

RSV

Respiratory • Syncytial • Virus

- **DO NOT KISS** any baby that is not living within your home.

RSV is primarily spread through contact! complications can lead to severe lung illness, pneumonia, and death.



**don't kiss
the babies**

High Risk Babies

- Infants premature at birth and under 6 months of age
- Children born with heart defects and lung disease
- Children with compromised immune systems.
- Children with neuromuscular disorders



Signs and Symptoms

- Runny nose, fever, cough.
- Short periods without breathing, trouble eating, drinking, or swallowing.
- Wheezing, flaring of the nostrils or straining at the chest or stomach when breathing.
- Breathing faster than normal or trouble breathing.
- Turning blue at the lips or fingertips.

Prevention

- **RSV antibody vaccination** for infants below 8 months old.
- Also for 8 months to 18 months for children with chronic lung disease, and severely immunocompromised children.
- Wash your hands routinely with warm water and soap for at least 20n seconds.



Stay home when feeling unwell. Regularly clean high touch areas like toys, doorknobs, and furniture.