

# MOHAWKS OF THE BAY OF QUINTE KENHTÈ:KE KANYEN'KEHÁ:KA



ISSUE 02/24

Enníhska  
(February)

Owenna'shòn:'a tewateweyénstha ón:wa tsi niwenhnì:tes  
(the words we are learning this month)

Konnorónhkhwa

See page 3 for more information

## ORÍ:WASE<sub>(news)</sub>





# MISSING



## Michelle

- 38 YEARS OLD
- 5'3" (160 CM)
- THIN BUILD
- LONG, DARK HAIR
- BROWN EYES
- MUKLUK BOOTS

**LAST SEEN** on January 9, 2024 in Tyendinaga Mohawk Territory near the intersection of Highway 2 and York Road in Shannonville.

Investigators are looking for anyone with dashcam, doorbell or surveillance footage in that area between 3 and 8 a.m. on January 9.

Investigators are also looking to speak with the driver or owner of a small grey car that stopped at a business at York Road and Atsia Court around 6 a.m. on the 9th.

Anyone with information is asked to call:

OPP at 1-888-310-1122 or

Crime Stoppers at 1-800-222-8477.





# COMMUNITY MESSAGES and ANNOUNCEMENTS

## NOTICE: OFFICE CLOSURE

***All MBQ offices will be closed Monday, February 19 for Family Day and Friday, February 23 for Midwinter!***

## Happy Birthday!

Big Happy Birthday Nita -  
Feb. 14  
Love your favourite sister!

Happy Birthday Mike -  
February 14th  
Love Marilyn & Rick

Happy Birthday Joy - February  
24th  
Love Marilyn

Happy Birthday DJ - February  
26th  
Love Aunt Marilyn & Uncle  
Rick

Happy Birthday Alecia -  
February 28th  
Love Aunt Marilyn & Uncle  
Rick

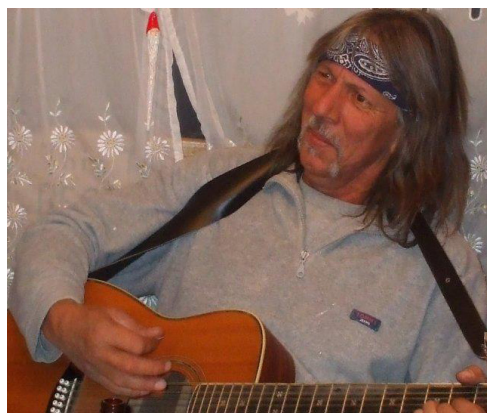
Happy Birthday Rain!  
Love Auntie, Jeffy and Curly

Happy Birthday Steven -  
February 6th

*Happy  
Birthday*

Lotsa love, Hunny & Teddy  
Turtles!

## In Memoriam



In loving memory of a wonderful brother, brother-in-law, uncle, cousin and friend  
Norman (Kokoma) Carr-Braint who is missed so very much.

October 10, 1959 - February 11, 2010

It's hard to believe it's been 14 years already

Though you've passed on before us, you are always in our hearts

And though we are not together, we will never be apart

To lose you in your younger years leaves such an empty space

Our only consolation is you are in a better place

Put your arms around him and treasure him with care

For you have in your possession, a brother beyond compare.

Forever loved and never forgotten.

Carol & Manson, Harry, Betty, Billy & Nancy, MJ & Bill, Marilyn & Rick, Mike &  
Wanda, Tracey & families.

**Deadline for March: February 21 at 12 p.m.**

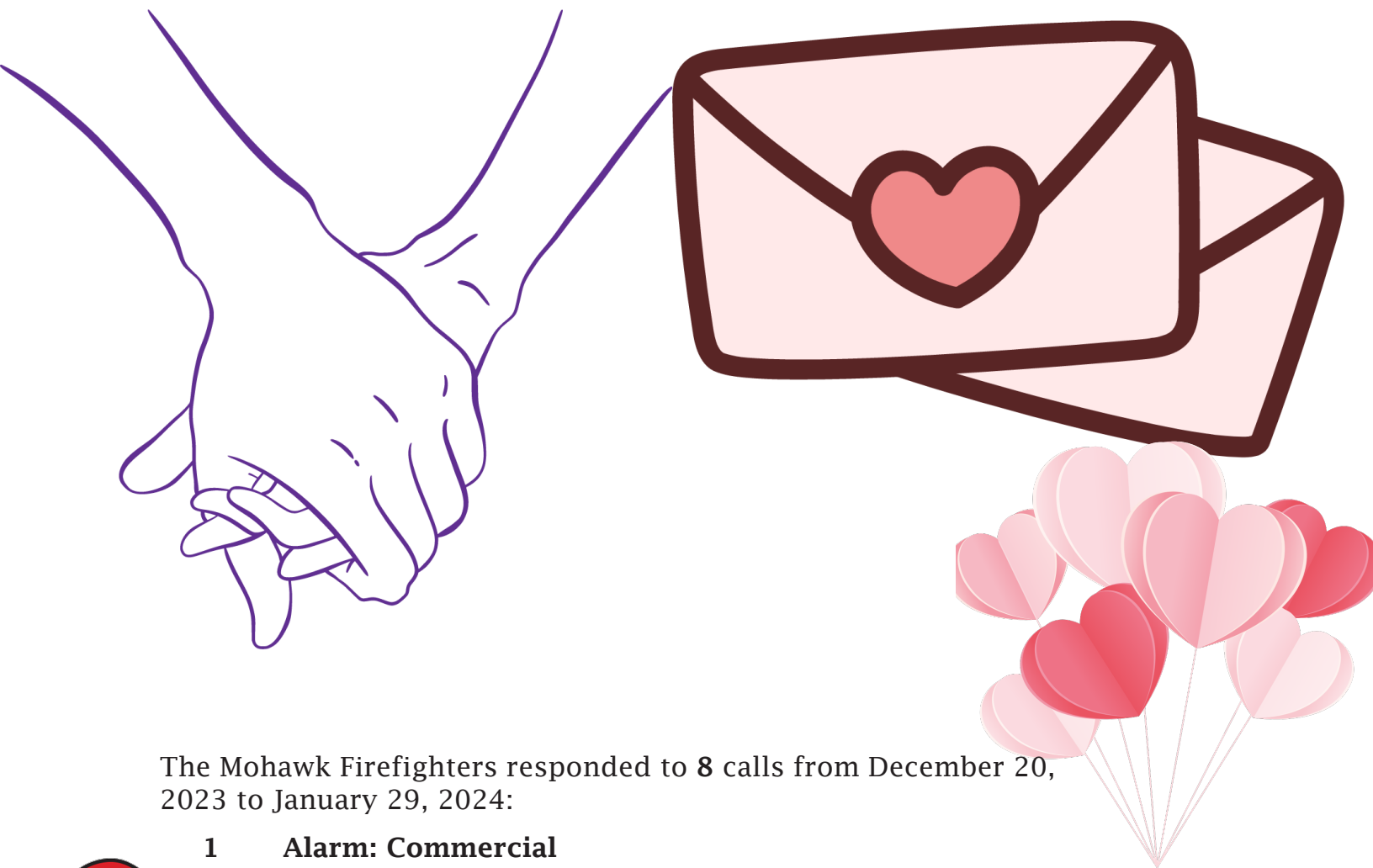


# Owenna'shòn:'a tewateweyénstha ón:wa tsi niwenhni:tes

(the words we are learning this month)

## Konnorónhkhwa

I love you (you speaking to one person)



The Mohawk Firefighters responded to 8 calls from December 20, 2023 to January 29, 2024:



- 1 Alarm: Commercial
- 1 Brush Fire
- 1 Carbon Monoxide Alarm
- 1 Medical: Assistance
- 1 Medical: Emergency
- 2 Motor Vehicle Collision
- 1 Mutual Aid

This brings the total calls to 136 for 2023.  
This brings the total calls to 5 for 2024.



