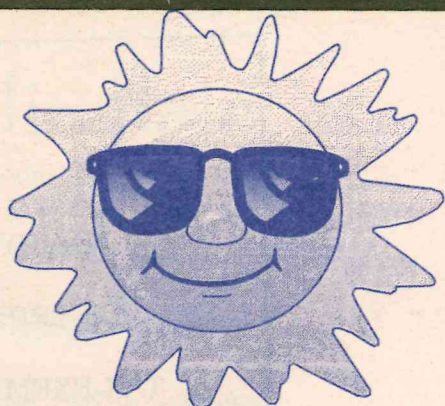


# TYENDINAGA NEWSLETTER



## ISSUE 3/06



**SPRING**  
**IS NEAR**



### In this Issue:

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Newsletter Deadline

Friday, March 24

12:00 noon

396-3424

*We're on the Internet*

[www.mbq-tmt.org](http://www.mbq-tmt.org)

**PLEASE NOTE THAT T.M.C.  
MEETINGS ARE  
SCHEDULED FOR:**

**Wednesday, March 15**  
(9:00 a.m. Regular)

**WEDNESDAY, March 8 &  
March 22**  
(Local Business) at 7:00 p.m.

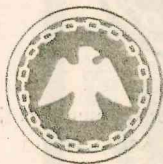
### JOB POSTINGS

Positions that become available with the Mohawks of the Bay of Quinte can now be viewed on the Tyendinaga Mohawk Territory Web Site.

[www.mbq-tmt.org](http://www.mbq-tmt.org)



# ADMINISTRATION



## MOHAWKS OF THE BAY OF QUINTE

R.R. #1, Tyendinaga, Mohawk Territory, Ontario, K0K 1X0

Phone: (613) 396-3424 • Fax: (613) 396-3627

To The Members of  
The Mohawks of the Bay of Quinte  
From the Chief

March 1, 2006

Seken Sewakwekenh:

I regret to inform you that I am unable to provide you with a comprehensive report in this issue due to a hectic schedule of meetings that have occurred this past month.

I look forward to keeping you informed in an upcoming report on the status of ongoing issues that affect our community and Native people in general.

Niawen;

R. Donald Maracle  
Chief

## Now Available!

The Administration Office is now on line  
to receive your payments by on line banking  
or telephone banking.

For more information please call Carla: 396-3424

### Your Participation in Important!

If you smell odours from the Richmond Dump,  
It is important to report the day, time, and location  
to:

The Ministry of the Environment  
Spills Action Center  
Daytime call 1-800-267-0974, Andrew Morley ext. 2660 or  
Penny Stewart ext. 2662  
After Hours call 1-800-268-6060  
Waste Management Call (613) 388-1057 or  
after hours call  
388-2798 or 1-800-465-4551

Keep track of smells and share it with the Concerned Citizens Committee,  
by contacting,  
Steve Geneja 969-0286, (fax) 969-9830  
or by email to [withonevoice@ihorizons.net](mailto:withonevoice@ihorizons.net)

We now have updated policies for business registration  
and tobacco quota. If you have any questions or concerns  
please contact the Economic Development Office

396-3424.

### POLICY FOR THE DISTRIBUTION OF TAX-EXEMPT TOBACCO PRODUCTS ON THE TYENDINAGA MOHAWK TERRITORY

*Policy for the Distribution of Tax-Exempt Tobacco Products on the Tyendinaga Mohawk Territory*

1.

#### PURPOSE

- a. The purpose for the Policy for the Distribution of Tax Exempt Tobacco Products is to monitor the dissemination of tax exempt tobacco products for business operations located on the Tyendinaga Mohawk Territory.
- b. Tax exempt tobacco products acquired under this policy must be offered for retail sale to the Mohawks of the Bay of Quinte members and other Status Indians.

2.

#### ELIGIBILITY

- a. The retailing of the tax exempt tobacco products can be accessed by registered businesses on the approval of Tyendinaga Mohawk Council.
- b. In order to make an application, Status Mohawk citizens of the Tyendinaga Mohawk Territory must be in compliance with the *Policy for Issuance of Business Registrations on the Tyendinaga Mohawk Territory* and must hold a valid Business Registration.
- c. Registered business owners who have more than one business may be eligible for a Tobacco Wholesale Permit for each business to a maximum of 3 tobacco quotas. A maximum of 2 quotas may be allocated for any one business 911 address.
- d. Registered businesses wishing a Tobacco Wholesale Permit must also offer at least one of the following for sale:
  - i. Convenience items (bread, milk, etc.)
  - ii. Candy/snacks (pop, chips, etc.)
  - iii. Prepared meals (either eat in or take out)
- e. Independent businesses operating at the same location must each have independent tobacco display visible and tobacco products must be available for sale at each independent business checkout.
- f. If the Tyendinaga Mohawk Council grants a tobacco Wholesale Permit, the business is authorized to receive and distribute tax-exempt tobacco products within the regulations of this policy.
- g. However, the receipt of a Business Registration and receipt of a Tobacco Wholesale Permit does not automatically make a business eligible for receipt of tax exempt tobacco products. The Ministry of Finance, Tobacco Branch makes annual allocations of quota of tax exempt tobacco products. Quotas will be distributed if the supply exists.



# ADMINISTRATION

- h. Businesses must have a permanent location which meets all building and health code regulations.
- i. Businesses must be externally identified with signs clearly visible to the public.

## APPLICATION

- a. Applicants must have a valid Business Registration as issued by the Tyendinaga Mohawk Council before applying for Quota.
- b. Applicant must be in compliance with all eligibility requirements under section 2 of this policy.
- c. The applicant must complete an Application for Wholesale Permit to Purchase Tax Exempt Tobacco Products (Tobacco Wholesale Permit), which may be made at the Tyendinaga Administration Office.

## REVOCATION OF TOBACCO WHOLESALE PERMITS

- a. Permits may be cancelled by Economic Development Office, with written notice, after every effort has been made to correct any violations of the regulations under this policy, the *Policy for Issuance of Business Registrations on the Tyendinaga Mohawk Territory* or the Permits may also be revoked if:
- the holder is convicted of an offence involving tobacco distribution or the tobacco industry, including sales to minors.
  - the holder fails to utilize a substantial portion of his/her quota without just cause.
  - the holder ceases to operate a business as defined by this policy.
  - is in contravention of this policy.

## TRANSFER OF PERMITS

- a. Permits or quotas are not transferable and must be returned to the Tyendinaga Mohawk Council should the permit no longer be needed by the holder. Permits are applicable only to the registered business and owner.

## QUOTAS

- a. The Tyendinaga Mohawk Council will charge an administration fee of \$2.00 per carton which will be used to fund community programming and policy compliance. Terms of reference will be established under a separate policy to ensure transparency and separation of funds for audit purposes.
- b. All quota not purchased by February 28 of each calendar will revert to the Tyendinaga Mohawk Council.
- c. The Tyendinaga Mohawk Council will retain all surplus quotas for distribution in the month of March.
- d. Surplus quota will be available for sale to registered tobacco retailers at a cost of \$2.00 per carton on or about March 15 of each calendar year. The sale of the surplus quota will remain in a fund to be utilized by Tyendinaga Mohawk Council to fund community programming and policy compliance.

## QUOTA ALLOCATION

- a. Quota is determined by Ministry of Finance, Tobacco Branch.
- b. Quota is divided equally into four quarters.
- c. Quota will be allocated equally among eligible businesses each quarter.
- d. Quota will be allocated four (4) times each fiscal year; on or about April 20 on or about July 20, on or about October 20 and January 20. In each quarter qualified businesses will be notified of their potential allocation. Payment of \$2 per carton must be received in full by MBQ before the allocation will be made to any business.
- e. Allocation will be based on all approved Tobacco Permits and Business Registrations on those dates.
- f. Only businesses who have purchased their quota for the previous quarter will be eligible the following quarter. Exception is the businesses' first allocation or any allocation period in which the businesses has voluntarily excluded themselves in advance (ie. where the allocation is not required by the business and the business has notified the Economic Development Office in advance).

## APPEALS

- a. The Tyendinaga Mohawk Council shall act as an Appeal Board.
- b. All appeals must be made in writing within thirty (30) days of the initial notice. Copies of the appeal notice must be sent to the members of the Appeal Board.
- c. The Appeal Board shall notify the appellant of the date, time and place of hearing within twenty (20) days of receipt of notice to appeal. All documents relevant to the appeal must be presented to the pertinent parties at least ten (10) days prior to hearing.
- d. All decisions of the Appeal Board are final. However, should circumstances change, the business may re-apply for a permit.

## ACCEPTANCE

- a. Duly accepted by a quorum of the Tyendinaga Mohawk Council this 7<sup>th</sup> day of February, 2006.

Chief R. Donald Maracle  
Chief R. Donald Maracle

## POLICY FOR THE ISSUANCE OF BUSINESS REGISTRATIONS ON THE TYENDINAGA MOHAWK TERRITORY

## PURPOSE

- a. The purpose of the Policy is the registration of businesses, callings, trades and occupations located and operated within the boundaries of the Tyendinaga Mohawk Territory.
- b. All Businesses based on Tyendinaga Mohawk Territory must be registered under this policy in order to be considered legitimate.

## DEFINITIONS

- a. **Act** means the Indian Act, RSC, 1985, c I-5.
- b. **Business** means a calling, trade, occupation, employment or profession, vocation, commercial activity, or an enterprise which habitually busies, occupies or engages the regular time, attention, labour and effort of the registrant or person(s) for the purposes of gain, benefit, advantage, livelihood or profit, or in which the registrant or person(s) show(s) willingness to invest time and capital on a future outcome.
- c. **Calling** means a business or profession as defined in this policy.
- d. **Council** means the duly elected officials of the Tyendinaga Mohawk Territory No. 38.
- e. **Member** means a person who lawfully possesses a status card and membership with the Mohawks of the Bay of Quinte.
- f. **Occupation** means a business or profession as defined in this policy.



# ADMINISTRATION

- g. **Person** includes not only an individual member as defined in this policy, but also a partnership, syndicate, association, corporation or the agent or trustee of a person.
- h. **Profession** means a vocation, occupation or calling requiring special, usually advanced, education and skill as defined in this policy.
- i. **Registrant** means those persons eligible to apply for and/or possess a business registration as defined in Section 4(a) of this policy.
- j. **Trade** means a business as defined in this policy.
- k. **Tyendinaga Administration Office** refers to the administrative component of the Council.
- l. **Tyendinaga Mohawk Territory** means the current legal description and boundaries of the Tyendinaga Indian Reserve No. 38.

## REQUIREMENTS FOR BUSINESS REGISTRATION

- a. Every business within the Tyendinaga Mohawk Territory that applies for a Wholesale Tobacco Permit shall hold a valid business registration under this policy and be recognized under Schedule 1. Only registered businesses are considered legitimate.
- b. Any person carrying on more than one business within the Tyendinaga Mohawk Territory must obtain a separate business registration for each business.
- c. Every business registration issued under this policy is valid and permits the registrant to carry on the business in a lawful manner.
- d. The registrant or person in charge or control of the premises where the business is conducted shall at all times keep the business registration prominently displayed in an area visible to the general public.
- e. The registrant must notify the Council or its representative of any change in:
  - i. the mailing or business address
  - ii. the type of business (as per Schedule 1)
  - iii. the area of the premises
  - iv. any substantial physical alteration to the premises in which the business is conducted
- f. Upon the closing of the business, the registrant shall surrender the business registration to the Council.

## APPLICATION

- a. Only members of the Mohawks of the Bay of Quinte who wish to conduct business shall apply in writing to the Tyendinaga Mohawk Council for the issuance of a business registration. Applications are available at the Tyendinaga Administration Office, Tyendinaga Mohawk Territory, Ontario, K0K 1X0. Application for Business Registrations must be completed in their entirety.
- b. Every person applying for a business registration under this policy that is governed or requires registration by any federal statute or self-regulating professional body, must supply proof of his or her qualifications and of the qualifications of the employees to carry on such a business.
- c. Where the applicant is a corporation or partnership with one or more Status member(s) of MBQ, proof of incorporation or partnership (including ownership division) must be provided. Status members of MBQ must hold a majority ownership of the business.
- d. Where the applicant is a corporation or partnership or an individual(s) with NO Status member(s) of MBQ as owner of the proposed business, a special application to the Tyendinaga Mohawk Council may be submitted with their application outlining how their business will make a positive impact on the Tyendinaga Mohawk Community. IF THIS BUSINESS IS GRANTED A BUSINESS REGISTRATION, IT WILL NOT BE ELIGIBLE TO RECEIVE A TOBACCO QUOTA.
- e. The proposed business must be within the defined boundaries of the Tyendinaga Mohawk Territory.
- f. Applications must be signed and completed in its entirety stating:
  - i. Applicant's Name
  - ii. Applicant's Band Number
  - iii. Applicant's Residential Civic Address
  - iv. Applicant's Residential Phone Number
  - v. Name of Business
  - vi. Address of Business
  - vii. Phone/Fax Number/E-Mail Address of Business
  - viii. Type/Nature of Business (as per schedule 1)
  - ix. Seasonality of Business and Duration of Season;
  - x. Days and Hours of Operation;

- xi. New/Renewal Application;
- xii. Proof of Registration Pursuant to Federal Statute or Self-Regulating Professional Body
- xiii. Proof of Incorporation, Partnership, Syndication or Association
- xiv. Preliminary Environmental Screening Section

## ISSUANCE OF BUSINESS REGISTRATIONS

- a. The Tyendinaga Mohawk Council is responsible for the issuance of business registrations; the distribution of tobacco quotas is the responsibility of the Ministry of Revenue, Motor Fuels and Tobacco Tax Branch.
- b. The Tyendinaga Mohawk Council, in an effort to protect the environment, has incorporated the requirement to provide preliminary project information to determine potential adverse environmental effects. The Preliminary Environmental Screening Section must be signed by MBQ's Technical Department. The applicant may also be required to submit an Environmental Assessment completed by a qualified person submitted with the completed registration form.
- c. Only one (1) registration will be allowed for each business. Business Registrations must be placed in the name of the individual and shall be deemed a personal registration to the registrant. The holder of registration must also be majority owner/shareholder/partner of the business.
- d. The registration will be issued for two (2) years and registration holders must renew application. It shall be the responsibility of the registrant to apply for a business registration renewal.
- e. The registration of a business does not give business special powers. Should a business require special licenses, permits or certification, this business registration does not exempt a business from obtaining the necessary documents.
- f. Unincorporated businesses are deemed to be the personal property of the registrant and, as such, qualifies for all applicable protection and benefits afforded under the Indian Act in the same manner as its owner(s).
- g. Upon a business registration applicant meeting the provisions for the issuance under section 5(g) and Schedule 1 of this policy a business registration shall be issued to the applicant.
- h. Any application for license under this policy shall be made to the Economic Development Office using Form A, enclosing necessary certificates of compliance in relation to Schedule 1 requirements.
- i. The Council shall, upon receiving an application (and recommendation from the Economic Development Officer) for a business registration, promptly issue by delivering or mailing a business registration to the applicant at the address shown in the application provided:
  - i. The Council is satisfied that the applicant's business complies with all provisions in any of the other Mohawks of the Bay of Quinte's By-law(s) and/or policies; and
  - ii. The Council is satisfied in respect to a business involved in the sale of food or drink, or where food is handled or stored, the applicant has a certificate confirmation from an authorized Health Officer as determined by Tyendinaga Mohawk Council.
  - iii. The Council is satisfied in respect to a business involved in the sale or storage of bulk petroleum products that the business be in compliance with all Technical Standards and Safety Authority Regulations. Tyendinaga Mohawk Council recognizes the TSSA as the knowledgeable authority in the safe handling of bulk petroleum and fuel products
  - iv. The Council is satisfied that the applicants business complies with all the requirements under Schedule 1.
  - v. the application complies with this policy; and
  - vi. the applicant has disclosed all required information in the application form; and
  - vii. the applicant's business would not be detrimental to the health, welfare, safety, morality and environment of the inhabitants of the Tyendinaga Mohawk Territory; and
  - viii. the Council's investigations do not disclose any reason to believe that the carrying on of the said business may result in a breach of the law, or may be in any way adverse to the public interest.
- j. If the applicant or registrant fails to comply with or the Council is not satisfied with information received from the applicant or registrant under section 5(h) of this policy and Schedule 1 of this policy, the Council shall forthwith (on the recommendation of the Economic Development Officer) serve the applicant notice of the refusal to issue the business registration, stating the reason(s) for refusal and said notice will be served personally or by registered mail to the applicant at the address shown in the business registration application.



6.

## REVOCATION AND ENFORCEMENT OF BUSINESS REGISTRATIONS

- a. Tyendinaga Mohawk Council reserves the right to revoke Business Registrations (on the recommendation of the Economic Development Officer) if:
  - i. After issuance of a Business Registration, a business fails to comply with 5(h), Schedule 1 or any other parts of the Policy.
  - ii. The business being conducted is not that as is described in the application for business registration.
- b. If an application for a business licence is denied or a licence is revoked, Tyendinaga Mohawk Council reserves the right to contact known suppliers to advise them of non-registration.
- c. All registered legitimate businesses will have Mohawks of The Bay of Quinte Business registration displayed publicly.

7.

## APPEALS

- a. Appeals must be made in writing within sixty (60) days of the initial notice. Copies of the appeal notice must be sent to the Tyendinaga Administration Office.
- b. The Council must notify the appellant of the date, time and place of hearing within thirty (30) days of receipt of notice to appeal. All documents relevant to the appeal must be presented to the pertinent parties within ten (10) days.
- c. At the appeal hearing, the onus will be upon the appellant to show just cause why the business registration applied for should be granted or that revocation was done in error.
- d. If the appellant agrees at the review hearing to accept conditions upon the registration, Council may render a decision granting the appellant the registration applied for upon such conditions as it considers fair and appropriate.
- e. Council will give its decision in writing to the appellant as soon as reasonably possible.
- f. If Council renders a decision granting the appellant the registration applied for, the registration will be issued upon the appellant complying with this policy.
- g. If Council renders a decision declining the appellant the registration applied for and should circumstances change, the appellant may re-apply for a registration.
- h. All decisions of the Tyendinaga Mohawk Council are final.

