



# MOHAWKS OF THE BAY OF QUINTE



## KENHTEKE KANIENKEHA

ISSUE 10/10  
Kentenha (Oct.)

# ORI:WASE (News)

*We are on the web [www.mbq-tmt.org](http://www.mbq-tmt.org)*



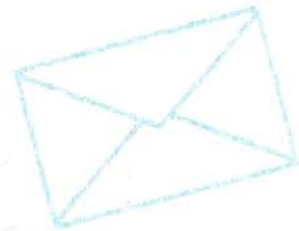
**HST Rebate Forms** must be mailed to the Ministry of Revenue by **November 1<sup>st</sup>** to be refunded for the provincial portion of the HST! Forms must be filled out and include original receipts from July and August, as well as a photocopy of both sides of your status card.

Forms and envelopes are available at the MBQ Administration office, or online at

<http://www.rev.gov.on.ca/en/taxchange/firstnations.html>. For more information, please visit [www.mbq-tmt.org](http://www.mbq-tmt.org) "Tyendinaga News" on the Homepage or call 1 866 ONT-TAXS (1 866 668-8297).

Forms can be mailed to:

Ministry of Revenue  
Refund Unit 2nd Floor, 1600  
Champlain Avenue  
Whitby ON L1N 9B2





Businesses > GST/HST > Rebates > General rebates

## Reason code 23 - Ontario First Nations point-of-sale relief

The Government of Ontario has announced that it will continue relieving status Indians, Indians, Indian bands and councils of an Indian band (status Indian purchasers) from tax on qualifying supplies of property and services. The relief will be an amount equal to the 8% **provincial** part of the HST.

For the period of July 1, 2010 to August 31, 2010, the Government of Ontario will refund status Indian purchasers an amount equal to the 8% **provincial** part of the HST paid or payable for the amount that is due on qualifying off-reserve supplies of property and services, by sending applications to the Ontario Ministry of Revenue.

Beginning September 1, 2010, GST/HST registrant suppliers would be allowed to credit status Indian purchasers at the time of sale with an amount equal to the 8% **provincial** part of the HST for qualifying off-reserve supplies of property or services. The Canada Revenue Agency would process GST/HST registrant suppliers' claims for a credit for amounts that they have credited to status Indian purchasers at the point of sale. To claim this credit, complete Form GST189, General Application for Rebate of GST/HST under reason code 23.

Hello Everyone!

My name is Kelly Maracle and I am the new Economic Development Officer for Mohawks of the Bay of Quinte, starting this September!

I am a member and resident of TMT. I graduated from Loyalist College in 1996 in accounting, part of the business program. I have been working for MBQ since 1996 in the finance department, which has made me very familiar with the needs of the community.

I am very excited to provide this service for TMT!! I look forward to meeting with all current and aspiring business owners in the near future, and working with the community and Council in making Tyendinaga a desirable place to visit and invest in.

Please do not hesitate to contact me with any of your business questions! I am here to serve the community, and you may contact me anytime at 613-396-3424 or by email [kellym@mbq-tmt.org](mailto:kellym@mbq-tmt.org)

## \* Notice \*

Mohawks of the Bay of Quinte has sent out a request for tenders on September 24th to upgrade and repair 46 driveways in the subdivision and one other rental unit at 1145 York Rd.

The deadline to have the tenders submitted to the Administration office will be  
**3 P.M. Oct. 14th, 2010.**

The completion date to have these driveways repaired will be November 30th, 2010.

If you have any questions regarding this quote you can contact

**Ken Brant at 613-396-5328 or cell # 613-961-9018**



**MOHAWK FIRE DEPARTMENT**

The Mohawk Firefighters in September responded to 4 calls:

- 1 - Controlled Burn
- 1 - Motor Vehicle Accident
- 2 - Electrical Wires Down

This brings our total to 78 calls for the year 2010.





# MOHAWKS OF THE BAY OF QUINTE

## KENHTEKE KANIENKEHA

INFRASTRUCTURE, 13 Old York Rd., Tyendinaga Mohawk Territory, ON K0K 1X0  
Phone 613-396-3424 Fax 613-396-3627

October 1, 2010

### RE: Elk Spotted in Tyendinaga Mohawk Territory

To the MBQ community:

A herd of three elk have been spotted in the Tyendinaga Mohawk Territory.

Elk have historically been widespread across North America. Pressures from human settlement and unregulated and excessive harvest in the late 1800s led to their eventual disappearance from Ontario. In the late 1990s, the Ontario Ministry of Natural Resources (MNR) along with many partner organizations undertook an elk restoration program in which 443 elk were transported from Alberta and released in Ontario. Elk now inhabit several areas across the province, and MNR estimates there are now approximately 700 elk in Ontario. (Backgrounder on Elk in Ontario, MNR 2010; Elk Management Plan, MNR 2010)

Elk were originally released in the following areas:

- Lake of the Woods
- Lake Huron North Shore
- Nipissing/French River
- Bancroft/North Hastings

The emergence of the small elk population in the Bay of Quinte area is new occurrence. We respect and acknowledge the right of every community member to hunt and fish in and around the Territory. However, we ask that you withhold from targeting the elk in the Territory in order to ensure the development of a sustainable population for future generations.

For more information on elk habitat and management, please contact Kristin Maracle at 613-396-3424.

Sincerely,

Chief R. Donald Maracle



## **New MBQ Water Delivery Service**

On September 1, 2010 Tyendinaga Mohawk Council unanimously approved the establishment of a comprehensive water delivery service on the Territory. In keeping with the Council's priority that clean, potable water be available for all community members, the water delivery service will provide households with access to water in a safe, reliable and affordable manner. The service includes not only delivery but also provisions for safely receiving and storing potable water.

The Council continues its struggle to extend the in-ground water system throughout the Territory, but recognizes that this may take many years to realize. This water delivery service is intended to bridge that gap, to ensure that the health and safety of water on our Territory meets the needs of our residents.

Highlights of the service include scheduled home delivery of clean potable water from an approved treated water source to be located on the Territory; water delivery costs that are no more than the amount paid by those community members on the present in-ground system; and the billing system to be established on a quarterly year basis.

Health and safety of the water service are primary concerns. Water must not only be safe when it is delivered but also be stored in safe facilities by the community member. While some community members may already have facilities approved for the storage of potable water, many do not. The Council will make financial assistance available through the water delivery service for homeowners to purchase and install approved water storage units. Taking into account that it may take some time to install an approved storage facility, interim storage measures such as storage in residential wells may be approved on a case by case basis.

**Those residents wishing to participate in the water delivery service are invited to a community meeting on October 14<sup>th</sup>, two sessions 1:00 pm and 7:00 pm at the Community Center to hear more details of the service. Applications for the service may be made at that time.**

The service is expected to begin as soon as our water truck can be put back into operation.

For more information please visit [www.mbq-tmt.org](http://www.mbq-tmt.org) "Community Services – Water Delivery Service."



# **SNOWPLOWING/SANDING 2010/11**

The Snowplowing/Sanding tender deadline for Contract #1 & Contract #2 for band properties is **Wednesday October 20, 2010 at 2:00 p.m.**

They are to be submitted to the Sustainable Development Office in sealed envelopes and clearly marked no later than the deadline.

Please contact Lori Maracle (613-968-1122 ext 128) at the Housing & Sustainable Development Office to pick up a complete package.

## **CALL FOR SNOW PLOWING/ SANDING TENDERS 2010/2011 SEASON**

Tenders are now being accepted for snowplowing/sanding at the following locations:

### **CONTRACT #1**

- Administration Office/F.N.T.I.
- BPM Office (former Hides Depot)
- Fire Hydrants in Huron Brant Drive North
- Huron Brant Drive North Nature Park Parking Lot
- 4-Plex 11 Deserontyon Drive
- 4-plex 28 Deserontyon Drive
- Triplex 25 Deserontyon Drive
- 4-Plex 134 Huron Brant Drive North
- Bayshore Road Park Parking Lot and driveway to water tap
- Tyendinaga Elders Lodge, 301 Bayshore Road
- 59er's Seniors Building, 8011 Old Hw. #2
- 6-Plex 12 Huron Brant Drive North
- 6-Plex 140 Huron Brant Drive North
- 6-Plex 146 Huron Brant Drive North
- Aboriginal Head Start, 9 Deserontyon Drive
- Recreation Complex parking Lot and driveway to propane tanks
- Lacrosse Box driveway (only when called

- The contractor is expected to maintain own equipment and have all areas accessible for buses, personnel and public before commencement of each day.
- The contractor shall provide proof of insurance and W.C.B. coverage if applicable and a complete listing of equipment available to complete the work.
- Bids submitted will be on each contract with the contract number clearly identified on the sealed envelope.
- Please provide hourly rates for additional equipment when required to load and remove high snow banks.

**NOTE:** PRICING SHOULD BE ON A FLAT RATE BASIS PER SNOWFALL FOR EACH CONTRACT AND INCLUDE PRICE FOR SANDING.

### **CONTRACT #2**

- Health Centre
  - Library
  - Community Wellbeing Building (parking lot only)
  - Community Centre
  - Orange Lodge
  - Red Cedars
  - Mohawk Family & Children Services
  - Quinte Mohawk School
  - Tyendinaga Daycare
  - Kagita Mikam Office, Shannonville
  - Triplex, 538 Norway Road
  - 5 Granny Homes in Shannonville, (7 Queen St., 3, 5, 11 & 13 Atsia Court)
  - Business Centre, 14 York Road
  - Former Trinity Church, 104 Young St. Shannonville
  - Shannonville Bridge sidewalks
- 
- The contractor is expected to maintain own equipment and have all areas accessible for buses, personnel and public before commencement of each day.
  - The contractor shall provide proof of insurance and W.C.B. coverage if applicable and a complete listing of equipment available to complete the work.
  - Bids submitted will be on each contract with the contract number clearly identified on the sealed envelope.
  - Please provide hourly rates for additional equipment when required to load and remove high snow banks.

**PLEASE SUBMIT YOUR PROPOSAL IN A SEALED ENVELOPE CLEARLY MARKED BY THE "CONTRACT # SNOWPLOWING" BY 2:00 P.M. OCTOBER 20, 2010 TO THE RECEPTIONIST AT THE HOUSING & SUSTAINABLE DEVELOPMENT OFFICE.**

**NOTE:** PRICING SHOULD BE ON A FLAT RATE BASIS PER SNOWFALL FOR EACH CONTRACT AND INCLUDE PRICE FOR SANDING.

The lowest or any tender will not necessarily be accepted.

