

MOHAWKS OF THE BAY OF QUINTE KENHTÈ:KE KANYEN'KEHÁ:KA



ISSUE 03/23
Enmíhskó:wa
(March)

Owenna'shòn:'a tewateweyénstha ón:wa tsi niwenhni:tes
(the words we are learning this month)

Wáhta Óhsehs

See page 3 for more information

ORÍ:WASE_(news)

Mohawks of the Bay of Quinte

Kenhteke nene kanyen'kehá:ka kanakerahserà:kon, nène rontathà:wi ne kanekarahsera. Tsi niyonkwarihò:tens tahnnon niyakwawennò:ten nahò:ten yonkwateryèn:tare ne tsi nitsyonkwè:non. Yakwatstha nahò:ten ne yonkwateryèn:tare tahnnon nahò:ten yonkwateryhwayèn:ni ne ayakwaten'nikòn:raren tahnnon ayakhikwennyenste ne onkyonkwè:ta, onkyonhwentsya nahoténhshon yonkwà:yen tahnnon ne sa'oyè:ra.

Tyendinaga, as part of the Mohawk Nation, is a healthy, sustainable Kanyen'kehá:ka community, built on and united by our language, culture, traditions, knowledge, and history. We exercise our rights and responsibilities for the protection of and respect for our people, our land, our resources, and the environment.

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NOTICES:

ATTENTION MORTGAGE HOLDERS: It has come to our attention that many insurance companies will ONLY notify the MOHAWKS OF THE BAY OF QUINTE if your existing house insurance policy has been cancelled however will NOT when the policy has been renewed. This creates a problem when incentives, rewrites and renovations are requested. You will not qualify if your house insurance policy on file is not up to date. In order to ensure your policy is current, we ask that you mail, fax or deliver renewal form when received.

COVID-19 & VACCINE INFO: Rapid tests are available for pickup from the Community Wellbeing Centre Monday through Friday, 9 a.m. to 4 p.m.. To inquire about PCR testing, please call 613-967-3603. For most up to date information on COVID-19, please visit our Facebook page or website at mbq-tmt.org/health/covid-19-updates

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The Mohawk Firefighters responded to 5 calls from January 24 to February 17, 2023:



- | | |
|---|-------------------------------------|
| 2 | Alarm: Commercial/Industrial |
| 1 | Fire/Smoke: Structural: Residential |
| 1 | Medical: Assistance |
| 1 | Medical: Defib |

This brings the total calls to 10 for 2023.

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COMMUNITY MESSAGES *and* ANNOUNCEMENTS

NOTICE: OFFICE CLOSURE

All MBQ offices will be closed Friday, April 7 and Monday, April 10 for Easter.

Happy Birthday!

Happy 60th Birthday Gail - March 9th
Love your sister.

Happy Birthday Lexi
Love Auntie Boo, Jeffy and Curly

Happy 50th Birthday Dan - March 1st
Love Aunt Marilyn & Uncle Rick

Happy 18th Birthday Daniel - March 3rd
Love Aunt Marilyn & Uncle Rick

Happy Birthday Dad (Bruce) - March 10th
Love Rick & Marilyn

Happy Birthday John - March 13th
Love Marilyn & Rick

Happy Birthday Chris - March 13th
Love Marilyn & Rick

Happy 11th Birthday to our beautiful,
loving, silly granddaughter Layla - March
23rd
Lots of Love Grandma & Papa

Happy Birthday Nancy - March 27th
Love Marilyn & Rick

Happy 60th Birthday Warren - March
28th
Hope it's a good one. Marilyn

Happy 13th Birthday Talen - March 29th
Lots of Love Aunt Marilyn & Uncle Rick

Happy 18th Birthday Rhyder - March 30th
Love Aunt Marilyn & Uncle Rick

Happy Birthday Angie - March 30th
Love Aunt Marilyn & Uncle Rick

NATIONAL DRINKING WATER CLASS ACTION

• DEADLINE APPROACHING •

FULL DETAILS CAN BE FOUND AT:

MBQ-TMT.ORG/NATIONAL-DRINKING-WATER-CLASS-ACTION

DEADLINE MARCH 7, 2023



Deadline for April: March 15 at 12 p.m.

Owenna'shòn:'a tewateweyénstha ón:wa tsi niwenhni:tes

(the words we are learning this month)

Wáhta Óhsehs Maple Syrup



March 2023 Vocabulary

Wáhta Owenna'shón:'a – Words about Maple

Wáhta – hard maple, sugar maple tree

Orontákeri – maple water, maple sap

Wáhta óhsehs – maple syrup

Tsi thatihsehstonnyá:tha – the place where they make syrup, sugar shack

É:so tsi waké:kas ne wáhta óhsehs – I really like (the taste of) maple syrup

Yorontokhá:'on – sap is running from the tree

Wa'hatiró:roke ne orontákeri – they collected maple water

Tenhatihnekóntyete – they will boil it

enhatihshehstakeríhte – they will boil down the sap

Kana'tsyowá:nen – a big pot

Seed Starting

Kanonhtonnyónkwas tsi nahò:ten enkyenthóhseron – I am thinking about what I will plant, sow

Weather changing

Yonyehtanawentátýe – snow is melting

Ohshé:wa – a bud (new growth or a leaf or flower)

Yohsheyón:ton ne karontà:ke – there are buds on the tree

Kakwitè:ne tentkontí:ten – they will come back in the spring (birds)

Kakwitè:ne tá:we – spring is coming

In Memoriam



NYÁ:WEN

Greg & Darlene Loft, would like to thank their family and the community for all your support with the 10 Day & Night fire during our grieving for our son **Zachary Loft**.

He was such a young handsome quiet man, I know from the Spirit World he is amazed so many people join us around the fire for him. Grieving is never easy, but when the community comes together to support you, it does heal some of the pain, so **many thank yous** to everyone! **If anyone is grieving & needs someone to talk to, we are available for you also.**

We both miss working for our wonderful community.

Thank you

To all the friends and family, who were here to celebrate Nathan's life. We truly appreciate all the love and prayers we received. He will be truly missed.

The Sero Family



AKWATATIHNE NYAWEN NIKAWENNOTENS - (EXPRESSING WORDS OF THANKS)

Shekon Sewakwekon: Our hearts open to pour out expressions of gratitude for the many beautiful people who shared their condolence wishes and expressions of love since the passing of our mother AUDREY MURIEL BRANT (MARACLE) on January 13, 2023. We are taking time to acknowledge the John M. Parrot Centre Staff who cared for mom November 2015 to January 2023; MBQ for use of Community Centre; the Native Women's Association for coordinating food at Jim's place; the Mohawk Guild for food coordination at our commemoration time; MJ Smith & Son Funeral services – especially the compassionate Michelle Smith; wood donations; the singers and musicians who were there to lift our spirit; and, those who made food & drinks donations over the visitation time. Thanks to the relentless fire keepers over 10 days & nights, rain and shine, your time and commitment for honouring Tradition are appreciated beyond words.

Waking Mom at home offered us the special privilege to feel much love and support in a time that presents the difficult task of grieving while being thankful for 90 years of her full life at the same time. If your participation and support has not been listed here, please excuse the oversight and know that ALL the acts of kindness and love are much appreciated.

Ha' tskwe..... tho ni kawenake.

With Sincereness – Expressed by Audrey's family – her children, grandchildren and great grandchildren.



In loving memory of our amazing, loving mom, mother in law, nanny, aunt and cousin, Jean (Winnie) Carr-Braint nee Hill
September 17, 1925 – March 11, 2004

Not a day passes by Mom that you don't cross our mind,
Not all of you departed when you left earth behind,
For in our hearts there is a place that only you can hold,
Filled with our loving memories we care more than gold,
We know that you still hear us Mom, so please know this is true,
That everything we are today is all because of you.
We love you Mom.

Forever loved, never forgotten. We miss you so much. Carol, Harry, Betty, Billy, MJ, Marilyn, Mike, Tracey & families.



TYENDINAGA MOHAWK COUNCIL MINUTES
JANUARY 12, 2023

A meeting of the Tyendinaga Mohawk Council was held on Thursday, January 12, 2023 at 1:00 p.m. in the Council Chambers.

Present: Chief R. Donald Maracle
Councillors: Josh Hill, Stacia L. Loft and Carl E. (Ted) Maracle
Absent: Chris Maracle on vacation

Staff: Angela Maracle, Senior Director of Operations; Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council; Amsey Maracle, Executive Assistant to the Chief;

Chief Maracle opened the meeting with the Ohenton Karihwatehkwen and also provided a Christian prayer in Kanyen'keha.