7.

## TRANSFER OF BUSINESS REGISTRATIONS

- a. Business Registrations are not transferable and must be surrendered to the Economic Development Office upon the sale, dissolution, termination or winding up of the business, the business ceases to operate or if the type or nature of the business substantially changes.

8.

## REGULATIONS OF BUSINESS

- a. Businesses must have a permanent location on the Tyendinaga Mohawk Territory.
- b. Businesses must comply with Schedule 1 of the Policy in regards to additional regulations that must be met. Schedule 1 may change from time to time as authorized by Tyendinaga Mohawk Council Motion. All charges with respect to inspections must be borne by the business.
- c. Representative(s) of the Tyendinaga Mohawk Council will be allowed to inspect the business premises during normal business hours. Where a situation arises compromising the health and safety of citizens of Tyendinaga Mohawk Territory, representatives of the Tyendinaga Mohawk Council or agents of the Tyendinaga Mohawk Council may suspend business operations until such time as the business meets all health and safety standards.
- d. Council may make regulations pursuant to this policy.

9.

## ACCEPTANCE

- a. Duly accepted by a quorum of the Tyendinaga Mohawk Council this 7<sup>th</sup> day of February, 2006

D. Donald Maracle  
Chief R. Donald Maracle



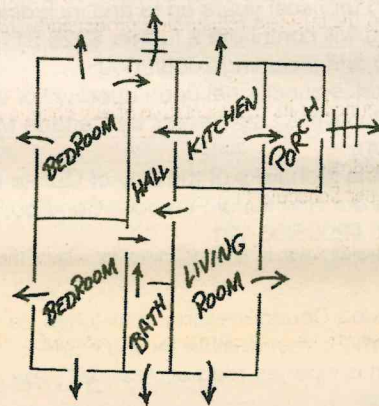
# MOHAWK FIRE DEPARTMENT

The Mohawk Firefighters in February responded to 8 calls:

**2 Medical Assists**  
**1 Downed Wires**  
**1 Motor Vehicle Accident**  
**1 Ice Rescue**  
**3 Tanker Assists**

This brings the total to 11 calls for the year 2006.

## KNOW WHERE TO GO



**Develop and practice a home fire escape plan so if a fire starts everyone knows two ways out of every area.**



## A FRIENDLY REMINDER

The Water Sampling Program will continue throughout the year. Reminder to community members, I will be around to each of your homes as quickly and sufficiently as I can.

It's important to have your water tested at least three times per year, with one of those samples taken in the spring.

If you do not wish to have any samples taken at your house please call to have your named removed from the list. This also ensures that other homes that wish to have samples taken receive earlier service.

For more information or to arrange an appointment please call the Mohawk Administration Office, 396-3424 ext. 129. Keep in mind appointments are made at your convenience.

Nia:wen



# T.M.C. MEETING MINUTES

## TYENDINAGA MOHAWK COUNCIL MINUTES JANUARY 11, 2006

A meeting of the Tyendinaga Mohawk Council held on Wednesday, January 11, 2006 in the Council Chambers for Local Business continued as regular business.

Present: Chief R. Donald Maracle was absent; attending a Richmond Landfill meeting at Strathcona Paper Centre in Napanee  
Councillors: Trevor Lewis, Roy C. Maracle, Blaine Loft and Barry Brant  
Staff: Steve Mercer, CAO

Community member: William J. Brant

Chiefs of Ontario Special Chiefs Meeting is scheduled for February 9-10, 2006 at Rama.

Glenn Hill, Audrey Maracle and Shelley Brant attended Council regarding the six Canadian Human Rights complaints filed against the Mohawk of the Bay of Quinte - felt Council should not be involved in Church business - Church Wardens not being informed. Wanted to know where the two furnaces that were replaced went.

Steve Mercer is to research where furnaces are and savings on oil.

**MOTION #4:** Moved by Roy C. Maracle, seconded by Barry Brant  
Whereas the Mohawks of the Bay of Quinte's housing program funded under Canada Mortgage and Housing Corporation's Section 95 - 2% program has been experiencing financial difficulties as a result of mortgage renewals at a lower interest rate.  
That as a result of these difficulties we hereby submit our application under CMHC's Additional Financial Contribution.  
That in consideration for this Additional Financial Contribution, we hereby confirm that the Mohawks of the Bay of Quinte will contribute \$710,775 for fiscal years up to and including the 2004/2005 fiscal year and will contribute a further \$226,911 for fiscal years 2005/2006 to and including 2008/2009.  
That this contribution is conditional upon approval of the Additional Financial Contribution (AFC) agreement by Canada Mortgage and Housing Corporation.  
Be it resolved that the Mohawks of the Bay of Quinte hereby request approval of our Additional Financial Contribution application. M.C.R. #2005/06-121

Carried.

Cherylann Brant and Lester Brant attended Council regarding Witches Lane being snow plowed by the Roads Department and who is responsible for the costs to install telephone cable along Witches Lane, an unopened road allowance? The cost to install cable is \$1,000, if done by March 6<sup>th</sup>.

Council will review the issue and let Cherylann Brant know their decision on the Bell telephone line installation.

**MOTION #5:** Moved by Trevor Lewis, seconded by Barry Brant that this meeting be adjourned. (10:10 p.m.)

Carried.

### Summary of Private Minutes:

- Approved one home renovation loan totaling \$22,168
- Deferred one home renovation loan request for more information

Recorded by:  
Molly Kohoko

Steve Mercer  
Chief Administrative Officer

*R. Donald Maracle*  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council.

## TYENDINAGA MOHAWK COUNCIL MINUTES JANUARY 18, 2006

A meeting of the Tyendinaga Mohawk Council was held on Wednesday, January 18, 2006 at 1:30 p.m. in the Council Chambers.

Present: Chief R. Donald Maracle arrived at 1:40 p.m.  
Councillors: Barry Brant, Roy C. Maracle, Blaine Loft and Trevor Lewis  
Staff: Angela Maracle, Administrative Officer

**MOTION #1:** Moved by Trevor Lewis, seconded by Roy C. Maracle that Blaine Loft act as Chair until Chief R. Donald Maracle arrives.

Carried.

**MOTION #2:** Moved by Roy C. Maracle, seconded by Barry Brant that the Tyendinaga Mohawk Council Special Minutes of December 20, 2005 be accepted as read.

Carried.

**MOTION #3:** Moved by Barry Brant, seconded by Roy C. Maracle that the Tyendinaga Mohawk Council Minutes of January 5, 2006 be accepted as corrected.

Carried.

**MOTION #4:** Moved by Roy C. Maracle, seconded by Trevor Lewis that this Council acknowledge the Kanhiote Tyendinaga Territory Public Library Minutes dated January 3, 2006.

Carried.

**MOTION #5:** Moved by Roy C. Maracle, seconded by Barry Brant that this Council acknowledge the Tyendinaga Education Committee Minutes of November 8, 2005.

Carried.

Council acknowledged the following meeting dates:

- January 19 & 20 - A.I.A.I. Chief's Council meeting in Toronto
- January 25, 7:00 p.m. - Tyendinaga Mohawk Council Local Business (Trevor will be in Calgary)
- January 30 & 31, 9:30 a.m. - Capital Planning Meeting (Barry not able to attend; Chief Maracle not available on January 30 either)
- February 7 & 8, 2006 - OFNLP Special Partners Meeting at Casino Rama - Chief Maracle to attend
- February 9 & 10, Special Chief's Assembly at Casino Rama

**MOTION #6:** Moved by Trevor Lewis, seconded by Barry Brant to return the Chair to Chief R. Donald Maracle.

Carried.

**MOTION #7:** Moved by Blaine Loft, seconded by Roy C. Maracle that this Council approve the following meeting dates for February 2006:  
Regular Meeting - February 1 and 15 at 9:00 a.m.  
Local Business Meeting - February 7 and 22, 7:00 p.m.

Carried.

**MOTION #8:** Moved by Trevor Lewis, seconded by Blaine Loft that this Council approve to meet with Mr. John Kourtoff, Osiris Energy, regarding wind power on February 15, 2006 at 9:00 a.m. for half an hour.

Carried.

**MOTION #9:** Moved by Trevor Lewis, seconded by Barry Brant that this Council approve to meet on February 2, 2006 at 10:00 a.m. and February 9, 2006 at 9:00 a.m. to discuss Capital Planning and Financial information.

Carried.

**MOTION #10:** Moved by Blaine Loft, seconded by Barry Brant that this Council refers the representatives from Species at Risk to the Environment Department and send a report Council.

Carried.

**MOTION #11:** Moved by Roy C. Maracle, seconded by Trevor Lewis that this Council approve to meet on January 25, 2006 at 9:00 to 11:00 a.m. for a Tour and Orientation Session at Quinte Mohawk School with Kathleen Manderville, Principal.

Carried.

**MOTION #12:** Moved by Barry Brant, seconded by Roy C. Maracle that this Council direct a letter be sent to Robert Maracle stating information on the Kente Bay Companies was provided in a public forum and consider the file closed.

Carried.

**MOTION #13:** Moved by Barry Brant, seconded by Trevor Lewis that this Council approve the Shannonville Agricultural Society's request to move the stone gate posts from the old Shannonville Fair Grounds; the posts are to be removed at the Society's own expense and risk and the site cleaned up.

Carried.

**MOTION #14:** Moved by Trevor Lewis, seconded by Blaine Loft that this Council approve to appoint the following representatives to the Woodland Cultural Centre Board of Directors for a term of January 2006 to December 2007:  
1) Barry Brant - Council Representative  
2) Barbara Brant, Community Representative  
Barry Brant declared conflict of interest and did not vote. M.C.R. #2005/06-122

Carried.

**MOTION #15:** Moved by Trevor Lewis, seconded by Roy C. Maracle that the Tyendinaga Mohawk Council hereby approves for Chief R. Donald Maracle to remove the Queen Anne Silver from the Bank of Montreal vault for the Queen's 80<sup>th</sup> birthday celebration on Sunday, April 23, 2006 in Toronto. M.C.R. #2005/06-123

Carried.

Chief reported on the furnace renovations at Christ Church; only one furnace replaced and the Wardens knew about the renovations.



# T.M.C. MEETING MINUTES

**MOTION #16:** Moved by Trevor Lewis, seconded by Roy C. Maracle that this Council decline the request from Doug & Bill Brant to purchase land as Council is not selling property along Highway #2 at this time due to potential environmental hazards from the gas and diesel leak.  
Carried.

**MOTION #17:** Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the new business registrations as recommended:  
1) Kahtahkonnyanyons Sales and Manufacturing, Curtis E. Maracle - owner for address change  
2) Space Planning Consulting Services, Curtis E. Maracle - owner. Type of business: residential and commercial design consulting and space planning/I.C.F. Sales Representative  
3) Enkhretsyaronhseke' Language and Cultural Consulting Services, Curtis E. Maracle - owner. Type of Business: tutoring, translations, name creation, and cultural awareness  
4) County Party Rentals, Larry Merton Hennessy - owner. Type of business: party rentals i.e. air castles, tents  
Carried.

**MOTION #18:** Moved by Roy C. Maracle, seconded by Barry Brant that this Council approve to pay the following invoices from Alan Pratt:  
Inv. #2823 in the amount of \$531.02 General Matters  
Inv. #2824 in the amount of \$1,073.78 Johnson Brant Family Claim  
Inv. #2825 in the amount of \$833.76 Culbertson Tract Claim  
Inv. #2829 in the amount of \$3,071.08 Turton Penn Lease  
Carried.

**MOTION #19:** Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the Repairs and Maintenance Application #1 Proposal to Aboriginal Healing and Wellness Strategy in the amount of \$25,933.00.  
Carried.

**MOTION #20:** Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the proposal from Templeman Consulting Group Inc. for an organizational structure review analysis for a cost of \$14,200.00.  
Carried.

**MOTION #21:** Moved by Roy C. Maracle, seconded by Trevor Lewis that this Council acknowledge receipt of the current Tyendinaga Mohawk Community Emergency Plan report.  
Carried.

**MOTION #22:** Moved by Blaine Loft, seconded by Roy C. Maracle that this Council defer the Ontario Works Service Plan Training request until Council can meet with Patty Brant, Welfare Administrator, on Monday, January 24, 2006 at 9:00 a.m. Chief R. Donald Maracle will raise the issue at the upcoming AIAI Chiefs Council meeting.  
Carried.

**MOTION #23:** Moved by Trevor Lewis, seconded by Roy C. Maracle that this Council approve to accept the lowest tender submitted for bus washing from David's Mobile Wash at \$240.00 a week as recommended.  
Carried.

**MOTION #24:** Moved by Barry Brant, seconded by Roy C. Maracle that this Council approve the land transfer from Shelby Jean Minaric and Marilyn Delphine Brant to Shelby Jean Minaric, the whole of Lot 26A-13, Concession 2, as shown on Plan No. RSO 6291R.  
Carried.

**MOTION #25:** Moved by Barry Brant, seconded by Trevor Lewis that this Council approve the land transfer from Kenneth Percy Leonard Maracle to Leo Thomas Whalen, the whole of Lot 22A-14-1, Concession 1, as shown on Plan No. RSO 6995.  
Carried.

**MOTION #26:** Moved by Roy C. Maracle, seconded by Barry Brant this Council approve the land transfer from Gerald Frederick Williams to Kevin Allen White, the whole of Lot 25C-1, Concession A, as shown on Plan CLSR 67531 subject to a right of way giving access to Lot 25B-10-2 under Registration #219420 and the whole of Lot 25B-7, Concession A, as shown on Plan RSO 2880 subject to a right of way giving access to Lot 25B-10-2 under Registration #219420.  
Carried.

**MOTION #27:** Moved by Barry Brant, seconded by Roy C. Maracle that this Council accept the Cemetery Plots on Territory Report and no further action of Council required at this time.  
Carried.

**MOTION #28:** Moved by Roy C. Maracle, seconded by Trevor Lewis Whereas the Tyendinaga Mohawk Council acknowledges the Section 28(2) Permit to Incorporated Synod of the Diocese of Ontario as represented by Holy Trinity Church, Shannonville, ON K0K 3A0

Be it Therefore Resolved that the Tyendinaga Mohawk Council accepts a monthly fee of Two Hundred Dollars (\$200.00) per month from October 1, 2003 to June 30, 2005 as per attached quadruplicate copies of the Permit. M.C.R. #2005/06-124  
Carried.

**MOTION #29:** Moved by Barry Brant, seconded by Trevor Lewis that this Council go in private. (4:19 p.m.)  
Carried.

## Summary of Private Minutes:

- Approval of January 5, 2006 Private Minutes
- Woodland Cultural Centre human resource issue – Council representative will address at upcoming Board meeting
- Approved one mortgage discharge – paid in full
- Approved one Home Renovation Loan totaling \$7,646.72
- Approved to guarantee one Bank of Montreal Housing Loan totaling \$90,000
- Approved to implement pay equity

Recorded by:  
Molly Kohoko

Angela Maracle  
Administrative Officer

*Donald Maracle*  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council.

## TYENDINAGA MOHAWK COUNCIL MINUTES JANUARY 24, 2006

A special meeting of the Tyendinaga Mohawk Council was held on Tuesday, January 24, 2006 at 9:00 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle  
Councillors: Barry Brant, Roy C. Maracle, Blaine Loft and Trevor Lewis  
Staff: Patty Brant, Welfare Administrator

A special meeting was held to discuss the letter of January 11, 2006 from Bob Howson, RDG Ontario Region, Indian and Northern Affairs Canada regarding training and budgets for the delivery of Ontario Works.

If the training is taken on February 21-22, 2006 in Mississauga, Patty Brant indicated that the Mohawks of the Bay of Quinte would be expected to deliver welfare services to non-status Indians. There are legal, political and financial issues that need further discussion.

Chief R. Donald Maracle advised that the Ontario Works issue was discussed at the A.I.A.I. Chief Council meeting on January 20, 2006. A.I.A.I. will be investigating the financial impact on A.I.A.I. communities and if there are sufficient financial resources for delivery of social services administration. Ontario Works will be placed on the Chiefs of Ontario agenda meeting scheduled for February 9-10, 2006 at Casino Rama.

Council had a teleconference with Grand Chief Denise Stonefish, Chair of Chiefs Committee on Social Services, regarding Ontario Works.

Councillor Trevor Lewis raised the issue of Council's position as it relates to the Tyendinaga Justice Circle.

Chief Maracle gave a report on the A.I.A.I. Chiefs Council meeting of January 19-20, 2006.

Councillor Blaine Loft raised issue concerning safety and policing matters. Council requested a meeting with Larry Hay, Police Chief. Place on next TMC agenda and ask Larry Hay to attend.

**MOTION #1:** Moved by Trevor Lewis, seconded by Barry Brant that this meeting be adjourned. (11:50 a.m.)  
Carried.

Recorded by:

*Donald Maracle*  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council.



# T.M.C. MEETING MINUTES

## TYENDINAGA MOHAWK COUNCIL MINUTES JANUARY 25, 2006

A meeting of the Tyendinaga Mohawk Council held on Wednesday, January 25, 2006 in the Council Chambers for Local Business continued as regular business.

Present: Chief R. Donald Maracle  
Councillors: Barry Brant, Roy C. Maracle and Blaine Loft. Trevor Lewis was absent; attending a work-related meeting in Calgary  
Staff: Steve Mercer, CAO

MOTION #3: Moved by Barry Brant, seconded by Roy C. Maracle that this Council approve to discuss the Tobacco and Business Registration Policies during the meeting scheduled for February 1, 2006.  
Carried.

MOTION #4: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council defer the delegation of portfolios until the meeting scheduled on February 1, 2006.  
Carried.

