



# MOHAWKS OF THE BAY OF QUINTE



KENHTEKE KANIENTEHA

ISSUE 5/08

Onerahtokkowa (May)

## ORI:WASE (News)



PHOTO COURTESY OF  
Kanhiote Library

### LANDING OF THE MOHAWKS

Saturday May 24  
11:00 a.m.

Planning includes a historical re-enactment, feast of corn soup, distribution of a short history of Tyendinaga, watch for a special flyer close to the date of the event.

For more information call: **Karen Lewis:** 613-967-6264  
or **Callie Maracle:** 613-396-3100 ext. 227

#### Vision Statement

Tyendinaga, as part of the Mohawk Nation, is a healthy, sustainable Kanienkeha community, built on and united by our language, culture, traditions, knowledge and history. We exercise our rights and responsibilities for the protection of and respect for our people, our land, our resources and the environment.

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Newsletter Deadline  
May 24  
(613) 396-3424

*We're on the Internet*  
[www.m bq-tmt.org/](http://www.m bq-tmt.org/)

#### JOB POSTINGS

Positions that become available with the Mohawks of the Bay of Quinte can now be viewed on the Tyendinaga Mohawk Territory Web Site.

[www.m bq-tmt.org/](http://www.m bq-tmt.org/)



ADMINISTRATION

IMPORTANT NOTICE:  
Social Assistance is  
CHANGING

If you are a parent with dependent children under 18 and are on Ontario Works, there are several changes to your benefits coming soon. **Single people, couples without children, and parents without dependent children will not be affected.**

Most importantly, you need to know:

From July 2008 onwards:

- Your Canada Child Tax Credit will be **more** than before because of a new **Ontario Child Benefit**.

From August 1, 2008 onwards:

- Your regular benefit cheque will be **less** than before because of a reduction in the Basic Needs amount.

Other Changes as of August 1, 2008:

- The National Child Benefit Supplement (NCBS) will no longer be deducted from your cheque.
- There will be no more Back-to-School allowance.
- There will be no more Winter Clothing allowance.

**IT IS MOST IMPORTANT THAT YOU FILE YOUR INCOME TAX IN ORDER TO BE ELIGIBLE FOR THE NEW ONTARIO CHILD BENEFIT.**

If you have any questions please feel free to call Tyendinaga Social Services at 613-967-3616.

TMC Meetings	Agenda Deadlines
Regular – May 7, 9:00 a.m.	May 2 by 12:00 p.m.
Local Business – May 14, 7:00 p.m.	May 9, 12:00 p.m.
Regular – Tuesday, May 20, 9:00 a.m.	Wednesday, May 14, 4:00 p.m. <i>(it's a long weekend, the meeting is on Tuesday and packages need to TMC by Friday)</i>
Local Business – May 28, 7:00 p.m.	May 23, 12:00 p.m.

COMMUNITY INFORMATION ALERT

There has been information distributed in our community mailboxes that contains misinformation regarding various projects and initiatives being implemented by the Mohawks of the Bay of Quinte Administration and the Tyendinaga Mohawk Council. Please be wary of the credibility of any information received that lacks a contact name and number. If you are suspicious about the credibility of information received that does contain a contact name and number, it is recommended that you call the contact person to verify the source of information. To verify information on behalf of the Mohawks of the Bay of Quinte, please contact Brant Bardy, Communications Officer at 613-396-3424, ext. 137.

NOTICE  
Airport Rd. Improvements

Please be advised that the Roads Department will be installing and grading 3" minus and 5/8" gravel on the Airport Road in effort to improve the base conditions and drainage.

Please avoid this route if possible over the next few weeks. If you have any questions or concerns please contact Glen Maracle, Roads Superintendent 613-961-9728.

ENGINEERING TENDER RESULTS  
FOR 2008 ROAD PROJECTS:

- i) Marks Rd Reconstruction
- ii) U. Slash Rd Reconstruction
- iii) Church Lane S. and L. Slash Rd. Pulverization

- 1. GD Jewell \$124,590
- 2. Greer Galloway \$175,300
- 3. FNES \$142,278
- 4. Neegan/Burnside \$425,087

CULBERTSON TRACT NEGOTIATION  
UPDATE

On April 15, 2008 the Culbertson Tract Negotiation Team had a meeting with Canada. At this meeting we met with the new Chief Federal Negotiator, Vivian Bercovici. We were advised on March 12, 2008 that Vivian Bercovici was appointed as the new Chief Federal Negotiator since the contract for the previous Chief Federal Negotiator, Sean Kennedy, was not being renewed.

During the meeting we outlined our position:

- the lands to be returned to our control
- we be compensated for loss of use
- the federal government to deal with removing the third party interests; and
- we will not surrender any lands.

Canada has contracted with two appraisers to undertake appraisal work on the quarry lands. One appraiser is looking at the current market value of the lands while another appraiser is looking at the value of the rock at the quarry.

We have also recently been able to initiate dialogue with a representative from the Ontario government.

Progress is being made. Our next meeting is scheduled for June.

The Tyendinaga Mohawk Council can appreciate that the claim resolution is not moving as fast as people would like. But in the interim, people need to be calm. Peace must be restored and negotiations must continue to work toward a resolution.

For more information please contact the Communications Department at 613-396-3424 ext. 137, or the Research Department at 613-396-3424 ext. 108.



## ADMINISTRATION

Bag Tags for your Waste Disposal  
are available at the following businesses:

49 Quick Stop  
Village Variety  
L. & M. Enterprises  
Administration Office

## Now Available!

The Administration Office is now on line  
to receive your payments by on line banking  
or telephone banking.

For more information please call Carla: 396-3424

## Helpful Water Hints

( TO HELP MAINTAIN POTABLE WATER)

**FAQ:** Bacteria such as e.coli and total coliform can grow inside your screened taps. To prevent bacteria growth, soak your aerators in javex and remove all debris from the inside of the screen.

**FAQ:** Water storage tanks/cisterns can become contaminated. You should have your water tested to ensure its safety. Instructions can be provided to help you clean your tanks/cisterns if required.

**FAQ:** Used or soiled dish clothes can contain bacteria. You should never wrap a used dish cloth around your tap or have it near the aerator. This can cause the bacteria to spread into your tap.

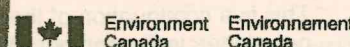
**FAQ:** Animals that have access to drink the water directly from the taps can also cause bacteria growth in a faucet. Never allow an animal to drink directly from taps or sinks.

**FAQ:** If you are reusing drinking water containers, disinfection is essential. Bacteria could potentially build up if containers are not cleaned frequently with pure javex.

**FAQ:** Water coolers should also be cleaned with javex at least twice a year to prevent bacteria growth. Instructions can be mailed to you if requested.

For more information please contact  
Crystal Maracle or Liz Brant @ 396-3424.

## What Goes Up Must Come Down



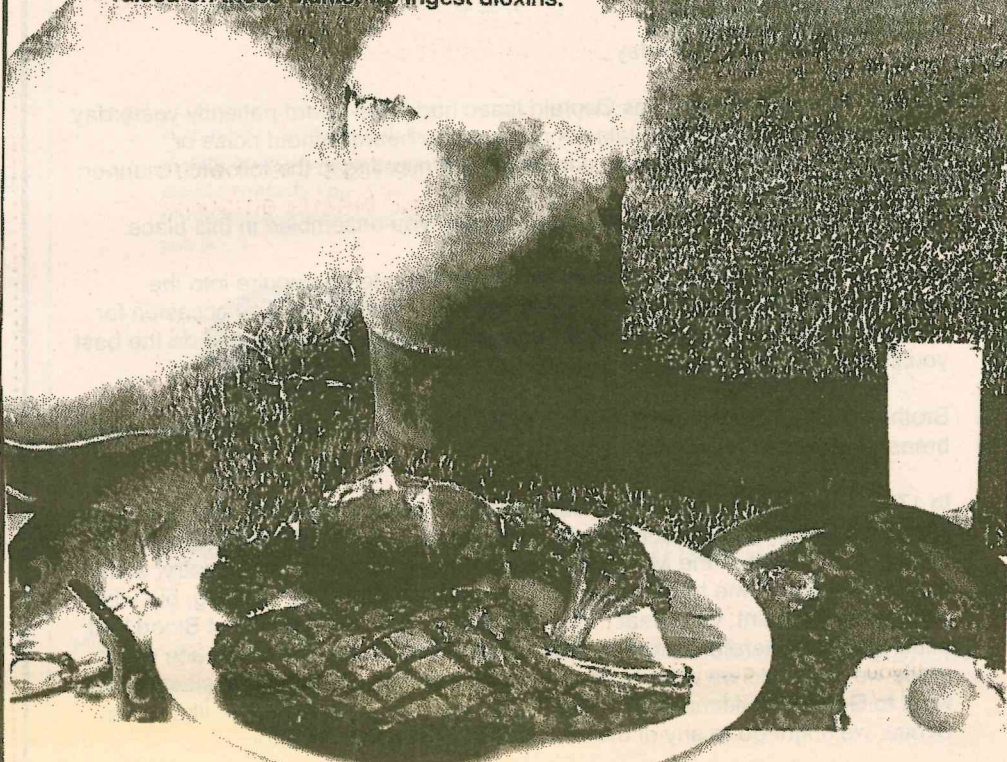
Did you know?

Burning of household garbage is a major  
uncontrolled source of pollution in Canada.

Burning garbage at home or cottage is one of the largest  
known sources of dioxins and furans in Ontario.

Dioxins and furans are a large family of more than 200 similar toxic  
substances. Exposure to dioxins and furans is associated with a  
number of serious adverse health affects.

Dioxins released into the air from burning garbage fall onto leaves of plants  
that farm animals eat. When we eat the fats in food products from animals  
raised on those plants, we ingest dioxins.



BUT WE'VE BURNED FOR YEARS...

### UP IN SMOKE?

Burning waste — including  
packaging, plastics, treated  
wood, even newspaper and  
junk mail — in barrels,  
woodstoves, fireplaces,  
outdoor furnaces, or open  
pits releases a large number  
of pollutants including:

- dioxins
- furans
- arsenic
- styrenes
- barium
- mercury
- chromium
- PCBs
- particulates
- lead
- cadmium
- halogenated hydrocarbons
- formaldehyde
- benzene
- carbon monoxide
- nitrogen oxides
- sulphur oxides
- polycyclic aromatic hydrocarbons
- hydrochloric acid

Toxic pollutants released into  
the air by burning garbage  
fall back to earth as particles  
or in rain drops and  
contaminate water and plant  
surfaces, eventually making  
their way up the food chain  
and into the food we eat.

In rural and small-city Ontario, 24% of respondents report burning their  
garbage (EnviroNics survey, March 2001). Burning garbage at home or in  
the backyard has been a longstanding practice, but we now understand  
that there are health consequences, so it's time to stop burning. Home  
garbage fires smoulder and burn at temperatures that create dioxins and  
furans and many other pollutants.



### BURNING GARBAGE CAN AFFECT YOUR HEALTH MORE THAN YOU THINK!

Toxic pollutants, such as dioxins, can accumulate in the fat of animals and  
fish, which are then passed on to people when eaten.  
**Dioxin exposure has been linked to:**

- Liver problems
- Impairment of the immune system, the  
endocrine system and reproductive functions
- Certain types of cancers
- Effects on children's developing nervous  
system and other developmental events

Pollutants in the smoke can also trigger  
respiratory health problems.



### THERE ARE ALTERNATIVES TO BURNING!

- Choose to buy items with less packaging.
- Seek out local recycling options for recyclable waste.
- Compost organic waste such as food scraps, leaves and grass.
- Use the nearest garbage landfill or depot.

### IF YOU'RE BURNING GARBAGE... YOU'RE MAKING POISON

For more information contact Environment Canada  
1-800-668-6767



# ADMINISTRATION

This is a continuation of the Minutes of 1800. As mentioned in last month's newsletter, in September 1800 there was a Council Meeting held in the community that spanned 8 days. This meeting was held to try to come to some resolution of the troubles that had been dividing the community at that time.

Reprinted in this edition of the newsletter is day 2 of the Council Meeting.

If anyone has any questions regarding these minutes please contact the Research Department.

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## Proceedings of a Council held at the Bay of Quinte beginning on the 2<sup>nd</sup> and ending on the 10<sup>th</sup> of September 1800, in the Mohawk Village

September 4<sup>th</sup>:

Present:

The same as yesterday.

Captain Claus desired that as Captain Isaac had been heard patiently yesterday, he hoped and expected Captain John should be heard without noise or interruption. Captain John then addressed the meeting in the following manner:

Brothers - I salute you all and am happy to see you assembled in this place.

Brother - You said you was ordered by General Hunter to enquire into the circumstances of this Bad report, which I am very sorry there was occasion for. Now, Brothers, as you are come, we hope you will do us justice, and do the best you can for the good of us all.

Brother - I hope you will be attentive and do the best you can to ease my troubled breast and from you I expect justice.

In 1775, when the troubles broke out between our Father and the Americans, we joined the British and left our Country. Having been worsted, by the Americans, the different Tribes of the Mohawks went to different parts of the Country, some to Montreal and some to Niagara. I do not wish to detain you too long, but wish to come to the point. Our great Father thought a sufficient quantity of Blood had been spilt and, therefore, made peace with the Americans. When peace was made we were told we were to go to Nova Scotia, but not liking that situation we went to General Haldimand 27<sup>th</sup> May 1783, who told us if we did not like Nova Scotia, we might go to any of the unsettled Lands in this Country.

We, therefore, came to this spot, where we now are. We returned to Quebec and informed General Haldimand we had found this place and he expressed his satisfaction that we had found a place that suited us, and that we and the Loyalists who would be among us would live happily together. General Haldimand also said he would send a surveyor to run out the Lands for us that we might know what was ours and he sent Major Holland with us for that purpose, and the General added, you have now your choice in picking out such Lands as you like and he hoped we would always live happy and comfortably upon it.

The Tribe now here fixed on this place, and another Tribe fixed on the Grand River. Colonel Claus wished to know what Indians were going to the Bay of Quinte and what to the Grand River. I told him I meant to set myself down at the Bay of Quinte, among the Loyalists, and Captain Brant at the Grand River. I informed Colonel Claus I was not fond of going to the Grand River owing to their being so near to the Americans and told him I thought I could not live in peace so near these people and made choice of this place as being at a greater distance from them. The Americans are like a Worm that cuts off the corn as soon as it appears. Sir John Johnson and Colonel Claus told us on leaving LaChine they were happy we were going to a place we had appointed for ourselves. They hoped we should be happy and live in peace.

When we quit LaChine, Capt. Isaac and his family thought proper to quit us and go to the Grand River to live there. On the 10<sup>th</sup> May 1784, Sir John Johnson and Colonel Claus desired us all to come together, but Captain Isaac paid no attention to what they said and he separated from us and went to the Grand River. Sir John Johnson and Colonel Claus also told me to guide my people in a proper manner and as we were going to a Country where there were other people (Messassagues) we ought to cultivate their friendship and live happy together.

We arrived here on the 22<sup>nd</sup> May and found a great number of the native Messassagues at this place who were very glad to see us and we were happy to be met in so friendly a manner. We then held a Council with the Messassagues and informed them our great Father had purchased these Lands for us, and that we had come to sit down on them. I told them the King's people were also coming to inhabit this Country which the Messassagues had sold to the Crown. We told them also that the people who were coming to settle among us were bringing Cattle and other stock and we hoped they would not disturb them or do them any damages. I also added, "We shall be great friends, & I hope you will not forget what I say".

On the 25<sup>th</sup> August 1785, Colonel Claus wrote to me from England that he was happy we were so comfortably settled and hoped we would abide by our Religion and not give it up on any account whatever; I then assembled my people and read them his Letter. At this time all the people of the Village were friends. I told

them to continue in friendship and live in the manner we then did, and we should be happy and contented and they assured me they would do so and we were in peace and quietness.

On the 27<sup>th</sup> August 1788, Lord Dorchester and Sir John Johnson came to see us in this house where we now are and told us they were very happy to see us so comfortably settled and that they had heard a very good character of us and that we had conducted ourselves very properly with the people of the settlement. After Lord Dorchester and Sir John Johnson were gone I called my people together and told them what had been said of them and advised them, as they had a good character to behave well and preserve it.

Brother - Those who are attached to me have to this time continued to behave well as formerly. Some few days after Lord Dorchester went away, Captain Isaac & Captain Aaron arrived here with their parties from the Grand River. On the evening of the same day I held a Council with them and they informed me there had been a great dispute among them at the Grand River and that they, Capt. Isaac and Capt. Aaron, with their parties intended to kill Capt. Brant, and took arms for that purpose and that they left the Grand River in consequence of that dispute. Capt. Isaac and Capt. Aaron with their parties went down the Country and held a Council with Lord Dorchester on the 16<sup>th</sup> September, in the same year, when they told his Lordship they could not live in peace and quietness at the Grand River and had been obliged to leave it. When Lord Dorchester heard their story, he said he could not conceive it was Capt. Brant's fault, but that it must be owing to some of themselves who had behaved improperly and added it was in consequence of the ill behavior of the family of the Hills. Capt. Isaac & Capt. Aaron then told his Lordship that the dispute at the Grand River was in consequence of Capt. Brant bringing white people to settle on their lands. Lord Dorchester then told them, if that was the case of disagreement, he could easily settle it, for he would order all the white people off the Lands. If his Lordship had done so, none of the disturbance, or the late unfortunate business which has happened here, would have taken place, as what has happened was thro' the means of a white man among us of the name of Mircle.

It was mentioned yesterday that I went down to Montreal and no one knew on what business. I went down 10<sup>th</sup> October 1797, to ask the favor of Sir John Johnson to assist me in repairing the Church. Mr. Stuart had formerly obtained £50 for that purpose, but it was expended, but £10 which Mr. Stuart informed me of and at the same time requested that the young men of the Village might cut timber to erect a steeple, but none of them except my own people would do it. I, therefore, went down to Montreal to solicit some more assistance towards erecting the steeple and getting a place fixed for the 10 Commandments etc etc that they might be out of danger from the weather or other accidents. That in consequence of this application the matter was laid before General Prescott by Sir John Johnson and directions were accordingly sent to Major Spencer to send up a carpenter to make an estimate of the expense, which was done and the repair of the Church completed accordingly. Captain John then produced a copy of Major Green's Letter to Major Spencer dated Quebec, 30<sup>th</sup> October 1797, directing the Estimate to be made by the Master Carpenter Russell and sent down for the General's approbation.

On the same day that I applied to Sir John Johnson for assistance towards the Church, he told me it was not intended by Government that white people should settle on our lands which were for the Indians only and their children's children to the latest posterity and that no individual should make any regulation among them without the consent of the whole. When I returned from Montreal, I called the Village together to acquaint them with what I had done, and they all Assembled but Captain Isaac, who did not think proper to attend as usual, he always making excuses for not appearing in any Council saying he was sick or at work. When Isaac's people were assembled I asked them where was their Chief and why he did not come, that he never made his appearance when I called a Council, tho' I always strove and did my best for the good of the Village. I wished the Chiefs would consider and pay more attention to the good of the Village as well as themselves. There can be no excuse for your Chief never coming, he has a house and can come if he pleases. A Chief named Peter, one of Isaac's Band, then told me, Capt. John, in the Council, that they would leave the transacting of all their business to me, and that I might do as I pleased. I told them I meant to take care of the Village and that as I had established it, it was proper I should do so.

About the same time, Capt. Isaac called a Council among his own people and said, "We will be a separate party by ourselves and have nothing to do with Captain John or his party", and they have continued a separate party ever since. They talk of the money received at Albany; that was long after they broke out in their parties and divided, which had been partially the case for 7 years past. I am accused with regard to the 500 dollars. Isaac has had a grudge against me for 20 years; if they meant to spill blood, why did they not aim at me, as I am the Person they blame? They say the Blood which has been spilt is on account of this money. But how can that be? Capt. Aaron went down to Albany in 1784 and disposed of a piece of Land belonging to the Mohawks, to the amount of a considerable sum in goods and in money. In the year 1790, Capt. Brant and Capt. David went to Fort Stanwix and sold the same Lands, the property of the Mohawks at Fort Hunter, for which they were to receive 1,000 Dollars. On Capt. Isaac's first coming here, I requested him to ask Capt. Aaron who was his relation what was become of the money and goods he got for the Land he sold at Albany. The answer I received from Capt. Isaac was that they had lost their Country; he paid no attention to it and gave it up and refused to ask Aaron any thing about it; altho' at the same time Capt. Isaac had received his dividend of the money and goods received by Aaron for these Lands, and as a proof that he did so, calls on Justus Thomas to declare what he knows about it.



ADMINISTRATION

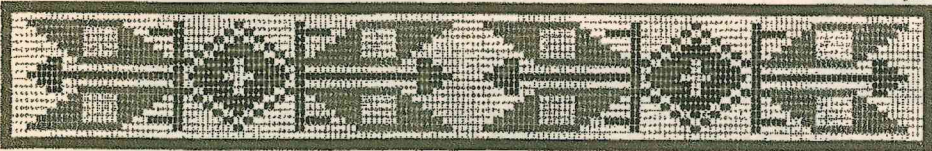
Justus Thomas being called upon says he did not see Capt. Isaac receive any thing for these Lands, but that the Widow Hill saw a payment made to Isaac and she asked him, Justus Thomas, whether he had received his share of it. His answer to her was "No, I have not, altho' I have an equal right with others".

Captain John proceeded

Soon afterwards it was mentioned in Council that they had heard there were yet Lands at Sockendagah undisposed of and they though it proper to send a part thither to enquire about it. The intelligence was from a white man named Miller of Balls Town, stating the Mohawks had still Lands their property in that place.

Adjourned till tomorrow morning 10 o'Clock.

