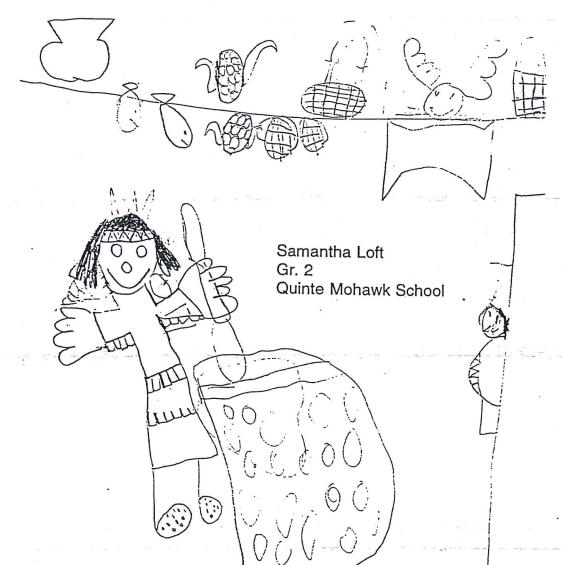


TYENDINAGA NEWSLETTER



KENTENHKO:WA' (November) ISSUE 15/94

PLEASE NOTE!!

Believe in Yourself

Week
23 - 24 A Healthy Family

National Drug and Alcohol Awareness

21.

THERE ARE ONLY 2 NEWSLETTERS BEFORE CHRISTMAS!





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news release

FOR IMMEDIATE RELEASE October 3, 1994

Province completes first lap in bicycle safety

TORONTO - The province is gearing up for bicycle safety as the one-year countdown to mandatory helmets begins.

"Ontario's 2-million cyclists should use their heads when it comes to safe cycling habits -that includes wearing a helmet," said Transportation Minister Gilles Pouliot. "It could save your life or, at the very least, prevent serious head injuries."

More than 3,300 cyclists were injured and 27 killed on Ontario roads in 1992. Statistics also show that 75 per cent of cycling fatalities are the result of head injuries -- and that helmets can reduce the risk of head injury by 85 per cent.

In July 1993, the province passed a private member's bill to make wearing a bicycle helmet mandatory on October 1, 1995.

Since then, the Ministry of Transportation has formed the Bleycle Safety Team -- a task force to promote safe cycling and helmet use. The team includes partners from the cycling community, health and safety groups, police departments and other ministries.

During 1993, the ministry also forged ahead with a full range of activities including safe-cycling educational and marketing materials.

The province has also committed \$3.5 million annually to improve trails, bike parking facilities and cycling skills training and to make it more convenient for cyclists to take advantage of local transit services.

With one year to go before helmets are mandatory the ministry intends to continue to form partnerships with other governments, the private sector and special interest groups to raise public awareness about proper safety equipment and safe cycling practices.

In the meantime, police officers will continue to remind eyelists about the upcoming helmet law during their normal enforcement activities.

"Our bicycle safety efforts go hand in hand with our overall commitment to make Ontario's roads the safest in North America," Pouliot added.

- 30 -

In case of transmission difficulties, Ph. # (416) 599-9900 Fax # (416) 599-9700

For information please contact: Anne McLaughlin

Communications and Public Education Branch

Tel: (416) 235-4102 Fax: (416) 235-4841

Principal Belevener men epith

IN CASE OF TRANSMISSION DIFFICULTIES, PLEASE CALL (416) 863-9350

PLEASE DELIVER TO:

MOHAWKS OF THE BAY OF QUINTE, "TYENDINAGA NEWSLETTER" TYENDINAGA FLYER (DESERONTO)





FOR IMMEDIATE RELEASE

Bank of Montreal Opens First Aboriginal Branch in Québec

WASKAGANISH, October 13, 1994 — The Bank of Montreal today officially opened its first branch on aboriginal territory in Québec in Waskaganish. This Cree community is located on the southern tip of James Bay at the mouth of the Rupert River.

"It has been exactly one year since Chief Billy Diamond and the Band Council first approached us about providing members of the Waskaganish First Nation with full banking services," explained Gillas Jarry, Senior Vice-President, Québec Division. "Thanks to the community's advice and support, we have been able to move ahead at a rapid clip. In proceeding, our aim has been to respect the Cree language, culture, values and traditions, while ensuring our products and services are easily accessible."

The Bank of Montreal has translated key banking forms and product brochures into Cree and recruited its personnel from the community. In addition the Bank will be hosting information sessions on its banking system in the coming months for Elders, Youth, through the Cree School Board, and the community at large.

As part of the opening ceremony, Mr. Jarry presented a \$2,500 Bank scholarship to be awarded at the discretion of the Band Council to a young Cree student. The winner of the scholarship will have excelled in his or her high school studies and demonstrated an interest in pursuing his or her education in business or finance.

"Today's announcement," explained Ron Jamieson, Vice-President, Aboriginal Banking, "is part of the Bank's goal of providing aboriginal communities with improved access to financial services and hiring of aboriginal staff. Since establishing the Aboriginal unit two years ago, we have opened branches in aboriginal communities stretching from British Columbia to the Northwest Territories and Ontario. In addition, working with the Government of Canada, we were instrumental in ensuring individuals and businesses on reserves are eligible for loans under the Small Business Loans Act."

The new branch will serve members of the Waskaganish First nation as well as the surrounding communities through electronic banking. "The opening of the Branch is further evidence of the Bank's commitment to expanding its business with aboriginal communities across Canada," added Mr. Jarry. "In so doing, we will continue to partner with Aboriginal People. This is not only the right and just thing to do, it also makes good business sense."

- 30 -

Information:

Lucie Gosselin (514) 877-1101



news release

FOR IMMEDIATE RELEASE October 28, 1994

Plenty of choice for Christmas plates

TORONTO -- Ontario's professional baseball, basketball, football and hockey teams have faced off but it's too early to tell who the leaders will be in licence plate logo sales.

Regardless who is winning, the logo plates make great one-of-a-kind gifts.

And once again this year, the Ministry of Transportation is reminding holiday shoppers that the deadline for ordering personalized Ontario plates in time for Christmas delivery is Friday, Nov. 18.

For the first time the gift selection includes new reflective plates with a choice of 10 logos.

Choose from the logos of the Toronto Maple Leafs, the Blue Jays, the Raptors, the Argonauts, the Hamilton Tiger-Cats, the Ottawa Senators and the Rough Riders as well as the loon, the trillium and Ontario's road safety logo.

Prices for the designs vary from \$52.10 for a design on a standard plate to \$185.85 for a design on a personalized plate.