MOTION #5: Moved by Roy C. Maracle, seconded by Barry Brant Whereas Ontario First Nations General Partner Inc. ("OFNGP Inc.") is a corporation incorporated under the Business Corporations Act (Ontario), and is the general partner of Ontario First Nations Limited Partnership; And Whereas Ontario First Nations Limited Partnership ("OFNLP") is a limited partnership formed under the Limited Partnership Act (Ontario); And Whereas the Mohawks of the Bay of Quinte is a shareholder of OFNGP Inc. and a limited partner of OFNLP; And Whereas the Mohawks of the Bay of Quinte wishes to authorize an individual, and alternate individuals, to represent it at the meetings of shareholders of OFNGP Inc. and partners of OFNLP, to be held on February 7 and February 8, 2006 and to empower such individual, and alternate individuals, to exercise on the First Nation's behalf all the powers the First Nations could exercise if it were an individual shareholder or individual partner; Therefore be it Resolved that the naming of Chief R. Donald Maracle or in the event of his/her failing to act Blaine Loft to represent the Mohawks of the Bay of Quinte at the annual meetings of shareholders of OFNGP Inc. and of partners of OFNLP to be held on February 7 and February 8, 2006 and exercise on the First Nation's behalf all the powers it could exercise if it were an individual shareholder or an individual limited partner. M.C.R. #2005/06-125  
Carried.

MOTION #6: Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the Amending Consolidated Contribution Agreement ON0600450-A01 in the amount of \$2,000.00 for the Tobacco Control Strategy to increase the budget for equipment lease agreement.  
Carried.

MOTION #7: Moved by Roy C. Maracle, seconded by Barry Brant that the Tyendinaga Mohawk Council hereby supports the 2005 Final Submission for Road Subsidy Payment to the Ministry of Transportation. Total expenditures reported for the calendar year ending 2005 total \$1,121,543.57. M.C.R. #2005/06-126  
Carried.

MOTION #8: Moved by Blaine Loft, seconded by Barry Brant that the Tyendinaga Mohawk Council hereby support the submission to Kagita Mikam LDM in the amount of \$54,994.92 for the Employment Counsellor Proposal for the fiscal year April 2006 – March 2007. M.C.R. #2005/06-127  
Carried.

Discussed:  
- Restorative Justice Circle – a committee of Council  
- FNTI funding – lobby new government now  
- Tyendinaga Police Services budget - requesting \$7,500.00 – Sue Maracle to talk to Larry Hay

MOTION #9: Moved by Blaine Loft, seconded by Barry Brant that this meeting be adjourned. (9:53 p.m.)  
Carried.

### Summary of Private Minutes:

- Discussed committee member's concerns
- Discussed review of economic development opportunity

Recorded by:  
Molly Kohoko

Sue Maracle  
Finance

*Donald Maracle*  
Chief R. Donald Maracle

## TYENDINAGA MOHAWK COUNCIL MINUTES FEBRUARY 1, 2006

A meeting of the Tyendinaga Mohawk Council was held on Wednesday, February 1, 2006 at 9:00 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle was absent in the morning due to medical appointment and arrived at 3:25 p.m.  
Councillors: Barry Brant, Roy C. Maracle, Blaine Loft and Trevor Lewis  
Staff: Steve Mercer, CAO

MOTION #1: Moved by Trevor Lewis, seconded by Roy C. Maracle to appoint Blaine Loft as Chair as Chief R. Donald Maracle was absent due to medical appointment.  
Carried.

Acknowledged following scheduled meetings:

- February 2, 10:00 a.m. & February 3, 9:00 a.m. – Capital Planning
- February 7 & 8, 2006 - OFNLP Special Partners Meeting at Casino Rama
- February 7, 7:00 p.m. – Tyendinaga Mohawk Council Local Business
- February 9 & 10 - Special Chief's Assembly at Casino Rama
- February 13, 10:00 a.m. – Alan Pratt Re: Culbertson
- February 15, 9:00 a.m. – John Kourtoff, Osiris Energy Re: Wind Power and Tyendinaga Mohawk Council Regular Meeting to follow
- February 20 & 21, 9:00 a.m. – Culbertson Negotiations in Ottawa
- February 22, 7:00 p.m. – Tyendinaga Mohawk Local Business
- March 7 & 8 - Ontario Chiefs Committee on Health in Toronto

February 23 & 24, 2006 - Iroquois Caucus meeting at Kanesatake.

MOTION #2: Moved by Trevor Lewis, seconded by Barry Brant that the regular meeting on February 15, 2006 be changed to February 14, 2006 at 9:00 a.m. due to Trevor Lewis and Blaine Loft not being able to attend.  
Carried.

MOTION #3: Moved by Barry Brant, seconded by Roy C. Maracle that this Council approve to set a meeting between Council and FNTI Board at the FNTI March Board meeting.  
Carried.

MOTION #4: Moved by Roy C. Maracle, seconded by Barry Brant that this Council approve to meet March 3, 2006 at 10:00 a.m. with Marvin Valensky re: Ontario Works.  
Carried.

MOTION #5: Moved by Trevor Lewis, seconded by Roy C. Maracle that this Council approve to meet with Larry Hay on February 8, 2006 at 9:00 a.m. re: various police issues.  
Carried.

NOTE: See if the Tyendinaga Justice Circle is available to meet on February 8th at 11:00 a.m., February 13th at 1:00 p.m. or February 14th at 1:00 p.m.

MOTION #6: Moved by Trevor Lewis, seconded by Roy C. Maracle that this Council approve to have a community meeting on February 25, 2006, Community Centre at 1:00 p.m.  
Carried.

MOTION #7: Moved by Barry Brant, seconded by Trevor Lewis that this Council approve the following new business registrations as recommended:  
1. Powless at Home, Gregg Powless – owner. Type of Business: Drafting, design & home inspection, residential HVAC design  
2. Time For You Salon, Richard Maracle – owner. Type of Business: Hairstyling Salon  
3. Richard Sager Pallets, Richard Brian Sager – owner. Type of Business: buying and selling pallets  
Carried.

Discussion on development of the Tyendinaga Tobacco Company LLP  
- environmental assessment needed – waste generated,  
- relationship with Council  
- letter of support

MOTION #8: Moved by Barry Brant, seconded by Roy C. Maracle that this Council write a letter of support to the Tyendinaga Tobacco Company LLP to apply for an Excise License to manufacture cigarettes.  
Carried.

MOTION #9: Moved by Trevor Lewis, seconded by Roy C. Maracle to delegate the portfolios of Council as follows:  
**EDUCATION** – Trevor Lewis  
Daycare, Elementary Education, Secondary Education  
Post-Secondary Education, Adult Education  
Aboriginal Head Start, Busing  
**HOUSING** – Roy Maracle  
Rentals, Mortgages, Maintenance, Elders Lodge  
**HEALTH & SOCIAL SERVICES** – Blaine Loft and Roy Maracle  
Health Centre, Home & Community Care,  
Mohawk Family Services, Red Cedars Shelter  
Social Services, Home Support



# T.M.C. MEETING MINUTES

## INFRASTRUCTURE/PUBLIC WORKS – Barry Brant

Roads, Water and Sewer/Sanitation, Landfill, Capital Projects, Fire, Emergency Measures, Band Property, Parks, Lands and Estates, Cemeteries, Recreation

## JUSTICE – Tyendinaga Mohawk Council

Policing, Restorative Justice, Community Safety Initiative

## LIBRARY – Roy Maracle

## NATION BUILDING – Tyendinaga Mohawk Council

Turton Penn, Culbertson Claim, Land Claims and Research, Aboriginal and Treaty Rights Issues, Taxation, Election Reform, Iroquois Caucus, Mohawk Gun Law, Public Relations/Media, Intergovernmental Relationships  
Litigation File, Ministry of Natural Resources

## ECONOMIC DEVELOPMENT – Barry Brant

Employment and Training

## CULTURE, LANGUAGE AND YOUTH – Blaine Loft

## SENIORS – Chief R. Donald Maracle

## ENVIRONMENT – Blaine Loft

Richmond Landfill, Environmental Health, Protection and Preservation, TMC Designate on Environmental Committee

## GOVERNMENT OPERATIONS – Tyendinaga Mohawk Council

## LOBBY – Chief R. Donald Maracle

Carried.

MOTION #10: Moved by Roy C. Maracle, seconded by Trevor Lewis that this Council approve the Comprehensive Funding Arrangement 2005/06 Amendment Change #7 in the amount of \$10,000.00 re: Climate Change - Administration building.

Carried.

MOTION #11: Moved by Roy C. Maracle, seconded by Barry Brant that this Council decline the donation request from Christine Claus, MBQ Representative for Hastings Children Aid Society, for the Guardian Angel Gala Auction on February 24, 2006 due to budget constraints.

Carried.

MOTION #12: Moved by Barry Brant, seconded by Trevor Lewis that this Council approve the second Red Cedars Shelter Capital Submission in the amount of \$25,321.04 to the Aboriginal Healing and Wellness Strategy.

Carried.

MOTION #13: Moved by Trevor Lewis, seconded by Roy C. Maracle that this Council defer the Land Allotment to Donna Maurrie Crouse, Kalvin Wayne Brant and Violet Joan Maracle and direct a letter indicating that MBQ would prefer a Section 18(2) permit.

Carried.

NOTE: Trevor Lewis left at 2:00 p.m.

MOTION #14: Moved by Roy C. Maracle, seconded by Barry Brant that this Council approve the Land Transfer from Wilfred Joseph Martin & Anna Marie Barberstock to Wilfred Joseph Martin, the whole of Lot 31H-1, Concession A, as shown on Plan No. 5562R and the whole of Lot Rd. 31-1, Tyendinaga Mohawk Territory.

Carried.

Council tabled the Land Transfer from Ronald Ambrose Maracle to Ronald Ambrose Maracle & Merle Evelyn Maracle as Roy Maracle declared a conflict of Interest and there is a lack of quorum.

MOTION #15: Moved by Roy C. Maracle, seconded by Barry Brant that this Council approve the Land Transfer from Madge Maracle to Cindy Lou Handley, the whole of Lot K-1, Lot 29, Concession A, as shown on Plan NO. 53238 CLSR.

Carried.

MOTION #16: Moved by Roy C. Maracle, seconded by Barry Brant that this Council approve the Land Transfer from Timothy Carl Brant & Glenna Joyce Brant to Glenna Joyce Brant, the whole of Lot 16B-3, Concession 2, as shown on Plan No. RSO 2031.

Carried.

MOTION #17: Moved by Roy C. Maracle, seconded by Barry Brant that this Council approve the Agricultural Lease between Ralph E. Hill and Glen A. Milligan for the term of May 1, 2005 to April 30, 2008 for whole of Parcel B, Lot 10, Concession A, as shown on Plan No. 4670 CLSR. M.C.R. #2005/06-128

Carried.

MOTION #18: Moved by Roy C. Maracle, seconded by Barry Brant that this Council acknowledge the letter dated January 19, 2006 from Hilda Andresen, Regional Director, Canadian Human Rights Commission re: six Human Rights Complaints.

Carried.

Chief Maracle arrived at 3:25 p.m.

MOTION #19: Moved by Roy C. Maracle, seconded by Barry Brant that this Council return the Chair to Chief R. Donald Maracle.

LaShelle Brant, Economic Development Officer, attended Council to review the Tobacco and Business Registration policies. Carried.

MOTION #20: Moved by Barry Brant, seconded by Roy C. Maracle that this Council defer the Business Registration Policy for corrections and brought back to Council for approval. Carried.

Blaine Loft left at 3:30 p.m.

MOTION #21: Moved by Roy C. Maracle, seconded by Barry Brant that this Council defer the Tobacco Policy for corrections and brought back to Council for approval. Carried.

MOTION #22: Moved by Roy C. Maracle, seconded by Barry Brant that this Council defer Tobacco Quota requests (3). Carried.

MOTION #23: Moved by Barry Brant, seconded by Roy C. Maracle that this meeting go in private. Carried.

### Summary of Private Minutes:

- Approved home renovation loan increase totaling \$870.80
- Deferred Emergency Loan request totaling \$6,860.00

Recorded by:  
Molly Kohoko

Steve Mercer  
Chief Administrative Officer

*Deed Maracle*  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council.

## TYENDINAGA MOHAWK COUNCIL MINUTES FEBRUARY 2, 2006

A special meeting of the Tyendinaga Mohawk Council was held on Thursday, February 2, 2006 at 9:30 a.m. in the Council Chambers

Present: Chief R. Donald Maracle  
Councillors: Barry Brant, Roy C. Maracle, Blaine Loft and Trevor Lewis  
Staff: Sue Maracle, Lori Maracle

Sue Maracle provided Council with an overall of the financial situation of MBQ. A detailed presentation was provided on the Canada Mortgage & Housing Corporation operating subsidies.

MOTION #1: Moved by Trevor Lewis, seconded by Barry Brant approve to sign the Canada Mortgage & Housing Corporation additional subsidy agreement in the amount of \$393,736.00. Carried.

MOTION #2: Moved by Trevor Lewis, seconded by Barry Brant that this meeting be adjourned (4:30 p.m.) Carried.

Recorded by:  
Sue Maracle  
Finance Manager

*Deed Maracle*  
Chief R. Donald Maracle

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Remember if you have an EMERGENCY

CALL

**911**



# T.M.C. MEETING MINUTES

## TYENDINAGA MOHAWK COUNCIL MINUTES FEBRUARY 3, 2006

A special meeting of the Tyendinaga Mohawk Council was held on Friday, February 3, 2006 at 9:30 a.m. in the Council Chambers

Present: Chief R. Donald Maracle  
Councillors: Barry Brant, Roy C. Maracle, Blaine Loft and Trevor Lewis  
Staff: Todd Kring, Technical Dept., Chris Maracle, Housing Dept. and Sue Maracle, Finance Dept.

Council reviewed the Tyendinaga Mohawk Council Rural Development Infrastructure Development Plan 2002 for projects raised on the Casino Rama Survey. Chris Maracle made a presentation, "Housing Study and Increased Affordability February 2005".

Tyendinaga Council and Housing Department applied for lot servicing which resulted in \$300,000 from Indian and Northern Affairs Canada (INAC) and approximately \$900,000 from CMHC Section 95 Housing Loan to build 12 townhouses.

A sum of 3 million dollars may be required for upgrades to Band owned buildings.

There will be a review of all Band owned buildings.

There are environmental issues when tearing down the old road shed, Band office, (i.e. pitch on roof, asbestos shingles).

Chris Maracle asked Council to reconsider the waterfront trail project to enable safe bike path space and park enhancements and economic development issues such as food and energy production and public transportation as they all impact costs to maintain households.

Barry Brant requested staff to develop a strategy for Band own buildings including options and costing for old buildings when new ones are constructed. The plan should be developed and be a long term plan.

Tyendinaga Mohawk Council in 2002 completed design drawings for a new Fire Hall to be built behind the Thayendanege Health Centre. The new Fire Hall would have 8 bays, and have a conference room and would be set up as a control centre for emergencies. The drawings were completed by Calvin Brant, Svedas Kayanagi and with construction costs of \$1.5 million in 2002. The cost needs to be updated.

New buildings should be designed to be super energy efficient with Aboriginal & Northern Community Action Program and Renewable Energy Development Initiative grants are some potential programs to offset costs.

The Landfill site has been scheduled to be closed since 1989. There has been no off site impacts from the Landfill Site. It needs closure because the site is not suitable for a landfill site. It will cost \$1.4. million to close the Landfill site and to build a transfer station.

Chief Maracle advised Council that projects should be identified by Council for any year end INAC slippage funding.

There are property acquisition issues with a few members for the Ridge Road reconstruction project.

Todd Kring and Peter Brant presented the 2006 Proposed Road Projects map with construction costing.

**MOTION #1:** Moved by Blaine Loft, seconded by Trevor Lewis  
Whereas, Tyendinaga Mohawk Council has received approval to proceed with the core water servicing project via on reserve water treatment plant servicing option; and  
Whereas, Tyendinaga Mohawk Council has received approval to service the Quinte Mohawk School and the proposed core subdivision in the interim utilizing the peat land wastewater treatment system; and  
Whereas, the following preliminary engineering activities are necessary to proceed with the preferred water and wastewater servicing option:  
1. Update the Water and Wastewater Feasibility Study to reflect recent discussions.  
2. Complete a Peat land System Feasibility Study to determine servicing options (one vs. two), location, soils and topographic survey.  
3. Obtain raw water quality data via a sampling program at the proposed location of the raw water intake at the end of Norway's.  
4. Complete the Peat land System Preliminary Project Approval Submission.  
5. Complete the Water Treatment Plant Preliminary Project Approval Submission.  
Therefore be it resolved that the Tyendinaga Mohawk Council hereby requests funding in the amount of \$64,975 (including 15% administration fees) to retain First Nations Engineering fees.  
M.C.R. #2005/06-129

Carried.

**MOTION #2:** Moved by Blaine Loft, seconded by Roy C. Maracle that this Council approve to issue a support letter dated February 1, 2006 to First Nations Technical Institute's application for program funding from federal and provincial sources.

Carried.

**MOTION #3:** Moved by Blaine Loft, seconded by Roy C. Maracle that this meeting be adjourned. (3:50 p.m.)

Carried.

Recorded by:

*Donald Maracle*  
Chief R. Donald Maracle

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## TYENDINAGA MOHAWK COUNCIL MINUTES FEBRUARY 7, 2006

A meeting of the Tyendinaga Mohawk Council was held on Tuesday, February 7, 2006 at 7:00 p.m. in the Council Chambers for Local Business.

Present: Chief R. Donald Maracle was absent; attending an Ontario First Nations Limited Partnership (ONFLP) meeting at Casino Rama  
Councillors: Barry Brant, Roy C. Maracle, Blaine Loft and Trevor Lewis  
Staff: Shelley Bowden, Administration

**MOTION #1:** Moved by Roy C. Maracle, seconded by Trevor Lewis that this Council appoint Blaine Loft as Chair as Chief R. Donald Maracle is attending an ONFLP meeting at Casino Rama.

Carried.

Dan and Delores Whalen attended Council regarding the Highway #49 and York Road Intersection. Dan Whalen had a petition with 870 names to have traffic lights put up. Dan did not have any information on what criteria is needed for traffic lights.

More information on what criteria is needed to put up traffic lights.

Audrey Brant attended Council regarding mortgage and land issue. Audrey Brant reviewed her land issue with Council. Her concern was with Lot 9G, north side of river, the parcel she bought in 1958 - more research is needed on this lot. Audrey's other issue was referred back to staff.

Shelley Brant, Dave Lewis, Jackie Maracle, Winston Brant and Ron Brant attended Council regarding Tom Maracle - infilling issue.

