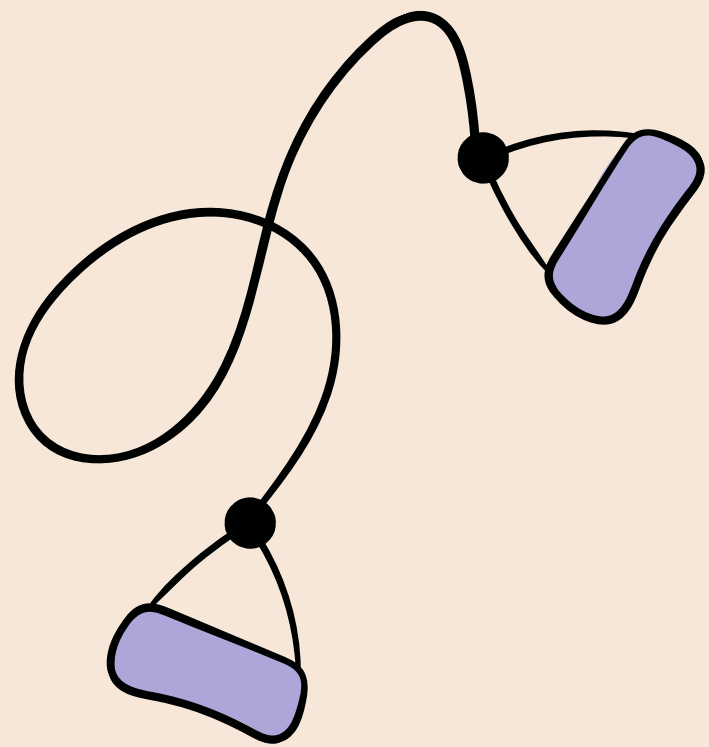
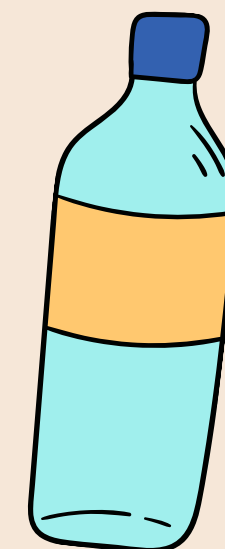


MOCC WALK 2023

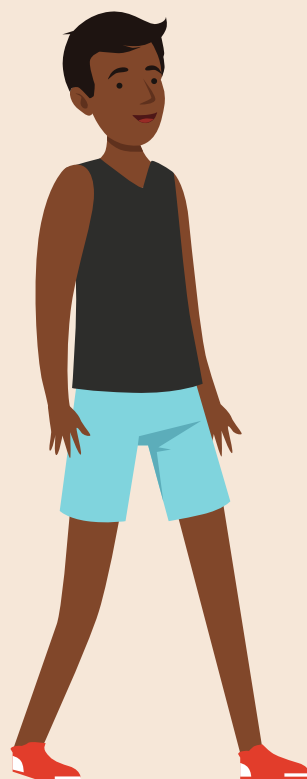


Has Officially Started



Register @
<https://www.onwa.ca/mocccwalk>

The Mocc Walk is a free and inclusive healthy exercise initiative intended to increase awareness about diabetes and support physical activity amongst Indigenous women and their families across Ontario



Weekly challenges & Prizes to be won!!



**Get ready for
ParticipACTION starting
next month**