# SNOWPLOWING/SANDING 2010/11

## CONTRACT 1 PRICING SHEET

<b>CONTRACT #1</b>	<b>SNOWPLOWING</b>	<b>SANDING</b>
Administration Office/FNTI		
Hides Depot		
Fire Hydrants in Huron Brant Drive North		
Huron Brant Drive North Nature Park Parking Lot		
4-Plex 11 Deserontyon Drive		
4-Plex 28 Deserontyon Drive		
Triplex 25 Deserontyon Drive		
4-Plex 134 Huron Brant Drive North		
6-Plex 12 Huron Brant Drive North		
6-Plex 140 Huron Brant Drive North		
6-Plex 146 Huron Brant Drive North		
Aboriginal Headstart, 9 Deserontyon Drive		
Recreation Complex Parking Lot and driveway to propane tanks		
Lacrosse Box driveway (only when called)		
Bayshore Road Park Parking Lot & Driveway to water tap		
Tyendinaga Elders Lodge, 301 Bayshore Road		
59er's Senior Building, 8011 Old Hwy. #2		
Extra Snow Removal		
<b>TOTAL</b>		

EXTRA SNOW REMOVAL WHEN REQUIRED (LIST EQUIPMENT AND HOURLY RATES BELOW):

- 
- 
- 
- 
- 
- 

# SNOWPLOWING/SANDING 2010/2011

## CONTRACT 2 PRICING SHEET

<b>CONTRACT #2</b>	<b>SNOWPLOWING</b>	<b>SANDING</b>
Health Centre		
Library		
Community Wellbeing Building (Parking lot only)		
Community Centre		
Orange Lodge		
Red Cedars		
Mohawk Family Services		
Quinte Mohawk School		
Tyendinaga Daycare		
Kagita Mikam		
3 Atsia Court Granny 1		
5 Atsia Court Granny 2		
11 Atsia Court Granny 3		
13 Atsia Court Granny 4		
7 Queen Street Granny 5		
Triplex, 538 Norway Road		
104 Young St. (former Trinity Church)		
Tyendinaga Business Centre		
Shannonville Bridge sidewalks (York Road)		
Extra Snow removal		
<b>TOTAL</b>		

EXTRA SNOW REMOVAL WHEN REQUIRED (LIST EQUIPMENT AND HOURLY RATES BELOW):

- 
- 
- 
- 
- 
-



**EMPLOYMENT OPPORTUNITY**  
**INTERNAL POSTING**  
**Mohawk Administration Office**  
**Community Infrastructure - Capital Projects**  
**Coordinator**

Develops and coordinates capital projects and operations budgets in conjunction with the Director of Community Infrastructure and Tyendinaga Mohawk Council (TMC) in a non-profit organization. Maintains and monitors contracts and contract compliance requirements. Prepares requisitions and processes invoices and receipts and provides technical support to MBQ technical department.

**Essential Qualifications:**

- OR
- Graduation from a post secondary program in Accounting, Business, Engineering or Administration
  - Any combination of education/training/experience which enables the candidate to complete the duties and responsibilities as outlined
  - Experience in accrual and cost accounting, invoice processing and budget development, construction administration, an asset

**Other Position Requirements:**

- Excellent knowledge of drafting software, MS Office as well as network usage and internet
- Possess excellent oral and written communication skills
- Knowledge of National Building Code and OPSS Standards
- Possess high level of organizational, and analytical skills
- Must be able to review and analyze technical drawings
- Requires analysis and good judgment in accomplishing diversified duties.
- Requires the ability to develop and read contracts
- Requires high degree of independent thinking within MBQ policies & procedures
- Ability to co-ordinate and manage a variety of projects
- Ability to work with tact, discretion and confidentiality
- Preference will be given to applicants of Mohawk Ancestry

**Duties & Responsibilities: Work Procedures**

1. Develop capital project and operations budgets
2. Develops proposals for funding in regards to Capital projects and Environment
3. Prepares capital project reports by determining contract status for the availability of unencumbered funds and calculate carry-over funds for the next fiscal year
4. Responding to inquiries by providing accurate information

5. Records and monitors utility locations, design currency maps, completes surveys and other property management documents
6. Request, receive and review tender packages as required by the Chief Administrative Officer and TMC
7. Site plan development, infrastructure planning

**DEADLINE FOR APPLICATIONS:**

**Friday October 22<sup>nd</sup>, 2010 at 12:00 NOON**

Application or requests for information can be sent to:

Reception at:

Mailing address: 13 Old York Road  
Tyendinaga Mohawk Territory  
K0K 1X0

Email: [reception@mbq-tmt.org](mailto:reception@mbq-tmt.org)

Fax: 613-396-3627

Inquiries please call: 613-396-3424

*Note: Eligible candidates for an Internal Posting are members of the Tyendinaga Mohawk Territory*

*We thank all applicants for their interest in this position but only those selected for an interview will be contacted.*

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**INTERNAL POSTING**

**Community Wellbeing, Mohawk Family Services**  
**Community Support Worker**

**JOB SUMMARY:**

Under the direction of the Program Manager, this position functions as a member of the Mohawk Family Services team; to provide support to at risk individuals and families based on specific needs that will link services to effectively meet the needs of clients; and encourage client independence; and generate family and community support.

**Essential Qualifications:**

- Diploma or degree from an accredited post-secondary institution in the area of: Social Services
- Minimum of two years of support experiences in a non-institutional setting
- Be in good physical condition to meet the demands of the job
- Proof of current First Aid and CPR & Current immunizations
- Valid driver's license and have access to the use of a motor vehicle
- High level of knowledge and understanding of people with disabilities, addictions, mental health and issues with the elderly
- Extensive knowledge of existing resources on and off Territory
- excellent verbal and written communication skills and high level of interpersonal skills
- Preference will be given to applicants of Mohawk Ancestry

**Skills**



- Fluent in spoken and written English
- Understanding of the Mohawk language is an asset
- Self-directed but willing to seek assistance when required; and able to work flexible hours
- Organization skills to manage client needs successfully within the home in an innovative and adaptable manner

**Knowledge:**

- Knowledge of Aboriginal culture & traditional approaches to helping
- Knowledge of issues related to elders, disabled and mental health
- Knowledge of Mohawks of the Bay of Quinte Policies and Procedures and applicable program policies and procedures.

**Abilities:**

- Able to work well within a team environment; Ability to motivate self and workers in all situations
- Ability to liaise with families and health agencies as well as the Tyendinaga Mohawk Council for the elderly and disabled
- Able to relate to and support all clients in a non-judgmental approach
- Able to work with confidence using a variety of computer programs
- Able to initiate policies and procedures as related to the Mohawks of the Bay of Quinte and its programs

**Main Duties & Responsibilities:**

1. Ensures case management for clients
2. Utilizes interpersonal communication, written and verbal communication skills
3. Performs other duties such as initiating emergency services; promotion of MFS services; attending continuing education/professional development as deemed necessary

Application must be **submitted no later than NOON** on the closing date and must include notation of position applying for, resume, three references (at least two professional) AND other required documents

**CLOSING DATE FOR APPLICATIONS:**

**Friday October 22<sup>nd</sup>, 2010 at 12:00 NOON**

Application or requests for information can be sent to:

Reception at:

Mailing address: 13 Old York Road  
Tyendinaga Mohawk Territory, K0K 1X0

Email: [reception@mbq-tmt.org](mailto:reception@mbq-tmt.org)

Fax: 613-396-3627

Inquiries please call: 613-396-3424

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*We thank all applicants for their interest in this position but only those selected for an interview will be contacted*

## INTERNAL POSTING

### *Nation Building – Communications Officer*

**JOB SUMMARY:**

This position will be responsible for the communications service of the Tyendinaga Mohawk Council and Mohawks of the Bay of Quinte. The Communications Officer will prepare and distribute publicity materials and reports; research and present materials; interacting with the media; government, other First Nations and general public; understand the attitudes and concerns of the community.

**Essential Qualifications:**

- Bachelor's Degree in Business administration, Communications, Public Relations, Marketing
- OR
- College diploma in Office Administration, Communications, Public Relations, Marketing AND 3-5 year's related experience
- OR
- High School diploma AND several years experience in communications, public relations, marketing
- Candidate must:
    - Be motivated, creative and detail oriented;
    - Possess strong knowledge of community and organization;
    - Workshop facilitation skills
    - Be able to perform public speaking and work well within a team.
    - High level of computer skills with an ability to utilize a variety of office equipment and software for preparation of documents, articles and presentation information

Preference will be given to applicants of Mohawk Ancestry

**Main Duties & Responsibilities:**

Handle organizational function such as media, community and governmental relations  
Prepare and distribute publicity materials and reports  
Maintain community involvement and communication  
Other related duties as required

Application must be **submitted no later than NOON** on the closing date and must include notation of position applying for, resume, three references (at least two professional) AND other required documents

**CLOSING DATE FOR APPLICATIONS:**

**Friday October 22<sup>nd</sup>, 2010 at 12:00 NOON**

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Email: [reception@mbq-tmt.org](mailto:reception@mbq-tmt.org)  
Fax: 613-396-3627  
Inquiries please call: 613-396-3424

*Note: Eligible candidates for an Internal Posting are members of the Tyendinaga Mohawk Territory  
We thank all applicants for their interest in this position but only those selected for an interview will be contacted.*

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**INTERNAL POSTING**  
**Community Wellbeing –**  
**Data Collection Coordinator**

**JOB SUMMARY:**

The Data Collection Coordinator is directly responsible and accountable to the Director of Community Wellbeing and works with the programs of Community Wellbeing to coordinate statistical data collection and financial information for the purposes of reporting to various funding agencies within the Community Wellbeing Department.

**Essential Qualifications:**

- Preferred post secondary education in finance or health care management, health administration or related field
- Working knowledge of health and social programs
- Knowledge of provincial and federal funding arrangements and reporting requirements
- Preference will be given to applicants of Mohawk Ancestry

**Skills**

- Good verbal and written communication skills; high level of interpersonal or public relations skills
- Organizational and program planning skills
- Computer skills include: proficiency in MS Office, Excel and understand principals of electronic data management
- High level of analytical and problem solving skills

**Knowledge:**

1. Knowledge and understanding of aboriginal culture
2. Knowledge of policies and procedures relative to Community Wellbeing programs and services
3. Relevant federal and provincial health and social legislation
4. First Nations and Inuit Health Branch contribution agreements and reporting
5. Ministry of Community & Social Services, Ministry of Community & Youth Services, Ontario Works agreements and reporting requirements.
6. Occupational Health & Safety Act, WHMIS

**Abilities:**

- Maintain high level of confidentiality
- Must have daily transportation and valid class "G" drivers license

**Main Duties & Responsibilities:**

- Ensure the objectives of Community Wellbeing are met
- Ensure that the integrity of services are maintained
- Ensure support of the Community Wellbeing Department
- Other duties as required in support of Community Wellbeing

Application must be **submitted no later than NOON** on the closing date and must include notation of position applying for, resume, three references (at least two professional) AND other required documents

**CLOSING DATE FOR APPLICATIONS:**

**Friday October 22<sup>nd</sup>, 2010 at 12:00 NOON**

Application or requests for information can be sent to:

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Mailing address: 13 Old York Road  
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Fax: 613-396-3627

Inquiries please call: 613-396-3424

*Note: Eligible candidates for an Internal Posting are members of the Tyendinaga Mohawk Territory  
We thank all applicants for their interest in this position but only those selected for an interview will be contacted.*

**Bag Tags for your Waste Disposal  
are available at the following businesses:**

**49 Quick Stop  
Village Variety  
L. & M. Enterprises  
Administration Office**



## ATTENTION

### TYENDINAGA MOHAWK COMMUNITY

#### **FOOD PREMISE INSPECTIONS**

Please be advised the Environmental Health Officer, Health Canada is available to conduct inspections of your facility upon request. We encourage you as a business owner of a food establishment to volunteer to have an inspection completed. The EHO can provide you with best practices to assist you in providing quality services to the public.

