



# MOHAWKS OF THE BAY OF QUINTE

## KENHTÈKE KANYEN'KEHÁ:KA

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**September 30, 2022** – Today marks the second annual National Day for Truth and Reconciliation in Canada. It's a day where everyone is encouraged to reflect on the painful impacts of residential schools in Canada. It is also a chance for Canadians to honour survivors and their families as well as remember the thousands of children who never returned home. On this day especially, we encourage everyone to learn more about the [94 Calls to Action](#) issued by the Truth and Reconciliation Commission of Canada and the [United Nations Declaration on the Rights of Indigenous Peoples \(UNDRIP\)](#).

This day, which corresponds with [Orange Shirt Day](#) - a legacy project created by a survivor of St. Joseph Mission Residential School - is another step in creating awareness of the harms caused by colonization and is a great starting point for creating the changes that must take place. Most importantly, we would like to remind everyone that Truth and Reconciliation work must continue 365 days a year, not just on September 30.

We recognize that this day may bring traumatic, difficult memories to the surface in light of the unmarked graves that continue to be discovered on the grounds of residential schools across the country. If you need support, on-territory you can call or text Indigenous Victim Services 24/7 at 613-813-9667 or call the Red Cedars 24/7 Crisis Line at 1-800-672-9515. You can also call:

Indian Residential School Survivors and Family Hotline: 1-866-925-4419

Crisis Services Canada: 1-833-456-4566 or text 45645

Mental Health Helpline: 1-866-531-2600

MMIWG Crisis Line: 1-844-413-6649

Culture For Life (ONLINE): [www.cultureforlife.ca](http://www.cultureforlife.ca)