# February Vocabulary

Enníska – February  
means: time of lateness, the days grow long

Tekátshia'ks – my lips are chapped  
lokwi:tano – when it's freezing outside and your  
nostrils stick together

Ohsa'kén:sera – frost, freezing fog

Yaonhará:yen – frost below the ground

Wa'tewakehsennitentá:ko – I got frost bite

Tenshahshenni'tentá:ko – you will get frost bite

Tewakenawiro'ókhons – my teeth are chattering

Yothó:re – it's very cold

Tekonnonhwerá:tons ne Kanoronhkhwáhtshera

Awenhnísera – Happy Valentine's Day

Kanoronhkhwáhtshera Awenhnísera –

Valentine's Day

Kanoronhkhwáhtshera Niwenhniserá:te –

Valetine's Day

Konnorónhkhwa – I love you (you speaking to one  
person)

Kwanorónhkhwa – I love all of you (you speaking  
to more than 2 people)

Katatenorónhkhwa – I love myself

Tyóthkon enkonnorónhkhwake – I will always  
love you

Kerontahrhá:raks – I put a notch in a tree, tapping  
a tree (to get sap)

Karontókha's – I tap trees (to collect sap for  
syrup)

Wa'karontókha'ne' – I tapped trees

Wakarontokhá:on – I have tapped trees

Wáhta – hard maple, sugar maple

orontákeri – maple sap

Wáhta óhsehs – maple syrup

Ikhshehstón:nis – I make maple syrup

Wa'khshehstón:ni' – I made maple syrup

Wakhshehstón:nih – I have made maple syrup





# **FEBRUARY MEETINGS OF TYENDINAGA MOHAWK COUNCIL**

## **REGULAR**

**Wednesday, February 7 - 9:30 a.m.**

**Wednesday, February 21 - 9:30 a.m.**

## **LOCAL BUSINESS**

**Wednesday, February 14 - 7 p.m.**

**Wednesday, February 28 - 7 p.m.**

## **AGENDA DEADLINES FOR LOCAL BUSINESS MEETINGS**

**Wednesday, February 7 - 12 p.m.**

**Wednesday, February 21 - 12 p.m.**

**Requests to meet with council can be sent to Shelley  
Bowden, Recording Secretary to Council at  
[shelleyb@mbq-tmt.org](mailto:shelleyb@mbq-tmt.org)**



**TYENDINAGA MOHAWK COUNCIL MINUTES**  
**NOVEMBER 28, 2023**

A meeting of the Tyendinaga Mohawk Council was held on Tuesday, November 28, 2023 at 4:00 p.m. in the Council Chambers for Local Business.

Present: Chief R. Donald Maracle

Councillors: Stacia L. Loft, joined by Teams, Carl E. (Ted) Maracle and Chris Maracle

Absent: Josh Hill

Staff: David Souliere, CAO, joined by Teams; Angela Maracle, Senior Director of Operations; Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council;

Absent: Amsey Maracle, Executive Assistant to the Chief;

MOTION #7: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to approve signing the Indigenous Services Canada Comprehensive Funding Agreement #2122-ON-000027, amendment #0047 in the amount of \$141,080.25 for 2023-2024 Elementary/Secondary Education Budget Allocation and amendment #0048 in the amount of \$40,000.00 for addition to Reserve funding.

Carried.

MOTION #8: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to acknowledge the Bank of Montreal (BMO) Mortgage Loan Report.

Carried.

MOTION #9: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to approve signing the Canada Mortgage and Housing Corporation (CMHC) 2023-2024 Section 95 Loan Agreement in the amount of \$1,955,600.00 to build 12 Net Zero Ready Tiny Houses and purchase 2 Tiny Homes for Emergency Accommodations.

Carried.

MOTION #10: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle to approve to pay the Miller Thomson invoice #3933850 in the amount of \$2,260.00 regarding Foresters Island.

Carried.

MOTION #11: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle to approve to pay the Hicks Morley invoices #558850 - \$423.00 – Dated February 26, 2021; #564548 - \$893.00 – Dated March 29, 2021; #564549 - \$611.00 – Dated March 29, 2021; #574719 - \$329.00 – Dated June 30, 2021; #574720 - \$611.00 – Dated June 30, 2021; #581099 - \$376.00 – Dated August 31, 2021; #586303 - \$470.00 – Dated October 29, 2021; #604531 - \$2,277.00 – Dated March 31, 2022; #604532 - \$8,714.50 – Dated March 31, 2022; #622991 - \$3,168.00 – Dated September 29, 2022; #622992 - \$247.50 – Dated September 29, 2022; #630075 - \$247.50 – Dated November 29, 2022; #634343 - \$643.50 – Dated December 20, 2022; #634344 - \$3,168.00 – Dated December 20, 2022 all regarding Human Resources.

Carried.

MOTION #12: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle to approve the Tahatikonhsotontie Head Start Program Safe Arrival and Dismissal Policy effective January 1, 2024.

Carried.

MOTION #13: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to approve the Eksa'okon:'a Childcare Centre Safe Arrival and Dismissal Policy effective January 1, 2024.

Carried.



MOTION #14: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to defer the Housing Rental Selection Committee Terms of Reference for the new Council to review.

Carried.

MOTION #15: Moved by Chris Maracle, seconded by Carl E. (Ted) Maracle to defer the Royal Bank of Canada (RBC) Mortgage Loan Program policy for the new Council to review.

Carried.

MOTION #16: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle to approve signing the Hydro One connections for the 5 houses on the Upper Slash Road.

Carried.

MOTION #17: Moved by Carl E. (Ted) Maracle, seconded by Chris Maracle that this meeting be adjourned. (6:47 p.m.)

Carried.

Recorded by: Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council  
Original Signed by: Chief R. Donald Maracle

### **TYENDINAGA MOHAWK COUNCIL MINUTES DECEMBER 18, 2023**

A meeting of the Tyendinaga Mohawk Council was held on Monday, December 18, 2023 at 10:30 a.m. in the Council Chambers.

Present: Chief R. Donald Maracle

Councillors: Chase Ogwari Brant, Chris Brant, Kurtis Brant, Erin Ferrante, Lynda Leween and Chris Maracle  
Staff: Angela Maracle, A/CAO; Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council; Amsey Maracle, Executive Assistant to the Chief;

Chief Maracle opened the meeting with the Ohenton Karihwatehkwen and also provided the Lord's Prayer in Kanyen'keha and in English.

MOTION #1: Moved by Chris Maracle, seconded by Chase Ogwari Brant to adopt the Agenda.

Carried.

Council recited and signed the Oath of Office Documents. Council also read and signed the MBQ Confidentiality Agreement.

MOTION #2: Moved by Erin Ferrante, seconded by Lynda Leween to approve the Tyendinaga Mohawk Council meetings for January and February 2023 as follows:

Regular – January 10 & 24, 2023 at 9:30 a.m.

Local Business – January 17 & 31, 2023 at 7:00 p.m.

And

Regular – February 7 & 21, 2023 at 9:30 a.m.

Local Business – February 14 & 28, 2023 at 7:00 p.m.

Carried.

MOTION #3: Moved by Chris Maracle, seconded by Kurtis Brant that the Tyendinaga Mohawk Council hereby approve Chief Maracle to remove the Queen Anne Silver from the Bank of Montreal vault for the Parish Christmas Eve Service on December 24, 2023.

M.C.R. #2023/24-046.

Carried.

MOTION #4: Moved by Erin Ferrante, seconded by Chase Ogwari Brant to approve the following meeting Outside the Territory:

Chief: attending a meeting with Indigenous Services Canada (ISC) regarding Infrastructure and Housing date to be determined.

