

# TYENDINAGA NEWSLETTER



Jesse Hill Gr. 5/6 Age 10

KENTENHKO:WA' (NOVEMBER) ISSUE 16/93

# QUOTE OF THE MONTH:

" In the race for quality, there is no finish line. "

# - DAVID KERNS



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# Our Front Cover was Drawn by **JESSE HILL. QUINTE MOHAWK SCHOOL.**

Thanks Jesse!





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# MOHAWKS OF THE BAY OF QUINTE





# **ELECTION DAY**

8:00 A.M. - 7:00 P.M. SATURDAY, DEC. 4/93 QUINTE MOHAWK SCHOOL

# \*\* COMMUNITY NOTICE \*\*

These are the Results of the Plebiscite that was held on Saturday, Nov. 6/93 at QUINTE MOHAWK SCHOOL.

CHIEF &	<b>4 COUNCILLORS</b>	107
CHIEF &	<b>5 COUNCILLORS</b>	5
CHIEF &	6 COUNCILLORS	88
CHIEF &	7 COUNCILLORS	10
CHIEF &	8 COUNCILLORS	40
CHIEF &	9 COUNCILLORS	4
CHIEF &	10 COUNCILLORS	2
CHIEF &	11 COUNCILLORS	0
CHIEF &	12 COUNCILLORS	20

**3 SPOILED BALLOTS** 



# MOHAWKS OF THE BAY OF QUINTE TYENDINAGA MOHAWK TERRITORY

R.R. #1 DESERONTO, ONTARIO K0K 1X0 (613) 396-3424 Fax: 1-613-396-3627

# TENDERS WANTED FOR SNOW REMOVAL

Tenders are now being accepted for snowplowing at the following locations:

- Bus Shed
- Fire Hall
- Community Centre
- Orange Lodge Area
- Child and Family Services
- Health Center
- Administration Office
- F.N.T.I.
- Road Shed
- DayCare
- Library

#### **BUS TURNAROUNDS:**

- Dolly Brant's driveway, Norway's Side Road
- Percy Brant's driveway, Billy Mark's Side Road
- Dick Brant's driveway, Johnson's Lane
- Pat's Variety, Hwy #49
- Gord Hill's driveway, Wyman's Side Road
- Kevin Hill's driveway, Wyman's Side Road
- Driveway across from Tom Hill's, Shannonville
- Driveway on Shannonville Gravel just before C.N. tracks.

(For more information regarding locations please contact Todd Kring at the Administration Office.)

The contractor is expected to maintain own equipment and have all areas accessible for buses before commencement of day.

#### Bus Schedule:

Pick Up:

7:00 am

Return:

12:00pm and 3:00pm

Please submit your proposal in a sealed envelope clearly marked "SNOWPLOW" by MONDAY NOVEMBER 30TH AT 1:00PM.



# MOHAWKS OF THE BAY OF QUINTE TYENDINAGA MOHAWK TERRITORY

R.R. #1 DESERONTO, ONTARIO K0K 1X0 (613) 396-3424 Fax: 1-613-396-3627

# INVITATION TO TENDER FOR THE INSTALLATION OF 51 HIGH EFFICIENT NATURAL GAS FURNACES AND WATER HEATERS

Only Centra Gas authorized dealers are eligible.

Location:

Huron Brant Drive Subdivision

R.R. #1

Deseronto, Ontario

KOK 1XO

**SEALED TENDERS**, plainly marked, "Tender for Contract No: Sub-1 " "Subdivision" will be received by Chief Earl Hill, Mohawks of the Bay of Quinte, Administration Office, R.R. #1, Deseronto, Ontario, KOK 1XO, until:

12:00 Noon, Local Time, on Monday, November 29, 1993.

Contractor supplies all equipment, material and labour necessary to complete the following:

- (i) To supply and install 23 forced air electric furnaces with Olsen high efficient natural gas furnaces (Plenum adapters required).
- (ii) To supply and install 28 High Efficient Olsen Natural Gas furnaces with duct work.
- (iii) To Install 51 Centra Gas rental water heaters.

Tender submitted will include all tender forms, a schedule for completion of work, materials list, and a list of contractor's qualifications and experience completing similar projects.

The lowest or any tender will not necessarily be accepted.

10% of the accepted tender bid will be held back 30 days upon final payment for work completed.

CHIEF EARL HILL MOHAWKS OF THE BAY OF QUINTE R.R #1 DESERONTO, ONTARIO

Untario kegion Medical Services Branch Health and Welfare Canada 1547 Merivale Road Nepean, Ontario K1A OL3

Your file Votre référence

Our file Notre référence

SEP 13 1993

September 3, 1993

Earl R. Hill Chief Mohawks of the Bay of Quinte First Nation Bay of Quinte Reserve (Tyendinaga) R.R. No. 1 Deseronto, Ontario K0K 1X0

#### Dear Chief Hill:

I am writing to advise you that effective December 1, 1993, all pharmacies participating in the Pharmacy Claims Processing System (PCPS), will be required to adhere to established client identification criteria.

As you are aware, it has been our practice, since the introduction of PCPS in Ontario on April 1, 1991, to pay first claims submitted for authorized benefits, even if the client information submitted was incomplete or incorrect. This temporary arrangement, known as First Forgiveness, was originally intended to be in effect for six months in order that pharmacies would have sufficient time to gather the required client information. This practice was subsequently extended for more than two years.

I trust that you would agree that pharmacies have now had sufficient opportunity to collect the required information and to thoroughly familiarize themselves with Blue Cross requirements, while working out any problems that arose with billing procedures. The practice of First Forgiveness will therefore end on December 1, as will this office's current procedure of providing First Nations with a monthly listing of First Forgiven clients.

The office of the Chiefs of Ontario, Provincial Treaty Organizations, and Tribal Councils are also being informed of this implementation, as has the Ontario Pharmacists' Association. Participating pharmacies are being contacted as well, requesting that they make full use of the services provided by the Ontario Blue Cross Toll-Free Centre, where they can receive assistance in resolving issues relating to Client Verification, Benefit Verification, and Frequency Limits.

# Canad'ä

Provided that our clients continue to give complete identification to participating pharmacies, I do not foresee any major difficulties after December 1. Nevertheless, I would like to encourage all First Nations to inform me immediately if problems do arise, in order that they can be addressed and resolved as quickly as possible.

Please do not hesitate to contact me if you have any concerns or would like clarification of any point. I am confident that, by working together, we can ensure that all clients will receive prompt and efficient service.

Yours sincerely,

Richard Jock

Regional Director

HEAD OFFICE: ONYOTÁ A:KA R. R. 2, SOUTHWOLD, ONTARIO NOL 2GO

PHONE NUMBER: (519) 652-3251



387 PRINCESS AVENUE LONDON, ONTARIO N6B 2A7

PHONE NO. (619) 434-2761 FAX NO. (519) 679-1653

### **MEMORANDUM**

TO:

AIAI Member Nations

Grand Chiefs

FROM:

Chris McCormick

Anti-G.S.T. Co-ordinator

DATE:

October 28, 1993

RE:

Refund of Income Tax paid as a result of the Glen Williams

Decision

Prior to the Williams decision, income such as Unemployment Insurance was considered taxable income of an Indian an Income tax was withheld from each U.I. cheque. The Supreme Court ruled that if and Indian earnings were tax exempt, then in turn so was his Unemployment Insurance benefits. After the court decision it was required that the Federal Government pass a remission order which it did in April of 1993. Attached for your information is the Province of Ontario's remission order. Indian people in Ontario are able to get on adjustment to their income tax returns for any income tax paid on U.I.C. cheque's back until 1985 which originated from tax free earnings.