Shelley Brant reviewed the issue for Council. Tom Maracle was charged with 2 federal accounts and had to pay \$1,000 for each. Shelley stated that she did two years work for nothing and Dave and Jackie paid for the legal costs. Shelley is asking for reimbursement of \$20,000.00. Shelley stated that Tom could not do anymore work until there was an agreement between MBQ and the Department of Fisheries and Oceans.

Council stated that they would have to look into what has happened and will inform Shelley Brant, Dave Lewis and Jackie Maracle of their decision in approximately a month.

Left at 9:25 p.m.

**NOTE:** Community Centre booked on February 25, 2006; see if available on February 28, 2006 at 7:00 p.m. for Community meeting.

Shelley Bowden reported that the OPP from Napanee, Chris Deschamph, wanted to make a presentation to Council re: services they can offer, i.e. K9 unit - defer until after meeting with the Tyendinaga Police Services.

**MOTION #2:** Moved by Trevor Lewis, seconded by Barry Brant that this Council approve the transfer from Ronald Ambrose Maracle to Ronald Ambrose Maracle & Merle Evelyn Maracle, the whole of Lot 7B-4-1, Concession 1, as shown on Plan No. RSO 5445R and the whole of Lot 7E-1-1, Concession 1, as shown on Plan RSO 5445R.

Carried.

Roy C. Maracle declared conflict of interest and did not vote

LaShelle Brant attended Council regarding the revised revisions to the Policy for the Issuance of Business Registrations on the Tyendinaga Mohawk Territory and the Policy for the Distribution of Tax-Exempt Tobacco Products on the Tyendinaga Mohawk Territory.

**MOTION #3:** Moved by Trevor Lewis, seconded by Roy C. Maracle that this Council approve the Policy for the Distribution of Tax-Exempt Tobacco Products and the Policy for the Issuance of Business Registrations on the Tyendinaga Mohawk Territory as recommended.

Carried.



# T.M.C. MEETING MINUTES

The meeting continued in private.

## Summary of Private Minutes:

- Discussed Community Member's issue
- Addressed Human Resource issue

Recorded by  
Molly Kohoko

  
Councillor Blaine Loft, A/Chair

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council

## TYENDINAGA MOHAWK COUNCIL MINUTES FEBRUARY 8, 2006

A special meeting of the Tyendinaga Mohawk Council was held on Wednesday, February 8, 2006 in the Council Chambers to discuss various policing issues.

Present: Chief R. Donald Maracle was absent; attending an Ontario First Nations Limited Partnership (OFNLP) meeting at Casino Rama  
Councillors: Barry Brant, Roy C. Maracle, Blaine Loft and Trevor Lewis  
Guest: Larry Hay, Tyendinaga Mohawk Police Services

MOTION #1: Moved by Roy C. Maracle, seconded by Barry Brant that this Council appoint Blaine Loft as Chair as Chief R. Donald Maracle is attending an OFNLP Meeting at Casino Rama.  
Carried.

Council and Larry Hay discussed the following issues:

- Police Services Board – Development
- Complement of Officers
- Received Mohawks of the Bay of Quinte Policing Proposal dated January 2006
- Ontario First Nations Policing Agreement Extension

NOTE: Larry Hay was called out of the meeting for an emergency at 10:30 a.m.

Council called Angela Maracle into the meeting.

MOTION #2: Moved by Roy C. Maracle, seconded by Trevor Lewis that this Council approve to re-schedule the Tyendinaga Justice Circle meeting from February 8, 2006 at 11:00 a.m. to February 13, 2006 at 3:00 p.m. due to meeting conflicts.  
Carried.

Council went in private to address a human resource issue.

Recorded by:  
Angela Maracle

  
Councillor Blaine Loft, A/Chair

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council

## KWE RADIO

is still urgently seeking new volunteers for various positions and duties at the station.

If interested call 967-0463 or 396-5364

Please leave a message or reach us at our e-mail address

kweradio@yahoo.ca

## EMPLOYMENT AND TRAINING DEPARTMENT

The annual First Nation Career Fair will be held at Casino Rama March 22, 2006. Interviews will also be March 22.

Entry level positions may be available in the following departments

Cashiering and Credit  
Casino Accounting  
Information Systems  
Slots  
Human Resources  
Legal and Administration Health and Safety  
Marketing  
Entertainment  
Sales  
Customer Service  
Resort Operations  
Environmental Services  
Food and Beverage  
Hotel Operations  
Table Games  
Transportation

Anyone interested please contact the Mohawks of the Bay of Quinte Administration Office on or before **March 20, 2006**. If there is enough interest, transportation could possibly be arranged. If you require further information, please call:

Sandy Sero  
Employment & Training  
1-613-396-3424 EXT 104

## COME AND GET YOUR INCOME TAX RETURNS DONE

### IT'S FREE!!

The "Community Volunteer Income Tax Program" will be offering tax preparation clinics on the following dates and locations in Tyendinaga:

Wednesday March 8<sup>th</sup> from 5 pm to 7 pm at the Elder's Lodge;  
Saturday March 18<sup>th</sup> from 10am to 2pm at FNTI;  
Wednesday March 22<sup>nd</sup> from 5pm to 7pm at FNTI; and  
Wednesday April 5<sup>th</sup> from 5pm to 7pm at FNTI.

If you are a low-income earner and would like free assistance with the preparation of your individual income tax return, please plan to attend one of our above-mentioned clinics.

The Canada Revenue Agency has administered the "Community Volunteer Income Tax Program" for over thirty years. What is it? It is a community-based program designed to help low-income individuals with simple tax situations complete their income tax and benefit returns, free of charge.

Should you have any questions, please contact Elvin Green at (613) 391-2738.





## EMPLOYMENT & EDUCATION

### PRESIDENT FIRST NATIONS TECHNICAL INSTITUTE

First Nations Technical Institute is seeking a leader dedicated to culturally driven aboriginal-governed post-secondary education, who will hone and implement its renewed vision as the institute enters its 21st year of operation.

Established in 1985 to build capacity in aboriginal communities through applied post-secondary education, FNTI is the largest native-run institution in Eastern Canada. Situated on Tyendinaga Mohawk Territory, near Belleville Ontario, FNTI offers a range of programs on campus and across Ontario.

The president will continue to enhance the quality of existing programs that serve native students from across the country and will maintain and develop positive relationships with FNTI's college and university partners.

An experienced and empathetic administrator with a strategic and financial planning background, the candidate will prepare the institute for significant expansion to meet growing demand for aboriginal post-secondary opportunities, while maintaining its vaunted student retention and success record.

Broadening the financial base of the institute, including fundraising, and developing strong government relations with Federal, and Provincial governments, and native organizations will be key elements of the president's responsibilities.

#### QUALIFICATIONS

- ▷ innovative, problem-solving change agent
- ▷ team-builder with strong communication and interpersonal skills
- ▷ reputed for personal integrity, experienced working with volunteer boards
- ▷ a post-graduate degree or an equivalent combination of education and experience

#### DEADLINE FOR APPLICATIONS: April 15th, 2006

Please forward resumes to:



Richard Johnston, Interim President  
First Nations Technical Institute  
3 Old York Road  
Tyendinaga Mohawk Territory, ON  
K0K 1X0  
Fax: 613-396-2761

### Trustee Report: February, 2006.

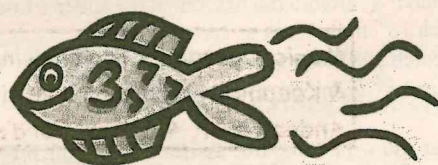
I attended the Public Education Symposium in Toronto, February 2nd-4th and came away with a lot of information and some new challenges. There were a wide range of speakers and workshops including presentations by the Honorable Gerard Kennedy, Minister of Education, the Honorable Mary Anne Chambers, Minister of Children and Youth Services, Liz Sandals, Parliamentary Assistant to Minister of Community Safety and Correctional Services and Safe Schools Action Team Lead, as well as a host of other speakers. The message from all three of the speakers mentioned was a willingness for government ministries to work together to improve the quality of education in Ontario. This continues to be a very positive approach by government to work with School Boards, Teachers and Support Staff to accomplish this goal.

The symposium also offered an opportunity for networking with other Native Trustees in sharing information and supporting each other. One of the workshops I attended identified strong concerns shared by a psychologist who had been working with a First Nation Community in the north. The results of student testing was very disturbing. Although many factors contribute to the problems that exist in this community the main concern is the lack of funding from Department of Indian Affairs to address some very basic needs of people in the community. It is important to involve as many organizations as possible including the Ontario Public School Board Association to lobby and advocate where they can for improved funding services to allow all students across Ontario to be successful. As always, I am thankful to be from Tyendinaga and a Trustee on the Hastings and Prince Edward District School Board.

The Ontario Government is currently considering extending the Municipal Election term including School Board Trustees from three years to four years. If passed this could take effect as early as November, 2006.

Remember, if you have any questions or concerns please call Mike Brant at 962-3595.

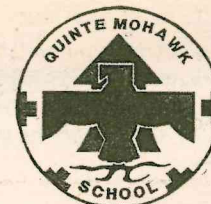
Respectfully submitted  
Mike Brant, Hasting Prince Edward District School Board Trustee



#### HARVEST MANAGERS

The Mohawks of the Bay of Quinte are currently seeking applications for **Harvest Manager** Positions for the 2006 Pickerel Spawning Season.

Applications will be accepted  
until **FRIDAY MARCH 17 AT 4:00P.M.**  
By Bev Hill at the Mohawk Administration  
Office



**BINGO-BINGO-BINGO!** Greetings from Quinte Mohawk School. Staff, family and friends have been working Bingo for fund raising to buy extra supplies for our programs, arts and crafts and special events. Bingo is a fun game and a good time to socialize with friends and family, maybe make some new friends and possibly win a few dollars as well. Collect a car full of chums and head out to the Belleville Lions Bingo hall at 610 Dundas St. East in Belleville, just north of the old Bakelite building at the railroad tracks. Note these dates on your calendars and show your support for our school!  
--late night--Wed. March 8/06 -late night--Mon. March 20 --late night--Wed. Apr. 12  
--late night--Mon. April 17/06

We sincerely appreciate your continuing, wonderful support for our school and students!  
Your friends from Quinte Mohawk School





# EDUCATION

## Quinte Mohawk School News

February 2006

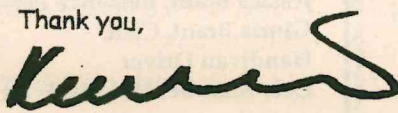
"We do not inherit this world from our parents.  
We borrow it from our children."  
Jim Henson a.k.a. Kermit the Frog

Hello Parents & Friends:

February was an interesting month at Quinte Mohawk. We sent two teams of students to compete in Toronto at the Skills Canada Competition. The purpose of the competition is to "Champion and stimulate the development of world class technological and employability skills in our youth." Our teams, along with other same age students from across the province, designed, built, raced and weight tested boats from cardboard. Our team had the fastest boat in the province. The teams were assessed for design excellence, teamwork skills, boat boyancy and speed. Our team was 3<sup>rd</sup> place in the Province!! Congratulations to Storm Brant, Tyler Maracle, Kayla Adams, Sawyer Brinklow, Jesse Brant-Maracle, Bryce Wannamaker, Raymond LaRue, and Otsihsto Maracle.

An amazing job was done by all students in the February 10<sup>th</sup> Science Fair. All sixty seven experiments, inventions and case studies were very well done. Judges interviewed the participants and discussed students' science knowledge. It was a great day of learning. All students did a wonderful job. Six winning exhibits will go on to the Regional Science Fair on April 1<sup>st</sup>. The following students will represent QMS at the Quinte Mall - Kayla Adams, Shoshannah Perron, Jenny Procnier, Chloe Marcel, Brendon Brant, Stephanie Sliwa, Camden Maracle, Christina Green and Emily Maracle. Good Luck to them all!

Thank you,



Kathleen Manderville, Principal

Help our school get free supplies from the Office Depot. When parents and teachers shop at Office Depot our school will receive credit equal to 5% to use for FREE SUPPLIES. Just use our school ID number: 80018827. Thank you.

Schoolkids' Art-At-The-Ex  
Our school is participating in Schoolkids' Art-At-The-Ex this spring! May 16-17! With our great artwork, it should be an amazing show! Be sure to see it.

### Math Manipulatives

To enhance our "Hands On" Math program - \$19,350 of math manipulatives were purchased by INAC from Quinte Mohawk School. A big Niawen to Linda Brant for coordinating the inventory and the primary division for making sure we got the most for the money.

### Niawen, Niawen, Niawen Soup

Our soups program is sponsored by Tyendinaga Coalition for Healthy Lifestyles.

### Welcome Back

### Free Lunch

March 20<sup>th</sup>, 2006

A spaghetti Lunch with a bun and drink for the students of Quinte Mohawk School.  
Sponsored by the Tobacco Strategy Program.  
Niawen!

### Breakfast Program:

On February 28 and March 7 some players from the Belleville Bulls hockey team will be helping in the Breakfast Program.

### Shekon sewakwekon,

Hello everyone,

The students of Quinte Mohawk School are pleased to announce that we now have a Mohawk language Club offered to our junior and intermediate students every Wednesday at lunch hour.

The goals of our Mohawk language club are to:

- . learn Mohawk language songs
- . produce Mohawk language books for the library
- . create dialogues and say these dialogues on the morning announcements
- . label in Mohawk the Library, computer lab, gymnasium, staffroom, principal's office and other areas and objects in our classrooms
- . tape and record our voices to be used at the listening centers
- . use the Ohenton Karihwatehkwen to open each session
- . Encourage each other to use the Mohawk language vocabulary we are learning in class to the best of our ability and as often as possible

Nyawenhkowa

Mrs. Sherry Procnier & Mr. Joe Brant  
& the Mohawk Language club

Magic Dustpan - for showing Respect & Keeping their classroom tidy Mrs. Andrew's Gr. 4 & Mrs. Ford's Gr. 6.

### Student Council

### Spirit Week -Prizes

Feb 27<sup>th</sup> - March 3<sup>rd</sup>

Monday - Crazy Hat Day - (regular Baseball hats not accepted)

Tuesday - PJ Day - ½ day

Wednesday - Dress Alike - Be twins, triplets, quintuplets with your friends!

Thursday - 70's/80's Day - Find mom & dad's old clothes!

Friday - Sports Team day

Afternoon - Int. Basketball teams game vs the Teachers.

Morning recess in front of Library judging for prizes.



# HEALTH CENTRE



## Gambling Addiction



Gambling is an activity which is acceptable and fun. It is also an area where the behavior can cross over and become compulsive, abnormal, and destructive. Gambling can easily be ignored as an extremely common, pleasurable, and legal activity. Many times, it is associated with trading or investing, and deemed as acceptable. The individual and his associates are quick to deny and reach for the most convenient rationalization. But the behavior is a very high stakes game, where friendships, family, finance, and reputations are at great risk.

There are two types of problem gamblers.

### ACTION GAMBLERS

Almost all are male. Gambling generally started in early teen years, and the individual is generally very bright, testing high on IQ tests. Their outlets are games requiring skill, including pari-mutuel, blackjack, poker, sports betting, and recently trading stocks, commodities, futures, options and bonds. Gambling conveys a sense of euphoria, similar to a drug induced high. Generally, very ego driven, controlling, risk taking, sociable and in need of approval, affirmation and confirmation. The individuals generally possess very low self-esteem, and has a tendency to bend the truth or lie. The gamblers of this problem category proceed generally through four phases of Winning-Losing-Desperation-Hopelessness. Generally, the behavior persists between 10-30 years before circumstances have reached a sufficient low for help to be sought. By that time the addiction has assumed far greater importance than family, friends, jobs, outside interests, and the individual is in serious jeopardy of losing absolutely everything.

Recovery rates are extremely low, with only around 2% achieving recovery within the first year of treatment.

### ESCAPE GAMBLERS

Approximately, 75% are female. Problem initiated later in life, normally when 30 or older. Exhibits codependent behavior. Gambling generally involves games requiring little or no skill like slots, bingo, lottery, etc. Escape gamblers appear numb, or in hypnotic trance when engaged in gambling. These types of gambler feel free of emotional and physical pain when gambling. These gamblers have been responsible and moral in their early lives, but are conflict and avoiders and often suffered verbal and physical abuse. They have a desperate need for empowerment and gain it in their escape gambling. These individuals possess low self-esteem, and become manipulative as the problem develops. Far higher probability of long term cure through abstinence. Unlike the Action Gambler, these people will pursue help within 6 months to three years of the problems inception.

Watch for more information on Gambling Addictions in our next newsletter or call the health centre at 967-3603.



## TYENDINAGA TOBACCO STRATEGY PROGRAM THIRD ANNUAL SMOKE-FREE HOME CONTEST

The winner was Nick Brant. Hope you have a great weekend in Niagara Falls!  
Thank you to all the people that participated in this contest.

### 3<sup>rd</sup> Annual "Weedless Wednesday" Challenge Contest

The only restaurant that will be participating in this contest is:

### MRS. HERB'S

When you support Mrs. Herb's restaurant on "Weedless Wednesday", customers over the age of 19 will receive a ballot to enter their name in a draw for \$100.00, \$50.00 or \$25.00 gift certificate from Walmart. The draw will take place Friday, March 31<sup>st</sup>, 2006. There will only be one prize per winner during the draw.

ENJOY A SMOKE FREE RESTAURANT EXPERIENCE EVERY WEDNESDAY, IN THE MONTH OF MARCH, AT MRS. HERB'S AND YOU COULD WIN A PRIZE.

The Tyendinaga Home Support program provides services that support and encourage independent living to seniors living in the community age 55 plus and adults 18+ with physical disabilities. We are located at:

Thayendanega Health Centre  
R.R.1, 1658 York Road  
Deseronto, Ontario, K0K 1X0  
Ph: (613)967-3603 & Fax: (613)967-3618

**Meals on Wheels Programs:** A hot nutritious meal is delivered every Tuesday and Friday between 11:30am and 12:30pm. Meals are \$3.00 each. Frozen meals are also available monthly. They are delivered the beginning of every month. (Prices vary)

**Diner's Club Program:** Every second and fourth Wednesday of each month a delicious meal is prepared and served at the Elders Lodge at 12pm. Cost is \$3.50.