Carried.

Chief Maracle requested a report on the short falls in funding for the Non Insured Health Benefits.

Council would like to host a Swearing in Ceremony in January 2024.

Council confirmed the following scheduled meetings:

- January 17, 2024 – 7:00 p.m. Tyendinaga Mohawk Council Local Business
- January 24, 2024 – 9:30 a.m. Tyendinaga Mohawk Council Regular
- January 31, 2024 – 7:00 p.m. Tyendinaga Mohawk Council Local Business
- February 7, 2024 – 9:30 a.m. Tyendinaga Mohawk Council Regular
- February 14, 2024 – 7:00 p.m. Tyendinaga Mohawk Council Local Business
- February 21, 2024 – 9:30 a.m. Tyendinaga Mohawk Council Regular
- February 28, 2024 – 7:00 p.m. Tyendinaga Mohawk Council Local Business

MOTION #5: Moved by Lynda Leween, seconded by Erin Ferrante that this meeting be adjourned. (11:30 a.m.)

Carried.

Recorded by: Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council

Original Signed by: Chief R. Donald Maracle



# Tune in to Tyendinaga Mohawk Council LIVE!

ALL REGULAR MEETINGS OF TYENDINAGA MOHAWK COUNCIL WILL BE LIVE STREAMED ON THE MBQ YOUTUBE CHANNEL!

TO MAKE SURE YOU DON'T MISS A MEETING, SUBSCRIBE TO OUR CHANNEL AT:

**[YOUTUBE.COM/@MOHAWKSOF  
THEBAYOFQUINTE2971](https://www.youtube.com/@MOHAWKSOFTHEBAYOFQUINTE2971)**

TMC AGENDAS WILL BE MADE AVAILABLE THE DAY BEFORE EACH MEETING AT:

[MBQ-TMT.ORG/COUNCIL-AGENDAS](https://mbq-tmt.org/council-agendas)

**DISCLAIMER: COMMENTS OF INDIVIDUAL MEMBERS MAY NOT NECESSARILY REFLECT THE OPINION OF THE WHOLE COUNCIL.**



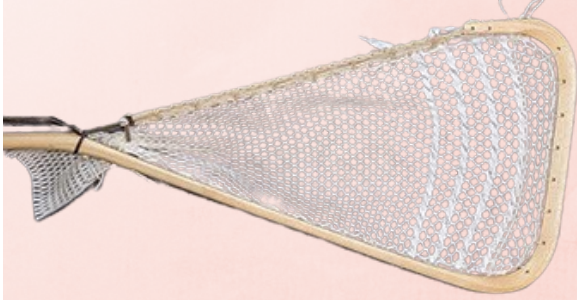


Congratulations to the young women who have been selected play for the Haudenosaunee Jr. Selects in the upcoming USBOXLA Winter Nationals in Irvine, California!

- Ella Boomhour
- Bella Yakowen:nare Brant
- Alexis Brennen
- Jaeden Hill
- Gabrielle Jette
- Josie Leween
- Carleigh Maracle
- Caroline Markland







# *Shé:kon Family & Fellow Community Members*



**My name is Carleigh Maracle, and I have been offered a tremendous opportunity!**

**I just turned 16 years old and I am heading into my third season as goalie for the Tyendinaga Thunderbirds. And, I have loved every minute of it!**

**I am honoured to announced I have been offered a Goalie position on the U17 Haudenosaunee Box Lacrosse team! AND, we are travelling February 13, 2024 to play in the USBOXLA Winter Nationals in Irvine, California. Our team is made up of athletes from both Tyendinaga and Akwesasne.**

**I am seeking sponsorship from your business so that I can achieve my goal of attending the Lacrosse Winter Nationals. There are many expenses, including Tournament fees, apparel, plane tickets, hotel rooms, food etc.. Any assistance is deeply appreciated, not only by me, but my entire team. We all are only able to attend these prestigious sporting events because of the generous contribution made by individuals and businesses here in Tyendinaga.**

**This is a once in a lifetime opportunity, and I am super excited to give it my all and make our community proud!**

**Please help me make my dream come true!**

**Nyawenhkó:wa from the bottom of my heart!**

**Carleigh**

Funds in support of Carleigh's trip to California with the Haudenosaunee Jr.

Selects can be sent to:


[lindadianneparker@gmail.com](mailto:lindadianneparker@gmail.com)







# Spaghetti Dinner Fundraiser



## & Pie/Cake Auction



**WHERE: MOHAWK COMMUNITY CENTRE (DOWNSTAIRS)**

**WHEN: SUNDAY, February 25th 2024**

**TIME: 4:00 PM—6:00 PM**

**COST: \$15.00 per plate**

**\$10.00 per plate for Seniors 55+ & Children under 12**

**(Includes spaghetti & meat sauce, caesar salad, garlic bread & drink)**

**Homemade cake and pies will be auctioned off in a "ticket in the bucket" format starting at 4:30 pm Draw will take place at 6:00 pm**

**Bidders may buy as many tickets as they like. Bid on any item(s) they want by placing one or more tickets in the "bucket" beside the item(s) they are trying to win. At the end of the bidding, one winning ticket is drawn from the "bucket". You do not have to be present to win a pie or cake but do however need to come and pick up your item.**

**All proceeds to the Tyendinaga Thrashers U7, U11, U13 and two U18 Teams attending the LNHL March Break 2024**





ENYONKWA'NIKONHRIYOHAKÉ'

presents

# BACK *to* 80's *Family Party*

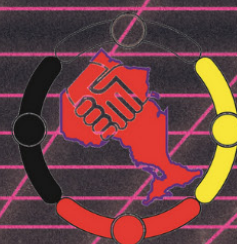
FRIDAY FEBRUARY 16, 2024  
MOHAWK COMMUNITY CENTRE

FEATURING:

**THE TOTALLY TUBULAR  
DJ DUSTIN**

THE BODACIOUS PARTY KICKS  
OFF AT 6:00PM BUT EVERYONE  
NEEDS TO BOUNCE BY 9:00PM

BRING YOUR LETTUCE AS SNACKS AND  
DRINKS WILL BE AVAILABLE FOR  
PURCHASE







# PRE-APPRENTICESHIP/ CAREER TRAINING

**44-WEEK  
PROGRAM  
TO START:  
SPRING 2024**

Open to  
Applicants  
Between the  
Ages of 18 - 30

Ontario Works  
or  
ODSP Recipient

**Application  
Deadline:  
March 1 2024  
at 4:30pm**



Are you an Indigenous person between the ages of 18-30 and currently a recipient of Ontario Works or ODSP and interested in pursuing an apprenticeship? ALFDC is offering a 44-week Pre-Apprenticeship Training Program. You will receive 3 weeks of in-class training and 41 weeks of job placement. Now is your chance to gain valuable skills and training in a high demand sector!

## TRAINING MODUALS

- Occupational Health and Safety
- Confined Space Entry
- Safe Work Practices
- WHIMIS
- Aerial Lift / Fall Protection
- Working at Heights
- First Aid and CPR
- Literacy and Basic Skills

**TO APPLY  
CONTACT:**

**KIRSTIN SPARKS AT  
TRAINING@ALFDC.ON.CA  
OR CALL  
613-319-0451**





# PENSIONS & SOCIAL INSURANCE NUMBER CLINIC

A Service Canada Representative will be at our training centre February 6 from 9:00am-2:30pm to provide Pensions Services and Social Insurance Numbers. For those requiring their SIN, please ensure you provide the original Canadian Birth Certificate/Canadian Citizenship with a Government Photo ID. For Pensions, please know your SIN, and bring in a Government Photo ID

Acceptable ID's Include: Status Card, Health Card, Drivers License, etc.  
Please ensure that all identification is up to date.

