NEWSLETTER ISSUE 5/01



Historical re-enactment of the Mohawk Landing Ceremony (1784) commemorating the settlement of the Mohawk People on the shores of the Bay of Quinte

~ Sunday Way 20, 2001~

9:00 a.m.

MOHAWK LANDING CEREMONY

Landing Park (Bayshore Road)

10:30 a.m.

CHRIST CHURCH & PENTECOSTAL CHURCH SERVICE

(Following the Landing Ceremony)

12:30 p.m.

LUNCHEON

(Community Centre Upstairs)

1:30 p.m.

CRAFT SHOW

(Community Centre Downstairs)

Mohawk Singers

Mohawk Dancers

In this Issue:

SECTION A:

Administration Notices

& Press Releases - front - 8

Employment - 9

Health Centre - 10 & 11

Red Cedars - 12 &13

Education - 14 & 15

Recreation - 16

SECTION B:

Recreation - 17 & 18

Birthdays & Community

Interest - 19 - 24

Upcoming Events - 25 - 27

Recycling - 28

Classified - 29

Business Advertisements - 30 - 32

Newsletter Deadline Tuesday, May 24 12:00 noon 396-3424

We're on the Internet www.tyendinaga.net (What's happening)

EUCHRE NIGHT!

Euchre and like to play
Euchre and have fun?
Euchre every 2nd Tuesday evening at 7:30!
We have business meetings once a month!
If you are interested please call
396-6522 OR 967-4708

For more information

ADMINISTRATION



MOHAWKS OF THE BAY OF QUINTE

R.R. #1, Tyendinaga Mohawk Territory, Ontario KOK 1XO Phone: (613) 396-3424 Fax: (613) 396-3627

April 30, 2001

TO THE MEMBERS OF THE MOHAWKS OF THE BAY OF QUINTE FROM THE CHIEF

Se:ken Sewakwekenh

I hope that this report finds you in good health and that you enjoyed a traditional feast of pickerel.

Conflict of Interest Guidelines

At the Council meeting on March 29, 2001, Council adopted Conflict of Interest Guidelines for the Mohawks of the Bay Quinte as drafted by lawyer Vuk Kovinich.

Aboriginal Head Start

At the Council meeting on March 29, 2001, Council approved to hire the Centre for Indigenous Sovereignty to create and customize an evaluation process for the Head Start program for an amount of \$ 6,313.00.

On March 30, 2001, Council approved to sign an agreement with Health Canada in the amount of \$6,500.00 for this iniative.

Indian Act Presentation

On April 5, 2001, Debbie Thomas from Akwensasne attended the community centre and presented a historical presentation of the discriminatory aspects of the Indian Act.

Environmental Standards for Businesses

On March 30, 2001, Council directed that investigations occur to ensure that businesses comply with all environmental standards.

At the same meeting, Council also requested that the Ministry of Environment investigate the camp and trailor grounds near Lot 35 Concession A.

On April 2, 2001, Council requested that the Ministry of Environment to investigate tires being brought to our community from the United States and subsequently buried in our territory.

Weights and Measures Canada

On April 4, 2001, Council approved that an inspector from Weights and Measures Canada inspect businesses in our community to ensure that weights and measures equipment meet all the requirements set out in the Weights and Measures Act, is regulations and specifications.

(2)

Dog By-law

Council received numerous complaints about dogs running at large. This is contrary to the dog by-law which is reproduced in the newsletter for your information.

Policing Model

On April 2, 2001, Council agreed to participate in the development stage for the White Pine Regional Police Services model. The development of this model is coordinated by Charles Cornelius of the Association of Iroquois and Allied Indians.

On April 2, 2001, Council approved a \$ 15,000.00 contract with Lewis Staats of Sixdion Inc. to conduct a feasibility study for the establishment of a Self-Administered Police Services at Tyendinaga.

Bus Manager

Art Brant will be retiring as Bus manager effective August 31, 2001. We appreciate Art's seventeen years of service with the Mohawks of the Bay Quinte.

<u>Fishing</u>

On March 7, 2001, Council requested that the Band's lawyer, Peggy Blair, investigate the feasibility of bringing a case against the Ministry of Natural Resources for harassment, infringement and encroachment of Treaty rights of the Mohawks of the Bay of Quinte.

The Council will be holding a meeting with Peggy Blair and Michael Strezos on a proposed fishing by-law for the Band and the possible lawsuit against the Minister of Natural Resources.

No Netting During Spawning Season

At the February 28, 2001 Council meeting, Council approved to enact a by-law honouring the wishes of the community in the April 2000 survey, where Band members indicated that action be taken to control the harvesting of pickerel during the spawning season.

At the March 7, 2001 Council meeting, the Councilor moving the motion indicated that the intent of the by-law was to prohibit commercial fishing during the spawning season.

On the April 4, 2001, Council signed resolution #1 requesting that the Tyendinaga Police Services monitor and remove all nets from the mouth of Shannonville River and all creeks and rivers within the Tyendinaga Mohawk Territory during the spawning season.

On April 25, 2001 at 4 p.m., Council consulted community members on the issue of netting.

(3)

On April 25,2001 Council signed resolution #15 requesting the Mohawk Police Service and their designates monitor and remove all nets from the Bay of Quinte creeks and rivers within the Tyendinaga Territory during spawning season, with the exception of those licensed, from April 1 to April 30, 2001.

The measure is not intended to minimize or jeopardize the inherent rights of Aboriginal people, but to control, manage and preserve this gift of the Creator so that there will be fish for future generations.

Monitoring of Fishing

On March 29, 2001 Council approved to sign a Memorandum of Understanding with the Ministry of Natural Resources to monitor the spear fishing of the Mohawks of the Bay Quinte.

The Ministry of Natural Resources will provide the Band with \$6,000.00 to monitor the spear fishing season and the agreement runs from April 3 to May 31, 2001.

BDO Dunwoody Consulting Services

On March 30, 2001, Council approved to engage BDO Dunwoody to review the policy and organizational structure and provide a report on governance, at a cost of \$16,500.

The work is to include overall governance that will include a conflict of interest guidelines. It is expected the end result will create a high level action plan.

Tobacco Quota

The Grand River Enterprises has launched a court case against the Ontario Government stating that the quota system is a violation of the Aboriginal peoples' right to economic development and trade.

On March 7, 2001 Council directed that the Band's lawyer, Alan Pratt, advise as to whether the Band request intervene status in the case.

On March 23, 2001, Council declined signing the Statement of Allocation of Tobacco from the Ontario Ministry of Finance.

All cigarette vendors will be contacted to renew their Business Registration and Permits to Purchase Wholesale. Anyone not renewing their permit will be removed from the list.

Turton Penn Highway

On February 28, 2001, Council approved to sign a contribution agreement in the amount of \$42,020.00 with the Ontario government to conduct an appraisal on the old Highway 2 property within the Turton Penn area.

At the same meeting, Council agreed to contract with D.G. McGugan & Associate Inc. to provide the appraisal as to fair market value for the right-of-way.

(4)

Hastings County Turton Penn Highway

The County of Hastings has committed in its 2001 budget to rehabilitate Old Highway 2 commencing at Byron Cresent to west of the Salmon River bridge.

Chief Administrative Officer

On March 7, 2001, Council appointed Todd Kring as Chief Administrative Officer. Todd has an extensive background and experience in the Band's technical, environmental and capital infrastructure, issues which will be beneficial in this position.

Band's Insurance Company

On March 30, 2001, Council was notified by our insurance broker that St. Paul's Insurance Company was unwilling to provide the Band with continued insurance coverage because there were too many unsettled lawsuits and claims against the Band.

The Band's insurance broker was able to get Zurich to provide insurance coverage to the Band for an annual premium of \$92,538.00. This represents an increase of approximately \$5,000 over last year's premium.

CMHC Housing Awards

On March 2, 2001, the MBQ Housing Department received awards for Dedication Towards Making Healthier Housing. Congratulations to all MBQ Housing staff, carpenters, painters, electricians and community contractors involved. Congratulations on a job well done.

Small Business Loan Fund

On March 8, 2001, Council agreed to approve the Small Business Loan Fund policy which can provide up to \$10,000 business interest free loans, repayable in a five year period, pending the availability of funding in the Economic Development budget.

Richmond Landfill Site

On December 22, 2000, the Honourable Lyle VanClief, MP, forwarded a letter to the Honourable David Anderson, Federal Minister of the Environment, requesting that the Canadian Environment Protection Agency conduct a full environmental impact study on the Richmond Landfill Site.

There are four federal departments that will be participating in the review. They are the Department of the Environment, Fisheries and Oceans, Health Canada, and the Department of Agriculture.

On March 27, 2001, I wrote to the Deputy Minister of Indian Affairs, Shirley Serafini, to request funding in the amount of \$124,390.00 to conduct additional surface and groundwater sampling, statistical analysis and monitoring well installations and reporting.

ADMINISTRATION

(5)

Base Mapping in Ottawa have completed the contour aerial mapping of the Richmond Landfill Site and Council met with Kevin Shipley of XCG Environmental Consultant on April 4, 2001. The mapping provides further indication that leachate is migrating to surface water without being intercepted.

The Globe and Mail on March 26, 2001 at page A15, featured an article outlining that the Criminal Intelligence Service of Ontario issued a 93 page report in 1993 titled "Organized Crime and the Environment" which warned the Ontario government that the American firm, Waste Management Inc., had a long list of environmental crimes and corruption.

The Globe and Mail article said "the list of WMI's environmental violations is extensive. Violations include falsifying records, violating inventory limits, mislabeling of drums containing hazardous waste to mislead inspectors, mishandling of hazardous wastes...selling home heating oil contaminated with PCBs and dioxin, bribing mayors to obtain municipal waste hauling contracts, and so on and so on." I have included my letter to Shirley Serafini and the Globe and Mail article for your perusal.

On April 11, 2001, Council met with lawyers Alan Pratt and Patrick Shindler to review the status of the Judicial Review application which is before the court.

On April 11, 2001, Council approved that Patrick Shindler take over the primary role as the Band's legal counsel with respect to the judicial review application.

Patrick Shindler has informed Ms. Sara Blake, Counsel, Crown Law office of the Ministry of the Attorney General that the proceedings will be held up because the record of the Minister's decision has not been filed and served. Unless this is done by May 15, 2001, a motion will be brought before the court compelling timely filing and delivery of the record. Also the court will be asked to establish a schedule for the timely completion of the remaining steps. A copy of the letter is enclosed for your perusal.

Council is taking the Ontario Government to court because the Terms of Reference for the proposed Richmond Landfill Site expansion did not include justification for the need of the expansion or look at alternatives as required by Ontario law.

We are concerned that the dump is negatively impacting the water courses that pass through our territory and has a potential of negatively affecting ground water and fish habitat.

On April 4, 2001, Council requested that Indian Affairs provide \$ 124,900.00 to conduct additional surface and ground water samples, to review CWS historical water sampling data, and to conduct hydrogeological testing in the Richmond Landfill area.

Home and Community Care Consulting Contract

On April 11, 2001, Council approved to sign a \$ 65,000.00 contract with Janet Brant-Nellis for the Home and Community Care Consulting Services. The contract is from April 17, 2001 to March 31, 2002.

(6)

Elders and Youth Conference

On April 26-27, 2001, an Elders and Youth Conference was held at Moravian Reserve. The purpose of the conference is encourage more dialogue between elders and youth to impart traditional knowledge, language and culture.

I wish to thank Bernice Maracle, Beatrice Brant, and Helen Breadman for representing our community at the Elders conference.

A.I.A.I. Chiefs Council Meeting

An A.I.A.I. Chiefs Council meeting was held at Moravian on April 27, 2001 which I attended. I submit the following report:

- 1. Indian Affairs will be submitting a Memorandum to Cabinet to provide funding for special education.
- 2. There will be a meeting at the Crown Plaza in Ottawa on May 1-2, 2001 on First Nations Governance.
- 3. It was recommended that all post secondary loans from OSAP be written off.
- 4. There was no status report from the Chiefs of Ontario office on the Triapartite discussions on the future of the Indian Commission of Ontario. It is expected there will be a report at the Chiefs of Ontario meeting.
- 5. Minister Nault is available to make technology available in First Nations communities.
- 6. There is a position on the Board of Directors to be filled for the Ontario Limited Partnership which manages the distribution and accountability for Casino Rama funds. This person would be A.IA.I.'s representative.

Business Loan Guarantee Program

On January 25, 2001, Council approved to implement a Business Loan Guarantee program with the Bank of Montreal.

The Band will guarantee business loans up to \$150,000.00 provided that the applicant meets all of the banking lending criteria. The Business Loan Guarantee Program will guarantee up to 70% of the total project costs and the balance will be the responsibility of the owner. The Band will collect an administrative fee of 1% of the loan value. The interest rate charge for a business loan is prime for loans 1 to 5 years. For loans 5 to 10 years, the interest rate will be prime plus (.05%.)

I hope you and your families are enjoying the arrival of spring and you find this report informative.

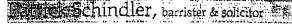
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bull mark

R. Donald Maracle, Chief Atoroseri:io Wolf Clan

ADMINISTRATION

Suite 2112 401 Bay Street Toronto MSH 2Y4 Canada



Fax: 416 326 4181

12th April 2001

Ms Sara Blake Counsel, Crown Law Office - Civil Ministry of the Attorney General 720 Bay Street, 8th Floor Toronto, M5G 2K1

Dear Ms Blake:

Re: Mohawks of the Bay of Quinte v. Minister of the Environment (Ontario) and Canadian Waste Services Inc.

