of this fun filled day give me a call at 967-3603 to register.

(If I'm not in please ask for Wendy)

Transportation will be provided if necessary

Free  
Snacks &  
Lunch

Sponsored by  
Thayendanege Health Centre  
National Native Alcohol & Drug Abuse Program  
Drug & Alcohol Free Event



## UPCOMING EVENTS

How You Can Help Your Community!  
It's easy and rewarding!

The Canada Customs and Revenue Agency has administered the "Community Volunteer Income Tax Program" for over thirty years. What is it? It is a community-based program designed to help low-income individuals with simple tax situations complete their income tax and benefit returns, **free of charge**.

The Canada Customs and Revenue Agency would like to once again establish this program in your community for this year's tax season. (Feb - April 30)

We need volunteers who are willing to give their time and energy to help others complete their tax returns. We will provide our volunteers with free tax training sessions, and a kit of handy reference materials.

We need your time and dedication to provide this important community service to individuals who have low income and are unable to pay for assistance.

If you are interested in becoming a volunteer or learning more about the program please contact Brian Miller, Volunteer Co-ordinator at the Belleville Tax Services Office at 613-391-2663. You may also visit our internet site at [www.cera.gc.ca/volunteer](http://www.cera.gc.ca/volunteer)

The "Community Volunteer Income Tax Program" will be offering tax preparation clinics on each Wednesday evening during the month of March. The clinics will be operating from 5 pm to 7 pm at the Holy Trinity Church Community Hall located at 104 Yonge Street in Shannonville.

If you are a low-income earner and would like free assistance with the preparation of your individual income tax return, please plan to attend one of our above-mentioned clinics. Should you have any questions, please contact Elvin Green at (613) 391-2738



### UPCOMING EVENTS AT THE ORANGE LODGE



#### EUCHRE NIGHTS

Every other Wednesday at 7:30 p.m.



#### BINGO NIGHTS

Every Friday at 7:00 p.m.

#### MONTHLY DANCES

8:00 p.m. - 12:00 p.m.

\$8.00 per person includes lunch  
1st, 2nd, 3rd & 4th Saturday of every month.



Holy Trinity Church Shannonville  
Welcomes you to our



## Soup/Chili and Dessert Sunday

**March 21, 2004**  
**noon - 2 p.m.**

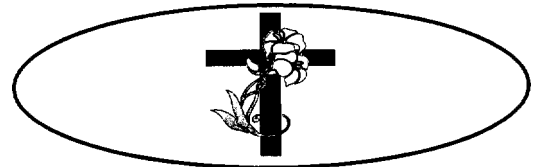
### Menu

- \* Homemade Soup/Chili & Bread \*
- \* Ice Cream & Jello \*
- \* Beverages \*

Shannonville Community Hall  
104 Yonge St. (at the church)

\$5.00 adults, \$3.00 children 12 and under.

*Come and enjoy the food, fellowship and fun.*



### Gospel Music Night

March 21  
2 - 4:30 p.m.  
Pat's Variety

### Soup/Chili and Dessert Sunday

March 21  
12 - 2 p.m.  
Holy Trinity Church Shannonville

### Annual Cookie Sale

March 27  
10:00 a.m. - sell out  
All Saints Church - Queen Anne Parish

### Mid-Week Eucharist

Wednesdays  
7:00 p.m.  
All Saints Church

## Easter

April 4, Palm Sunday  
10:30 a.m.  
Andrew Martin's Music Ministry  
Christ Church

April 9 - Good Friday  
11:00 a.m.  
Passion Play - Christ Church

Easter Day - 9:30 a.m. All Saints Church



# CLASSIFIED

## FOR SALE

**6' WIDE SNOW BEAR SNOWPLOW**  
 - can mount to 112 ton pickup truck to a van  
 - new harness  
 - spring loaded blade with a hoist for lifting and lowering  
 - can be angled left or right or straight  
 - paid **\$1200.00** and will sell for **\$650.00**

Call **396-3957** for more information

## LANDFORSALE

- south Church Lane #174  
 - fenced lot 100' X 200'  
 - cleared & grass cut  
 - sewer, electricity & water available  
 - **\$10,000.00**

Call **968-6626**

**CLOTHING**  
**Repairs or Alterations**  
**CALL**  
**962-0938**

## LAND FOR SALE

**WATERFRONT LOT**  
 - on the Bay of Quinte  
 - located along Cedar Glen Road **across from #60**  
 - **75 ft.** frontage  
 - survey complete  
 - get it now before it's gone

Call **Sam: 962-2439**

## LAND FOR SALE

**WATERFRONT LOTS**  
 - Hickory nut grove  
 - **100'** frontage X approx. **466'**  
 - serviced road and hydro  
 - will hold mortgage

Call: Glenn Hill **962-5470**

## (LAM) FOR SALE

- 500 frontage, **375'** deep  
 - located on Norways Rd.  
 Tyendinaga Reserve

- Please call Bruce or Mary Loft at **962-7420** at B. & M. Variety Norways Road Tyendinaga Mohawk Territory