MOTION #1: Moved by Carl E. (Ted) Maracle, seconded by Stacia L. Loft to adopt the agenda with the additions.

Carried.

MOTION #2: Moved by Stacia L. Loft, seconded by Carl E. (Ted) Maracle that the Tyendinaga Mohawk Council Minutes of December 21, 2022 be approved as corrected.

Carried.

MOTION #3: Moved by Josh Hill, seconded by Carl E. (Ted) Maracle to acknowledge the Kanhiote Library Board Minutes of January, February, March, April, May, June, July, August, September, October, November & December 2022.

Carried.

Council confirmed the following scheduled meetings:

- January 18, 2023 – 9:30 a.m. – Tyendinaga Mohawk Council Regular
- January 25, 2023 – 7:00 p.m. – Tyendinaga Mohawk Council Local Business
- February 3, 2023 – 9:30 a.m. – Tyendinaga Mohawk Council Regular
- February 8, 2023 – 7:00 p.m. – Tyendinaga Mohawk Council Local Business
- February 15, 2023 – 9:30 a.m. – Tyendinaga Mohawk Council Regular
- February 22, 2023 – 7:00 p.m. – Tyendinaga Mohawk Council Local Business

MOTION #4: Moved by Josh Hill, seconded by Carl E. (Ted) Maracle to acknowledge the above scheduled meetings.

Carried.

MOTION #5: Moved by Carl E. (Ted) Maracle, seconded by Stacia L. Loft to approve the outside the territory travel for Chief Maracle to attend COO Employment Services Transformation Meeting on January 16 in Toronto; COO Leadership Council Meeting January 17 & 18, 2023 in Toronto; AFN CCOHI meeting (TBD) on January 19, 2023; AIAI Chiefs Council/Governance Working Group Joint Meeting on January 23, 2023 in London; COO Strategic Planning Retreat on January 31 – February 2, 2023 (TBD);

Carried.

MOTION #6: Moved by Stacia L. Loft, seconded by Josh Hill to approve to forward the letter from Bryce Patterson, Deputy Chief Herald of Canada regarding the definition of the use of a Kasto'wa to the Iroquois Caucus.

Carried.

- MOTION #7:** Moved by Josh Hill, seconded by Stacia L. Loft approve the Business Registration for Eagle Hill Capital, owners Daniel J. Brant & Brad Greyeyes-Brant.
- Carried.**
- MOTION #8:** Moved by Stacia L. Loft, seconded by Carl E. (Ted) Maracle approve the Business Registration for Hart Stables, Owners Kim & Karen Baptiste.
- Carried.**
- MOTION #9:** Moved by Carl E. (Ted) Maracle, seconded by Stacia L. Loft approve the Business Registration for Tyendinaga Wood Grinders & Custom Screening, owner Shane Sager.
- Carried.**
- MOTION #10:** Moved by Stacia L. Loft, seconded by Carl E. (Ted) Maracle approve the Business Registration for United Trading, owner Robert Greenwood.
- Carried.**
- MOTION #11:** Moved by Stacia L. Loft, seconded by Josh Hill approve the Business Registration Renewal for Simply Monkey'n Around, owner Laura Wood.
- Carried.**
- MOTION #12:** Moved by Carl E. (Ted) Maracle, seconded by Josh Hill approve the Business Registration Renewal for Spotless Cleaning, owner Jennifer Brant.
- Carried.**
- MOTION #13:** Moved by Stacia L. Loft, seconded by Carl E. (Ted) Maracle approve the Indigenous Services Canada Comprehensive Funding Agreement #2122-ON-000027, Amendment #0030 in the amount of \$345,095.33 for Emergency Management Assistance and Amendment #0031 to include additional reporting requirements for the First Nations and Inuit Youth Employment Strategy.
- Carried.**
- MOTION #14:** Moved by Stacia L. Loft, seconded by Carl E. (Ted) Maracle to approve to pay the JFK Law invoice #32035 in the amount of \$392.00 for general advice; #32326 in the amount of \$144.00 for Housing Policy Review; #32327 in the amount of \$494.50 for MBQ Rental Eviction.
- Carried.**
- MOTION #15:** Moved by Carl E. (Ted) Maracle, seconded by Josh Hill to approve to pay the Alan Pratt invoice #6142 in the amount of \$2,730.00 regarding Culbertson Tract Land Partial Settlement.
- Carried.**
- MOTION #16:** Moved by Carl E. (Ted) Maracle, seconded by Stacia L. Loft to approve as the guarantor to increase the Master Card for Briar Fox Golf Course from \$10,000.00 to \$30,000.00 for business operations MCR #2022/23-056.
- Carried.**
- MOTION #17:** Moved by Carl E. (Ted) Maracle, seconded by Stacia L. Loft to approve the contract with UniversalCare Canada Inc. for \$10,500.00 per month for 24 months to complete the licensing and design development for the Long Term Care Home.
- Carried.**
- MOTION #18:** Moved by Carl E. (Ted) Maracle, seconded by Stacia L. Loft to request an update on the Long Term Care Home for the February 3, 2023 TMC agenda.
- Carried.**

MOTION #19: Moved by Josh Hill, seconded by Carl E. (Ted) Maracle that the Tyendinaga Mohawk Council acknowledge the recommendation from Jason Brant, Tyendinaga Police Services Chief, to the Ontario Provincial Police Indigenous Policing Bureau, to seek applicants and hire a candidate to the position of administrative assistant within the Tyendinaga Police Service, effective immediately. MCR #2022/23-057.

Carried.

MOTION #20: Moved by Josh Hill, seconded by Stacia L. Loft to request a briefing note on all the MBQ surplus vehicles.

Carried.

MOTION #21: Moved by Stacia L. Loft, seconded by Josh Hill that this meeting go into private. (2:42 p.m.)

Carried.

Recorded by: Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council

Original Signed By: Chief R. Donald Maracle

**TYENDINAGA MOHAWK COUNCIL MINUTES
JANUARY 18, 2023**

A meeting of the Tyendinaga Mohawk Council was held on Wednesday, January 18, 2023 at 9:30 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle

Councillors: Josh Hill, Stacia L. Loft, Carl E. (Ted) Maracle and Chris Maracle

Staff: Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council; Amsey Maracle, Executive Assistant to the Chief, left at 12:20 p.m.

Absent: Angela Maracle, Senior Director of Operations on vacation;

Chief Maracle opened the meeting with the Ohenton Karihwatehkwen and also provided a Christian prayer in Kanyen'keha.

MOTION #1: Moved by Chris Maracle, seconded by Josh Hill to adopt the agenda with additions.

Carried.

MOTION #2: Moved by Carl E. (Ted) Maracle, seconded by Josh Hill that the Tyendinaga Mohawk Council Minutes of January 12, 2023 be approved as corrected.

Carried.

MOTION #3: Moved by Stacia L. Loft, seconded by Josh Hill that this meeting go into private to meet with MBQ Legal Counsel regarding a Human Resource issue. (10:02 a.m.).

Carried.

Council confirmed the following scheduled meetings:

- January 25, 2023 – 7:00 p.m. – Tyendinaga Mohawk Council Local Business
- February 3, 2023 – 9:30 a.m. – Tyendinaga Mohawk Council Regular
- February 8, 2023 – 7:00 p.m. – Tyendinaga Mohawk Council Local Business

- February 15, 2023 – 9:30 a.m. – Tyendinaga Mohawk Council Regular
- February 22, 2023 – 7:00 p.m. – Tyendinaga Mohawk Council Local Business

Council discussed hosting Community Meetings and how the meetings would be formatted to ensure the Community is receiving accurate information.

MOTION #6: Moved by Josh Hill, seconded by Carl E. (Ted) Maracle to request Chief Maracle prepare a Mid-Term Report of all MBQ projects and activities and to tentatively schedule a Community Meeting on February 28, 2023.

Carried.

MOTION #7: Moved by Stacia L. Loft, seconded by Chris Maracle to approve to move forward with the first year of the 5 year plan for a Cardiac Safe Community.

Carried.

MOTION #8: Moved by Stacia L. Loft, seconded by Chris Maracle to approve to sign the Indigenous Services Canada (ISC) Agreement #2122-ON-000027, Amendment #0033 in the amount of \$2,148,465.50 for On-Reserve Housing Immediate Needs.

Carried.

MOTION #9: Moved by Chris Maracle, seconded by Josh Hill to approve utilize the funding from Canada Mortgage and Housing Corporation (CMHC) in the amount of \$420,000.00 for low-income private homeowners emergency repairs.

Carried.

MOTION #10: Moved by Carl E. (Ted) Maracle, seconded by Stacia L. Loft to approve submitting to the Green Inclusive Community Building Fund for an Emergency Shelter for Families experiencing homelessness.

