

# MOHAWKS OF THE BAY OF QUINTE KENHTÈ:KE KANYEN'KEHÁ:KA



ISSUE 11/23  
Kenten'kó:wa  
(November)



Owenna'shòn:'a tewateweyénstha ón:wa tsi niwenhni:tes  
(the words we are learning this month)

Yonerahthén'onh

See page 3 for more information

## ORÍ:WASE<sup>(news)</sup>



## Mohawks of the Bay of Quinte

Kenhteke nene kanyen'kehá:ka kanakerahserà:kon, nène rontathà:wi ne kanekarahsera. Tsi niyonkwarihò:tens tahnnon niyakwawennò:ten nahò:ten yonkwateryèn:tare ne tsi nitsyonkwè:non. Yakwatstha nahò:ten ne yonkwateryèn:tare tahnnon nahò:ten yonkwateryèn:ni ne ayakwaten'nikòn:raren tahnnon ayakhikwennyenste ne onkyonkwè:ta, onkyonhwentsya nahoténhshon yonkwà:yen tahnnon ne sa'oyè:ra.

*Tyendinaga, as part of the Mohawk Nation, is a healthy, sustainable Kanyen'kehá:ka community, built on and united by our language, culture, traditions, knowledge, and history. We exercise our rights and responsibilities for the protection of and respect for our people, our land, our resources, and the environment.*

## NOTICES:

**ATTENTION MORTGAGE HOLDERS:** It has come to our attention that many insurance companies will ONLY notify the MOHAWKS OF THE BAY OF QUINTE if your existing house insurance policy has been cancelled however will NOT when the policy has been renewed. This creates a problem when incentives, rewrites and renovations are requested. You will not qualify if your house insurance policy on file is not up to date. In order to ensure your policy is current, we ask that you mail, fax or deliver renewal form when received.

**COVID-19 & VACCINE INFO:** Rapid tests are available for pickup from the Community Wellbeing Centre Monday through Friday, 9 a.m. to 4 p.m.. To inquire about PCR testing, please call 613-967-3603. For most up to date information on COVID-19, please visit our Facebook page or website at [mbq-tmt.org/health/covid-19-updates](http://mbq-tmt.org/health/covid-19-updates)

The Mohawk Firefighters responded to 17 calls from September 19 to October 23, 2023:



- 3 Alarm: Commercial/Industrial
- 1 Alarm: Hospital/Institution
- 1 Alarm: Residential
- 1 Electrical: Wires Down
- 3 Fire/Smoke: Non-Structural: Vehicle
- 2 Fire/Smoke: Structural: Residential
- 2 Medical: Assistance
- 2 Medical: Emergency
- 1 Medical: Lift Assist
- 1 Rescure: Ice/Water

This brings the total calls to 111 for 2023.





## COMMUNITY MESSAGES *and* ANNOUNCEMENTS

### NOTICE: OFFICE CLOSURE

***All MBQ offices will be closed Friday, November 10 in honour of Remembrance Day.***

### *Happy Birthday!*

Happy Birthday Nicole -  
November 7th  
Love Aunt Marilyn &  
Uncle Rick

Happy Birthday George -  
November 12th  
Love Aunt Marilyn &  
Uncle Rick

Happy Birthday Adam -  
November 13th  
Love Marilyn & Rick

Happy Birthday Marilyn -  
November 17th  
Love Rick

Happy 12th Birthday  
Declan - November 19th  
Lots of Love Aunt Marilyn  
& Uncle Rick

Happy Birthday Sandy -  
November 25th  
Love Marilyn & Rick

Happy 17th Birthday  
Jeremy - November 27th  
Lots of Love Aunt Marilyn  
& Uncle Rick

Biggest Happy Birthday to  
Scotty - November 15.  
Love Binda and Glenn!

### *Happy Anniversary!*

Happy Anniversary Mom & Dad (Mary & Bruce) - November 20th  
Love Rick & Marilyn

**Deadline for December: November 15 at 12 p.m.**





Owenna'shòn:'a tewateweyénstha ón:wa  
tsi niwenhnè:tes

(the words we are learning this month)

Yonerahtathén'onh  
the leaves have fallen, have been falling



Sotár Yethiyehyaráhstha – We remember the Soldiers

Sotár Raonenhnísera – Soldiers Day

Ronateriyohserónhne – They went (and since returned) from war

Wateriyohserowá:nen – a big fight, battle or war

Yottsikhón:ni – Poppy

Kanerahtáthen's – the leaves are falling, falling leaves

Wa'kanerahtáthen'ne' – the leaves fell, were falling

Yonerahtathén'onh – the leaves have fallen, have been falling

Yotenerahtatenyonhátye – the leaves are going along falling

Yotenerahtatényon – many fallen leaves

Teyotenerahtatényon – the wind is blowing the leaves all about

Teyotenerahtasohkwatényes – leaves are changing colour

Teká:naks wà:katste' wa'kenerahtakaré:ni – I rake

Kenerahtarò:roks – I gather leaves

Wa'kenerahtarò:roke – I did gather leaves

A'é:ren kenerahtawíhtha – I remove (take away) the leaves

Tekenerahtohráhrhos – I tidy up the leaves

Ohsa:kén:sera – frost, freezing fog

Yohsa'kenserà:ra's – its frosty, frost forms on something

Yohsa'kenserà:yen – there is frost on it

Yohsa'kenserayén:tahkwe' - there was frost on it

Yaonhará:yen – there is frost on the ground

Yaonharayén:tahkwe' – there was frost on the ground

Enyaonharayén:take – there will be frost on the ground



**TYENDINAGA MOHAWK COUNCIL MINUTES**  
**SEPTEMBER 13, 2023**

A meeting of the Tyendinaga Mohawk Council was held on Wednesday, September 13, 2023 at 9:30 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle

Councillors: Josh Hill, Stacia L. Loft, Carl E. (Ted) Maracle and Chris Maracle

Staff: David Souliere, CAO, joined by Teams; Angela Maracle, Senior Director of Operations joined by Teams; Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council;

Regrets: Amsey Maracle, Executive Assistant to the Chief - attending an appointment;

Chief Maracle opened the meeting with the Ohenton Karihwatehkwen and also provided the Lord's Prayer in Kanyen'keha and in English.

MOTION #1: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle to adopt the agenda as presented.  
Carried.

MOTION #2: Moved by Stacia L. Loft, seconded by Chris Maracle that the Tyendinaga Mohawk Council Local Business Minutes of August 14, 2023 be approved as Corrected.  
Carried.

MOTION #3: Moved by Josh Hill, seconded by Chris Maracle that the Tyendinaga Mohawk Council Minutes of August 16, 2023 be approved as Corrected.  
Carried.

MOTION #4: Moved by Stacia L. Loft, seconded by Carl E. (Ted) Maracle that the Tyendinaga Mohawk Council Special Minutes of August 30, 2023 be approved.  
Carried.

MOTION #5: Moved by Chris Maracle, seconded by Josh Hill to approve travel outside the Territory;  
Chief:  
September 19-20, 2023 – COO Leadership Council Meeting & Metis Rights Assertion Demonstration Opposing Bill C53 (Ottawa, ON)  
October 3-4, 2023 – COO OCCOH & HCU Strategic Planning Session (Sault Ste. Marie, ON)  
October 11-13, 2023 – JTBA Meeting (Calgary, AB)  
October 23-24, 2023 – AIAI Chiefs Council Retreat (Niagara Falls, ON)  
October 24-25, 2023 – COO RDM Powering Up Data Sovereignty Conference (Toronto, ON).  
Carried.

MOTION #6: Moved by Chris Maracle, seconded by Josh Hill to approve signing the 2023-2037 Fire Dispatch Agreement with the Corporation of the City of St. Catharines in the amount of \$282,797.00 as the City of Belleville is no longer providing this service.  
Carried.

MOTION #7: Moved by Chris Maracle, seconded by Stacia L. Loft to approve the letter of acknowledgment to the Ministry of Natural Resources and Forestry regarding the Riverine Fisheries Assessment.  
Carried.

Councillor Chris Maracle left the room during the discussion regarding the Right-of-Way agreement at the end of Hickory Road as he is in a potential conflict of interest.



MOTION #8: Moved by Carl E. (Ted) Maracle, seconded by Stacia L. Loft to defer the request for a Right-of-Way agreement at the end of Hickory Road. Schedule a meeting with Todd Kring, Director of Infrastructure, Lisa Maracle, Director of Community Services and Amy Smart, Lands Manager to discuss the request to open the unopened road allowance.

Carried.

Councillor Chris Maracle returned to the meeting.

MOTION #9: Moved by Chris Maracle, seconded by Stacia L. Loft to approve the Business Registration for Dip Kings, owner Terry Maracle.

Carried.

MOTION #10: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to approve the Business Registration Renewal for Rez Boyz, owner Jim Bowden.

Carried.

MOTION #11: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle to approve the MBQ Employment and Training Policy

Carried.

MOTION #12: Moved by Chris Maracle, seconded by Stacia L. Loft to approve signing the Ontario First Nations Economic Developers Association (OFNEDA) funding agreement in the amount of \$11,417.00 to assist MBQ Business Development.

Carried.

MOTION #13: Moved by Chris Maracle, seconded by Stacia L. Loft that the Tyendinaga Mohawk Council supports the Community Wellbeing submission of a proposal to Indigenous Services Canada (ISC) for a Jordan's Principal Navigator. M.C.R. #2023/24-039.

Carried.

MOTION #14: Moved by Chris Maracle, seconded by Josh Hill that the Tyendinaga Mohawk Council supports the Community Wellbeing submission of a proposal to Indigenous Services Canada (ISC) for infrastructure of the Community Wellbeing Building. M.C.R. #2023/24-040.

Carried.

MOTION #15: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to approve the Mohawk Family Services (MFS) Transitional Housing Program Policy.

Carried.

MOTION #16: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to approve to pay the Hicks Morley invoices #657326 in the amount of \$106.00 and #660451 in the amount of \$371.00 regarding Human Resources.

Carried.

MOTION #17: Moved by Chris Maracle, seconded by Josh Hill to approve staff research options for accessibility to the All Saints Church.

Carried.

MOTION #18: Moved by Chris Maracle, seconded by Stacia L. Loft to approve signing the Canadian Construction Document Committee (CCDC) 2 Stipulated Price Contract with Corebuild Construction Ltd. for the MBQ Elder Care Home in the amount of \$69,950,000.00 and the project budget totaling \$82,132,032, with MBQ contributing an upset limit of \$3,000,000.

Carried.



Council confirmed the following scheduled meetings:

- September 13, 2023 – 7:00 p.m. Tyendinaga Mohawk Council Local Business
- September 20, 2023 – 7:00 p.m. Tyendinaga Mohawk Council Local Business
- September 27, 2023 – 9:30 a.m. Tyendinaga Mohawk Council Regular
- October 5, 2023 - Tyendinaga Mohawk Council Regular
- October 11, 2023 – 7:00 p.m. Tyendinaga Mohawk Council Local Business
- October 19, 2023 – 9:30 a.m. Tyendinaga Mohawk Council Regular
- October 25, 2023 – 7:00 p.m. Tyendinaga Mohawk Council Local Business
- November 1, 2023 – 9:30 a.m. Tyendinaga Mohawk Council Regular
- November 8, 2023 – 7:00 p.m. Tyendinaga Mohawk Council Local Business
- November 15, 2023 – 9:30 a.m. Tyendinaga Mohawk Council Regular
- November 22, 2023 – 7:00 p.m. Tyendinaga Mohawk Council Local Business
- December 13, 2023 – 9:30 a.m. Tyendinaga Mohawk Council Regular

MOTION #19: Moved by Stacia L. Loft, seconded by Carl E. (Ted) Maracle that this meeting go into private. (12:28 p.m.)