CM\*ea



# Order in Council Décret

On the recommendation of the undersigned, the Lieutenant Governor, by and with the advice and concurrence of the Executive Council, orders that:

عاد حالم عال

Sur la recommandation du soussigné, le lieutenant-gouverneur, sur l'avia et avec le consentement du Conseil des ministres, décrète ce qui suit :

WHEREAS by Privy Council Order 1993-523 entitled the Indian Income Tax Remission Order the Governor General in Council remitted federal income tax to certain individuals in respect of,

- (a) employment income payable to an Indian by an employer residing on a reserve or Indian settlement, for the 1992 and 1993 taxation years, and
- (b) unemployment insurance benefits included in an Indian's income and determined by reference to employment income of the Indian that is exempt from taxation under section 87 of the Indian Act (Canada) or in respect of which there is a remission of tax payable under the Income Tax Act (Canada) by a taxpayer who is an Indian, for the 1985 to 1991 taxation years;

AND WHEREAS the remission of federal income tax in respect of the employment income was granted to provide employers and their Indian employees with an opportunity to adjust to a 1992 court decision which held that such income is not necessarily exempt from tax under section 87 of the Indian Act (Canada), as previously determined by the courts;

AND WHEREAS the remission of federal income tax in respect of the unemployment insurance benefits grants to Indians for 1985 to 1991 taxation the benefit of the 1992 court decision which held that unemployment insurance benefits are exempt under section 87 of the Indian Act (Canada) where the qualifying employment is on a reserve;

AND WHEREAS the Minister of Finance recommends that it is in the public interest to grant a corresponding remission of Ontario personal income tax and any applicable interest and penalties to the same individuals for the same taxation years;

remission be granted to the individuals who are subject to tax under the Income Tax Act (Ontario) and entitled to a remission under the Indian Income Tax Remission Order for a taxation year of the amount of tax, interest and penalties payable under that Act for that year that exceed the amount of tax, interest and penalties that would be payable under that Act if the amount of tax payable under Part I of the Income Tax Act (Canada) that is remitted under the Indian Income Tax Act (Canada) that is remitted under the Indian Income Tax Remission Order for the same taxation year was

not taken into consideration;

Recommended Brie

Drim Charly concurre

Approved and ordered AUG 1 9 1993
Date

Chairlo: Cabine

Li denni Governor



# COMMUNIQUÉ

For immediate release

OCT 29 1993

October 27, 1993

#### CESO ABORIGINAL SERVICES RECEIVES ENDORSEMENT FROM ABORIGINAL LEADERS

TORONTO -- CESO's new program of cooperation with the Aboriginal peoples of Canada is receiving the support of Aboriginal organizations across the country, including the Assembly of Manitoba Chiefs (AMC) and the Federation of Saskatchevan Indian Nations (FSIN).

The program is based on a concept of partnership with the Aboriginal peoples which will be implemented through the development of alliances with leading Aboriginal organizations and centres of influence. It is the result of a year of consultations about needs and resources with Aboriginal leaders, businesses and community organizations across Canada.

Chief Roland Crowe of FSIN calls the new program "timely" and adds that CESO's alliances with Aboriginal grassroots organizations is the way to "successfully address the needs of our communities."

The program will operate through a new organization called CESO Aboriginal Services which has been created to help meet the priorities of First Nations in this time of rapid progress towards economic self-sufficiency and self-government.

CESO Aboriginal Services is a subsidiary of CESO, the not-for-profit development agency which provides volunteers as advisers and trainers to Aboriginal businesses and communities. This year, about 1,300 Aboriginal clients will benefit from the experience and skills of CESO volunteers. Assistance of CESO Aboriginal Services is available to all Aboriginal peoples of Canada, including non-Status, Metis, Inuit and urban residents.

Since 1969, CESO Volunteer Advisers have completed some 20,000 assignments for Aboriginal businesses and community organizations across Canada. Among private organizations, CESO probably has the longest track record of working with First Nations across Canada.

"CESO has made a noticeable contribution to the development of our communities and businesses," says Grand Chief Phil Fontaine of the AMC.

Leading the new CESO Aboriginal Services is a predominately Aboriginal Board of Directors. Board members include Viola Robinson, Commissioner with the Royal Commission on Aboriginal Peoples and past president of the Native Council of Canada; Villiam Shead, Chief Executive Officer of the Aboriginal Centre of Vinnipeg Inc.; Susan Tatoosh, a Vancouver specialist in Aboriginal human resources and an active board member of leading Aboriginal organizations for economic development and women's rights; and Florence Valsh, business owner and Secretary of the Benevolent Society for the Native Council of Nova Scotia.

Working as a partner with Aboriginal clients, CESO Aboriginal Services is committed to a skills transfer approach that will facilitate self-government and self-sufficiency. It offers advisory and training services for elected leaders and administrators in such areas as community administration, human resource administration and financial management. It is also ready to help organizations implement federally-supported programs at a local level and to customize required training.

As well, CESO Aboriginal Services will continue CESO's work of providing advisory assistance to businesses for start-up and expansion and to help solve financial, management or technical problems.

"We created CESO Aboriginal Services after an internal CESO task force confirmed beyond any shadow of a doubt that the services we offer are more relevant and in greater demand than ever before," says Dan Haggerty, President and Chief Executive Officer of CESO. "Through this new organization we expect to double the volume of our services over the next five years."

For more information, contact: Kate Dillon at (416)596-2376



# Kagita Mikam Area Management Board

c/o Mohawk Administration Office R.R.#1, Deseronto, Ontario K0K 1X0 (613) 396-3424 Ext. 323



# TRAINING OPPORTUNITY!!

# ARCHITECTURAL STONE CARVING, CASTING AND HISTORICAL MASONRY

jobsOntario, under the brokerage of Kagita Mikam AMB and in conjunction with Upper Canada Restoration and the Tyendinaga Apprenticeship/Training are presenting an opportunity for qualified candidates to enrol in a program for stone carving and historic masonry.

This 14-16 week program will be of interest to people who would like to work in the heritage building field.

To qualify, the candidates should have related work experience, commitment to employment in the restorations industry and demonstrated physical ability. Portfolio of related skills, including some artistic abilities are required.

Interested candidates must be UI Exhaustees or in reciept of Social Assistance.

For an interview, please contact:

Bev A. Hill, Employment Mohawk Administration Office R.R. # 1 Deseronto, Ont. K0K 1X0 (613)396-3424



### TO ALL COMMUNITY MEMBERS

As December 1, 1993 is **World AIDS Day**, the Community Health Staff (C.H.R.'s / C.H.N.'s) at the Thayendanega Health Centre are planning an awareness campaign which will include displays as well as a contest that will be open to all community members, with **cash** prizes going to the top three winners. Posters will soon be out in the community to give more information about this planned event which is scheduled to be held at the Health Centre from 2p.m. - 6p.m. on that day.

Also events are being planned for the senior students at Quinte Mohawk School to educate the students about HIV/AIDS.

THIS YEAR'S THEME IS: TIME TO ACT.

PLEASE... TAKE THE TIME TO ACT.

EDUCATE YOURSELF.



## NOTICE TO COMMUNITY MEMBERS

As the cold weather sets in it becomes increasingly more difficult to properly install septic systems.

It is difficult to ensure that the tile field will stay at its desired elevations if installed when the frost is setting into the ground. Also, weather conditions can make the building sights hazardous.

Therefore, after November 30, 1993 the Environmental Health Officer, Neil Doherety, through the directive from Health and Welfare Canada - Medical Services Branch will reserve the right to not inspect any septic system installations.