Gift certificates are also available in denominations of \$30, \$50, \$125 and \$175, plus applicable GST. There is no deadline for purchasing gift certificates, which are available year-round.

Out certificates and licence plates with designs can be ordered at all licence issuing offices in Ontario or by calling 1-800-AUTO-PL8 (1-800-283-6758). The toll-free telephone number is available Monday to Friday from 8 a.m. to 9 p.m. and from 9 a.m. to 5 p.m. on Saturdays, Sundays and holidays.

- 30 .

For more information please contact:
Anne McLaughlin
Communications and Public Education
Tel: (416) 235-4102

Tel: (416) 235-4102 Fax: (416) 235-4841 In case of transmission difficulties, Ph. # (416) 599-9900 Fax # (416) 599-9700 HEAD OFFICE: Mississaugus of New Credit Indian Reserve R.R. 6 Hagersville, Ontario NOA 1H0 (905) 768-1601 FAX (905) 768-1762



TORONTO OFFICE: 22 College Street 2nd Floor Toronto, Ontario M5G 1K2 (416) 972-0212 FAX (416) 972-0217

CHIEFS OF ONTARIO

CHIEFS OF ONTARIO ONTARIO INDIAN SOCIAL SERVICES COUNCIL REQUEST FOR PROPOSALS

OCTOBER 28, 1994

THE PROJECT

The OISSC is interested to receive proposals for the development of a RESOURCE HANDBOOK, that may be used by First Nations (in Ontario) interested in developing Social Assistance Programs, to meet the needs of their communities.

The Handbook will contain a number of models, that focus on jurisdiction, and are reflective of the relevant cultural, social-economic conditions present within a number of geographic regions within Ontario.

The project will be directed by a Steering Committee comprised of the Social Assistance Working Group.

QUALIFICATIONS

- A demonstrable knowledge of First Nations
- Knowledgeable of Provincial Social Service legislation
- Knowledgeable regarding relevant federal legislation
- Experience working with First Nation communities in community development activities
- Experience working with First Nations and external governments on First Nation jurisdiction over social services.

TERMS OF REFERENCE

Those interested in submitting a proposal may obtain a copy of the Terms of Reference by contacting the SOCIAL ASSISTANCE CO-ORDINATOR at 22 College Street, 2nd Floor, Toronto, Omario, M5G 1K2, (416) 972-0212.

SUBMISSIONS

Proposals will be received at the address noted above up until 4:00 p.m. November 25, 1994. All proposals should be clearly marked "SOMEWHERE TO BEGIN".

THEUS REUSE

1994-41 October 11, 1994

ENHANCED BURSARY/SCHOLARSHIP PROGRAM FOR FIRST NATIONS, INUIT AND MÉTIS

OTTAWA - Health Minister Diane Marleau announced today that between 25 and 50 additional students will be able to participate in the *Indian and Inuit Health Careers Program* (IIHCP) this year.

Increased funding for the program fulfills a commitment made in the Liberal Red Book, *Creating Opportunities*, to triple the number of bursaries and scholarships available through this program. Funding for IIHCP will increase this year from \$100,000 to \$300,000.

In making the announcement, Madame Marleau indicated that increasing the number of Aboriginal health professionals and para-professionals trained through this program can make an important contribution to building healthy communities and increasing the autonomy of Aboriginal health services in Canada. She added that this initiative is also consistent with recommendations made by the Canadian Medical Association in *Bridging the Gap* as it will provide assistance to Aboriginal medical students as well as those pursuing studies in other health disciplines.

IIHCP was established in 1984 to increase the representation of Aboriginal peoples in the health professions. The program was specifically designed to encourage and support Aboriginal participation in educational opportunities leading to professional and para-professional careers in health care. Since 1984, 246 students have received bursaries and 148 students have received scholarships. It also provides resources to universities and other educational institutions to create a learning environment designed to overcome social and cultural barriers that have, in the past, inhibited Aboriginal student's educational achievement.

.../2

3

Funding for this initiative was provided for in the February 1994 federal budget and is therefore built into the existing fiscal framework. It has been made available by reprioritizing the resources within the IIHCP. This targeting of resources will ensure that Aboriginal students have wider access to the IIHCP. This announcement is an example of how this government is prioritizing its spending so that it can better serve Canadians by making efficient use of their tax dollars.

- 30 -

Information:

Également disponible en français

Bonnie Fox-McIntyre/Monique Renaud-Gagné Health Canada (613) 957-1588

** PLEASE NOTE **

PLEASE PICK UP YOUR SUNDAY BEAVER AND WEEKLY GUIDE WHEN THEY ARRIVE IN YOUR DRIVEWAYS. SOME HAVE BEEN ACCUMULATING ALONG THE SIDE OF THE ROADWAYS.

LETS KEEP OUR TERRITORY LOOKING BEAUTIFUL!

** NOTICE **

DIABETES PREVENTION PROJECT

The evaluation of the Kahnawake Schools Diabetes Prevention Project will be starting the first week of November at Quinte Mohawk School. The Evaluation Team has the support of Chief and Council and of the Quinte Mohawk School Committe for this project.

The Kahnawake prevention project is a community based initiative aimed at giving children basic knowledge, skills and family and community support to engage in lifestyle changes that would prevent diabetes as they grow into adulthood.

The information collected from Quinte Mohawk students will serve as a comparison group with the data collected at Kahnawake. The information obtained will become the property of the Tyendinaga community which may be used at a later date to implement a similar

health program for the children of Tyendinaga.

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The Evaluation Team will be collecting data on the cating and exercise habits of Quinte Mohawk students. There will be no blood samples, medication, or discomforting procedures given to the children. Because diabetes takes many years to develop, we do not expect to demonstrate a reduction in the number of people afflicted with this desease within the duration of the project. However, we expect to see changes in the dietary and exercise behavior of the children in Kahnawake. These changes should eventually help prevent diabetes on a long term basis.

The Evaluation Team consist of community members: Lisa Maracle, Barbara Maracle and Anne Maracle, who will be under the direction of Serge Descosiers.

The Team will be administering a questionnaire and taking important body measurements, such as height, weight and skinfolds.

Participation of Quinte Mohawk students is very important in order for there to be a sufficient comparison group for the Kahnawake Project.

A health program, specifically designed for Native people, is currently being developed and implemented in every schools in Rahnawake. If this program is successful, the Native health program will be available to any Native community who wish to implement such a program.

All of the information concerning the Kahnawake intervention will be accessible to the community of Tyendinaga. If the people of Tyendinaga decide eventually to put in place their own program, key people from Kahnawake, could help implement a similar project in the community of Tyendinaga. Therefore, the participation and support from the community is very crucial and greatly appreciated.

