Mohawks of the Bay of Quinte Kenhtè:ke Kanyen'kehá:ka



ISSUE 05/23
Oneralhtokkő:wa
(May)



Owenna'shòn:'a tewateweyénstha ón:wa tsi niwenhnì:tes (the words we are learning this month)

Yotsì:tsyonte

See page 3 for more information

ORI:WASE(news)

Web: www.mbq-tmt.org / Facebook: MBQ.TMT / Twitter: @MBQTMT / Instagram: @mbq.tmt

Mohawks of the Bay of Quinte

Kenhteke nene kanyen'kehá:ka kanakerahserà:kon, nène rontathà:wi ne kanekarahsera. Tsi niyonkwarihò:tens tahnon niyakwawennò:ten nahò:ten yonkwateryèn:tare ne tsi nitsyonkwè:non. Yakwatstha nahò:ten ne yonkwateryèn:tare tahnon nahò:ten yonkwaterihwayèn:ni ne ayakwaten'nikòn:raren tahnon ayakhikwennyenste ne onkyonkwè:ta, onkyonhwentsya nahoténhshon yonkwà:yen tahnon ne sa'oyè:ra.

Tyendinaga, as part of the Mohawk Nation, is a healthy, sustainable Kanyen'kehá:ka community, built on and united by our language, culture, traditions, knowledge, and history. We exercise our rights and responsibilities for the protection of and respect for our people, our land, our resources, and the environment.

.....

NOTICES:

ATTENTION MORTGAGE HOLDERS: It has come to our attention that many insurance companies will ONLY notify the MOHAWKS OF THE BAY OF QUINTE if your existing house insurance policy has been cancelled however will NOT when the policy has been renewed. This creates a problem when incentives, rewrites and renovations are requested. You will not qualify if your house insurance policy on file is not up to date. In order to ensure your policy is current, we ask that you mail, fax or deliver renewal form when received.

COVID-19 & VACCINE INFO: Rapid tests are available for pickup from the Community Wellbeing Centre Monday through Friday, 9 a.m. to 4 p.m.. To inquire about PCR testing, please call 613-967-3603. For most up to date information on COVID-19, please visit our Facebook page or website at mbq-tmt.org/health/covid-19-updates

The Mohawk Firefighters responded to **10** calls from March 23 to April 24, 2023:

1 Alarm: Commercial/Industrial

2 Alarm: Residential

4 Fire/Smoke: Non-Structural: Grass/Brush

2 Fire/Smoke: Structural: Residential

1 Medical: Emergency

1 Public Service: CO Detector

1 Public Service: Odour Investigation

Vehicle Accident: Extrication
 Vehicle Accident: Fuel Leak

This brings the total calls to 34 for 2023.



community messages and announcements

NOTICE: OFFICE CLOSURE

All MBQ offices will be closed Monday, May 22 for Victoria Day and Wednesday, June 21 for Indigenous Peoples Day

Happy Bisthday!

Happy Birthday Phill - May 3rd Love Marilyn & Rick

Happy Birthday Phill (Dad) - May 3rd Love Sam, Emmett & Hayden

Happy Birthday Bill - May 10th Love Marilyn & Rick Happy Birthday Harry - May 14th Love Marilyn & Rick

Happy 13th Birthday Eli - May 24th Wow you're a teenager. Love Aunt Marilyn & Uncle Rick

Happy Birthday Betty - May 27th Love Marilyn & Rick Happy Birthday Cindy - May 29th Love Aunt Marilyn & Uncle Rick

Happy 50th Birthday Donald - May 30th It feels weird just saying that. Hard to believe your 50.

Love Aunt Marilyn & Uncle Rick



Owenna'shòn:'a tewateweyénstha ón:wa tsi niwenhnì:tes

(the words we are learning this month)



Owennashón:'a Onerahtokó:wa

Ó:nen yéyohe aetewayéntho' – its come the time for us to plant

Kahehtà:ke – at the garden

Atshò:kten – hoe

Kayenthóhsera – plants

Teká:naks – rake

Ká:nen – seed

Kanenshón:'a – seeds

Ki'tarakarháthos – I am turning the soil over

Yetsi'tsyaráhkhwa – flower pot

Teyohstawinahyò:tsis – rhubarb

Yokennó:ron – its raining

Yoráhkote – its sunny

Yoráhkote ne átste – its sunny outside

Yotsì:tsyonte – it is blossoming, it has blossoms Yotsi'tyón:tahkwe – it was blooming, it had blossoms Enyotsi'tyón:take – it will be blooming, it will have blossoms

Ka'nisténhsera Akawén:tawen – Mother's day

Ake'nisténha – my mother

Sa'nisténha – your mother

Ro'nisténha – his mother

Ako'nisténha – her mother



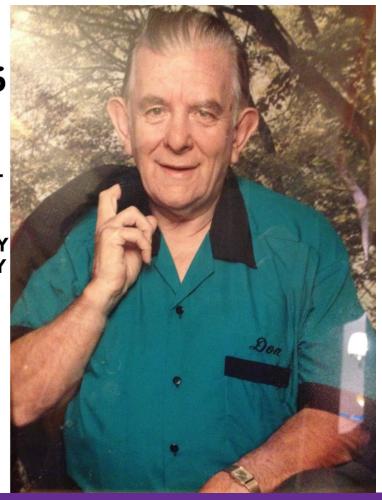
Heather Colleen Grass December 8, 1956-January, 25, 2023

PLEASE JOIN THE GRASS
FAMILY FOR A DAY OF
CELEBRATING HEATHER'S LIFE.

12 P.M., SATURDAY, MAY 13.
MOHAWK COMMUNITY CENTRE
1807 YORK ROAD

Donald F. Carr-Braint June 5, 1930-May 27, 2005

IN LOVING MEMORY OF A
WONDERFUL DAD, PA AND GREAT
PA WHO LEFT US 18 YEARS AGO.
JUNE 5, 1930 - MAY 27, 2005
SADLY MISSED ALONG LIFE'S WAY
QUIETLY REMEMBERED EVERY DAY
NO LONGER IN OUR LIFE TO
SHARE
BUT IN OUR HEARTS YOU'RE
ALWAYS THERE.
LOVE YOU FOREVER, CAROL,
HARRY BETTY, BILLY, MJ,
MARILYN, MIKE, TRACEY &
FAMILIES.



TYENDINAGA MOHAWK COUNCIL MINUTES MARCH 9, 2023

A meeting of the Tyendinaga Mohawk Council was held on Thursday, March 9, 2023 at 9:30 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle

Councillors: Josh Hill, Stacia L. Loft, Carl E. (Ted) Maracle and Chris Maracle

Staff: David Souliere, CAO,; Angela Maracle, Senior Director of Operations; joined by Teams

Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council; Amsey Maracle,

Executive Assistant to the Chief.