I have been retained by the Mohawks of the Bay of Quinte to conduct the judicial review of the Minister's decision to approve the terms of reference for the environmental assessment of the proposed Richmond Landfill expansion.

I note that the proceedings are being held up because the record of the Minister's decision has not been filed and served.

I have been instructed that unless this is done by 15th May 2001, I am to move for an order compelling timely filing and delivery of the record. Should the motion prove to be necessary, I will at the same time ask the court to establish a schedule for the timely completion of the remaining steps in this proceeding.

Yours truly,

Patrick Schindler

Copy: Adam Chamberlin

Counsel for Canadian Waste Services Inc.

RENTAL OF 59'ERS HALL

The 59'ers Hall is available for small functions located at Hwy's # 2 & # 49.

For more rental information please call:

Mary Donavan at 967-4708

* Please Note *
Now open Sundays till 5 p.m.



LANDFILL HOURS

Monday - CLOSED

Tuesday - 1:00 P.M. - 5:00 P.M.

Wednesday - CLOSED

Thursday - 1:00 P.M. - 5:00 P.M.

Friday - CLOSED

Saturday - 8:30 A.M.- 5:00 P.M.

Sunday - 9:00 A.M. - **5:00 P.M**.

Message From Tyendinaga Mohawk Police Service

The issue surrounding conservation versus the right to harvest pickerel has been a controversial issue in our community. In recent years the dramatic increase in the number of people utilizing nets during the annual spring spawn has increased demands on fish stocks. The Tyendinaga Police Service and Chief and Council have received numerous complaints from concerned community members regarding the future of the Bay of Quinte fishery.

April 4th 2001

Mohawk Council Resolution #Lis passed: "That the Tyendinaga Mohawk Council hereby request that the Tyendinaga Mohawk Police Service monitor and remove all nets from the mouth of the Shannonville River and all creeks within the Tyendinaga Mohawk Territory during spawning season."

April 14th - 19th 200<u>1</u>

Community notification is accomplished through the Tyelldinga News Letter and an additional Community Bulletin.

Tyendinaga Police Service personally notified a number of community members who are involved in harvesting fish by way of neighbor the intended removal of unlicensed nets in accordance with the Mohawk Council Resolution.

Police and assisting community members assembled at the Mohavklfire Hall to plan for the effective safe removal of the nets. At the invitation of the police a Twendinaga Long House representative attended and participated in the discussion?

April/20th 2001

Tyendinaga Police Service assembled with assisting community members, at the Tyendinaga Road Shed to prepare for removal of the nets.

Approximately livelve community members, opposed to the Mohawk Quncil Resolution, arrived announcing their intent to stop police and surrounded one of the police boats with vehicles.

Police and assisting community mentions attended the Salmon River Park, followed and confronted by the opposing dominating mentions sufficiently mentions. Several minutes of negotiations failed and police warned that continued defiance would result in arrests for Obstruct Police and incarceration at the Quinte Regional Defention Centre. The three ignored repeated warnings and resisted arrest. After a brief struggle they were arrested and detained for approximately seven hours, prior to being released unconditionally without criminal charges. Upon completing the arrest procedure police returned and continued without further disruption.

Police located and removed a gill net off the mouth of the Salmon River. Trapped within were approximately one hundred dead fish, of various species native to the Bay of Quinte, in varying states of decomposition. Several concerned community members identified the resident "netter" responsible for this abuse; leaving this net unattended for approximately six months to indiscriminately kill fish and fur bearing marine life. Community members confirm the existence of more abandoned / lost gill nets within the Bay of Quinte, which will undoubtedly continue to deplete fish and wildlife.

The Tyendinaga Police Service supports initiatives designed to preserve the culture and natural resources for future generations of Kanien'keha:ka.

RIGHTS EQUAL RESPONSIBILITY

ADMINISTRATION & POLICE & FIRE DEPARTMENT

EMPLOYEE INTRODUCTIONS

Shekon Jyendinaga!

I would like to introduce myself. I'm Angie Brant and I'm the new receptionist at the Administration office. I look forward to meeting all of you that I haven't yet had the privilege to meet, and helping everyone in the best way I can.

Niawen,

angie



If you wish your large item garbage picked up for disposal.

Call Lynda at 396-3424 to arrange for a pick up time.

Let's keep our Territory Beautiful!

EMPLOYEE EXTENSIONS

NAME	POSITION	EXTENSION
ļ		#
Carla Barnhardt	Accounts Receivables	124
Ken Brant	Lands & Estates	113
Lashelle Brant	Economic Development Officer	110
Karen Brant-Jones	Employment Counsellor	104
Sharon Brown	Finance Clerk	101
Shelley Bowden	Records Management	131
Chief		106
Patti General	Post Secondary Education Counsellor	119
Phyllis Green	Membership Clerk	115
Sandy Green	Newsletter Co-ordintor/Central Registry Clerk	111
Bev Hill	Personnel Administration	132
Molly Kohoko	Membership Secretary	123
Ainsley Leween	Accounts Payable	127
Mike Lewis	Network Administrator	122
Darlene Loft	Recreation/Fundraiser Co-ordinator	107
Angela Maracle	Executive Assistant	121
Chris Maracle	Housing, Parks and Band Property Maintenance	105
Dan Maracle	Carpenter	109
Lisa Maracle	Research	108
Lori Maracle	Housing Secretary	102
Sandy Maracie	Post Secondary Education Counsellor	116
Sue Maracle	Finance Clerk	129
Carl (Ted) Maracle	Electrician	112
Curtis Maracle	Museum Project Co-ordinator	126
Kim Parks	Admin. Support/ Lands Secretary	114
Carole Scero	Payroll	120
Sandy Sero	Housing Purchase Order	128
Doug Spencer	Assistant Economic Development Officer	135
Lynda Thomas	Technical Services Clerk	125
Tim Maracle	Technical Services Co-ordinator	118
Todd Kring	Acting Chief Administrative Officer	134



POLICE PAGE UNSOLVED CRIMES!



Sometime overnight between April 10th and 11th, person(s) entered a cottage at 518G Ridge Road and stole a Hitachi 27" colour television, and a GE brand four head VCR. Theo total value of these two items is approximately \$880. Also, a 12 foot Princecraft aluminum boat was taken from the next door cottage. This boat is valued at \$700.

Sometime between 9:30 p.m. Friday April 13th and the afternoon of Monday April 16th, unknown person(s) entered a building under construction located at 146 Highway 49. These person(s) pried open a door at the east side of the building to gain entry. Once inside the culprits stole more than \$1,500 dollars worth of tools, including: 2 Dewalt electric drills, 1 Makita cordless drill kit, power saws, numerous screwdrivers, pliers, tin snips and drill bits. A "salamander" type kerosene heater was also taken.

A twenty foot culvert was taken from beside the road along Bell's Road sometime between 9:30 a.m. on April 18th and 11:30 a.m. April 14th. This culvert was for road repairs.

If you have any information about the above incidents, you are asked to contact the Tyendinaga Police at 967-3888, or call Crimestoppers at 1-800-222-8477.

Remember, Crimestoppers pays for your information. Call display is not used and you are not identified.



MOHAWK FIRE DEPARTMENT

The Mohawk Firefighters in April responded to 9 calls:

- 1 Medical
- 1 Fuel Spill
- 7 Grass Fires

This brings our total to 22 calls for 2001.

ADMINISTRATION

* PLEASE NOTE * **Deseronto Fire Works 2001**

The Town of Deseronto is looking for donations for the Fire Works Event held on July 1,2001. Canvassers will be approaching businesses and residents of the Territory..

Debbie Randle will be canvassing local businesses.

Residential canvassers are:

Nancy Carr-Braint Shannon Carr-Braint Marg Benn Meg Pomeroy Mary Boomhour Donna Lloyd

Thank you for your support!

Susielyn Lloyd

FOR SALE 1992 QUAILRIDGE TRAILER

- 12' X 28'
- 1 bedroom
- bathroom
- fridge stove propane furnace
- 8 X 24 pressure treated deck
- furniture included
- vinyl skirting and rigid insulation

Price: \$8,000

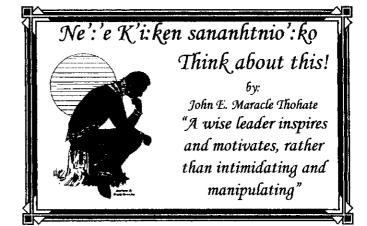
If interested please contact the Housing Department to view.

396-3424



Please Note *

The finance department located at the Administration office is now able to accept interac for all payments. Niawen



THE EMPTY STEWPOTS

One by one the men were brought before the campfire to give their report to the elders who had gathered. "The fish have all gone to strange waters." So reported the men who had spent fruitless day trying to catch fish.

"There is no game in the woods," reported the warrior, Rateri':ios who had led his hunting party in its futile attempt to find

The council fire etched long shadows on the solemn faces The elders listened to their reports in silence. Words weren't really sary, everyone knew what they were thinking. Winter was near, and the storage baskets were almost empty.
Finally someone broke the silence, "This is a punishment," he

The council nodded in agreement and together decided that someone in their tribe must have wasted a life. Who could it have been? How would they be able to discern such a thing? The council did not have to ponder long. Before their discussion could result in a decision, a woman of the tribe stepped forward and waited for ermission to speak. The council acknowledged her and listened intently as she shared the information they sought.

"My young son lies on his mat too sick to run or play. He has been there since he came upon a fawn in the woods and carried it to our dwelling. The dogs caught the scent of the young animal. The dogs barked wildly and lunged at the boy. He was so frightened that he panicked and threw the fawn into the fire where it died. What can he do to atone for this wicked thing he has done?"

The Chief, Roia':ner, made his way to where the sick boy lay.

Slowly and carefully he explained to the child what he needed to do.

"This night you must leave the campfires and walk alone to
the hunting grounds. There you must cry out in a loud voice and tell the Creator, Shonkwaia'ti'son that you are sorry you wasted the life of the young deer. You must apologize to the Creator, Shonkwaia'ti'son and promise never again to break the laws of the forest and fields. Only in this way will our hunters again find meat for our stewpots."

The young boy was truly sorry for his deed and did as he was instructed. The famine ended.

This Mohawk parable brings to mind important instructions from the Creator, Shonkwaia'ti'son and reminds us that it is never to late to say we are sorry and change directions. What we do today en generations, those faces soon to be born

The Creator, Shonkwaia'ti'son, came in a dream to a wise Chief, Roia':ner, and said, "If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from Heaven, and will forgive their sin, and will heal their land."

Who's land needs healing more than our land?

There have been times, as I sit in council meetings that this parable of the empty stewpots and its admonition against wasting that which is precious to the Creator has come to mind. All of our people, resources and our time are not to be wasted - all are gifts to he cherished.

Ne:':'e K'i:ken sananhtonnio':ko

PRESS RELEASES

Call for Submissions

EXHIBITION / ACQUISITION PROGRAM 2002-2003

The Indian Art Centre
Indian and Northern Affairs Canada

The Indian Art Centre of Indian and Northern Affairs Canada (INAC) continues its successful exhibition and acquisition program through a Call for Submissions for the programming of exhibitions for 2002-2003.

The Exhibition / Acquisition Program (formerly known as the Artist in Residence Program) provides artists of Canadian Indian ancestry with an opportunity to exhibit and sell their works in the Indian and Inuit Art Gallery, located in the lobby of 10 Wellington Street, Hull, Quebec. Selected artists will also gain professional and curatorial experience through the presentation and promotion of their works.

Art exhibitions in the Indian and Inuit Art Gallery are attended by public servants, the general public (including Indian and Inuit visitors) and by representatives of major art and museum institutions in the National Capital Region in Ottawa/Hull such as the National Gallery of Canada, the Canadian Museum of Contemporary Photography and the Canadian Museum of Civilization.

- The Exhibition / Acquisition Program will host exhibitions for established and new and emerging artists.
- Each artist will work directly with the staff of the Indian Art Centre regarding the coordination, installation and promotion of the exhibition.
- Each artist will have their work displayed for six weeks and receive an exhibition fee, based on the recommended exhibition fee schedule established by the Canadian Artist's Representation/Le Front des Artistes Canadiens (CARFAC).
- All submissions will be juried by three members of the artistic community (artists, curators, and art administrators).
- Selected artists will travel to Ottawa/Hull for installation of their work and for the opening of the exhibition.
- Installations, oversized and unframed works are subject to the approval of the Indian Art Centre
- Acquisitions by the Indian Art Centre are based on the quality of work, and on the Indian
 Art Centre's collection needs and will be made by an in-house three member committee.

ELIGIBILITY

- Artists must be of Canadian Indian ancestry and indicate tribal and/or Band affiliation
- Artists must be 18 years of age and older.
- Artists must indicate whether they are established or new and emerging artists.
- Established artists must submit a maximum of 20 slides or photographs of available work, a slide list, a current resume or biography, an artist statement and an exhibition proposal.
- New and emerging artists must submit a maximum of 10 stides or photographs of available work, a slide list, a current resume or biography, and an artist statement.
- Do not send original artwork. The Indian Art Centre is not responsible for damaged submissions. Slides and photographs will be returned.
- No late submissions will be accepted. The Indian Art Centre's staff will screen out all submissions that do not meet eligibility requirements cited.
- Artists will receive a letter acknowledging receipt of their submission, within three weeks of its arrival.
- Artists who have previously been selected for the Artist-In-Residence Program from May 1, 1998 to May 1, 2001 are not eligible to apply.
- A completed submission including all materials must be postdated by OCTOBER 1, 2001.