Carried.

MOTION #11: Moved by Chris Maracle, seconded by Josh Hill to defer the Rapid Housing Initiative tenant selection priorities and rent structure for review of the Housing policy.

Carried.

MOTION #: Moved by Chris Maracle, seconded by to approve TMC Meeting go live.

No Second

MOTION #12: Moved by Stacia L. Loft, seconded by Josh Hill to request staff forward the Feasibility Study on TMC Meetings going live will discuss at the February 3, 2023 TMC meeting.

Carried.

MOTION #13: Moved by Josh Hill, seconded by Stacia L. Loft that this meeting go into private. (2:25 p.m.)

Carried.

Council discussed the new housing development locations.

MOTION #19: Moved by Chris Maracle, seconded by to rescind motion #20 dated June 22, 2022 to approve the submission of the Expression of Interest to Indigenous Services Canada (ISC) for On-Reserve Housing Immediate Needs. And build the 2 houses on Queen Street, 2 on Norways and 1 on Hwy #2.

No Second

MOTION #20: Moved by Josh Hill, seconded by Carl E. (Ted) Maracle to request more information on the assessing viability of the lots located at Queen Street, Norways Road and Hwy #2.

Carried.

MOTION #21: Moved by Josh Hill, seconded by Stacia L. Loft that this meeting adjourn. (3:57 p.m.)

Carried.

Recorded by: Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council

Original Signed by: Chief R. Donald Maracle

**TYENDINAGA MOHAWK COUNCIL MINUTES
FEBRUARY 3, 2023**

A meeting of the Tyendinaga Mohawk Council was held on Friday, February 3, 2023 at 9:30 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle

Councillors: Carl E. (Ted) Maracle and Chris Maracle - Josh Hill joined by Teams

Regrets: Stacia L. Loft attending a funeral; David Souliere, CAO; and Angela Maracle, Senior Director of Operations on vacation

Absent: Amsey Maracle, Executive Assistant to the Chief;

Staff: Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council;

Chief Maracle opened the meeting with the Ohenton Karihwaterhkwén and also provided a Christian prayer in Kanyen'keha.

MOTION #1: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle to adopt the agenda with additions.

Carried.

MOTION #2: Moved by Carl E. (Ted) Maracle, seconded by Josh Hill that the Tyendinaga Mohawk Council Minutes of January 18, 2023 be approved.

Carried.

Council confirmed the following scheduled meetings:

- February 8, 2023 – 7:00 p.m. – Tyendinaga Mohawk Council Local Business
- February 15, 2023 – 9:30 a.m. – Tyendinaga Mohawk Council Regular
- February 22, 2023 – 7:00 p.m. – Tyendinaga Mohawk Council Local Business

MOTION #3: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle to approve Lisa Maracle, Director of Community Services work with the Kenhte'ke Seed Sanctuary on the potential of moving the sanctuary to the back of the present location or other potential sites.

Carried.

MOTION #4: Moved by Chris Maracle, seconded by Josh Hill to request staff get a legal opinion on the Kenhte'ke Seed Sanctuary lease agreement.

Carried.

MOTION #5: Moved by Chris Maracle, seconded by Josh Hill to approve to Live cast the Tyendinaga Mohawk Council meeting through a social media platform effective March 9, 2023.

Carried.

MOTION #6: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to approve Bryce McMurter, Director of Information Technology and 7 Gen purchase the equipment required to Live cast the Tyendinaga Mohawk Council meeting through a social media platform, budget not to exceed \$10,000.00.

Carried.

A request was submitted to change the signs entering the Territory from entering the Tyendinaga Mohawk Territory to entering the Mohawks of the Bay of Quinte First Nation.

MOTION #7: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle Maracle to decline the request from a Community Member to change the wording on the signs at the entrances to the Territory from “Welcome to the Tyendinaga Mohawk Territory” to “Welcome to the Mohawks of the Bay of Quinte First Nation”, because the Tyendinaga Mohawk Territory is the land our people occupy, and the Mohawks of the Bay of Quinte First Nation is the name that represents the people who reside on the Territory.

Carried.

This will be placed on a future Community Meeting agenda for discussion.

MOTION #8: Moved by Chris Maracle, seconded by Josh Hill that WHEREAS, FNTI (First Nations Technical Institute) is a post-secondary institution established in 1984 through a partnership between the founding FNTI Board of Directors, the Mohawks of the Bay of Quinte, the Department of Indian Affairs and the provincial Ministry of Education

WHEREAS, it is the special mission of FNTI to design, develop and otherwise provide all manner of post-secondary education, training and lifelong learning opportunities, including applied knowledge and research, for Indigenous people which strengthens Indigenous identities, languages, and intellectual traditions, and meets the education, economic, social and cultural needs of Indigenous communities and nations

WHEREAS, FNTI may carry out any and all ancillary functions which are common to a post-secondary institution and has received accreditation via the Indigenous Institutes Act of 2017

WHEREAS, Article 13 of the United Nations Declaration on the Rights of Indigenous Peoples, adopted by the UN General Assembly on September 13, 2007, affirms that “Indigenous peoples have the right to revitalize, use, develop and transmit to future generations their histories, languages, oral traditions, philosophies, writing systems and literatures, and to designate and retain their own names for communities, places and persons, “and further declares that “States shall take effective measures to ensure that this right is protected”

WHEREAS, FNTI initiatives are carried out in the Tyendinaga Mohawk Territory, throughout Canada, and elsewhere

THEREFOR BE IT RESOLVED, The Tyendinaga Mohawk Council endorses, approves and authorizes FNTI to erect a new campus building on the Mohawk Aerodrome property in order to fully support FNTI’s capacity to increase their provision of post-secondary education to Indigenous peoples. M.C.R. #2022/23-059.

Carried.

MOTION #9: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle to defer the Housing Development on the Upper Slash Road until February 8, 2023.

Carried.

MOTION #10: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to approve to get an estimate from an Engineer to provide an opinion on if the property on Queen Street is feasible to build houses.

Carried.

MOTION #11: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to approve to purchase the property on North Street from Clarence Green in the amount of \$250,000.00.

Carried.

MOTION #12: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle that the Tyendinaga Mohawk Council approve the 2022 Expenditure and Petition for Expenses report in the amount of \$1,167,638.78 to the Ministry of Transportation in support of the Roads Maintenance Program. M.C.R. #2022/23-060.

Carried.

MOTION #13: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle that Whereas, the 2022 expenditure and petition for expenses report has a supplementary funding component for planned road projects for the 2022 calendar year on a 50% subsidy to a maximum contribution of \$150,000. Whereas, TMC acknowledges and are committed to utilizing the funding towards the resurfacing of Upper Slash Road, Mowbray's Road and Billy Brew's Road project and Beach Road cross culvert replacement program. and, WHEREAS, TMC acknowledges the projects have been completed by December 31, 2022. And, WHEREAS, TMC is committed to return any unused portion of the supplementary funding back to the Ministry and also understand any cost overrun shall be the responsibility of the MBQ. THEREFORE be it resolved that the Tyendinaga Mohawk Council are petitioning the following projects for consideration under the supplementary funding component for the 2022 road projects: Resurfacing of Upper Slash Road (\$176,281.30), Mowbray's Road (\$70,478.55), Billy Brews Road (\$26,847.00) and Beach Road cross culverts (\$58,847.00), for a total of \$331,843.15. M.C.R. #2022/23-061.

Carried.

MOTION #14: Moved by Chris Maracle, seconded by Josh Hill to approve the Business Registration for Curtis Cleaning owner Brittany Curtis.

Carried.

MOTION #15: Moved by Chris Maracle, seconded by Josh Hill to approve the Business Registration Renewal for McMurter Home Centre owner Jim McMurter.

Carried.

MOTION #16: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle to approve the Business Registration Renewal for Rez Cresting owner Kirk Brant.

Carried.

MOTION #17: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle to approve the Business Registration Renewal for Skyway Variety owner Phillip Kring.

Carried.

MOTION #18: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle to approve the Business Registration Renewal for Smokin Pit Stop owner Lisa Maracle-Sexsmith.

Carried.

MOTION #19: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to approve the Business Registration Renewal for Sacred Circle owner Christopher Fox.

Carried.

MOTION #20: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to acknowledge the request from the Iroquois Caucus Harvesting Working Group for financial assistance and will revisit after the Iroquois Caucus approves the criteria.

Carried.

MOTION #21: Moved by Josh Hill, seconded by Chris Maracle to acknowledge Chief Maracle, Chris Maracle, Tanya King-Maracle and David Souliere attend the virtual meeting regarding the Policing Agreement on March 1 or 2, 2023.

Carried.

