

MOHAWKS OF THE BAY OF QUINTE KENHTÈ:KE KANYEN'KEHÁ:KA



ISSUE 12/25
Tsyothórrha
(December)

Owenna'shón:'a tewaweyentéhta's ón:wa kenh wenhmì:te
(words we are learning this month)

See page 3 for more information

ORÍ:WASE *(news)*

Mohawks of the Bay of Quinte

Kenhtè:ke nè:ne kanyen'kehá:ka kanakerahserà:kon, nè:ne rontathà:wi ne kanekaráhsera. Tsi niyonkwarihò:tens táhnon niyakwawennò:ten nahò:ten yonkwateryèn:tare ne tsi nitsyonkwè:non. Yakwátstha nahò:ten ne yonkwateryèn:tare táhnon nahò:ten yonkwateryihwayèn:ni ne ayakwaten'nikòn:raren táhnon ayakhikwénnyenste ne onkyonkwè:ta, onkyonhwentsya nahoténhshon yonkwà:yen táhnon ne sa'oyè:ra.

Tyendinaga, as part of the Mohawk Nation, is a healthy, sustainable Kanyen'kehá:ka community, built on and united by our language, culture, traditions, knowledge, and history. We exercise our rights and responsibilities for the protection of and respect for our people, our land, our resources, and the environment.

NOTICES:

ATTENTION MORTGAGE HOLDERS: Many insurance companies will ONLY notify the MOHAWKS OF THE BAY OF QUINTE if your existing house insurance policy has been cancelled however will NOT notify us when the policy has been renewed. This creates a problem when incentives, rewrites and renovations are requested. You will not qualify if your house insurance policy on file is not up-to-date. In order to ensure your policy is current, we ask that you e-mail (preferred), mail, fax or deliver policy renewals once you've recieved them.

The Mohawk Firefighters responded to **10** calls from October 23 to November 23, 2025:



- 1 Carbon Monoxide: Non-Symptomatic
- 1 Carbon Monoxide: Symptomatic
- 1 MVC Extrication
- 3 Remote Alarm From Security Company
- 1 Smoke Coming From Building
- 1 Structure Fire
- 1 Vehicle Fire
- 1 Vital Signs Absent/Unconscious

This brings the total calls to **102** for 2025.



COMMUNITY MESSAGES and ANNOUNCEMENTS

NOTICE: OFFICE CLOSURE

All MBQ offices will be closed from 4:30 p.m. Tuesday, December 23, 2025 until 8:30 a.m. Monday, January 5, 2026.

Happy Birthday!

Happy 19th Birthday Landon
- December 2nd
Lots of Love, Aunt Marilyn & Uncle Rick

Happy Birthday Jeff
- December 13th
Love Aunt Marilyn & Uncle Rick

Happy Birthday Tiffany
- December 13th
Love Mary Moo Moo

Happy Birthday Gavin
- December 18th
Lots of Love, Aunt Marilyn & Uncle Rick

Happy 9th Birthday California
- December 21st
Lots of Love, Aunt Marilyn & Uncle Rick

Happy Birthday JoDee
- December 21st
Love Marilyn & Rick

Happy Birthday Merg
- December 21st
Love Sam, Phill, Emmett & Hayden

Happy Birthday Caleb
- December 26th
Love Aunt Marilyn & Uncle Rick

Happy Birthday Manson
- December 31st
Love Marilyn & Rick

Happy Birthday Tim
- December 31st
Love Aunt Marilyn & Uncle Rick

HAVE SOMETHING TO SHARE IN THE NEWSLETTER?

CONTACT:
REBECCA BARTLETT, COMMUNICATIONS OFFICER
COMMUNICATIONS@MBQ-TMT.ORG
613-396-3424 EXT. 136



Deadline for January: December 15 at 12 p.m.

Owenna'shón:'a tewateweyentéhta's ón:wa kenh wenhni:te.

Words we are learning this month.

Tsyothónha

December

To hear the words in this month's newsletter, scan the code!



Recordings done by:
Poochie Kakenhiióhstha Beauvais
1st year Shatiwennakarátats Student

kewíhstos
I am cold

tewakhsyó:tano
my hands are cold

tewakahsenni:taks
my feet are cold



Akohserá:ke Nikahá:wi

Wintertime

Satonhnhà:ren Wentanó:ron's

Happy Holiday's

Satonhnhà:ren Ohserá:se

Happy New Year

Skén:nen kénhak.

Let it be peaceful.

**MBQ kwahskané:ki ne skén:nen akénhake' táhnon
aesewatshennoníhahe' kí:ken wentanó:ron's.**

MBQ is wishing you all peace and happiness this holiday.

TYENDINAGA MOHAWK COUNCIL ELECTION



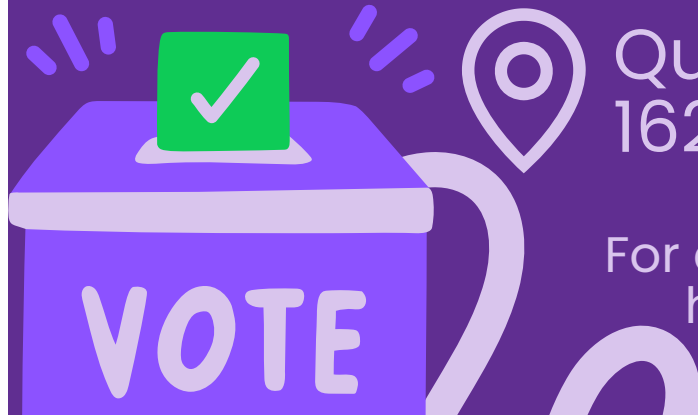
Saturday, December 6, 2025



9 a.m. – 8 p.m.



Quinte Mohawk School
1624 York Road, TMT



For all election information, please visit:
<https://mbq-tmt.org/2025-tmc-election/>



DECEMBER MEETINGS OF TYENDINAGA MOHAWK COUNCIL

REGULAR

December 3 – 9:30 a.m.

TYENDINAGA MOHAWK COUNCIL MINUTES
OCTOBER 15, 2025

A meeting of the Tyendinaga Mohawk Council was held on Wednesday, August 6, 2025 at 1:30 p.m. in the Council Chambers.

Present: Chief R. Donald Maracle
Councillors: Chris B. Brant, Kurtis Brant, Erin Ferrante and Chris M. Maracle
Lynda Leween joined by Teams
Regrets: Chase Ogwari Brant, work commitments
Staff: Angela Maracle, A/CAO; Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council; Charles Maracle, Executive Assistant to the Chief;

MOTION #1: Moved by Chris B. Brant, seconded by Erin Ferrante to adopt the Agenda.

Carried.

MOTION #2: Moved by Erin Ferrante, seconded by Kurtis Brant that the Tyendinaga Mohawk Council Minutes of October 2, 2025 be approved.

Carried.

MOTION #3: Moved by Chris B. Brant, seconded by Erin Ferrante that Be it Resolved That We, the Council of Mohawks of the Bay of Quinte First Nation, representing the Mohawks of the Bay of Quinte First Nation (the “First Nation”), at a duly convened meeting of Council held on October 15, 2025 having reviewed the sketch provided by Hydro One Networks Inc. attached hereto as Schedule “A” (“Sketch”) in respect of the new or modified connection of 8023 Old Highway 2 to the electricity distribution system approve the location on the Mohawks of the Bay of Quinte First Nation Reserve of the poles, anchors, conductors and equipment identified in the Sketch.

M.C.R. #2025/26-057.

Carried.

MOTION #4: Moved by Chris B. Brant, seconded by Erin Ferrante to approve signing the Indigenous Services Canada (ISC) Access to Information Act Form that MBQ has no objection to providing information on all feasibility studies pertaining to the improvement of drinking water in First Nations and Indigenous communities.

Carried.

MOTION #5: Moved by Erin Ferrante, seconded by Kurtis Brant to approve to pay the Hicks Morley invoice #837790 in the amount of \$11,557.00 for Human Resource Matters.

Carried.

MOTION #6: Moved by Chris B. Brant, seconded by Erin Ferrante to approve to pay the Alan Pratt invoices #6403 in the amount of \$7,100.00 for Culbertson Tract Land Claim; #6404 in the amount of \$750.00 for Turton Penn Loss of Use; #6405 in the amount of \$495.00 for Surrender No. 24.

Carried.

MOTION #7: Moved by Erin Ferrante, seconded by Kurtis Brant to approve the awarding of the contract to Oshkaabewis Engineering & Consulting in the amount of \$48,000.00 with a score of 81 points by a predetermined scoring matrix, to complete the feasibility and retrofit plans for the new Red Cedars Shelter and approve the project budget in the amount of \$59,800.00.

Carried.

Other proposals received from Q&E Engineering in the amount of \$36,720.00 with 52.5 points and Snyder Architects in the amount of \$43,700.00 with 69 points.

Councillor Chris M. Maracle Negative Vote, he believes the low bid would be sufficient for what is required.

MOTION #8: Moved by Erin Ferrante, seconded by Lynda Leween to approve signing the Indigenous Services Canada (ISC) Funding Agreement #2122-ON-000027, Amendment #0111 in the amount of \$100.00 for Provincial and Private School Tuition.

Carried.