Carried.

Recorded by: Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council  
Original Signed by: Chief R. Donald Maracle

### **TYENDINAGA MOHAWK COUNCIL MINUTES SEPTEMBER 27, 2023**

A meeting of the Tyendinaga Mohawk Council was held on Wednesday, September 27, 2023 at 10:00 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle

Councillors: Josh Hill, Stacia L. Loft, Carl E. (Ted) Maracle and Chris Maracle

Staff: David Souliere, CAO, joined by Teams; Angela Maracle, Senior Director of Operations, joined by Teams; Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council; Amsey Maracle, Executive Assistant to the Chief, joined by Teams;

Chief Maracle opened the meeting with the Ohenton Karihwatehkwen and also provided the Lord's Prayer in Kanyen'keha and in English.

MOTION #1: Moved by Josh Hill, seconded by Chris Maracle to adopt the agenda as presented.

Carried.

MOTION #2: Moved by Josh Hill, seconded by Chris Maracle that the Tyendinaga Mohawk Council Minutes of September 13, 2023 be approved as Corrected.

Carried.

MOTION #3: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to approve travel outside the Territory; Chief: attending the Housing On-Reserve Tripartite Table meeting on October 30 & 31, 2023 location to be determined;

Carried.

MOTION #4: Moved by Chris Maracle, seconded by Stacia L. Loft to approve scheduling a meeting with Ken Cox, Southern Region Fire Advisor for the Aviation and Forest Fire Emergency Services Branch of the Ministry of Natural

Resources and Forestry, regarding Wildland Fire hazards, mitigation and resiliency on November 15 or November 22, 2023. Invite Todd Kring, Director of Community Infrastructure and Scott Maracle, Mohawk Fire Chief.

Carried.

Council discussed the Iroquois Caucus and the Black Foot Confederacy Agreement. Council advised that the word Treaty or Sovereignty, not be used in the agreement. Chief Maracle will be attending the Jay Treaty Border Alliance (JTBA) Summit in Calgary with the Iroquois Caucus Chiefs and the Black Foot Confederacy Leadership on October 11-13, 2023.

MOTION #5: Moved by Stacia L. Loft, seconded by Josh Hill to approve the Tahatikonhsotontie Head Start Policy revision - Admissions Policy Revisions include change in policy statement regarding placement on Waiting List, age change from 18 months to 24 months for the underage spots available in the Morning Program and the addition of hand sanitizer consent form during the registration process.

Carried.

MOTION #6: Moved by Chris Maracle, seconded by Josh Hill to defer the request to create a new Financial Analyst position within the Housing & Band Property Maintenance Department to assess if the position can assist in other departments.

Carried.

MOTION #7: Moved by Stacia L. Loft, seconded by Chris Maracle that this meeting go into private. (11:12 a.m.)

Carried.

12:00 p.m. returned to regular to complete the agenda.

MOTION #10: Moved by Carl E. (Ted) Maracle, seconded by Stacia L. Loft to approve awarding the York Road PH3 Reconstruction Project to Fidelity Engineering and Construction Ltd. in the amount of \$3,942,000.00.

Carried.

Other tenders received for the York Road PH3 Reconstruction Project from Scott Trudeau Construction - \$4,591,958.87; Gordon Barr Ltd. - \$4,635,594.00; GIP Paving Inc. - \$5,464,553.00.

Council reviewed the request from the Consulate General of the Republic of Indonesia to meet on October 5 or October 6, 2023 to learn about the Indian Land Registry System.

David Souliere, CAO to request the Consulate General of the Republic of Indonesia provide a proposed agenda, and a list of questions that they are hoping to have addressed.

Council would also like Lisa Maracle, Director of Community Services and Amy Smart, Lands Manager to attend this meeting.

Chief Maracle informed Council that Indigenous Services Canada (ISC) will provide \$4,000.00 to print and deliver the MBQ annual report.

MOTION #11: Moved by Josh Hill, seconded by Chris Maracle to approve the MBQ annual report be published in January 2024.

Carried.



Council confirmed the following scheduled meetings:

- October 5, 2023 - Tyendinaga Mohawk Council Regular
- October 11, 2023 – 7:00 p.m. Tyendinaga Mohawk Council Local Business
- October 19, 2023 – 9:30 a.m. Tyendinaga Mohawk Council Regular
- October 25, 2023 – 7:00 p.m. Tyendinaga Mohawk Council Local Business
- November 1, 2023 – 9:30 a.m. Tyendinaga Mohawk Council Regular
- November 8, 2023 – 7:00 p.m. Tyendinaga Mohawk Council Local Business
- November 15, 2023 – 9:30 a.m. Tyendinaga Mohawk Council Regular
- November 22, 2023 – 7:00 p.m. Tyendinaga Mohawk Council Local Business
- December 13, 2023 – 9:30 a.m. Tyendinaga Mohawk Council Regular

MOTION #12:Moved by Stacia L. Loft, seconded by Josh Hill that this meeting go into private. (12:42 p.m.)

Carried.

Recorded by:Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council

Original Signed by: Chief R. Donald Maracle

**Candidates for the 2023 Mohawks of the Bay of Quinte Election have been Nominated as follows:**

**For Chief:** R. Donald Maracle  
Stacia Loft  
Karoniakeshon Andrew C. Miracle

**For Council:** Kurtis “Chip” Brant  
Lynda Leween  
Erin Ferrante  
Chris Maracle  
Ainsley Leween  
Ogwari Brant  
Stacia Loft  
Chris B. Brant  
Lily “Lou” Maracle

**Election** will be held on Saturday **December 2, 2023**, from 9:00 a.m. to 8:00 p.m., at Quinte Mohawk School.

If you would like your name & contact info released to Candidates for Campaign purposes, please send your request to Leah Brant, Electoral Officer. (613) 848-4701, leahb1982@hotmail.com.

Please be advised that candidates have until Thursday, October 26, 2023 to withdraw their nomination, and this newsletter edition went to print before that date. A final list will (if changes are required) will be published to [mbq-tmt.org/3417-2/2023-tmc-election](https://mbq-tmt.org/3417-2/2023-tmc-election) and in the December 2023 Newsletter.

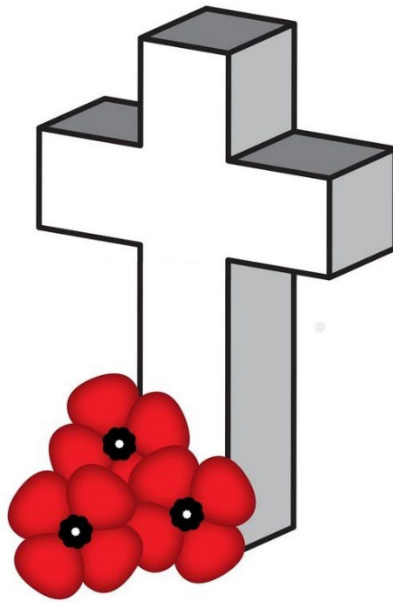
## **In Flanders Fields**

In Flanders fields the poppies blow  
Between the crosses, row on row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.

We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved and were loved, and now we lie,  
In Flanders fields.

Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch; be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders fields.

by John McCrae



## **Lest We Forget**



## World War One

2023 marks the 109<sup>th</sup> anniversary of the start of World War One. Community members of the Mohawks of the Bay of Quinte supported the British as military allies. A few drafted, but most volunteered to serve. This year we honour and commemorate those who served overseas, those who came back and those who did not return home.

### The Fallen:

Bardy, Frank  
Barnhart, Con  
[Cornelius]  
Barnhardt, Harry D.  
Barnhardt, James  
Nelson  
Bernhart, Jacob  
Brant, Charles Arthur  
Brant, Ernest Russell

Brant, Richard  
Green, Austin  
Green, David  
Hill, Joseph Bernard  
Maracle, George Mark  
[served as George Mark  
Hill]  
Maracle, Isaac  
Maracle, John H.

Maracle, Peter William  
Maracle, Philip  
Maracle, Wheeler  
Mungo, Thomas  
Pinn, William  
Sero, Reuben  
Smart, Harold  
Williams, George

### Those who returned:

Bannister, James Albert  
Bardy, Alexander  
Bardy, James  
Bardy, Louis Sherman  
Barnhardt, Isaac  
[served as Isaac  
McDonald]  
Barnhardt, Peter  
Bernhardt, David  
Stanley  
Bernhardt, Joseph  
Edward  
Bernhardt, Marvel  
Galveston  
Bey, Alexander  
Brant, Alfred A.  
Brant, Brant  
Brant, Burget  
Brant, Burton  
Brant, Charles Clinton  
Brant, Francis Randall  
Brant, Garfield  
Brant, George  
Brant, Hugh

Brant, Matthew  
Brant, Philip  
Brant, William  
[served as William Sero]  
Claus, Ira Alfred  
Clause, Huron  
Clute, Lewis Bertram  
Corby, Harry  
Corby, Jake  
Corby, Samuel  
Crawford, Cecil Ernest  
Crawford, Lewis Robert  
Crawford, Percy  
Overton  
Culbertson, John  
Alexander  
Fuller, Bertram  
Green, Jacob  
Green, James  
Green, Sampson  
Greene, Milton  
Hill, Heber [Hebert/  
Herbert]  
Hill, John

Hill, Thomas  
Jaynes, Daniel  
Johns, Orval  
Loft, Andrew  
Maracle, Clarence  
Maracle, Goldie  
Maracle, John (Charlie)  
Maracle, Mark  
Maracle, Solomon  
Maracle, Wesley  
Maricle, Norman  
Miller, Norman Albert  
Penn, Joseph  
Powles, David Austin  
Powles, Joab Walter  
Powless, Charles David  
Powless, David J.  
Powless, Harold Dean  
Powless, Hughie Norval  
Smart, George Leo  
Smart, Joseph Laheed  
Smart, Joseph William

Summaries of information on these men can be found in the Book of Remembrance at the Administration Office or Kanhiote Library.

We have World War One personnel records for most of the men listed above.

## **World War Two**

2023 marks the 84th anniversary of the start of World War Two. Our list of the men and women who served is an on-going project. The personnel files are, for the most part, still protected by privacy legislation.

The Research Department has personnel records for some of those who died during their service in World War 2:

Barnhardt, Carman F.	Green, Russell R.	Culbertson, John
Brant, Edward	Brant, Jerry or	Gilroy, Wilbert N.
Brant. Elmer Joseph	Jeremiah	Maracle, Francis
Brant, Huron Eldon	Brant, Kenneth	Maracle, John Earl
Green, Howard Kenneth	Brant, Lloyd Edwin	Zachariah, Willard

Personnel records for those who served and died after the war can be obtained through the Library and Archives of Canada.

