



# INFECTION PREVENTION & CONTROL (IPAC)

## WHAT DO YOU KNOW ABOUT IPAC?

Full Name \_\_\_\_\_ Age \_\_\_\_\_ Contact Phone \_\_\_\_\_

Have you heard the term Infection Prevention and Control (IPAC) before?  Yes  No

In your own words, what do you think IPAC means?

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**When should hands be cleaned? (Check all that apply)**

- Before eating or preparing food
- After using the washroom
- After coughing or sneezing
- Before & after caring for someone who is sick
- When hands look dirty

**What should you do when coughing or sneezing?**

- Cover mouth/nose with tissue or elbow
- Wash or sanitize hands after
- Stay home if sick when possible

**How do you think Germs spread? (Check all that apply)**

- Hands
- Coughing or sneezing
- Shared objects (phones, door handles)
- Close contact

**Why do you think IPAC is important in your community?**

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**Which method is best when hands are visibly dirty?**

- Soap and water
- Hand sanitizer

**How long should hands be washed with soap and water?**

- 5 seconds
- 10 seconds
- 20 seconds

**Which symptoms may mean someone should limit contact with others?**

- Fever
- Cough
- Vomiting or diarrhea
- Sore throat
- All of the above

**Which surfaces are touched most often?**

- Door handles
- Light switches
- Phones
- Tables
- All of the above

**How confident do you feel about protecting yourself, Elders, children, or vulnerable community members?**

- Very confident
- Somewhat confident
- Not confident

**What traditional or community practices help keep people healthy?**

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**What topics would you like to learn more about? (Check all that apply)**

- Hand hygiene
- Cleaning and disinfecting
- Outbreaks
- PPE use
- Caring for sick family members
- When to seek medical help

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