Council confirmed the following scheduled meetings:

- October 22, 2025 - Tyendinaga Mohawk Council Local Business
- November 5, 2025 - Tyendinaga Mohawk Council Regular
- November 12, 2025 - Tyendinaga Mohawk Council Local Business
- November 19, 2025 - Tyendinaga Mohawk Council Regular
- November 26, 2025 - Tyendinaga Mohawk Council Local Business
- December 3, 2025 - Tyendinaga Mohawk Council Regular
- December 17, 2025 - Tyendinaga Mohawk Council Regular

MOTION #9: Moved by Erin Ferrante, seconded by Chris B. Brant that this meeting go into private. (1:57 p.m.)

Carried.

Recorded by: Shelley Bowden, Executive Administrative Assistant and Recording Secretary to Council

Original Signed by: Chief R. Donald Maracle

HOLIDAY MEDICAL TRANSPORTATION INFORMATION

ALL MOHAWKS OF THE BAY OF QUINTE OFFICES WILL BE CLOSED FROM DECEMBER 24 THROUGH JANUARY 2, INCLUDING THE COMMUNITY WELLBING CENTRE AND THE MEDICAL TRANSPORTATION PROGRAM.

IF YOU REQUIRE TRANSPORTATION DURING THE CLOSURE PERIOD, PLEASE CONTACT US **BEFORE DECEMBER 20 TO ENSURE YOUR TRAVEL CAN BE PRE-APPROVED.**

NIHB CONTACTS:

- **GENERAL INQUIRIES:**
1-800-640-0642
- **MEDICAL TRANSPORTATION:**
1-800-881-3921



Wishing you a happy and safe
Christmas holiday! 🎄

7 tsyá:ta

*Open House Celebration
Honouring*
MYRTLE BRANT



*85+ Years of Community
Service with the Mohawk Guild*

**SUNDAY, DECEMBER 28, 2025
1 - 4 P.M.**

PRESENTATION AT 2 P.M.

**PARISH HALL
1295 RIDGE ROAD, TMT**

DROP BY AND SHARE YOUR CELEBRATION WISHES!



FAMILY SKATE

Provided by Mohawk Family Services & Family Wellbeing

Open to all ages, children and youth must be accompanied by an adult!

Please note: Helmets are required during these skates. If you do not have one, please contact the Family Wellbeing Program at 613-967-0122 during the hours of Monday to Friday, 8:30am-4:30pm. Thank you!

FRIDAY EVENINGS 7-8 PM

SUNDAY AFTERNOONS 1:30-2:30 PM

COMMUNITY RECREATION CENTRE

51 MECHANIC ST. DESERONTO



Following dates will not be offered:

**Friday, December 5th
Sunday, December 7th
Friday, December 26th**



Ministry of
Children, Community &
Social Services





REMINDER!!!!
Christmas Food Hampers 2025

The Christmas Food Hampers will be ready for pick
up on
Wednesday, December 17th, 2025
(for those that have registered)
Hours: 10 am– 1 pm

Please bring identification with you to retrieve your
Christmas Food Hamper and be aware that no one is
permitted to pick up a hamper on behalf of someone else
without prior consent.

Pickup is at the same location as last year:
368 Airport Road (The Bus Barn)

Please follow signage and follow the direction of staff with regards
to the direction of travel to pick up and leave safely.



SANTA IS COMING
@ 386 Highway 49, Deseronto, Ont.

Have your pictures taken with Santa (Ready to take home)

All pictures put on a memory stick or printed

Friday November 21st till December 21st
(weekends only)

Hours: **Friday ----- 5:00pm to 8:00pm**

Saturday ----- 1:00pm to 6:00pm

Sunday ----- 1:00pm to 6:00pm



BY APPOINTMENT ONLY

to book, email: santagfkbookings@gmail.com
to e-transfer, email: santaslivingroom@gmail.com



Like us on Facebook

Proceeds in support of **Gift Bags for Kids**

*sponsored by : Mohawks of the Bay of Quinte, Speedway Gas,
Rat Rod Garage, Native Renaissance 11*

A VERY

Retro

CHRISTMAS

TOBACCO AWARENESS FAMILY DANCE

FRIDAY DECEMBER 5

6:00-8:00 PM

COMMUNITY CENTRE 1807 YORK ROAD

5:00-6:00 PM SENSORY FRIENDLY (LIGHTS ON, MUSIC LOW)

DRESS IN PAJAMAS!



THROWBACKS BY DJ REECE

FAMILY PHOTO KEEPSAKES

WINTER CRAFTS

PIZZA

SMOKING & VAPING TRIVIA

CHRISTMAS TREE PRIZES

FESTIVE DRINKS BY WAVY



Drug & Alcohol Free Event.
All youth must be accompanied by an adult
Open to MBQ members & On-territory residents only.
For more information, please contact: Hannah Hill,
CHR at chrcwb@mbq-tmt.org.



From the Research Department...

Our ongoing study of MBQ surnames will focus on the “Maracle” and “Doreen” surnames.

Maracle

For the Mohawks of the Bay of Quinte, the Maracle surname originates, we believe, from a man first known as John Miracle. He was later known as John Marcle, or Hannse Marcle, or Johannes Marcle.

This John Miracle is mentioned in the Minutes of 1800. In those minutes, Captain Isaac Hill States, John was “a Swede by birth.” Captain Isaac Hill’s testimony goes on to say, that John, “has been 3 or 4 times taken prisoner by the Indians in different wars and was at length taken from the Caughnawagas by his relations when they went with him to the States to sell furs. After that he ran away from his friends and has voluntarily lived with our people ever since.”

John chose to stay with Captain Isaac’s party and would have arrived at the Bay of Quinte in 1788. He chose to remain with the Mohawks of the Bay of Quinte. Captain Isaac Hill’s Mohawk name was Anonhsò:kten, which means “to the end of the house.”

His wife, Anna was born, about 1758. Anna died 5th June 1834 and was buried 6th June 1834. Her burial record states she was 76 years of age.

John’s exact birth and death dates remain unknown. We estimate that he may have been born in the 1750’s. Anna’s burial record in 1834, indicates that John survived her, as it refers to her as the “wife of Hanse Marcle.” Also, a report, by Joseph B. Clench, Superintendent of Indian Affairs, lists “Hanse Marcle” as head of a household in the community as of 9th April 1835.

John and Anna had a number of children.

The Maracle surname has had many variations in spelling over the years, including, Miracle, Merkell, Marcle, Maricle, and finally Maracle.

“Maracle” is the spelling of the surname mainly used in the community today.

Doreen

The surname “Doreen” comes into the family names of the Mohawks of the Bay of Quinte in the 19th century. Two men with this surname, both reported to be connected to Akwesasne / St. Regis, came into the community and the name has remained here ever since.

The first man was known as Peter Doreen at the Bay of Quinte, but there is information that he was known as Peter McDonald at Akwesasne / St. Regis. In a letter from 1895, Indian Agent, W.G. Eggar reports Peter “was a St. Regis Indian” [Indian Agent Letterbook p.722 Reel T-11936]. His grandson Isaac served in World War One as Isaac “McDonald”.

Peter Doreen came to the Bay of Quinte some time before 1859. He started a family with Margaret Brant who was the daughter of Chief Brant Brant. Peter was born about 1831, and he died before June 1895.

Peter and Margaret had several children together, but they did not marry until 19th December 1884. It could be that Peter already had a wife at Akwesasne / St. Regis, and he did not marry Margaret until he was able to do so legally. The family sometimes lived in Prince Edward County.

The second man was known as Thomas Doreen. He came to the Bay of Quinte before March 1892. He was born about 1875 and died in 1937. His death registration says he was born at Akwesasne / St. Regis, the son of Michael / Mitchell & Ann Doreen.

Thomas Doreen is reported to be the father of Joseph Doreen. Joseph was born in 1892. Both Joseph’s marriage registration and obituary state that his mother was Emma nee Doreen (daughter of Peter & Margaret above) and his father was Thomas Doreen.

Thomas Doreen married Hester / Esther Williams, an MBQ woman, in 1893 and they had a daughter in 1894. They sometimes lived in Prince Edward County.

The Doreen surname continues in the MBQ community to this day.

**Join Haley, Trish and Steven for “Kahwa’tsire”
Mohawk Family Genealogy**

**3rd Tuesday of every
month via Zoom
6:30 pm – 8:00 pm
Limited space: 12
people**

**Hosted by Kanhiote
Library
Brought to you by MBQ
Research Department**

**If you would like to be
part of the
zoom session please
email Haley at
kanhiotelibrary@gmail.c
om and she will send
you a zoom invitation.
Please let her know
what information and or
people you are
researching**

December – Prevention: Human Trafficking

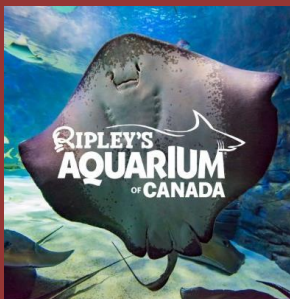
Please complete the December Survey on “Prevention – Human Trafficking” to be entered into the monthly draw

Note: Must complete ALL Questions CORRECTLY to be eligible to enter the draw

<https://www.surveymonkey.com/r/PreventionDec2025>

Deadline to enter Draw: December 31, 2025

LIMIT: 1 ENTRY PER HOUSEHOLD PER MONTH



Grand Prize Family Activity Includes:

- **Passes for Ripley's Aquarium of Canada and the CN Tower, Toronto**
- **Prepaid Visa for Parking & incidentals**
- **Gift Card for Food**
- **Gift Card for Gas**

To be eligible for the “Grand Prize” Family Activity

- ✓ 1 Person in the Household must be a **MBQ Member**(on or off territory)
- ✓ 1 Person in the Household must be between the ages of **0-18** years
- ✓ The Household cannot have won the Grand Prize in the previous 12 months

Alternative Participation Prize Includes:

- **10 Draws for \$100 Grocery Gift Card**

To be eligible for the Alternative Participation Prize

- ✓ 1 Person in the Household must be a MBQ Member (on or off territory)



Monthly Prevention Prizes provided by:

Info. prepared by: Red Cedars Shelter.