Submissions should be sent to:

The Indian Art Centre

Exhibition/Acquisition Program
Indian and Northern Affairs Canada

Room 928

Ottawa, Ontario K1A OH4

For more information, contact:

Ryan Rice at (819) 997-6550 ricer@inac.gc.ca Frank Shebageget at (819) 994-3725 shebagegetf@inac.gc.ca



179 North Park St., Belleville, Ontario K8P 4P1

MEDIA RELEASE

NEW SERVICE KEEPS YOUNG CHILDREN SAFER

Belleville/April 2001 - A new service has been launched in the Quinte area. Parents and caregivers will now be able to take old or damaged child car seats, to the CAA office in Belleville, to be destroyed by Canadian Waste Services. The Hastings & Prince Edward Counties Health Unit, CAA Central Ontario and Canadian Waste Services have joined together to make this service possible.

Why is this service so valuable? Health Canada recommends that child car seats over 10 years of age should no longer be used due to wear and tear and weather related structural changes. Some manufacturers of child car seats are now including expiry dates on their products. The expiry period ranges from six to seven years. Seats that have been involved in a vehicle collision should not be used again. Seats with missing or damaged parts should not be used. "Child car seats are expensive and people will often sell them or pass them on to family and friends," says Beth Baxter, Public Health Nurse. "They may not realize that these seats are not safe anymore and should be destroyed."

Commencing May 1, 2001, any individual with an unsafe car seat that they wish to dispose of, can bring it to the disposal site at the CAA Central Ontario office at the corner of Wallbridge-Loyalist Road and Highway # 2, Monday to Friday, 9 a.m. to 5 p.m.; or Saturday, 10 a.m. to 2 p.m.. The seats must be given to a CAA representative. Canadian Waste Services will have the seats destroyed.

To find out more about child car seat safety call the Baby Tot Line at 966-5513, ext 223, or the Infant and Toddler Safety Association at 519-570-0181. You can also log on to the Transport Canada website for information or a detailed listing of seats that have been recalled (www.tc.gc.ca).

- 30 -

Contact:

Beth Baxter, Public Health Nurse Carol Snell, Media Relations 394-4831 966-5513 ext 304



Featuring:

Iroquois Style Cradleboard, removable velvet bunting bag with raised beadwork design.

Visit www.spiritdance.ca for more pictures and to bid

New items monthly

Native owned and operated, featuring Native made products





EMPLOYMENT

Environmental Health Manager - One year contract position

Thayendanega Health Centre

This position is directly responsible to the Chief Administrative Officer to provide environmental health programs to the community. Using a variety of professional and technical skills the Environmental Health Manager protects individual and community wellness through health promotion activities and enforcement of provincial Acts & Regulations, municipal regulations and Tyendinaga Mohawk Territory by-laws.

Essential Qualifications:

- must meet the academic requirements of the Board of Certification of the Canadian Institute of Public Health Inspectors and completed the six month practicum in a health agency AND
- able to pass both a written and oral examination set by the Board of

OR.

A Bachelor of Applied Arts (Environmental Health) as accredited by the Board of Certification, a degree in Applied Science (Engineering) OR a degree in Business with relevant experience in Project Management.

Discretionary Qualifications:

Demonstrated Competencies/Knowledge:

- Thorough knowledge of all legislation and standards as they relate to environmental and public health
- knowledge of the judicial process
- knowledge of infection control techniques in institutions and health care
- Sound knowledge of all the scientific and technical aspects involved in order to help people understand the reasons of the potential risk and legal requirements

Skills & Abilities:

- good investigative and observational skills
- decision making skills to act independently & recommend action in relation to potential or existing health hazards
- research and epidemiological skills to assess problems to determine the cause and the appropriate course of action
- good verbal and written communication skills and public relations/interpersonal skills
- computer literacy with proficiency in MS Office

Other Position Requirements:

- Successful applicant must possess a valid class "G" drivers license, and own transportation
- ability & willingness to continue professional development to keep abreast of current public health/environmental issues
- Preference will be given to Native applicants

Duties & Responsibilities: Work Procedures

- To ensure the safety and health of the community by monitoring food safety, communicable disease, it's control, and outbreak management
- Monitor area for rabies control
- Ensuring safety of drinking and recreational water Ensures on-site sewage disposal and land control are monitored and 4. pertinent regulations are followed
- Perform inspection of dwellings as per requests/complaints which impact the health of occupants and makes recommendations for corrective action Ensures adherence to Occupational Health and Safety and responds to
- direct inquiries and complaints
- Other duties as may reasonably be required by the C.A.O. or Tyendinaga Mohawk Council

DEADLINE FOR APPLICATIONS: May 25th, 2001 at 12:00 Noon

For a detailed position description or to apply, please contact: Bev Hill, Personnel Administration Mohawk Administration Office (613) 396-3424 fax (613) 396-3627 e-mail: bevh@mbq.tyendinaga.net

Note: We thank all applicants for their interest in this position but only those Selected for an interview will be contacted.

JOB OPPORTUNITY

First Nations Technical Institute is taking applications for a contract position

On Site Mentor -- Public Administration Program

Reporting to the Public Administration and Business Programs Manager, the On Site Mentor will be trained and involved in the following activities:

- Support (tutoring) of learners in the Public Administration program
- his will be accomplished by combination of travel to learner's own community between main delivery sessions, telephone calls, fax, and email lentify and resolve learner deficiencies (ie literacy levels, etc) Administrative duties as required, which could include:

 Recruiting and registration of learners
- - ➤ Make travel/accommodation arrangements for staff and/or learners
 ➤ Assist in planning of off-site delivery sessions, including facility arrangements
 ➤ Liaison with external agencies and institutions

This is a contract position starting May 28, 2001 and ending on May 24, 2002.

Qualifications:

The successful applicant should have the following skills/qualifications.

- Projects positive/professional image

- © Projects positive/professional image

 Good interpersonal skills (dealing with others)

 Strong academic background in Public Administration curriculum

 Has basic computer literacy skills

 Works well independently and with others

 Available to work evenings and/or weekends occasionally

 Prepared to travel to First Nation original programment to a regular basis

 Is able to attend ENT/Prepared delivery sessions as required.
- Is able to attend FNTI/Ryerson delivery sessions as required
- Has a valid driver's license

Preference will be given to current or previously successful participants in the Public Administration program

Applications should be made in writing, no later than May 11th, 2001, to:



First Nations Technical Institute Attention: Susan Maracle, Human Resources Manager 3 Old York Road Tyendinaga Territory, ON KOK 1X0

Only applicants selected for an interview will be contacted.

LOOKING FOR WORK, A CAREER OR TRAINING

One-to-one assistance is available for resume, cover letter and all your job search and training needs! Also come in to access the Internet, Word-processing and explore some Community College Online Distance Education courses.

Call Karen Brant-Jones, Employment Department for information or to book an appointment.

at (613) 396-3424

Remember if you have an EMERGENCY





HEALTH CENTRE



THAYENDANEGA HEALTH CENTRE

is hosting a

MOTHER and BABY TEA

on Friday May 11th, 2001 10:00 AM – 1:00 PM

"HONOURING OUR NEW MOTHERS"

We welcome all new moms and babies to come and join us for a Mother's Day Tea. Please call the Health Centre at 967-3603 if you think that you can attend! The Health Centre Staff look forward to seeing you. Please bring a picture of your baby (if we haven't already gotten one) so that we can put it on the "Tree of New Life" at the Health Centre.

THE BREASTFEEDING CIRCLE

How will I cope with breastfeeding and returning to work?

This concern is really many "questions within a question"... How can I still feed my baby if we are separated regularly? Should I start saving milk ahead of time? When? How much? What do I do with my full breasts while I'm at work? How do I keep up my milk supply if I'm missing usual feeding times? How will my baby cope? Will he/she accept someone else feeding him/her? How will my baby be fed? Be nurtured & reassured? Each mother's working and breastfeeding situation is unique, and each job will pose its own considerations. However, the following points from a longer information handout called "How do I manage breastfeeding and working?", available at the Nursing Mothers' Support Group, may be a helpful start.

.The age of the baby when the mother returns to work is a key consideration that influences many decisions. In general, the older the baby, the easier the transition. A six month or older baby can enjoy solids, and be offered water or juice as well as mothers' milk to drink from a cup. A younger baby will be dependent on his/her mothers' milk as sole nourishment for every feeding. If you are providing expressed milk for all feedings, then you will need to express or pump milk at work at the times your baby would usually nurse. If this is not possible, (or if your older baby is taking other foods), just express milk at times when your breasts feel full. This milk is left for the baby the next working day. (Breastmilk can be safely stored at room temperature for up to 10 hours; refrigerated for 8 days).

.Many women recommend starting to collect & freeze breast milk about 2 weeks before returning to work. The amount of milk collected may seem small at first but will soon increase, depending on the frequency of expression & the time of day milk is expressed. Some women express more milk early in the day & less milk toward the end of the day.

.If you will need a breast pump, please contact the Health Centre for advice. Not all pumps work for everyone.

.Some mothers can arrange to take their baby to work, or have the baby brought to work for "nursing breaks", while the baby is small. Some mothers go out to visit their baby to nurse at lunchtime. If a daycare provider is used, choosing one near your job rather than near your home makes planned nursing breaks more possible.

Continued next issue ... "Care Giver Tips" & "A Working Day's Plan"

Jytte Cooper and Gale Hayward for the Breastfeeding Support Group

Brenda Asselstine Community Health Nurse



Thayendanega Health Centre presents "Make Your Own Baby Food" Workshop

Wednesday June 6th, 2001 6:30 - 9:00 PM Queen Ann Parish Centre

WHO CAN ATTEND?

Anyone who is interested in feeding their baby nutritiously and in saving money.

FACILITATOR: Nicola Smith Community Dietitian

TO REGISTER: Call Thayendanega Health Centre 967-3603

COST: Free

FREEE GIFT FOR ALL THOSE WHO PARTICIPATE

NURSING MOTHERS' GROUP

of

Tyendinaga invites BREASTFEEDING MOTHERS & BABIES

to their ongoing series of meetings on the 2nd & 4th Friday mornings

from 10a.m. to 12a.m.

Small Children Welcome

Interested Women or young girls welcome

Friendly mother - to - mother support . Lending library Nutritional Assistance for Moms.

Baby's weight check & Help with breastfeeding problems available Information & discussions on breastfeeding related topics such as: avoiding problems, nursing discreetly, nighttime needs,

expressing or pumping milk, introducing solid foods, understanding your baby, fertility awareness . . .

Instead of meeting From 10:00 'til 1:00

May 11th: Mother and Babies Tea.....Celebrating Motherhood May 25: As Baby Grows... Returning to to Work

For more info, or if you you would like to attend but have an obstacle we could help with (i.e.transportation, child care etc.) please call 967-3603

NATIONAL ABORIGINAL DIABETES AWARENESS DAY

Friday May 4, 2001

In the spring of 1999, the former National Grand Chief

Phil Fontaine, declared the first Friday in May as National

Aboriginal Diabetes Awareness Day.

The focus of your day should be to promote a

balanced lifestyle, with healthy food choices,

fresh air and physical activity,

which helps to prevent and / or

manage Diabetes.

Please encourage your family to take part in this important day.

Valthy Lifestyle Cooking Classes

Learn more about healthy cooking and healthy eating for the whole family.

We will:

- Discuss ideas for healthy eating
- Try new recipes
- Cook together
- Set goals for making healthier food choices

Participants can take food home for themselves and their families to tryl

When? Come to one or both sessions
Tuesday May 15, 2001
6:45 pm - 9:00 pm
Friday May 25, 2001
10:00 am - 1:00 pm

Where? Queen Ann Parish Centre

Please call the Thayendanega Health Centre 967-3603 to register.

Sponsored by The Diabetes Program, Thayendanega Health Centre



Friday May 25, 2001 9:00am - 11:30am

We are inviting the Grade 7 and 8 students from Quinte Mohawk School to help us for a morning of Clean up. We will be cleaning some of the roadsides and park area's in our community.

We are asking for volunteers from MBQ staff or community to assist in beautifying our community.

We are providing a barbeque lunch to follow the clean up, for those who are participating.

Please sign up as a volunteer. Nia:wen from the CHR Department.

For more information please call the THC at 967-3603

Would you like to have yourdrinking water tested?

(for Bacterial/E-Coli only)



If so, please contact the CHR's at the Thavendanesa Health Centre at 967-3603, prior to Wednesday I I:00am. We receive the lab results within a week, at which time you will be notified or you will recieve your results via mail.

Emergency First Aid & CPR Courses

If you are interested in taking these courses, please contact the CHR's, Lesley, Crystal or Melissa at the Thayendanega Health Centre at 967-3603 to have your name put on the list.

Courses are geared to number of participants.

Sadie's Walk

The CHR department would like to say Nia:wen to all those who participated in Sadie's Walk on Friday April 13, 2001.

This year we had a total of 84 participants.

Nia:wen for making this a sucuessful project.

Crysial, Lesley & Melissa



RED CEDARS

RED CEDARS SHELTER'S

TRADITIONAL PRACTIONER AND OUTREACH 7 **PROGRAMS**

WILL BE HOSTING TWO WORKSHOPS

MEDICINE WALK WITH **SUZANNE BRANT** HELD FRI. MAY 4TH 9 A.M.-3 P.M. AT RED CEDARS SHELTER **NUTRITIOUS LUNCH PROVIDED**

STAGES OF WOMENHOOD WITH JAN LONGBOAT HELD WED MAY 16TH AT THE SENIORS HALL (59ERS) 6PM-10PM FVFNING SNACK PROVIDED

TO SIGN UP FOR THESE WORKSHOPS PLEASE CALL RED CEDARS SHELTER 967-2003 **EVERYONE WELCOME** NO COST

Students Need ZZZZs More Than Ever During The School Year

By Shawn D. Wright Special Section Reporter

"According to the experts, getting enough rest and sleep makes students primed for learning from the moment they enter the classroom."