Please refer to the Service Canada handout for documents required to register  
Walk-ins are welcome, but those with an appointment are first priority.



**Please Email Kirstin Sparks at  
[training@alfdc.on.ca](mailto:training@alfdc.on.ca) to book your appointment**

9:00am - 2:30pm, February 6, 2024  
274 HWY 49, Deseronto, ON. K0K 1X0



kaye:ri yawen:re 14

## **From the Research Department...**

### **“Sero” and “Moses” names at the Mohawks of the Bay of Quinte**

Is the Sero name and Moses name connected? Are they the same family? The Research Department has uncovered documents that may tell us may help us answers these questions.

According to records we have so far, “Sero” appears to be the earlier name. It is found in a St. George's, Kingston, Church Record from 1818. The name is also found in the St. Thomas', Belleville, Church Records spelled “Serault” in 1830. It may have a French origin from the time the Fort Hunter Mohawks spent at Lachine. “Moses” is not a MBQ surname in the St. George's, Kingston Church Records, or the early St. Thomas' at Belleville Church Records.

In 1833, the Missionary Saltern Givins recorded the baptismal of “Margaret Moses” child of Jacob & Margaret Moses. This might be the first use of “Moses” as a surname for MBQ. In 1836, Missionary Givins stated that James & Christeen “Sero or Moses” had a daughter Mary. In the 1830s the Mohawk Church recorded the “Sero” name, also sometimes spelled “Serolt”. It looks like there were some “Sero” families that could be “Sero” or “Moses” and there were other “Sero” families that stayed just “Sero”.

The 1834 annuity payment list shows a Moses Sero with family, John Sero with family and Esther Sero (who might have been John's sister). There is a Jacob Moses with family. But in other documents this Jacob “Moses” is known as Jacob “Serault”. In the 1860 census done by Indian Affairs, there are both “Moses” families and “Sero” families. The “Moses” names listed are: James Moses Sr., James Moses Jr., Peter Moses, Jacob Moses Sr., and Jacob Moses Jr. The “Sero” names listed are: Dennis Sero, Jacob Sero, Abram Sero, Margaret Sero and Moses Sero. Most seem to be connected to Dennis Sero Senior who was the father of John Sero (who went to Six Nations), Esther Sero (who married at Six Nations), and Abram Sero, who stayed at the Bay of Quinte.

In the 1871 census done by Indian Affairs there are still “Moses” families and “Sero” families. However, there are instances when someone was known officially as “Moses” but in their own lives they used the surname Sero. For example, although officially listed as “Nelson Moses”, Nelson also used the name “Nelson Sero”. We have not found a document which explains why some people known as “Sero” became known as “Moses” especially in official lists. It might have to do with the Missionary Saltern Givins as (so far as we know now) he is the first to record “Moses” as an alternate surname to “Sero”.



The alternative spelling, "Scero" appears to be a 20th century modification. Several families known officially as "Sero" used the spelling "Scero" in birth, marriage & death records, and in census reports. According to a report by Kungol Nate in 2006, the name "Sero" is connected to the surname Deer. The French word for deer is "cerf". Even today in 2024, there are still "Sero" families and "Moses" families.

**Join Haley, Trish and Steven  
for  
"Kahwa'tsire"  
Mohawk Family Genealogy**

**Every 2<sup>nd</sup> Tuesday of the month  
from 6:30 pm - 8:00 pm  
Limited space: 12 people**

**Via Zoom**

**Hosted by Kanhiote Library  
Brought to you by MBQ Research Department**

**If you would like to be part of the  
zoom session please email Haley at  
kanhiotelibrary@gmail.com and she will send  
you a zoom invitation. Please let her know  
what information and or people you are  
researching.**

# Coming soon!!!

## “Honouring Women’s Day”

~For women 16 and up

Ladies!! Mark your calendars for March 9, 2024

10 a.m. – 4 p.m. @ Community Centre

First 200 ladies in will receive a bag

First come first served - **no pre-registration**

Nails



**\$10** per person gets you:

**Make-up**

**Haircut and/or  
style !!**



Massages!!



There will be door prizes, a light lunch and much more

Hosted by Red Cedars Shelter, IVS,  
MFS, Good Minds, Community  
Health & Family Wellbeing







# ALL-SORTS- OF-SPORTS



QUINTE MOHAWK SCHOOL  
GYMNASIUM

## Game Rotation

Futsal Soccer

Basketball

Floor Hockey

Dodgeball

Volleyball



Wednesdays from 6:00pm to 9:00pm

12-Weeks

Cost: \$200 a team

Minimum 8 players on each team

Ages 16+

Start Date - February 14th

To register a team email Emma at [CARA@mbq-tmt.org](mailto:CARA@mbq-tmt.org)



# BABY CIRCLE

Every Wednesday

Location: 1935 York rd at  
the Canteen

Time: 10:00am-11:00am

Who: Parents and Babies  
Babies aged: 0-18month

## DISCOVER WHAT WE DO AND WHAT WE HAVE TO OFFER!

Our focus is on the developmental tasks  
of your baby and the health and wellbeing  
of you and your family.

- Teaching what to expect as your baby grows and develops
- Developmental Screening
- Fun ways to help your child develop new skills
- Bonding with your baby
- Feeding your baby-breastfeeding and when to start solids.
- Access to a lactation consultant
- A scale to record your babies weights as they grow
- Talks about healthy eating habits for you and your family
- Sleep challenges
- The opportunity to learn and engage with other families and babies.





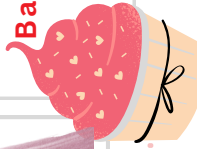


## FOR MORE INFORMATION PLEASE CONTACT:

The Family Health and Child  
Development Team  
[FHCDDProgramming@mbq-tmt.org](mailto:FHCDDProgramming@mbq-tmt.org)



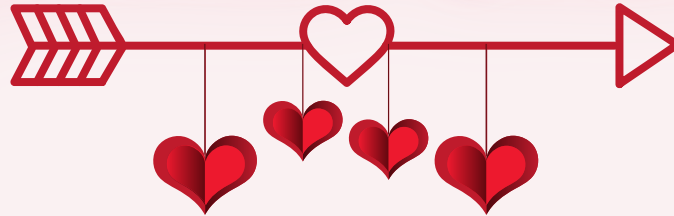
# FEBRUARY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Notes
28	29	30	31 Creative Play	1	2	3	<b>Baby Circle Calendar</b> <b>Special Event Feb 14th,</b> <b>Mini mommy and me</b> <b>photo session with</b> <b>Madison Emily</b> <b>Photography! Please see</b> <b>flyer for more details.</b> <b>Every Wednesday</b> <b>Location: 1935 York</b> <b>rd at the Canteen</b> <b>Time: 10:00am-</b> <b>11:00am</b> <b>Who: Parents and</b> <b>Babies</b> <b>Babies aged: 0-</b> <b>18month</b>
4	5	6	7 Sensory Play	8 	9 	10	
11 	12	13	14 Valentines Mini Photo Session	15	16	17	
18	19	20 	21 Balance: Core Building Skills	22	23	24	
25	26	27	28 Story Time	29	2	4 	

Siblings who are not yet in school are also welcome to attend!