Questions? Contact

cwadminofficer@mbq-tmt.org



GRAND PRIZES **CANNOT** BE SUBSTITUTED FOR A DIFFERENT PRIZE

You may waive your right to enter the grand prize and enter the alternative participation prize.



HUMAN TRAFFICKING

Safety Planning

- Keep your cellphone with you and charged
- Stay in well lit areas
- Be aware & careful when using technology
- Have some money aside for emergencies
- Have phone numbers of safe people memorized to reach out to
- Trust your intuition when something feels off
- Keep a "Go Bag" with clothing, medications and documents

Indigenous women, girls and 2SLGBTQAI+ are most likely to be trafficked.

Approximately **58%** of police-reported human trafficking cases in Canada occur in Ontario.

Know the signs

- Being controlled, watched or escorted
- Not having control of own money, Identification or cell phone
- Isolated and unable to contact family and friends
- May show signs of physical abuse or malnourishment
- Fear for personal and/or family safety
- Could be dressed inappropriately for age or season
- May have unexpected or unexplained clothing or money
- Fearful, anxious, people pleasing behaviours
- Unaware of victimization
- Protective of abuser

The average age of recruitment into sex trafficking is **13 years old**.

Sex trafficking and labour trafficking is currently happening in our area.

Our community is at **higher** risk of trafficking due to access of the 401 and waterways.

Contacts

- **Red Cedars Shelter: 1-800-672-9515**
- Indigenous Victim Services: 613-813-9667
- Victim Services HPELA: 613-771-1767
- Emergency Services: 911



<https://www.canadiancentretoendhumantrafficking.ca/>

Tsi Tyónnheht Onkwawén:na

ANNUAL ONLINE AUCTION

**AUCTION BEGINS
DECEMBER 1, 2025
AT 10:00 AM**



**WATCH OUR FACEBOOK
PAGE FOR AUCTION
DETAILS**

ROUND 1 DEC 1-4

ROUND 2 DEC 5-8

ROUND 3 DEC 9-12

ROUND 4 DEC 15-18

**[HTTPS://WWW.FACEBOOK.COM/
TTOKENHTEKE](https://www.facebook.com/ttokenhteke)**



PLEASE JOIN US FOR OUR

NIYA'TEYOHSERÁ:KE ***RONTKENNÍHSAS***

ANNUAL GENERAL MEETING
TSI TYÓNNEHT ONKWAWÉN:NA

DECEMBER 15, 2025

6:00 PM – 8:00 PM

DINNER WILL BE SERVED AT 6PM

QUEEN ANNE PARISH CENTRE

**1295 RIDGE ROAD
TYENDINAGA MOHAWK
TERRITORY**

**ALL COMMUNITY MEMBERS
WELCOME!**
**PLEASE RSVP BY DECEMBER 1ST
AS SEATS ARE LIMITED**

**FOR MORE INFORMATION PLEASE
CONTACT
TTO AT 613-970-3045
OR EMAIL EVENTS@KENHTEKE.ORG**





Kenhtè:ke Mohawk Language and Culture Centre

Kenhtè:ke Language and Cultural Centre December 2025 Project Update

On the inside, second coats of paint are going up and flooring is going in. We're into the final stages of construction on the Kenhtè:ke Language and Cultural Centre!

TTO staff, office, and programs will begin to move to the new building in early 2026. Please stay tuned for further communication letting you know when we're ready for guests in our new space!

The Kenhtè:ke Language and Cultural Centre has been made possible by the Government of Canada's Green and Inclusive Community Buildings program, the Mohawks of the Bay of Quinte, the Ontario government's Indigenous Community Capital Grants Program, and support from generous community partners and donors. TTO is a registered non-profit and donations are tax receiptable. Thank you for your support!





Tyendinaga Native Women's Association



Remembrance Day Ceremony



Healing Garden Rock Painting



Every Child Matters



Corn Soup & Indian Tacos



Boo!



Trunk or Treat



**Mark your
Calendars**

**Brought to you by Community Health & MFS
Large Family Food Box**

**\$25.00
Per Box**

UPCOMING DATE FOR THE FAMILY BOX

Deadline to order Pick Up Date

Wednesday December 3, 2025 -----Wednesday December 10, 2025

Thursday January 8, 2026 -----Thursday January 15, 2026



PICK UP WILL BE AT

**Mohawk Community Centre
1807 York Road, TMT
from 1:00pm-5:30pm**

**Seasonal
changes
monthly**

**"Items may change & may not include the items as stated
depending on availability"**

Items change monthly

3 Peppers, 3 Tomatoes, Lettuce, Broccoli, Celery, Cabbage, Mushrooms, 2 White Onions, 2 Red onions, , 2 Zucchini, 5 pears, 3 Oranges, Blueberries, Strawberries, Raspberries, Bananas, Bundle of Grapes, 1- 5lb Bag of Potato's

How to order the Large family box:

To order and make a payment for the Family box, E-Transfer to: finance@mbq-tmt.org Include a note in the transfer indicating what the payment and order is for e.g., FAMILY BOX \$25.00, or GOOD FOOD BOX \$15.00)

How many are being purchased and for what month (s). The name of the person (s) the box is purchased for, including contact TEXT number.

OR

Drop into the Administration Office to directly make a payment at the Accounts Receivable Desk with Debt or Cash

You will receive a TEXT REMINDER notification the day before the pick up

MBQ MEMBERS STATUS ON AND OFF TERRITORY



Good Food Box



Calendar For 2025/2026

Pick up 1807 York Rd-Community Centre

Order By 4:30pm	Order Arrives Pick-up 1-3pm
Tuesday, December 9, 2025	Tuesday, December 16, 2025
Tuesday, Jan. 20, 2026	Tuesday, Jan 27, 2026
Tuesday, Feb 17, 2026	Tuesday Feb 24, 2026
Tuesday, March 17, 2026	Tuesday, Mar 24, 2026
Tuesday, April 21, 2026	Tuesday, April 28, 2026
Tuesday, May 19, 2026	Tuesday, May 26, 2026
Tuesday, June 16, 2026	Tuesday, June 23, 2026
Tuesday, July 21, 2026	Tuesday, July 28, 2026
Tuesday, Aug 18, 2026	Tuesday, August 25 2026
Tuesday, Sept 15, 2026	Tuesday Sept 22, 2026
Tuesday, Oct 20, 2026	Tuesday October 27, 2026
Tuesday, Nov 17, 2026	Tuesday Nov 24, 2026
Tuesday, Dec 15, 2026	Tuesday Dec 22, 2026



Veggie Bag \$10.00

Fruit Bag \$5.00

COMMUNITY HEALTH



FINANCIAL PLANNING SUPPORT

Tim Reynolds, CFP, CHS, and Tasha Howe B.Comm., from L & A Financial will be at the Mohawks of the Bay of Quinte Administration Building on **Wednesday, December 10th from 9 a.m. to 4 p.m.**

They will be volunteering their services to those who would appreciate assistance.

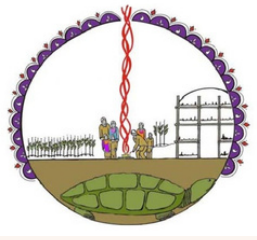
Some of the areas commonly assisted with are:

- CRA issues with tax-exempt income and pension income being questioned
- Applying for and advice surrounding Canada Pension Plan (CPP), Old Age Security (OAS) and Guaranteed Income Supplement (GIS) through Service Canada
- Helping widowed individuals find and apply for government benefits
- Financial planning for those with exempt income to ensure maximum government benefits in retirement
- Investment, Insurance & Estate Planning
- Analyzing retirement income to identify potential tax-free income

First come, first served.

If you are unable to make it this day, please reach out to Tim or Tasha at 613-354-2726

Community Health December Activity



Challenge BUCKET LIST

**Submissions
Accepted
Between
December 1st
& January 9th**



- Take a 20-minute family walk outside
- Do 10 jumping jacks together
- Build a snowman
- Have a screen-free family game night
- Do a 15-minute family stretch or yoga
- Go ice skating
- Help with a winter cleanup outside (shovel snow, sweep leaves, etc.)
- Have a snowball toss contest with a target.
- Go sledding or tobogganing
- Do 10 push-ups or planks as a family challenge.



📷 Don't forget! Complete as many of the activities as you can and send photos of you and your family doing them to jessicat@mbq-tmt.org

🕒 Deadline for submissions is January 9, 2026 — we can't wait to see your winter fun in action!

1st Prize
Extreme
Trampoline
Park

2nd Prize
Rock Climbing
@
Boiler Room

3rd Prize
Axe throwing & Escape
Room

Community Health presents

Flu, COVID & RSV Clinic

NOTE:
if you have already had
the RSV vaccine once
you do **NOT** need
another one this year.

