

Do You or Someone You Know Use Drugs?

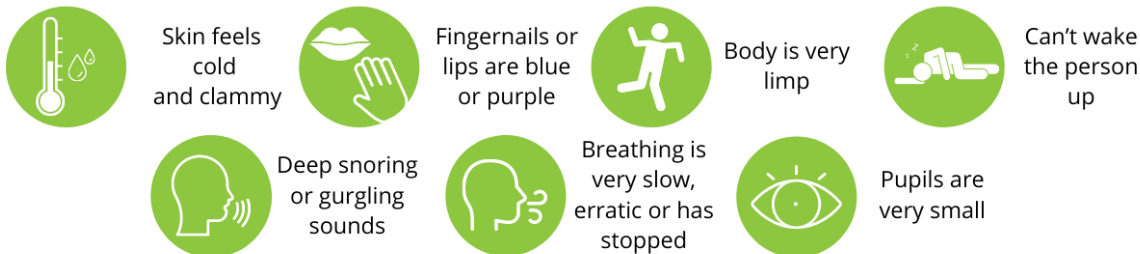
WARNING: Sudden increase in suspected opioid poisoning events on Nov. 1, 2023

Hastings Quinte Paramedic Services reported more than 20 opioid-related calls for service in Belleville yesterday. Belleville Police Services are aware of at least 10 suspected opioid-related poisonings that took place in a two-hour period yesterday afternoon. HPEPH has received confirmation from other community partners with similar reports. This represents a sudden and unexpected increase in the number of drug poisonings in our region. While HPEPH is continuing to investigate and monitor this increase, early anecdotal data indicates that the sudden increases in drug poisoning may be linked to a reported brown fentanyl.

What you can do to reduce your risk:

- Don't use drugs alone.
- Have a plan. Ask a person who you trust to stay with you or check on you.
- If you must use drugs alone, call the National Overdose Response Service at 1-888-688-6677.
 - If using with a friend, don't use at the same time, so someone can seek emergency assistance if needed.
- Avoid mixing drugs.
- Start with a small amount, to see how your body reacts.
- Always carry one or more Naloxone kits.
- Remember that Canada's Good Samaritan Drug Overdose Act protects from criminal charges if seeking medical assistance for someone else who has overdosed or is at risk, You will not be charged for possessing or using drugs of your own.

Here are the signs of an opioid overdose:



See an overdose?

- Call 9-1-1
- Give Naloxone
- Stay with the person
- Remember the Good Samaritan Drug Overdose Act

If you need help or have questions:



613-966-5500 | 1-800-267-2803
hpePublicHealth.ca

Naloxone is available at:

- Hastings Prince Edward Public Health (Trenton/Belleville/Bancroft/Picton)
- Belleville Quinte West Community Health Centre
- Grace Inn Shelter
- Bridge Street United Church
- Bancroft Community Family Health Team
- North Hastings Community Trust
- CMHA-HPE
- Central Hastings Family Health Team
- Quinte Health Care (Belleville, Picton, Trenton, and Bancroft ED)
- Community Partners for Success – Trenton: 613-965-1167
- PSSEO (Belleville, Trenton, Picton)
- OATC Belleville and Bancroft, Change Health Care Picton
- Participating Pharmacies: <https://www.ontario.ca/page/where-get-free-naloxone-kit>

For anonymous reporting of any overdose please visit:
[hpePublicHealth.ca/report-an-overdose](https://www.hpePublicHealth.ca/report-an-overdose)