All septic system inspections will resume again in the spring of 1994.

Please contact the Thayendanega Health Centre for further information at 967-3603.

The Community Health Representatives Thayendanega Health Centre

# EMERGENCY 1ST AID COURSE

Nov. 23 & Nov. 24 6:00 P.M. - 10:00 P.M.

Thayendanega Health Centre

PLEASE REGISTER AT THE HEALTH CENTER 967-3603



RFC.P.R. Heartsaver Plus Course

Tues. Nov. 16 & Weds. Nov. 18 6:00 P.M. - 10:00 P.M.

Register at the Health Centre Before NOV. 16 AT NOON 967-3603

TO REVIEW YOUR SKILLS OR LEARN

# ADULT CHOKING & C.P.R. NOV. 30

This is an opportunity for Seniors & Community Members to learn these special skills!

Registration fees are a donation that will go to the CHRISTMAS SHARING PROGRAM

PLEASE CALL AND LEAVE YOUR NAME AND NUMBER WITH THE RECEPTIONIST 967-3603





# CHRISTMAS SHARING PROGRAM

It is that time again! Christmas is just around the corner, and with inflation and the ever increasing unemployment rate, Tyendinaga Social Services are planning activities that will allow, YOU, the community members, to share in making someone's Christmas a little more joyous.

### PROJECT 1:

Christmas sharing collection boxes will be placed at various business's throughout the community.

#### PROJECT 2:

There will be a C.P.R. course (adult C.P.R. and choking) offered on Nov. 30 and Dec. 1 at the Thayendanega Health Centre from 6-10 p.m. Anyone wishing to come out to practice and review their skills will be welcomed.

The \$26.00 registration fee will be waived, in lieu of donations being made to the Christmas Sharing Program.

If you have any questions or wish to make a personal donation to the Christmas Sharing Program, please contact the Health Centre or Mohawk Family and Children Services. Thank You.



#### DIABETES SUPPORT GROUP

There will be a Diabetes Support Group Meeting on November 16, 1993, at 7:00 p.m. at the Thayendanega Health Centre.

The guest speaker will be Marilyn Woof, Dietician from the Belleville General Hospital.

If you have any questions regarding the Diabetes Support Group, please call the Thayendanega Health Centre at 967-3603

Everyone welcome. Refreshments will be served.

Come out and bring a friend.

### NOVEMBER IS LIABETES MONTH

Diabetes is a serious health problem to 20% of the First Nation's people in Canada. This number is on the rise during the '90s. Many people are unaware that they have diabetes. Are you at risk?

#### WARNING SIGNS to watch out for:

Insulin Dependent Type I
Most frequent in children and
young adults, it is characterized
by the sudden appearance of these
signs:

- constant hunger
- abnormal thirst
- passing your water frequently
- the rapid loss of weight
- irritability
- obvious weakness & fatigue
- nausea & vomiting

Non-Insulin Dependent Type II Incidence increases with age and weight It may include any type of the Type I warning signs or:

- drowsiness
- itching
- a family history of diabetes
- blurred vision
- excess weight
- tingling numbness in feet / hands
- easy fatigue
- skin infection & slow healing

If you have any of the above signs, it could mean DIABETES.

See your doctor immediately!



# Mohawk Family Services

From Blaine Loft N.N.D.A.P.

Shekon

I would like to take this opportunity to introduce myself as the new Drug and Alcohol abuse prevention councilor for the community. For those in the community who may not know me my name is Blaine Loft and I live on Slash Road near Norways Side Road. I am married to Marie and we have 3 children at home. I am a long time resident of Tyendinaga and look forward to serving my community. My office is located at Mohawk Family Services in Shannonville and the phone number their is 967-0122. I offer a variety of services in conjuction with addictions as well as home visits. All contacts are held in strict confidence. I can be reached Monday to Friday at the above phone number please feel free to call on me.

NOVEMER 14 TO 20 1993 is National Addiction Awareness Week and Family Fun will be the focus on Wednesday November 17, 1993. A pot luck supper and social will be held this night at the community centre and you are all invited to attend. A display will also be put on with many freebies for the kids. PLEASE PLAN TO ATTEND. Working together we can make our community a better place to live. Don't forget Wed. Nov. 17, 1993 6PM. to 9PM. Community Centre Pot Luck supper and Social.

Nia:wen Kowa Blaine Loft

NOTICE TO THE COMMUNITY

Do you have a Husbund, Wife, Brother, Sister, or any family member or friend with an Alcohol or Drug addiction problem? Do you feel Angry, powerless, frightened, trapped, ioslated because of your loved ones addiction? If you do we may be able to help, a new family support group is now forming in our community with the first meeting scheduled for Sunday Nov. 21, 1993 8PM. at the Shannonville Community Centre. Please call 967-0122 and talk to Blaine or Linda for more information or just come out to the first meeting. YOU ARE NOT ALONE.

> TYENDINAGA TERRITORY BOX 132 SHANNONVILLE, ONTARIO KOK 3AO

PHONE: (613) 967-0122

FAX: (613) 967-8990



# Mohawk Family Services

# **NOTICE:**

THE THREE FEATHERS YOUTH GROUP would like to thank MOHAWK FAMILY SERVICES in Shannonville as well as MOHAWK RECREATION COMMITTEE for their support of our HALLOWEEN DANCE which was held on Friday October 29, 1993 at Quinte Mohawk School.

Congratulations! to Mr Brian Brant of Deseronto the winner of our 50/50 Draw.

A Special Thank You to Mr. Bill Maracle, Marie Loft, Carol Green, Mr. & Mrs. Greg Loft and Mr. & Mrs Greg General for volunteering your time and support. We also would like to say Thank You to Quinte Mohawk School for the use of the gym for our dance. A fun time was had by all who attended.

Nia:wen Kowa THREE FEATHERS YOUTH GROUP

# **Shekon:**

We would like to introduce ourselves to the Community. We are the THREE FEATHERS YOUTH GROUP our name taken from the three feathers of the traditional headdress of the Mohawk Nation. We organized in September of this year and we have 18 members a combination of girls and guys 15 to 17 years of age. We meet 2 nights a week Mondays and Wednesdays with a variety of activities. We are presently preparing for a Volleyball Tournament at Six Nations on SATURDAY NOV. 20, 1993. We also will be doing various fund raising events in the community over the next 5 Months so we will need the support of the whole community because we want to go to the POW WOW held in Alberque New Mexico in April. This is a major endeavour but we feel we can do it with your Support.