# BABY CIRCLE

*Special Event*



## MOMMY AND ME Mini PHOTO SHOOT



**With Madison Emily Photography**  
**@madisonemilyphotography**

Please join us at  
Baby Circle on  
Wednesday  
February 14th from  
10:00-11:00 at 1935  
York rd at the  
Canteen



**WHO: MOMS AND BABIES**  
**BABIES AGED: 0-18MONTH**  
**MUST BE MBQ COMMUNITY MEMBER**

*XOXO*



Tahatikohsotontie Head Start

# DROP-IN PROGRAM



**Mondays & Thursdays 9:30–11:30AM**

The Drop-in Program is intended for Families with Children aged 0–6

We will be offering information sessions and craft opportunities for parents once a month

Stories  
& Songs

Mohawk  
Language

Cultural  
Teachings

Interactive  
Activities

Creative  
Workshops

9 Deserontyon Drive, Tyendinaga Mohawk Territory



MPC Presents Annual

# VALENTINE'S DINNER

**14** FEBRUARY

AT 6PM, DOORS OPEN AT 5:30PM

Mohawk Pentecostal

1984 York Road Tyendinaga



**SPECIAL GUESTS: VOCAL LEGACY**

**TICKETS: \$20/PERSON CALL 613-396-5329**



# Good Food Box



## Calendar For 2024

**New Fire Hall ( 39 Meadow Drive, TMT)**

Order By 4:30pm	Order Arrives Pick-up 1-3pm
Tuesday. Jan.16, 2024	Tuesday. Jan 23, 2024
Tuesday. Feb 20, 2024	Tuesday Feb 27, 2024
Tuesday. March 19, 2024	Tuesday, Mar 26, 2022
Tuesday. April 16, 2024	Tuesday. April 23, 2024
Tuesday. May 21, 2024	Tuesday. May 28, 2024
Tuesday. June 18, 2024	Tuesday. June 25, 2024
Tuesday. July 16, 2024	Tuesday. July 23, 2024
Tuesday. Aug 20, 2024	Tuesday. August 27 2024
Tuesday. Sept 17, 2024	Tuesday Sept 24 2024
Tuesday. Oct 15, 2024	Tuesday October 22 2024
Tuesday. Nov 19, 2024	Tuesday Nov 26, 2024
Tuesday. Dec 10, 2024	Tuesday Dec 17, 2024

**Veggie Bag \$10.00**

**Fruit Bag \$5.00**

For more info call

Vanessa, at CWC

613-967-3603

Ext#161

**COMMUNITY HEALTH**

# 37TH ANNUAL TYENDINAGA TRADITIONAL GATHERING

Save the date for the 2024 Pow Wow!!

More information will be shared in the coming months, so please stay tuned to the 'Tyendinaga Traditional Pow Wow' group on Facebook:

<https://www.facebook.com/groups/211095399017328>



*2nd Year Female Chelsen Neepin*



*2nd Male Victor Tubetubung*



August 10 &  
August 11, 2024



Tsi Tkerhetoten  
Park, 275 Bayshore  
Road, TMT





**COMMUNITY HEALTH  
PRESENTS**

# **“HAVE FUN, EAT HEALTHY” WITH US!**

**DELICIOUS & HEALTHY MEALS THAT ARE CREATED  
HANDS ON TEACHING WITH COOKING WITH JODI IN  
THE KITCHEN**

**JOIN US FOR  
IDEAS ON  
MEAL PREP  
AND  
HEALTHY  
CHOICES**

**THURSDAY MARCH 7, 2024  
FREE ENTRY**

**SPORTS COMPLEX  
1935 YORK ROAD  
TMT, ON**

**Mark your  
calendars!**

**Two sessions to choose from**

**2-4pm**

**5-7pm**

**Each session  
is limited to  
20  
participants**

**YOU'RE  
INVITED**

**Registration will open: Monday**

**February 12, 2024**

**Email: [communityhealth@mbq-tmt.org](mailto:communityhealth@mbq-tmt.org)**



# KEEP MBO UP-TO-DATE

**Government of Canada / Gouvernement du Canada** 3529030

**CERTIFICATE OF INDIAN STATUS - CERTIFICAT DE STATUT D'INDIEN**

**Your Picture Here**

This is to certify that / Le présent atteste que

Family Name - Nom de famille  
**JONES**

Given Names - Prénoms  
**JOHN CARL**

Alias - Nom d'emprunt  
**JOHNNY**

Registry No. - N° de registre  
**4360000000**

is an Indian within the meaning of the Indian Act, chapter 27, Statutes of Canada (1985),  
est un Indien au sens de la Loi sur les Indiens, chapitre 27 des Lois du Canada (1985).

**IF YOUR CONTACT INFORMATION OR MARITAL STATUS CHANGES OR IF THERE'S A DEATH IN THE FAMILY, PLEASE CONTACT MEMBERSHIP TO MAKE THE NECESSARY UPDATES**

Bonnie Maracle  
E: [bonniem@mbq-tmt.org](mailto:bonniem@mbq-tmt.org)  
P: 613-396-3424 x 110

Bonny 'Bear' Maracle  
E: [bonnym@mbq-tmt.org](mailto:bonnym@mbq-tmt.org)  
P: 613-396-3424 x 132

## REMINDERS

- By appointment only, Monday-Friday, 8:30 a.m. to 4:30 p.m.
- You will need TWO pieces of photo I.D. for renewals



# Mobile Office



**Shelby Kramp-Neuman**  
MP, HASTINGS—LENNOX  
AND ADDINGTON

THIRD WEDNESDAY  
OF EVERY MONTH,  
10 A.M.-3 P.M.  
MBQ ADMIN OFFICE  
24 MEADOW DRIVE  
TYENDINAGA  
MOHAWK  
TERRITORY

DURING THESE MOBILE OFFICE SESSIONS, REBECCA WILKINSON, CONSTITUENCY ASSISTANT FOR MP KRAMP-NEUMAN CAN OFFER SUPPORT FOR:

- PASSPORT APPLICATION REVIEW
  - SERVICE CANADA
  - CANADA PENSION PLAN
  - DISABILITY PENSION PLAN
  - CANADA REVENUE AGENCY
  - VETERANS AFFAIRS
  - EMPLOYMENT INSURANCE
  - OLD AGE SECURITY
  - PHOENIX PAY ISSUES
  - FEDERAL SMALL BUSINESS PROGRAMS
- MUCH MORE!

WEDNESDAY  
FEBRUARY 21

CALL 613-473-0649, TOLL FREE AT  
1-866-471-3800 OR EMAIL  
REBECCA.WILKINSON.439@PARL.GC.CA  
TO BOOK AN APPOINTMENT.  
WALK-INS WELCOMED.





Community health presents:

How long do I wait  
before I get my next  
COVID vaccine?

6 months after your  
last COVID-19 vaccine  
and infection



Covid -19 & Flu

# Vaccine

**Friday**  
**February 5th**  
**9am til 11am**

**At the Community  
Wellbeing  
Centre**

**All MBQ members and their family  
living in KFLA & HPE may attend**



# Community Health Presents:

Walk in  
Blood pressure and  
weight checks  
for MBQ community  
members

**Wednesday**

mornings  
9-12

at the Community  
Wellbeing Centre

YOU WILL BE  
ENTERED INTO A  
MONTHLY DRAW  
FOR A PC GIFT  
CARD



ENYONKWA'NIKONHRIYOHAKÉ'

PRESENTS



# STAND-UP

## COMEDY WORKSHOP & SHOW

THINK YOU ARE FUNNY?

HAVE YOU EVER THOUGHT ABOUT TRYING  
STAND UP COMEDY?  
ARE YOU 16 OR OLDER?

SIGN UP FOR THE FREE COMEDY WORKSHOP AND LEARN  
SOME OF WHAT IT TAKES TO FILL A ROOM WITH LAUGHTER

**SATURDAY MARCH 16, 2024**  
MOHAWK COMMUNITY CENTRE

**WORKSHOP**  
12:00-5:00

**FOLLOWED BY**  
SPACE IS LIMITED

**PUBLIC SHOW**  
7:00

E-MAIL BRANDON ARNOLD AT [ICWSW@MBQ-TMT.ORG](mailto:ICWSW@MBQ-TMT.ORG)  
TO REGISTER FOR THE WORKSHOP. SHOW IS OPEN TO THE PUBLIC  
AND NO REGISTRATION IS REQUIRED.