Chief Maracle opened the meeting with the Thanksgiving Address in the Mohawk language and also provided the Lords Prayer in the Mohawk language.

MOTION #1: Moved by Stacia L. Loft, seconded by Carl E. (Ted) Maracle to adopt the agenda with additions.

Carried.

MOTION #2: Moved by Carl E. (Ted) Maracle, seconded by Josh Hill that the Tyendinaga Mohawk Council Minutes of February 15, 2023 be approved.

Carried.

MOTION #3: Moved by Chris Maracle, seconded by Josh Hill that the following meetings occur outside of the Territory:

Chief: attending the Chief's of Ontario Health Forum on March 1 & 2, 2023 in Toronto; Chief's of Ontario First Nations Water Legislation Dialogue Sessions on March 6 & 7, 2023 in Toronto; Chief's of Ontario Chief's Committee on Health on March 10, 2023 in Toronto;

Carried.

MOTION #4: Moved by Chris Maracle, seconded by Stacia L. Loft to decline signing the 2023/2024 Tobacco Retail Agreement from the Ministry of Finance.

Carried.

Councillor Chris Maracle informed Council that he spoke to the Infrastructure Department and has identified that two (2) houses can be built on Wellness Drive.

MOTION #5: Moved by Chris Maracle, approve to rescind the motion #20 dated June 22, 2022, approve the location to build five (5) houses on the Upper Slash Road.

NO SECONDER.

MOTION #6: Moved by Carl E. (Ted) Maracle, seconded by Josh Hill to defer the discussion regarding the Upper Slash Road Housing Development for more information on the locations on Wellness Drive.

Carried.

MOTION #7: Moved by Chris Maracle, seconded by Stacia L. Loft to support the Draggin Fest on May 19 to May 22, 2023 hosted by Jason Doreen.

Carried.

Council confirmed the following scheduled meetings:

- March 15, 2023 7:00 p.m. Tyendinaga Mohawk Council Local Business
- March 22, 2023 Tyendinaga Mohawk Council Regular
- March 29, 2023 7:00 p.m. Tyendinaga Mohawk Council Local Business
- April 5, 2023 Tyendinaga Mohawk Council Regular
- April 12, 2023 7:00 p.m. Tyendinaga Mohawk Council Local Business
- April 19, 2023 Tyendinaga Mohawk Council Regular
- April 26, 2023 7:00 p.m. Tyendinaga Mohawk Council Local Business

MOTION #8: Moved by Stacia L. Loft, seconded by Carl E. (Ted) Maracle that this meeting go into private. (10:20 a.m.)

Carried.

Recorded by: Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council

Original Signed By: Chief R. Donald Maracle

What is LYME DISEASE?

LYME DISEASE is a serious illness spread by the bite of certain species of TICKS.

Ticks are insect-like in appearance and feed on the blood of animals, including humans.

For most Canadians, the risk is fairly low however, it is still possible if you spend time outdoors.

Exposure to LYME Disease, however, it is still important to keep your risk as low as possible. The bacterium that a tick may carry is called Borrelia burgdoferi. This is normally carried by mice, squirrels, birds and other small animals. The Black-legged tick (often called the deer tick) which can be found in southern and eastern Ontario. They can vary in size, 3-5 mm in length, they may be red and brown in colour depending on age of tick. Adults full of blood can be big as a grape.

Minimizing your Risk:

- · Wear light coloured clothing
- Tuck your shirts and pants inside (this prevents ticks attaching to the skin)
 Wear shoes, not sandals
- Spray clothing and exposed skin with insect repellant that contains DEET
 Check yourself thoroughly after any outdoor activity
- Check your pets as TICKS can easily attach themselves at any time and anywhere.

 (Contact your veterinarian for treatment for your pets)

IF YOU FIND A TICK:

- Use tweezers/or tick remover to grasp the tick's head and mouth parts as close to the skin as possible and pull slowly until the tick is removed. Be careful not to twist or crush the tick during removal. After removing, use soap and water to wash the spot (you may disinfect with alcohol).
- Save the tick if possible, put into a small pill bottle with a wet tissue in a doubled zip locked bag.
- Contact the CHR's at the Community WellBeing Centre to be sent for analyzing.

 If you develop a rash or any other symptoms, consult your physician!

 For more information, please call the Community WellBeing Centre,

613-967-3603

For additional information on Ticks and Lyme Disease; www.hc.sc.gc.ca/iyh-vsv/index_e.html

• LIVE



Tyendinaga Mohawk Council is going LIVE!

AS OF MARCH 9, 2023, ALL
REGULAR MEETINGS OF
TYENDINAGA MOHAWK COUNCIL
WILL BE LIVE STREAMED ON THE
MBQ YOUTUBE CHANNEL!
TO MAKE SURE YOU DON'T MISS A
MEETING, SUBSCRIBE TO OUR
CHANNEL AT:

YOUTUBE.COM/@MOHAWKS OFTHEBAYOFQUINTE2971

TMC AGENDAS WILL BE MADE AVAILABLE THE DAY BEFORE EACH MEETING AT: MBQ-TMT.ORG/COUNCIL-AGENDAS

DISCLAIMER: COMMENTS OF INDIVIDUAL MEMBERS MAY NOT NECESSARILY REFLECT THE OPINION OF THE WHOLE COUNCIL.



2023 MOHAWK LANDING

SUNDAY, MAY 21

SCHEDULE

10:00 A.M. - PADDLE IN & CEREMONY

11:15 A.M. - COMMUNITY CHURCH SERVICES

12:30 P.M. - COMMUNITY LUNCHEON &

GUEST SPEAKERS TRISH RAE

& KAREN LEWIS

LANDING RE-ENACTMENT & CEREMONY: 353 BAYSHORE ROAD LUNCHEON & GUEST SPEAKERS: 1807 YORK ROAD



COMMUNITY CALLOUT PADDLERS NEEDED!

LOOKING FOR COMMUNITY MEMBERS TO VOLUNTEER TO PADDLE AS PART OF THE 2023 MOHAWK LANDING RE-ENACTMENT







SUNDAY, MAY 21, 2023

Paddlers must be available between 8:30am - 10am and will be required to canoe roughly 5 kilometres.

Please contact Tina events@kenhteke.org 613-970-3045

2023 marks the 239th year of the Landing of the Mohawks May 22, 1784

Background of the Landing:

In May, we celebrate the Landing of the Mohawks at the Bay of Quinte. During the American Revolution the Fort Hunter Mohawks and their allies had been forced to relocate from Mohawk Valley to the area near Lachine, Quebec.

While many men of Fort Hunter were involved in the war, the women, children and elderly suffered poor conditions at Lachine. In the Mohawk Valley they had prosperous farms and comfortable homes.