Day 1: It's time to take the test your teacher has been talking about all week, "Pick up your pencils and begin," she says,

But instead of whizzing through the questions and circling the correct enswers, you can't help thinking about that time you and Tommy went swimming in the morning and spent the rest of the day eating homemade ice cream that your grandmother made.

Day 2: Your book report is all done. It's perfect and you know it, but when your name is called to show off your work in front of the class, you can't help but feel those millions of tiny little butterflies fluttering around in your stomach. You can't do it. You're nervous and you know you'll fail.

While other issues may be at work here, one sure thing that students in these situations may be deling is a lack of sleep. Not getting enough sleep can cause more than a tired feeling the heat day. Without enough of those ZZZZ's, students can lose their ability to concentrate, feel totally stressed out as if there is no chance at all for them to be productive throughout the day.

According to the experts, getting enough rost and sleep makes students primed for learning from the moment they enter the classroom. It's sort of like having a fully charged battery and trying to start your car on a cold winter morning. Because the battery is all charged up and ready to go, all it takes to get you going is a turn of the ignition.

But with all the studying, socializing, eating out with friends, playing and shopping you have to do, who has time for sleeping? You do, it's a must. The expens say getting a good night of sleep is essential and increases a student's ability to concentrate, handle stressful situations and feel productive when they need it the most.

Eight to 10 hours of sleep a night is considered the norm for students and if they do this on a regular basis, the body will feel rested, but the amount of sleep isn't the only important espect. The sleep must be of good quality, not endless hours of tossing and turning in bed.

- 2 -

If medical problems have been ruled out and your child is still having problems sleeping or falling asleep, here are some tips on how to improve the quality of sleep;

*Develop a pattern of going to bed at the same time and getting up at the same time every day. This helps regulate the body's inner clock.

- * Avoid caffeine after 6 p.m
- * Regular exercise during the day, such as walking, swimming, bicycling or other activities will holp in relaxing.
- Don't take naps during the day
- * Wind down for an hour or so before bed. Stop studying and give yourself time to relax before actually going to bod. If bedtime is 9 p.m., study or play time should and by 8 p.m.
- Don't study, watch t.v. or use your computer in your bedroom, if at all possible. The bedroom should be associated with sicep and nothing cise.
- If you can't sleep, don't lie down worrying about it. Get up and do something relaxing such as ing or listening to music until you feel sicepy.

The great philospher, Benjamin Franklin, once said, "Early to bed, and early to rise, makes a man healthy, wealthy and wise." Get smart. Get some sleep.

Just Say "NO" To Drugs!

By Shawn D. Wright Special Section Reporter

"Stronger drugs are out there and unless parents know exactly what to look for, usage may not be as easily to detect."

Between the ages of 8 and 18, children and young adults are usually more critical of themselves than anyone else. They can also be easily influenced if they're not careful and aren't taught to think for themselves. Enter peer pressure.

Parents are charged with helping their children to learn how to think for themselves and not become victims of the negative influences that can be thrust upon them, such as drugs and alcohol. In order to keep children on the right track, experts say parents must stay on top of things and have an idea of when their children might be in trouble.

Years ago, marijuanu usage was the drug of choice for children, While the number of students who use pot — also known as "wacky tobacky" or "latin lettuce" — remains alarming, it's far from a parents only wony these days. Stronger drugs are out there and unless parents know exactly what to look for, usage may not be as easily to detect.

New drugs are creeping onto the scene and at an atarming rate. Some of them are designer drugs and others can be found in Just about any home at any given time.

Here's the million dollar question: If you overheard your child saying he purchased some reofies for \$1 each or he split the blunt with a fitend so they both could some would you be alarmed? Would you even be familiar with the terminology?

if not, it's time for you to hit the books and do some studying of your own. Your child is in trouble and needs your help and may even need the help of a professional.

One statistic states that one in every 40 seniors, or 2.6 percent, have used crack. In that same study, back in 1993, 8th-graders showed a softening of attitudes about crack, saying that "it wasn't such a big deal if someone used the drug."

Several years ago, drug counselors began warning parents of the harmful effects of inhalants. The sad fact is children are still using. They don't have to purchase these on the streets because everything from paint thinners to spray paints and glue can be found in nearly every home.

These mind-altering vapors were never meant to be used in this manner, but there are some 1,400 products on the market that can be used as inhalants, it has also been found that children ages 7 to 17 are more likely to use inhalants. They rank fourth in popularity behind alcohol, tobacco and

Of the young sters surveyed, 15 percent of the young users said they use inhalants daily and 2.9 percent started before their 10th birthday.

Inhalants are also known as laughing oas, rush, whippets, snappers and poppers.

Another drug that has emerged among youngsters is blotters, or small sheets or what appear to be paper that are laced with LSD, another mind-altering drugs. The stickers that carry the drug are obtained cheapily and don't have to be inhaled or smoked. They can get into the system by just being placed anywhere on the body.

RED CEDARS & S.O.D.I.

Staying In Step With Students' Shoe Styles

By Dickson Hadleigh-West Special Section Reporter

"Breakfast provides a large portion of your child's daily energy and nourishment."

It will probably not surprise anyone to hear that breakfast is still the most important meal of the day. It is especially true for children, and of course school age children are no exception. Breakfast provides a large portion of your child's deily energy and nourlehment. Children who eat breakfast are more likely to fulfill the recommended daily requirements of essential minerals and vitamins. There have been conclusive studies that show that children who eat breakfast learn better, are more alert and attentive and more likely to participate in activities both in school and after school. However during heetic mornings, with both parents frequently working, sometimes there just doesn't seem to be time before everyone scurries out the door and begins their day. Some parents in these situations have devised their own solution to that particular dilemma. Some suggest preparing your breakfast table the night before. Put out your dishes and utensis, cereal boxes and your bread before you got to bed and then the next morning all you have to do is get out the milk, a serving of fruit, some margarine or jelly and your child is ready to eat a quick but nutritious and well balanced meal. The American Dietetic Association recommends breakfast to include two servings from the grain group (bread, cereal, ice and pasts), a serving from the fruit group (if you have no fresh fruit a glass of juice will suffice), and a serving from the dairy group (low fat milk, yogun and cheese). With such a meal under their belt your children are ready to learn and are fueled up until tunch.

Even the best and most nutritious meal, however, cannot be enjoyed without a healthy set of teeth which is why kids 16 and under should see a dentist every six months. As Dr. Hale, a well respected orthodontist, located across from Albertsons and Home Depot, says orthodontics is an investment in yourself and your future because a smile is forever. Perhaps this is why he so generously offers free pre-orthodontics guidence for young children.

Dr. Tyler Case, located at 517 E. Rutiand St. is another excellent source for dental care. Dr. Case, is exceptionally compassionate, kind, gentle and a talented young man with a soft touch and an excellent chairside manner.

With kids skipping out to fast food joints and budgetary outbacks in school it is not always easy to ensure your child gets a healthy and nutritious lunch. A simple and frequently more economical solution might be as uncomplicated as packing their lunch. And most parents quickly agree that if you pack something healthy they enjoy, they will consume it. An additional tact is making the eating experience a fun one. This can be attained by increasing the snackability of the lunch items. Try replacing those usual sandwiches with micro ones by substituting mini bagels for the predictable bread slices. Pits bread stuffed with tasty delights is another option or include a container of tuna or chicken salad and allow your child the fun of spreading it on some crackers. You can further the snackability of your lunch by including such bits size fruits as grapes and strawberries, or for veggies you can include baby carrots or some kind of vegetable strips. A small container of low fat ranch dressing might increase the odds of these latter items actually getting eaten. For desert a small grapola bar serves nicely and can usually pacify the most notorious sweet tooth.



WHERE: RED CEDARS SHELTER
WHEN: MAY 7, 2001 @ 8:00 P.M.
Please wear a dress/skirt and
bring tobacco and water if possible.
For more information: 967-2003 or 969-2215
POTLUCK after the ceremony



SADIE'S WALK Diabetes Awareness

THANK YOU *** THANK YOU *** THANK-YOU

We had a great turnout for "Sadie's Walk", with 85 people participating. This annual walk took place on Good Friday April 13th, 2001, with everyone meeting at the Elders Lodge. Other than a few spatters of raindrops and a very cool wind, it was a beautiful day for walking. The ages of the participants ranged from 22 months to 70 plus years old. The walk totaled 6.4 km or 3.9 miles.

Many thanks goes to the people who helped make this walk a success:

- a really big thank-you to the participants of Sadie's Walk
- the Elders for use of the Elder's Lodge
- KWE Radio for advertising Sadie's Walk event
- Helen Breadman for remaining at the Lodge to answer questions regarding the route, and have participants sign in
- Jessica Brant of the Home Support Program for making the Diabetes signs
- CHN and CHR programs, Recreation Department & Southern Ontario Aboriginal Diabetes Initiative for donating items for the door prize draws
- Paul Green and Scott Maracle of the Mohawk Fire Department for volunteering their time to drive the rescue unit. They were available to be of assistance to the walkers, as well as providing water for anyone who wanted it
- Officer Tammy Maracle of Tyendinaga Mohawk Police. She travelled the route to ensure the participants had a safe walk
- Thank you to anyone else who helped with the walk

Thank-you goes to the organizers of Sadie's Walk:

- Thayendanega Health Centre
- Southern Ontario Aboriginal Diabetes Initiative
- Tyendinaga's Coalition for Healthy Lifestyles

A BIG NIA:WEN TO EVERYONE INVOLVED IN MAKING SADIE'S WALK A SUCCESSIII

See you all next year!

Carol Loft Regional Diabetes Worker

> Southern Ontario Aboriginal Diabetes Initiative – <u>EASTERN REGION</u> P.O. Box 310 Tyendinaga Mohawk Territory, Ontario KOK 3A0 Tel: 613-396-3009 Fax: 613-396-3007 Carol Loft, Regional Diabetes Worker

DIABETES NEWS BULLETIN

The "Wampum Belt" beaded with the message TEIAKONEKWENHSATSIKHETARE, (Our Blood is too Sweet) is on its journey once again. It left Christian Island 7:30am on April 23rd, 2001, to make its way along the shores of Georgian Bay to Wasaga Beach and south to Six Nations, near Brantford Ontario. It's anticipated to arrive Friday April 27th, 2001. There will be a celebration on Saturday April 28th, 2001. For more information about this exciting endeavor and to give your support and encouragement, call the Beausoleil Family Health Centre at 705-247-2012. The spirit of the Wampum Belt was very strong, and the walkers and bikers from Christian Island were full of enthusiasm and strength to continue the message in omoting their belief that diabetes can be beaten with increased activity and getting back to a healthy lifestyle. Spread the news in your community. The belt is to promote awareness of the epidemic of diabetes among Aboriginal people in their communities. As the idea is to promote exercise and healthy nutrition as a means of living with diabetes, the belt is not to be carried by vehicle. The different modes of transportation include being carried by walkers and moved by canoe. It left Kahnawake in July 1997. It's been in Akwesasne, Tyendinaga. Alderville, Hiawatha, Curve Lake, Chippewas of Mnjikaning First Nation, Barrie Native Friendship Centre and Beausoleil First Nation.

The Wampum Belt was a dream of Joe Jacobs, to deliver the message to First Nations communities "Ou Blood is Too Sweet". Joe's intention was to create diabetes awareness within our communities.



TRUSTEE'S REPORT April 2001

CALLING ALL PARENTS, GUARDIANS, GRANDPARENTS, AUNTIES AND UNCLES...

My late brother Clare Brant was a psychiatrist whose life work was helping people in deep distress. His services were much in demand to treat First Nations people, often receiving referrals from other professionals who had great difficulty communicating with their First Nation patients or clients. Clare used to share the insights gained from his medical practices, in conversations sitting around the fire at home or in workshops.

One of his observations that came to mind recently was that no matter what hard times Native people encountered in their own lives, they held on to hope that life could be better for their children. As he described it, patients would teil him "There isn't much you can do for me, Doc, but I want you to help my children". That caring commitment was at times the lifeline that helped get their lives back on track.

In my own work as a teacher I often heard from students that a grandmother's expectation that they would stick with their education helped them to reach university. I have seen whole families who travelled hundreds of miles to a graduation, just to share the joy of seeing the first member of their family or community walk across the stage and receive a diploma or degree.

It is not surprising that studies are now being published showing that schools where parents are actively involved have the best results in student achievement.

Part of the work of Hastings and Prince Edward District School Board (HPEDSB) this month has been putting in place a policy relating to School Councils. Home and School Associations have been around for a long time as volunteer associations bringing parents and teachers together to support student activities and raise funds. School Councils still do these things but they have a new dimension mandated by the Education Act. They will be key players in implementing at least three new provisions of the Education Act of Ontario:

- 1) codes of conduct governing the behaviour of all persons in schools;
- 2) developing policies on dress codes in schools; and
- 3) action plans for school improvement, based on the publicly available results of provincial tests of student skills grades 3, 6 and 9, and the grade 10 test of literacy.

The details of the province's code of conduct for schools have not been released yet, but they are slated to come into effect by the beginning of the school term in September this year. The indications are that there will be tougher rules to deal with a variety of behaviours that have earned students reprimands or suspensions in the past. Tougher rules can have the effect of provoking strong resistance if they are not understood and reinforced by the expectations of the community. Clearly, parent/guardian involvement in adapting the provincial rules to local circumstances is essential to make sure the purpose and nature of the local codes of conduct are understood and followed. If community acceptance is lacking, rules will not make schools safer places.