Tuesday Dec. 2nd
9 - noon

Wednesday Dec 10th
9 - noon

**Clinics are open to all MBQ members
and their families/households living in
KFLA & HPE**

**At the
Community
Wellbeing
Centre
Health side**

Respiratory HEALTH



Come out and learn
about respiratory healthy
while making wrist
mittens with
Jen Brant

**From: Jen's Traditional
Leather Creations**

This program is intended for MBQ members

NOTE: must be available both evenings

WHEN??

Wed. Jan. 14th
& Thurs. Jan 15th,
2025

WHERE??

The Teaching
Lodge at
Community
Wellbeing Centre

TIME??

5:00 to 8:00
each evening

Limited spaces available

Registration opens Jan. 5, 2025

@ 9am e-mail chn@mbq-tmt.org

please include your name and phone number in the email

Emails to register prior to this date will NOT be received.

Blood Pressure Checks



Cancelled for December Restart for 2026

you will be entered into a monthly draw for a PC gift card

WHERE:
at the Community Wellbeing Centre Health Side

Walk in Blood pressure and weight checks for 30 community members

Tuesday
mornings from 8:30-11am

PREVENTATIVE CLINIC

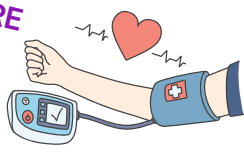
AND

SEXUAL HEALTH CLINIC



BIRTHCONTROL:
COUNSELLING
IUD INSERTIONS
PRESCRIPTIONS
CONDOMS

BLOOD PRESSURE CHECKS



CANCER SCREENING



OTHER HEALTH QUESTIONS??



STI TESTING AND COUNSELLING



PREGNANCY TESTING AND COUNSELLING



COMMUNITY WELLBEING CENTRE HEALTH SIDE

DECEMBER 10, 2025

4 PM TO 6 PM

WALK IN CLINIC OR BOOK AN APPT @

[HTTPS://OCEAN.COGNISANTMD.COM/ONLINE-BOOKING/FF17A29A-2914-4895-BE2D-10BE5B0BB01D](https://ocean.cognisantmd.com/online-booking/ff17a29a-2914-4895-be2d-10be5b0bb01d)

Stay healthy through Christmas and help others stay healthy!!



... and make sure to stay on Santa's nice list!!

Wash your hands often!



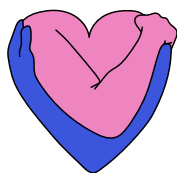
Before preparing food, after preparing food, before contact with others and after contact with others and all the times in between

STAY home if you are feeling unwell



Plan a different date with family and friends to celebrate and enjoy each other IF unable to stay home wear a mask

Take 15-20 minutes to reflect daily



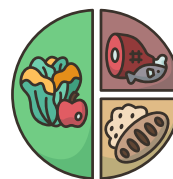
Sneak in a nap. 20-30 minutes can improve mood, alertness and performance



Sneak in time on your feet. Take a daily 30 minute walk and 10 minute breaks to stand and stretch every hour



Focus on portion control and pack healthful snacks when travelling to avoid hunger cravings



Most of all have a very happy Holiday!

presented by Community Health

tewáhsen sha'té:kon 28

Notes

Baby Circle & Family Playgroup Calendar

Every Wednesday
Location: 1935 York Rd at the Canteen

Baby Circle Time:
 10:00am-11:00am

Family Playgroup Time:
 11:00 - 1:00




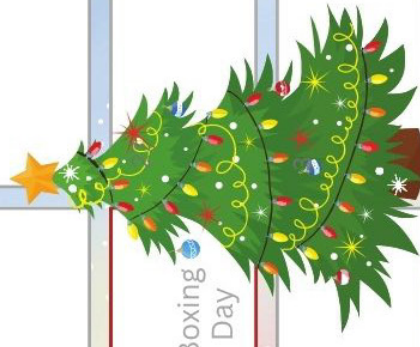


Who: Parents/Caregivers and their children

Babies aged:
 0-18month

Family Playgroup age:
 18m - 4years

Baby Circle and Playgroup will be closed December 17th for the holiday and reopen January 7, 2026. Happy Holidays and we will see you in the New Year!

DECEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
7 	1	2	3 Year end celebration	4 	5	6
14	8	9	10 Balance: Core Building Skills	12	13	20
21 WINTER SOLSTICE 	15	16	17 Closed for the Holidays	18	19	26 Boxing Day 
28	22	23	24 Christmas Eve	25 Christmas Day 	26	2
	29	30	31 New Years Eve	1 Happy New Year 		

Siblings who are not yet in school are also welcome to attend !



Good Baby Box



What does it include?

Diapers and Wipes and/or Formula

Community members living on territory with children under 3 can pre order and pay for a Good Baby box and/or Formula. Payment accepted at the Community Wellbeing Centre. Exact change required, cash only. Order deadlines and pick up dates are listed.

Diapers and Wipes and the cost

1 Baby Box/child/week
 20 diapers of required size and
 1 package of wipes per week
 (no guarantee of brands)

\$6.50/week
 up to 4 weeks/month= Total\$26.00



1 can/week/child under the age of 3
 to a max of 4 cans a month

Formula

Type of formula

Enfamil, Good Start and/or
 Kirkland: Contact for pricing



Pre-marked envelopes are available at the CWC receptions to order and pay. Upon arrival of the orders, you will be texted to confirm where and when pick up will be located.

Order by 4:30PM	Pick Up 1:00-3:00PM
Friday October 17, 2025	Tuesday October 28, 2025
Friday November 14, 2025	Tuesday November 25, 2025
Friday December 5, 2025	Tuesday December 16, 2025

If you are ordering for the first time, a registration form is required.

If you have any question please reach out to Family Health and Child Development by calling Community Wellbeing Centre Health Reception.
 613 967-3603

All items are provided by the CDC and we cannot guarantee diaper brand. All items are based on availability. Orders must be made **monthly** by the date indicated. All orders after specified date will be available the following month.

BROUGHT TO YOU BY FAMILY HEALTH AND CHILD DEVELOPMENT

BABY CIRCLE

Every Wednesday

Location: 1935 York Rd at
the Canteen

Time: 10:00am-11:00am

Who: Parents and Babies

Babies aged: 0-18month

DISCOVER WHAT WE DO AND WHAT WE HAVE TO OFFER!

Our focus is on the developmental tasks of your baby and the health and wellbeing of you and your family.

- Teaching what to expect as your baby grows and develops
- Developmental Screening
- Fun ways to help your child develop new skills
- Bonding with your baby
- Feeding your baby-breastfeeding and when to start solids.
- Access to a lactation consultant
- A scale to record your babies weights as they grow
- Talks about healthy eating habits for you and your family
- Sleep challenges
- The opportunity to learn and engage with other families and babies.



FOR MORE INFORMATION PLEASE CONTACT:

The Family Health and Child
Development Team
FHCDProgramming@mbq-tmt.org

BROUGHT TO YOU BY FAMILY HEALTH AND CHILD DEVELOPMENT

YOU'RE INVITED TO JOIN THE

Kahwá:tsire (Family) Playgroup

Every Wednesday

Location: 1935 York Rd at the Canteen

Time: 11:00am-1:00pm

Who: Parents/Caregivers and
Children 18 months to 4 years

HELP YOUR CHILD
LEARN AND GROW
WHILE INCORPORATING
MOHAWK LANGUAGE
AND CULTURE.



THINGS TO NOTE:

It's all about friendship and development!

Enjoy a range of fun activities.

A light snack will be provided. You are
welcome to BYO Lunch if needed.

WHY PLAY?

As a parent being a part
of a community, activity
can help you feel less
alone as you are amongst
peers. Children will have
fun, make friends and
grow in their social skills.





Aboriginal Labour Force Development Circle
274 Highway 49, Deseronto, ON, K0K 1X0
Tel: 613-771-1627 or 1-800-446-1629
Fax: 613-771-1680
www.alfdc.on.ca



IT SPECIALIST & SIMULATION TRAINING Job Description for Contract Position

LOCATION AND HEAD OFFICE: Aboriginal Labour Force Development Circle, 274 Highway 49, Tyendinaga Mohawk Territory, ON, K0K 1X0.

REPORTS DIRECTLY TO: Training Manager with overall authority from the Executive Director, Aboriginal Labour Force Development Circle.

SUMMARY:

The IT Specialist & Simulation Training plays a key role in supporting the Aboriginal Labour Force Development Circle (ALFDC) training and employment programs through effective coordination and management of digital systems, simulation technology day-to-day IT operations, logging inventory, responding to inquiries, and assisting with IT and Simulator. This position ensures that training simulators and all training equipment and inventory are maintained and operate effectively, while providing technical support to ALFDC staff and partners to strengthen technology use across the organization and membership.

The ideal candidate has strong technical skills for operation and maintenance and has experience working with computers, laptops, phone systems, simulators and other electronic devices within the inventory of ALFDC. Potential of the position expanding to training people.

This description provides an overview of duties, roles, responsibilities, key qualifications, and conditions of position. The position will work closely with the ALFDC staff and external agencies to ensure efficiency in the delivery of our programs and services. The position must be able to complete the required training and review the delivery program. Travel at times will entail episodes of being away from home for extended periods.