MOTION #22: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to approve extending the hours at the Tyendinaga Fitness Centre from 6:30 a.m. – 7:00 p.m. to 6:30 a.m. – 8:00 p.m. Monday to Friday and 7:00 a.m. – Noon on Saturdays. This will be funded under the COVID-19 budget.

Carried.

MOTION #23: Moved by Carl E. (Ted) Maracle, seconded by Josh Hill to defer the Kenhte'ke Strategic Plan until February 15, 2023 for full Council and have Luke Jeffries, Community Language Coordinator attend.

Carried.

MOTION #24: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle to request an update on the FNTI campus and hanger replacement.

Carried.

MOTION #25: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle that this meeting go into private. (3:25 p.m.)
Carried.

Recorded by: Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council

Original Recorded by: Chief R. Donald Maracle



Prince Edward County Arts Council's 5th Annual Wind & Water Writing Contest

This year's theme is Connection.

Open to writers of any level from the Quinte and Prince Edward County regions. Interpret the theme in unique, exciting and creative ways for a host of prizes, recognition and celebration!

For details and a list of past winners, visit:
countyarts.ca/wind-water-writing-contest/

Please direct questions to Heather McCorquodale,
Membership Services Coordinator, at info@countyarts.ca.

Submission deadline: March 31st, 2023



Tyendinaga Mohawk Council is going **LIVE!**

STARTING THURSDAY, MARCH 9,
2023, TYENDINAGA MOHAWK
COUNCIL WILL BE STREAMING
THEIR REGULAR MEETINGS LIVE
ON YOUTUBE!

TO MAKE SURE YOU DON'T MISS A
MEETING, SUBSCRIBE TO OUR
CHANNEL AT:

**[YOUTUBE.COM/@MOHAWKS
OFTEBAYOFQUINTE2971](https://www.youtube.com/@MOHAWKSOFTEBAYOFQUINTE2971)**

TMC AGENDAS WILL BE MADE
AVAILABLE THE DAY BEFORE
EACH MEETING AT:
[MBQ-TMT.ORG/COUNCIL-AGENDAS](https://mbq-tmt.org/council-agendas)

**DISCLAIMER: COMMENTS OF INDIVIDUAL
MEMBERS MAY NOT NECESSARILY REFLECT
THE OPINION OF THE WHOLE COUNCIL.**

COMMUNITY HEALTH PAD PROGRAM



Cardiac Safe Community a 5 year plan



Defibrillators (AEDs) can increase survival from 8% to as much as 90% when accessed quickly by individuals who know how to use them. A Cardiac Safe Community prioritizes access, awareness, and education for AEDs

Tyendinaga is an underserved area where ambulance response times could be delayed. A mobile AED could arrive at your location in MINUTES. By making Tyendinaga Mohawk Territory a Cardiac Safe Community, every location in the territory would be within a 4 minute drive of an AED.



Keep an eye out! We will be launching a March Break Colouring Contest to raise awareness about the Community Health PAD Program and our work to become a cardiac safe community!



mbq-tmt.org/HeartSafe



Tyendinaga Mohawk
Community PAD Program

Save the Date

Sunday, May 21, 2023

2023 Mohawk Landing



Keep your eyes peeled for more information in early May!



Kanyen'kehá:ka Story Walk

This week we'll be joined by Erica Gray from Tsi Tyónnheht Onkwawén:na to share Kanyen'kehá:ka (Mohawk language)

LITTLE CATARAQUI CREEK

Friday, February 17

9:30-11:30

1641 Perth Road



Register at www.keyon.ca

Looking for Ribbon Skirt, Dress or Shirts for Graduation? Please book by March 10th



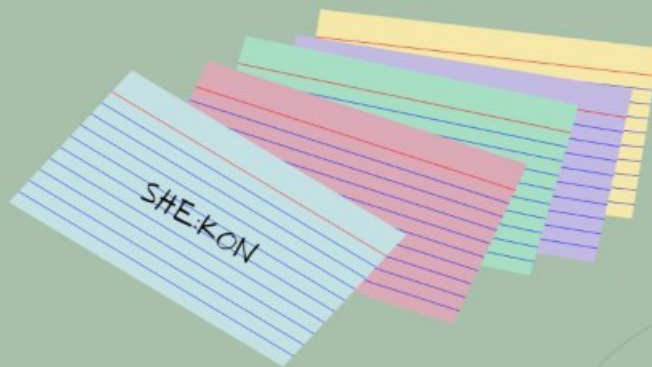
AKHOS'THA DESIGNS
KENHTÈKE ~TYENDINAGA MOHAWK
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CUSTOM TRADITIONAL CLOTHING
RIBBON DRESSES, SHIRTS AND SKIRTS
FABRICS

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(613) 396-3458
EMAIL: TYENDINAGA11@YAHOO.COM

• Specializing in Indigenous Fabrics • Ribbon Skirt Kits • Gift Certificates •

Language Activity Nights Coming Soon

LAST TUESDAY OF EVERY MONTH
FROM 6-9PM
BEGINNING FEBRUARY 28TH



Limited Spots
Available.
Monthly
Sign Up

TOPICS WILL INCLUDE:
INTRODUCTIONS, FAMILY, FOODS,
FEELINGS & MORE!

For more information email: events@kenhteke.org

Suggested donation of \$5-\$10; All proceeds go to the Building Fund



613-970-3045

1658 York Road, Tyendinaga ON K0K 1X0



Call Out for Indigenous Artists/Creators!

A Path Forward

A Path Forward (APF) is a permanent and evolving multi-disciplinary physical and virtual art exhibit developed in partnership between Tsi Tyónnheht Onkwawén:na Language and Cultural Centre (TTO), the Gord Downie & Chanie Wenjack Fund (DWF), and The County Museums (TCM).

In June 2021, the Picton Main Street statue of John A. Macdonald was vandalized after the discovery of unmarked graves on the grounds of the former Kamloops Residential School. **The intent of this partnership and exhibit is to contribute to the unfolding story of Truth & Reconciliation efforts in Prince Edward County.**

APF will be housed at Macaulay Heritage Park in Picton. This permanent exhibit is dedicated to sharing the story of how Prince Edward County chooses to answer the questions surrounding reconciliation and through the partnership with TTO and DWF, is working toward fostering a culture of understanding and community.

We as partners hope that this exhibit will be one answer to the call to take ReconciliACTION.

Invitation to Visit: future site of

A Path Forward

at Macaulay Heritage Park, Picton

Friday, February 17, 1 – 3pm

TTO would like to invite interested Indigenous Artists/Creators to visit the site on **February 17th from 1 – 3pm** to view the physical exhibit space and consider the theme of "*A Path Forward*".

TCM has committed to pursuing the necessary funding to fully support the creation and commission of artworks for *APF*. Works created for or included in *APF* that are purchased outright will, in most cases, be owned by TTO and will be available for their use in perpetuity. (*Artists wishing to only temporarily loan work to TTO for APF may also be considered and fair compensation for this arrangement will be determined on a case-by-case basis.*)

TTO invites Indigenous artists/creators to consider new or existing work, in any medium including but not limited to: painting, sculpture, performance, multi-media, etc. The exact number of pieces will be determined in the near future based on the interest of Indigenous artists and creators and the total space required for their pieces. The *APF* partners intend to update the exhibit and programming schedule regularly, incorporating fresh work and perspectives.

For the creation, presentation and purchase of art, and the sharing of Indigenous perspectives and stories, artists' compensation will be evaluated by TTO and will be based on each artist's works and project needs. The partners are using CARFAC's permanent collection display rate as our guiding minimum fair standard.

This project is currently supported by:

Tsi Tyónnheht Onkwawén:na Language and Cultural Centre

Gord Downie & Chanie Wenjack Fund

The Corporation of the County of Prince Edward

The Department of Canadian Heritage

The Estate of Robert Theodore Hintz

Public Donations

PARTICIPANTS NEEDED

Are you **18 years of age or over**?

Do you **self-identify as Indigenous or racialized**?

Do you **live, work and/or spend significant amounts of time in the city of Kingston**?

Participate in a **one-hour interview**. To thank you for your time, you will receive a **\$30 grocery gift card**.

The term "heritage" is often used to refer to historical buildings or monuments built by white settlers (e.g., the statue of Sir John A Macdonald, historic houses downtown, or Fort Henry). **However, this colonial understanding is now being challenged.** Many people in Kingston argue that: (1) heritage can refer to all kinds of tangible and intangible objects, places, and stories, and (2) should include perspectives from racialized and Indigenous peoples.