If there are any questions or concerns, do not hesitate to call Lina Maracle (966-6984) or Sorge Desrosiers (514-635-4374).

WE HAVE DAYCARE "OPENINGS"

ADMISSIONS FOR DAYCARE ARE:

The daycare accepts children from the age of 2 1/2 to 5 years, who are toilet trained.

Only full time children or part-time, meaning at least three full days per week on a consistent regular basis will be enrolled.

The priority basis is based on the following:

1. Roth parent(s) residing on the Tyendinaga Mohawk Territory and working or returning to school on a full-time basis. If the family consists of two parents; at least one parent must be a registered status Mohawk with the Mohawks of the Bay of Quinte. Single parent families must be registered status Mohawks with the Mohawks of the Bay of Quinte.

Hours of operation are Monday to Friday 7:00 am - 5:00 pm.

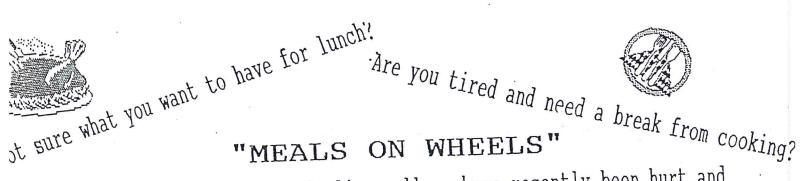
If you require childcare and would like more information about the program we offer or would like to visit the centre stop by or call 968-7850.



YENDINAGA SCHOOL AGE PROGRAM IS AVAILABLE FOR CHILDCARE 7 A.M TO 8:45 3:25 TO 5:30

LOCATED IN THE LIBRARY AT QUINTE MOHAWK SCHOOL (FEXIBLE HOURS AVAILABLE IF NUMBER OF STUDENTS WARRENT CHANGE)

CALL 962 - 9374 FOR MORE INFORMATION OR THE SCHOOL.









Maybe you're just not feeling well or have recently been hurt and you are unable to cook. Now you don't always have to cook or plan a meal for lunch. Join "Meals on Wheels"! Every Tuesday and Friday you can have a delicious meal delivered to your door. There are no restrictions so call Cindy at the Health Centre at 967-3603 and register.







Hunters, hides, hats and Aboriginal artisans combine each season to form a strong circle of co-operation and conservation.

Thousands of hunters, the majority of whom are non-Native, make full use of their game (deer, moose and bear) by dropping the hides off at local collection depots each fall. In return, a hunter's orange hat with a collectable series of artwork is given in appreciation.

This exchange allows more hides to be accessible to Aboriginal artisans, who make fine crafts, moccasins, gloves and clothing.

Your local Hats for Hides Depot:

Tyendinaga Mohawk Territory across

from the Airport, on Airport Road just

off Highway #49.

Call your local depot manager at:

613 - 396 - 3424



The Hats-for-Hides program
Is administered by
the Union of Ontario Indians
and funded by the
Canada-Ontario Resource
Development Agreement (CORDA).
For more Info about the
Hats for Hides Program, call
Perry McLeod-Shabogesic, (705) 497-9127.



PALLIATIVE CARE TRAINING

NOVEMBER 22 and 23, 1994

8:30 a.m. to 4:30 p.m.

QUEEN ANNE PARISH CENTRE

In recent years, the need for community-based palliative care has grown and this trend is expected to continue as, increasingly, terminally ill people choose to die at home.

The goals of this training will be to:

- 1. Raise awareness levels regarding the needs of dying clients and their families.
- 2. Encourage participants to examine their own beliefs and attitudes toward death, dying and grief.
- 3. Equip participants with new skills in providing care to dying clients and their family members in an effective, compassionate and positive manner.

We are encouraging all caregivers, elders and community members to participate in this FREE training.

Please call 967-3603 to pre register.

Refreshments for breaks will be served.

PLEASE BRING BAG LUNCH.

NOTICE TO ALL COMMUNITY MEMBERS

The Health Centre Staff further requests the assistance of all community residents in providing BAND NUMBERS and new HEALTH CARD NUMBERS of all members of families and households. This information is in compliance with a request from Health Canada, Ontario Region, for the Health Information System Database.

Non-status residents (including children) are also asked to provide Health Card Numbers.

We ask those residents who did not respond to our previous request to please provide this information by phone (967-3603), or dropping by the Health Centre.

THAYENDANEGA HEALTH CENTRE STAFF

NOTICE TO COMMUNITY MEMBERS

Both COMMUNITY HEALTH NURSES will be away from the Community on FRIDAY, NOV. 4th and MONDAY, NOV. 7th to WEDNESDAY, NOV. 9th; returning to the Health Centre at 8:30 a.m., Thursday, Nov. 10th.

* * * * * * *

All COMMUNITY HEALTH REPS will be away from the Community on FRIDAY, NOV. 4th and WEDNESDAY, NOV. 9TH.



MOCCASIN TRAIL NEWS



Congratulations to all of those dedicated people who are still "moving for miles"! You must be feeling healthier! You are doing a wonderful job, keep it up! Starting in the month of November we will be awarding a prize to the special "MOCCASIN MOVER". So don't think you won't win a prize because your mileage is lower than others, anyone can win! Everyone who comes to the health centre and reports their mileage will be eligible. All the names will be put in a hat and your name could be drawn as the special Moccasin Mover for the month. REMEMBER your most important competitor is yourself because you are walking your way to a healthier lifestyle.

Our winning walkers for the month of September are:

1st Carol Loft with 209.8 miles. When does this girl sleep? Great work Carol! 2nd Joan (Clifford) Brant with 75.72 miles. What a great role model for all young seniors!

3rd Lisa M. Maracle (Millie & Reg's daughter) with 74 miles. Another positive inspiration for our program.

Just a reminder, when we first started this program we mentioned that it was based on the new attitude of taking responsibility for your own health and overall wellness. In our research we have found that this new attitude is being discovered among many professionals as is mentioned in the following article from the Weekly Guide.

Developing a new attitude

Recently I enjoyed the good fortune of attending an international fitness conference. It was a great learning experience. A more positive view of fitness I

have yet to

I returned renewed and expectant, awaiting the positive future of fitness. Fitness and health as a whole life

Bodlen In Motion Tunbridge

experience — one that equally includes body, mind and spirit.

It is becoming more prevalent in our lives that to be, or to stay healthy takes more effort than exercising three times weekly and eating the right foods. (Keep in mind this is a wonderful place to start).

Sometimes we find with all the research taking place, what is good for our bodies today may be deadly tomorrow. So what to

To begin, the best rule to follow continuously is: everything in moderation.