Dress codes may be adopted on decision of the local School Council. There will, no doubt, be a lengthy period of discussion before the option is adopted or rejected.

Discussion in the school community of the results of provincial testing, what they mean for the particular school, and what the school and HPEDSB are doing to improve results will be an ongoing item of concern.

To ensure that School Councils see some results of their work provincial regulations require that the principal of the school attend meetings and report back to Council the action taken in response to each recommendation.

In addition, HPEDSB is required to solicit the views of School Councils on the above three issues as well as the process and criteria for selecting and placing principals and vice-principals. The Board also must report back to each School Council on the action taken with respect to its recommendations.

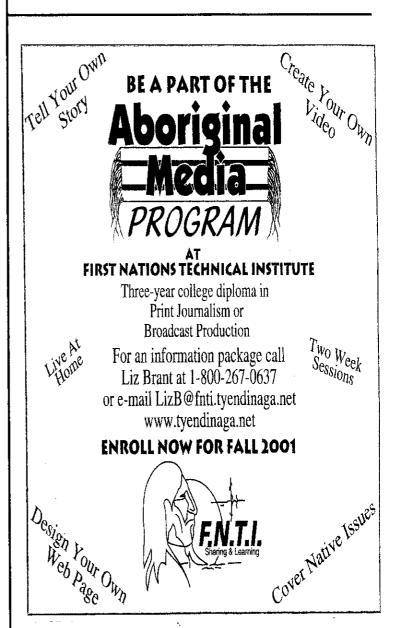
I have been told that only a small minority of Tyendinaga parents participate in activities designed to connect home and school in Belleville and Napanee. Some say that the parents lack interest but I believe Tyendinaga parents are intensely interested is seeing their children get a good start in life. I wonder what the barriers are. My mother never went to a Home and School Association meeting in her life. She didn't have the slightest idea what Algebra was, so she couldn't help me with homework either. Still, she found ways to break down the barriers for Clare and me so that we could pursue an education.

With all the changes swirling about secondary education right now students will need all the help they can get to keep their balance. I would like to have an opportunity to talk with parents, guardians, relatives and anyone else who is interested, about how we at Tyendinaga, as a community, can keep up to date on what is going on in the high school system, how we can have a voice in decisions about codes of conduct and dress codes before they are written in stone.

I would be glad to hear from you by telephone: 967-4697 (leave a message if I'm not home), by e-mail: castellano@suckercreek.on.ca, or buttonhole me at the supermarket. I am looking for suggestions or even complaints. As with patients who went to see Clare, feeling discomfort is often the first step in making things better.

Skennen kowa. Great Peace to you.

Marlene Brant Castellano
HPEDSB Trustee for Mohawks of the Bay of Quinte



CONTINUED...

EDUCATION

Adult Basic Education Ohahase Adult Education Program

The Adult Basic Education component of Ohahase is designed for:

- Adults who already have an understanding of English, and want to learn to read and write.
- Adults who want to improve their basic skills in reading and writing.
- Adults who want to improve their skills in basic mathematics.
- English as a Second Language (ESL) studies for adults who speak little or no English.

Improved basic education can:

- Improve the quality of living for individuals and their families.
- Provide greater opportunities for employment and/or entrance into the general workforce.
- Provide opportunities for continuing education and/or training at the secondary and post-secondary levels.

Program enhancements:

- Prior Learning Assessment (PLA) and Portfolio Development will be introduced to the Adult Basic Education component. This process is designed to encourage goal setting, increase the learner's confidence in their abilities and motivate them to learn.
- Tutoring sessions are now being offered in the learner's home.
 (Each case is individually assessed).
- Learners will be introduced to computer.

Making referrals is easy!
Contact the program coordinator by telephone or e-mail.

Janice Brant, Adult Basic Education Coordinator
Tel: (613) 396-2122 E-mail: janiceb@fnti.tyendinaga.net

OHAHASE is an access centre for Basic, General, Advanced and OAC courses from the Independent Learning Centre (ILC) in Toronto.

Tutoring and assistance is available on-site for all courses. Individual students and courses are tracked through OHAHASE.

20 lessons are required for a full-credit; 10 for a half-credit; and 5 for a quarter credit. Some courses have <u>either</u> a mid-term or a final exam. Midterm exams are on the first 10 lessons only and final exams are on the last 10 lessons only. All exams may be written on-site at **OHAHASE**.

Intended Participant Outcomes

- Ontario Secondary School Diploma credits
- Skills & knowledge identification for workforce participation
- Academic, personal management & teamwork skills building
- Personal portfolio preparation for job search
- Resume preparation
- Job search skill development, i.e. Interviewing, Assertiveness, Interpersonal Communications

Grade 12 Diploma Requirements

O.S.S.D. (Ontario Secondary School Diploma) requires students to earn 30 credits. Credits may be earned through completion of high school courses, maturity credits or equivalency credits. At least 4 credits must be senior (Gr. 11 or 12) including a senior English.

Maturity Credits may be granted to adults returning to school, according to Ministry of Education guidelines (Maximum of 12).

Equivalency Credits may be granted for previously completed non-credit programs, seminars, workshops, apprenticeships, military training, etc.



12th Annual Prior Learning Assessment Conference

Ramada Inn, Belleville, Ontario

May 29 - June 1, 2001

"Strategic Alliances - Building the Critical Mass for Effective Education and Training Reform"

The 12th Annual PLA Conference will be sponsored by First Nations Technical Institute and the Canadian Association for Prior Learning Assessment.

Four pre-conference sessions are being offered:

- 1. Holistic Learning: A Model of Education Based on Aboriginal Cultural Philosophy
- 2. PLAR Facilitators' Networking Session
- 3. Recent Developments in Adult Learning Theory
- 4. Mentoring and PLAR The Next Step in Enhancing Recognition

Diane Hill, Banakonda Kennedy Bell and Suzanne Brant of FNT1 are presenting a series of workshops related to Health and Healing in the Education System, The Creation Story, The Ojibway Life Path Teachings and Holistic

Join with the growing network of colleagues from Canada, the US, the UK, South Africa and Chile.



COST:

Pre-Conference Only - \$150.00 **(Begins Tues., May 29th at 1:00 p.m. and finishes at Noon on Wed., May 30th) Conference Only - \$300.00 * (Begins Wed., May 30th at Noon and finishes on Fri., June 1 at Noon.) Total Conference Registration Fee - \$385.00 *+

- Fee includes a reception, feast, a lunch, refreshments and materials
- ** Fee includes refreshments and materials
- + Includes all pre-conference sessions

For more information, please contact Lynn Wilson at 396-2122

BILL AND MELINDA GATES



THE SUPPORT OF THE GATES LIBRARY INITIATIVE THROUGH THE MINISTRY OF TOURISM, CULTURE AND RECREATION IS ACKNOWLEDGED.

Highlights

- Free Internet Access
- Office programs
- Children's Programs

Internet access

Phone: 613-967-6264 Email:karenl@library.tyendinaga.net

Kanhioto Tyendinaga Territory Poblic Library

Recreation News

Youth Minor Lacrosse

The Youth Minor Lacrosse and skills clinic started April 12, 2001 at Quinte Mohawk School. The Clinic will continue every Thursday night from 7 to 8:30 pm for ages 4 to 18 years, also parents are welcome to stay.

When the weather warms up the game will move out to the Lacrosse box on York Road. The coach is Jack Green if you have any questions. Come out and experience our Native Sport, (all you need is a lacrosse stick for now) In order to get another "Wolf Pack" lacrosse team we need 20 players of the same age group.

Baseball

The Youth baseball season is starting again, May 28, 2001 at the Karon hiak ta'kie Sports complex. The cost is only \$5.00.

Coach training information is available at Queen's University (613) 533-6289

Home study for Coach training is also available call (416) 426-7053 Or http://www.sportalliance.com/hstyinfo.htm

The diamonds schedule is setup for the season, Sunday, Monday and Thursday nights after 8:30 are still available. We hope to have the diamonds in Shannonville done on time for the season but this all depends on the weather.

Sign up for the Lose Weight & Win Big Contest # 2 \$150 a team (at least 6 on a team) deadline to signup May 18.

Sports Trade

The sports trade is a good old fashion past down program, if you have any equipment that can be used by another child bring it out to the games and we will find a child that can use it.

Basketball Clinic

Nia: wen to the super coaches Dan Chase, Rob Maracle, Tracey, Erik Anderson who donated their time and Knowledge. The youth had a great time.



The sport is the game of having fun

Rent the Canteen & Games Room for a birthday party for \$30.00

For more information or to share ideas call Darlene J. Loft (613) 396-3424 ext.107

Future events

- Roller blading at the lacrosse box for teenagers
- Sports Mobile in the parks this summer.
- Wonderland trips
- Community Swim & swimming lessons.
- © Summer Sports camp
- Kowanen Community yard sale at Karon hiak ta'kie Sports Complex
- M.B.Q golf tournament June 15/01
- 19 Youth monthly dances
- Saturday walking club

What & Who are the Recreation Committee?

WHO?

The committee consist of 5 members who are the following: Ike Brant, Linda Green, MaryAnn Sero, Mike Procunier, Scott Maracle.

New members are always welcome.

WHAT?

The Mohawk Recreation

Committee is a non-profit committee of Tyendinaga Mohawk
Council consisted of seven volunteers. The committee was formed to assist with recreational events and promote recreation and healthy lifestyles to all community members. The committee also holds various fundraising activities throughout the year, and welcomes any ideas or concerns regarding fundraising or recrea-

tional activities. The committee's fundraising proceeds go towards sports donations in return for volunteering during recreational and fundraising events. Next meeting: the first Tuesday of every month, at 7 pm at the Administration Office.

Proposals done by the Recreation Department

- nity members. The committee also *The Community Recreation & Youth Crime Prevenholds various fundraising activition project funded by The Community Mobilization ties throughout the year, and wel-Program ends May 18, 2001
 - Creative Mohawk Spiritual Year project funded



Share in the

Celebration

Febry year on June 21, Canadians celebrate the cultures and contributions of First Nations, Inuit and Métis peoples.

www.inac.gc.ca

Canada

RECREATION

If the community is interested in hosting the **2002 Aboriginal Fastball**

Championship
The proposal package is at

the Administration Office.

Deadline for bids is

August 1, 2001

For more information contact Darlene Loft 396-3424 ext.107



Youth Ball League

First day of ball Monday May 28/01 6:30 pm to 8pm

T-Ball

Ages 4/5

Jr.3 Pitch

Ages 6/9

3 – Pitch

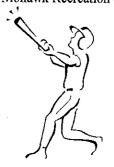
Ages10/13

We encourage all ages to come out and try the sport!

For more information call

Ike Brant 396-1676 or Darlene Loft 396-3424 ext.107

Sponsored by Mohawk Recreation Committee



Baseball Calendar Summer 2001 May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Pee Wee May 6 to June 17 6:30 to 8:30 pm (A) Chris Maracle	(613)396-3424 Ext. 107 Darlene Loft	l Book your Tournament early! Diamond A & B	2 Practice Pee Wee Chris Maracle 396-3424/967-8999	3	4	5
6 Tyendinaga Ladies Fastball practice 10 a.m Crissy C. 396-3698	7	8	9	10	11	12
13 (also May 6) Otsi:Tsia & B&M Va- riety practice 2 p.m to 4 p.m	14	15 Every Tues. Mosquitoes 6:30 –8:30 Lori Maracle 396-3424 (B)	16 Every Wed. Mixed League 6:30 to 10:15 Matt Somerville 396-5879 (A & B)	17 Every Thur. Mosquitoes 6:30 to 8:30 (A)	18	19
20 Every Sun. Mixed League I to 6 pm	21	22 Every Tues Belleville Ladies Business League 7:30 to 10:15 (A) Sus Way 962-0727	23	24 The Pee Wee's will be Alternating nights with the Mosquitoes Chris M 396-3424	25	26
27	28 Every Mon. Youth Ball T-ball 6:30—8 Recreation Committee	29	30	3)	*:	

RECREATION

The Winner of the Easter Basket



Samantha Loft
Will Barberstock drew the ticket
At Bayview Variety on April 11, 2001
Proceeds of \$116.25
Nia:wen to everyone for your support

We can do anything if we work together!



Save - A— Tape for a Pool

The Recreation Department has been accepted to take part in the Save - A - Tape Program, so start saving your tapes now from any of the A & P,Dominion and Ultra Food & Drug Stores. As a Community we have ONE YEAR to save our tapes. If we can save up to \$450,000.00 worth of tapes our Tyendinaga Pool project will receive the maximum of a cheque worth \$ 1,000.00. It's that easy you can mail me the receipts or drop them off at the Administration Office. Quinte Mohawk School has a box, so please send in with your child/ren.

The Pool fundraising

\$300. fundralsed by the Youth Recreation

Tyendhega Pool Fundraiser

Just something you throw away we can make a \$1,000,000 week to

Contact person: Dariene J. Los Recreation Coordinator (813) 398-1624 art 187



We have \$4,693.20 of tapes

Nia:wen to Doug Patriquin from Trent Valley, Community members,

Kagita Mikam staff, Angie Hill, Kim Parks, Sandra Green for your tapes.

We only need \$445306.80 more receipts.

ADVERTISE YOUR EVENT IN THE MOHAWKS OF THE BAY OF QUINTE CALENDAR

Onerahtokkowa May

Promoting Healthy Living!