Source: Library and Archives Canada RG10 Volume 26 pp. 15307-15354  
Microfilm Reel C-11,007



My name is Sara Brown and I am thrilled to have been selected as the new Economic Development Officer in the Office of Sustainable Development. I would like to thank-you for welcoming me into your Territory and for your continued commitment to community capacity building. Gail and Jason have made my transition to our team a seamless and exciting time. My educational background is in policy and public administration and I have used this experience to enhance my work at the community level, most recently with the St'at'imc and Squamish Nations of British Columbia. My family and I look forward to immersing ourselves within the community and attending all of the upcoming events.

I am always available to discuss economic development opportunities and am open to all questions and comments that you may have. I am also looking forward to meeting with all of you and working together towards a shared vision of community sustainability. I can be reached in person at our office at 104 Yonge Street in Shannonville or by telephone at 613-968-1122, extension is 141.

Thank-you for the privilege of working with you and the community.

Sara Brown  
Economic Development Officer, Sustainable Development Department.

She:kon,

My name is Brandi Hildebrand and I would like to introduce myself as the newly hired Housing Manager in the Sustainable Development Department. I would first off like to thank the hiring committee at MBQ for selecting me as the successful candidate for this position. I am excited to be a part of such an efficient and helpful team of people. While my educational background is in Social Work and Education, my most recent employment experiences have been in policy and program planning, and building capacity and development. They will continue to be my focus, among other things, in this new position. I hope to be in touch with most of you in the near future in some form or another and I am always available to meet should you have any questions or concerns. I am thrilled to be back home with my little boy, William, after living and working on Manitoulin Island. It is nice to be home and to be able to help the Membership of my own community. Please don't hesitate to get in touch with me regarding your housing concerns. We are located at 104 Yonge Street in Shannonville, 613-968-1123 and my extension is 140.

Nia:wen.  
Brandi Hildebrand  
Housing Manager, Sustainable Development Department.

Tyendinaga Community Development Fund:  
December 2007 & March 2008 Approvals

The following projects were reviewed by the commission members for funding approval:

Mohawk Language Production	Shannon Butcher	\$2,100.00
Women's Basketball	Kandice Baptiste	\$600.00
Hockey	Tyler & Jacob Smart	\$571.44
Hockey	Taylor-Rain Tabobandung	\$520.85
Hockey	Raven Glen Tabobandung	\$520.85
Hockey	Kendall Tabobandung	\$291.65
Modeling	Bailey Maracle	\$1,071.20
Hockey	Chloe Maracle	\$201.44
Dance	Keelan Maracle	\$1,750.00
Bingo & Children's Christmas Shopping	Mohawk Family Services	\$1,500.00
Dream Catcher Car Club	Charlie Brock	\$3,000.00
Lacrosse Team	Tyendinaga Wolf Pack	\$6,414.00
Aboriginal Team Ontario Volleyball	Amber Brant	\$4,000.00
Hockey	Trey Maracle	\$450.00
Ball Hockey	Chass & Austin Maracle	\$190.00
Friday Nite B-Ball Drop In	Jennifer Neepin	\$2,184.00
South Dakota Cultural Tour	Roots to Routes	\$5,000.00

The next funding deadline is May 30, 2008. TCDF funding application can be pick up at the MBQ Band Office.

Ministry of  
Municipal Affairs  
and Housing

Housing Programs Branch  
777 Bay St. 2nd Floor  
Toronto ON M5G 2E5  
Tel : (416) 585-7501  
Fax: (416) 585-7003

Ministère des  
Affaires municipales  
et du Logement

Direction des programmes de logement  
777, rue Bay, 2<sup>e</sup> étage  
Toronto ON M5G 2E5  
Tél. : (416) 585-7501  
Télec. : (416) 585-7003



March 14, 2008

Dear Community Service Provider:

Re: ROOF program – A second chance to apply!

In order to assist a greater number of Ontario households, the Rental Opportunity for Ontario Families (ROOF) program is opening a second application window. Eligible families have a second chance to apply!

As you may be aware, ROOF is a financial supplement that will be given directly to eligible low-income working families to help pay their rent. They will receive up to \$100 a month from January 2008 for up to five years, provided that they remain eligible for the program.

You will find enclosed a number of ROOF brochures and posters for the second application window. They provide information on the eligibility criteria, the duration of the program, and how households can get additional information via the ROOF website, or the toll free number.

Please distribute the enclosed brochures to those you feel may benefit from the ROOF program. You may also wish to display the posters on a bulletin board for your clients.

To obtain more information on the program, please visit the ROOF website at [www.Ontario.ca/ROOF](http://www.Ontario.ca/ROOF), or call our toll free number, at 1-888-544-5101 or 1-800-263-7776 (TTY).

Should you wish to order more posters, brochures, and/or brochures in other languages, please contact your local Municipal Services Office listed below:

Central Region  
777 Bay Street, 2nd Floor  
Toronto ON M5G 2E5  
General Inquiry: (416) 585-6226  
Toll Free: 1-800-668-0230  
Fax: (416) 585-6882

Toronto Unit  
777 Bay Street, 2nd Floor  
Toronto ON M5G 2E5  
General Inquiry: (416)-585-6372  
Fax: (416)-585-6588



## ADMINISTRATION

### DO YOU NEED HELP PAYING YOUR RENT?

You may be eligible to receive up to \$100 per month to help pay your rent.



# ROOF

*A second chance to apply*  
Rental Opportunity for Ontario Families

#### WHAT IS THE APPLICATION DEADLINE?

- Please send your application before June 30, 2008.
- Applications will be considered on a first-come-first-served basis, as there are a limited number of ROOF housing allowances available.

#### HOW MUCH IS THE ROOF HOUSING ALLOWANCE?

- Eligible families will receive up to \$100 per month, starting in January 2008.
- If you qualify, you will get a payment for your monthly housing allowances back to January 2008.

#### AM I ELIGIBLE FOR ASSISTANCE UNDER ROOF?

You may be eligible for the program if you:

- Work and have an earned income of at least \$5,000 and an Adjusted Family Net Income below \$20,000.  
Adjusted Family Net Income is the total adjusted net income of the applicant, plus the adjusted net income of any spouse or common-law partner.  
Adjusted net income is the amount from line 236 from your 2006 income tax return, minus your Universal Child Care Benefit.
- Have one or more dependent children under the age of 18.
- Are paying more than 30% of income towards rent.
- Have less than \$10,000 in liquid assets (e.g., cash, bank account, bonds or stocks).

- Are not receiving social assistance or any other rent subsidy.
- Are a resident of Ontario and meet program requirements for status in Canada.

#### WHICH TAX RETURN SHOULD I USE FOR MY EARNED INCOME AND ADJUSTED FAMILY NET INCOME?

- Please use your 2006 income tax return.

#### HOW LONG DOES THE PROGRAM RUN?

- ROOF is a five-year program. Eligible families will receive the housing allowance assistance for up to five years, starting in January 2008.

#### I AM ALREADY RECEIVING A HOUSING ALLOWANCE UNDER ROOF. SHOULD I APPLY AGAIN?

- No, you do not need to apply again if you are already receiving a ROOF housing allowance.

#### HOW CAN I GET AN APPLICATION OR RECEIVE MORE INFORMATION ABOUT ROOF?

- You may sign up or contact us to receive an application at [www.Ontario.ca/ROOF](http://www.Ontario.ca/ROOF), or by calling 1-888-544-5101 (TTY: 1-800-263-7776).

### SUSTAINABLE DEVELOPMENT OFFICE

(Formerly Trinity Church)

104 Young St.  
Shannonville

Programs at this office are:

**HOUSING  
COMMUNITY ECONOMIC DEVELOPMENT  
BUSINESS DEVELOPMENT  
EMPLOYMENT & TRAINING**

613-968-1122



### MOHAWK FIRE DEPARTMENT

The Mohawk Firefighters in March responded to 9 calls:

**1 Structure Fire  
1 Medical Assists  
1 Motor Vehicle Accidents  
1 Rubbish Fire  
1 Auto Alarm  
1 Tanker Assist  
3 Grass Fires**

This brings our total to 31 calls for the year 2008.



# MEETING MINUTES

## TYENDINAGA MOHAWK COUNCIL MINUTES MARCH 19, 2008

A regular meeting of the Tyendinaga Mohawk Council was held on Wednesday, March 19, 2008 at 9:15 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle  
Councillors: Barry Brant, Roy C. Maracle, Trevor Lewis and Velma Hill-Dracup  
Staff: Angela Maracle, Administrative Officer

MOTION #1: Moved by Barry Brant, seconded by Trevor Lewis that the Tyendinaga Mohawk Council Minutes of February 4, 2008 be accepted as corrected.  
Carried.

MOTION #2: Moved by Barry Brant, seconded by Roy C. Maracle to defer the Tyendinaga Mohawk Council Local Business Minutes of February 11, 2008 to verify some funding figures.  
Carried.

MOTION #3: Moved by Barry Brant, seconded by Trevor Lewis that the Tyendinaga Mohawk Council Minutes of February 20, 2008 be accepted as read.  
Carried.

MOTION #4: Moved by Barry Brant, seconded by Trevor Lewis that the Tyendinaga Mohawk Council Local Business Minutes of February 26, 2008 be accepted as corrected.  
Carried.

MOTION #5: Moved by Barry Brant, seconded by Roy C. Maracle that the Tyendinaga Mohawk Council Minutes of March 4, 2008 be accepted as corrected.  
Carried.

MOTION #6: Moved by Trevor Lewis, seconded by Roy C. Maracle that the Tyendinaga Mohawk Council Special Minutes of March 12, 2008 be accepted as read.  
Carried.

The following scheduled meetings were acknowledged:

- March 25, 9:00 a.m. – Tyendinaga Mohawk Council Caucus Meeting
- March 26, 7:00 p.m. – Tyendinaga Mohawk Council Local Business Meeting
- March 26 & 27 – Aboriginal Policing Forum in Barrie
- March 31, 9:00 a.m. – Tyendinaga Mohawk Council Caucus Meeting
- April 7, 9:00 a.m. – Tyendinaga Mohawk Council Caucus Meeting
- April 9 & 10 – Association of Iroquois and Allied Indians (AIAI) Health/Social Advisory Board - Chief's Retreat in Niagara Falls
- April 11 – AIAI Chief's Council Meeting in Niagara Falls
- April 17-18 – Iroquois Caucus Meeting in Six Nations
- April 21, 9:00 a.m. – Tyendinaga Mohawk Council Caucus Meeting
- April 22-24 – Chiefs of Ontario Health Strategic Planning Forum in Toronto
- April 28, 9:00 a.m. – Tyendinaga Mohawk Council Caucus Meeting

MOTION #7: Moved by Trevor Lewis, seconded by Velma Hill-Dracup that this Council confirms the following Council Meetings for April 2008:  
Regular: April 2, 16, 30, 2008 at 9:00 a.m.  
Local Business: April 7 and 23, 2008 at 7:00 p.m.  
Carried.

MOTION #8: Moved by Barry Brant, seconded by Velma Hill-Dracup that this Council approves the following meetings outside of Territory:  
Chief Maracle: CN Archives to view 1701 Treaty and Artifacts in Ottawa on March 20; Association of Iroquois and Allied Indians (AIAI) Chiefs Council Meeting in Niagara Falls on April 11  
Chief Maracle and Velma Hill-Dracup: Health Video Premier in Toronto on March 30-31  
Chief Maracle and Roy Maracle: AIAI Health/Social Advisory Board – Chiefs Retreat in Niagara Falls on April 9-10; Chiefs of Ontario Health Strategic Planning Forum in Toronto on April 22-24  
TMC: Iroquois Caucus in Six Nations on April 17-18  
Carried.

MOTION #9: Moved by Trevor Lewis, seconded by Barry Brant that this Council approve to meet on April 1, 2008 at 9:00 a.m. to review the 2008/2009 Proposed Budgets.  
Carried.

MOTION #10: Moved by Trevor Lewis, seconded by Velma Hill-Dracup that this Council approve to meet on April 14, 2008 at 9:00 a.m. with MBQ's solicitor for an Internal Culbertson meeting and meet in the afternoon of April 14 and on April 15 with the new Negotiator.  
Carried.

MOTION #11: Moved by Barry Brant, seconded by Trevor Lewis that this Council approve the request from Christa Big Canoe, Policy Counsel, to set up a community consultation regarding Legal Aid Ontario's Aboriginal Strategy.  
Carried.

MOTION #12: Moved by Barry Brant, seconded by Trevor Lewis that this Council approve payment of the following invoices from Alan Pratt:  
#3210 in the amount of \$3,044.43 re: Culbertson Tract  
#3208 in the amount of \$2,949.23 re: Surrender No. 24  
#3209 in the amount of \$1,768.06 re: General Matters  
Carried.

MOTION #13: Moved by Roy C. Maracle, seconded by Trevor Lewis that this Council approve to sign Health Canada ON0800039-A02 Amendment Medical Transportation Contribution Agreement 07/08 in the amount of \$2,500.00 for the purchase of computer equipment and software. This amendment also includes flat rates and new catchment areas effective February 11, 2008.  
Carried.

MOTION #14: Moved by Velma Hill-Dracup, seconded by Trevor Lewis that this Council approve the Land Transfer from Donald Glenn Culbertson to William Jay Hill, the whole of Lot 33C-2, Concession A, as shown on Plan No. CLSR 65147.  
Carried.

MOTION #15: Moved by Roy C. Maracle, seconded by Trevor Lewis that this Council approve the Land Transfer from Jamie Alan and Shelley Naomi Hill to Timothy Alan Hill, the whole of Parcel J, Lot 17, Concession A, as shown on Plan No. 4673 CLSR.  
Carried.

MOTION #16: Moved by Barry Brant, seconded by Trevor Lewis that this Council approve to award the Police Building Site Servicing Tender to Build All Contractors with the lowest bid of \$242,538.30. Don Hart Construction Limited submitted the only other bid in the amount of \$328,186.49.  
Carried.

Note: The Tyendinaga Mohawk Council received the Notice of Nomination and Election for the position of Grand Chief for the Association of Iroquois and Allied Indians. Council did not nominate anyone.

MOTION #17: Moved by Velma Hill-Dracup, seconded by Trevor Lewis that this Council approve the budget changes for Housing Miscellaneous in the amount of \$90,500 and Band Property Maintenance in the amount of \$9,500.  
Carried.

Note: Chief Maracle requested a breakdown of the \$90,500.00.

MOTION #18: Moved by Trevor Lewis, seconded by Velma Hill-Dracup that this Council approve the request to change the default investment on MBQ's Pension Plan from money market to a moderate profile.  
Carried.

MOTION #19: Moved by Trevor Lewis, seconded by Roy C. Maracle that this Council approve to sign the Indian and Northern Affairs Canada Contribution Funding Agreement 2007-2008, Amendment #5 for a total of \$384,649:  
• Wastewater Systems (Construction of Wastewater Collection & Treatment Project RBKO) in the amount of \$204,791  
• Water O & M (Bottled Water) in the amount of \$3,623  
• Solid Waste (Construction of Waste Depot Project #RBM7) in the amount of \$176,235  
Carried.

MOTION #20: Moved by Trevor Lewis, seconded by Velma Hill-Dracup that this Council approve to sign the Indian and Northern Affairs Canada Contribution Funding Agreement for fiscal year 2008-2009 in the amount of \$6,499,541 and Band Support Funding in the amount of \$7,053,868.  
Carried.

MOTION #21: Moved by Velma Hill-Dracup, seconded by Barry Brant that this Council acknowledge receipt of the Wilkinson & Company Report to Band Council regarding the Audit Plan for the year ended March 31, 2008.  
Carried.

MOTION #22: Moved by Velma Hill-Dracup, seconded by Roy C. Maracle that this Council defer the request from First Nations Technical Institute for funding as outlined in a letter dated March 7, 2008 for more information.  
Carried.

MOTION #23: Moved by Trevor Lewis, seconded by Velma Hill-Dracup to go in private. (11:15 a.m.)  
Carried.

### Summary of Private Minutes:

- Approval of Private Minutes: February 4, 2008, February 11, 2008 Local Business, February 20, 2008 and March 4, 2008
- Approved two Home Renovation Loans totaling \$90,000

Recorded by:  
Molly Kohoko

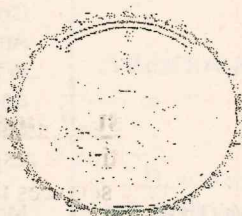
*Donald Maracle*  
Chief R. Donald Maracle

Disclaimer: Comments of individual members may not necessarily reflect the opinion of the whole Council



# TYENDINAGA JUSTICE CIRCLE

TYENDINAGA JUSTICE CIRCLE (TJC)  
TONTAKAIERI'NE  
(It has become right again)



## NEW LOCATION

### COORDINATOR

MARY ANN SPENCER

### HEAD OFFICE LOCATED AT FNTI:

(MON, WED, & FRI -- TUES & THURS MORNINGS)

FIRST NATIONS TECHNICAL INSTITUTE  
3 OLD YORK RD.  
TYENDINAGA MOHAWK TERRITORY, ON  
KOK 1X0

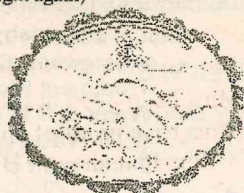
FNTI PHONE # 613-396-2122 EXT. 123  
CELL # 613-827-4677  
E-mail maryanns@fnti.net

### SATELLITE OFFICE

(TUES & THURS AFTERNOON)

TYENDINAGA JUSTICE CIRCLE (TJC)  
P.O. BOX 295  
TYENDINAGA MOHAWK TERRITORY, ON  
KOK 3A0  
CONTACT # 613-967-3888

TONTAKAIERI'NE  
(It has become right again)



## TYENDINAGA JUSTICE CIRCLE INFORMATION NEWSLETTER

### INTRODUCTION

The TJC is currently being run through First Nations Technical Institute with a satellite office maintained at the Tyendinaga Police Station. The TJC is an alternative to the current justice system, with a focus on youth from 12-17 years of age. The circle consists of community members who have taken the initiative to become involved. Not to be confused with the "Sentencing circle", the forum brings together victims, offenders and their supporters in a safe, controlled environment "to discuss the offence and its effect and to jointly decide how to right the wrong that has been done. The Objective of the TJC is to return to a traditional form of justice. This process can be recognized as a pro-active strategy to empower the community to regain their perspective roles of respect.

### WHAT IS RESTORATIVE JUSTICE?

Restorative justice is a way of viewing justice that puts the emphasis on repairing harm caused by conflict and offence. In this approach, the term "offence" is understood as a violation of people and relationships and disruption of the peace of the community. It is not simply an offence against society. Restorative justice is collaborative and inclusive.

It usually involves the participation of the victim, offenders and the community affected by the crime in finding solutions that seek to repair harm and promote harmony.

### VALUES ASSOCIATED WITH RESTORATIVE JUSTICE.

Equality, respect, honesty, trust, dignity, humility, balance, cultural diversity and sensitivity, empowerment, to encouraging accountability and provide an opportunity for healing in a safe environment.

### CULTURAL PERSPECTIVE OF RESTORATIVE PRACTICE

The Tyendinaga Justice Circle will incorporate the traditional, spiritual and cultural practices that will best serve our community's needs. The TJC will embody traditional practices associated with aboriginal justice.

### HOW WILL THIS PROCESS BENEFIT OUR YOUTH?

A restorative justice process for our youth encourages them to take responsibility for his or her harmful behaviour in a meaningful way, to gain insight into the causes of that behaviour and its effects on others. Our mandate is to help youth 12-17 years of age.

### HOW WILL THIS PROCESS BENEFIT THE VICTIMS?

When victims choose to participate, the process gives them a forum to ask questions, receive answers and gain understanding. The victim explains the impact of the crime on them and contributes to the outcome of the process. The process may result in the victim receiving some sort of reparation such as an apology, restitution, and services in a safe environment. Participating in a restorative justice circle can assist the victim in seeking closure.

### HOW DO YOU ACCESS THE TYENDINAGA JUSTICE CIRCLE?

>>>>>>>>>>

### STEPS TO CONTACTING THE TJC.

1. Contact your police Service or the Justice Circle Coordinator to ensure that your case can be referred to TJC. A key component to the forum is that the offender(s) must first admit responsibility for their behaviour.
2. The Justice Circle Coordinator will contact you to make arrangements. Participation is strictly voluntary.
3. The session will be held in a location suitable for such forums.
4. A resolution must be agreed to by all parties. The facilitator(s) do not have a say in the decision itself. They maintain a focus for the forum.
5. Closure to the session will be enabled by all parties gathering at the end. An agreement will be prepared by the facilitator that must be signed by all parties.

### TYENDINAGA JUSTICE CIRCLE

- It is an alternative to the current justice system. No "professional" individuals are involved in the process.
- It benefits the victim(s), the offender (s) their supporters, and the community in which they live.
- Certified Community Volunteers facilitate the forum.
- Types of circles: Pre charge forums, post charge forums, conflict resolution forums

### Are you interested in becoming a Tyendinaga Justice Circle Member?

Contact Mary Ann Spencer  
An info session will be announced in the near future  
Training will be provided



## EMPLOYMENT

### EMPLOYMENT OPPORTUNITY

#### *Home & Community Care Program Home Care Nurse - Casual*

The Home Care Nurse is directly accountable and responsible to the Home & Community Care Program Manager for providing community based, in-home nursing services. The Home Care Nurse uses her/his teaching, assessment and nursing skills to effectively assist clients and families to attain their optimum level of independent functioning.

The Home Care Nurse combines her health science knowledge with assessment, supervisory and clinical nursing skills to effectively assess and coordinate client care.