**Transportation Program:** The Mohawk Handivan is used to transport seniors living in the community to Home Support programs and community activities. Regular monthly runs to Deseronto, Belleville, Diner's Club at the Lodge as well as Deseronto and bowling.

**Home Maintenance Program:** Assistance is provided for household tasks beyond the individuals capability. Examples of this service would include: grass cutting, painting, window washing. Cost is \$3.00 an hour.

**Social & Recreational Programs:** Provides supervised activities for seniors in a group setting. Examples of this service include: ceramic classes, bowling, monthly grocery shopping and special pre-arranged outings. (Cost varies).

**Friendly Visiting:** Provides "friendly visits" to seniors in their homes. Visits are made by staff and volunteers under agency supervision.

The Home Support Team consists of:  
Tracey Bunnett, Coordinator  
Jessica Brant, Resource Person  
Gloria Brant, Cook  
Handivan Driver  
Orla Maracle, Hot Meals on Wheels Volunteer

For more information regarding the Home Support program, please contact Tracey or Jessica at 967-3603.

\*\*\*\*\*



Do you know someone who has diabetes?  
If you do, this will help  
**DIABETES SUPPORT GROUP**  
**SECOND of TUESDAY OF EACH MONTH**

Next Meeting Day Change  
**WEDNESDAY MARCH 15, 2006**  
**7:00- 8:30 PM**

at

**THAYENDANEGA HEALTH CENTRE**  
*Learn more about healthy living with diabetes and have fun while you are doing it.*

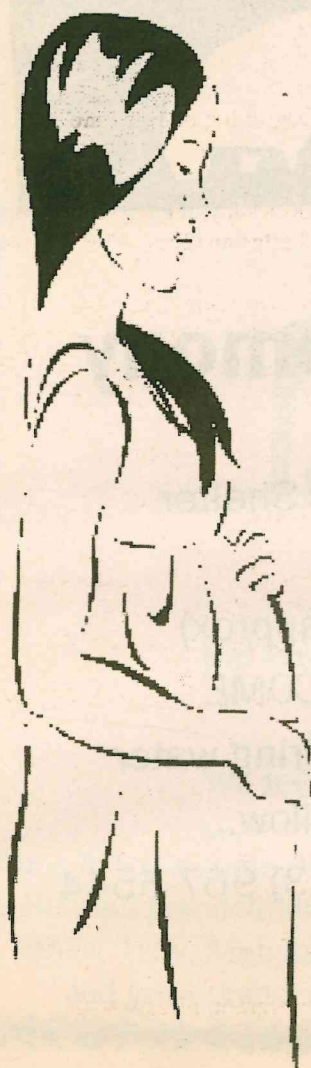
**TOPIC: CARB COUNTING and GLYCEMIC INDEX with SARAH BACKUS Reg. Dietitian**  
Please come join us and bring a friend!  
Light refreshments served

Call the Health Centre if you have any questions or need a ride  
**967-3603**

\*\*\*\*\*



# HEALTH CENTRE



*So, you're having a baby...*

Let us help you

- Learn more about pregnancy, nutrition, labour and delivery breastfeeding, and baby care
- Receive information through videos, talks and demonstrations.

*Prenatal Classes*

*will begin*

*Wednesday*

*April 19, 2006*

*7-9 pm*

For a series of six classes, taught by the Community Health Nurses

For more information or to register for classes, please contact the Thayendanega Health Centre  
Tel: (613) 967-3603

**Partners/Supports are really important, please come too.**

## March 2006 Moms - In - Waiting Canadian Prenatal Nutrition Program

The Thayendanega Health Centre is offering **MONTHLY FOOD VOUCHERS** to women during their pregnancy. Please drop by or call the Health Centre and speak with the Community Health Nurses who will outline the program. Tel: 967-3603

**We want everyone to have a healthy pregnancy and a healthy baby!**

Mary McCauley R.N.  
Brenda Asselstine R. N.  
Community Health Nurses



## NURSING MOTHERS' GROUP OF TYENDINAGA

INVITES

### BREASTFEEDING MOTHERS AND BABIES

To their ongoing series of meetings:

2nd & 4th Friday mornings each month  
Thayendanega Health Centre

**FRIDAY MARCH 10**  
**FRIDAY MARCH 24**

10:30 - Noon DISCUSSION & LIBRARY TIME  
BREASTFEEDING CLINIC

For Breastfeeding Help :  
Please call Health Centre 967- 3603

### BREASTFEEDING CIRCLE

Can I breastfeed if I am diabetic?

Yes. Breastfeeding is the natural, normal response to giving birth. Your body will be expecting to breastfeed next and breastfeeding is the easiest physical adjustment for your body to make after birth. Mother's milk gives special protection to babies of diabetic mothers by helping to prevent Type I diabetes (inherited) and diabetes in later life. Recently, studies have established a convincing link between cow's milk and diabetes. Most common mother's milk substitutes (formulas) are made of modified cow's milk. Cow's milk is not part of traditional native diets.

Will my diabetes affect my baby more if I breastfeed?

Your baby is already affected by your diabetes by being your baby (genetically) & being carried by you through pregnancy, and then by being separated from your blood supply by being born. Newborns of diabetic mothers are prone to hypoglycemia (low blood sugar) in the first few hours & days after birth because of the separation. This is not made worse by breastfeeding. If you are taking insulin, it is not passed through your milk because its molecules are too big. Giving your baby lots of colostrum early and often may prevent hypoglycemia. Colostrum contains more calories than "glucose water" and also lots of protein, electrolytes and antibodies.

How will breastfeeding affect my diabetes?

You will experience dramatic changes in your blood sugars and acetone for a few days after birth that require monitoring and adjustments in management of your diabetes -whether or not you breastfeed. Breastfeeding tends to help stabilize diabetes and make it more easily managed. Since some of your calories will be being used to make milk, you may discover that you need less insulin while you are breastfeeding!

Will my diabetes affect getting breastfeeding started?

Maybe. Babies tend to have more routine separation from diabetic mothers in hospital and more delayed first nursing experience because they are being monitored or were born by Cesarean. Some diabetic mothers experience a delay with milk coming in and may not see milk til day 5-7 (especially if diabetes was not well controlled prenatally). The ideal breastfeeding start may not be possible, but being prepared and being patient can help you prevent or overcome a slow start.

What can I do ahead of time to get the best start possible?

- . Learn as much as possible about breastfeeding. Attend prenatal classes and a breastfeeding support group.
- . Choose a doctor and a hospital that will help you plan for early & frequent nursing, minimum separation & maximum togetherness as soon as you and baby are up to it.
- . Start expressing or pumping and freezing colostrum from 2 weeks prior to your due date. Take some to the hospital with you to be ready to supplement your baby if needed.
- . Learn how to prevent nipple confusion if baby needs supplementing. Discuss a plan with the hospital and doctor.
- . Try to get a doctor's order for "no artificial nipples".
- . Do all you can to bring your diabetes under good control prenatally.

Gale Hayward RN, IBCLC

Mary McCauley RN and Brenda Asselstine RN Community Health Nurses  
Jytte Cooper - Breastfeeding Support Group leader



# RED CEDARS & FAMILY SERVICES

## ARE YOU IN AN ABUSIVE RELATIONSHIP?

Does your partner:

1. embarrass you in public?
2. call you names or put you down?
3. act jealous of your friends, family and co-workers?
4. get angry about clothes you wear or how you style your hair?
5. lie to you?
6. cheat on you?
7. demand to know where you are and what you are doing all the time?
8. use your children to manipulate you?
9. hit you or your children?
10. hit walls, drive dangerously, or do other things to scare you?
11. become violent or angry when using drugs or alcohol?
12. check up on you by calling, driving by, or getting someone else to?
13. keep you from seeing your family and friends?
14. listen in on your phone calls?
15. accuse you of being interested in someone else?
16. keep money from you?
17. kept you from getting a job, or caused you to lose a job?
18. threaten to leave you and take your children if you don't obey him?
19. threaten to hurt you, your children, family, friends or pets?
20. force you to have sex when you do not want to, or force you to do things you don't want to do?
21. threaten to kill you or himself?
22. demand that you stop outside activities that you enjoy doing alone?
23. Is your partner like "Dr. Jekyll and Mr. Hyde", acting one way in front of people and another way when you are alone?

If you answered yes to one or more of these questions, then you may be in an abusive relationship. It is important to talk to someone, whether it is a family member or a friend; there are many shelters and other professionals available within the area to help, as well. It is also important to realize that the abuse will not go away, and it may escalate over time.

**If you, or someone you know, is in a violent relationship, or is planning to leave one, it is important to make a safety plan.**

At all times, safety should be uppermost in your mind. The decisions you have to make will be difficult ones, but while you are deciding what course your relationship will take, keep in mind the following tips to ensure the safety of you and your children:

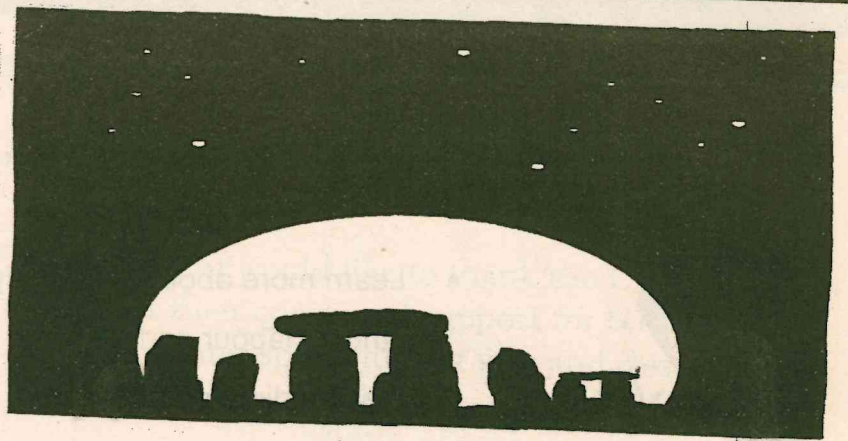
While you are still in the relationship:

1. Make a list of important telephone numbers. If your children are old enough for telephone privileges, give a copy to them. Include police numbers (or 911 if it's available in your area), ambulance, fire, doctor, and your personal safety contacts – family, a neighbor, or a friend's place that you can go to if you need it in an emergency.
2. Tell your friends, family, or neighbors what has been happening. Ask them to call police in case of emergency.
3. Make a list of places that you can go safely in case of an emergency. If possible, have at least four people around you that you trust, and tell your children where they should go.
4. Hide some extra money for an emergency somewhere you will be able to get it fast. Make an extra set of car keys. Pack an emergency bag to take with you. Make copies of your important documents and give them to a friend or family member.
5. Keep change for the phone or a phone card with you at all times. If you are able to, open your own bank account and plan your escape route. Update your safety plan periodically.
6. If you are planning to leave and have time to pack, make sure you take the following:
  - Identification
  - Birth certificates
  - Social insurance cards
  - School and medical records
  - Money, bankbook, credit cards, bank cards
  - House, car, and work keys
  - Driver's license and registration
  - Medication
  - Change of clothes
  - Welfare I.d.
  - Passport, work permit
  - Divorce papers
  - Lease/rental agreement, house deed
  - Mortgage payment info, current unpaid bills
  - Insurance papers
  - Address book
  - Pictures, jewelry and children's favorite toys and blankets

If you or someone you know is in an abusive relationship and would like to speak to a counsellor please call **Red Cedars Shelter** at:

**Toll Free: 1-800-672-9515**  
**Crisis Line: (613) 967-8212**  
**Business Line: (613) 967-2003**

We have a counsellor available to speak to you 24 hours a day, 7 days a week.



## Moon Ceremony

Where: Red Cedars Shelter

When: March 14

Time: Dusk (7:00 approx)

**ALL WOMEN WELCOME**

Please wear a skirt & Bring water

Potluck feast to follow...

Call for additional info (613) 967-6544

## Mohawk Family Services

### Looking for Foster Parents!!!!!!

Mohawk Family Services is taking applications for Foster Homes.

Won't you please consider opening your home so we can keep our children on the Territory.

To inquire about the process, please contact Evelyn Sparks at 967-0122 Monday through Friday between the hours of 8:30 and 4:30.

Nia:wen



# COMMUNITY INTEREST

In Memory  
Of  
Clifford Maurice Maracle  
June 4<sup>th</sup>, 1918 – March 16<sup>th</sup>, 2004



Time changes  
Many things  
But love and good memories  
Live on.

We love you Dad. (Gramps)

Bruce & Kim; Anne; Brenda & Harry; Pat & Harv; Marilyn  
& Bill and grandchildren Trevor, Stacey, Miranda, Tiffany,  
Tanya, Troy, Melissa, Darren, Dave, Laura, Lisa & Rod  
and great grandchildren Adrian, Tayla & Lucien

Harold Thomas Whalen  
January 10, 1937 – March 25, 2004

My father, my dad...I put you on a pedestal, right where you deserve to be.  
You were the most loving, sweet, generous, patient and caring father a girl  
could ever wish for.

I love you so very much and miss you with all of my heart.

You left me with happy and loving memories of us together.

I will always be your "Babe" and look forward to seeing you again one day.

Sadly missed but not forgotten.

Love,  
Lorrie

In memory of Jean (Winnie) Carr-Braint, gone but not forgotten.

September 17, 1925 – March 11, 2004

A beloved Mom & Nanny, who would leave these thoughts:

I give you this one thought to keep,  
I am with you still, I do not sleep,  
I am a thousand winds that blow,  
I am the diamond glints on snow,  
I am the sunlight on ripened grain,  
I am the gentle autumn rain.  
When you awaken in the morning's hush,  
I am the swift, uprising rush  
of quiet birds in circled flight.  
I am the soft stars that shine at night.  
Do not think of me as gone,  
I am with you still in each new dawn.

Loved always & missed tremendously,  
Carol, Harry, Betty, Billy, Mary Jean, Norman, Marilyn, Mike, Tracey & families



In loving memory of  
SHERIDAN LEONARD MARACLE  
Our beloved Dad, Grampa, and Puppa  
Who died one year ago on March 2, 2005

God saw he was getting tired  
And a cure was not to be  
So He put His arms around him  
And whispered, "Come with me",  
With tear-filled eyes we watched  
Him suffer and fade away.  
Although we loved him deeply,  
We could not make him stay.  
A golden heart stopped beating,  
Hard working hands put to rest,  
God broke our hearts to prove to us  
He only takes the best.

We miss you very much.  
Our loving and wonderful  
memories keep us going.  
Always loved and remembered  
by Betty, Wilma,  
Marion, Norma & Fish,  
Carman, Carol & Bunny,  
Donna & Ron  
and families

THE FAMILY OF JOHN LLOYD WOODMAN  
WOULD LIKE TO EXPRESS THEIR THANKS TO ALL WHO  
ASSISTED IN THE CARE FOR LLOYD  
DURING HIS ILLNESS  
WE WOULD LIKE TO EXPRESS OUR APPRECIATION TO  
SOME VERY SPECIAL PEOPLE:

- A Special 'Thanks' to our niece Dorothy Green who was with us from the beginning of Lloyd's illness
- Brenda Asselstine our Reserve Nurse
- Dr. Michael Monture
- Canon Cyril Betts who officiated at the Service
- Marilyn Brant who's assistance was greatly appreciated
- The Ladies Guild for providing a delicious lunch after the wake
- The Mohawk Singers
- Chief R. Donald Maracle
- The Longhouse Women for providing the luncheon after the Service
- And, to All of Our Family and Friends for their Love and Support.

With Sincere Appreciation,  
June Woodman and Family



## COMMUNITY INTEREST

### THANK YOU from the Employment and Training Department

A very special thank you to all who took the time to attend the Canada Border Services Agency workshop on February 21, 2006.

Also thanks to the recruitment officers, technician, Border crossing guard and Human Resources departments for their presentations.

Thank you.

Sandy Sero  
Employment & Training

### Thank You!

Tristan Nugent would like to thank the Dream Catcher Fund for their continued support for both summer and winter sports for last year and this year.

### Thank You!

I would like to take this time to say thank you to Audrey Brant Katsitsiase and the Young Spirits Youth Group for the homemade donuts that were delivered to my apartment over the Christmas holiday. They were very delicious. I for one really appreciated them.

Thank you from,  
Gord Foster  
Apt. 14  
Elders Lodge

### Thank You

*It is so difficult to find the words to express how grateful we are today to live in such a caring and supportive community. Your support keeps us strong while we are in Toronto with baby Karissa. In our hearts we know she will come through because she has many people praying for her, literally all over Canada. She has so much love being sent to her, we are sure that the Creator is standing beside her every second of every day. We would like to thank our family, friends and the community for their support and prayers and the donations of food and supplies. We would like to thank:*

M.B.Q. Staff  
Health Centre Staff  
Mohawk Family Services Staff  
F.N.T.I. & Aviation  
Headstart Team  
Language Circle  
Ohahase Staff  
Turtle Clan

*Jan Hill and Tracey Maracle for bringing Nan to Toronto. To everyone who visited and everyone who participated in the tobacco burning ceremonies. Thanks also to the Etobicoke General Pediatric Unit and the Hospital for Sick Kids.*

Sarah & Noah

*Nan would also like to say a very big THANK YOU! We have a very caring community. Thanks for all the phone calls and all your comforting words. Baby Karissa is coming along alright.*

Sharon

### TYENDINAGA COALITION FOR HEALTHY LIFESTYLES COMMITTEE NEWSLETTER

Tyendinaga Coalition for Healthy Lifestyles committee would like say a very big thank you to Te kontirennahkwa Tyendinaga Singers, the women's drumming group for the very generous donation of \$400.00 to our Coalition. The donation will be used for the soup program at Quinte Mohawk School.