The second is to slow down, try repeating this phrase to yourself throughout the day, "take your time."

It may seem odd for a fitness trainer to return from a weekend fitness conference with two small life affirmations.

It speaks loud and clear about where the fitness industry is headed, and I for one, really feel good about the directional change I see happening.

way since I began my career. Ten were viewed on an equally years ago conferences were held important level as the latest in tive ways to make people sweat toning. without causing any long term damage.

There has been a distinct. It was heartening for me to see change. Now we are viewing our- that as a society, we are beginselves as a whole; body, mind ning to look inward a little more. and spirit.

This holistic approach will provide us with abundant bene-cessful and healthy means, as we fits, to our bodies as well as our work towards a greater underemotional, psychological and standing of what it means to Bespiritual selves. Take care of each Fit All Over!

more than our physical bodies.

stress management, as well as Workshop Trainer. daily living with affirmations, or we could choose to learn ways to channel our energies and become champions in all aspects of daily life.

This industry has come a long - These workshops/lectures to teach newer and more innova- choreography, step or muscle

learning to value all of ourselves.

Drawing a step closer to com-

part with care.

Jude Tunbridge is owner and
This conference brought that operator of Bodies in Motion and
home to me. We are so much is a certified Fitness Instructor
more than our physical bodies.

with the Ontario Fitness Council with the Ontario Fitness Council Seminars were offered in and an Ontario Fitness Council





NOVEMBER IS DIABETES MONTH IS YOUR FAMILY AFFECTED BY IT?

PLEASE COME TO A SPECIAL PRESENTATION AT THE THAYENDANEGA HEALTH CENTRE MONDAY NOVEMBER 14, 1994 MEET JANE BOYLE & MIKE PLANTE OF KELLY'S HOME CARE CENTRE

> CAROL E. PREBBLE R.N. OF BOEHRINGER MANNHEIM (GLUCOMETER MFG.)

&

IF YOU HAVE ANY CONCERNS ABOUT DIABETES, YOUR GLUCOMETER, YOUR LANCET PENS, OR FAMILY WITH DIABETES THIS IS THE PLACE TO BRING THEM.

BRING YOUR GLUCOMETER WITH YOU TOO

TIME: 7:00 PM REFRESHMENTS WILL BE PROVIDED

MARK YOUR CALENDAR TODAY!!



FROM THE OFFICE OF THE EMPLOYMENT CO-ORDINATOR

The Prudential Insurance Company in Belleville is seeking a Community Member to represent the community as a Field Representative. The Field Representative will be required to sell Insurance such as Auto, Home and Life. This is an opportunity to establish a career and make it a rewarding position in the long run. The Prudential Company provides ongoing training to all staff, as well as a complete benefit package. The successful applicant should possess good communication skills and be outgoing. Basic computer knowledge would be an asset but not necessarily required.

Opportunity

You are able to work independently You can set your own hours You establish your own income

Challenge

You set your own goals
Direct your career path
In effect, you are running your own business

If interested in this challenging opportunity, Please submit resumes to

Bev Hill, Employment Co-ordinator
Mohawk Administration Office
R.R. # 1
Tyendinaga Mohawk Territory, Ont.
K0K 1X0

A local Businessman is currently working on a project that would create a position for a Sales Representative / Purchaser. This position would involve meeting with many different lumber and harware suppliers to negotiate business deals. Some hardware and lumber experience would be an asset. Must be outgoing and possess good communication skills.

If interested in this position please submit resumes to:

Bev Hill, Employment Co-ordinator Mohawks of the Bay of Quinte Tyendinaga Mohawk Territory, Ontario K0K 1X0



MOHAWKS OF THE BAY OF QUINTE TYENDINAGA MOHAWK TERRITORY

10/05/94

R.R. #1 DESERONTO, ONTARIO K0K 1X0 (613) 396-3424 Fax: 1-613-396-3627

is seeking applications for:

MOHAWK LANGUAGE TEACHER AND OR INSTRUCTOR PRIMARY DIVISION AT QUINTE MOHAWK SCHOOL

Duties & Responsibilities:

- ∞ To work cooperatively with the Staff of Quinte Mohawk School to facilitate the development and implementation of Mohawk Language curriculum in the primary division.
- ∞ To design instructional tools (ie: games, pamphlets, etc.) for use in the Mohawk Language program.
- ∞ To create reading materials such as workbooks for use by the students.
- ∞ To develop audio-visual materials for the Mohawk Language Program. (ie: teaching charts, overhead materials, etc.)
- ∞ To train substitutes for the Mohawk Language class.
- ∞ Assist the teachers in implementing the Mohawk Language in other classroom curriculum.
- ∞ To assist the students to develop fluency and confidence in speaking and using our Native Language.
- ∞ To xerox and bind materials, and to copy tapes for the Mohawk lessons.
- ∞ To develop evaluation materials for the Mohawk Language program.

Qualifications:

- ∞ Degree or recognized Teaching Certification
- ∞ Fluent in the Mohawk Language
- ∞ Must be capable of reading & writing in Mohawk
- ∞ Previous teaching experience an asset
- ∞ Knowledge of Program planning and proposal writing an asset
- ∞ Excellent interpersonal, and oral & written communication skills

Deadline for Applications:

November 18th, 1994 by 4:00 p.m.

Please submit applications to:

Bev Hill, Employment Co-ordinator

Mohawk Administration Office

R.R. # 1

Tyendinaga Mohawk Territory, Ont.

KOK 1X0

Public Service Commission Position Advertisements

Recently we have received quite a number of Public Service Commission open positions which we have posted on our job board. Most of these positions are for the National Capital - Eastern Ontario region.

Due to the large number of positions we are unable to post them in the newsletter so we are asking anyone interested in the positions to come in and see us at the Employment Office. If you are unable to come in, call and we can make other arrangements for you to see the advertisements.

Thanks, Bev Hill, Employment Co-ordinator

October 31, 1994

Resumes Needed/Available Positions

- Hairdresser; to work in Belleville, preferably finished schooling but still requires 2000hrs apprenticeship.
- 1 AZ Truck Driver; 14-16¢/mile, \$20-30,000/yr. Must have AZ licence and a clean abstract, will be driving across North America.
- I Cook; to work in Belleville. Must have previous experience. Approx. 32-40 hrs/wk, \$6.70/hr.
- I Welder/Fitter; to work in Belleville, must have welder/fitter experience.
- 1 Production Worker; to work in Belleville. S9-14/hr dep. on experience. Mechanical skills required.
- Accountant; to work in Belleville, must have experience with computerized accounting.
- 1- Salesperson/Data Input, to work in Belleville, must have communication skills and sales experience. Transportation required covering Quinte area.

