

# TYENDINAGA NEWSLETTER



## ISSUE 5/06



*Historical re-enactment of the Mohawk Landing Ceremony (1784)  
commemorating the settlement of the Mohawk People on the shores of the Bay of  
Quinte*

❧ **\* Sunday May 21, 2006 \*** ❧

MOHAWK LANDING CEREMONY  
Landing Park (Bayshore Road) 9:00 a.m.

### Upcoming Meeting Dates

Local Business - May 10 & May 31  
7:00 p.m.

Regular Business - May 16  
9:00 a.m.

### In this Issue:

Administration Notices  
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**Newsletter Deadline**  
**Wednesday, May 24**  
12:00 noon  
396-3424

*We're on the Internet*  
[www.tyendinaga.net](http://www.tyendinaga.net)  
(What's happening)

### JOB POSTINGS

Positions that become available  
with the Mohawks of the Bay  
of Quinte can now be viewed  
on the Tyendinaga Mohawk  
Territory Web Site.

[www.tyendinaga.net](http://www.tyendinaga.net)



# ADMINISTRATION



## MOHAWKS OF THE BAY OF QUINTE

R.R. #1, Tyendinaga Mohawk Territory, Ontario, K0K 1X0

Phone: (613) 396-3424 • Fax: (613) 396-3627

**To The Members of  
The Mohawks of the Bay of Quinte  
From the Chief**

May 1, 2006

Seken Sewakwekenh:

I hope this report finds you in good health and looking forward to the various spring activities.

### Six Nations Land Occupation at Caledonia, Ontario

By now, most of you are aware through various media coverage of the recent incidents that have occurred concerning the Six Nations land occupation at Caledonia, Ontario. Tyendinaga Mohawk Council released a media statement on April 20, 2006 outlining MBQ's position in the land dispute. Enclosed is a copy of the media statement for your perusal.

### Press Release from Ontario Regional Chief Angus Toulouse – April 21, 2006 - Ontario Regional Chief calls on both levels of government to deal with outstanding claims

Ontario Regional Chief Angus Toulouse indicated today that negotiations are ongoing between government officials and Six Nations leadership in an effort to end the 53 day occupation of the Douglas Creek Estate Housing Development in Caledonia, Ontario.

"I believe this matter can be amicably and fairly resolved through good faith dialogue and respect" stated Regional Chief Toulouse. "It is unfortunate that unresolved First Nations claims are ignored by the two levels of government to the point that frustrations boil over and erupt in conflict like the one we are seeing in Caledonia" said Regional Chief Toulouse.

The Regional Chief pointed out that the unresolved land claim is a large part of the current conflict, but not the only factor. "This is a complex situation, unique to Six Nations and we must support them but be respectful of their autonomy in seeking a peaceful resolution." Regional Chief Toulouse encourages the parties to remain at the negotiating table until a fair and equitable resolution is reached.

Regional Chief Toulouse emphasized the fact that unresolved claims affect many First Nations across Canada. The situation in Caledonia vividly illustrates the lack of government action in addressing outstanding claims. Both levels of government need to engage Six Nations, and other First Nations with legitimate unresolved claims on a Nation-to-Nation basis, prior to a crisis situation occurring" said Regional Chief Toulouse.

### Press Release from the Chiefs of Ontario Political Confederacy – April 26, 2006 – "Where is the Federal Minister of Indian and Northern Affairs"

The Chief of Ontario Political Confederacy expressed disappointment that the federal Minister of Indian and Northern Affairs has been absent since the Douglas Creek Estates dispute began on February 28, 2006. "Despite all our efforts there has not been satisfactory involvement from the Minister" said Chief David General of the Six Nations of the Grand River Territory.

"This dispute is not just a law and order matter. There are much more fundamental issues involved here, including the need for government to act to settle the unresolved land claims of First Nations across this country" stated Grand Chief Denise Stonefish of the Association of Iroquois and Allied Indians. She further expressed that the dispute at Douglas Creek Estates is a flashpoint for many First Nations as they too are experiencing continuous delays in getting their own claims resolved. "The number of outstanding specific claims filed by First Nations with the federal government to date is in the neighbourhood of 1,000, all at varying stages in the process" said Grand Chief Stonefish.

"We are frustrated by the federal governments' stated position that they are monitoring the situation as opposed to acting in accordance with their required responsibility" stated Regional Chief Angus Toulouse. Union of Ontario Indians Grand Chief John Beaucage added "The government of Canada cannot characterize this as primarily a 'provincial matter'. The federal government has fiduciary obligations to First Nations and has to this point failed to respond appropriately."

The Regional Chief further indicated that First Nations in Ontario fully expect Minister Prentice to begin engaging First Nations directly on the many pressing issues and challenges impacting upon First Nations. "It is incumbent upon the Minister of Indian Affairs to talk to First Nations directly about these issues given the legal duties of the federal Crown" stated Regional Chief Toulouse.

Another significant issued that contributes to First Nations dissatisfaction with government inaction is the failure to honour obligations agreed to in historical treaties signed between First Nations and the Crown. "The federal government has to live up to the historical nation-to-nation agreements signed with First Nations" stated Grand Chief Stan Beardy of the Nishnawbe Aski Nation.

Regional Chief Toulouse explained that the situation at the Douglas Creek Estates is indicative of a much larger problem. He indicated that First Nations across Ontario, and across Canada, are affected by the issue of unresolved land claims and have been for years. "First Nations are saying enough is enough; immediate progress must be made on this issue with full First Nations involvement."

"As nations we stand behind our brother nation to find a peaceful resolve. We are concerned about the occupation and certainly advocate that calm be maintained and that peaceful dialogue remains the priority in resolving the dispute at the Douglas Creek Estates" expressed Chief Paul Nadjawan of the Chippewas of Nawash Unceded.



## ADMINISTRATION

### Condolences

At this time, I would like to express my deepest sympathy to the families in our community who have recently suffered the loss of a loved one. May you find comfort in knowing that our community's thoughts and prayers are with you.

### Welcome!

On behalf of Tyendinaga Mohawk Council, I am pleased to welcome Rod Jeffries as our new Chief Administrative Officer for the Mohawks of the Bay of Quinte.

I hope that you find this report informative.

Niawen;

R. Donald Maracle  
Chief



### MOHAWKS OF THE BAY OF QUINTE

R.R. #1, Tyendinaga Mohawk Territory, Ontario, K0K 1X0

Phone: (613) 396-3424 • Fax: (613) 396-3627

### MEDIA STATEMENT

#### Six Nations Land Occupation at Caledonia

Though we are not directly involved, nor do we know the specific details of the occupation at Caledonia, the Tyendinaga Mohawk Council stands in solidarity with our brothers and sisters in Six Nations with respect to the peaceful resolution of their land claims. It is our position that the recognition of Aboriginal and Treaty rights, which include land rights, are essential to the future of our communities and the Mohawk Nation.

We call on Minister of Indian Affairs, Jim Prentice and Minister Responsible for Native Affairs, David Ramsay, to meet with the elected and traditional leadership of Six Nations of the Grand River to work toward a peaceful and accountable resolution for the restitution of Six Nations lands. We also seek and support the development of an effective policy for First Nations land restitution.

For more information, please contact Chief R. Donald Maracle at (613) 396-3424.

April 20, 2006

#### Honorarium Report September-03

Chief R. Donald Maracle	\$2,000.00	
Councillor Velma Hill-Dracup	\$ 600.00	
Councillor Douglas E. Maracle	\$ 800.00	
Councillor Gregory P. Brant	\$2,000.00	
Councillor Christine Claus	\$2,200.00	
	\$5,600.00	\$ 7,600.00

#### Honorarium Report march 2005

Chief R. Donald Maracle	\$2500.00	
Councillor Barry Brant	\$2500.00	
Councillor Blaine Loft	\$2500.00	
Councillor Roy Maracle	\$2500.00	
Councillor Trevor Lewis	\$1000.00	
	\$6,100.00	\$ 8,100.00

## Now Available!

The Administration Office is now on line to receive your payments by on line banking or telephone banking.

For more information please call Carla: 396-3424



## MOHAWK FIRE DEPARTMENT

The Mohawk Firefighters in April responded to 5 calls:

- 1 - Grass Fire
- 1 - Medical
- 2 - Mutual Aid
- 1 - Tree Fire

This brings our total to 30 calls for the year 2006.

### JOB OPPORTUNITY ~ PURCHASING AGENT

First Nations Technical Institute is hiring a Purchasing Agent for our Finance Department on a 6 month term contract with the possibility of a renewal after 6 months.

Under the supervision of the Manager of Finance, the Purchasing Agent will be responsible for the following:

- Managing/maintaining FNTI's Budget Management System
- Accounts Receivable Collection Process
- Compilation/coding of Credit Card travel claims
- Managing FNTI's capital inventory process -ordering, labeling, tracking
- Managing FNTI's Office Supply Inventory
- Organizing and arranging for courier pick up
- Participating in other financial activities as required, including weekly banking
- Filing

#### QUALIFICATIONS:

- background in basic bookkeeping
- good organizational skills
- excellent interpersonal skills and ability to work with many personalities
- confidentiality
- high tolerance for change and last minute changes
- confident, enthusiastic, reliable
- ability to handle multiple priorities, tight deadlines and short notice
- attention to detail

Please forward your resume with 2 references **BEFORE 4:30pm on May 15<sup>th</sup>, 2006** to:



Merle Maracle  
First Nations Technical Institute  
3 Old York Road  
Tyendinaga, ON, K0K 1X0  
FAX: 613-396-2761  
EMAIL: [merlel@fnti.net](mailto:merlel@fnti.net)



# MEETING MINUTES

## TYENDINAGA MOHAWK COUNCIL MINUTES MARCH 15, 2006

A meeting of the Tyendinaga Mohawk Council was held on Wednesday, March 15, 2006 at 9:10 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle  
Councillors: Barry Brant, Roy C. Maracle, Blaine Loft and Trevor Lewis  
Staff: Angela Maracle, A/CAO

Chief R. Donald Maracle opened the meeting with prayer in Mohawk.

Chief Maracle thanked Council and staff for the fruit basket he got while in the hospital.

**MOTION #1:** Moved by Trevor Lewis, seconded by Roy C. Maracle that the Tyendinaga Mohawk Council Minutes of March 6, 2006 be accepted as corrected.

Carried.

The following scheduled meetings were acknowledged:

- March 15, 5:30 p.m. – FNTI Board Meeting
- March 16–19 – International Indigenous Cross Border Security Summit in Akwesasne
- March 19-21 – Police Conference at Rama
- March 20, 9:00 a.m. to 12:00 p.m. – Meeting with Six Nations Council re: Policing
- March 22, 10:00 a.m. – Alan Pratt re: Culbertson Tract – postponed
- March 22, 7:00 p.m. – TMC Local Business Meeting
- March 23-24 – A.I.A.I. Chiefs Council meeting in Toronto
- March 23-24 – Culbertson Negotiations meeting (awaiting confirmation)
- March 26 – Iroquois Caucus meeting prior to AFN Special Chiefs Assembly
- March 27-30 – AFN Special Chiefs Assembly
- March 31, 9:00 a.m. – 2006/07 Proposed Budgets, TMC available on March 30
- April 10-11, 2006 – AIAI H/SAB-Chiefs Retreat in Orillia – Chief and Blaine attending

**MOTION #2:** Moved by Roy C. Maracle, seconded by Blaine Loft that this Council confirm the following meeting dates for April 2006:  
Regular Business - April 5 and 19 at 9:00 a.m.  
Local Business - April 12 and 26 at 7:00 p.m.

Carried.

**MOTION #3:** Moved by Blaine Loft, seconded by Barry Brant that this Council request Housing submit recommendations to the April 5, 2006 Tyendinaga Mohawk Council Agenda for selection of new construction/mortgages for 2006/07.

Carried.

**MOTION #4:** Moved by Roy C. Maracle, seconded by Blaine Loft that this Council approve the following meeting dates regarding the Culbertson Tract Claim:

1. Technical Meeting with Canada on March 23, 2006 at 10:00 a.m.; Barry Brant to attend
2. Carla McGrath, MBQ Solicitor, on April 12 at 10:00 a.m. to review the legal options paper
3. Internal meeting on March 22 at 10:00 a.m.

Carried.

**MOTION #5:** Moved by Trevor Lewis, seconded by Roy C. Maracle that this Council request an update on April 12, 2006 from Carla McGrath, MBQ Solicitor, on legal issues with Hydro regarding Permits for Turton Penn.

Carried.

**MOTION #6:** Moved by Trevor Lewis, seconded by Barry Brant that this Council approve to participate in the Mohawk Nation Territorial/Land Claim Workshop being co-ordinated by the Iroquois Caucus and propose that the meeting date be during the week of April 24-28, 2006 or May 1-5, 2006 and suggest the location be near where the speaker is located to save on expenses.

Carried.

**MOTION #7:** Moved by Barry Brant, seconded by Trevor Lewis that this Council defer the request for reimbursement of legal fees for additional review and ask the Community members to attend the Local Business Meeting on April 12, 2006 for response.

Carried.

**MOTION #8:** Moved by Trevor Lewis, seconded by Roy C. Maracle that this Council defer the Business Registration for Rez Mart, Charlene Maracle & Shawn Sager – owners, for staff to address clause in mortgage document regarding businesses in homes and alterations to property without prior written consent.

Carried.

**MOTION #9:** Moved by Barry Brant, seconded by Blaine Loft that this Council approve payment of the following invoices from Alan Pratt:  
Inv. #2847, \$206.00 - General Matters  
Inv. #2846, \$1,792.34 – Johnson Brant Family Claim  
Inv. #2848, \$7,328.22 - Culbertson Tract Claim  
Inv. #2852, \$743.11 - Turton Penn Lease

Carried.

**MOTION #10:** Moved by Barry Brant, seconded by Trevor Lewis that this Council approve the Comprehensive Funding Arrangement 2005/06 Amendment Change #9 in the amount of \$74,600.00 for:  
\$8,000 - Professional Development (QMS)  
\$5,500 – Peatland Waste System Project  
\$7,200 – Water Treatment Plant PPA Site  
\$49,500 – Water/Wastewater Feasibility Study  
\$4,400 – Waste Management Proposal – Landfill Closure Project  
Carried.

**MOTION #11:** Moved by Barry Brant, seconded by Trevor Lewis  
That the Tyendinaga Mohawk Council do hereby resolve:  
That the Tyendinaga Mohawk Council requests or has requested the Minister of Indian Affairs and Northern Development to guarantee repayment of a loan in the amount of \$500,483.00 (Approx.) to Canada Mortgage and Housing Corporation as lender. That the outstanding principal balance of this existing loan will be refinanced, for which loan, the Tyendinaga Mohawk Council is a party to a Project Operating Agreement for the receipt of operating subsidies under Section 95 of the National Housing Act. That Project operating subsidies under Section 95 of the National Housing Act will be available to assist with the with the rental housing project's financial viability while the Tyendinaga Mohawk Council is in compliance with the Section 95 Project Operating Agreement. That the Tyendinaga Mohawk Council is responsible for the management of the project under the terms of the Section 95 Operating Agreement as long as the loan is in effect  
THAT financing shall be as follows:

Outstanding Principal Balance \$444,224.32

THAT the loan is to be amortized over a period of 19 years 9 months at an interest rate and term maturity to be determined by Canada Mortgage and Housing Corporation as lender, and pursuant to the provisions of the National Housing Act. THAT monthly payments on the loan will be the responsibility of the Tyendinaga Mohawk Council  
THAT property insurance shall be provided as required under the terms and conditions of the project countersigned Offer to Lend for a loan under Section 15.1(1) of the National Housing Act.

THAT the Minister of Indian Affairs and Northern Development is hereby authorized to direct the transfer of Indian monies of the Tyendinaga Mohawk Council to the extent that such monies are or may become available, for the purpose of reimbursing Her Majesty the Queen in right of Canada as represented by the Minister of Indian Affairs and Northern Development for any payment made by Her Majesty to Canada Mortgage and Housing Corporation as lender at any time in the future in respect of repayment of the loan requested by this resolution. Repayment of which we hereby request the Minister to guarantee. The authority conferred herein is irrevocable. M.C.R. #2005/06-152

Carried.

**MOTION #12:** Moved by Trevor Lewis, seconded by Roy C. Maracle that this Council approve the Land Transfer from Amzy Edward Doreen and Amzy Donald Doreen to Edna Darlene Jacobs, the whole of Lot 35A-6, Concession 1, as shown on Plan No. RSO 4907.

Carried.

**MOTION #13:** Moved by Roy C. Maracle, seconded by Trevor Lewis that the Lands Department shall not act as a land or real estate broker for transactions between Band members. The role of the Lands Department is to process land transactions once Band members have completed their arrangements.

Carried.

**MOTION #14:** Moved by Barry Brant, seconded by Trevor Lewis that this Council approve the Land Transfer from John Trevor and Melissa Rose-Anne Maracle to John Thomas Baptiste, the whole of Lot 59-12, Concession 1, as shown on Plan No. RSO 6256.

Carried.

**MOTION #15:** Moved by Barry Brant, seconded by Trevor Lewis that this Council approve the Land Transfer from John Trevor Maracle to John Thomas Baptiste, the whole of Lot 59-11 and Lot 59-5-3, Concession 1, as shown on Plan No. RSO 6256.

Carried.

**MOTION #16:** Moved by Barry Brant, seconded by Trevor Lewis that this Council approve to send the letter dated March 15, 2006 as revised to Audrey Brant regarding her land issue.

Carried.

**MOTION #17:** Moved by Trevor Lewis, seconded by Barry Brant that this Council approve the section compiled by Gerry Boyce, Historian, for "Historic Hastings" regarding the Tyendinaga Mohawk Territory as amended.

Carried.



# MEETING MINUTES

**MOTION #18:** Moved by Blaine Loft, seconded by Trevor Lewis that this Council approve the following members on the Environment Committee: Glenn Hill, Roger Brant, Wayne Maracle, Suzanne Brant, Sharon John, Curtis Maracle, Carol Anne Maracle and Betty Jean Maracle.  
Carried.

**MOTION #19:** Moved by Blaine Loft, seconded by Trevor Lewis that this Council acknowledge the January 30, 2006 and February 13, 2006 Environment Committee Minutes.  
Carried.

**MOTION #20:** Moved by Trevor Lewis, seconded by Roy C. Maracle that 60 days notice be given to the Community stating it will be mandatory for members to use the bins; there is to be no more dumping over the edge.  
Carried.

Council briefly discussed the Tyendinaga Justice Circle and will address further with the First Nations Technical Institute Board when they meet with them at 5:00 p.m. today.

Council agreed to send a letter of support to the Whitesand First Nation regarding the Whitesand Quarry issue.

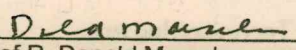
**MOTION #21:** Moved by Trevor Lewis, seconded by Barry Brant that this Council go in private. (11:35 a.m.)  
Carried.