**If you have a photograph of someone who served in WW1 or WW2,  
please help us build our photograph collection.**

**For more information, please contact:  
Steven Lindsay-Maracle, Research Department  
at [research@mbq-tmt.org](mailto:research@mbq-tmt.org) 613-396-3424 ext. 115.**



## From the Research Department...

In the fall of 2022, nine Last Post markers were placed in three of Tyendinaga Mohawk Territory cemeteries and one in a cemetery in Yellowknife, NWT. The markers were placed to honour nine men who served in World War One who did not have a permanent grave marker.

The information below was gathered from various sources including: church records, death records & World War One personnel files, etc.

For more information on these nine veterans please see the Book of Remembrance at the MBQ Administration Office foyer or at the Kanhiote Library.

In All Saints' Cemetery:

### **William Brant served as William Sero**

Regimental #636494

b. 25<sup>th</sup> July 1897 is what his attestation paper says. In fact he was born on 16<sup>th</sup> July 1901 [WW1 File]

d. 24<sup>th</sup> May 1965 [OBIT] buried May 1965

Parents: Maggie Brant & Allen Sero

He signed up on the 8<sup>th</sup> February 1916 in Deseronto, Ontario. While serving, it was discovered that he lied about his age. He had signed up at the age of 15 but he continued to serve. In December 1916, he was sent into the field, and he was wounded in 1916 & 1917. In December 1918 he was sent back to Canada. He was discharged on the 20<sup>th</sup> of January 1919 in Kingston, Ontario.

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### **BURTON "Paddy" BRANT**

Regimental #166477

b. 26<sup>th</sup> November 1891 [Attestation Paper]

Sudbury, Ontario

d. 8<sup>th</sup> June 1960 [in Kingston; LAC Death Card]

buried 11<sup>th</sup> June 1960

Parents: David S. & Eliza E. (Brant) Brant

He signed up on 13<sup>th</sup> October 1915 in Sudbury Ontario. He arrived in England in December 1915.

In 1916 while serving in France he was "Kicked in the face by a mule, breaking his nose." He made a full recovery. In January 1918 he was granted the "Good Conduct Badge".

He was discharged in 1919.





In Christ Church Cemetery:

**Anthony Maracle**

Regimental #928669

b. October 1883, according to his baptismal record.  
His attestation paper says he was born 15<sup>th</sup> January 1886.

d. 28<sup>th</sup> April 1919 from tuberculosis [Death Registration] buried 29<sup>th</sup> April 1919 [Church Record]

Parents: Moses & Jenny (Williams) Maracle

He signed up on the 1<sup>st</sup> of March 1916 in Mount Forest, Ontario

On the 16<sup>th</sup> of May 1916 in Guelph, Ontario, Anthony was discharged from the military for being “medically unfit” for service. His conduct and character while in the service was described as “Good”.



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**Alfred A Brant**

Regimental #219956

b. 14<sup>th</sup> July 1879 according to his baptismal record. His attestation paper says he was born 11<sup>th</sup> July 1879.

d. 21<sup>st</sup> November 1959 [LAC Veterans' Death Cards First World War RG150 Accession 1992/3 Mikan No. 46114 p.1180] buried 24<sup>th</sup> November 1959 [OBIT]

Parents: Peter Joe & Debby (Claus) Brant

He arrived in England in May 1916, then sent to France (Havre) on the 13<sup>th</sup> August 1916.

He suffered multiple injuries during his time in the war.

He was discharged 13<sup>th</sup> December 1918, he returned to Canada on the 16<sup>th</sup> January 1918.





## Burget Brant

Official Number 298049 Rank: Stoker for the Royal Navy

b. 16<sup>th</sup> February 1880, according to his baptismal record. His death registration reported that he was born on 11<sup>th</sup> February 1880

d. 28<sup>th</sup> June 1925 from myocarditis, inflammation of the heart; buried 30<sup>th</sup> June 1925 [Church Record]

Parents: Jacob & Margaret (Green) Brant  
According to his Royal Navy file from the National Archives, England, Burget served on many different vessels during the war, from 25<sup>th</sup> December 1914 to 26<sup>th</sup> April 1919. His job as stoker was important as he was part of the team that tended the furnace on board ships. He was discharged in June 1919. He served in military engagements at sea.



## Charles Clinton Brant

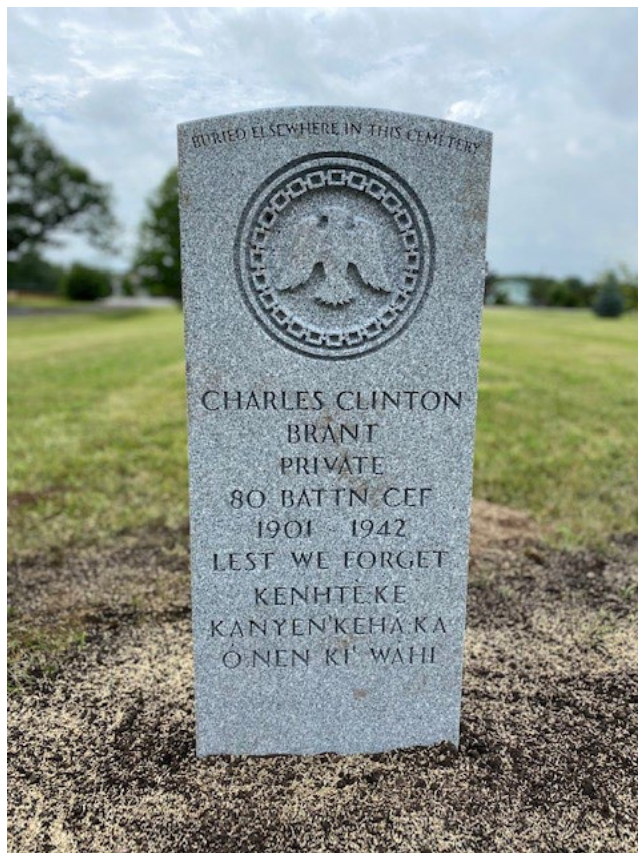
Regimental #220324

b. 11<sup>th</sup> April 1901, according to his baptismal record. His attestation paper stated he was born on the 11<sup>th</sup> April 1897.

d. 23<sup>rd</sup> May 1942 struck and killed by a car [Death Registration] buried 25<sup>th</sup> May 1942

Parents: Edward & Annie (Brant) Brant  
He signed up on the 29<sup>th</sup> December 1915, in Belleville, Ontario. He left Canada on the 16<sup>th</sup> May 1916 and arrived in England on the 30<sup>th</sup> May 1916.

In September 1916 he was found to be underage, but he continued to serve. He returned to England in January 1919. He was discharged on the 20<sup>th</sup> March 1919 in Kingston.





## Joseph Corby

Regimental #637096

b. 9<sup>th</sup> October 1874, according to the 1901 census.

d. 22<sup>nd</sup> October 1922 and was buried on the 8<sup>th</sup> October 1922

Parents: Louis & Elizabeth (John) Corby.

He signed up on the 26<sup>th</sup> of April 1916 in Deseronto, Ontario. He was discharged on the 11<sup>th</sup> of September 1916 for being medically unfit.

He completed his training but did not serve overseas.



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In Mohawk Pentecostal Cemetery

## Francis Randall Brant

Regimental #636592

b. 21<sup>st</sup> January 1897 [baptismal record & attestation paper]

d. 10<sup>th</sup> June 1967 [MBQ Record] buried 13<sup>th</sup> June 1967.

[OBIT]

Parents: David Peter Joe & Susan (Maracle) Brant

He left Canada on the 18<sup>th</sup> of October 1916 and arrived in England on the 28<sup>th</sup> of October 1916.

He was wounded on two occasions from gun shots. In November 1917 he was considered an invalid but recovered and re-entered the war in January 1918. He returned to England in February 1919. At some time prior to March 1919, he was promoted to Lance Corporal. He returned to Canada in March 1919.



\*\*\*\*\*



In Yellowknife Back Bay Cemetery, NWT

### **Solomon Maracle**

Regimental #454929

b. 22<sup>nd</sup> July 1895 [baptism and 1901 census records]

d. 16<sup>th</sup> September 1943 in NWT

Parents: William Edward & Julia (Williams) Maracle

He signed up on the 24<sup>th</sup> February 1915 in Belleville, Ontario. He arrived in England in September 1915. He suffered multiple injuries during his service. He was invalided to Canada in 1918 and discharged in 1919.



\*\*\*\*\*

### **Remembering Austin Elmer Fuller**

#### **World War Two**

#### **Austin Elmer Fuller**

Regimental #C5516

b. 20<sup>th</sup> May 1921 [Church Record]

d. 20<sup>th</sup> December 2022; buried 30<sup>th</sup>

December 2022, All Saints' Cemetery [OBIT]

Parents: Clayton & Marjorie (Hill) Fuller

He served with the Hastings and Prince Edward Regiment (the "Hasty P's") during the Second World War. He enlisted in 1940. He landed on Pachino Beach, Sicily, in July 1943. He fought in Italy and finished his service at the German Garrison in Amersfoort, The Netherlands. He was discharged in September 1945 after having served for five years overseas. Austin was the last surviving World War Two veteran of the Mohawks of the Bay of Quinte.



\*\*\*\*\*



## Remembering John Culbertson World War Two

This year, MBQ was contacted by Veterans Affairs Canada regarding the Canada Netherlands Legacy Project. John Culbertson was killed in action during the Second World War and was buried in the Netherlands. A commemorations event was held there in September 2023. John Culbertson's great grandson, Tim Coldwell, was able to attend the ceremony. We are grateful to Tim Coldwell who provided these photographs:

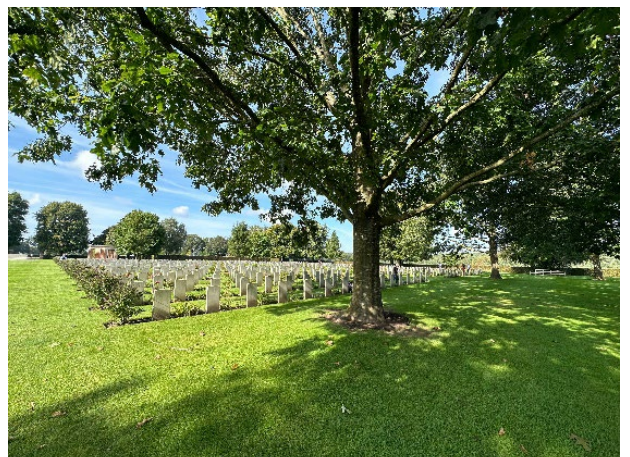
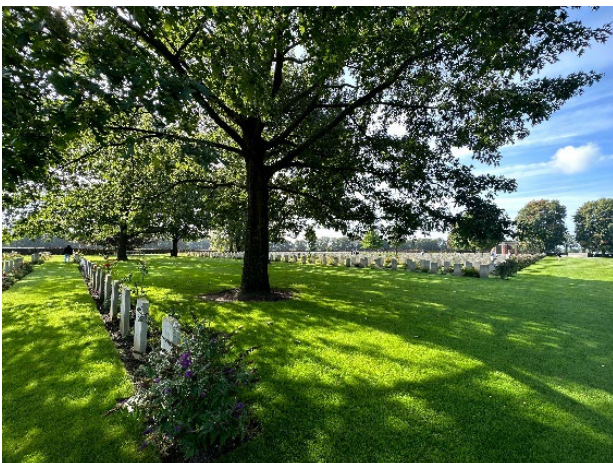
### John Culbertson

Service Number C-124455, Royal  
Canadian Engineers

b. 23<sup>rd</sup> November 1911, however his death  
record reported he was born on 21<sup>st</sup>  
February 1911

d. 30<sup>th</sup> April 1945 "killed in action" in  
Germany [Death Registration] [OBIT.] He  
was buried in the Holten Canadian War  
Cemetery in the Netherlands.

