

# Community Members!

The MBQ Drinking Water Safety Program is aimed at safeguarding the water you drink.

For the health of pregnant women, new mothers, and their infants, who get water from a water well this program will help you know what's in your water. The test will identify potential exposure to Nitrites/Nitrates, Manganese and Strontium.

If you are interested, please reach out to the Residential Water Sampling Coordinator and they will help you set up an appointment with either the Environmental Public Health Officer or the Community Health Representative.

## **CONTACT THE RESIDENTIAL WATER SAMPLING COORDINATOR**

**Phone:** (613) 961-9730 OR (613) 396-3424 ext. 151

**Email:** [watersampling@mbq-tmt.org](mailto:watersampling@mbq-tmt.org)

**Time:** Monday - Thursday | 9am - 3pm

# Community Members!

The Pregnant Women/ New Mothers Water Sampling Program is aimed with the goal of detecting and addressing water quality issues early in pregnancy or during the postpartum period. This program also aims to help educate families about water safety and preventative measures, and to support healthcare providers in identifying environmental health risks.

If you are interested in participating it is also encouraged that you get a bacteriological test done too. This test will help to identify total coliforms and E.coli in your drinking water.

The programs participation is voluntary and results from personal households with wells will be shared directly with the families with the interpretation of results and recommendations where needed!