Darlene Loft (613)396-3424 ext. 107 e-mail darlenel@mbq, tyendinaga.net Recreation Department

Advertise your event in the Mohawks of the Bay of Quinte Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
*Drop-in Opened Every other Sunday 2 to 4:30		1 Recreation Committee Meeting	2 Youth Recreation Meeting	3 Lacrosse At Q.M.S	4 Youth Dance Canteen Ages 13 to 18	5
6 *Drop-In Opened 396-5339	7 Moon Ceremony	8 Library Open 8:30 to 4:30	9 Library Open 8:30 to 4:30	10 Library Open 1 to 7	11	12
13	14 (also 28th) Tyendinaga Healthy Coalition Meeting	15 (also 25th) Healthy Cooking Class	16 Workshop Jan Longboat 6 to 10	17 Aborig. Media Display 2 to 4	18	19 Lose Weight & win big Contest starts
20 *Drop-In Mohawk Landing	21	22	23	24	25 Social at Headstart 7 to 9	26
27	28 Youth Baseball	29	30 .	31	Exercise For your Health !	

BIRTHDAYS

Happy	Happy	Happy	Happy
Birthday!	Birthday!	Binthday!	Birthday!
Aunt Dont May 15	Kody 🍮 May 12	Rhonda @ & Shae-Lynn	Jessica
Love Linda, Angela	Love Dad &	Love Dad &	Love Nanny
Jake & Family	Allison	Linda	& 9ke
Happy	Happy Binthday!	Happy	Happy 6th
Birthdayl	"Auntie"	Birthday!	Birthdayl
Uncle Wilson	Shani Manacle	Daddy	Christopher
May 26	May 18	May 23	May 19
Love Angela	Love Cole, Riley	Love Christopher,	Love Mommy, Daddy
	& Kyle	Mackenzie & Mommy	& Mackenzie
Happy Belated	Happy Belated Birthday!	Happy	Happy
Birthday!		Binthday!	Burthdayl
Tana	Dale (1997)	Tenny Doneen	Dan Doheen
April 20		May 1	May 13
Love Dale, Mom	Love Lonna	Love from Sister Tree	Love from Aunt Tree
& Dennick	& Dennick	& Big Al	S Uncle Big Al
Happy	Happy	Happy	Happy Birthday!
Birthdayl	Buthdayl	Birthday!	
Sister Egg May 4	Steven Doneen May 4	to my Handsome Hubby Big Al May 14	Obby May 15
Love from Tree & Big Oak	Love from Aunt Tree & Uncle Big Al	3	Love Tanya X0X0
HAPPY 13 th BIRTHDAY TRAVIS (May 10 th)	Happy Birthday! Poppa April 27th	Londy, Londy Look who's fontyl Happy Binthday Lynda May 17	Happy Birthday! Noah May 27
Love Jesse & Mom Have fun at your party!!	Love Rachel & Babykins	Love Fan & Ainsley Happy Birthday Auntie! Love Reagan	Love Dad & Tanya X0

BIRTHDAYS & COMMUNITY INTEREST

Happy Buthday!

Dad May 10th

Lats of love Jessica & Andy Happy Birthday!

Aunt Betty May 27th

Love always, Jessica & Andy Happy Birthday

Cindy (Pooh) May 29th

Love Yah, Jessica & Andy

Happy & Anniversary

Mom & Dad May 16

Love Ron, Shelley Christophen & Mackenzie

-237 11111

Mom

Love Ya Angela

Happy Vanda & Diane

Love Jason, Faye & Family

Hoppy Mom wher's (Mary Loft)

Love always, Many, Keven Paige, Donna, Jeff, Suzie & Adam

Communities First: First Nations Governance

The Minister of Indian Affairs and Northern Development, Robert Nault recently wrote to Chiefs and Councils introducing the First Nations Governance initiative and inviting them to participate in the process.

We'd like to share some of his recent comments with you...

"There has been much talk about the First Nations governance initiative. There are rumours about what is being proposed and I want to set the record straight. Firstly, this initiative is not intended to replace treaties or treaty negotiations. And it will not implement self-government. What it will do is provide First Nations operating under the Indian Act with the tools they need to foster open, responsive and accountable governance.

"First Nations themselves are demanding greater accountability, more transparency, and vehicles for redress. These are the priorities of First Nations – and they are my

"Consultation is extremely important with Fitst Nations Consultation is extremely important with First Nations leadership and communities, but the way we consult is the way we did it 50 years ago – it's time we came up with some solutions using the Internet, telecommunications, videoconferencing, TV and the print media to work with each other to come to some understanding of what First Nations governance legislation will look like."

"Economic development, hand-in-hand with good governance, are two key components of our efforts to extend opportunity across this country."

Minister Robert Nault

Informal talks have begun about how to reach you and ask you to share your thoughts on how you would like to see your community run. Details will follow shortly about this consultation process, which will include face-to-face discussions, the telephone and Web site.

For more information, please call (toll-free)
1 800 550-1540

A V A V A V A V A V A V A

visit the new st Nations Governance Web site at http://www.fng-gpn.gc.ca

Indian and Herthern Allawes indemnes et du Nord Canada

Canadä



For immediate release

The Canadian Museum of Civilization welcomes Across Borders: Beadwork in Iroquois Life

Hull, Quebec, March 28, 2001 — The Canadian Museum of Civilization will soon be hosting Across Borders: Beadwork in Iroquois Life, a travelling exhibition from the McCord Museum. Starting June 8, 2001, visitors will be able to see a superb collection that has rarely been exhibited, featuring more than 300 beaded articles dating from the nineteenth century to the present day.

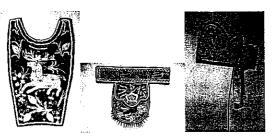
Across Borders: Beadwork in Iroquois Life looks at the significance of beadwork in traditional and contemporary Iroquois culture from the artistic, cultural and political viewpoints. Demonstrating that the artistic activity of a nation is closely linked to the survival of its people, the exhibition leads visitors to understand that Iroquois beadwork is the product of a long, constant interaction among creative influences that crossed geographical, political and cultural borders. The creations of the turn of the century illustrate how the language of beadwork evolved, without ever ceasing to express the Iroquois identity.

The exhibition features a magnificent collection of richly embroidered clothing, including collars, belts, leggings and skirts. These remarkably beautiful beaded pieces are presented alongside an astonishing array of objects created expressly for the Victorian tourist market, including pincushions, photo frames, decorative boxes and wall pieces.



The exhibition is divided into six thematic sections. The Introduction includes historical and contemporary beaded articles and presents eloquent images of the Iroquois people today. The World of the Iroquois is an evocative installation that uses sound, artifacts and traditional designs to explain the Iroquois vision of the world. The Evolution of Beadwork looks at the transition from decorations in porcupine quills and other ancient decorating techniques to the use of glass beads, and explains the context in which the Iroquois began selling beadwork. In *Creation*, the magic of video allows visitors to

meet Iroquois craftspeople who talk about their beadwork techniques and sources of inspiration. A series of late nineteenth-century pieces illustrates the fascinating interaction between Iroquois and Victorian esthetics. Commercialization explores the economic aspects of this unique art form using impressive presentations that show the entrepreneurial spirit of the Iroquois.



The final section, *Continuity*, looks at the strong ties that still exist between beadwork and the Iroquois cultural identity, and illustrates the way that contemporary Iroquois artists are constantly reinventing the language of beadwork.

Across Borders: Beadwork in Iroquois Life is a travelling exhibition organized and circulated by the McCord Museum, Montreal and the Castellani Art Museum of Niagara University, New York, in association with the Kanien'kehaka Onkwawén:na Raotitiohkwa Cultural Centre, Kahnawake, the artists of the community of Tuscarora in New York State and the Royal Ontario Museum. It will be presented in the Temporary Exhibitions area of the First Peoples Hall until November 4, 2001.

N.B. These images can be obtained online at the Canadian Museum of Civilization's Media FTP site: http://media.civilization.ca/

Media Information

Marilou Prud'homme Media Relations Officer
Canadian Museum of Civilization Tel.: (819) 776-7169 Fax: (819) 776-7187 @civilization en

Diane Chevrier Senior Media Relations Officer Canadian Museum of Civilization Tel.: (819) 776-7167 Fax: (819) 776-7187 rier@civilization.ca







Canadã



BELLEVILLE PLANNING ADVISORY COMMITTEE

NOMINATIONS FOR STREET NAMES

The Belleville Planning Advisory Committee is preparing a new list of potential street names which can be used to name new streets (or public places and facilities). The Committee has identified our community's cultural heritage as a priority for assigning new names, and is preparing a list of the names of citizens who have made historic contributions to community life through endeavours such as agriculture, arts and culture, business, education, professions, politics, sports and recreation, and volunteer sectors.

The Committee is requesting the input of citizens in nominating persons who have made historic contributions to community life. If you wish to make a nomination, please complete the following form and mail:

> Nomination forms available at the Administration office.

Before I went away to university my grandfather, Mark took me aside. He told me, "John, you can have all the education in the world, all the book knowledge. I want you to do well, but if you don't have the common sense, God gave a goose, you are useless.

Don't be useless."

I would like to share some lessons we can learn from the geese.

LESSONS FROM THE GEESE, <u>"TEWE'NNIA'KE SHONA"</u> LESSON 3

When the lead goose, "tewe'nnia ke", gets tired, it rotates back into formation and another goose flies at the point position.

It pays to take turns doing the hard tasks and sharing the leadership.
With people, as with geese, "TEWE'NNIA'KE SHONA",

we are interdependent on each other.

LESSONS FROM THE GEESE, "TEWE'NNIA'KE SHONA" to be continued.

<u> Point of Education Pride</u>

Do you wonder what life is all about? Why am I here? What is my purpose?
Who am I?

Do you wonder what will happen after secondary school? Are your teens asking questions about careers, college, university, the work force, that you are having trouble answering?

Well talk to the men who make it their business to have the answers to such questions -

Mike Brant and Bill Maracle They have been there, done that and even have the Tshirts.

Tyendinaga's Secondary School Councillors Their office is located at Moria Secondary and they are always ready to serve.

> Thanks Mike and Bill for the great job you dol

WA'KATSHENNONNI'

I am happy that so many people attended the Language Circle's celebration at the Mohawk Community Centre on March 31st Aboriginal Languages Day.

Thank you to our speakers who shared their knowledge with us — Karihwenhawe, Kawennanoron, Kanatawakhon, Tiorahkwathe and Sakokwenionkwas.

The singers also made the day so enjoyable – thanks and appreciation to Lynn Brant, the Mohawk Singers, and Tyendinaga's Women's Drum group.

Thanks to all who attended and shared the day with us.

The Language Circle is busy planning the agenda now for another (shorter) day May 26th also planning a celebration for National Aboriginal Day on June 21st. Join us if you are interested in the language and would like to help or offer suggestions. Our meetings are Wednesdays at 9 a.m. @ Kanhiote Library.

Mohawk Language study in Kanatsiohareke

By: Greg Horn

Shé:kon sewakwé:kon. Tonsatonhontsó:ni ken aiontéweienhste ne Kanien'kéha?

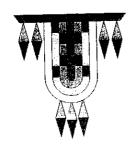
Due to the popularity of past programs there will be four two-week Mohawk immersion sessions in Kanatsiohareka near Fonda, N.Y. over the summer.

The first session will run from July 8 to 22, which is an introduction to Mohawk. This session is for students with little or no experience in speaking Mohawk. The second session, entitled the basics of Mohawk, will run from July 23 to August 4. This session is for students with a basic prior knowledge of the Mohawk language.

The third session from August 5 to 18 is conversational Mohawk for students who have an understanding of the language and can speak some but are not fluent.

The last session is much more advanced and is for fluent speakers. It runs from August 19 to September 1. This session is for speakers who wish to learn the Traditional speeches for burials, wakes and marriages.

The cost for each two-week session is \$1,000 US. This cost covers room and board as well as class material. For an application contact Kay Olan, 263 Rte 32 North, New Paltz, N.Y. 12561, or call 845-255-7837. Or you can also contact Kanatsiohareke, 4934 State Highway 5, Fonda, N.Y. 12068 and call 518-673-5692.





KANHINTE

WE NEED CORN PICTURES

To help with a project about growing corn at Tyendinaga we need pictures of corn. If you have pictures of corn growing or being braided or of making soup or anything else would you consider letting us copy your picture? Please call Kanhiote Library @ 613-967-6264 for more details.

Any pictures collected may be used in a video documenting all phases of growing corn, harvesting and uses. The pictures will also be kept in a permanent file @ Kanhiote Library.

Thanks for your help.

FUNDRAISING

Raising money to keep the library in operation is an on-going activity. Although Tyendinaga community members are constantly asked to purchase tickets by all organizations they are also very generous with their support. We thank you in advance....and we offer the opportunity to purchase tickets for our latest raffle....which will be drawn May 29, 2001. Our raffle is a collection of items to bring some Spring into your home presented in one of our new Kanhlote Library bags. Our library board members have tickets to sell or you can get a ticket at the Admin. Office. If you would like to purchase a bag they are available @ the library.

MOHAWK

On kwe hon we, people forever.

This language is not just mere gibberish. It is our very being, what we are, who we are. We are people set apart from all else. When we lost our language we lost our very identity - the togetherness, the laughter, the happiness, the spirituality, the giving, the healing. But when we start talking we'll find all of this again and it will start from the inside out - the good feeling, the happiness, the humor, the enjoyment of once again knowing who we are. For this reason young folks get into trouble because they don't know who they are and, in trying to find their way, only bring trouble. In the language, we cannot swear so we don't need to feel guilty of that. We notice the ones who curse things - they ask God to damn this or that and when he does they are still not satisfied. But that was never in our culture or language. The language paints in our mind a beautiful, peaceful, relaxing, soothing picture and that is the way we were meant to be, at peace, in us and around us, and with that it can become contagious, always skennen - then skennen kowa.