These were either destroyed by the Americans or became occupied by the Americans and their allies. Luxury items such as jewelry and clothing were plundered. The Church was taken over and used as a Tavern. When the American Revolution was over, the treaty that ended the war made no provision for the people of Fort Hunter to return home.

During the hostilities, the British had promised that the Mohawk communities that had been "ruined" by the Rebels would "be restored at the expense of Government to the state they were in before" the war. [Haldimand's promise dated 7th April 1779 LAC Claus Papers MG19 F1 Vol. 2 pp. 89-90 Mfm. C-1478]

In the fall of 1783, Captain John and other Fort Hunter men visited the land at the bay and decided it would be their new home. In October 1783, the British negotiated with the Mississaugas for the purchase of a large tract of land, including the land at the Bay of Quinte. Onondagas, were present during the negotiations.

In April 1784 Captain John wrote to Daniel Claus saying:

"As regards now to where we should settle. Some are looking to Ohsweken, but for us, right from the first, we have decided to go near 'Cataroqui'. To both moves, you have said, "Let it be done". You have also stated that those who are at Lachine should move away this spring, and let no one be left behind."

Captain John also told Daniel Claus:

"That is our intention, to move away as soon as the ice is gone. Not one shall be left here, even were you to ask us to stay on."
[LAC Claus Papers MG19 F1 in Mohawk Vol.4 p.111-2 Mfm C-1478; translation Vol. 24 pp. 17-18 Mfm C-1485]

Reverend John Stuart wrote in May 1784:

"A part of the Mohawks having removed, last Summer, from LaChine to Niagara, the remainder of them set out, the beginning of May, for a place called the Bay of Kenty, 40 miles above Cataraqui, to take possession of lands assigned to them by Genl. Haldimand. .. those of the Mohawks, who are actually gone to the Bay of Kenty, are determined to remain there, that they may enjoy the advantages of having a Missionary, Schoolmaster, and Church..."

[LAC Society for the Propagation of the Gospel (S.P.G.) Journals XXIII, 379-82]



[circa 1983 Kanhiote Library Collection

Historical Descriptions of the Landing:

Captain John wrote a letter in June 1784 to Daniel Claus saying they had found a place to settle but he did not describe the actual landing until some years later in the Minutes of 1800:

"On the 10th of May, 1784, Sir John Johnson and Colonel Claus desired us all to come together, but Captain Isaac paid no attention to what they said and he separated from us and went to the Grand River. Sir John Johnson and Colonel Claus also told me to guide my people in proper manner and as we were going to a Country where there were other people (Messassagues) [sic] we ought to cultivate their friendship and live happy together. We arrived here on the 22nd of May and found a great number of the native Messassagues [sic] at this place who were very glad to see us, and we were happy to be met in so friendly a manner. We then held a Council with the Messassagues [sic] and informed them our great Father had purchased these lands for us, and that we had come to sit down on them." [PROCEEDINGS OF AN INDIAN COUNCIL HELD AT THE MOHAWK VILLAGE IN THE BAY OF QUINTE FROM THE 2nd TO THE 10th OF SEPTEMBER 1800 ON THE DIFFERENCES EXISTING AMONG THE INDIANS OF THAT VILLAGE. LAC RG10 Volume 26 pp. 15307-354 Mfm. C-11007]

In the 1870's Lyman C. Draper took testimony from Chief Thomas Green, and he described the Landing this way:

"When Capt. John's party moved to the Bay of Quinte, they landed just south-perhaps half a mile – of the present village of Mill Point, formerly Deserontyon in honor of the old Chief, & leader of the Settlement; & here they camped, & erected their cabins. For many years they had a wooden poster[?], & a flag, displayed in a tall pine at that locality, to commemorate the spot of their landing, & the event." [Draper Manuscripts Reel #17 Volume 13 p.73]

The Landing Centennial & Bicentennial:

The centennial of the Landing in 1884 provided a good opportunity to celebrate. The Deseronto Tribune covered the event reporting that:

"Captain Brant went up the lakes to Grand River near Brantford, and Chief Deseronto came up the Bay of Quinte to Tyendinaga. They returned and reported, and it was decided that the nation should divide, and accordingly fifteen families came up the bay and landed at a spot near what is now known as McCullough's dock, in 1784." [THE MOHAWK CENTENNIAL at Tyendinaga, on the Bay of Quinte, Canada, September 4,

1884. Originally from the Deseronto Tribune. Appendix No.16 in Publications of the Buffalo Historical Society, Red Jacket, Volume III. Buffalo: Published by Order of the Society 1885]

In 1929 the re-enactment of the Landing was part of a United Empire Loyalist Celebration also in 1929 the Carin was dedicated (as the Location of the Mohawk Church). Since that time the Landing has been regularly commemorated and celebrated. The story of the Landing is depicted in the mosaic in the Community Centre. The Bicentennial in 1984 is remembered by many and that celebration was recorded for future generations.

With the Landing in 1784 and the founding of the community, the Fort Hunter Mohawks and their allies became the Mohawks of the Bay of Quinte.

> Join Haley, Trish and Steven for "Kahwa'tsire" **Mohawk Family Genealogy**

Every 2nd Tuesday of the month from 7:00 pm - 8:30 pm

Via Zoom and Live Trish will be at the Library for the May session on May 9, 2023 at 6:30

> Hosted by Kanhiote Library Brought to you by MBQ Research Department

If you would like to be part of the zoom session please email Haley at kanhiotelibrary@gmail.com and she will send you a zoom invitation. Please let her know what information and or people you are researching.





SAVE THE DATE AND JOIN US FOR THE RETURN OF THE ANNUAL TYENDINAGA TRADITIONAL POW WOW.

TO CONTACT THE POW WOW COMMITTEE, OR APPLY TO BE A VENDOR, PLEASE REACH OUT THROUGH **FACEBOOK BY SEARCHING** August 12-13 'TYENDINAGA TRADITIONAL POW WOW'

THE MOST CURRENT INFORMATION WILL BE POSTED TO THE FACEBOOK PAGE. WE APPRECIATE YOUR PATIENCE.

ROTOTILLER PROGRAM

It's that time of year.... The Community Health Program is ready to loan out the rototillers.

Have you always wanted to grow your own flowers, herbs, fruits or vegetables?

Now is your chance!!

Create your dream garden with your family this year!



\$20 deposit is required and will be refunded once the rototiller is returned in good working condition, cleaned well, and filled with



Please contact Malory at Social Reception

613-967-0122 ext 100 or

socialreception@mbq-tmt.org

Beginning May 5th, 2023

NEW THIS YEAR

1 Small Honda Rototiller also available for loan

Will be loaned on a first come first serve basis. Must have MBQ Status or Address on Territory.