This project hopes to

- understand how Kingston's colonial heritage affects the **health and wellbeing** of Indigenous and racialized peoples;
- stimulate public **discussions**;
- contribute to constructing **new understandings** of Kingston's heritage

FUNDED BY:  SSHRC 



**Colonial
Trauma,
Justice,
Heritage, and
Restorative
Healing**



This project is conducted by a small group of academics from Queen's University, working collaboratively in community-based research with an Advisory Circle composed of members of local Indigenous and racialized communities of the Kingston area.

Contact Christine Sypnowich (PI) & Aileen Editha (RA) at **toppling@queensu.ca** | **(613) 533 6860**
or **fill this short form to express your interest**

Nyá:wen

Thank you to everyone who made and purchased cookies for our Have a Heart Fundraiser. We raised \$3080.00.

A special thank you to Tawi:ne Consulting Inc for their donation to support purchasing ingredients for the families.



Home & Community Care clients- Friendly Visiting!

fun



cigarchief

Helping The Community
Quinte Mohawk School



We're proud to announce a joining of forces in support of the community outreach STEAM program at **Quinte Mohawk School**. Our goal is to help raise funds to provide educational resources, materials and mentorship opportunities from experienced professionals in the field of Science, Technology, Engineering, Arts and Mathematics (STEAM).

Donations will go directly towards supporting students in these communities. By contributing financially to this initiative, donors can help ensure that children living in underserved areas have access to quality education programs that prepare them for success.

Donations will be used to help supply educational tools, such as...



Updated Modular Seating



Osmo Starter Kits



Water Quality Testers



IPad's, TV's & Screens

...and more!

The proceeds from this initiative will also help to support the purchase of extra supplies and tools, such as those needed for the intermediates team to aid them with constructing birdhouses for their wetland space. This program will help to promote the space to students as a usable location that they enjoy being in and that will inspire creativity.



Cigar Chief is proud to be a part of this important initiative!



Honouring Women's Day

March 11, 2023

10:00am - 4:00pm

Located at the Community Centre

Event is for MBQ Members Only

\$10.00 per person entry

Light Lunch provided



Door Prizes

Nails

Massages

Haircuts

Hair styles

Make-up

Traditional seers

& MORE!

Women are
encouraged to wear
their ribbon skirts

Please bring your own
feast basket

Hosted By

Red Cedars Shelter, Enyonkwa'nikonhriyohake' - Good Minds & Indigenous
Victims Services, Community Health, and Mohawk Family Services



16+ event

200 Spots Available





Drinking Water Safely Program information session



When: Thursday March 16, 2023, 5:30pm-8pm

Where: Community Centre-Lower

Topics: Groundwater cycle, wells/cisterns maintenance,
UV lights and reverse osmosis systems

Guest Speakers: Lindsay MacDonald and William VanderWilp

- Dinner will only be provided to those who RSVP
- Door prizes and raffles to be won
- Special draw for members who had their water tested

Please contact Mackenzie at watersampling@mbq-tmt.org or
(613) 396-3424 EXT 131 to RSVP BY MARCH 3rd/2023

Thank You

SAM & DENNIS OF SAMMY'S BAIT & TACKLE WOULD LIKE TO THE THANK THE COMMUNITY FOR THEIR OUTSTANDING SUPPORT TOWARDS THE ANNUAL ICE FISHING DERBY! SEEING SO MANY PEOPLE OUT ON THE ICE AND CATCHING UP WITH THE COMMUNITY IS THEIR FAVOURITE PART OF THE EVENT, AND ARE LOOKING FORWARD TO THE 2024 DERBY.



Kanhiote Tyendinaga Territory Public Library

1658 York Road, R.R. #1 Tyendinaga Ontario, K0K 1X0 (613) 967-6264



We are open for book browsing as well as computer use!
(kanhiotelibrary@gmail.com)

Trivia Challenge is back!

Sunday March 19th, 2023 1pm-4pm

Join us in a fun battle of wits!

Cost: \$10/person Team allowance 4-6persons

***Door prizes *snacks and drinks provided *bragging rights to be won**

Programs Offered:

Conservation
Area Parking
Passes/Provincial
park passes -
Library Loan
Program

Dolly Parton's
Imagination Library

*Free books mailed monthly
for Indigenous children up to
5 years old*

TackleShare
Program

*Borrow
fishing rods &
tackle kits*

Contact the library for more information on these programs

CHASE THE ACE FUNDRAISER

Tickets are \$2 each or 3 for 5\$

Can be purchased at the library, from Wendy Maracle at CWC.

Draw held every Wednesday evening.



“Serving on the Quinte Health Board has been an extraordinary experience. Our hospitals play a critical role in the overall wellbeing of our communities. Every day we impact the lives of hundreds of people and families.

The work of the board is not simple nor easy, but the opportunity to contribute so significantly is profoundly meaningful and fulfilling.

”

– Nancy Evans, Board Chairperson

Apply to join the volunteer Quinte Health Board of Directors!

There has never been a more interesting or more significant time to be involved in local health care governance. With a new, shared purpose of “Creating healthier communities. Together” Quinte Health is building a strong future based on our strengths: our people, excellent care, compassion and strong connections. As a Quinte Health Board Member, you can have a meaningful role in this journey.

More information about the role, and the application form, is available at

qhc.on.ca

At Quinte Health we value everyone's unique journey. We are committed to equity, diversity and inclusion, and welcome applications from all qualified persons. We encourage women; First Nations, Métis and Inuit persons; members of visible minority groups; persons with disabilities; persons of any sexual orientation or gender identity and expression; and all those who may contribute to the further diversification of ideas at Quinte Health to apply.

Application deadline: **Friday, March 17 at 4 pm**



The Mohawk Guild

Wow.... still going strong.

Raised on a foundation of Hard Work, Good Fun and Great Service.

The Guild has been a part of the Tyendinaga community since 1896. Originally, the founding members were women and girls, ACW and Junior Guild members.

When asked when she joined the Guild, a long-time member replied “ my mom was a Guild member and I always went with her and I just carried on”. **That’s what we do...we Carry On.**

The Guild evolved with the times, it has become a nondenominational group of men and women, a welcoming diverse group. It has been a privilege to be able to assist the victims of fire, illness and other trying circumstances. The needs of our community, near or far, continues to be a driving force for The Guild.

Helping defer the financial burden for five area schools’ Meal Programs, in the belief that, every child does indeed matter, is a shared priority. **During times of celebration or times of grief, the Guild is here to help.**

Our funds are generated by Guild and community members donations of time and money. Guild projects for fund raising include catering, event organization, Bake Sales, Cookie Walks, Strawberry Socials, Community Cookbook, Christmas Tea and on and on. **It’s with the support of many, that we are successful.**

Along the years many members have come and gone, but most assuredly, they are not forgotten. We couldn’t possibly forget them or the contributions they made. Their genuine love of community, was the foundation that our enduring commitment to service is built upon.

For those who like to make a positive difference in our community, and have fun doing so, please join us. We welcome new members. The continued caring and devotion of this organization, is one of the things that helps to keep our community strong. **The Guild looks forward to many years of service to the community.**

President - Pam Detlor

Vice-president - Norma Maracle



CONGRATULATIONS!

Congratulations to Christine, the winning ticket holder for The Mohawk Guild Quilt Draw. The winning ticket was drawn by Myrtle Brant – our longest serving member!

A special thank you to Brenda Asselstine and Marilyn (Cookie) Brant, two wonderfully talented ladies!

**Join Haley, Trish and Steven
for
“Kahwa'tsire”
Mohawk Family Genealogy**

**Every 2nd Tuesday of the month
from 6:30 pm - 8:00 pm
Limited space: 12 people**

Via Zoom

**Hosted by Kanhiote Library
Brought to you by MBQ Research Department**

**If you would like to be part of the
zoom session please email Haley at
kanhiotelibrary@gmail.com and she will send
you a zoom invitation. Please let her know
what information and or people you are
researching.**



Tyendinaga Tee Time

Jim McMurter | Owner
ttd@tytt.ca | 283 Hwy 49
613-319-6646 | tytt.ca

2 Indoor Golf Simulators

Bowling | Hockey | Soccer | Baseball | Arcade Games

From the Research Department:

The Barnhart Brothers Come to the Mohawks of the Bay of Quinte

From MBQ records we see that George and David Barnhart were brothers, their place of birth is currently unknown. They came to the Mohawk Tract in the 1820's. Before this, George spent time in the Kahnawake area and David's marriage record indicates that he was from the Cornwall area. Both brothers were "involved" with the Mohawks of the Bay of Quinte.

George said he and Deborah Hill, (daughter of Joseph Hill Sr. and Sarah Wedine) were married in 1827, but were they married? According to Saltern Givins, Missionary to the Mohawks of the Bay of Quinte, they were not married. They had four children and soon after the birth of her last child, Deborah died in 1834. George, then became a problem in the community.