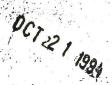
PLEASE SEND RESUMES ONLY TO THE BELLEVILLE jobsOntario OFFICE (no direct referrals)

* Be sure to note which position is being applied for *

In order to apply to the above positions applicant must either be registered with the jobsOntario program or jobsOntario eligible

Thank You for your cooperation

Job Posting - Management Training Contract



Toronto Arts Council Seeks an Associate Grants Officer

Torento Arts Council is an arm's length agency of the City of Toronto which makes decisions regarding the allocation of the City's cultural grants budget and advises the City on cultural matters. In furthering its Cultural Equity program and initiatives and with the support of the Ministry of Culture, Tourism and Recreation and the Multiculturalism Programs of the Department of Canadian Heritage, Toronto Arts Council is creating a 12 month contract administrative/management training position aimed at Aboriginal Peoples.

Qualifications

- Excellent oral and written communication skills.
- Capable of working cooperatively within an office environment.
- Ability to organize and prioritize and work to deadlines.
- Working familiarity with computers.
- Familiarity with the arts.
- Familiarity with equity issues.

Responsibilities include:

- Assist with the administration and review of applications to Toronto Arts Council's grants programs supporting the work of arts organizations, artist collectives and individual artists.
- Facilitate the work of Toronto Arts Council committees with their consideration of grants applications and with the development of policies.
- Organize juries and facilitate meetings.
- Provide program information to prospective applicants and meet with them as necessary.
- Liaise with Toronto arts community and TAC Board of Directors and committees. Coordinate communications regarding grant programs. Attend meetings and events as necessary.
- Assist and work with TAC Board of Directors and committees on furthering TAC's Cultural Equity program and initiatives.

Marie Boal Please forward resumes to:

> Toronto Arts Council 141 Bathurst Street Toronto, Ontario M5V 2R2

Fax: (416) 392-6920

Deadline for submissions: November 30, 1994

Starting date: February 1, 1995

For more information: (416) 392-6800



MOHAWKS OF THE BAY OF QUINTE

R.R. #1, Tyendinaga Mohawk Territory, Ontario KOK 1XO (613) 396-3424 Fax: 1-613-396-3627

October 26, 1994

Dear "Successful Candidate must be of Aboriginal Ancestry":

Thank you for your letter of October 21, 1994, outlining your concerns on the criteria to apply for a position.

Many of the positions offered have a criteria attached to the funding that requires the employing of Aboriginal Ancestry only. The inability to secure a person of Aboriginal Ancestry means the inability to obtain the funding. Unfortunately, this is not criteria that the Mohawks of the Bay of Quinte have written or implied, but rather it has been established elsewhere.

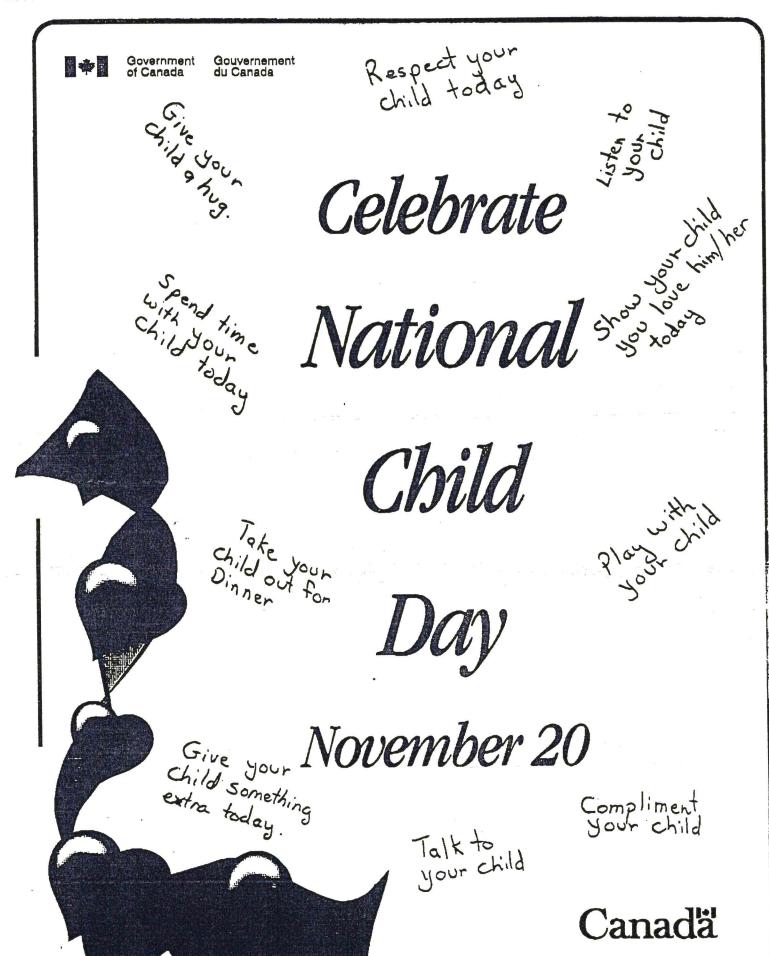
Our establishment employs a variety of individuals - Native and Non-Native. I hope this addresses your concerns.

Sincerely,

Donald maraila

R. Donald Maracle Chief

GM/am



"WITH THE CREATOR'S HELP YOU CAN BELIEVE IN YOURSELF"

Reinforce the fact that you are powerless over alcohol, that you've lost control over your life.

Believe that with the Creator's help you CAN regain control.

Decide to ask for help from the Creator and from understanding people.

Stop and Think about your strengths, weaknesses and to think about yourself.

Admit to the Creator, to yourself and to a friend the things that are personally wrong.

Readiness to be changed with the help of the Creator.

Ask readily that the Creator and your friends help you to change.

Make a List of those you hurt by your drinking and ask for forgiveness.

Try to regain trust with people you have hurt, but also to realize that in some cases trying to make-up will only make matters worse.



To Reinforce your strengths and weaknesses and to admit when you are weak and wrong.

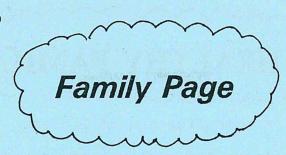
To Pray to the Creator for yourself asking for the strength to do what is right.

To Help Others in the same situation and to live your life DAILY by these principles.

