



MOHAWKS OF THE BAY OF QUINTE

KENHTEKE KANYEN'KEHÁ:KA

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New Method of Communicating COVID-19 Info in Tyendinaga Mohawk Territory

January 5, 2022 – Due to the significant increase in cases of the COVID-19 Omicron variant, establishment of new testing guidelines set out by Ontario's Ministry of Health and increased access for the public to obtain rapid testing, MBQ Community Health is no longer able to provide an accurate number of COVID case counts within the community. The Community Health Team requests that anyone who develops symptoms **isolate immediately** along with those residing in their household. Community Health would like to speak with anyone experiencing symptoms to provide education and assistance with contact tracing. If you have access to a rapid test, please use it and notify Community Health if you test positive. If you do not have access to a rapid test, PCR testing continues to be available by appointment at the Community Wellbeing Centre. Testing will be available to all community members who are experiencing symptoms of COVID-19 or are determined to be high-risk exposures through contact tracing.

Please note that MBQ Community Health is establishing new ways to communicate with the community.

The Mohawks of the Bay of Quinte are also creating a new Facebook page where we will post all our COVID-19 related information. The hope is that this process will allow community members to easily find the latest COVID-related details without it getting lost in all the other programming and additional information posted on the MBQ page, and vice versa. This page can be found and followed here: facebook.com/MBQ-Health.

Please note that while these new communication methods are intended to allow the community better and easier access to the answers they seek, staff will only be responding during office hours which are Monday through Friday, 8:30 a.m. to 4:30 p.m..

For any questions related to COVID-19 including symptoms, testing and vaccines, community members can now **email** covid19support@mbq-tmt.org, **text** 613-686-5510 or **call** 613-967-3603 and ask to speak with a Community Health nurse.