## Summary of Private Minutes:

- Approved March 6, 2006 Private Minutes
- Approved one Home Renovation Loan increase totaling \$19,758

Recorded by:  
Molly Kohoko

Angela Maracle  
A/Chief Administrative Officer

  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council.

## TYENDINAGA MOHAWK COUNCIL MINUTES MARCH 22, 2006

A meeting of the Tyendinaga Mohawk Council was held on Wednesday, March 22, 2006 at 7:12 p.m. in the Council Chambers for Local Business.

**Present:** Chief R. Donald Maracle was absent; traveling to Toronto for an AIAI Chiefs Council Meeting on March 23-24  
Councillors: Barry Brant, Roy C. Maracle and Blaine Loft. Trevor Lewis was absent; attending work related meetings in Toronto  
Staff: Angela Maracle, A/CAO

**MOTION #1:** Moved by Roy C. Maracle, seconded by Barry Brant that Blaine Loft act as Chair in Chief R. Donald Maracle's absence.  
Carried.

Ross Maracle attended Council regarding:

- PST Exemption – business in Belleville refused to accept Status Card
- Felt this was more of a discrimination issue
- Contacted Human Rights Commission – agreeable to take the case, wanted to seek advice, guidance and/or comments from Council first - Ross stated that he would follow through with the human rights case

Tom Maracle attended Council regarding several issues:

- Purchase land in the Industrial Park – submit proposal to Tech Department; will review and once decision made on Industrial Park issue, Tom will be informed.
- Policing issue – complaint that case is not moving forward and wants some action – Council will speak with Police
- Future Business Venture – will let Council know once formalized
- Legal Fees and Finish Restoration Work - submit formal proposal to Tech Department for review

Robert Maracle attended Council regarding Kente Bay Holdings:

- Tape recorded meeting
- Asked Council to make a decision on having Chief Maracle investigated
- Writing an article on issue to be put in the Drummer
- Are they MBQ's companies and were dollars going from MBQ?

**MOTION #2:** Moved by Roy C. Maracle, seconded by Barry Brant that this Council approve the Contribution Funding Arrangement 2006/07 in the amount of \$6,222,401 and send the letter dated March 22, 2006 outlining MBQ's concerns.  
Carried.

**MOTION #3:** Moved by Roy C. Maracle, seconded by Barry Brant that this Council approve to meet with the Ministry of Transportation on May 3, 2006 at 1:30 p.m. regarding signage on Highway 401 and the Highway #2 and #49 (York Road) intersection.  
Carried.

**MOTION #4:** Moved by Barry Brant, seconded by Roy C. Maracle that this Council approve to send the Survey on First Nations Health to Donna Loft, Chiefs of Ontario, as is and try to obtain the additional information and send later.  
Carried.

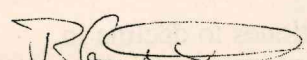
**MOTION #5:** Moved by Barry Brant, seconded by Roy C. Maracle to go in private. (9:25 p.m.)  
Carried.

## Summary of Private Minutes:

- Approved one Bank of Montreal Home Renovation Loan totaling \$21,000

Recorded by:  
Molly Kohoko

Angela Maracle  
A/Chief Administrative Officer

  
Blaine Loft, Acting Chair

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council.

## TYENDINAGA MOHAWK COUNCIL MINUTES MARCH 31, 2006

A special meeting of the Tyendinaga Mohawk Council was held on Friday, March 31, 2006 at 9:00 a.m. in the Council Chambers to discuss the Proposed Budgets for 2006/2007.

**Present:** Chief R. Donald Maracle arrived at 11:10 a.m.  
Councillors: Barry Brant, Roy C. Maracle, Blaine Loft and Trevor Lewis  
Staff: Rod Jeffries, CAO, and Angela Maracle, AO

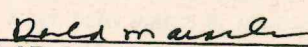
Rod Jeffries discussed issues with Council arising from the budget review with staff.

Sue Maracle, Finance Manager, joined the meeting and Council reviewed the Proposed Budgets for 2006/2007.

**MOTION #1:** Moved by Trevor Lewis, seconded by Blaine Loft  
WHEREAS, the Culbertson Tract originally formed part of the Mohawk Tract granted by the Simcoe Deed of 1793;  
WHEREAS, the Simcoe Deed required that lands in the Mohawk Tract could only be alienated to Canada;  
WHEREAS, in 1837, Canada issued Letters Patent for the Culbertson Tract lands without obtaining a surrender as required by the Simcoe Deed;  
WHEREAS, the Mohawks of the Bay of Quinte and Canada are in negotiations regarding the Culbertson Tract Claim;  
WHEREAS, the Mohawks of the Bay of Quinte wish to make an application for loan funding for these negotiations in the amount of \$82,955.00 for October 2005 to March 2006 under the Loans of Native Claimants Program to carry out the Culbertson Tract Claim negotiations;  
THEREFORE BE IT RESOLVED, that the Mohawks of the Bay of Quinte approves of the above application for loan funding and authorizes and directs the Chief and Council for and on behalf of the Mohawks of The Bay of Quinte to perform and do all such acts and things that may be necessary for the purpose of finalizing the application and obtaining the loan funding.  
Carried.

Council went in private to address a human resource issue.

Recorded by:  
Angela Maracle  
Administrative Officer

  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council.



## EDUCATION

### Trustee Report: April 2006

This is a time of planning by the HPEDSB in preparation for next school year and also a review of how things have gone over the current school year. Much has to be done to accommodate the huge challenge of offering students the best possible education they can get each and every year. This includes managing staff, programs, finances, schools etc.

On the local front, program representatives in education from Head Start to post secondary education are meeting monthly to improve communication and offer support to each other. This has also been helpful to bring our new Band Council Representative (education portfolio) Trevor Lewis up to date on what is happening in education at Tyendinaga Territory. It is felt that by working together and having a strong representative on Band Council, education will continue to be priority here on the Territory.

It is interesting to note that while enrollment continues to decline in many school boards across Ontario including HPEDSB, our enrollment at Quinte Mohawk School has leveled out after years of rapid growth and projections appear to remain level. Among the new challenges of increased enrollment this year at Quinte Mohawk School has been how to accommodate the large numbers of grade 8 graduates for graduation.

In the next newsletter I will have more information on my role as a Trustee representing Tyendinaga Mohawk Territory.

Remember, if you have any comments, concerns or issues, please contact Mike Brant at 962-3595.

#### Early Notification!!!!!!!

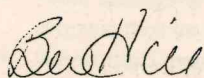
#### Summer Camp Program 2006

This year there is a change in the summer camp program.

MBQ will be offering only one summer camp program this year, which will be a Sports Camp. The ages for this camp will be 7-12 years of age. It will run from July 5, 2006 until August 25, 2006 at the Recreation Complex. All applications for enrollment of the Sports Camp for your child/children can be picked up at the administration office on June 1, 2006 from the Human Resources Officer, Bev Hill.

The Junior Mohawk Language camp which the ages are 4-7 years and will now be run by The Mohawk Language Circle, please contact Callie Maracle coordinator @ 396-6742.

Nia:wen  
Human Resource Department



Bev Hill

### Computer Software Training

First Nations Technical Institute is offering training for a variety of software programs.

The workshops are being offered upon request and will cost \$50 per person for each ½ day session. (based on a minimum enrolment of 3 people/workshop session).

#### The courses available include:

Introduction to Computers

Introduction to Microsoft Word

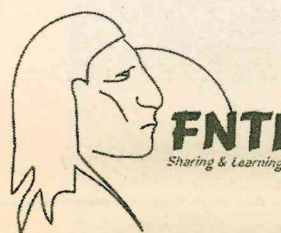
Introduction to Microsoft Excel

Exploring the Internet

Introduction to Microsoft PowerPoint

Introduction to Microsoft Publisher

**Please call Susan Maracle to register at 396-2122.**



First Nations Technical Institute  
3 Old York Road  
Tyendinaga, ON  
K0K 1X0

### 2006 Children's Summer Mohawk Language Immersion Camp

Tsi Tyonnheht Onkwawenna  
in partnership with the  
Mohawk Administration Office  
is excited to announce the

2006 Children's Summer Mohawk Language  
Immersion Camp  
For ages 4 - 7 years

To be held at Tsi Tyonnheht Onkwawenna  
314 Airport Rd.  
Tyendinaga Territory

Application forms will be available at the Mohawk  
Administration Office  
on June 1, 2006

For more information, please call:

Callie Maracle, Coordinator  
Tsi Tyonnheht Onkwawenna  
(613) 396-3100 x 227



# EDUCATION



## KANHOTE

TYENDINAGA TERRITORY PUBLIC LIBRARY  
York Rd. Tyendinaga Mohawk Territory, K0K 1X0  
967-6264

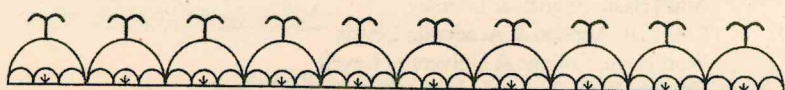
A Cultural & Educational Resource Centre

### Library Hours

Tuesday	8:30-4:30pm
Wednesday	8:30-4:30pm
Thursday	12-4, 6-8pm

**\*your help requested\***

**Do you have a picture of the Mohawk Landing?  
Would you like to share your photo for  
inclusion in an upcoming book about the  
Salmon River watershed?  
If yes - call Karen  
at Kanhote Library - 967-6264**



Some websites to consider for school readiness and early childhood development:

Invest in Kids, ages & stages, activity centre  
[www.investinkids.ca](http://www.investinkids.ca)

Peel District School Board has great resources  
[www.peel.edu.on.ca](http://www.peel.edu.on.ca)

Ministry of Education has great parent guides for reading & math - JK to Grade 3+  
[www.edu.gov.on.ca](http://www.edu.gov.on.ca)

Ready at Five Partnership based out of Boston, has great parent tips  
[www.readyatfive.org](http://www.readyatfive.org)

Best Start: Ontario's Maternal, Newborn & Early Child Development Resource Centre  
[www.beststart.org](http://www.beststart.org)

US Department of Health & Human Services  
[www.smallstep.gov](http://www.smallstep.gov)

Health Canada  
[www.hc-sc.gc.ca](http://www.hc-sc.gc.ca)

Kingston, Frontenac, Lennox & Addington Health Unit  
[www.healthunit.on.ca](http://www.healthunit.on.ca)

Hastings & Prince Edward County Health Unit  
[www.hpechu.on.ca](http://www.hpechu.on.ca)

Ontario Early Years  
[www.ontarioearlyyears.ca](http://www.ontarioearlyyears.ca)

Free Internet Access @  
Kanhote Library



### Learning to Love Books

Your child was born to be a reader and a writer! She is more likely to be a good reader and writer if she enjoys books and reading!

You are your child's first and best teacher. You can help your child to enjoy or be motivated to read. Every day moments are learning moments! Try these easy and fun activities with your child:

#### YOUR INFANT:

- Read to your baby every day. This is a great way to enjoy each other. Cuddle with your baby and make it fun. He loves your touch, being close to you, and the sound of your voice.
- Repeat and play with the words in books. Sing the words to your baby. He will begin to enjoy making some of the sounds back to you.
- Point to, name, and touch the pictures together.
- Having special time with you and books every day will help your child to love books!

#### YOUR TODDLER:

- Make sharing books a part of every day. Have fun together with the stories! Try to make up voices for the characters.
- Talk about the books with your child. Act out parts of the story together.
- Take time to look at the cover of the book together. Soon your child will recognize favorite books by their covers.
- Turn the pages when you read to your child. Let your child turn them if he seems to want to. If he is turning pages quickly, just talk about the pictures. If he is turning them slowly, read the words and talk about the pictures.
- Touch and feel books and "pop-up" books are fun for your toddler.
- Read children's nursery rhymes to your child. Read them over and over until she can recite them by herself. Have fun with poems. Laugh about the sounds in them. Talk about what they mean.

#### YOUR PRESCHOOLER:

- Encourage your child to pretend to read books. He will become eager to learn to read!
- When reading books together, look at the cover of the book. Look at the picture on the cover. Ask your child what she thinks the book will be about. Next, tell her who wrote the story (the author) and who drew the pictures (the illustrator).
- Show your child all the times you read. For example, if you are shopping, you might say, "Let's read our grocery list and see what we need to buy."
- Keep newspapers, magazines, and books that you read out on shelves or counters or coffee tables. Let your child see you reading. If your child knows that you read, then she is more likely to want to read.
- Help your child find books or magazines at the library about his interests. If he likes animals, look for different kinds of books about animals. Look at magazines about animals. Some magazines are written just for children. The library is a great place to go to get excited about reading!

ParentTips is a monthly resource for parents with young children.  
Want more suggestions? Visit [www.readyatfive.org](http://www.readyatfive.org).

**From the  
Early Childhood Development Team**

## AN ABORIGINAL APPROACH TO LEARNING First Nations Technical Institute



- |                                    |                                  |
|------------------------------------|----------------------------------|
| *Aviation Diploma Program          | *Social Service Worker Degree    |
| *Aboriginal Media Program          | *Ohase Adult Education           |
| *Public Administration Degree      | *Social Services Diploma Program |
| *Office Administration Certificate | *Indigenous Community Health     |

[www.fnti.net](http://www.fnti.net)

#3 Old York Road, Tyendinaga Mohawk Territory, ON K0K 1X0  
1-800-267-0637 or 613-396-2122 Fax 613-396-2761



# EDUCATION



## Ohahase Education Centre Your Future Path to Success!!

### Secondary School Programs

#### Description

Ohahase Education Centre is operated by First Nations Technical Institute to provide programs for students seeking to achieve an Ontario Secondary School Diploma (O.S.S.D.). Ohahase means "new road" in the Mohawk Language and that is why we say it is "Your Future Path to Success"! Ohahase is a Private Secondary School that is inspected and licensed by the Ontario Ministry of Education. Each year our curriculum and guidelines are inspected and the Principal is granted a license to operate and grant credits. Ohahase currently offers two programs; a full-time day program for youth and an adult program of correspondence and night school.

#### Program Mission

#### Ohahase....

Is a centre for excellence, providing holistic and respectful learning rooted in Mohawk language and cultural practices; and

Will facilitate a multigenerational community that fosters belonging through encouragement, motivation and laughter – striving for the goals of self-sufficiency and biculturalism.

#### Learning Programs

#### Full-time Day Program for Youth

This program is a Private Secondary School program currently for grade nine and ten students. There is no tuition charge or fees for status Native students or community residents as the school is funded by Indian and Northern Affairs Canada. The program consists of regular semester periods in which students take a maximum of four classes per day in each semester. We offer a unique and challenging curriculum that meets Ontario guidelines and includes aspects of Mohawk language and culture. Students of all ages and levels of ability are welcomed as we are able to provide a small teacher-student ratio. We have been in operation three years and will expand to include grade eleven and twelve in the immediate future.

#### Courses/Program Requirements

Students are required to earn 30 credits to achieve an O.S.S.D. (18 compulsory and 12 optional credits). Our grade 9 and 10 programs in the past have included the following courses:

Mohawk Language	Open Level
English	Essential, Applied & Academic Levels
Mathematics	Essential, Applied & Academic Levels
Geography	Applied & Academic Levels
Native Studies	Open Level
History	Canadian History, Applied & Academic Levels
Healthy Active Living	Open Level
Science	Essential, Applied & Academic Levels
Civics/Career Studies	Open Level
Dramatic Arts	Open Level
Food and Nutrition	Open Level
Business Studies	Open Level

#### Program Schedule

This program is scheduled during two semesters, starting Semester 1 in September and Semester 2 in February. It is a requirement that students attend classes daily during regular scheduled time slots. Older students are welcome to attend on a part-time basis if they are able to attend the daily scheduled class.

#### Program Contacts:

For more information contact:

Phone: 613-396-6742

Fax: 613-396-6777

Or Email

Janet Kring, Program Assistant  
janetk@fnti.net

#### Ohahase Staff:

Appel Maracle, Principal  
Janet Kring, Program Assistant  
Cheryle Maracle, Intake Worker  
Meagan Fumerton, Social Science/Humanities Teacher  
Devi Pisharodi, Math/Science Teacher  
Tanya Bardy, Education Assistant

### Adult Education Program

This program is designed as a self-directed learning program with a support system. Adults are offered correspondence courses from the Independent Learning Centre that are approved by the Ministry of Education. Students may work at their own pace and staff at the school, are available to provide assistance when required. The length of the program varies depending on the number of credits required for graduation.

#### Courses/Program Requirements

O.S.S.D (Ontario Secondary School Diploma) requires students to earn 30 credits. Credits may be earned from high school subjects, maturity credits or equivalency credits. At least 4 credits must be senior credits (grade 11 or 12) and a senior English credit must be included.

Maturity Credits – the Ministry of education grants up to 12 mature credits to adults returning to school. These credits apply to adult students who started high school in the Province of Ontario before September 1999.

Equivalency Credits – some non-post secondary courses that adult students have taken qualify for credits, i.e. apprenticeship training, community college upgrading, etc.

All courses are divided into 20 lessons. Each course is 1 credit unless otherwise stated. Courses are offered at various levels of learning to accommodate educational goals related to work, attending College or University. There is no fee for community members to take a course through correspondence, as the initial registration fees are subsidized by local community service organizations.

Night school is offered periodically and in the past we have offered courses in English, Presentations and Public Speaking Skills, Computers, Math and Mohawk language. Other non-credit workshop courses are available periodically such as leather crafts (moccasins).

#### Available Courses

(Course offerings may vary from year to year as new courses become available. Please consult the Program Assistant for details.)