The Public Health Inspection agency located in Belleville Ontario offers a Food Safety Course which you can register for a minimal charge.

#### **SEPTIC AND WELL INSTALLATIONS**

If you are constructing a house this year on the Territory, MBQ can provide information on procedures for Septic and Well Installations. This information is free of charge and available to everyone at their request.

#### **WELL INSPECTIONS**

Do you have a well that you are concerned about? The EHO is available to conduct a complete well inspection upon your request. She will provide you with written recommendations to ensure you are protecting your well water source. Please call to make an appointment if interested in having an inspection completed.

#### **CHEMICAL ANALYSIS**

Do you know what is in your well water? Please be aware Health Canada provides a free chemical analysis of your water. If you are interested in having your well water tested or would like more information, please feel free to contact the Environment Department.

#### **BACTERIOLOGICAL TESTING**

If you would like your water tested, please contact the Drinking Water Safety Program. Bacteriological testing should be completed at least three times yearly.

Please call the Mohawk Administration Office 613-396-3424 ext. 131, if you require information on any of the above information.

Nia:wen,

## Trustee Report for September, 2010

September marks the return to school for students with generally a good feeling to be back with friends, new teachers and a willingness to accept new challenges in the new school year.

It appears that declining enrollment across the province will continue to present more issues for school boards to work through. Hasting Prince Edward District School Board continues to have a declining enrollment but the early count of students this month indicates that we have a higher number of students returning in both elementary and secondary school than was originally forecasted. By comparison, enrollment at Quinte Mohawk School on the Territory has declined slightly over the last few years but has leveled out to be in the 300 to 320 student range and the forecast for the foreseeable future will remain in that range.

I will continue to report on topics such as Aboriginal Voluntary Self Identification, Aboriginal Education, coordination of culture and learning material across the county and other topics that come up throughout the school year.

For more detailed information please go to [HPEDSB.on.ca](http://HPEDSB.on.ca)>Board and Committee meetings.

Remember, if you have any questions or concerns please call me at (613) 962-3595 or email me at [mbrant@hpedsb.on.ca](mailto:mbrant@hpedsb.on.ca).

Respectfully submitted

Mike Brant, Trustee HPEDSB representing Tyendinaga First Nations

## ATTENTION MORTGAGE HOLDERS

It has come to our attention that many insurance companies will ONLY notify the MOHAWKS OF THE BAY OF QUINTE if your existing house insurance policy has been cancelled however will NOT when the policy has been renewed. This creates a problem when incentives, rewrites and renovations are requested. You will not qualify if your house insurance policy on file is not up to date. In order to ensure your policy is current, we ask that you mail, fax or deliver renewal form when received.





# QMS

## Soup Program

Sponsored & Coordinated by:  
**Tyendinaga Coalition for Healthy Lifestyles**

**A Bit of History...**The soup day is an initiative of this Coalition since the late 90's - a QMS teacher had expressed concern of the availability of nutritious lunches and no cafeteria facility available. This falls in line with the efforts of this working group—promoting healthy lifestyles. Into the first year, the Coalition researched and secured a Community Garden that would provide produce for the soup and 2 years into the soup program, the late Gord Foster became the primary volunteer caring for the garden, harvesting and storing produce, thru to finding the students' likes & dislikes of various soup recipes in addition to soliciting community donations. Ron Parkin worked with Gord to provide soup days for 9 years. Kate Brant has been another volunteer in 2007–09 to keep this resource going.

**2010...Revived....**With Gord's passing 2009, the coalition has lost a valuable volunteer. In honouring his commitment to QMS students the soup program will continue. January 12, 2010 started the weekly soup program rotating four soup recipes over a month to finish on April 13th. Along with this Coalition, Thayendenaga Health Center had sponsored 2 soup days and Kaniote Library sponsored 3 soup days. Cooks were Kate Brant, Lynn Brant, Karen Lewis, MJ Loft, Audrey Brant, Tina Brant, Denise Leafe, Manson & Carol Loft, Ina & Cubby Brant & Del, the teachers and students were cooperative in getting soup served, bowls rinsed and returned to the kitchen—NYAWENKOWA SEWAWAKWEKON!!!

**What Can YOU do?...VOLUNTEER**—the night before soup day requires about 2 hours prep, cutting vegetables, the soup day requires about 2 1/2 hours cooking time, about 45 minutes serving and about 1 hour clean up. If you can help with any of these tasks please call.

**...SPONSORSHIP**—can't volunteer your time but can donate some money? It costs approximately \$130 per week depending on the availability and cost of quality ingredients. This Coalition has commitment to use non-processed ingredients with no chemical preservatives. Fundraising efforts of this Coalition has paid for soup days that are not sponsored.

**...JOIN THE TYENDINAGA COALITION FOR HEALTHY LIFESTYLES**—this Coalition is a working group committed to promotion of healthy lifestyle activities through sponsorship, coordination of diabetes awareness education and fundraising activities. New ideas are welcomed & refreshing.

Submitted by Lynn Brant (613-354-8937 ext 153) for Tyendinaga Coalition For Healthy Lifestyles

**Tyendinaga Coalition for Healthy Lifestyles meet 3:30 the 3rd Monday monthly @  
Tahatikohsotontie Headstart**



*The 4th Annual*  
*Restorative Justice Symposium*  
**“BUILDING A CULTURE OF PEACE”**

“Gai Wi.’io” &  
“The Fire Within”

**REGISTER TODAY!!**

“Development of  
the Condolence”

Tyendinaga Mohawk Community Centre  
1807 York Road, Tyendinaga, K0K 1X0

**Thursday, October 21 – 9:00 a.m. - 4:00 p.m. Lunch included.**  
Please bring a non-perishable food item for the Tyendinaga Food Bank

“Modern Dispute Resolution  
in a Traditional Context”

**~ No Charge ~**

“Haudenosaunee Dispute  
Resolution Models”

“Edge of the Woods”

**Presenters:**

*Brian “Mike” Myers* is a Seneca Elder and scholar. He is Wolf Clan, born and raised on the Cattaraugus Territory of the Seneca Nation in Western New York. He is a published author beginning with “A Basic Call To Consciousness”, Akwesasne Notes (1977) “Traditional Teachings” North American Indian Traveling College (1980) and “The Power Within People” Tribal Sovereignty Associates (1986) as well as numerous articles and papers for publications and conferences.

*Malcolm Saulis* is a Professor of Social Work at Wilfrid Laurier University. Mac is a Malecite Indian from the Tobique First Nation who holds the honouring of Indigenous knowledge in academic contexts as his most important work. Mac has been a professor for 27 years and a researcher in many areas of Indigenous interest. He is recognized as a Traditional Circle Keeper and receives teachings from many Elders.

**To reserve your spot or for more information, please contact:**

Tyendinaga Justice Circle  
Tontakaiê:rîne (It has become right again)

Shannon Butcher, Program Coordinator  
613-396-2122 ext. 166 ~ Email: [Shannonb@fnti.net](mailto:Shannonb@fnti.net)





*Celebrating 25 Years of Aboriginal Education  
1985-2010*

**today, to prepare  
for tomorrow!**

*Be part of the knowledgeable, skilled support staff for community leaders,  
administrators and executive personnel by taking part in the*

## **OFFICE ADMINISTRATION PROGRAM**

The Office Administration Program is a college level certificate program offered in partnership with St. Lawrence College of Applied Arts and Technology. This program provides learning and academic accreditation to administrative support personnel employed with (or aspiring to be employed with) First Nations and Aboriginal organizations.

***Call April today at 1-800-267-0637 Ext. 140***

***\* Now accepting applications for January 2011 \****

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*Other program opportunities at FNTI:*

- |  |  |
|--|--|
| ➤ Aviation Pilot – Fixed Wing –<br>Aboriginal                    | ➤ Indigenous Media Foundation                          |
| ➤ Bachelor of Arts Public<br>Administration and Governance       | ➤ Law Clerk  |
| ➤ Bachelor of Social Work  | ➤ Master of Social Work – Aboriginal<br>Field of Study |
| ➤ Indigenous Community Health<br>Approaches (Enionkwatakariteke) | ➤ Native Social Service Worker                         |
|  | ➤ Professional Master of Public<br>Administration      |

**For more information, call 1-800-267-0637 or 613-396-2122 or  
visit our website at [www.fnti.net](http://www.fnti.net)**



# MOHAWKS OF THE BAY OF QUINTE

## KENHTEKE KANIENTEHA

*Administration, 13 Old York Rd., Tyendinaga Mohawk Territory, ON K0K 1X0*  
*Phone 613-396-3424 Fax 613-396-3627*

### *NOTICE*

Employment and Training Department, Mohawks of the Bay of Quinte is planning on co-hosting a job fair/career fair on Tyendinaga Mohawk Territory, ON at the Mohawk Community Centre on October 20, 2010. The address is 1807 York Road, Tyendinaga Mohawk Territory, ON. Time: 10:00 a.m. to approximately 4:00.

Please plan to come and visit the job fair. Employers from various agencies including Corrections Canada, Canada Border Services Agencies, service providers, and other public service agencies will be setting up booths. Many other potential employers from various businesses/companies will be attending.

Also, for those looking for specialized help, a representative will be on hand to meet you and provide you with tips on resume writing and interview presentations .

This event is completely free to attend and would be a fantastic opportunity to network with leading HR Management.

Please watch for further information in the Tyendinaga Newsletter or a special flyer with further updates.

I look forward to seeing everyone there. Please plan to attend and bring a resume.

For more information or clarification, please contact

***Sandy Sero,***  
***Program Manager for Employment & Training***  
***Mohawks of the Bay of Quinte***  
***Phone: 1-613-968-1122 EXT 141***  
***Email: [sandys@mbq-tmt.org](mailto:sandys@mbq-tmt.org)***

Space is still available for any business, organization, service provider.

Thank you.

Sandy



# Skills Training and Career Development Fair

Come Join us at

The Community Centre, 1807 York Rd.

October 20th, 2010

10:00 am – 4:00pm

For more information about the career fair or registration for a booth,  
please contact the Aboriginal Resource Centre at Loyalist College  
(613) 969-1913 Ext. 2250  
Platch@loyalistic.on.ca



## The 15<sup>th</sup> Annual Festival of Native Arts Nov, 6<sup>th</sup>, 2010

Attention! Arts/Craft/Food  
Vendors, and Performing Artists

The Aboriginal Resource Centre at Loyalist College will be hosting their "Annual Festival of Native Arts" on Saturday November 6<sup>th</sup> 2010, 10:00a.m. – 4:00p.m.