Nia:wen Kowa THREE FEATHERS YOUTH GROUP

> TYENDINAGA TERRITORY BOX 132 SHANNONVILLE, ONTARIO KOK 3A0

PHONE: (613) 967-0122

FAX: (613) 967-8990

FRIDAYS:	12 STEP GROUP Enterprise Library 8:30 P.H. <0)	Fri. NITE CANNIFTON GROUP St. Mark's United Church, Cannifton. 8:30 P.M. (O)	NEW LIFE GROUP St. Andrew's Church Reddendale, Kingston.	SKYWAY GROUP United Church, Deseronto. 8:30 P.M. (0)		VOUNG PEOPLES' GROUP Sydenham Street Church, William Street Entrance, Kingston, 8:30 P.M. (S)(O)(W)	SATURDAYS:	Leyer Bath.		MADOC GROUP St. Peter's Presbyterian Church, 115 St. Laurence M., Madoc. 8:30 P.M.	MORIA LAKE STEP GROUP St. Peter's Presbyterian Church, 115 St. Lawrence M		Kingston. STEPPING Big Book 430 Bridge	Belleville, 8:00 P.M. (C) STEP STOP Sydenham and Sunnyside	0 -
Wednesdays Cont'd	NAPANEE LAST CHANCE DISCUSSION GROUP Napanee. 8:30 P.M. (C)	NEW LIFE GROUP St. Andrew's Church Kingston. 8:00 P.M.	PLAINFIELD GROUP	Plainfield. 8:30 P.M. (O) STIRLING DISCUSSION GROUP	St. Andrew's Church Mill St., Stirling. 8:00 P.M.CC> TRENTON GROUP King Street United Church.	Trenton. 8:30 P.M. (O)	AMMERSTUIEM COMMUNITY MALL 108 Amherst Drive,	FORT HENRY GROUP			KALADAK CONNUNITY 2nd and last Thursday Kaladar. 8:30 P.M.		KGH TRIANGLE GROUP Connell 3 RM 362-363, Kingston General Hospital, Kingston.8:00P.M.CS)CO)CW)CNS)	NEMBURG UALLEY GROUP United Church, Newburg, 8:30 P.M. (O)	QUINTE GROUP Alhambra Hall (off Station) Balleville, 8:30 P.M. (O)
Tuesdays Cont'd	MOHAWK UNITY GROUP 12 Step Discussion 5 Shannonville Community Centre	Open last Tues. of the month.	Edith Cavell Building, B.G.Hospital, Belleville. 8:30 P.M. (O)	PINE RIDGE GROUP St. Andrews Hall, Brighton. 8:30 P.H. <0>	PRINCE EDWARD GROUP St. Gregory's Hall, Picton. 8:30 P.H. (O)	TUESDAY MORNING COFFEE Alliance Church, Kingston. 10:30 A.M.	TWEED GROUP St. James Anglican Church, Tweed. 8:30 P.M. (O)	WEDNESDAYS:	12 x 12 GROUP Picton Hospital. 8130 P.M. (C)	BELLEUILLE UNITY GROUP Wharf Street -(South Front St.) Belleville. 8100 P.M. (C)	"CLUB 214" Room 2 - H - 14, Loyalist- College, 12:30 P.M. (noon) (0)	DECISION GROUP Hotel Dieu Hospital, Johnson Street Entrance, Kingston, 8:00 P.M. (S-O-W-NS)	ENTERPRISE 12 STEP GROUP Enterprise Pubic School 8:00 P.M. (C)	FRENCH GROUP Breader JR. Public School, Trenton.394-4033 8:30P.M. <0>	MARYSUILLE 12 X 12 St. Mary's Church (basement) Marysville. 8:30 P.M. (O)
MONDAYS:	ABERDEEN HOUSE 30 Aberdeen Street, Kingston. 8:80 P.M. (S)(O)	ASTRA DISCUSSION GROUP 100F Lodge, 39 Elgin Street, Trenton, 8:30 P.M. (C/D)	Every Monday, Last Monday, Speaker	FOXBORO FRIENDSHIP GROUP United Church, Foxboro. 8:30 P.M. (D)	GET WELL GROUP Big Book Discussion St. John's Church, Quebec and Patrick Streets, Kingston. 8:30 P.M. (D)(O)	GROUP on in Min	BISO P.H. (D) MCNAUGHTON GROUP	C.fb. nospital - nwy, #13, Kingston. 8100 P.M. CDXCCXNS>	ODESSH GROOF Old Municipal Center, Center Street, Odessa. 8:30 P.M. (DXO)	READ GROUP St. Mary's School, Read. 8:30 P.M. (O)	TUESDAYS;	AMARENESS GROUP St. Andrews Presbyterian Church 67 Victoria Ave. (at Church St.) Belleville. 1:00 P.M. (C)	BEAUER LAKE GROUP Tamworth Pubic School 8130 P.M. (0)	FRONTENAC GROUP Sydenham United Church William Street Entrance, Kingston. 8:30 P.M. (S)(O)(W)	MARNORA GROUP Hasonic Hall, Marmora. 8:30 P.H. (O)
ALCOHOLICS	A NONYMOUS	AND SURROUNDING AREA As of July 7, 1992 <1-(613>) 962-8700 546-9010	SUNDAYS:	DISCUSSION GROUP Holy Rosary Church 119 Donald Street, Belleulle, 8:00 P.M. (C)	KINGSTON UNITY GROUP Church of Good Shepherd Cowdy Street, Kingston. 8:00 P.M. (DXC)	LENNOX GROUP Trinky United Church Napamee, 8:30 P.M. <0>	NAPANEE BREAKFAST GROUP Mom's Restaurant, Napamee, 10:00 A.M. (S)(O)	NEW HOPE GROUP 43 Pine Street, Belleville. 8:30 P.M. (O)	NEW LIFE PICTON GROUP Benson hall -65 King St., Picton, 9:30 A.H. (0)	STIRLING 12 STEP Stirling Legion Hall, 228 North Street,	~ O	Belleville. 10:00 A.M. (O) SUNDAY MORNING BREAKFAST Glen Manor Motel, Kligston. 10:30 A.M.	TRENTON BREAKFAST GROUP Copperfield's, Trenton. 10:00 A.M. (O)	cussion s Drive "H. CC)	WEST END GROUP St. Margaret's Hall 610 Sir John A. MacDonald Hasonic H Kingston. 8:00 P.M. (D)(Q)(M) Marmora.

#### Violence Against Women is a Major Social Problem

In Ontario:

- One in every four women living with a male partner has experienced or lived with physical or sexual abuse at some time in her life.
- One girl in every five is abused or sees the abuse of her mother.

#### Drug use is higher among victims

Victims of violence – whether they suffer now or suffered as children – are more likely to use drugs, alcohol and prescription medications to calm down, to numb the terror, or to sleep.

- Women who have been physically assaulted by their spouses are more likely to use calming medications or sleeping pills.
- Women who have been sexually abused are more likely to use calming medications, sleeping pills or illegal drugs.
- Girls who have been physically or sexually abused are more likely to use calming medications or illegal drugs when they are adults.
- Girls who witness their mothers being abused by a spouse are more likely to use calming medications, use illegal drugs, or to drink to excess, when they are adults.

### Drugs provide only temporary relief

Drugs may help victims of abuse to escape for a little while from feelings of anger, depression, fear, guilt, humiliation and self-blame, but they will do nothing to remove the threat of violence or the memory of it.

In fact:

- The use of alcohol and other drugs can lead to addiction and other health problems.
- Drugs may stand in the way of finding the real solution
   doing something to stop the violence.

#### There are alternatives

If you or someone you know has been abused, help is available.

- In an emergency, call the police or go to your hospital emergency room.
- Check your phonebook for the Wife Assault Help Line, Women's Shelter, Rape Crisis Line or Mental Health Centre nearest you.
- Children can call the Kids Help Phone toll-free in Ontario at 1-800-668-6868 or the nearest Children's Aid Society. They can also talk to a teacher, school counsellor, or someone else they trust.
- If you have a problem with drugs or alcohol, call your local addiction assessment agency, Mental Health Centre or a self-help group. Your nearest Addiction Research Foundation office can give facts and advice.
- People who physically or sexually abuse their partners can get professional help by calling their local Mental Health Centre.

For more information on alcohol and other drugs, call the Addiction Research Foundation's Drug and Alcohol Information Line. It's free, it's confidential and it's available seven days a week from 9 a.m. to 9 p.m. Call toll-free in Ontario 1-800-INFO-ARF or in Toronto, 595-6111.

For emergency, crisis and agency phone numbers, check the front pages and the white pages of your local phonebook.

# Through Our Eyes

Look to the elders and Learn what they teach. Remember the wisdom passed On in a speech.