MUST HAVE OWN WAY TO LOAD AND UNLOAD

BRIAR FOX 2023 MEMBERSHIP

SALES TAX EXEMPTIONS ON 2023 BRIAR FOX MEMBERSHIPS, FOR THOSE WHO QUALIFY, WILL BE AVAILABLE FOR MEMBERSHIPS PURCHASED AT THE MOHAWKS OF THE PLEASE VISIT THE FRONT DESK 9 AM - 4 PM MOND MILLASSIST YOU W FOX GOLF CIES YOUR MEMBERSH PURCHASE.

SWIM PASSES ARE NOW AVAILABLE FOR THE YMCA

433 VICTORIA AVENUE BELLEVILLE, ON

Swim passes can be picked up at the Community WellBeing Centre (Health Reception)

Enjoy a family swim pass or a Individual swim pass

Please view the YMCA website for swim schedule https://ymcaofceo.ca/schedule/



FAMILY SWIM / SINGLE PASSES

FREE FOR COMMUNITY MEMBERS

Contact the CHR program for information at 613-967-3603

This program is funded by



TYENDINAGA FITNESS RESOURCE CENTER

Landline: 613-962-2822







WILL DERONETH
Personal Training
Specialist

Personal Training Workout Programs

Fitness Bootcamps













-11-11



HIKING WITH THE TYENDINAGA FITNESS RESOURCE CENTER & THE DIABETES EDUCATION PROGRAM

MAY - SEP 2023

JOIN US FOR OUR WEEKLY HIKING

TRAILS IN MAY ->

- May 2
- May 9
- May 16
- May 23
- **May 30**

- HR FRINK CONSERVATION AREA
- MENZEL CENTENNIAL NATURE RESERVE
- BEAVER MEADOW EAST LOOKOUT TRAIL
- VANDERWATER CONSERVATION AREA
- PARROTS BAY TRAIL

WHEN? 5:30PM TO 6:30PM we will be using alltrails app for meeting locations contact sarah for further information @

613 - 967 - 3603 OR DIABETESPAW@MBQ-TMT.ORG







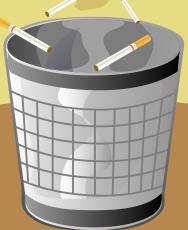
Are you a smoker? Trying to Quit or Reduce?

Join us for World NO Tobacco Day and receive a Quit Kit to help with your Journey and learn about the STOP Program (Smoking Treatment for Ontario Patients)

Where: Community Wellbeing Centre (Health Side)

Time: 10:30-2:30pm When: May 31st, 2023





Funded by the Government of Canada Canada

Email Hannah Hill chrcwb@mbq-tmt.org for more information or if you have any questions

31 WORLD MAY TOBACCO DAY

Community Health and the Indigenous Interprofessional Primary Care Team Present



DO YOU HAVE WHAT IT TAKES TO WIN TRIVIA ON TOBACCO? JOIN US WITH A TEAM OF 4

Take advantage of the Tobacco Info Session on Wednesday
May 24th at 6pm (virtual).

There MAY be some answers in that session that can help you take the lead for Trivia!

Wednesday May 31

6:00-7:30pm

Community Centre

To register your team of 4 please contact: communityhealth@mbq-tmt.org
Deadline for registering your team is **Friday May 26th.**

TOBACCO & VAPING AWARENESS MONTH

Join IIPCT & Community Health for Tobacco and Vaping Awareness Activities throughout the month of May!

Wednesday May 3

Vaping Awareness Day
Check our social media for your chance to win!

Wednesday May 24

Tobacco & Vaping Virtual Information Night 6:00-7:00pm

Gear up for Tobacco Trivia Night. This event will have some of the answers you might need to win Trivia!

Wednesday May 31

World No Tobacco Day - Community Wellbeing Centre 10:30am-2:30pm Interested in quitting smoking or vaping? Stop by our booth to get more information on the STOP Program and how we can help support your quit journey.

Wednesday May 31

Tobacco Trivia Night Community Centre 6:00-7:30pm Join us to play a competitive game of Trivia with a team of 4!

During the month, we will be posting:

Social Media Challenges - WIN a prize!

Benefits of Physical Activity

Coping strategies for Cravings

Western vs. Traditional strategies

STOP Program Information

For more information contact: communityhealth@mbq-tmt.org











Tyendinaga Tee Time

Jim McMurter | Owner ttt@tytt.ca | 283 Hwy 49 613-319-6646 | tytt.ca

2 Indoor Golf Simulators

Bowling | Hockey | Soccer | Baseball | Arcade Games

LEGION BRANCH 280
MAIN STREET DESERONTO
EVERY TUESDAY NIGHT
DOORS OPEN AT 5:30
BINGO STARTS AT 7:00
CANTEEN AVAILABLE



PREMIER

CONCRETE FORMING INC.

1 Colonial Dr. Trenton, ON K8V 5P4 613-965-5802 Dave's cell

613-661-2209

Poured Walls, Footings, Floors, Patios, Sidewalks, Etc. Free Estimates

Your Quality Foundation Experts

IMPORTANT PUBLIC HEALTH ALERT:

AVIAN INFLUENZA & HUNTING BIRDS



There has been a recent media report of a dog eating a dead goose, then becoming ill and dying as a result of an Avian influenza (bird flu) infection. This is an extremely rare event, but it reminds us that there are some important things to think about when hunting and handling birds.

Avian Influenza "Bird flu" is a viral infection highly contagious amongst birds. The highest risk of exposure to the virus is when migratory birds are travelling south for the winter or returning home in the spring. Some strains of the virus can cause extreme illness to birds and possibly make humans sick.

What you need to know

The risk of humans getting Avian influenza viruses is low, and there is no evidence to suggest that the Avian influenza virus can be transmitted to humans when eating fully cooked game birds or eggs. While the recent news stories of Avian influenza infections should not affect plans for hunting birds this spring

Precautions for Hunters or others who handle birds/collect eggs

- wash hands often (or use hand sanitizer) when handling birds or eggs, and before eating or smoking;
- wear protective clothing such as boots when walking into nesting sites and disposable gloves when handling birds and when picking up and brushing off eggs;
- limit contact with blood, feces or secretions of harvested birds and when finished, clean work surfaces thoroughly with soap and water followed by diluted household bleach;
- ensure that birds and eggs are fully cooked before eating;
- if you become ill after handling wild birds or eggs, seek medical attention and let your health care provider know that you were handling wild birds.

Community Health Team

Community Wellbeing Centre 50 Meadow Dr, Deseronto, ON KOK 1X0

Community Health@mbq-tmt.org 613-967-3603











The Lung Diagnostic Assessment Program (LDAP) in Napanee – One Year Impact

The Lung Diagnostic Assessment Program is a rapid assessment clinic for patients undergoing evaluation for possible lung cancer. Our team of specialists sees patients referred for assessment of abnormal imaging findings (e.g., on CT chest) that are suspicious for cancer.