ALFDC works in a highly functional, stressful environment; candidates must be able to function adequately and provide the necessary job requirements at work and must be highly organized and personable.

WAGE: \$30.00 per hour.

DEADLINE TO APPLY: December 18, 2025, at 12:00 pm noon.

**FOR DETAILS ON THE ROLES AND RESPONSIBILITIES, PLEASE
SEE ALFDCs FACEBOOK PAGE/WEBSITE OR THE EMAIL BELOW.**

Please send cover letter with your resume to Penny Choma at Lmi2@alfdc.on.ca. If you have any questions, please email me.

INDIGENOUS ANCESTRY PREFERRED.

*Providing Indigenous Employment & Training Opportunities.
Working with the Indigenous Agencies in the Greater Toronto Area to alleviate and end Indigenous Homelessness.
Working with 12 Member First Nations, 8 Local Delivery Mechanisms and 9 First Nations' Childcare Centres.*

GET JOB-READY FOR ASSISTED-LIVING AND LONG-TERM CARE CAREERS

Looking for your next employment opportunity? Prepare for in-demand positions with online certification courses that meet key job requirements - with option to study at ALFDC in a dedicated computer lab, with learner support. Enjoy the flexibility of online learning with the added benefit of in-person resources to help you stand out to employers!

1

Environmental Services Frontline Program (Certificate)

..... This course addresses all aspects of the healthcare cleaning profession, in particular, the importance of proper techniques and practices to reduce the risk of infection. Perfect for those looking to enter custodial and housekeeping positions. Begins January 13th, 2026 and runs for 1-2 weeks (20-40 hours time commitment per week).

2

Food Safety Worker (Certificate)

..... Developed to upgrade and enhance the knowledge and skills of those employed as Food Service Workers and Dietary Aides, as well as those who wish to seek employment in dietary areas in the healthcare sector. Begins January 13th, 2026 and runs for 14 consecutive weeks (30-40 hours time commitment per week).

Course Delivery

..... These are self-paced, online courses that will require 30-40 hours per week for the duration of each course. ALFDC will set up a dedicated computer lab and provide laptop computers for learners to take part in training. Learners will be provided a training wage while attending training and no cost for enrollment.



For more information and to complete a program intake, please email:
Kirstin Sparks - training@alfdc.on.ca
Alex Graham - projmanager@alfdc.on.ca

ALFDC TRAINING CENTRE - 274 HWY 49, DESERONTO, ON. K0K 1X0



RESUME ENHANCEMENT WORKSHOPS



Looking to stand out to employers? Our 2 day workshops help you gain practical skills and experience to strengthen your resume and career confidence

Each course is FREE of cost. You can sign up for one or all of the courses by emailing:

Kirstin Sparks - training@alfdc.on.ca
or
Alex Graham - projmanager@alfdc.on.ca



DECEMBER 11 & 12

CPR & First Aid - 9am-3pm
In class hands on learning followed by a final quiz online.

DECEMBER 16 & 17

Safety Certificates - 8:30am-3pm
Intro to OHSA, WHMIS, Workplace Violence & Harassment

DECEMBER 15

Cover letter / Resume / Interview Skills - 8:30am-4pm
Learn how to make your resume look professional and the tricks to getting through an interview!

JANUARY 13 & 14

Smart Serve & Food Handlers - 8am-4pm
In class learning followed by the final test online with the computers provided.

ALFDC TRAINING CENTRE - 274 HWY 49, DESERONTO, ON. K0K 1X0



Dates: January 2026

Dates: Spring 2026

WATER TREATMENT PLANT OPERATOR

Location: ALFDC Training Centre - Tyendinaga Mohawk Territory

7 WEEK CERTIFICATE PROGRAM

Aboriginal Labour Force Development Circle are seeking interested **INDIGENOUS** participants for this 7 week job readiness program & encourages Indigenous youth and women to apply.

This program addresses the critical training gaps in First Nation communities with limited access to clean drinking water by supporting the training of participants to support proper operation, maintenance, and oversight of water treatment plants located on-reserve.

An Operator-in-Training (OIT) is an entry-level certification that allows individuals to begin working in a water treatment system while gaining the hands-on experience required to advance in the field. With an OIT license, participants can work under supervision and accumulate the one year of practical experience necessary to qualify for the Class 1 Water Treatment Operator certification.

This program is ideal for Indigenous individuals currently working at water treatment plants or those interested in pursuing a career in water treatment.

Funded by Indigenous Services Canada, ALFDC will train up to 12 participants through the Water Treatment Operator-in-Training (OIT) Program.

TRAINING SCHEDULE

- ◆ Week 1 - Introduction to Water Treatment and Plant Operations
- ◆ Week 2 - Academic Refreshers
- ◆ Week 3 & 4 - Entry Level Course for Operators
- ◆ Week 5 & 6- Operator Training, OIT Prep and Exam
- ◆ Week 7 - Health and Safety Training

A training allowance will be provided to students who consistently attend class. Travel accommodations will be provided for those in need of support.

WHO SHOULD APPLY

Any FN member can apply. Priority will be given to those from Alderville FN, Hiawatha FN, Curve Lake FN, Wahta FN, Algonquins of Pikwakanagan FN, Shawanaga FN, Temagami FN, Batchewana FN, Chippewas of Nawash FN, Chippewas of Saugeen FN, Mississaugas of the Credit FN, and Mohawks of the Bay of Quinte FN.

APPLICANT REQUIREMENTS

Must be 18+, have a Grade 12 Diploma, and Valid Drivers License

DEADLINE DATE TO APPLY:

DEC. 10

SEND COVER LETTER & RESUME TO:

Aboriginal Labour Force Development Circle
Special Projects Manager

projmanager@alfdc.on.ca 613-704-2054



Visit our website www.ALFDC.on.ca

And LIKE US on  



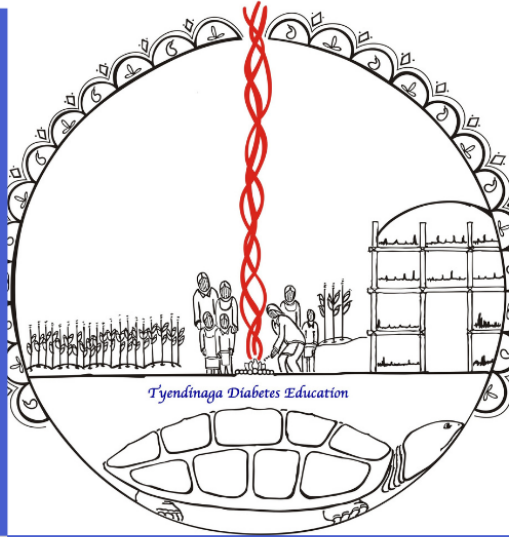
Aboriginal Labour Force Development Circle, 274 Hwy 49, Deseronto, ON K0K1X0
Tel: 613-771-1626 or 1-800-446-1629 www.ALFDC.on.ca

Kenhte:ke Diabetes Education Program

Annual Wood Ash Corn Lying Workshop

Learn about lying corn with wood ash and its nutritional benefits!

We will make corn soup lunch together!



**WHEN : Friday
January 16, 2026**

TIME: 9-2

**WHERE: CWC
Teaching lodge**



Lying white corn with wood ashes is better for blood sugar!

Registration begins Jan 5, 2026
please contact Wendy Joy

613-967-3603 x 180
diabetesDPW@mbq-
tmt.org

37 áhsen niwáhsen tsyá:ta



'tis the season

FROM RED CEDARS



Fun Dates

- Dec. 11 International Mountain day
- Dec. 13 National Violin Day
- Dec. 13 National Day of the Horse
- Dec. 16 Underdog Day
- Dec. 25 Christmas
- Dec. 26 Boxing Day and National Candy Cane Day
- Dec. 31 Kiss the person you hope to keep kissing

Weather Folklore

- White Christmas = Green Easter
- Green Christmas = White Easter

Zodiacs

Sagittarius Dec 1-22

- Brings optimism, curiosity and love of freedom. People born during this period are often enthusiastic, adventurous and attracted to learning new experiences

Capricorn December 22- Jan 19

- This sign introduces structure, discipline and long-term thinking. Capricorns tend to be serious, responsible and focused on building something solid over time.