#### **Essential Qualifications:**

- ◆ A member in good standing with the College of Nurses of Ontario.
- ◆ Maintains a valid class "G" driver's license, own transportation and vehicle insurance
- ◆ Must have demonstrated ability in public relations and interpersonal skills.
- ◆ Must be self-directed and have demonstrated organizational skills.
- ◆ Must possess excellent verbal and written communications skills
- ◆ Must provide proof of current immunizations, TB testing and CPR
- ◆ Preference will be given to persons of Mohawk Ancestry
- ◆ Able to provide a Satisfactory Criminal Reference Check
- ◆ Must have 2-5 years recent home care nursing experience
- ◆ Must have recent case management experience

#### **Skills & Abilities:**

- ◆ Able to practice job in a manner safe to both the client and HCN
- ◆ Must continue professional development, etc. for the betterment of the program, services and to ensure that practices are consistent with current knowledge and professional standards

#### **Discretionary Qualifications:**

- ◆ Baccalaureate degree in nursing from a University or recognized equivalent
- ◆ Certificate or diploma in nursing or community health nursing from a recognized post-secondary institution.
- ◆ Certification in Diabetes Education from a recognized post-secondary institution.
- ◆ Certification in Foot Care from a recognized post-secondary institution.
- ◆ Certification in Palliative Care from a recognized post-secondary institution.
- ◆ Previous Home Care or Community Health work experience.
- ◆ Knowledge of internal and external service providers

#### **Duties & Responsibilities: Work Procedures**

1. Ensure accurate information and services are provided and maintained for relevant agencies, workers, clients, etc.
2. Maintaining confidentiality and accurate program records, including client files
3. Provide clients with Acute Home Nursing in their homes based on plan of care
4. Consults with client physicians, specialists, other health care professionals and service providers
5. provides information to clients, family and/or caregivers through a variety of media

**DEADLINE FOR APPLICATIONS: Wednesday May 21<sup>st</sup>, 2008 at 12:00 NOON**

For a detailed position description or to apply, please contact:  
Bev Hill, HR Officer  
Mohawk Administration Office  
(613) 396-3424 fax (613) 396-3627  
e-mail: bevh@mbq.tyendinaga.net

**Note:** We thank all applicants for their interest in this position but only those selected for an interview will be contacted.

### EMPLOYMENT OPPORTUNITY INTERNAL POSTING

#### *Home & Community Care Program*

#### *Personal Support Worker 1 casual position*

#### **Casual position**

Position is responsible for providing a variety of non-medical support care services to individuals and families in their place of residence and in the community. The Personal Support Worker will be responsible to ensure maintenance of own vehicle, vehicle insurance, licenses, etc. and maintaining sufficient liability vehicle insurance for transportation purposes. Candidates for this position must possess approved PSW certification.

#### **Essential Qualifications:**

- ◆ Certification in an approved Personal Support Worker Program
- ◆ Willing to participate in in-services and job-related courses and workshops.
- ◆ Experience working within a First Nations community care program, an asset
- ◆ Knowledge of health and social services within and outside the Territory.
- ◆ High level of Confidentiality
- ◆ Must provide a satisfactory Criminal Reference Check
- ◆ Preference will be given to applicants of Mohawk Ancestry

#### **Demonstrated Competencies/Knowledge/Skills:**

- ◆ Working knowledge of personal support worker practices
- ◆ High level of interest in Native and community issues
- ◆ Knowledge of the Homemakers Act
- ◆ First Aid and CPR certification
- ◆ Valid class "G" license and own insured transportation
- ◆ Good organizational skills
- ◆ Good oral and written communication skills
- ◆ Excellent interpersonal skills
- ◆ Shift work involved, must be able to work all shifts including weekends.
- ◆ Demonstrated leadership and organization skills.
- ◆ High degree of initiative and self direction
- ◆ Able to work within a team approach to client care
- ◆ Must be in good health and physically fit.
- ◆ Must have proof of up to date immunizations and willing to undergo TB testing.

#### **Duties & Responsibilities: Work Procedures**

1. Provides in-home care to community members
2. Assist in client mobility
3. Assisting clients with other daily tasks
4. Maintenance of home care documentation provide accurate reports and maintenance of records
5. Directly responsible and accountable to the Home & Community Care Program Coordinator

**DEADLINE FOR APPLICATIONS: May 21<sup>st</sup>, 2008 at 12:00 NOON**

For a detailed position description or to apply, please contact:  
Bev Hill, HR Officer  
Mohawk Administration Office  
(613) 396-3424 fax (613) 396-3627  
e-mail: bevh@mbq.tmt.org

**Note:** Eligible candidates for an Internal Posting are members of the Tyendinaga Mohawk Territory  
We thank all applicants for their interest in this position but only those selected for an interview will be contacted.



## EMPLOYMENT

**EMPLOYMENT OPPORTUNITY  
INTERNAL POSTING  
Personal Fitness Trainer – Six month term**

The Personal Fitness Trainer is responsible to the Steering Committee/ Recreation Manager. The Personal Trainer will follow the health and fitness guidelines and be responsible for the one-one training and work with a variety of groups at the "Tyendinaga Fitness Resource Centre". The Incumbent will provide excellent customer service in a safe, enjoyable and positive environment that is educational and motivational.

This position is funded in part through the Kagita Mikam LDM in order to support an aboriginal candidate in this field. The expectation is that the Incumbent will build a client base and receive payment for service from clients on completion of the initial six month term.

**Essential Qualifications:****Hours of Work:**

The P.F.T will work 30 hours a week, Monday, Wednesday & Friday, with alternate weeks, Tuesday, Wednesday, Friday. Available for after hours relating to programs or events, or when requested by community members for need of one on one.

**Qualifications**

- Minimum 2 years experience in fitness instructing
- National personal training certification, an asset

**Additional requirements**

- Knowledge of and the ability to demonstrate all exercise equipment
- a valid class "G" drivers license, transportation and valid vehicle insurance
- clear criminal reference check
- Excellent customer service skills and verbal / written communication skills.
- be familiar with First Nations health issues
- be familiar with First Nations traditional customs and beliefs
- the ability to cope in stressful situations
- be flexible and be a member of the team
- ability to liaise with other professionals
- maintain safety and security measures at all times
- CPR & First Aid
- Ability to work with all age groups and ability levels
- Knowledge of health resources
- ♦ Preference will be given to applicants of Mohawk Ancestry

**Duties & Responsibilities: Work Procedures**

1. Provide services that are fun, and focus on improved personal health according to condition of each client
2. Complete a variety of administrative duties such as: completing applications, utilizing internal forms, preparing reports as required, monitoring access/use of centre and equipment, etc.
3. Perform a variety of financial functions such as the preparation of invoices, service agreements, accepting and submitting payments for use, etc.
4. Perform other duties as requested as they relate to the position

**SUMMER STUDENT****EMPLOYMENT OPPORTUNITY - INTERNAL POSTING**

**Education, Culture and Language - Recreation Program  
(Pending Funding)  
Youth On The Move - Project Coordinator**

Work in conjunction with the Recreation program Coordinator and other service providers to establish and implement summer activities and programs for the youth of Tyendinaga.

**Essential Qualifications:**

- ♦ currently attending and returning to a post-secondary program in Recreation Leadership, Social Services, or other related field of study

**Other Position Requirements:**

- ♦ Computer skills with ability to design flyers, pamphlets, etc., experience with Publisher an asset
- ♦ Excellent grammar skills and ability to create reports, agendas, and prepare finance forms
- ♦ Able to complete tasks independently
- ♦ Able to function as an effective team member
- ♦ Able to speak to groups
- ♦ Excellent verbal, written and interpersonal communication skills
- ♦ Preference will be given to applicants of Mohawk Ancestry

**Duties & Responsibilities: Work Procedures**

1. Liaise with various stakeholders through a variety of media
2. Perform clerical/administrative duties associated with the position
3. develop and implement two youth projects (Talk night and Fun in the Park)
4. Ensure all reporting requirements are met to Recreation and funding agencies

**DEADLINE FOR APPLICATIONS: May 16<sup>th</sup>, 2008 at NOON**

For a detailed position description or to apply, please contact:

Bev Hill, HR Officer

Mohawk Administration Office

(613) 396-3424 fax (613) 396-3627

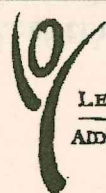
e-mail: bevh@mbq-tmt.org

**Note:** Eligible candidates for an Internal Posting are members of the Tyendinaga Mohawk Territory  
We thank all applicants for their interest in this position but only those selected for an interview will be contacted.

## HAVE YOU HAD YOUR WATER TESTED?

Please call Liz Brant at the  
Mohawk Administration Office to  
arrange an appointment that's  
convenient for you.

**396-3424 ext. 129**



**LEGAL AID ONTARIO  
AIDE JURIDIQUE ONTARIO**

214 Pinnacle Street, Belleville, ON K8N 3A6  
Toll free / Sans frais : 888-551-9755  
Phone / Téléphone : 613-962-8634  
Fax / Télécopieur : 613-962-4001  
www.legalaid.on.ca

February 2, 2007

Legal Aid Ontario reminds residents of the Mohawk Territory that a First Nations Advice Clinic operates each Monday (excluding holidays) from 12 – 3pm at the Legal Aid office, 214 Pinnacle Street, Belleville.

The clinic offers advice regarding qualifying legal issues to those financially eligible. A First Nations lawyer is available to those self reporting to be First Nations People.

The clinic is part of the clinic providing legal advice to the general public.



## EDUCATION

### Trustee Report for April 2008.

With Education Week Celebrations coming up soon a noticeable change will be evident in the education partners participating this year. Hastings and Prince Edward School Board officials will not be participating since there has been a reduction in the senior administration personnel to handle this and a greater focus placed on student success across the Board. This decision has been made for a one year term and will be reevaluate for next year. It is also important to recognize that Quinte Mohawk School continues to be one of the supporting partners in Education Week Celebrations and will continue to celebrate with many activities.

It is interesting to note that Catherine Fife, vice-chair of the Ontario Public School Board Association has issued an email to bring attention to and to call for support of the Attawapiskat First Nation School dilemma. For the last eight years Attawapiskat First Nations students have been using portables since their school is located on soil that has been contaminated and can't be used. Ontario's public school boards will encourage their 2.1 million students to write letters to INAC to urge funding for a new school in this northern Cree community. Catherine Fife, vice-chair of Ontario Public School Board Association made this statement "All children have the right to a quality education, and we want the students of Attawapiskat to know their peers care about them." This is another example of people working together to improve the quality of education for First Nations students.

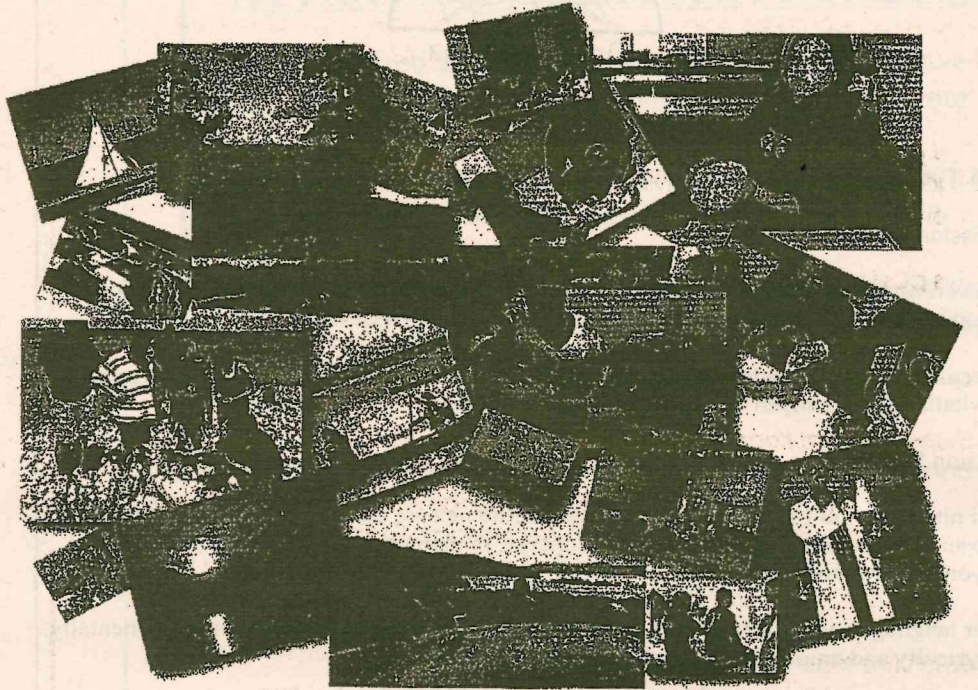
To view Hasting and Prince Edward District School Board public minutes in more detail, go to the Board website [hpedsb.on.ca](http://hpedsb.on.ca).

Remember, if you have any questions or concerns please contact me at (613)962-3595 or [mbrant@hpedsb.on.ca](mailto:mbrant@hpedsb.on.ca).

Respectfully submitted

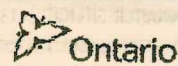
Mike Brant, Trustee, HPEDSB representing Tyendinaga First Nations.

## FREE SUMMER CAMPS



### The University of Western Ontario

- |   |   |
|---|---|
| <b>Who</b> ⇒ Indigenous Youth Ages: 11-16 Years   | <b>Who</b> ⇒ Indigenous Youth Ages: 13-16 Years   |
| <b>What</b> ⇒ Integrating Indigenous traditional knowledge and scientific ideas about nature.   | <b>What</b> ⇒ Indigenous Youth exploring their interests in the field of Health Sciences and Science.                                     |
| <b>Where</b> ⇒ Wikwemikong Unceded Indian Reserve Manitoulin Island, ON   | <b>Where</b> ⇒ The University of Western Ontario Main Campus, London, ON  |
| <b>When</b> ⇒ July 7-12, 2008   | <b>When</b> ⇒ July 21-25, 2008  |
| <b>How</b> ⇒ Visit us at <a href="http://www.sdc.uwo.ca/indigenous">www.sdc.uwo.ca/indigenous</a> to download a brochure and application. | <b>How</b> ⇒ Visit us at <a href="http://www.sdc.uwo.ca/indigenous">www.sdc.uwo.ca/indigenous</a> to download a brochure and application. |
| <b>Application Deadline: 4 pm May 30, 2008</b>  | <b>Application Deadline: 4 pm June 6, 2008</b>  |



Indigenous Services • The University of Western Ontario • 1-888-661-4095 or 519-661-4095  
[www.sdc.uwo.ca/indigenous](http://www.sdc.uwo.ca/indigenous)

tvo

makes you think



### MAY 2008 HIGHLIGHTS

What is the effect of the chemical soup all around us on children's health? Is watching three films a week the educational equivalent of going to school? Is Canada immune from the sub-prime real estate disaster? And what can photography reveal about our history and society that text books cannot? These are just a few of the many thought-provoking questions TVO's documentaries, dramas and current affairs programs will raise through its May 2008 schedule. TVO - makes you think.

**Where to find TVO:** Cable subscribers channel 2 (channel may vary in some areas), Bell ExpressVu subscribers: Channel 265, Star Choice subscribers: Channel 353

For more information on these programs log onto [tvo.org](http://tvo.org).

#### DOCUMENTARIES

- Human Edge: The Mother
- The View From Here: Toxic Trespass / Your Voice
- View From Here: Heaven or Not
- View From Here: Woodland Spirits

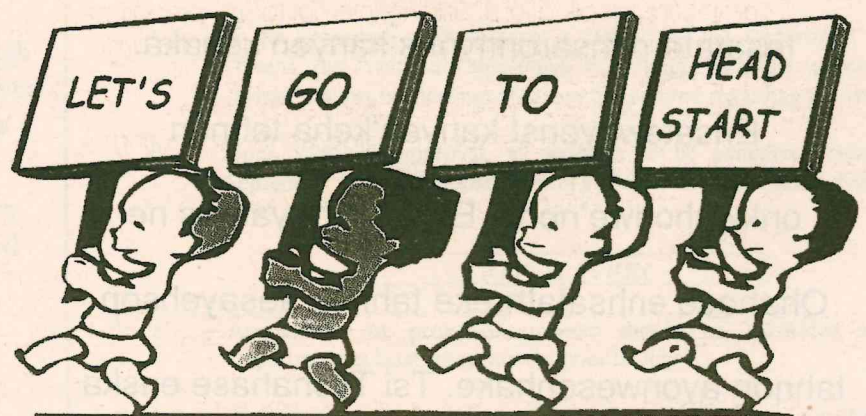
#### CURRENT AFFAIRS

- Allan Gregg in Conversation

#### FILM

- Saturday Night at the Movies and The Interviews

#### PHOTOGRAPHY MONTH



Congratulations on your new arrival! Tahatikonhsotóntie Head Start would like to welcome you to the morning program. It's a Parent and Tot's Drop-In Program that runs Tuesday through Friday from 9:00 am to 11:00am. Children learn social skills, songs and crafts. Parents and caregivers enjoy meeting others, socializing and weekly workshops. We are located at #9 Deserontyon Drive. You may call 396-6716 if you have any questions. We look forward to seeing you and your children!



EDUCATION



Tsi Tyonnheht Onkwawenna

Mission Statement

Tewatewennakara:tats táhnon tsitewatewenna'shatstenhtha ahse'ken tewanonhstats ne Kenhte'keha nikawenno:tens táhnon tsi niyonkwariho:ten.

Keeping Kenhte'keha words and way of life alive as a community by promoting and revitalizing our kanyen'kehaka language and culture.

Vision Statement

Tsi nitewawenno:ten tanon tsi niyonkwariho:tne ne:e ne aori:wa tsi she:kon tyonnhetye tewanonhtonnyonkwas, yonkwatkwi'tonhatye, táhnon tewattkha's ne Kanyen'keha:ka niyonkyonlwentsyo:ten.

Our language and culture are the foundation upon which we thrive spiritually, mentally, physically and emotionally as kanyen'kehaka people.

Tokat ihsehre aesataweyenhste ne kanyenkeha enwá:ton ihsatst tsi nahoteshon kahyatonhserashon'a táhnon kakerahke karnnarahston tahnon kenhekstsherakwenonni táhnon teyoyaks. Enhskwenni sesatshenri tsi nahoteshon Tsi Tyonnheht Onkwawenna tsi yonteweyenhstahkwa.

If you want to study the language it is possible to use these things, books, cds, tapes and movies. You will be able to find them at Tsi Tyonnheht Onkwawenna School.

Ensheyatewennata'ahse ne Callie Hill  
You can telephone her Callie Hill

Akohraton 613-396-3100 ext 227  
Her number is 613-396-3100 ext 227

Ohahase's Philosophy of Education

Tsi Tyohahase ensateweyenst tsi niyoht ne  
aeseweyente ensateweyenst  
kariwahkwenyensta tahnon tsi niyoht  
tesatateronhsaronnyons kanyen'kehaka.  
Ensateweyenst kanyen'keha tahnon  
onkwehonwe'neha. Enyesahretyarons ne  
Ohahase enhsatathreke tahnon aesayehson  
tahnon ayonwesenhake. Tsi Tyohahase enska  
tsi niyonkwanikonrat.

Ohahase will be a center for excellence, providing holistic and respectful learning rooted in Mohawk language and culture practices; and, will facilitate a multigenerational community that fosters belonging through encouragement, motivation and laughter; and, will strive for the goal s of self-sufficiency and biculturalism.

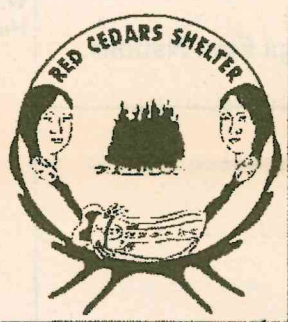
Question: If made available to you, would you take the necessary time to learn Kanyen'keha ?



Karen Lewis:

Yonkwate'shennayenta'onh nok oni e:so na'kayente na'katenyenton nek tsi, tsi nihati ne sha'tetyonkwayen. Yah te yoyanerehkwe yayakwateweyenhstana. Toka senha enyon'wesonhake tsi yontaterihonnyenis ne Kanyen'keha, tahnon ahonterennoten, tahatinonyahkwe, nok oni ayontaterihonnyen tsi niyonkwarihoten's, né:'e ayoyaneren'ne.

Question: If made available to you, would you take the necessary time to learn Kanyen'keha ?



Holly Brant:

Hen. Ìkehre tsi niyonkwarihó:ten táhnon onkwawèn:na ethó:tsi akwè:kon skatne takayehstànyon tsi niyonkwayo'ten. Asè'ken tsi onkwà:wenk ne onkwarihwahson'a.

Question: If made available to you, would you take the necessary time to learn Kanyen'keha ?



Bailey Maracle:

Tókat yah teyawenntonnihne tsi niyoht tsi tyonteweyenstáhkwa. Né:'e tsi ok niyakwàtyere' tsi tyonteweyenstáhkwa ne kanónhskon sók aetsyakwá:tyen táhnon aetsyakwatahónhsatate.



## ENVIROMENT

### *The Environmental Department*

would like to thank everyone that came out to the Earth Day Celebration!

We appreciate all your support.

Door Prize Winners

Gladys Bowden

Kelly Green

Ivan Hill

Rose Maracle

Ethan McCourt

We would also like to thank Betty Maracle, for all of her hard work during the event. It was greatly appreciated.

Thank you!

Liz Brant, Crystal Maracle and Kristin Maracle

### Movie Night

Where: Bayshore Park

When: May 14th

Time: 7:00 pm

Movie: The 11th Hour

Cost: Donation to the Food Bank

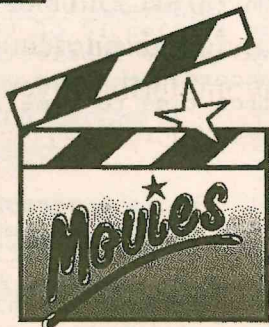
Bring your Lawn Chairs for a movie and discussion.

**\*Weather Permitting\***

Hosted by The Environmental Department

Questions?

Call Kristin Maracle 613-396-3424 ext 125



### The Otesha Project

The Otesha Project is a group of youths that travel by bicycle all over Canada performing an award winning play. This inspiring presentation focuses on the opportunities we all have to create positive change through our daily choices. Otesha's uproarious and uplifting show has reached over 72,000 people, and the bike tour teams have visited hundreds of schools over the past 5 years.

The tour has inspired thousands of people to make changes in their own lives. They use theatre to mobilize young people to make local and global change through their daily consumer choices, and give youth the confidence and skills to be community leaders.