Free Vendor registration and free admittance

For more information on how you can participate,  
call or E-mail Paul Latchford at:

(613) 969-1913 Ext. 2250

E-mail [platch@loyalistic.on.ca](mailto:platch@loyalistic.on.ca)



## Woodland Cultural Centre

### Youth Advisory Council

Working with Woodland Cultural Centre staff, a youth advisory council develops artistic and cultural projects, events and programs at the Woodland Cultural Centre. Council members receive training in meeting facilitation, curating exhibitions, arts education, festival programming, and event planning. They meet and work side by side with Woodland Cultural Centre staff and learn the concerns and procedures of a First Nations arts and cultural institution while gaining exposure to a variety of potential careers (i.e. visual or performing artist, curator, arts and museum educator, exhibition design technician, artistic programmer, event planner, arts administrator).

10-15 Youth Council Members are selected from across Six Nations, Tyendinaga and Wahta. Participation in the Woodland Cultural Centre Youth Council is a minimum commitment of 4 hours/per month for one year.

The Woodland Cultural Centre Council works collectively to initiate programming by youth for youth, including exhibitions, public art projects, festivals, field trips and much more. This is a hands-on, fast-paced program that gives participants a chance to work with local and international artists, advocates and activists on projects that reflect the concerns, interests and passions of people between the ages of 14-24. The council accepts new members every fall, and applicants are selected after an interview involving staff members of the Woodland Cultural Centre.

Time Commitment: October 2010 – September 2011

Monthly meetings – Last Monday of every month

Please submit to Mohawks of the Bay of Quinte  
Front Desk

by ***Oct. 12, 2010.***

In care of Barbara Brant, Woodland Cultural Centre Community Representative  
Douglas E. Maracle, Council Representative



**WRITE CLEARLY! If we can't read your handwriting we can't contact you!**

Name: \_\_\_\_\_ School: \_\_\_\_\_

Grade: \_\_\_\_\_ Student E-mail: \_\_\_\_\_

Home Address: \_\_\_\_\_  
Street City Zip Code

Home Phone: \_\_\_\_\_ Student Cell Phone: \_\_\_\_\_

Teacher Name: \_\_\_\_\_ Teacher E-mail: \_\_\_\_\_

Teacher Phone: \_\_\_\_\_

*Parent or Guardian Contact Information*

Name: \_\_\_\_\_ Work Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

**Check which area(s) that most interest you?**

☐

Art

☐

Museum

☐

Language


☐

Education

**Please fill out questions on a separate sheet of paper.**

Please limit answers to one to two paragraphs per question.

1. Why do you want to be a member of the Woodland Cultural Centre Youth Advisory Council?
2. What do you feel you could contribute? What are your strengths?
3. Have you been involved in after-school programs before? If so, what was your most rewarding experience? Why?
4. What excites you about art and culture that you would want to share with others? Give one example of how you would share or communicate this to someone else.
5. Is there anything else you would like to tell us about yourself?



**KANHIOTE  
LIBRARY**  
**613-967-6264**

Monday, Tuesday and Wednesday 10:30  
to 5:30      Thursday 12 to 7

**October 2010**

Canadian Library Month  
Ontario Public Library Week  
October 17 - 23, 2010

Summer Reading Prize Draw -Jada Hill, and  
Emma Maracle-Reed won Wal-Mart gift certi-  
ficates - Thanks to all children who participated.

### Community Kitchen

Working together to prepare easy, nutritious recipes  
from 9 to 1 at 59ers on the following dates: Oct. 22, Nov. 19, Dec. 10 and Jan. 14, Feb. 18

### Kanhiote Tyendinaga Territory Public Library Welcomes Author and Illustrator Visit

Kanhiote Library hosted a visit by author Deborah L. Delaronde and illustrator Virginia McCoy on Wednesday, September 23. Delaronde and McCoy's picture book, *The Rabbits' Race*, is one of the 2010 First Nation Communities Read recommended titles. The visit was exciting for our library and community and an opportunity for our children to meet the people who tell aboriginal stories and create the artwork that appears in books.

Delaronde, a Métis from Manitoba, is a school librarian as well as an author. She has received a Lieutenant-Governor's Medal for Literacy.

McCoy, a painter for more than 30 years, is originally from northern Ontario and now lives

in Nova Scotia. She has Ojibway heritage.

Delaronde and McCoy are working on another picture book project - a Christmas story that will be published by Theytus Books in time for Christmas 2010. You can borrow the First Nation Communities Read selection *Long Powwow Nights* and the other nominees from Kanhiote Library.

Thank you to Quinte Mohawk School and Tahatikonhsotontie Headstart for welcom-

ing our visitors and providing an opportunity for our children to meet and listen to Deborah and Virginia.

The visit to Tyendinaga was possible thanks to the financial support of the Government of Canada through the Book Publishing Industry Development Program, Southern Ontario Library Service, and Kanhiote Tyendinaga Territory Public Library.

### **T.O.P.S. ON#5258**

Take Off Pounds Sensibly  
We "DO NOT" promote any diets

WHERE: The Elders Lodge  
Common Room  
Tyendinaga Mohawk Territory  
Bayshore Road

WHEN: Thursday Evenings

TIME: 5 p.m.—7 p.m.  
Weigh in 5—6 p.m.  
Meeting & Discussion 6—7 p.m.

*T*ake that 1st step.

*O*vercome a weight problem.

*P*ut yourself in a happy place.

*S*upport one another





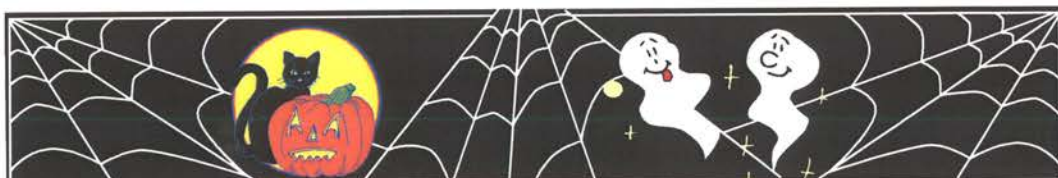
Tyendinaga Home Support Program  
Phone: 613-396-4005

## For Seniors 55+ or 18+ Physical Challenges

# October 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast Club - 8:30 a.m - 9:30 a.m. Diners Club - 12:00 p.m. - 2:00 p.m. Handivan Departure - 10:00 a.m Meals on Wheels delivered between: 11:30 a.m. - 12:30 p.m. Friendly Visiting - 1:00 - 3:00 p.m. Scrapbooking - 10:00 - 3:00 p.m.		Ceramics - 1:00 p.m. - 3:00 p.m. Birthday Tea - 2:00 p.m. - 4:00 p.m. Bingo - 12:00 p.m. - 3:00 p.m. Euchre - 6:30 - 8:30 p.m. Movie Night - 7:00 - 9:00 p.m.. Wii Bowling - 7:00 - 9:00 p.m. Fitness - 9:00 a.m. - 10:00 a.m..			Breakfast Club (Continental) Meals on Wheels Handivan (Deseronto)	Breakfast Club (Continental) Meals on Wheels Handivan (Deseronto)
3	4 Breakfast Club (Full) Ceramics Wii Bowling	5 Breakfast Club (Continental) Meals on Wheels Fitness	6 Breakfast Club (Continental) Diners Club Deseronto Movie Night	7 Breakfast Club (Full) Meals on Wheels Blvl Shopping	8 Breakfast Club (Continental) Meals on Wheels Handivan (Deseronto) Friendly Visiting	9
10	11 Breakfast Club (Full) Ceramics Wii Bowling	12 Breakfast Club (Continental) Meals on Wheels Fitness	13 Breakfast Club (Continental) Diners Club ELDERS LODGE Euchre Night	14 Breakfast Club (Full) Meals on Wheels Birthday Tea	15 Breakfast Club (Continental) Meals on Wheels Handivan (Deseronto) Scrapbooking	16 South Simcoe Railway Trip 7:30 a.m. from the Lodge. Return approx. 8:30 p.m.
17	18 Breakfast Club (Full) Ceramics Wii Bowling	19 Breakfast Club (Continental) Meals on Wheels Fitness	20 Breakfast Club (Continental) Movie Night	21 Breakfast Club (Full) Meals on Wheels	22 Breakfast Club (Continental) Meals on Wheels Handivan (Deseronto) Friendly Visiting	23
24	25 Breakfast Club (Full) Ceramics Casino Trip Wii Bowling	26 Breakfast Club (Continental) Meals on Wheels Fitness	27 Breakfast Club (Continental) Diners Club ELDERS LODGE Euchre Night	28 Breakfast Club (Full) Meals on Wheels BINGO	29 Breakfast Club (Continental) Meals on Wheels Handivan (Des/Napanne) Scrapbooking	30

All programs are held at the Elders Lodge unless otherwise stated.





### **Mohawk Family Services, Community Wellbeing of the**

**Mohawks Bay of Quinte** is currently looking for foster families to provide a loving, caring, nurturing and healing environment for children who are admitted to the care of the Society.

Foster parents can help to provide care for children in the following ways; foster care full time, emergency care or provide relief for other foster parents during the week, weekends or summer. In collaboration with Hastings Children's Aid Society, our programs offer intensive support and ongoing training

The next Pride Training to become a foster parent is running in October 2010 at Hastings Children's Aid Society in Belleville, meeting for one 3 hour training session per week.

Make the difference in a child's life today. If you or someone is interested in fostering a child please contact;

**Brandy Maracle, Family and Community Support Worker at 613-967-0122 ext. 102. by September 30, 2010.**

Margaret Laura Brant  
May 9, 1959 - October 18, 1995



Another year has come and gone,  
And the fifteen years that passed;  
Have been so long for missing you,  
I wish sad feelings would never last.

I see your picture everyday,  
And smile and think of you!  
I wish my children could have met,  
The woman you were full through.

I know you're watching down on them,  
And loving them everyday from above.  
I wish they could have hugged you MOM,  
And truly felt your love!

But deep inside my heart and soul,  
I know you're always there.  
Sweet memories of you in life,  
We will never have to spare!

You were the greatest mother,  
And would've been the greatest grandma too.  
There could never be a single day,  
That we won't love and think of you!

Missing and loving you always,  
Danielle, Pat, Emily, and Patrick xoxoxoxo

## *Dreamcatcher Fund*

*A big thanks to you, we had a great lacrosse season.  
Thanks so much!*

*Chass Maracle  
Austin Maracle*



*Thanks to G. & F. Roofing  
for sponsoring me for  
Lacrosse.  
Chass Maracle*

# **Thank You!**

Dreamcatcher Fund

I would like to thank the Dreamcatcher Fund for helping me with funding for lacrosse. Lacrosse has helped me to build skills that I intend on pursuing further.

Dakota Layfield



Thank you to the Tyendinaga Community Development Fund for enabling Kiowa to participate in the Pilot Program in July 2010. The program was a great success.