George had left a family, a wife and three children, in Kahnawake when he came to the Mohawk Tract. Saltern Givins wrote in 1844: "Presuming upon the right of the children to share the privilege of Mohawks, he took possession of a lot of land on this tract which had been allotted to another family under the sanction of Mr. Superintendent Clench & has kept it ever since. There exists a strong feeling in the tribe against him, in consequence of his abusive & quarrelsome disposition which has led to the exclusion of his family..."

T. G. Anderson, Visiting Superintendent of Indian Affairs, reported in 1846 that the Chiefs insist that Barnhart is a very bad character and wish him to be removed from the tract; that he being a white man should have taken the woman he married with him and not have taken possession of theirs (the Indian Lands); that Barnhart took his wife away with him when he married and returned to the Tract after the death of his wife in 1834 bringing with him the three children; that Barnhart, formerly married to an Indian woman in Lower Canada, who is now living in Kahnawake.

Over the years George committed or allegedly committed numerous crimes including trespassing on the Mohawk Tract, shooting his brother, shooting at others, and killing Joseph Dafoe in 1854. The Mohawk Council of the day were sympathetic towards and supportive of the children.

The children of George and Deborah Barnhart were: Charlotte, Mary Anne, George and Deborah. Mary Ann was the only child to remain in the Mohawk tract.

Mary Ann first married David D. Claus and had four children: Deborah, (who married Peter Joe Brant), Julianna, (who died young), Mary Ann, (who married William B. William), Sarah (who also died young). Secondly, Mary Ann married Peter Moses. They had four children: Charlotte, (who married Cornelius Maracle Jr.), Anna (who married R.J. Barnhart), John P., Katherine (who married Wellington Jaynes). Thirdly, she married Isaac Penn, they did not have any children. Are you a descendant of Mary Ann Barnhart?

Look for an upcoming article to learn about David Barnhart.

Sources used: LAC RG10 Volume 131 pp. 74359-62 Reel C-11458; LAC RG10 Volume 122 pp. 5950-5962 Reel C-11481

MOHAWK COMMUNITY CENTRE

Upper Level

CAPACITY: 289
KITCHEN INCLUDED
COSTS:

REGULAR - \$300
GOVERNMENT - \$400

Lower Level

CAPACITY: 305
COSTS:

REGULAR - \$300
GOVERNMENT - \$400
KITCHEN USE = \$50

FAQ

- \$100 DEPOSIT REQUIRED
- TABLES & CHAIRS AVAILABLE
 - SETUP IS THE RESPONSIBILITY OF THE RENTER



TO BOOK THE COMMUNITY
CENTRE, PLEASE CONTACT
TINA BRANT:
HOUSING@MBQ-TMT.ORG
613-396-3424 EXT. 104

COMMUNITY VOLUNTEER INCOME TAX PROGRAM

INCOME TAX RETURNS ARE DUE: APRIL 30/2023

Let us help you to complete and file your income tax returns
FOR FREE!!

The Canada Revenue Agency has administered the “Community Volunteer Income Tax Program” for over forty years. WHAT IS IT? CVITP is a community-based program designed to help low-income individuals with simple tax situations complete their income tax and benefit returns, free of charge.

The “*Community Volunteer Income Tax Program*” will be offering tax preparation clinics again this year. Tax preparation services will be offered in person this year at the Community Wellbeing Centre, 50 Meadow Drive social entrance.

The following dates are available for appointments:

Saturday, March 25 th	9am-4pm	Thursday, April 6 th	5-7pm
Thursday, March 30 th	5pm-7pm	Saturday, April 15 th	9am-4pm.

If you are in receipt of OW/ODSP and would like free assistance with the preparation of your individual income tax return, please call to schedule an appointment:

Christina Cyr @ 613-967-0122

Please bring a copy of your last year's return with you to your appointment

TYENDINAGA TEE TIME



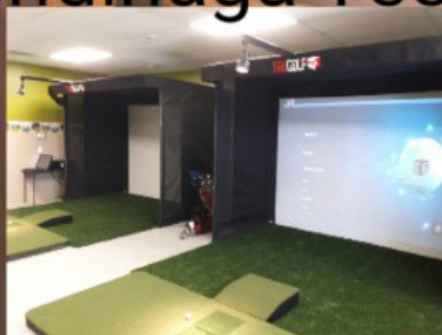
Welcome to our new Tru Golf Simulators
Simulator # 1 has 27 International courses
Simulator #2 has 40 International courses

Bring your clubs or rent ours and play indoor golf on a 12 ft screen.
We also have Bowling, Hockey, Soccer and many more.

Come and play at 283 HWY 49

Call 613-319-6646 or tytt@tytt.ca

RAIN OR SHINE PLAY
Tyendinaga Tee Time



KEEP MBQ UP-TO-DATE



**IF YOUR CONTACT INFORMATION CHANGES,
PLEASE CONTACT MEMBERSHIP TO MAKE THE
NECESSARY UPDATES**

Bonnie Maracle
E: bonniem@mbq-tmt
P: 613-396-3424 x 110

Bonny 'Bear' Maracle
E: bonnym@mbq-tmt
P: 613-396-3424 x 132

REMINDERS

- By appointment only, Monday-Friday, 8:30 a.m. to 4:30 p.m.
- You will need TWO pieces of photo I.D. for renewals



MOHAWK FAMILY
SERVICES

WOMEN'S CIRCLE

JOIN US THE FIRST THURSDAY
OF EVERY MONTH!

5:30-7:30PM

1935 YORK ROAD DESERONTO, ON

SHARE • EMPOWER • GROW

DINNER & REFRESHMENTS PROVIDED

FOR MORE INFORMATION CONTACT ALYSSA:
PREVENTIONSUPPORT1@MBQ-TMT.ORG



happy
INTERNATIONAL
**WOMEN'S
DAY**

MARCH

8

2023



Good Food Box



Calendar For 2023

Note: Time Change-Location For Pickup-Canteen Baseball Diamond

Order & Paid By 4:30pm	Order Arrives Pick-up 2-4pm
Wed. January 18 2023	Tuesday. January 24. 2023
Wed. February 22, 2023	Tuesday. February 28, 2023
Wed. March 22, 2023	Tuesday, March 28, 2023
Wed. April 19, 2023	Tuesday, April 25, 2023
Wed. May 17, 2023	Tuesday, May 23, 2023
Wed. June 21, 2023	Tuesday, June 27 2023
Wed July 19, 2023	Tuesday, July 25, 2023
Wed Aug 16, 2023	Tuesday, August 22, 2023
Wed. September 20, 2023	Tuesday, September 26, 2023
Wed. Oct 18, 2023	Tuesday, October 24, 2023
Wed. Nov 22, 2023	Tuesday, November 28, 2023
Wed. December 13, 2023	Tuesday, December 19, 2023



For more info call
Vanessa, at CWC
613-967-3603
Ext#161

Veggie Bag \$10.00

Fruit Bag \$5.00

COMMUNITY HEALTH

Family Box

2023 Calendar

Order By: 4:30 pm	Pick Up: 4-6PM
Wed. Jan 4, 2023	Tuesday January 10, 2023
Wed. Feb 8, 2023	Tuesday February 14, 2023
Wed. March 1, 2023	Tuesday March 14, 2023
Wed. April 5, 2023	Tuesday April 11, 2023

Cost: \$25.00

Questions Please call:

Vanessa-613-967-3603 Ext# 161

Community Health

Martin's

Beads & Craft Supplies

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Tyendinaga Mohawk Territory

5731 Old Highway 2, Shannonville, ON K0K 3A0

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• Dreamcatcher supplies

• Leather: Cord & Lacing

• Charms and Findings



• Ceremonial Leaf Tobacco, Sage, and Sweetgrass

Lisa Martin ~ martin_family_crafts@hotmail.com



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Life gets overwhelming and it becomes difficult to see the forest for the trees.

With **Neurofeedback and Psychotherapy** we can help by addressing a number of issues including emotional, behavioural, physical and cognitive issues.

Feel your optimal best.



Improve Memory



Reduce Stress



Regulate Emotions



Sleep Better



Peak Performance



Reduce Anxiety



Improve Mood

Non-Insured Health Benefits (NIHB): First Nations individuals (with Status) are eligible for up to 22 hours of Psychotherapy every 12 months with a registered Service Provider (Evolve Psychotherapist). NIHB Program operates as part of the mental wellness programs of Health Canada.

Lily Doll's Farm

122 AIRPORT ROAD • TYENDINAGA, ON • K0K 1X0 • 613-885-4732



Airport Rd.

Seros Rd.

