

Are you aware there is a
Measles outbreak in
Canada?

Currently there are
some cases in Ontario.

Care For Your Children



symptoms

fever
cough
runny nose
red, watery eyes
small white spots
starting in mouth and
throat

some possible complications

ear infection
pneumonia
respiratory failure
blindness
deafness
intellectual disability

treatment

reduce fever
plenty of fluids
lots of rest
stay home until 4 days
after the rash first
appears

PLEASE check to ensure you and your
children are up to date on your
vaccinations (measles are 2 doses needed)
if you have questions please call the
Community Health Nurse at Community
Wellbeing 613-967-3603