Outreach in Tyendinaga

### ***Love in Action:***

## **Two Students Honoured with Helen Parker Memorial Award**

Paul Robertson, Chair, *Love in Action*

The legacy of community outreach exemplified by the late Helen Parker lives on in two local students recently honoured by *Love in Action*. Kyra Doreen of Quinte Mohawk School and Bradley Cook of Tyendinaga Public School were the first recipients of a new annual prize, the Helen Parker Memorial Award, given out at school graduation last June.

This award was created to honour the memory of a special friend of Tyendinaga Mohawk Territory. Driven by compassion and purpose, Helen Parker dedicated her life reaching out to those in need in her community. Leading by her own quiet example, she inspired many to join in her quest to help wherever she could. In 2003 Helen founded *Love in Action* as an outreach ministry associated with the Parish of Tyendinaga. In the early years Helen's gentle spirit and quiet determination guided this non-profit organisation as it collected funds to support a wide range of outreach aid projects benefitting individuals and communities at home and abroad. Even after her passing in 2009, her legacy of love lives on in the hearts and actions of those she inspired.

Helen's interest in young people helped guide the group as it tried to decide how to honour her memory and work. Winners of the Helen Parker Memorial Award are selected annually by teachers at Quinte Mohawk and Tyendinaga Public schools on behalf of *Love in Action*. In the past academic year Kyra and Bradley both demonstrated exemplary leadership in outreach in their schools and local communities.

The members of *Love in Action* thank the community for your continuing generous support of our outreach mission locally, nationally, and around the world.

*Bay of Quinte*  COUNTRY.COM

The Bay of Quinte Tourist Council (BQTC) is reaching out to the world collectively to encourage tourism in the Bay of Quinte area, and our goal is to double the tourism receipts we currently see by 2020. BQTC is looking for businesses and events within Tyendinaga to advertise on the website: [www.BayofQuinteCountry.com](http://www.BayofQuinteCountry.com). The website has opportunities to advertise businesses, events, imagery, and video. We are promoting the BQTC partner communities, including Tyendinaga Mohawk Territory, and want to attract peoples to experience the lands, culture, and beauty found in the Bay of Quinte area.

If you wish to promote your business or events, please submit your application to:  
[http://www.snapdesign.ca/boqc.com/member\\_form.htm](http://www.snapdesign.ca/boqc.com/member_form.htm)



## A simple illustration of a round birthday cake with white frosting and a red layer at the bottom. Five lit candles with yellow flames are on top. The cake sits on a white base with small black dots.



## VOTE FOR BRITTANY BRANT!

**SINGER/SONGWRITER BRITTANY BRANT FROM TYENDINAGA  
IS LOOKING TO WIN A RECORDING CONTRACT!**

**HERE'S HOW YOU CAN HELP...**



*People can vote once a day!  
Contest continues until  
December.*

- 1) GO ONLINE TO [INDISCOVER.NET](http://INDISCOVER.NET)**
- 2) CLICK ON MUSIC CHANNEL --> STAR SEARCH CONTEST**
- 3) CLICK ON BRITTANY'S PICTURE/NAME, LISTEN TO SOME  
OF HER ORIGINAL MUSIC, THEN CLICK "VOTE NOW!"**

## SUPPORT OUR LOCAL TALENT

# Thank You!

The Oriskany Alliance of Tyendinaga would like to express a sincere thank you to our sponsors that made our fundraising Jamboree a successful event. Our sponsors are as follows:

*Sign Solutions-Tyendinaga  
Car Smart - Tyendinaga  
Linn's Barber Shop -Napanee  
Georges Lawn Maintenance-Tyendinaga  
Little Turtles Chip Truck-Tyendinaga  
Quinte Branch of United Empire Loyalists  
Mikes Restaurant-Marysville  
Roxanne's Restaurant-R.R. # 1Shannonville  
Fraser Haulage & recycling-Deseronto  
Gerry Foster- Picton  
Kwe Radio—TMT  
Sherman Welding-R.R. #2 Shannonville  
Briar Fox Golf Club -Marysville  
Thomas B. Maracle -Tyendinaga*

*David R. Maracle-Tyendinaga  
Sacred Circle-Tyendinaga  
Tyendinaga Computers-Tyendinaga  
Doug Brant Jr.-Tyendinaga  
Native Renaissance-Tyendinaga  
Tyendinaga Fire Department  
Mohawk Fire Board  
Rez Boyz-R.R. #1 Shannonville  
49 Quik Stop-Tyendinaga  
Napanee Marine  
Signs Unlimited-Tyendinaga  
Discount Smokes-Tyendinaga  
McMurter Home Centre-Tyendinaga  
Captain Georges Restaurant-Belleville*

From James Maracle



## Seasonal Influenza Immunization Clinics 2010

Location	Date	Time
Elders Lodge 301 Bayshore Rd	Wednesday, Oct 13	10:00 am-12:00 pm
Administration Office 13 Old York Rd	Thursday, Oct 21	10:00 am-12:00 pm
FNTI 1807 York Rd	Thursday, Oct 21	2:00 pm-4:00 pm
Thayendanega Health Centre 1658 York Road	Thursday, Oct 28	4:00 pm-8:00 pm
FNTI Aviation School/Ohahase	Thursday, Nov 4	10:00 am-12:00 pm
Thayendanega Health Centre 1658 York Road	Tuesday, Nov 16	4:00 pm-8:00 pm

### October 2010

*Moms - In - Waiting*

Canadian Prenatal Nutrition Program (CPNP)

The Thayendanega Health Centre is offering **MONTHLY FOOD VOUCHERS** to women during their pregnancy. For more information please drop by or call the Health Centre at 613-967-3603 and speak with the Community Health Nurses who will outline the program

We want you to have a healthy pregnancy and a healthy baby!

Mary McCauley R.N.  
Community Health Nurse



**NURSING MOTHERS' GROUP  
OF  
TYENDINAGA  
INVITES\***

**BREASTFEEDING MOTHERS  
AND BABIES  
AND EXPECTANT MOTHERS**

**(\*Interested women and girls also Welcome)**

**To their ongoing series of meetings  
FRIDAY October 8, 2010**

**&**

**FRIDAY October 22, 2010**

**at QUEEN ANNE PARISH HALL  
10:30 am – Noon**

**PLEASE NOTE:**

**Date for move to Community WellBeing building uncertain...**

**Call before meetings to check location**

***DISCUSSIONS ON A VARIETY OF TOPICS  
RELATED TO THE CHALLENGES AND JOYS  
MOTHERHOOD  
LIBRARY & MOTHER-TO-MOTHER HELP***

**BREASTFEEDING CLINIC AVAILABLE :**

**\* If having problems, please call for an  
appointment \***

**TO CHECK MEETING LOCATION or  
FOR APPOINTMENTS for BREASTFEEDING**

"He didn't make it, sorry". Yet Kate Ogg took Jamie from the blanket and held him next to her skin, talked to him, gave him some milk from her breast...and he held her finger.

It's called "Kangaroo Care", a mother cuddling a newborn baby in close skin-to-skin contact, bonding mother and baby as the child gets used to the scent and taste of the parent. In this case, however, in a hospital in Sydney, Australia, the baby was delivered to the mother with the words "We've lost Jamie, he didn't make it, sorry".

Kate Ogg told Channel 7's Today Tonight Program that her twin babies, a girl and a boy, were delivered prematurely at just 27 weeks, weighing two pounds each. After the delivery, the doctors took the babies away and declared that the girl, Emily, was fine but informed the parents that after fighting to save his life for twenty minutes, he had stopped breathing. Asking Kate and her husband David if they had a name for the boy, she said "Yes, Jamie" and [he] gave her the baby to hold.

"I unwrapped Jamie from his blanket, he was very limp. I took my gown off and arranged him on my chest with his head over my arm and just held him," Kate Ogg told Channel 7. "We just started talking to him, we told him what his name was and that he had a sister, we told him the things we wanted to do with him throughout his life".

The occasional gasps for air were written off by the doctors as "a reflex action", but the gasps became more and more frequent. It was then, two hours later, that Mrs. Ogg decided to place a little of her breast milk on her finger and introduce it into Jamie's mouth. "He took it and started regular breathing, normally. A short time later, he opened his eyes. He held out his hand and grabbed my finger. He opened his eyes and moved his head from side to side".

This story brings to light the question of how many babies have been cast aside after doctors gave up on them, when if they had been handed to their mothers immediately after birth, the skin-to-skin contact could have stimulated vital functions.

It is also a poem to those without hope. The world is indeed a beautiful place. Little Jamie is now a very happy and healthy five-month-old boy at home with his parents and his sister.

(Credit: Photo Channel 7 - Timothy BANCROFT  
-HINCHEY)



27.08.2010 15:07

**Mum's Love Brings Baby Back from the Dead**  
The body of premature baby Jamie Ogg, weighing just two pounds, was handed to his mother to hold with the words

***At a Baby Friendly health facility a mother can expect that she and her baby will have uninterrupted skin-to-skin contact immediately following birth...one of the critical Ten Steps necessary for all birthing facilities globally. This year's World Breastfeeding Week theme is the Ten Steps... World Breastfeeding Week October 1-7***



# DIABETES WELLNESS CIRCLE

OCTOBER 12/10

7 P.M.

To be held at  
Elder's Lodge Common Room.

Featured Topic  
CHIROPRACTIC CARE

With  
Dr. Jason Young

**All Welcome.**



## **“AA OPEN MEETINGS”**

8:00 p.m. every Monday  
Queen Ann Parish Centre

For more information call:  
Bev or Bill 613-962-5183



# UNDERSTAND DIABETES KNOW THE WARNING SIGNS

frequent  
urination



weight  
loss



lack of  
energy



excessive  
thirst



**Diabetes can affect anyone.  
If left untreated, it is deadly.**

If you show these signs, seek medical attention now.  
These signs can be mild or absent in people with type 2 diabetes.

## A Guide to Daily Food Choices



## CHIROPRACTIC BENEFITS FOR THE DIABETIC LIFESTYLE

Hands on Healthcare provided by ForeverYoung Chiropractic

You don't have to let Diabetes destroy your life or the life of loved ones. Find out what you need to do to stop the cycle of diabetes in your family. Learn how to manage and reduce the effects of diabetes on your quality of life naturally. I look forward to meeting you October 12th at the Diabetes Wellness Circle.