#### English

	Adult Basic English & Literacy
Gr.9-10	Essential, Applied & Academic Levels
Gr.11-12	Workplace, College & University Levels
Gr.11	Creative Writing and Media English, General Level

#### Mathematics

Gr.9-10	Essential, Applied & Academic Levels
Gr.11-12	Workplace, College & University Levels
Gr.12	College & Apprenticeship Math
OAC	Algebra, Finite Math

#### Science

Gr.9-10	Workplace, Applied & Academic Levels
Gr.11-12	Science, Biology, Chemistry, Physics; Workplace, College & University Levels

#### Geography and History

Gr.10	Geography of Canada, Basic Level
Gr.10	Canadian History, Basic, Applied & Academic Levels
Gr.10	Civics, Open Level
Gr.11	World History, College/University Level
Gr.11	Native Studies, General Level
Gr.12	Society Challenge and Change, College/University Level
Gr.12	Philosophy, University Level

#### Business

Gr.11	Accounting, College & University Levels
Gr.11	Merchandising, Basic Level
Gr.11	Entrepreneurial Studies, College Level
Gr.11	Information Technology Applications in Business, Open Level
Gr.12	Law, General Level
Gr.12	Accounting, General Level
OAC	Economics

#### Personal Life Skills

Gr.9	Learning Strategies
Gr.10	Career Studies
Gr.11	Health for Life
Gr.11	Parenting
Gr.12	Individuals and Families in a Diverse Society

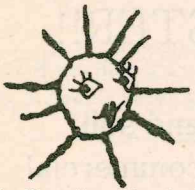
#### Arts

Gr.9	Visual Arts, Open Level
Gr.11-12	Visual Arts, General Level

**Ohahase Education Centre**  
**Your Future Path to Success!!**



# ABORIGINAL HEAD START



## Tahatikohsotontie Head Start May Workshops

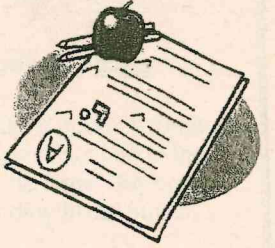


- ☆ Tuesday, May 2nd - Traditional Practitioner, Betty Carr-Braint is coming this morning to enlighten us about the various programs and services available through Red Cedars Shelter.
- △ Thursday, May 4th - It's that time of year when everything comes to life, including those annoying allergies! The Community Health Representatives are joining us this morning to do an allergy presentation. Come with your questions and concerns...resources and information will be available for you.
- ✕ Tuesday, May 9th - Southern Ontario Aboriginal Diabetes Initiative (S.O.A.D.I.) Carol Loft will be joining our families this morning with rejuvenating ideas about healthy lifestyles...Diabetes education, so please come and learn with us!
- \* Wednesday, May 10th - Sun Safety with the Community Health Representatives. Let's get prepared for those balmy summer months!
- ✎ Tuesday, May 16th - Dale has more information ready for you and your family. Join us for a refresher and some new learning!
- ✎ Thursday, May 25th - Katsitsias is hosting our morning with more cultural knowledge for you.
- ♥ Wednesday, May 31st - Today is set aside for the Community Health Rep's to host a car seat clinic. Remember the laws have changed and the safety of our little one's is paramount. Enjoy this session of current information and demonstration!

The workshops run from 9:15am - 10:45am  
Everyone welcome...these workshops are  
**FREE!!!**



## Tahatikohsotontie Head Start Placement Students



Nicole Maracle  
Quinte Mohawk School  
Grade 8 Student

I chose to work there because I like to work with kids. The kids are always happy and I have a smile on my face by the end of the day. The staff is great and very helpful. I am very fortunate to have my placement there.



Stephanie Ferrill  
Moir Secondary School  
Grade 12

I am at Tahatikohsotontie Head Start to complete my last year of high school. I like working with kids. I hope my experiences here will help me fulfill my goals in the future, as a social worker. I enjoy the company of the Head Start Team!

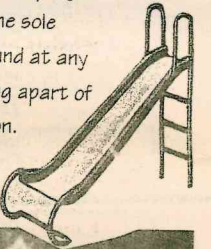
Danielle Brant  
Bachelor of Indigenous Social Work Program  
FNTI

I am at Tahatikohsotontie Head Start completing the practicum portion of my degree. At head Start, I am filling as the Family Resource person. The duration of the placement is approximately four months. If you have any questions or concerns, please do not hesitate to call.

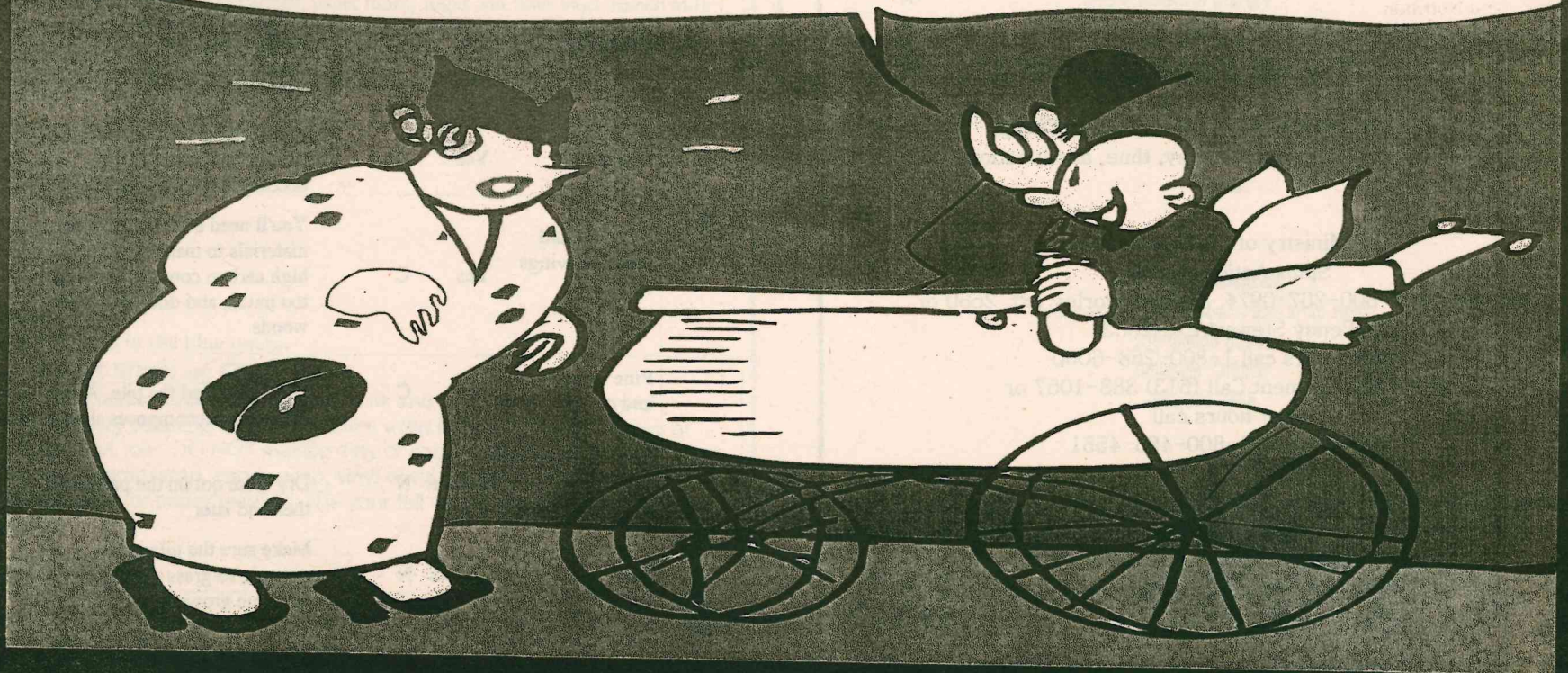


## Tahatikohsotontie Head Start Play Ground Notice

Please note that the Tahatikohsotontie Head Start Play ground is designed for program use only. Children using the playground outside of program hours are the sole responsibility of their parent/guardian. No pets are allowed on the playground at any time. If toys are found in the playground they will be discarded. We enjoy being apart of your neighbourhood, and would like to thank you for your co-operation.



Are you on your way to Tahatikohsotontie Head Start, Located at #9 Deserontyon Drive? I hear if you come to the morning program, Tuesday to Friday 9:00 am to 11:00 am, your name will be entered in a draw for a gift certificate. Certificates are for Chapters, Walmart or Dewe's/No Frills. The more you come to the morning program the better your odds of winning the weekly draw. Good Luck!





# ENVIRONMENT

## \*IMPORTANT\* \* COMMUNITY NOTICE \*

This notice is to inform all community members, that the Tyendinaga Landfill will no longer accept garbage over the embankment after Sunday May 14<sup>th</sup>, 2006

This is a 60 day notice

ALL garbage is to be placed in the bins provided.

Thank you for your compliance

Tyendinaga Mohawk Council  
March 15, 2006, Motion # 20



### Your Participation in Important!

If you smell odours from the Richmond Dump, It is important to report the day, time, and location to:

The Ministry of the Environment  
Spills Action Center  
Daytime call 1-800-267-0974, Andrew Morley ext. 2660 or Penny Stewart ext. 2662  
After Hours call 1-800-268-6060  
Waste Management Call (613) 388-1057 or after hours call 388-2798 or 1-800-465-4551

Keep track of smells and share it with the Concerned Citizens Committee, by contacting,  
Steve Geneja 969-0286, (fax) 969-9830  
or by email to [withonevoice@ihorizons.net](mailto:withonevoice@ihorizons.net)

## THIS MONTH...BUY A COMPOSTER!!

Compost is one of nature's best mulches and soil improvements, and you can use it instead of commercial fertilizers. Best of all, compost is cheap. You can make it without spending a cent!

Get a perfect amount of 'Greens' (nitrogen rich) and 'browns' (carbon rich)

Cut them down to smaller pieces so they will break down faster

Mix them together in a pile

Make sure you stir the pile once a week

Then in a few months you will have compost...

Following is a chart listing common composting materials

Type of Material	Use it?	Carbon/Nitrogen	Details
Algae, seaweed and lake moss	Yes	N	Good nutrient source.
Beverages, kitchen rinse water	Yes	Neutral	Good to moisten the middle of the pile. Don't over-moisten the pile.
Coffee ground and filters	Yes	N	Worms love coffee grounds and coffee filters.
Cornstalks, corn cobs	Yes	C	Best if shredded and mixed well with nitrogen rich materials.
Diseased plants	Careful	N	If your pile doesn't get hot enough, it might not kill the organisms, so be careful. Let it cure several months, and don't use resulting compost near the type of plant that was diseased.
Dryer lint	Yes	C	Compost away! Moistening helps.

Eggshells	Yes	O	Break down slowly. Crushing shells helps.
Hair	Yes	N	Scatter so it isn't in clumps.
Manure (horse, cow, pig, sheep, goat, chicken, rabbit)	Yes	N	Great source of nitrogen. Mix with carbon rich materials so it breaks down better.
Newspaper	Yes	C	Shred it so it breaks down easier. It is easy to add too much newspaper, so recycle instead if you have a lot. Don't add slick colored pages.
Oak leaves	Yes	C	Shredding leaves helps them break down faster. They decompose slowly. Acidic.
Sawdust and wood shavings (untreated wood)	Yes	C	You'll need a lot of nitrogen materials to make up for the high carbon content. Don't use too much, and don't use treated woods.
Pine needles and cones	Yes	C	Don't overload the pile. Also acidic and decomposes slowly.
Weeds	Careful	N	Dry them out on the pavement, then add later.
Sod	Careful	N	Make sure the pile is hot enough, so grass doesn't continue growing.



RECYCLING

Recycling Update

Mohawks of the Bay of Quinte

Waste Reduction is a way of life both at home and work. One tonne of recycled paper saves 19 trees, 3.3 cubic yards of landfill and 4100 kW hours of electricity (enough to heat a home for 6 months or run a television for 31 hours!)



#1- Plastic and Metal Containers

Please deposit these items in the blue toters.

Metal Food and Beverage Cans

Empty cans and lightly rinse. Place metal lids from cans (and glass jars) inside the can and pinch the top to trap the lid inside. Please do not place pop cans inside of food cans. DO NOT include, metal pots, butter wrappers or scrap metal.

&



Rigid and Foam Plastic Containers

Empty and lightly rinse your containers. Discard the lids. All plastics with the numbers 1 to 6 on the bottom are OK. Include plastic containers for soft drinks, detergent, bleach, juice, shampoo, yogurt, ice cream, Styrofoam coffee cups, trays and packaging. DO NOT include drink boxes, medicine bottles, toys, parts, or blister/bubble pack.

&



Empty Aerosol and Paint Cans and Aluminum Trays & Foil

Please make sure that aerosol cans and paint tins are empty and dry (remove the lids from empty paint cans and let them dry out before recycling. Aluminum trays and foil such as pie plates, fast food trays and clean aluminum foil. DO NOT include propane tanks, any paint cans that have product in them or if larger than 1 gallon or, any hazardous product.

#2 Clear Glass & Coloured Glass

Please separate your clear and coloured glass and deposit it in the steel drums at the depot.

Clear and Coloured Glass Bottles and Jars

Separate your clear glass from your coloured glass. There are Blue Boxes for each type at the depot. You can recycle the metal caps with your Metal Cans. DO NOT include anything that is not a glass beverage or food bottle or jar. NO ceramics, dishes, cups, window glass, light bulbs, mirrors, Pyrex, drinking glasses or special coated liquor bottles.

#3 Mixed Household Paper

Please deposit all household and office paper in the blue toters.



Mixed Household Paper

This includes junk mail, paper bags, egg cartons, paper tubes, sugar and flour bags, rinsed milk or juice cartons, cereal, detergent and snack boxes, books, computer paper, Newspapers, Magazines, Telephone Books and other paper items. Please remove any food or liners and flatten boxes. DO NOT include, soiled boxes, serviettes, Kleenex or paper towels.

#4 Film Plastic

Please deposit empty bags in the blue toters.

Plastic Bags, Pallet Wrap or Film Plastic

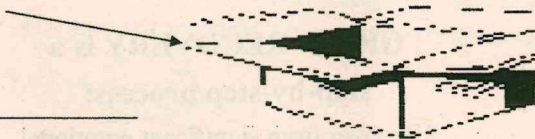
Fill a plastic bag with plastic grocery bag, rinsed milk and vegetable bags, bread newspaper, parts and dry cleaning bags. Outer film wrap from toilet paper, cases of pop and produce are OK too. DO NOT include dirty or soiled material, chip/snack bags, meat or cheese wrap, saran wrap, candy wrap, vinyl or rubber products. Please remove any food, crumbs or paper receipts. Tie your full bag shut and place it inside the depot container.

#5 Old Corrugated Cardboard

Please break down your cardboard boxes and place inside large cardboard boxes.

Cardboard Boxes

This is the type of box or case used for shipping packing larger items such as furniture, appliances and computers. The boxes have three layers with a wavy section in the middle. Please flatten your cardboard boxes down and place in the large Gaylord boxes in the corner. DO NOT include coated or waxed boxes or dirty pizza boxes.



Please be a Part of the Mohawks of the Bay of Quinte Solution prepared by HGC Management Inc.

ANNUAL RECYCLING REPORT  
2005

Material	Total Annual Kilograms	Total Annual Tonnes
Newsprint	27750.25	27.75
Corrugated Cardboard	13875.15	13.88
Boxboard	15136.50	15.14
Aluminum Cans	2270.50	2.27
Steel Cans	6306.90	6.31
Mixed Glass	18920.65	18.92
PET Containers	3784.15	3.78
HDPE Containers	1897.11	1.90
Film Plastic	2522.75	2.52
Tub & Lids	1513.65	1.51
Polystyrene	635.74	0.64
Polycoat Containers	2522.75	2.52
Waste	3784.15	3.78
Total	100920	100.92

Congratulations ! Your Recycling Efforts in 2005

	Saved at least:
808	Trees
25,427	Gallons of Oil
325,254	Gallons Water
174,365	KW Hours Electricity
21	Metric Tonnes of Coal
53	Metric Tonnes of Iron Ore
239	Cubic Yds. Landfill Space
11	Metric Tonnes of Air Pollution

HGC Management Inc.  
Proudly Serving Ontario Communities for 25 Years  
555 Station Street  
Belleville, Ontario  
(613)968-3848

Remember if you have an EMERGENCY  
CALL 911



## FAMILY SERVICES

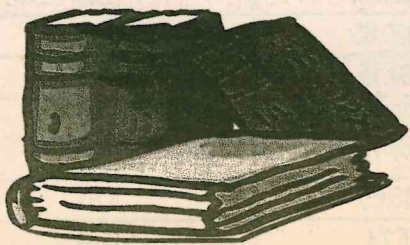
# MOHAWK FAMILY SERVICE

**GRIEF RECOVERY** is a  
step-by-step process:

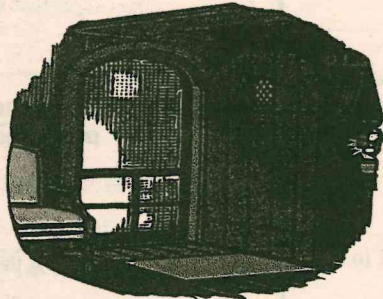
- \*Recover from significant emotional loss
- \*Regain happiness and joy
- \*End isolation

**One on one  
Grief Recovery**

For further information call  
MJ Loft at 967-0122



MFS have videos and books on various self help topics to lend out. Please call 967-0122 and talk to MJ Loft if you are interested.



**Looking for Foster Parents!!!!!!**  
Mohawk Family Services is taking applications for Foster Homes. Would you please consider opening your home so we can keep our children on the Territory.

To inquire about the process, please contact Evelyn Sparks at 967-0122 Monday through Friday between the hours of 8:30 and 4:30.

Niawen



Mohawk Family Services

Mission Statement

"Nurture, Support, Protect"

### TO RISK

To laugh is to risk appearing a fool.

To weep is to risk appearing sentimental.

To reach out for another is to risk involvement.

To expose feelings is to risk rejection.

To place your dreams before the crowd is to risk ridicule.

To love is to risk being loved in return.

To go forward in the face of overwhelming odds is to risk failure.

But risks must be taken because the greatest risk in life is to risk nothing. Those who risk nothing, do nothing, have nothing, and are nothing.

They may avoid suffering and sorrow, but they cannot learn, feel, change, grow or leave.

Chained by their certitudes, they are slaves. They have forfeited their freedom.

**Only the person who takes risks is free.**

(Source Unknown)

MFS and Head Start are looking for youths who are 16 yrs old and older who would be interested in doing parent relief for any night workshops that these two programs may be having. Call MFS at 967-0122 or Head Start at 396-6716 for more information.



## LOGO CONTEST

HEALTHY BABIES HEALTHY CHILDREN  
SECOND CALL, LOGO CONTEST

Due to the short time frame.

I am re-opening the logo contest.

Winners will be announced in the June Newsletter

Prizes will be rewarded to the top 3 winners

### Contest Criteria

\* DESIGN A CREATION THAT YOU FEEL BEST CONVEYS OUR PROGRAM.

\* YOUR PICTURE MAY CONTAIN DRAWINGS AND /OR WORDS.

\* IF YOU INCLUDE MOHAWK LANGUAGE PLEASE VERIFY YOUR SPELLING WITH THE LANGUAGE CIRCLE.

\* PLEASE SUBMIT YOUR LOGO ON AN 8 1/2 x 11 SHEET OF PAPER.