Birth Flowers

are the Holly and Paper White Narcissus (a relative of the daffodil with lovely white blooms)

Birth Stone

Turquoise

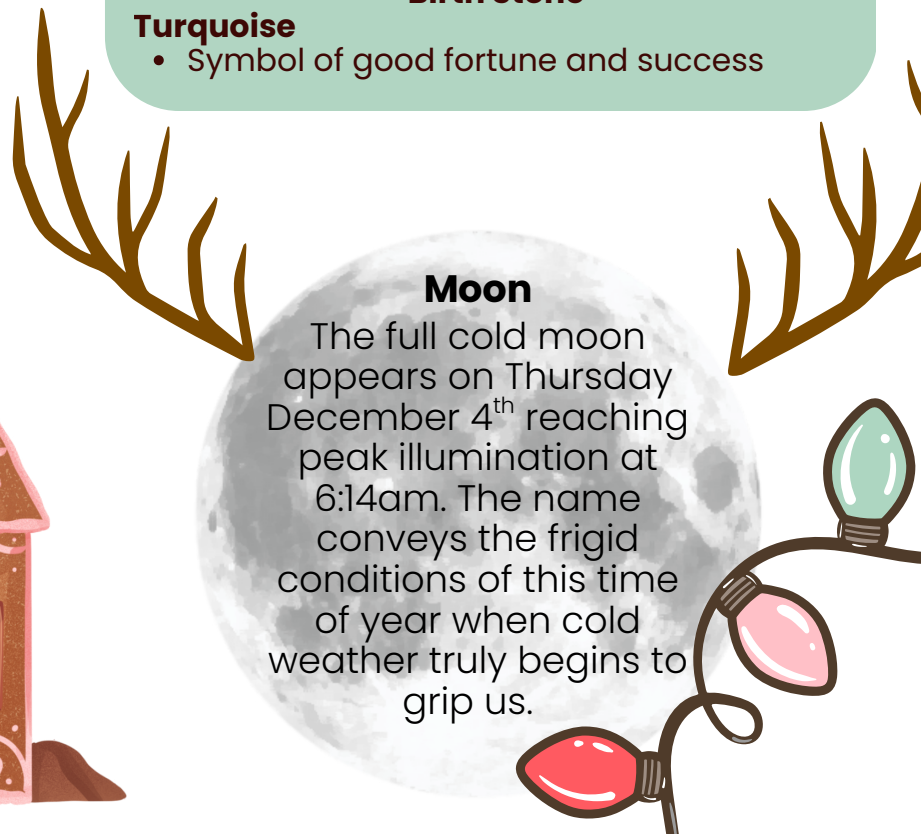
- Symbol of good fortune and success

December is the month to build a beautiful gingerbread house



Moon

The full cold moon appears on Thursday December 4th reaching peak illumination at 6:14am. The name conveys the frigid conditions of this time of year when cold weather truly begins to grip us.



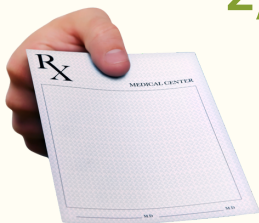
What to Bring With You on Vacation If You Wear Glasses

1) A SPARE PAIR



A spare pair can save your vacation if anything happens to your primary glasses. **Mobileyez makes it easy with 40% off a 2nd or 3rd set.**

2) COPY OF YOUR PRESCRIPTION



This makes it easier to get a new pair abroad if needed. All our premium lenses come with a handy credit-card-sized card detailing your prescription and measurements.

3) PRESCRIPTION GOGGLES/ SCUBA MASK

Contact lenses shouldn't be worn while swimming or showering due to the risk of serious eye infections. At **Mobileyez, prescription goggles start at just \$149.**



4) EXTRAS



Retainer strap, sunglasses, hard shell case, lubricating eye drops, cleaning cloth and a small repair kit. **All these are available for purchase at Mobileyez.**

PROMO: FREE FRAMES WITH PURCHASE OF LENSES

BOOK YOUR EXAM WITH MOBILEYEZ | 1-866-920-6480

📍 MOBILE CLINIC @ TYENDINAGA COMMUNITY WELL-BEING CENTER,
50 MEADOW DR.

🕒 10AM-5PM | NEXT VISIT: DEC 12



FESTIVAL of ADVENT LESSONS & CAROLS

Motets by

Armstrong, Goldschmidt, Goudimel, Hancock, Ord,
Mendelssohn, Vaughan Williams and more



Trinitas Singers

Jeffrey Moellman, *director*

Saturday, December 13, 6:30pm

Christ Church, Chapel Royal of the Mohawk
52 Church Lane South, Tyendinaga Mohawk Territory

Free-will offering to benefit the Christ Church Restoration Fund


trinitas.singers@gmail.com  TrinitasSingers




CONSTRUCTION HOTLINE

613-969-7174

**PLEASE LET US KNOW IF
YOU NOTICE ANY ISSUES
OR HAZARDS AS PART OF
THE YORK ROAD
RECONSTRUCTION
PROJECT. THIS WAY OUR
INFRASTRUCTURE
DEPARTMENT IS AWARE
OF ANY ISSUES AND CAN
TAKE THE NECESSARY
NEXT STEPS.
NYÁ:WEN**

 613-969-7174

 www.mbq-tmt.org

Mobile Office



Shelby Kramp-Neuman
MP, HASTINGS—LENNOX AND
ADDINGTON—TYENDINAGA

THIRD WEDNESDAY
OF EVERY MONTH,
10 A.M.-3 P.M.
MBQ ADMIN OFFICE
24 MEADOW DRIVE
TYENDINAGA
MOHAWK
TERRITORY

DURING THESE MOBILE OFFICE SESSIONS, REBECCA WILKINSON, CONSTITUENCY ASSISTANT FOR MP KRAMP- NEUMAN CAN OFFER SUPPORT FOR:

- SERVICE CANADA
- CANADA PENSION PLAN
- DISABILITY PENSION PLAN
- CANADA REVENUE AGENCY
- VETERANS AFFAIRS
- EMPLOYMENT INSURANCE
- OLD AGE SECURITY
- PHOENIX PAY ISSUES

WEDNESDAY
DECEMBER 17

FEDERAL SMALL BUSINESS PROGRAMS MUCH MORE!

CALL 613-473-0649, TOLL FREE AT
1-866-471-3800 OR EMAIL
REBECCA.WILKINSON.439@PARL.GC.CA
TO BOOK AN APPOINTMENT.
WALK-INS WELCOMED.

THE NAPANEE CONSTITUENCY OFFICE IS OPEN
WEEKDAYS BETWEEN 9 A.M. AND 4 P.M., AND
YOU'RE WELCOMED TO DROP BY IN PERSON,
OR CALL TO MAKE AN APPOINTMENT AT
613-354-6886.



KEEP US UP-TO-DATE

THE MOHAWKS OF THE BAY OF
QUINTE IS RESPONSIBLE FOR
KEEPING OUR MEMBERSHIP LIST
UP-TO-DATE WITH ACCURATE
INFORMATION.

Members, please:

- Ensure your membership information (address and phone number) is up-to-date
- If a loved one has passed away, please inform membership

OUR MEMBERSHIP TEAM CAN BE REACHED AT:

Bonnie Maracle

E: bonniem@mbq-tmt.org

P: 613-396-3424 x 110

Bonny 'Bear' Maracle

E: bonnym@mbq-tmt.org

P: 613-396-3424 x 132

**PLEASE SHARE THIS IMPORTANT INFORMATION
WITH ALL MOHAWKS OF THE BAY OF QUINTE
MEMBERS LIVING NEAR AND FAR! NYÁ:WEN!**

mbq-tmt.org/community-services/membership

There's an easier way to renew your Secure Certificate of Indian Status (SCIS)!

Simplified Renewal is an option if:

1. You were 16 or older when you last applied for your SCIS
2. Your family name(s), given name(s), date of birth, First Nation affiliation and registration number have not changed
3. Your last SCIS was not revoked or reported lost, stolen or damaged
4. You are applying no more than one year before and no later than the renewal date on the front of your SCIS

Need to take your SCIS photo? There's an app for that!!

You can download the "SCIS Photo" app from the Google Play or Apple App Store. The app allows you to take and submit a photo straight from your smartphone, free of charge.

IF YOU HAVE ANY QUESTIONS, NEED SUPPORT OR YOUR CARD HAS EXPIRED, PLEASE CONTACT:

Bonnie Maracle
E: bonniem@mbq-tmt.org
P: 613-396-3424 x 110

Bonny 'Bear' Maracle
E: bonnym@mbq-tmt.org
P: 613-396-3424 x 132



NEW MBQ RENTAL HOUSING APPLICATION PROCESS

The Mohawks of the Bay of Quinte are launching a brand new application process for on-territory rental housing.

Through the new form (link below or QR code above) applications are received digitally with a time stamp, and once the application has been reviewed and accepted, applicants will be added to the housing waitlist in the order the applications have been received. Please note that those who have previously applied **DO NOT** need to re-apply. They are encouraged to update their information annually to avoid any potential delays in placement.

Applicants and co-applicants **must** be registered members of the Mohawks of the Bay of Quinte.

For any additional information, if you have questions, or to make arrangements to complete the application if you do not have access to internet, please contact:

Tammy Brant:
e: housingsupport@mbq-tmt.org
p: 613-396-3424 ext. 101



mbq-tmt.org/rental-housing-application

EMERGENCY HOME REPAIR INCENTIVE

This program will provide up to \$20,000 to address emergency repairs and health and safety issues for community members with a low household income who are homeowners and reside on-territory. The funding will support repairs to address permanent residences that lack basic facilities or need emergency repairs to keep the occupants safe.

ELIGIBILITY

- Must own the home.
- Must be a member of the Mohawks of the Bay of Quinte.
- Must reside on Tyendinaga Mohawk Territory.
- Must complete an application.



ELIGIBLE REPAIRS

- Repair or replace a broken heating system. Ventilation and AC will only be considered for the promissory note component of this program.
- Repair structural damage to your foundation, roof or exterior walls.
- Repair or replace windows and exterior doors.
- Repair plumbing problems to address health and safety hazards, including hot water tanks and failing septic systems.
- Repair wiring and electrical systems to address health and safety hazards and to meet code.
- Mold remediation and abatement.
- Replace or repairs of leaky or damaged roof.
- Accessibility ramps and interior modifications.