Yours in Health - Dr. Jason Maracle Young (Ka ne roh ton:tie)

**Coming Soon** to the Tyendinaga Mohawk Territory p:613-876-5855



This Special will be available  
for the year 2010 for the  
"Celebration Of Wellness"

(613) 962-2822  
tyfitnessres@mbq-tmt.org



## **TFRC 3rd Anniversary !**

### **Tyendinaga Fitness Resource Centre**

**No Taxes**

**No hidden  
Fees**

**No Admin.  
fee**

**No lock in  
Contract**

Is celebrating our 3rd Anniversary on Sept. 27/10

When you buy a 12 month membership

**You save cash NOW !**

**Comparing our Special Yearly Membership to other centre**

**TFRC Adult - \$250 Other Centre - \$672**

**TFRC Senior—\$150 Other Centre—\$642**

**TFRC Student—\$200 Other Centre—\$624**

14 York Rd Unit # 1 Shannonville Ontario

**Tyendinaga Fitness Resource Centre**  
**(613) 962-2822 tyfitnessres@mbq-tmt.org**

14 York Road, Unit #1  
Shannonville, Ontario  
KOK 3A0

October 2010

**Discovering the Balance**

By Working the  
Mind, Body,  
Heart and Spirit

**Hours of Operation**

Monday - Thursday

6:30am-8:00pm

Friday

6:30am-6:00pm

Saturday

8:00am- 1:00pm

**Fees**

Senior (55+) \$15.00

Student \$20.00

Adults \$25.00

**Purchase a 12 month  
membership and save**

**Adult save \$50**

**Student save \$40**

**Senior save \$30**

**Compare us to other Fitness**

**Centre's & Save Up to \$600**

**A year !**



These wonderful ladies donated  
their time & proceeds towards  
TFRC

**Discover the Balance**

We have Gift Certificates

**Save Time With Supersets**

Performing 2 exercises targeting opposite muscle groups without rest burns more calories than the traditional set-rest-set workout. Supersets also takes less time to finish then traditional sets. Try these exercise combinations, do 12-15 of the first exercise then immediately follow with the second exercise. Rest for 60 seconds before repeating a second or third set.

1. Triceps kickback and bicep curl
2. Barbell chest press and barbell bent over row
3. Stiff legged dead lifts and stability ball crunches
4. Standing leg abduction and standing leg adduction

**Updates of Events**

Thanks you to all who participated in the Summer Outreach Program. All programming will be continuing again in the Summer of 2011. We will be hiring 2 youth for this project.

TFRC will be offering a 1 year membership special. If you purchase a 1 year membership you will receive 2 months free.

Iridology Event will continue every 2 weeks contact TFRC for dates and times & so will the lunch workshops.

In January we will be offering a seniors & no fitness experience exercise and women's self defense classes and core fitness.

We are welcoming the community to share ideas of new equipment at TFRC for a future proposal that is being developed.

**Thank You to Nida & Pam & Kathy**





**Donations from Iridology was \$345.00**

**Norwex Fundraiser total in products \$385.18**

**Learn How to Lose weight Lunch session \$45.00**



Calendar of Events October 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open 6:30am Monday to Friday	New Programs Starting In Jan.		Sign-up For Pilates \$10 a night		1	2 Open Saturdays 8am-1pm
3 Open until 8pm Monday to Thursday	4	5 Ion Cleanse 2pm to 5:20pm	6 	7	8 Kinder gym 10am-10:45am	9
10	11 CLOSED THANKSGIVING 	12 Iridology 10am to 2pm	13 First Night Pilates 6pm to 7pm 6 weeks	14	15 Kinder gym 10am-10:45am	16 Thank You For supporting Your local Fitness Centre !
	18	19 <u>Ion Cleanse</u> Healthy Chil- dren workshop 6pm-7pm <u>Iridology 10-2</u>	20 Pilates 6pm to 7pm	21	22 Kinder gym 10am-10:45am	23
24/31 	25	26 Iridology 10am to 2pm	27 Pilates 6pm to 7pm	28	29 Kinder gym 10am-10:45am	30 

Nature's Sunshine Products - orders go in the end of each month

www.naturesshine.ca - no taxes 1-800-265-9163 / This is a fundraiser for TFRC

**NEW PROGRAMS :** Oct. & Nov. - Pilates by Wendy Meraw

Dec. - Core Fitness by Mandi Tisdale

Jan. - Women's Self Defense by Denny Tompkins

Jan. - Seniors & No Fitness Experience class by Wendy Meraw

# PILATES

Pilates is coming to the  
Tyendinaga Fitness Resource Centre

Pilates is a method of core conditioning which can help increase your Muscular strength, flexibility and endurance without building bulk or Stressing your joints. This class will cover mat work exercises that will leave you feeling  
Revitalized

Starts : Wednesday October 13/10

6pm to 7pm - 6 weeks

\$10.00 a night / Punch Card Program for \$60.00

The Fitness Instructor has 30 years experience with Pilates

Welcome to TFRC .....Wendy Meraw

Sign-up by October 11/10

Limit to 15 Participants

(613) 962-2822 or email [tyfitnessres@mbq-tmt.org](mailto:tyfitnessres@mbq-tmt.org)

Any questions on Pilates , email [wendy.meraw@hotmail.com](mailto:wendy.meraw@hotmail.com)



10am to 2pm  
It's continuing

## Iridology At Tyendinaga Fitness Resource Centre

**Tues.**

**Oct.12 ,19 ,26**



Your eyes are the windows of your health.

This session will include a nutritional health recovery plan.

Start working on your health today for yourself and your family.

The session will take 10 min. done by a diploma holder of Doctor Of Natural Medicine (Nida)

The Session will cost \$15.00 which will be donated back to TFRC. The second follow up appointment is \$5.00

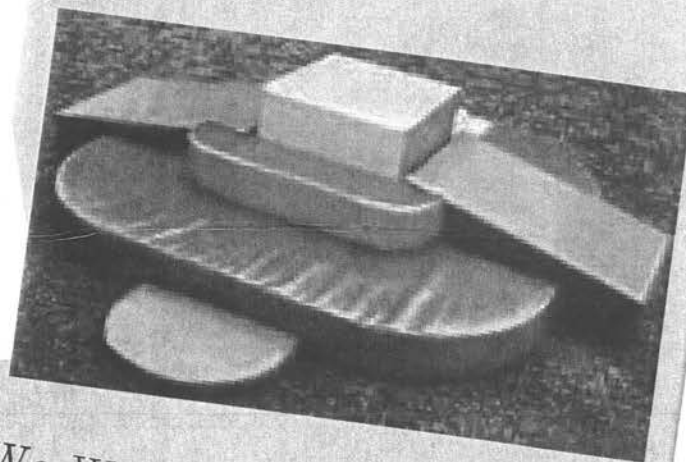
Call today for an appointment contact TFRC  
(613) 962-2822 Or email [tyfitnessres@mbq-tmt.org](mailto:tyfitnessres@mbq-tmt.org)



# Kindergym.



New Equipment funded by  
Tyendinaga Community Development Fund  
Fun fitness program done by a  
Professional Trainer & E.C..E



We Welcome Everyone !

At TFRC children  
have the opportunity  
to come in for some  
fun in October,  
Every Friday starting  
**October 8th, 2010**  
**10am to 10:45am**  
**Ages : 1year to 4**

Kinder Gym is a movement based program, where children are given opportunities to explore and develop their physical potential. It is a place to practice skills and make new friends.

Kinder Gym is a play environment, which stimulates children to use various motor functions. It is a program to develop independence through self-selected activities.

**Sign-up as soon as possible.**

For more Information contact :  
Tyendinaga Fitness Resource Centre  
(613) 962 - 2822 or [tyfitnessres@mbq-tmt.org](mailto:tyfitnessres@mbq-tmt.org)





## TAHATIKONHSOTONTIE HEAD START

We have started our fall Preschool Programming at Head Start.

There are spaces available in the Jr. Program which runs on Monday and Thursday mornings from 9 am to 11 am. This program is for children from age 2 to 3 yrs old and they don't have to be toilet trained. Children will learn social skills, problem solving, learning through play, etc which helps get them ready for our Sr. Program in the afternoons.

We have spaces available in the afternoon Sr. program which runs Monday to Fridays from 1 pm to 4 pm. Children from 2 ½ to 5 yrs old and fully toilet trained are eligible for the afternoon program. Our afternoon program is based on a High Scope curriculum which gives the children the opportunity to plan their afternoons. Mohawk language and cultural activities are also taught on a daily basis.

There is No Charge to send your child to the program

**Please call Melissa Maracle@ 396-6716 to register your child or for information regarding our program.**



Tahatikonhsotontie Head Start is linking with Kanhiote Library to run a children's book club for six weeks.  
Children must be accompanied by an adult.

(Maximum 8 children)

Ages: 4 to 6 yrs

Where: Kanhiote Library

Starting: Wednesday, Oct 20th

Time: 6 pm - 7 pm

We will be reading a story and doing a craft activity.  
Children will get the book of the night to take home.

Please call MJ at Head Start to register  
@ 396 - 6716



### INFANT MASSAGE SESSIONS

Interested in learning  
infant massage.

Some of the benefits of  
Infant Massage are that it

**promotes parent—infant relationships,  
may help**

**relieve colic or “gassy spells”, helps baby  
learn to relax and babies may have a longer  
and deeper sleep.**

I am an Infant Massage Instructor and if you  
want to learn how to massage your baby we can  
make arrangements for that to happen.

**IF YOU ARE INTERESTED PLEASE  
CALL MJ AT TAHATIKONHSOTONTIE HEAD  
START**


**PHONE # 396-6716**

**There is no charge for Infant Massage  
sessions**

Maternal Child Health, Early Childhood Development  
&  
Healthy Babies Healthy Children Program  
1295 Ridge Road  
Queen Anne Parish Center (downstairs)  
613-969-1835 or 613-969-1649



# October 2010

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6 Aqua-tot 10-11 Napanee Pool	7 Evening Kinder Gym & craft 6:00-7:30pm	8	9
10	11 Office Closed 	12	13 Aqua-tot 10-11 Napanee Pool	14	15	16
17	18	19 Kinder Gym 9:00-11:30am	20 Aqua-tot 10-11 Napanee Pool	21	22	23 Scrapbook Day 9:00-4:00
24	25	26	27 Aqua-tot 10-11 Napanee Pool	28 Halloween Party Community Cen- tre 5:30-7:30pm	29	30
31 Halloween 						

# Kinder Gym



Tuesday October 19th 2010

Queen Anne Parish Center

9:00-11:30am

0-6 with a parent / caregiver

Healthy snack provided

If you have any questions please feel free to call

613-969-1649 or 613-969-1835

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## Scrapbooking Potluck Day

Saturday October 23rd 2010

9:00-4:00

Queen Anne Parish Center

1295 Ridge Road

Bring a Potluck dish or drink.

If you would like to attend please call to reserve your spot space is limited

613-969-1835 or 613-969-1649



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## Aqua Tot's

Every Wednesday October 6,13,20 & 27th

Napanee Indoor pool

10:00-11:00a.m.

Please let us know if you will be attending.

613-969-1835 or 613-969-1649



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## Evening Kinder Gym & Thanksgiving Craft

Thursday October 7th 2010

Queen Anne Parish Center

6:00-7:30pm

0-6 with a parent / caregiver

We will be providing a chance for children and there parents or caregiver to get together and prepare a Thanksgiving craft, play with our kinder gym equipment and just a chance to meet new people.





## Reading List

If you're a monster and you know it

By; Rebecca Emberley

Ages: 3-5

\$ 16.05



Splinters

By; Kevin Sylvester

Ages: 6-8

\$14.43



# Halloween Party!

Thursday October 28th 2010

1807 York Road

Community Centre

5:30-7:30pm

Ages 0-6

Light refreshments will be provided.