PLEASE **DO NOT INCLUDE ANY NAMES/IDENTIFICATION ON THE FRONT OF THE LOGO.** (PLEASE INCLUDE ALL NAMES OF THOSE WHO CREATED YOUR POSTER ON THE BACK SIDE OF THE PAPER)

ALL SUBMISSIONS MUST BE IN THE HEALTHY BABIES HEALTHY CHILDREN OFFICE ( MFS BUILDING) BY

**MAY 19, 2006, BY 4PM**

PLEASE USE SIMPLE LINES THAT ARE EASY FOR REPRINTING ON PROMO ITEMS AND DOCUMENTS



## FAMILY SERVICES & HEALTH CENTRE

### Tyendinaga Healthy Babies / Healthy Children

*Healthy Babies / Healthy Children is a free program to families with children (Prenatal to age 6) living on the territory. Through our friendly home visits we offer:*

- to enhance parenting/caretaking awareness and healthy parenting skills
- to enhance healthy sexuality and lifestyle choices of teens
- to provide prenatal support, services and information to expecting mothers
- to provide postpartum support, services and information to mother, infants, and families
- to identify the needs and goals of children (0-6) and their families- and to help them reach these goals
- to offer the services of a friendly family home visitor
- to ensure interdepartmental coordination of services for children 0-6
- to assist children 0-6 reach their full potential
- to fulfill the above goals & objectives with the integration of traditional teachings & values

**VISION:** All children (0-6) in Tyendinaga and their parents will meet their full potential.

**STRATEGIC GOAL(S):** To provide service in a holistic approach for families with children aged 0-6 who are in need.

### HOW TO CONTACT US:

**Mohawk Family and Children Services Building**  
40 York Road, Shannonville, ON K0K 3A0  
613-967-0122

Are you having a baby  
Why not call on a Doula

### What is a doula You Say?

The word "doula" comes from ancient Greek and has been applied to childbirth to refer to "...a woman experienced in childbirth who provides continuous physical, emotional and informational support to the mother before, during and just after Childbirth

I am a Douglas of Ontario trained Doula.

I have experienced extreme joy, relief, stress, tears, laughter and have had the honour of being a witness to the birth of not only many precious babies but families of the community as well

I will be there for you throughout your labour, assisting you in your birthing efforts. As a doula, I can offer experienced help and advice on comfort measures such as massage, breathing, relaxation, visualization, movement and positioning.

I am also there for you emotionally - reassuring, encouraging, understanding - as well as for family members who may be present.

When quiet moments alone as a couple are needed, I will honour your privacy, remaining nearby where you can call me back when you're ready.

I will stay with you with continuous support until after birth, regardless of the length of your labour. We can assist you in getting started on breastfeeding right away, and help you settle gently into life with your new baby.

labour and birth support

Information on all pain management techniques

Massage during labour

Relaxation techniques

Guided visualization

Positioning suggestions during labour and birth to aid comfort and progress  
Encouragement and reassurance to partners and family who may be present  
Continuous support during and after labour regardless of the length of your labour  
There is no charge, just a smile after

Give me a call

Kim Maracle

Day: 967-0122 Evenings: 962-6217



### MAY IS DOULA MONTH!

### Have you Thanked Your Doula?

*If you have anything that you would like to share about a special doula that you know, please jot it down and drop it off to the Health Centre by our reunion/meeting date. . .*

### 2005 Doula Class: Reunion and Meeting

May 12th, 2006

12:30 - 2:30 pm

Thayendanega Health Centre  
Conference Room

**Doulas: Please Come for an afternoon of sharing, updates, planning, & discussing topics of interest to Doulas. . .**

**SEE YOU THERE!**



Attention  
Community Members

If you are receiving the Guaranteed Income Supplement (GIS)

"Remember you need to renew your application each year."

Or

Turning "65" within 6 months

Leona Somerville will be in our community on June 7, 2006

If you wish to book an appointment with Leona, please contact Lesley at the  
Thayendanega Health Centre  
at 967-3603



# HEALTH CENTRE

## Go For Green Day



"Let's work together to beautify our community"

Looking for volunteers to help with the clean up on

May 25, 2006

Starting at  
9:00 a.m. - 12:00 p.m.

BBQ to follow at

Thayendanege Health Centre

For more information please contact  
Lesley at Health Centre  
967-3603

## DIABETES DAY



**AT THE  
THAYENDANEGE  
HEALTH CENTRE  
MAY 24, 2006  
10:00AM TO 2:00PM  
RANDOM BLOOD SUGAR  
TESTING, A1C, & BLOOD  
PRESSURE READINGS**

PRESENTED BY  
BRENDA ASSELSTINE REG. N. CHNIC  
LYNDA WHALEN REG. N., DIABETES NURSE EDUCATOR

**KNOW YOUR NUMBERS**



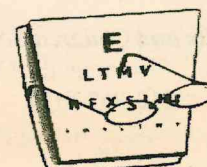
**DIABETES SUPPORT GROUP  
THAYENDANEGE HEALTH CENTRE**

## "DIABETES & EYE COMPLICATIONS"

A presentation by  
Dr. Angela Sullivan, Optometrist

**MAY 9, 2006  
Time 7:00 p.m. to 8:30 p.m.**

**ALL WELCOME  
Contact: Brenda @ 967-3603**



## 10 COMMANDMENTS FOR AVOIDING NEGATIVE SCENES WITH LOVED ONES WITH DIABETES

1. Thou shalt not act like a police person.
2. Thou shalt not ignore diabetes.
3. Thou shalt not lead your loved one in the paths of temptation.
4. Thou shalt not criticize when your loved one falls to temptation.
5. Thou shalt not talk about your loved one's diabetes in public unless invited to do so.
6. Thou shalt offer support and comfort, especially when things aren't going well with diabetes.
7. Thou shalt have the patience of a saint when your loved one is acutely hypo (low)- or hyperglycemic (high blood sugar).
8. Thou shalt deal constructively with your own natural fears and resentments.
9. Thou shalt be especially sensitive in public situations.
10. Thou shalt find out what works and do it.

Author unknown



# HEALTH CENTRE

## May 2006 Moms - In - Waiting Canadian Prenatal Nutrition Program

The Thayendanega Health Centre is offering **MONTHLY FOOD VOUCHERS** to women during their pregnancy. Please drop by or call the Health Centre and speak with the Community Health Nurses who will outline the program. Tel: 967-3603

We want everyone to have a healthy pregnancy and a healthy baby!

Mary McCauley R.N.  
Brenda Asselstine R. N.  
Community Health Nurses



## NURSING MOTHERS' GROUP OF TYENDINAGA

INVITES

BREASTFEEDING MOTHERS  
AND BABIES  
AND EXPECTANT MOTHERS

To their ongoing series of meetings  
at  
Thayendanega Health Centre

**FRIDAY MAY 12**

**FRIDAY MAY 26**

10:30 - Noon DISCUSSION & LIBRARY TIME  
BREASTFEEDING CLINIC

Interested women and girls Welcome

For Breastfeeding Help :  
Please call Health Centre 967- 3603

## BREASTFEEDING CIRCLE

*What kind of breastfeeding help can I expect from a doula?*

Although experiences with breastfeeding may differ, our birth doulas have some things in common from their training:

- how to recognize a proper latch
- how to help you position your baby to get the best latch possible
- how to know your baby is drinking at the breast & getting enough

milk

You can expect your doula to be able to help you get started with breastfeeding after delivery, to be available to answer your questions, and to recheck you in the first few days as needed til nursings are going consistently well. If there are problems that she cannot help you solve within 2 feedings, she has been taught to call a lactation consultant or refer you to one. Here is one example of a doula approach that works for many breastfeeding concerns. This combination of rest & nourishment for the mother, and skin-to-skin contact & unlimited suckling for the baby almost always results in a marked increase in the mother's milk supply & improved suckling & intake by the baby. . .

### The 24 Hour Cure

Set aside a full 24 hours, with help available (partner, friend, relative, doula) Make sure the mother does not have sore, cracked or blistered nipples when she begins - check and improve latch.

Mother & baby go to bed together wearing as little as possible.

No visitors please. Mother may read, watch TV, chat with helper & doze between feedings.

She gets out of bed only to go to the bathroom - not to eat, answer the phone, do housework, or anything else.

Baby should stay in bed with her, except when a diaper change is necessary, or when the baby is fussy but not willing to nurse - then the helper may walk, rock, & tend to the baby.

When baby wakes or seems at all interested in sucking, mother offers the breast. Get baby to nurse as much as possible.

No bottles, no soothers.

Supply mother with water or juice within reach and tasty, nutritious meals that she likes.

If the 24 hour cure fails to solve the problem, contact a lactation consultant.

Each doula's approach & experience with breastfeeding situations is different. You may want to check this out when you are choosing a doula.

## Make Your Own Baby Food Workshop

Wednesday May 31, 2006  
7:00 - 9:00pm

@

Thayendanega Health Centre

Register early by calling in Advance  
Tel: (613) 967-3603

Presented by:  
Sarah Backus Registered Dietitian

This program is open to all new parents and their families.

Free take home gift.



## RED CEDARS & COMMUNITY INTEREST

### Protecting Yourself Against Identity Theft

#### What is identity theft?

Identity theft is the act of illegally obtaining personal and/or financial information about another person, either with the intent of harming them monetarily or, in some cases, harassing them physically or emotionally. While most identity thieves are only interested in financial gain through their crimes, stalkers also use many of the same tactics that identity thieves employ to get information about their victims, to make it easier to follow and harass them.

Anyone who has ever had their wallet or purse stolen understands the inconvenience and sense of violation that comes with loss of cash, personal items, and the time and money that it takes to replace identity cards, bank cards, credit cards, drivers licenses, etc. With a crime of identity, however, this initial theft is only the first step in what can become a lengthy nightmare of bad credit, financial hardship, and personal violation. When stalking is involved, the crime can go from a personal inconvenience to physical violence in a heartbeat.

There are many ways that thieves can obtain information about you – through discarded receipts, stolen or misdirected mail, fraudulent phone calls that solicit information from you, or even by digging through trash. When it comes to stealing your money, there are very few things that a thief will not do. Stalkers can be even more vicious and single-minded when they become fixated on a victim; many women who have left abusive relationships can find it difficult to get completely away from their abusers, especially if they already have access to their personal identification via the intimate relationship. Financial restrictions within abusive relationships are common, and it can be difficult to get used to being responsible for your own financial safety if you are used to having it "taken care of" by your partner, but there are steps that you can take to keep yourself and your children safe.

#### If you have recently left or are planning to leave an abusive relationship:

- Open a bank account in your own name, and do not give anyone access to your financial information, including your bank card, PIN number, and credit cards. If you believe that someone has obtained access to your bank card or PIN number, go to the bank immediately to have the card stopped and your PIN number changed. Report any stolen cheques.
- Do not give out your SIN number to anyone except a government agency or your employer.
- Keep copies of important personal documents, credit card information, birth certificates for yourself and your children, health card numbers, insurance policies, custody papers, restraining orders, and any other personal information you may need to access in case of an emergency in a safe place - either with a trusted family member, in a locked fireproof safe, or in a safety deposit box.
- If possible, have some emergency cash and clothing for yourself and your children somewhere on hand where you can access it if you need to suddenly leave your home.
- If you are being stalked or harassed by either a stranger or an intimate partner, file a police report, and ask police and victim's services for information on obtaining a restraining order or peace bond. Even if charges cannot be filed, make sure that you document your contact with the police in case of further problems.

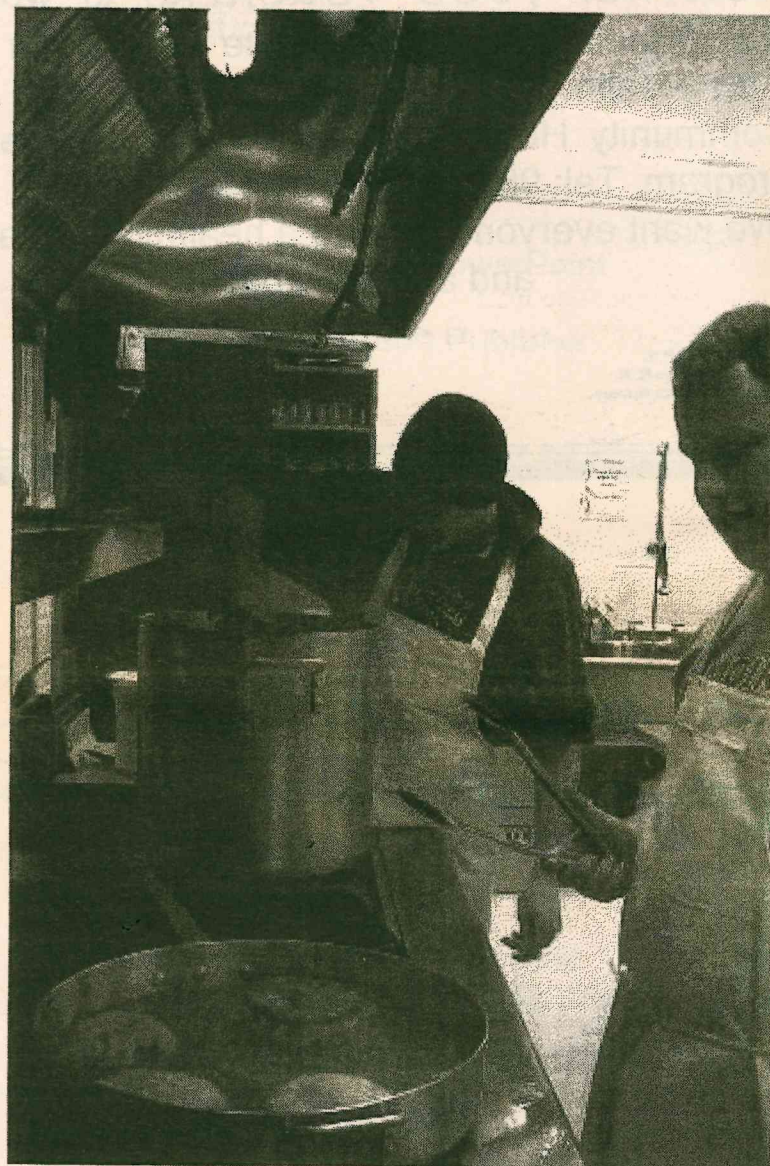
#### Other ways to protect yourself from identity theft:

- Never leave debit card transaction or bank machine receipts behind after you shop or take out cash. Shred or burn them if you don't want to keep them. If you don't wish to keep a bank machine receipt, most terminals will allow you to choose not to have a printout.
- Never throw out junk mail or any mail you receive with your name on it, especially credit card applications, bank statements, and utility bills. Always shred or burn any unwanted or unsolicited mail that has your name and address on it. An identity thief can easily take that a credit card application, fill it out in your name, and have it redirected to another address without your knowledge, leaving you with the unpaid bills.
- If you receive a telephone call asking for a charity donation, don't give out your credit card information over the phone. If you are interested in giving money, ask for a mailing from the charity, then check out their information. All reputable charities that offer tax receipts are required to be licensed.
- Keep track of your billing cycles, and if you haven't received a bill that normally comes regularly, call the company to see if your mail was redirected without your knowledge or if there are any unauthorized transactions. Consider switching to secure "e-billing" through your bank's website.
- Have someone you trust collect your mail while you are on vacation, or request that your mail be held at the post office until you return.
- Never carry more identification with you than you need. Never leave your chequebook or wallet unattended. Lock credit cards, SIN cards, and other identification in a safe place, but don't put them in the freezer - that's a place many thieves look.

#### If you suspect your identity has been stolen:

- If your wallet is stolen or lost, immediately contact your bank and any credit card holders to inform them and have your cards cancelled.
- File a police report, and keep a copy if you are ever contacted by a collection agency because someone has obtained credit in your name.
- Contact the two credit bureaus, Equifax Canada and TransUnion Canada, to obtain copies of your credit reports to check for fraudulent activity.
- Contact Phonebusters at 1-888-495-8501 to report suspected fraud. You can also go to [www.recol.ca](http://www.recol.ca) to report economic fraud online.

Information taken from <http://www.canadapost.ca/> and <http://www.visa.ca>.



## Thank You!

The HOPE program would like to extend our sincere thanks to the Dreamcatcher Fund for providing us with some very needed supplies for our Food and Nutrition Sciences course. We were able to get the pots, pans and various other cooking utensils needed for a very successful course. All students who participate in the course were successful in receiving a Food Handler Certificate.





## COMMUNITY INTEREST

### Thank You!

The Economic Development Office would like to express a big thank you to those businesses that were in attendance at our 2nd Annual Trade Show of March 25. Next year we are anticipating a bigger crowd and more businesses in attendance. The door prize winners were: Shawn Sager (Song Jingles), Donna Green (Basket), Crissy Cobbledick (Crayola Basket), Willis Hicks (Coat from Transport Safety & Compliance), Barry Brant (Hat from PC Variety), Gladys Bowden (Turtle Picture from Dream Turtle Studios), Phil Bowden (Country Party Rentals), George Beer (Sweat Shirt), Irene Nickle (John Hill Print), Joyce Tye (Blanket from Carolanne), Shirley Foley (Stylin hair certificate), Bub & Laura Maracle (2 private lessons from Greens Dream Stable), Lorrie Maracle (flowers from Aboriginal Expressions), Chloe Maracle (Tin full of soft chocolate chip cookies), Barb Fend (Globe).

If you would be interested in entering a booth next year please contact the Economic Development Office.

### The Environmental Committee

Betty Maracle, Sharon John  
Carol Anne Maracle  
Roger Brant, Wayne Maracle  
Glen Hill, Curtis Maracle  
Kristin Maracle

Would like to thank everyone  
for making our  
1st Earth Day Celebration  
A Success!!!

#### A Special Thanks to:

Tracey Gazley  
Darlene Loft  
Amber Loft  
Janice Brant  
Ann Lewis  
Val Maracle  
Elton & Kathy Brant  
Glen George  
Lloyd Nuttall  
Wayne Carpenter  
Christ Church Congregation  
and the QMS Environmental Club

#### The Door Prize winners were:

Rawa Brant  
Taylor Cole  
Glen George  
Gerry Roque

**MAKE EVERYDAY EARTH DAY!!**

### The Winner's of the Inter-Reserve 5 - Pin Bowling League Draw were:

**1st Prize - *Juanita Bardy***

**2nd Prize - *B. Burns***

**3rd Prize - *Evelina Hill***

**Thanks to all who supported us and  
purchased tickets.**



THANK YOU TO PARTICIPANTS OF SADIE'S WALK  
(Diabetes Awareness)

Sadie's Walk took place Good Friday April 14<sup>th</sup>, 2006, and the morning was beautiful for the walk. Participants registered at Tahatikonsotontie Head Start, than left for the 5.9 km/ 3.6(6) mile walk. A total of 79 people participated in the walk.

Thank you to everyone who was involved in making Sadie's Walk a success:

- ✦ the walkers
- ✦ Tahatikonsotontie Head Start for use of their facility
- ✦ Helen Breadman for being at the registration table
- ✦ the Mohawk Fire Department for volunteering their services for the morning
- ✦ the Tyendinaga Police Services for making sure everyone was safe while walking
- ✦ Aboriginal Healthy Babies - Donation
- ✦ Community Wellness Facilitator - Donation
- ✦ Economic Department - Donation
- ✦ F.N.T.I. - Donation
- ✦ Ka:nhote Library - Donation
- ✦ Linda Maracle - Donation
- ✦ MBQ...Employment Counsellor - Donation
- ✦ Housing Department - Donation
- ✦ Mohawk Recreation Department - Donation
- ✦ Southern Aboriginal Diabetes Initiative - Donation
- ✦ Thayendanega Health Centre - Donation

Also a big thank-you goes to the organizers of Sadie's Walk:

- ✦ Tyendinaga's Coalition for Healthy Lifestyles
- ✦ Southern Ontario Aboriginal Diabetes Initiative

**For anyone I may have missed, a big thank you!**

**SEE YOU ALL NEXT YEAR!**

Carol Loft  
Diabetes Worker  
Southern Ontario Aboriginal Diabetes Initiative



## COMMUNITY INTEREST



**Brady Evan Thompson**  
January 29, 2005 - May 19, 2005

The precious lips that we once kissed  
Will smile for us someday,  
The little voice we barely heard  
Will sing to us someday  
The tender hands that we once held  
So tight within our own  
Will reach for us and let us see,  
That we are not alone  
The tiny feet we once felt kick  
Will dance for us someday  
And we will share the lifetime lost  
When you, Our Baby, went away  
The steady heartbeat we once heard,  
We'll listen for again  
To help us find our way,  
We'll miss you lots till then.....