If we listen and learn All the stories and songs, Their words will live on Even after they're gone.

They give us the things
That they learned in their youth
Traditions and culture,
And spirit and truth.

Be quiet and listen
With heart and with mind
So that we can teach others
When we're left behind.

And when we in turn Take our place in the lead, We will then have the wisdom And knowledge we need.

In this way the circle
Of life never dies.
The past sees the future
By using our eyes.

# Wonders of the World

Oh see the many tragic things That happen day by day, When people choose to take a drug To make them feel O.K.

They think they'll take a little, And that their need will never grow. But just who's kidding who? And who gets hurt? Is what I want to know.

There are so many drugs to choose from . . . Some are old, and some are new.
Some promise courage and happiness,
But what do they really do?

They tear apart homes and families, They break hearts left and right, They steal away futures and dignity, Like thieves that come in the night.

But see the many wondrous things That happen day by day.
When people choose to live their lives In yet another way.

When people open up their eyes
To the wonders all around,
They get their "highs" from work and play
With two feet on the ground.

We don't need artificial things To make us feel complete All that we need we have inside, The answer is so sweet.

Put down these drugs and take a walk, Feel the wind upon your face, Enjoy the simple, lovely things That occupy your space.

Accept the wonders of the world They are the gifts for you and me. We don't need drugs, we just need love To set our spirits free.

-Lynne Monroe

Words from a 17 year old Native Alaskan student.



# Children's



# Halloween Party



# THANKS

The Mohawk Recreation Committee would like to thank the following sponsors of the Children's Halloween Party.

Tyendinaga Mohawk Council
Mohawk Firemen's Wives
Quinte Mohawk School Committee
Deseronto I.D.A. Drugstore
Deseronto IGA

Also, the Recreation Committee would like to thank all the Parent's who helped out at the Party.

The following is a list of the Winners of the Colouring Contest:

#### Daycare & Special Needs

#### Kindergarten & Grade l

lst.	-	Douglas Sager	lst.	-	Kayla Brant
2nd.	-	Travis Sager	2nd.	-	Oke Maracle
3rd.	_	Jessica	3rd.	-	Erin Spencer

### Grades 2 & 3

### Grades 4 & 5

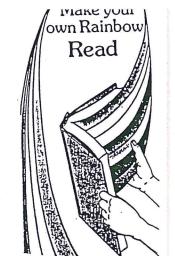
lst.	_	Andrea Lynn	lst.	_	Jenny Barberstock
2nd.	_	Murney Green	2nd.	_	Ashley Brant
3rd.	-	Jenna Barnhardt	3rd.	-	Shannon McDonald

Congratulations goes out to all the Children, the costumes were great this year !

# KA:NHIOTE

24 . . .

967-6264



\*YOUR LIBRARY IS MORE THAN BOOKS....
and magazines and videos.

For anyone searching their family tree we have church records for Tyendinaga Territory on microfilm and a microfilm reader for public use.

Trish Rae has compiled a names list from the first Band numbers and that is available on computer disk to use on the library computer.

In our **vertical file** we have information on Tyendinaga, Molly Brant and Thunderwater; information on other Native communities; sources for books, videos and speakers on Aboriginal topics.

Coming soon is **INFO** - a database on compact disk of over 4 million titles in 170 public libraries in Ontario. Partial funding for this project is from the Ministry of Culture, Tourism and Recreation.

### COME EXPLORE THE LIBRARY

As the holiday season approaches remember that books make the best presents for kids. They're easier to wrap than bicycles, they're hypo allergenic and come preassembled. They don't require batteries; they don't bite, scratch, bark or need grooming; and they don't wear out or need parts replaced. A book is a present a child will open again and again. Book ownership and regular library visits go hand in hand in encouraging children to become lifelong readers.

TUESDAY:

9:00 - 12:00

1:00 - 4:30

WEDNESDAY: 9:00 - 12:00

1:00 - 4:30

THURSDAY: 1:00 - 4:00

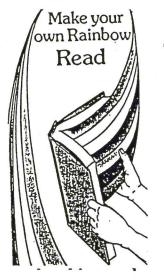
6:00 - 8:00

FOR YOUR CONVENIENCE THERE IS A DROP OFF BOX LOCATED AT THE BACK OF THE LIBRARY.

## KA:NHIOTE

967-6264

Tyendinaga Mohawk Library



Nia:wen kiwahi to all who entered our Creative Writing Contest. The winners each receive \$25.00. Here is a note from Beth Brant our judge:

#### \* WINNERS\*

Leah Keller
Jeremy Green
Melanie Hill
Kanonhsionne

The Creative Artist
Onkwe'hone:we
A War Among Countries
My Story

Karen - I wish it had been possible to give everyone a prize! This kind of creativity needs to be encouraged and nurtured. If you want to make the contest an annual event - I'd love to be the judge again. We could do it through the mails.

Beth also wrote a note to everyone who entered, if you haven't received yours stop by the library to pick it up.

Nomination brochures for the YTV Achievement Awards that celebrate the accomplishments and excellence of youth are available at the library. Nominees must be 19 years of age or younger.

Seniors Day at the library will be Nov 17. Come join us as we talk about Clans, names and family trees.



### TYENDINAGA LACROSSE NEWS

The 1993 Lacrosse season has quickly passed, leaving many players disappointed that they will have to wait another 8 months for floor action.

It is with the support from the parents, sponsors, and community donations that has helped this organization to be a success in the past 3 years. With this continued support we can offer the children of this community a quality recreational program.

A special thanks goes out to all of the valued coaching staff and organizers that generously volunteer their time, knowledge, and skills that help develop our children's athletic and sportsmanship abilities.

In order that our Lacrosse Association continues to provide a organized program, many more volunteers are needed. For the upcoming 1994 season planning has already begun.

Any persons wishing to volunteer for any of the following positions please contact Jack Green at 967-1580 before December 3, 1993. Coaches, Asst. Coaches, Managers, for the following teams, Peanuts, Tykes, Novice, Peewee, Bantam, Midgets, Intermediate.

Please don't feel shy about volunteering, even if one of these jobs doesn't suit you, we are always looking for people to do an occasional task.

We are looking forward to the upcoming season, and hope that if any person has a suggestion for improvement that they speak out now.

CATCH THE FUN 1994 HERE WE COME

# \*\* COMMUNITY NOTICE \*\*

YORK RD. RESTAURANT NEW HOURS

MONDAY - THURSDAY **11:00 A.M. - 8:00 P.M.** 

FRIDAY - SATURDAY **11:00 A.M. - 9:00 P.M.** 

\*\* CLOSED SUNDAY \*\*

# Congratulations!



To John Brant, Daughter Lori Brant, Step Daughter Christine Nelles.

John graduated with Human Service Worker Diploma from Ontario Business College. His Daughter Lori graduated with Law and Security and His Step daughter Christine also graduated from Law and Security. They are the first family to ever attend Ontario Business College at the same time.

# Congratulations!

We are so proud of your accomplishments. Love & Lots of Luck!

Lorraine (Mickey) Brant Karen, Terry and Cathy





# Thank You!!

We would like to thank the following people for their generous donations making our annual Banquet a success.

Mrs. Herbs

His & Hers Beauty Salon

United Restaurant

J.J. & Pens

Malleys

Loyalist Lanes

Glen Wil Clothing

Free Flo Gas Bar

Sunrise, Shell, Variety & Video

Thank You to the Mohawk Ladies Guild for preparing the dinner. Thank You to George & Toni for their Music.