FACILITATED &  
HOSTED BY

**JANELLE NILES**  
FOUNDER AND PRODUCER OF  
GOT LAND? INDIGENOUS COMICS

&

**JENN HAYWARD**  
COMEDIAN





# MOHAWK LANGUAGE AND CULTURE CERTIFICATE

Starts in September 2024

This certificate is for citizens of the Mohawks of the Bay of Quinte, Mohawk Nation, and others seeking to learn Mohawk language through culturally rich learning experiences that include exploring the traditions, history, and worldview of the Mohawk people.

**Visit the link below  
to learn more**



For more details please visit  
**[www.tto-kenhteke.org](http://www.tto-kenhteke.org)**

Queen's University Mohawk Language and Culture Certificate Program will be accepting applications for the upcoming September start date!

This certificate is for citizens of the Mohawks of the Bay of Quinte, the Mohawk Nation, and others seeking to learn the Mohawk language through culturally rich learning experiences that include exploring the traditions, history and worldview of the Mohawk people.

- Storytelling
- Conversations
- Grammar and Oral Presentation

The Certificate in Mohawk Language and Culture is offered by the Department of Languages, Literatures and Cultures in partnership with Tsi Tyónnheht Onkwawén:na (TTO) Language and Cultural Centre in Tyendinaga, Mohawk Territory. The Certificate is delivered in the TTO Language and Cultural Centre in Tyendinaga.

**Deadline Application is June 10, 2024**

For more information, contact Rebecca Hill at TTO Language and Cultural Centre in Tyendinaga at [programs@kenhteke.org](mailto:programs@kenhteke.org) or 613-970-3045.



# Nyawenhkó:wa

Goes out to Shari Maracle!  
Your thoughtfulness in  
making baby hats and  
blankets is truly  
appreciated. Your generous  
gesture will bring warmth  
and comfort to little ones.  
We are truly grateful to you  
in spreading love and  
kindness within our  
community.

~ Kenhtè:ke Midwives Team.







# Seniors Literary Event

The Royal Canadian Legion is encouraging those 55+ to showcase their skills, share their experiences, imaginations and knowledge through a new literary contest. There are four (4) categories: Poetry, Short Story, Essay and Memoir (includes autobiographies and travel writing).

An Awards Ceremony will be held during Seniors Month in June to honour those who made submissions and to present prizes to the winners.

Flex those creative muscles, unleash imaginations, tickle funny bones, share talents, meet other seniors and perhaps join the Legion!

If you would like to sign up to participate, please get in contact with Nyle Rules at 613-848-7745!



## MBQ IS PROPOSING A TYENDINAGA BUSINESS DAY

**This would be an event for Networking, Showcasing,  
Increasing your Presence!**

We would have:

- Booths, a Wall for Business Cards and Brochures, Themed Areas, etc.
- Visitors from all over Quinte West, Napanee, Prince Edward County, etc.
- Indoor and Outdoor exhibits

**This would be our chance to show off our business community  
and create some new business connections.**

**Are you willing and wanting to participate????**

Contact Dianna Brant-Winkler:

Cell: 613-438-6653 or by email at [businessdevelopment@mbq-tmt.org](mailto:businessdevelopment@mbq-tmt.org)



**FEBRUARY 7 AT 5:30 PM**

# SPEAKER SERIES

**with Dr. Pam Palmater**

We're welcoming author and social activist Dr. Pam Palmater for a discussion on reconciliation, unpacking common myths about Indigenous rights, and turning education into action.

Enter to win  
**FREE  
TICKETS**

## **Event Information:**

### **When:**

Wednesday, February 7  
5:30 – 6:30 PM  
Doors open at 4:30 PM

### **Where:**

Alumni Hall, Kente Building  
Loyalist College  
376 Wallbridge-Loyalist Rd.,  
Belleville, ON K8N 5B9



**Get your tickets today!**

[LoyalistCollege.com/SpeakerSeries](https://LoyalistCollege.com/SpeakerSeries)

### **FREE TICKETS!**

Enter to win 1 of 10 pairs of tickets:  
[LoyalistCollege.com/WinTickets](https://LoyalistCollege.com/WinTickets)



CLOSED

**Feb 19th**

## JOIN OUR FITNESS CLASSES

**-Bootcamp**

**-Soothe Stress With Stretching**

**-Resistance Training Basics**

Classes are now free with your membership  
to the gym!

## **FEBRUARY**



## **HEALTH CHALLENGE**

**Friends and Family Fitness**

**February**

**-Do something active everyday with  
your friends and Family**

**-A schedule will be posted on TFRC  
social media with actives you can do  
for everyday of the month!**

## **FEBRUARY 2024**

### **Prices:**

**Adults: \$30.00**

**Students: \$25.00**

**Seniors: \$20.00**

### **Hours:**

**Monday-Friday**

**6:30am-8:00pm**

**Saturday**

**8:00am-1:30pm**

Watch our Facebook and  
Instagram for more programs



and events!



**TYFITNESSRES@MBQ-TMT.ORG | (613) 962-2822**

**14 YORK ROAD. UNIT 1. TYENDINAGA MOHAWK TERRITORY. ON**

**37 ahsen niwahsen tsya:ta**

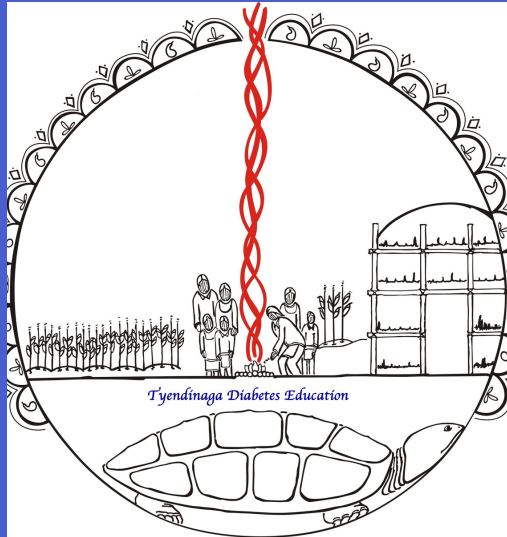


# Annual Wood Ash Corn Lying Workshop

Learn about lying corn with wood ash and its nutritional benefits!

**Lets make and enjoy corn soup together!**

THE GREATEST BENEFIT OF MAKING YOUR OWN LYED CORN IS YOUR SOUP WILL BE MORE DELICIOUS

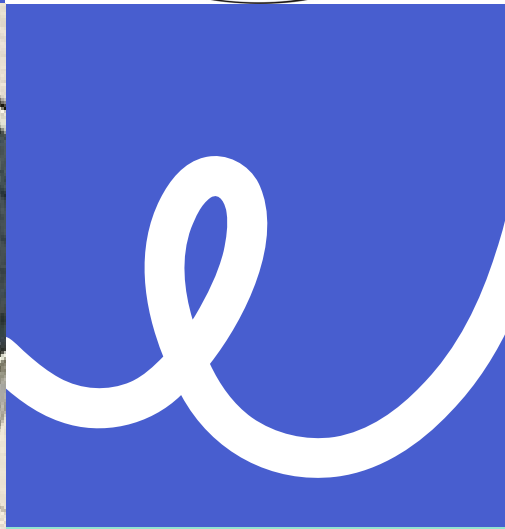


MARK YOUR CALENDAR

**WHEN : THURS,  
FEBRUARY 29, 2024**

**TIME: 9-4**

**WHERE: Fire Hall**



Cooking with ashes not only softens the food to make it edible, it adds flavour, increases nutrients, has lower calories AND is better for blood sugar levels!