Love you Always & Forever  
Mommy, Daddy & Elijah  
XOXOXO

### **Baby Brady.....Only the Best**

A heart of gold stopped beating,  
two shining eyes at rest,  
the Creator broke our hearts to prove,  
they only take the best.

The Creator knew you had to leave,  
but you did not go alone,  
for part of us went with you,  
the day they took you home.

We think of you as living  
in the hearts of who you've touched  
for nothing loved is ever lost  
and you were loved so much.

To some you are forgotten,  
to others just part of the past,  
but to us who loved and lost you,  
the memories will always last...

Loving you always.....Nana, Poppa & Auntie Sara.....xoxoxo

### **In Loving Memory**

**Brady Evan Thompson**  
a cherished grandson, nephew and cousin  
who left us a year ago on May 19.

#### *New Angel*

*There is a new little voice in Heaven tonight,  
Joining the chorus of Angels singing in delight,  
Being tiny and new at these heavenly things,  
Another Angel will take him under her wings.  
The golden halo is shining upon his fair hair.  
His sweet little voice rings with joyous flair.  
He is being taught angelic note after note.  
Lovely sounds pour forth from his tiny throat.  
Close your eyes. Listen for the Heavenly chorus.  
Soon you will hear baby Angel's sweet voice.*

Always remembered and forever missed,  
Love Gammy, Pappy, Aunt Haley  
Aunt Cassie, Uncle Greg and cousin Jared

### **Violet Green**

**In Loving Memory of a Dear Sister and Sister in law**  
March 3, 1938 - June 4, 2002

*Two tired eye's are sleeping,  
Two willing hands are still,  
For one who suffered for too much,  
Is resting in God's will.  
You never said good bye to us,  
For perhaps it's just as well.  
We never could have said good bye  
To the one we love so well.*

*Sadly missed by sisters,  
Joan, Lillian, Linda and Shirley Leween,  
many nieces and nephews*

### **Lyle Leween**

**In Loving Memory of a Dear Husband and Brother**  
July 18, 1927 - May 19, 2002

*The blow was great, the shock severe,  
We little thought his death was near  
Only those that have lost can tell  
The sorrow of parting, without farewell.  
A bouquet of roses, just for you.  
Sprinkled with tear drops, instead of dew.  
And in the center, a forget me not.  
To let you know, we haven't forgot.*

*Sadly missed by wife Shirley  
and sisters Joan, Lillian, Linda and  
many nieces and nephews*



# COMMUNITY INTEREST

*In Loving Memory of Clara L. Maracle  
May 23, 2005*

*She is gone, but not forgotten  
And as the dawn arrives, a year  
In our lonely hours of thinking  
Thoughts of Mother are always near.*

*Days of sadness hovers over  
One may think the wound is healed  
But little do they know, the sorrow present  
For the passing of our dear mother*

*Always loved and missed by,  
Crystal & Eric*

In memory of Donald F. Carr-Braint  
A Beloved Dad and Pa.

June 5, 1930 – May 27, 2005  
Gone but not forgotten

You tried to tell us,  
It was time to go  
You were getting tired  
And feeling so low.

You tried to tell us in many ways  
Told us, "it will be okay",  
Knowing all the while  
You could not stay.

You tried to tell us  
It was time to go  
We could not hear it,  
It was such a blow.

Just a very short time ago,  
Mom had left, and we were broken hearted,  
We were struggling with that loss  
Now so soon after, you had departed.

It was time for you to go  
There was nothing we could do  
Except to say good-bye  
And that we love you.

Written by Betty.

Fill not your hearts with pain and sorrow,  
But remember me in every tomorrow.  
Remember the joy, the laughter, the smile,  
I've only gone to rest a little while.

Although my leaving causes pain and grief,  
My going has eased my hurt and given me relief.  
So dry your eyes and remember me,  
Not as I am now, but as I used to be.

Because, I will remember you all and look on with a smile,  
Understand in your heart, I have only gone to rest a little while.  
As long as I have the love of each of you,  
I can live my life in the hearts of all of you.

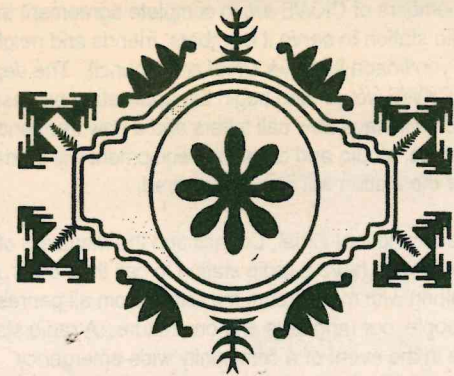
Author Unknown.

Love always,  
Carol, Harry, Betty, Billy, Mary Jean, Norman, Marilyn, Mike, Tracey and families

**In Memory of Gramma,  
Clara Maracle who left us  
One year ago on May 22, 2005**

If Roses grow in Heaven,  
Creator please pick a bunch for me'  
Place them in my Gramma's arms  
And tell her they're from me  
Tell her I love her and miss her  
And when she turns to smile  
Place a kiss upon her cheek  
And hold her for awhile  
Because remembering her is easy,  
I do it every day  
But there's an ache within my heart  
Because I am missing her today..

Sadly missed everyday,  
Chloe and Bailey



## Thank You!

The family of the late Bill Hill (Huck) would like to express our heartfelt gratitude to everyone who donated food, cards, flowers and calls to the house at the time of Dad's passing. We would like to thank the Home & Community Care for the great care Dad received. Special thanks to Denise.  
Thank you to the Native Women's Association for the great luncheon. Thank you to Michelle & Peter at McGlades Funeral Home for making a very difficult time a little easier.  
To Jackie, thanks for reading your poem at Dad's service, it was very fitting. Thank you to Rev. Betts, the organist & choir for a lovely service. To the pallbearers, Jay, Barry, Clint, Shawn Phil & Stanley thank you. Dad would have been proud to have you carry him to his final resting place. Again, the Family thanks everyone who helped get us through a very difficult time.

Linda, Tracie, Shannon & Seth



## COMMUNITY INTEREST

**Attention All Tyendinaga Mohawk Community Members, Friends & Neighbors:**

CKWE 105.9FM, Tyendinaga's Community Radio Station signed on the air at the Mohawk Fair in September of 1994. In the years that followed, our little radio station shared in a great amount of interest and support from not only Tyendinaga Mohawk Territory residents, but also from listeners in the surrounding communities. Through this support, CKWE was able to grow to become a prominent part of the Tyendinaga Community and beyond. Through the early part of this millenium, CKWE strived to provide an outlet for community members to educate and entertain our family, friends and neighbours. However in recent years, our ability to these things effectively has been impaired.

Approximately five years ago, a new radio station in Kingston signed at 105.7 on the FM dial. With their much larger signal output they were able to severely limit the broadcast coverage area of our community radio station at 105.9 on the FM dial. Why were they allowed to do this? Because in the eyes of the Canadian Radio Telecommunications Commission and Industry Canada, our little radio station doesn't exist. How could this be? Since CKWE's beginning, the Board of Directors felt it was unnecessary to become a Federally Licensed radio station. In retrospect, that was the wrong road to take. Becoming a CRTC licensed community radio station would insure that our culturally diverse programming would never again be simply muscled off the air. A change is needed in order to make this a reality.

All current volunteer members of CKWE are in complete agreement that in order for Tyendinaga to continue to have a radio station to serve it members, friends and neighbours, CKWE must be administrated by the Tyendinaga Mohawk Chief and Council. The department that Chief and Council see fit to administrate CKWE would then begin the application process for a new community radio station. The new station will have new call letters and a new frequency location. A business plan will be needed. New office, studio and broadcast equipment will be needed as well. And a safer, more suitable home for the station will also be required.

This is all of course, assuming that Chief, Council and the members of the Tyendinaga Mohawk Community want to continue to have a radio station to call their own. A radio station that highlights Aboriginal Musicians along with mainstream musicians from all genres. A radio station that educates on the history of our people, our language and our culture. A radio station that serves as a communications centre in the event of a community wide emergency. A radio station that provides an affordable advertising venue for Tyendinaga's businesses and services. A radio station that helps support local charities, community events and sports programs. A radio station that anyone can be a part of. Truly, a radio station by the people for the people.

If an arrangement cannot be made with Chief and Council, Tyendinaga's Community Radio Station will continue to struggle and eventually fall silent. The meager funds that our station is able to raise will soon run out, and with this our station will go off the air permanently. In order to change this fate, we need your support. We seek your support one of two ways; 1) By writing a simple letter indicating that you want Chief and Council to take on the responsibility of administrating Tyendinaga's Community Radio Station. 2) Show your support in person when our volunteers face Chief and Council with our proposal. A date for that meeting has not yet been set, but when it is, we will do our best to inform all those interested in attending.

In closing, we thank you for taking the time to read this and hopefully help us continue to have a radio station to share with you, our community members, friends and neighbours.

**The Volunteers of Tyendinaga's Community Radio Station**

**\* PLEASE BE ADVISED \***

**Any articles or submissions published in the community interest pages of the Tyendinaga Newsletter do not necessarily reflect the position or opinions of the Tyendinaga Mohawk Council or the Mohawks of the Bay of Quinte Administration. Please be advised that submissions should be signed by the author in order to be published.**

**BLINDSIDED and SIDESWIPE**

On Tuesday, March 14, 2006 I went to the Pennzoil 10 Minute Oil Change, 220 North Front Street, Belleville, Ontario for my routine oil change, a place that out of convenience for many years have had numerous vehicles receive oil changes and many different filters and wiper blades installed.

You may understand the consternation I felt when after my vehicle was in the bay and my hood raised, that I was informed that before they could proceed with any work on my vehicle, as being "Indian," I was to be informed that the Band Card was no longer honoured. This was a policy that was implemented by the owner and was to be enforced. The rights of my governmental-issued band card is not the right to be slighted and insulted.

Without enquiring as to why, the employee proceeded to tell me that it was because another "Indian" had an argument concerning his band card and some coupon that had resulted in being disruptive to other clientele. The employee never stated that there was a physical altercation, anything was broken, or nothing was stolen. I wonder how many countless arguments occur in countless businesses every day across our Nation, never resulting in such a caustic response.

I am curious to know how they would determine who was an "Indian" before conditional service would be given. What mark, sign, number or insignia would elicit the question, "Are you a 'Indian'?" Would it be your skin colour, your name, a dream catcher or feather hanging from your mirror, a bolo hanging around your neck, a Native patterned shirt, or Native flute music playing in your car? This abhorrent policy has all the indications of racial profiling.

As a faithful client over the years that has never had his band card questioned by that establishment, and has never been involved in any altercation or argument in that store, I was appalled and felt insulted that as a Native, a member of a minority peoples' group, I was being stigmatized, stereotyped and singled out because of the supposed unruly actions of another Native who himself or herself may have been mistreated or was possibly being misrepresented.

The point is, based upon race, I was publicly, unprofessionally and insensitively slandered and questioned. This was being told to me in front of other people. My people, my nationality, my personhood was being denigrated. Was this policy a subtle intent to make me as a Native feel inferior?

I wonder if this policy based upon the supposed unruly actions of one "Indian" wasn't an excuse to enforce and implement a bigoted attitude by the intended exclusion of all "Indians." Or was it a policy conceived in jealousy because it wasn't a privilege they had?

He asked me if I still wanted to have my oil changed? My reply was, "Put down my hood." As a faithful customer, I felt offended at such arrogance that would put in place a racial policy based upon one incident.

In the lives of a people denigrated, there comes a time when their cup of endurance is full of slights and insults and threatens to run over. When the politics of passivism will become the politics of protest, so that our basic legal and human rights often demeaned and denied, will then be honoured.

I wonder if in business, a policy to revoke all senior citizens' courtesy discounts would be fair based upon the disruptive actions of one senior citizen?

This, I believe, is a racially motivated policy! In business, the mantra once was, "The customer is always right." Even if the customer is wrong, you don't carte blanche stigmatize and penalize all people of a particular nationality. Before I drove away, I asked the employee to please have the owner phone and explain the "Indian" policy of their establishment. To date, I have received no call.

The travesty of this bigoted, selected exclusion of a people based upon their God-created nationality, is that the owner uses his employees to enforce this misguided policy of discrimination. Perhaps the sign on the front of that establishment should read, "Indian Card Not Honoured," or show it as it seems apparent, "Indians Not Wanted!"

All those years of faithful patronage and the investment of thousands of dollars meant nothing to him. I feel pity for such narrow mindedness and was amazed at such arrogance that would limit the profitability of his business. My "Indian" dollars meant nothing to him. One thing I can never do is change my nationality, but I can attempt to change how the people of my nationality are treated.

Linguistically, geographically and culturally, First Nations people have suffered tremendous loss. What is left of our society is now extremely precious. So fragile are the remnants of our right that we must act together with courage and determination, or face the continual demeaning of our society and the unjust denial and gradual erosion of our rights.

As Lord Byron once said, "For evil to prevail is simply to have good men do nothing." And this policy is wrong that would seek to subjugate and stigmatize a person because of their race. That day, in a garage, I was sideswiped by racial intolerance and blindsided by bigotry. Not only was my government issued card dishonoured, but as a First Nations person I was dishonoured.

**A Concerned  
Senior Native Canadian,**

*Rev. Ross Maracle*  
**Rev. Ross Maracle  
Tyendinaga Territory  
March 17, 2006**

**March 27, 2006** - In the interim period of time from March 14, I have been deeply grieved to learn from my children, their friends and other Tyendinaga residents who have also been insulted and upset at the comments they have received and the discrimination they felt at the 10 Minute Pennzoil Garage. This is an incredible indictment that attests to the violation of the personhood and the rights of the people.



## COMMUNITY INTEREST

### POSTCARDS FROM THE VISION QUEST

by Joseph Brant

...just some random May thoughts...

The retail music business in Canada is a lot different from that here in the US. Sam the Record Man is Canadian and, if my estimate is correct, there are only a handful of them anymore. HMV is an English company that, I think, has just a couple stores in the US. There are two Tower stores in Nashville and I think that's all we have when it comes to traditional record stores.

When a new album comes out, you can usually get the best deals at Wal-Mart (like always) and electronics stores like Best Buy or Circuit City. Those three places price the new music so low that they make no money on the sale but they're glad to get you in the store to buy – or at least look at – the big screen TVs and other expensive stuff.

All of these companies do good business with new releases but it seems to inherently render old titles worthless. Sure you can find an old copy of something that was really big five or ten years ago but honestly, if it was that good then wouldn't you already have it?

So I've spent a lot of time lately at used music stores. In this day and age, people tend to be more interested in used DVDs and (shockingly) comic books before old music but there are a couple places here in town that a tourist, or any music fan, just can't afford to miss.

I used to spend quite a lot of time at a store called Phonoluxe. It's smack dab in the middle of the most Spanish speaking end of town and has practically no Hispanic customers. Lots of Belmont University students go there (like I did when I was one) and nerds who are collectors (like I'm fast becoming).

With prices for new releases going down everywhere else, pulling the prices for older titles down as well, it seems they can't sell anything produced within the past couple years at a price point any higher than, say, eight or ten dollars. In Canadian dollars, it sounds good but when that's the base, it seems high. Strange, I know.

Phonoluxe used to sell new releases ("so called" used copies taken from interns at record labels, or dealers) at about ten dollars so, to offset the loss in those price reductions, they've raised the prices on older titles, claiming those are more "rare" and "valuable." There was a time I'd buy into that but those days are gone.

I recently went to a used store that I'd not visited in years. Called The Great Escape, its primary business is comic books and DVDs but the CD selection is incomparable. And the prices are amazing. For between four and eight dollars I've bought lesser known titles – all used – that I either would never find anywhere else (like Circuit City) or for that price.

Because my most significant emotional growth came during the late 80s and early 90s I find I'm most interested in re-living those moments, if you will, through the music of that era. Unfortunately that very time is heralded as the most uncreative in all of country music history. In my memory, though, it's an era of gold.

One problem with being a collector of old music is that the sounds become so ingrained in the memory that, along with the increased ability to predict lyrics and instrumentation a half-second before it's played, it seems the aura that surrounded a certain song diminishes. That lush sensation that comes across you when you recognize a title that forces you to close your eyes and truly "feel" the same way you did when that song was all over the radio becomes more difficult upon repeat hearings.

I may be boring you senseless with this rumination so forgive me. When you genuinely love something, strange sensations like this one just happen. You can't predict them, and the best we can do is find ways around them.

One way around that, for me, is to find "live" versions of the same songs. Because there are subtle distinctions between studio recordings and concert performances, I've found it can many times trick me into hearing the song as though it was the first time. I just got a CD that includes a live version of the John Anderson song, "Swingin'." I'm sure you remember it.

There's a little girl in our neighborhood  
Her name is Charlotte Johnson  
And she's really looking good...

My parents had one of those old stereos that stood about three feet off the floor and was probably about six feet long. It had a radio tuner in it, along with a record player that magically (to this day) flipped the record and continued playing. I think it even had an 8-track cassette player in it. My parents had a copy of the John Anderson album where that song came from and the memory of hearing that song play on it – especially the blast of the first couple notes of the intro – is weighing heavy on my mind now.

But that may be simply because I found the live version. Yes, it was the same song but, between the "live" sound and the imperfect phrasing of the lyrics, it was brand new to me. The whole experience was not 2006, but 1983. All over again.

It's important to maintain the authenticity of the memory. Just last week, I passed someone whose perfume was straight out of 1991. Not a good thing for her, I'm sure, but for me it turned me into a young teenager again. In a lot of cases, it's that authenticity that matters. Even if it's the maintenance of an authentic memory.

In other news...