### CARIBOU STEW Serves 6

- |                                  |                                 |
|----------------------------------|---------------------------------|
| 1-1/2 pound diced caribou meat** | 1 cup diced potatoes            |
| 6 cups water                     | 1 cup diced onions              |
| 1 tablespoon vegetable oil       | 1 teaspoon garlic powder        |
| 3/4 cup diced celery             | 2 teaspoon Worcestershire sauce |
| 1-1/2 cup diced carrots          | 14 ounce canned tomatoes        |

\*\* lean ground beef can be substituted for caribou meat

1. In stewing pot, heat oil
2. Place diced caribou meat, water, salt and pepper into the pot
3. Brown the meat
4. Add diced vegetables and continue to cook until tender
5. Add tomatoes, garlic and Worcestershire sauce
6. Mix 1 tablespoon of flour in 8 ounces of ice-cold water to make a paste
7. Add paste gradually to stew
8. Cook slowly until stew reaches desired thickness



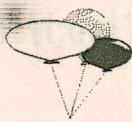

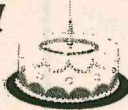





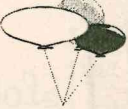
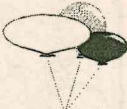
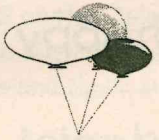
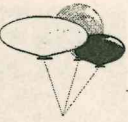



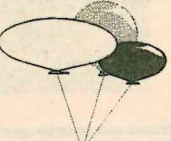


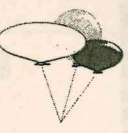
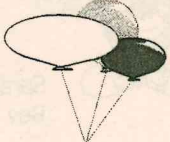

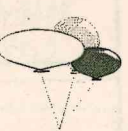
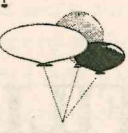





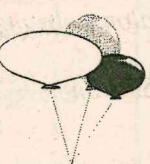
Per Serving: 52 calories; 19 g protein; 3 g fat; 12 g carbohydrate  
It constitutes 3 Protein choices and 1 Fruit and Vegetable choice

Recipe by Sharlene Clarke, R.D.N. & Elisa Levi, R.D. - First Nations Health Program  
Whitehorse, Yukon Territories

Carol Loft  
Diabetes Worker  
S.O.A.D.I.  
on behalf of Tyendinaga Coalition for Healthy Lifestyles

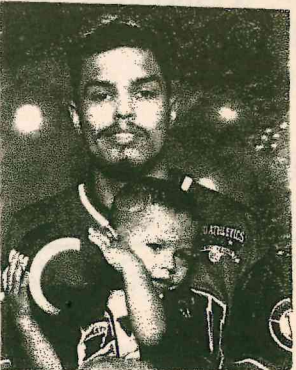



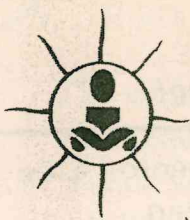
# BIRTHDAYS

<p>Happy 1st Birthday! To a Special Girl Jazmin March 4</p>  <p>Love always, Uncle Teddie Auntie Dee &amp; Shae</p>	<p>Happy Belated Birthday!</p>  <p>Edith (A very special Lady) Feb. 26</p> <p>From Beano</p>	<p>Happy Birthday!</p>  <p>Brad March 18</p> <p>Love Mom</p>	<p>Happy Birthday!</p>  <p>Candy (A very special Niece)</p> <p>Love Aunt Beano</p>
<p>Happy Birthday!</p>  <p>Grandpa Bruce Mar. 10</p> <p>Lots of love, Samantha</p>	<p>Happy Birthday!</p>  <p>Dad Mar. 10</p> <p>Love, Rick &amp; Marilyn</p>	<p>Happy 1st Birthday!</p>  <p>Daniel Mar. 3</p> <p>Love Aunt Marilyn, Uncle Rick, &amp; Sam.</p>	<p>Happy 40th Birthday!</p>  <p>John Mar. 13 (Lordy, Lordy look who's 40!)</p> <p>Love Marilyn, Rick &amp; Sam</p>
<p>Happy Birthday!</p>  <p>Nancy March 27</p> <p>Love Marilyn, Rick &amp; Sam</p>	<p>Happy 20th Birthday!</p>  <p>Chris March 13</p> <p>Love Marilyn, Rick, Sam, Brad, Maria Wyatt &amp; Connor</p>	<p>Happy Birthday!</p>  <p>Dan Mar. 1</p> <p>Love Aunt Marilyn, Uncle Rick, &amp; Sam.</p>	<p>Happy Belated 50th Birthday!</p>  <p>Mom Feb. 8</p> <p>Lots of love, Doris</p>
<p>Happy Birthday!</p>  <p>Eileen March 27</p> <p>Love Marilyn, Rick &amp; Sam</p>	<p>Happy Birthday!</p>  <p>Warren March 28</p> <p>Your co-workers Marilyn, Joy &amp; Angel</p>	<p>Happy Birthday!</p>  <p>Angie Mar. 30</p> <p>Love Aunt Marilyn, Uncle Rick, &amp; Sam.</p>	<p>Happy 1st Birthday!</p>  <p>Rhyder Mar. 30</p> <p>Lots of Love Aunt Marilyn, Uncle Rick, &amp; Sam.</p>
<p>Happy Birthday!</p>  <p>Cody, Mar 3</p> <p>Love, Grandma Ruby &amp; Grandpa Brad and all your Aunts, Uncles &amp; Cousins too!!!</p>	<p>Happy Birthday!</p>  <p>Mom (Beano) Mar. 27</p> <p>Love from Brad, Ruby, Tribe &amp; Toby too!</p>	<p>Happy Birthday!</p>  <p>Crusher Mar. 18</p> <p>Love Ruby xoxoxoxo</p>	<p>Happy Big 14!</p>  <p>Buzzy Feb. 28</p> <p>Love Nuet</p>
<p>Happy Belated Birthday!</p>  <p>Joy Brant Feb. 24</p> <p>from Ruby, Brad &amp; Tribe!!!</p>	<p>Happy Birthday!</p>  <p>Aunt Ang Mar. 30</p> <p>Love Jackson, Peyton &amp; Baby Karissa</p>	<p>Happy Birthday!</p>  <p>Daddy Noah Mar. 3</p> <p>Love, Jackson, Peyton, &amp; Baby Karissa</p>	<p>To our Special Son that is turning another year older! Buz Feb. 28</p>  <p>We are so proud of your achievements. Keep an open mind and think positive.</p> <p>We love you Mom &amp; Dad xoxoxo</p>
<p>Happy Birthday!</p>  <p>Auntie Mar. 9</p> <p>Love Dudie</p>	<p>Happy Birthday!</p>  <p>Gail Mar. 9</p> <p>Love Wendy &amp; Glenn</p>	<p>Happy Birthday!</p>  <p>Sarah Mar. 6</p> <p>Love, Jackson, Peyton, &amp; Baby Karissa</p>	
<p>Happy Birthday!</p>  <p>Daddy Mar. 15</p> <p>Love Connor &amp; Chevon</p>	<p>Happy Birthday!</p>  <p>Dad &amp; Grandpa Mar. 10</p> <p>Love Mary, Keven, Julie &amp; Family</p>	<p>Happy Birthday!</p>  <p>Nancy Mar. 27</p> <p>Love Mary &amp; Julie</p>	<p>Happy Birthday!</p>  <p>Buz, Feb. 28 The Big 14 yrs! Have a good one! Keep Smiling!</p> <p>Love ya, Starrs &amp; Brandie xoxo</p>



## BIRTHDAYS & ANNIVERSARIES

<p>Happy Anniversary 41 Years of Love!</p> <p>Mom &amp; Dad Mar. 27</p> <p>Love Kim, Shari Denise, Adam &amp; Families</p>	<p>happy birthday!</p> <p>gruncle john mrach 13</p> <p>lots of love, connor &amp; wyatt</p>	<p>The Big 4-0 Happy Birthday! Uncle John Mar. 13</p> <p>Lots of love, Brad &amp; Maria</p>	 <p>Happy Birthday! Matthew, March 15</p> <p>Happy 2nd Birthday Connor, March 15</p> <p>Lots of Love Auntie Jules</p>
 <p>Happy 1st Birthday!</p> <p>Dylan Mar. 1</p> <p>Hugs &amp; Kisses Mom, Dad &amp; Reagan</p>	<p>Happy Birthday!</p> <p>Aunt Nancy Mar. 27</p> <p>Lots of love, Brad, Maria Connor &amp; Wyatt</p>	<p>happy 1st birthday!</p> <p>rhyder mar. 30</p> <p>lots of love, connor, wyatt maria &amp; brad</p>	<p>happy 1st birthday!</p> <p>daniel Mar. 3</p> <p>Love you lots, connor, wyatt, maria &amp; brad</p>



### KANHNOTE

TYENDINAGA TERRITORY PUBLIC LIBRARY  
York Rd. Tyendinaga Mohawk Territory, K0K 1X0  
967-6264

A Cultural & Educational Resource Centre

#### Library Hours

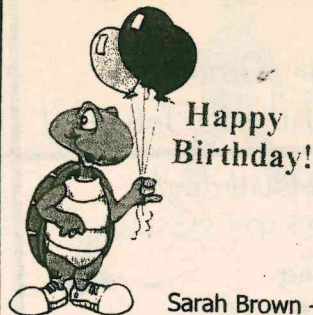
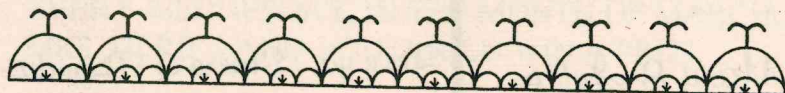
Tuesday 8:30-4:30pm  
Wednesday 8:30-4:30pm  
Thursday 12-4, 6-8pm

Librarian  
Karen Lewis

Email Address: [karenl@library.tyendinaga.net](mailto:karenl@library.tyendinaga.net)

Check out our web-site: [www.tyendinaga.net/volunteer/kahnote](http://www.tyendinaga.net/volunteer/kahnote)

Genealogy Research  
Public Internet Access  
Mohawk Language Resources  
History Resources  
Scanner, Digital Camera, Colour Printer, Fax  
Videos, Magazines & Native Newspapers



Sarah Brown - March 6th  
Bev Maracle - March 30th

From all your buddies @ THC

"Happy Birthday Mrs. Peebles!!"



lotsa love, Scotty



## LANDFILL HOURS

Monday - CLOSED  
Tuesday - 1:00 P.M. - 5:00 P.M.  
Wednesday - CLOSED  
Thursday - 1:00 P.M. - 5:00 P.M.  
Friday - CLOSED  
Saturday - 8:30 A.M. - 5:00 P.M.  
Sunday - 9:00 A.M. - **5:00 P.M.**



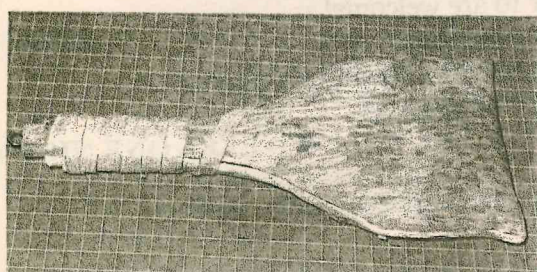
## COMMUNITY INTEREST



March

This month we should honour those people who spend almost as much time with our children as we do. Their mandate is to challenge our youth to be all they can be. Along with reading, writing and arithmetic, they try to focus the student's mind towards being the best citizen possible. Their patience, firmness and kindness enable our children to learn, achieve success and form a firm foundation upon which to grow. Keep these educators in your prayers and good thoughts.

### TYENDINAGA MUSEUM COMMITTEE'S ARTIFACT OF THE MONTH



Bark Rattle

(from the collection of Les and Ella Claus) Date and maker unknown.

This type of rattle was common among the Iroquois. It was usually made from elm bark. The bark was harvested in the springtime. The bark is soaked in water to make it bendable. It is then cut to the desired shape and folded in half and secured closed with a splint. There is a space left at one end where the seeds or pebbles are put in to create the noise. The end is then sealed with a wedge of wood.

### DO YOU HAVE ANY HISTORICAL ARTIFACTS?

The **Tyendinaga Mohawk Museum Committee** is presently working toward establishing a museum.

A small grant has been received through the Museum Assistance Program, Aboriginal Museum Development, for a Collections Research Project. The purpose of this project is to ascertain the size of current collection holdings in Tyendinaga as well as any future additions. This information will be used to determine proper space allocation for exhibits and storage in building planning. Although we are not collecting items at this point, we would like to document items with respect to condition, history, maker, dimensions, etc. This information will be stored on CDs for use at a future date. We sincerely hope you will help us in this worthwhile project.

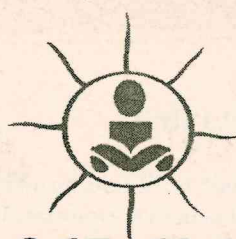
**Objects of interest** to the Tyendinaga Museum Committee are items that represent the history and culture of Tyendinaga Mohawk Territory. The item(s) may have a connection to Tyendinaga through the people who made the item and/or used it or have a significant historical story surrounding it.

Examples:

- older photographs (pre-1955) of people from Tyendinaga or an event that took place on Tyendinaga
- artwork and crafts made by someone from Tyendinaga or subject matter relating to Tyendinaga or Iroquois people
- Traditional Iroquois regalia
- Objects used in Iroquois games

There are many other objects that you may have that we would consider to be significant in telling the story of our community.

Please contact **Noreen Claus** at **968-9734** if you have anything you wish to consider donating to the future museum or if you have any questions regarding the Museum Committee.



## KANHIOTE LIBRARY

967-6264 Tyendinaga Territory Public Library

Are you curious about scrapbooking?

OR

Do you already scrapbook and would like an evening out to do so?

You are invited to join the

### NEW Krazy Kroppers

at the Kanhiote Library on

**Wed. Feb 22nd, 2006 anytime from  
7:30pm to 10:30pm.**

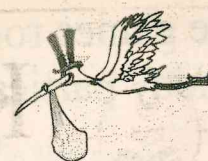
Cost for the evening is a min. \$2.00 donation in support of the library.

For more information or to confirm your spot please call Yvonne 966-9138.

The group has selected the following dates to scrapbook; all are Wednesday evenings: Feb 22, March 1 and 22, April 5 and 12.

*Come on out and check out this awesome world of preserving your past, through scrapbooks, and having fun while doing it!*

*It's  
a Girl!*



**"Shavonne Rachal Cheyanne Bolton"**

**Born: Feb. 21, 2006**

**Weight: 8 lbs. 1 oz**

*A sister for Connor*

**Parents:**

*Matthew Bolton and Christine Landry of Tyendinaga*

**Grandparents:**

*Sherry Farrell of Belleville*

*Elaine Martin of Tyendinaga*

**Great Grandmother:**

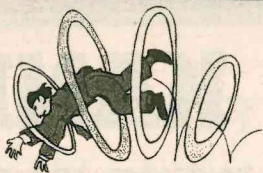
*Shirley Martin of Tyendinaga*

**Proud Uncles:** *Jay & David of Tyendinaga*

**& Aunties:** *Ashley & Jules*



## RECREATION



### Recreation Circle of Change

#### 5 proven ways to help you keep your commitment To a healthy body.

- 1) **Set short-term goals.** You have an end goal in mind. Rather than focusing on that goal, establish small, realistic, measurable goals that will serve as steps in the right direction. Seeing small achievements as you go will help you see that your larger goal is achievable.
- 2) **Make regular changes in what you're doing.** Doing the same thing day after day gets boring for anyone. Nutrition and exercise programs are no exception. Variety is essential in order to prevent your body from becoming used to what you're doing.
- 3) **Keep it interesting.** Choose exercises and activities that you enjoy doing. If the activities you choose to participate in aren't enjoyable, you'll never stick with them.
- 4) **Experience new things.** Always search for new exercises, physical activities, and healthy foods to try. Don't be afraid to experiment. One of the best things you can do is take on new challenges and ideas. Remember, variety is the spice of life!
- 5) **Encourage yourself.** As you see improvement, allow your progress to encourage you to keep working towards your weight-loss and fitness goals. Improvements, whether big or small, are definitely steps in the right direction and proof that you can be successful.

Just remember- each day you continue to exercise, eat healthy and avoid drugs or alcohol, you've taken a step in the right direction



TrimLife Health report article/by Kris Richter  
[http://www.trimlife.com/articles/article\\_02/](http://www.trimlife.com/articles/article_02/)  
 Shared Resource Tyendinaga Recreation Department  
 Five proven ways.05 doc

## Games Room Rental

The games room is available for rent for  
 Birthday parties, meetings or for family fun  
**Only \$30.00**

*Special Certificate & Prize for the Birthday Person*

Sports equipment & games available to use

For more information contact (613)396-3424 ext.107  
 or (613)396-5339 24 hr. voice mail or email  
[darlenel@mbq-tmt.org](mailto:darlenel@mbq-tmt.org) or [www.mbq.tmt.org/](http://www.mbq.tmt.org/)

**Karon hiak ta'kie  
 Tyendinaga Ball  
 diamonds**



**Diamond  
 Rental**

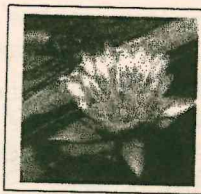
Call for Registration of the  
 "NEW" diamonds for the  
 Summer 2006/07  
**2 diamonds in one area**  
 (613) 396-3424 ext# 107

#### **Canteen / Bathrooms / playground**

- Rental—\$15.00 a game (same prices since before 1999)
  - 1 day tournament \$125.00
  - 2 day tournament \$165.00
  - 3 day tournament \$205.00
  - Great for a fundraiser or Family gathering. Team work event for the Office.
- Call for more details. 24 hr. voice mail  
 • A Eat Smart Canteen

Why not join us for.....

## Spring Renewal Yoga



*I am a graduate of Stillpoint Yoga teachers training in Northport ...and now I'm offering classes in gentle Hatha Yoga each Wednesday evening. Take a little time for you this spring...*

- Explore something new...
- De-Stress
- Lighten up a little
- Stretch and Lengthen your muscles
- Regain your focus

**8 week Session Beginning March 22nd**

**6:30 pm to 7:30 pm**

- Wednesdays—at Karon hiak ta'kie Sports Complex
- Sons and daughters over 10 are welcome!
- \$7.50 a night or (\$ 60 per session)
  - Small Classes with Personal Attention – 15 max
  - Deadline to sign up – **March 13**
  - **IF SIGNED UP FOR THE FULL 8 WEEKS ONE NIGHT FREE**
  - **PRIZES FOR COMING OUT**

**No previous experience necessary-all are welcome!**

**Wear Loose, Comfortable clothing, and bring an exercise mat or towel to work on**

For more information contact the Recreation Department (613) 396-3424 ext.107 or Laurie Burt, Certified Yoga Instructor (613) 477- 2728

## What is Yoga?

- **Yoga is a spiritual practice which emphasizes mind body connection**  
 There are many forms and variations, although in the West yoga is usually thought of solely in terms of the exercise system.
- **I teach Hatha Yoga which is made up of relaxation, breath work and simple guided postures.**

**Benefits of a Yoga Practice include:**

#### **Relaxation**

Yoga exercises, such as gentle stretching, breathing, meditation and guided relaxation, release body tension and calm the nervous system and emotions.