Patients referred by their healthcare providers to the LDAP for assessment, and who live west of Kingston, can select the Lennox & Addington County General Hospital (LACGH) in Napanee as the site for their LDAP consultation visit.

Since launching in 2021, the LDAP outreach clinic has led to:





Patient travel and parking costs



Lung Cancer care for patient in their local community



327L of gasoline emissions saved

Contact us at 613-544-3400 ext. 2474 if you would like to learn more about the LDAP clinic.

Kingston Health Sciences Centre

Cancer Centre of Southeastern Ontario

Community Health & Family Health and Child Development Presents



For community members with infants up to 1 year

Mohawk Family Services invites YOU to

join us!

2023 FOSTER AWARENESS PICNIC DINNER

Thursday, May 25th at 5:30pm
Tyendinaga Ball Fields (1935 York
Road, Tyendinaga Mohawk Territory)

JOIN US

in bringing appreciation to our foster homes in our community, as well as learning ways you can help

WEAR YOUR BLUE

wear as much blue as you can in support of Foster Care Awareness Month

The evening will include:

- A blue ribbon to support foster care awareness
- Light refreshments
 & snacks
- Free BBQ dinner

Register here





Please contact Becky Lloyd at mfsfamilyresource@mbq-tmt.org for registration and more information

Join the Diabetes Education Program for:



Game Night

Date: Thursday May 18th

Time: 7pm-8:30pm

Location: The Canteen

What's happening

NUTRITION BINGO &

JEOPARDY

LIGHT SNACKS

PROVIDED

ww prizes!

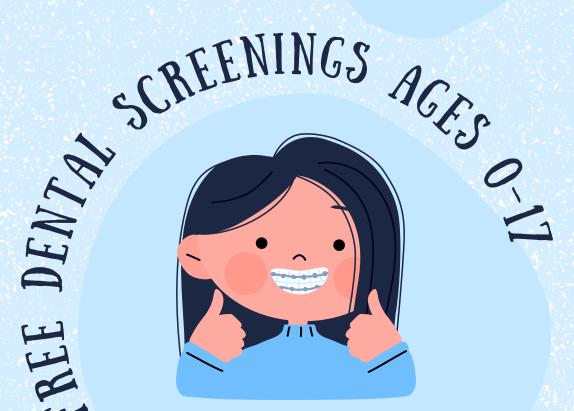
Registration starts: May 1, 2023

To register please contact Sarah at:

613 967 3603 ext: 122

diabetespaw@mbq-tmt.org

Community Health in partnership with Belleville Public Health and Children's Oral Health Initiative



Dental Screenings Fluoride Application Sealants

When: Tuesday May 16th, 2023 Where: Community Wellbeing Centre Time: 1-3:00pm

Open to on Territory Residents ONLY



To Book an appointment call Hannah Hill 613-967-3603 ext. 166 chrcwb@mbq-tmt.org



PRINCE EDWARD

MBQ Community Health and Home Support Programs, in partnership with the Alzheimers Society of Hastings Prince **Edward offer:**

Memory Cafe

Are you worried about your memory and eager to learn ways to boost your brain.

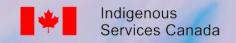
Do you have early stage dementia? Join us while we discuss brain health, practise brain boost strategies and gentle movement.

> When: May 25th Time: 1-3:00pm

Where: Elder's Lodge

Covid Protocols will be in place

To register contact: Hannah Hill 613-967-3603, ext. #166 or email chrcwb@mbq-tmt.org **Open to MBQ members or anyone living on territory**





Welcome to our new Tru Golf Simulators
Simulator # 1 has 27 International courses
Simulator #2 has 40 International courses

Bring your clubs or rent ours and play indoor golf on a 12 ft screen.

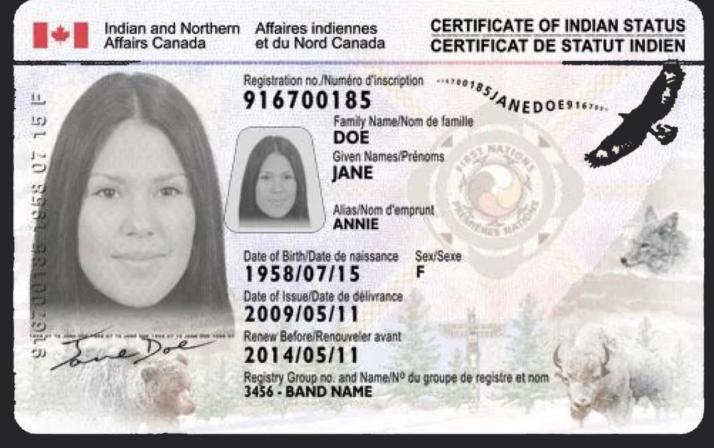
We also have Bowling, Hockey, Soccer and many more.

Come and play at 283 HWY 49

Call 613-319-6646 or ttt@tytt.ca RAIN OR SHINE PLAY Tyendinaga Tee Time



KEEP MBQ UP-TO-DATE



IF YOUR CONTACT INFORMATION CHANGES, PLEASE CONTACT MEMBERSHIP TO MAKE THE NECESSARY UPDATES

Bonnie Maracle

E: bonniem@mbq-tmt

P: 613-396-3424 x 110

Bonny 'Bear' Maracle

E: bonnym@mbq-tmt

P: 613-396-3424 x 132

REMINDERS

- By appointment only, Monday-Friday, 8:30 a.m. to 4:30 p.m.
- You will need TWO pieces of photo I.D. for renewals

COMMUNITY CENTRE

Upper Level

CAPACITY: 289
KITCHEN INCLUDED
COSTS:

REGULAR - \$300 GOVERNMENT - \$400

Lower Level

CAPACITY: 305
COSTS:

REGULAR - \$300 GOVERNMENT - \$400 KITCHEN USE = \$50

FAO

- \$100 DEPOSIT REQUIRED
- TABLES &CHAIRS AVAILABLE
 - SETUP IS THE RESPONSIBILITY OF THE RENTER

TO BOOK THE COMMUNITY CENTRE, PLEASE CONTACT TINA BRANT: HOUSING@MBQ-TMT.ORG 613-396-3424 EXT. 104



Good Food Box





Calendar For 2023

Note: Time Change-Location For Pickup-Canteen Baseball Diamond

Order & Paid By	Order Arrives
4:30pm	Pick-up 2-4pm
Wed. January 18 2023	Tuesday. January 24. 2023
Wed. February 22, 2023	Tuesday. February 28, 2023
Wed. March 22, 2023	Tuesday, March 28, 2023
Wed. April 19, 2023	Tuesday, April 25, 2023
Wed. May 17, 2023	Tuesday, May 23, 2023
Wed. June 21, 2023	Tuesday, June 27 2023
Wed July 19, 2023	Tuesday, July 25, 2023
Wed Aug 16, 2023	Tuesday, August 22, 2023
Wed. September 20, 2023	Tuesday, September 26, 2023
Wed. Oct 18, 2023	Tuesday, October 24, 2023
Wed. Nov 22, 2023	Tuesday, November 28, 2023
Wed. December 13, 2023	Tuesday, December 19, 2023