Parents: George & Mary Ann (Smoke)  
Culbertson





**Join Haley, Trish and Steven  
for  
“Kahwa'tsire”  
Mohawk Family Genealogy**

**Every 2<sup>nd</sup> Tuesday of the month  
from 6:30 pm – 8:00 pm  
Limited space: 12 people**

**Via Zoom**

**Hosted by Kanhiote Library  
Brought to you by MBQ Research Department**

**If you would like to be part of the  
zoom session please email Haley at  
kanhiotelibrary@gmail.com and she will send you a  
zoom invitation. Please let her know what information  
and or people you are researching.**



**Contact Joey Maracle  
[sacredtrees.tmt@gmail.com](mailto:sacredtrees.tmt@gmail.com)  
613-396-1873.**

**Responsible tree care services for  
a sustainable future that you can trust**

# Community Health Presents

## Influenza & Covid-19 Vaccine Walk In Clinic



### High Risk Clinic

**Limited** High dose vaccine available for 65+

October 19 9am-2pm

October 24- 2pm-6pm



### General Population

\*For anyone 6 months and older

October 27 - 9am-2pm

October 28- 10am-2pm

November-1- 2pm-6pm

November 2 - 9am-2pm

### Who's Eligible?

Clinics in October are for MBQ members living on Territory (Deseronto & Shannonville) and their families; beginning in November all MBQ members and their family living in KFLA & HPE may attend



### How long do I wait before I get my next Covid vaccine?

6 months after your last COVID-19 vaccine and infection



Community  
Wellbeing Centre  
50 Meadow Drive

**613-967-3603**





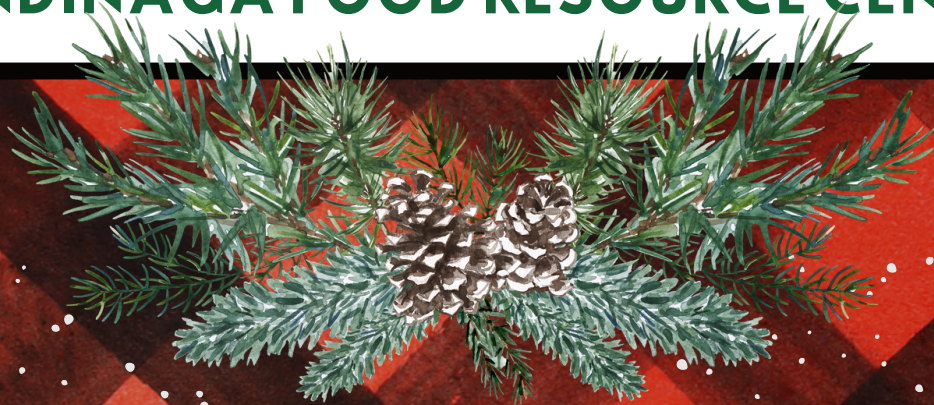
# Christmas Craft Sale

SATURDAY, NOVEMBER 25, 2023

9 A.M. - 4 P.M.

MOHAWK COMMUNITY CENTRE

**\$2 OR NON-PERISHABLE FOOD ITEM  
FOR ADMISSION IN SUPPORT OF THE  
TYENDINAGA FOOD RESOURCE CENTRE**





# **Save the Date!**

## **Grandma's Dream Art Show & Sale**



**Saturday & Sunday, November 18 & 19, 2023**

**Time: 11:00 am to 6:00 pm**

**MOHAWK COMMUNITY CENTRE**

***Free Event ... Everyone Welcomed!***

**Showcasing Local Artist's work:**

- ♦ **Paintings, Diamond Art, Woodwork Originals, Beading and much more**
- ♦ **one of a kind originals**
- ♦ **FOOD & BAKED GOODS, get your Christmas orders in—What's in Season baking**
- ♦ **Kids Hand and Name Painting Activities**
- ♦ **Door Prizes**

**Sponsored by Yvonne Maracle, Artist**

**yvonnemaracle2@gmail.com**





# **Christmas Food Hampers 2023**

## **INCOME LEVELS**

Income Verification for Sole/Single

\$34,424.00 or less for 2023

Income Verification for Couple/Family

\$51,636 or less for 2023

**\*\*Income Verification Needed At Time Of Application\*\***

**Christmas Food Hamper Applications**

**Will be taken over the phone, during the following dates:**

**October 30, 2023 – November 24th, 2023**

**To Register for this Program:**

**Contact Christina Cyr**

**@ 613-967-0122**

**Ext. 140**

**or**

**Ontario Works Text Line**

**613-885-4268**

**368 Airport Road (The Bus Barn)**

**Pick up Date is December 20, 2023**

**Between 10:00am—1:00pm**

The Christmas Food Hamper program ensures that low-income families have a nutritious and festive Christmas dinner.

This program operates on donations alone. Many thanks to our community, surrounding businesses and individuals who continue to donate to this special program.



**THANK YOU TO  
ALL THE  
VOLUNTEERS  
AND SPONSORS  
WHO MADE THE  
2023 FAIR A  
REALITY**

**NYÁ:WEN**

***IMPORTANT:***

**ANNUAL GENERAL MEETING  
Monday, December 11, 2023 - 6 p.m.  
Quinte Mohawk School - 1624 York Road**

**ALL Mohawk Agricultural Society  
Members are asked to attend as we will be  
discussing the future of the society, the  
fair and the fairgrounds.**



# Good Food Box



## Calendar For 2023

For Pickup-New Fire Hall

Order & Paid By 4:30pm	Order Arrives Pick-up 1-3pm
Wed. March 22, 2023	Tuesday, March 28, 2023
Wed. April 19, 2023	Tuesday, April 25, 2023
Wed. May 17, 2023	Tuesday, May 23, 2023
Wed. June 21, 2023	Tuesday, June 27, 2023
Wed July 19, 2023	Tuesday, July 25, 2023
Wed Aug 16, 2023	Tuesday, August 22, 2023
Wed. September 20, 2023	Tuesday, September 26, 2023
Wed. Oct 18, 2023	Tuesday, October 24, 2023
Wed. Nov 22, 2023	Tuesday, November 28, 2023
Wed. December 13, 2023	Tuesday, December 19, 2023



**Veggie Bag \$10.00**

**Fruit Bag \$5.00**

**COMMUNITY HEALTH**

Community Health Presents

# Kenh'tes:ke Health Connection Fresh Produce Market

MBQ Community Members, proof of status/address may be requested

Mark Your Calendar

Monday September 18

Monday October 2

Monday October 16

Monday October 30

Monday November 13

Monday November 27

**NEW  
EXTENDED  
HOURS**

**2-7pm**

**CASH  
ONLY**

Mohawk Fire  
Department-  
39 Meadow Drive

Bring  
your  
own  
bags

Produce and prices may vary depending on availability and season



# LGBTQ2S+



## Drop In Night

OPEN TO  
INDIVIDUALS

16+

WHEN:



THURSDAY NOVEMBER 9TH, 2023



WHERE:

KARONHIAK'TAKIE SPORTSPLEX CANTEEN

TIME:

6:00PM-8:00PM



A SAFE SPACE TO SHARE



WHAT:

AND DISCUSS EXPERIENCES, STRUGGLES

AND BARRIERS FACING LGBTQ2+ INDIVIDUALS ON TMT



LIGHT SNACKS AND



REFRESHMENTS WILL BE PROVIDED



# LINE CREW GROUND SUPPORT TRAINING COMING SPRING 2024!

## 18 WEEK CERTIFICATE PROGRAM

### REQUIREMENTS

- VALID DRIVERS LICENSE
- GRADE 12 DIPLOMA
- (ASSISTANCE AVAILABLE TO OBTAIN THESE)
- MUST BE OVER 18 YRS
- MUST BE ABLE TO WORK FROM HEIGHTS
- MUST PASS A PHYSICAL FITNESS COMPONENT
- EMPLOYMENT OPPORTUNITIES WILL REQUIRE TRAVEL
- COMPENSATION GIVEN DURING TRAINING
- ONLY 12 SPOTS AVAILABLE!

**DEADLINE TO  
APPLY DECEMBER  
15 2023**

PLEASE SEND COVER LETTER AND  
RESUME TO  
KIRSTIN SPARKS  
TRAINING@ALFDC.ON.CA  
613-319-0451

**Must be a Status Community  
Member**

- **A SERIES OF INTERVIEWS IN  
PERSON/ZOOM WILL BE  
CONDUCTED PRIOR TO  
SELECTION**



Training by the Infrastructure Health and Safety  
Association  
Sponsored through the Aboriginal Labour Force  
Development Circle and the Mohawks of the Bay  
of Quinte





# Facts Indigenous Visitors Need to Know Before Visiting the USA or travelling outside of Canada

If you have friends and family travelling outside of Canada for any reason or any length of time, you should understand the following facts before visiting the United States of America (USA).

## **1. Medical Costs are Very Expensive**

The USA and Canada have the highest costs for medical care around the globe. A single trip to the emergency room for a few stitches and some antibiotics can cost hundreds of dollars. Foreign visitors without travel health insurance will have to pay out of pocket for their medical treatment. While there are a few welfare hospitals worldwide, most have gone bankrupt and those who remain have very long wait times for non-emergency treatment so you cannot expect to get prompt, top-notch treatment if you do not have travel health insurance.

## **2. Foreign Visitors do not Receive Free Medical Care**

The global health care system is not 'free healthcare' – not for visitors of a foreign country. This can be the most confusing fact of all for those coming from countries where healthcare is free (or, more accurately, paid for by taxes). Further, foreign visitors on short-term visas as tourists, i.e., not students or temporary foreign workers, do not have access to buy their own health insurance from the healthcare marketplaces in the country they are visiting.

## **3. Emergency Room Visits are Not Free Either**

Even if your treatment is considered an emergency, the hospital will expect payment for treatment costs, including surgeries, medicines, medical supplies, ambulance transportation, and anything else used to treat you and make you well again. If you are a foreigner and need emergency medical treatment, it's likely that you will be transported to a welfare-based hospital soon after they discover you have no insurance.

## **4. Students and Temporary Foreign Workers are not exempt**

Foreign students and temporary foreign workers are not exempt from the Affordable Care Act requirements to obtain qualified health insurance. If you are a student studying abroad or a foreign worker, you will have to get health insurance in the host country either through the university or through your employer. If neither, your university or employer can provide you access to health insurance you can buy. You'll need to log in to the country's health care site, choose your location, and start researching a plan you can buy. You should have travel health insurance prior to leaving to cover the trip from your homeland to foreign destination and ensure coverage is valid for the period of time it takes you to buy and receive health insurance out of country. If you are hospitalized for dehydration due to a flu bug you picked up soon after arrival, for example, and you do not have travel health insurance and your health insurance is not yet in effect, you will be paying for your medical treatment on your own. An overnight stay in the hospital can run into the thousands of dollars (USD); medical treatment for a car accident can bankrupt an individual from which they may never financially recover.