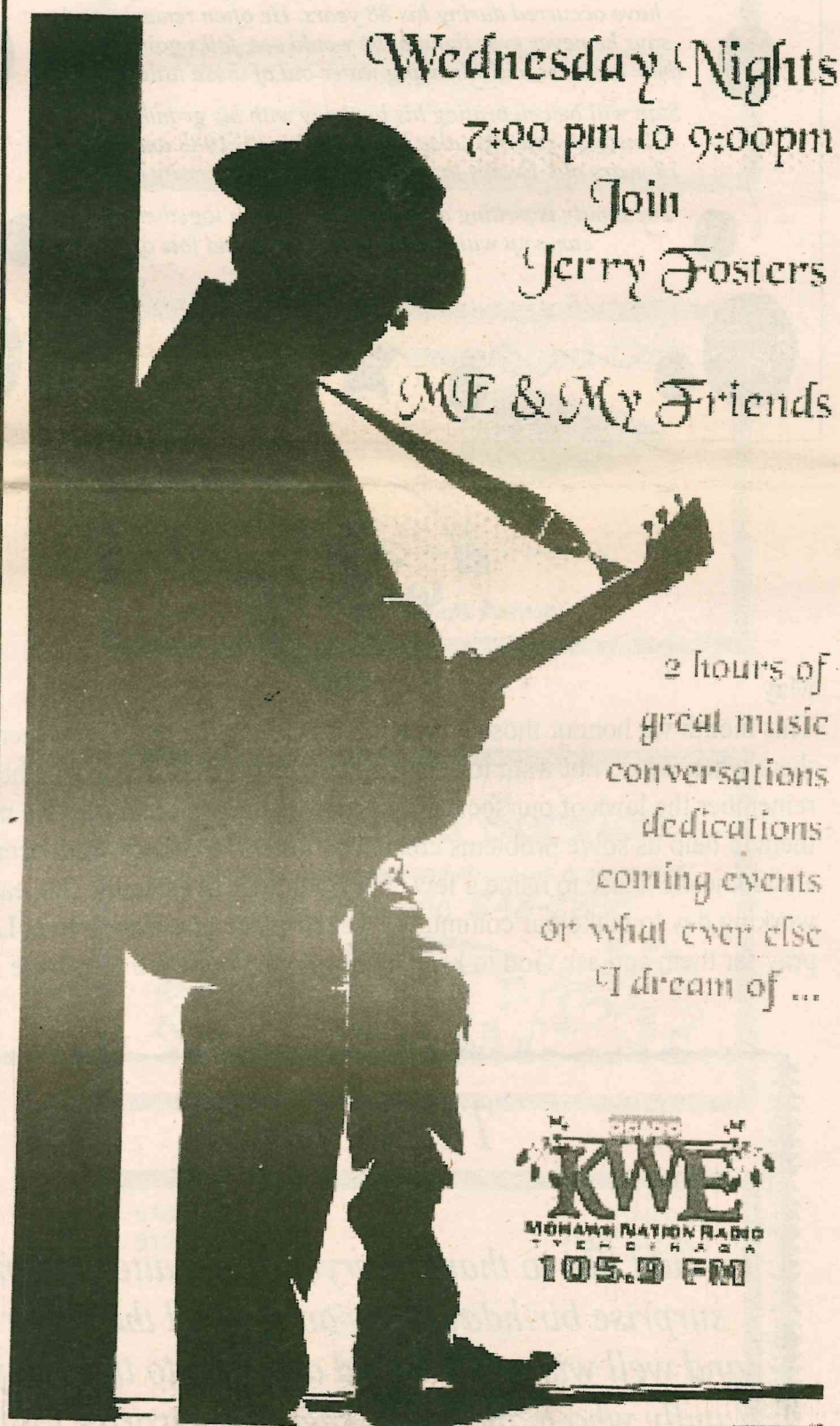
I read a couple books recently that I have to recommend. The first is called, "The Red Power Murders." Written by one of my favorite Native authors, Thomas King, it's a classic-style murder mystery but, in this case, its main characters are Native. It takes place in present day but recreates at times the volatility of the Indian movement of the 1970s. It's Thomas King so, of course, there is humor, though not quite as much as I'd expected. (If you want a REALLY good experience, read the title story from his collection, "A Short History of Indians in Canada.")

By the time you read this there may be some resolution to the standoff in Caledonia but if not it's probably best that I not comment right now. Not that I'd have anything terribly powerful to submit anyway. Truth is, I don't have all the details but, just the same, it's interesting there is still so much disillusionment there, enough in fact to require such a retro- and outside-the-box response. It makes me think of other groups that feel similarly disengaged from their own politics. There's a novel idea in there somewhere that I'm becoming very, very excited about.

The other book is called, "Me Funny." Edited by Drew Hayden Taylor it's a collection of opinions regarding the Native use of humor. Most contend that humor is an absolutely necessary part of Native life, and I have to agree. Varying between outright comedy and more academic essays, the stories run the gamut from analysis and example of the various uses of Native humor.

Go get 'em. I think the King book is hardcover so it might be a little pricey. The Taylor book is paperback, I know, but please don't forget (here comes the bookstore employee in me) they'll stop printing them if we don't buy them.

[josephbrant@comcast.net](mailto:josephbrant@comcast.net)



Wednesday Nights  
7:00 pm to 9:00pm  
Join  
Jerry Fosters  
ME & My Friends

2 hours of  
great music  
conversations  
dedications  
coming events  
or what ever else  
I dream of ...

**KWE**  
MONAHAN NATION RADIO  
105.9 FM



## COMMUNITY INTEREST

## Happy Birthday! Stan Hill

We are so very proud and grateful to send Birthday wishes to the real neat guy by the name of Stan Hill. We know him as Dad and Bubby. Stan was born on May 15, 1918 and so is celebrating his 88th birthday this year. He hasn't missed too many Belleville Bulls hockey games in the years they have been in league and gets those season tickets every year. Over the years, he has been an active participant in all sports and more, in particular to the South Hastings League of Hard Ball. Stan was there at the beginning and the creation of this league. Although the interest is there, he is now a "watcher".

Stan remains keenly interested in community events and the many varied issues that we face on a daily basis. He will let you know, on a moment's notice, of the many changes that have occurred during his 88 years. He often remarks and says he never ever thought he would see, folks going about their business and "drinking water out of those little bottles."

Stan will be celebrating his birthday with his grandson Evan Olmstead, who was also born on May 15, 1988 and will be 18 years old. Evan's looking forward to University next year.

The family is putting our hearts and minds together and we came up with a multitude of love and lots of

*Birthday Wishes.*



May

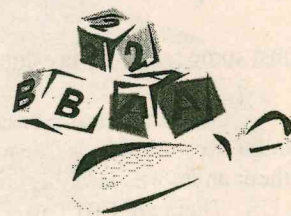
This month we honour those whose job it is to toe the line. They seem to be there when we do not want to see them but we need to. The police help us to remember the laws of our society and enforce them. Sometimes we need them to help us solve problems created by others...robbery, auto accidents and domestic abuse to name a few. They put their lives on the line each working day to make our community a safer place in which to live. Let's pray for them and ask God to keep them safe to do the job they have to do.

## Thank You!

*I would like to thank everyone who attended my surprise birthday party and for all the cards and well wishes. I would also like to thank my Family who managed to keep it a surprise to the very end.*

*Willard A. Hill*

## It's a Girl!



*Proud parents are Robin & Lorrie*

**"Abbie Tierra Maracle"**  
**Born: Saturday, April 22, 11:37 a.m.**  
**Weight: 7 lbs, 14 1/2 oz.**

*A sister for big brother Mitchell, and sisters Madison, Reagan & Katie*

*Proud Grandparents are: Tom & Teresa Maracle  
Shirley & Ivan Reid*

*Looking down from heaven and watching over us. Poppa Harold*

*Thanks to the many Family & Friends for all their love and support.*

## CONGRATULATIONS!!!!

On Friday, April 21<sup>st</sup>, 2006, Jameson Brant graduated from the Aboriginal Training Program in Museum Practices, Canadian Museum of Civilization, Hull, Quebec

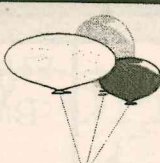

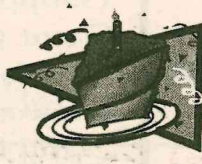
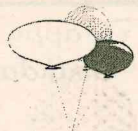







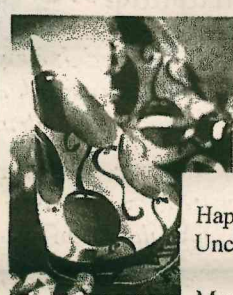

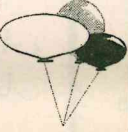
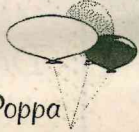


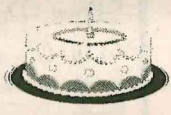

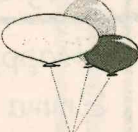



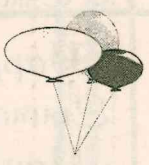



On behalf of your family and friends we would like to extend our congratulations and wish you every success in the future.

Way to go Jameson!!!

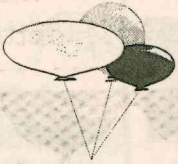































# BIRTHDAYS

<p>Happy 1 st Birthday!</p>  <p>Ezzy May 1</p> <p>Mommy &amp; Daddy xoxox</p>	<p>Happy 1st Birthday to my little Brother!</p> <p>Ezzy Bean May 1</p>  <p>Love Owie</p>	<p>Happy 4th Birthday!</p>  <p>Camryn May 11</p> <p>Love Andrew, Amy Owen &amp; Ezra</p>	<p>Happy Birthday!</p>  <p>Grandma (Shari) May 8</p> <p>Love Owie &amp; Ezzy</p>
<p>Happy Birthday!</p> <p>Mom (Shari) May 18</p>  <p>Love Skin, Andrew, Amy, Bea &amp; Kiley</p>	<p>Happy 1st Birthday!</p>  <p>Andrew May 19</p> <p>Love Emma, (Mom &amp; Dad too)</p>	<p>Happy Birthday!</p> <p>Sio May 22</p>  <p>Love, Sammy, Dylan, and Emma</p>	<p>Happy Birthday!</p> <p>Uncle Al May 29</p>  <p>Love Sam, Dyl and Emma</p>
<p>Happy Birthday!</p> <p>Great Poppy Grass May 1st</p>  <p>Love Julia xoxox</p>	<p>Happy 21st Birthday</p> <p>Tim May 26</p>  <p>Love, Mom &amp; Dad Michell &amp; Andrew Jennie &amp; Mike xoxo</p>	<p>Happy 21st Birthday!</p>  <p>Uncle Buck (Tim) May 26th</p> <p>Love Julia xoxox</p>	 <p>Happy Day Uncle Bern May 30<sup>th</sup></p> <p>Lots like Tater Tots!! Miki, Rave, Shasta, RJ</p> <p>AND US TOO!!!</p>
<p>Happy Birthday!</p>  <p>Dad &amp; Poppy Grass May 1</p> <p>Love, Mary Lynn &amp; John Michell &amp; Andrew Jennie &amp; Mike and Tim</p>	<p>Happy 4th Birthday!</p>  <p>Ellyssa Brant (Lyssy) May 17</p> <p>We are proud of you for being such a wonderful kid and trying so hard at everything you do!! Love always, Mommy, Daddy, &amp; Charlie xoxo</p>	<p>Happy 4th Birthday!</p>  <p>Lyssy Brant, May 17</p> <p>Love always, Nanny &amp; Poppa (across the road) Nanny and Papa (in the picture) Great Grandma B, Great Grandma &amp; Grandpa M All your Aunties, Uncles &amp; Cousins xoxoxo</p>	 <p>Happy Dirt Day Uncle Jay May 3<sup>rd</sup></p> <p>Luv: Raven, Shasta &amp; RJ US TOO!!! (Lordy, Lordy...)</p>
<p>Happy Birthday!</p>  <p>Daddy Glen Ryan Brant</p> <p>I am so glad that I get to share my birthday with you because you are the best Daddy in the whole world!!!</p> <p>Love your baby, Ellyssa Brant xoxo</p>	<p>Happy Belated Birthday</p>  <p>Krissy April 1</p> <p>Love Aunt Linda, Angela, Jake &amp; Family</p>	<p>Happy Belated Birthday</p>  <p>Daddy</p> <p>Hugs &amp; Kisses Victoria &amp; Ashton</p>	
	<p>Happy Belated Birthday!</p>  <p>Nan (Mom) April 24</p> <p>Love Linda, Angela, Jake &amp; Family</p>	<p>Happy Belated Birthday!</p>  <p>Aunt Sharon (Sis) April 28</p> <p>Love ya, Linda, Angela, Jake &amp; Family</p>	<p>"HAPPY BIRTHDAY FOLKS!"</p> 
<p>Happy Birthday!</p>  <p>to all</p> <p>Celebrating this Month!</p>	<p>Happy Belated Birthday!</p>  <p>Uncle Keith April 10</p> <p>Love you! Angela, Jake &amp; Family</p>	<p>Happy Birthday</p>  <p>Aunt Dort May 15</p> <p>Love ya, Linda, Angela, Jake &amp; Family</p>	<p>Brenda Asselstine - May 8th Lisa Robinson - May 19th from all your buddies @ THC</p>



# BIRTHDAYS

<p>Happy 39th Birthday!</p> <p>Shari Maracle May 18</p> <p>from Wendy, Glenn &amp; Jordan</p> 	<p>Happy Birthday Great Grandma!</p> <p>Audrey Brant May 19</p> <p>Love &amp; Hugs William</p> 	<p>Happy 4th Birthday!</p> <p>Learic Rhayne May 19</p> <p>Love you so much!! Nanny, Glenn &amp; Aunt Jig</p> 	<p>Happy 21st Birthday!</p> <p>Neut May 4</p> <p>Love Mom, Dad &amp; Buzz</p> 
<p>Happy Birthday!</p> <p>Donald May 30</p> <p>Love Uncle Rick, Aunt Marilyn &amp; Sam,</p> 	<p>Happy 50th Birthday!</p> <p>Bill May 10</p> <p>Love Rick, Marilyn &amp; Sam</p> 	<p>Happy 50th Birthday!</p> <p>Betty May 27th</p> <p>Love Rick, Marilyn &amp; Sam</p> 	<p>Happy Mother's Day Nan (Bobby Hill)</p> <p>Love Mike Jr. &amp; Jen xoxo</p> 
<p>Happy Birthday!</p> <p>Aunt Verna We love you!</p> <p>Love Ang, Lucas &amp; Kathy</p> 	<p>Happy Birthday!</p> <p>Cindy May 29th</p> <p>Love Uncle Rick, Aunt Marilyn &amp; Sam</p> 	<p>Happy Birthday!</p> <p>Harry May 14th</p> <p>Love Rick, Marilyn, &amp; Sam</p> 	<p>Happy Mother's Day Nana St. Amand</p> <p>Love Julia xoxo</p> 
<p>Happy Belated Birthday!</p> <p>Shae-Lynn Jackson Brant, April 25</p> <p>from Poppa Ike</p> 	<p>Happy Birthday!</p> <p>Dad May 19</p> <p>Love Candace &amp; Feather</p> 	<p>Happy 1st Birthday!</p> <p>Andrew May 19</p> <p>Love Poppy, Aunt Sarah Uncle Mark &amp; Andy</p> 	<p>Happy Mother's Day Mom (Kathy)</p> <p>Love Mike Jr. &amp; Jen xoxoxo</p> 
<p>Happy 1st Birthday!</p> <p>Andrew May 19</p> <p>Love Uncle Barry &amp; Auntie Sherry</p> 	<p>Happy 1st Birthday!</p> <p>Emma May 21</p> <p>Love Grandma Sherry &amp; Grandpa Barry</p> 	<p>Happy 1st Birthday!</p> <p>Emma May 21</p> <p>Love Poppy Hill, Aunt Sarah Uncle Andy &amp; Mark</p> 	<p>Happy Mother's Day MoM (Mary Lynn)</p> <p>Love John, Michell &amp; Andrew, Jennie &amp; Mike and Tim xoxoxox</p> 
<p>Happy 4th Birthday!</p> <p>Marika - May 11</p> <p>Love Poppa Hill, Aunt Sarah Uncle Andy &amp; Mark Aunt Melissa, Uncle Ray &amp; Baby Andrew</p> 	<p>Happy 1st Birthday to our Baby Boy!</p> <p>Andrew May 19</p> <p>Love Mommy &amp; Daddy</p> 	<p>Happy 1st Birthday!</p> <p>Emma May 21</p> <p>Love Aunt Melissa, Uncle Ray &amp; Baby Andrew</p> 	<p>Happy Mother's Day</p> <p>To my 2 Beautiful Daughters Katherine Yvonne &amp; Laura Lynn I hope my grandbabies give you as much love as you have given me on this day!</p> 
 <p>Happy 1st Birthday! Emma Ford May 21 Grandma &amp; Grandpa Hill Uncle Jordan &amp; Aunt Kayla</p>	<p>Happy 1st Birthday! Emma May 21</p> <p>Love, Hugs &amp; Kisses Mama &amp; Daddy</p> 	<p>Happy 1st Birthday! Emma May 21</p> <p>Love, Amy, Andrew, Owen &amp; Ezra</p> 	<p>Happy 1st Birthday Ezzy May 1</p> <p>Love Emma, Sam &amp; Dylan</p> 
	<p>Happy 1st Birthday Baby Em May 21<sup>st</sup></p> <p>Luv: Tota, Poppa, Auntie Bird, Miki, and Shasta and Uncle RJ</p> 	<p>Happy 1st Birthday! Emma May 21</p> <p>Love, Uncle Mike &amp; Aunt Jen</p> 	



RECREATION



Last chance  
exercise  
program before  
the  
summer

WOW  
Another  
6 weeks program  
Drop-In \$5.00  
Wed. May 10/06

HAVE FUN  
&  
GET HEALTHY

HI  
I'm Neil Linsdell a certified personal  
trainer, Fitness instructor and I hold the rank  
of a 2nd Dan black belt in karate. I am  
bringing a wide variety of fun fitness classes  
both you and your children can enjoy every  
Wednesday starting May 10/06 at Quinte  
Mohawk School Gym.

To register or for information call  
(613)478-6339/ neillinsdell@lycos.com

Or

(613) 396-3424 ext.107 Recreation  
darlenel@mbq-tmt.org

Registration on May 10 or before

*Classes run for 6 week blocks & cost is \$5 drop in or  
\$25 up front for the 6 weeks it's like getting one free  
class. Payments to the Fitness Instructor.  
(Programs will start May 10 if 15 people have signed up)*

Physical Programs Offered

- ☐ Cardio kick -(Parent and children age 5+)  
Cardio class a total body workout mixing martial arts &  
aerobic routines no martial arts experience necessary have fun.
- ☐ Kick-box - (age 11 +)  
Kicking & punching routines done against bags & pads.
- ☐ Body tone - (age 11+)  
A total body workout using an exercise ball & weights.
- ☐ Bootcamp - (adult)  
A circuit based program each station a different exercise and  
each exercise is done for 1 minute before moving on to the  
next, great for strength and toning.
- ☐ Parent & children karate (kagami-shin-kai) (age 5+)  
Why not take up something you and your child can enjoy  
karate training is an excellent form of physical & mental  
exercise.
- ☐ Self-defense (women only) (youth & adult)  
Learn basic kicks and punches how to escape when grabbed  
from front or back etc and what to do and how to escape when  
pushed to the floor and how to make every day objects into  
weapons.
- ☐ Fun time (Parents & children age 3+)  
Parent & children circuit classes, come along and be prepared  
to laugh & have lots of fun, 10 or more stations each with a  
different fun activity. Be prepared to work together to get  
through each activity.