## FOR SALE

**SEARS CONVENTION MICRO WAVE OVEN**  
 - value **\$600.00**  
 - will sell for **\$300.00**

Please call after 6 p.m. **613-967-6082**

## FOR SALE

- one **4.18** acre parcel of land  
 - located on the Upper Slash Rd. west of Larry Norman's home  
 - namely lot **10E-2** Concession 2 on plan number **60489**  
 - **247** Ft road frontage X **719.30** ft depth

CONTACT: Freda Baptiste - **966-484** for more information

## CHILD CARE PROVIDER

- Mother of one  
 - C.P.R. & First Aid trained  
 - No pets, lots of T.L.C. in a clean environment  
 - Healthy meals & snacks  
 - Located in the subdivision on Huron Brant Dr.

Call Angela at **396-6564**

## FOR SALE

**1997 GRAND AM SE**, 99,000 KM  
 - excellent condition, v/6 engine, **155** horsepower (quick)  
 - 4 door, white with grey interior  
 - am/fm stereo cassette  
 - power steering, new brakes, power mirrors & windows, utility trailer hitch, automatic floor shift with console, air conditioner, cruise, tilt, tachometer and remote auto starter, **ABS** brakes and limited slip differential, fully certified and E. tested, new tires (not on), special aluminum alloy mag wheels.  
 - back seat fold down **40/60** for extra long items, tinted windows. etc.  
 - asking price **\$7,500.00**

for more information call **613-396-3957**

## MILL TOWN MEATS

- **Corn Fed Beef**  
 - **Quarters & Half Cuts of Beef**  
 - Wrapped & Frozen  
 - Individual pieces sold at **home AAA Beef**

*Make your own Soup!*  
*Lyed Corn, Beam, Special Pork!*

Call: **Glenn Hill 962-5470**

## LAND FOR SALE

MILLTOWN ROAD Tyendinaga

Call after 5 p.m. or leave a message **396-5216**

## LOST

- White Persian Cat  
 - **missing** since Dec. 10  
 - between Church Lane & the Rectory (along the pathway)  
 - arthritic condition and needs medication

Call: **Lorraine Brant 396-6522**

## FOR SALE

- **1998** Dodge Caravan  
 - **130,000** km.  
 - 7 passenger seating (bench style)  
 - **3.0L** engine, E tested in **2003**  
 - CD player with cassette  
 - new tires & brakes in **2003**  
 - new thermostat in **2004**  
 - price: **\$6000.00**

Contact Taaya Bardy at (home) **396-1862** after **6:00** p.m. Or **396-6742** (work)  
 Can be viewed at **990A hwy 49** Tyendinaga Mohawk Territory

## FOR SALE

**RESERVE LAND**  
 - located on north side of hwy # 2  
 - east of Belles Side Rd. to the town of Deseronto boundary  
 - access to piped water and gas  
 - excellent location for commercial development - acreage available  
 - one acre building lots with 100' highway frontage also available  
 - building lots also available on Belles Side Rd.

If interested call: **969-1070**

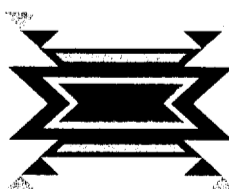
## WANTED TO RENT

**AGRICULTURE LAND**  
 - highest price paid for top quality land  
 Please call and ask for Gerard or Mark at **396-3768** or **519-274-3774**

## FOR SALE

### FURNACE OIL

delivered at  
**Low Low Prices!!**  
 Call **966-6306**  
**8 - 5 p.m.**



## LAND FOR SALE

- Lot **34C-2**, Con. 2 - Approx. 1 Acre  
 - Parcel A, Lot **34**, Con. 2 - Approx. **23.63** Acres  
 - Parcel A, Lot **35**, Con. 2 - Approx. **23.46** Acres

For more information, please contact Shirley Maracle at **480-348-0976** or Ken Brant at **396-3424**

## CHILDCARE AVAILABLE

- Mother of three  
 - C.P.R. & First Aid trained  
 - Healthy meals & snacks provided  
 - Lots of room to play  
 - Central air conditioned

Please call Nancy: **3%-3963**

## FOR SALE

**WILLS JET MOBILE WASH**

Please call: **396-5743** for more information

## FOR SALE

**1994 CHEVY S 10**  
 - pwr window, locks & mirrors  
 - am/fm cassette  
 - **\$3,000.00** or Best Offer

Call **3%-5994**

## FOR SALE

**HOUSE OIL TANKS**  
 - **\$350.00** per tank  
 - installation available

Call: **921-0726** cell or **396-6206**

## LOTS FOR SALE

- large lots with frontage on Sucker Creek  
 - approx. 100' frontage X **600'**

Please call: **476-9900**

## FOR SALE

**APARTMENT SIZE WASHER**  
 - fully automatic, new condition  
 - **\$250.00**

**VAN SEATS WITH CONSOLE**  
 - 2 available **\$75.00** each  
 - blue colour

Please call **3%-3726** or **396-6328**