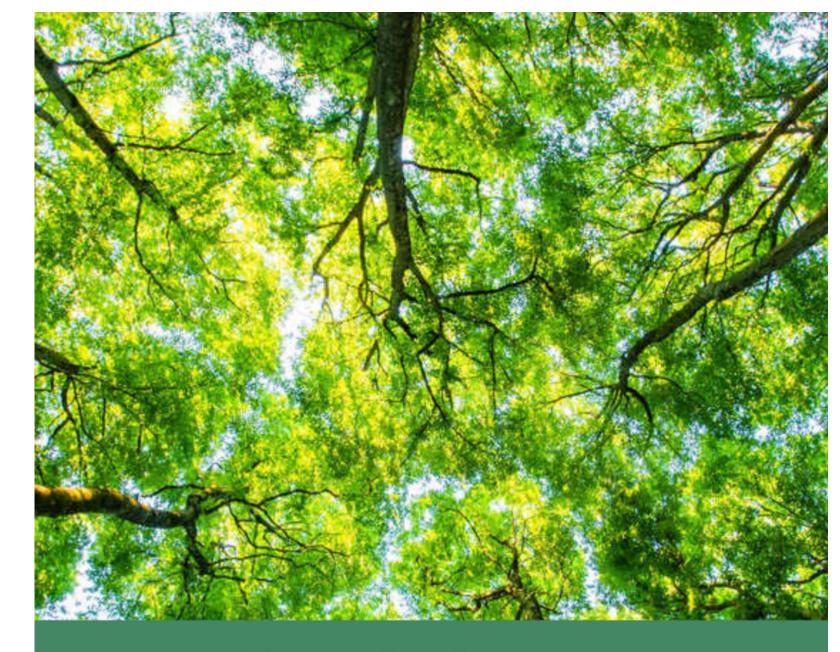


Veggie Bag \$10.00 Fruit Bag \$5.00

COMMUNITY HEALTH



A very big thank you to all who helped make the 2022 Mohawk Fair a successful and fun event for our community! Sponsors, community members, vendors, Derby drivers, and our hardworking members of the Mohawk Agricultural Society were all key to bringing back the fair after the pandemic. Thanks again for being a part of something that will be remembered for years to come!



Diabetes Education ProgramDAY USE PROVINCIAL PARK PASS FOR LOAN

\$20 deposit is required. When park pass is returned the \$20 is refunded.

For more information contact Sarah to register:
Email: diabetespaw@mbq-tmt.org
Phone: 613-967-3603 ext 122

Martins

Beads & Craft Supplies

613-242-9130 613-242-9339

Tvendinaga Mohawk Territory

5731 Old Highway 2, Shannonville, ON KOK 3A0

All size of Delicas and Seed Beads

Dreamcatcher supplies

Leather: Cord & Lacing

Charms and Findings



isa Martin ~ martin_family_crafts@hotmail.com



follow us



Now accepting new clients!

525A Dundas St. East, Belleville ON, K8N 1G4 613-779-7757 • evolveneurofeedback.com



Address your stress, today!

Life gets overwhelming and it becomes difficult to see the forest for the trees.

With Neurofeedback and Psychotherapy we can help by addressing a number of issues including emotional, behavioural, physical and cognitive issues.

Feel your optimal best.















Non-Insured Health Benefits (NIHB): First Nations individuals (with Status) are eligible for up to 22 hours of Psychotherapy every 12 months with a registered Service Provider (Evolve Psychotherapist). NIHB Program operates as part of the mental wellness programs of Health Canada.





MEAT & VEGGIE MARKET

Belleville Bakery

5379 Hwy #2 Shannonville

*613.966.9490

Fresh Buns and Breads Made Daily From Scratch

- No Artificial Preservatives
- **Exceptional Nutritional Value**

PLUS...

Meit In Your Mouth SWEET TREATS!







DON'T SETTLE FOR ANYTHING LESS THAN BELLEVILLE BAKERY FRESH!



CONTRACTORS

5427 HWY #2. TYENDINAGA TERRITORY SHANNONVILLE, ONTARIO

KOK 3AO

PHONE: 613.969.1315 FAX: 613.969.9806

E-MAIL: office@buildallcontractors_ca



GENERAL CONTRACTORS



~QUALITY WORK AND COMPETITIVE PRICES~

- 30 years experience
- **New home construction**
- **Residential and Commercial construction**
- **Driveways**
- **Brushing and Tree removal**





ForeverYoung

A wellness centre dedicated to motherhood, children and families.

Our Services: Family Chiropractic Cold Laser Therapy Shockwave Therapy

ForeverYoung 14 York Road Shannonville 613-966-5855

www.foreveryoungchiro.ca @foreveryoungchiropractic















Tim Reynolds - CFP, CHS Tasha Howe - B. Comm Bob Vrooman - CFP, CLU, CHFC



VOICES FROM THE SHADOWS:Homeless in a Rural Community

The "unhomed" face unique challenges, especially in a rural community.

Learn more, as 99.3 County FM shines a light on homelessness in Hastings Prince Edward.

Listen to your radio or stream us at 993countyfm.ca

Join us for our 8-part series "Voices from the Shadows: Homeless in a Rural Community."

April 6th through May 25th

Every Thursday at noon during "The Grapevine" we broadcast one 30-minute episode.

Hear the voices of our homeless community and service providers.

Stories that are uplifting, and gut-wrenching.

Funded by the Community Radio Fund of Canada







Calling all mixed 3-Pitch Teams!

Wednesday Nights
TMT Ball Fields

To enter your team
Email rezleague3pitch@gmail.com
Or text Kelly at
613-827-0578

CLASSIFIEDS

PROPERTY FOR SALE

Waterfront acres connects Bay with Sucker Creek on Gordon's **Point**

Contact: 613-969-0239 or 716-264-4410, Basil & Pat Miller

WANTED

Looking for 2-3 bedroom house, Hwy. 49 or east of.

Call Melinda, 613-813-1748

WANTED

Looking for 0.5-1 acre land to buy or a 4-5 bedroom, 2 bathroom house to buy. willing to pay fair value, plus a bit extra. Contact Paige Boomhour at 613-970-4049 or paigeboomhour@gmail.com

WANTED

Two MBQ members seeking 2-3 bedroom house in TMT, rent or rent-to-own. Contact Cathy at tootsmc@hotmail.com.