To register please contact  
Kayla Hill

613-967-3603 x 122

diabetesPAW@mbq-  
tmt.org



info@lafc.ca

613-354-2726

(fax) 613-354-3585

35 Dundas Street East, Napanee

LEGION BRANCH 280  
MAIN STREET DESERONTO  
EVERY TUESDAY NIGHT  
DOORS OPEN AT 5:30  
BINGO STARTS AT 7:00  
CANTEEN AVAILABLE





# MOHAWK COMMUNITY CENTRE

## Upper Level

CAPACITY: 289  
KITCHEN INCLUDED  
COSTS:

REGULAR - \$300  
GOVERNMENT - \$400

## Lower Level

CAPACITY: 305  
COSTS:

REGULAR - \$300  
GOVERNMENT - \$400  
KITCHEN USE = \$50

### FAQ

- \$100 DEPOSIT  
REQUIRED
- TABLES & CHAIRS  
AVAILABLE
  - SETUP IS THE  
RESPONSIBILITY OF  
THE RENTER



TO BOOK THE COMMUNITY  
CENTRE, PLEASE CONTACT  
TINA BRANT:  
HOUSING@MBQ-TMT.ORG  
613-396-3424 EXT. 104



# Address **your stress**, today!

Life gets overwhelming and it becomes difficult to see the forest for the trees.

With **Neurofeedback and Psychotherapy** we can help by addressing a number of issues including emotional, behavioural, physical and cognitive issues.

## Feel your optimal best.



Improve Memory



Reduce Stress



Regulate Emotions



Sleep Better



Peak Performance



Reduce Anxiety



Improve Mood

Non-Insured Health Benefits (NIHB): First Nations individuals (with Status) are eligible for up to 22 hours of Psychotherapy every 12 months with a registered Service Provider (Evolve Psychotherapist). NIHB Program operates as part of the mental wellness programs of Health Canada.

# Martin's

## Beads & Craft Supplies

**613-242-9130 613-242-9339**

*Tyendinaga Mohawk Territory*

5731 Old Highway 2, Shannonville, ON K0K 3A0

- All size of Delicas and Seed Beads
- Dreamcatcher supplies
- Leather: Cord & Lacing
- Charms and Findings



Ceremonial Leaf Tobacco, Sage, and Sweetgrass

Lisa Martin ~ [martin\\_family\\_crafts@hotmail.com](mailto:martin_family_crafts@hotmail.com)

41 kaye:ri niwahsen enhska't



# Belleville Bakery

5379 Hwy #2 Shannonville

\*613.966.9490

Fresh Buns and Breads Made Daily From Scratch

- No Artificial Preservatives
- Exceptional Nutritional Value

**PLUS...**

**Melt In Your Mouth SWEET TREATS!**



**DON'T SETTLE FOR ANYTHING LESS THAN BELLEVILLE BAKERY FRESH!**

## ***Build-All*** **CONTRACTORS**

5427 HWY #2, TYENDINAGA TERRITORY  
SHANNONVILLE, ONTARIO  
K0K 3A0  
PHONE: 613.969.1315  
FAX: 613.969.9806  
E-MAIL: [office@buildallcontractors.ca](mailto:office@buildallcontractors.ca)



### **GENERAL CONTRACTORS**

~QUALITY WORK AND COMPETITIVE PRICES~

- **30 years experience**
- **New home construction**
- **Residential and Commercial construction**
- **Driveways**
- **Brushing and Tree removal**





# Alzheimer Society

H A S T I N G S - P R I N C E E D W A R D

**MBQ Community Health and Home Support Programs, in  
partnership with the Alzheimers Society of Hastings Prince  
Edward offer:**

## ***Memory Cafe***

*Are you worried about your memory and eager to  
learn ways to boost your brain.*

*Do you have early stage dementia?*

*Join us while we discuss brain health, practise brain  
boost strategies and gentle movement.*

**When: February 29th, 2024**

**Time: 1-3:00pm**

**Where: Elder's Lodge**

**To register contact: Hannah Hill 613-967-3603, ext. #166 or  
email [chrcwb@mbq-tmt.org](mailto:chrcwb@mbq-tmt.org)**

**\*\*Open to MBQ members or anyone living on territory\*\***



Indigenous  
Services Canada



Community Health in partnership with Belleville Public Health and  
Children's Oral Health Initiative

# FREE DENTAL SCREENINGS AGES 0-17

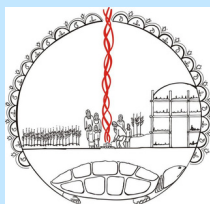


## Dental Screenings Fluoride Application Sealants

*FREE*  
**ELECTRIC  
TOOTHBRUSH**

When: February 20th, 2024  
Where: Community Wellbeing Centre  
Time: 1-3:00pm

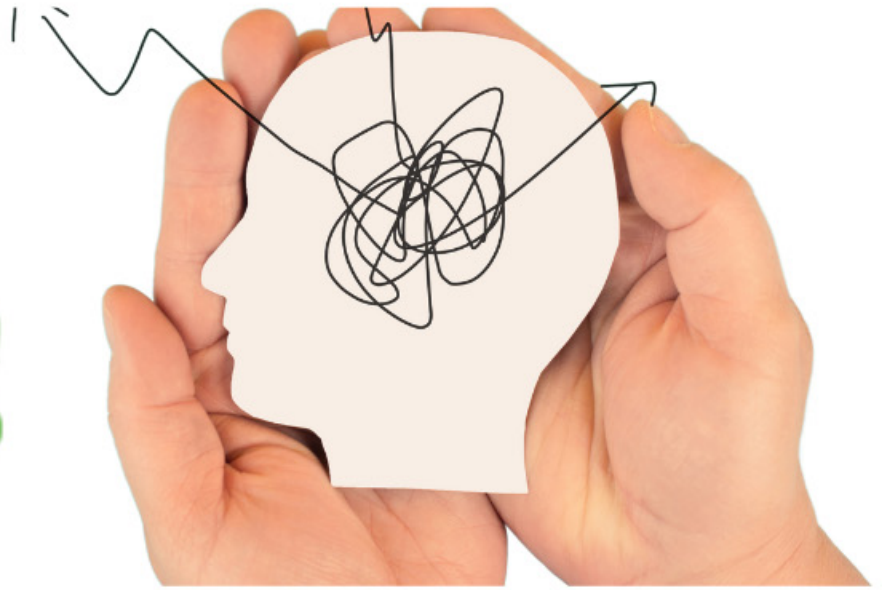
**Open to on Territory Residents ONLY**



To Book an appointment call  
Hannah Hill 613-967-3603 ext. 166  
[chrcwbembq-tmt.org](mailto:chrcwbembq-tmt.org)

# epilepsy

south eastern  
ontario



## **We offer:**

**Counselling and Advocacy**

**Public Education**

**One on One Support**

**Project UPLIFT**

**Support Groups**

**First Aid & CPR**

**Transportation Services**

**Dedicated to improving  
the quality  
of life for people  
affected by Epilepsy  
since 1985**

## **Get in Touch**

**Epilepsy South Eastern Ontario**

**613-542-6222**

**[admin@epilepsyresource.org](mailto:admin@epilepsyresource.org)**

**[www.epilepsyresource.org](http://www.epilepsyresource.org)**



# PROJECT UPLIFT

**DO YOU HAVE EPILEPSY OR SEIZURE  
DISORDER?**

**WOULD YOU LIKE TO  
TAKE PART IN A ZOOM  
DELIVERED PROGRAM  
TO HELP YOU LEARN  
TO MANAGE YOUR  
STRESS, ANXIETY, AND  
DEPRESSION?**