Hwy 49 to Picton ↓

MEAT & VEGGIE MARKET

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Fresh Buns and Breads Made Daily From Scratch

- No Artificial Preservatives
- Exceptional Nutritional Value

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Melt In Your Mouth SWEET TREATS!



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motherhood,
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ForeverYoung

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info@lafc.ca

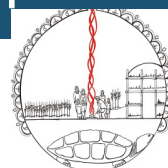
613-354-2726

(fax) 613-354-3585

35 Dundas Street East, Napanee



*Angel Tree Program &
Christmas Food Hamper Program
Express their sincere thanks!*



The Angel Tree and Christmas Food Hamper Programs would like to send out a sincere Thank You to all who have generously donated to both programs this year.

These wonderful people, businesses and organizations have donated which has been used to purchase warm winter clothing for 50 Angels and provide 180 Christmas Food Hampers to families within our community.

The Angel Tree and the Christmas Food Hamper Programs operate on donations alone. We are very grateful for the support of our community to come together to ensure that our Angels have warm winter clothing and food to prepare a Christmas dinner.

Generous donators are:

Anglican Parish of Tyendinaga
Anonymous
Brenda Brant c/o- Deseronto Royal Legion
Bob Vrooman c/o- Lennox & Addington Financial Centre
Tri Board
Bayview Variety
Lisa Maracle
Stacia Loft
Marlene & Vincent Castellano
Terri Maracle
Pam & Wayne Sager
Tracey Gazley
Leslie Macfabe
Jessica Hogan

Rustic Spirit Plumbing
Tiffany Brant
Susanna Kennelly
Jean Veronneau
Catherine Galbraith
Bonny Bear Maracle
Lynda Leween
Jessica Brant
Christina Cyr
Karen Weed
Bev Hill
Robert Lacavera
Wendy Maracle
Malory Maracle
Deb Maracle
Maria Loft



WORLD KIDNEY DAY: CHRONIC KIDNEY DISEASE SCREENING

Community Health in collaboration with Ingenious Interprofessional Primary Care Team (IIPCT) is offering Chronic Kidney Disease (CKD) screening. Open and intended for MBQ members living on territory with risk of CKD.

March 10th, 2023

10am-2pm

**Located at the Elders Lodge
301 Bayshore road**



- Screening will take 30 minutes
- Light lunch will be provided
- Door prizes
- Gift bag

Risks of Chronic Kidney Disease:

- Diabetes
- High blood pressure
- Heart disease
- Obesity
- Family history
- Kidney disorders

To book your screening call Katrina, walk-ins are welcome:

613-967-3603 ext. 118

For more information visit our website:

<https://mbq-tmt.org/health/community-health/>



CLASSIFIEDS

PROPERTY FOR SALE

Waterfront acres connects Bay with Sucker Creek on Gordon's Point

Contact: 613-969-0239 or 716-264-4410, Basil & Pat Miller

WANTED

Looking for 2-3 bedroom house, Hwy. 49 or east of.

Call Melinda, 613-813-1748

WANTED

Looking for 0.5-1 acre land to buy or a 4-5 bedroom, 2 bathroom house to buy. 1/2 acre - 1 acre of land for a tiny home - willing to pay fair value, plus a bit extra.

Contact Paige Boomhour at 613-970-4049 or paigeboomhour@gmail.com

WANTED

Two MBQ members seeking 2-3 bedroom house in TMT, rent or rent-to-own.

Contact Cathy at tootsmc@hotmail.com.

HELP WANTED

Seeking part-time help in a food truck.

For details, call Mustang Sally at 613-661-4176.

WANTED

Contact Matthew at matthew.roberts3@dcmail.ca

FOR SALE

Krystal Clear Saltwater System for above-ground pools. Paid \$300 and it's been used for two seasons. Asking \$100.

15' trampoline. Asking \$50.

For more information on either listing, please call 613-962-4675.

Just Listed

0 North Street
Tyendinaga, ON



Contact Kelly Percival:
613 583 1859

43 ACRES OF PRIME LAND!

HOBBY FARM FOR SALE

251 York Road

- 5 bedroom, 3,000 square foot brick house on 5 acres with a 4 car garage and inground pool
- 40x40 newer barn
- 24x28 older barn
- Tri-plex rental unit, providing \$3,000 monthly income

Call 613-962-9187 or 613-438-4898

WATERFRONT PROPERTY FOR SALE

This beautiful location on the Bay of Quinte overlooks the Skyway Bridge on Telegraph Narrows.

This property has several seasonal cottages. \$475,000

If you are interested, please contact Wendy Hay, Broker of Record

KB Realty Inc. 613-217-9488



N&C FAMILY CLEANING BUSINESS

Nancy & Colin Carr-Braint

House & Airbnb Cleaners

Deseronto, ON

Years of experience, WHMIS, first-aid & CPR certifications and clear vulnerable sector check.

CONTACT:

gram_1carr-braint@hotmail.com

613-970-0336



Community Health, Family Health &
Child Development
& Home Support Presents



COOKING WITH JODI

Wild Rice Casserole

March 22nd

5:30-6:30pm

Via Zoom



Registration opens March 7th
@ 8:30am

communityhealth@mbq-tmt.org
613-967-3603

Pick up supplies on Social side of
CWC March 21st from 1-4pm

*Funded by the Government of Canada
& AIAI*



Transform your health with our Dietitian



Let us create a personalized plan that addresses your unique needs and goals. Schedule a consultation today!



HOW CAN A DIETITIAN HELP ?

- Personalized nutrition plan
- Weight management
- Help with sustainable lifestyle changes
- Healthy restaurant eating
- Nutrition label reading
- Group education sessions

Who qualifies?

Those with:

- Type 2 Diabetes
- Pre-diabetes
- Looking to lose weight
- Family history of diabetes

GET IN TOUCH!



613-967-3603 X 114



DIABETESRD@MBQ-TMT.ORG

FUNDED BY THE ONTARIO DIABETES STRATEGY

Community Health in partnership with Belleville Public Health and
Children's Oral Health Initiative

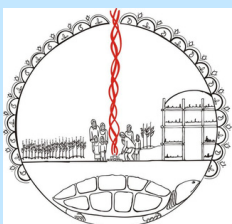
FREE DENTAL SCREENINGS AGES 0-17



Dental Screenings Fluoride Application Sealants

When: Tuesday March 21st, 2023
Where: Community Wellbeing Centre
Time: 1-3:00pm

Open to on Territory Residents ONLY



To Book an appointment call
Hannah Hill 613-967-3603 ext. 166
chrcwb@mbq-tmt.org



Alzheimer Society

HASTINGS - PRINCE EDWARD

**MBQ Community Health and Home Support Programs, in
partnership with the Alheimers Society of Hastings Prince
Edward offer:**

Memory Cafe

*Are you worried about your memory and eager to
learn ways to boost your brain.*

Do you have early stage dementia?

*Join us while we discuss brain health, practise brain
boost strategies and gentle movement.*

When: March 30th

Time: 1-3:00pm

Where: Elder's Lodge

Covid Protocols will be in place

**To register contact: Hannah Hill 613-967-3603, ext. #166 or
email chrcwb@mbq-tmt.org**

****Open to MBQ members or anyone living on territory****



Indigenous
Services Canada



Tyendinaga Fitness Resource Centre

"Discovering the Balance" 613.962.2822

MARCH 2023

Prices:

Adults: \$30.00

Students: \$25.00

Seniors: \$20.00

Hours:

Monday - Friday **NEW**
6:30 am - 8:00 pm
Saturday
8:00 am - 1:30 pm

Watch our Facebook and Inatagram for more
programs and events!



Sign Up Today!!

Yoga Every Thursday! \$10
Drop-In Or Pay Monthly



SENIOR
CHAIR
YOGA

11am-12pm



KIDS
YOGA

4:45pm-5:45pm



Gentle
Yoga

6pm-7pm

All Classes Located at Tyendinaga Fitness
Resource Centre

Text 613-970-2095 OR Email shoshanah.perron@gmail.com

COME SUPPORT TYENDINAGA FITENSS RESOURCE CENTRE

SILENT AUCTION FUNDRAISER

WHEN: MARCH 6TH-10TH

FROM: 6:30AM - 8:00PM

OPEN TO THE PUBLIC

ALL PROCEEDS
GO INTO THE GYM



TYFITNESSRES@MBQ-TMT.ORG | (613) 962-2822

14 YORK ROAD, UNIT 1, TYENDINAGA MOHAWK TERRITORY, ON

MOHAWK FAMILY SERVICES

*It takes a community to raise a child...
Every child deserves a safe home*

Mohawk Family Services is currently looking
for
families who are interested in opening their
homes for fostering, adoption, customary
care and/ or respite care



If you are interested in becoming an alternative
care family or would like more information on
alternative care,
please contact Becky Lloyd at
mfsfamilyresource@mbq-tmt.org or 613-813-9227



PLEASE JOIN US FOR A SAFETY GUYS INFORMATION SESSION

WHEN: TUESDAY MARCH 7TH, 2023

WHERE: 1935 YORK ROAD, BALL DIAMOND CANTEEN

TIME: 11AM– 2PM

SAFETY GUYS WILL ATTEND AND DISCUSS A VARIETY OF TOPICS INCLUDING TRAINING THAT THEY OFFER– SUCH AS WORKING FROM HEIGHTS & HEAVY EQUIPMENT OPERATOR AND MANY OTHERS , EMPLOYMENT OPPORTUNITIES THAT YOU COULD APPLY YOUR TRAINING TO, HOW TO START YOUR OWN BUSINESS IN LANDSCAPING OR CONSTRUCTION AND OTHER INFORMATION THAT YOU WOULD BENEFIT FROM.