HELP WANTED

Seeking part-time help in a food truck. For details, call Mustang Sally at 613-661-4176.

WANTED

1/2 acre - 1 acre of land for a tiny home -

Contact Matthew at matthew.roberts3@dcmail.ca

0 North Street Tyendinaga, ON

FOR SALE

Krystal Clear Saltwater System for

and it's been used for two seasons.

For more information, please call

above-ground pools. Paid \$300

Asking \$50.

613-962-4675.

43 ACRES OF PRIME LAND!

HOBBY FARM FOR SALE

251 York Road

- 5 bedroom, 3,000 square foot brick house on 5 acres with a 4 car garage and inground pool
- 40x40 newer barn
- 24x28 older barn
- Tri-plex rental unit, providing \$3,000 monthly income

Call 613-962-9187 or 613-438-4898

WATERFRONT PROPERTY **FOR SALE**

This beautiful location on the Bay of Quinte overlooks the Skyway Bridge on Telegraph Narrows.

This property has several seasonal cottages. \$475,000

If you are interested, please contact Wendy Hay, Broker of Record

KB Realty Inc. 613-217-9488





Nancy & Colin Carr-Braint

House & Airbnb Cleaners

Deseronto, ON

Years of experience, WHMIS, first-aid & CPR certifications and clear vulnerable sector check.

CONTACT:

gram_1carr-braint@hotmail.com 613-970-0336



TSI KANONHKHWATSHERIYO

Indigenous Interprofessional Primary Care Team

NEWSLETTER

May Programming

Indigenous Language & Craft Playgroup - Kingston

In partnership with Kahwà:tsire

Thursday May 4th and 18th from 9:30am-11:30am at 263 Weller Ave., Kingston

Moon Ceremony - Tyendinaga

May 5th at 7:30pm at 1145 York Road, Tyendinaga Mohawk Territory

"Big Emotions" - Sharbot Lake

With North Frontenac Community Services & Maltby Centre Saturday May 6th at NFCS Child Centre, Sharbot Lake

TB Testing with Primary Care

TB Testing is held 9am-4pm on May 8th at 45 Meadow Drive, Tyendinaga Mohawk Territory

Loom Bracelets Kits for Mother's Day

Kit pick-up will be on May 9th at 1145 York Road, Tyendinaga Mohawk Territory

NEW! KINGSTON CLINIC OPENING

New Kingston IIPCT Clinic will be opening soon. 730 Front Road, Kingston, Ontario See flyer for more details!



Craving Change with Healthy Eating - 8 weeks Hybrid Model

Starts May 15th. Virtual and In-Person Appointments. Change your relationship with food and introduce new healthy eating habits.

Tobacco Information Night

With MBQ Community Health May 24th from 6:00-7:00pm Virtual

World No Tobacco Day

With MBQ Community Health May 31st from 10:30-2:30 at Community Wellbeing Centre

Tobacco Trivia Night

With MBQ Community Health May 31 from 6:00-8:00pm at Community Centre

All IIPCT offices will be closed on Monday May 22. We will re-open on Tuesday May 23rd.



INDIGENOUS WHOLISTIC HEALTH FAIR

Community Health, Diabetes Education Program and the Indigenous Interprofessional Primary Care Team are looking for local service providers, programs and organizations that relate to the four elements of health: emotional, mental, cultural, physical.

We are hosting an Indigenous Wholistic Health Fair that will give a time for community members to connect with you about your programs/services to help with overall wellness.

Fair Date: Saturday October 14, 2023 | 9am-2pm Expected Time for service provider set up: 8am No-cost to attend.

SERVICE PROVIDER APPLICATIONS OPEN MAY 1

Services based within the area of Tyendinaga/Deseronto/Shannonville.

For Service Provider Application or for more information, please contact:

Sarah Kring, Community Development Worker, Tsi Kanonhkhwatsheri:yo IIPCT sarah.kring@iipct.com | 613-813-4236





Tsi Kanonhkhwatsheriyo Indigenous Primary Care Team

KINGSTON CLINIC COMING SOON!

730 Front Road, Unit 7, Kingston, Ontario



MENTAL HEALTH
SERVICES



PRIMARY HEALTH CARE



TRADITIONAL HEALING



COMMUNITY DEVELOPMENT

ARE YOU INDIGENOUS AND NEED A PRIMARY CARE PROVIDER?

Register with our clinic by calling and speaking to a Service Representative at Health Care Connect.

Call 1-800-445-1822 Monday to Friday, 9am-5pm

To use Health Care Connect, you must:

- Not currently have a Family Health Care Provider
- Have a valid Ontario Health Card
- Have an up-to-date mailing address associated with your health card

*Please note that when speaking with Healthcare Connect, you must identify as Indigenous. This will get you waitlisted to our clinic.

*You must be Indigenous to register with our clinic.

For general Inquiries, please contact us: 343-478-0196 x 120

343-478-0196 x 120
Information and questions can be directed to: sarah.kring@iipct.com

ABOUT US!

The teams mandate is to promote wholistic health, illness prevention, treat illness and support our Indigenous communities and their families on their journeys through these realities. We do this by providing services that equally draw from both Indigenous and mainstream ways of knowing and being, all done in active cooperation with our partners.

Available Services:

- Primary Care
 - Access to a nurse practitioner, registered nurse and a registered practical nurse, with linkages to partner supports from midwifery and other medical care.
- Traditional Healing Coordinator
 - Traditional Resource Navigation
 - o Cultural Knowledge Supports
 - o Community Programs
- Adult Mental Health
 - Short-term Psychotherapy & Counselling
 - o Resources & Referrals;
 - o Group workshops, programs & education
- Community Development
 - Resource Navigation & Advocacy
 - o Smoking Cessation & Health Education
 - o Community Programs



Apply Now!

SHATIWENNAKARÁ:TATS

Full-Time Adult Language Program

2023 - 2025

Apply online or in person



🔹 www.surveymonkey.com/r/Shatiwennakaratats 🚸



Contact Us for More Information

Applications Due: May 19th at 4pm.

613-970-3045 tto@kenhteke.org www.tto-kenhteke.org

Scan QR Code to Apply Online





EMPLOYMENT OPPORTUNITY

SHATIWENNAKARÁ: TATS Language Instructor (two positions available as a Teaching Team)

The Shatiwennakará:tats Language Instructor(s) will provide full-time Instruction to the students enrolled in the program. Under the direct supervision of the Program Co-ordinator and overall responsibility to the Executive Director, together, the Language Instructors will develop and prepare weekly and monthly curriculum plans that outline the key objectives, lessons, program activities and curriculum resources. The positions are required to mutually coordinate, manage and monitor all program activities onsite and any outdoor or offsite activities related to the program. The Language Instructors are responsible for monitoring and keeping track of student performance through the implementation of various assessment tools.