Lot's of fun activities

Craft Tables, Face painting, Ceramic painting

Monster feet, Kinder gym, plasma cars

Costume Judging; Scariest, Cutest, Funniest, Most original



**FASD can be prevented, don't drink alcohol during your pregnancy!**



## Let's go **Apple Picking & Pumpkin Picking!**

The time is ripe to take the family and friends to a local orchard and pumpkin patch. Savour the fall sunshine while you play fun games and enjoy fresh seasonal snacks.

### Sliced Sandwiches

Cut the top off a apple and slice into eight slivers, core the centre in a star shape pattern. Spritz the apple slices with lemon juice to help prevent browning. Spread peanut butter on a apple slice and a spoon of jam. Put the other slice on top.



### Animal Plant

Bring your apples to life with edible arms and legs.

Set out bowls of pretzel sticks, dried fruit, almonds, chocolate chips, and marshmallows. Use peanut butter or cream cheese as the glue.

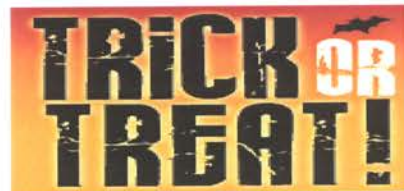
### Jam Packed

Blend 12oz. Cream cheese with 3 tbsp's of seedless raspberry jam until smooth.

Serve with apple wedges

## Halloween Safety Tips...

- Make sure costume is not too baggy or a tripping hazard (avoid, baggy sleeves, flowing dresses (maybe a fire hazard))
- Use makeup instead of a mask (or cut eye holes bigger)
- Swords, knives and wands should be made soft and flexible
- Make sure your child's costume is flame resistant
- Let small children paint a pumpkin rather than carving
- Use flash lights in pumpkins rather than candles
- Bring a snack when Trick or Treating!!
- Encourage children to wait for their treats until they have been checked!!



## Bread Stuffing Recipe

### Ingredients:

- 1 cup diced celery
- 1 cup chopped onion
- 1/4 cup butter
- 3/4 cup chicken broth
- 2 teaspoons poultry seasoning
- 1 teaspoon salt
- 1/8 teaspoon black pepper

1 large loaf (1-1/2 pounds) stale white bread

Yield: enough for a 10-pound bird

### Preparation:

Sauté celery and onions in butter until softened.

Remove from heat.

Stir in chicken broth, poultry seasoning, salt, and pepper. Let cool.

Cut bread into 1-inch cubes.

Add to the chicken broth and gently toss to mix.

Stuff loosely into turkey.

The stuffing may be cooked separately in an uncovered casserole dish at 350 F. for 30 minutes.

## Notes from the Mohawk Agricultural Society

Please remember the last night to pick up prize money from the Fair is **Monday, October 18, 2010.**

This is a regular meeting night. Join us and have your voice heard to improve our annual event. We are always looking for new and fresh ideas. Meeting time is 7:00PM. Your support is always appreciated and needed.

### \*\*\*Elections\*\*\*

We are hoping to have our annual election night on **Monday November 8, 2010.** Mark it on your calendars to come out and help us welcome in a new executive.



Keep your eye out next month for a complete listing of event winners!





## **Producing for Today's Consumer** **First Nations Agricultural Marketing Seminar**

*All Saints Anglican Church,  
1295 Ridge Road, Tyendinaga  
October 27, 2010  
11:00 a.m. – 3:00 p.m.*

### **Agenda**

Lorne Jamieson, Ignatius Farm, Guelph – An Overview  
*Community Shared Agriculture,  
Garden Plot Rentals,  
Vegetable Storage*

Lunch – soup, sandwich, dessert, drinks

Aric Aguonie, Earth Haven Farm, Thomasburg – A Look at Opportunities:  
*Farmers Market,  
Marketing COOP,  
Certified Organic*

Kim and Jean Hadwen, Belleville – Getting started:  
*Community Shared Agriculture,  
Pick Your Own Vegetables  
Freezer Beef Sales*

**To register contact IAPO Stirling at 1-800-363-0329 by Monday, October 18.**

***Sponsored by Indian Agricultural Program of Ontario***



Tyendinaga Block Parent® Program  
proudly presents, an outdoor

Crafts, Games  
and Treats!

# "Haunted Movie Night"

Saturday, October 30<sup>th</sup>, 2010  
Bayshore (Tsitkerhododon) Park



The Curse of the Were Rabbit  
6pm ~ 8pm  
Ages 0-6  
Rated: G



Monster House  
8pm ~ 10pm  
Ages 7-12  
Rated: PG



Children of the Corn  
10pm ~ Midnight  
Ages 13-18 (NO exceptions)  
Rated: R

- \* Admission: 1 non-perishable food item for the Tyendinaga Food Bank
- \* ALL children under the age of 12 must be under adult supervision.
- \* Student volunteers needed, eligible for community service hours towards Ontario Secondary School Diploma.

For more information, please contact:

Ainsley Leween 613-396-3897 or Constable Tammy Maracle 613-967-3888

# 11th ANNUAL imagineNATIVE

## FILM + MEDIA ARTS FESTIVAL

The imagineNATIVE Film + Media Arts Festival in Toronto invites you to the opening day festivities on October 20, 2010.

This event is FREE of charge. Book your seat on the bus now as seating is limited and on a first come - first served basis.

To get itinerary details and to book your seat, call +1(416)585-2333 or email at [outreach@imagineNATIVE.org](mailto:outreach@imagineNATIVE.org).

For more information, visit [www.imagineNATIVE.org](http://www.imagineNATIVE.org)

- 9:30am Pick Up at the Community Centre Parking Lot
- 1:00pm Drop Off Downtown Toronto
- 1:30pm Welcome Reception at the Native Canadian Centre of Toronto
- 3:30pm Free Time and Dinner
- 6:30pm Opening Night Screening
- 9:15pm Pick Up in Downtown Toronto
- 12:15am Drop Off at Community Centre Parking Lot





# NOTICE OF PUBLIC MEETING

## To be held by Gilead Power Corporation regarding a Proposal to Engage in a Renewable Energy Project

**Project Name:** Ostrander Point Wind Energy Park

**Project Location:** Ostrander Point Crown Land Block, South Marysburgh, Prince Edward County, Ontario

**Dated at** Prince Edward County **this the** 10<sup>th</sup> **day of** September, 2010

**Gilead Power Corporation (Gilead)** is planning to engage in this renewable energy project in respect of which the issuance of renewable energy approvals is required. The proposal to engage in the project and the project itself are subject to the provisions of the *Environmental Protection Act (ACT)* Part V.0.1 and Ontario Regulation 359/09 (Regulation). This notice is being distributed in accordance with section 15 of the Regulation prior to an application being submitted and assessed for completeness by the Ministry of the Environment.

### Meeting Location:

DATE: November 17, 2010

TIME: 5:00 to 8:00 PM

PLACE: South Marysburgh Central Public School  
2832 County Road #10, Picton, Ontario

### Project Description:

Pursuant to the Act and Regulation, the facility, in respect of which the project is to be engaged in, is a Class 4 wind facility. If approved, this facility would have a total maximum nameplate capacity of 22.5 MW. The project location is described in the map below.

### Documents for Public Inspection:

The Draft Project Description Report describes the project as a wind facility consisting of nine (9) GE xl 2.5 MW wind turbine generators, access roads, transformers included within each turbine, one on-site substation including transformer, and electrical collector lines. A written copy of the Draft Project Description Report will be made available for public inspection starting on September 11, 2010 at the following locations:

**Prince Edward County**  
**332 Main Street**  
**Picton**

**Picton Branch Library**  
**208 Main Street**  
**Picton**

**Milford Public Library - Ann Farwell Branch**  
**3053 County Road 10**  
**Milford**

**Bloomfield Branch Library**  
**300 Main Street**  
**Bloomfield**

Further, the applicant has obtained or prepared, as the case may be, supporting documents in order to comply with the requirements of the Act and Regulation. Written copies of the draft supporting documents will be made available for public inspection starting on September 11, 2010 to November 17, 2010 at the locations identified above and on the project website ([www.gileadpower.com](http://www.gileadpower.com)).

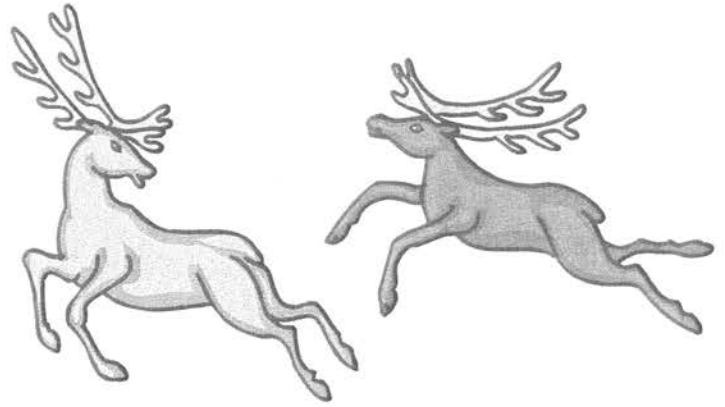
### Project Contacts and Information:

To learn more about the project proposal, public meetings, and to communicate concerns, please contact the project team via e-mail at [ostranderpoint@stantec.com](mailto:ostranderpoint@stantec.com) or by phone at 519-836-6050 (call collect). Comments and questions can also be directed by mail to the following:

Stantec Consulting Ltd.  
Attn: Mark Kozak  
Suite 1, 70 Southgate Drive  
Guelph, Ontario N1G 4P5  
Ph: 519-836-6050 Fx: 519-836-2493



# **SANTA AND HIS REINDEERS are coming TO TYENDINAGA**



**NOVEMBER 20TH AND 21ST**

**@ THE 59er's Hall**

**Time: 1:00pm to 5:00pm**

**HOT CHOCOLATE AND COOKIES WILL BE SERVED**

**Pictures ready to take home**

**Cost : Minimum \$5.00 donation**

**Children come visit with Santa and His Reindeers  
PS. Don't forget your letters for Santa**



***EVERYONE WELCOME***



**THE ANGLICAN PARISH  
OF TYENDINAGA**

Parish Priest  
The Rev'd Brad Smith  
Mohawk Rectory, 396-3797

**SUNDAY CELEBRATION**

All Saints' Church  
and Queen Anne Parish Centre (QAPC)  
1295 Ridge Rd  
8:30 a.m.\*

Christ Church  
Her Majesty's Chapel Royal of the Mohawk  
52 South Church Lane  
10:30 a.m.\*

*\*On 17 Oct, the only service is at 8:30  
at All Saints' Church*

Sunday 10 October is Harvest Thanksgiving. We will give thanks to the Creator for the bounty of the earth and for the many blessings in our lives. Donations of produce from gardens or fields to help decorate the churches is welcomed and appreciated.

**UPCOMING EVENTS**

Wednesday 20 October, 7 p.m., QAPC  
Parish Fun Night  
Bring a game, a friend, and a snack!