Where: Community Center

When: Monday May 19th

Time: 2:00 pm

Cost: Pot Luck

What: Presentation and Social to Follow

Kristin Maracle  
Environmental Technical Services Officer  
Mohawks of the Bay of Quinte  
(613) 396-3424 ext.125

### ATTENTION COMMUNITY MEMBERS

Please be advised all Recycling bins and Energy Kits have been successfully delivered to every household according to our 911 Listing!

If you have not received your 2 free bins or an energy kit, please call the Mohawk Administration Office at 613-396-3424.

For those who have apartment rentals on reserve and did not receive a kit or bin, we have a limited supply available for pick up on first come, first serve basis.

Nia:wen,

### MOHAWKS OF THE BAY OF QUINTE

### WETLAND, SHORELINE AND WATERCOURSE ALTERATION POLICY

#### PURPOSE

1. a. The primary purpose of the Wetland, Shoreline and Watercourse Alteration Policy is to ensure projects near shorelines, wetlands, or watercourses are carried out according to best management practices. This policy provides a process to work cooperatively with community members, Mohawks of the Bay of Quinte and Department of Fisheries and Oceans to ensure proposed projects that may impact fish habitat are designed and implemented in such a manner as to avoid a harmful alteration, disruption or destruction of fish habitat.

#### CONDITIONS

2. a. Prior project review and approval is required before any work takes place within 30m of a shoreline, wetland or watercourse.
- b. Community member is required make application to the Technical Department at the Mohawk Administration Office in advance of any work proceeding near surface water.
- c. If the proposed work requires a review by the Department of Fisheries and Oceans, the Technical Department will arrange with their office for any technical review support or meetings that may be required regarding the project design.
- d. Upon receiving approval, all work is to be completed between July 1 and September 15 as per Department of Fisheries and Oceans regulations.

#### APPLICATION

3. a. Application for proposed projects should be submitted to the Technical Department at least three months prior to July 1.
- b. Applicants must demonstrate ownership of the lands for the proposed work through Certificate of Possession or a land transfer which has been approved by the Tyendinaga Mohawk Council.
- c. Applicants must provide a layout or sketch detailing the scope of the proposed project, equipment to be utilized and methodology.
- d. Applicants should contact the Technical Department for additional information questions or clarification regarding the application process.
- e. The application and supporting documentation must be submitted to the Technical Department located within the Administration Building.



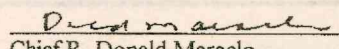
# ENVIROMENT

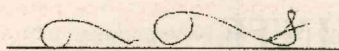
## APPROVALS


4. a. All work must receive prior approval from the Mohawks of the Bay of Quinte, the Department of Fisheries and Oceans and all other relevant agencies prior to commencing the project.
- b. No work shall proceed until the approvals are confirmed by letter from the Technical Department.

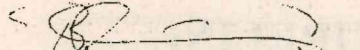
## ACCEPTANCE


5. a. Duly accepted by a quorum of the Tyendinaga Mohawk Council this 6<sup>th</sup> day of September, 2006.

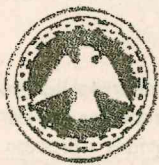
  
Chief R. Donald Maracle

  
Councillor Barry Brant

  
Councillor Trevor Lewis

  
Councillor Blaine Loft

  
Councillor Roy C. Maracle



## MOHAWKS OF THE BAY OF QUINTE TYENDINAGA MOHAWK TERRITORY

R.R. #1 DESERONTO, ONTARIO K0K 1X0  
(613) 396-3424 Fax: 1-613-396-3627

BY-LAW #4  
APRIL 7, 1959

### BY-LAW ON FISHING, FUR BEARING ANIMALS & GAME ON T.I.R.

The Council of the Tyendinaga Band of Indians at a meeting held this 7th day of April, 1959, make the following by-law pursuant to paragraph (o) and paragraph (r) of Section 80 of the Indian Act.

#### BY-LAW NO. 4

A by-law to provide for the preservation, protection and management of fur-bearing animals, fish and other game on Tyendinaga Indian Reserve in the Province of Ontario.

1. In this by-law,
  - (a) "Band" means Tyendinaga Band of Indians;
  - (b) "Council" means council of the Band;
  - (c) "Permit" means a permit issued pursuant to this by-law;
  - (d) "Reserve" means Tyendinaga Indian Reserve;
  - (e) words importing male persons include female persons.

2. This by-law shall be in force from the 7th day of April, 1959, to the 29th day of February, 1960.

3. No person shall take or attempt to take, kill or attempt to kill any fur-bearing animal, fish or other game on the reserve unless he is in possession of a valid and subsisting permit authorizing him to take or kill such fur-bearing animal, fish or other game, as the case may be, issued to him by the council.

A permit shall be subject to,
 

- (a) the conditions endorsed thereon, and
- (b) the payment of any fees prescribed from time to time by the council.

### DOMESTIC FISHING

5. Notwithstanding section 3 of this by-law, any member of the Band may, without a permit, take or attempt to take fish from the waters of the reserve by angling for his own use but not for sale or barter except to another member of the Band residing on the reserve.

6. A permit to take fish from the waters on the reserve shall be valid only in the area described in the permit and shall authorize the holder thereof to take only the number and species of fish and in the manner specified in the permit.

7. A permit to take pickerel from the waters of the reserve shall authorize the holder thereof to take not more than three pickerel per day and no more than one permit to take pickerel shall be issued to the members of any one family provided however, council may authorize such permit holder to take one additional pickerel per day for every two persons, or fraction thereof, in a family exceeding the number of four persons.

8. No member of the Band shall have in his possession at any time more than the maximum of two days' catch specified in his permit.

9. No person shall use or operate a seine net or bull net for the purpose of taking or attempting to take fish from the waters of the reserve.

### COMMERCIAL FISHING

10. No member of the Band shall take or attempt to take fish from the waters of the reserve on a commercial licence unless he is in possession of a valid and subsisting permit authorizing him to do so issued to him by the council.

11. No permit shall be issued to a member of the Band pursuant to section 10 of this by-law unless he is in possession of a valid and subsisting commercial licence issued to him in accordance with the special Fisheries Regulation in force from time to time in the Province of Ontario.

### ENFORCEMENT

12. (1) Where a person is charged with an offence under this by-law he shall forthwith deliver his permit to the arresting officer and if such person is acquitted of the charge he shall be entitled to have his permit returned to him.

- (2) Where a person is convicted of an offence under this by-law the arresting officer shall forthwith deliver his permit to the Superintendent of the reserve for cancellation by council and such person shall not be entitled to the issuance of a new permit during the fishing season in which his permit is cancelled.

13. For the purposes of this by-law,
  - (a) any member of council,
  - (b) any Indian Constable, and
  - (c) any person designated by council to enforce this by-law shall be ex officio officers for the enforcement of this by-law.

14. Any person who violates any of the provisions of this by-law shall be guilty of an offence and shall be liable on summary conviction to a fine not exceeding one hundred dollars or imprisonment for a term not exceeding thirty days or both fine and imprisonment.



## MOHAWKS OF THE BAY OF QUINTE TYENDINAGA MOHAWK TERRITORY

R.R. #1 DESERONTO, ONTARIO K0K 1X0  
(613) 396-3424 Fax: 1-613-396-3627

BY-LAW #6  
MARCH 22, 1961

### FUR-BEARING ANIMALS, FISH AND OTHER GAME ON TYENDINAGA INDIAN RESERVE IN THE PROVINCE OF ONTARIO

The Council of the Mohawks of the Bay of Quinte Band of Indians at a meeting held this 22nd day March, 1961, make the following by-law pursuant to paragraph (o) and paragraph (r) of Section 80 of the Indian Act.

#### BY-LAW NO. 6

A by-law to provide for the preservation, protection and management of fur-bearing animals, fish and other game on Tyendinaga Indian Reserve, in the Province of Ontario.



# ENVIROMENT

1. In this by-law,
  - (a) "Band" means Mohawks of the Bay of Quinte;
  - (b) "Council" means council of the Band;
  - (c) "Permit" means a permit issued pursuant to this by-law;
  - (d) "Reserve" means Tyendinaga Indian Reserve;
  - (e) words importing male persons include female persons.
2. No person shall take or attempt to take, kill or attempt to kill any fur-bearing animal, fish or other game on the reserve unless he is in possession of a valid and subsisting permit authorizing him to take or kill such fur-bearing animal, fish or other game, as the case may be, issued to him by council.
3. A permit may be issued under section 2 of this by-law on completion of an application in such form as may be prescribed by the council and each permit shall be subject to:
  - (a) the conditions endorsed thereon, and
  - (b) payment of any fee prescribed from time to time by the Council.

## DOMESTIC FISHING

4. Notwithstanding section 3 of this by-law, any member of the Band may, without a permit, take or attempt to take fish from the waters of the reserve by angling for his own use but not for sale or barter except to another member of the Band residing on the reserve.
5. A permit to take fish from the waters on the reserve shall be valid only in the area described in the permit and shall authorize the holder thereof to take only the number of species of fish and in the manner specified in the permit.
6. A permit to take pickerel from the waters of the reserve shall authorize the holder thereof to take not more than three pickerel per day and not more than one permit to take pickerel shall be issued to the members of any one family; provided however, council may authorize such permit holder to take one additional pickerel per day for every two persons, or fraction thereof, in a family exceeding the number of four persons.
7. No member of the Band shall have in his possession at any time more fish than the maximum of two days' catch specified in his permit.
8. No person shall use or operate a seine net or bull net for the purpose of taking or attempting to take fish from the waters of the reserve.

## COMMERCIAL FISHING

9. No member of the Band shall take or attempt to take fish from the waters of the reserve on a commercial licence unless he is in possession of a valid and subsisting permit authorizing him to do so issued to him by council.
10. No permit shall be issued to a member of the Band pursuant to section 9 of this by-law unless he is in possession of a valid and subsisting commercial licence issued to him in accordance with the special Fisheries Regulations in force from time to time in the Province of Ontario.

## ENFORCEMENT

11. (1) Where a person is charged with an offence under this by-law he shall forthwith deliver his permit to the arresting officer and if such person is acquitted of the charge he shall be entitled to have his permit returned to him.
- (2) Where a person is convicted of an offence under this by-law the arresting officer shall forthwith deliver his permit to the Superintendent of the reserve for cancellation by council and such person shall not be entitled to the issuance of a new permit during the fishing season in which his permit is cancelled.
12. For the purposes of this by-law,
  - (a) any member of council,
  - (b) any Indian Constable, and
  - (c) any person designated by council to enforce this by-law shall be ex officio officers for the enforcement of this by-law.
13. Any person who violates any of the provisions of this by-law shall be guilty of an offence and shall be liable on summary conviction to a fine not exceeding one hundred dollars or imprisonment for a term not exceeding thirty days or both fine and imprisonment.

Signed - Chief Melville Hill  
 Councillor Cedrick Maracle  
 Councillor John R. Brant  
 Councillor Arnold J. Brant  
 Councillor Albert A. Maracle

Date of Stencil: March 11, 1964



## MOHAWKS OF THE BAY OF QUINTE TYENDINAGA MOHAWK TERRITORY

R.R. #1 DESERONTO, ONTARIO K0K 1X0  
 (613) 396-3424 Fax: 1-613-396-3627

BY-LAW #7  
 JUNE 20, 1973

BY-LAW FOR DUMPING  
 TYENDINAGA INDIAN RESERVE NO. 38  
 Paragraph A, P, Q of Section 80 of  
 the Indian Act of Canada R.S.C. 1952

## BY-LAW NO. 7

1. A portion of Band owned property shall be set aside to serve as a dumping ground for the residents of this Reserve only.
2. The dumping ground shall be properly fenced and enclosed. Access to the dumping ground shall be available to residents of the Reserve at such times as may be from time to time defined by Band Council.
3. It shall be an offence punishable by a fine of not more than twenty-five dollars (\$25.00) and/or imprisonment or for not more than ten (10) days to abandon used material, refuse, garbage, used furniture, appliances, dead grass or bush, automobiles, implements or machinery in any area other than the officially defined dumping grounds on the Reserve.
4. It shall be an offence punishable by fine and/or imprisonment to litter any public road, road allowance, public passage, park or camping ground, public building or convenience.
5. Privately owned property shall become subject to the same littering restrictions, as defined in Section 3.
6. Garbage, refuse, paper, cans and cartons, and all other material, where practical, shall be sealed in plastic bags before deposited at the dumping grounds.
7. Until a garbage collector is appointed by Council, residents may make whatever arrangements seem suitable to transport material to the dumping grounds.
8. The Reserve Constable shall be responsible for enforcing these by-laws and to receive and act on complaints of littering and improper dumping practices.
9. All dead animals shall be buried or disposed of by the owner at his own expense.
10. Any resident who sees or catches a person dumping garbage any place other than the dump should notify the Constable or Band Office. The person, or persons, will have to clean up the garbage within 48 hours or be fined or both according to Section #3.
11. The Band Council may at its discretion elect to have the garbage removed at owners' expense in lieu of fine and or imprisonment when the offending property owner fails to comply with the litter regulation.
12. Any resident who wishes to establish a business which will conceivably produce litter as defined under Section 3 must apply to Band Council for a permit and agree to comply with all litter restrictions.

Approved and passed by a duly convened meeting of the Mohawks of the Bay of Quinte Council this Twentieth day of June, 1973.



## "Message Board Usage Update

Please note starting March 1, 2008, the deposit amount required for the use of the message board, in front of the Community Centre, together with its lettering has increased from (originally) \$10.00 to now \$25.00, do to the increase of missing letters/numbers. Kindly note once the letters/numbers have been returned, in full, the \$25.00 deposit will be refunded.

For further information please call 613-849-3026."



RECYCLING

RECYCABLES



HGC MANAGEMENT INC  
555 Station Street  
Belleville, ON K8N 4Z6

PAPER/FIBER BOX

✓	CATEGORY	HOW TO	INCLUDE ✓	DON'T INCLUDE X
	CORRUGATED CARDBOARD / BOXBOARD	Flatten and bundle – set out beside the recycling box. Not larger than 30" x 30" x 8". Remove plastic wrap from water bottle and pop can trays.	All corrugated cardboard. Brown packing boxes.	Waxed cardboard. Boxes with heavy food or grease. Cardboard with styrofoam, wood, or other material attached.
	BOXBOARD	Flatten and bundle in a boxboard box and place in the recycling box.	Detergent, cereal, shoebox material, paper tubes, and milk, juice cartons. Paper egg cartons, sugar and flour bags.	Drinking boxes. Wood or orange crates.
	PAPER NEWSPAPER MAGAZINES	Bundle or place together in a grocery bag in recycling box.	Newspaper, magazines, flyers, catalogues, phone books, paper. Office paper / fine paper.	Hard cover books unless cover removed. Soiled paper towels, tissue, and waxed paper.

PLASTICS AND CONTAINERS BOX

✓	CATEGORY	HOW TO	INCLUDE ✓	DON'T INCLUDE X
	PLASTIC CONTAINERS	Place loose in recycling box. Rinse well. Flatten large containers to reduce volume.	Clean plastic containers, plastic bottles, jugs and tubs with numbers 1 to 6.	Vinyl, rubber gloves, toys, bubble wrap, oil containers and syringes. Nursery garden pots or trays. Clamshell food trays.
	ALUMINUM AND TIN CANS AND FOIL	Place loose in recycling box. Rinse well. Place metal lids inside of cans and pinch closed.	Metal food and beverage cans and lids. Clean foil containers and clean aluminum foil wrap.	Scrap metal, coat hangers, pots or pans, utensils, knives, batteries, and needles. Butter and candy wrap.
	CLEAR AND COLOURED GLASS	Rinse well. Lids and labels can be left on. Place loose in recycling box.	All clear and coloured jars and bottles.	Windowpane, mirrors, glass cookware, ceramics, mugs, glasses, dinnerware, pottery, pyrex, light bulbs.

WE DO NOT ACCEPT THE FOLLOWING!

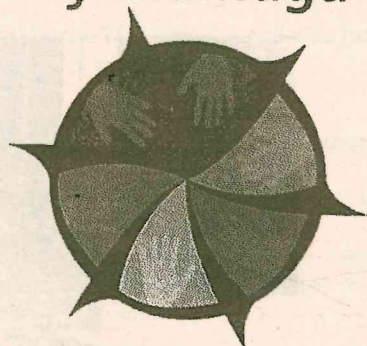
✓	CATEGORY	HOW TO	INCLUDE ✓	DON'T INCLUDE X
	PLASTIC BAGS - WE DO NOT RECYCLE!!!	DO NOT PUT OUT FOR RECYCLING!	NOT APPLICABLE	Chip bags, cereal, cracker liners, stretch wrap, and plastic wrap from meat or cheese. Heavy gauge plastic bags. Feed bags, fertilizer, salt, and dog food bags. Garbage bags. Grocery bags, milk and bread bags, frozen vegetable bags, dry-cleaning bags.
	STYROFOAM - WE DO NOT RECYCLE	DO NOT PUT OUT FOR RECYCLING!	NOT APPLICABLE	Soft foam, foam sheets and chips. Sponge or styrofoam peanut chips. Hard-pressed and molded styrofoam. Styrofoam food containers, meat trays and egg containers.
	OTHER			
	CURBSIDE @ 8:00 A.M.	Please set out recyclables at curbside before 8:00 a.m. for collection. Visible and accessible please.		Unapproved boxes, cardboard boxes of mixed material, black, green or orange garbage bags. Mixed transparent bags.

THANK YOU FROM YOUR COMMUNITY RECYCLING COLLECTION SERVICE  
REDUCE - REUSE - RECYCLE



## HOME & COMMUNITY CARE & FAMILY SERVICES

### Tyendinaga



#### Home & Community Care

**Tyendinaga Home & Community Care**  
5731 Old Hwy #2  
Shannonville, ON  
(613) 962-9376

Home and Community Care is a in home health-care team which is here to help community members to maintain, daily living and a independent life with dignity. We are community based service which is here to help weather through nursing, personal support workers, homemakers or referrals to our health team members.

We will provide a individual health care plan with you. This plan will be carried out by qualified professionals. *Do you have a family member or know a community member whom may need our service or perhaps yourself?*

Please call Home & Community Care and we would be happy to give you a health assessment. We wish you a safe and happy summer.

#### Vision Statement

Recognizing that Tyendinaga First Nation people are its most valuable resource, the Home and Community care contributes to the respect and dignity of individuals by providing needed supportive services.

These services are intended to enhance the person's self-determination, self-reliance and well being through family and community resources, thus enabling individuals to continue to live productive useful lives in their own homes.

Home and Community Care must only do for people the things that they cannot do for themselves in order to preserve their self-worth. When people feel good about themselves they are more likely to be strong resources in their families and communities.

Home and Community Care is not intended to replace the support and care traditionally provided by family members.

The providers of Home and Community Care must be supported by the community leadership, the family and the community.

The community leadership is responsible for sustaining the Vision and Beliefs in atmosphere of cooperation and involvement.

#### Mission Statement

Mohawks of the Bay of Quinte wishes to attain the highest possible quality of life for the community members of Tyendinaga Mohawk Territory, taking into account the physical, intellectual, emotional, social and spiritual needs of each individual. This will result in comprehensive services that will be holistic in approach and are culturally appropriate.

Services must be accessible, responsive, personalized and delivered with compassion and sensitivity to ensure the on-going interest and concern for our community members and to promote a sense of well-being in our community. To always be alert to changing circumstances, needs and to preserve the dignity of our community members.

## Mohawk Family Services

### Looking for Foster Parents!!!!!!

Mohawk Family Services is taking applications for Foster Homes.

*Won't you please consider opening your home so we can keep our children on the Territory.*

*To inquire about the process, please contact Evelyn Sparks at 967-0122 Monday through Friday between the hours of 8:30 and 4:30.*

Nia:wen

#### Tyendinaga Healthy Babies / Healthy Children

*Healthy Babies / Healthy Children is a free program to families with children (prenatal to age 6) living on the territory.*

*Through our friendly home visits we will provide*

- enhance parenting/caretaking awareness and healthy parenting & coping skills
- enhance healthy sexuality and lifestyle choices of teens
- provide prenatal support , services and information to expecting mothers
- provide postpartum support, services and information to mother, infants, and families
- identify the needs and goals of children (0-6) and their families- and to help them reach these goals
- offer the services of a friendly family home visitor
- ensure interdepartmental coordination of services for children 0-6
- assist children 0-6 reach their full potential
- fulfill the above goals & objectives with the integration of traditional teachings & values
- enhance nutrition, safety & breastfeeding
- referrals to families ion regards to community services, events and activities
- To help Children get the best possible start to life.

**VISION:** All children (0-6) in Tyendinaga and their parents will meet their full potential.

**STRATEGIC GOAL(s):** To provide service in a holistic approach for families with children aged 0-6 who are in need.

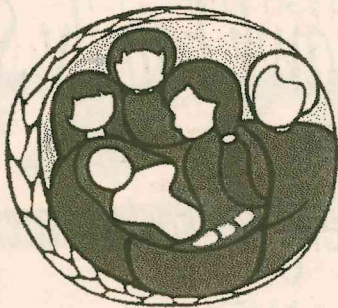
#### HOW TO CONTACT US:

**Mohawk Family and Children Services Building**  
40 York Road, Shannonville, ON K0K 3A0  
613-967-0122 Ext 105-104



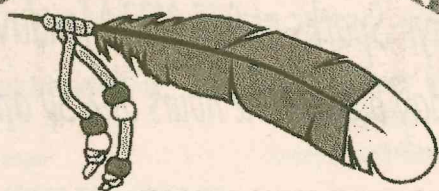
# HEALTHY BABIES, HEALTHY CHILDREN & MATERNAL CHILD HEALTH PROGRAM

For Tyendinaga Mohawk Territory



## Maternal child Health Program

Healthy Babies  
Healthy Children



Programs for pregnant women  
and parents of children 0-6.