#### KENTE HORSESHOE LEAGUE





Anniversary Oct. 19

We would like to thank our children for the party given for us on our 25th Wedding Anniversary on Oct. 17. A special thanks to the people who helped Sherry prepare the luncheon. Your kindness and thoughtfulness was greatly appreciated. Thanks to the people who came and helped us celebrate this special day. Also for the beautiful gifts we received. We will not forget this day for a long time.

Willard & Eleanor Hill



Congratulations!

JANET AND TODD KRING are pleased to announce the birth of their daughter.

## KELSEY MARIE

BORN: Oct. 19/93 WEIGHT: 6 lbs. 4 1/2 oz.

### PROUD GRANDPARENTS ARE:

Gerry and Margarite Maracle Dalton and Ada Kring

Happy Birthday! Happy Birthday!

Happy Birthday!



Shalafae Nov. 6

Grandma Nellie

Nov. 6

Aunt Ada Nov. 6

Love from the Family!



Ministry of Environment and Energy Ministère de l'Environnement et de l'Énergie 135 St. Clair Ave. West Suite 100 Toronto, Ontario M4V 1P5 135, avenue St. Clair ouest Bureau 100 Toronto (Ontario) M4V 1P5

NOA 0 1 1883

October 26, 1993

### MEMORANDUM

TO: Recipients of Aboriginal Art Contest information

FROM: Amber Williams

Employment Equity Office

Ministry of Environment and Energy

RE: Deadline Extended to November 30, 1993

The ministry has been receiving many calls of interest from community leaders and individuals from across the province regarding the Aboriginal Art Contest sponsored by this ministry and the Ontario Native Affairs Secretariat. Many of these calls have indicated that the deadline of October 31, 1993 was too soon. To enable as many Native persons as possible to enter the contest, the deadline has been extended to November 30, 1993. The judging will take place in December 1993.

The contest, which is calling for artwork representing energy and the environment and their relationship to Mother Earth, is a celebration of Ontario's Native population and recognition of the United Nation's International Year of the World's Indigenous People.

If you need more information, please do not hesitate to call me at (416) 323-5176.

Amber Williams

Program Officer

Employment Equity Office

Ambee J. Williams

# SIX NATION SCHOOL COMMITTEE H.C. PEATSON EDUCATION TRAVEL FUND C/O Elaine Henry R.R. # 2 Ohsweken, Ontario NOA 1MO

October 4th, 1993

To Whom Ever It May Concern:

#### RE: H.C. PEATSON EDUCATIONAL TRAVEL FUND

Enclosed you will find Guidelines and Application forms for proposed school field trips and/or student exchanges. This fund is open to all full time NATIVE students in Ontario. Please read Criteria and Guidelines carefully. You must submit all vital information (ie: Budget, Dates of trips, Number in group etc.) in order that your application be considered. This fund has a limited amount of funds as it is only interest earned. If you want to take advantage of this funding submit your application as soon as possible.

Your co-operation in this matter is greatly appreciated.

Yours Truly

Elaine Henry

Secretary/Treasurer

H.C. PEATSON FUND COMMITTEE

Claime Henry

eh

FOR MORE INFORMATION OR AN APPLICATION:

CONTACT THE ADMINISTRATION OFFICE 396-3424

# estacke.

NOVEMBER 27, 1993

COUNCIL HOUSE UPSTAIRS

8 p.m. - 1 a.m

Proceeds to go toward Tyendinaga Radio!"
HELP PUT TYENDINAGA ON THE AIRWAVES.

country with

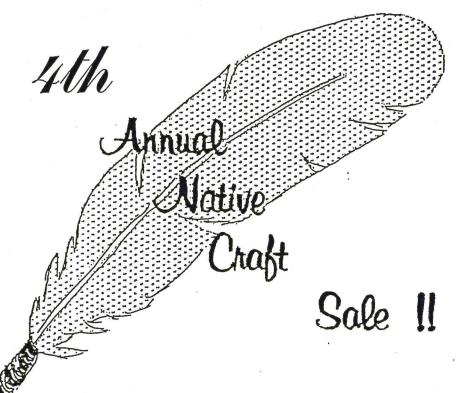
RISING STAR PRODUCTIONS







51



# NOVEMBER 20 & 21 9 A.M. - 4 P.M. QUINTE MOHAWK SCHOOL

ADMISSION: ON

ONE LOONEY OR NON PERISHABLE FOOD ITEM

\* Elders & Children under 10 FREE \*

All proceeds to:

TYENDINAGA FOOD BANK & QUINTE MOHAWK SCHOOL

\* Everyone Welcome! \*

# De-Ba-Jeh-Mu-Jig Theatre Group

Presents: IF JESUS MET NANABUSH

Association Student Native Sponsored by: Loyalist

WHERE: Loyalist College Cafeteria

WHEN: Tuesday, November 30, 793

TIME: 8:00 pm

# ADVANCE TICKETS AVAILABLE

\$ 5.00

seniors

6.00 single

\$ 20.00 family package
(must reside in same household)

For further informaton

Contact

Room 1.h.16d or 969-1913 ext. 438







DATE:

Saturday, December 4, 1993

TIME: 9 a.m. - 2 p. m.

WHERE: Elders Lodge



# Parish of Tyendinaga

R.R. #1 Descronto • Ontario • KOK 1X0

Parish Priest The Rev. Sidney G. Horne Home – 392-0362

Parish Office The Queen Anne Parish Centre 962-2787

#### SUNDAY SCHEDULE OF SERVICES

ALL SAINTS' - 9:00 a.m. 1st & 3rd Sundays - Holy Eucharist 2nd & 4th Sundays - Morning Prayer

CHRIST CHURCH - 11:00 a.m. 1st & 3rd Sundays - Morning Prayer 2nd & 4th Sundays - Holy Eucharist

SACRAMENT OF HOLY BAPTISM

HOLY MATRIMONY

By Appointment - 30 days' notice

By Appointment - 60 days' notice



The CHURCH that is concerned about EVERYONE!!!

# **SERVICE TIMES**

SUNDAY 10 AM - Sunday School, & for all ages!!!!
SUNDAY 11 AM - Sunday Morning Worship service. Join in.

SUNDAY 6:30 PM - Evening Praise & Singing. All welcome!

## WEDNESDAY

6 PM - "KID'S BIBLE KLUB"

Kid's ages 11 & under. If you need a ride for your child, please call the church (396-5329).

7:30 PM - BIBLE STUDY - Prayer, Praise & good old Bible Study, over a cup of tea/coffee... All welcome!

FRIDAY - 7 PM - "RADICAL YOUTH" 12 & over welcome!



# UPCOMING SPECIAL EVENTS



# SPECIAL MORNING OF MUSIC WITH.....

MARILYN MALLORY.....

Come & hear this young lady sing with a joy in her heart that consumes her for her Lord.

DON'T MISS THIS.......

NOVEMBER 28th, 11 AM

# DEC. 5 - 7 PM

"The Kid's Special Christmas Concert"

Come & hear our kids do their best as they present the REAL MEANING of Christmas to us all!!!!

WE WOULD BE PLEASED TO HAVE YOU COME TO JOIN US!!!

THE MOHAWK PENTECOSTAL CHURCH THE

# CLASSIFIEDS

## \* LOST DOG \*

#### SHIHTZU

- Light Brown Colour
- Goes by the Name "Ginger"

Lost in the Area of Airport Rd or Highway 49.