#### **Concentration**

Focus, attention and concentration are promoted by a yoga practice of mindful movement and body awareness. The practice of balancing postures, in particular, builds concentration.

#### **Toning**

Holding yoga postures creates isometric exercise which tones every part of the body, including the internal organs.

#### **Healing**

Yoga exercises the glands, organs and endocrine system, massaging, toning and increasing circulation to stimulate, heal, and eliminate toxins from the body.

#### **Flexibility**

Yoga postures gently stretch the muscles in the body, increasing the flexibility and lengthening the muscles, tendons and ligaments.

#### **Nourishing**

Slow, gentle movements with deep breathing energize the body rather than tire it. This, in combination with yoga's relaxation and healing benefits, allows daily renewal and nourishment of the body-mind-spirit.

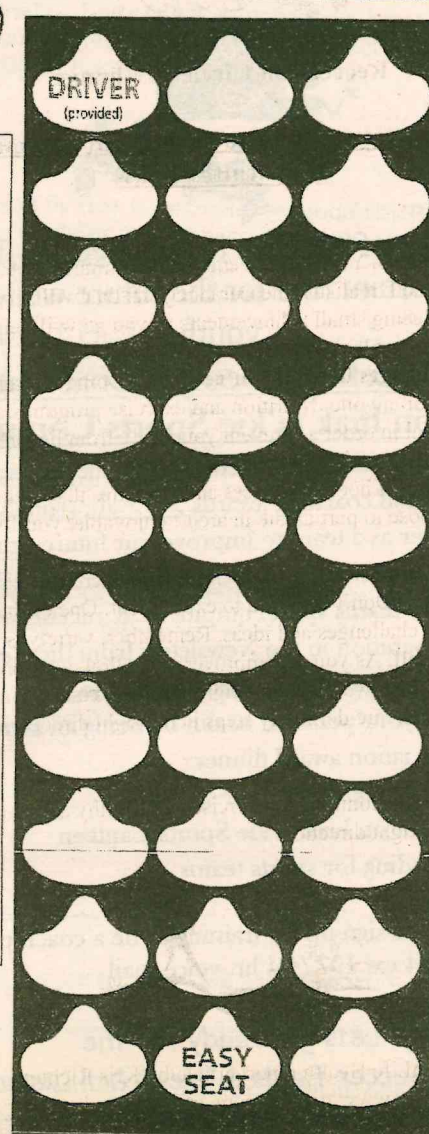


Trillium foundation	\$75,000.00
Bell Canada True Sport Foundation	\$5,000.00
Casino Rama	\$136,453.91
<b>Total Project Funding</b>	<b>\$216,453.91</b>



- 

- Begin training program at least three months before the season begins.
  - Perform moderate-intensity level exercises.
  - Exercise three to four times a week for at least 30 minutes.
  - Engage in aerobic-type activities (brisk walking, jogging, cycling, ice skating or in-line skating)
  - Know your personal risk factors: Family history of – heart disease, smoking, high blood pressure, high cholesterol, obesity, physical inactivity.
  - See your family physician before beginning any exercise program.
- Resource : Fifty-Five Plus ; Joanna Bostwick



# Team Seating Chart

# Lead YOUR way!

**Nominations are being accepted for the 2006  
National Aboriginal Role Model Program**

**Deadline date:**

**May 21, 2006**

## Nominate your role model

**For more information check out:**

**www.naho.ca**

## Lead Your Way!

**Or call**

1-877-602-4445 ext. 548

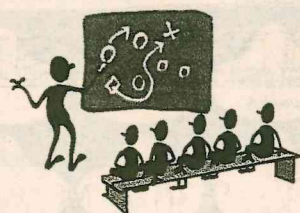


National Aboriginal Health Organization (NAHO)  
Organisation nationale de la santé autochtone (ONSA)



## UPCOMING EVENTS

### Tyendinaga Coaches Wanted!



A wide range of coaches is required for Tyendinaga this is an important role for the future well-being of our youth

#### Benefits of being a Coach at Karon hiak ta'kie Sports Complex

- Training for certification can be covered by the Recreation Depart.
- National Aboriginal coaching awards [www.aboriginalsportcircle.ca](http://www.aboriginalsportcircle.ca)
- Working together as a team to improve our future generation
- Less traveling
- Storage Space for teams sport equipment & meeting room available.
- Community recognition in the Newsletter from the Recreation Depart.
- Learning new technical skills & teaching methods
- Improvement of your personal health by being an active coach
- Volunteer appreciation award dinner
- Discount on family registration for sports
- Discount at the Karon hiak ta'kie Sports Canteen
- Assistant with funding for sports teams

For more information to sign up for training to be a coach contact Recreation Depart. (613) 396-3424 ext.107 / 24 hr. voice mail

Lets get ready for the  
"New" Soccer fields & "New" Ball Diamonds  
"Small community with small sport registration fees"  
Ideas of future recreational project welcome any time.



## Mix League Time !

**Let's Play Ball in Tyendinaga**  
Get your team together and sign up NOW !

Sign up by March 30, 2006  
&  
the league will save on the Ball Diamond Rental  
**The League requires 8 teams for a successful season.**

For more information call 396-2417  
Or cell # 849-3153

## Traditional Lyed Corn 2-day Workshop

Date: March 27 & 28/06

Start Time: 8:30 a.m.- approx. 5 p.m.

Place: Seniors Hall (59'ers)

Instructors: Bonnie Brant & Seth Lefo

It is getting increasingly difficult to find lyed corn in our community. I have offered this workshop so that we can regain part of our culture before it too is gone. Both methods of lying will be shown.

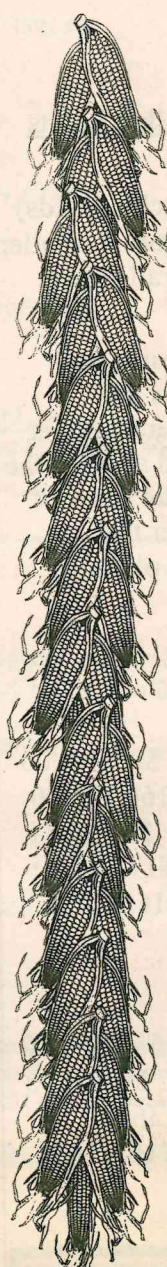
Workshop is limited to 15 participants.

Please call A.S.A.P. as supplies will have to be purchased. 1st day- lying corn

2nd day- making soup & scone

\* No cost to participants

To sign up call Caroline at Thayendanega Health Centre 967-3603



### WATER INFORMATION SESSION

SATURDAY MARCH 25, 2006

at the

MOHAWK ORANGE HALL

1825 York Road

10am - 12:30pm

#### Guest Speakers:

Keith Taylor: Overview of Quinte Conservation, Source Water Protection Program

Andrew Mack: Watershed Stewardship & Wildlife Habitat on your property

Mark Boone: Groundwater Basics, What causes groundwater contamination, Types of wells

Jim Shiner: Types of Septic systems and installation information

"REFRESHMENTS WILL BE SERVED"  
"DRAW PRIZES"

ALL COMMUNITY MEMBERS ARE INVITED TO ATTEND

For more information:  
Crystal Maracle or Liz Brant  
Mohawk Administration Office  
613-396-3424



## UPCOMING EVENTS



### ABORIGINAL LANGUAGE AWARENESS WEEK

**MARCH 27<sup>TH</sup> - 31<sup>ST</sup>, 2006**

**A WEEK OF EVENTS TO CELEBRATE AND PROMOTE OUR RICH, VIBRANT KANYENKEHA**

Watch for updates on daily events scheduled throughout the week

If you have any ideas to share or would like to volunteer at these events, please contact Callie Maracle, Coordinator at 396-3100 x 227

## PARISH OF TYENDINAGA SERVICES

**HOLY TRINITY: 9:30 A.M.**

1ST & 3RD Matins

2ND & 4TH Holy Eucharist

**ALL SAINTS: 8:30 A.M.**

1ST & 3RD Holy Eucharist

2ND & 4TH Matins

**CHRIST CHURCH: 11 A.M.**

1ST & 3RD Matins

2nd & 4th Holy Eucharist



## SMOKE DANCE COMPETITION

Located at  
**Akwesasne Mohawk School**

Akwesasne, Ont. K6H 5R7

**MARCH 18, 2006**

**1:00 - 5:00**

\$10.00 Registration Fee

Registration 10:00 am - 12:30

Open to ages 6 years and up  
Male and Female Prize Categories

PRIZE MONEY	1st	2nd	3rd
Boys & Girls 6-11 yrs.	\$100	\$75	\$50
Teen Boys & Girls 12-17 yrs.	\$200	\$150	\$100
Men & Women 18 yrs & over	\$500	\$300	\$200



FOR MORE INFORMATION CONTACT:  
RONATHAHONNI CULTURAL CENTRE @ (613) 932-9452

## Iroquois Nation Lacrosse - JR. B Tyendinaga Wolf Pack 2006

Get ready to mark your calendars you don't want to miss the excitement this year in the Deseronto Arena! The Tyendinaga Wolf Pack are joining the Iroquois Nation League -Jr. B with Kanawake, Akwesasne and Onondaga this season. Watch for the schedule to follow soon! Help support our team through up coming fundraising activities





## UPCOMING EVENTS

# TYENDINAGA 2ND ANNUAL BUSINESS TRADE SHOW

BUSINESS AND COMMUNITY  
HELPING HANDS

MEET OUR BUSINESSES

DOOR PRIZES

NATIVE FOODS

DISCOUNTS

Come on out to our  
Tyendinaga 2<sup>nd</sup> Annual Business Trade Show,  
Tyendinaga Mohawk Territory,  
March 25, 2006  
at Mohawk Community Centre  
9 am – 4 pm.

Our friendly business people have something for everyone!  
For more information call the Economic Development Office 396-3424.

**Saturday, March 25, 2006** marks the date for our 2<sup>nd</sup> Business Trade Show at the *Tyendinaga Community Centre*. March, 25 is the date we present our businesses to the community and surrounding communities and elaborate on our expertise in each of our fields.

#### Why Should My Business Attend?

A number of Businesses that attended the Trade Show last year were privileged to gain new clientele as well as new contracts and exposure to the outside communities through the radio and newspaper. As you proudly present your business, you will gain exposure to reinforce commitment to your already loyal customers. You will also get a chance to let others know about your business. This is a good way to be part of the community, relax, meet and greet and perhaps just visit and let people know how friendly our businesses are.

There will be advertising and promotion on the radio and newspapers to encompass the full area including Picton, Trenton, Napanee and other nearby communities. At last year's event, the radio personalities took time to visit each booth. This opportunity gave the businesses a chance to get on the radio and talk of their business, if you wish to be included please let us know because there is a time limit.

#### Looking for Ideas and Volunteers

We are seeking volunteers to help organize and the set up for the Trade Show. If you have time or know of someone interested in helping out at this event it would be greatly appreciated please let the Economic Development Office know. We are also looking into fun ideas for whole families, mainly to attract people and make this a fun and educational experience for all. We would like to have something of interest for our businesses and business people including the retail sector letting the public experience your expertise and professionalism. It was suggested we have a jail'n bail and a treasure hunt for the kids and maybe a clown and face painting and perhaps story telling. Your ideas are welcome and I look forward to hearing from you.

#### Cooks & Bakers

We had both upstairs and downstairs kitchens in operation with Native foods from local people for sale. We would like to offer the same amenities to our guests and business attending the trade show this year. If you are interested in using either of the kitchens we need to know a.s.a.p. We would require having a list of foods that will be available as they will be advertised to the community. If you are preparing food, we'd prefer to keep to Native Foods as much as possible.

A good variety of businesses attended last year. This year we would like to expand to introduce ALL businesses; what you have to offer, including artisans, craftspeople, and the other retail stores and services, and trades. Speak to us about setting up different incentives for your business.

#### What is the Cost?

Our aim is to keep fees as reasonable to the business as possible. We would like businesses to participate in ways that would promote the event and your business. We are asking for a donation for a door prize from your business, as this would let people see your product. It was suggested if we collected a fee and then bought a "Grand Prize", such as a trip to Niagara Falls which would include a room for two (or family). If you feel this is a good idea to potentially get more people to attend. Also this would be used as a promotion tool with each business attached to it.

#### How to Register

You may fill out the attached form to register your business and return to the Economic Development Office, or email either [lashelleb@mbq-tmt.org](mailto:lashelleb@mbq-tmt.org), or [lyndat@mbq-tmt.org](mailto:lyndat@mbq-tmt.org). Or if you have questions or some ideas you wish to discuss please give us a call at the Administration office 396-3424 ext. 110 or ext. 135.

Thank you,

Lynda Thomas  
Assistant Economic Development Officer



# UPCOMING EVENTS

## Inter-Reserve BOWLING Practice

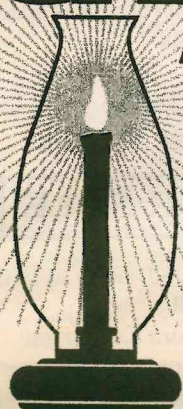
Monday, March 20  
Start time 7:00 p.m.  
Belleville Plaza



## CANDLES

### A GLOWING CONCERN

Keep candles out of the reach of children and pets. Remember to snuff out your candles if you are leaving the room or going to bed.



*Want to Drink?  
That's your business.*

*Want to stop?*

## Alcoholics Anonymous

Discussion group meets  
every Monday night  
8 p.m.

Thayendanega Health Centre

## "AA OPEN MEETINGS"

8:30 every Monday  
Queen Ann Parish Centre

For more information call:  
Bev 962-5183 or Lorna 396-5013

ADMINISTRATION OFFICE	: 396-3424
HEALTH CENTRE	: 967-3603
FAMILY SERVICES	: 967-0122
RED CEDARS SHELTER	: 967-2003
QUINTE MOHAWK SCHOOL	: 966-6984
CHILDCARE CENTRE	: 967-4401
LIBRARY	: 967-6264

*An invitation to First Nations, Inuit and Métis teams!*

## ABORIGINAL NATIONS CUP

### ADULT HOCKEY TOURNAMENT

**April 15-16-17, 2006**

**Easter Weekend! OTTAWA, ONTARIO**

**More than \$25,000 in cash & prizes!**

#### Competitive Divisions

Teams	Category	Age*	Entry Fee	Prize Money Distribution**		
				For each win	Champions Bonus	Finalists Bonus
8	Open Class A	19+	\$1,000	\$200	\$3000	\$1500
6	Class B	19+	\$800	\$100	\$2000	\$1,200
6	Class C	35+	\$800	\$100	\$2000	\$1,200
6	Women	19+	\$800	\$100	\$2000	\$1,200

#### Participation Recreational Divisions

4	Oldtimers	40+	\$500	In order to keep these divisions as recreational only, participation souvenir gifts will be distributed to all players in lieu of cash. Trophy and additional prizes for finalists and champions.		
4	Women	30+	\$500			

\*Some age exceptions allowed (see rules). \*\*Prize money is subject to final number of teams. Guaranteed three games. Deadline for registration is March 31, 2006. Participation is confirmed with full entry fee payment only.

#### Individual awards for top players in each category

**ALL TIE GAMES (EXCEPT FINALS) DECIDED BY SHOOT-OUT!**

Saturday Night Dance  
with 2005 Canadian Aboriginal Music Award for Best Blues Album winner

## THE WOLFPACK

from Six Nations

Player's lounge open all weekend!  
Music • Native Foods • Friendly atmosphere

**Vendors call for table rental information**

*All events to take place at the*

## Jim Durrell Complex

1264 Walkley Road - (Corner of Bank St. South and Walkley Road)

*Admission prices are as follow*

#### All Day Daily Admission

Adults (16 & older) \$10  
12-15 years old & all students \$5  
11 years old and under & Elders - Free

**Week-end player passes** available for \$10  
Name must be on roster (not replaceable or refundable)

#### Saturday Night

Dance tickets  
\$10 in advance  
\$15 at the door

**ENTER NOW TO ENSURE YOUR TEAM'S PARTICIPATION!**

FOR MORE INFORMATION and/or FOR A FULL RULES/REGISTRATION PACKAGE PLEASE CALL

**JOHN BOUDRIAS - ABORIGINAL NATIONS CONSULTING**

(613) 228-5206 or johnboudrias@email.com

*Organized in the spirit of friendship, respect and fair play*

## TOPS

### Tyendinaga Mohawk Territory

TOPS (take off pounds sensibly)

Meets every Thursday at the ELDERS LODGE.

Weigh in is 5:00 - 6:00 p.m. (private and confidential)

Meeting starts at 6 p.m.

**All New Members Are Welcome!**

We share tips on weight loss, recipes, and a lot of fun.

Please contact Donna Crouse at 396-2229.



# CLASSIFIED

## HOUSE FOR SALE

8 year old 1400 sq. ft. raised bungalow on 1 acre lot located at 19 Brock Street. 4 bedrooms, 1 bath, finished rec-room in basement, lots of water, full length covered deck.  
For serious inquiries only please call 968-6238 after 5pm/leave message.

## FOR SALE

**BUILDING LOT**  
- located on Stella's Lane (518 Ridge Road)  
- 130' X 200' or more  
- well treed and overlooking the bay.