## **5. An Evacuation Out of May Be Necessary**

Little known fact: emergency medical evacuations are not usually covered under any USA based health insurance plan. No kidding! If you're a foreign visitor, however, getting an evacuation back to your home country where you can be with family and friends and back in your own health care system is sometimes the only way to control costs if you have an accident in the host country. Most travel health insurance plans have coverage for evacuations back to your home country. The cost of an evacuation depends largely on how far you have to travel, so an evacuation from the USA to Canada will cost a lot less than one to Australia but you get the idea. Get coverage for at least \$100,000 - \$300,000 and you should be fine.

## **6. Pre-existing Conditions May Cause You Trouble**

While the Affordable Care Act addresses pre-existing conditions for those living in or citizens of the USA, this is not true for other foreign countries, many travelers are surprised when a travel insurance provider denies their claims due to a pre-existing medical condition. In some cases, the condition is one that the traveler didn't even recognize as a medical condition that could disqualify their coverage. This is especially true of conditions that:

- a doctor diagnosed but did not explain to you
- are controlled by medication you take regularly
- have not yet been diagnosed but symptoms were treated

## **\*Travel Insurance is about more than Travel Medical\***

While having travel medical protection covers the biggest concern that foreign visitors have when going outside of Canada, travel insurance is about travel medical. There are many other travel disasters that can affect your trip outside of Canada and cause you to incur unexpected costs.

- Trip cancellation and interruption coverage can protect you from big losses if you have to cancel your trip or end it early and return home. There are also different kinds of cancellation coverage to cover specialized instances, including having to cancel for work reasons or cancelling for any reason at all.
- Baggage loss and delay protection means you'll have some – not a lot, but some – reimbursement for lost or stolen bags no matter where you are on your trip.
- Coverage for missed connections (when you miss a cruise departure, for example) and travel delays (when they cancel all flights due to a hurricane or blizzard, for example).
- Package travel insurance plans combine lots of benefits into a full-featured plan that gives a foreign visitor to a foreign location a lot of protection. See a local travel agent/guide for more details on coverage options you can choose for your visit to your selected travel destination.
- Travel insurance can be purchased in a variety of ways – at your personal financial institution, local travel agencies and on-line just to name a few options. If you are a valid credit card holder, you may want to check with your card provider as many credit cards may already cover you for different types of travel. If they do, make sure that you understand the specific policy criteria, length of time and conditions as it may differ depending on where and when you travel and your travel reason.



# KEEP MBO UP-TO-DATE

**Government of Canada / Gouvernement du Canada** 3529030

**CERTIFICATE OF INDIAN STATUS - CERTIFICAT DE STATUT D'INDIEN**

**Your Picture Here**

**This is to certify that - Le présent atteste que:**

**Family Name - Nom de famille**  
**JONES**

**Given Names - Prénoms**  
**JOHN CARL**

**Alias - Nom d'emprunt**  
**JOHNNY**

**Registry No. - N° de registre**  
**4360000000**

is an Indian within the meaning of the Indian Act, chapter 27, Statutes of Canada (1985),  
est un Indien au sens de la Loi sur les Indiens, chapitre 27 des Lois du Canada (1985)

**IF YOUR CONTACT INFORMATION OR MARITAL  
STATUS CHANGES OR IF THERE'S A DEATH IN THE  
FAMILY, PLEASE CONTACT MEMBERSHIP TO MAKE  
THE NECESSARY UPDATES**

Bonnie Maracle  
E: [bonniem@mbq-tmt.org](mailto:bonniem@mbq-tmt.org)  
P: 613-396-3424 x 110

Bonny 'Bear' Maracle  
E: [bonnym@mbq-tmt.org](mailto:bonnym@mbq-tmt.org)  
P: 613-396-3424 x 132

## REMINDERS

- By appointment only, Monday-Friday, 8:30 a.m. to 4:30 p.m.
- You will need TWO pieces of photo I.D. for renewals





*Sentimental  
Journey*

RESTAURANT

*"the best kept secret in town"*

[www.sentimentaljourney.ca](http://www.sentimentaljourney.ca)

613 396 3333

# *Book your Christmas Party with us!*

**We are open 7 days a week for private events!**

---

**We cater to any group size  
but 40 or more guests gives you  
the exclusive use of our venue!**

---

***Our one stop event package includes the restaurant,  
linens, glassware, a sit-down three course meal  
& bartender***

***Dance the night away on our beautiful dance floor!***

---

***Entertainment is available for an extra fee.  
"A Bit of Nostalgia" or a Karaoke Christmas!***

**\$39.99** pp plus HST & gratuity

**501 Dundas Street, Deseronto**

**613-396-3333**

[sentimentaljourney.ca](http://sentimentaljourney.ca)



# Respiratory Illness FACTS

## WHAT ARE RESPIRATORY ILLNESSES?

In Ontario, during the fall and winter there is more spread of respiratory viruses like influenza and respiratory syncytial virus (RSV), and continued spread of COVID-19

- Respiratory viruses affect the airways and lungs
- Respiratory viruses spread easily from person to person
- Most people have mild symptoms that get better in a few days but some people get very sick

### Treatment

- Antiviral treatment for COVID-19 and influenza is recommended for those at high risk of severe illness (elders, babies, young children, pregnant people, immunocompromised people, etc.)
- Babies and young children with serious lung or heart disease or who were born premature may be eligible for preventative RSV treatment

## PROTECT YOURSELF, YOUR FAMILY & COMMUNITY

- Watch for signs of illness and stay home if you are sick
- Wear a well-fitted medical mask or KN95 in crowded indoor settings
- Wash your hands often with soap and water or alcohol-based hand rub
- Keep high touch surfaces clean (door handles, light switches, phones, etc.)
- Avoid visiting to those who are sick
- Make sure you and your family are up to date with immunizations

### Immunization

- Immunization is your best protection against respiratory illnesses
- All Ontarians, over 6 months of age should get their flu shot and COVID-19 booster
- RSV vaccine may available to those living in long-term care, elder care lodges, and retirement homes later in the respiratory illness season

## COMPARING COVID-19, FLU & RSV

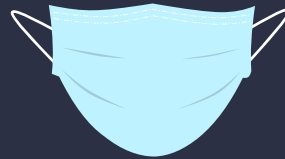
SYMPTOMS	COVID-19	INFLUENZA	RSV
Fever or Chills	✓	✓	✓
Cough	✓	✓	✓
Trouble Breathing	✓	✓	✓
Runny or Stuffy Nose	✓	✓	✓
Feeling Tired or Weak	✓	✓	✓
Sore Throat	✓	✓	✓
Muscle Aches	✓	✓	
Headache	✓	✓	✓
Nausea, Vomiting or Diarrhea	✓	✓	
Loss of Taste or Smell	✓		

FOR MORE INFORMATION PLEASE CONTACT YOUR HEALTH CARE PROVIDER

# RESPIRATORY ILLNESS PREVENTION



Wash hands with soap and water  
or alcohol-based hand rub



Wear a well-fitted medical mask or  
KN95 in crowded, indoor settings



Stay home if you are sick



Make sure your immunizations  
are up to date



Keep high touch surfaces clean  
(phones, light switches,  
door handles, etc.)



Cover your mouth and nose with a  
tissue or your upper sleeve when  
coughing or sneezing





**Tired of getting letters from CRA saying you owe tax on your exempt pension funds?**

**Stressed mentally and financially by having your Supplement lowered by Service Canada?**

**Upset due to having to fight this battle repeatedly?**

The time has come for the Federal Government to bring about the necessary change to fix these issues for you and every Indigenous person in Canada.

Please consider taking the few minutes required to sign Parliamentary Petition e-4564 to help try and bring about the necessary changes.

The petition is asking for the Federal Government to authorize changes in the following 3 ways:

- 1) Update T4RIF tax slips to show income as tax-exempt
- 2) Register tax-exempt Canada Pension Plan (CPP) contributions as exempt when contributed
- 3) Update T4A (P) tax slips for CPP retirement benefits to illustrate tax-exempt payments

These changes, if made, will at least reduce if not eliminate, the number of reassessments being completed each year on Indigenous individuals. For some households they may also increase the amount of other benefits received.

The time has come for a change, help us by voicing your support through signing Parliamentary Petition e-4564! There is no minimum age for signing, any Canadian can sign!



## **Instructions for Signing Parliamentary Petition e-4564**

The petition is asking for the Federal Government to fix the following issues for Indigenous individuals with tax-exempt pension income in retirement:

- 1) Update T4RIF slips to avoid individuals having their tax returns reassessed, which often results in tax payable, Guaranteed Income Supplement (GIS) and other benefits and tax credits clawed-back
- 2) Have Canada Pension Plan (CPP) contributions on tax-exempt income registered as tax-exempt as contributions are submitted for Indigenous individuals
- 3) Update the T4A (P) for CPP retirement benefits to clarify tax-exempt CPP income to avoid taxation of tax-exempt funds

Because these issues have not yet been addressed and fixed, retired Indigenous individuals are constantly having their tax returns reassessed, being asked for taxes that are not owed, and having much-needed benefits clawed-backed.

To sign this petition, go to <https://petitions.ourcommons.ca/en/Petition/Sign/e-4564> or Google “e-4564 petition”. There is no minimum age to sign, so any Canadian citizen can sign this petition.

Review the petition and then below it, fill in:

First and last name

Email Address & Phone Number

Province and Postal Code

Check the 3 boxes below and click the SIGN button

You will then receive an email a short time later asking you to click the link to confirm that it was you who signed the petition. You have now signed the petition!

Thanks in advance for your time and effort, and we hope this will move the Federal Government and Ministry of Finance to make these necessary changes to benefit all Indigenous Communities across Canada.

If you have any questions or issues with the petition or signing of it, please feel free to contact us directly at the number below.

# Niyá:wen



*Sentimental Journey owner John Malcolm with Mohawk Guild members Donna Spencer, Pam Dettlor and Sandra John.*

**DEAR DEB, JOHN AND STAFF OF SENTIMENTAL JOURNEY,  
YOU ARE A RARE KIND OF GENEROUS. IT'S HARD TO PUT  
INTO THE TWO SMALL WORDS OF THANK YOU, BUT WE  
HOPE YOU KNOW HOW MUCH WE APPRECIATE YOUR  
SUPPORT. EACH TOONIE COLLECTED GOES A LONG WAY IN  
HELPING THE MOHAWK GUILD SUPPORT OUR AREA  
SCHOOLS FOOD PROGRAMS WITH OUR "TOONIES FOR  
TUMMIES " CAMPAIGN. THANK YOU FOR YOUR GENEROUS  
SUPPORT.**

**-THE MOHAWK GUILD.**



## STARTERS

### Soup of the Day

Deb's homemade soups - mmm good!  
Available for take-out - ask your server for details.

7.99

### Garden Salad

Fresh greens, veggies, fruit & nut mix  
with our own creamy raspberry dressing.

13.99

### Caesar Salad

Crispy Romaine, real bacon, croutons  
with our own in-house dressing.

13.99

### Greek Salad

Romaine, cucumbers, tomatoes, red onions,  
sweet peppers, Feta cheese & Kalamata olives

14.99

### Baked Double Crème Brie

A wedge of baked Brie with our house made coulis, served  
with an assortment of crackers.