NATIONAL DRUG AND ALCOHOL AWARENESS WEEK NOV. 13 TO 19, 1994

POT LUCK SUPPER AND SOCIAL
GUEST SPEAKER:MR TERRY MARACLE
ON DRINKING AND DRIVING
MOHAWK COMMUNITY CENTRE
WED NOV. 16 1994
SUPPER AT 5:30
GIVEAWAYS AND T-SHIRT DRAWS
PEACEMAKERS DRUM
EVERYONE WELCOME

Introducing the



A coloured page in the newsletter just for our Families! This page will feature games, puzzles, wordles, problems and activities for the whole family to enjoy together. Flip the page over to find out all about Families. This edition's focus is on the "Healthy Family". Read on and Enjoy!

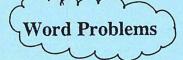


Solve the following wordles.

NA FISH NA FISH I EXCEPT

DICE

Answers on bottom of next page.



A train is 1 km long. It is travelling at 1 km/min. How long will it take the train to pass completely through the tunnel 1 km long.

It takes six lumberjacks 6 minutes to cut down 6 trees. How long does it take 5 lumberjacks to cut down 5 trees.

Answers on bottom of next page.



- * communicates and listens
- * affirms and supports one another
 - * teaches respect for others
 - * develops a sense of trust
 - * has a sense of play and humour
- * exhibits a sense of right and wrong
- * teaches a sense of right and wrong
 - * has a strong sense of family in which rituals and traditions abound
 - * has a balance of interaction among members
 - * has a shared religious core
- * respects the privacy of one another
 - * values service to others
- * fosters family mealtime conversation
 - * shares leisure time
- * admits to and seeks help with problems

(Adapted from Traits of a Healthy Family, Curran, Dolores)

Answers:

Wordles - Tunafish

"I" before "e" except after "c"

Paradise

Word Problems - 2 minutes 6 minutes

SHE:KON

MEMBERS OF THE T.F.Y.G HAS ORGANIZED A FOOD DRIVE FOR THE COMMUNITY FOOD BANK ON NOVEMBER THE 26, 1994. IT WOULD BE GREATLY APPRECIATED IF NON-PARISHABLE ITEMS COULD COULD BE DONATED FOR PICKUP ARRANGEMENTS BY THE T.F.Y.G MEMBERS. NIA:WEN KOWA

Wonders of the World

h see the many tragic things hat happen day by day. hen people choose to take a drug make them feel O.K.

hey think they'll take a little,. nd that their need will never grow, ut just who's kidding who? And who gets hurt? what I want to know.

rere are so many drugs to choose from ome are old, and some are new. ome promise courage and happiness, ut what do they really do?

ney tear apart homes and families. hey break hearts left and right, ney steal away futures and dignity, ike thieves that come in the night.

ut see the many wondrous things. hat happen day by day. 'hen people choose to live their lives i yet another way.

then people open up their eyes o the wonders all around,
"hey get their "highs" from work and play fith two fect on the ground.

ic don't need artificial things o make us feel complete .ll that we need we have inside, he answer is no sweet.

'ut down these drugs and take a walk, itel the wind upon your face. injoy the simple, louely things hat occupy your space.

recept the wonders of the world hey are the gifts for you and me. Ve don't need drugs, we just need love To set our spirits free.

-Lynne Monroe

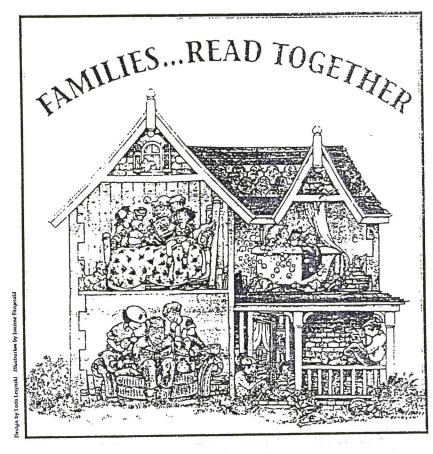
SUBMITTED

BY MOHAWK FAMILY & CHILDRENS SERVICES

Are you interested in attending a Craft Night at Ka: nhiote November 23? (its a Wednesday) It is necessary to bring a glue gun also the fee for material (\$15.00) must be pre-paid. 15 people only. Call 967-6264 to reserve a place.

FAMILY HISTORY! "OPEN HOUSE"

NOV. 30 10:00 A.M. - 4:30 A.M. 7:00 P.M. - 9:00 P.M.



Comadian Children's BOOK WEEK

November 12-19, 1994



The Canadian Children's Book Centre

Have a special family reading time. Try to pick a regular time every day or a couple of times a week.

Look through a catalogue...read magazines...tell each other stories...ask your children to draw pictures about the stories you read.

Keep it fun!!!

books.....the other channel



Happy Birthday!!!

FATMAN Nov. 10

Love Lynda, Mindy Nathan Happy Birthday!!

Treds Nov. 11

Love the Thomas Gang

Happy Birthday!!

Colleen

Love Lynda

Nov. 4

Happy **60th** Birthday!!

Arthur Nov. 8

Happy Birthday!

Mom Doreen Nov. 6

Love from All Your Raisens

Happy Birthday! To a Great Brother!

Amzy Nov. 6

Love from Your Sisters

Happy Love All in the Family 4th Birthday!!

Shalafae Nov. 6

Love Mom, Dad & Missy

Happy Birthday!

Benji Nov. 6



Happy Birthday!

Manson (Jake) Nov. 3 Happy Birthday!

Mikel Nov. 12



Lordy! Lordy!
Look Who's
?
Happy Birthday
Mr. Robin Hill
Nov. 11

Sharon, Shawn, Amy & Douglas

Love from

HAPPY ANNIVERSARY!

Mary & David
Nov. 2

Love the Family

HAPPY **40TH** ANNIVERSARY!

Bruce & Marie Loft

Best Wishes from Family & Friends

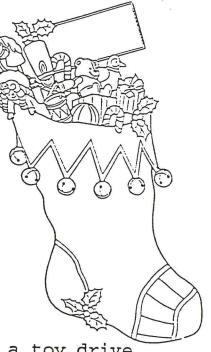
HAPPY ANNIVERSARY!

Carl & Della (Pop & Nanny)

Love the Family

Mohawk Fire Department In Cooperation With Mohawk Food Bank

TOY DRIVE



The Mohawk Fire Department will be holding a toy drive through the Month of November.

If you require Tuesday Night pick up please contact:



Scott Maracle 968-7985 Or leave message at 396-3424

Or drop your items off at TK Sports (evenings only)



CONGRATULATIONS
TO THE
TYENDINAGA EAGLES
MEN'S FASTBALL TEAM
THEY HAVE BEEN CHOSEN
BY THE ONTARIO ABORIGINAL
RECREATION COUNCIL
TO REPRESENT TEAM ONTARIO
AT THE 1995
NORTH AMERICAN INDIGENOUS GAMES





Thank You!