If interested call: 969-1070

## FOR SALE

*-MOVING MUST SELL*

**DOUBLE BED WITH FRAME**  
- \$30.00

**BLACK & DECKER ELECTRIC WEDEATER**  
- \$20.00

**30" STOVE (Beige)**  
- works great  
- \$50.00 to be sold at the end of March

**BELL EXPRESSVIEW RECEIVER**  
- to be sold at the end of March  
- \$20.00

**COMPLETE COMPUTER SYSTEM**  
- 256 K memory/windows 2000  
- new 17" monitor/ keyboard  
- 2 speakers, modem 56 k  
- works great  
- \$250.00 firm

Call: Gwen 396-6331

## LAND FOR SALE

- 1 acre lot  
- located on Wymans Rd.  
- lot 22 Cons. 2  
- culvert included  
- will hold the mortgage

Call Glenn Hill:: 962-5470

## FOR SALE

**STOVE WOOD**  
- ash, oak, maple mixed

Call: 968-3917

## FOR SALE

**BUILDING LOTS**  
- located on Mark's Rd  
- 1 acre or larger

Call: 968-3917

## CHILD CARE PROVIDER

- Mother of one  
- C.P.R. & First Aid trained  
- No pets, lots of T.L.C. in a clean environment  
- Healthy meals & snacks  
- Located in the subdivision on Huron Brant Dr.

Call Angela at 396-6564

## MEDIUM READINGS

**Judy Maracle**

Call Angela for an appointment:  
613-396-1284

## FOR SALE

**SOLID MAPLE TABLE & CHAIRS**  
- 6 chairs  
- matching hutch  
- \$600.00

Call: 396-5528

## HOUSE FOR SALE

**3 BEDROOM**  
- furnished  
- full basement  
- 2 acres  
- 2 car garage

Call: 967-0167

## MILL TOWN MEATS

- Corn Fed Beef  
- Quarters & Half Cuts of Beef  
- Wrapped & Frozen  
- Individual pieces sold at home  
- AAA Beef

*Make your own Soup!  
Lyed Corn, Beans, Special Pork!*

Call: Glenn Hill 962-5470

## NOTICE

Olde Tyme  
Country Band  
playing Country, Blue Grass  
& Gospel music for most  
functions including  
\* Weddings \*  
\* Anniversaries \*  
\* Birthdays, Banquets \*  
Reasonable Rates contact  
Don Brant: 396-3759

## LAND FOR SALE

**BUILDING LOTS OR ACRES**  
- some York Rd frontage  
- reasonable pricing

Call: Roger or Gloria Brant  
962-3795

## WANTED

**3 PLUS BEDROOM HOUSE**  
with 5 or more acres of land

Call: 354-7271

## FOR RENT

**2 BEDROOM HOUSE**  
- 1 level, with 1 car garage  
- central air, new kitchen, oil  
furnace, 1 bathroom  
- 6062 Old Hwy #2 Shannonville

For all inquiries please call:  
396-3700 ext. # 2

## BABYSITTING AVAILABLE

- In my home located in the sub  
Division  
- Mondays to Fridays  
(weekends on request)  
- nutritious lunch  
- outside activities  
- any age

Please call Teddy: 396-1610

## FOR SALE

*TOYS - all items are in excellent  
condition*

**66 " AIR HOCKEY TABLE**  
- extra paddles and pucks  
- \$80.00

**LITTLE TYKES BASKETBALL  
NET**  
- \$25.00

**LITTLE TYKES WAGON**  
- removable sides  
- \$30.00

**JIMMY NEUTRON**  
- remote vehicle with battery pack  
- \$25.00

**12" - 14" BIKE**  
- \$20.00

**BABY CHANGE TABLE**  
- wood (excellent condition)  
- \$30.00

Call after 5 p.m. or leave a  
message 396-5216

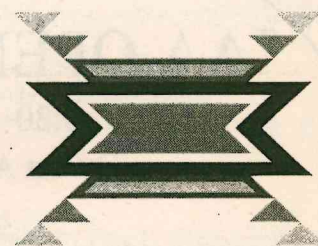
## FOR SALE

**ALMOST NEW WING BACK  
CHAIR**  
- medium dark green  
- used only a few times  
- 185.00 or B.O. (excellent  
condition)

**COMPUTER**  
- *never used*  
- Daewoo monitor  
- Daewoo hard drive  
- built in modem, speakers,  
mouse, keyboard, printer  
inkjet (Epson Stylus Colour  
860), power bar  
- new compact computer disks  
- Excellent condition  
- \$375.00 or B.O.

**DINNER SET FOR EIGHT**  
- very nice, blue grey band with  
fancy gold rim  
- 10 3/4 inch dinner plates  
- cups, saucers, bread plates,  
soup bowls, 1 round platter  
- 1 large vegetable bowl  
- Teapot, sugar & creamer  
- used only 3 or 4 times  
- excellent condition  
- \$100.00 or B.O.

Call: 396-2758





# CLASSIFIED

## HOUSE FOR SALE

Bungalow with attached and self contained Granny Flat (approximately 1500 sq. ft.)

- finished basement with 3 bedrooms approx. 1000 sq. ft.)
- located at 321 Beach Rd
- 2 full bathrooms
- new roof
- insulation in walls R20 and ceiling R40, air conditioning, central vac, electric furnace, wood stove
- water softener (good water and lots of it, results of water testing)
- two railed decks (16 X 40 on the rear of house and 8 X 24 attached to the granny flat)
- new septic tank
- double driveway and many more amenities.

Call: 966-0642

## FOR SALE

9 YEAR OLD HOUSE

- located on 741 Ridge Rd
- lot size approx 150' X 150'
- 1500 sq. ft. with screen sunroom
- 1 1/2 car garage with paved driveway
- oil furnace, propane fireplace, stove and hot water tank
- wired for generator
- good well, water softener & purification system
- all oak kitchen cabinets
- ADT system installed
- basement is 1/2 full and 1/2 crawl space
- asking price \$169,900.00

For more information call  
Ethel Gilcrist: 962-5179

## FOR RENT

2 BEDROOM TRAILER

- 234 Slash Rd.
- Available Immediately

Call: 396-3708

## FOR SALE

96 FORD AREOSTAR VAN

- 4 litre
- \$800.00 or B.O.
- will be sold "as is"

For more info call: 396-3403  
or 967-0793

## FOR SALE

750 YAMAHA MIDNIGHT  
MAXIUM MOTORCYCLE

- \$2300.00 or B.O.

REBUILT 4.3 T.B. CHEVY  
MOTOR - \$800.00

TRUCK CAP

- for a Mazda 6' Box
- \$250.00

Call Russ Loft: 966-4077 after  
4:30 p.m.

## FOR SALE

3 BEDROOM HOUSE

- 18 Airport Rd. Deseronto
- 1 bath, finished basement
- central air, efficiency gas furnace, front & back yard
- siding with brick front

For all inquiries please call:  
396-3700 ext. #2

## WANTED

20 ACRES OF LAND OR MORE

- would like to purchase a parcel of land that is well treed with a variety of trees and 20 plus acres
- prefer a quiet road with adequate road frontage

If you are interested in selling a parcel of land that meets this criteria, please contact:  
Ken Brant: 396-3424

## FOR SALE

BUILDING LOTS FOR SALE

- Upper Slash Rd
- (lots posted on South side of road)
- 1 acre lots with 150' of road frontage

For more information, please  
call Mr. Glenn Hill at 962-5470

## LAND FOR SALE

- Waterfront lots
- Hickory nut grove
- 100' frontage X approx 466
- serviced road & hydro
- will hold mortgage

Call Glenn Hill: 962-5470

## FOR SALE

SINK, TOILET & BATH TUB

- pink colour

Call: 396-6522

## FOR SALE

WASHER & DRYER

- \$150.00 or Best Offer

Call: 396-5013

## LAND FOR SALE

- approx. 80 acres
- located between York Rd and upper Slash Rd
- road frontage on both roads
- some open land and woods

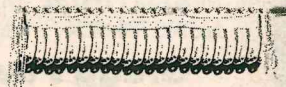
For more information call:  
962-6429 Diana Maracle

## HOUSE FOR SALE

4 BEDROOM HOUSE

- double car garage
- located at 640 Norway Road

If interested call: 967-0793



## LAND FOR SALE

lot 25c-5, Concession 2

- shown on Plan NO.RSO 4624- 8.45 acres
- located on Lower Slash Rd.
- good farmland
- some wooded acreage on the parcel
- 77 ft. access to road

Please contact Crystal Maracle  
at 396-5879

## HOUSE FOR SALE



2 Bedroom house located at 536 Lower Slash  
Approximately 3/4 acres

New Roof

Dug Well/Water Treatment System

Hardwood flooring (living room)

New laminate flooring (kitchen & dining room)

New kitchen Cupboards

New windows

Propane forced air furnace

Asking \$100,000/OBO

Call: 613 396-5879 or 613 813-9005

Do you have something to sell?

Advertisements in the classifieds are free!

Deadline for the next newsletter is Friday March 24

Give us a call at 396-3424



## COMMUNITY BUSINESSES

**powless @ Home**  
 Complete ArchiCad service for home and business  
 Small building and home design, drafting, HVAC design,  
 Inspection & Consulting.

Head Office:  
 1214 York Road  
 Tyendinaga M.T. K0K 1X0  
 ph. 613.771-9792  
 fax. 905.786-9824

Branch Office:  
 4630 Regional Road 18  
 Newtonville, Ont. L0A 1J0  
 ph. 905.786-2226  
 fax. 905.786-9824

**Gregg Powless**  
 Registered Designer  
 archicad.design@direcway.com



**NEEDLE NOOK**  
**BIRDIE'S**

**New "WOOL"**  
 Cross Stitch, Assorted Needles

*Open All Year!*  
 Monday - Saturday 10 - 4  
 Closed - Sunday and Wednesday

**\*\* Gift Certificates Available \*\***

birdster@sympatico.ca  
 1093 "c" SLASH ROAD  
 TYENDINAGA MO-  
 HAWK TERRITORY  
 613 396 1960



*Time For You & Salon*  
 "Hairstyling and Esthetic Salon"

**Now OPEN!**

*Hair Styling for the Whole Family*

- Waxing Services
- Eyelash & Eyebrow tinting
- Ear Piercing & Facials
- Manicures & Pedicures

*\* Accepting New and Existing \*  
 Customers!*

*Great Savings on all Joico, OPI,  
 Hair & Nail Care Products!*

Diane Maracle has now relocated to  
 5717 Old Hwy #2 in Shannonville  
 Call: **968-9459** for an appointment

**D&R Welding & Maintenance**  
**(613) 967-6505**

**Welding, Fabrication and Ornamental Wrought Iron**  
**DARRYL 961-9538** ~ Auto Repair ~ **SONNY 391-7990**  
 1298 Upper Slash Rd. RR#1 Deseronto Ont. K0K 1X0

**YOU  
 CAN PLACE  
 A BUSINESS  
 AD  
 HERE!**

**CALL FOR  
 DETAILS**

**396-3424**

### Hours of Operation

Mon.- Fri. 8 - 5  
 Sat. 8 - Noon

121 HURONBRANT DR. N.  
 TYENDINAGA MOHAWK TERRITORY  
 NO TAX ON PICK UPS

**Sue's Miracles**  
 ALTERATIONS, TAILORING  
 REPAIRS & LEATHER WORK

FITTINGS ARRANGED  
 DROP LOCATIONS..BATH, NAPANEE & DESERONTO

SUSAN MARACLE  
 (613) 396-1985





**NOW OPEN!**

## Stylin Hair

27 WYMANS RD.  
TYENDINAGA MOHAWK TERRITORY  
969-2854

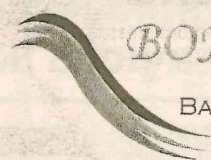
*A FULL SERVICE SALON OFFERING:*

CUTS (WOMEN, MENS & CHILDREN)  
COLOUR & HIGHLIGHTS (SPECIALTY IN FOILS)  
PERMS  
SHAMPOO & SET  
UP-DO'S AND FORMAL STYLING  
BRAIDING  
WAXING

*GREAT PRICES GREAT SERVICE GREAT ATMOSPHERE*

CALL FOR APPOINTMENT - WALKINS WELCOME

MONDAY CLOSED  
TUESDAY 9 - 6  
WEDNESDAY 9 - 6  
THURSDAY 9 - 8  
FRIDAY 9 - 6  
SATURDAY 8 - 1



**BONNIE MARACLE**

RN., LL.B.  
BARRISTER-SOLICITOR-NOTARY

186 RIDGE ROAD  
TYENDINAGA, ONT.  
KOK 3A0  
PH: 613-969-9711  
FX: 613-969-9733  
TOLL FREE: 866-969-9711

199 FRONT ST., STE. 120  
CENTURY PLACE  
BELLEVILLE, ONT.  
K8N 5H5  
PH: 613-969-9979  
FX: 613-969-9660

## VILLAGE CONCRETE

391 BEACH ROAD  
P.O. BOX 3  
SHANNONVILLE, ONTARIO  
KOK 3A0

BASEMENT FLOORS, GARAGE FLOORS,  
SIDEWALKS

Greg Lewis

967-1407

**You could advertise  
your business  
here for a small fee!**

**Call 396-3424  
for more information.**

## LEGAL ADVICE CLINIC

Hours of Operation :  
Friday's from 10:00 - 2:00 pm  
Sponsored by Legal Aid Ontario  
Appointments or Walk In  
186 Ridge Road, Tyendinaga  
CALL (613) 969-9711

## All Ears DJ Service

*Our rates are reasonable and our music is agreeable!*

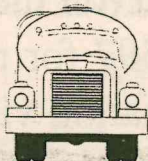
Call Ky Maracle 848-7258



## ROLLIN' RAPIDS TRUCKING

*Locally Owned and Operated*

Bulk water / Flatbed service  
Call: 96-WATER



S + G MacDonald  
Owner/Operator

765 Melrose Rd  
Shannonville, Ont  
(613) 969-2837

613-396-2782  
613-961-9434

Shingles  
Roof Repairs

## B.C. Roofing

All types of Roofing

Rubber Roofing  
Steel Roofing

Bruce Maracle  
Tyendinaga Territory



## COMMUNITY BUSINESSES



**TRIBAL CUSTOM  
INSURANCE  
SERVICES INC.**

~ HOME

~ AUTO

~ COMMERCIAL

~ EMPLOYEE BENEFITS

Do you feel your insurance is too high?  
We believe we can help you find the right  
price and provide you with great service.

Call NOW for a free quote

**1-888-511-2060**

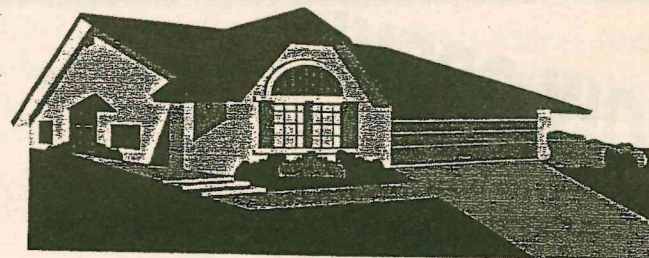
*"Our Vision – Your Well Being – Our Coverage"*

Currently servicing: Ontario, Manitoba, Saskatchewan, and Alberta

Head Office: 1000 Degurse Drive, Suite 2 Sarnia, Ontario N7T 7H5

[www.tribalcustominsurance.com](http://www.tribalcustominsurance.com)

100% ABORIGINAL OWNED



**BUILD-ALL CONTRACTORS**  
5427 Hwy #2, Tyendinaga Territory  
Shannonville, Ontario  
K0K 3A0  
Phone: (613) 969-1315  
Fax: (613) 969-9806  
E-Mail: [buildall@bellnet.ca](mailto:buildall@bellnet.ca)

**QUALITY WORK AND COMPETITIVE PRICES**

- DESIGN/BUILD COMMERCIAL OR RESIDENTIAL
- RENOVATIONS
- LICENSED SEPTIC INSTALLER
- ICF WALL SYSTEMS
- SUBDIVISIONS
- EQUIPMENT RENTAL
- WATER & SEWER
- DRIVEWAYS
- CONTAMINATED SOIL REMOVAL
- SCREENED TOPSOIL
- ROAD BUILDING
- ROCK REMOVAL

**Lennox & Addington Financial Centre Inc.**



**Dianne Dowling**

Professional  
Advice &  
Service  
Tailored  
to Your  
Needs



**Bob Vrooman**  
CFP CLU CH.F.C.

109 John St. Napanee, ON K7R 1R1

Phone: 354-2726, Fax: 354-3585, E-mail: [service@lafc.ca](mailto:service@lafc.ca)

## RALPH'S AUTO GLASS

\* Over 25 Years Local Service \*

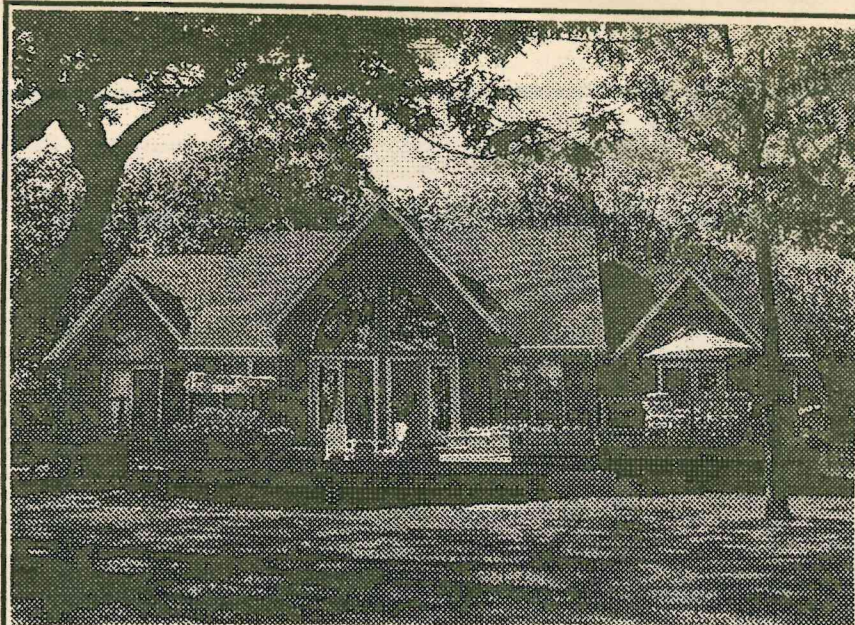
Ralph Sero  
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