14.99

### Escargot

Escargot in a garlic & white wine sauce, smothered with  
melted cheese.

14.99

## PASTA

### Marinara

Our homemade tomato, garlic and herb sauce on pasta.

15.99

### Bolognese

Lean ground beef, tomatoes, garlic, herbs & red wine,  
served on pasta

16.99

### Arrabbiata

Spicy tomato sauce, hot Italian sausage,  
red wine & Parmesan, served on pasta.

17.99

### Fettuccini Alfredo

Creamy white sauce, parmesan, garlic & white wine

18.99

Add Chicken Breast \$5.99 Add Shrimp & Crab \$6.99

### Pasta Primavera

A medley of fresh veggies tossed in olive oil, fresh  
garlic, Parmesan & herbs.

19.99

### Chicken Parmesan

Tender chicken breast smothered in Marinara sauce,  
Melted Mozzarella.

19.99

## MENU

### Eat-in or pick-up

## FAVOURITES

### Fresh-cut Fries

7.99

### Poutine

12.99

### BLT

Bacon, lettuce, tomato, mayo & choice of soup or fries.

15.99

### Club Sandwich

Chicken breast, bacon, tomato, mayo, choice of soup or fries.

17.99

### Nostalgia Burger

Lean beef, fully dressed & choice of soup or fries.

16.99

Cheese 1.49 Cheese & Bacon 2.99

### Plant Based Burger

Dressed to your preference with soup or fries.

17.99

### Crunchy Chicken Breast on a Bun

Topped with our special sauce & choice of soup or fries.

16.99

### Mexican Quesadilla

Chicken, sauteed veg & blended cheese, salsa & sour cream.

15.99

### Chicken & Ribs & Fresh-cut Fries

1/4 BBQ Chicken and Ribs

22.99

Breast Quarter 1.99

### 2 piece Halibut & Fresh-cut Fries

Our own crispy batter, served with all the extras.

24.99

Gluten-free Batter 1.99

### Crusty Filet of Salmon

Flaky salmon with our own tangy sauce, on rice pilaf.

24.99

### Brie & Apple Stuffed Chicken

Tender chicken breast, brie & apple, with rice pilaf.

24.99

### Beef Bourguignon

Tender beef, veg, baby onions & wine on mashed.

26.99



501 Dundas Street, Deseronto  
613-396-3333

## PIZZA

### Just the Basics

Our herb & garlic tomato sauce & Mozzarella.

sm 13.99 med 15.99 lg 17.99 ex-lg 20.99

### Pepperoni Lover's

Our tomato sauce, cured pepperoni & melted Mozzarella.

sm 15.99 med 17.99 lg 19.99 ex-lg 22.99  
medium

### Veggie Lovers

Our own tomato sauce, peppers, mushrooms, onions,  
tomatoes & Mozzarella.

sm 18.99 med 20.99 lg 22.99 ex-lg 24.99

### Canadian

Our tomato sauce, pepperoni, bacon, mushrooms &  
Mozzarella.

sm 18.99 med 20.99 lg 22.99 ex-lg 24.99

### Johnny's Favourite

Our tomato sauce, pepperoni, sausage, mushrooms, green  
peppers & Mozzarella.

sm 19.99 med 22.99 lg 25.99 ex-lg 28.99

### Build Your Own - Basic

sm 13.99 med 15.99 lg 17.99 ex-lg 20.99

### Toppings

Tomatoes, mushrooms, green peppers, onions, green olives  
or pineapple.

sm 1.49 med 1.99 lg 2.49 ex-lg 2.99

### Toppings

Pepperoni, bacon, sausage, meatballs, hot Italian sausage,  
extra Mozzarella.

sm 1.99 med 2.49 lg 3.49 ex-lg 3.99

## Nan's Soup Kitchen

All your favourite home-made  
soups are now available for you  
to take with you!

24 oz

**\$12.99**

*Volume Discount*  
*Buy 3 - 9.99 each*  
*Save 9.00*

Turn over for choices!  
:>)

Community Health Presents:

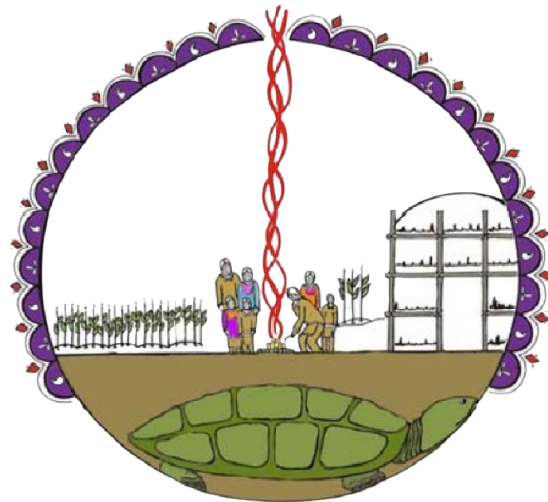
**Walk in Blood pressure and weight checks  
for MBQ community members**

**Monday mornings from 9:00-12:00**

**Questions? call 613-967-3603 ext 118**



at the  
**Community  
Wellbeing  
Centre**



**You will be entered into a monthly draw for a PC gift card**



TSI TITEWAYA'TARO:ROKS AT LOYALIST COLLEGE PRESENTS

# ANNUAL INDIGENOUS *ARTS* FESTIVAL

LINK  
LOUNGE  
KENTE  
BUILDING

02  
DECEMBER  
2023  
10:00 AM-4:00 PM

ART  
VENDORS  
FOOD

Contact the Tsi Titewaya'taro:roks at  
613-969-1913 Ext, 2611 or [ifroats@loyalistcollege.com](mailto:ifroats@loyalistcollege.com)  
for more information

ART CREDIT TO THERESA BRANT



# THE SEEDS OF ADDICTION WEEK ARE PLANTED

NOVEMBER 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			01	02	03	04
05	06	07	08	09	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

*Mark your Calendars*

## EASTERN DOOR THRIFT STORE

SHOP LOCAL, SUPPORT LOCAL



5880 C OLD HWY 2  
SHANNONVILLE  
UP ON THE HILL  
BEHIND BETTER  
BUDS

Bring in ad for  
10% off  
purchase



We sell second hand  
CLOTHES, SHOES, ACCESSORIES &  
HOUSEHOLD ITEMS



WE ACCEPT DONATIONS



@EASTERNDOR  
THRIFTSTORE





# SEASONAL PLAYGROUND CLOSURE

Please be advised that all of our playgrounds will be closing for the season on November 1, 2023.

This is in order to keep all users safe.

These are designed for summer weather.

The parks will re-open in the Spring, and we look forward to seeing you then!

Nyá:wen for you co-operation with this seasonal closure!







## CALL OUT!!

Do you want to represent your community at the  
LNHL 2024?

We are searching for players with birth years 2006-2017.  
(MBQ status or Parent Status is needed)

A commitment fee of \$100.00 is needed when it is confirmed  
there are enough players for teams.

We are also seeking Coaches for all age groups!!!

If you are interested in signing up your child and/or are  
interested in a Coaching opportunity please contact

[tyendinagalnhl@gmail.com](mailto:tyendinagalnhl@gmail.com)



**TFRC is now offering a**

**10% Discount on  
ALL Services**

**For Mohawks of the  
Bay of Quinte Band  
Members**



# Head Lice Prevention



## The Basics:

- Head lice are parasitic insects that live solely on the scalp hair of human beings, usually on children 10 and under.
- Like all insects, head lice develop in stages from egg (nit) to nymph (smaller version of an adult) to louse (fully grown).
- Head lice can reproduce rapidly and should be treated immediately with special treatment products that can be purchased at your local drugstore.

## Prevention:

- Do not to share combs, brushes, hats, scarves, hair ties or bands.
- Avoid head-to-head contact.
- Treat Head Lice quickly and effectively.

## The Facts:

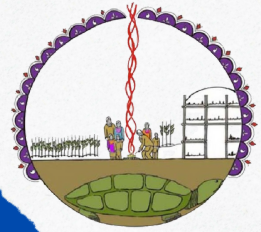
- Anyone can get head lice. People who have head lice are not dirty.
- If your head itches, it's possible that you have head lice. Be sure to go to your parents or school nurse so they can check it out.
- Head lice cannot jump or fly. They can only crawl onto your head if your head touches the head of a person who already has head lice.
- Head lice cannot live on a desk, chair back, or cubby.
- People can get rid of head lice with special combs and treatment gels that can easily be purchased at a drugstore.

For more information contact: Paige or Johanna  
[preventionsupport1@mbq-tmt.org](mailto:preventionsupport1@mbq-tmt.org)



**Community Health presents:**

**MBQ Community Members**



**DO YOU NEED**

**Tb testing**

**for admission to school,  
volunteer and employment  
purposes, or treatment  
programs?**

Please be sure to bring the  
documentation stating it is  
required for your program to your  
appointment and note you will be  
required to attend 2  
appointments within 48-72 hours



To book an appointment please call or  
email Suzanne, Community Health  
Nurse at the CWC:

**613-967-3603**

**CHN@MBQ-TMT.ORG**

kaye:ri niwahsen ya:ya'k 46



# MOHAWK FAMILY SERVICES

LET'S WORK TOGETHER TO KEEP  
OUR CHILDREN SAFE



If you are interested in becoming a  
short term or long term alternative care  
home, or would like more information  
please contact Becky Lloyd at  
[rebeccal@mbq-tmt.org](mailto:rebeccal@mbq-tmt.org)





McMurter Home Centre

# SALE

## 30 YR ANNIVERSARY

50 % OFF ALL IN STOCK items

CASH ONLY

SHOP NOW

Call:  
613 396 1607

283 HWY 49  
TYENDINAGA MOHAWK TERRITORY

kaye:ri niwahsen sha'te:kon 48



**girls  
inc.**

# REMOTE OFFICE

**2023**

**GIRLS INC CAN ASSIST WOMEN  
AND GENDER IMPACTED PEOPLE  
BY PROVIDING PROGRAMS AND  
FUNDING, SUCH AS:**

**SMART START EMPLOYMENT  
PROGRAM (15-30)**

**BOLD FUTURES DISABILITY  
EMPLOYMENT PROGRAM (17+)**

**REACH FOR SUCCESS  
SCHOLARSHIP PROGRAM  
REFERRALS**

**WOMEN'S PLUS FINANCIAL  
ASSITANCE PROGRAM (ANY AGE)  
[BILL ARRERS, MEDICAL ASSISTANCE,  
RENTAL SUPPORT, FOOD INSECURITY,  
GAS SUPPORT, AND SO MUCH MORE]**

**EVERY FRIDAY  
1-4:30 IN THE WELLNESS ROOM @  
COMMUNITY WELLBEING CENTRE**

**MORE INFO:**

**CHARLOTTELEES@GIRLSINCLIMESTONE.CA  
(343) 261-1194**

# MOHAWK COMMUNITY CENTRE

## Upper Level

CAPACITY: 289  
KITCHEN INCLUDED  
COSTS:

REGULAR - \$300  
GOVERNMENT - \$400

## Lower Level

CAPACITY: 305  
COSTS:

REGULAR - \$300  
GOVERNMENT - \$400  
KITCHEN USE = \$50

## FAQ

- \$100 DEPOSIT REQUIRED
- TABLES & CHAIRS AVAILABLE
  - SETUP IS THE RESPONSIBILITY OF THE RENTER



TO BOOK THE COMMUNITY  
CENTRE, PLEASE CONTACT  
TINA BRANT:  
HOUSING@MBQ-TMT.ORG  
613-396-3424 EXT. 104



# Martin's

## Beads & Craft Supplies

613-242-9130 613-242-9339

Tyendinaga Mohawk Territory

5731 Old Highway 2, Shannonville, ON K0K 3A0

• All size of Delicas and Seed Beads

• Dreamcatcher supplies

• Leather: Cord & Lacing

• Charms and Findings



• Ceremonial Leaf Tobacco, Sage, and Sweetgrass

Lisa Martin ~ martin\_family\_crafts@hotmail.com



follow us



### Now accepting new clients!

525A Dundas St. East, Belleville ON, K8N 1G4  
613-779-7757 • [evolve-neurofeedback.com](http://evolve-neurofeedback.com)

## Address *your* stress, today!

Life gets overwhelming and it becomes difficult to see the forest for the trees.