### Additional Services

- Resource & child care equipment lending
- Cultural resources & information
- Community workshops & Information sessions



Community Health Nurse  
613-967-3603

Healthy Babies Healthy Children  
Service Co-ordinator  
Kim Maracle  
613-967-0122

Maternal Child Health  
Service Co-ordinator  
Allison White  
613-396-6716

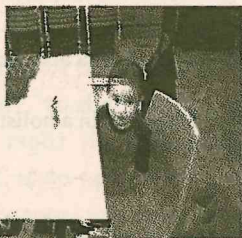
Family Visitor

**"Children are our future."**

Maternal Child Health & Healthy Babies Healthy Children program works with parents to achieve their goals for both their children and themselves.

It will provide:

- Home visits to pregnant women and families with young children: and
- Support for families with young children to access the services they need.



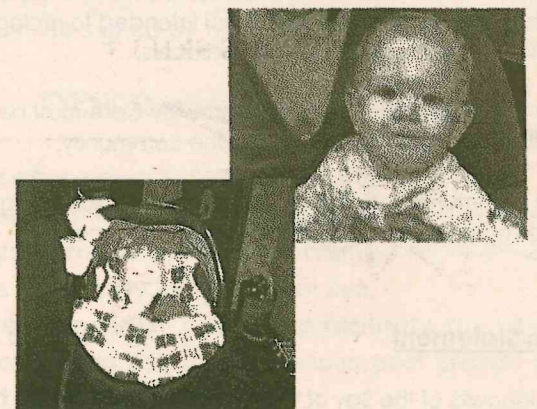
### Home Visits

Home visits provide support, information as well as links with Elders and other community resources.

At a home visit a Community Health Nurse or Family Visitor will provide information on:

- Prenatal & Postnatal Services
- Getting ready to bring your baby home
- Supports available in our community
- Taking care of yourself during pregnancy, and after your baby is born
- What to expect as your baby grows and develops
- How to keep your baby and young children safe
- Feeding your baby
  - \* Breastfeeding
  - \* When to start solid foods

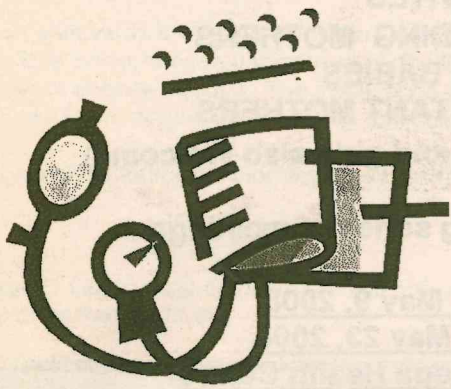
"We believe that the Creator has entrusted us with the sacred responsibility to raise our families... we realize healthy families are the foundation of strong and healthy communities. The future of our communities lies with our children..."





## HEALTH CENTRE

### THAYENDANEGA HEALTH CENTRE DIABETES CLINIC MAY 2008



#### DIABETES AND BLOOD PRESSURE

Blood Pressure is the force exerted on the walls of your blood vessels (arteries) as blood flows through them.

Your heart is like a pump. When it contracts or beats, it sends a surge of blood through the blood vessels and your blood pressure increases. This is the systolic pressure.

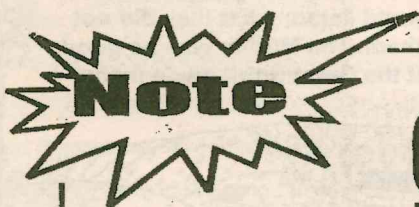
When your heart relaxes between beats, your blood pressure decreases called the diastolic pressure.

The text book normal for blood pressure is 120/80 or within that range. If you have diabetes, renal (kidney) insufficiency, or heart failure your doctor will want it no higher than 130/80

### THAYENDANEGA HEALTH CENTRE DIABETES EDUCATION CLINIC

613-967-3606

- April 8<sup>th</sup>, 2008 Diabetes and Exercise Darlene Loft, Recreation Resources
- May 13<sup>th</sup>, 2008 Diabetes and Footcare Maclean Graydon Pedorthist, B. Kin.
- June 10<sup>th</sup>, 2008 Diabetes and Alternative Medicine Carol Loft, S.O.A.D.I. MYTHS and/or FACTS
- JULY 8<sup>TH</sup>, 2008 Summer Surprise
- August NO MEETING
- Sept. 9<sup>th</sup>, 2008 Diabetes and Stress QHC—Crisis Centre COPING SKILLS



# 9-1-1

9-1-1 is for Emergency calls Only!  
If you need to contact the Emergency Services for non emergency matters please call:

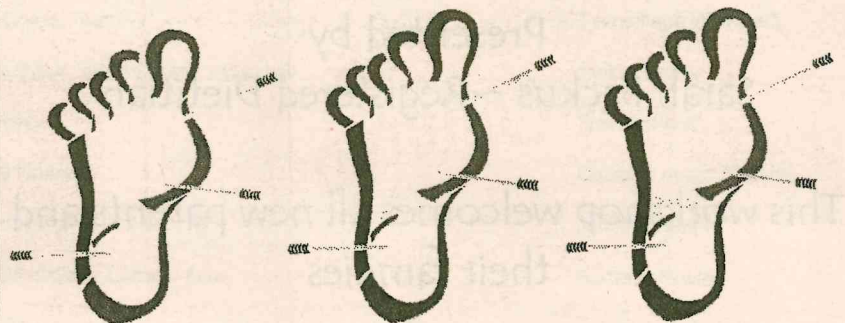
Police: 613-967-3888  
Fire: 613-968-7985  
Ambulance: 613-542-0221

### THAYENDANEGA HEALTH CENTRE 1658 York Rd.

#### PRESENTS DIABETES AND FOOTCARE

Tuesday May 13<sup>th</sup>, 2008  
7:00pm – 8:30pm  
613-967-3603

SPEAKER WILL BE:  
Maclean Graydon  
Pedorthist, B. Kin



ALL ARE WELCOME

SNACKS PROVIDED

#### Attention Community Members

Are you turning 65 This Year?

Are you receiving the maximum benefit that you're entitled to?

Do you need helping filing for your Old Age Security

If you have any questions regarding:

- Old Age Security
- Canada Pension Plan
- Guaranteed Supplement

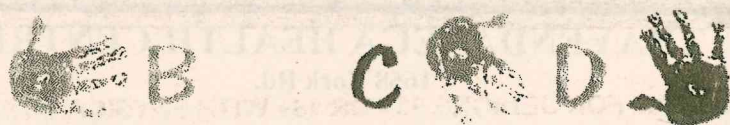
You may want to speak to Debbie Timms a representative from Services Canada

Debbie will be available to our community  
May 22, 2008

Please call Lesley at the Thayendanege Health Centre at 613 967-3603 to set up an appointment



## HEALTH CENTRE



### Make Your Own Baby Food Workshop

Wednesday, May 28, 2008  
7:00 - 9:00 p.m.

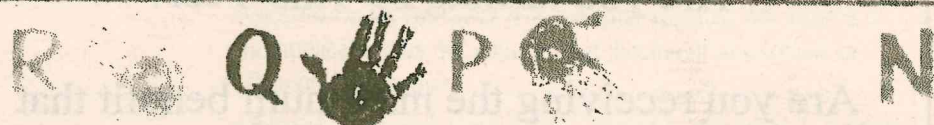
At Thayendanega Health Centre

Presented by  
Sarah Backus ~Registered Dietitian

This workshop welcomes all new parents and  
their families

If you have any questions please call and speak  
to the Community Health Nurses  
Tel: 613 967-3603

Free take home gift



MAY 2008

### Moms - In - Waiting Canadian Prenatal Nutrition Program

The Thayendanega Health Centre is offering  
**MONTHLY FOOD VOUCHERS** to women  
during their pregnancy. For more information  
please drop by or call the Health Centre and  
speak with the Community Health Nurses who  
will outline the program. Tel 613-967-3603

We want you to have a healthy pregnancy and  
a healthy baby!

Mary McCauley R.N.  
Community Health Nurse

### NURSING MOTHERS' GROUP OF TYENDINAGA

INVITES\*  
BREASTFEEDING MOTHERS  
AND BABIES  
AND EXPECTANT MOTHERS  
(\*Interested women and girls also Welcome)

To their ongoing series of meetings

FRIDAY May 9, 2008  
FRIDAY May 23, 2008  
at Thayendanega Health Centre  
10:30 am - Noon

DISCUSSIONS ON A VARIETY OF TOPICS  
RELATED TO THE CHALLENGES AND JOYS  
OF MOTHERHOOD  
LIBRARY, & MOTHER-TO-MOTHER HELP

BREASTFEEDING CLINIC AVAILABLE

FOR BREASTFEEDING HELP  
CALL HEALTH CENTRE: 967- 3603  
or 396-2942 when Health Centre closed

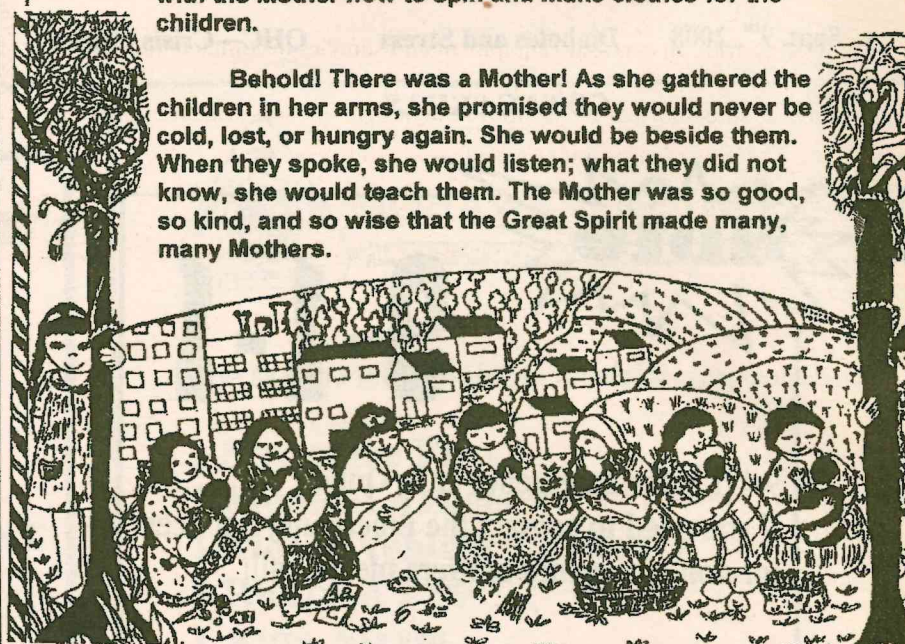
### BREASTFEEDING CIRCLE

*How Mothers Came To Be*

Two children were lost, cold, hungry, and did not  
know how to care for themselves. They called the Great  
Spirit for help, but he could not leave his lodge to care  
for them. Instead, he decided to make a Mother. He  
summoned his forces: Air, Fire, and Water. A Mother  
must have thoughts as clear as air, heart as warm as fire,  
and feet as swift as running water.

The animals of the forest were sent to teach her  
the ways of the earth. From the owl she gained wisdom;  
from the doe, gentleness. The turtle brought patience so  
she could wait for good things. The squirrel taught her to  
gather food to store. The ability to build shelter was  
given by the beaver. Only a Mother will be busier than the  
bee, who told the Mother secrets of the flowers and  
which foods are good foods: corn, squash, beans, and  
sweet berries. The spider has a silken skill and shared  
with the Mother how to spin and make clothes for the  
children.

Behold! There was a Mother! As she gathered the  
children in her arms, she promised they would never be  
cold, lost, or hungry again. She would be beside them.  
When they spoke, she would listen; what they did not  
know, she would teach them. The Mother was so good,  
so kind, and so wise that the Great Spirit made many,  
many Mothers.



"The newborn has three needs... food, warmth, and love  
in the arms of its mother. Breastfeeding satisfies all  
three."



# HOME SUPPORT

## PROGRAMS FOR SENIORS 55+ OR 18+ WITH PHYSICAL CHALLENGES



### Tyendinaga Home Support Client Intervention and Assistance

Client Intervention and Assistance means becoming involved at a difficult time to help assure the best quality of life to those who are vulnerable and at risk.

The program offers intervention, client service assistance and information to individuals who need assistance.



This program is aimed at helping individuals get the help that they need, provide support and put a plan in place.

The CIA coordinator helps the client define the problem and establish appropriate linkages, create an understanding of what is going on and help prioritize the problem to establish a starting point as well as a plan of action.



Examples may include:

- people facing homelessness
- a critical or impending change in life situation
- abuse, or isolation

Please call if you have any questions. We would be happy to help.

Tyendinaga Home Support Program

1306 Upper Slash Road

Deseronto, ON K0K 1X0

Phone: 613-962-6653 Fax: 613-962-1702

## PROGRAMS FOR SENIORS 55+ OR 18+ WITH PHYSICAL CHALLENGES

### HOME MAINTENANCE PROGRAM

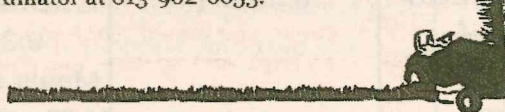
The Home Maintenance program is available to offer assistance to seniors who are unable to perform tasks around the yard and home and have no family members in the area to assist.

Our workers can perform essential tasks like; grass cutting, weed eating and raking. If there is worker availability, we may be able to provide such services as; flower beds, painting decks, washing windows.

Client must provide all necessary equipment and supplies to complete the job.

If you would like more information, or would like to sign up, please call Jessica Brant,

Home Maintenance Coordinator at 613-962-6653.



HISTORY

### SCRAP BOOKING

MEMORIES

Come out and join us for an afternoon of creativity and fun at our scrapbooking classes.

Grab your pictures out of the shoe box or bag stuffed away somewhere and bring them to the Elders Lodge.

Arrange them on pages in creative ways to be preserved for years to come. Make books to pass down to your families or for a gift to someone special.

Cost is only \$2.00 and supplies are included.

This month I am giving away free scrap books for anyone new who joins us.

Snack and beverage is provided.

For more information, or to sign up, please call Jessica at 613-962-6653



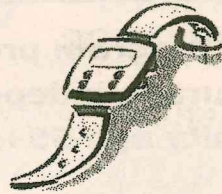
PRESERVE PICTURES

## PROGRAM FOR SENIORS 55+ OR 18+ WITH PHYSICAL CHALLENGES

### How an Emergency Response alarm gives you peace of mind.....

1. If you need help, push your personal help button.

2. Your monitoring unit is activated and automatically dials a Response Centre



3. A trained professional with instant access to your personal profile contacts you immediately to see what help you need.

4. Even if you can't answer, help is sent at once – a neighbour, family member or ambulance.



Help is just a push of a button away....

Please call Patty Sager at the Home Support office 613-962-6653 for more information.

## PROGRAMS FOR SENIORS 55+ OR 18+ WITH PHYSICAL CHALLENGES



Do you have old pictures, stories and/or objects that you would like to share? Please bring them with you and join us for an evening of socializing.

I have done some research of my own and would like to share it with you. I have gathered some history on Tyendinaga Mohawk Territory, Deseronto and Shannonville which includes a slide show of pictures, newspaper articles, a few books, etc.

Supper (corn soup, fry bread and berries) will be served at 5:00 p.m. in the Common Room of the Elders Lodge the evening will continue until 8:00 p.m.

If you have any questions please feel free to call Cindy at the Home Support Office 613-962-6653.

### FREE CERAMIC DAY

MONDAY, MAY 5TH, 2008



Come out and join us for an afternoon of painting and socializing. Anyone who signs up for this day will receive a free ceramic piece. We supply the paints and brushes for use during the class. We will also have a special guest painting with us. Please call to sign up by Thursday, May 1st, 2008 or if you need additional information please call the Home Support Office 613-962-6653.

Any additional ceramic classes, every Monday afternoon from 1:00 p.m. until 3:00 p.m. There is a \$2.00 fee that covers the cost of the use of materials (brushes, paints and gloss finish). We do offer trips to various stores to purchase ceramic pieces at your expense.



HOME SUPPORT



Tyendinaga Home Support Program

1306 Upper Slash Rd.

Phone: 613-962-6653      Fax: 613-962-1702

May 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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The Tyendinaga Home Support Program provides services that support and encourage independent living to seniors living in the community age 55+ and adults 18+ with physical disabilities.

All activities are held in the Common Room of the Elders Lodge, unless otherwise stated. Also a nominal fee may apply for services. Please call the Home Support Office for more details.

				1 Breakfast Club (Full) 8:30 a.m. Fitness Class 9:30 - 10:30 a.m. Shopping Trip 9:30 a.m.	2 Breakfast Club (Continental) 8:30 a.m. Handivan (Deseronto) 9:30 a.m. Meals on Wheels 11:30 a.m. - 12:30 p.m.	3
4 Breakfast Club (Full) 8:30 a.m. Handivan (Deseronto) 9:30 a.m. Ceramics 1:00 - 3:00 p.m. Game Night 6:00 p.m.	5	6 Breakfast Club (Continental) 8:30 a.m. Fitness Class 9:30 a.m. - 10:30 a.m. Meals on Wheels 11:30 a.m. - 12:30 p.m.	7 Breakfast Club (Continental) 8:30 a.m. DINERS CLUB Deseronto 12:00 p.m. Bowling 1:00 p.m.	8 Breakfast Club (Full) 8:30 a.m. Line Dancing 9:30 a.m. - 10:30 a.m.	9 Breakfast Club (Continental) 8:30 a.m. Handivan (Deseronto) 9:30 a.m. Meals on Wheels 11:30 a.m. - 12:30 p.m. Scrapbooking 1:00 - 3:00 p.m.	10 Supper Club 5:00 p.m.
11	12 Breakfast Club (Full) 8:30 a.m. Handivan (Deseronto) 9:30 a.m. Ceramics 1:00 - 3:00 p.m.	13 Breakfast Club (Continental) 8:30 a.m. Fitness Class 9:30 a.m. - 10:30 a.m. Meals on Wheels 11:30 a.m. - 12:30 p.m.	14 Breakfast Club (Continental) 8:30 a.m. DINERS CLUB ELDERS LODGE 12:00 p.m. Bowling 1:00 p.m.	15 Breakfast Club (Full) 8:30 a.m. Line Dancing 9:30 a.m. - 10:30 a.m.	16 Breakfast Club (Continental) 8:30 a.m. Handivan (Deseronto) 9:30 a.m. Meals on Wheels 11:30 a.m. - 12:30 p.m.	17
18	19 OFFICE CLOSED	20 Breakfast Club (Continental) 8:30 a.m. Handivan (Deseronto) 9:30 a.m. Fitness Class 9:30 a.m. - 10:30 a.m. Meals on Wheels 11:30 a.m. - 12:30 p.m.	21 Breakfast Club (Continental) 8:30 a.m. DINERS CLUB Deseronto 12:00 p.m. Bowling 1:00 p.m.	22 Breakfast Club (Full) 8:30 a.m.	23 Breakfast Club (Continental) 8:30 a.m. Handivan (Deseronto) 9:30 a.m. Meals on Wheels 11:30 a.m. - 12:30 p.m. Scrapbooking 1:00 - 3:00 p.m.	24 Supper Club 5:00 p.m.
25	26 Breakfast Club (Full) 8:30 a.m. Handivan (Deseronto) 9:30 a.m. Ceramics 1:00 - 3:00 p.m.	27 Breakfast Club (Continental) 8:30 a.m. Fitness Class 9:30 a.m. - 10:30 a.m. Meals on Wheels 11:30 a.m. - 12:30 p.m.	28 Breakfast Club (Continental) 8:30 a.m. DINERS CLUB ELDERS LODGE 12:00 p.m. Bowling 1:00 p.m.	29 Breakfast Club (Full) 8:30 a.m. Fitness Class 9:30 a.m. - 10:30 a.m. BINGO 12:00 - 3:00 P.M.	30 Breakfast Club (Continental) 8:30 a.m. Handivan (Deseronto) 9:30 a.m. Meals on Wheels 11:30 a.m. - 12:30 p.m. History Night 5:00 - 8:00 p.m.	31



## RECREATION

### EMPLOYEE INTRODUCTIONS

Hi, our names are Corey Brant, and Karissa Maracle. We are both co-op students here at the Tyendinaga Fitness Resource Centre. Corey and I are going to be at "TFRC" for 8 weeks every Wednesday. Some of the stuff we do involves: E-mailing, cleaning the machines, looking up new equipment, writing receipts, and answering the phone. One job were starting today is helping with a youth development program. Hope to see you soon at the Tyendinaga Fitness Resource Centre.

My name is Kylea Smart. I'm 13 years old and doing my co-op for Darlene Loft at the recreation center (band office). Well doing my placement I'll be working on researching youth projects. These past two weeks I have been at the Tyendinaga Fitness Resource Center with other grade 8 co-op students, Karissa Maracle and Corey Brant learning how the fitness center works. I Hope to see all of you out at the fitness center sometime soon!

## Recreation News

April 10, 2008

She:kon all!



My name is Laura Somerville. I am presently a student in my 2<sup>nd</sup> year at Loyalist College, Belleville. At Loyalist I am enrolled in the Recreation and Leisure Services Program which currently requires me to be on a 6 week co-op placement. My placement is at the Administration Office, working in the Recreation Department and at the Tyendinaga Fitness Resource Center. While on my placement I will be developing more youth activities for the youth of Tyendinaga. Assisting me in this project will be other grade 8 co-op placement students from Quinte Mohawk School.

Any ideas of interest from the youth of Tyendinaga will be considered and appreciated. Youth can send their idea's to the Youth Recreation email.

I look forward to hearing from you all!

Sincerely,

Laura Somerville

Email: newyouthpage@yahoo.ca

### My Success Story

My name is Wendy Anderson, on behalf of my husband Darren, and myself I would like to share our story of success..

For a very long time, my weight has always been an issue. In January I joined the company Herbal One. With Herbal One, I followed a low fat, low sodium diet with portion control, along with some herbs to assist me with my weight loss. This changed me and my family's eating habits and benefited us as a whole because of the fact that we eat dinner together as a family.