APPLICATION PACKAGES WILL BE AVAILABLE BY REQUEST AT AMBER.WILSON@MBQ-TMT.ORG OR BY HARD COPY AT THE ADMINISTRATION BUILDING (24 MEADOW DRIVE, TYENDINAGA MOHAWK TERRITORY, K0K 1X0).

THE FUNDING IS LIMITED TO \$1,050,000 TO BE SPENT BY MARCH 31, 2026.

DEADLINE TO SUBMIT APPLICATIONS IS FEBRAURY 27, 2026.

Are You Transferring Land? Here's What You Need to Know!

The Mohawks of the Bay of Quinte (MBQ) has a clear process for the transfer of land between members.

Step-by-Step Land Transfer Process

- ✓ Both the Transferor (current landholder) and Transferee (recipient) must be registered MBQ members.
 - ✓ Confirm that the land is located on Tyendinaga Mohawk Territory and is eligible for transfer. Contact the MBQ Lands Office for assistance with legal land descriptions and to confirm lot information.
 - ✓ Fill out and submit an MBQ Internal Request for Land Transfer form to the Lands Office. This form can be downloaded from the MBQ website, a copy is also shown on back of this flyer. Once the form has been verified, the Transferor (current landholder) will be contacted to set up an appointment to come in and sign the Land Transfer Documents.
- ▶ The transfer is signed in the presence of Lands Officer/Commissioner of Oaths,
 - ▶ The transfer is sent to the next Regular Business Meeting for Council Approval,
 - ▶ The transfer is registered in the Indian Lands Registry System and an Application is sent to Indigenous Services Canada.
- ✓ **A Certificate of Possession is issued.**

Important Reminders

- No land transfer is official without Council approval.
- Transferring land to non-MBQ members is NOT permitted.
- Land transfers through **Wills** or **Estates** follow additional requirements, contact the Lands Office for more information on the Estate Land Transfer Process.

Need Help? Email: lands@mbq-tmt.org

*Appointments are recommended as I may be assisting other members



Phone: 613-396-3424 ext. 117

Website: <https://mbq-tmt.org/community-services/lands/>

Location: 24 Meadow Drive, Tyendinaga Mohawk Territory, ON K0K 1X0

Office Hours: Monday - Friday 8:30am - 4:30pm

HONOURING OUR ANCESTORS. PROTECTING OUR LAND. SUPPORTING OUR MEMBERS.

 Land is a sacred trust. Make informed choices for today and future generations. 



MOHAWKS OF THE BAY OF QUINTE

INTERNAL REQUEST FOR LAND TRANSFER (THIS IS THE SAME FORM USED TO ADD OR REMOVE JOINT TENANTS)

TRANSFERRING FROM:

First Middle Last Names:	MBQ Band Number:	Phone:
Current Address:	Email:	

TRANSFERRING TO:

First Middle Last Names:	MBQ Band Number:	Phone:
Current Address:	Email:	

LEGAL DESCRIPTION (LOT, CONCESSION, CLSR OR RSO):

SPECIFIC INSTRUCTIONS (ADDING/REMOVING JOINT TENANT[S]):

--

SIGNATURE:

Dated this _____ day of _____, 20 ____

Applicant Signature

Applicant Signature

INTERNAL USE:

Mortgage: <input type="checkbox"/> Yes <input type="checkbox"/> No	MBQ Membership Verification: <input type="checkbox"/> Yes <input type="checkbox"/> No
--	---



MOHAWKS OF THE BAY OF QUINTE

SURVEY PROCESS GUIDE

1	<p>Contact a Canada Land Surveyor (CLS) to complete any survey(s) on the Tyendinaga Mohawk Territory. The closest CLS to the Territory is:</p> <p>Kevin Smith, B.Sc.Eng., O.L.S., C.L.S P.A. Miller Surveying Ltd 18 Campbellford Rd Stirling, ON K0K 3E0 Tel: 613-395-3070 or Toll free 1-800-724-6124 Email: kevin@millersurveying.ca</p> <p>Members may choose to contact any CLS surveying company to complete their survey.</p>
2	<p>The Surveyor will provide a cost estimate to complete the work.</p>
3	<p>Once contracted with a CLS, the survey request will be placed in their schedule to have the groundwork completed.</p>
4	<p>A draft/preliminary plan and invoice will be mailed to you for review and payment, while a copy of this same draft plan will be mailed to MBQ lands department for review and approval.</p>
5	<p>MBQ Lands Officer will review the plan to confirm it matches the original survey request. Then the Lands Officer will contact the Certificate of Possession holder to see if they have reviewed the draft plan(s). Once a verbal or email approval is received from the CP holder, the Lands Officer will email the written approval letter to the surveying company.</p>
6	<p>Once the surveying company has received payment and approval letter(s), they submit this draft plan to Natural Resources Canada for a final plan.</p>
7	<p>When the final plan is received, any land transfer may be requested by the CP holder.</p>

Please direct any questions regarding the process or timelines directly to the surveying company.

HAVE YOU PREPARED A WILL?

An approved will or testament is a legal document in which a testator expresses their wishes as to how their property is to be distributed at death, and names of one or more executors to manage the estate until its final distribution.

All valid wills must:

- Be in writing (typed or hand written)
- Signed by the testator
- Express the testator's wishes
- State that it's intended to take effect on the death of the testator

YOU CAN PICK UP YOUR WILL KIT AT MBQ ADMIN RECEPTION MONDAY-FRIDAY, 8:30 A.M. - 4:30 P.M.

**For additional support with drafting a Will, please contact:
Amy Smart, Lands Officer
lands@mbq-tmt.org
613-396-3424 ext. 117**

PLEASE NOTE THIS TOOLKIT IS INTENDED TO PROVIDE INFORMATION RELATING TO GENERAL PRACTICES ONLY AND SHOULD NOT FORM THE BASIS FOR LEGAL ADVICE OF ANY KIND. CONSULT A LAWYER AND REVIEW ALL LEGAL MATTERS CAREFULLY.

KEEP AN EYE OUT FOR A WILL WRITING WORKSHOP WITH THE ONTARIO ABORIGINAL LANDS ASSOCIATION IN 2025!

LEGEND:

Will & Testament:
Legal document that states how a person's assets and property should be distributed after their death.

Testator:
A person who dies leaving a will.

MOHAWK COMMUNITY CENTRE

Upper Level

CAPACITY: 289
KITCHEN INCLUDED
COSTS:

REGULAR - \$300
GOVERNMENT - \$400

Lower Level

CAPACITY: 305
COSTS:

REGULAR - \$300
GOVERNMENT - \$400
KITCHEN USE = \$50

FAQ

- DEPOSIT REQUIRED
- TABLES & CHAIRS AVAILABLE
 - SETUP IS THE RESPONSIBILITY OF THE RENTER



TO BOOK THE COMMUNITY
CENTRE, PLEASE CONTACT
TINA BRANT:
HOUSING@MBQ-TMT.ORG
613-396-3424 EXT. 104

Community Health & Home Support Invites you to

Alzheimer Society

HASTINGS - PRINCE EDWARD

2ND ANNUAL

IF YOU DON'T USE IT, YOU LOSE IT!

Join us.... along with the Hastings Prince Edward Alzheimer's Society to learn some education by entering your 4 person puzzle competition

Dinner: Gluten Free Lasagna & Caesar Salad

****no substitutions****

YOUR TEAM MUST CONSIST OF:

1 person aged 55+, 1 youth aged 17 & under, 2 persons of any age

**LET'S HAVE
SOME FUN**

When:

Wednesday January 14th, 2025

Doors open:

4:30pm

Dinner/Education: 5:00-6:00pm

Puzzle Competition: 6:30-8:00pm

Location:

Community Centre 1807 York. Rd

**CREATE YOUR
TEAM NAME**

**Registration
opens
December 1st
@ 8:30am &
Closes Jan 9th**

**Limited
spaces!!**



To register please click the link or scan QR code or for more information
Contact Hannah - communityhealth@mbq-tmt.org or 613-967-3603



THE HOLIDAY SEASON AT ALL SAINTS CHURCH

Sunday, December 7, 2025 - Hope & Peace
- Morning Prayer

Sunday, December 14, 2025 - Joy
- Communion with Rev. Hal

Sunday, December 21, 2025 - Love
- Morning Prayer

Wednesday, December 24, 2025 - Christmas Eve Service
@ 7:00pm

Sunday, December 28, 2025 - Morning Prayer

Sunday, January 4, 2026 - Morning Prayer

**REGULAR SERVICES ARE AT 9:30AM
CHRISTMAS EVE AT 7:00PM
ALL ARE WELCOME!**



info@lafc.ca

613-354-2726

(fax) 613-354-3585

35 Dundas Street East, Napanee

LEGION BRANCH 280
MAIN STREET DESERONTO
EVERY TUESDAY NIGHT
DOORS OPEN AT 5:30
BINGO STARTS AT 7:00
CANTEEN AVAILABLE



Tyendinaga
Tee Time
Sports Complex

Jim McMurter | Owner
tnt@tytt.ca | 283 Hwy 49
613-319-6646 | tytt.ca

2 Indoor Golf Simulators

Bowling | Hockey | Soccer | Baseball | Darts
Arcade Games | Pool Tables | Shuffleboard



Now accepting new clients!

Introducing Joanne Carriere



Evolve Neurofeedback & Psychotherapy Clinic welcomes **Joanne Carriere (she/her), MA, Registered Psychotherapist** to the team.