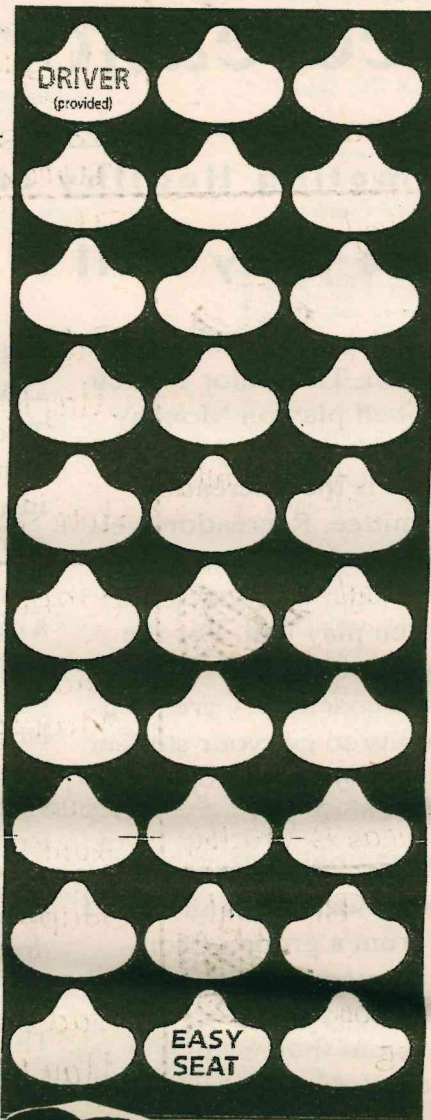
Nia:wen to Neil for coming to Tyendinaga  
with these great programs!



Tyendinaga's 5<sup>th</sup>  
**BIG BIKE**  
Sunday May 7  
AT  
Bayview Variety  
11:30 am  
Special BBQ  
Proceeds from the BBQ goes  
to Heart & Stroke, Nia:wen to  
Bayview Variety. Students are  
welcome.  
The following wonderful  
people are on the BIKE :  
Courtney Brant, Janet Hill  
Lisa Morris, Helen Brant  
Greg Loft, Cheryl Sero  
Sharon McNally, Roberta  
Young, Marie Henry, Susan  
Vincent ,Stephanie  
Goodfellow  
Jamie Oliver, Mary Kelly  
Darlene Loft, Councilor  
Barry Brant, Kristen  
Maracle, Amy Cook, Jennifer  
Maracle, Barb Kelly, Peter  
Provost, Michelle, Chloe  
Maracle, Melissa Cashiola,  
Mike Provost, Karen  
Maracle, Justine, Shaun, Rob  
Morris, Councilor Trevor  
Lewis, Shirley Maracle, Tim  
Golden



Sign up now for the BIG BIKE  
(613) 396-3424 ext.107



Team Seating Chart



Hi my name is Shirley Maracle. I am from the Hope program and I am  
on placement in the administration office learning new office skills in  
the Recreation Department. I will be here till the end of June.

Female  
Pitcher  
Needed!



We are looking for a female baseball  
pitcher. Age 17 to 19 years old.  
To play at the Indigenous Games  
For more details call: Jules Jamieson  
(905) 768-0865



## RECREATION

# Recreation News

## Promoting Healthy Living

### Let's Play Ball!

The ball season will be starting soon. The junior 3-pitch and t-ball play on Monday nights starting May 29. The contact is the Recreation Committee. Recreation welcomes community members to come out and watch the children play ball. For the season to be successful we require coaches. A great opportunity to get your student community hours done for High School.

#### Recreational Ball

Recreational ball, a great idea from a group of community members, let's get together and just have fun, and try out the new diamonds. Review the advertisement in the newsletter for more details.

#### Have Fun & Get Healthy Night

The first six week block is done and Neil Linsdell is offering another six week block starting May 10.

The following people received a certificate of participation and a \$10.00 gift certificate to Play It Again Sports: Helen Brant, Madison Brant, Melissa Maracle, Jiggi Maracle, Savannah, Linda LeFort, Gail Brant. Great job everyone for coming out every week. It was amazing to see the young children doing the kick boxing.

#### Canteen

The canteen will be opening May 29th, and the menu will be changing a little so we can continue to be a part of the Eat Smart Program.

#### Terrific Riders program

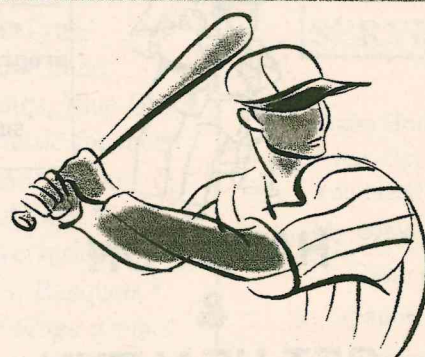
The Recreation Department is sponsoring the program this year, so if your child comes home with a basketball at the end of May and June it's because they have done great on the bus.

#### Big Bike - Sunday May 7th

We have a full bike, Nia:wen to the staff of Bayview Variety and Aboriginal Expressions, they have done a super job of supporting the event. Also you can support Heart and Stroke by coming out to the BBQ and watch us ride the bike.

#### Lacrosse Box Events

Two groups of community members have some exciting sports events at the lacrosse box, **May 1st and 2nd and May 27**, great organizing. The community is invited to come out and support our youth, Nia:wen to these volunteers. Watch for the advertisements.



## Recreational Ball



We're looking for,  
interested Recreational baseball players 35 +  
one night a week (Tuesday or Wednesday)  
at Karon hiak ta'kie Sports Complex  
sign up or for more information contact  
Callie Maracle (613) 396-3100 ext.227  
calliem@fnti.net  
Shoo Shoo (613) 396-2122 ext.140  
tanyakm@fnti.net

Just for fun!

## Games Room Rental

The games room is available for rent for  
Birthday parties, meetings or for family fun  
**Only \$30.00**

*Special Certificate & Prize for the Birthday Person*

Sports equipment & games available to use

For more information contact (613)396-3424 ext.107  
or (613)396-5339 24 hr. voice mail or email  
darlenel@mbq-tmt.org or www.mbq.tmt.org/

## Terrific Riders

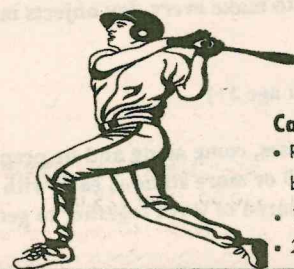
### Program # 2



This year the reward is Basketballs  
Just do a great job while riding the bus!

Rewards are done for the month of May and June  
Monthly reward sponsored by the Recreation Department  
Done during the Terrific Kids Award.  
Any questions call (613) 396-3424 ext.107 or (613) 396-5976

Karon hiak ta'kie  
Tyendingaga Ball  
diamonds



**Diamond  
Rental**

Call for Registration of the  
"NEW" diamonds for the  
Summer 2006/07  
**2 diamonds in one area**  
(613) 396-3424 ext# 107

**Canteen / Bathrooms / playground**  
• Rental—\$15.00 a game (same prices since  
before 1999)

- 1 day tournament \$125.00
  - 2 day tournament \$165.00
  - 3 day tournament \$205.00
  - Great for a fundraiser or Family  
gathering. Team work event for the Office.
- Call for more details. 24 hr. voice mail  
• A Eat Smart Canteen



# UPCOMING EVENTS

"Reminder"

## Dump The Plump Contest

Weight out is June 1  
At Thayendanega Health Centre

Prizes will be awarded



### OTHER EVENTS

ONWG presents--

#### Open Stage Coffee House

Friday May 12, 2006 at the Mnjikaning Community Hall, 7:00pm

with special appearance by -

Ronnie Douglas Blues Band, Yellow Butterfly

Admission - FREE; donations accepted

This is a DRUG & ALCOHOL FREE event, refreshments available

#### Mnjikaning Pow Wow

Saturday May 13, 2006

at the Mask Arena, Rama Road at 1:00pm & 7:00 Grand Entry



presents

Celebration of Aboriginal Sights and Sounds

## Benefit Concert

Mnjikaning Community Hall, Rama Road, Rama, Ontario

Saturday, May 13, 7:00pm

featuring~

Juno Award Winning artist **The Good Brothers**

with special guests~

**Digging Roots, Steel Highway, Yellow Butterfly**

fashion show presentation by~

**FABORIGINALS** with designs by **Eleizer Leathers, White Feather Cree-Ations**

Fashion Show Host MC ~ **Robin Munroe**

Concert Host MC ~ **Byron Stiles**

Admission - Advance \$20.00, Door \$25.00

Portion of funds raised will go to Soldiers Memorial Hospital

Contact - Dawn at ONWG 705-329-7755

The Good Brothers



Digging Roots



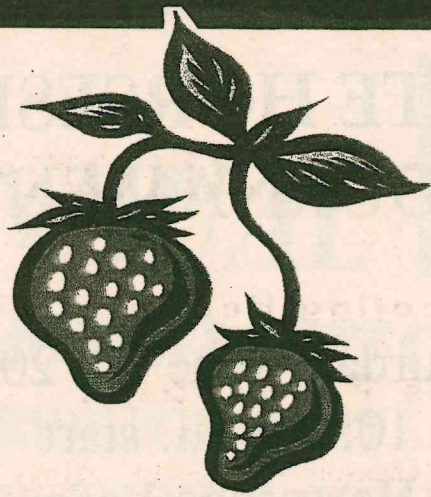
Proud Sponsors -

Music 21  
Black Box Studios,  
Mnjikaning Chief & Council  
Mnjikaning Cultural Department  
Staples Business Depot  
Aki Business Solutions

Sponsored by -



Venue donated by -



Put a circle around

Sunday June 25, 2006

for our 3rd Annual  
Strawberry Garden Party

@ 249 Ridge Rd 1- 4 pm  
(Rain date is July 2, 2006)

Silent Auction, Craft Vendors & Entertainment

Members of the Food Bank Committee

Thank you for your support

We look forward to seeing you at the Garden Party

For more information call Patricia Tel: 967-8129

Tickets \$6.00 available from Food Bank Committee



## OUTDOOR SOCCER REGISTRATION



To provide an opportunity for the children of Tyendinaga to play soccer, we are in the process of organizing soccer at Quinte Mohawk School.

Registration forms may be obtained from the Band Office  
Registrations sent home from QMS may be returned  
to QMS with your child  
or dropped off at the Band Office

We will be registering Players born from Jan. 1, 1999 to Dec. 31, 1994  
A photocopy of your child's birth certificate is required.

**REGISTRATION FEE:**

**\$25.00 PER PLAYER**

**\$30.00 AFTER SOCCER STARTS**

We will be playing soccer on Tuesdays  
Starting

6pm May 30 @ Quinte Mohawk School



**Come Play Soccer With Us**



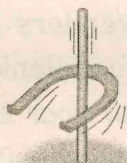
## UPCOMING EVENTS

### KENTE HORSESHOE TOURNAMENT

Saturday, June 10, 2006  
10:00 a.m. start  
Kente Horseshoe League Pits

Bring your own partner & contact:  
Bonnie at 396-6046  
or Judy at 968-2580

*Everyone Welcome!*



Canadian Red Cross  
Standard First Aid/CPR  
Course

Saturday May 27<sup>th</sup>  
and  
Sunday May 28<sup>th</sup>

9am to 4pm  
Both Days

Thayendanega Health Centre

Cost: \$30.00 per person

Instructor: Kate Brant CHR

Call 967-3603

Class limited to the first 12 to register!

Bring your own lunch, break refreshments  
will be provided.



Canadian  
Red Cross

Authorized Provider

### ATTENTION RESTAURANTS/FOOD HANDLERS

The Environmental Health Officer, Health Canada is available to  
conduct an inspection of your premises.

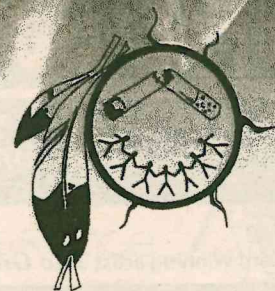
Please contact Crystal Maracle at the Mohawk Administration Office,  
396-3424, ext. 136 for an appointment.

### CHEMICAL ANALYSIS OF YOUR WATER

Health Canada will provide a chemical analysis of your potable water free  
of charge at your request.

Please contact Crystal Maracle at the Mohawk Administration Office,  
396-3424 ext. 136.

# Smoke-Free Spaces Smoke-Free Spaces



TYENDINAGA TOBACCO STRATEGY  
PROGRAM

### WEEDLESS WEDNESDAY

1 <sup>st</sup> Prize: Dennis Dugan	\$100.00 Walmart
2 <sup>nd</sup> Prize: Terry Walsh	\$50.00 Walmart
3 <sup>rd</sup> Prize: Marguerite Maracle	\$25.00 Walmart

\$20.00 Gift Certificates from Mrs. Herb's Restaurant

Brandyn Chase	M. Maracle	Trevor Brant
Jill Brant	Dale Maracle	

Smoke-Free Spaces work for us all



## UPCOMING EVENTS

### Inter-Reserve BOWLING Practice

**Mondays**  
Start time 7:00 p.m.  
Belleville Plaza



### "JACK & JILL"

*Tina Somerville  
&  
Joe Clark*

*Saturday June 3, 2006*

*Mohawk Community Centre  
York Road  
8:00pm to 1:00am*

*Music: D.J.  
Refreshments, Games, Crown & Anchor*

**Want to Drink?  
That's your business.**

**Want to stop?**

### Alcoholics Anonymous

Discussion group meets  
every Monday night  
8 p.m.

Thayendanege Health Centre

### "AA OPEN MEETINGS"

8:30 every Monday  
Queen Ann Parish Centre

For more information call:  
Bev 962-5183 or Lorna 396-5013

## 3<sup>rd</sup> ANNUAL MARACLE MOHAWK GIFT CENTER

**RIDE FOR SIGHT**

**MOTORCYCLE SHOW & SHINE**

(FOR STREET RIDEN BIKES)

**MAY 5TH-7TH 2006**

**1<sup>st</sup> ANNUAL MARACLE TRI-  
CYCLE CHALLENGE RACE AT 2PM SAT.**

#49 SOUTH OF 401 EAST OF BELLEVILLE ON T.N.

**HYOSUNG BIKE LINE  
FROM THUNDER CYCLE PICTON  
NASTYBOY CHOPPER**

**NOON SATURDAY SHOW & SHINE**

GREAT PRIZES IN MANY CLASSES (PAINT, CLEANEST, OLDEST,  
DIRTIEST, IN HARLEY AND METRIC.. CLASSES)

## TOP FUEL DRAGSTER

PLUS MUCH MORE TO SEE AND DO ALL WEEKEND LONG

**SAT. 4PM FISH FRY**



ALL WEEKEND LONG GREAT  
SAVINGS ON LEATHER, COATS  
CHAPS, GLOVES,  
BAGS AND MORE!!!

ALSO VISIT  
NATIVE RENAISSANCE II PROUD SUPORTER  
OF THE RIDE FOR SIGHT  
95,5 & COOL 100 ON SITE

WEEKEND LONG BBQ

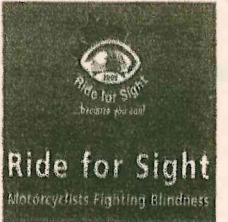


FOR INFO CALL: RON 613-967-3968

On the Thayendanege Mohawk Territory

Distance from Deseronto to:	Hwy 401	Exit 502
Toronto	215 km 134 miles	
Ottawa	200 km 124 miles	Hwy 2
Montreal	335 km 208 miles	Hwy 502
Belleville	30 km 19 miles	Yark Rd.
Kingston	50 km 31 miles	Maracle Mohawk

"Recognized for our authenticity and quality"  
Phone: 613-396-2431





## UPCOMING EVENTS



**2ND ANNUAL  
GOSPEL SPRING SING**

**12 MAY, 2006  
7:00 PM**

**MOHAWK PENTECOSTAL CHURCH**  
YORK RD  
DESERONTO, ON.  
396-5329

FELLOWSHIP AND REFRESHMENTS TO FOLLOW  
GOODWILL OFFERING TO THE BUILDING FUND  
COME HEAR OUR DREAM!!!

For further information please contact  
Carol LaVecque at 613-392-1164

## PARISH OF TYENDINAGA SERVICES

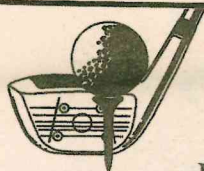
**HOLY TRINITY: 9:30 A.M.**  
1ST & 3RD Matins  
2ND & 4TH Holy Eucharist

**ALL SAINTS: 9:30 A.M.**  
1ST & 3RD Holy Eucharist  
2ND & 4TH Matins

**CHRIST CHURCH: 11 A.M.**  
1ST & 3RD Matins  
2nd & 4th Holy Eucharist



Remember if you have an EMERGENCY  
CALL **911**



## GOLFERS WANTED

League starts Thursday, May 4th

The Tyendinaga Thursday Night Golf League is looking for people interested in playing for the upcoming season. You can either enter a team or sign up as an individual. Registration is \$25/player and will be payable on the first night (to be announced). If you had a team in the league last year, please call to let us know. We look forward to hearing from you and hope you can join us for a golf season filled with fun and exercise.

To register please call either:

Donny C. Maracle 396-2041

Wes Bardy 396-3963

## **TOPS**

Tyendinaga Mohawk Territory

TOPS (take off pounds sensibly)

Meets every Thursday at the ELDERS LODGE.

Weigh in is 5:00 - 6:00 p.m. (private and confidential)

Meeting starts at 6 p.m.

*All New Members Are Welcome!*

We share tips on weight loss, recipes, and a lot of fun.

Please contact Donna Crouse at 396-2229.

# RISE UP!

FIRST  
NATIONS  
CONFERENCE  
June 1-4, 2006



As Canada's original custodians, the First Nations people hold keys, essential to revival. It is time for the First Nations to Rise Up among the community of believers and the marketplace, and lead Canada to revival. It is our privilege to host this historic event with some of North America's key native leaders. Plan now to attend and don't miss a minute of celebration with us at our First Nations Conference.