In combination to watching our diet, my husband Darren and I joined the Tyendinaga Fitness Resource Center. With the expertise from Gerry (personal trainer) he set us up on our own personal fitness programs based on our goals. We both feel so much better physically and mentally. Since January, I have lost 40lbs and 53 inches while my husband Darren has also lost 30lbs. Thanks to the combination of diet and exercise.

Our workouts include both strength and cardiovascular training. With the support from the TFRC staff, it makes working out a lot easier to continue and become closer to reaching our goals. The TFRC staff also helps make it easy for us to get to the gym as we have two children that require child care. Nicole and Jody are awesome with the kids. I work out at least 3 times a week. With childcare being available 3 days per week, it makes working out easy to fit into our schedules.

I encourage you to visit the TFRC and get set up on your own personal program. With the support from the TFRC staff, I know that you can also get started on a healthier lifestyle with diet and exercise. You will find you'll feel better and can get through each day with more energy and a clearer mind.

Why don't you get started today, what are you waiting for!

Located at  
Unit #9  
Fast Freddy's Plaza  
5379 Old Hwy #2  
Shannonville, ON  
K0K 3A0  
(613) 962-2822



You are still invited  
To take part in  
In the  
"Spring Show Off Special"  
At the  
Tyendinaga Fitness Resource Center  
(613) 962-2822

NEW MEMBERSHIPS - PURCHASE 3 MONTHS & GET THE 4<sup>TH</sup> MONTH FREE

\$10.00 FOR SENIORS & YOUTH / \$20.00 FOR REGULAR MEMBERSHIPS  
CURRENT MEMBERSHIPS SPECIAL - PURCHASE 2 MONTHS GET THE 3<sup>TH</sup> FREE

SPECIAL IS DONE MAY 31/08, NO ENROLLMENT FEE FOR A YEAR

### NOTICE

KARON HIAK TA'KIE SPORTS GAMES ROOM RENTAL

(613) 396-5339 OR (613) 396-3424 EXT.107

THE GAMES ROOM IS NOT AVAILABLE FOR RENTAL DURING  
THE SUMMER 2008; IT IS BEING USED FOR THE YOUTH  
SUMMER CAMPS

(IT IS ONLY AVAILABLE FOR THE REGULAR RENTAL FOR NIGHT MEETINGS WITH  
THE 2 COMMITTEE'S)

PRICES FOR RENTAL IN SEPTEMBER WILL BE UNDER REVIEW.

## TYENDINAGA TERRITORY GOLF TOURNAMENT



**PRIZES**

First, Second &  
Third Prize

Shot Gun Start at 1pm

18 HOLES

**Friday June 13, 2008**

An fundraising initiative to assist the youth and families of Tyendinaga Territory. Proceeds will go towards Youth Sports, Children & Families in financial need.

### BEST BALL

Event at : Briar Fox Golf & Country Club  
Hwy.2 , 15 min. East of Belleville , and west of Napanee (613) 396-2433

Event sponsored  
Tyendinaga Recreation Department  
Everyone welcome !

Contact the Recreation Department to sign up your team by **May 15, 2008**  
**LIMITED TO 16 TEAMS** for a Shot gun start, more details closer to the event

Phone: (613) 396-3424  
ext.107  
Fax: (613) 396-3627  
E-mail:  
darlenel@mbq-tmt.org  
Donations greatly  
appreciated.

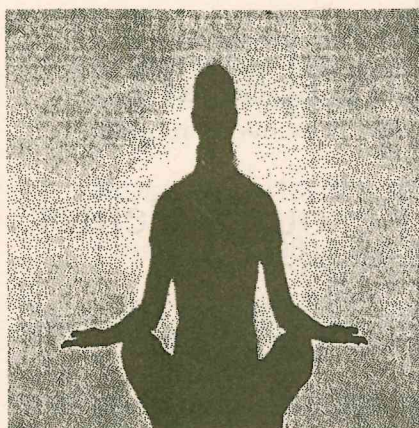
### \$95.00 includes

- Green fees/Cart
- Registration welcome gift
- Steak or BBQ Chicken
- Special awards



## RECREATION

### Tyendinaga Fitness Resource Centre



#### Discovering The Balance

By

Working The  
Mind, Body  
Heart & Spirit

More Than Just  
Fitness

Located at : Unit 9  
Fast Freddy's Plaza  
5379 Old Hwy #2  
Shannonville, ON  
K0K 3A0  
613-962-2822

A professional childcare worker  
is available for parents who  
may be unable to attend due to  
lack of childcare.

As a first time visitor, a Per-  
sonal Trainer will assist you  
with the equipment. If you re-  
quire more one on one service  
with the personal trainer it can  
be provided for an additional  
fee.

**Please call ahead for these  
services.**

**Everyone is welcome!**  
Check out our weekly calendars  
for upcoming workshops.

Project funded by:  
Trillium Foundation  
and  
Mohawks Of The Bay Of Quinte

**Please Bring**

**In door shoes**

**Gym Clothes are Best !**

#### Hours of Operation:

Monday—Friday

7:30a.m. - 7:30p.m

Saturday

(Closed on Saturday during the summer)

#### Wellness Membership Prices

##### Monthly Fees:

Family (4) \$50.00 monthly \$5.00 for  
each additional person

Student & Seniors \$10.00 monthly

Single Adult \$20.00 monthly

##### Drop in Rates:

Family (4) \$10.00 a day

Student/Senior \$3.00 a day

Single Adult \$3.00 a day

(childcare is free with membership)



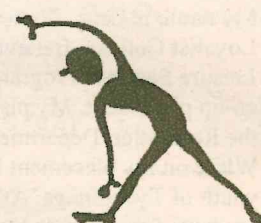
**Fast Freddy's Plaza**  
5379 Old Hwy #2  
Shannonville, ON  
K0K 3A0

613-962-2822 or  
613-396-3424 ext.107  
www.mbgfitnesscenter.com

#### Facility:

Exercise equipment currently on site:

- Matrix Shoulder press
- Matrix Seated chest press
- Matrix Lat row
- Matrix Seated leg press
- 2 - Nautilus T912 treadmill
- Nautilus U916 Upright Bike
- Nautilus E916 Elliptical  
Trainer
- Prowelded dumbbells



The facility is more than just fitness it  
is a place for:

- Socializing
- Workshops / Crafts
- Youth & Volunteers Programs
- Meeting Space
- Community Sharing
- Personal Wellness Education
- Health Initiative
- Other fitness programs will be  
offered

#### Tyendinaga Fitness Resource Centre Child Care Program (613)962-2822

Child Care Worker: Nicole Loft

Child Care Hours: Monday 9:00am – 7:00pm  
Tuesday 9:00am – 7:00pm  
Thursday 9:00am – 7:00pm

#### How to Make Mealtime Enjoyable

Here are some simple ways to make mealtime more enjoyable.

1. Serve meals and snacks around the same time everyday.
2. Discourage children from getting up and down from the table during the meal.
3. Try to make the food look appealing. (Bright, colourful, fresh food appeals to children. If it is cut up in child-sized bits and arranged nicely on the plate, it has more of a chance of being appreciated.)
4. Eat with your children. (Mealtime can be a time for you to sit down with your children, talk and enjoy on another's company.)
5. Talk about food. (You can talk about its colours, how it feels and tastes. Is it chewy? Crunchy? Soft? Etc)
6. Let children help you prepare the food. (Children love eating what they've made themselves.)
7. Use child-sized plates, cups and utensils.
8. Don't worry about the mess. (There will always be spills when children are learning to feed themselves.)

We hope to see you at the TFRC!



S.O.A.D.I. EVENTS

Aboriginal diabetes conference  
Diabetes - Caring for you and your community

Friday June 6, 2008  
9:15 A.M. - 4:00 P.M.  
Moraviantown Community Centre  
RR#3 Thamesville, ON  
See map on back.



Lunch features the Wolfman's original recipes!

program at a glance

- 9:15 A.M. - 9:45 A.M.  
Opening ceremonies
- 9:45 A.M. - 11:15 A.M.  
Nurturing our resilient spirit during a change in health  
Bea Shawanda
- 11:45 A.M. - 12:45 P.M.  
Aboriginal fusion: Traditional foods with a modern twist  
Chef David Wolfman
- 2:00 P.M. - 3:30 P.M.  
Personal empowerment and diabetes prevention  
Alex McComber
- Plus
- the popular SOADI foot care clinic,
  - Tai Chi break with Doug Roberts,
  - dancers and drummers, exhibits and door prizes.

See back for Conference Program details.

registration

Pre-register by May 30, 2008 to guarantee space.

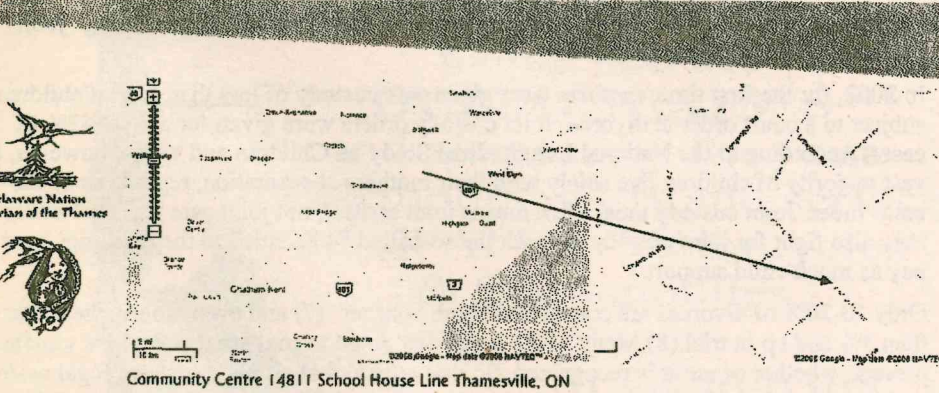
To register contact:  
DiabetesEducationCentreP@mha.tvh.ca or 519-693-4441 ext. 2489  
or your community health representative

Lunch & snacks included.

Diabetes - Caring for you and your community

- 8:30 A.M. Registration and refreshments  
Sign up for the SOADI foot care clinic. Clinic will be open all day.
- 9:15 A.M. Opening ceremonies
- 9:45 A.M. Nurturing our resilient spirit during a change in health  
Bea Shawanda  
Bea is internationally known for her life-enhancing approach, her humour and her powerful stories. An author, language-keeper and experienced facilitator, Bea entertains as she teaches.
- 11:15 A.M. Health break and exhibits  
Tai Chi led by Doug Roberts.
- 11:45 A.M. Aboriginal fusion: Traditional foods with a modern twist  
Chef David Wolfman  
David Wolfman is creator and star of *Cooking with the Wolfman*, the nationally televised daily show. Enjoy his culinary talents as you learn healthy cooking tips and taste his recipes at lunch.
- 12:45 P.M. Lunch and exhibits  
Dancers and Drummers
- 2:00 P.M. Personal empowerment and diabetes prevention  
Alex McComber  
Alex motivates and delights. He promotes healthy lifestyles with practical ideas. He energizes communities to solve problems, such as diabetes, to create a better future.
- 3:30 P.M. Closing ceremonies

- Conference planning partners
- First Nations communities:  
Moraviantown  
Oneida  
Munsee  
Walpole Island  
Kettle and Stony Point  
Chippewa of the Thames  
Aamjiwnaang
- Southwest Ontario  
Aboriginal Health Access  
Centre
- Canadian Diabetes  
Association  
(South West Ontario)
- Southern Ontario  
Aboriginal Diabetes  
Initiative (SOADI)
- Middlesex Hospital  
Alliance



Sponsored by:

Delaware Nation Moravian of the Thames

SMGH

HealthCare

Canadian Diabetes Association

BAIRD FAMILY & FRIENDS ANNUAL FUN GOLF TOURNAMENT!



This time we are also helping to battle cancer!

TeelHole Sponsorship Form

www.bairdbash.com

Here is your opportunity to be recognized as helping a great cause and having some fun, by sponsoring one or more of the golf holes at our Baird Bash event.

Saturday July 12<sup>th</sup>, 2008  
Niagara Falls Golf Club  
Visit [www.nfgolf.com](http://www.nfgolf.com) for more information

- \$80.00 per corporate/company tee/hole sponsor**  
Price includes company name or single colour logo signage at the tees of a hole(s)  
You are more than welcome to sponsor/co-sponsor several holes if you wish
- \$40.00 per personal/family name(s) tee/hole sponsor**  
Price includes personalized single colour name(s) signage at the tees of a hole(s)  
You are more than welcome to sponsor/co-sponsor several holes if you wish

Please complete this form and mail with full payment to:  
Che Baird 5155 Citation Road Niagara Falls, Ontario L2H 3H7  
Phone: (905) 353-0721 or email: [golf@bairdbash.com](mailto:golf@bairdbash.com)

Please make all cheques or money orders payable to: Che Baird  
(we cannot cash cheques made out to "Baird Bash")

All sponsorship payment & logo/name are due ASAP (no later than 6/27/08) so that we can order proper amount of signs and have them all completed in time.

- Name(s) to appear on sign #1 \_\_\_\_\_ use logo? ☐
- Name(s) to appear on sign #2 \_\_\_\_\_ use logo? ☐

To use a corporate logo (black & white only please), include a black & white high-resolution image copy with this sponsorship form, or you can also email a copy of it to the email address above.

Major sponsorships (breakfast, turn snack, shirts or prizes) are available.  
Please contact Che Baird at (905) 353-0721 to discuss these opportunities.

BEAUSOLEIL FIRST NATION 2007 FERRY SCHEDULE EFFECTIVE April 5, 2007		
DAY OF WEEK:	DEPART: CHRISTIAN ISLAND	DEPART: CEDAR POINT
Monday: Tuesday: Wednesday: Thursday: Friday:	6:30 a.m. (Indian Maiden) 7:30 a.m. 9:30 a.m. 11:00 a.m. 1:00 p.m. 2:30 p.m. 3:45 p.m. 5:30 p.m. 7:30 p.m. 9:00 p.m. 10:00 p.m.	6:50 a.m. (Indian Maiden) 8:00 a.m. 10:00 a.m. 11:30 a.m. 1:30 p.m. 3:00 p.m. 4:30 p.m. 6:00 p.m. 8:00 p.m. 9:30 p.m. 10:30 p.m.
Saturday:	7:30 a.m. 9:30 a.m. 11:00 a.m. 1:00 p.m. 2:30 p.m. 4:00 p.m. 5:30 p.m. 7:30 p.m. 9:00 p.m. 10:00 p.m.	8:00 a.m. 10:00 a.m. 11:30 a.m. 1:30 p.m. 3:00 p.m. 4:30 p.m. 6:00 p.m. 8:00 p.m. 9:30 p.m. 10:30 p.m.
Sunday:	7:30 a.m. 9:30 a.m. 10:30 a.m. 1:00 p.m. 2:30 p.m. 4:00 p.m. 5:30 p.m. 7:30 p.m. 8:30 p.m.	8:00 a.m. 10:00 a.m. 11:00 a.m. 1:30 p.m. 3:00 p.m. 4:30 p.m. 6:00 p.m. 8:00 p.m. 9:00 p.m.

Please schedule service vehicles in advance with the Transportation Coordinator to comply with load restriction for the Sandy Graham and to avoid any undue delay with deliveries.  
Prepayment preferred as outstanding accounts may result in denial of ferry usage.



# S.O.A.D.I. EVENTS & RED CEDARS

## Vehicle Fares

Non-member Vehicles	\$40.00 (Return) Per Vehicle
Beausoleil First Nation Members	\$10.00 (Return) Per Vehicle
Other First Nation Members (Must provide proof of Status)	\$20.00 (Return) Per Vehicle
Seniors/Disabled	\$30.00 (Return) Per Vehicle
Non-Member Recreational Vehicles (ATV/ Motor Bike)	\$20.00
BFN Member Recreational Vehicles (ATV/Motor Bike)	\$5.00

## Passenger Fares

7 Years of Age and older	\$5.00 (One way)
Seniors	\$5.00 (One way)
6 Years of Age and Under	Nil
Recreation Runs (members only)	\$2.00 (One way)
Pets (Unless pets are enclosed in carrier or inside vehicle)	\$5.00 (One way)

**SANDY GRAHAM** - Department of Transport Regulations will not permit passenger capacity to exceed 98. Load Restriction: 156,000 lbs (98 passenger/6 crew/28 vehicles per loaded trip. Beausoleil First Nation does not assume responsibility for any loss, theft or damage to goods.

**INDIAN MAIDEN** - Department of Transport Regulations will not permit passenger capacity to exceed 70. Beausoleil First Nation does not assume the responsibility for any loss, theft or damage to goods.

## 4<sup>th</sup> Annual Hand Drum Gathering "Let's hear our mother speak"

**When:** Friday July 4, 2008 – Sunday July 6, 2008

**Where:** Chimnissing First Nations (Beausoleil)

### Friday July 22, 2008

Please note: This will be a travel day for all the drummers and singers, (participants). This way it will give plenty of time to set up camp, while we have plenty of daylight left.

### Saturday July 5, 2008

9:00 a.m. – 10:00 a.m.	Gather in the lodge Opening Prayer Welcoming Introductions Opening Song
10:00 a.m. – 11:30 a.m.	Guest Speaker "Jaynane Burning Fields"
11:30 p.m. – 1:00 p.m.	<i>Yahoo its Lunch Time</i>
1:00 p.m. – 3:00 p.m.	Drumming & singing
3:00 p.m. – 3:30 p.m.	Break
3:30 p.m. – 5:00 p.m.	Continue Drumming/Singing
5:00 p.m. – 7:00 p.m.	Supper time
7:00 p.m. - ????????	"Prepare for sweat lodge ceremony"

For who do not wish to take part in the sweat lodge ceremony, you can gather in the lodge and offer tobacco for those who are participating in the sweat lodge ceremony. Also, you do some singing.

### Sunday July 6, 2008

9:30 a.m. – 12 noon	Gather in the lodge Closing remarks Closing prayer Closing Song for a safe journey home
---------------------	--

## Please remember:

- To bring with you, sweat clothes, towels, bug spray, chairs, tobacco and your medicines (Traditional or Western) that you will need.
- Could you please let me know as soon as possible, as to how many will be attending this gathering? This way, I can make arrangements for lunch and supper. Don't want anyone to go hungry. (Breakfast is on your own)
- Please find enclosed an agenda and a boat schedule
- If you have questions or concerns please let me know, I can be reached at the Beausoleil Family Health Center 705 – 247 – 2012 ext. 23

Respectfully

H. Neil Monague  
A.P.C./T.H.C.  
Addictions/Preventions Counsellor  
Traditional Health Coordinator

## Family law and the Province of Ontario

In 2006, the Ontario Legislature passed a law requiring judges to consider "domestic violence" in custody and access decisions (2) upon separation and for common law couples. Federal divorce law still does not make this mandatory. This was a great victory for women experiencing violence and a very positive action by the Ontario government.

Women from the No Religious Arbitration Coalition were also very successful in getting the Province of Ontario to reject recognition of family law religious arbitration decisions as legally binding under provincial law.

But there is much more work to do.

Even where clearly present, violence against women is not consistently identified by lawyers, included in case materials and considered in court orders. Even when violence against women is considered, there are few realistic options for abused women in most communities.

Here are some serious barriers to justice for women in family law:

Aboriginal women living on reserve still have no property rights if they wish to separate from abusive partners. How can this happen?

Aboriginal peoples come under the sphere of the federal government under section 91 of the Canadian constitution, while property issues fall under provincial jurisdiction under section 92 (13) of the Constitution. Therefore provincial property laws do not apply to Aboriginal people on reserve.(3)

So if an Aboriginal woman wishes to leave a violent relationship on reserve, she has no legal means to claim her share of the family property or to seek exclusive possession of the matrimonial home.(4) Aboriginal women then have to choose between staying in their communities or leaving to find housing. Leaving often means leaving with nothing regardless of what the couple owns. Although federal action is needed (and promised) to change the situation, the Province of Ontario also has a role to play.

Judges rarely order sole custody to a mother without access to the father. Women in abusive situations are then tied to the abuser and he can and does use child access as a weapon of control. Most abusive fathers are granted unsupervised access to their children and women and children's legal right to safety is often trumped by so-called "fathers' rights" which do not exist under law.

There are few facilities for adequate supervised access. Women must often turn to friends and family to help. Because resources aren't provided, there are few options for safe access exchanges or adequate, informed supervision of access visits at times ordered by court.

Supervised access is not a permanent solution, so even where ordered, it is seen by courts as a temporary measure on the way to unsupervised access.(5)

Several important post-separation risks to children must be, but are often not considered in custody and access determinations:

1. Patterns of woman abuse indicate poor parenting skill and ability.
2. A large percentage of men who physically abuse their partners will also physically abuse their children and rates increase with severity and frequency of the partner abuse pattern. Fathers who are suicidal or make death threats against former partners are at risk for killing the children.
3. Exposure to woman abuse harms children. Continued exposure through access exchanges continues this harm. One of the most critical measures of the well-being of children, along with poverty, is the well-being of their mothers.
4. Post-separation harassment and conflict and high rates of threatened and actual child abduction in abusive relationships pose ongoing risks to children.(6)
5. Restraining orders are not taken seriously or properly enforced. Women and/or children have been murdered after obtaining this court order to keep the abuser away. Breaches of restraining orders are not taken seriously.

Despite all of these facts, family courts are more and more focused on ordering "joint custody". What's wrong with that?

In 2002, for the first time, mothers were given sole custody of less than half of children subject to a court order at divorce. Joint custody orders were given for almost 42% of cases. According to the National Longitudinal Study on Children and Youth, however, the vast majority of children live solely with their mothers at separation, regardless of the court order. Joint custody most often means joint control, not joint care giving. Fathers may also fight for joint custody to reach the so-called "40% rule" so they will not have to pay as much child support.

Only 10-20% of divorces are considered "high conflict" (7) and even among these less than 3% end up in trial.(8) Many of the cases that do go to trial are those where violence is present, whether or not it is recognized. So it is critical that all players in the legal system understand violence against women and its impact on children and take those realities into account. Although most separations and divorces are negotiated without going to court, this doesn't mean that no abuse exists within these cases.

www.steplitupontario.ca



# RED CEDARS

## ► Traditional Community Wellness Program

### MISSION STATEMENT

We will provide a safe and secure environment where holistic healing is maintained. We will strive to provide support in a positive, non-judgmental, and non-biased environment. We will aid in the prevention of abuse by sharing information and resources to enhance awareness and understanding of family violence.