Having 18+ years of working with clients, Joanne has witnessed the **resiliencé & potential** that every individual possesses. She chooses an integrated and **flexible** approach utilizing **client-centered, trauma-informed,** and **strengths-based approaches.**

Authenticity, trust, reciprocated **respect,** and effective communication are at the forefront of her practice.

Address your stress today!



Appointments are covered under Health Canada
Non-Insured Health Benefits with Status

525A Dundas St. East, Belleville ON, K8N 1G4
613-779-7757 • evolve-neurofeedback.com

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CONTRACTORS

5427 HWY #2. TYENDINAGA TERRITORY
SHANNONVILLE. ONTARIO
K0K 3A0
PHONE: 613.969.1315
FAX: 613.969.9806
E-MAIL: office@buildallcontractors.ca



GENERAL CONTRACTORS

~QUALITY WORK AND COMPETITIVE PRICES~

- **30 years experience**
- **New home construction**
- **Residential and Commercial construction**
- **Driveways**
- **Brushing and Tree removal**



PROPERTY FOR SALE

Waterfront acres connects Bay with Sucker Creek on Gordon's Point

Contact: 613-969-0239 or 716-264-4410, Basil & Pat Miller

WANTED

Looking for 2-3 bedroom house, Hwy. 49 or east of.

Call Melinda, 613-813-1748

WANTED: VACANT LAND

Please email Chris with details: maraclechris@yahoo.com

FOR SALE

2011 International Bus
MaxxForce DT Engine
191,00kms

24 seats/70 passenger

Asking \$5,000.00 O.B.O AS IS

Contact Jason
613-961-9357

CLASSIFIEDS

WANTED

1/2 acre - 1 acre of land for a tiny home - willing to pay fair value, plus a bit extra.

Contact Matthew at
matthew.roberts3@dcmail.ca

WANTED

We are currently looking for 2 or more acres on the TMT to build a family home. If you have available land, please contact

Ashley or Michael McGuinness
613-438-9097
mcguinnessak@gmail.com

Maid For You Cleaning Service

Looking for cleaning services? We do residential and deep cleaning. All supplies provided at affordable prices. Serving the Belleville, PEC, Napanee and TMT areas.

Contact Andrea at 613-243-4061

WANTED

Seeking waterfront property for a new build.

Please contact Kristine John at
kd-john001@outlook.com

LAND FOR SALE

2 acres of partially cleared land with a woodlot at the back end
141 feet wide x 645 feet deep
Water hook-up is across the road

Contact to discuss: 613-396-5931

FOR SALE

TV stand with plenty of storage.
Contact Lori to make an offer
lquenville65@yahoo.com or
343-543-4983



HARVEST REQUEST LETTERS: PROTOCOLS FOR STATUS FIRST NATIONS HARVESTERS

FIRST NATIONS MEMBERS FROM OTHER TREATY AREAS PLANNING TO HARVEST WITHIN THE TYENDINAGA MOHAWK TERRITORY, INCLUDING OUR TRADITIONAL TERRITORY, MUST REQUEST A WRITTEN HARVEST LETTER FROM CHIEF R. DONALD MARACLE. REQUESTS ARE SUBMITTED TO THE TYENDINAGA MOHAWK COUNCIL REGULAR MEETINGS FOR CONSIDERATION AND APPROVAL. THESE MEETINGS ARE HELD TWICE MONTHLY.

THE LETTER MUST INCLUDE:

1. YOUR NAME AND STATUS NUMBER;
2. YOUR ADDRESS AND FIRST NATION;
3. THE SPECIES AND QUANTITY OF FISH OR GAME AUTHORIZED;
4. THE GEOGRAPHICAL AREA WHERE PERMISSION IS GRANTED;
5. THE TIMEFRAME IN WHICH IT MAY BE HARVESTED;

YOU MUST CARRY THE LETTER AND YOUR VALID STATUS CARD WITH YOU AND PRODUCE IT, IF REQUESTED, TO A CONSERVATION OFFICER.

TO REQUEST A HARVESTING LETTER, PLEASE FIND THE APPLICATION FORM AT:

[HTTPS://MBQ-TMT.ORG/HISTORY/HARVESTING/](https://mbq-tmt.org/history/harvesting/)

TO SUBMIT YOUR APPLICATION FORM, OR IF YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE

CONTACT STEVEN LINDSAY-MARACLE AT

RESEARCH@MBQ-TMT.ORG OR 613-396-3424 EXT. 115.

!! IMPORTANT NOTE: TURNAROUND TIME MAY VARY BASED ON TYENDINAGA MOHAWK COUNCIL'S MEETING SCHEDULE. PLEASE GIVE AT LEAST ONE MONTH BETWEEN WHEN YOU SUBMIT YOUR REQUEST AND WHEN YOU PLAN TO HARVEST. !!

****PLEASE NOTE THAT YOU ARE ALSO REQUIRED TO HAVE A VALID POSSESSION AND ACQUISITIONS LICENSE IF USING A FIREARM OR CROSSBOW****

WHEN APPLYING FOR HUNTING, PLEASE SEND A PHOTOCOPY OF BOTH SIDES OF YOUR PAL AND YOUR VALID STATUS CARD AS PART OF YOUR APPLICATION.

WHEN APPLYING FOR FISHING, PLEASE SEND A PHOTOCOPY OF BOTH SIDES OF YOUR VALID STATUS CARD AS PART OF YOUR APPLICATION.



MOHAWK PENTECOSTAL CHURCH

WHEN WE MEET

1984 York Road
Tyendinaga Mohawk Territory
Ontario Canada
K0K1X0

Church - 613.396.5329
Parsonage 613.396.5325

COMING EVENTS

Dec 17, 2025 Carolling at the Elders lodge. Call Marie for the Time

Dec 24, 2025 Christmas Eve Service 7pm

Sunday 10am Prayer 11am Service
Wednesday Bible Study 7PM

Please follow the Blogs and videos we are providing for you to read, watch and listen.

If you are in need of spiritual guidance please contact phone # above or email us

mohawkpentecostal@gmail.com

Brother Linus said it best: He shared the **real meaning of Christmas** by telling us the story straight from the Bible.

"Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people. For unto you is born this day in the city of David a Saviour, which is Christ the Lord. ... Glory to God in the highest, and on earth peace, good will toward men."

— Luke 2:10-11, 14 (KJV)

HALL FOR RENT!

1295 Ridge Road, TMT

Meetings - Birthdays - Anniversaries - etc.

Book online at:

www.parishoftyendinaga.com

or contact us by Email or Phone at:

parishoftyendinaga@gmail.com

613-962-2787

Want to get the word
out about your
business?

Want to advertise to
the community?

Advertise With Us!

Email

communications@mbq-tmt.org

for details!

JULY

	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/ 31	25	26	27	28	29	30

September

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

OCTOBER

September	T	W	T	F	S
28	29	30	1	2	3
5	6	7	8	9	10
12	13	14	15	16	17
19	20	21	22	23	24
26	27	28	29	30	31

November

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/ 30	24	25	26	27	28	29

December

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

WASTE EAST



WASTE WEST



WASTE & RECYCLING SCHEDULE

RECYCLE EAST



RECYCLE WEST



HOLIDAY



2026

Trivia

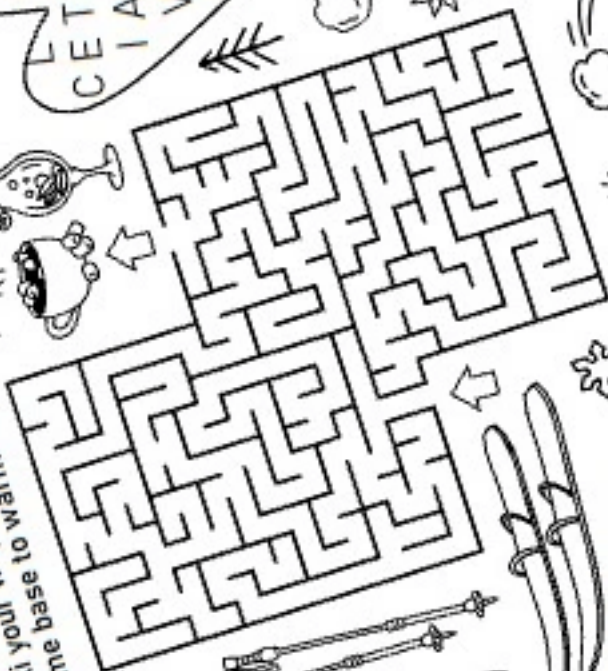


- 1) Is day or night longer in the winter?
- 2) Do owls hibernate?
- 3) Almost 90% of snow is air. True/False?

Would you rather have hot chocolate or apple cider?

Maze

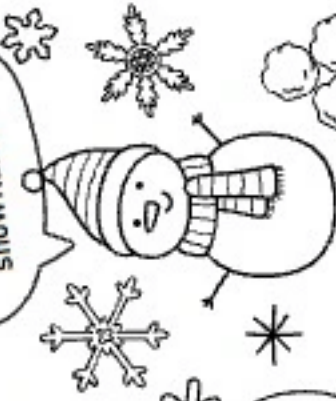
Ski your way back to home base to warm up.



WINTER WONDERLAND



4) How many sides are in every snowflake?



Connect the dots



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 C E T M E S R N E G L T V R E
 I A R A R E K E E W O L S E
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