With **Neurofeedback and Psychotherapy** we can help by addressing a number of issues including emotional, behavioural, physical and cognitive issues.

### Feel your optimal best.



Improve Memory



Reduce Stress



Regulate Emotions



Sleep Better



Peak Performance



Reduce Anxiety



Improve Mood

Non-Insured Health Benefits (NIHB): First Nations individuals (with Status) are eligible for up to 22 hours of Psychotherapy every 12 months with a registered Service Provider (Evolve Psychotherapist). NIHB Program operates as part of the mental wellness programs of Health Canada.

# Lily Doll's Farm

122 AIRPORT ROAD • TYENDINAGA, ON • K0K 1X0 • 613-885-4732



Airport Rd.

Seros Rd.

Hwy 49 to Picton ↓

MEAT & VEGGIE MARKET

# *Belleville Bakery*

5379 Hwy #2 Shannonville

\*613.966.9490

Fresh Buns and Breads Made Daily From Scratch

- No Artificial Preservatives
- Exceptional Nutritional Value

**PLUS...**

**Melt In Your Mouth SWEET TREATS!**



***DON'T SETTLE FOR ANYTHING LESS THAN BELLEVILLE BAKERY FRESH!***

## ***Build-All*** **CONTRACTORS**

5427 HWY #2, TYENDINAGA TERRITORY  
SHANNONVILLE, ONTARIO  
K0K 3A0  
PHONE: 613.969.1315  
FAX: 613.969.9806  
E-MAIL: [office@buildallcontractors.ca](mailto:office@buildallcontractors.ca)



**GENERAL CONTRACTORS**



*~QUALITY WORK AND COMPETITIVE PRICES~*

- **30 years experience**
- **New home construction**
- **Residential and Commercial construction**
- **Driveways**
- **Brushing and Tree removal**





# ForeverYoung

A wellness centre  
dedicated to  
motherhood,  
children and families.

**Our Services:**  
Family Chiropractic  
Cold Laser Therapy  
Shockwave Therapy



ForeverYoung

14 York Road

Shannonville

613-966-5855

[www.foreveryoungchiro.ca](http://www.foreveryoungchiro.ca)

@foreveryoungchiropractic







info@lafc.ca

613-354-2726

(fax) 613-354-3585

35 Dundas Street East, Napanee

LEGION BRANCH 280  
MAIN STREET DESERONTO  
EVERY TUESDAY NIGHT  
DOORS OPEN AT 5:30  
BINGO STARTS AT 7:00  
CANTEEN AVAILABLE







# Natural gas is on its way!

Construction is starting soon on the **Mohawks of the Bay of Quinte Expansion Project**, providing the First Nation with access to affordable, reliable natural gas.

**We are here and available to answer any questions you may have regarding the application process!**

Connect with us at [ceapplications@enbridge.com](mailto:ceapplications@enbridge.com) or call our team at **1-833-356-2689**.



Proudly Serving Ontario | **175 YEARS**

55 wisk niwahsen wisk

# CLASSIFIEDS

## PROPERTY FOR SALE

Waterfront acres connects Bay with Sucker Creek on Gordon's Point  
Contact: 613-969-0239 or 716-264-4410, Basil & Pat Miller

## WANTED

Looking for 2-3 bedroom house, Hwy. 49 or east of.

Call Melinda, 613-813-1748

## WANTED

Looking for 0.5-1 acre land to buy or a 4-5 bedroom, 2 bathroom house to buy.  
Contact Paige Boomhour at 613-970-4049 or paigeboomhour@gmail.com

## HOBBY FARM FOR SALE

251 York Road

- 5 bedroom, 3,000 square foot brick house on 5 acres with a 4 car garage and inground pool
- 40x40 newer barn
- 24x28 older barn
- Tri-plex rental unit, providing \$3,000 monthly income

Call 613-962-9187 or 613-438-4898

## WANTED

We are currently looking for 2 or more acres on the TMT to build a family home. If you have available land, please contact Ashley or Michael McGuinness 613-438-9097 mcguinnessak@gmail.com

## WANTED

Two MBQ members seeking 2-3 bedroom house in TMT, rent or rent-to-own.

Contact Cathy at tootsmc@hotmail.com.

## HELP WANTED

Seeking part-time help in a food truck.

For details, call Mustang Sally at 613-661-4176.

## WANTED

Contact Matthew at matthew.roberts3@dcmail.ca

## FOR SALE

One year old 1,400 square feet, three bedroom, 2 full bathroom home on Tyendinaga Mohawk Territory. Large kitchen with an island. Comes with a refrigerator, flat top stove, microwave/oven combination and a dishwasher. The house has a full unfinished basement, a garage and sits on 141.27 feet wide by 648.62 feet deep or approximately 2 acres. (A survey will be done soon.) The price is \$410,000.

Please call 613-396-5931 if you are seriously interested or have any questions.

## FOR SALE

263 Gordons Road - Waterfront Property  
Asking \$620,000.  
Serious inquiries only.  
613-305-2230 or 613-813-9800

## FOR SALE

Krystal Clear Saltwater System for above-ground pools. Paid \$300 and it's been used for two seasons. Asking \$50.

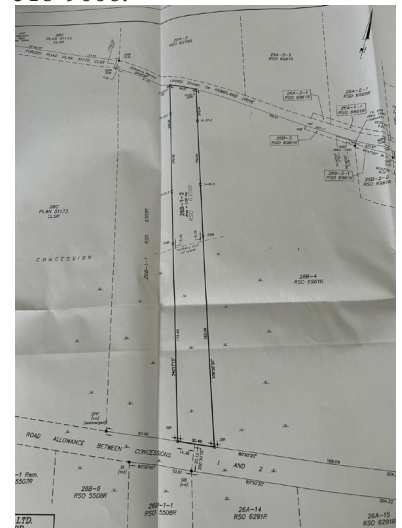
For more information, please call 613-962-4675.

## LAND FOR SALE

Lot 26B-1-2 Concession 1 (Homeland Drive)

Purchased in October 2021 and land survey completed in May 2023.

For more information, please contact Kristian at kristianhilts@gmail.com or 647-518-9006.



## WANTED

Seeking waterfront property for a new build.

Please contact Kristine John at kd-john001@outlook.com



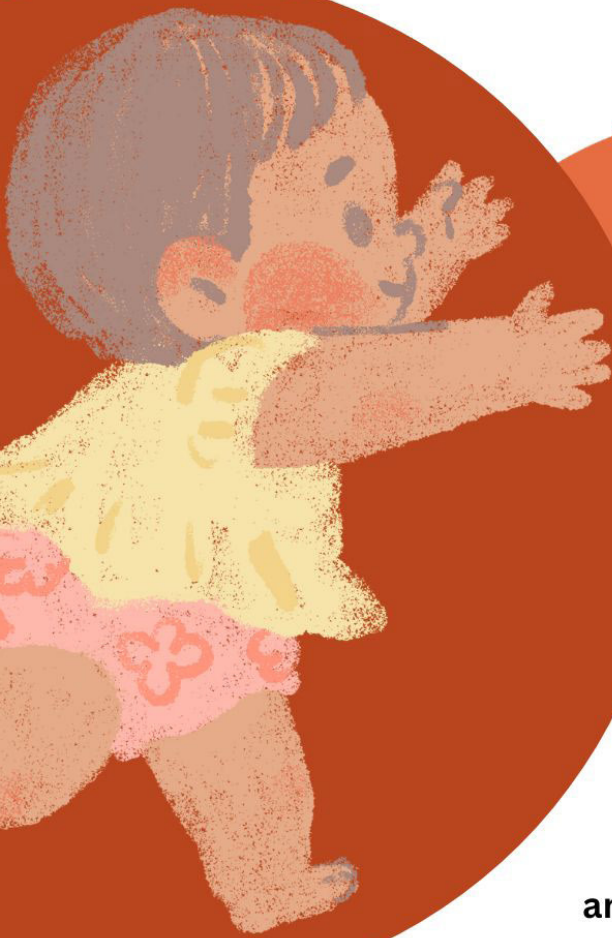


# BABY CIRCLE

**10 AM**

**Every Wednesday**

**Karionhiaktakie Sports Complex  
1935 York Rd, TMT**



**Lactation support**

**Healthy snacks provided**

**Bi-Weekly Nutritional Support**

**Intended for 18 months and under,  
and for those who continue to breastfeed**

**Contact Keelan Maracle for more information**

**613-967-3603 ext. 123**

**[fhcdhomevisitor@mbq-tmt.org](mailto:fhcdhomevisitor@mbq-tmt.org)**



# Postpartum Support Group

With  
Kenhte:ke Midwives  
&  
Lacey King of Reflective  
Healing Solutions



For clients and community members, who have given birth and are experiencing anxiety, stress, or depression and/or who are looking for a safe space to chat about mental health, feelings of sadness, wellness, self care, parental/partner guilt, isolation, personal experiences, coping methods and more

**Every Thursday starting November 2, 2023**

10am-12pm at Kenhte:ke Midwives

1979 York Road, Deseronto, On, K0K 1X0

for more information or to register, please contact Kaila White at  
613.396.2223 or [kaila.white@kenhtekemidwives.com](mailto:kaila.white@kenhtekemidwives.com)

Light refreshments provided



BOOK YOUR  
ROUND NOW AT  
***Tyendinaga  
Tee Time***

**\$50/HR for 1-4 Players**

2 Simulators Available



**CONTACT US**

Book @ [www.tytt.ca](http://www.tytt.ca)

or Call +613-319-6646



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KENHTÈKE ~TYENDINAGA MOHAWK  
TERRITORY  
CUSTOM TRADITIONAL CLOTHING  
RIBBON DRESSES, SHIRTS AND SKIRTS  
FABRICS

DARLENE E. MARACLE  
CELL: (416) 938-4157  
(613) 396-3458  
EMAIL: TYENDINAGA11@YAHOO.COM

• **Specializing in Indigenous Fabrics • Ribbon Skirt Kits • Gift Certificates •**  
**Order your ribbon skirts, dresses and shirts for upcoming ceremonies and holidays!**

# Anglican Parish of Tyendinaga

1295 Ridge Road

**Sunday, November 5th** - Remembrance Sunday ... 9:30 a.m.  
Holy Communion followed by Food and Fellowship

**Tuesday, November 7th** - 6:30 p.m. Bible Study

**Sunday, November 12th** - 9:30 a.m. Morning Worship  
followed by Food and Fellowship

**Tuesday November 14th** - 6:30 p.m. Bible Study

**Thursday November 16th and Friday November 17th** - 6 - 9  
p.m. each evening "Mistletoe Market on The Ridge" our  
second annual Vendors' Market and Cafe. A great place to  
begin your Christmas Shopping.