Thank You all for the Flowers, Cards, Phone Calls and to those who said Happy Birthday.

Thanks Again!

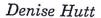
Love Eva Maracle (How good it is to be 39 Again!)



Thank You

Thank You very much for the Baby Shower. I was completely surprised!!! Special Thanks to Wendy Hill and Bonnie Madden. It was greatly appreciated.





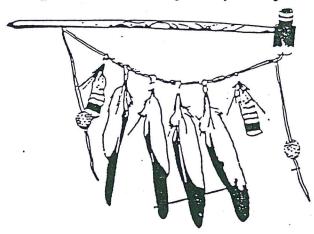


Special Thanks from Baby Hutt

Turtle Clan Meeting

Monday, Nov. 14, 1994 Lower Level-Ka:nhiote Library 6:30 p.m. - ?

Please Plan to attend and get acquainted with your family!



HALLOWEEN PARTY

The Mohawk Recreation Committee would like to thank the following for their donations to the Children's Party:

TYENDINAGA MOHAWK COUNCIL
MOHAWK FIREMEN'S WIVES
SHIRLEY'S VARIETY
PAT'S VARIETY
DESERONTO IDA
SIDEY'S IGA
AND ALL THE PARENT'S WHO HELPED OUT.

A great time was had by all!

Nia:wen



Kente Horseshoe League /94

FINAL STANDINGS

LEAGUE CHAMPS TYENDINAGA HOME IMPROVEMENTS

A CHAMPS:

G. & A. WATER

B CHAMPS:

G.T. MACHINE

C CHAMPS:

LEGION # 1

DIVISION WINNERS:

1ST DIVISION LEAGUE A CHAMPS: Tyendinaga Home Improvement - 1,194 points

2ND DIVISION LEAGUE B CHAMPS: G.T. Machine - 873 points 3RD DIVISION LEAGUE C CHAMPS: Legion # 1 - 841 points

On behalf of the Kente Horseshoe League we wish to thank those for their generosity and support.

T.K SPORTS
CHIEFS INN
DESERONTO HOME HARDWARE
TYENDINAGA RECREATION CENTRE

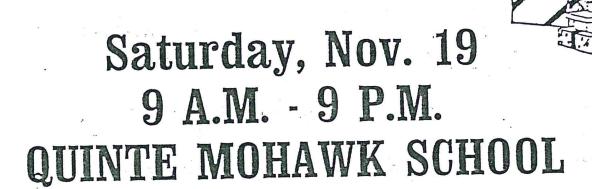
LOYALIST LANES (NAPANEE)
ORANGE LODGE AND LADIES AUXILIARY
DESERONTO LEGION BRANCH 280.

Annual

Free Admission!!

Mitt & Hat Tree!!

Sale !!



* PLEASE NOTE *
There is no parking directly in front of the Schools entrance.

The Mohawk Firemen's Wives Auxiliary

Art Show and Sale

SATURDAY, NOVEMBER 26, 1994 10 a.m. – 4 p.m.

LOYALIST COLLEGE CAFETERIA (KENTE BUILDING)

A pre-Christmas show and sale of works by Loyalist College art instructors and students.

One-of-a-kind gifts All original works Pottery

Oil Paintings

Folk Art

Ceramics

Watercolours

Woodcarving





MOHAWK PENTECOSTAL CHURCH



The Church that cares about OUR community!!!

SERVICE TIMES

SUNDAY - 10 AM - SUNDAY SCHOOL - And all are welcome! Ages 0-99, can be here for this time!

SUNDAY - 11 AM - Sunday morning Worship service.

SUNDAY - 630 PM - EVENING WORSHIP SERVICE. Come & join in with the great music & time of worship of our Great God.

WEDNESDAY - 7 PM - BIBLE STUDY - Come & enjoy these informative times of studying the world's history & getting to know OUR GOD a little better.

FRIDAY - 7 PM - "RADICAL YOUTH" Youth 12 & over are welcome to join us in our activities, & its FUN!



Just remember....



ALL ARE INVITED
AND MOST WELCOME TO COME TO...

MOHAWK PENTECOSTAL CHURCH

骨骨

396-5329

, ₽₽₽

15 K.W. ELECTRIC FURNACES **\$150.00**

Call Todd Kring for further information 396-3424

FOR SALE

2 BEDROOM HOUSE TRAILER

- 14' x 70', Ready for Hook Up
- Dishwasher included
- Asking \$17,000.00 or Best Offer

Call Dave Brant: 967-2183

** FREE **

German Shepard Pups

- 5 Weeks Old

Call: 396-6747

FOR RENT

BOTTOM 2 BEDROOM APARTMENT

- 4 plex on Airport Road
- \$575.00 utilities included
- 1st & Damage Deposit

969-1315 or 396-2716

DEER HIDE AVAILABLEWHILE QUANTITIES LAST!

ADMINISTRATION OFFICE 396-3424

FOR SALE

MOBILE HOME

- 2 Bedroom, Living Room & Kitchen
- Lot size 150' X 150'
- With additional Room 20 X 16
- Heat Pump for back up heating & Air Conditioning
- Natural Gas Furnace
- Good Well & Septic System
- Located on the Corner of Belles Side Rd. and #2 Highway
- Price is Negotiable

PLEASE CALL: 1-416-925-0511 BRUCE WELLS

FOR SALE

VERTICAL BLINDS

- Brand New, Spring 94 (light blue)
- Fits 5 ft. Patio Door
- \$180.00

Call Lori:

396-3424 days

or 394-0412 evenings

FOR SALE

COLEMAN GENERATOR 1500 WATT

- in good condition

Call: 396-2619

HOUSE FOR RENT

- On the York Rd beside Mrs. Herbs
- Available on Dec. 1/94

FOR MORE INFORMATION CALL: 969-7430 Daytime or 962-6031 after 4 p.m.

DO YOU REQUIRE CHILDCARE?

If so give me a call. My name is Nikki Brown. I am a responsible, mature 21 year old looking to earn some extra money for the holiday season. Willing to care for your child (children) in my home or yours.

Days/ Evenings/ Weekends. References available.

CALL NIKKI AT 396-3030

MILL TOWN MEATS

- Corn Fed Beef
- Quarters & Halfs of Beef
- Cut, Wrapped & Frozen
- Individual Pieces sold at Home

Make your Own Soup!

- Lyed Corn, Beans, Special Pork

Home Made Meat Pies!

- Approx. 6 oz.
- Turkey, Chicken, Beef Vegetable

CALL: 962-5470 GLENN HILL R.R. # 2 SHANNONVILLE ONT.