### OUR PHILOSOPHY

The Creator placed everything on Mother Earth to show us and teach us respect toward everyone and everything within Creation. Respect for one another is very much a part of our traditions and responsibility. All being equal, fear or violence among each other has no place in our hearts or spirits.

### Services Offered:

- » One on one counseling services
- » Circle (group) sessions
- » Unburdening process (trauma)
- » Guidance, counseling & healing
- » Organize & offer ceremonies
- » Support for court appearances
- » Information on rights
- » Advocacy
- » Safe & non-judgmental environment
- » Referrals
- » Awareness of family violence issues

### Available to:

- » All Tyendinaga community members (on & off territory) without prejudice
- » Any Indigenous person who requests services
- » Any resident of Red Cedars

This program is funded through:

The Aboriginal Healing and Wellness Strategy in partnership with the Association of Iroquois and Allied Indians (AIAI) and the Mohawks of the Bay of Quinte.

RED CEDARS SHELTER

GROWTH STARTS WITH SELF!  
HEALING IS A JOURNEY THAT BEGINS WITH THAT FIRST STEP: AWARENESS!

### Traditional Community Wellness Worker

Our goal is to assist the community in understanding and processing feelings, as well as taking ownership of their feelings, teachings of the unburdening process, the effects of trauma and the impacts of family violence.

Our goal is to support each individual as they journey through the healing process.

We believe in supporting the whole human being, mentally, emotionally, physically and spiritually.

### CONTACT US:

PHONE:  
(613) 967-6544

FAX:  
(613) 967-5998

CRISIS:  
(800) 672-9515

E-MAIL:  
bettycb@kos.net

WEBSITE:  
[www.tyendinaga.net/redcedars/](http://www.tyendinaga.net/redcedars/)

BUSINESS HOURS:  
8:30 am—4:30 pm

RED CEDARS SHELTER

GROWTH STARTS WITH SELF!

HEALING IS A JOURNEY THAT BEGINS WITH THAT FIRST STEP: AWARENESS!

RED CEDARS SHELTER

TRADITIONAL  
COMMUNITY  
WELLNESS  
WORKER  
PROGRAM

5631 Old Hwy # 2,  
P.O. Box 290  
Tyendinaga  
Mohawk Territory,  
Ontario  
K0K 3A0

► Formerly known as the  
Traditional Practitioner  
Program & Community  
Outreach Worker

Tel: (613) 967-6544



## COMMUNITY INTEREST

### It's Twins!



*Christa Brant first time Auntie: is proud to announce the early but safe arrival of New Niece and Nephew.*

*Born on Dec. 21/07*

*Caiden Robert Lloyd -weighing 5 lbs.1 ounces  
Saralynn Susan Lloyd - 4 lbs. 12 ounces*

*Proud New Daddy: Cory Lloyd and Mother: Sara Theriault  
Proud Grandparents: Sally Lloyd, Carmen Lloyd & Susan  
Proud First time cousins Amber-Lee & Brooklyn*

# 50

Nia:Wen

**To my wonderful partner and best friend Ruby for the Surprise 50th Birthday Party she had for me in Mar. at the 59ers Hall. It was really a great surprise and totally unexpected as well.**

**Nia:Wen Ruby  
Love Brad!!!**

**PS, Thanks also to Bev for her part in this party too, I had a great time and I'm sure that Dee did too, as part of this party was also for her 50th as well, Thanks to everyone**

**That came out and joined in also,  
Without Friends and Family Life wouldn't be the same.**

### NYA WEN KOWA

The **Roots to Routes Program** would like to extend a huge Nya wen for the tremendous support at our 8<sup>th</sup> annual pancake breakfast. We had a record turnout and results. For the first time in our history we actually ran out of food!

The community support over the past few months in our fundraising efforts has been incredible and overwhelming. We are now much closer to achieving our goal of raising enough to travel to South Dakota.

Thank you

*P.S. Everyone can rest assured that next year we will have enough, **especially coffee!***

#### **ROOTS TO ROUTES Bingo Winners**

First Place: **Dean Brant**

Second: **Rhonda Wannamaker**

**Wendy Anderson**

**Zena Leween**

Third: **Trevor Lewis**

**Joeanne Maracle**

**Judy Loft**

**Dan Doreen**

**Alison Maracle**

**Steve Garey**



Marni Maracle



Sadie Maracle, Kailyn Maracle, Tannen Fritz



Anna and Jenna Kring

#### Press Release

Six students from the Tyendinaga "Angela Maracle School of Dance", brought home top awards from three recent dance competitions. The dancers competed in Ajax, Peterborough and Ottawa this Spring, and won a total of 1 High Gold, 4 Golds, 5 High Silvers, and 5 Silvers.

Competing students were Kailyn Maracle, Sadie Maracle, Marni Maracle, Tannen Fritz, Jenna Kring and Anna Kring.

Kailyn Maracle received a special "Miss Confidence" award at the Dance Odyssey competition in April.

Congratulations on a successful competition season!

Contact: Angela Maracle, Director  
613-968-9902

#### *Congratulations!*

Sadie Hill-Maracle and her dance group competed in three competitions in the month of April and earned a well deserved Silver, High Silver and High Gold!

You did a fantastic job, we are so proud of you. Way to go!



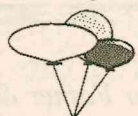
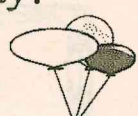






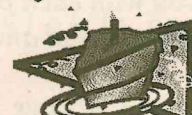




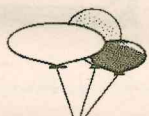
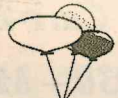





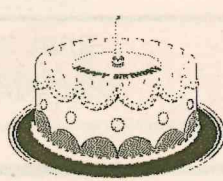




Love,

Dad, Brandi, William, Nan, and Garry.

XOXOXOXO



BIRTHDAYS

<p>Happy Mother's Day!</p> <p>Grandma Kelly </p> <p>Love, William, xoxoxox</p>	<p>Happy Belated Birthday!</p> <p>Bill (Papa) April 13th </p> <p>Love Chip, Allison &amp; Kody</p>	<p>Happy 15th Birthday!</p> <p>Kody Brant May 12 </p> <p>Love Dad &amp; Allison</p>	<p>Happy Birthday!</p> <p>Dan </p> <p>Love Gabe, Dan and the Kids.</p>
<p>Happy Mother's Day!</p> <p>Norma (Gram) Aunt Edith </p> <p>Love Chip, Allison &amp; Kody</p>	<p>Happy 10th Birthday!</p> <p>Iorahkote </p> <p>Love Mommy, Danny Boy Rato:rahts, Raienthas, Sewatis, Darcy, Savanna &amp; Chloe</p>	<p>Happy 6th Birthday!</p> <p>Jiggy </p> <p>Love Aunty Gabe, Dan and the kids.</p>	<p>Happy Birthday!</p> <p>Aunt Dort May 15 </p> <p>Love ya, Linda, Angela, Jake &amp; Family</p>
<p>Happy Mother's Day!</p> <p>Mom (Cindy) </p> <p>Love Kody</p>	<p>Happy Birthday!</p> <p>Sister Sherry May 18 </p> <p>Love Wendy &amp; Glenn</p>	<p>Happy Birthday!</p> <p>Bill May 10 </p> <p>Love Rick, Marilyn &amp; Sam</p>	<p>Happy Birthday!</p> <p>Cindy May 29 </p> <p>Love Aunt Marilyn, Uncle Rick &amp; Sam</p>
<p>Roses are Red and sometimes Gold Holy crap Ainsley and Linda Leween You guys are getting old...</p> <p>Happy Birthday from a fellow Taurus </p>	<p>Happy Birthday!</p> <p>Harry May 14 </p> <p>Love Marilyn, Rick &amp; Sam</p>	<p>Happy Birthday!</p> <p>Betty May 27 </p> <p>Love Marilyn, Rick &amp; Sam</p>	<p>Happy Birthday!</p> <p>Donald May 30 </p> <p>Love Aunt Marilyn, Uncle Rick &amp; Sam</p>
<p>Happy Birthday!</p> <p>Haley April 30 </p> <p>Love Grandpa &amp; Grandma &amp; all your cousins too!! (Brad &amp; Ruby)</p>	<p>Happy 1st Birthday!</p> <p>Keegan April 28 </p> <p>Love Grandpa &amp; Grandma and all your cousins too!! (Brad &amp; Ruby)</p>	<p>Happy Belated Birthday!</p> <p>Apryl Lee Boomhour Apryl 13 </p> <p>from Uncle Brad an.. Aunt Ruby an.. Tribe...</p>	<p>Happy Birthday! To my little Sis</p> <p>Verna May 28 </p> <p>Have a Good One old timer!</p>
<p>Happy Birthday!</p> <p>To my well travelled Brother Larry Boomhour </p> <p>And here's to many, many more From your Younger Bro' Brad &amp; Ruby too!!</p>	<p>Happy 6th Birthday!</p> <p>Ellyssa Brant May 17 </p> <p>Love always. Nanny, Papa, Grandma and all your Aunties, Uncles and Cousins</p>	<p>And Happy Belated <b>BIG '50'</b> Birthday wish Mustang Sally </p> <p><u>LOVE</u></p> <p>If there was another word that could say it all. It would be the one who shows it all, my Most important Over the top Teacher Heart of Gold Ever lasting Love Rich...</p> <p>Believe it or not, It's not about the money Or the Credit Cards that you have It's just how much you Love me That make you the Best of all.</p> <p>Love Always and forever from Christa, Amber-Lee and Brooklyn.</p> <p>And a special thanks you to all who came to help us celebrate my mom's '50th' Birthday Party.</p>	
<p>Happy 6th Birthday!</p> <p>Ellyssa Brant May 17 </p> <p>Have fun camping on your birthday and at your pool party in June! Love always, Mommy, Daddy, (baby in mommy's belly) Charlie &amp; Josie xoxo</p>	<p>Happy Birthday to the best Daddy (Glen Brant) in the whole world! May 17 </p> <p>Love Ellyssa, (baby in mommy's belly) Charlie &amp; Josie xoxo</p>		
<p>Happy Anniversary!</p> <p>Les Venton </p> <p>Here's to another 27 years! I love you with all my Heart! Cindy xxooxxoo</p>	<p>Happy 80th Birthday! May 19th </p> <p>Great-Grandma Brant (Audrey)</p> <p>Love William, xoxoxo</p>		



## COMMUNITY INTEREST

*In memorium of our Father & Poppa  
Carl Blaine Maracle  
who left us too soon*

*You left us 21 years ago on March 24th 1987  
The pain is still the same as it was on that  
sad March day, as we are getting older  
we can know understand your pain that took  
you away, and the pain that you went through  
we would give anything to have a chance to be  
here and to be our dad and a poppa to our  
children, but it is what it is and you had no  
choice, your soul was to be set free, but we do  
love, miss and think of you with each passing  
day, ever since you were called away.*

*We love you forever & always  
forever in our hearts love:  
Brandon, Brandy, Steve and grandchildren,  
Blaine, Brady, Brianna, Brendan,  
Bailey, Chance & Connor.*

*In memory of  
Clara L. Maracle*

*who left us so suddenly on May 23, 2005.*

*God saw she was getting tired and a cure was not to be  
So he put his arm around her and whispered, "Come with me"  
With tearful eyes we watched her suffer and fade away  
Although we could not bear to lose her, we could not bid her stay  
A golden heart stopped beating, hard working hands laid to rest  
God broke our hearts to prove to us He only takes the best!*

*Also in memory of our father, Willard R. Maracle, April 19, 1992, never forgotten,  
always missed.*

*Always remembered by their loving children,  
Eric & Crystal*



### May

This month we honour those whose job it is to toe the line. They seem to be there when we do not want to see them but we need to. The police help us to remember the laws of our society and enforce them. Sometimes we need them to help us solve problems created by others...robbery, auto accidents and domestic abuse to name a few. They put their lives on the line each working day to make our community a safer place in which to live. Let's pray for them and ask God to keep them safe to do the job they have to do.

*In loving memory of a wonderful father*

*Don Carr-Braint*

*June 5, 1930 – May 27, 2005*

*Those we love don't go away  
They walk beside us every day  
Unseen, unheard, but always near  
Still love, still missed, and very dear  
Forever loved and never forgotten  
We miss you so much*

*Love, Carol, Harry, Betty, Billy, Mary Jean, Norman,  
Marilyn, Mike, Tracey & families*



**Thank You!!**

**Thanks to the boys**

(Cubby Brant, Carter Maracle,

Matt Weldon and Chuck Gamble)

who delivered fish to the Elders  
Lodge ...It was wonderful to see so  
many bring food for the seniors.

**Nya:wen**

**Remember if you have an EMERGENCY  
CALL**





UPCOMING EVENTS



Mr. and Mrs. Lou and Terry van der Wey of Napanee are pleased to announce the engagement of their daughter

*Amanda Leanne*

to

*Bryce McMurter*

son of Jim McMurter and Kelly McMurter of Tyendinaga.

The wedding will take place on  
June 14<sup>th</sup>, 2008.

All are welcome to attend the Jack and Jill on May 31<sup>st</sup>, 2008  
at the Mohawk Community Centre.

Admission is \$7 per person or \$10 per couple.



SUMMER MUSIC THEORY SCHOOL

Royal Conservatory of Music Courses

FRIDAY, JUNE 27 — THURSDAY, AUGUST 7, 2008  
(RCM Examinations—August 8 & 9)

ST. MATTHEW'S UNITED CHURCH  
(Corner of Dunbar and Holloway Streets, Belleville)

Sponsored by

**mayhewstudio**

Sheryle Mayhew ARCT, B.Mus, RMT

Course	*Time	Fee
Basic (Preliminary) Rudiments	Tues/Thurs 9:30—10:30 a.m.	\$200
Intermediate (Grade 1) Rudiments	Tues/Thurs 10:30—11:45 a.m.	\$250
Advanced (Grade 2) Rudiments	Mon/Wed/Fri 9:30—10:30 a.m.	\$300
Basic (Grade 3) Harmony	Mon/Wed/Fri 10:30—11:30 a.m.	\$300
History I: An Overview (Grade 3)	Mon/Wed/Fri 1:00—3:00 p.m.	\$600

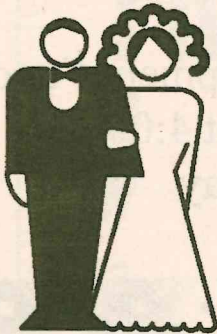
Additional courses available  
\*Timetable subject to change, depending upon registration

Course materials available at Pinnacle Music Studios

For course registration, apply online  
[www.mayhewstudio.com](http://www.mayhewstudio.com)

For more information call  
613-966-9999

Jack & Jill



**Dennis Hill & Amanda Green**

Saturday May 31

8 p.m. - 1 a.m.

Orange Lodge

For advanced tickets call:

613-396-1835

or \$5.00 at the Door



HEALING  
OUR SPIRIT  
WORLDWIDE



NEXT MEETINGS

LET'S GET TOGETHER FOR SOME FUN, LAUGHTER, AND  
WELLNESS IDEAS

We meet the first Tuesday of every month  
At the Karon hiak ta'kie Games Room  
5pm to 6pm

WELCOME BACK TO THE COMMITTEE!  
THE NEXT MEETING DATES ARE:

Tuesday June 3 & July 1st

CONTACTS

Theresa Brant - (613) 396-5517

[Smiling19@yahoo.ca](mailto:Smiling19@yahoo.ca)

Shelly Brant - (613) 966-5365

[Shellyb@mbq-tmt.org](mailto:Shellyb@mbq-tmt.org)

**Nia:wen**

to the  
Community for your support !

Moon

All Women Welcome!

Ceremony

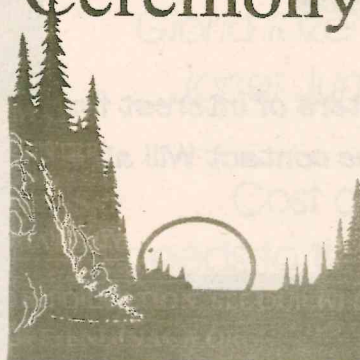
WHERE: RED CEDARS  
WHEN: *May 18th* at Dusk

Please wear a  
dress/skirt and  
bring a lawn chair,  
tobacco & water  
if possible.

Call for more  
information:

969-2215 or 967-2003

POTLUCK MEAL SHARING



Facilitated by Red Cedars Traditional Practioner Program



## UPCOMING EVENTS

### NOTICE

The Tyendinaga Community Development Fund deadline for June is May 30, 2008 at 4:00 p.m. as June 1, 2008 is on Sunday

# FUN FAIR

SPONSORED BY THE MOHAWK RECREATION COMMITTEE

OBSTACLE COURSE CANDY BAGS FACE PAINTING  
LACROSSE THROW

TIME: 5:00 - 7:00

PLACE: COMMUNITY CENTRE

DATE: WEDNESDAY MAY 14, 2008

FOOTBALL THROW BOWLING

CUPCAKE WALK

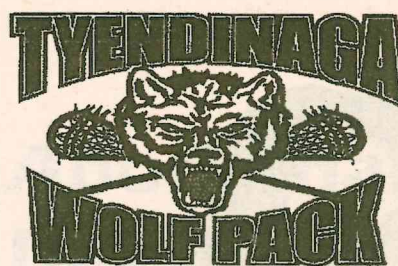
COME ON OUT AND  
TRY YOUR LUCK AT  
THE TICKET  
AUCTION

HAMBURGERS  
HOT DOGS  
CHIPS  
POP  
WATER

The Mohawk Recreation Committee members include:

Will Barberstock  
Winston Brant  
Gladys Bowden  
Becky Brant  
Jennifer Maracle  
Amy Cook

We are excepting letters of interest for new members. Please contact Will at 613-962-7804.



### Game Schedule for 2008

All Home Games Played at DESERONTO Arena

#### Home Games

May 31 @ 7:00pm vs Akwesasne  
June 1 @ 2:00pm vs Kahnawake  
June 21 @ 7:00pm vs Onondaga  
June 28 @ 7:00pm vs Kahnawake  
June 29 @ 2:00pm vs Akwesasne  
July 13 @ 2:00pm vs Onondaga

#### Away Games (Tentative)

TTBA  
June 07 @ vs Kahnawake  
June 08 @ vs Akwesasne  
June 22 @ vs Onondaga  
July 5 @ vs Kahnawake  
July 6 @ vs Akwesasne  
July 12 @ vs Onondaga

#### Sponsors

North Shore Tobacco  
Smokin Coffee Express  
Apocalyptos  
Hill's Variety  
Free Flow Petroleum  
McMutter's Lumber  
Native Renaissance II

Eagle Orthopaedics  
Tyen. Comm. Dev. Fund  
Tyen. Lions Club  
Tyen. 59er's Sr. Club  
Waste Management  
Soaring Eagle Variety

Come out and enjoy our games and help support our youth!



TMT Soccer Club  
Tel: 613 962 1546 Fax: 613 396 3627  
tmtsoccer@yahoo.ca

## The Soccer Season is Here!

Get out your soccer cleats and shin guards. We will be playing at the new soccer fields behind the lacrosse box on Tuesdays at 6 starting May 27.

Registration will be at the Canteen on Wednesday May 14 from 4:30-7:00pm and Saturday May 17 from 9:00am-1:00pm. Cost is \$25.00. Please remember a copy of birth certificate for each child being registered.

Registration forms will also be sent home from school and will be available from the Recreation Department at the Band Office. Registration forms may be submitted anytime to the Recreation Dept. or to the Tyendinaga Fitness and Resource Centre with payment.

Parents who volunteer as coaches will have 1 child registration fee waived and will be given a team shirt. Please let us know as soon as possible if you can volunteer. Coaching information will be available upon request.



## UPCOMING EVENTS

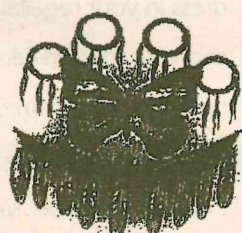
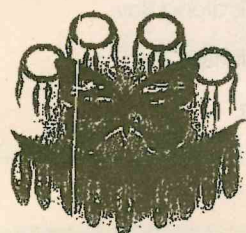


Eksa ó kon: á Childcare Centre  
1391 Ridge Road

Will be having a

**YARD SALE & BBQ FRI MAY 23<sup>rd</sup>  
and SAT MAY 24<sup>th</sup>**

Come join us for something to eat,  
socialize and pick up a good buy



Let's Make Tyendinaga  
Beautiful Again!

"2008 Roadside Clean Up"

Saturday May 10<sup>th</sup>, 2008  
9:00 a.m. -12:00 p.m.

(you may start earlier if you like)

Grab your family, your friends or neighbours,  
throw on some rubber boots and start pickin!

Please register your group before  
May 7, 2008

Prizes will be awarded for the wackiest items  
found along the roadside.

Bring the item with you to BBQ if you can!

There will be a BBQ to follow at the  
Thayendanaga Health Centre

For more information please call Lesley at the  
Thayendanaga Health Centre  
at 613-967-3603



# TMT VARIETY

is having a

## GIANT YARD SALE

**YARD SALE**

## and Barbecue

WHEN: Saturday May 17, 2008

WHERE: 16 South Ellis Lane, TMT

TIME: 8:00am till 6:00pm

BARBECUE is from 12:00pm till 6:00pm

Come on out and try a buffalo burger or  
a buffalo sausage and a drink for only  
\$5.00 plus pop a balloon and win  
additional saving of your purchase.