If you have seen this dog PLEASE CALL: 396-3410

#### FOR RENT

#### 3 OR POSSIBLE 4 BEDROOM HOME

- Located on the York Rd. Opposite Health Centre
- Large Bathroom, Kitchen, Dining & Living Rm.
- Large Extra Room on side for Rec Room or Craft Room
- Use of 1/2 Double Car Garage
- First and Last Month Rent plus Oil Deposit
- AVAILABLE DEC. 1, 1993

CALL: 396-3957 AFTER 4:30 OR LEAVE A MESSAGE

## FOR SALE

#### PAINTED TEEPEE

- Cree Design painting
- Full Size TeePee
- BEST OFFER

Ask for Bruce Henry: 1-613-382-3226

## FOR SALE

#### REFRIGERATOR

- 2 Door
- Green
- \$150.00

**PLEASE CALL: 396-5879** 

## FOR SALE

#### SINGER SEWING MACHINE

- With Stool
- \$125.00

#### 4 WOODEN KITCHEN CHAIRS

- Light Wood
- \$40.00 a chair

PLEASE CALL: 396-2901

## SUCKER CREEK CAMPING AREA

- APPROX. 50' x 400' LOTS
- Hydro Available
- Road Service
- Garbage Pick Up Available

Your Choice of Lot!

For more information call:

Glenn Hill 962-5470

#### FOR SALE

#### MOOSE HIDES

- Large Quantity

Please Call the Administration Office 396-3424

#### HOUSE FOR SALE

- On 5 Acres of Land
- 2 Storey, 4 Bedroom
- 2 1/2 Bath, Full basement
- Hot water heated
- Good Well Water
- Located on Highway 49

Roy & Kathy Brant 396-2029

#### MILL TOWN MEATS

- Low Fat Beef
- Quarters & Halfs of Beef
- Cut, Wrapped & Frozen
- Individual Pieces sold at Home

CALL: 962-5470 GLENN HILL R.R. # 2 SHANNONVILLE ONT.

#### **DEADLINE DATE**

If you wish information in the Next Newsletter

The Deadline Date is

MONDAY, NOV. 29 1993 AT NOON 396 -3424

DON'T FORGET
THE CLASSIFIEDS
ARE
\* FREE \*
TO COMMUNITY
MEMBERS CALL:

396-3424

# FOR SALE - 1986 Ford Taurus

In good condition. 154,000 Km. Good running order, tires only year old, A/C, electric mirrors, cassette deck, power steering, power brakes, etc.

\$ 3,000.00 Call Rev. R. Bates - 396-5329



MARACLE



ells - Cisterns - Pools Bulk - Potable Deseronto

962-6378

/NER:

GLORIA IDZENGA



- ★ Learn more about Lyle and the Liberal Party's platform,
- ★ Join our team as a volunteer,
- \* Place a sign on your lawn,
- \* Make a financial contribution.

Please call our TEAM HEADQUARTERS as: TELEPHONE: (613) 968-2126 10 Dundas Street West, Belleville





# LOFT'S CONSTRUCTION

ENCATON CONTROLLO CO

Commercial Work Renovations, Additions, Framing New Homes Cement Work

Lorne. (613) 968-2180

OR

Russell (613) 962-9348



#### 42.

# Buy an Envirotec Grain Burning heater for what it doesn't do.



**ENVIROTEC Model 2775** 

It doesn't pollute.
It doesn't burn wood.
It doesn't make a mess.
It doesn't cost a lot.

# It does provide safe, clean and economical heat.

See your ENVIROTEC Dealer today for full details.

#### ENVIRO HEAT LTD.

NAPANEE, ONTARIO K7R 3K7 (613) 373-2647 OFF. & FAX 373-2327



Harnessing the energy of the sun.



# BUILD-ALL CONTRACTORS

- Quality Work -

\* Commercial Structures \*

\* Design

\* Custom Homes \*

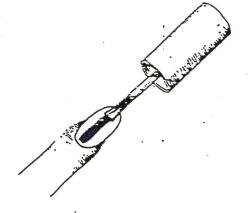
\* House Framing \*

Free Estimates! Dependable Service! Contact: Tom Maracle 969-1315

# MARACLE NAILS

BY SHERRY

Sherry K. Maracle Tyendinaga Mohawk Territory Deseronto, Ontario 396-2041



- \* Introduces the latest concept in nail technology.
- \* Gel Nails & Extensions
- \* Fiberglass Nails
- \* Manicures
- \* Pedicures
- \* Home Service available upon request

As an introductory special, present this letter and receive a 10% discount.

Call for an appointment. Telephone 396-2041



NEW HOURS :

WED, THURS, FRI. 4:00pm-11:00pm SAT.& SUN.-11-11.



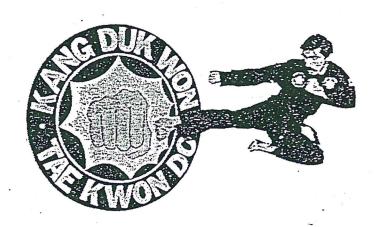
WE ARE PLEASED TO INTRODUCE JAMIE JOREY AS OUR NEW PIZZA & SUB. COOK.

HE HAS A GENUINE INTEREST IN THE BUSINESS WHICH IS WHAT IT NEEDED TO REALLY TAKE HOLD IN OUR COMMUNITY. JAMIE HAS PUT A LOT OF TIME AND EFFORT INTO REORGANIZING NOT ONLY THE PIZZERIA, BUT ALSO REVAMPING OUR PIZZA MENU PRICES. HE AND HIS FRIENDS COLLECTED THE MENUS FROM ALL OUR LOCAL PIZZERIAS AND WE ARE NOW PROUD TO SAY THAT WE HAVE THE BEST VALUE AND PRICES IN THE AREA. PLUS WE HAVE THE EXTRA ADVANTAGE OF NOT HAVING TO CHARGE GST/PST. OUR DELIVERIES HAVE BEEN CONSISTANTLY PROMPT AND JAMIE IS VERY PLEASED WITH THE GENEROUS TIPS THAT HE RECEIVES. WE TRULY BELIEVE IN OUR PRODUCT AND WE ARE ANXIOUS TO PLEASE OUR CUSTOMERS. FOR YOUR CONVENIENCE WE ALSO DELIVER WITH YOUR PIZZA OR SUB ORDER, 2 LT.BOTTLES OR CANS OF POP, CIGARETTES, SNACK SIZE COOKIES OR CRACKERS, ETC. OUR MENU WILL BE IN THE NEXT NEWSLETTER, BUT FOR NOW JUST GIVE US A CALL AT THE NUMBER ABOVE AND WE'LL GIVE YOU THE INFO YOU REQUIRE.

# KANG DUK WON

KARATE ASSOCIATION

"Largest Martial Arts Organization in New York State." and Canada.



Contact Person:

Dave Curtis 967-3759

painted and only lasting a short time

OR

Hiring various people to do the task and end up with the same problem?

LOOK NO FURTHER

# SLIWA'S PAINTING

8

Decorating

Making your life a little brighter

Customizing Residential
Special Finishes Commercial
Color Schemes Interior, Exterior
Paper Hanging Quality Assurance

For Free Estimates call 613-396-5318

<u>෦෦෭෦෦෧෦ඁ෩෩෨෧෫෦෨෩෨෨෬෦෬ඁ෦෩෩෩෩෩෩෩෩෩෩෩෩෩෩෩෩෩</u>

# CITY WIDE CONCRETE

SPECIALIZING IN: CONCRETE, WATERPROOFING, FLOORS SIDEWALKS, PATIO, BLOCKS & BRICKS, ETC.







1346

FREE ESTIMATES

Denim N Lace

Dance Club

offers:

Country Western Dance Lessons
For
Couples AND SINGLES

Every Friday night 9 p.m. - 1 a.m.

So

Two-Step
on down to the
Quinte Veterans Association
(Old Douglas Atkins School)
Elmwood Dr. Belleville

Call: 967-8144 for more info.