NEWSLETTER DEADLINE DATE

The deadline date for the next newsletter is:

MONDAY, Nov. 21/94 at 12:00 noon

396-3424

FOR SALE

SWIVEL 27" COLOUR T.V. FLOOR MODEL

- remote and timer \$350.00

CONVERTER - \$30.00

5" BLACK AND WHITE T.V. - \$65.00

EXERCISE BIKE with timer & odometre - \$50.00

CALL: 396-6567

WANTED

10 - 20 ACRES OF LAND

- for retiree
- Close to or on a main road

PLEASE CALL: 396-3764

HOUSE FOR SALE

- 2 Bedroom Bungalow, 1 Bath
- Located on the Shannonville Gravel
- Partly finished 2 car garage

Asking \$100,000.00 or open to offers

14 FOOT ALUMINUM FISHING BOAT

- motor and trailer
- \$800.00

FOR MORE INFORMATION CALL: Rodney at (613) 966-2044

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Construction & Excavating

Friendly Expert Service Rew Homes • Additions •

Renovations • Cement Work

Drive Ways • Trucking & Backhoe

Lorne Loft 968-2180

Russell Loft 962-9348





There's Going to be a Sale! on Hockey Sticks 15% OFF

REPLACEMENT STICK BLADES 10% OFF

SALE ENDS NOV. 18

Home (613) 969-1806 Bus. (613) 396-6025

A Protect-Water Services, Inc

Jim Porter Plumbing - Pumps - Water Treatmen

Sales . Lease to Own . Complete Service

Metered control Water Softeners

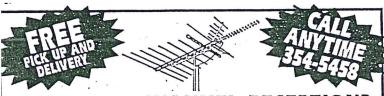
Chemical-free iron & sulpher Filters

Ultra-violet Purification Systems
High quality Drinking Water Systems
Distillers and Reverse Osmosis
Duro - 10 year Warranty Submersible Pumps
Well-Mate Lifetime Warranty Fiberglass Pressure Tank

Plumbing Renovations and Service
 Electric Hot Water Tank Installation & Service

R.R. #6, NAPANEE

354-6080



TIRED OF 4 CHANNEL RECEPTION?

CALL: JIM'S REPAIR SERVICE

We service VCRs, TVs, Audio Equipment, Computers, Antenna Systems





WE SPECIALIZE IN ANTENNA AND TOWER SALES & SERVICE



Wells - Cisterns - Pools
Bulk - Potable
Deseronto

962-6378

You Could
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space for a
Small Fee!

call: 396-3424



Lyle Vanclief M.P. Prince Edward-Hastings

59 South Front Street, Uni Belleville, Ontario K8N 5P4

969-7456

Larry's Auto Repair



QUIT STALLING WINTERIZE TODAY!

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- * Brakes * Steering
- * Gas Tanks * Suspension

NEW 3 BAY GARAGE 1 mile west of Shannonville on Hwy # 2



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LICENSED MECHANIC ON PREMISES

LUBE-OIL-FILTER

Includes up to 5 litres 10W30 multi-grade oil, lubrication of chassis fittings, new oil filter and a 26 point inspection.

With this coupon

Expires December 31st, 1994

\$16.95

Larry's Auto Repair

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Sales - Service - Installation

Propane - Gas - Oil

FREE ESTIMATES

All Work Guaranteed 2 Fully Licenced Technicians

Call John Maracle or Marty Barriage

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DOREEN BROS.

MOTOR VEHICLE SERVICES

QUALIFIED LICENSED MECHANICS

Automotive, motorcycles, snowmobiles, A.T.V.'s SAFETY CHECKS NOW AVAILABLE

AUTO SERVICE SPECIAL

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\$39.95 + Parts

Rear Brakes: Machine Drums

& Install Shoes

\$34.95 + Parts

FALL MAINTENANCE

TUNE-UPS ·

4 Cyl.: \$34.95 + Parts

6 Cyl.: \$39.95 + Parts

8 Cyl.: \$44.95 + Parts

A.T.V. Service

Honda, Suzuki, Yamaha, Kawasaki

FALL SERVICE SPECIAL INCLUDES:

Change Oil & filter

Valve adjustment,

Carb adjustment,

Lube Cables,

Clean or Replace Filters,

Check and Charge Battery

Clean and Adjust Brakes.

\$49.95 + Parts

Tire Rotation & 4 Wheel Balance \$29.95

Free Inspections

Free Estimates

Business Hours

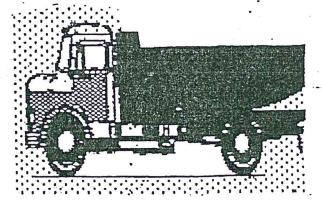
Mon. - Sat. 8:00 a.m. to 5:00 p.m. Closed Sundays Evening Appointments by Request Randy Doreen 396-6536

LOCATED ON SLASH RD. EAST TYENDINAGA

POLE LINE - CONSTRUCTION - VEHICLE INSPECTION STATION

- * DRIVEWAYS
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- * WATER WELLS
- * BASEMENTS
- * FULL TIME PHONE & RADIO CONTACT *
 * REASONABLE RATES *
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969-7430 BUD OR JEFF



Personal Home Business EXPANDING IN THIS AREA ODDOTT

Opportunities

OVER 5000 GOODS & SERVICES AVAILABLE
BUY WHOLESALE FROM YOUR OWN HOME!

Please contact Joyce & Ralph Sero

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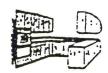
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KITCHEN & BATH DESIGN
(A DIV. OF 1073659 ONTARIO INC.)

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Building A New House or Renovating?



We have Kitchen Cabinets, Vanities etc. At Affordable Prices!

Sales Representative for your Area is Terri Lynn Maracle

" Free Estimates! "

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McMurterHome Centre

Lumber & Building Supplies



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We Now Have Instock the Following Furnace Filters:

Hx20x1-15x20xT 16x20x1-20x20x1 16x25x1-20x25x1

> Only \$1.29

Perimenent Afr Fillers

Washable

Only 57.99 Water Conditioning Salt

20 Kg = \$5.99 40 kg = \$10.49

Store Hours:

Mon-Fri. 8:00 a.m.-5:00 p.m. Sat. 8:00 a.m. - 4:00 p.m. Sun. - Closed

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omplete 486 System w/Printer

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Full Two Year Parts and Labour Warranty

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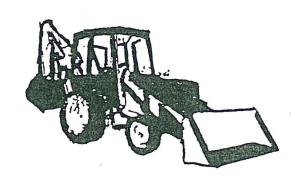
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