## News and Views from the Senior 59'ers Club

### INDOOR OR OUTDOOR CRAFT - BAKE & YARD SALE

SATURDAY May 10<sup>th</sup> - 8 a.m - 4 p.m.  
At the 59'ers Club

Vendors who wish to put in a table contact:

Sheryl Anderson - 613-966-4924

Gloria Idzenga - 613-962-8757

Janet Jung - 613-396-1432

Cost of tables \$10.00

Proceeds to the upkeep of 59'ers Club

Reserve early to be sure and get a spot.



## UPCOMING EVENTS

### *National Aboriginal Day Celebration* *June 21st, 2008* *Something to do for everyone!!*

**Tsi Tkerhi'toton Park, Bayshore Rd. - RAIN OR SHINE**  
FREE fun-filled afternoon for the **community!!** Bring your lawnchair, feast basket and your sense of community pride - this is a day for us to celebrate!

#### Highlights

- Parade: Starting at Ferry Lane @ 1:00 p.m. Events to follow in the park.
- Opening at Park
- Variety Show/Fashion Show
- Crafts & Games - All Day
- Food - Corn Soup cook off
- Music Entertainment - Fiddlers
- Generation Photos
- Canoe Races??



#### Things to Remember.....

- ✓ Please dress for the occasion
- ✓ **NO** Styrofoam or paper plates provided
- ✓ Feast Basket (plates, bowls, cups, utensils, napkins) or you may purchase a Feast Basket at the park for \$10.00.

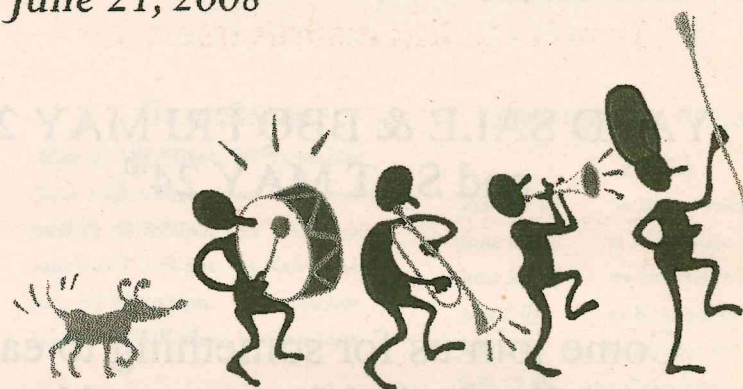
Ska'nikon:ra on:ton aka'shatsten'ne, tahnon ayota'kari:teke ne  
Kanyen'keha:ka yonkwanakerahsera:yen

(United we strive for a strong, healthy Mohawk Nation)

PARADE MARSHAL NEEDED

## Aboriginal Solidarity Day Parade

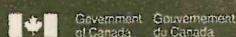
June 21, 2008



Help us celebrate this year by joining the parade. Decorate your car, bike, truck—get a trailer, fill it with your friends and family—dress in your regalia. Be ready at 12 noon. The route is along Bayshore Road from Ferry Lane to the park where we will have the opening, a welcome, music, crafting, feasting and fun.

PARADE MARSHAL NEEDED

Karen 613-967-6264  
Callie 613-396-3900 ext 227



### ATTENTION CANADIAN CITIZENS TRAVELLING TO THE UNITED STATES BY LAND OR WATER

As of **January 31, 2008**, if you travel to the U.S. by land or water, a U.S. law will require you to present:

- A government-issued photo ID, such as a driver's licence; **AND**
- A birth certificate or citizenship card;
- OR**
- A valid passport;
- OR**
- A NEXUS or a Free and Secure Trade (FAST) card;
- OR**
- For those 18 and under, a birth certificate.

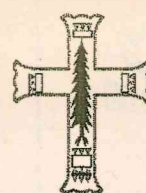
Canadian citizens flying to or through the U.S. must present a valid Canadian passport.

To find out more about document requirements and to help you plan for your U.S. travel, please visit or call:

www.canada.gc.ca  
1 800 O-Canada  
(1 800 622-6232)  
TTY: 1 800 926-9105

NO DOCUMENTS  
NO ENTRY  
INTO THE U.S.

Canada



THE ANGLICAN PARISH OF TYENDINAGA  
IN THE DIOCESE OF ONTARIO

Parish Priest  
Father Brad Smith  
Mohawk Rectory, 396-3797

#### SUNDAY SERVICES

All Saints' Church – 1295 Ridge Rd  
8:30 a.m.\*

Christ Church, Her Majesty's Chapel Royal of the Mohawks – 52  
South Church Lane  
10:30 a.m.\*

\*On 25 May, the only service is at 10:30 a.m. at Christ Church

#### SPECIAL SERVICES

Sunday 25 May – Commemoration of the 224<sup>th</sup> Anniversary of the  
Landing of the Mohawks  
10:00 a.m. – Thanksgiving Liturgy at the Cairn  
10:30 a.m. – Holy Eucharist at Christ Church

#### UPCOMING EVENTS

PARISH FUN NIGHT – WED 14 MAY, 7:00 P.M., QUEEN ANNE PARISH  
CENTRE

WALKATHON AND YARD/BAKE SALE – SAT 31 MAY, 8:00 A.M. TO 1:00 P.M.,  
ACROSS FROM THE MOHAWK COMMUNITY CENTRE.

FOR THE MOST UP-TO-DATE INFORMATION, SEE OUR WEBSITE  
WWW.PARISHOFTYENDINAGA.ORG



## UPCOMING EVENTS

### Open

Alcoholics Anonymous  
Meetings  
Every Monday Night  
Queen Anne Parish Centre  
8:30 p.m.

### Answers to last months questions:

If you have answered YES to any one of the questions, there is a definite warning that you may be an alcoholic.

If you have answered YES to any two, the chances are that you are an alcoholic.

If you have answered YES to any three or more, you are definitely an alcoholic.

For more information please call: Bev/ Bill 613-962-5183

## YESTERDAY - - -

## TODAY AND TOMORROW

There are two days in every week about which we should not worry; two days which should be kept free from fear and apprehension.

One of these days is YESTERDAY, with its mistakes and cares, its faults and blunders, its aches and pains. YESTERDAY has passed, forever beyond our control.

All the money in the world cannot bring back YESTERDAY. We cannot undo a single act we performed. We cannot erase a single word we said. YESTERDAY is gone!

The other day we should not worry about is TOMORROW, with its possible adversities, its burdens, its large promise and poor performance. TOMORROW is also beyond our immediate control.

TOMORROW'S sun will rise, either in splendour or behind a mask of clouds - but it will rise. Until it does, we have no stake in TOMORROW, for it is as yet unborn.

That leaves only one day - TODAY. Any man can fight the battles of just one day. It is only when you and I add the burdens of those two awful eternities - YESTERDAY and TOMORROW that we break down.

It is not the experience of TODAY that drives men mad - it is remorse or bitterness for something which happened YESTERDAY and the dread of what TOMORROW may bring.

Let us therefore, live but one day at a time!

### T.O.P.S. ON#5258

*Take off pounds Sensibly*  
We "DO NOT" promote any diets.

WHERE: The Elders Lodge  
Common Room  
Tyendinaga Mohawk Territory  
Bayshore Road.

WHEN: Thursday Evenings.

TIME: 5 p.m. - 7 p.m.  
Weigh In 5 - 6 p.m.  
Meeting & Discussion 6 - 7 p.m.

CONTACT: Brenda Doreen (leader)  
@ 613 396-1482

*T.ake that 1<sup>st</sup> step.*  
*O.vercome a weight problem.*  
*P.ut yourself in a happy place.*  
*S.upport one another.*

## News and Views from the Senior 59'ers Club Meeting Dates

First Monday of each month at 11 a.m.

Euchres - every second Tuesday - contact Millie Maracle  
for more information 613-396-6179

President- Sheryl Anderson  
Vice President - Gloria Idzenga  
Secretary/Treasurer - Janet Jung  
Euchre Convenor - Millie Maracle

NEW BUSINESS  
OPENING  
MAY 2008

**Tyendinaga**  
WINDOWS - DOORS - RENOVATIONS

SALES - SERVICE - INSTALLATION



KALVIN BRANT 613-849-3153  
1957 YORK RD, DESERONTO, ON. K0K 1X0





## CLASSIFIED



### FOR SALE

#### LITTLE TYKES RACING CAR BED

- red, holds a single mattress and box spring
- Excellent condition
- \$125.00

#### BABY CHANGE TABLE

- wood
- Excellent condition

Call: 613-396-6410 after 6

### HOUSE FOR RENT

- 2 BEDROOM
- 1840 York Rd.

Please call: 613-967-8230

### FOR SALE

#### LYED CORN

- 1 quart bags
- wholesale or retail
- white corn by the quart or bushel

Phone: 613-968-3917

### FOR SALE

#### SPACIOUS 4 BEDROOM HOUSE

- natural gas heating plus new fireplace
- central air
- approx. 3/4 acre
- laminate flooring throughout
- municipal water and sewer supply
- huge heated garage
- located on old Hwy # 2

Serious inquiries only:  
Please call 613-396-5879

### FOR SALE

#### BUILDING LOTS FOR SALE

- Upper Slash Rd (lots posted on South side of road)
- 1 acre lots with 150' of road frontage

For more information, please call Mr. Glenn Hill at 962-5470

### LOT FOR SALE

#### BUILDING LOTS

- approx. 200 ft. Frontage X 100 ft. Deep
- adjacent to east side of Soaring Eagle Variety

Call: 613-396-2187

### LOOKING FOR

- Slightly used baby furniture, items and toys in excellent condition.
- especially looking for a wooden or white matching crib, change table and dresser set

Please call 613-966-6791 after 5 p.m. And or send a photo of the items to aprilglen@sympatico.ca

### FOR SALE

#### FORK LIFT TRUCK

- propane

Call 613-396-2138

### BABY SITTER

#### MOTHER OF TWO

- looking to babysit
- located on the Slash Rd.
- lots of fun things to do
- healthy meals and snacks

Call Danielle for details  
613-396-3950

### FOR SALE

#### MOCCASINS & LEATHER GOODS

- mens, womens and baby wraps
- various sizes
- various prices
- ready made moccasins or custom work available

Call Marilyn at 613-962-9919

### LAND FOR SALE

- 9.34 acres
- lot # 24G1-11
- located on the Airport Rd.

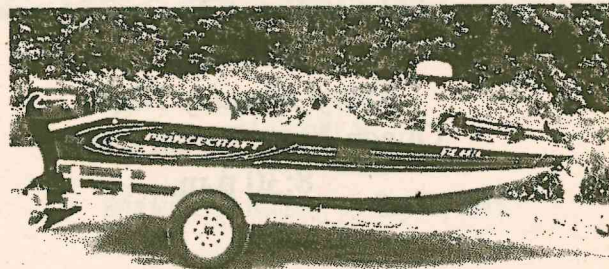
Call: (613) 396-1935

### LAND FOR SALE

- Waterfront lots
- Hickory nut grove
- 100' frontage X approx 466
- serviced road & hydro
- will hold mortgage

Call Glenn Hill: 962-5470

### Boat For Sale



This boat has been garage stored and is in very good condition

#### Details:

- 2000 Princecraft Super Pro 179
- 150 Evinrude Ficht
- Colour GPS/Sonar
- Stainless Prop plus a spare
- 54lb thrust electric bow motor
- Pro Pole and extra seats.

Call Troy at 613-396-3993 for more info.

### MILL TOWN MEATS

- Corn Fed Beef
- Quarters & Half Cuts of Beef
- Wrapped & Frozen
- Individual pieces sold at home
- AAA Beef

*Make your own Soup!*  
*Lyed Corn, Beans, Special Pork!*

Call: Glenn Hill 962-5470

### BABY SITTER

- available to babysit evenings and weekends and for the summer holidays
- has babysitting licence and can provide references if needed

Call: 613-396-5077 on weekends or weekdays after 5

### FOR SALE

#### MODULAR HOME

- 7 yrs old
- 1200 sq. Ft. 68 X 16
- new appliances
- air conditioning
- \$33,000.00 we will deliver

Call anytime for more information:  
613-475-1779

### FOR SALE

#### STOVE WOOD

- ash, oak, maple mixed

Call: 968-3917

### FOR SALE

#### BUILDING LOTS

- located on Mark's Rd
- 1 acre or larger

Call: 968-3917

### FOR RENT

#### AUTO BODY GARAGE

- includes paint booth
- located at 748 Norways Side

Call: 613-967-3759

### HOME MADE Butter Tarts

orders taken in advance to ensure freshness.

Open Mon.- Sat.  
8065 Hwy # 2  
Deseronto

HAND MADE BABY SWEATER SETS  
-\$20.00

Knitted Dish Rags  
\$1.25

Call Kathy: (613) 396-2197



COMMUNITY BUSINESSES



### ROLLIN' RAPIDS TRUCKING

*Locally Owned and Operated*

Bulk water / Flatbed service  
Call: 96-WATER

765 Melrose Rd  
Shannonville, Ont  
(613) 969-2837



S + G MacDonald  
Owner/Operator

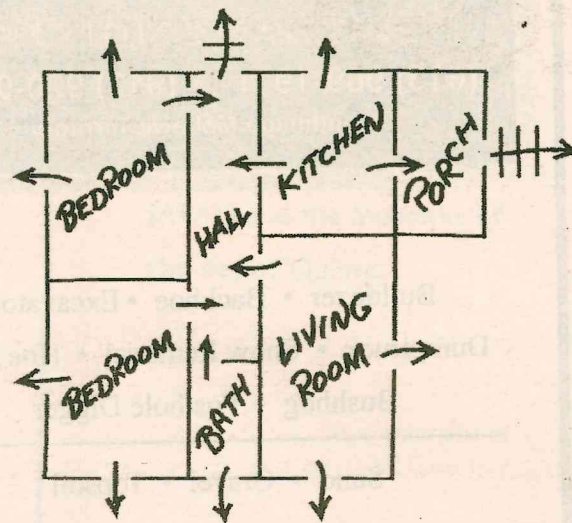
### BULK WATER DELIVERY

5000 Gal - \$120.00	<i>Best Price the First Time!</i>
3000 Gal - \$ 80.00	
2000 Gal - \$ 70.00	<i>Prices for Tyendinaga</i>
1000 Gal - \$ 60.00	<i>Mohawk Reserve!</i>


*Potable Water Only!*

*Call Sean at 613-969-2837*

## KNOW WHERE TO GO



Develop and practice a home fire escape plan so if a fire starts everyone knows two ways out of every area.



### CENTRE for FAMILY PRESERVATION

COUNSELLING FAMILIES TO WELLNESS

*Behaviour Modification for Children and Adolescents*  
*Techniques to Reduce Impulsivity*  
*Anger & Communication*  
*A little self control goes a long way*  
*Chronic Depression & Anxiety*  
*Cognitive Behaviour Therapy*  
*Marriage, Relationship & Family Therapy*  
*Learn how to save the most meaningful relationships*  
*Broken and Difficult Relationship*  
*Learning how to Communicate with your partner*


### PARENT CAPACITY ASSESSMENTS

Call  
613-967-9944

For a Private & CONFIDENTIAL CONSULTATION

TWO LOCATIONS TO SERVE YOU BETTER  
**BELLEVILLE & TYENDINAGA TERRITORY**

COST MAY BE COVERED BY HEALTH CANADA OR OTHER EXTENDED HEALTH PLANS



EXTENSIVE EXPERIENCE IN HELPING FIRST NATIONS FAMILIES

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**(613) 968-6333**

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### ABSOLUTELY NO TAX

BELLEVILLE HIGHWAY 401

OLD HIGHWAY #2

SHANNONVILLE

POWELL ROAD


↓  
REZ BOYZ

### Shannonville Exit

-1km East On Hwy #2  
-10 Minutes From Belleville  
-40 Minutes From Kingston



## COMMUNITY BUSINESSES



**ARROW HEAD**  
**EXCAVATING**

(613) 969-1911 (613) 920-0197  
Tyendinaga Mohawk Territory

Bulldozer • Backhoe • Excavator  
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Bushhog • Posthole Digger

---

Sand • Gravel • Topsoil

NEEDLE  
BIRDIE'S NOOK  
WOOL

CROSS  
STITCHES

NEEDLES

NOTIONS

*\* Knitting & Cross Stitch Classes Available \**

birdster@sympatico.ca  
1093 "c" SLASH ROAD  
TYENDINAGA MO-  
HAWK TERRITORY  
613 396 1960



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**Lumber & Building Supplies**  
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**Jim McMurter**  
Owner / Manager  
E-mail: jmcmurter@mcmurterhome.com  
BUS: (613) 396-1607 ~ FAX: (613) 396-6897



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**CELL 613-849-8862**  
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**J.A. MCKAY**

 **OHWISTHA  
CAPITAL  
CORPORATION**

Akwesasne Territory  
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Cornwall, Ontario K6H 5V4  
e-mail: ohwistha@glen-net.ca

*Financing Business Opportunities*

**Jim McMurter**  
**Vice President**

Phone: 613-396-1607  
Phone: 613-933-6500  
Fax: 613-933-7808

**Lennox & Addington Financial Centre Inc.**



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**Bob Vrooman**  
CFP CLU CH.F.C.

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Specializing in Siding, Soffit,  
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## COMMUNITY BUSINESSES

**Time For You  
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"Hairstyling and Esthetic Salon"

Diane, Esthetician & Hairstylist  
Dianna, Nail Technician

5717 Old Hwy #2 Shannonville

Call: 968-9459 for an appointment

*Hair Styling for the Whole Family*

- Waxing Services
- Eyelash & Eyebrow tinting
- Ear Piercing & Facials
- Manicures & Pedicures

\* Gift Certificates Available! \*

Great Savings on all Joico, OPI,  
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**"Free"**

Paraffin Wax  
with a manicure

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613-961-9434

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**B.C. Roofing**  
All types of Roofing

Rubber Roofing  
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SIDEWALKS

Greg Lewis

967-1407

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Office 613-966-4482  
Fax 613-966-0626  
Email arrdust@aol.com

### POWLESS at Home

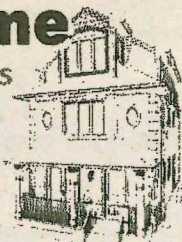
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- Small Building Drafting Services
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K0K 1X0  
(613) 396-2337

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Doug Green

Custom Built Clubs and Repairs  
Lie and Loft Adjustments / Frequency Matching  
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\* FREE ESTIMATES \* 396-5434  
COMPARE OUR PRICE RIGHT HERE ON THE RESERVE  
31 YEARS EXPERIENCE

### MOHAWK CYCLE CLINIC

146 Hwy # 49 TMT

Come and see

\*\* OUR NEW ATV'S \*\*

and also see us for your  
snowmobile parts and service  
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& Snowmobiles

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121 HURONBRANT DR. N.  
TYENDINAGA MOHAWK TERRITORY  
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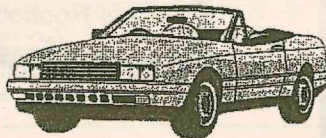
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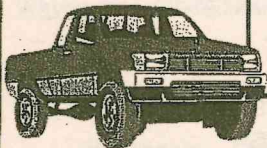
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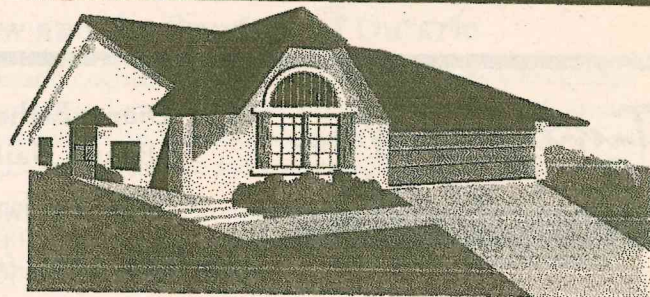


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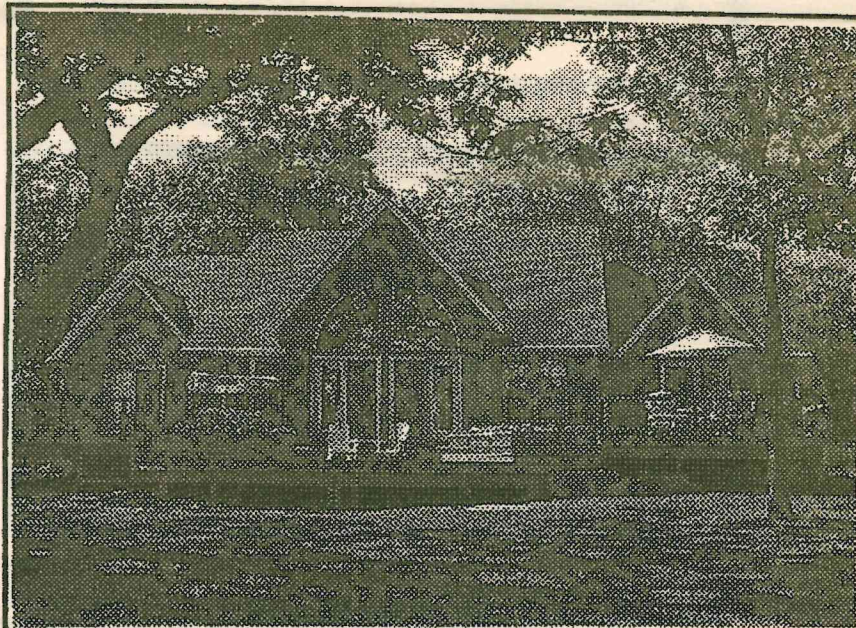
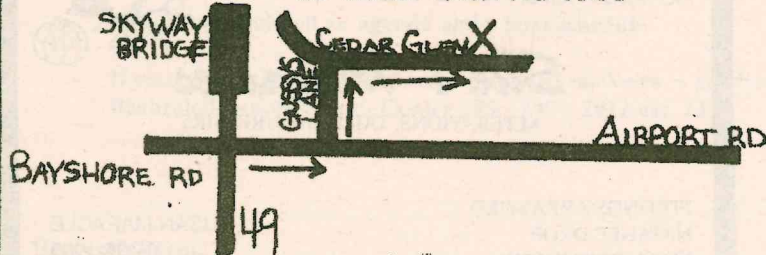
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