**ARE YOU AGE 18 OR  
OLDER, AND LIVING IN  
SOUTH EASTERN  
ONTARIO?**

**DO YOU HAVE A  
COMPUTER OR TABLET,  
INTERNET ACCESS AND A  
WEBCAMERA?**

**IF YOU ANSWERED YES TO THE QUESTIONS  
ABOVE, WE INVITE YOU TO TAKE PART IN OUR  
PROGRAM. IF YOU ARE INTERESTED, PLEASE  
CONTACT:**

**SHANNAN MERCER, CLIENT SERVICES  
COORDINATOR AT 613-542-6222 OR  
SHANNAN@EPILEPSYRESOURCE.ORG**

**PROJECT UPLIFT FOR PEOPLE  
WITH EPILEPSY**



# CONSTRUCTION HOTLINE

**613-969-7174**

**PLEASE LET US KNOW IF YOU  
NOTICE**

- **EROSION**
- **LEAKING**
- **ISSUES/CONCERNS**
- **THE NEED FOR REMEDIATION  
WORK**

**AS PART OF THE CONSTRUCTION  
OF NEW WATERMAIN, SANITARY  
SEWER AND ROAD WORK  
PROJECTS. THIS WAY OUR  
INFRASTRUCTURE DEPARTMENT  
IS AWARE OF ANY ISSUES AND  
CAN TAKE THE NECESSARY NEXT  
STEPS. NYÁ:WEN!**



**613-969-7174**



**[www.mbq-tmt.org](http://www.mbq-tmt.org)**



## PROPERTY FOR SALE

Waterfront acres connects Bay with Sucker Creek on Gordon's Point

Contact: 613-969-0239 or 716-264-4410, Basil & Pat Miller

## WANTED

Looking for 0.5-1 acre land to buy or a 4-5 bedroom, 2 bathroom house to buy.

Contact Paige Boomhour at 613-970-4049 or paigeboomhour@gmail.com

## HOBBY FARM FOR SALE

251 York Road

- 5 bedroom, 3,000 square foot brick house on 5 acres with a 4 car garage and inground pool
- 40x40 newer barn
- 24x28 older barn
- Tri-plex rental unit, providing \$3,000 monthly income

Call 613-962-9187 or 613-438-4898

## FOR SALE

263 Gordons Road - Waterfront double lot  
180 ft x 255 ft.

1257 square foot, 2 bedroom, 1 bathroom house with 25x25 detached garage and brand new 10x20 shed.

### INCLUDES:

- new septic system,
- new metal gazebo
- newly renovated bathroom with in-floor heating
- new siding, eavestroughs, fascia & soffit
- new garage, side & patio doors
- newer roof, furnace, central air, spray foamed basement, water tank, windows & doors
- custom mudroom cabinets
- all stainless steel appliances

ASKING \$500,000, open to reasonable offers.

To view or ask questions, call 613-305-2230 or email dpringle1969@gmail.com.

## CLASSIFIEDS

## WANTED

Two MBQ members seeking 2-3 bedroom house in TMT, rent or rent-to-own.

Contact Cathy at tootsmc@hotmail.com.

## WANTED

1/2 acre - 1 acre of land for a tiny home - willing to pay fair value, plus a bit extra.

Contact Matthew at matthew.roberts3@dcmail.ca

## WANTED

We are currently looking for 2 or more acres on the TMT to build a family home.

If you have available land, please contact

Ashley or Michael McGuinness

613-438-9097

mcguinnessak@gmail.com

## WANTED

Looking for 2-3 bedroom house,  
Hwy. 49 or east of.

Call Melinda, 613-813-1748

## WANTED

Seeking waterfront property for a new build.

Please contact Kristine John at kd-john001@outlook.com

**WATERFRONT PROPERTY  
FOR SALE. GORDON  
ROAD. 3.45 ACRE LOT  
WITH HYDRO POLE AND  
DRILLED WELL.  
\$200,000 OBO  
PLEASE CONTACT JOANNE  
AT  
613-885-3518  
OR  
MEGERA18@YAHOO.COM**

## SEEKING LIVE DONOR

Keith Brant, a member of the Mohawks of the Bay of Quinte that was born in Tyendinaga Mohawk Territory, and currently living in London, ON is seeking a live kidney donor.

Keith will be 75 in March, currently has 11% kidney function and has type O+ blood.

If you would be interested and able to help Keith, please call him at 519-319-5084 or email his wife, Gillian, at gillianbrant213@gmail.com.

## LAND FOR SALE

Offering a two (2) acre lot on Wyman Road. Approximately 141.6 ft wide and 648.62 feet deep. The land survey will be completed in the spring of 2024. Asking \$140,000. Please call 613-396-5931 to make an offer or discuss the property.

## LAND FOR SALE

366 Beach Road - 1.8 Acres

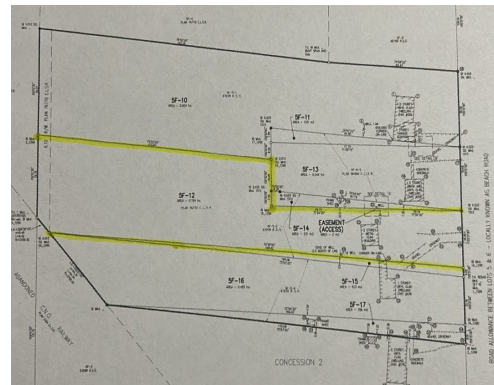
1 acre wooded lot

22'x 26' steel building

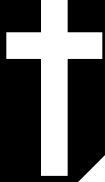
100' driveway

Close to shoreline

TEXT Bill - 647-984-7336



**FOR  
SALE**



# MOHAWK PENTECOSTAL CHURCH

## WHEN WE MEET

1984 York Road  
Tyendinaga Mohawk Territory  
Ontario Canada  
K0K1X0

Church - 613.396.5329  
Parsonage 613.396.5325

[www.tmpc.ca](http://www.tmpc.ca)  
[www.tmpc.ca/pastorsthoughts](http://www.tmpc.ca/pastorsthoughts)

## COMING EVENTS

Feb 14, 2024 Valentine's dinner & special Gospel music by "Vocal Legacy". This is a ticketed event. 5:30 to 8:15 pm. For more info call 613-396-5329 Leave message.

Mar 29, 2024 Good Friday Service TBA

Mar 31, 2024 Easter Sunday Service TBA

Stop in for Adult Sunday school 10 AM  
Sunday Service is 11AM  
Sunday Night Service 6:30 PM  
Wednesday Bible Study 7 PM

"What could we accomplish if we knew we could not fail?"

Eleanor Roosevelt

## HALL FOR RENT!

1295 Ridge Road, TMT

*Meetings - Birthdays - Anniversaries - etc.*

Book online at:

[www.parishoftyendinaga.com](http://www.parishoftyendinaga.com)

or contact us by Email or Phone at:

[parishoftyendinaga@gmail.com](mailto:parishoftyendinaga@gmail.com)

613-962-2787

Want to get the word  
out about your  
business?

Want to advertise to  
the community?

Advertise With Us!

Email  
[communications@mbq-tmt.org](mailto:communications@mbq-tmt.org)  
for details!



# September

# October

# November

S	M	T	W	T	F	S
2023					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				2023

S	M	T	W	T	F	S
2023			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

# DECEMBER

# JANUARY

# FEBRUARY

S	M	T	W	T	F	S
2023					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/ 31	25	26	27	28	29	30

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			2024

S	M	T	W	T	F	S
2024				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

Mid Winter Holiday occurs in the New Year, date TBD. For schedule changes, please visit MBQ website/social media

WASTE EAST

RECYCLE EAST

WASTE WEST

RECYCLE WEST

HOLIDAY

## WASTE & RECYCLING SCHEDULE



Smudging  
Erin Anderson-Bruce  
Poplar River First Nation

*It's important that as Indigenous people we are able to learn about our culture freely, especially today. Regardless of age, reteaching and relearning Indigenous traditions is significant.*