Qualifications:

- Graduate of a two-year Kanyen'kéha Immersion program
- A demonstrated/proven Intermediate-high or higher fluency in Kanyen'kéha in oral, written and reading literacies
- Extensive knowledge of Onkwehonwe'néha
- Three (3) years of experience, knowledge, skills and abilities in teaching Kanyen'kéha as a Second Language to adult learners
 - o a combination of education and experience will be considered
- Excellent organizational skills and knowledge in curriculum planning, coordination and implementation
- Demonstrated knowledge of implementation of language evaluation methods and tools
- Effective interpersonal and communication skills, adaptability and team work ethics are strong requirements.
- The ability to work effectively as part of a team is important
- Willingness to undergo additional professional development as it pertains to the position

Salary: Negotiable, commensurate with qualifications and experience

To apply, please submit a cover letter and resume outlining your qualifications to:

Tsi Tyónnheht Onkwawén:na 1658 York Rd., Tyendinaga Mohawk Territory, Ont. KOK 1X0

Email: tto@kenhteke.org

DEADLINE FOR APPLICATIONS: MAY 19TH, 2023 BY 4PM

A PATH FORWARD

A Path Forward is a permanent and evolving multi-disciplinary physical and virtual art exhibit developed in partnership between Tsi Tyónnheht Onkwawén:na Language and Cultural Centre, the Gord Downie & Chanie Wenjack Fund, and Macaulay Heritage Park.

We are currently seeking Indigenous artists!

All mediums of artwork related to the topic will be considered!



Photography



Painting



Crafts



Ø Drawings



Graphic Design



Woodwork Woodwork



Pottery



Sculpture



Basket Weaving



2 Sewing



Performance



Applications to submit your artwork are now being accepted

To apply or learn more visit: www.tto-kenhteke.org/apathforward





(13-970-3045)



events@kenhteke.org



www.tto-kenhteke.org







MOTHERS DAY CRAFT WORKSHOP

»-love-

Age 7-10

Friday May 12th 2023 5:00-7:30

Registration
Will open April 24th and
close May 8th

https://forms.office.com/r/WLXNrwFMnx





Location: 1935 York Road at the Canteen



Please contact Janelle Sampson if
you have any questions or
concerns at Youthchildmfs@mbqtmt.org



Mothers Day Craft Workshop

Registration Opens April 24th and Closes May 8th



https://forms.office.com/r/7it Gq7Q9vX





THURSDAY MAY 11, 2023 5:00-7:30PM



1935 York Road at the Canteen

Please contact Janelle Sampson if you have any questions or concerns

Youthchildmfs@mbq.tmt.org







Kindergarten Registration

Open For Children Born in 2019!

Please bring birth certificate, proof of address, and immunization record!

How do I register my child?

- drop by our Early Years Open House on May
 24 to register in person and visit the school
- visit Quinte Mohawk School during school hours to receive a registration package
- reach out by email
 (secretary@quintemohawkschool.org) or
 call 613-966-6984 to begin the process





QUINTE MOHAWK SCHOOL

INVITES YOU TO

Early Years Form Houses

WEDNESDAY, MAY 24 5:00 PM - 7:00 PM

Free swag!

See the school!

Register your child for QMS Kindergarten!

*please bring immunization record, proof of address and birth certificate

Learn about community programs and services!

Raffle & Prize Draws!

Photo booth!

Gently used book giveaways!



Face painting!

613-966-6984

1624 York Rd. Tyendinaga, ON www.quintemohawkschool.org

MAKE YOUR OWN **TERRARIUM**

Ages 14-18

REGISTRATION

FRIDAY MAY 19TH 2023

Registration will open May 1st 2023 and close May 12th 2023

4:30-7:30

https://forms.office.com/r/p4p Z3wvTtP





Please contact Janelle Sampson if you have any questions or concerns Youthchildmfs@mbq.tmt.org



1935 York Road at the Canteen



Anglican Parish of Tyendinaga 1295 Ridge Road

Sunday May 7th - 9:30 a.m. Morning Prayer

Tuesday May 9th - 6 p.m. Bible Study at the church

Wednesday May 10th - 12 p.m. Mid-week Communion

Sunday May 14th - Mothers' Day Celebration 9:30 a.m. Holy Communion followed by brunch

Sunday May 21st - Mohawk Sunday - Be sure to wear your Regalia, Ribbon Shirts, Ribbon Skirts or purple
10 a.m. - Landing Celebration at Landing Park 353

Bayshore Road

• 11:15 a.m. - Worship Celebration

• 12:30 p.m. - Luncheon at Community Centre

Tuesday May 23rd - 6 p.m. Bible Study at the church

Wednesday May 24th - 12 p.m. Mid-week Communion

Sunday May 28th - Pentecost Be sure to wear red 11 a.m. Diocesan wide Pentecost / Diocesan anniversary celebration and Bishop's Farewell at St. George's Cathedral, Kingston. There will be no service at All Saints on this day. All are invited to attend this event. Please let us know of your plans to attend and we can try to arrange some car pooling.



WHEN WE MEET

1984 York Road Tyendinaga Mohawk Territory Ontario Canada K0K1X0

Church - 613.396.5329
Parsonage 613.396.5325
www.tmpc.ca
www.tmpc.ca/pastorsthoughts

COMING EVENTS

May 14, 2023 Mother's Day Service 11AM

Jun 18, 2023 Father's Day Service 11AM

Stop in for Adult Sunday school 10 AM Sunday Service is 11AM Sunday Night Service 6:30 PM Wednesday Bible Study 7 PM

"Life Doesn't Come with a Manual. It Comes with a Mother.

HALL FOR RENT!

1295 Ridge Road, TMT

Meetings - Birthdays - Anniversaries - etc.

Book online at: www.parishoftyendinaga.com

or contact us by Email of Phone at: parishoftyendinaga@gmail.com 613-962-2787

Want to get the word out about your business?

Want to advertise to the community?

Advertise With Us!

Email communications@mbq-tmt.org for details!



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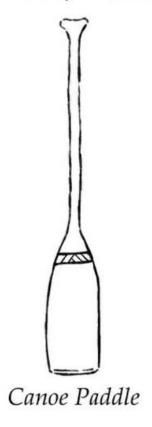
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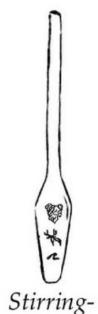
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Stirring-Ashes Paddle

Ahtsokta'



Planting Paddle



Cornbread Paddle

Canoeing

©Imani Mitten

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FRAME HATCH STERN STOPPER PADDLE CAPSIZE DAGGER EDDY BRACING NOSE RUDDER TOGGLE

FLARE KAYAK BROACH BOW