IF YOU ARE INTERESTED IN ATTENDING THIS INFORMATION SESSION PLEASE CALL CHRISTINA BY FRIDAY, MARCH 3RD TO REGISTER @ 613-967-0122

THERE WILL BE A LUNCH PROVIDED, TRANSPORTATION CAN BE ARRANGED IN ADVANCE AND THERE WILL ALSO BE GIVEAWAYS!!

Enyonkwa'nikonhriyohake' Good Minds Program March Monthly Beading Challenge Hummingbird



Submissions due on
March 31, 2023

Please send Submissions to
Vyvian Mitchell
icww@mbq-tmt.org

Prize for all participants



ABORIGINAL HEALING AND
WELLNESS STRATEGY



Indigenous
Services Canada

wisk niwahsen tekeni 52

2023 Annual Seed Sharing Event

March 22 and March 29
MBQ Office Round-about
Pick-up 4 pm – 5pm

Get to know our community's seed collection of 300 different varieties,
featuring vegetables, herbs and flowers.
Let us know what varieties you recognize and enjoy.

Get involved in the food system from the ground up – it all starts with
healthy, safe, and reliable seeds with strong regional adaptations.



“Our mission is Indigenous and heirloom seed conservation, seed saving education, and seed Rematriation for future generations.”

Seed Inventory

Pre-register at ratinenhayenthos@gmail.com on or before March 15, 2023. Select 3 to 5 items from the seed inventory list in order of interest to you and your family garden plan. We will try to accommodate each request as best as possible.

2022 Season

Vegetables:

Small Sugar/Sugar Pie pumpkin
Strawberry popcorn (limited quantity)
Pink (bush bean)
Noreaster (pole bean)
Lettuce varieties (TBA)

Tomatoes:

Garden Peach
Lime Salad
Sam's Small Paste

Herbs:

Sweet Basil

Flowers:

Radio Calendula

Medicine:

Oyen'kwa'ón:we (traditional tobacco)

2021 Season

Tomatoes:

Black Prince
Black Cherry

KSSLC Update

Tekwanonwerá:ton sewakwé:kon!

Ratinenhayenthos Seed Collective, KSSLC staff and dedicated volunteers and students extend their greetings and thanks to the community and all of creation as we look with promise to a new year and a new season.

2023 Grow-out Plan

A message from KSSLC Head Gardener

Shekon!

"We plan to grow out most of the lettuces in the collection this year for seed, because we are caught up on most of the other crop types. Lettuces are self-pollinating and can be grown quite close together, so it will be a lettuce party in the gardens! We are going to start the Red Wethersfield onions under lights next week, along with Giant Carentan leeks. For our Seed to Salsa event in August, we will be featuring the Cayenne Long Red hot pepper, and the Roma Yellow Belle sweet pepper. We will be starting tomatoes under lights in early April-feel free to send us your preferences! Other highlights will be Buffalo Creek squash (from a local collection, not from the Heirloom Seed Sanctuary collection), many types of bean, and of course, an important corn-still to be decided on."

We will be posting a complete list, watch for news on our social media and in the newsletter!

Nyawen'kó:wa for your friendship and support.



Mobile Office



Shelby Kramp-Neuman
MP, HASTINGS—LENNOX
AND ADDINGTON

THIRD WEDNESDAY OF
EVERY MONTH
MBQ ADMIN OFFICE
24 MEADOW DRIVE
TYENDINAGA MOHAWK
TERRITORY

DURING THESE MOBILE OFFICE SESSIONS, ERIC LORENZEN, CONSTITUENCY ASSISTANT FOR MP KRAMP-NEUMAN CAN OFFER SUPPORT FOR:

- PASSPORT APPLICATION REVIEW
 - SERVICE CANADA
 - CANADA PENSION PLAN
 - DISABILITY PENSION PLAN
 - CANADA REVENUE AGENCY
 - VETERANS AFFAIRS
 - EMPLOYMENT INSURANCE
 - OLD AGE SECURITY
 - PHOENIX PAY ISSUES
 - FEDERAL SMALL BUSINESS PROGRAMS
- MUCH MORE!

**WEDNESDAY
MARCH 15**

CALL 613-473-0649, TOLL FREE AT
1-866-471-3800 OR EMAIL
ERIC.LORENZEN.439@PARL.GC.CA
TO BOOK AN APPOINTMENT.
WALK-INS WELCOMED.





WHEN WE MEET

1984 York Road
Tyendinaga Mohawk Territory
Ontario Canada
K0K1X0

Church - 613.396.5329
Parsonage 613.396.5325
www.tmpc.ca
www.tmpc.ca/pastorstoughts

COMING EVENTS

Apr 7, 2023 Good Friday
Apr 9, 2023 Easter Sunday 11AM
May 14, 2023 Mother's Day Service 11AM
Jun 18, 2023 Father's Day Service 11AM

Stop in for Adult Sunday school 10 AM
Sunday Service is 11AM
Sunday Night Service 6:30 PM
Wednesday Bible Study 7 PM

"I suppose the best kind of spring morning is
the best weather that God has to offer."

Dodie Smith

HALL FOR RENT!

1295 Ridge Road, TMT

Meetings - Birthdays - Anniversaries - etc.

Book online at:
www.parishoftyendinaga.com

or contact us by Email or Phone at:
parishoftyendinaga@gmail.com
613-962-2787

Want to get the word
out about your
business?

Want to advertise to
the community?

Advertise With Us!

Email
communications@mbq-tmt.org
for details!

January

M	T	W	T	F	S
1	2	3	4	5	6
8	9	10	11	12	13
15	16	17	18	19	20
22	23	24	25	26	27
29	30	31			2023

APRIL

S	M	T	W	T	F	S
2023						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/ 30	24	25	26	27	28	29

WASTE EAST

WASTE WEST

February

S	M	T	W	T	F	S
2023			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

MAY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			2023

WASTE & RECYCLING
SCHEDULE

HOLIDAY

March

S	M	T	W	T	F	S
2023			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE

S	M	T	W	T	F	S
2023				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

RECYCLE EAST

RECYCLE WEST

Mohawk
corn
ó:nenhste

beans
orhótseri

squash
onoh onsera

The 3 Sisters

Cayuga
corn
onéheʔ

beans
osáheʔ daʔ

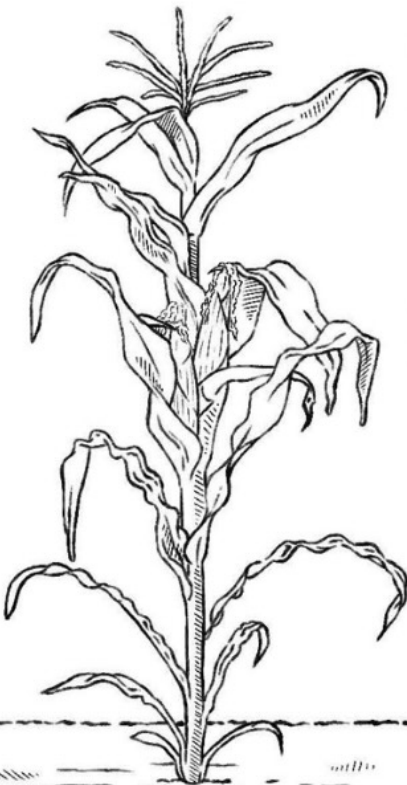
squash
ohnyohsʔ aó:weh



Bookmarks

(Translations are done in Cayuga and Mohawk, respectively)

Corn
Onéheʔ
Ó:nenhste



Beans
Osáheʔ daʔ
Ohsahè:ta



Squash
Ohnyohsʔ aó:weh
Onon'ónsera