John Sandford  
Keynote Speaker  
Co-founder of Elijah House

Kenny Blacksmith  
Former Grand Chief of the Cree Nation  
Founder of Gathering Nations International

Chief Dr. Billy Diamond  
Founding member of  
The Grand Council of Crees

Jonathan Maracle  
Worship Leader  
Founder of Broken Wall

Desert Stream Christian Fellowship • 535 Dundas St. E., Belleville, Ontario  
Register by May 26, 2006 by calling 613 968-5348 or online at [desertstream.net](http://desertstream.net)



# CLASSIFIED

## FOR SALE

### PURE BRED SHELTIES

- 1st needles, dewormed & vet checked
- sable and white colouring
- ready to go April 30
- \$350.00 firm

Call: 968-6626

## FOR SALE

### NORDIC TRACK VGR 850

- elliptical exerciser
- like new
- \$300.00

Please call:

396-1545 evenings

## FOR SALE

### TWO FOR ONE CAR SALE

- as is, parts, demolition?
  - 120 Huron Brant Drive N.
- COME & SEE*

## FOR SALE

### WINDOWS/W SCREENS

- 4' X 5' = 4
- 5' X 6' = 1
- \$100.00 each or Best Offer

Call: 396-3111

## FOR SALE

### 1991 PONTIAC SUNBIRD CONVERTIBLE

- white with white top and grey interior
- 3.1 V6
- 147,000 km.
- 5 star chrome rims nice shape
- as is \$2800.00
- or \$3600.00 certified and e-tested

Call: 965-6271 or cell 921-2671

## FOR SALE

### BUILDING LOTS FOR SALE

- Upper Slash Rd (lots posted on South side of road)
- 1 acre lots with 150' of road frontage

For more information, please call Mr. Glenn Hill at 962-5470

## LAND FOR SALE

- 1 acre lot
- located on Wymans Rd.
- lot 22 Cons. 2
- culvert included
- will hold the mortgage

Call Glenn Hill:: 962-5470

## NEEDED IMMEDIATELY

- FULL TIME: Groundskeeper/Gardener
- must be available 5 days per week.
- starting wage \$9.00/hr based on experience

For further details or to apply  
Contact: Tomas 396-2236

## LOST

### BLACK STRING NECKLACE

- 3 charms = 1 gold heart  
1 rice in glass  
1 # 1 Mom
- high in sentimental value
- small reward if returned

Call: 396-5537

## FOR SALE

### 3 BEDROOM HOUSE

- 18 Airport Rd. Deseronto
- 1 bath, finished basement
- central air, efficiency gas furnace, front & back yard
- siding with brick front

For all inquiries please call:  
396-3700 ext. #2

## FOR RENT

### 3 BEDROOM HOME

- located across from the Health Center, mostly hardwood floors throughout with commercial tile in kitchen and dining room
- plenty of potable water with 1000 gal. tank backup
- 3 year old oil furnace with new tank
- \$650.00 per month plus utilities with 1st & last months rent payable in advance before taking possession
- require 3 references from previous landlords, available May 1st or sooner

Please call: 396-3957 for more info

## LAND FOR SALE

- Waterfront lots
- Hickory nut grove
- 100' frontage X approx 466
- serviced road & hydro
- will hold mortgage

Call Glenn Hill: 962-5470

## FOR RENT

### 2 BEDROOM HOUSE

- 1 level, with 1 car garage
- central air, new kitchen, oil furnace, 1 bathroom
- 6062 Old Hwy #2 Shannonville

For all inquiries please call:  
396-3700 ext. # 2

## FOR SALE

### 17 FOOT CAMPING TRAILER

- clean and renovated
- new tires, new bedding & new curtains
- includes pipes for septic hookup & some camping supplies.
- Price \$700.00 as is.

Call Glen or April Brant: 966-6791

## FOR SALE

### FERRET WITH CAGE

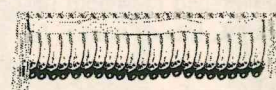
- 1 1/2 yrs old
- female
- stink gland removed
- Her name is Dolla
- Asking \$125.00 (negotiable)

Please call Tiffaney at 962-6217  
from 4:30- 10:00 p.m.  
or 967-0122  
from 1:00 p.m. - 4:30

## LOST & FOUND

- Anyone missing items from the Protest at the Tracks.

Please call Kathy: 967-0451



## LAND FOR SALE

- lot 25c-5, Concession 2
- shown on Plan NO.RSO 4624- 8.45 acres
- located on Lower Slash Rd.
- good farmland
- some wooded acreage on the parcel
- 77 ft. access to road

Please contact Crystal Maracle at 396-5879

## HOUSE FOR SALE



2 Bedroom house located at 536 Lower Slash  
Approximately 3/4 acres

New Roof

Dug Well/Water Treatment System

Hardwood flooring (living room)

New laminate flooring (kitchen & dining room)

New kitchen Cupboards

New windows

Propane forced air furnace

Asking \$100,000/OBO

Call: 613 396-5879 or 613 813-9005

## MILL TOWN MEATS

- Corn Fed Beef
- Quarters & Half Cuts of Beef
- Wrapped & Frozen
- Individual pieces sold at home
- AAA Beef

*Make your own Soup!*  
*Lyed Corn, Beans, Special Pork!*

Call: Glenn Hill 962-5470

## BABYSITTING AVAILABLE

- In my home located in the sub Division
- Mondays to Fridays (weekends on request)
- nutritious lunch
- outside activities
- any age

Please call Teddy: 396-1610



# CLASSIFIED

## HOUSE FOR SALE

8 year old 1400 sq. ft. raised bungalow on 1 acre lot located at 19 Brock Street. 4 bedrooms, 1 bath, finished rec-room in basement, lots of water, full length covered deck.  
For serious inquiries only please call 968-6238 after 5pm/leave message.

## FOR SALE

**BUILDING LOT**  
- located on Stella's Lane (518 Ridge Road)  
- 130' X 200' or more  
- well treed and overlooking the bay.

If interested call: 969-1070

## FOR SALE

**2 BEDROOM MODULAR HOME**  
- 16 61 (Canada Housing Standards) (Not a mobile home)  
- 5 Years old  
- wheel chair access  
- French doors  
- 3 doors (front, side & back)  
- 2 porches 8 X 14  
- 2 sheds, aluminum siding  
- 100' X 200' treed lot  
- dishwasher, underground hydro line  
- city water & sewer  
- located on the Church Lane  
**MOVING OUT OF THE PROVINCE**  
- invested \$85,000.00 but will accept any offer over \$69,900.00

**ALMOST NEW WING BACK CHAIR**  
- medium dark green  
- used only a few times  
- 185.00 or B.O. (excellent condition)

Call: 396-2758

## FOR SALE

**1993 25' PROWLER TRAILER**  
- excellent condition  
- bedroom at front  
- bunks at rear  
- oak cupboards with etched mirrors, a/c, fridge, stove, shower, microwave  
- **\$8,000.00 or Best Offer**

Call: 967-0152

## BABYSITTING AVAILABLE

- in the subdivision  
- weekdays, before and after school  
- lunch & snacks provided

Call Susan: 396-1077

## FOR SALE

**STOVE WOOD**  
- ash, oak, maple mixed

Call: 968-3917

## FOR SALE

**BUILDING LOTS**  
- located on Mark's Rd  
- 1 acre or larger

Call: 968-3917

## CHILD CARE PROVIDER

- Mother of one  
- C.P.R. & First Aid trained  
- No pets, lots of T.L.C. in a clean environment  
- Healthy meals & snacks  
- Located in the subdivision on Huron Brant Dr.

Call Angela at 396-6564

## MEDIUM READINGS Judy Maracle

Call Angela for an appointment:  
613-396-1284

## FOR SALE

**SOLID MAPLE TABLE & CHAIRS**  
- 6 chairs  
- matching hutch  
- \$600.00  
Call: 396-5528

## NOTICE

**Olde Tyme Country Band**  
playing Country, Blue Grass & Gospel music for most functions including  
\* Weddings \*  
\* Anniversaries \*  
\* Birthdays, Banquets \*  
Reasonable Rates contact  
Don Brant: 396-3759

## LAND FOR SALE

**BUILDING LOTS OR ACRES**  
- some York Rd frontage  
- reasonable pricing

Call: Roger or Gloria Brant  
962-3795

## WANTED

**3 PLUS BEDROOM HOUSE**  
with 5 or more acres of land

Call: 354-7271

## HOUSE FOR SALE

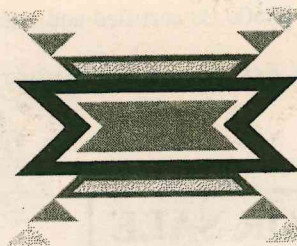
**3 BEDROOM**  
- furnished  
- full basement  
- 2 acres  
- 2 car garage  
Call: 967-0167

## HOME CLEANING SERVICE

Come Home To A Clean House While Your Away Get Almost Any Housekeeping Task You Need Done

My home cleaning can include:

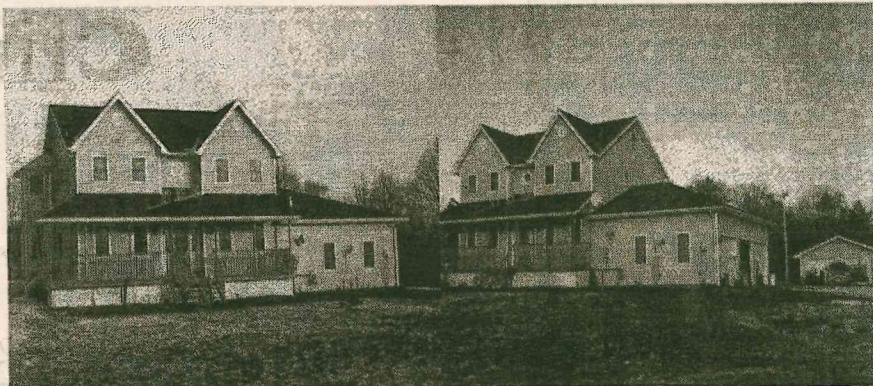
1. Clean the immediate areas outside (patios, porches, walks)
  2. Pick up debris and empty trash containers
  3. Sweep, wash, wax, and polish floors
  4. Clean, disinfect, and polish kitchen appliances, countertops
  5. Wash all mirrors, bathtubs, sinks, shower stalls, and toilets
  6. Dust and polish all furniture, window sills, ledges, baseboards
  7. Spot clean all doors, light switches, and hanging fixtures
  8. Cook and serve meals for the household
  9. Assist with the cooking and serving for special guests
  10. Run errands including grocery
  11. Keep the household supplies fully stocked
  12. Make beds, change sheets, distribute clean towels and toiletries
  13. Clean closets, drawers, and cupboards
  14. Do occasional childcare duties
- Ironing, Laundry, and Dish washing also available to Customers  
-Your Privacy Will Be Honored  
For further information and pricing on this service, please contact  
**Cheryl Claus at 613-396-1244**



## HOUSE FOR SALE

**3 BEDROOM FARM HOUSE**  
- 1230 Ridge Rd.  
- approx. 30 acres of workable land

Call: 962-6811



## HOUSE FOR SALE

11 acres located on main Hwy  
- 4 bedrooms  
- 2 1/2 baths  
- finished basement  
- located 670 Hwy 49

for more information call:  
396-6561

## FOR SALE

**3 BEDROOM HOUSE**  
- 9 years old, 1 bath  
- 2 car attached garage, cement driveway  
- new central air,  
- full basement, partly finished  
- 2 acres  
- lots of good water, with purification water system

Call: 967-0167



## COMMUNITY BUSINESSES

## NOW OPEN!

# REZ - MART

### Country Store

Browse in a quaint little shop  
with a country atmosphere.

Country Crafts  
Unique Handmade Gifts  
Homemade Baking  
Fresh Coffee (**FREE** from 7am - 8am!)

We also sell...  
Name Brand Cigarettes  
Discount Smokes, TMT Bag Smokes  
Pop, Chips, Chocolate & Candy

LOCATED AT:  
777A HWY #49  
TYENDINAGA MOHAWK TERRITORY  
(613) 396-3870

STORE HOURS:  
Monday - Friday 7am - 7pm  
Saturday 8am - 7pm Sunday 9am - 5pm  
Everyone Welcome - Coffee's On!

**LET'S SUPPORT ALL  
BAND BUSINESSES**

You Could Advertise  
Your Business  
Here!

For A Small Fee  
Call for Details  
**396-3424**



*Special Weekend!*

## Native Renaissance II

386 Hwy 49

613-396-3255

May 5, 6 & 7

*Come out & meet Local Artists:*

- Thomas B. Maracle, Debi Fitzgerald, Trevor Brant  
A.J. Vandrie, Rebecca Aschmann, and Many More....

- Live music by Spirit Land Band and Brenda Sullivan

- Bring the Kids - meet our Clown

- Loads of prize opportunities, and a chance to help raise  
money for the RIDE FOR SIGHT organization  
(towards vision research)

**New Hours Start**  
May 5/ 9-7  
7 Days a Week!

**Fund Raiser**  
B.B.Q.  
All weekend!

**Fish Fry**  
Saturday!

**GRAND OPENING!**

## Mohawk Cycle Clinic

May 5, 6 & 7

*Sales - Service and Apparel*

*Come see our New Line of A.T.V.'s & Dirt Bikes  
by Kazuma*

146 Hwy 49 Tyendinaga Mohawk Territory

Open Tuesday - Saturday 9 - 6

Call now to book an appointment - 613-396-6368





## COMMUNITY BUSINESSES

**Time For You  
& Salon**  
"Hairstyling and Esthetic Salon"

Diane Maracle  
5717 Old Hwy #2 Shannonville  
Call: 968-9459 for an appointment

*Hair Styling for the Whole Family*

- Waxing Services
  - Eyelash & Eyebrow tinting
  - Ear Piercing & Facials
  - Manicures & Pedicures
- \* Accepting New and Existing\* Customers!

Great Savings on all Joico, OPI,  
Hair & Nail Care Products!

Nail Technician  
**Julie Brant**

will be starting May 8 at Time for You Salon  
and will be accepting appointments for...

Gel nails  
Acrylic nails  
Silk Wraps  
"Free Hand" designs

By Appointment Only!  
Please call 968-9459

NEEDLE  
**BIRDIE'S NOOK**

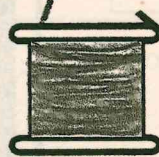
New "WOOL"  
Cross Stitch, Assorted Needles

Open All Year!

Monday - Saturday 10 - 4

Closed - Sunday and Wednesday

**KNITTING & CROSS STITCHING  
CLASSES AVAILABLE**



birdster@sympatico.ca  
1093 "c" SLASH ROAD  
TYENDINAGA MO-  
HAWK TERRITORY  
613 396 1960

Remember if you have an EMERGENCY  
CALL **911**

Unique  
Handcrafted  
Native Arts  
& Crafts

**P & C Variety**

27 Wymans Rd  
Tyendinaga Mohawk Territory  
Ontario K0K 1X0

T: 613-969-4427  
F: 613-969-2854

Snacks • Discount Tobacco Products

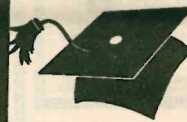
**P & C Variety**

969-4427

### New Store Hours

Monday	CLOSED
Tuesday	12:00 - 9:00
Wednesday	12:00 - 9:00
Thursday	12:00 - 9:00
Friday	12:00 - 9:00
Saturday	12:00 - 6:00
Sunday	CLOSED

**Note: Whenever You See the Open Sign On  
Feel Free to Walk-In**



## Graduation Announcement

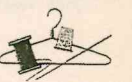
Congratulations to all upcoming graduates of  
Quinte Mohawk School.

To be certain you look great on your special  
night call Sue for alterations and tailoring to  
graduation gowns and suits.

Quality, reasonable work. Just call for  
your fitting and I will do the rest.

Thank You!

121 HURONBRANT DR. N.  
TYENDINAGA MOHAWK TERRITORY  
NO TAX ON PICK UPS



**Sue's Miracles**

ALTERATIONS, TAILORING  
REPAIRS & LEATHER WORK

FITTINGS ARRANGED  
DROP LOCATIONS..BATH, NAPANEE & DESERONTO

SUSAN MARACLE  
(613) 396-1985



# COMMUNITY BUSINESSES



## Stylin' Hair

27 Wymans Rd.  
Tyendinaga Mohawk Territory

613-969-2854  
613-969-4427

**Kate Maracle, Stylist**

## Stylin' Hair

969-2854  
or 969-4427

*Great Service Great Atmosphere Great Prices*

### New Hours of Operation

Monday	<b>CLOSED</b>
Tuesday	10:00 – 6:00
Wednesday	10:00 – 6:00
Thursday	10:00 – 8:00
Friday	10:00 – 6:00
Saturday	9:00 – 1:00 (by appointment)

Walk-In's sometimes accommodated  
Have an odd schedule? We can work with you!



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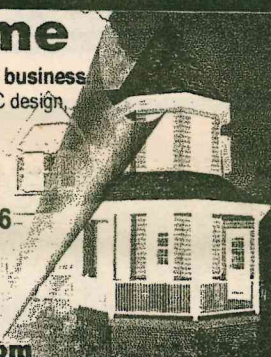
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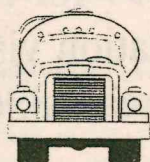
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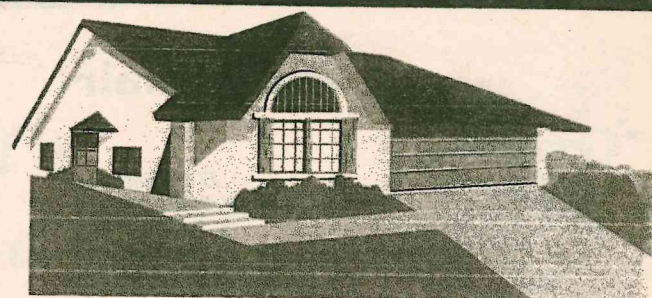
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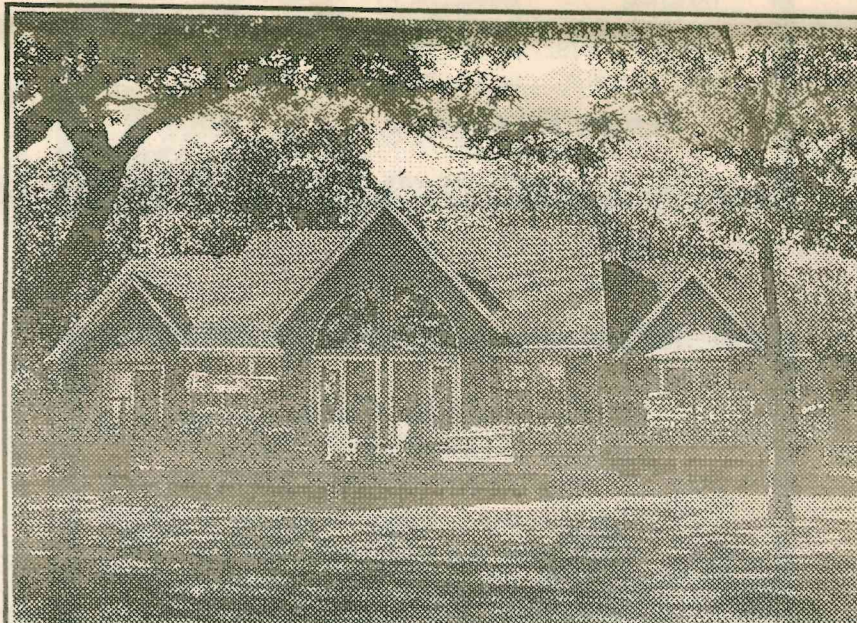
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