Sure we need outside influence, but lets not let that take away what is in our very being, our very own identity. When we say Shon kwa ia tih son the one who created us, who made us, we were not made white - he gave us a language, it wasn't anything else but to identify us, so with it were beautiful people, and we can flow with the music of the language. When you say, "close the door" right away our mind goes to the hole in the wall and the thing that swings on hinges. Then when you say, "heaven" right away your mind will see blue and when you say o ni kon ra right away we think that which watches over us.

Some people will say, "well, what good is this language to us, no one knows what we are saying" which is a poor excuse. This language is going to advertise who we are because a lot of us have tried to hide it for years, with no success. So, let us start to enjoy it again, with all the trimmings that go with it and yet be flexible to still be able to cope with everyone.

A.D. 5-20-91

Thank You!

I would like to take this opportunity to thank all my family and faiends for coming out and helping me celebrate my surprise birthday party.

Thanks to all who brought lovely cards and gifts. Thanks to everyone who participated in on putting a lovely buffet together.

A Special Thanks to Don & Lillian Brant

A Special Thanks to Don & Lillian Brant for their great music.

I really enjoyed myself and hope everyone else did too.

Thanks again and may God bless you all.

Marguerite Maracle

It's
a Girl!



Proud Poppa and Nanna (Topper and Sharon) would like to announce the birth of their beautiful new granddaughter.

" Xandria Erin Lynn " Born: Sunday, March 25th , 2001 Weight: 9 lbs. 11 oz.

A lovely new daughter for Aaron and Cherie and a little sister for Teia. Proud Uncle Murray, Aunt Lacey and Aunt Mindy also welcome their new little niece with lots of love and kisses. Other proud Grandparents are Ron and Judy Barnes. Proud Great Grandparents are Sonny and Bernice Maracle, Great Nanny Della Maracle and watching over "Dria" from heaven is Great Pop Carl Maracle.

In Memory of Rosella Sally Maracle (who passed away May 3, 1989)

> Sadly Missed by her son James



(Formerly the Chief's Inn)

Under New Management!

Daily Specials for Lunch & Dinner



CALLING ALL GARDENERS

Now's the time to start getting those gardens in shape for the 2001 Annual Mohawk Fair – Please call Brenda at 967-8230 or Val at 962-6031 if you wish to have your garden judged.

It's a Girl!



Carrie and Trevor Jacklin are proud to announce the arrival of our 2nd daughter and little sister to Shaelee.

"Abby Claire"
Born: April 7/ 2001
Weight: 6 lbs. 1 ½ oz.

Proud Grandparents: Clare & Mary Ann Sero of Tyendinaga Barry & Carol Jacklin of Brussels, Ont. **Ball Players Wanted**

Looking for ball players for the Ladies Napanee League. Must be 16 years or older.

Call after 5 p.m.: 396-5216



Canadian Cancer Society Hastings-Prince Edward County Unit 90 South Prinacle St. Belleville, DN KBN SPS Phone: 613-962-0686 Fax: 613-962-8523 E-mail: hastings@ccsont.org

FOR IMMEDIATE RELEASE -

"RELAY FOR LIFE" COMES TO QUINTE

The Canadian Cancer Society is pleased to announce that Relay For Life is coming to the Quinte area. Relay For Life is an event that celebrates cancer survivors, remembers loved ones and raises funds for cancer research. "Most of us have been touched by this dreaded disease either personally or it has touched our family and friends," Relay For Life Chairperson Carol White says. "Relay For Life gives us a chance to celebrate life while raising much needed dollars to find a cure for cancer." Teams of ten to twelve people walk, run or stroll around the track in the overnight event to raise money for cancer research. Highlights of Relay For Life include a cancer survivors' victory lap and luminary ceremony. "Relay For Life is not only a celebration of life but also a chance to remember those who have lost the battle to cancer," Unit President Bill Williams says. "It brings together young and old and creates an atmosphere of fun and excitement while raising the dollars needed to continue the work towards the realization of our goal-A cure for cancer!" While the relay is set for June 1 sponsors, teams and volunteers are needed to come onboard now. Registration forms for teams, survivors and order forms for luminaries are available at the Unit office and from Society volunteers. Relay For Life takes place at Eight Wing/CFB Trenton and runs from 7 p.m. on Friday, June 1 until 9 a.m. June 2. Special prizes will be awarded to winning teams. There will be lots in the

Special prizes will be awarded to winning teams. There will be lots in the way of entertainment as well as an area where teams can pitch tents.

The Hastings-Prince Edward Unit has established an ambitious \$75,000 fundraising goal for this event.

To be part of Quinte's first-ever Relay For Life contact the Canadian Cancer Society, Hastings-Prince Edward County Unit (613)962-0686 or if long distance 1-800-385-5457. You can E-mail inquiries to hastings@ccsont.org or check out our website at www.cancer.ca.

"Please join us on June 1 in this celebration," Carol White asks.

The first Canadian Relay For Life event was held in Ottawa three years ago.

Last year a handful of cities held the Relay with 25 Ontario communities including Hastings-Prince Edward coming onboard in 2001.

The Canadian Cancer Society is a national, community-based organization of

The Canadian Cancer Society is a national, community-based organization of volunteers, whose mission is the eradication of cancer and the enhancement of the quality of life of people living with cancer.

For more information or to set up an interview please contact Sandi Blackshaw at 962-0686.

QMS Chess Club News

Greetings from Quinte Mohawk School. Our school hosted the Moira School Group Chess Tournament, with teams participating from Harry J. Clarke, Queen Victoria, Queen Elizabeth, and Tyendinaga P.S., with the winners from each grade forming the Moira School Group Team, going on to compete at the county level. 120 students were competing for the 24 seats available on the Moira School Group Team. 12 of those seats were won by students from Quinte Mohawk School! Our entire Grade 7 team won all the seats for their division! The County Tournament was held on Tuesday, April 24/01. Our students won several honors. Kayne Hill and Josh Hill played on the grade 8 team and came in First Place. Otsire Maracle, Drew Brant, Kyle Bernhardt and Travis Sager played on the grade 7 team and also came in First Place, with Drew Brant winning overall high score! Way to go Drew! Josh Adams and Hannah Hill played on the grade 6 team and came in Second Place. Jordan Brant played on the grade 5 team and came in Fourth Place. Jacob Perron played on the grade 4 team and came in Second Place. Devon Hill and Mukwa Green played on the grade 3 team and came in Third Place. Our students displayed their usual courtesy and excellent sportsmanship. We extend, with pride, congratulations to all the students who participated at both levels of the tournament.. Thanks to all the children who participate in the Quinte Mohawk School Chess Club.

Mrs. Donna Green/Mrs. Linda Belch, coaches.

For Immediate Release April 20, 2001

TWO YOUNG ONTARIO RESIDENTS HONOURED FOR PROMOTING INTERRACIAL UNDERSTANDING

TORONTO - Keith Edgar, 19, of Sault Ste. Marie, and Noémi Paquette, 16, of Sudbury received the 2001 Lincoln M. Alexander Awards at a Queen's Park ceremony this morning for their leadership in promoting racial harmony and eliminating discrimination in their school or community.

Presenting the awards were the Honourable Hilary M. Weston, Lieutenant Governor of Ontario, and the Honourable Lincoln M. Alexander, the award's namesake and former Lieutenant Governor. Also speaking at the awards ceremony was Citizenship Minister Cam Jackson.

"Keith and Noémi deserve society's praise and recognition," said Mr. Alexander at the 11 a.m. ceremony.
"They stand as wonderful role models for others to follow. Their success demonstrates what can be achieved by motivated individuals when their cause is right and just."

Keith Edgar is a student at White Pines Collegiate and Vocational School in Sault Ste. Marie. He has played a major role in promoting positive relations between native and non-native students. By continually demonstrating pride in his aboriginal ancestry and through his participation in many anti-racism cultural events, Keith has inspired his fellow native students and increased both school and community awareness and understanding of aboriginal culture.

Noémi Paquette is a student at École secondaire Macdonald Cartier in Sudbury. She has worked since 1998 to bring about cultural understanding between the French and English speaking communities in the area. As a member of the Association multiculturelle francophone de l'Ontario, Noémi has designed an anti-racism colouring book for junior elementary school children, made anti-racism presentations to senior elementary classes, and has organized awareness-building campaigns and discussion groups to help find solutions to racism.

Minister Jackson said, "These two young volunteers have provided exemplary leadership and have already demonstrated they will be making a life long commitment of giving back to their communities."

Created in 1993 to honour the former Lieutenant Governor's commitment to support young people and promote racial harmony, the annual awards are presented to two Ontario youth who have worked hard to improve racial understanding, one in their school and the other in their community. Each of the recipients also receives a \$2,500 cheque.

-30-

Recipients of the Lincoln M. Alexander Award are selected by a committee of representatives from community organizations.

Media Contact: Sid Rodaway (416) 314-7242 Communications Branch

F.N.T.I. ABORIGINAL MEDIA PROGRAM PROJECTS & DISPLAY

Members of the Tyendinaga Mohawk community are cordially invited to drop in and see a display by the graduating class of First Nations Technical Institute's Aboriginal Media Program on Thursday, May 17 from 2 to 4 p.m. in FNTI's Mohawk Room

The second group of graduates from the media program, which started in 1997, has spent their final semester working on projects such as stories about the impact on Tyendinaga of the Canadian government's Mohawk airport. Two graduates have launched newspapers for their communities—in Maniwaki, Quebec and in Alderville.

Other projects include a video about youth in Six Nations, a feasibility study for a Native newspaper in Toronto and a story about longstanding pollution by the federal government in Native territories.

A variety of other videos produced by the media program's in-house video production department, including one on Tyendinaga artist Trevor Brant, will also be on display.

UPCOMING EVENTS AT THE ORANGE LODGE



EUCHRE NIGHTS

Every other Wednesday at 7:30 p.m.



BINGO NIGHTS

Every Friday at 7:00 p.m.

MONTHLY DANCES

8:00 p.m. - 12:00 p.m. \$7.00 per person includes lunch. 1st, 2nd and 3rd Saturday of every month.

Remember if you have an EMERGENCY

CALL



News Release



FOR MORE INFORMATION: Public Relations Department Fax: (705) 329-5800 Sherry Lawson, Director of Corporate Affairs/Public Relations: (705) 329-5256

Casino Rama announces summer entertainment lineup

Mnilkaning (Rama), Ontario, April 19, 2001 – Casino Rama today revealed the first concert dates confirmed for its exciting new Entertainment Complex. Well-known for its "Hot Ticket Event" summer concert series, Casino Rama will soon offer year-round entertainment in a newly built, state-of-the-art, 5,000-seat entertainment complex.

August 2001 concert dates include:

Jo Dee Messina Chicago Kansas The Dooble Brothers Melissa Manchester The Little River Band Thursday August 2 Thursday August 9 Friday August 10 and Saturday August 11 Thursday August 16 Friday August 17 and Saturday August 18 Friday August 24 and Saturday August 25 Thursday August 30

Plans are being finalized for the Grand Opening of the Entertainment Complex, showcasing the new complex with a major headliner.

Thursday evening concerts begin at 8 p.m. and Friday and Saturday concerts begin at 9 p.m. Tickets for the above concerts are on sale now at all Ticketmaster locations including Ticketmaster online at www.ticketmaster.ca, or at Casino Rama's new on-site Box Office. Box Office hours are Sunday to Thursday 12 noon to 8 p.m. and Friday and Saturday 12 noon to 10.p.m. All locations accept cash and all major credit cards.

Operating 24-hours per day, seven days per week since July 31, 1996, Casino Rama is Ontario's only First Nations commercial casino. With over 3,000 staff, 600 of whom are First Nations, Casino Rama is now recognized as Canada's largest single site employer of aboriginal people. More than 2100 slot machines (from \$0.05 to \$100 denominations), over 120 gaming tables and seven different restaurants are all on one level. Casino Rama offers a complete entertainment experience. There is free on-site parking and complete valet service, with Casino Rama accommodating 2,500 vehicles.

The spring of 2002 will see the completion of a 4-star, all suites hotel on site, with meeting space, ball-rooms and all amenities. Located on Mnjikaning First Nation near the city of Orillia, Casino Rama is just 90 minutes north of Toronto, off Highway 11.

For further information, contact: Sherry Lawson Director, Corporate Affairs and Public Relations (705) 329-5256



Lose Weight & Win

Big Contest # 2

Gather a group of 6 friends or family members who have the goal to lose weight & exercise.

The team that loses the most weight wins the Contest

Cost: \$150.00 a team

Team name & fees due before contest begins.

Sign-up: Weigh in with the Health Centre on the week of May 14, 2001,

(which makes May 18 the last day to weigh in)
Contest ends: August 17, 2001
For more information contact
Darlene Loft at 396-3424 ext.107

UPCOMING EVENTS

Tree Seedlings Available

First Ten Seedlings are

" FREE '

then

10[‡] a piece while supplies last

AVAILABLE: Monday, MAY 7
8:30 a.m.
On the lawn behind the
Administration Building
for more info call:
Lynda
396-3424



2001

Inter-Reserve Bowling

The 5 Pin Bowling Committee is looking for bowlers to go attend this years tournament hosted in London Ontario on Saturday May 12.

If you are interested practices are being held on:

Wednesday evenings

9:00 p.m.

Bayview Mall.

For more information call: Harold Maracle: 966-4116 Laverne Maracle: 396-3800

Jack & Jill

for

Linda Campbell and James Emmons May 19th, 2001 Deseronto's Lions Hall

8:00 p.m. - 1:00

\$10.00 couple or \$6.00 single

D.J. Bar Prizes



OPEN HOUSE

IN CELEBRATION OF

ÁUSTIN FULLER'S

80TH BIRTHDAY MAY 19, 2001

1:30 P.M. - 4:30 P.M. © OUINTE VETERANS HALL

(248 ELMWOOD DRIVE. R.R. #4 BELLEVILLE)

Best Wishes Only!