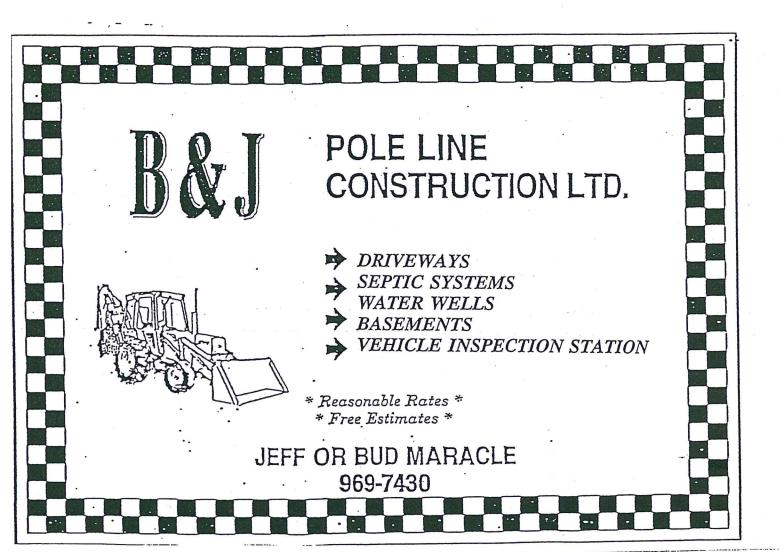
# Tom's Meats & Groceries

# A Grand Opening A

# Meat for Sale!

We are open for Coffee!

For Your Convenience We have a Survey Chart for you to list what you wish to see in the store!



# M. & M. CONCRETE



All Concrete Work and Water Proofing

C.L. Maracle
Owner
25 years Experience

(613) 968-4159

- \* Retaining Walls
- \* Basement Floors
- \* Steps
- \* Patios
- \* Driveways
- \* Concrete Painting & Waterproofing
- \*\* Can Repair Damp Basements \*\*

24 Hour Answering Service 15% Off for Senior Citizens

# MIU DULLULIA

# NEW HOMES \* RENOVATIONS \* ADDITIONS



# FREE ESTIMATES

KEVIN MARACLE

TEL: 396-1259

# THE WAREHOUSE RESTAURANT

Janet Jung: 962-9782

#2 HWY, 1 KLM WEST OF SHANNONVILLE GRAVEL ROAD
JUST EAST OF MOHAWK COLLISION

HOME COOKED MEALS
DAILY SPECIALS
HOME MADE SOUP
INDIAN CORN SOUP
9, 15 & 20 PIECES OF CHICKEN FOR TAKE OUT
BEST HOME MADE BURGERS



# \* OPEN 7 DAYS A WEEK \*

HOURS:

MON-WED 7:00 A.M. - 7:00 P.M. 7:00 A.M. - 8:00 P.M. SAT. 8:00 A.M. - 8:00 P.M. SUNDAY 8:00 A.M. - 7:00 P.M.

CLOSED ON HOLIDAYS

COME IN FOR FAST SERVICE & FRIENDLY ATMOSPHERE OR CALL AHEAD FOR TAKE OUT.

# DOREEN BROS.

# MOTOR VEHICLE SERVICES

\* AUTOMOTIVE SERVICE \* GENERAL AUTO MAINTENANCE

\* MOTORCYCLE SERVICE

\* TUNE UP \* BRAKES

\* SNOW MOBILE SERVICE \* STEERING \* SUSPENSION

\* A.T.V. SERVICE

\* MOTORCYCLE ENGINE REBUILDING

Qualified Licensed Technicians! Over 30 yrs Experience! Factory Trained! Honda, Suzuki, Yamaha, Kawasaki G.M., Ford, Chrysler

Reasonable Rates FREE ESTIMATES

RANDY DOREEN 396-3709

R.R. #1 SLASH RD. EAST TYENDINAGA TERRITORY KOK 1X0

AMZY DOREEN 396-1960

# Protect-Water Services Inc.

# JIM PORTER PLUMBING • 354-6080

In our province, water is often hard to come by - and just plain hard. That's why it's important to treat it right. Properly treated water will repay you - not just in its purity and softness, but in hard cash savings too. Hard water can be expensive. It makes your ciothes dull and grey, and they wear faster. It means you use more soap and waste more water. Corrosion destroys pipes and shortens the life of fixtures and appliances.

Your family deserves the security of a clean healthful supply of

safe drinking water.

PROTECT-WATER SERVICES INC. is a local concern owned and operated by JIM PORTER. They specialize in Chemical Free Iron and Sulphur filters, Ultra violet purification systems, Reverse Osmosis and distiller for high quality drinking water, water softeners, Duro and Red Jacket well pumps and pressure systems and plumbing problem repair service.

PROTECT-WATER SERVICES INC. services have proven to be a saving not a cost factor and is one of the best investments that any homeowners, business, farm or industry can have installed in their establishment. They offer a wide range of products

to improve your waters quality.

Call the above phone number or stop into the Napanee Mall

and see some of their products on display.

When it comes to the best in service, plumbing, and sales of water treatment systems in the area, look no further than PROTECT-WATER SERVICES INC.



# Opportunity Knocks Since Crime Won't!

As a follow up to the "Opportunity Knocks" ad in an earlier Newsletter, I wish to say the response has been good to the alarms. These alarms are totally portable and reasonably priced and can be moved anywhere you wish to take them, unlike wired in alarms, they are not motion detectors so they do not create false alarms.

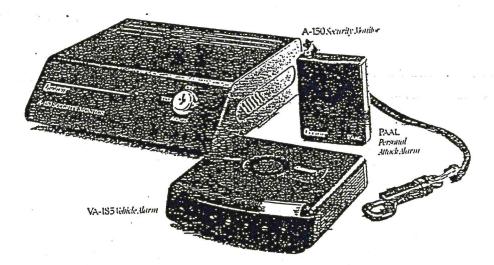
The **SMALL BUSINESS** and **HOME ALARM** will give you and your family a sense of security and protection and peace of mind as you retire for the night.

These alarms are designed to work when there is forced entry through any window, door or patio door in your home while you are home or away.

The CAR ALARMS are also totally portable and not motion detectors and so can only be set off by forced entry through either the doors, the windows, the hood, or the trunk. Lock our vehicle and arm the alarm when you leave it parked, and only you can get back in without the alarm sounding.

The <u>personal attack</u> alarms are to be carried on your person either on your belt or in your pocket or in your purse, while shopping or jogging or underground parking, while on trips or public transportation riders. They are designed to send out an ear piercing 104 decibel alarm when activated and only the holder of the pin can stop it. For every Sports Paal Alarm that is sold the Special Olympics for the handicapped receives \$1.00 from the company. These alarms are designed to protect you against purse snatchers, muggers, rapists, and a lot of other unwanted advances toward you. During this time of the recession and the economy with as many unemployed people the risk of crime and theft becomes greater every day. If we can help your situation become better by purchasing an alarm, please call us for full demonstration, free of charge of our products. We are available most days or evenings in your home or business or our home, we can also provide short videos of the company and products and brochures to any group or committees wishing to see them. Please feel free to call and leave your name, number and organization. We have some **NEW PRODUCTS AVAILABLE** to Demonstrate.

# **DON OR LILLIAN BRANT 396-2424**



# BUILD-ALL CONTRACTORS

\* Quality Work \*

**EXCAVATION, HAULAGE** 

SEPTIC SYSTEMS

DRIVEWAYS & DITCHING

BASEMENTS

FREE ESTIMATES

PHONE: 969-1315