

About Us

The Indigenous Health System Navigators, Jenna and Brianne, are registered nurses that have worked in the hospital setting for 11+ years each. Brianne specialized in Obstetrics and Jenna specialized in the Emergency Room and leadership. We are both passionate about helping Indigenous peoples' and the equity of health care across our catchment area and beyond.



THCC - IHSN

MOHAWKS OF THE
BAY OF QUINTE



Brianne



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INDIGENOUS HEALTH SYSTEM NAVIGATOR

TYENDINAGA HOME
AND COMMUNITY CARE

Our Services



WHAT

Our services include (but not limited to) facilitating discharge planning, health education, appointment assistance, spiritual care, healthcare navigation, advocacy and grief support.



WHO

Our services are offered to all those that are Indigenous.



HOW

Referrals and/or consents can be submitted by self, family, Power of Attorney's (POAs) or health care providers.



WHEN

Our services typically begin when the patient is admitted into one of the health care facilities:

- Quinte Health (Belleville General Hospital, North Hastings Hospital, Prince Edward County Memorial Hospital & Trenton Memorial Hospital)
- Kingston Health Sciences
- Lennox & Addington County General Hospital
- Providence Care Hospital

Why Choose Us

- 1 Clearer understanding of health issues and the facility as it pertains to that admission
- 2 **Knowledge of funding avenues such as Non-Insured Health Benefits (NIHB), Jordan's Principle, Joyce's Principle, etc.**
- 3 Support for appointments and follow-up care via note taking and giving to patient/POA for their records
- 4 **Emotional support while experiencing hardship in health**
- 5 Bridging the gap between Western Medicine and Traditional Medicine
- 6 **Ensuring patients receive continued safe and culturally competent care during admission/appointments**
- 7 Extensive knowledge in the health care system

Traditional Healing

There are many different cultural ceremonies and practices that Indigenous patients and families may request within healthcare institutions to support traditional wellness and healing. Traditional healing may include (but not limited to):

- Ceremonies, songs, stories, and prayers
- Traditional medicines (such as tobacco, cedar, sage, sweetgrass)
- Healing circles, talking circles
- Smudging
- Connection to Elders, traditional healers, Medicine people and other helpers within Tyendinaga area and beyond