Saturday 30 October, 8:00 a.m., QAPC  
Men's Breakfast

Christian men are invited to join us for breakfast and a time of fellowship, prayer, and learning. For more info, please contact Brad (396-3797), Bill Brant (967-1129) or Doug Green (396-2337). RSVP requested by 27 Oct.

**IN THE NEWS**

*By The Way*, the Parish Newsletter  
The Harvest Edition of *By The Way* is published and available in print or electronic format.  
To read your copy online, please visit  
<http://www.parishoftyendinaga.org/newsletters.htm>.  
If you would like a print copy, please call 396-3797.

FOR THE MOST UP-TO-DATE INFORMATION, SEE OUR WEBSITE  
[WWW.PARISHOFTYENDINAGA.ORG](http://WWW.PARISHOFTYENDINAGA.ORG)

***She:kon! Skennen:kowa!  
Great Peace be with you!***



**Traditional Anglican Communion  
The Anglican Catholic Parish of  
Keristhos Ne Korahkowa  
(Christ the King)  
Tyendinaga, M. T.**

***Holy Communion***

Fr. Gérard Trinqué, OHI, SSM, Officiating  
**Every Sunday—10:00 a.m.**

**Elders' Lodge Common Room  
301 Bayshore Road, Tyendinaga, M.T.**

**Traditional Anglican Services  
Using the long-established  
Book of Common Prayer (1962)  
and the time-honoured hymnal  
Book of Common Praise (Blue Book)**

**For more information, please call:**

**Mr. Charles E. Maracle at 613-396-3089  
OR**

**Ms. Lorna J. Moses at 613-396-2538**

***Food Bank Day:  
Third Sunday of each Month***



***"This is the Day the Lord hath made!"***



## CLASSIFIED

### FOR SALE

#### YELLOW LAB PUPS

- male & female
- ready to go Thanksgiving

Call Sue: 613-396-2138

### LOOKING FOR

4 acres plus on the Territory

Call: 613-547-2922 or

613-354-0928

Ask for John or Blaine

### FOR SALE

#### STRAW

- small square bales
- & 4 X 4 round bales

Phone: William J. Brant  
613-967-1129

### HOUSE FOR SALE

#### 3 BEDROOM HOUSE

- 6 years old
- in floor heat, on town sewer and water, ceramic tile & carpet
- open concept
- 2000 sq. ft includes 2 car garage
- living room has vaulted ceiling and view of Bay of Quinte on (TMT)

613-827-1513

### HOUSE FOR SALE

#### 3 BEDROOM

- 741 Ridge Rd.
  - with 2 full bathrooms
  - propane fireplace, stove & hot water tank
  - 1 1/2 car garage
  - partially wired for generator
  - lots of good water, good septic System
  - 1/2 basement, screened in deck
  - asking price \$159,000.00
- Open to offers please call  
613-962-5179

### HOUSE FOR SALE

#### 2 BEDROOM, ONE

STOREY (built in 1960)

- 879 sq. ft wood frame house
- 60 amp electrical, sump pump, oil furnace, well water
- single paned windows
- full bath, hardwood floors (Unfinished), open concept living and kitchen area, panel wood walls and composite tile ceiling
- new roof, full height unfinished basement
- located 17 Iona Rd. Shannonville
- asking \$60,000.00

Call: 416-845-9425 and leave a message for a return call

### CHILD CARE

#### Unlicensed Child Care

\$15/Day, 6 A.M. - 6 P.M.

All Ages

Call: Amanda (613) 309-9134

### HOUSE FOR SALE

- locate at 467 York Rd.
- this home also contains an apartment
- asking price \$75,000.00
- (open to offers)
- to view this property please call: Diane Clench at 613-966-7758

### HOUSE FOR SALE

#### 263 Gordon Rd.

- waterfront with boat launch
- completely renovated kitchen and bathroom
- laminate flooring throughout
- plenty of potable water, with ultraviolet purification system
- many extras
- Large lot with the option to purchase adjoining lot complete with drilled well
- Can be seen by appointment: Call 613-968-3917 (Leave a message)

### LAND FOR SALE

70 acres located on the Lower Slash road just east of the Road Shed building and office on the same (south) side of the road.

Contact Wm J. Brant:

613-967-1129 for further details.

### FOR SALE

#### SPACIOUS 4 BEDROOM HOUSE

- natural gas heating plus new fireplace
- central air
- approx. 3/4 acre
- laminate flooring throughout
- municipal water and sewer supply
- huge heated garage
- located on old Hwy # 2

Serious inquiries only:

Please call 613-396-5879

### BABYSITTING

Available for babysitting anytime. My name is Allison and I am 13 yrs old and willing to babysit any age child.

Phone: (613) 966-1936

### BABYSITTING AVAILABLE

If you are looking for a full-time, reliable babysitter, please give Sandy a call at  
613-967-0091

### HOUSE FOR SALE

- 3 bedroom, large kitchen, 2 baths, approx 3/4 acre

Please contact:

tyendinaga.09@yahoo.ca  
or call: 416-938-4157

# FOR SALE



Location: **19 Bayshore Road**

Selling Price: **\$225,000.00**

Property Descriptions:

**60 feet x 40 feet**

**Cement Block**

**Central Air**

Age of Property:

**6 years**

Water and Hydro Source:

**Water and Sewage Town of Deseronto**

**Hydro One (Ontario Hydro)**

Included in Sale:

**(Square Lot Negotiable)**

Contact: **Lil Lefort 613-396-3378**

Requirements: **Cash**

# of Rooms

**3 rooms plus**


**Large Stock Room**

Other:

**Building Only Not Business**


## Businesses

**SOLD**



Lanthorn Real Estate Ltd.  
Brokerage  
Each Office Independently Own and Operated


**Kelly McMurter**  
Sales Representative  
Office: 613-354-4347  
Direct: 613-929-sell (7355)



[www.century21.ca/kelly.mcmurter](http://www.century21.ca/kelly.mcmurter)  
Email: [kelly.mcmurter@century21.ca](mailto:kelly.mcmurter@century21.ca)

For All your  
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- Selling
- Buying
- Leasing



To my fellow Community Members

I am now a licensed Real Estate Representative!

I have joined CENTURY 21 Lanthorn Real Estate Ltd. in Napanee and have become a member of the Kingston Real Estate Association Board.

I will be dealing in both Residential and Commercial Real Estate in the areas of:

- Belleville
- Deseronto
- Napanee
- Picton

If you have family, friends or acquaintances that are in need of Real Estate Representation please feel free to pass my name on to them.

Along with my own expertise and that of my colleagues here at CENTURY 21 Lanthorn Real Estate Ltd. in Napanee, we can negotiate favourable terms for all your residential and commercial needs.

Thank You,  
Kelly McMurter

# Time for You Salon

613-968-9459

*Hair Styling for the  
Whole Family!*

*\*Gift Certificates Available!\**

- Waxing Services
- Eyelash & Eyebrow tinting
- Ear Piercing & Facials
- Manicures & Pedicures

**Facials!**  
**\$40.00**



Diane  
Esthetician & Hairstylist  
5717 Hwy #2  
Tyendinaga Mohawk Territory

*Hair Styling and Esthetics Salon*

121 HURONBRANT DR. N.  
TYENDINAGA MOHAWK TERRITORY  
NO TAX ON PICK UPS



*Sue's Miracles*  
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NAPANEE DROP- MALL  
SALMON RIVER, SHANNONVILLE

SUSAN MARACLE  
(613) 396-1985

## VILLAGE CONCRETE

391 BEACH ROAD

P.O. BOX 3

SHANNONVILLE, ONTARIO

K0K 3A0

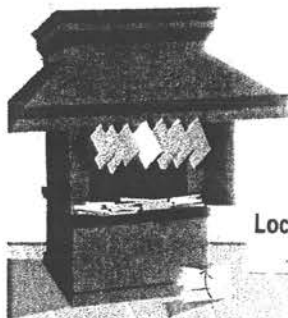
BASEMENT FLOORS, GARAGE FLOORS,  
SIDEWALKS

Greg Lewis

967-1407

## Birdie's Needle Nook

Wool, Cross Stitch, Needles & Notions



Birdie Doreen  
Knitting & Cross Stitch  
Classes Available

Call 613-396-1960

Located at Mohawk Duty Free  
(Slash Rd & Hwy 49)

TYENDINAGA MOHAWK TER.

## Pelletier Law Firm

*formerly Maracle Law Office*

Bonnie Pelletier  
Barrister-Solicitor-Adjudicator

186 Ridge Road, Tyendinaga, Ont, K0K 3A0

Tel: 613-969-9000 • Cell: 613-922-6801 • Fax: 613-969-9093

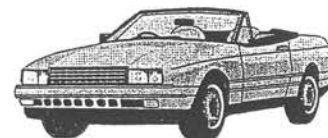
Email: bonnie@pelletierlawfirm.com • Web: pelletierlawfirm.com

## RALPH'S AUTO GLASS

*\* Over 25 Years Local Service \**

Ralph Sero  
Box 89-88 Seros Rd  
R.R. # 1  
Deseronto, Ontario  
K0K 1X0  
(613) 396-1351

Windshields  
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Shop & Mobile



### Free Estimates!

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- Truck Accessory Products





613 961 9434

## Maracle Contracting

Bruce Maracle  
Tyendinaga Territory

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SIDING / WINDOWS  
DRYWALL

SMALL REPAIRS  
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DECKS



## R B Contracting

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Bill Hutt Ron Bowden

Licensed Carpenter

Excavations, Renovations, New Construction, Doors/Windows



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SIDEWALKS • STEPS & MORE • FREE ESTIMATES

Dave deWal

RR#4 TRENTON, ON  
K8V 5P7

613-965-5802  
613-661-2209

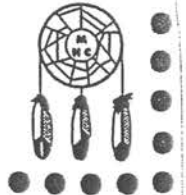
## McMurter

Lumber & Building Supplies

Tyendinaga Mohawk Territory  
P.O. Box 755  
Ontario, Canada K0K 1X0

Jim McMurter  
Owner / Manager

E-mail: [jmcmurter@mcmurterhome.com](mailto:jmcmurter@mcmurterhome.com)  
BUS: (613) 396-1607 ~ FAX: (613) 396-6897



*Rheana Maracle Photography*

613-967-4722

*Shannonville, On.*

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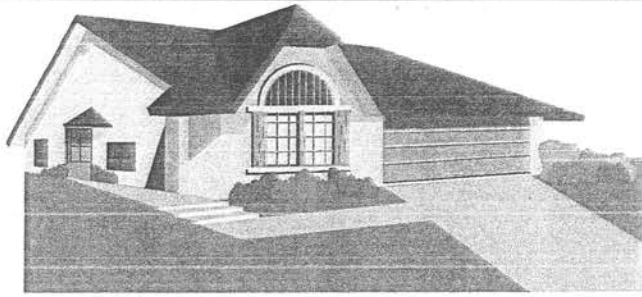
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