ATTENTION LACROSSE PLAYERS!

NON CONTACT LACROSSE

Where?: Lacrosse Box (York Rd) When?: Mondays at 6:30 p.m.

Ages? : 16 and older

Helmets and gloves recommended

For further information contact Jack Green 967-1580

Lets keep the game alive and get a little exercise at the same time!



ANGLICAN PARISH OF TYENDINAGA

Weekly Services
All Saints Church: 8:45 a.m.

Holy Trinity: 10:00 a.m.

Christ Church: 11:15 a.m. (2nd & 4th Sundays Fr. Glendon)

NOT CRAZY ABOUT CHURCH?

But would like to know more about Christian spirituality and meditation?

Have an hour and a half to spare on Wednesday evenings?

Call Rev. Cheryl Watson at 967-5695 or 962-2787 at the Anglican Church office. If no one answers leave your name and number and you call will be returned.

UPCOMING EVENTS



* Press Release *

For Immediate Use

March 2001

"WHAT DO.....

CJBQ & MIX 97, Dewe's Your Independent Grocers, Keller Pool Patio & Things, Labatt's, MacDonalds, Nortel Networks, Proctor & Gamble Inc., The Rotary Club of Belleville and Remax Quinte Ltd......

Have In Common?"

"They are sponsoring the many events at The Belleville Waterfront & Ethnic Festival!!"

CJBQ & MIX 97 are sponsoring the major Canadian recording artists during the 3 day weekend of the Belleville Waterfront & Ethnic Festival.

CJBQ is also sponsoring the Shore Pass Program. Shore Passes will be \$5 in advance and \$8 at the gate.

City Hall, 169 Front Street, Belleville, Ontario, Canada K8N 2Y8

Dewe's Your Independent Grocers and MacDonalds are co-sponsoring the Children's Village at West Zwick's Park.

Splish! Splash! It is Keller Pool Patio & Things is sponsoring the Belly Flop and Kids Cannonball happening on Saturday, July 14th at Meyer's Pier.

> Labatt is on board for another year at the Belleville Waterfront & Ethic Festival.

And who loves a parade? MacDonalds!! They will be sponsoring the Parade which commences the Festival winding its way downtown.

> The Fireworks Spectacular will be sponsored by Nortel Networks......watch the skies light up on Friday, July 13th at Meyer's Pier and Victoria Park.

The drums, the bugles, the colours are coming to West Zwick's Park on Saturday, July 14th at 8pm. Proctor and Gamble Inc. will be sponsoring the pagentry of the Drum and Bugle Corps. Don't miss the Syracuse Brigadiers who will be defending their World Championship.

Can you hear the drums beating......watch 40 dragon boats surfing the waters at Victoria Park on Sunday, July 15th.

Remax Quinte Limited is proud to sponsor this event for a second year.

The Rotary Club of Belleville is sponsoring the Arts & Crafts Show and Sale to be held over the entire weekend of Festival. West Zwick's Park will be the new home of the Arts & Crafts Show and Sale. Look for the white tents....you can't miss this opportunity!

FIRST ANNUAL EARL HILL MEMORIAL GOLF

CLASSIC

At the Picton Golf Club On Friday August 10, 2001 9:00am Shot Gun (7:30am Registration) Cost \$100.00 per person (Encludes green fees, cart & stack dis Cash and Merchandise Prizes

A and B Flights Skins Game - Mulligans

4 person teams - Scramble Format" "Limited Space Available" - Register Early-First 144 paid go

What is the Earl R. Hill Foundation Revenue over expenses shall be use vide bursary or scholarship ance to Aboriginal students to further their education which was a priority of the late chief Earl Hill. Mrs. Lorraine Hill has iously agreed to help make the tournament and the Memorial



For hole sponsorships \$500.00 - \$300.00 - \$100.00

Cash or prize donations please call: William Tooshkenig - Co-ordinator of Golf at Maracle Consulting - (613)969-9568 or Picton Golf Club - (613)476-1485

P.O. Box 327, Tyendinaga, Ontario, K0K 3A0 Email: dmaracle@kos.net

Ph: 613-969-9566 Fax: 613-969-6394

THE PETERBOROUGH HISTORICAL SOCIETY
270 BROCK STREET, PETERBOROUGH ONTARIO K9H 2P9
(705) 740-2600
E mail history@nexicom.net
Website; http://www.nexicom.net/~history
Fax 705-740-0395

2001 March 13

HERITAGE DECORATING SEMINAR

SATURDAY JUNE 23 9:00 AM - 4:00 PM

A FULL DAY OF SPEAKERS AND CONSULTATIONS ON TRADITIONAL ARCHITECTURE, INTERIOR DECORATING AND LANDSCAPING

IN THE MORNING A SERIES OF SPEAKERS WILL IDENTIFY BUILDING STYLES, INTERIOR DECORATING TRENDS FOR PERIOD HOMES, AND TRADITIONAL LANDSCAPE DESIGNS AND HISTORICALLY ACCURATE PLANT MATERIAL FOR HEIRLOOM GARDENS.

IN THE AFTERNOON THE MORNING SPEAKERS ALONG WITH ADDITIONAL EXPERTS WILL BE AVAILABLE FOR PERSONAL CONSULTATIONS ABOUT YOUR SPECIFIC CONCERNS.

BECAUSE OF THE OPPORTUNITY TO CONSULT WITH THE EXPERTS AND TO LEARN FROM THE PRESENTATIONS, THE NUMBER IS LIMITED TO THE FIRST 100 PAID PARTICIPANTS. THE TICKET PRICE IS \$50.00 PER PERSON.

INCLUDED AS PART OF THE INFORMATION PACKAGE WILL BE A RANGE OF PAMPHLETS AND FLYERS FROM COMPANIES THAT SPECIALIZE IN HERITAGE PAINTS AND WALLPAPERS, INTERIOR DECORATING AND RESTORATION MATERIALS.

THIS DAY IS PRESENTED BY THE PETERBOROUGH HISTORICAL SOCIETY AS A FUND RAISING EVENT.

FOR ADDITIONAL INFORMATION PLEASE PHONE US. PLEASE DIRECT TO THE ATTENTION LYNNE COOPER.

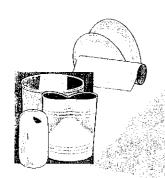
PLEASE POST THIS RELEASE FOR YOUR MEMBERSHIP FOR THEIR IMMEDIATE ATTENTION. WE HOPE YOU WILL INCLUDE THIS NOTICE IN YOUR NEXT NEWSLETTER.

RECYCLING



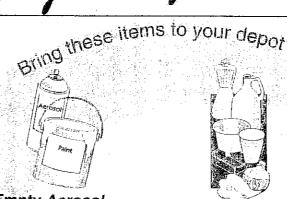
A Recycling Reminder

Hang this on your wall!



Metal Cans & Foil

Rinse cans. Place fids in a can, pinch closed and put loose in blue has Do not put aluminum cans inside tin ones. Include clean aluminum foil and pie plates. Flattened cans save space! No pots, cigarette or butter wrappers or scrap metal. Avoid putting pop cans inside other cans.



Empty Aerosol and Paint Cans

Make sure metal containers are empty. Take lids off the paint cans to let them dry, and place in the blue bin don't bag them. No containers with product, paint cans larger than 4 litres (1 gallon), plastic paint cans, propane cylinders or other hazardous waste.



Plastic Containers

Discard tops and rinse containers for soft drinks, detergents, juice, bleach, shampoo, dairy products as well as clear and foam plastic cups, trays and packaging. Flatten soft drink containers and replace lids. All plastics with the numbers 1 to 6 on the bottom are OK. No blister or bubblepacks, prescription bottles or toys.



Bottles & Jars

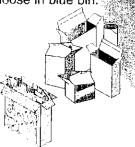
Remove and rinse caps and lids. Metal lids can be recycled with cans. Leave loose in the blue bin. Don't bag them. No other types of glass such as kitchenware, ceramics, dishes, drinking glasses, window glass, light bulbs or minors.



Boxboard and Mixed Paper

Bundle junk mail and office paper separately from Boxboard, Flatten and stuff boxboard into a large box. Boxboard includes cereal shoe and detergent boxes as well as rinsed milk and juice cartons, paper bags sugar & flour bags, card board tubes, books (hardcover & paperback), egg cartons and other clean paper packaging. ***

No drink boxes, tissue;
paper towel or laminated paper. Do not put paper loose in blue bin.



Plastic Bags

Stuff clean, dry plastic bags into a plastic bag and tie handles. Include rinsed milk pouches, grocery, bread, dry cleaning, frozen vegetable and blue newspaper bags as well as outer wrapper from toilet and hand tissues. Remove food residue, stickers and receipts.

No meat, cheese or stretch wrap, cereal box liners or chip bags.



Corrugated Cardboard

PLASTIC

Flatten and bundle corrugated cardboard boxes into a maximum size of 30" x 30" x 8" bundles. Only broken down and bundled boxes will be collected. No waxed boxes, soiled pizza boxes.

Newspapers & Magazines

GLASS

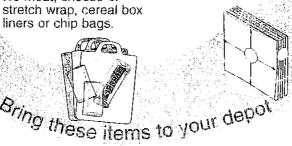
METAL

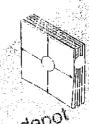
Place newspapers, inserts, phone books, magazines and catalogues in a plastic bag next to your blue bin.

No selled newspapers. Keep boxboard and mixed paper separate, not mixed with newspaper and magazines.









CLASSIFIED

FOR SALE

86 FIREBIRD

- rebuilt motor & transmission
- -\$1800.00 or Best Offer

Call: 396-5364

FOR RENT

- 4 PLEX 2 BEDROOM APARTMENTS
- located on the Airport Rd
- upstairs or downstairs apartments are available
- \$575.00 inclusive
- damage deposit required

For more information call: 969-1315

FOR SALE

LUXURY CRUISE
Planning a vacation???
Why not include a 4 day, 3 night
luxury cruise for 2.
Your choice of 3 locations:

- * Port Canaveral, Florida to Nassau Bahamas
- * Miami, Florida to Nassau, Bahamas
- * Los Angeles, California to Ensenada, Mexico

Choose your dates, BUT must be taken prior to October 2001. Cruise does not include transportation. A must sell at \$500.00 OR BEST OFFER

Call: Tammy Maracle 396-3629

Valued at over \$1500.00

FOR SALE

TOLEDO 1 HORSEPOWER 220 VOLT MEAT SAW

- \$1200.00 or Best offer

Phone Bill at 396-2552

ROOM FOR RENT

use of kitchen, bathroom
 & laundry room

Call: 396-2021

MILL TOWN MEATS

- Corn Fed Beef
- Quarters & Half Cuts of Beef Wrapped & Frozen
- Individual pieces sold at home AAA Beef

Make your own Soup!
Lyed Corn, Beans, Special Pork!

Call: Glenn Hill 962-5470

FOR SALE

WATERFRONT LOT

- Iocated on Cedar Glen Rd.
- Nice area

For more information contact Sam Maracle at 962-2439

FOR SALE

BUILDING LOTS - 100' X 150' lots

- located on the south side of Hwy #2 west of Deseronto and just east of church lane
- lots are fully serviced with water and sewer and natural gas

For more information call: 613-396-2097

OHAHASE

Adult Education

The Adult Basic Education program is looking for a complete encyclopedia set for use in the classroom. If you have a set that was published within the last five to seven years that you would like to dispose of call

Janice Brant or Cheryle Maracle at F.N.T.I. 396-2122

FOR SALE

- 2 ¼ ACRE LOT
- overlooking the Bay of Quinte
- located on the Ferry lane
- water & hydro on site
- asking \$25,000.00

Call: 396-2450

FOR SALE

DUNCA FYFE DINING ROOM TABLE

- 6 sturdy matching chairs
- table has 2 drop leafs & stretches from 2 ft. to 6 ft. in length when leaves are up
- Excellent condition

Call 396-3957 for more information

FOR SALE

99 TRAILITE R.V.

- sleeps 7
- all amenities including shower & furnace
- queen bed & 2 doubles (folds in)
- awning, spare tire & electric brakes
- used in the summer for about 1 Month
- paid \$13,000.00
- asking \$10,500.00 FIRM
- Excellent condition

OLD % BED - \$75.00

VERY NICE LOVESEAT - \$250.00 FIRM

TABLE & 4 CLOTH CHAIRS - \$75.00

ENTERTAINMENT CENTRE - \$50,00

CHARCOAL B.B.Q. - \$25.00

OLDER BIG STUFFED CHAIR -\$25.00

Other household items available at

18 S. Huron Brant Dr.

CALL: 396-2758

FOR SALE



131 WYMAN Rd.

Lot size – 150 ft. wide X 200 ft. deep
3 bedroom 1 ½ story home, partial basement
8ft. X 36ft. porch on front of house
8ft. X 48ft. deck along side & back
hardwood floor in front room, parquet floor in kitchen
Newer furnace & central air, newer doors & windows
Two sheds, one aluminum-8ft. X 10ft. one wood 12ft. X 12ft.
\$75,000
PHONE: 969-0885 (Bill or MJ)

E FOR SALE



144 Upper Slash Road

3-bedroom, four level split home on 3.9 acres
Spacious kitchen, dining, and living room, family room,
F/s included, oil heat, located near Shannonville.
For appointment to view call 396-3340.
Asking \$130,000