**Sunday November 19th** - 9:30 a.m. Holy Communion  
followed by Food and Fellowship

**Tuesday November 21st** - 6:30 p.m. Bible Study

**Sunday November 26th** - 9:30 a.m. Christ the King Sunday  
... Morning Worship followed by Food and Fellowship

**"All events are held at All Saints Anglican Church  
and Hall ~ 1295 Ridge Road, Tyendinaga Mohawk  
Territory"**



# Mobile Office



**Shelby Kramp-Neuman**  
MP, HASTINGS—LENNOX  
AND ADDINGTON

THIRD WEDNESDAY  
OF EVERY MONTH,  
10 A.M.-3 P.M.  
MBQ ADMIN OFFICE  
24 MEADOW DRIVE  
TYENDINAGA  
MOHAWK  
TERRITORY

DURING THESE MOBILE OFFICE SESSIONS, REBECCA WILKINSON, CONSTITUENCY ASSISTANT FOR MP KRAMP-NEUMAN CAN OFFER SUPPORT FOR:

- PASSPORT APPLICATION REVIEW
  - SERVICE CANADA
  - CANADA PENSION PLAN
  - DISABILITY PENSION PLAN
  - CANADA REVENUE AGENCY
  - VETERANS AFFAIRS
  - EMPLOYMENT INSURANCE
  - OLD AGE SECURITY
  - PHOENIX PAY ISSUES
  - FEDERAL SMALL BUSINESS PROGRAMS
- MUCH MORE!

WEDNESDAY  
NOVEMBER 15

CALL 613-473-0649, TOLL FREE AT  
1-866-471-3800 OR EMAIL  
REBECCA.WILKINSON.439@PARL.GC.CA  
TO BOOK AN APPOINTMENT.  
WALK-INS WELCOMED.



# RSV

Respiratory • Syncytial • Virus

- **DO NOT KISS** any baby that is **not living within your home.**

RSV is primarily spread through contact! complications can lead to severe lung illness, pneumonia, and death.



**don't kiss  
the babies**

## High Risk Babies

- Infants premature at birth and under 6 months of age
- Children born with heart defects and lung disease
- Children with compromised immune systems.
- Children with neuromuscular disorders



## Signs and Symptoms

- Runny nose, fever, cough.
- Short periods without breathing, trouble eating, drinking, or swallowing.
- Wheezing, flaring of the nostrils or straining at the chest or stomach when breathing.
- Breathing faster than normal or trouble breathing.
- Turning blue at the lips or fingertips.

## Prevention

- **RSV antibody vaccination** for infants below 8 months old.
- Also for 8 months to 18 months for children with chronic lung disease, and severely immunocompromised children.
- Wash your hands routinely with warm water and soap for at least 20n seconds.



**Stay home when feeling unwell. Regularly clean high touch areas like toys, doorknobs, and furniture.**



**Purchase your  
Two Row coffee &  
tea here!**

**TWOROW  
COFFEE & TEA  
COMPANY**

## Wellness, Skateboards & Specialty Drinks

5379 Old Hwy 2  
Tyendinaga  
Mohawk  
Territory

@shoppe.wavy  
f Wavy  
shoppe.wavy  
www.shoppewavy.com

# Wavy



Community Health in partnership with Belleville Public Health and  
Children's Oral Health Initiative

# FREE DENTAL SCREENINGS AGES 0-17

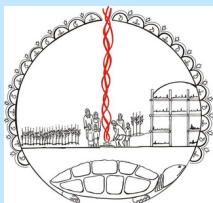


## Dental Screenings Fluoride Application Sealants

*FREE*  
**ELECTRIC  
TOOTHBRUSH**

When: November 21st, 2023  
Where: Community Wellbeing Centre  
Time: 1-3:00pm

**Open to on Territory Residents ONLY**



To Book an appointment call  
Hannah Hill 613-967-3603 ext. 166  
[chrcwb@mbq-tmt.org](mailto:chrcwb@mbq-tmt.org)

# Thursday Friday Saturday Sunday



## All-day Chicken & Rib Special

Served with Fresh-cut Fries

**\$15.99**

*Eat-in or pick-up*

## OUR HOURS

We are open 7 days a week for private events!

**MONDAY, TUESDAY & WEDNESDAY  
CLOSED TO THE PUBLIC**

**THURSDAY THROUGH SUNDAY  
OPEN AT 11:30 AM**



**501 DUNDAS ST,  
DESERONTO**

## All-day Halibut Special Eat-in or pick-up

Served with Fresh-cut Fries, Coleslaw, Tartar Sauce & Lemon



## Nan's Soup Kitchen

Your favourites are now available for pick-up to enjoy at home.

**24 OZ - \$12.99**

**Volume Discount Buy 3 - 9.99 each**

**Save 9.00**

### Beef & Barley

**Butternut Squash,  
Apple & Ginger**

**Carrot, Coconut &  
Red Curry**

**Chicken & Veggies**

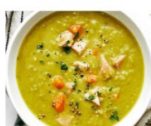
**Chicken, Veggies  
& Rice Noodles**

**Cream of Potato  
with Bacon**

**Ham & Split Pea**

**Vegan Pea**

**and more.....**



Enjoy live entertainment from 7:00 pm with "A Bit of Nostalgia".

*Dance the night away!*

A la carte Menu  
Doors open at 6:00 pm

Reservations  
Recommended



**All-day  
Old-fashioned  
Sunday Specials  
11:30 - 7 pm**

**Eat-in or pick-up  
Call for details**

## SPECIAL EVENTS

*We cater to any group size but 40 or more guests gives you the exclusive use of our venue!*

Our venue is available for your special event. Planning a Christmas or end of the year party, wedding, reception, birthday or anniversary event, corporate event, Celebration of Life?

*We would be delighted to make your special occasion an "Affair to Remember".*

**FOR MORE DETAILS  
PLEASE CALL US AT  
613-396-3333**



FAMILY DANCE  
TOBACCO AWARENESS

# GLOW IN THE DARK

*Party*

FRIDAY  
NOVEMBER 17  
5PM-8PM

COMMUNITY CENTRE  
1807 YORK ROAD

FEATURING:

**DJ DUSTIN**

REFRESHMENTS & SNACKS  
FACE PAINTING  
SELFIE PHOTO BOOTH  
COME SEE A PIG'S LUNG!

Open to MBQ members & On-territory residents only. For more information, please contact:  
Hannah Hill, CHR at [chrcwb@mbq-tmt.org](mailto:chrcwb@mbq-tmt.org).

65 ya:ya'k niwahsen wisk







# Alzheimer Society

HASTINGS - PRINCE EDWARD

**MBQ Community Health and Home Support Programs, in  
partnership with the Alzheimers Society of Hastings Prince  
Edward offer:**

## ***Memory Cafe***

*Are you worried about your memory and eager to  
learn ways to boost your brain.*

*Do you have early stage dementia?*

*Join us while we discuss brain health, practise brain  
boost strategies and gentle movement.*

**When: November 30th, 2023**

**Time: 1-3:00pm**

**Where: Elder's Lodge**

**To register contact: Hannah Hill 613-967-3603, ext. #166 or  
email [chrcwb@mbq-tmt.org](mailto:chrcwb@mbq-tmt.org)**

**\*\*Open to MBQ members or anyone living on territory\*\***



Indigenous  
Services Canada





CERTIFIED  
Aboriginal Business

Canadian Council for  
Aboriginal Business 

# Reclaiming Prosperity: Invest Your Day School or Water Settlement Funds

**CAROL ANN BUDD WELCOMES  
YOU TO DISCOVER YOUR PATH  
TO FINANCIAL WELLNESS TODAY.**

Financial reconciliation can offer opportunities to create profound change. Partner with a dedicated Indigenous financial expert, and let's ensure your funds become catalysts for a brighter future.

Scan this code to  
book a free 15-  
minute introductory  
call with Carol Ann.



Learn more at [www.woodlandwealth.com](http://www.woodlandwealth.com)





# world diabetes day

14 November



**“Community Health Program invites YOU to PARTICIPATE in our Annual Blue Light event in continuing our Diabetes prevention education”**

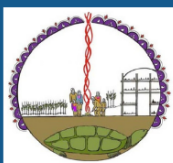
## HERE'S HOW IT WORKS!

- Pre-register by emailing your name & contact information & you will be given a Blue Light and an information booklet (participants must pick up on the Health Side at CWB).
- ON NOVEMBER 14, 2023 BETWEEN THE HOURS OF 6PM-8PM, DISPLAY YOUR BLUE LIGHT!
- CWC staff will tour TMT, if we see your blue light, your name will be entered into our grand prize draw!



**Registration opens November 1st & closes November 14th @ noon**

**To register: Email: [communityhealth@mbq-tmt.org](mailto:communityhealth@mbq-tmt.org)**



**Due to the nature of this event, it will be open to all on territory residents**







# MOHAWK PENTECOSTAL CHURCH

## WHEN WE MEET

1984 York Road  
Tyendinaga Mohawk Territory  
Ontario Canada  
K0K1X0

Church - 613.396.5329  
Parsonage 613.396.5325  
[www.tmpc.ca](http://www.tmpc.ca)  
[www.tmpc.ca/pastorsthoughts](http://www.tmpc.ca/pastorsthoughts)

## COMING EVENTS

Dec 10, 2023 Christmas Dinner TBA  
Dec 24, 2023 Christmas Eve Service 7pm  
Dec 31, 2023 New Years Eve Service

Stop in for Adult Sunday school 10 AM  
Sunday Service is 11AM  
Sunday Night Service 6:30 PM  
Wednesday Bible Study 7 PM

“It looked like the world was covered  
in a cobbler crust of brown sugar and  
cinnamon.”

Sarah Addison Allen

## HALL FOR RENT!

1295 Ridge Road, TMT

*Meetings - Birthdays - Anniversaries - etc.*

Book online at:  
[www.parishoftyendinaga.com](http://www.parishoftyendinaga.com)

or contact us by Email or Phone at:  
[parishoftyendinaga@gmail.com](mailto:parishoftyendinaga@gmail.com)  
613-962-2787

Want to get the word  
out about your  
business?

Want to advertise to  
the community?

Advertise With Us!

Email  
[communications@mbq-tmt.org](mailto:communications@mbq-tmt.org)  
for details!

# September

# October

# November

S	M	T	W	T	F	S
2023					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				2023

S	M	T	W	T	F	S
2023			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

# DECEMBER

# JANUARY

# FEBRUARY

S	M	T	W	T	F	S
2023					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/ 31	25	26	27	28	29	30

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			2024

S	M	T	W	T	F	S
2024					1	2
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

Mid Winter Holiday occurs in the New Year, date TBD. For schedule changes, please visit MBQ website/social media

WASTE EAST

RECYCLE EAST

WASTE WEST

RECYCLE WEST

HOLIDAY



